

CRESSIDA COWELL  
HOW TO TRAIN YOUR  
DRAGON  
ACTIVITY PACK







# CONTENTS

## Section 1: Creative activities

- Design a dragon
- Make your own crown
- Dragon colouring in
- Design your own Viking Shield
- How to draw a Viking

## Section 2: Viking training

- Write like a Viking
- Can you speak Dragonese?
- Gruesome Viking facts

## Section 3: Party inspiration

- Party games
- Costume ideas

### Also available:

Dragon Spotting pack, featuring ten dragons  
to find and accompanying activity sheet

DOWNLOAD  
DRAGON-SPOTTING  
PACK HERE







# SECTION 1:

## CREATIVE ACTIVITIES





# DESIGN A DRAGON

Dragon Name .....

## Statistics:

Colours .....

Armed with .....

Defences .....

Radar .....

Hunting Ability.....

Speed .....

Fear Factor .....

## Dragon Description:

.....

.....

.....

.....

.....

.....

.....



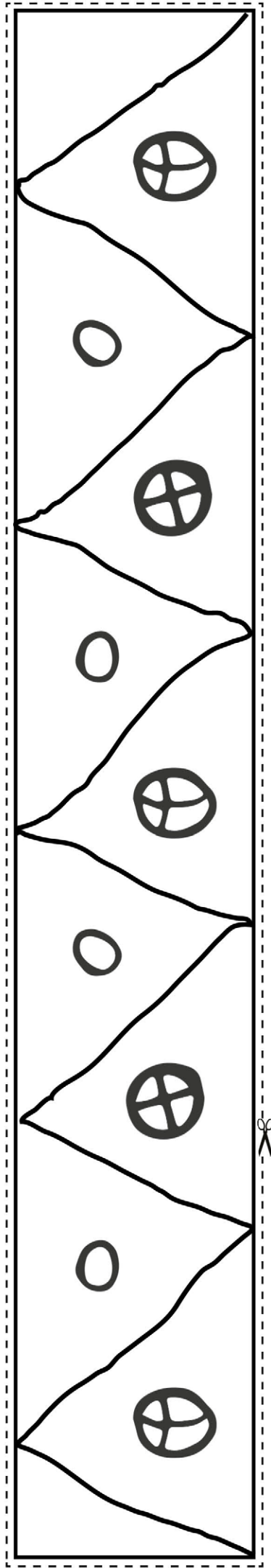
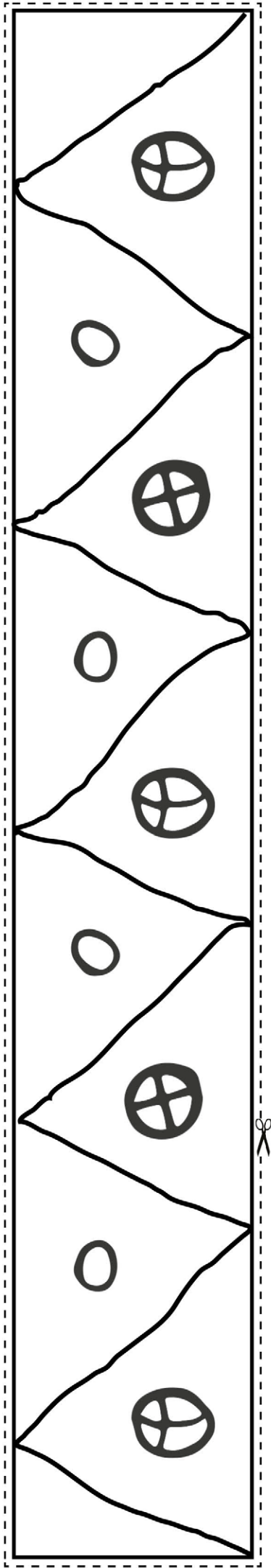


## MAKE YOUR OWN CROWN

Colour in Hiccup and the headband (on the next page). Then stick them on to some cardboard. Carefully cut round the dotted lines and stick the two pieces of headband to Hiccup to make your crown!











# DRAGON COLOURING IN

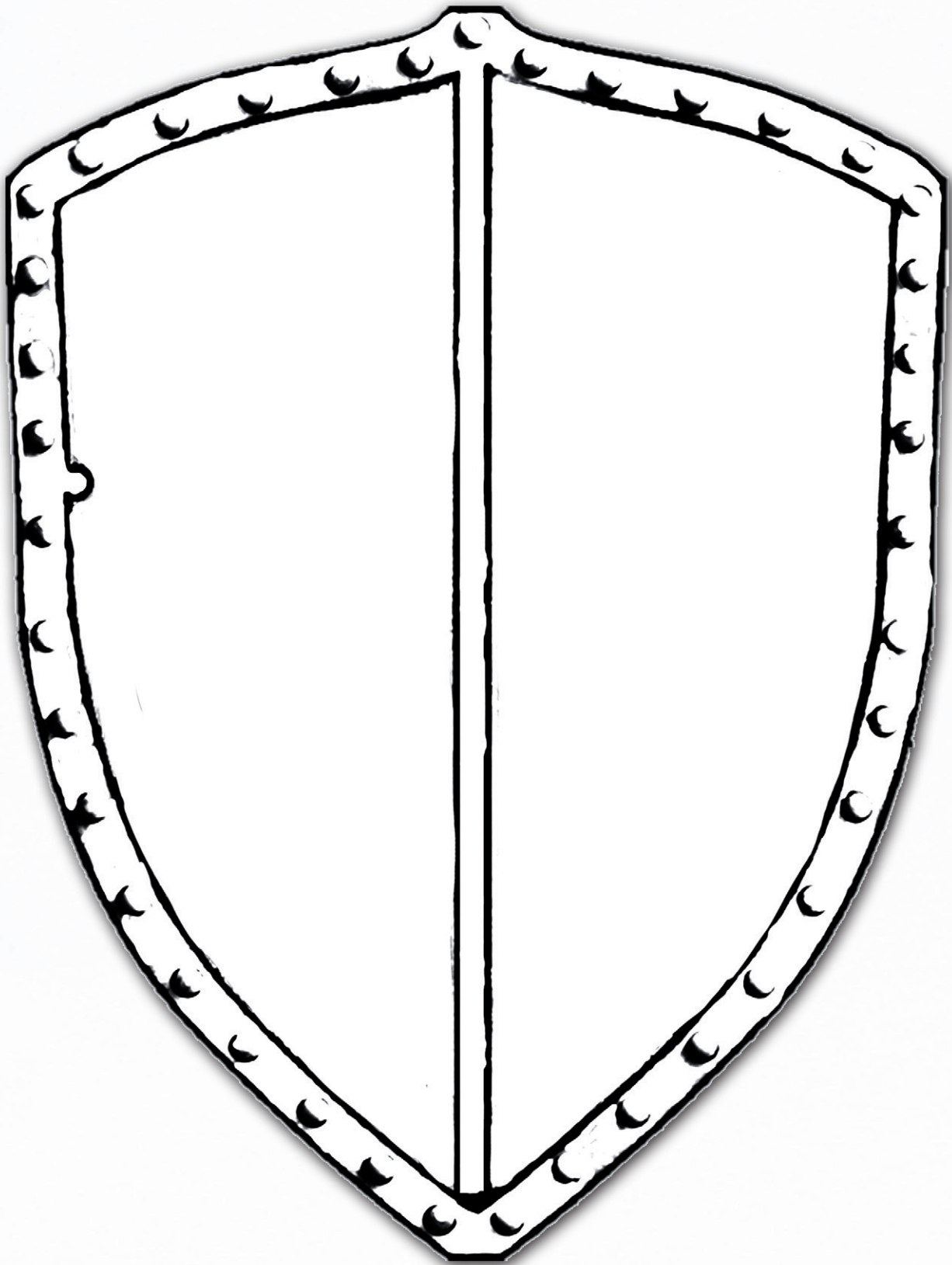
The Common or Garden







# DESIGN YOUR OWN VIKING SHIELD







# HOW TO DRAW A VIKING



## Step 1: Hiccup's helmet

Take a pencil, and at the top of the page, draw a triangle like this: 

Add two banana shapes and three circles with crosses (make sure the horn on the left has the tip cut off).

You can make your drawing as scribbly as you like.

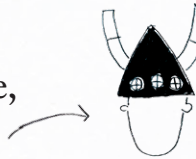
You should end up with something like this:



Colour the helmet in with a thick dark pencil.

## Step 2: Hiccup's face

Under the helmet, draw a long 'U' shape, with two little circles for ears, like this:




Add some eyes:  a nose:  and a mouth: 

(changing the shape of these will change Hiccup's expression)

## Step 3: Hiccup's body

Next, draw Hiccup's waistcoat with two long hairy lines.

And two arms, as long as the bottom of the waistcoat.

Add some small circles on the arms and body like this:  to create Hiccup's dragonskin shirt . . .







# HOW TO DRAW A VIKING

## Step 4: Hiccup's legs

Underneath the waistcoat, draw four long lines to make the legs.

Add some hairy boots at the end.

Fill in the trousers with circles like this: 



## Step 5: Add colour

If you want to be REALLY clever, add colour, and a small disobedient hunting dragon.





# SECTION 2:

## VIKING TRAINING







# WRITE LIKE A VIKING

The Vikings used letters called runes to communicate.  
These were all made from short, straight lines as this made them  
easy to carve or scratch on to hard surfaces such as wood and stone.

Can you write your full name in Viking runes below?







# CAN YOU SPEAK DRAGONESE?

To be a dashing Viking Hero like Hiccup you need to be able to master the forgotten language of Dragonese.

Draw a line and match these Dragonese words with their English translation.

## ENGLISH

## DRAGONESE

Eat

Pishyou

Disgusting

Thankee

Bottom

Munch-munch

House

Brain Goo

Friend

Doubly Yuck-yuck

Thank you

Botti Bum

Please

Hoosus

Snot

Frieundlee

Thank you = Thankee  
Please = Pishyou  
Snot = Brain Goo

Bottom = Botti Bum  
House = Hoosus  
Friend = Frieundlee

Answers:  
Eat = Munch-munch  
Disgusting = Doubly Yuck-Yuck





# GRUESOME VIKING FACTS

The Vikings were a gruesome bunch.  
See how many of these Viking facts you know the answer to...

## True or False?

1. Viking warriors wore helmets with horns on
2. Thursday is named after the Viking god Thor
3. Vikings loved jewellery so much that even their horses wore it
4. Vikings used birds' foot bones as sewing needles
5. Vikings used whale bones for food containers

### Answers:

1. False – most wore plain leather or iron helmets. Only special ceremonial helmets may have been adorned with horns
2. True
3. True – Vikings decorated their horses' bridles and harnesses with jewellery
4. True
5. True – they ate whale meat and used the blubber to make oil for fuel





# SECTION 3:

## PARTY INSPIRATION





# PARTY GAMES

Get your attendees moving with some Dragon-inspired party games.

## Hiccup Says!

Like Simon Says, but this time Hiccup is in charge and he's using dragon and Viking moves.

Choose one person to be 'Hiccup' to give instructions to the group – e.g. 'Hiccup says roar like a dragon!', 'Hiccup says pretend to be Gobber the Belch!', 'Hiccup says pretend to be Toothless the dragon!'

The rule is that the instructions should be obeyed by the group until one comes without 'Hiccup says' in front of it, when it should be ignored.

Anyone who forgets and moves is out, and the last person left in at the end is the winner.

## Viking, Viking, Dragon!

Remember the game Duck, Duck, Goose? This is basically the same but with Vikings and Dragons.

Select one person to be the 'Tapper', then have all the other children sit in a circle on the floor.

The 'Tapper' walks around the outside of the circle and taps each child on the head, saying 'Viking' until they randomly decide to say 'Dragon!'.

The 'Dragon' runs (flies!) around the circle after the 'Tapper', who tries to get to the 'Dragon's' spot in the circle to sit down before the 'Dragon' tags them.

If the 'Dragon' does not catch the 'Tapper', then the 'Dragon' becomes the 'Tapper' and the game begins again. If the 'Dragon' manages to tag the 'Tapper', then the 'Tapper' is 'it' again during the next round.





# COSTUME IDEAS

Liven up your event by inviting attendees to come in fancy dress. Here are a few super-easy costume ideas to get them started.

## Viking Child

An easy Viking costume can be made by wearing a knee-length white T-shirt, over a pair of brown trousers. You can add a sword to look truly fearsome!

Alternatively, you can wear a knee-length brown dress or a brown T-shirt over a pair of black leggings and add a white apron. You can tie a piece of thick rope around your waist and add a brown shawl tied around your neck as a cape to look really authentic!

## Fire-Breathing Dragon

You too can look like a fire-breathing dragon by wearing a green T-shirt and matching trousers. Make a scary dragon's tail by taking a big green sock and filling it with scrunched up paper. Cut up an egg box, paint the sections green and stick on the sock to give your tail some scales! Attach a ribbon to the top of the sock and tie it around your waist.

## Viking Warrior

Become a brave Viking Warrior by wearing a brown T-shirt over a pair of brown trousers. You can also add a brown waistcoat on top of your T-shirt and a wide belt! You'll also need to add a horned helmet and an axe to really look warrior-like. You can make these yourself from cardboard and decorate them.