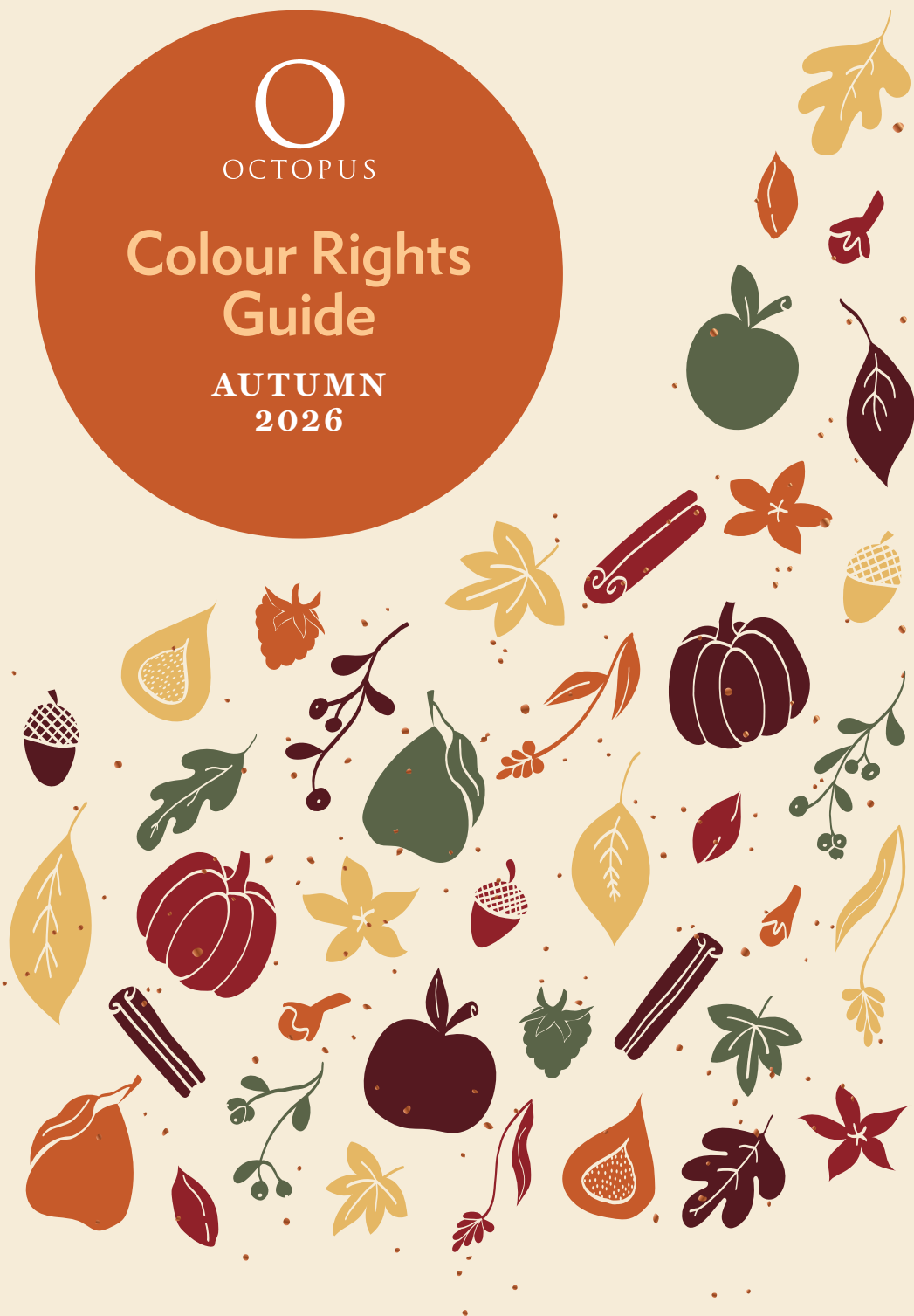


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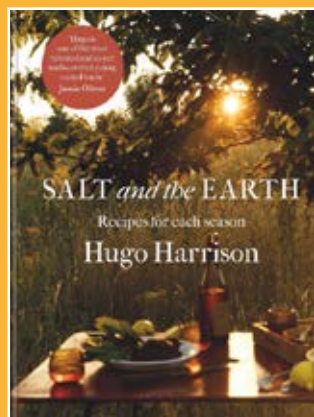
AUTUMN
2026



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COOKERY



Salt and the Earth

A beautiful seasonal cookbook, complete with seasonal swaps, from one of the most exciting talents in British cookery, Hugo Harrison.

Salt and the Earth is a cookbook full of simple, flavour-packed recipes and deep-dive ingredient stories that bring you closer to where your food comes from, every time you cook.

'I want the pages of *Salt and the Earth* to help people feel the sun on their backs, air in their lungs and soil in their hands from the comfort of their own kitchen.'

Hugo Harrison

The four chapters - Spring, Summer, Autumn and Winter - capture their namesake seasons and immerse readers in the rhythms of the year. Scattered throughout the book, alongside these pillar chapters, are detailed guides to ingredients we all cook with often, including: pork, herbs, flour, beef, fruit, vegetables, poultry, dairy lamb.

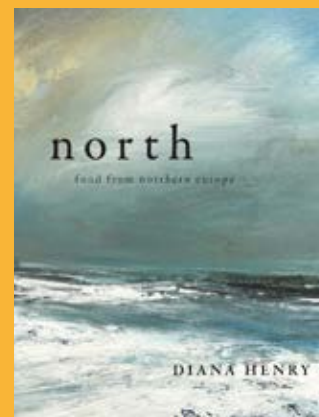
From one of our as yet undiscovered talents in cookery comes a beautiful seasonal cookbook of flavour-drenched recipes for every month and occasion.

Hugo Harrison
9781846018503

Mitchell Beazley
Hardcover
304 pages
246x189mm
£28.00
12 August 2027

'Cooking with Hugo is one of the delights of my life...Hugo is one of the most talented and as-yet -undiscovered young cooks I know - with recipes that are not only reliable, but utterly delicious.' - Jamie Oliver

'Hugo is one of the most talented, original and genuinely good cooks I know....His words are poetic but precise, his recipes feel timeless but also somehow exactly what I want to eat now. A rare skill....To me, he is a true undiscovered talent in food.' - Anna Jones



North

Food from Northern Europe

Celebrated food writer Diana Henry explores the food of northern climes through evocative essays and more than 100 recipes.

'*North* is a book for home cooks and I undertook it because I felt we didn't appreciate northern ingredients - herring, roots, mackerel, apples and so many berries - because we have been facing the Med ever since Elizabeth David introduced us to it. I want people to look at it and think this or that dish is worth making. It is about re-noticing what has been here for a very long time.' Diana Henry

In *North* Diana Henry travels through the North of England, Scotland, Northern Ireland, Scandinavia, Russia, Germany, Iceland and the Baltic States exploring the ingredients, culinary traditions and recipes that define them.

More than 100 recipes are grouped into chapters that include Soups, Things on Bread, Pies & Tarts, Fish, Meat, Vegetable Dishes, Potato Love, Puddings, Cakes & Confectionary, Breads and Ferments, Preserves & Drinks. 25 gloriously evocative essays based on Diana's travels around the North include everything from Cooking for Brezhnev to Strawberries in the Snow.

Diana Henry
9781783255412

Mitchell Beazley
Hardcover
400 pages
246x189mm
£30.00
23 September 2027

'Diana Henry is thrillingly alive to both the poetry and the practicalities of food, and reading her is a nourishing, resonant pleasure in itself.' Nigella Lawson





Perelló

Recipes Celebrating Spanish Simplicity

A beautiful cookbook from the iconic Spanish food brand Perelló.

Rooted in Spanish simplicity and a love of excellent ingredients, *Perelló's* 70 delicious recipes celebrate the fresh flavours of the Mediterranean.

From humble beginnings in a Barcelona market to becoming a pantry staple all over the world, *Perelló* has a recipe for every occasion. Whether you favour small, creative and tasty tapas or you're looking for a showstopping main for your next fiesta, this is the cookbook your kitchen needs.

After all, a good life is full of good food.

¡Buen provecho!

Share the taste of Spain with iconic food brand, Perelló.

The Perelló food brand has been awarded several accolades, including:

- *Perelló Smoked Catalan Almonds, Great Taste Awards 2024, 3 stars (July 2024)*
- *Perelló Judión Beans, Great Taste Awards 2024, 1 star (July 2024)*
- *Perelló Paprika Olive Oil Crackers, Great Taste Awards 2025, 1 star (July 2025)*

Perello

9780600640004

Hamlyn

Hardcover

176 pages

210x149mm

£20.00

6 May 2027



Wojtek's Bistro

Polish-inspired recipes for everyday dining

The debut cookbook from Polish-born supper club host Wojtek van Portek celebrates the culinary traditions of his home country combined with the flavours of his adopted city of London.

In his debut cookbook, supper club host Wojtek van Portek offers more than 100 recipes inspired by his Polish childhood and the flavours of his adopted home city of London. Covering everything from pickles and preserves to classic one-pot dishes, sweet bakes to cocktails the focus is on making the most of the ingredients to hand and keep it simple. Wojtek's trademark use of vintage tableware, pattern and colour is showcased in his vibrant photography.

'This book is about bridging two worlds, honouring the memory of my grandmother's Polish flavours while embracing London's vibrant food culture. I want it to be a testament of my journey from Polish village garden to tiny East London kitchen, where pierogi meets proper British ingredients, and where my grandmother's spirit lives on in every recipe, whether traditional or updated with new flavours I know she would approve.'

- Wojtek van Portek

Wojtek van Portek

9781846016783

Mitchell Beazley

Hardcover

224 pages

246x189mm

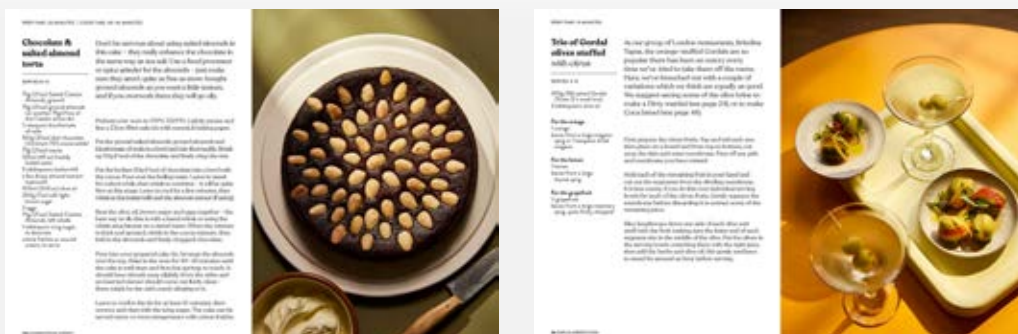
£28.00

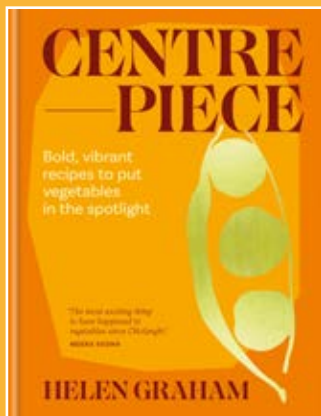
10 September 2026

'An ode to his grandmother and a celebration of his Polish roots, Wojtek's Bistro is filled with warmth, elegance and generous spirit.' MIMI THORISSON

'Wojtek's Bistro is a meditation on memories of food, family and flavours from his yesterdays... interpreted for today with great panache. His Grandmother would be so proud !' TIM WALKER

'Seventy percent of what you do creatively is about presentation, Wojtek has that in spades, not only that but the food tastes as magnificent as its surroundings !' VAL GARLAND





Hamlyn
Hardcover
224 pages
246x189mm
£28.00
9 April 2026

Bold, vibrant recipes to put vegetables in the spotlight

A celebration of bold, vibrant vegetarian dishes designed to inspire, delight and put vegetables exactly where they belong: centre stage.

Drawing inspiration from the rich flavours of the Middle East and North Africa, as well as Helen Graham's Ashkenazi Jewish heritage, this cookbook features 100 inventive, vegetable-based recipes that will transform your table. With accessible ingredients and simple methods, Helen's flavour-packed combinations of spices, herbs and sauces elevate vegetables into something truly showstopping.

'Helen carries the torch for all the ingredients I love most. Vegetables behaving exactly as they should. A cook after my own heart.' - YOTAM OTTOLENGHI

***'Original, do-able, unquestionably delicious vegetable recipes. I love this book.'* - ANNA JONES**

***'Helen's recipes are the most exciting thing to have happened to vegetables since Ottolenghi.'* - MEERA SODHA**

***'Helen has a thrillingly unique way with flavours, which makes you look at familiar ingredients anew.'* - JAY RAYNER**



Mitchell Beazley
Hardcover
192 pages
246x189mm
£26.00
28 May 2026

Olive oil-infused recipes from across the Mediterranean

A glorious celebration of a golden liquid, *Drizzle* is a collection of 80 beautiful sun-soaked, olive-oil drenched recipes, from the UK's fastest growing premium olive oil brand, Citizens of Soil.

From certified olive oil sommelier Sarah Fulton Vachon, founder of the award-winning olive oil brand Citizens of Soil, comes a celebration of the superfood that is extra virgin olive oil. *Drizzle* features recipes for each season, as well as expert insight into choosing, tasting and cooking with this liquid gold.

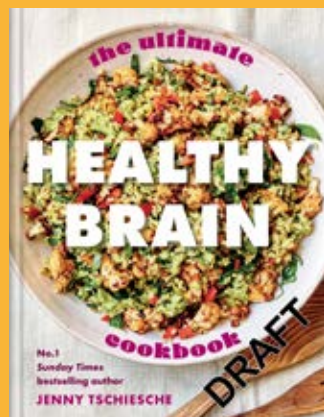
Recipes come directly from olive oil producers, and from the olive oil obsessed, across the Mediterranean and beyond, from Cretan dolmades to sweet Portuguese buns. Each dish perfectly captures why we should all be drizzling more olive oil, in every season and at every meal.

'A beautiful book packed with simple, thoughtful recipes that prove that olive oil is not just a support act, it's a headliner.' - Ben Lippett

***'Olive oil makes everything better and this book shows you how.'* - Anna Jones**

'You'll rethink everything you thought you knew about this essential kitchen staple.'
- Manon Lagrève





The Ultimate Healthy Brain Cookbook

80 nutritious, delicious recipes to understand the gut-brain axis and show why brain health begins in the kitchen.

Bestselling author and nutritionist Jenny Tschiesche explains the gut-brain axis with 80 delicious recipes designed to boost your brain health.

Did you know that your brain and your gut are closely connected, and your diet has a huge impact on your mood, energy and cognitive function? The science can be overwhelming, but in *The Ultimate Healthy Brain Cookbook* nutritionist Jenny Tschiesche breaks it down and reveals why brain health begins in the kitchen.

Then enjoy a selection of delicious, brain-healthy recipes including breakfasts designed to stabilize blood sugar and fuel the brain for the day, lunches for sustained energy and focus, and evening meals to support relaxation, digestion and sleep.

Jenny Tschiesche
9780600640752

Hamlyn
Hardcover
192 pages
246x189mm
£22.00
3 June 2027



The Ultimate High-Fibre Handbook

A no-nonsense guide to fibre, the crucial missing ingredient from your healthy eating, with 70 delicious recipes.

Bestselling author and nutritionist Jenny Tschiesche reveals everything you need to know about fibre, including why we need it and how to eat enough of it - plus 70 delicious, high-fibre recipes.

Drawing on nutritional science and years of clinical practice, Jenny breaks down how fibre works alongside high-protein and low-carb diets, and its profound impact on digestion, microbiome health, blood sugar regulation and longevity.

This is the ultimate guide to increasing your fibre intake naturally, without fibre supplements or fads like fibremaxxing. *The Ultimate High-Fibre Handbook* includes:

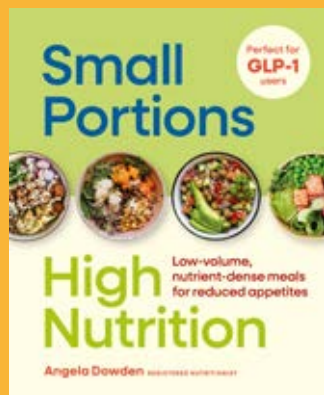
- 70 nourishing recipes that are naturally high in fibre
- Step-by-step tips to gradually increase your fibre intake without discomfort
- Hydration and cooking methods to maximise your fibre tolerance
- Practical guidance on the best whole food fibre sources

From hearty lentil stews to seed-based breads and gut-friendly smoothies, *The Ultimate High-Fibre Handbook* is both a recipe book and a roadmap to a healthier way of eating. Rediscover this vital, overlooked nutrient that is foundational to your lifelong health.

Jenny Tschiesche
9780600640462

Hamlyn
Hardcover
192 pages
246x189mm
£22.00
25 June 2026





Small Portions, High Nutrition

Low-volume, nutrient-dense meals for reduced appetites

90 recipes that maximise nutrition in every mouthful, for anyone with low appetite, portion restriction or on GLP-1 diets.

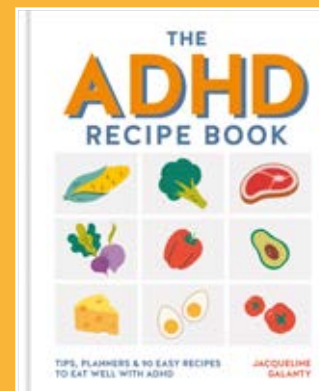
Whether you're eating less because of hormone changes, stress, recovery or GLP-1 medications, eating well when you're eating less means you need extra care to get all the nutrients the body needs.

Eating smaller portions carries the risk of a shortfall in protein, fibre and micronutrients, and GLP-1 drugs or hormonal changes come with their own nutrient needs. But by focusing on hero whole foods and nutrient-rich ingredients, you can make your portions go a long way.

Nutritional expert Angela Dowden explains exactly what nutritional challenges to be aware of, and how to tackle them. These 90 recipes focus on nutrient-dense, whole-food ingredients that pack protein, fibre, vitamins, and minerals into manageable servings. Packed with ideas for low-effort and no-cook recipes, as well as easy additions to any meal, this is the smarter way to eat smaller portions.

Angela Dowden
9780600640561

Hamlyn
Paperback
224 pages
235x190mm
£18.99
17 December 2026



The ADHD Recipe Book

Tips, planners and 90 easy recipes to eat well with ADHD

A nutrition toolkit for people with ADHD, featuring tips, case studies and over 80 recipes specifically designed for ADHD.

The ADHD Recipe Book makes healthy eating easy and accessible for everyone, with recipes that are specifically designed for people with ADHD:

- Intuitive recipe design with no hidden steps
- Organised ingredient lists
- Kit list before you start
- 'Cook by need' contents list (One Pot, 30 Minutes, Batch Cooks, No Cook)

ADHD affects millions of people around the world, with more people being diagnosed every day. It affects focus, attention and organisation, which are all needed for food preparation. This can make eating well every day a challenge - but it doesn't need to be that way.

Dietitian Jacqueline Galanty explains the relationship between ADHD and food, and the simple steps that can be taken to help people manage difficulties such as:

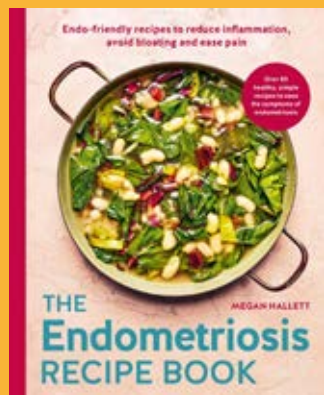
- Recognising hunger cues
- Planning mealtimes
- Managing chaos in the kitchen

Featuring case studies, practical tips and meal plans, *The ADHD Recipe Book* is an important and inclusive resource.

Jacqueline Galanty
9780600640264

Hamlyn
Hardcover
224 pages
235x190mm
£22.00
27 August 2026





The Endometriosis Recipe Book

Take control of your endometriosis symptoms and reduce your flare-ups with over 80 endo-friendly recipes, curated by nutritional therapist Megan Hallett.

Including an overview of how your diet can affect your symptoms, guidance on keeping a food diary and simple substitutions for common trigger foods, *The Endometriosis Recipe Book* features 80 simple, healthy recipes to help you feel better than ever.

What is an endometriosis-friendly diet?

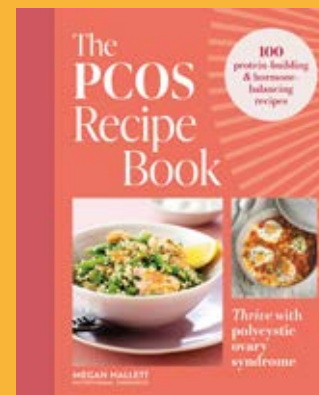
With endometriosis, endometrial-like tissue growing outside the uterus triggers inflammation. While there's no one-size-fits-all diet, many people find focusing on anti-inflammatory ingredients helps to manage their pain and discomfort.

Some people may also benefit from limiting their gluten and dairy intake, so gluten-free and dairy-free recipes are clearly marked.

Megan's no-nonsense guidance and specially selected recipes will help you to work with your body rather than against it.

Megan Hallett
9780600640530

Hamlyn
Paperback
208 pages
235x190mm
£18.99
17 December 2026



The PCOS Recipe Book

100 recipes to thrive with polycystic ovary syndrome

Learn to thrive with PCOS with this selection of simple, healthy and delicious recipes, curated by nutritional therapist Megan Hallett, that will help you to manage your symptoms so you can feel better than ever before.

Polycystic ovary syndrome (PCOS) is a common hormone condition that affects how women's ovaries work, often causing weight gain, acne, insulin resistance and irregular or absent periods. While there is no cure, your diet can play a vital role in living comfortably with this condition.

What is a PCOS-friendly diet?

Many people with PCOS have insulin resistance or high insulin, so it is important to avoid spiking blood sugar or causing inflammation. Keeping your blood sugar levels stable through a diet that prioritises lean protein, healthy fats and fibre can transform your daily life.

Navigating the world of PCOS-friendly food can be tricky, but *The PCOS Recipe Book* is here to walk you through it with 100 healthy everyday recipes that prioritise natural ingredients. Nutritional therapist Megan Hallett explains the role that food plays in managing your condition, as well as which ingredients you should prioritise and which you should avoid.

Learn to manage your symptoms and thrive with PCOS.

****As of May 2026, PCOS has been renamed polyendocrine metabolic ovarian syndrome (PMOS)**

Megan Hallett
9780600639565

Hamlyn
Paperback
224 pages
235x190mm
£20.00
18 December 2025





30-Minute Gluten Free

100 time-saving recipes for every day

100 fast and foolproof gluten-free recipes for the whole family.

In *30-Minute Gluten Free*, Laura Strange (AKA My Gluten Free Guide) proves that gluten-free cooking doesn't have to be involved, time-consuming or intimidating.

With these tried-and-tested recipes, all prepared in under 30 minutes using budget-friendly ingredients, you can serve up delicious gluten-free food for the whole family.

100 simple, delicious recipes that will have dinner on the table in just half an hour, without compromising on flavour!

Laura Strange
9780600640493

Hamlyn
Hardcover
208 pages
235x190mm
£22.00
11 February 2027



Good Grain Gluten-free Baking

Master the art of baking gluten-free from sourdough bread and poolish dough to bagels, crackers, flatbreads, pizzas, cookies and donuts.

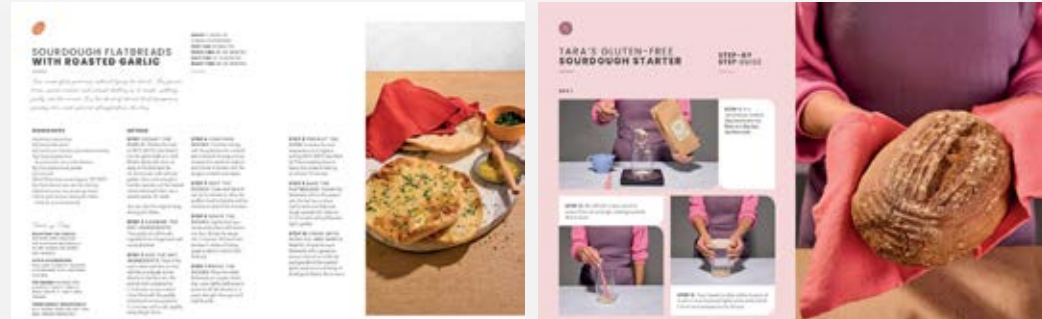
Most gluten-free baking books focus on imitating wheat-based recipes with processed substitutes, but this book takes a different approach. It celebrates the unique qualities of alternative grains, blending traditional baking wisdom with modern nutritional insights to create a one-of-a-kind resource for home bakers.

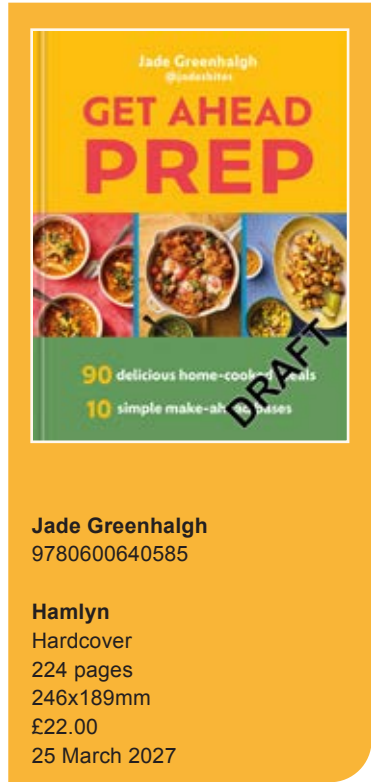
From basic techniques to step-by-step instructions for making a gluten-free sourdough starter and shaping dough, chapters include starters and poolish dough, pizzas, crispbreads & crackers, flatbreads, poolish breads, sourdough, yeasted bread and rolls, buns and cookies.

Delicious recipes, from caramelised red onion and sun-dried tomato focaccia to a spiced orange fruit loaf, millet sunflower seed loaf to rosemary and sea salt crackers reveal just how tasty organic gluten-free baking can be. Numerous recipes for savoury biscotti, sourdough tin loaves and chocolate cookies make a fantastic treat when entertaining gluten-intolerant guests.

Tara Taylor
9781804194126

Kyle Books
Hardcover
208 pages
246x189mm
£26.00
13 May 2027





Jade Greenhalgh
9780600640585

Hamlyn
Hardcover
224 pages
246x189mm
£22.00
25 March 2027

Get Ahead Prep

90 delicious home-cooked meals,
10 simple make-ahead bases

A new prep-ahead method to get you cooking from scratch throughout the week: batch cook one simple base recipe and have nine delicious dinners to choose from.

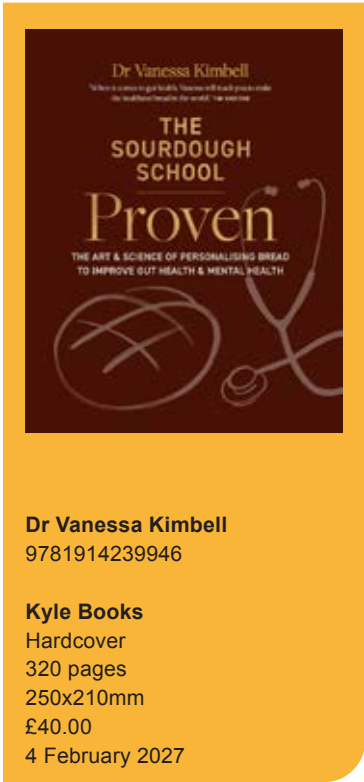
Did you know that if you set aside just two hours on a Sunday, you can set yourself up for a week of delicious and healthy home-cooked meals?

Life is busy. Weekdays are short, family life is full and cooking from scratch can often feel impossible. *Get Ahead Prep* cooking gives you back control of dinner, with a freezer full of versatile, homemade building blocks ready whenever you need them and a 4-week meal plan to take the friction out of midweek cooking.

Each chapter is built around a recipe for a simple, freezer-friendly prep-ahead base, followed by nine versatile recipes using this base recipe, many of which can be ready in 30 minutes. These bases, stocks, doughs and clever preps are all:

- Made completely from scratch
- Freezer-friendly with clear freeze and thaw guidance
- Designed to be reused in multiple, very different meals

The result? Homemade meals, all week long, without the stress.



Dr Vanessa Kimbell
9781914239946

Kyle Books
Hardcover
320 pages
250x210mm
£40.00
4 February 2027

The Sourdough School: Proven

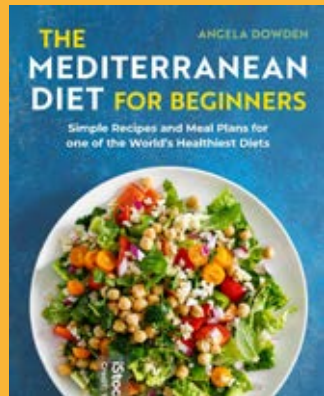
*A Complete Course for Baking Bread that Benefits
your Health*

Everything you need to know about sourdough baking, from the key techniques and creating your own starter, to delicious recipes for sweet and savoury bakes, including breads, pasta, pizzas, boules, muffins, baguettes and more.

Dr Vanessa Kiribell is the unrivalled master of sourdough baking, and in *The Sourdough School Proven* she brings together all of her best research, wisdom, tricks and methods, along with foolproof recipes for sourdough bakes and diversity bread, baked with individualised flour. The book begins with an introduction to the basics of sourdough baking, followed by sections on the link between sourdough and gut health, mood and mental health, and blood sugar management. Then follow the recipes, where alongside classic bakes such as the perfect sourdough boule or baguette, there are brand new recipes including pizza bases, muffins and more.

Whether you're interested in sourdough for the boost it gives your gut microbiome, the therapeutic effects of baking, its role in blood sugar management or just the incredible taste and texture it brings - *The Sourdough School Proven* will have everything you need.





The Mediterranean Diet for Beginners

A beginner's guide to the Mediterranean diet to help you live a long and healthy life.

The Mediterranean diet is one of the healthiest in the world. Balancing healthy fats with minimally processed plant foods and moderate amounts of poultry and dairy, this way of eating is good for your life expectancy, your heart health and your inflammation levels, among other benefits.

With so much information out there, the Mediterranean diet can feel a little overwhelming. But by starting small with things like swapping butter for extra virgin olive oil, you can gradually transition into a healthier way of eating.

In *The Mediterranean Diet for Beginners*, registered nutritionist Angela Dowden simplifies things with practical tips for changing the way you eat, a 2-week meal plan to guide you and over 70 simple recipes to help you kickstart your health.

Support your health, boost your longevity and eat delicious food with *The Mediterranean Diet for Beginners*.

Angela Dowden
9780600640684

Hamlyn
Paperback
192 pages
235x190mm
£18.99
27 May 2027



The Pastry School

Sweet and Savoury Pies, Tarts and Treats to Bake at Home

A masterclass in preparing, baking and decorating pastry, from delicate tarts to comforting pies - each recipe is approachable and easy-to-follow - *The Pastry School* features more than 50 sweet and savoury recipes to make at home.

Julie Jones is renowned for her highly decorative bakes packed with bold layers of flavour and texture. She is leading the pastry revival, believing that with a bit of patience and a love for food, anyone can create delicious, beautiful bakes.

Featuring a comprehensive Pastry Recipes & Methods section guides you through 10 different types of pastry with step-by-step instructions. These include classics such as Shortcrust and Hot Water, as well as a versatile Vegan and Gluten-free, that can be swapped in or out of recipes with a helpful Alternative Pastry Key.

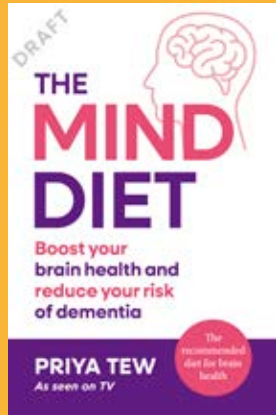
Dive in and be inspired by Julie's delicate decorations and full-on flavours - these bakes are fun and achievable, with swaps, and where creativity is encouraged. *The Pastry School* features more than 50 sweet and savoury recipes ranging from a crowd-pleasing Vegetable Patch(work) Tart to stunning Vanilla Slices.

Julie Jones
9781804194416

Kyle Books
Hardcover
208 pages
260x200mm
£26.00
4 March 2027

'If you think that Julie Jones's beautiful creations are beyond you, think again. This is as clear and approachable a cookbook as you could wish for. Jones shares all her tips and tricks as she gently walks you through ten different pastries and gorgeous recipes for sweet and savoury pies and tarts. It's worth buying the book for the chicken and chorizo pie recipe alone. Absolutely inspiring.' - Diana Henry





The MIND Diet

A guide to the research-backed diet designed to boost brain health, with a 21-day meal plan and 60 recipes.

MIND ('Mediterranean-DASH Intervention for Neurodegenerative Delay') is a research-backed approach grounded in the principles of healthy eating, focusing on wholegrains, fish, leafy vegetables, fruit and healthy fats from nuts and olive oil. Studies suggest that it can:

- Improve brain health
- Reduce cognitive decline
- Reduce the risk of dementia and Alzheimer's disease

Drawing on the latest scientific research, this beginner's guide will tell you everything you need to know about the MIND diet and its nutritional benefits. It features a 21-day eating plan and 60 brain-healthy recipes to get you started.

Boost your brain health with this beginner's guide to the MIND diet.

Priya Tew
9780600640707

Hamlyn
Paperback
224 pages
234x153mm
£16.99
24 June 2027

goodFOOD

The UK's number 1 food media brand, enjoyed and trusted by millions every month, is now published by Octopus.

For 35 years, Good Food has served as the nation's go-to kitchen companion, providing expert culinary advice, triple-tested recipes, bespoke dietary meal plans, and blind-tested product reviews. Their mission in 2026 remains unchanged since 1989, that Every Day Deserves Good Food!

Good Food's dedicated food testing kitchen and studio is constantly creating recipes, testing products and shooting content that will be used across our books.



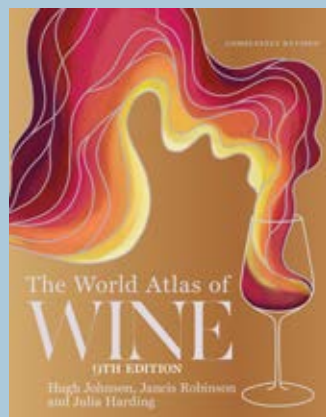
Publishing in 2026



Publishing in 2027



DRINKS



The World Atlas of Wine 9th edition

A major new edition of this landmark wine book that has sold close to 5 million copies worldwide.

Few wine books can be called classic, but the first edition of *The World Atlas of Wine* made publishing history when it appeared in 1971 and subsequent editions have ensured it remains the most authoritative, must-have wine reference work available. This ninth edition will bring readers, both old and new, up to date with the fascinating and rewarding world of wine.

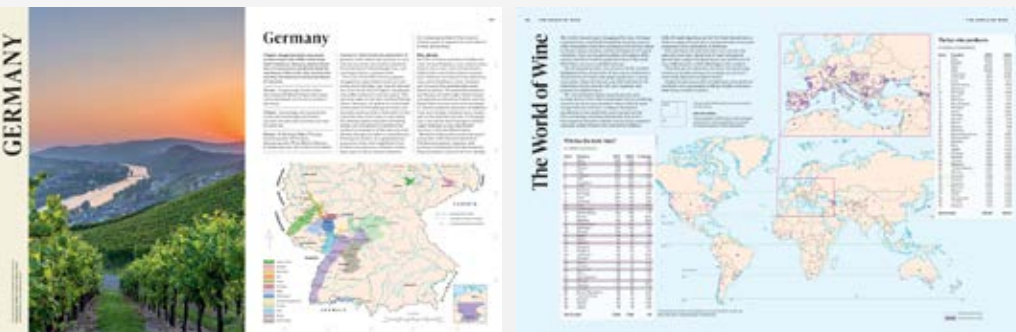
To reflect all the changes in the global wine scene since the last edition in 2019, 18 brand-new maps have been added to the wealth of superb cartography in the book. The incisive text has been given a complete overhaul to address the topics of most vital interest to today's wine-growers and drinkers including the impact of climate change resulting in new wine-growing in the far north of Europe and the sustainability initiatives being explored globally.

With beautiful photography throughout, Hugh Johnson and Jancis Robinson, the world's most respected wine-writing duo, working with esteemed maps editor Julia Harding, have once again joined forces to create a classic that no wine lover can afford to be without.

Hugh Johnson, Jancis Robinson & Julia Harding
9781784729707

Mitchell Beazley
Hardcover
432 pages
292x229mm
£60.00
24 September 2026

"It is a reference guide, scholarly work, and a genuinely enjoyable read: three things that don't often coexist in a singular volume. Indispensable is a word that may be selected when running out of compelling word choices, but in this case, it applies with accuracy and precision. There is simply nothing else quite like it, which, for a ninth edition published across five decades, is a remarkable achievement. " - Rob Theakston, Drinkhacker



The Coffee Tasting Handbook

The Coffee Tasting Handbook is the coffee drinker's essential guide to discovering and appreciating coffee's distinctive flavours, to buy better coffee and to enjoy each time.

With 800 possible aromatic compounds, your daily coffee is packed full of unique flavours, but the array of possible flavour combinations can make tasting coffee overwhelming. Beneath the complexity, however, delicious coffees have an orderly structure.

Coffee expert and entrepreneur Tim Ridley introduces his one-of-a-kind 'coffee tasting framework', complete with coffee tasting worksheet, coffee aroma map and coffee flavour wheel, to explain:

- The defining flavour characteristics of each coffee
- Why some coffees are tastier than others
- How coffee drinkers can identify the coffee they will enjoy

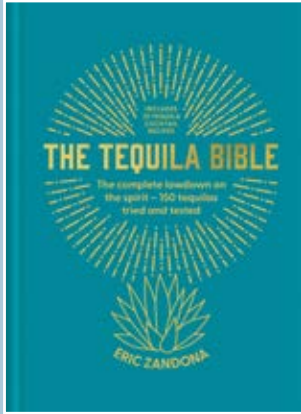
With step-by-step guidance, easy to follow diagrams and gorgeous lifestyle photography, *The Coffee Tasting Handbook* brings together a history of coffee, the science of flavour and the links between taste and terroir.

A celebration of the pleasure of drinking coffee, whatever flavours you favour, this handbook is the essential purchase for any coffee lover.

Tim Ridley
9781846016882

Mitchell Beazley
Hardcover
224 pages
229x164mm
£20.00
10 September 2026





The Tequila Bible

The complete lowdown on the spirit – more than 200 tequilas tried and tested

An approachable, comprehensive guide to Tequila and other agave spirits, by the author of the bestselling Bourbon Bible (more than 90k sold since 2018).

In the golden age of tequila, the choice of bottles has never been greater - from the perfect neat tequila serve to the spirit in your margarita.

In *The Tequila Bible*, bestselling author Eric Zandona dives into more than 200 of the most exciting tequilas, from big-name classics to tiny craft distilleries, with flavour profiles and recommendations for the best way to drink each one.

The Tequila Bible is the ultimate guide to one of the world's most popular spirits.

- With profiles on more than 200 varieties of tequila, with key facts and flavour notes
- Contains 20 tequila cocktail recipes from the Paloma to the Añejo Old Fashioned
- Unlocks everything you need to know to read a tequila label

Eric Zandona
9781840919837

Mitchell Beazley
Hardcover
224 pages
210x149mm
£20.00
13 August 2026



Wine and Dine at Home

Easy recipes and perfect pairings

Following in the footsteps of her successful debut, *Wine Taste Pair Pour*, Charlotte Kristensen is back to show how you to match wines with food for maximum pleasure.

Wine & Dine at Home invites the reader to experience wine in the most joyous way possible - sharing delicious plates with friends. Wine columnist and author Charlotte Kristensen encourages you to approach wine as a sensory pleasure and helps grow your knowledge through exploration and experience in three steps:

Discover - introduces some of the key principles of food and wine pairing, recognising that it blends art, science and experience.

Pair - shares 50 delectable pairings of wine and food, with simple recipes for apero, boards and nibbles; fish and seafood; poultry and meat; vegetarian and cheese, and sweet treats.

Curate - offers themed menus incorporating recipes from the second part of the book.

Charlotte Kristensen
9781846016424

Mitchell Beazley
Hardcover
224 pages
210x149mm
£22.00
10 September 2026



**HOME &
DESIGN**



Colour At Home

Subtle Palettes to Transform Your Space

Lucy Gough's *Colour at Home* is the essential guide to understanding the power of colour and how to use it most effectively it in your space - set to be as successful as her debut title, *The Home Style Handbook*, which has sold 40,000 copies across markets.

Colour at Home is your guide to the most powerful and accessible design tool there is: colour in all its subtleties and forms.

Whether you're styling an entire house or refreshing a single corner, this book shows you how colour can transform your space. From bold, expressive hues to soft pastels, gentle neutrals and muted tones, *Colour at Home* is filled with beautiful inspiration, practical guidance and stylish ideas you can actually use.

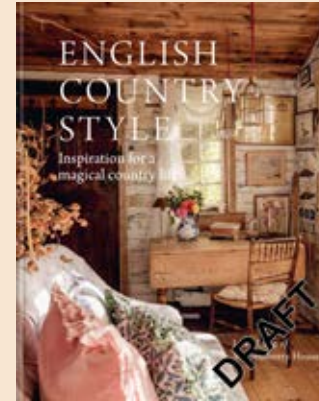
Shot in real homes and with down-to-earth advice to help bring out the best in your home, *Colour at Home* is here to give you the confidence to trust your instincts and create a home that feels right for YOU - one colour at a time.

Including sections on:

- Colour psychology
- Colour drenching
- Contrasting colours
- Colour through pattern
- Colour through accessories

Lucy Gough
9781846016363

Mitchell Beazley
Hardcover
224 pages
253x201mm
£30.00
1 April 2027



English Country Style

An inspirational guide to achieving effortless English Country Style wherever you live, from interiors influencer Leah Lane of @mymulberry House with 1 million engaged followers.

An endlessly inspirational look at English Country Style from a hugely talented interiors influencer and writer.

Leah describes her own take of English Country Style in an infectious and eloquent manner that will have you rushing to explore her interiors inspiration. From colourful neutrals to careworn tables, layered fabrics in subtle colour palettes to imperfect elegance, Leah's sense of style is beautiful but achievable.

English Country Style is a comfortable and comforting look that is easy to embrace and joyful to enjoy, wherever you live.

Leah Lane
9781804193860

Kyle Books
Hardcover
224 pages
235x201mm
£30.00
29 April 2027



WHAT IS MY ENGLISH COUNTRY STYLE?

English Country Style is a style that is rooted in the traditions of the English countryside. It is a style that is characterized by its use of natural materials, its emphasis on comfort and practicality, and its ability to blend the old with the new. This style is a reflection of the English way of life, which is one of simplicity and elegance.

Completing the Look



Completing the look is a matter of adding the finishing touches. This includes choosing the right accessories, such as cushions, throws, and lamps, and ensuring that they all work together to create a cohesive and inviting space.



The final step in completing the look is to add a touch of personality. This can be done by choosing a few key pieces of art or furniture that reflect your own taste and style, and by incorporating them into the overall design.



Wonder: Homes Inspired by Curiosity

The first in a new trilogy of interiors books by writer and stylist Ali Heath, whose first three books have sold 260,000 copies across English-language markets since 2021.

Wonder is a visually rich, emotionally intelligent interiors book about the power of slow living, and how to harness curiosity, imagination, and a sense of quiet magic - to create homes that invite us to look more deeply, live more joyously.

Filled with beautiful, original photography, practical guidance and inspirational stories readers will rediscover the idea that wonder is a vital part of what we see, live, breathe and respond to, in the surroundings we create. The book is a natural progression from Ali Heath's earlier trilogy of bestselling books - from *Curate* (what we choose and display), to *Create* (how we design and bring to life), to *Cocoon* (how we feel and nurture) now to *Wonder* (how we see and live well).

The most meaningful homes are not the most perfect or the most expensive, but the ones that are brought to life through curiosity - where your quirks, interests and passions slowly build from something small to something memorable. When we allow wonder in we allow our homes and ourselves to breathe, evolve and grow.

Throughout the book Ali shares the idea of wonder by example through her infectious passion for people, homes and inspiring design. Each of the inspirational homes featured across numerous continents is different in size, aesthetic and budget.

Ali Heath
9781846018114

Mitchell Beazley
Hardcover
240pages
290x220mm
£32.00
10 June 2027

GARDEN





Gardens for Good

Stories of Connection & Joy from the Chelsea Flower Show

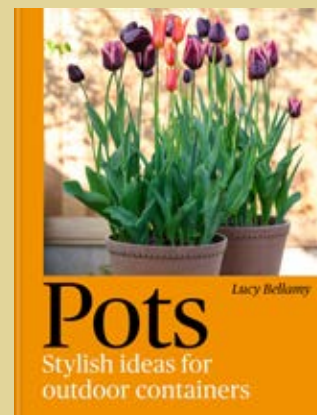
A gloriously illustrated celebration of the very best show gardens from the Chelsea Flower Show, created by award-winning designers working with innovative foundation Project Giving Back and a range of good causes.

The Chelsea Flower Show is renowned worldwide as the home of the very best in horticulture - where designers at the very top of their game create show gardens that delight and inspire all those who love gardening. Since 2022 the crème de la crème of these gardens has been those funded by innovative charity, Project Giving Back. Founded to support good causes - large and small - in creating their own gardens at the world's best known flower show, the charity's key proviso is that the gardens should live on in some way in the community after the show, so extending their impact and the joy that they create.

Gardens for Good is a gloriously illustrated and engaging account of the 60 gardens made possible by Project Giving Back and a celebration of the very best in contemporary garden design, including the work of the likes of Tom Stuart-Smith, Jo Thompson, Chris Beardshaw, Andy Sturgeon, Cleve West, Nigel Dunnett and Ula Maria. Through interviews with the designers, detailed plant lists and a wealth of specially commissioned photography, the reader can adapt the ideas featured for their own outdoor spaces and to experience the joy and good that gardening can do.

Natasha Goodfellow
9781846016301

Mitchell Beazley
Hardcover
272 pages
280x230mm
£40.00
15 April 2027



Pots

Stylish Ideas for Outdoor Containers

Pots is the definitive guide to creating a stylish, sustainable container garden.

If you like colour and design or are seeking a flexible, low-fuss way to garden, then planting in containers is for you. A selection of well-chosen plants matched with a stylish pot will transform your outdoor space and make it feel like it belongs to you.

Pots reveals 40 inspiring ideas for outdoor pots and planters, with an emphasis on stylish design and sustainable practices. Full of useful, practical information, it is a definitive guide for people with small outdoor spaces, and the go-to book for a new era in container-gardening.

Lucy Bellamy
9781846016240

Mitchell Beazley
Hardcover
224 pages
246x189mm
£27.00
1 April 2027

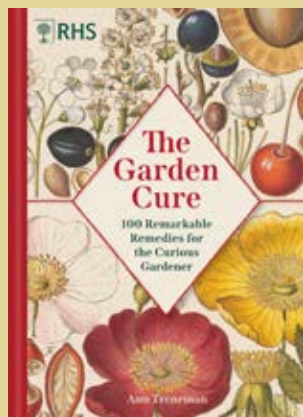
'Bellamy makes gardening seem simple, expressive and joyful. Anyone can do it.'
The Standard



RHS Chelsea: The greatest flower show on earth

Over 100 years on, the RHS Chelsea Flower Show remains the most prestigious and celebrated of all garden shows. It is a place where the world's best garden designers showcase their talents, and where gardeners can see and buy the latest in garden design. The show is a celebration of the joy of gardening and the beauty of the natural world.





The Garden Cure

100 Remarkable Remedies for the Curious Gardener

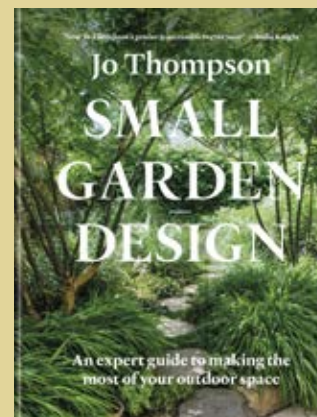
In this feel-good treasure trove, The Times gardening columnist Ann Treneman offers up horticultural remedies to cure all ills, from broken hearts to bad backs.

In *The Garden Cure* you'll find solutions to all these modern-day maladies, and many more. Think of this book as a kind of green-fingered pharmacopoeia, a horticultural apothecary, an open-air medicine chest. Can gardening cure a broken heart? Can it help you take revenge on someone who has done you wrong? The Times gardening columnist Ann Treneman offers lessons in life galore - tales of snails and frogs, petals and perfumery all gathered from the garden.

'Imagine you could go into an apothecary and, instead of seeing rows of jars with their cures, there would be a display of all the plants from which they came. You'd be able to point down to a tiny snowdrop or up to a very large horse chestnut tree. There would be an entire herbaceous border, sweet peas and roses, daisies and foxgloves... That is what I imagined while putting together this most unusual apothecary's cabinet of a book. It's a thoroughly modern (and sumptuously illustrated) herbal that deals with problems of all kinds for the body, mind and the always important spirit. Many ailments or dilemmas are serious, others whimsical and then there are those that spring from the kind of lives we lead now. Sex, death, life and an overwhelming desire to hear beautiful music: there's a garden cure in this book for all of us.'
Ann Treneman

Ann Treneman
9781846016806

Mitchell Beazley
Hardcover
224 pages
210x149mm
£20.00
8 October 2026



Small Garden Design

An expert guide to making the most of your outdoor space

Expert advice on making the most of every corner of a small garden, from celebrated garden designer, Jo Thompson, winner of 11 RHS Chelsea Flower Show medals.

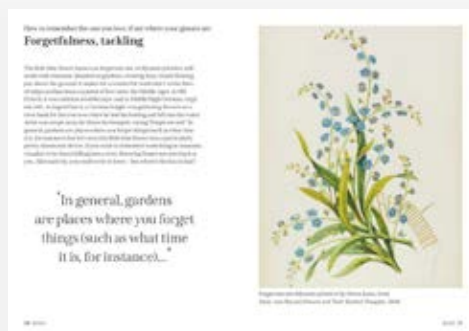
Jo Thompson has been hailed by Country Living magazine as one of the eight 'pioneering women who have changed the face of gardening in the past 200 years'. She has won 11 RHS Chelsea Flower Show medals and designed beautiful gardens, large and small, over a 30-year career.

In *Small Garden Design*, she is on a mission to equip readers with the tools to design their own garden in any location - urban, country or suburban - even if the space feels unworkably small. She explores all the key principles of successful garden design and shows you how to apply it to your own space, working with hard landscaping, skilful planting and wildlife-friendly choices. Award-winning garden photographer Jason Ingram provides inspirational imagery.

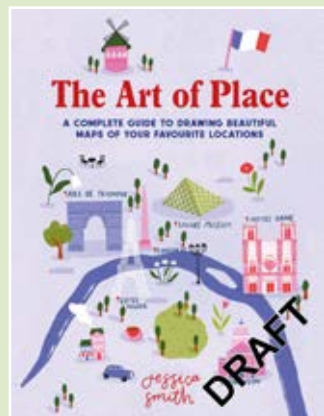
Jo Thompson
9781840919585

Mitchell Beazley
Hardcover
224 pages
246x189mm
£27.00
4 April 2027

'At last! No more wishing your garden was 10 times its size - Jo Thompson's genius is now accessible to everyone'. INDIA KNIGHT



**ARTS
& CRAFTS**



The Art of Place

A complete guide to drawing beautiful maps of your favourite locations

The ultimate accessible guide to map illustration with practical tips and projects - from drawing people, food and scenery to colour palettes and scale - from experienced illustrator Jessica Smith whose clients include Kate Spade, Stylist, Papersmiths and Uniqlo.

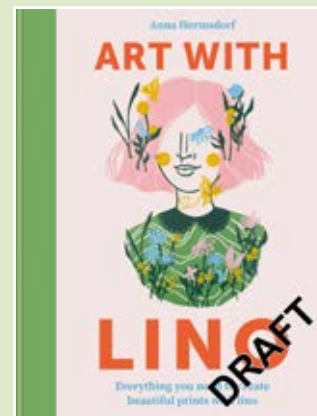
A map tells a story of place, people and culture. Learn how to draw your own beautiful maps to memorialise a childhood neighbourhood, capture an unforgettable holiday or dream about a bucket list destination.

Illustrator Jessica Smith guides you through basic drawing and painting techniques and tips and 20 practical exercises - from drawing people, to food to scenery - as you build the skills to draw compelling map illustrations that are full of life.

Whether you're new to drawing or looking for inspiration on what to draw next, map illustration is the perfect way to capture memories and dream about new ones.

Jessica Smith
9781846017384

Ilex Press
Paperback
160 pages
246x189mm
£19.99
10 June 2027



Art with Lino

Everything you need to create beautiful artworks with lino

15 step-by-step linocut projects showing you how to create stunning multi-coloured prints.

Your complete guide to creating beautiful, colourful prints with lino.

The ultimate cheap and quick way to make your own beautiful prints, linocutting and printing is the perfect new hobby to pick up to create artwork for your home.

Linocut artist Anna Hermsdorf guides you through everything you need to know to make your own lino prints at home. From the tools to use, how to carve the different lines and shapes, choosing and mixing colours and printing your linocut creations.

There are 15 full size linocut projects ranging from more simple to more complex, complete with templates, to follow, exploring layering different colours and elements to make stunning multi coloured lino cut prints.

In the final section, Anna gives you all of the tools for creating your own motifs and linocut designs.

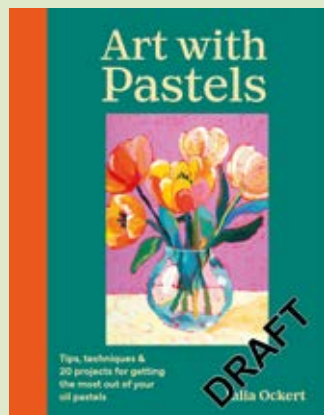
Whether you're new to lino or looking for stunning colourful inspiration on prints to make, this is the perfect guide to the accessible and adaptable medium.

Anna Hermsdorf
9781846017261

Ilex Press
Hardcover
144 pages
246x189mm
£19.99
27 May 2027

BUILDINGS





Art with Pastels

Tips, techniques & 20 projects for getting the most out of your oil pastels

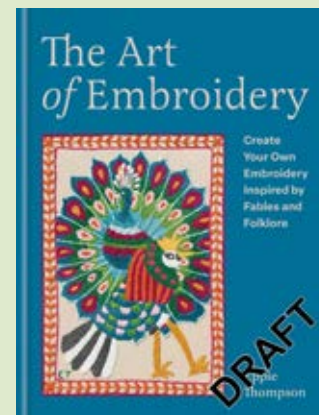
The ultimate handbook of projects, tips and techniques for creating stunning art with oil pastels.

Brightly coloured and beautifully textured, oil pastels are a great art material for beginner and experienced artists alike. Guided by contemporary pastels artist Julia Ockert, learn how to get to grips with your set of oil pastels and really master the medium.

Begin with an introduction to oil pastels, advice on how to choose your materials, guidance on key techniques like blending and sgraffito and troubleshooting tips and tricks. Once you have built your confidence and mastered the basics, move on to 20 step-by-step projects that show you how to create stunning still lifes, landscapes, portraits and drawings of your pets using oil pastels.

Julia Ockert
9781846017230

Ilex Press
Paperback
160 pages
246x189mm
£19.99
4 March 2027



Eppie Thompson
9781846016646

Ilex Press
Hardcover
192 pages
246x189mm
£25.00
2 September 2027

The Art of Embroidery

How to Create Your Own Embroidery Inspired by Fables and Folklore

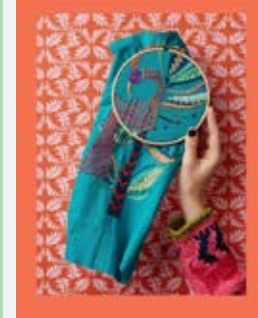
A highly giftable and inspirational practical embroidery title from brand The Fabled Thread, which has featured in Vogue, ELLE and House & Garden.

The Art of Embroidery guides you through the basics of embroidery and 15 stunning step-by-step projects. A creative toolkit at the end of the book gives you the skills to design and create your own embroidery pieces, making this a practical embroidery book with potential to generate hundreds of ideas and projects.

Introduction - foundational techniques including key stitches, materials, how to use the book

Projects - 15 practical embroidery projects from quick beginner exercises to involved designs using multiple stitch types. Each project could be linked to a fable and teaches readers the core techniques to enable them to create beyond these projects, too.

Creative toolkit - how to design your own pieces including finding inspiration, translating this into embroidery and stitching these ideas. Suitable for beginners, this also offers something beyond just the step-by-step practical embroidery projects in the previous section - this an embroidery book with lasting value to treasure and return to.





Simple Scandi Sewing

Make Your Own Clothes the Danish Way with 14 Easy Projects

This is a practical introduction to sewing with 14 easy Scandinavian sewing patterns that people actually want to make and wear.

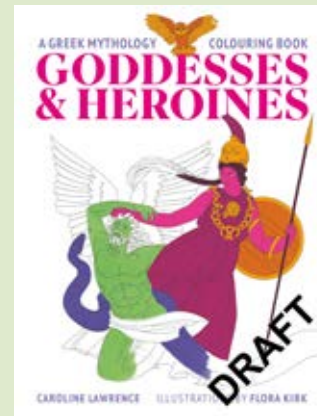
From Danish sewist Johanne Kohlmetz comes a sewing book for the Pinterest generation - feminine, fun and highly wearable. Inspired by cottagecore aesthetics, Ganni-style silhouettes (thecult Scandinavian clothing brand), and the softness of the Danish countryside, this is a collection designed for the home sewist who wants to create clothes they will actually wear and love.

With clear, step-by-step instructions and stunning photography throughout, the book guides you from your first stitches to beautifully finished garments. It covers the essential sewing kit you need to get started, walks you through your sewing machine and provides instructions for making patterns based of clothing you already own - making this adaptable, size inclusive and customisable. Some patterns are also included at the back, making it accessible for beginners while still inspiring for more experienced makers.

The 14 patterns range from charming accessories to standout wardrobe staples, with several designs including variations. You'll also find thoughtful tips on sourcing recycled and upcycled fabrics, encouraging a more sustainable and creative approach to sewing.

Johanne Kohlmetz
9781846018299

Ilex Press
Paperback
160 pages
180x250mm
£20.00
13 May 2027



Caroline Lawrence, Flora Kirk
9781846017926

Ilex Press
Paperback
80 pages
217x281mm
£12.99
15 April 2027

Goddesses and Heroines

A Greek mythology colouring book

A beautiful colouring book full of scenes from Greek Mythology, from author Caroline Lawrence and illustrator Flora Kirk.

Discover more than 50 beautiful mythological artworks to colour in, from the brilliant mind of artist Flora Kirk (@flaroh), accompanied by words about each character from bestselling author Caroline Lawrence.

Step into the timeless world of Greek mythology and bring its most powerful women to life through colour. This colouring book invites you to explore the stories of mighty goddesses, fierce warriors and daring heroines whose legends have echoed through the ages. Within these pages you'll meet Olympian goddesses like Athena, Artemis, and Aphrodite, alongside mortal heroines such as Medea and Helen, and mythical monsters like Medusa and the sirens.

Perfect for myth lovers, art enthusiasts, and anyone seeking a relaxing yet inspiring creative escape, this colouring book offers a chance to slow down and celebrate the enduring power of women in myth.





Sara Reeve
9781846018022

Ilex Press
Hardcover
160 pages
246x189mm
£19.99
26 August 2027

You Will Be Able to Paint with Oils by the End of this Book

Everything a complete beginner needs to know how to get started in oil paints.

A wonderfully adaptable and forgiving medium, oil paints are the perfect introduction to painting or way to expand your creative practice.

Artist and tutor Sara Reeve guides you through everything you need to know to master painting with oilpaints, including the basics of what to use and how the medium works, how to layer and use of tone and colour, along with 12 step-by-step projects varying from very simple to more complex as you master the techniques and skills. Projects include luminous still lifes, stunning landscapes and expressive portraits.

This is your easily accessible guide to this wonderfully versatile, durable and luminous medium.



Harriet de Winton
9781846017070

Ilex Press
Paperback
320 pages
235x190mm
£19.99
18 March 2027

Watercolour Every Day

365 Days of Painting Projects

365 beautiful watercolour paintings to create throughout the year by bestselling author and watercolour tutor Harriet de Winton.

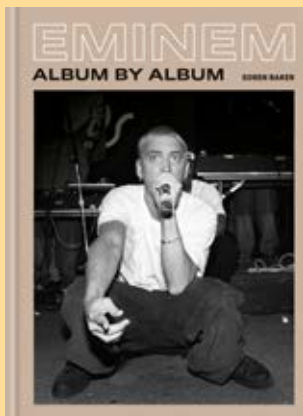
Create beautiful watercolour paintings, practise your craft and take delight in the simple everyday items and experiences so many of us share.

Award-winning and bestselling artist and tutor Harriet de Winton inspires you with 365 watercolour tutorials and ideas spanning twelve themed chapters. From cosy days at home to the first buds of spring and days out exploring, **Watercolour Every Day** uncovers the inspiration found in each day.

Complete with step-by-step tutorials and prompts, Harriet covers watercolour basics, tips and techniques and suggests colour palettes, making this the perfect guide whether you've never picked up a paintbrush before or are looking for inspiration to make painting a daily practice.



MUSIC



Eminem: Album by Album

Inside the life, lyrics and making of a legend

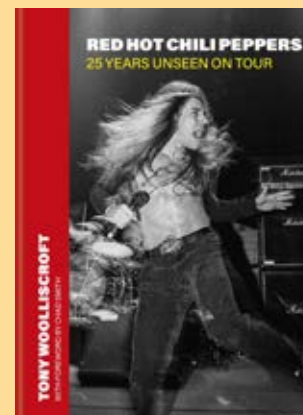
The definitive, illustrated biography of Eminem - 15-time Grammy winner with 17 Billboard Music Awards and 15 MTV Video Music Awards including MTV's global icon award.

Eminem is one of the most influential rappers of all time. Since his rise to fame in the 1990s, he has painted vivid portraits of disenfranchised lives and social injustice, wowing audiences the world over with captivating releases such as 'Lose Yourself', 'Stan', and 'Till I Collapse'.

This book charts Eminem's extraordinary rise, from growing up in poverty in Detroit to becoming a multi-award-winning rapper. Filled with striking photography, and structured album by album, his career-spanning history is unpacked - exploring the motivations, creative processes, and mentality that brought him to the top of hip-hop, and modern music at large.

Soren Baker
9781788407120

Cassell
Hardcover
240 pages
260x191mm
£30.00
4 March 2027



Red Hot Chili Peppers

25 Years Unseen on Tour

A definitive music photography collection featuring 70% previously unseen images and interviews to one of the world's most iconic rock bands - with a foreword by Red Hot Chili Peppers drummer, Chad Smith.

Red Hot Chili Peppers: 25 Years Unseen on Tour offers a rare, intimate glimpse into one of the world's most iconic bands through the lens of acclaimed British music photographer Tony Woolliscroft.

Documenting the Chili Peppers since 1990, Tony has traveled the globe with the band, gaining unparalleled behind-the-scenes access - from live shows to private hotel rooms. This book is more than just stunning photography; it's a collection of personal stories, candid moments, and never-before-heard anecdotes that reveal the band not only through Tony's lens but through his eyes.

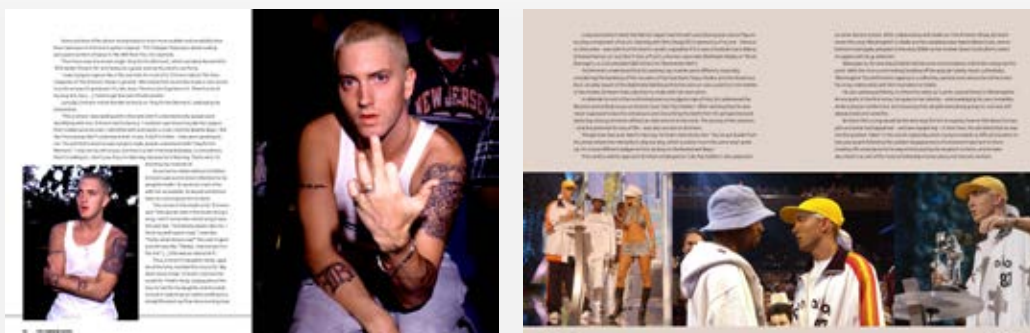
Tony's work is instantly recognizable, gracing multi-million-selling albums such as *Californication*. Red Hot Chili Peppers goes beyond performance to capture the personalities, humor, and humanity that define the Red Hot Chili Peppers. Decades of trust and friendship allow Tony to show the band as fans have never experienced them before.

Tony Woolliscroft
9781788406789

Cassell
Hardcover
240 pages
260x191mm
£30.00
22 October 2026

In the foreword, drummer Chad Smith writes:

"We love Tony and his work so much that he's the only person we give complete access to for an entire show. That's how much we trust him. His images make you feel like you're there. Like any true artist, and much like our band, he keeps searching and learning. He has grown with us, and you'll see that growth here as well. He has captured the essence of our band on film."





Fender: The Golden Age

1946-1970

A STUNNING NEW AND COMPLETELY REVISED EDITION OF THE FENDER BIBLE FOR 2025.

Leo Fender's guitars have arguably shaped modern music more than any other brand. This remarkable, fully updated tome collects together more rare Fender guitars than have ever been seen before.

Over 250 guitars in every model, style and finish are lovingly detailed, from the greatest to the rarest - Strats, Teles and the infamous Marauder. Includes brand new Precision Bass, Jazz Bass and Jaguar images, as well as hundreds of never-before-seen photographs from recently unearthed archives and specially commissioned shoots around the world.

Working with a worldwide network of collectors, each model has been photographed specially for the book. Alongside these exceptionally rare guitars are reproductions of Fender ephemera, from original packing boxes all the way through to previously unseen point of sale and promotional items - the largest collection ever published.

With brand new information unknown to the guitar world about Fender's early history, and the brand's influence around the world, this book is unparalleled in its depth. Discover the legacy of these vintage guitars, some of the most loved and collectible instruments in the world.

**Martin Kelly, Paul Kelly,
Terry Foster**

9781788404389

Cassell

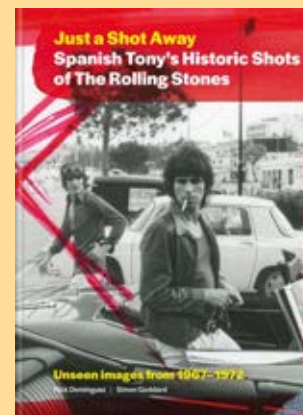
Hardcover

320 pages

280x216mm

£45.00

1 October 2026



Just a Shot Away

Spanish Tony's Historic Photographs of the Rolling Stones

This is The Stones as you've never seen them before. These are the unguarded, behind-the-scenes, candid photos of the group, taken between 1969 and 1973 when they were at the peak of their creative powers, at the vanguard of youth culture.

Taken by Keith's 'assistant', Spanish Tony, these never-seen-before images show the Rolling Stones relaxing in French villas; chilling at Keith's country pile; playing in concerts and TV specials and giving an intimate insight to life on the road.

From 1969 to 1973, Tony Sanchez was part of the band's inner circle. He was their unofficial photographer during a fertile and eventful creative period that saw the release of the likes of Beggar's Banquet, Sticky Fingers and Exile on Main Street. He captured the band members during moments of rest and play... and there was a lot of both.

This is the first collection of an incredible archive that unveils a previously unseen history and offers an intimate portrait that every Stones fan will adore. With over 200 images and context provided by respected music journalist and Stones expert Simon Goddard, *Just a Shot Away* is an illustrated music book like no other.

Tony Sanchez

9781788406697

Cassell

Hardcover

304 pages

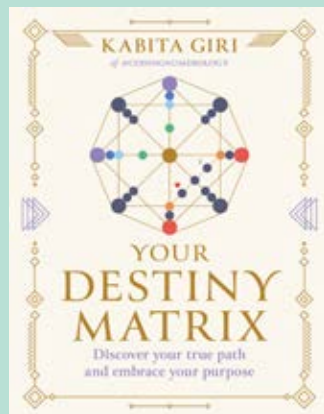
260x194mm

£40.00

4 March 2027



**MIND, BODY,
SPIRIT**



Your Destiny Matrix

Discover your true path and embrace your purpose

Unlock the secret code of your soul with this beautifully illustrated guide to understanding, reading and interpreting your destiny matrix chart.

Have you ever felt your life is guided by unseen patterns - that every choice and challenge is part of a greater design?

The Destiny Matrix reveals these hidden threads through a soul map of numbers and archetypes, etched into your being from the instant you were born. Rooted in numerology, Tarot, Kabbalah, energy archetypes and the chakras, the Matrix creates a chart unique to your birth date, offering insight into your true purpose, gifts and karmic lessons.

The Destiny Matrix works like a personality-based, energetic archetypal system. Each point on your chart corresponds to a number, and each number to a specific archetype drawn from the Major Arcana of the Tarot. These archetypes take on personal meaning within your Matrix, offering tailored guidance across the key areas of your life - from love and relationships to career, family and beyond.

This life-changing guidebook will show you how to craft, decipher and explore your personal Matrix. Alongside clear illustrations, you will learn how to uncover repeating patterns, transform challenges into opportunities and align with your highest potential.

Kabita Giri
9781841816838

Godsfield Press
Hardcover
192 pages
235x190mm
£20.00
8 October 2026



Find Your Angel

Channelling for purpose, healing and guidance

A modern guide to recognising angel signs and welcoming more comfort, clarity, hope and spiritual connection into your everyday life.

In this beautifully illustrated book, bestselling author and renowned angel expert Jacky Newcomb - the much-loved 'Angel Lady' - opens the door to the angelic realm and shows you how to experience its calm wisdom in your everyday life.

Whether you've believed in angels for years or are newly curious, this modern guide brings together the most treasured teachings from Jacky's two classics, Angel Secrets and Angel Blessings, to help you recognise angels' presence and welcome their support. Discover simple rituals, meditations and affirmations to deepen your connection, learn how to recognise angelic signs in areas such as love, purpose, abundance and wellbeing, and explore inspiring creative practices - from creating your own sacred space to writing personal blessings.

A soothing companion for anyone seeking reassurance, meaning and spiritual connection, this is a book to help your angels guide, comfort and inspire you every day.

You are never alone. Angels are always by your side, if you only learn how to listen.

Jacky Newcomb
9781841816999

Godsfield Press
Hardcover
192 pages
210x149mm
£18.99
10 June 2027





Mother Earth Magic

The Green Witch's Guide to Herbs and Legends

A beautifully illustrated guide to herbal witchcraft that weaves folklore, spell work and spiritual insight into the magic of various sacred herbs.

Tap into your inner green witch and harness the magic of the natural world with this guide to herbal spells from the TikTok sensation, Coven of Gaia. Blending mythic storytelling with hands-on magical practice, *Mother Earth Magic* guides you through the unique properties and folklore of each herb, alongside rituals, meditations and spells.

Learn how to craft dream pillows, cleansing sprays and spell jars, using herbs not only for their magical properties but also for their energetic and emotional support.

Contents include:

- 40 herb profiles including Mugwort, Sage and Patchouli, with 3 to 5 magical practices each.
- Instructions for spells, potions and rituals, such as a Guided Mugwort Meditation and a Divination Bath for Guidance.

Whether you're a seasoned practitioner or witchcraft-curious, *Mother Earth Magic* is a powerful invitation to reconnect with the plants, the old gods and your own inner wisdom.

Discover the magic of sacred herbs with this spellbinding guide to herbal witchcraft.

Julie Aspinall
9781841816753

Godsfield Press
Hardcover
192 pages
210x149mm
£20.00
13 May 2027



Sara Haydon
9781841816777

Godsfield Press
Hardcover
192 pages
210x149mm
£20.00
25 March 2027

The Power of Daydreaming

How to slow down, tune in & find purpose in your mind's wanderings

Rediscover the lost art of purposeful escapism with this beautiful guide to slow, intentional living.

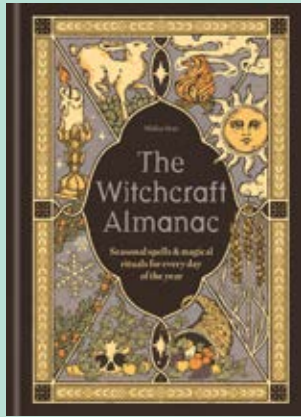
In an anxious, burnt-out world, mental health expert Sara Haydon encourages you to use your imagination not to escape your life, but to enrich it. This book is not about manifesting reality through dreaming; it is about living the dream as though it were already real.

Combining neuroscience, positive psychology, Nordic philosophies of slow living and soulful storytelling, Sara invites you to live more intentionally by getting a little lost in your own mind. With tools, exercises and beautifully expressed, unique concepts, *The Power of Daydreaming* reveals that dreaming is an essential practice for navigating modern life.

It's time to start dreaming again like your life depends on it - because actually, it does.

This is your permission to let your mind drift off.





The Witchcraft Almanac

Seasonal spells and magical rituals for every day of the year

The perfect year-round companion for all witches, with a spell for every day of the year.

This mystical almanac offers you a spell for every day of the year, helping you connect with nature's rhythms and discover magic that resonates with you all year long.

Expert witch Midia Star walks you through the Pagan Calendar, providing guidance on eight Wiccan Sabbats, including the Winter Solstice, Imbolc, the Spring Equinox and the Summer Solstice. Divided by season, every spell is thoughtfully crafted to be simple, effective and achievable using ingredients freely given by nature and easily found in your surroundings.

Contents include:

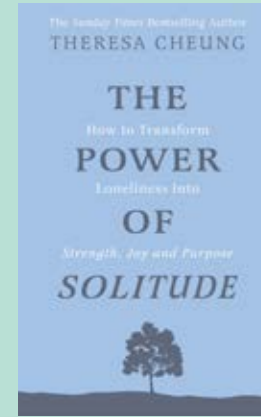
- Detailed advice on the best tools, ingredients and rituals for every point on the Wheel of the Year
- Powerful seasonal spells such as a Winter Solstice Gratitude Ritual and a Summer Solstice Sunstone Spell

Whether you are seeking love, abundance, peace, protection or personal power, this beautifully illustrated, timeless almanac will be your magical companion year after year.

Unlock the magic of every season with this essential guide for modern witches.

Midia Star
9781841816494

Godsfield Press
Hardcover
192 pages
210x149w mm
£18.99
27 August 2026



Theresa Cheung
9781841816555

Godsfield Press
Paperback
288 pages
216x135mm
£18.99
21 January 2027

The Power of Solitude

How to Transform Loneliness into Strength, Joy and Purpose

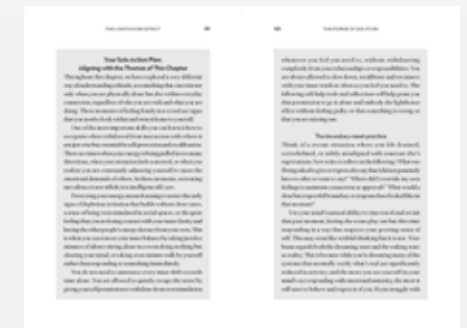
In a society that values busyness and constant connectivity, spiritual expert Theresa Cheung offers a refreshing new perspective on introspection, emotional resilience and spiritual growth.

Blending personal experience with scientific insight and practical self-help techniques, *The Power of Solitude* radically challenges conventional ideas about solitude, inviting you to rethink what it means to be alone. Theresa Cheung proves that, when wielded intentionally, solitude is a vital force that attracts joy, clarity, purpose and, paradoxically, greater connection with others.

Theresa draws on her own experiences of solitude (including a vow of silence in a nunnery, home-educating herself and the loneliness of caring for her husband with dementia) and case studies from monks, nuns, visionaries and ordinary people who find bliss in being alone, which will shift your perspective on loneliness forever. As you learn to let go of what you cannot control in life, FOMO becomes the joy of self-reflection, and getting ghosted after a date becomes an opportunity to recalibrate.

By embracing time spent alone, we can reconnect with the deepest parts of ourselves, tapping into our inner strength, creativity and spiritual depth to attract a more fulfilling life.

Being alone does not have to mean being lonely - discover the life-changing benefits of solitude with spiritual expert, Theresa Cheung.



**HEALTH
& WELLBEING**



Dr. Sam Bunting
9780600640028

Hamlyn
Hardcover
192 pages
246x189mm
£25.00
24 September 2026

Flawless
Your ultimate guide to bright, clear skin

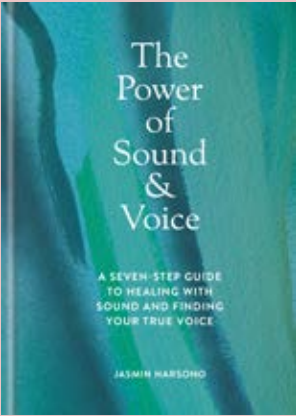
Your ultimate guide to bright, clear skin from Dr Sam Bunting, cosmetic dermatologist and founder of global skincare brand Dr Sam's.

Most skincare advice is either confusing or wrong. *Flawless* cuts through the noise to deliver what actually works.

Dr Sam Bunting is a cosmetic dermatologist who has spent over two decades treating patients at her Harley Street practice and building one of the UK's most trusted skincare brands. She knows what actually works and, just as importantly, what doesn't.

This is not a book about doing more. It's a book about doing the right things: choosing the right ingredients, in the right combination, at the right concentration. Those principles have guided every patient consultation, every formula, and every line of this book - all in pursuit of the same goal: bright, clear skin for life.

Whether you're starting from scratch or untangling years of conflicting advice, *Flawless* gives you the knowledge to take control of your skin and transform it.



Jasmin Harsono
9781841816630

Godsfield Press
Hardcover
192 pages
210x149mm
£18.99
5 November 2026

The Power of Sound & Voice
A seven-step guide to healing with sound and finding your true voice

A new way to access the benefits of sound healing by harnessing the power of your own voice.

Since ancient times, sound has been used as a sacred tool for connection and creation. Today, science confirms what our ancestors knew: healing sounds can help to ease stress and anxiety, calming the mind and soothing the nervous system.

In this beautifully illustrated guide, renowned meditation teacher Jasmin Harsono invites you into a deeper conversation with yourself by revealing that your own voice is the most powerful instrument of all. Moving beyond sound baths and singing bowls, she offers a step-by-step pathway to reconnect with your physical voice and awaken your true, symbolic voice.

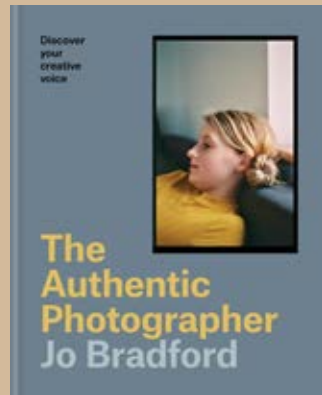
Blending meditation, science and personal storytelling, Jasmin shares accessible practices - humming, toning, breath awareness, body scanning, movement, energy work and more - that will help you release old patterns, clear stagnant energy and step into a more confident, empowered self.

The Power of Sound & Voice is your toolkit for transformation; an invitation to harness the wisdom of sound and discover the power that's been within you all along.

Unlock the healing power of your own voice.



PHOTOGRAPHY



The Authentic Photographer

Finding your creative voice

Based on best-selling author Jo Bradford's consistently sold-out six-week course for the Royal Photographic Society, this is a structured and practical approach to photography for those who struggle with creativity and finding a personal style.

Have you mastered the basics of camera control but still struggle with finding your authentic voice?

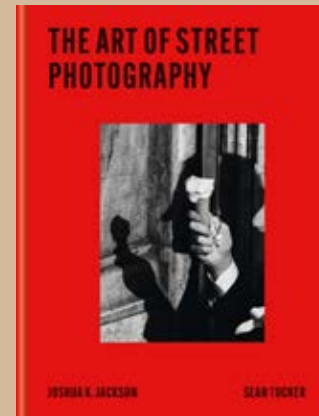
Based on best-selling author Jo Bradford's consistently sold-out six-week course for the Royal Photographic Society, this book provides a clear and concise pathway to finding your personal style, and overcoming creative blocks.

The chapters are structured around key photographic themes, from composition to communication. Each section is packed with project-based exercises, encouraging photographers to not only deconstruct their artistic approach, but also reflect upon and be led through the process of rebuilding it. Blending historic ideas about photography and image-making with current concepts around creativity, this is a modern take on the fundamentals of photography and finding inspiration in simplicity.

The ultimate companion for photographers looking to get out of a creative rut, take their photography forward, and discover new ideas.

Jo Bradford
9781781579596

Ilex Press
Paperback
192 pages
235x190mm
£25.00
4 March 2027



The Art of Street Photography

Express the Moment

Master the art of street photography with acclaimed photographers Joshua K. Jackson and Sean Tucker, as they share timeless lessons, striking visual inspiration, and practical techniques to transform your images.

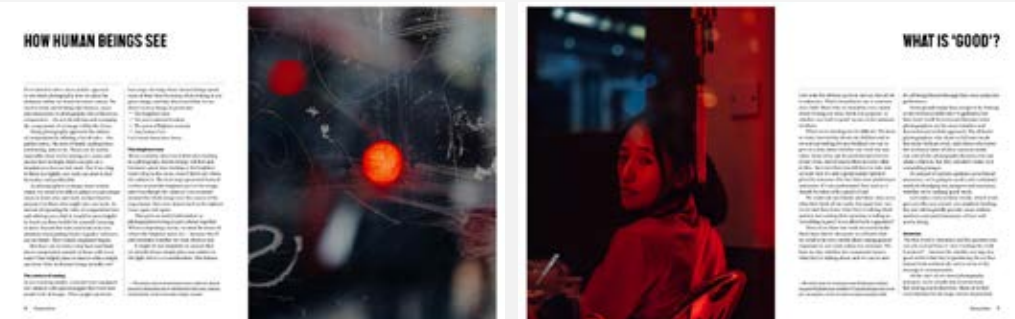
In *The Art of Street Photography*, photographers Joshua K. Jackson and Sean Tucker present a more interpretive and artistic approach to street photography.

This book expands the scope of street photography from its more traditional 'reportage' roots to uncover your own subjective and creative visual voice. Throughout the book you will get ideas about how to use the public space as your canvas and your camera as a tool for personal expression. This approach invites you to imbue your work with personal meaning and share your perspective on the world as you seek to show the ordinary everyday in extraordinary ways.

Whether you are a seasoned street photographer or just beginning, this book will inflame your curiosity and creativity. Packed with wisdom, encouragement, and striking imagery, *The Art of Street Photography* will shift your photography from a merely technical exercise to something truly artistic.

**Joshua K Jackson &
Sean Tucker**
9781840919950

Ilex Press
Hardcover
272 pages
260x191mm
£30.00
11 June 2026



REFERENCE



Omega: Watch by Watch

150 years of timepiece perfection from the sea to the moon

No other company can say that its watches have been worn on the moon, at the deepest point of the oceans and by James Bond, as well as being used to time almost every Olympic Games since 1932.

Founded in 1848, Omega has almost 180 years of continuous operation to its name, and is one of the best-known and most historically important watch brands in the world. It has consistently pursued technological innovation, from the first minute-repeater wristwatch in 1892 to the industrialisation of the co-axial escapement, a major breakthrough in mechanical timekeeping in 1999. It remains the official supplier of watches to every NASA mission, and has produced some of the most recognisable - and radical - designs in watch history.

Omega Watch by Watch is the most comprehensive overview of the incredible stories behind Omega's output. With more than 125 standout watches featured, including the Speedmasters that went to the moon, it highlights the diversity and ability of the Seamaster range, the beauty and accuracy of the Constellation and the fundamental importance of military timekeeping, as well as several forgotten gems from the brand's archives.

Insightful commentary from industry expert Chris Hall accompanies specially photographed images that show these rare, valuable and interesting timepieces in wonderful detail. Presented in a luxury design and slipcase, this is the perfect book for anyone interested in watches, their design and their impact on the wider world.

Chris Hall
9781788407144

Cassell
Hardcover
304 pages
280x230mm
£55.00
4 March 2027



Future Sneakers

The world of independent sneaker designs

A new movement is happening in the world of sneakers. Collectors are seeking shoes made by brave, new, innovative and importantly, independent manufacturers. *Future Sneakers* documents a shift in how shoes are designed, made and valued. The focus is returning to the craft of construction, materials, performance and intent.

Featuring 100 different designs, from 30 manufacturers in 15 different countries across the world, this book follows the creatives, studios, and emerging labels who approach footwear as a design discipline. Hundreds of meticulously photographed shoes, prototypes, and process details foreground the sneaker as an object shaped by craft, technology, sustainability and use. Trail and outdoor designs sit alongside experimental manufacturing and refined everyday approaches, each offering a distinct response to a key need.

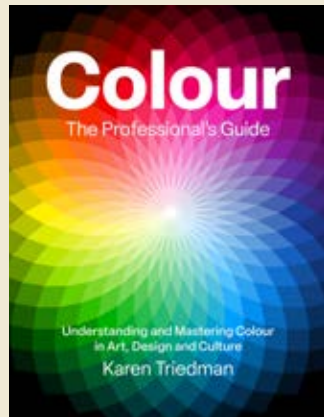
Interviews and conversations trace the stories behind these projects, from development constraints and production choices to the question of longevity. Studio photography, and ephemera place the shoes within a broader cultural field without reducing them to a mere trend.

Future Sneakers is not a retrospective and not a catalogue. It is a considered account of what is being built now, and a celebration of imagination and creativity.

Simon See
9781788407328

Cassell
Hardcover
304 pages
280x230mm
£50.00
7 October 2027





Colour: The Professional's Guide

Understanding and Mastering Colour in Art, Design and Culture

Covering the theory, psychology, history and application of color, *Colour: The Professional's Guide* removes the grey areas from the full colour world of contemporary design, providing designers from all disciplines with everything they need to become true, confident colourists.

Colour is one of the most complex elements of design; it is also what viewers respond to first on an emotional level.

Understanding how colour works is essential for graphic designers, interior designers, artists and anyone who works with colour.

- Colour theory including definitions, theoretical colour and colour organization
- Psychology and culture of colour
- Colour through history
- Colour in art: painting, photography, poetry and film
- Colour design and experience including design principles, colour in branding, experiential design and colour consulting

Karen Trieman
9781846017414

Ilex Press
Hardcover
256 pages
235x201mm
£30.00
11 March 2027

Asgard

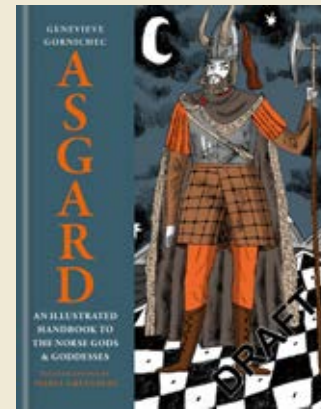
An Illustrated Handbook to the Norse Gods & Goddesses

A beautifully illustrated handbook to the Norse gods and goddesses, the perfect companion to contemporary mythical retellings.

EXPLORE THE MYTHICAL PAST, MEET THE NORSE GODS AND GODDESSES AND DISCOVER WHY THEIR STORIES STILL THUNDER THROUGH OUR IMAGINATION TODAY...

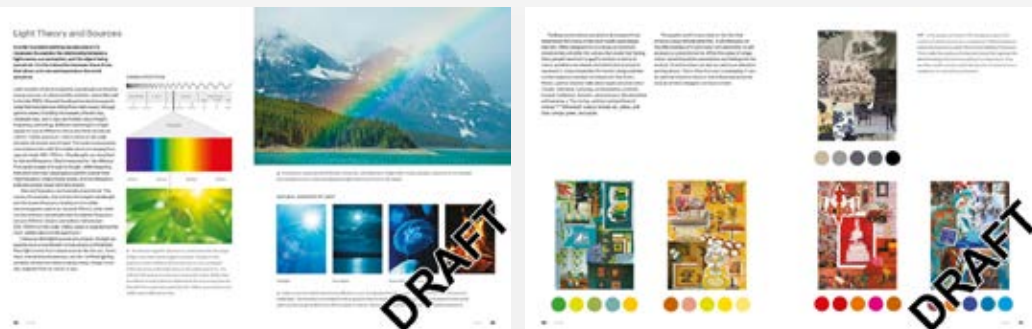
Have you ever wondered how Odin gained his wisdom? Or why Thor's hammer never misses its mark? Want to know the story behind Freyja's feline chariot?

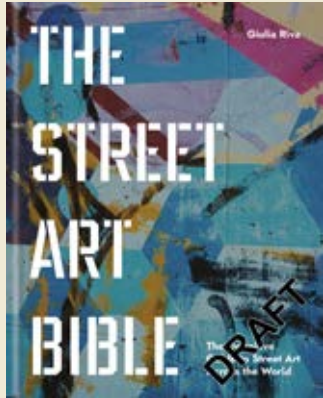
Whether you're already steeped in the sagas or encountering these myths for the first time, this handbook is your essential guide to the characters of Norse mythology. Drawing on sources ranging from the Poetic and Prose Edda to Viking Age rune stones and medieval manuscripts, this book offers rich and revealing profiles of each god, goddess, giant, hero and monster. Discover their origins, their most famous exploits, and the attributes that define them - from ravens and wolves to hammers and necklaces - and learn how to recognise these powerful figures in art, legend and modern storytelling.



Genevieve Gornichec
9781846017698

Ilex Press
Hardcover
208 pages
210x165mm
£22.00
6 July 2027





The Street Art Bible

The definitive guide to street art as a contemporary cultural language

Street art is a contemporary visual language spanning cities, networks and sharing practices that cross borders.

Celebrating the vibrant styles and stunning artworks spanning the globe and urban contexts, *The Street Art Bible* is the definitive guide to this celebrated and significant art style. Expert street art researcher Giulia Riva guides you through the iconic artists, genres and movements as well as introducing you to a host of lesser known artists and cultural scenes.

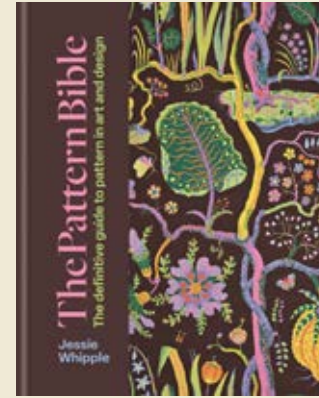
- Considers street art as an art form including techniques, tools and appreciation.

- Evaluates the cultural contexts which these artists operate within and respond to.

- Features over 90 profiles of global street art icons including Banksy, Obey, KAWS and Roa.

Giulia Riva
9781846018367

Ilex Press
Hardcover
320 pages
200x160mm
£28.00
5 August 2027



The Pattern Bible

The definitive guide to pattern in art and design

The definitive guide to pattern for designers, artists and creatives covering a global spread of patterns, their evolution, cultural significance and use in fashion and interiors.

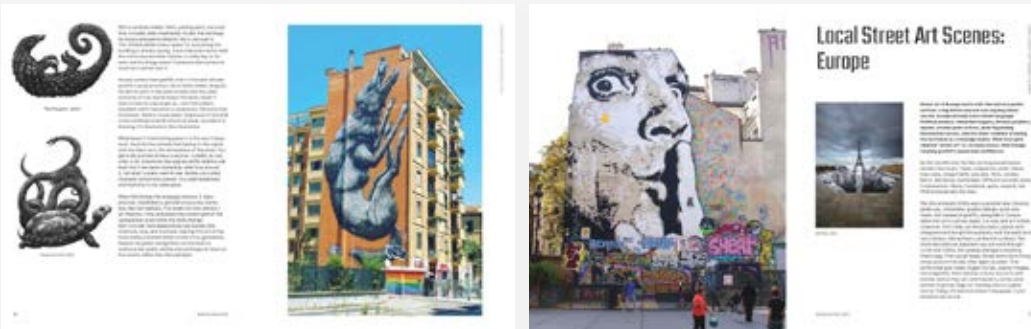
From the intricate paisleys of India to the geometric motifs of the Middle East and the floral designs of East Asia, *The Pattern Bible* takes readers on a captivating journey through the centuries and across continents, uncovering the fascinating stories behind some of the world's most iconic patterns.

Categorized by key print themes including nature, skins, geometrics and abstracts, this comprehensive guide explores the pattern's origins and influences, revealing how they have been shaped by the migration of people and the exchange of goods along trade routes.

Essential reading for fashion designers, interior designers, visual artists and graphic designers, as well as anyone interested in the global history of art and culture, *The Pattern Bible* offers both a visual feast and a rich historical and cultural insight into the world of pattern.

Jessie Whipple
9781846016288

Ilex Press
Hardcover
320 pages
200x160mm
£28.00
4 February 2027





Mahjong

From Beginner to Winner

The ultimate guide to the addictive trending strategy game.

Master one of the world's most fascinating tile games with this beautifully illustrated guide to the classic Chinese game of Mahjong.

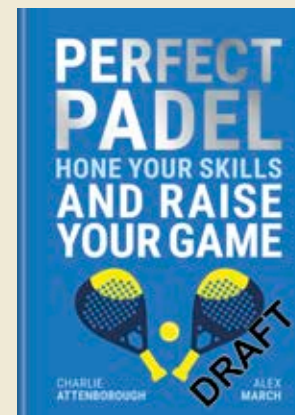
Whether you're completely new to the game or looking to improve your strategy, *Mahjong: From Beginner to Winner* will build your confidence with clear, step by step instructions and helpful diagrams throughout.

Discover the history of Mahjong, learn how to choose and identify a Mahjong set and master the basic rules. As your confidence grows, explore practical strategies to improve your play and discover the most popular variants, including Classical Chinese, American, Riichi, British, Australian, Mahjong Competition Rules and two- and three-player games.

Complete with a cheat sheet of special hands and scoring information to consult while you play, this beautiful, accessible guide is perfect for learning at home, bringing along to your Mahjong club or giving to your Mahjong-curious friends. Beautifully designed and fully illustrated, this is the essential guide for anyone interested in this hugely entertaining game of skill and strategy.

Seth Brown
9781788407502

Cassell
Hardcover
224 pages
210x149mm
£18.99
11 March 2027



Alex March & Charlie Attenborough
9781788407250

Cassell
Hardcover
160 pages
210x149mm
£14.99
6 May 2027

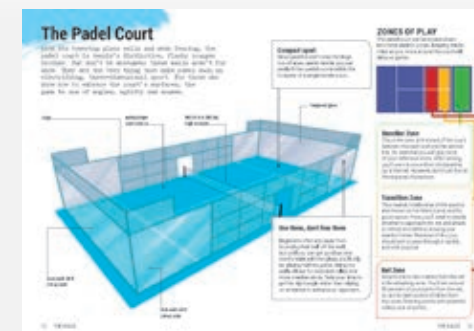
Perfect Padel

If you've got a racket, a ball, a padel partner and passion, then this is the book for you. It's a padel coach in your pocket.

With its signature glass walls, its social nature and mix of mental and physical agility, padel is taking the world by storm. From its backyard beginnings in sixties Mexico, to packed courts across 100 countries, millions of players have caught the padel bug.

If you're looking for ways to level up your game, this book has you covered. With detailed diagrams, step-by-step drills and troubleshooting tips for every ability level, you have all you need to hone your shots, your strategy and your stamina.

- Core shots, footwork and grip so you can master the basics
- Advanced shots to take you from novice to expert
- Top tactics to put your opponents on the back foot
- Game strategies that make you think about more than your next shot
- How to work as a pair to maximise your game
- Troubleshooting for ex-tennis players
- Training tips and drills to improve your accuracy, agility and stamina
- Insider info to get you tournament ready





Briggs's Book of Fairies

Banshees, Boggarts and Other Folklore Creatures

A beautiful, new edition of the concise encyclopedia of Folklore from seminal figure Katharine Mary Briggs, with beautiful, bespoke illustrations by Fee Greening.

Katharine Mary Briggs (1898-1980) was a British folklorist, scholar and author, recognised today as the most important archivist of British folktales. Over the course of her life, she published fourteen books, lectured widely and was president of The Folklore Society. Her books were read and used by contemporaries including J.R.R. Tolkien. To reflect the monumental work Briggs did to collect, catalogue and publish folk stories from Britain and Ireland before the turn of the 21st century, The Folklore Society present an annual award in her honour.

This new edition of one of Briggs' seminal works is an exquisite encyclopedia of folklore creatures and tales, illustrated in rich detail with drawings by artist Fee Greening. From brownies to Shetland selkies, Cornish spriggans to Nuckelavee (the most horrid of monsters in all of Britain) *Briggs's Book of Fairies* is a treasury of stories, songs and creatures passed down from one generation to the next.

Katharine Briggs
9781800963689

Monoray
Hardcover
176 pages
235x190mm
£25.00
14 October 2027

'When it comes to the world of fairies Katharine Briggs is the greatest authority by many a league, and this is the finest guide ever written.' - PHILIP PULLMAN

'Katharine Briggs's Dictionary is truly wonderful: vivid, witty, and full of a profound and generous knowledge that will thrill both children and adults. Spectacular.'
- KATHERINE RUNDELL



Richard Folkard
9781788407182

Godsfield Press
Hardcover
144 pages
210x149mm
£16.99
19 January 2027

Plants of the Christian Church

Plant lore & floral symbolism

A beautifully illustrated compendium of plants and wildflowers from Europe and the Holy Land, and the folk stories, legends and symbolism that give them their significance and sacred meaning in Christian faith and tradition.

Plants of the Christian Church is a fascinating insight into the folklore and spiritual uses of plants traditionally associated with biblical figures and locations including Mary, Jesus, the Garden of Eden, the apostles and saints.

Beautifully illustrated with vintage botanical plates and reproductions of classical artwork, as well as featuring text from the original work - Plant Lore Legends & Lyrics - this full-colour edition delves into the long association between common plants and wildflowers of Europe and the Holy Land, and the figures of the Bible.

From Mary's connection with the lily, snowdrop and narcissus, to the crown of thorns, the tree of paradise and the Judas tree, discover the long history of telling the stories of the Bible through plants, and the way in which artists through the centuries have used plant symbolism in their work to create images of some of the most resonant stories in history.

Plants of the Christian Church is essential reading for anyone interested in the botanical and folkloric legends of Christian tradition, or the imagery and art that reference it.





How to Speak Scent

Colognes, perfumes and fine fragrances

Your essential guide to the world of fragrances, explore everything from what notes to look for to what scent to wear for special occasions, and what scents say about you.

Colognes, aftershaves, perfumes, fragrances, scents: there are so many ways to describe those little bottles of fine-smelling liquid that we dab, spray and mist on ourselves every day. But our love of fragrances runs so much deeper than just buying a scent because we like the way it smells. Scent is so evocative, yet so personal; the fragrances we choose tell a story, saying much about us and how we want to be perceived - from subtle, floral notes to warming oud, our obsession with scents runs deep.

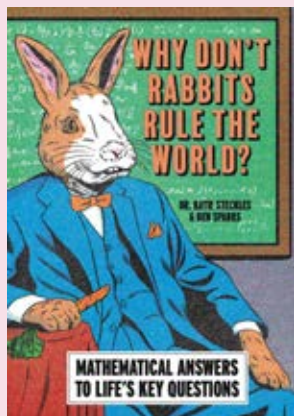
How to Speak Scent takes you on a journey into this fascinating world, explaining how to tell top notes from mid notes, base notes, dry down and lingering dry down, how to choose a fragrance for special occasions, what different scents say about you, and breaking scents down into their distinct themes: woody, floral, amber, fresh. Featuring some of the most renowned and innovative perfumes from powerhouses such as Chanel, Guerlain, Jean Paul Gaultier, Tom Ford, and Issey Miyake, this book is an essential companion for anyone with a passion for fragrance.

Jo Fairley & Lorna McKay
9781804194140

Kyle Books
Hardcover
128 pages
174x131mm
£12.99
30 July 2026



SMART THINKING



Why Don't Rabbits Rule the World?

Mathematical answers to life's key questions

Acclaimed mathematicians Ben Sparks and Dr Katie Steckles reveals how maths make sense of life's trickiest questions.

Have you ever wondered why, despite their adorable exterior, rabbits haven't taken over the world? Are you struggling to land a date? Or bend a free kick like Beckham?

These questions - though frustrating and sometimes absurd - are more than just matters of bad luck. They're puzzles that mathematics can help solve.

In *Why Don't Rabbits Rule the World?*, mathematicians Ben Sparks and Dr. Katie Steckles reveal how numbers make sense of life's most head-scratching questions. From spotting lies to winning (or wisely losing) bets, from splitting the bill without arguments to predicting the quirks of nature itself, this book shows how maths can tackle problems you didn't even know you had.

With wit, clarity, and plenty of puzzles and paradoxes to keep you thinking, discover the hidden role numbers play in our everyday lives.

**Ben Sparks &
Dr Katie Steckles**
9781788405997

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18 June 2026

THE POISONED PIZZA PUZZLE



Let's start with the basics. A pizza is divided into 8 slices. One slice is poisoned. How many people must eat to find the poisoned slice?

First, let's consider the worst-case scenario. If the poisoned slice is the last one eaten, then 8 people must eat to find it.

But what if we can do better? What if we can find the poisoned slice with fewer than 8 people?

The answer is yes! In fact, we can find the poisoned slice with just 3 people.



Can you find it? The answer is yes! In fact, we can find the poisoned slice with just 3 people.

The answer is yes! In fact, we can find the poisoned slice with just 3 people.

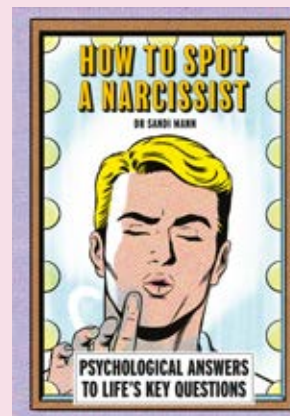
The answer is yes! In fact, we can find the poisoned slice with just 3 people.

ARE THESE STATISTICS LYING?

Company	Revenue	Profit	Market Cap
Apple	\$261.6B	\$70.1B	\$2.5T
Microsoft	\$170.9B	\$50.1B	\$2.3T
Amazon	\$135.8B	\$30.1B	\$1.8T
Google	\$109.4B	\$27.1B	\$1.6T
Facebook	\$68.4B	\$18.1B	\$1.2T
Twitter	\$5.5B	\$1.1B	\$55B
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Zoom	\$0.4B	\$0.1B	\$4B

Are these statistics lying? The answer is yes! In fact, we can find the poisoned slice with just 3 people.

The answer is yes! In fact, we can find the poisoned slice with just 3 people.



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How to Spot a Narcissist

Psychological answers to life's key questions

Dr. Sandi Mann unlocks the secrets of the human mind with wit and warmth, transforming everyday questions into fascinating psychological insights that reveal why we think, feel, and behave the way we do.

Can you tell if someone's lying? Or tell if someone's in love with you? What if motivation wasn't just a feeling, but a formula you could follow?

In this witty, mind-bending book, expert psychologist and lecturer Dr. Sandi Mann peels back the curtain on life's head-scratching questions. From becoming a morning person to discovering the secret science behind an early promotion, Dr. Mann reveals the surprising quirks and curiosities of human behaviour.

Explore how psychology offers unexpected insights into the weird, wild, and wonderful questions you never thought to ask.

THE PSYCHOLOGY BEHIND 'LOVE AT FIRST SIGHT'

Have you ever been struck by a beautiful stranger? If so, you're not alone. Love at first sight is a real phenomenon, and it's not just a romantic notion. In fact, it's a complex psychological process that involves a lot of factors, including hormones, brain chemistry, and social cues.

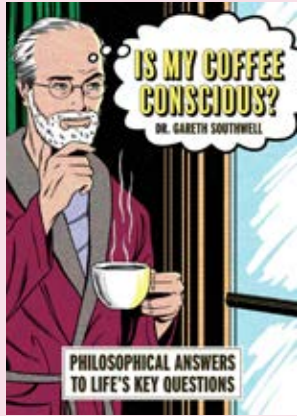
The answer is yes! In fact, we can find the poisoned slice with just 3 people.



The answer is yes! In fact, we can find the poisoned slice with just 3 people.



Top 10 things that make us love	Percentage of people who agree
1. Looking into someone's eyes	92%
2. Hearing someone's voice	88%
3. Smelling someone's perfume	85%
4. Feeling someone's hand	82%
5. Seeing someone's smile	78%
6. Hearing someone's laughter	75%
7. Seeing someone's tears	72%
8. Hearing someone's heartbeat	68%
9. Seeing someone's sweat	65%
10. Hearing someone's breath	62%



Gareth Southwell
9781788406550

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Is My Coffee Conscious?

Philosophical Answers to Life's Key Questions

In this witty and mind-bending book, philosopher Gareth Southwell uncovers the weird world of philosophy woven into the fabric of everyday life.

Were you Napoleon in a past life? Is your coffee conscious? And do you really have free will - or are you just a pre-programmed brain in a jar?

In this witty and mind-bending book, philosopher Gareth Southwell uncovers the weird world of philosophy woven into the fabric of everyday life. From the mysteries of the mind (are your memories really yours?), to living the good life (can I do wrong to do right?), and a host of other conundrums, *Is My Coffee Conscious?* explores life's biggest questions in the most unexpected of places.

Packed with brain-boggling thought experiments, real-world dilemmas and a host of 'wait...what?' moments, the book proves that philosophy isn't just for ancient scholars - it's for anyone who's ever doubted if we really landed on the Moon, fallen in love with their best friend, or wondered if their laptop is secretly judging their search history...



Ken Okona-Mensah
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Why Do I Get Butterflies in my Stomach?

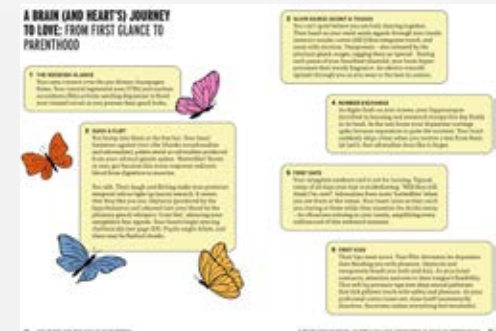
Biological Answers to Life's Key Questions

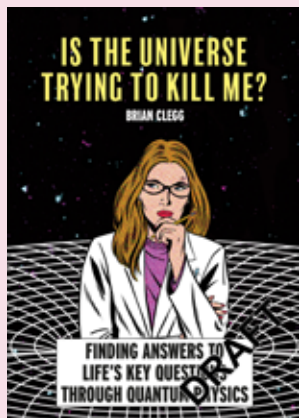
Through everyday questions, expert science writer Ken Okona-Mensah reveals how your choices, emotions, and behaviours are shaped - often without your awareness - by complex biological systems.

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In this eye-opening exploration of the body's hidden intelligence, expert science writer Ken Okona-Mensah reveals how your everyday choices, emotions, and behaviours are shaped - often without your awareness - by complex biological systems. From the microbes in your gut, to the rhythms of your heart, *Why Do I Get Butterflies In My Stomach?* uncovers the unconscious biology driving everything from trust and attraction to disease, stress, and decision-making.

Packed with strange-but-true facts, evolutionary oddities, and plenty of 'ohhh, so that's why' moments, this book reveals that biology isn't just something you learned in school - it's the hidden force behind why the countryside heals, who you love, the friends you choose, and so much more.





Is the Universe Trying to Kill Me?

Finding Answers to Life's Key Questions through Quantum Physics

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HAVE I GOT FREE WILL?

HOW DO YOU BUILD A STAR WARS TRANSPORTER?

CAN I LEARN TO READ MINDS?

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From whether black holes really leak to why the Sun shines (and why it shouldn't!), from why hot things glow to whether it's possible to travel backwards in time, this book uncovers the science behind everything from your body to the natural world - and the universe itself!

Brian Clegg

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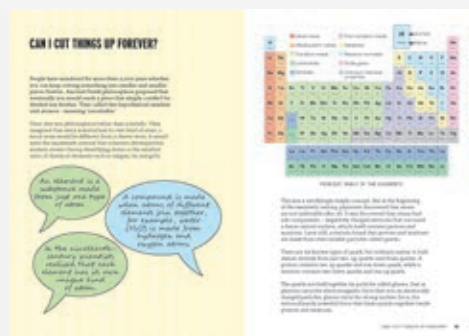
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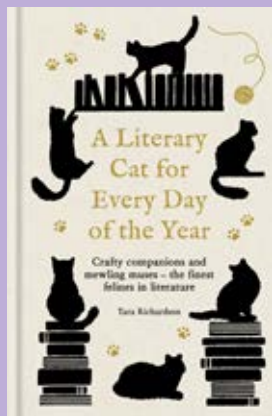
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GIFT



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"If animals could speak, the dog would be a blundering outspoken fellow; but the cat would have the rare grace of never saying a word too much."

— Mark Twain

Cats and literature go together like tea and cake. It's not that you can't have one without the other, but there is a certain rightness to the pairing. Writers have chosen many animal companions over the years - often dogs, sometimes a raven (Charles Dickens) or, most oddly, a wombat (Dante Gabriel Rossetti) - but perhaps the most common is the cat.

From Six Dinner Sid and T.S. Eliot's rebellious Rum Tum Tugger to the infuriating Cheshire Cat of Wonderland and Behemoth the Cat, the demonic shapeshifter of Bulgakov's *The Master and Margarita*, *A Literary Cat for Every Day of the Year* draws together quotes and passages from poems and stories in celebration of the most famous cats in literature.

A must-have for all cat-lovers and book lovers, this inspirational collection is the perfect gift for feline fans to treasure all year long.

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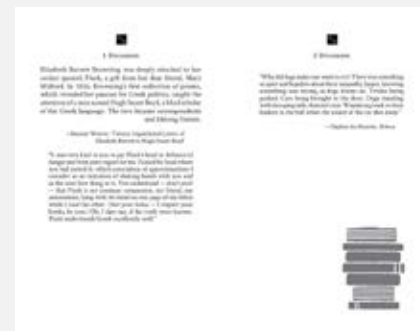
"Outside of a dog, a book is man's best friend. Inside of a dog, it's too dark to read." - Groucho Marx

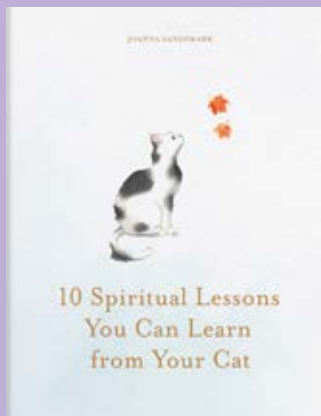
Dogs and writers seem to belong together like bread and butter: you can't one without the other... well, not really. From John Steinbeck's poodle Charley and Philip Pullman's cockapoos, to Mr Rochester's Pilot and the faithful Argos of Homer's *Odyssey*, we have all grown up with a dog - whether real or fictional - there is a certain rightness to the pairing. And as valuable as they are in terms of companionship, dogs can occasionally make shrewd editors. In this book, we'll meet more than one pooch who has seen fit to devour part of a manuscript, obliging the author to try again, no doubt improving on the original.

Rediscover the joy of childhood friends and much-loved pets with this selection of quotes and passages from poems and stories that celebrate some of the most memorable and best-loved dogs in literature. *A Literary Dog for Every Day of the Year* is a must-have for all dog and book lovers, this inspirational collection is the perfect gift for canine connoisseurs to treasure all year long.

Also available in the series:

A Literary Cat for Every Day of the Year





10 Spiritual Lessons You can Learn from your Cat

*Essential Life Lessons We Can Learn From
Our Furry Friend*

Feel-good lessons and practical daily life skills we can pick up from our pets for a life lived in contentment. The perfect gift for any cat lover.

Cats are more than just furry friends and companions - they are members of our family who bring purpose and joy to our lives. They are often so much more to us than mere pets, and if we look closely enough there are lessons we can learn from our four-legged friends to improve both ourselves and our wellbeing.

10 Spiritual Lessons You Can Learn From Your Cat looks at what we can learn - from taking a leaf out of our feline friends' book by learning how to sit back and watch the world go by to striking a balance between self-reliance and dependency. Full of practical, accessible, easy-to-follow advice, this book will help you unleash your carefree spirit and focus on the good things in life.

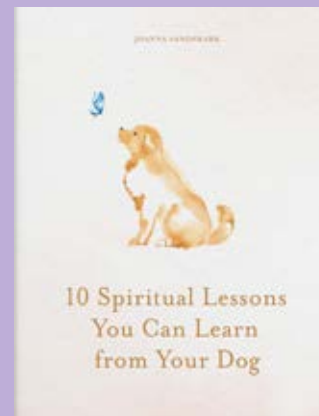
Beautifully packaged as a stylish hardback, this edition makes the perfect gift for any cat lover or even just those looking to improve their wellbeing.

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Joanna Sandmark
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10 Spiritual Lessons You Can Learn From Your Dog looks at what we can learn - from taking a leaf out of our loyal friends' book by learning how to sit back and watch the world go by to embracing your their sense of joy and playfulness. Full of practical, accessible, easy-to-follow advice, this book will help you unleash your carefree spirit and focus on the good things in life.

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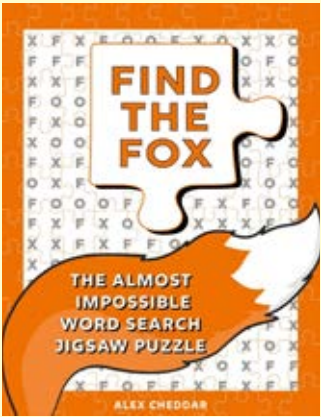
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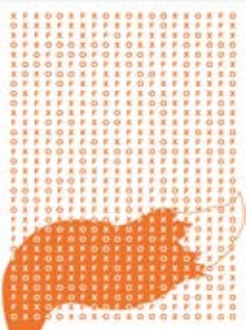
Find the Fox: The Jigsaw
The Almost Impossible Word Search Jigsaw Puzzle

From the creator of *Find the Fox* and *20,000 Cows* comes a 100-piece, 2-sided word search jigsaw puzzle that's designed to drive you bonkers. In amongst the 1,200 plus letters, the elusive word 'FOX' is hidden just once. Can you find the 'FOX'?

Are you ready for a challenge that will make you question your life choices? *Find the Fox* is the word search jigsaw puzzle that's designed to give your brain a serious workout. In amongst this 100-piece puzzle, the elusive word 'FOX' is hidden just once. Yes, you read that correctly - just once! If you can't find it, try again with the puzzle on the other side - the word surely must be there... right?! It's like finding a needle in a haystack, if the haystack was made entirely of needles and you had to make the haystack.

Find the Fox is just like a normal word search: the word 'FOX' can appear either horizontally, vertically or diagonally and could be either forwards or backwards. What sets it apart? Not only do you have to assemble the jigsaw, you then have to find the word. Are you up for the challenge? Good luck.

- 100-piece double-sided mini puzzle featuring the elusive word 'FOX' just once
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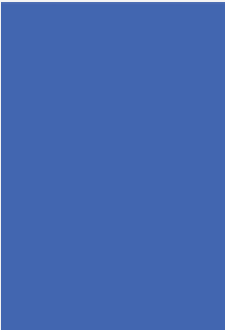
The bestselling *The Colour Bible*, which has sold over 48,000 copies including 7 languages, reformatted into an easy-to-use 50 card deck showing colour values, connotations and uses.

An essential source for graphic designers, artists, interior designers, fashion designers, illustrators and creatives of any kind who work with colour.

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Books Build Bright Futures

Dear Publisher,

We'd love your attention for one more page to share more information about Hachette's **Raising Readers campaign** and why it matters so much to us. We also hope it might inspire you to join us in helping more children discover a love of reading.

Research has shown that reading for pleasure is one of the strongest predictors of a child's future life chances, even outweighing factors such as family background, parental education and income.

It is linked to better educational outcomes, stronger mental wellbeing, improved communication skills, greater confidence and ambition, and happier, healthier lives¹.

And yet reading for pleasure among children is in steep decline. Young people today face more competition for their attention than ever before. From our conversations with colleagues and publishing partners around the world, we know this is not just a UK challenge. Many countries are seeing the same worrying trend.

At Hachette, we work closely with schools, libraries and literacy charities to help children become readers. But there are also simple things that parents, carers, teachers, relatives and friends can do every day:

- Read to children for just ten minutes a day
- Don't give up if a child doesn't yet see themselves as a reader. There's a book out there for everyone
- Visit bookshops and libraries and ask for recommendations
- Encourage children to try audiobooks as well as print
- Support and champion school libraries
- Give books as gifts whenever you can

As part of the campaign, we have started including a version of this message at the back of our books, in both print and digital editions. We're now inviting other publishers to do the same, so together we can reach more families and help spread the word about the importance of reading.

If you'd like to find out more, or see the materials we have been using, please get in touch with a member of our Rights team. You can also discover more ideas and advice at www.RaisingReaders.co.uk.

Thank you for taking the time to read this, and for everything you do to bring books and reading to young people around the world.

¹. OECD, '21st-Century Readers: Developing Literacy Skills in a Digital World', 2021, https://www.oecd.org/en/publications/21st-century-readers_a83d84cb-en.html

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