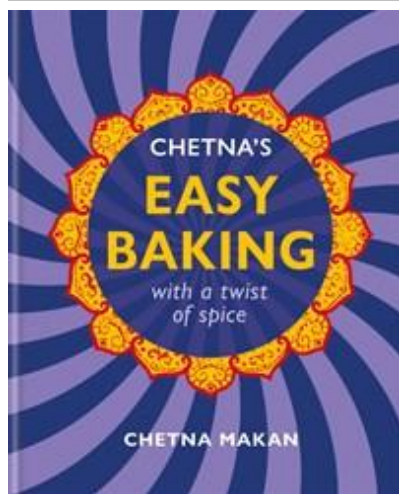




**OCTOPUS BOOKS USA
FALL 2022**

**ASTER • BRAZEN • CASSELL • CONRAN • ENDEAVOUR
GAIA • GODSFIELD • HAMLYN • ILEX • KYLE
MITCHELL BEAZLEY • MONORAY • PYRAMID
SHORT BOOKS • SPRUCE • SUMMERSDALE**



Hamlyn
9780600637394
0600637395
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$29.99/\$32.99 Can./£20.00
UK/€25.00 DE
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 10
Print Run: 15K
Cooking / Courses & Dishes
CKB014000
9.5 in H | 7.6 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9780600637448

Chetna's Easy Baking

with a twist of spice

Chetna Makan

Key Selling Points

- Chetna has over 204k YouTube subscribers and 195k followers on Instagram

Summary

A brand-new baking collection from Bake Off's Chetna Makan, with over 80 deliciously-tempting recipes that combine her love of simple home cooking with creative flavor twists.

Chetna's popular and accessible style has charmed millions of people since her first appearance on our screens in *The Great British Bake Off*. Since then, she has written several bestselling cookbooks that combine her creative flavors with a love of simple Indian home cooking.

In this new collection, Chetna showcases delicious sweet and savory bakes which have easy-to-find ingredients and simple-to-follow methods, but a special flavor twist to make your bakes sing and shine. That could be a spice you might not expect, such as star anise in a tarte Tatin, a fusion of global incidences such as Masala Focaccia, or a twist on a classic, such as a drizzle cake dazzling with mango and ginger. Proving once again that simple baking methods are the best, Chetna's inspirational recipes are a joy to make and share with your favorite people.

RECIPES INCLUDE:

Cherry Almond Honey Cake
Onion Masala Focaccia
Orange & Cinnamon Savarin
Raspberry Coconut Cheesecake
Saffron Fennel Pound Cake
Peanut Masala Tear and Share Bread
Mango & Lime Meringue Pie

Contributor Bio

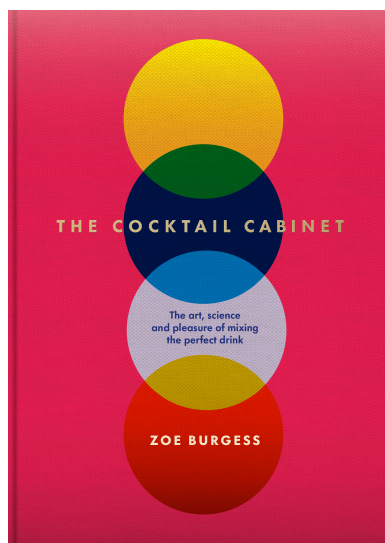
- Chetna has over 204k YouTube subscribers and 195k followers on Instagram

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Mitchell Beazley
9781784727994
1784727997
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

256 Pages
Carton Qty: 10
Print Run: 8K
Cooking / Beverages
CKB006000

9.7 in H | 6.8 in W | 0.09 lb Wt
Status: **FORTHCOMING**

The Cocktail Cabinet

The art, science and pleasure of mixing the perfect drink

Zoe Burgess

Key Selling Points

- The first cocktail book to include such detailed explanations on the structure of cocktails and the relationships between ingredients
- Lockdown has sparked a trend of people making their own cocktails at home, with the popularity of Stanley Tucci's Negroni video demonstrating this
- Covers both alcoholic & non-alcoholic cocktails
- It is approachable, practical and cost-effective
- The food equivalent to this book was successful: *The Flavor Thesaurus* HB 36k via BookScan
- Bacardi's Holiday Survey 2020 revealed that one in four U.S. respondents say they are now making cocktails at home

Summary

A cross between *The Flavor Thesaurus* and our *Art & Science of Foodpairing* - for cocktails

A cocktail. The answer to so many after work, pre-weekend, Saturday night, holiday lunch, get-together and dinner party cravings. Always welcomed, but often recreated with little success.

With a vast scope of information on all things cocktail, drinks researcher and developer Zoe Burgess introduces a comprehensive and detailed guide to creating professional cocktails. Throughout seven chapters she breaks each cocktail down into their five basic tastes and considers the flavor profiles of the key spirits included, analysing why certain pairings work so you can fully understand the building blocks of this delectable art.

The Cocktail Cabinet is a reliable and accessible companion to cocktail-making, no matter your knowledge, skill or budget. It identifies the basic equipment to invest in, provides practical tips on set up, explores techniques used and advises on the most versatile, readily available ingredients to purchase for both alcoholic and non-alcoholic cocktails - so no one misses out. With accompanying illustrations, the structure, method, flavor profile and finished results can be visualized with ease.

Understanding these elements will set you up for creating, developing and executing your dream cocktail, ensuring cocktail-making at home is an effortless and enjoyable experience.

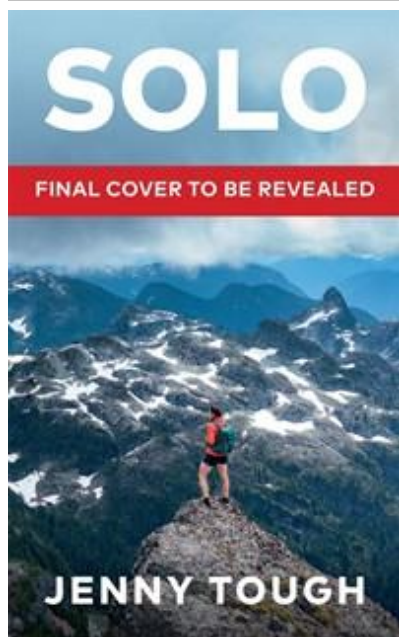
Contributor Bio

Zoe Burgess is a drinks researcher and developer who has created menus for bars and restaurants including Dinner by Heston, 69 Colebrooke Row and Bar Termini and worked as a consultant for many brands such as Pernod Ricard. She also trains mixologists and runs Atelier Pip, which is an independent flavor profiling company.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Aster
9781783254705
178325470X
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$19.99/\$21.99 Can./£16.99 UK
Discount Code: OHC
Hardcover

304 Pages
Carton Qty: 16
Biography & Autobiography
/ Personal Memoirs
BIO026000

8.7 in H | 5.4 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Other Formats

Solo 9781580051378 \$15.95

SOLO

Jenny Tough

Key Selling Points

- Jenny Tough has more than 55,000 followers across her social media platforms
- *Wild*, a comparative title, has sold over 1.7 million copies via BookScan in the US
- She is the first person to run across Kyrgyzstan in 2016, first person to run solo and unsupported across the Atlas Mountains in 2017, first female winner of the inaugural Atlas Mountain Race 2020 and the first woman to cross the finish line at the Silk Road Mountain Race 2021 (dubbed as one of the hardest bike races on earth). She is a brand ambassador for the following companies: Montane, Komoot, Apidura, Vivo, SPOT and DPS skis.

Summary

The incredible story of a six-continent journey of self-discovery

Jenny Tough is an endurance athlete who's best known for running and cycling in some of world's most challenging events - achieving accolades that are an inspiration to outdoor adventurers everywhere. But *SOLO* tells the story of a much more personal project: Jenny's quest to come to terms with feelings and emotions that were holding her back. Like runners at any level, she knew already that running made her feel better, and like so many of us, she knew that completing goals independently was empowering, too. So she set herself an audacious objective: to run - solo, unsupported, on her own - across mountain ranges on six continents, starting with one of the most remote locations on Earth in Kyrgystan.

SOLO chronicles Jenny's journey every step of the way across the Tien Shaw (Asia), the High Atlas (Africa), the Cordillera Oriental (South America), the Southern Alps (Oceania), the Canadian Rockies (North America) and the Transylvanian Alps (Europe), as she learns lessons in self-esteem, resilience, bravery and so much more.

What Jenny's story tells us most of all is that setting out to do things solo - whether the ambitious or the everyday - can be invigorating, encouraging and joyful. And her call to action to find strength, confidence and self-belief in everything we do will inspire and motivate.

Contributor Bio

Jenny Tough is an adventure traveller originally from Canada. She enjoys writing about her solo mountain expeditions and tales of world travel as a solo female. Jenny has been featured by *National Geographic*, *BBC Scotland*, *Women's Running*, *The Great Outdoors* and more. In 2020 she edited *Tough Women Adventure Stories*, published by Summersdale. When she's not exploring the mountains of the world, she lives in Scotland, and occasionally wherever she parks her adventure van.

Instagram.com/jennytough

Youtube.com/channel/UCz19OCvmBVPT9m5kIm6hbYA

Twitter.com/jennytough

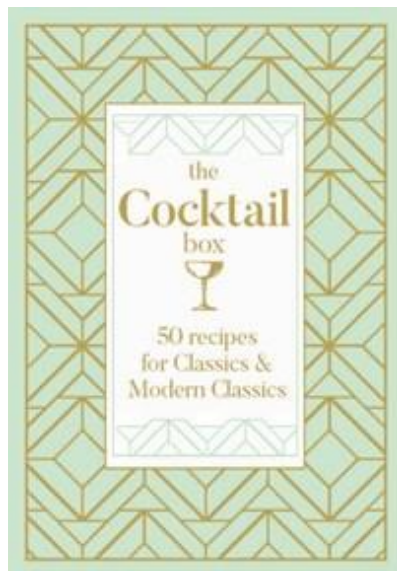
Facebook.com/jenniferjtough

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Hamlyn
9780600637554
0600637557
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$14.99/\$16.99 Can./£12.99 UK
Discount Code: OHC
Other Merchandise

16 Pages
Carton Qty: 10
Print Run: 8K
Cooking / Beverages
CKB006000

5.1 in H | 3.5 in W | 1 in T
Status: **FORTHCOMING**

The Cocktail Box

50 Recipes for Classics & Modern Classics

Hamlyn

Key Selling Points

- Every recipe in *The Cocktail Box* is tried and tested, they're all popular cocktails that are easy to prepare with basic cocktail making equipment and techniques.
- The deck format makes it easy to read the recipes while assembling the cocktail, take recipes with you while shopping and even share recipes out between more than one home bartender making drinks simultaneously.
- The stylish geometric design of the cards make them excellent decor. Display cards as a cocktail menu at a party or feature your drink of the day - with all of the ingredients right on the back, it's easy to check the ingredients for allergies and intolerances or find your favourite flavours.

Summary

Over 50 cocktail recipe cards to get you toasting, cheers-ing and celebrating the best of life with the people in your life.

There's nothing like a well-balanced drink to add a bit of pizzazz to your day.

Whether you're toasting to a recent triumph, bringing together friends and family or just capping off a long day of work, mixing your own cocktails at home is easier than you think.

Featuring 50 recipes for Prohibition-era classics such as the **Southside** and the **Gimlet**, and modern classics such as the **Breakfast Martini**, and the **Bramble**, *The Cocktail Box* is the home bartender's best friend. There are cocktails to suit every taste and occasion from bubbly and sweet fizzy drinks that bring the party spirit to dark and aromatic blends to help you unwind.

Each card has a clear and easy to follow recipe and a little bit of cocktail knowledge for each drink. Gone are the days of having to prop open a book while measuring ingredients - just place or tape your card wherever it's easiest to see. You can also bring cocktails you want to try on your next shopping trip as a reminder of which ingredients you need. You can even use the cards to display cocktail choices at a party or announce the cocktail of the day.

And when you're not sure which cocktail to try next, just shuffle the cards and pull a recipe at random for a delicious surprise!

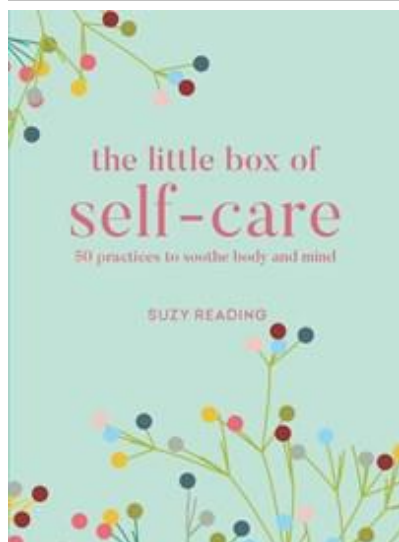
Contributor Bio

Founded by Paul Hamlyn in 1951 with the aim of creating 'fine books with a common touch', today **Hamlyn** publishes highly commercial cookery and lifestyle titles for the widest possible audience, with a focus on household names, mass-market concepts and family-friendly brands.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Aster
9781783255368
1783255366
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$16.99/\$18.99 Can./£14.99 UK
Discount Code: OHC
Other Merchandise

16 Pages
Carton Qty: 10
Print Run: 15K
Body, Mind & Spirit / Mindfulness
& Meditation
OCC010000

5.9 in H | 4.3 in W | 1.4 in T
Status: **FORTHCOMING**

The Little Box of Self-care

50 practices to soothe body and mind

Suzy Reading

Key Selling Points

- Psychology expert Suzy Reading's exercises for mental management, emotional first-aid and energy restoration will help you fit a few moments for self-care into your day so that you can feel connected with your inner self and your emotions, at peace with yourself and ready to take on whatever the day brings.
- The 50 card deck format allows for random access to different exercises - by shuffling the cards you can continue to discover the exercises in a new order, which can unlock new ways of seeing them in context with each other. Easily split them into categories that suit your needs or take a card or two with you for a reminder to take a few moments to centre yourself when you're out and about.
- Self-care is on everyone's mind with more and more people talking about wellness, mindfulness and therapy. This self-care deck is a great tool for people trying to be more mindful and gentle with themselves as they work towards their own healing.

Summary

This beautiful 50-card deck will help you reconnect with yourself, restore your energies and find a mindful moment to restore your inner peace, no matter how busy your day

Daily self-care is necessary for helping us replenish our energy, restore our connection to our inner selves and heal ourselves when we are hurt. Central to self-care is the idea that taking care of yourself is not selfish - it is essential to your health and wellbeing.

In our fast-moving modern world it's easy to become so stressed and frazzled that we lose sight of what we can do to recuperate and ground ourselves in the here and now. But we all need to take time to sit with our emotions, heal ourselves and recharge our batteries.

In this beautiful deck, Suzy Reading offers practical and inspiring ways to stress-proof your body and mind, with 50 self-care practices to choose from. Flick through the cards to find a practice that fits your needs in the current moment, or take a card or two with you as you go about your day, to help reconnect with yourself and find a mindful moment wherever you are.

The cards include practices for:

- Rest & relaxation
- Energy boosters
- Mind management
- Emotional first aid

Contributor Bio

Suzy Reading is a Chartered Psychologist, a qualified yoga teacher and personal trainer, specialising in wellbeing. Her offerings include coaching, walk & talk sessions, private and group yoga, workshop presentations on self-care and other topics such as sleep, rest and relaxation, and how to make sustainable lifestyle changes. Suzy is the Neom Organics Psychology expert, a founding member of The Nourish App and is on the editorial board for *Motherdom Magazine*. She is also the author of *The Little Book of Self-Care*, *The Self-Care Revolution*, *Stand Tall Like A Mountain*, *Self-care for Tough Times* and *And Breathe*.

Suzyreading.co.uk
Instagram.com/suzyreading



Pyramid
9780753734926
0753734923
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$24.99/\$27.99 Can./£18.99 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 6K
Cooking / Methods
CKB109000

9.3 in H | 7.5 in W
Status: **FORTHCOMING**

Related Products

Ebooks
9780753735015

The Slow Cooker Bible

Super Simple Feasts for the Whole Family, Including Delicious Vegan and Vegetarian Recipes

Pyramid

Key Selling Points

- The first thing that comes to mind with Slow Cooker cooking is meat, but this book not only gives you great recipes for all of your favorite cuts but also shows you how to use your slow cooker for plant-based meals so that vegans and vegetarians can enjoy slow cookers too.
- Slow Cookers are the perfect for meal-prepping tool for busy people. *The Slow Cooker Bible* has recipes for every meal of the day, including often-overlooked breakfast and dessert options so that you can use your Slow Cooker to deliver for every occasion, including having a hearty breakfast timed to be ready when you wake up or a dessert freshly baked for the end of your dinner party with no extra effort.
- Cooking with a Slow Cooker is an affordable way to make sure you have healthy delicious meals ready for you at home even on your busiest days since they can safely be left to cook alone overnight or during the day while you're away.
- They turn even tough and inexpensive cuts of meat into tender and flavorful meals and are perfect for cooking lentils and root vegetables that take time to become tender.
- Slow Cookers are the ultimate meal-prepping tool for people who like to plan their meals in advance or are trying to follow a specific diet.

Summary

Get the most out of your slow cooker with 150 easy-to-assemble recipes (including vegan, vegetarian, gluten-free and lighter options) for breakfast, lunch, dinner and dessert

From light bites to hearty mains, *The Slow Cooker Bible* has the perfect recipe for every meal. Whether it's setting your slow cooker to wake you up with a **hearty breakfast** or having a **healthy dinner** ready for the family when you get home from work, slow cooking makes meal prep easy. Discover:

- Brilliant Breakfasts
- Lighter Meals and Sides
- Warming Soups
- Hearty Stews and Casseroles
- Meat and Fish Dishes
- Spicy Flavours
- Sweet Treats

Including a wide range of recipes to suit everyone's taste, this ultimate collection of slow cooker recipes features **plant-based vegan** and **vegetarian** meals, **gluten-free** dishes, **lighter** options; plus delicious **chicken**, **beef**, **pork** and **fish** recipes.

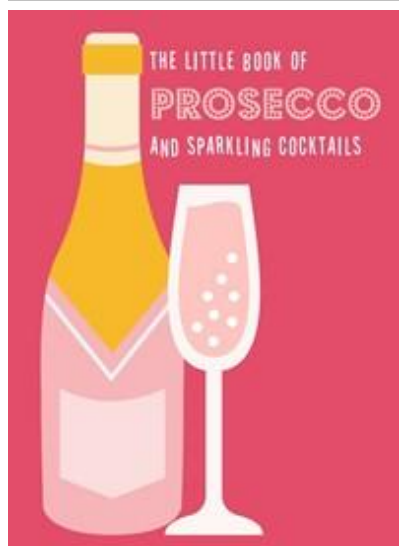
And a handy introduction to slow cooking, plus troubleshooting tips and advice will ensure you get the most out of your slow cooker for delicious results every time.

Contributor Bio

Pyramid publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

Marketing Plans

- Social media campaign



Pyramid
9780753735091
0753735091
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$9.99/\$10.99 Can./£7.99 UK
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 10
Print Run: 6K
Cooking / Beverages
CKB006000

5.8 in H | 4.3 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9780753735190

The Little Book of Prosecco and Sparkling Cocktails

Pyramid

Key Selling Points

- Prosecco is very popular, with the U.S. being the world's third-largest market, after Italy and the U.K.
- This pocket-sized book is easy to store on your bar or keep in your pocket - allowing you to keep your recipes at hand when you need them.
- With over 55 recipes, you'll find a prosecco cocktail to suit every taste and occasion.

Summary

Learn how to transform your favourite bottle of bubbles into the perfect cocktail for every occasion.

Take your bubbles to the next level with over 55 fantastic classic and contemporary Prosecco cocktail recipes.

Whether you love a light and refreshing drink or prefer a sweet and fruity treat, *The Little Book of Prosecco and Sparkling Cocktails* can help you transform your favourite bottle of Prosecco into something even more special.

- Make drinks for every occasion with great cocktails for brunch, like the Rossini or the Primrose Fizz; sparkling delights for toasting special achievements, such as the Celebration Cocktail or the French 75; as well as a drink fit for every moment in between, from The French Afternoon to the party-starting tequila-spiked Los Altos.
- Master well-known staples like the Bellini, Pink Sangria and Sbagliato and try new contemporary twists on your favourites with the Floral Bellini, the Mojito Royale and the Prosecco Julep.
- Mix up punches and sangrias for the whole group to enjoy together, such as the Spice Route Punch, the La Rochelle Punch, and the Blush Sangria.
- Discover your new favourite Prosecco-based drink along with tips and tricks for making it, right down to the type of glass it is traditionally served in.

Enjoy Prosecco your way and delight the Prosecco-lovers in your life with this pocket-sized guide to cocktails for every occasion.

Contributor Bio

Pyramid publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Pyramid
9780753735107
0753735105
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$9.99/\$10.99 Can./£7.99 UK
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 10
Print Run: 8K
Cooking / Beverages
CKB006000

5.8 in H | 4.3 in W
Status: **FORTHCOMING**

Related Products

Other Formats

The Little Book of Gin Cocktails
9780600607533 \$6.95

Ebooks

9780753735183

The Little Book of Gin Cocktails

Pyramid

Key Selling Points

- Gin is growing in popularity
- This pocket-sized book is easy to store on your bar or keep in your pocket - allowing you to keep your recipes at hand when you need them.
- With over 55 recipes, there's a gin drink to suit every taste and occasion.

Summary

A little collection of classic and contemporary gin cocktails.

Go beyond the Gin & Tonic with over 55 classic and contemporary gin cocktail recipes.

Whether you love sweet drinks or sour ones, quick and casual cocktails or something more impressive, *The Little Book of Gin Cocktails* can help you transform your favorite gin into something special.

- Learn your way around making gin-based martinis, from the perfect Classic Martini to cap off a great evening to drinks that are perfect for kicking off a boozy brunch, like the Espresso Gin-tini and the Breakfast Martini (complete with toast to garnish!)
- Master well-known staples like the Gin Rickey, the Negroni and the Tom Collins and then take a walk on the wild side with contemporary twists on gin's biggest hits like the Mango Rickey, the Lychee Negroni, and the Camomile Collins.
- Discover your new favorite gin-based drink along with tips and tricks for making it, right down to the type of glass it is traditionally served in (though we won't judge you if you get creative).

Enjoy gin your way and delight the gin-lover in your life with this pocket-sized guide to gin recipes for every occasion.

Contributor Bio

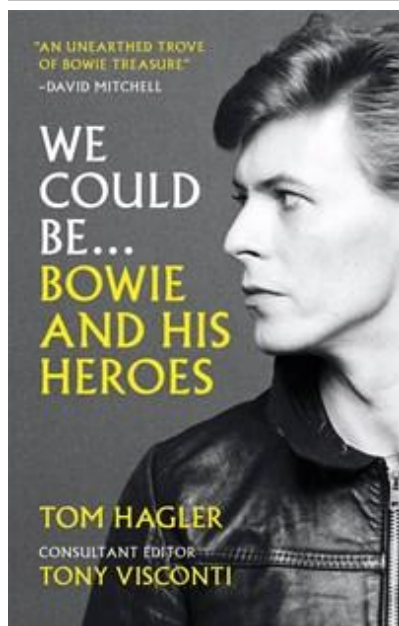
Pyramid publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Cassell
9781788402736
1788402731
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On Sale Date: 9/6/2022
\$16.99/\$18.99 Can./£9.99 UK
Discount Code: OPB
Paperback

400 Pages
Carton Qty: 40
Music
MUS000000
7.8 in H | 5 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781788402743

We Could Be Bowie and his Heroes

Tom Hagler

Key Selling Points

- **BOWIE INSIDER:** Bowie's long-time producer Tony Visconti is the book's consultant editor and source of many of the anecdotes, offering a view from inside the star's inner circle
- **STRONG AUTHOR:** Author is a BBC radio presenter with strong contacts across the media - has previously worked for *The Sunday Times* and *Sunday Telegraph* and has written extensively for the *Daily Mail*, the *Daily Mirror* and *The Sun*

Summary

The story of Bowie's life told through 300 encounters with fellow icons, from Dylan to Dalí, Lennon to Lydon, Princess Margaret to Prince.

With consultant editor Tony Visconti

David Bowie's story has never been told quite like this.

Tracing the star's encounters with fellow icons throughout his life, *We Could Be* offers **a new history of Bowie, collecting 300 short stories** that together paint a portrait of humour, humility, compassion, tragedy and more besides.

He embarrasses himself in front of Lennon and Warhol. He saves the life of Nina Simone. He is hated by Bob Dylan. He teaches Michael Jackson the moonwalk. Individually astonishing, together these stories - **including details never before revealed** - build a new picture of Bowie, one which shows his vulnerability, his sense of humour, his inner diva.

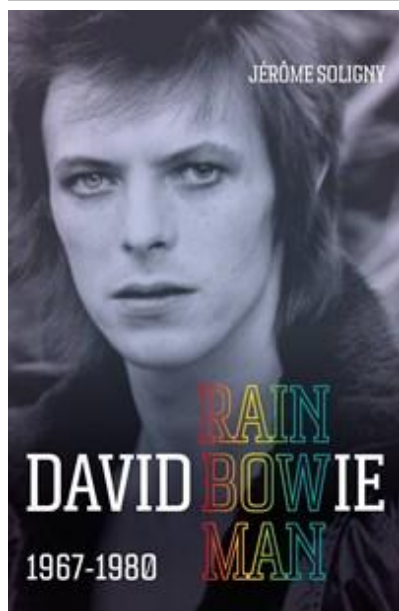
Exhaustively researched from thousands of sources by BBC reporter and Bowie obsessive Tom Hagler - with the guidance and memories of Bowie's long-time producer Tony Visconti - *We Could Be* is fascinating, comic, compelling, and a history of Bowie unlike any that has come before.

Contributor Bio

Tom Hagler is a presenter and reporter for BBC World Service radio. He has covered major events and interviewed some of the biggest names across politics, music and science, with a roll call as diverse as Joe Biden, Kofi Annan, Grandmaster Flash and Buzz Aldrin. He was previously a reporter for the *Sunday Telegraph* and *The Sunday Times*.

Subrights

No subrights have been specified.



Monoray
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1800960638
Pub Date: 9/13/2022
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\$39.99/\$43.99 Can./£30.00 UK
Discount Code: OHC
Hardcover

704 Pages
Carton Qty: 6
Print Run: 50K
Music
MUS000000
9.4 in H | 6.1 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781800960657

David Bowie Rainbowman

1967-1980

Jérôme Soligny

Key Selling Points

- **TOTALLY COMPREHENSIVE:** At 290,000 words and drawing on over 150 interviews, this book is an incredibly detailed account of Bowie's music unlike anything else on the market
- **INCREDIBLY AUTHORITATIVE:** The book draws on interviews with some of the most significant people in David Bowie's life and huge figures in the music industry. The author, Jérôme, was the only journalist Bowie would talk to in France and exchanged many emails with him over 25 years of friendship. He was made Chevalier des Arts et des Lettres in 2019
- **50th ANNIVERSARY OF ZIGGY STARDUST:** *David Bowie Rainbow Man* will publish in 2022, the year of the 50th anniversary of the release of 'Ziggy Stardust'
- **COVER DESIGN:** The cover was designed by Jonathan Barnbrook, who designed quite a few of David Bowie's album artworks, including the last, *Blackstar*
- In the week after Bowie's death, US sales increased by 5000% with over 300,000 pure album sales
- In 2022, Bowie's music catalog sold to Warner for \$250 million
- 2022 marks 50 years since *The Rise and Fall of Ziggy Stardust* and the *Spiders from Mars*, and 75 years since Bowie was born

Summary

"This is a book unlike any other, the definitive analysis of David's music, told in a quiet natural way, but with absolute authenticity, by the people around him" - **Hermione Farthingale**

"Jérôme Soligny is one of the best authorities in the world of David Bowie's career and life in general... His new biography *Rainbowman* is a thorough and honest account of the great man." - **Tony Visconti**

"Jérôme is a guy who is still aware that popular music is an art form and not a money suppository. He writes from the heart and is one of the last exemplars of a dying breed. The critic, armed with intelligence and brute compulsive honesty, as dangerous as a river." - **Iggy Pop**

"Not long ago, Jérôme told me something that I find very true: 'David played saxophone, guitar, a bit of keyboards, but above all, he played... musicians!' I think he was right on the money." - **Mike Garson**

In *David Bowie Rainbowman*, Jérôme Soligny tells the story of David Bowie the musician with the help of those intimately involved with the creation of his music.

This uniquely exhaustive work on Bowie's 1967-1980 albums draws on over 150 interviews with the musicians, producers and friends who knew Bowie best, including Robert Fripp, Hermione Farthingale, Lou Reed, George Underwood, Mick Ronson, Carlos Alomar, Trevor Bolder, Mike Garson, Woody Woodmansey and many, many others. With an essay by Soligny on each album followed by oral histories from the most trusted and influential figures in Bowie's musical life, *David Bowie Rainbowman* is the definitive guide to a singular and mercurial genius - the Rainbowman himself.

With a foreword by Tony Visconti, an introduction by Mike Garson, cover photo by Mick Rock and iconic cover design by Barnbrook.

Contributor Bio

Jérôme Soligny is a musician, writer and journalist based in Le Havre, France. Over

the course of 25 years, Jérôme spoke with Bowie many times, and interviewed him on numerous occasions for *Rock&Folk* magazine. He was made Chevalier des Arts et des Lettres in 2019 and is described by Bryan Ferry as 'one of the great French authorities on contemporary music'.



Endeavour
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UK/€12.47 DE
Discount Code: OPB
Paperback

352 Pages
Carton Qty: 48
Self-Help / Motivational &
Inspirational
SEL021000

7.8 in H | 5 in W | 1.2 in T | 0.7 lb
Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781913068400

Intrinsic

A manifesto to reignite your inner drive

Sharath Jeevan

Key Selling Points

- **EXPERT AUTHOR.** Sharath Jeevan has collaborated with the Malala Fund, the Obama Foundation and the Surgo Foundation (the behavioural insights group co-founded by Malcolm Gladwell). Leading management thinkers like Dan Heath admire his work.
- **TIMELY.** There are record numbers of people globally who are burned out. The World Health Organization have officially added burnout to their International Classification of Diseases. They predict that work-related stress, burnout and depression will together top the list of most prevalent diseases. *Intrinsic* is designed to help you re-ignite your passion for life.
- **SHARATH'S WORK HAS BEEN WIDELY REPORTED ON**, from *The New York Times* and *The Economist* to *Hindustan Times* and *The Times of India*.

Summary

Leading expert on motivation brings us an inspirational manifesto for re-igniting our passion for life and overcoming burnout by tapping into the essential ingredients of inner drive.

"An essential guide for re-discovering our motivation and for living more fulfilling lives." - NIR EYAL, author of *Indistractable*

"Intrinsic provides a way out of the malaise many of us have been feeling. Essential reading." - JONAH BERGER, author of *Contagious*

"A thoughtful and inspiring book. Readers should rush to embrace the lessons of Intrinsic." - DAN HEATH, co-author of *Switch*

We are in a motivational mess today.

Many of us feel like we are going through the motions - as workers, managers, spouses and partners, parents and citizens. We feel jaded and unhappy with the organizations we are part of, whether that's the company we work for or our child's school. And some of us feel deeply alienated from the wider societies in which we live, particularly in the face of vast social problems - from climate change to our increasingly 'winner takes all' world.

But life doesn't need to be this way. Motivation thinking holds the key to this promise. *Intrinsic* uses motivation thinking not just to diagnose those problems accurately, but to find solutions. As a leading expert on motivation, Sharath Jeevan helps us see how we can achieve more lasting fulfilment and success in our work, careers, relationships, parenting, and as citizens.

Jeevan applies the concepts of Purpose (how what we do helps others), Autonomy (our ability to positively change things) and Mastery (our sense of continually getting better) to help us see our motivation in these key life areas in a radically new light.

Jeevan takes us on a journey around the world to find practical and inspirational answers to solving our motivational crisis, harnessing ground-breaking research, from psychology and economics to philosophy and behavioural science.

Intrinsic shows us how we can fall back in love with our lives, and create the lives we

want.

Contributor Bio

Sharath Jeevan is one of the world's leading experts on re-igniting our inner drive (intrinsic motivation). He founded and led STIR Education - arguably the world's largest intrinsic motivation initiative. STIR re-ignited the motivation of 200,000 teachers, 35,000 schools and 7 million children in emerging countries. It received over \$25 million in funding from leading foundations including MasterCard, UBS, IKEA and Vitol, and from the UK and US governments.

Sharath is currently the Executive Chairman of Intrinsic Labs, which supports organisations all around the world to solve deep motivational challenges, from governments to leading UK Universities and high-profile corporations. His work has been featured in *The New York Times*, *The Economist*, NPR, CNN, CNBC, *The Hindustan Times* and *The Times of India*. An accomplished speaker, Sharath has addressed large audiences at the Royal Festival Hall in London, Lego Ideas Festival in Denmark, TEDX Shiv Nadar Conference in Delhi and WISE Summit in Qatar, to name just a few.

Sharath holds degrees from Cambridge University, Oxford University and INSEAD. He was awarded an Honorary Doctorate for his contributions to the field and was invited to serve on the high-level steering group of the Education Commission, the pre-eminent global think tank founded by former British Prime Minister Gordon Brown.

Visit **intrinsic-labs.com** to find out more about Sharath and his work.

Subrights

No subrights have been specified.



Mitchell Beazley
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1784728438
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\$16.99/\$18.99 Can.
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Hardcover

336 Pages
Carton Qty: 48
Print Run: 15K
Cooking / Beverages
CKB126000
7.9 in H | 4.3 in W
Status: **FORTHCOMING**

Hugh Johnson's Pocket Wine Book 2023

Number 1 Best-selling Wine Guide

Margaret Rand

Key Selling Points

- More than 12 million copies sold
- The world's number one annual wine guide, completely revised and updated each year to reflect changes in the world of wine
- Key reference for wine investors and collectors, with four levels of vintage information detailing which wines to drink now and which to cellar

Summary

The brand new edition of the unrivalled and bestselling annual, *Hugh Johnson's Pocket Wine Book*

The world's best-selling annual wine guide.

Hugh Johnson's Pocket Wine Book is the essential reference book for everyone who buys wine - in shops, restaurants, or on the internet. Now in its 46th year of publication, it has no rival as the comprehensive, up-to-the-minute annual guide.

It provides clear succinct facts and commentary on the wines, growers and wine regions of the whole world. It reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. *Hugh Johnson's Pocket Wine Book* gives clear information on grape varieties, local specialities and how to match food with wines that will bring out the best in both.

This latest edition of *Hugh Johnson's Pocket Wine Book* includes a color supplement: *How Wine Ages (And Why)*, which covers questions such as whether aged wine is necessarily better wine and how to store wine to ensure it ages well.

Contributor Bio

Hugh Johnson is the world's pre-eminent writer on wine. First published in 1977, his *Pocket Wine Book* sells hundreds of thousands of copies a year. Its winning formula of insight, critical appraisal of the world of wine, plus valuable vintage news and wine recommendations has been often-imitated but never bettered.

With the publication of his first book, *Wine*, Johnson established himself at the age of twenty-seven as the most refreshing and authoritative voice on the subject. During the past four decades he has written books that have become landmarks on the subject, including his classic *The World Atlas of Wine*, co-authored with Jancis Robinson, his *Wine Companion*, first published in 2003, *The Story of Wine* and *Hugh Johnson on Wine*.

In his spare time he writes about gardening from his home in London.

Margaret Rand has been general editor of *Hugh Johnson's Pocket Wine Book* for some 15 years and now, with Hugh's retirement, has taken over the hot seat. The book's mix of personal insight and informed recommendations have made it the world's best-selling annual wine book.

Margaret Rand's curiosity about wine started several decades ago and led her to a career of writing about wine and editing wine magazines, with the occasional foray into whisky. Her books include *Grapes & Wines* and *101 Wines to Try Before You Die*; she also writes regularly for *The World of Fine Wine*, timatkin.com and wineseacher.com. When she's not writing about wine she's probably walking, reading, or in the kitchen, cooking.

A Gypsy In Auschwitz

The inspirational true story of a young boy surviving the terror of the Holocaust

Otto Rosenberg

Key Selling Points

- **UNIQUE PERSPECTIVE:** Despite the popularity of Holocaust survivor memoirs, there is nothing on the market that focuses on the Sinti/Roma experience.
- **AUTHOR:** Otto's account is one of very few published on the Sinti/Roma holocaust and his obituary was in the *New York Times*. His daughter, Petra, is the director of the Central Council of German Sinti and Roma Berlin-Brandenburg - she will write a foreword for the book and will be involved with the book's promotion.

Summary

A unique and deeply affecting memoir of a child's survival in the Roma and Sinti holocaust

Otto Rosenberg is 9 and living in Berlin, poor but happy, when his family are first detained. All around them, Sinti and Roma families are being torn from their homes by Nazis, leaving behind schools, jobs, friends, and businesses to live in forced encampments outside the city. One by one, families are broken up, adults and children disappear or are 'sent East'.

Otto arrives in Auschwitz aged 16 and is later transferred to Buchenwald and Bergen-Belsen. He works, scrounges food whenever he can, witnesses and suffers horrific violence and is driven close to death by illness more than once. Unbelievably, he also joins an armed revolt of prisoners who, facing the SS and certain death, refuse to back down. Somehow, through luck, sheer human will to live, or both, he survives.

The stories of Sinti and Roma suffering in Nazi Germany are all too often lost or untold. In this haunting account, Otto shares his story with a remarkable simplicity. Deeply moving, *A Roma in Auschwitz* is the incredible story of how a young Sinti boy miraculously survived the unimaginable darkness of the Holocaust.

Contributor Bio

Otto Rosenberg was born in East Prussia in 1927 and grew up in Berlin. He was 9 when he was sent to the Roma and Sinti camp in Marzahn, ahead of the 1936 Olympic Games, and 16 when he was sent to Auschwitz. He was then detained in Buchenwald and Bergen-Belsen concentration camps before being freed in 1945. In later years, Rosenberg was the chairman of the Regional Association of German Sinti and Romanies Berlin-Brandenburg and fathered seven children. He passed away in 2001.

Marketing Plans



Monoray
9781800961128
180096112X
Pub Date: 10/4/2022
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\$12.99/\$14.99 Can.
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Paperback

224 Pages
Carton Qty: 32
History / Holocaust
HIS043000

7.8 in H | 5 in W
Status: **FORTHCOMING**



Aster
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1783255145
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On Sale Date: 10/4/2022
\$34.99/\$38.99 Can.
Discount Code: OHC
Hardcover

240 Pages
Carton Qty: 10
Print Run: 8K
Cooking / Regional & Ethnic
CKB093000

9.8 in H | 7.5 in W
Status: **FORTHCOMING**

Persiana Everyday

Easy Everyday Dishes

Sabrina Ghayour

Key Selling Points

- Sabrina has a substantial social media profile with 37K Twitter followers, 111K Instagram followers and 8K followers on Facebook

Summary

The long-awaited follow-up to the award-winning international bestseller *Persiana*

The all-new collection of more than 100 fuss-free, crowd-pleasing recipes for everyday eating from the author of the award-winning, *Sunday Times* bestselling cookbook *Persiana*. Designed to ensure maximum flavor with the greatest of ease - including no-cook, quick-prep, quick-cook and one-pot dishes, *Persiana Everyday* is full of generous, inviting and delicious recipes to cook again and again for family and friends.

PRAISE FOR SABRINA GHAYOUR

"Sabrina Ghayour's Middle-Eastern plus food is all flavour, no fuss - and makes me very, very happy" - **Nigella Lawson**

"I don't think she could write a dull recipe if she tried. Every one an elegantly spiced delight." - **Tom Parker Bowles**

"The golden girl of Persian cookery" - **Observer**

CONTENTS INCLUDES

Small Plates

Including My Muhammara; Fried feta parcels with honey; My flavor bomb beans on toast

Salads for All Seasons

Including Chicken & cucumber salad with pul biber & tahini lime dressing; Courgette, apple, peanut & feta salad with basil and pul biber; Jewelled tomato salad

Poultry & Meat

Including Bloody Mary spatchcocked chicken; Halloumi fatteh; Speedy lamb shawarma

Fish & Seafood

Including Fragrant roasted haddock; Spicy orange & harissa-glazed cod; Marmalade prawns with barberry, chilli & chive butter

Vegetable Love

Including Ash-e-Reshteh; Pomegranate & harissa roasted aubergine steak; Sticky tamarind, garlic & tomato green beans

Carbs of All Kinds

Including Super-quick smoky tomato couscous; Lazy Mantí; Tangy bulgur wheat bake with roasted onions

Something Sweet

Including Rhubarb, rose & pistachio trifle pots; Orange & dark chocolate rubble cake; Cardamom & mocha rice pudding

Contributor Bio

Sabrina Ghayour is an Iranian-born, self-taught home cook turned chef, cookery teacher and food writer. She made her name hosting the hugely popular 'Sabrina's Kitchen' supper club in London, specializing in Persian and Middle Eastern flavours, and went on to be named the *Observer's* Rising Star in Food. Her award-winning debut, *Persiana*, is a worldwide bestseller, and her follow-ups *Sirocco*, *Feasts*, *Bazaar* and *Simply* were Sunday Times bestsellers.



A Sense of Place

A journey around Scotland's whiskies

Dave Broom

Key Selling Points

- A companion volume to the award-winning *The Way of Whisky*, which has sold almost 20,000 copies
- Dave Broom wrote and was the focus of *The Amber Light*, a film on whisky and Scottish culture, which won Best Programme at the 2020 Fortnum & Mason awards
- The market for Scotch whisky is witnessing continued growth and, in 2018, the US became the first country to buy more than £1 billion of Scotch whisky

Summary

A personal journey exploring Scotch whisky through its terroir, including the land, weather, history, craft and culture that feeds and enhances the whisky itself

In this beautifully crafted narrative, award-winning writer Dave Broom examines Scotch whisky from the point of view of its terroir - the land, weather, history, craft and culture that feed and enhance the whisky itself. Travelling around his native Scotland and visiting distilleries from Islay and Harris to Orkney and Speyside, Dave explores the whiskies made there and the elements in their distilling, and locality, which make them what they are. Along the way he tells the story of whisky's history and considers what whisky is now, and where it is going.

With stunning specially commissioned photography by Christina Kernohan, *A Sense of Place* will enhance and deepen every whisky drinker's understanding of just what is in their glass.

Contributor Bio

Dave Broom has written 13 books, including *The World Atlas of Whisky*, now in its second edition. He has won many awards, including two Glenfiddich prizes and, in 2013, he won the prestigious IWSC Communicator of the Year Award. In 2015, he won The Spirited Award for Best Cocktail & Spirits writer, and, in 2018, *The Way of Whisky* won an Andre Simon prize. In 2020 he was awarded Best Drinks Writer at the Fortnum & Mason awards.

He has been a contributing editor to Whisky Magazine, scotchwhisky.com and Malt Advocate. In 2020 he started his own website thewhiskymanual.uk. He has made two films, *Cuba In A Bottle* and *The Amber Light*. The latter, an examination on whisky and Scottish culture, won Best Programme at the 2020 Fortnum & Mason awards.

Over his three-plus decades in the field, Dave has built up a considerable international following with regular training/educational visits to Japan, France, Holland, Scandinavia, Germany, Africa and North America. He is actively involved in whisky education and also acts as a consultant to major distillers on tasting techniques as well as training professionals and the public. Dave has also worked with Suntory in developing a language of tasting that communicates Japanese concepts to English speaking audiences.

Dave's previous books also include *Whisky: The Manual*, *Gin: The Manual*, *Rum: The Manual*, *The Way of Whisky* & *The World Atlas of Whisky*.

Marketing Plans

- Social media campaign
- National media outreach

Mitchell Beazley
9781784726713
1784726710
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\$50.00/\$55.00 Can./£40.00 UK
Discount Code: OHC
Hardcover

256 Pages
Carton Qty: 10
Print Run: 15K
Cooking / Beverages
CKB088000

10.9 in H | 7.6 in W | 0.09 lb Wt
Status: **FORTHCOMING**



Aster
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Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$16.99/\$18.99 Can./£14.99 UK
Discount Code: OHC
Other Merchandise

16 Pages
Carton Qty: 10
Print Run: 7K
Self-Help / Personal Growth
SEL016000
5.9 in H | 4.3 in W | 1.4 in T
Status: **FORTHCOMING**

Five Minutes in the Morning: A Focus Deck

50 Cards to Change Your Day

Aster

Key Selling Points

- It's been scientifically proven that while you sleep, your brain processes what you've learned and experienced during the day before, making the first minutes of the morning the best time to 'download' those realizations and connect with your inner self. The deck format allows for 'random access', so you can order and categorize them in whichever way suits you best, encounter the cards in new contexts juxtaposed against each other and even take a few cards with you or pre-select a card to have by your bed for the next morning.
- *The Five Minutes in the Morning* journals have sold over 100,000 copies so far
- Mindfulness and self-care are popular topics at the moment, and everyone is looking for quick and easy ways to be more present and live more mindfully - the immediacy of the deck (just pull one card!) and the quick and easy 5 minutes promise makes this title easy entry point for people looking to feel more connected.

Summary

Every morning offers an opportunity for a fresh start.

It's so easy to start your day by hitting the snooze button or getting sucked into your phone or to-do list, but what if there was a gentle, soothing and easy alternative?

As we sleep, our brains record what we've learned and experienced over the course of the day, making the first few minutes of your morning the best time to fully absorb what you've learned and connect with your needs and aspirations, physically, emotionally and spiritually. Take five minutes in the morning for yourself with this beautiful 50-card deck, featuring prompts to help you decide what's important to you today, advice on how to write effective to-do lists, body meditations, energy flow exercises and more.

Whether you pull a card from the deck at random, shuffle through the deck to find the card that fits your morning best, or select a card for yourself the night before, the *Five Minutes in the Morning Focus Deck* helps you set an intention for your day with prompts and short creative exercises to help you get the most out of your mornings and live more mindfully.

Contributor Bio

Aster is a dynamic force in wellness, food and drink publishing and our market-leading books aim to nourish, enliven and inspire.

Marketing Plans



Short Books
9781780725284
1780725280
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$16.99/\$18.99 Can.
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 30
Print Run: 5K
Music / Genres & Styles
MUS006000

7.8 in H | 5 in W
Status: **FORTHCOMING**

Related Products

Ebooks

The Perfect Pitch 9781609412913
\$65.00

The Perfect Pitch 9780446566940
\$9.99

Other Formats

The Perfect Pitch 9780446672948
\$13.99

Perfect Pitch

100 pieces of classical music to bring joy, tears, solace, empathy, inspiration (& everything in between)

Tim Bouverie

Key Selling Points

- Classical music has never been more democratic – and more popular with streaming services
- Provides a list of not only what to listen to but also a recommended recording for each piece
- Includes a link to accompanying Spotify playlist, which can be found [here](#)
- Bouverie brings together his lifetime's knowledge on the subject with his brilliant skill as a writer and a sharp journalistic eye for a good story.
- For readers of Clemency Burton Hill's book, *A Year of Wonder*

Summary

100 pieces of classical music to bring joy, tears, solace, laughter, inspiration, empathy & everything else in between

"Thank you to Tim Bouverie for this book which can be enjoyed as much by the hard-nosed professional as the beginner, anxious to learn something of this great music." – **Jools Holland**

"A treat from the very first page... the perfect introduction to classical music for a beginner, a companion for the music lover, and sheer entertainment for both." – **Joanna Lumley**

A book for anyone who wants to bring more classical music into their life and doesn't know where to start.

Nearly all of us have the capacity to enjoy classical music but too often we are put off by not knowing where to look, or what we are actually looking for. We feel the need of a guide to help navigate such vast and varied artistic terrain.

With this delightful book, historian Tim Bouverie provides just this. Drawing on his lifelong passion for music, he has created a compilation of 100 classical masterpieces sure to move and be enjoyed by almost anyone. Some are well-known, some more idiosyncratic, others hidden gems waiting to be brought into the light. All are intended to comfort and inspire. He provides a short introduction to each piece – variously anecdotal, personal, historical and quirky – and a recommended recording to try.

Highly accessible and entertaining, *Perfect Pitch* is filled with engrossing stories and insights that bring to life 300 years of the world's greatest music.

An accompanying playlist is available on Spotify.

"The most beautifully written explanation of classical music I have come across...Brilliant." – **Victoria Hislop**

"Generous and passionate... astutely blends context and anecdote, always delivered with smiling and enthusiastic authority." – **Dame Jane Glover, conductor and author of *Mozart's Women***

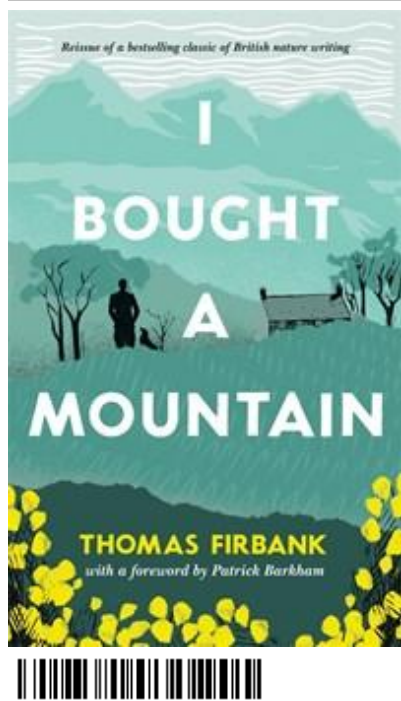
Contributor Bio

Tim Bouverie has nurtured a passion for classical music since he was five years old. Having studied history at Christ Church, Oxford, he worked as a political journalist before becoming a full-time historian and writer. His first book, *Appeasing Hitler: Chamberlain, Churchill and the Road to War* was a *Sunday Times* Bestseller and was

shortlisted for the Orwell Prize. While working on a sequel on Allied diplomacy during the Second World War, he has been the Alistair Horne Fellow of St Antony's College, Oxford.

Subrights

No subrights have been specified.



Short Books
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288 Pages
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Social Science / Agriculture &
Food
SOC055000
9.3 in H | 5.3 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781780725574

I Bought a Mountain

Thomas Firbank, Patrick Barkham

Key Selling Points

- Written on the eve of the Second World War, *I Bought a Mountain* went on to become one of the biggest post-war bestsellers, selling over half-a-million copies worldwide. Short Books recently discovered an old out-of-print copy of this gem, and painstakingly tracked down the rights holders in order to reissue it as a beautiful hardback for a new audience.
- A book extolling slow living and responsible land management which feels utterly relevant today with the current environmental debates in farming.

Summary

Reissue of a bestselling classic that inspired a generation of 'good life' nature books

'I first saw Dyffryn in a November gale... the old house was quivering under the thrusts of the wind, and the wild, remote setting had already captured my fancy, and I will hold it till I die.'

So begins the remarkable story of a 21-year-old man who, with no experience in agriculture, visited a sheep farm on a near barren Welsh mountainside in 1931 and that same day bought all 2,400 acres along with its 3000 sheep for £5,000.

Set amidst the rugged grandeur of Snowdonia, *I Bought a Mountain* follows the struggles and triumphs of this impulsive but hard-working man and his every-bit-as-tough wife, Esme, as they fight to build the farm into prosperity.

Firbank's writing is guileless and immediate and ruthlessly honest. His paean to the traditional, Welsh hill-farming way of life, transports you to a disappearing world, one ruled by the age-old rhythms of work, weather, livestock and a love of the land, and offers precious insights into conservation and sustainability.

Contributor Bio

Thomas Firbank (1910–2000) was a Canadian/Welsh author, farmer, soldier and engineer. He enlisted during the Second World War and was awarded a Military Cross. After his marriage to Esme Cummins ended, he gave her the Dyffryn farm. He only returned to Snowdonia in 1993 after a spell living in the Far East, and died in Llarnwst, North Wales.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Cassell
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Pub Date: 10/4/2022
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Carton Qty: 10
Print Run: 6K
Performing Arts / Film
PER004010

8.3 in H | 6 in W
Status: **FORTHCOMING**

Related Products

Other Formats

A-Z Great Film Directors
9781788400565 \$14.99

A-Z Great Film Directors

Andy Tuohy

Key Selling Points

- NPD reported that between January and June of 2021, watching TV and movies made up 30% of the time U.S. consumers spent entertaining themselves

Summary

A fun introduction to 52 of the greatest film directors, from Almodovar to Ozu, Fellini to Tarantino, and many more.

A striking, design-led reference book. *A-Z Great Film Directors* features Andy Tuohy's portraits of 52 directors significant for their contribution to cinema including kings of world cinema Wong Kar-Wai and Akira Kurosawa, arthouse pioneers Fritz Lang and David Lynch as well as the often under-appreciated female directors Kathryn Bigelow and Jane Campion.

With text by film journalist Matt Glasby, each director's entry will also have a summary of the essential things you need to know about them, why they're important, a list of their must-see films, and a surprising fact or two about them, as well as images of their key films throughout.

So whether you're already a film aficionado, or looking for a helpful cheat to pass convincingly as an arthouse fan, you'll love this guide to international directors, past and present.

Contributor Bio

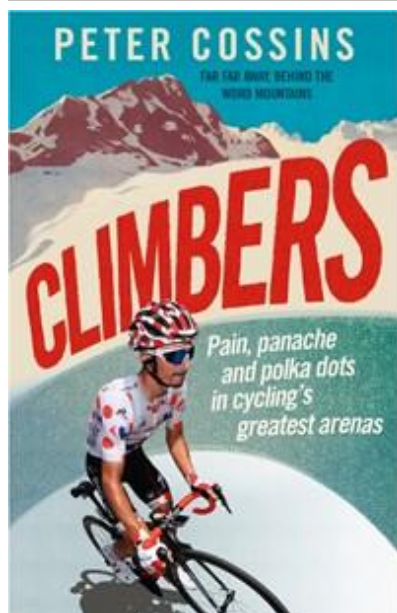
Andy Tuohy is a graphic designer and worked in advertising for many years before becoming a freelance artist/ designer. He has had design work commissioned by the Tate Modern and Tate Liverpool, Turner Contemporary and Henley Regatta, and has been featured in Design Week amongst other publications.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





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Discount Code: OHC
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Print Run: 6K
Biography & Autobiography
/ Personal Memoirs
BIO026000
9.4 in H | 6.1 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781788403146

Other Formats

9781859676639

Climbers

Pain, panache and polka dots in cycling's greatest arenas

Peter Cossins

Key Selling Points

- The Tour de France attracts a reported 2.6 billion viewers per year.
- Peter has won the past two Telegraph Cycling Book of the Year awards (2019, 2020).
- There has been a cycling boom thanks to lockdown. One in ten US adults reporting riding their bikes for the first time in a year.

Summary

Award-winning cycling author's look at the men and psychology of the mountain climber

When, during the Pyrenean stages of the 1998 Tour de France, a journalist asked Marco Pantani why he rode so fast in the mountains, the elfin Italian, unmistakable in the bandanna and hooped ear-rings that played up to his "Pirate" nickname, replied: "To shorten my agony."

Drawing on the fervor for these men of the mountains, *Climbers* looks at what sets these athletes apart within the world of bike racing, about why we love and cherish them, how they make cycling beautiful, and how they see themselves and the feats they achieve.

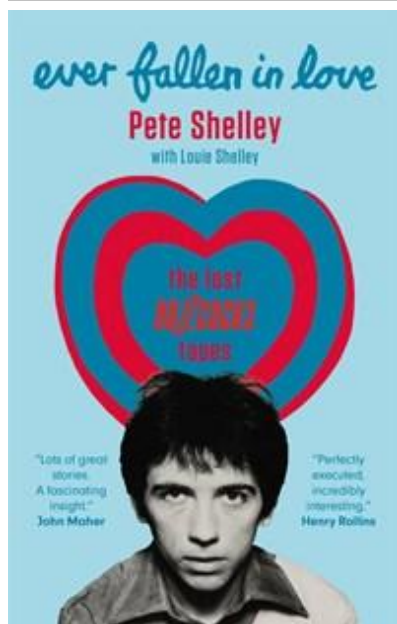
Working chronologically, Peter Cossins explores the evolution of mountain-climbing. He offers a comprehensive view of the sport, combining contemporary reports with fresh one-to-one interviews with high-profile riders from the last 50 years, such as Cyrille Guimard, Hennie Kuiper and Andy Schleck. And, unlike many other cycling books, *Climbers* also includes the stories of female racers across the world, from Ashleigh Moolman-Pasio and Annemiek van Vleuten to Fabiana Luperini and Amanda Spratt.

Climbers analyses the personalities of these racers, highlighting the individuality of climbing as an exercise and the fundamental fact that it's a solitary challenge undertaken in relentlessly unforgiving terrain that requires unremitting effort.

Captivating and iconic, *Climbers* is the ultimate cycling book to understand what it takes both physically and mentally to take on the sport's hardest stages.

Contributor Bio

Peter Cossins has been writing about cycling since 1993. A former editor of *Procyling*, he has also contributed to the *Guardian*, *The Times*, the *Sunday Telegraph*, the *Sunday Express* and the *Sunday Herald*. He has worked on every Tour during that time.



Cassell
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Print Run: 8K
Music / Genres & Styles
MUS035000

7.8 in H | 5 in W
Status: **FORTHCOMING**

Related Products

Other Formats

Ever Fallen in Love
9781788402880 \$24.99

Ebooks

9781788402897

Ever Fallen in Love

The Lost Buzzcocks Tapes

Pete Shelley, Louie Shelley

Key Selling Points

- A first-person account from a punk legend, in the vein of John Lydon's *Anger is an Energy*
- Cover designed by iconic Buzzcocks designer Malcolm Garrett, creator of their original record covers and artwork
- Approved by Pete Shelley's estate, and with contributions and support from Buzzcocks band members, including never-before-seen photographs
- Includes integrated photographs and colour plate sections, featuring Buzzcocks record covers, memorabilia and artwork

Summary

Newly discovered recordings of a music legend in his own remarkable words: punk, Buzzcocks and the inspiration behind some of greatest songs ever written.

**A ROUGH TRADE UK BOOK OF THE YEAR
A LOUDER THAN WAR BOOK OF THE YEAR**

"Fascinating"

- MOJO

"As close as anyone was ever going to get to really understanding Pete Shelley"

- UNCUT

"The memoir that Pete Shelley never had a chance to write"

- LOUDER THAN WAR

"Lots of great stories... A fascinating insight."

- JOHN MAHER, Buzzcocks

When Pete Shelley, lead singer of legendary punk band Buzzcocks, passed away in 2018 we lost the chance to hear one of music's brightest stars tell his story.

Or so it seemed.

Now, **recordings have surfaced of a series of remarkable interviews** in which Pete tells the story of his life, his band and his place at the beating heart of the punk explosion in fascinating detail.

Recorded over a series of late-night calls with a close friend, the tapes hear Pete talk song-by-song through Buzzcocks releases to reveal **the personal memories behind the music** and the inspiration for masterpieces such as 'Ever Fallen in Love (With Someone You Shouldn't've)' and 'What Do I Get?'.

Published for the first time and with the blessing of Pete's estate, *Ever Fallen In Love: The Lost Buzzcocks Tapes* is a tribute to a founding member of punk and a chance to hear **one of music's true visionaries tell his own story at last.**

"Perfectly executed, highly detailed, incredibly interesting."

- HENRY ROLLINS, Black Flag

"Pete and Buzzcocks were there right from the beginning."

-BERNARD SUMNER, Joy Division, New Order

"A true gentleman and a great artist and songwriter."

- PETER HOOK, Joy Division, New Order

"Shot through with self-doubt and mild regret, Pete Shelley's lovesick pop classics have a bittersweet charm that will forever speak to the young romantic"

- JOHN COOPER CLARKE

"Buzzcocks were the blue touchpaper for my love of music. Pure pop met punk and the result was perfection."

- TIM BURGESS, The Charlatans

Contributor Bio

Pete Shelley was the lead singer, guitarist and songwriter of iconic punk band Buzzcocks. He wrote some of punk's most enduring songs, including 'Ever Fallen in Love (With Someone You Shouldn't've)', 'Orgasm Addict' and 'What Do I Get?', as well as solo hits such as 'Homosapien', which was subsequently banned from being played on the BBC. Regarded as one of the finest songwriters of his generation, Pete died in 2018.

Louie Shelley was a close friend of Pete Shelley's, and no relation. She first met Buzzcocks while working as a journalist on the Manchester music scene in the late 1990s, going on to work with them in various capacities in the ensuing years. She remains involved in Buzzcocks projects, as well as the Pete Shelley Memorial Campaign.



Mitchell Beazley
9781784727246
1784727245
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$19.99/\$21.99 Can./£16.99
UK/€19.50 DE
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 25K
Cooking / Beverages
CKB019000

8.5 in H | 6 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781784727819

How To Make The Best Coffee At Home

James Hoffmann

Key Selling Points

- James Hoffmann is the international name in coffee, combining guru-level knowledge with a wonderful ability to communicate it
- By the author of *The World Atlas of Coffee* - which has sold over 250,000 copies worldwide
- James Hoffmann has a dedicated following on YouTube (1.15M subscribers) and Instagram (@jimseven - 291k followers)
- According to the National Coffee Association, 64% of US adults drink coffee daily (NCA, 2021)
- According to the *Huffington Post*, 52% of US coffee drinkers would forgo a shower if they had to choose between that and coffee of a morning

Summary

World-leading coffee expert and best-selling author of *The World Atlas of Coffee* shows you how to make barista-level coffee at home

We all expect to be able to buy an excellent cup of coffee from the many brilliant coffee shops available. But what about the coffee we make at home? Shouldn't that be just as good?

Coffee guru James Hoffmann runs Square Mile Coffee, as well as creating extremely informative, and popular, coffee and equipment reviews for his YouTube and Instagram channels. In his latest book he demonstrates everything you need to know to make consistently excellent coffee at home, including: what equipment is worth buying, and what isn't; how to grind coffee; the basics of brewing for all major equipment (cafetiere, aeropress, stovetop etc); understanding coffee drinks, from the cortado to latte; the perfect espresso; and taking it to the next level - home roasting.

Contributor Bio

James Hoffmann is the managing director of Square Mile Coffee Roasters, a multi-award winning coffee roasting company based in East London. He is also the World Barista Champion 2007, having won the UK Barista competition in both 2006 and 2007. He writes a popular blog, www.jimseven.com, about coffee and the coffee business. *The World Atlas of Coffee* is his first book.

Marketing Plans

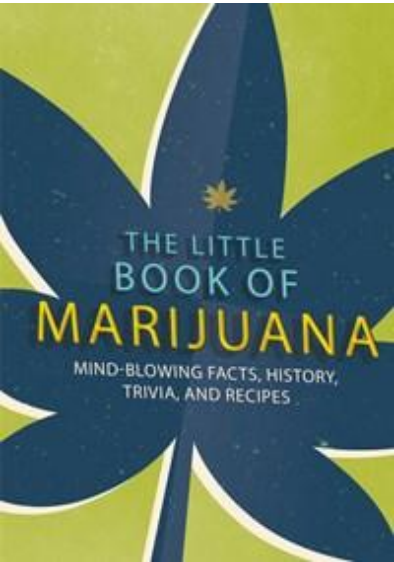
- Social media campaign
- National media outreach
- Trade and Library Advertising

Links

- [Author Website](#)

Illustrations





Spruce
9781846015946
1846015944
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$9.99/\$10.99 Can.
Discount Code: OPB
Paperback

96 Pages
Carton Qty: 10
Print Run: 6K
Health & Fitness / Cannabis & CBD
HEA053000
5.8 in H | 4.3 in W
Status:**FORTHCOMING**

Related Products

Other Formats
The Little Book of Marijuana
9781846015250 \$8.99

The Little Book of Marijuana
Mind-blowing Facts, History, Trivia and Recipes
Spruce

Key Selling Points

- Perfect stocking filler and an 'off-to-uni' gift or self-purchase.
- *Stoner's Delight* (also by Octopus) has sold nearly 50k copies in the US
- As of 2021, 17 states have legalized marijuana for recreational use and 36 states have legalized medical use of marijuana

Summary

Everything you could possibly want to know about the world's most popular drug in less than 100 pages!

A great gift for the stoner in your life, this bite-sized book is full of recipes, history, trivia, fun and facts to enjoy, all on the world's most cultivated leaf.

Including anything and everything from 'Weird Science: the five stages of a herbal high', 'The Herb in History: High achievers - famous smokers from around the globe', to 'Know your Blow: 20 great smokes that will blow your mind' 'Mind-bending facts: The a-z of crazy weed names', 'Ganja Games: Blindfolded joint building' and 'Marijuana Munchies' recipes.

Full of fun stuff to keep you amused, it's an enlightening read on weed!

Contributor Bio

Spruce is known for its innovative design and beautiful books across a range of areas including cookery, biography, mind body spirit and gift books. It has a great reputation for publishing well-defined, distinct series which become backlist classics.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Hamlyn
9780600637479
0600637476
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$24.99/\$27.99 Can.
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 6K
Cooking / Media Tie-In
CKB128000

9.8 in H | 7.5 in W
Status: **FORTHCOMING**

Love Food Family

Recipes from the Kitchen Disco

Sophie Ellis-Bextor, Richard Jones

Key Selling Points

- In 2020 and 2021, Sophie Ellis-Bextor's Kitchen Discos, performed at home during lockdown with her five sons and recorded by her husband, musician Richard Jones, were watched and enjoyed by millions around the world
- Sophie Ellis-Bextor is an international popstar with numerous bestselling albums selling millions of copies worldwide
- She has over 409k Instagram followers and 216k Twitter followers
- Sophie and Richard Jones are both passionate about accessible, family cooking with 5 boys of their own to cook for. Their love of food regularly attracts media attention

Summary

In *Love Food Family*, Sophie Ellis-Bextor & Richard Jones show us that the kitchen is the heart of the home and adds some glitter to family cooking

As parents to five boys, and with a strong passion for food, Sophie and Richard are no stranger to finding realistic meals that everyone wants to eat. As a result, in this cookbook you'll find comforting roasts and stews; speedy pasta sauces and spicy 'add ins'; hits for kids such as 'Perfect Veggie Risotto For All', 'Build-Your-Own Sushi Tacos' and 'You-Should-Be-in-Bed Toast'; plus all the elements for a taste-packed Mexican Feast. Not forgetting, of course, Kitchen Disco cocktails to wash it all down with.

Inspired by international cuisines and fond family memories, *Love Food Family* is packed with accessible, flexible, crowd-pleasing feasts for eating together and proves that everything tastes better with a little bit of disco.

Contributor Bio

Sophie Ellis-Bextor shot to fame as a vocalist on Spiller's huge number one single, 'Groovejet' and with her worldwide smash hit, 'Murder on the Dancefloor'.

Her debut solo album, 'Read My Lips', was released in 2001 and sold more than 2 million copies worldwide. Her subsequent album releases include 'Shoot from the Hip' (2003), 'Trip the Light Fantastic' (2007) and 'Make a Scene' (2011). In 2014, Sophie released her album 'Wanderlust' on her own label EBGB's, which was co-written and produced by Ed Harcourt. It was a critical and commercial success spending 3 weeks in the UK top 10 and selling over 100,000 copies. Sophie followed this with 2016's 'Familia'. In 2019 Sophie released orchestrated versions of all her hits with her orchestral greatest hits album 'The Song Diaries'.

In 2020 and 2021 her Kitchen Discos, performed at home during lockdown with her five sons and recorded by her husband, musician Richard Jones, were watched and enjoyed by millions around the world. Following the performances, she released 'Songs from The Kitchen Disco', bringing together Sophie's hits with many other songs from her phenomenally successful lockdown Kitchen Disco performances, garnering further critical acclaim and another top 10 UK album chart position.

Alongside music, Sophie also released her first book in 2021 which was an autobiography called *Spinning Plates*. Her podcast of the same name is now in its 6th series and focuses on conversations with working women who happen to be mothers.

Instagram.com/sophieellisbextor
Twitter.com/SophieEB

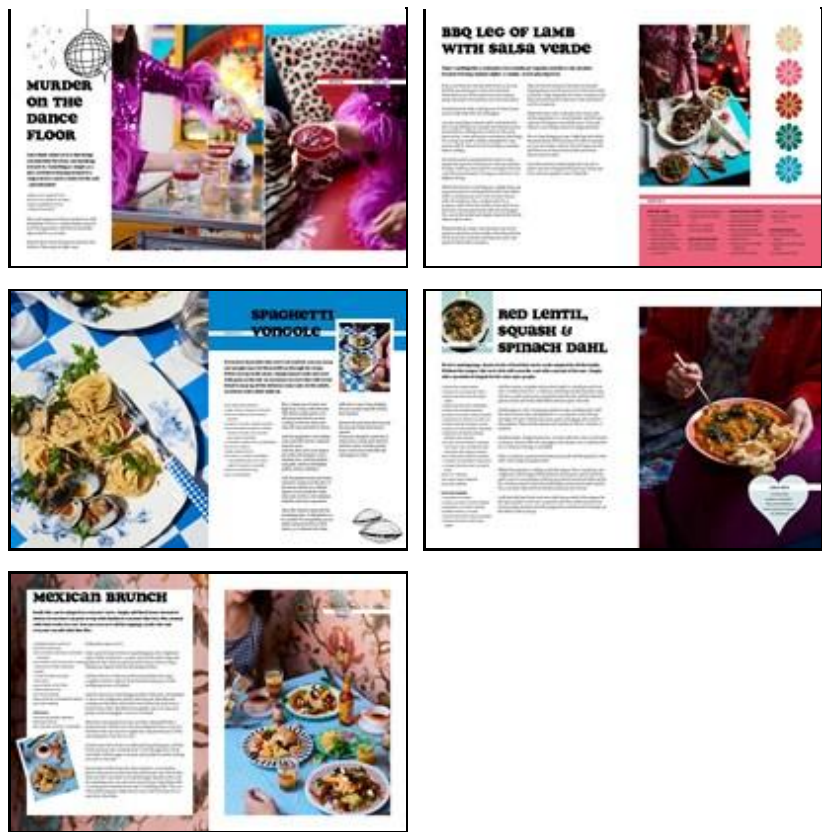
Richard Jones Richard Jones is a music producer, songwriter and bassist from Forest

Row in Sussex. Richard is a founding member of the critically acclaimed British soft rock band 'The Feeling'. Their debut single 'Fill My Little World' (2005) was nominated for a BRIT Award, and the group's first full release single 'Sewn' (2006) placed 7th on the UK Singles Chart. Their debut album 'Twelve Stops and Home' came out in 2006, and their second album 'Join with Us' (2008) achieved number one in the UK Charts. These were followed by: 'Together We Were Made' (2011), 'Boy Who Cried Wolf' (2013), and a self-titled album in 2016. Richard and his bandmates won 'Songwriters of the Year' in 2007 at the Ivor Novello Awards and 'Band of the Year' in 2008 at the Elle Style Awards. Richard also performed at the closing ceremony of the 2012 Olympic Games, and has used his music to fundraise for charities such as the Teenage Cancer Trust and the Starlight Children's Foundation.

In addition to his accomplishments with 'The Feeling', Richard has performed with many other artists including Rufus Wainwright, Chrissie Hynde, Bryan Adams, Ed Sheeran, Nick Mason, Roger Daltrey and Ed Harcourt and has also played bass guitar on all of pop star Sophie Ellis-Bextor's studio albums, touring frequently with her band.

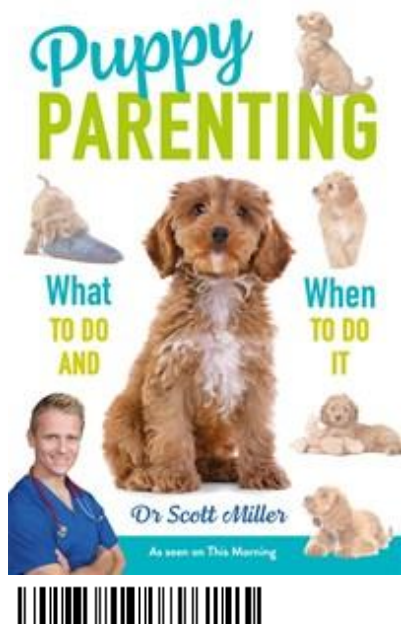
In 2020 and 2021, Richard and Sophie entertained millions from home with their weekly 'Kitchen Disco' Instagram live concerts, featuring their five children which was filmed and produced by Richard who often appeared wearing animal masks.

Instagram.com/richardjonesface



Subrights

No subrights have been specified.



Cassell
9781788403764
1788403762
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$19.99/\$21.99 Can./£12.99 UK
Discount Code: OPB
Paperback

256 Pages
Carton Qty: 28
Print Run: 6K
Pets / Dogs
PET004000

9.2 in H | 6 in W
Status: **FORTHCOMING**

Puppy Parenting

What to do and when to do it

Dr. Scott Miller

Key Selling Points

- Dr. Scott Miller is a known television personality and environmentalist
- The value of the pet industry in the US recently reached \$110 billion
- According to the 2021-2022 APPA National Pet Owners Survey, 70% of U.S. households own a pet, which equates to **90.5 millions homes**. Roughly 69 million of these households own a dog.
- April 2019 saw 301,000 searches in the USA for “puppies for sale,” and this rose to 1,000,000 in April 2020

Summary

Give your dog the best start to life with Dr. Scott Miller's guide to raising the perfect puppy.

All your questions are answered and concerns quelled with this friendly and authoritative guide to puppy care, which also contains features on puppy psychology and debunking popular myths.

Follow *Puppy Parenting's* clear chronological format and learn what to expect at each stage of your pet's development, as well as how you can deal with behavioural and health issues. Case studies demonstrate real life problems and solutions and allow you to compare your experiences to those of others, including Dr. Miller's, as he raises his own troublesome terrier, Betty.

Contributor Bio

Dr. Scott Miller is a practising vet and television personality. He has appeared on numerous programmes, including This Morning (for whom he is a regular contributor), Pet Rehab, Blue Peter and Australian Animal Hospital. Scott is dedicated to a number of worthwhile charities worldwide, protecting animals such as cats, whales, dolphins and bears. He is also the proud owner of Betty, a Border Terrier and co-star of this book.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Conran
9781840918274
1840918276
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$14.99/\$16.99 Can.
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 10
Print Run: 7K
Cooking / Beverages
CKB006000
7 in H | 3.8 in W
Status: **FORTHCOMING**

Related Products

Other Formats

Vogue Cocktails (Us)
9780821220139 \$9.95

Vogue Cocktails

Classic drinks from the golden age of cocktails

Henry McNulty, Robin Muir

Key Selling Points

- **TRACK RECORD:** First published in 1982, *Vogue Cocktails* was the best selling title ever put together by Conde Nast and has been translated into 6 languages. This reissue is based on the original, to which many new recipes have been added, the format redesigned and illustrations added for the first time
- **TOPIC:** The only sophisticated drink reference of its type

Summary

A super-chic collection of 150 classic cocktail recipes created by one-time *Vogue* drinks expert and man about town, Henry McNulty.

The Little Black Dress of cocktail books.

From the archives of *British Vogue*, the classic cocktail book, for a new generation of discerning drinkers.

Vogue Cocktails is a collection of recipes compiled by former *British Vogue* drinks aficionado and man-about-town, Henry McNulty. Taking inspiration from the cocktail culture of the 1930s, *Vogue Cocktails* contains 150 recipes organized by base spirit - Champagne, Gin, Vodka, Whisky, Rum and Brandies & Other Spirits - to ensure a drink for every palate. The book also contains essential information on stocking your bar and mixing drinks, with jazz-age-inspired illustrations by Graham Palfrey-Rogers throughout.

Contributor Bio

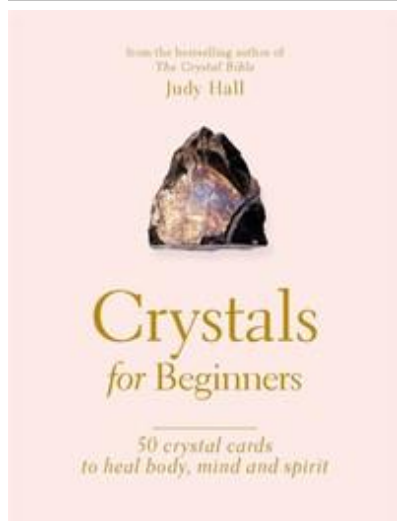
Henry McNulty was born to American parents in China in 1913. He returned to the States for his education and became a war correspondent during World War II, which took him around Europe and gave him the opportunity to gather observations on the drinking habits of different countries. He began working for the drinks industry in the 1950s as a PR consultant, later progressing to a career in drinks journalism. Henry wrote for publications including *House & Garden* and *Gourmet* before landing a regular wine and spirits column in *Vogue*, some of which were abridged for the first edition of *Vogue Cocktails*. He also authored *Vogue A-Z of Wine*, *One for the Road* (a guide to non-alcoholic drinks) and *Drinking in Vogue*. Henry came to be considered as a trusted authority on drinks and a cocktail aficionado.

Vogue is an internationally prestigious luxury brand with an estimated international readership of 12.5m. In 2012, Octopus began working with Condé Nast on *British Vogue* and *GQ*-branded books.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Godsfield
9781841815244
1841815241
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$18.99/\$20.99 Can.
Discount Code: OHC
Other Merchandise

16 Pages
Carton Qty: 10
Print Run: 10K
Body, Mind & Spirit / Crystals
OCC004000
5.9 in H | 4.3 in W
Status: **FORTHCOMING**

Crystals for Beginners

Your Guide to Unlocking the Power of Crystals

Judy Hall

Key Selling Points

- Judy Hall is an internationally respected crystal expert. Her most popular book, *The Crystal Bible* has sold over 1 million copies worldwide.
- Decks are growing in popularity as an accessible approachable format for information. Healing crystals are growing in mainstream popularity and crystal decks are too.
- Crystal decks can help new practitioners get to know crystals and their properties even if they have not purchased any crystals yet. Images of crystals can be used to channel crystal energies, as oracle cards and in crystal spreads. This deck includes ritual cards to help people start working with crystals.

Summary

Get to know healing crystals with this beginner-friendly deck. Learn about the 50 most popular healing crystals and how to use them to improve your life.

Crystals have been used to improve our wellbeing through meditation, manifestation and crystal healing for millennia. The *Crystals for Beginners* deck is your introduction to exploring crystals and familiarizing yourself with their various properties in order to create lasting change in all areas of your life.

This beautifully illustrated 50-card deck will introduce you to the most popular crystals, such as Amethyst, Blue Lace Agate and Jade. Each card features an image of a crystal along with the associated key words and properties so that you can start to identify and explore which crystals you are drawn to. Once you have learnt the basics, the cards can be turned over to delve further into the healing properties of the crystal, with a focus on either Body, Mind or Spirit. Along with the deck is a short introductory guide to essential crystal basics, how to meditate with crystals, using affirmations and exploring physical healing.

Working with the *Crystals for Beginners* deck can help you to discover which crystals suit your needs and resonate with you most, before you start a physical crystal collection. Discover how crystals can help you focus, live a more mindful life, banish dis-ease, protect you from negativity and improve your wellbeing.

Contributor Bio

Judy Hall was an internationally known author, astrologer, crystal expert, psychic and healer. A leading authority on spiritual development, Judy had more than 45 years of experience in karmic astrology, crystal healing and past-life therapy. She was the author of over 45 books - including the bestselling *The Crystal Bible*, which has sold more than 1 million copies worldwide - and her writing has been translated into 16 languages. Judy has four times been named as one of the 100 most spiritually influential people in the world in the **Watkins Review**.

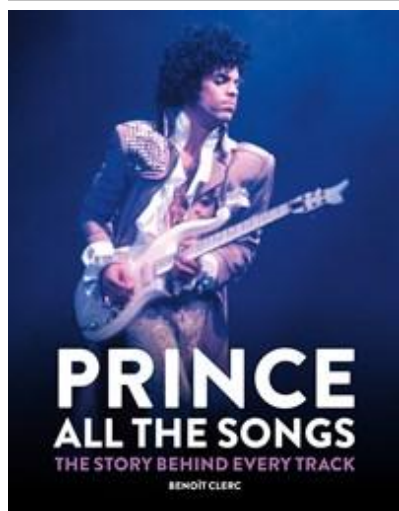
Judyhall.co.uk

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Mitchell Beazley
9781784728243
1784728241
Pub Date: 10/11/2022
On Sale Date: 10/11/2022
\$60.00/\$65.00 Can./£50.00 UK
Discount Code: OHC
Hardcover

648 Pages
Carton Qty: 10
Print Run: 45K
Biography & Autobiography
/ Music
BIO004000

0.2 in H | 0.1 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Prince: All the Songs

The Story Behind Every Track

Benoît Clerc

Key Selling Points

- **SUCCESSFUL SERIES:** The latest title in an incredibly successful series by expert authors - over 150,000 sold in the US alone
- **RECENT BESTSELLER:** *The Beautiful Ones*, Prince's posthumous autobiography published in 2019, sold 140k NPD in the US
- **HUGE ARTIST:** Prince has sold over 100 million albums worldwide, and is regarded as one of the greatest musicians of all time
- **PASSIONATE FANBASE:** Supported by a grassroots campaign targeting the 'Prince Army' of loyal fans, through fan sites, clubs, newsletters and more

Summary

A new, definitive look at one of music's greatest songbooks by an expert author

The latest book in the bestselling *All the Songs* series, this is **the most in-depth exploration** of Prince's songs ever written.

Spanning nearly 50 years of albums, EPs, B-sides, and more, read **the full story behind all of the songs** that Prince ever released. Moving chronologically through his epic back catalogue, expert author Benoît Clerc analyses everything there is to know about each song and session.

No stone is left unturned across more than 600 pages, illustrated with incredible photography throughout. From the inspiration behind the lyrics and melody to the recording process and even the musicians and producers who worked on each track, uncover the stories behind the music in this truly definitive book - **a must-have for every Prince fan.**

Contributor Bio

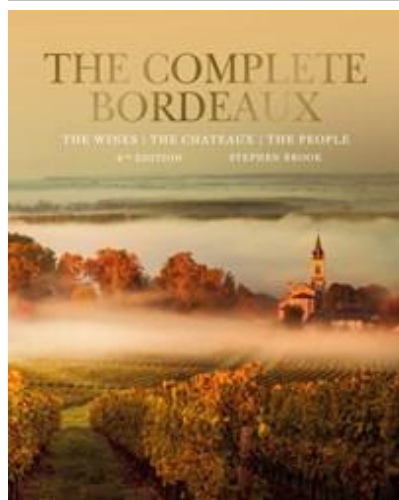
Benoît Clerc is an author, composer and professional musician. He has written two books in the bestselling *All the Songs* series, on Queen and David Bowie.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Mitchell Beazley
9781784727512
1784727512
Pub Date: 10/11/2022
On Sale Date: 10/11/2022
\$75.00/\$90.00 Can./£55.00 UK
Discount Code: OHC
Hardcover

736 Pages
Carton Qty: 10
Print Run: 5K
Cooking / Beverages
CKB126000

10 in H | 8 in W
Status: **FORTHCOMING**

The Complete Bordeaux: 4th edition

The Wines, The Chateaux, The People

Stephen Brook

Key Selling Points

- The definitive work on the wines of Bordeaux
- Written by one of the world's foremost authorities on Bordeaux, whose book *Bordeaux: People, Power and Politics* won the Veuve Clicquot and ICP awards
- Fully updated for this new edition

Summary

Stephen Brook's masterly volume, now fully revised and updated, is the essential reference guide to the wines of Bordeaux

The wines of Bordeaux are universally recognized as being among the finest in the world and in this fully revised and updated edition of his classic text, renowned wine expert Stephen Brook provides an unrivalled survey of the region and its wines.

The Complete Bordeaux offers detailed information on the many communes and appellations of Bordeaux along with descriptions and assessments of all its major properties. As well as incisive portraits of the leading properties and their produce, Stephen Brook provides a detailed look at Bordeaux's lesser-known areas and chateaux.

There is also an invaluable vintage guide to the last four decades. Bordeaux encapsulates an incredible 13,000 wineries throughout 54 appellations and this book includes a thorough explanation of Bordeaux's history, terroir and winemaking styles.

More than just a producer-by-producer reference work - Brooks analyzes the information he presents in order to give a clear picture of the current trends in the region. He provides assessments of more than 1,000 significant wine producers in Bordeaux, considering its history, viticulture, vinification, wine styles and vintages.

Praise for the third edition:

"A fresh and authoritative addition to the Bordeaux library."
Eric Asimov, *The New York Times*

"This new edition is the ultimate guide to perhaps the greatest wine area in the world. Whether you use the book in your local wine store or tote it on a journey to Bordeaux itself, this book is definitive. And magnificent." -
Huffington Post

Contributor Bio

Stephen Brook is a leading writer on wine and gastronomy. His previous books include *Sauternes*, *The Wines of Germany*, and *The Wines of California*, which won the Prix Lanson, Glenfiddich and Veuve Clicquot awards. He is also the author of *Pauillac* and *Bordeaux: People, Power and Politics*, which won the Veuve Clicquot and ICP awards.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising



Mitchell Beazley
9781784728250
178472825X
Pub Date: 10/11/2022
On Sale Date: 10/11/2022
\$39.99/\$43.99 Can.
Discount Code: OHC
Hardcover

256 Pages
Carton Qty: 10
Print Run: 8K
Music / Individual Composer &
Musician
MUS050000

10.4 in H | 7.7 in W
Status: **FORTHCOMING**

Related Products

Other Formats

After The Fall 9780465000814
\$15.00
After The Fall 9780465016051
\$25.00

Telling Stories: Photographs of The Fall

With Unseen Images

Kevin Cummins, Simon Armitage

Key Selling Points

- **UNIQUE PERSPECTIVE:** Kevin Cummins' photographic archive covers the entire span of The Fall's music career, from before the recording studio to their final years.
- **CONTRIBUTORS:** both band members and famous fans provide interviews and essays, alongside Cummins' photographs.
- **NEW IMAGES:** includes never-before-seen images from Cummins' archive.
- **Foreword by Simon Armitage, UK Poet Laureate.**

Summary

The ultimate visual history of The Fall from renowned photographer Kevin Cummins, including interviews, essays and contributions from the band members themselves

Contains never-before-seen images.

From chaotic early gigs to their final years, NME photographer Kevin Cummins provides a definitive, unique perspective on cult favorites The Fall. In this stunning visual history spanning four decades, discover how and why they emerged as one of the most innovative, boundary-breaking bands in modern music.

With interviews and essays from the band's members and devotees, as well as never-before-seen images from Cummins' archives, this is the ultimate visual companion to The Fall.

Contributor Bio

Manchester-born **Kevin Cummins** has an international reputation as one of the world's leading photographers and is famed for his iconic portraits of musicians including Joy Division, David Bowie, Nick Cave, Mick Jagger, Patti Smith and Oasis. These photographs have appeared on magazine covers and in art galleries and museums including the National Portrait Gallery and the Victoria and Albert Museum in London, and in cities including New York, Buenos Aires, Berlin, Bologna and many others.

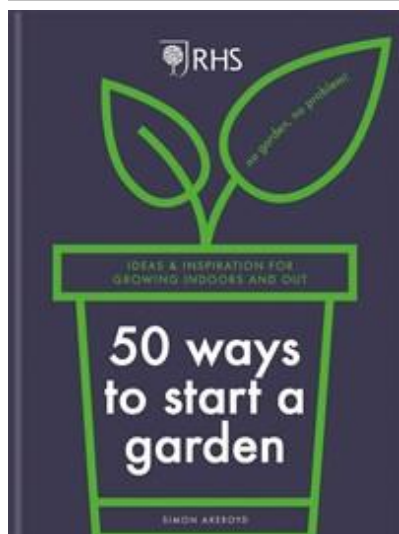
Chief photographer at the *NME* for over ten years, Kevin captured some of the best-known images in modern music history - his work has decorated bedroom walls the world over.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Mitchell Beazley
9781784728441
1784728446
Pub Date: 10/25/2022
On Sale Date: 10/25/2022
\$19.99/\$21.99 Can./£15.99 UK
Discount Code: OHC
Hardcover

176 Pages
Carton Qty: 10
Print Run: 6K
Gardening
GAR000000

9.3 in H | 6.8 in W
Status: **FORTHCOMING**

RHS 50 Ways to Start a Garden

Ideas & Inspiration for Growing Indoors and Out

Simon Akeroyd

Key Selling Points

- The title is backed by the authority of the RHS
- Includes ideas for 'no-garden' homes - balconies, courtyards, minimal outdoor space and interior-only 'gardens'
- Approachable format with 50 simple ideas for starting a garden, as well as 15 projects with easy flat-pack style illustrated instructions
- More than 20 million *Americans* planted a vegetable garden for the *first time* during the COVID-19 pandemic, according to Bonnie Plants
- In 2020, seven percent of adults gardened for the first time, the National Gardening Survey found. That's 18 million new gardeners in the fold.

Summary

The perfect gift for the first-time gardener, *RHS 50 Ways to Start a Garden* is an accessible how-to guide for beginners, including inspiration for 'no-garden' homes

Aimed at first-time gardeners, those in rented homes or anyone with limited outdoor space, this book teaches how to take stock of an environment and start a garden. With ideas for gardens, patio spaces, courtyards, balconies and interiors, these 50 easy-to-adopt ideas provide the steps to success for even the most inexperienced gardeners.

Contents include:

- Create a floral display with bulbs that last all year
- Grow pet-friendly plants
- Create a vegetable harvest in pots
- Add height in flat spaces
- Make a mow-free lawn
- Hang plants around your home

Contributor Bio

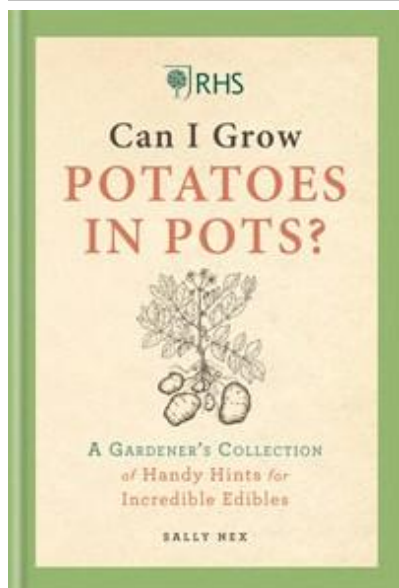
Simon Akeroyd has written over 30 gardening books, including *RHS Gardener's Quiz & Puzzle Book* and the bestselling *RHS Allotment Handbook & Planner* (both published by Mitchell Beazley). Simon's most recent book is *RHS 50 Ways to Outsmart a Squirrel & Other Garden Pests*. He writes for national garden and lifestyle magazines and as producer and journalist for the BBC.

Simon was previously Gardens' Manager for the National Trust (with properties that include Agatha Christie's Greenway, Coletan Fishacre, Compton Castle, Bradley Manor and Polesden Lacey). He was also Garden Manager for the Royal Horticultural Society including Harlow Carr and RHS Garden Wisley. Apart from gardening he is also a keen beekeeper.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Mitchell Beazley
9781784728458
1784728454
Pub Date: 10/25/2022
On Sale Date: 10/25/2022
\$19.99/\$21.99 Can./£15.99 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 6K
Gardening / Container
GAR001000

8.5 in H | 5.6 in W
Status: **FORTHCOMING**

RHS Can I Grow Potatoes in Pots

A Gardener's Collection of Handy Hints for Incredible Edibles

Sally Nex

Key Selling Points

- A great gift for amateur gardeners: it takes advantage of 'growing food from scratch' trend
- Accessible to both readers with gardens and balconies/other small spaces
- Backed by the authority of the RHS (who have more than 500,000 members)
- More than 20 million *Americans* planted a vegetable garden for the *first time* during the COVID-19 pandemic, according to Bonnie Plants

Summary

The latest in the popular RHS series, *RHS Can I Grow Potatoes in Pots?* is the perfect gift for gardeners, delving into everything from sustainable ways of growing food to planning for year-round fresh harvests

This easy Q&A format book is suited to both beginner and more experienced growers, and encompasses a wide range of subjects to take readers beyond the basics of fruit and vegetable growing. Taking into account the popularity for growing food from scratch among newbie gardeners, you'll find advice in this book whether you have a garden, an allotment, or even a balcony or other small space to work with-everyone can get involved with growing delicious edibles no matter what space they have available.

Discover:

- Which varieties to choose for gourmet home cooking, the most nutritious crops to grow, and how to grow unusual edibles like olives.
- Techniques and tips to get the most out of each crop, from how to grow epic-size pumpkins to whether it's worth thinning beetroot.
- Troubleshooting tips for pest problems: ways to work with wildlife rather than against it and providing an alternative viewpoint on traditional problems, such as eating the weeds as well!
- How to make the most of your fruit and vegetable harvest, with information on the best time to pick produce and how to preserve it.

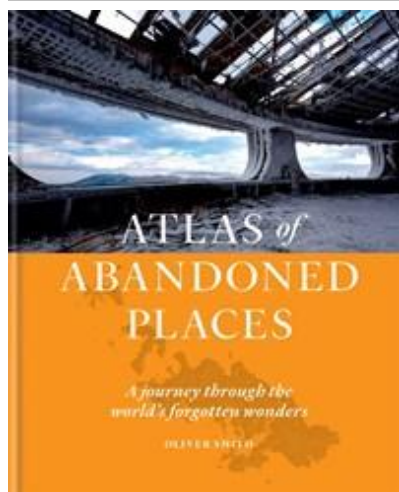
Contributor Bio

Sally Nex is a gardener and writer whose work promoting sustainable techniques has appeared in leading national publications including *Gardener's World*, *The Guardian*, *Grow Your Own* and the RHS's *The Garden*. She travels the country presenting talks on a range of subjects and is a prominent voice in the movement for Gardening Without Plastic. Her passionate for sustainable gardening has earned her the Garden Media Guild Beth Chatto Environmental Award in 2019. Her most recent book is the RHS publication, *How to Garden the Low-Carbon Way*.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Mitchell Beazley
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1784726923
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

224 Pages
Print Run: 6K
Travel / Special Interest
TRV001000

9.3 in H | 7.5 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781784727918

The Atlas of Abandoned Places

A Journey Through The World's Forgotten Wonders

Oliver Smith

Key Selling Points

- A beautifully packaged book on an incredibly popular subject - Instagram contains over 9m posts under #abandoned and 5.4m under #abandonedplaces
- Written by a four-time Travel Writer of the Year award winner
- Contains 50 bespoke maps and photography of every entry
- Abandoned locations in **The Americas & the Caribbean** included in the book are:
 - Orpheum Theatre, USA
 - City Hall Station, USA
 - Bodie, USA
 - The Boneyards of Western USA, USA
 - Bannerman Castle, USA

Summary

Explore the wonders that the world forgot with award-winning travel writer Oliver Smith - from breathtaking buildings with a dark past to decaying reminders of more troubled times

The globe is littered with forgotten monuments, their beauty matched only by the secrets of their past.

A glorious palace lies abandoned by a fallen dictator. A grand monument to communism sits forgotten atop a mountain. Two never-launched space shuttles slowly crumble, left to rot in the middle of the desert. Explore these and many more of the world's lost wonders in this atlas like no other.

With remarkable stories, bespoke maps and stunning photography of fifty forsaken sites, *The Atlas of Abandoned Places* travels the world beneath the surface; the sites with stories to tell, the ones you won't find in any guidebook.

Award-winning travel writer Oliver Smith is your guide on a long-lost path, shining a light on the places that the world forgot.

Contributor Bio

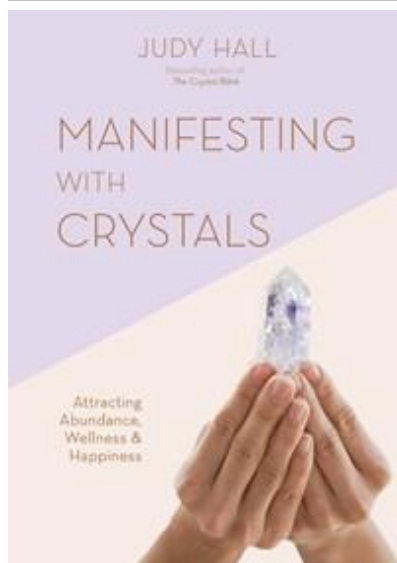
Oliver Smith has spent years travelling the faraway corners of the world. A four-time Travel Writer of the Year award winner, he has appeared in *Lonely Planet*, *National Geographic*, the *BBC*, *The Sunday Times*, *Outside* magazine and many more.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Godsfield
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184181525X
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Paperback

176 Pages
Carton Qty: 10
Print Run: 10K
Body, Mind & Spirit / Crystals
OCC004000

8.3 in H | 6 in W
Status: **FORTHCOMING**

Manifesting with Crystals

Using crystals to manifest abundance, wellbeing and happiness

Judy Hall

Key Selling Points

- *Manifesting with Crystals* brings together the popular spiritual practice of working with crystals and the law of attraction, popularised by *The Secret*, which has been translated in over 50 languages and has sold over 30 million copies.
- If you want to start manifesting, manifesting with crystals is a great place to start because crystals can help you focus your intention, channel specific energies and magnify your intention.
- Judy Hall was the author of over 45 books - including the bestselling *The Crystal Bible*, which has sold more than 1 million copies worldwide - and her writing has been translated into 16 languages. Judy was named four times as one of the 100 most spiritually influential people in the world in the Watkins Review.
- Crystals and manifesting are both growing in popularity as spirituality is more and more embraced by mainstream audiences.

Summary

Judy Hall's *Manifesting with Crystals* reveals how you can work with crystal power to transform every area of your life. Learn how to use the Law of Attraction - the principle that like attracts like - to manifest what you want in your life with the help of crystals.

Crystals help you get into vibrational alignment with the universe, making them potent tools for manifesting what you want in life. Whether you are looking to attract love, prosperity or new opportunities for success, there is a crystal that can help.

In *Manifesting with Crystals*, Judy Hall, one of the world's bestselling authors on crystals, teaches you how to use crystals to enhance your manifestation practice. The law of attraction works based on the principle that like attracts like - crystals, which already have powerful vibrational energies of their own, can magnify and focus your intention. You will learn how to sense the energy of crystals and choose the right ones to work with for manifesting and you will find inspiring visualizations, affirmations, rituals and layouts to help you connect to your crystal.

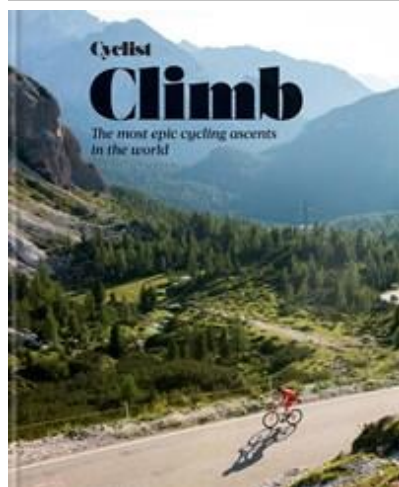
Included are detailed profiles for more than seventy crystals which have special manifesting properties, such as:

- Malachite
- Angel's Wing Calcite
- Agate
- Aurora Quartz
- Mystic Topaz
- Citrine
- and Mohawkite

Beautifully illustrated throughout, this book reveals the crystals and special techniques that can help you bring about positive change in your life. With this book and your crystals, you can make your dreams become a reality.

Contributor Bio

Judy Hall was an internationally known author, astrologer, crystal expert, psychic and healer. A leading authority on spiritual development, Judy had more than 45 years of experience in karmic astrology, crystal healing and past-life therapy. She was the author of over 45 books - including the bestselling *The Crystal Bible*, which has sold more than 1 million copies worldwide - and her writing has been translated into 16 languages. Judy has four times been named as one of the 100 most spiritually



Mitchell Beazley
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\$40.00/\$44.00 Can./£30.00 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 6K
Sports & Recreation / Cycling
SPO011000

11 in H | 9 in W
Status: **FORTHCOMING**

Cyclist - Climb

The most epic cycling ascents in the world

Cyclist Magazine

Key Selling Points

- Cyclist is the world's biggest road cycling magazine, with local editions in France, Italy, Turkey and Australia
- Our first book, *Cyclist: Ride*, sold 15,000 copies, across three languages
- Contains incredible photography of every ride, taken by the world's foremost cycling photographers
- According to cycling statistics for 2020, the year saw a record \$4.1 billion worth of bikes sold in the US (*The Verge*)

Summary

A beautifully-presented book showcasing the greatest, most epic cycling climbs in the world - including breathtaking photography, route maps and statistics

Explore 35 of the most notorious, gruelling cycling climbs the world has to offer, guided by the experts at *Cyclist*, the world's biggest road cycling magazine.

Route maps, altitude charts, first-hand ride reports and incredible imagery from the finest cycling photographers combine in this tribute to the peaks, hills and ascents that every cyclist should try.

Tracing the routes of the greatest rides across France, Italy, Spain and Belgium, this beautiful book also includes lesser-known climbs covering northern and eastern Europe and the USA - with every single ride tried, tested and conquered by the experts at *Cyclist* magazine.

Climbs include:

Monte Grappa, Italy
Zoncolan, Italy
Passo dello Stelvio, Italy
Alto de 'Angliru, Spain
Sa Calobra, Spain
Koppenberg, Belgium
Alpe d'Huez, France
Col Agnel, France
Croix de Fer, France
The Trollstigen, Norway
Mauna Kea, USA

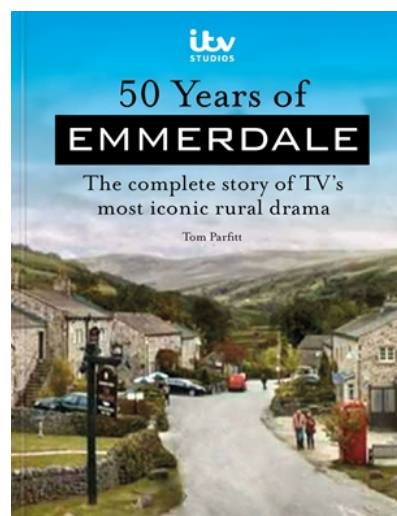
Contributor Bio

Cyclist is the world's biggest road cycling magazine and winner of multiple awards. Combining experienced cycling writers with exclusive images from top photographers, *Cyclist* showcases the most stunning rides from around the world and gets behind the scenes with the biggest names in the sport.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Cassell
9781788403160
1788403169
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$24.99/\$27.99 Can.
Discount Code: OHC
Hardcover

272 Pages
Carton Qty: 10
Print Run: 3K
Performing Arts / Television
PER010090

9.8 in H | 7.5 in W
Status: **FORTHCOMING**

50 Years of Emmerdale

The complete story of TV's most iconic rural drama

Tom Parfitt

Key Selling Points

- Emmerdale is the second-longest running TV soap and the second biggest in the UK regularly drawing 5-7 million viewers. Its biggest episode (a plane crash) drew 18.6 million viewers.

Summary

An official and comprehensive celebration of 50 years of Britain's most iconic rural soap

Everything you need to know about Britain's most iconic rural drama can be found in this beautifully designed and fact-filled book.

Celebrating 50 years since the show's creation, this book is packed with history, engrossing features, long lost imagery, and plenty of behind-the-scenes detail. Each character, event, family and location is explored in exhaustive detail, with special features on Emmerdale legends, the show's villains, births, marriages, deaths, and celebrity cameos, bringing all the highlights together with interviews and insights from cast and crew members past and present.

This book also includes gatefold section on key family trees, a specially commissioned map of Emmerdale and bespoke artworks for each location, making it a truly desirable package to read or give as a gift.

50 Years of Emmerdale is a stunning and engrossing book, which will delight every fan of this iconic show.

Contributor Bio

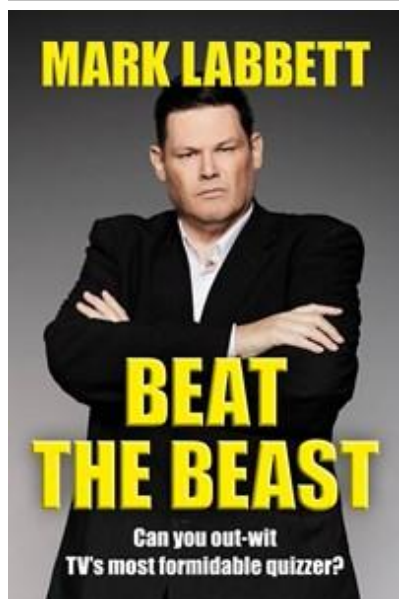
Tom Parfitt's current role as archivist has positioned him at the nexus of Emmerdale's past and present; providing insight into its history, and guidance for its ever-expanding future. His journey from the South Wales Valleys to the Yorkshire Dales began with an undergraduate degree in English & Philosophy, to a masters' degree in Scriptwriting, followed by roles in television broadcasting. He finally arrived in the rolling fields of Emmerdale as a storyliner, and later, researcher. With an encyclopaedic knowledge that's been described as "disgusting and astounding in equal measure", and nested within the cast and crew, Tom is the ideal tour guide through *50 Years of Emmerdale*.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Cassell
9781788403535
1788403533
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$19.99/\$21.99 Can.
Discount Code: OHC
Hardcover

352 Pages
Carton Qty: 12
Print Run: 5K
Games & Activities / Quizzes
GAM008000

9.3 in H | 6 in W
Status: **FORTHCOMING**

Beat the Beast

Can you out-wit TV's most formidable quizzer?

Mark Labbett

Key Selling Points

- The second season of The Chase US 2021 premiered on ABC to 4.07m viewers.

Summary

Take on the infamous Beast in 50 quizzes for all the family, ranging from general knowledge to subject specifics. Quiz along with the Beast and compare your scores and answers to see if you have what it takes. Mark Labbett also gives advice and stories to help you improve your general knowledge and quizzing ability.

Pit your wits against a quiz legend and see if you can beat the Beast!!!!

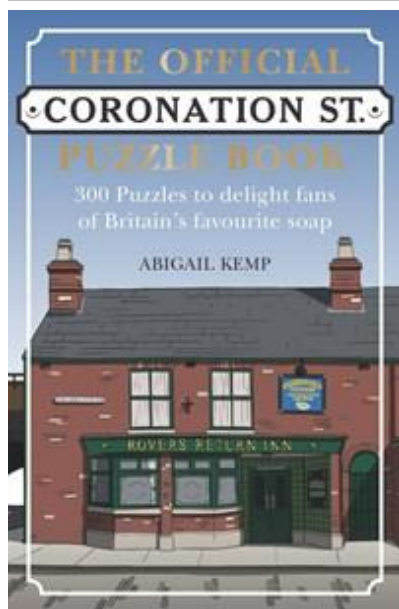
Contributor Bio

Mark Labbett is the Beast, TV's quizzing leviathan. He's one of the most feared quizzing challengers on TV across the globe as he pits his wits against members of the public... and invariably wins. He's most famous as a regular in ITV's *The Chase*. He first appeared on the show in 2009 and has since appeared on the American version as the sole Chaser in 2013 (returning in 2021) as well as one of the five Chasers on the Australian version since 2016.

A regular in quizzing competitions and television quiz shows, Mark has participated in the game shows *BrainTeaser*, *Countdown*, *SUDO-Q*, *Who Wants to Be a Millionaire*, *Only Connect*, *Are You an Egghead* and *University Challenge*.

Subrights

No subrights have been specified.



Cassell
9781788403580
1788403584
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$14.99/\$16.99 Can.
Discount Code: OPB
Paperback

368 Pages
Carton Qty: 36
Print Run: 5K
Games & Activities / Puzzles
GAM007000

9.3 in H | 6 in W
Status: **FORTHCOMING**

The Official Coronation Street Puzzle Book

300 Puzzles to delight fans of Britain's favourite soap

Abigail Kemp

Key Selling Points

- Over 2.1 million people follow Coronation Street on Facebook and the show has 1.77 million followers on Twitter.
- Our Coronation Street Colouring book sold 8K in Canada, where the show is popular.

Summary

300 Corrie Conundrums from the Cobbles

Enjoy hours of fun with the first official puzzle book from the famous cobbles.

300 puzzles that test your knowledge of TV's longest-running soap as well as your puzzle-solving ability. Can you find hidden characters in paragraphs of text, name the missing characters in the family trees, complete a 'Ken-doku', take part in a classic quiz night at the Rover's, spot the differences and untangled the cryptic webs? There are puzzles for all levels of ability and members of the family illustrated with images from the show.

Throughout the book there are also fun trivia from the history of the soap written by Corrie author Abigail Kemp, including facts, details and figures on famous feuds, the infamous cat and even how many pints would be served at the Rovers and eggs fried at Roys' Rolls each week.

The Official Coronation Street Puzzle Book is a feast of fun for Corrie fans!

Contributor Bio

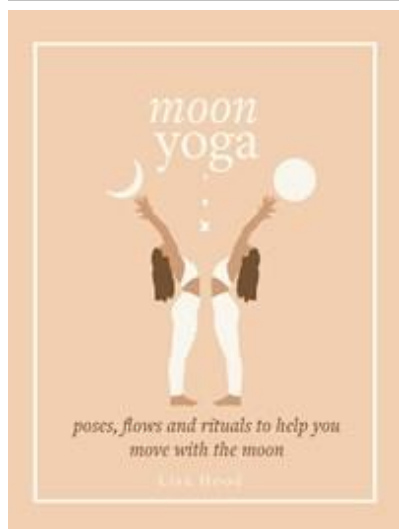
Abigail Kemp is a journalist and freelance writer who was once part of the Publicity Office for Coronation Street as well as writing the script for Coronation Street The Tour. In her exhaustive research into writing this book, Abigail has spoken to all the key members of the cast and crew, both current and former, as well as delving into the Tony Warren archive to uncover every detail of the show's inception.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



Godsfield
9781841815237
1841815233
Pub Date: 12/6/2022
On Sale Date: 12/6/2022
\$15.00/\$17.00 Can./£12.99 UK
Discount Code: OHC
Hardcover

128 Pages
Carton Qty: 10
Print Run: 6K
Health & Fitness / Yoga
HEA025000

6.9 in H | 5.2 in W
Status: **FORTHCOMING**

Moon Yoga

Poses, flows and rituals to help you move with the moon

Lisa Hood

Key Selling Points

- Moon astrology is growing in popularity as people seek to connect with their emotional selves according to the lunar cycle. Books on lunar astrology are selling well.
- Yoga is a popular physical and spiritual practice around the world that aligns body and mind for improved flexibility and relaxation - this book speaks particularly to audiences interested in the spiritual aspects of yoga.
- This book brings lunar astrology and yoga together to help people build a spiritual practice that shifts to follow the moon each month and across the year for physical and spiritual wellbeing.

Summary

Learn how to move mindfully with the moon to channel the energy of the lunar cycle into helping you feel more refreshed, rejuvenated, energized and inspired.

Whether we realize it or not, everyone and everything, from the rolling of the tides to the balance of emotions in our bodies, is influenced by the moon.

***Moon Yoga* is your illustrated guide to harnessing the moon's energy to lift and balance your life through mindful movement.**

Yoga is both a physical practice and a spiritual one. Expert yoga instructor Lisa Hood provides insightful guidance on how to shape a spiritual practice that channels the moon's energy to stimulate vitality, creativity, productivity and relaxation. Whether you work through a whole flow, focus on one pose, or just work through a breathing exercise, aligning your body and your mind in a moment of spiritual connection with the moon can help you centre yourself, even if just for a few moments in the middle of a busy day.

- Learn about how each phase of the moon brings a different energy into your life.
- Move with the moon with yoga positions and flows that draw on the energy of each of the nine lunar phases.
- Adjust your practice seasonally with practices for each of the full moons of the year, such as the Wolf Moon, Flower Moon and Corn Moon.
- Find rituals to carry you through the cycles of the moon.

With uplifting mantras and rituals to provide grounding, strengthened intuition and mindfulness beyond your physical practice, *Moon Yoga* gives you all the tools you need to move in sync with the moon.

Contributor Bio

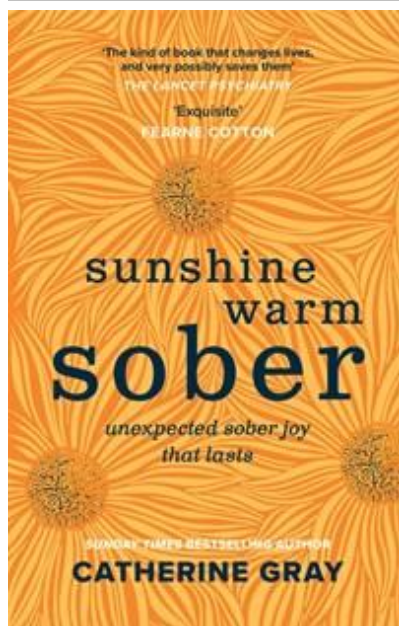
Lisa Hood has been working with bodies for over 16 years. She trained and performed as a professional dancer and has been teaching yoga for 5 years.

For the last 5 years she has found herself being more and more drawn to other methods of mindfulness. Watching the moon, and understanding its energy and having the freedom to be bold enough to manifest with conviction, has given her the opportunity to make decisive exciting decisions in her life and she brings these gifts from Mama Earth into her teaching.

@lahoodyoga

Marketing Plans

- Social media campaign



Aster
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1783255404
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\$14.99/\$16.99 Can./£9.99 UK
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Paperback

304 Pages
Carton Qty: 20
Print Run: 10K
Self-Help / Substance Abuse & Addictions
SEL006000

7.8 in H | 5 in W
Status: **FORTHCOMING**

Sunshine Warm Sober

Unexpected sober joy that lasts

Catherine Gray

Key Selling Points

- Sobriety continues to be aspirational for many and a host of other popular initiatives from Sober Spring to Sober October
- In the US, nearly 50% of adults are making an effort to limit their alcohol consumption (rising to 66% for millennials)

Summary

The new book from Catherine Gray - icon of the Quit Lit movement and author of *The Unexpected Joy of Being Sober*

"Stone cold sober."

As the millions who choose to stay sober now know, the propaganda around drinking and sobriety is wonky. Sober doesn't feel stony, or cold.

Retired wreckhead Catherine Gray, author of surprise bestseller ***The Unexpected Joy of Being Sober***, is now in her eighth sober year and has learned a damn sight more.

This hotly anticipated sequel enlists the help of experts and case studies, turning a curious, playful gaze onto provocative questions. Is alcohol a parenting aid? Why are booze and cocaine such a horse and carriage? Once an addict, always an addict? How do you feel safe - from alcohol, others and ***yourself*** - in sobriety?

Whether you're a dedicated boozehound, flirting with teetotalling, or already sober, this witty, gritty read may just change how you think about alcohol forever.

Contributor Bio

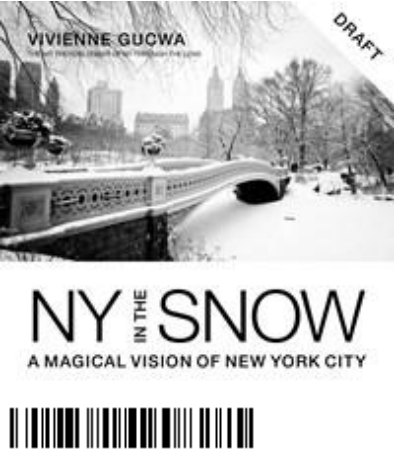
Catherine Gray is an award-winning writer and editor who has been featured in the *Guardian*, *Stylist*, the *Telegraph*, *Grazia*, *The Lancet Psychiatrist*, *Mr & Mrs Smith*, *BBC Earth*, *Women's Health*, *Stella*, *T2*, *Private Eye*, *Woman's Hour* and *BBC Breakfast*. Catherine's hit debut, *The Unexpected Joy of Being Sober*, was a *Sunday Times* top 10 bestseller. Since then she has published *The Unexpected Joy of Being Sober Journal* and the critically acclaimed *Unexpected Joy of Being Single* and *The Unexpected Joy of The Ordinary*. When she's not writing, Catherine can generally be found taking twenty (identical) pictures of the sunset, wondering why she's always the sweatiest person in yoga, fighting her 'spend it all!' financial urges, or scanning the body language of strangers to see if it's OK to pet their dog.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.



New York in the Snow
A Magical Vision of New York City
Vivienne Gucwa

Key Selling Points

- Vivienne now has 146k followers on Facebook. She has 69k followers on Instagram and 38k on Twitter
- Each photograph includes a caption detailing the location of the image, and the camera or device on which it was captured
- Throughout the book, Vivienne Gucwa details the experience of taking these images

Summary

One photographer's passion project; a stunning collection of unique, enchanting images of a seasonal snowy New York that everyone can cherish

The iconic city of New York is a bustling, heady metropolis that, thanks to the power of media, everyone in the world knows intimately, even if they've never been. But every once in a while it changes completely. At first a few flakes will fall, then more, and more. Hardened New Yorkers rush for warmth and, while they're absent, an amazing, glistening almost deserted winter wonderland momentarily appears.

It is these moments that phenomenally popular photo-blogger Vivienne Gucwa lives for. She has been documenting them for more than a decade, rushing out to capture the city in snow. Of all the photos that have made her the celebrated, award-winning success that she is, it is these that are most loved, both online and in print. Here they are offered in a sumptuous volume to be enjoyed by anyone who loves New York, whether from afar, as an occasional visitor, or if you've never left the Big Apple.

Contributor Bio

Vivienne Gucwa, a native of Queens, began shooting New York City in the early 2000s with no formal training and just a simple point-and-shoot camera. It was not until 2010 that she began publishing the resulting photographs on her blog. Now she shoots assignments around the world, her work is followed by millions and she has won acclaim across the industry and the media alike most recently being named Sony's 9th Artisan of Imagery.

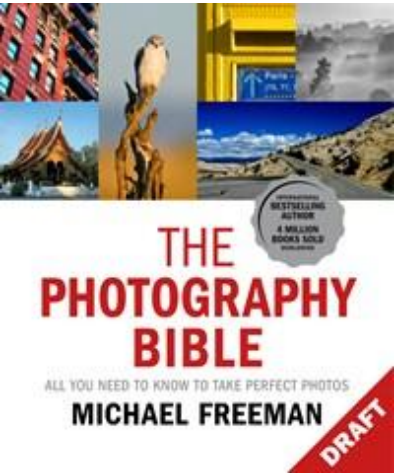
Ilex Press
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1781578761
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\$26.99/\$29.99 Can.
Discount Code: OHC
Hardcover

192 Pages
Carton Qty: 10
Print Run: 8K
Photography / Subjects & Themes
PHO019000

8.5 in H | 8.5 in W
Status:**FORTHCOMING**

Related Products
Other Formats
New York in the Snow
9781781574157 \$24.99





Ilex Press
9781781578742
1781578745
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$22.99/\$24.99 Can.
Discount Code: OPB
Paperback

336 Pages
Carton Qty: 10
Photography / Techniques
PHO007000

6.7 in H | 5.5 in W
Status: **FORTHCOMING**

Related Products

Other Formats
The Photography Bible
9781781576236 \$19.99

The Photography Bible

All You Need To Know To Take Perfect Photos

Michael Freeman

Key Selling Points

- A stunningly good value proposition, this book might be the only one photographers need.
- Easily portable, the same size as Octopus's popular Bible series.
- Features challenges for photo enthusiasts to try out - each with Freeman's professional tips - so readers can extend their range of abilities.
- Over 4 million copies of Michael Freeman's books sold worldwide

Summary

Covering all of the essentials, this book is all you need to master photography.

Created by expert professional photographer Michael Freeman, this convenient book is divided into the four essential areas for photographers to understand; the exposure, light & lighting, composition and editing. It's quick and easy to refer to in the field, by the computer

In a convenient take-anywhere format, this book packs in a lot of value for anyone interested in photography, and without skimping on quality. You'll find how to get great portraits, perfect landscapes and take outstanding artistic compositions; important information whatever camera you choose.

Contributor Bio

Michael Freeman, professional photographer and best-selling author, was born in England in 1945, took a Masters in Geography at Brasenose College, Oxford University, and then worked in advertising in London for six years. In 1971 he made the life-changing decision to travel up the Amazon with two secondhand cameras, and when Time-Life used many of the pictures he came back with, he embarked on a full-time photographic career.

Since then, working for clients that include all the world's major magazines, most notably the *Smithsonian Magazine* (for which he has shot more than 40 stories over 30 years), Freeman's reputation as one of the world's leading reportage photographers has been consolidated. Of his many books, which have sold over 4 million copies worldwide, more than 60 titles are on the practice of photography. For this photographic educational work he was awarded the *Prix Louis Philippe Clerc* by the French Ministry of Culture.

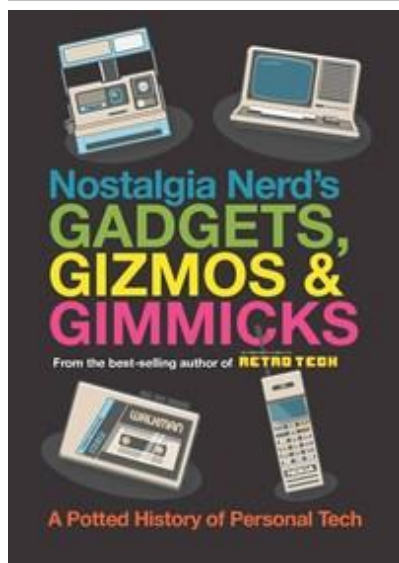
Freeman's books on photography have been translated into 27 languages.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Ilex Press
9781781578582
1781578583
Pub Date: 9/13/2022
On Sale Date: 9/13/2022
\$19.99/\$21.99 Can./£16.99 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 15K
Technology & Engineering
TEC000000

8.5 in H | 6 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Nostalgia Nerd's Gadgets, Gizmos & Gimmicks

A Potted History of Personal Tech

Peter Leigh

Key Selling Points

- 30,000 copies of the author's previous book in print worldwide
- Author has over 474k subscribers to his YouTube channel
- Nostalgic appeal to 'Gen X-ers' who will remember owning or seeing many of the featured gadgets
- Fun facts and trivia about each gadget as well as a potted history of each

Summary

Take a nostalgic trip through tech's back catalogue with the best-selling author of *Nostalgia Nerd's Retro Tech*

In this eagerly-awaited new book from the author of the best-selling *Nostalgia Nerd's Retro Tech*, Peter Leigh takes a fun, informative and irreverent romp through the history of more than forty pieces of personal tech, charting the successes, failures and oddities from over five decades of our obsession with gadgetry.

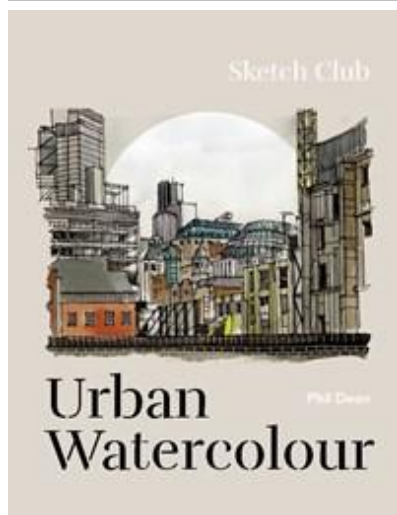
From the Teasmade to the TomTom, mankind has been on a constant hunt for gimmicks that make life easier, faster and more entertaining, and as yesterday's 'must-haves' become today's museum pieces, there's no better time to take a nostalgic trip through tech's back catalogue.

Items include:

- Stylophone (1968)
- Sony Walkman (1979)
- Casio C-80 (1980)
- SpyTech Binoculars (1989)
- Nintendo GameBoy (1989)
- Laser Pens (1997)
- Apple iPod (2001)
- Google Glass (2014)
- Oculus Quest 2 (2020)

Contributor Bio

Peter Leigh has been an aficionado of retro technology his entire life; starting before it was even retro. During the past 7 years he has unveiled hundreds of vintage technology stories on his prominent YouTube channel, Nostalgia Nerd (with 470k subscribers), written the best-selling book *Nostalgia Nerd's Retro Tech* for Ilex Press and featured in an array of notable TV programs and publications. Today, as the premier UK connoisseur of our technological heritage, he continues his quest to highlight the joy of these important fragments from our past, and ensure they remain cherished, not forgotten.



Ilex Press
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1781578621
Pub Date: 9/20/2022
On Sale Date: 9/20/2022
\$18.99/\$20.99 Can./£16.99 UK
Discount Code: OPB
Paperback

112 Pages
Carton Qty: 10
Art / Techniques
ART029000

11 in H | 8.5 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Sketch Club: Urban Watercolour

Phil Dean

Key Selling Points

- The author's Instagram account, @shoreditchsketcher, has over 76k followers
- Clear and easy explanation of key watercolour techniques, with 20 step-by-step exercises for the reader to practise

Summary

Master essential watercolor techniques, get to grips with tips and tricks for painting outdoors and develop your core urban sketching skills with *Sketch Club: Urban Watercolour*

Take your urban sketching skills to the next level with watercolor. Bestselling author and artist Phil Dean (@shoreditchsketcher) provides a step-by-step guide to creating beautiful urban artworks. Get started with the very basics of depicting cityscapes with a pencil or pen, including tips on perspective, measuring, and mark-making. Then move straight on to the core watercolour techniques you will need to introduce stunning colour and tone to your sketches.

With 20 easy-to-follow exercises on everything from negative space to line & wash, *Sketch Club: Urban Watercolour* is your go-to guide to elevating your urban art.

Chapters include:

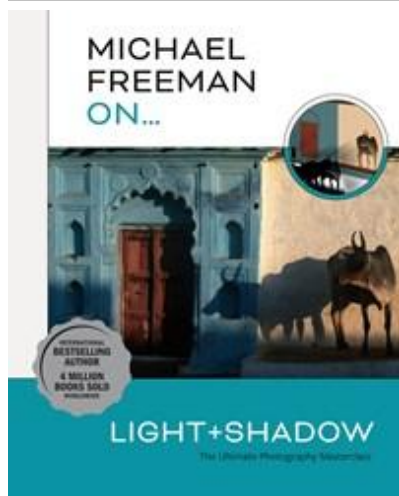
- Loosening Up
- Urban Drawing 101
- Getting Started with Watercolor
- Taking Your Watercolor Further
- Finishing Touches

Contributor Bio

Phil Dean is an artist and graphic designer based in London. He graduated from Leeds College of Art with a degree in Graphic Design, before moving down to London, where he now runs his own creative agency. Phil also runs a hugely popular Instagram account, The Shoreditch Sketcher, where he posts stunning urban sketches from around the world, and leads urban sketching workshops in London for a variety of experience levels.

@shoreditchsketcher
www.theshoreditchsketcher.com

Marketing Plans



Ilex Press
9781781578544
1781578540
Pub Date: 10/4/2022
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Discount Code: OPB
Paperback

176 Pages
Carton Qty: 10
Print Run: 6K
Photography
PHO000000

9.3 in H | 7.5 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Michael Freeman On... Light & Shadow

Michael Freeman

Key Selling Points

- Michael Freeman's books have sold over 4 million copies worldwide
- A quintessential Michael Freeman guide with up to-date information and a modern format and design

Summary

Fifty years after the publication of the hugely influential bestseller *The Photographer's Eye*, Michael Freeman returns with fresh ideas that reflect on the way the medium has evolved in the 21st century

Drawing on over 40 years of practical experience, best-selling author and photographer Michael Freeman examines the most fundamental building-blocks of photography - light and shadow - bringing this key element of the picture-making process into the 21st century.

In this book, Freeman takes a new and different view of photography's prime commodity, arguing that for the photographer, the rich and evocative world of shadows is the full equal of the actual light that casts them and bathes scenes. He defines the varied qualities of both light and shadows (of which there are at least ten distinct types), and shows how they have particular meaning and purpose. He also argues for integrating exposure and processing with an appreciation of light and shadow quality so as to have full and subtle control. Armed with this understanding and these techniques, the creative photographer can work with light and shadow to add depth and quality to imagery.

- All new content from the master of photography guides
- Concise and easy-to-follow format clearly explains the fundamentals of light and shadow
- For the first time ever, both light and shadow are given equal weight in the discussion of photographic image-making
- Real-life examples, clearly illustrated, cut through the jargon and show the theory of light and shadow in practice

Contributor Bio

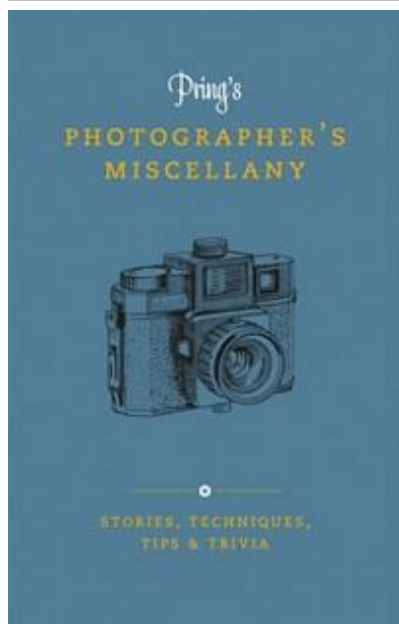
Michael Freeman, professional photographer and best-selling author, was born in England in 1945, took a Masters in Geography at Brasenose College, Oxford University, and then worked in advertising in London for six years. In 1971 he made the life-changing decision to travel up the Amazon with two secondhand cameras, and when Time-Life used many of the pictures he came back with, he embarked on a full-time photographic career.

Since then, working for clients that include all the world's major magazines, most notably the *Smithsonian Magazine* (for which he has shot more than 40 stories over 30 years), Freeman's reputation as one of the world's leading reportage photographers has been consolidated. Of his many books, which have sold over 4 million copies worldwide, more than 60 titles are on the practice of photography. For this photographic educational work he was awarded the *Prix Louis Philippe Clerc* by the French Ministry of Culture.

Freeman's books on photography have been translated into 27 languages.

Marketing Plans

- Social media campaign
- National media outreach



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1781578729
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\$12.99/\$14.99 Can./£10.00 UK
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 10
Print Run: 4K
Photography
PHO000000
8 in H | 5.1 in W
Status: **FORTHCOMING**

Related Products

Other Formats

Pring's Photographer's Miscellany
9781907579431 \$12.99

Pring's Photographer's Miscellany

Stories, Techniques, Tips & Trivia

Roger Pring

Key Selling Points

- The perfect gift item for photographers - combines fun facts with practical tips

Summary

The essential companion to every photographer's bookshelf, *Pring's Photographer's Miscellany* provides answers to all the questions you've ever asked about photography, as well as the ones you never thought to ask

How did Kodak company get its name? Who invented the Minox spy camera? Were there really fax machines in the mid-19th century? And what would a photographer use 'Mod Podge' for? The answers to all these questions and many, many more can be found in this intriguing compendium of photographic fascination compiled by Roger Pring.

Beautifully packaged, full of arresting images and exquisitely typeset by the author himself, *Pring's Photographer's Miscellany* will make an intriguing gift for all photographers. Dipping into the book will reveal the origins of the photographer's craft, tips and tricks of the greats, a host of revealing quotes and fascinating trivia: and you'll not only be richly entertained, you'll certainly learn something you can use next time you shoot.

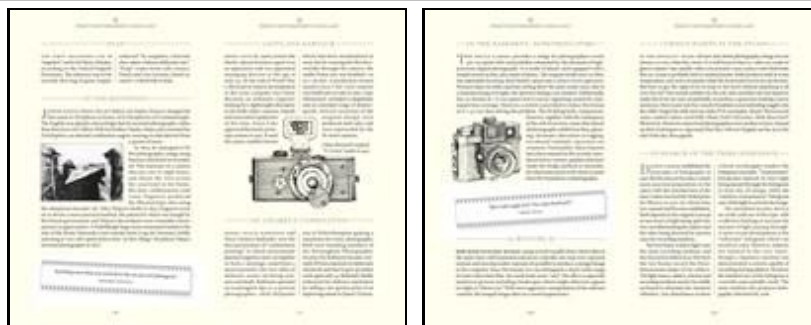
Contributor Bio

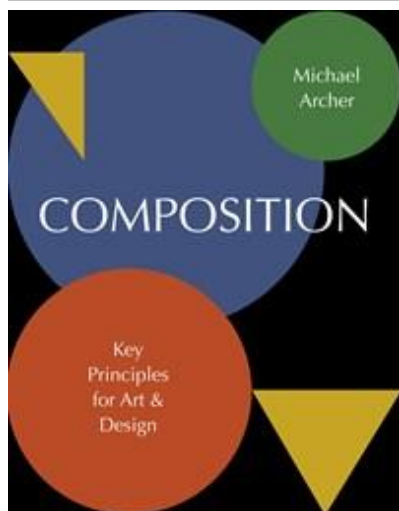
Roger Pring is a graphic designer, lecturer, photographic enthusiast and collector. He was project director of the original *Photographer's Handbook*, and is the author of several Ilex Press books on computer-aided design and typography.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





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1781578613
Pub Date: 11/1/2022
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\$39.99/\$42.99 Can./£30.00 UK
Discount Code: OHC
Hardcover

240 Pages
Carton Qty: 10
Print Run: 5K
Art
ART000000
0.2 in H | 0.1 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Composition

Key Principles for Art & Design

Michael Archer

Key Selling Points

- The first book to really comprehensively tackle composition in modern and contemporary art
- A must-read for both art historians and practising artists looking to dig beneath the surface of the artistic process

Summary

A comprehensive and contemporary guide to every decision an artist or creative make

The rules of composition have changed. Discover the new ideas that shape the art we make today.

The art world has changed almost beyond recognition since the first principles of composition were invented in classical times with the aim of achieving harmonious design. Today, artists have different concerns. Scientific, technological and social advances have changed the way we see reality; the way we view our subjects and tell their stories. Artists and art lovers need a new set of tools and ideas to navigate this world.

For the first time, in this book, composition is comprehensively explored for the modern world, taking in the full diversity of approach and experience that makes art so exciting today. Goldsmiths, University of London, professor and art writer Michael Archer outlines all the key developments in composition from the optical revolution of the nineteenth century to the contemporary concerns of the twenty-first century.

Contributor Bio

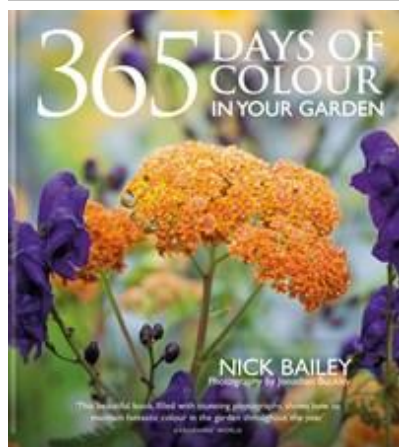
Michael Archer is a Professor of Art at Goldsmiths, teaching critical studies and art and design history and theory, as well as a widely published critic and art writer. His work has appeared in newspapers and journals including *Artforum*, *Art Monthly*, *Frieze*, *Parkett* and the *Guardian* and in numerous catalogues. He is the author of *Art Since 1960* (Thames & Hudson 1997/2002, new edition forthcoming), and contributed chapters on modern and contemporary art to Hugh Honour and John Fleming's *A World History of Art*. He holds a BA in History of Art from the University of Cambridge and an MA in Aesthetic Education from Manchester University.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Kyle Books
9781914239663
1914239660
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$34.99/\$39.99 Can./£25.00 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Gardening / Garden Design
GAR006000
10.4 in H | 9.2 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9780857836243

365 Days of Colour In Your Garden

Nick Bailey, Nota Bene Horticulture Ltd

Key Selling Points

- Perfect for every type of gardener from novice to professional, whether they have charge of a large plot or only a few pots, and anyone who wants to create impact in their garden
- Achieving colour all year round is the 'holy grail' for many gardeners but there are very few books available on the subject
- Nick Bailey has written extensively for numerous garden titles including *BBC Gardeners' World*, *RHS The Garden*, *Garden Answers*, *Garden News*, *Amateur Gardening*, *The Edible Garden* and the *Mail on Sunday*. His design work has featured in London's *Evening Standard* and the *Telegraph*
- The wide range of plants covered in the book, coupled with Nick Bailey's extensive knowledge and straightforward guidance, will provide a practical and inspirational resource for any gardener, beginner and experienced alike

Summary

A beautifully photographed and inspirational guide to maintaining colour in your garden throughout the year by the BBC Gardeners' World presenter and former head gardener at Chelsea Physic Garden

In *365 Days of Colour in Your Garden*, BBC Gardeners' World presenter Nick Bailey shows you how to plant and manage your garden, whatever its size, to ensure year-round color and interest. Initially explaining simple color theory principles and how to apply them to your garden, the book goes on to highlight beautiful plants and planting combinations for every season no matter what type of garden you have. With chapters covering the longest flowering plants, pot recipes and gorgeous plants for difficult sites, along with a comprehensive seasonal directory, this book will inspire and delight both experienced gardeners and beginners alike.

Bursting with practical advice on establishment and maintenance, the book also embraces plants for pots, cutting, difficult spaces and tiny gardens.

"A beautifully photographed guide for gardeners" – *Daily Telegraph*

"A thought-provoking, intelligent and beautifully written book." – Fergus Garrett, Head Gardener at Great Dixter

Contributor Bio

Nick Bailey is an award-winning gardener designer, plantsman and presenter on *BBC Gardeners' World* who has designed and managed gardens on four continents across his 30-year career. He has also appeared on *BBC Great British Garden Revival*, *Big Dreams Small Spaces* and *The One Show*. As former Head Gardener of London's Chelsea Physic Garden Nick spent seven years redesigning the gardens and diversifying the plant collection. His other books include *Chelsea Physic Garden – A Companion Guide* and *Revive Your Garden*.

@nickbailey365 www.nickbailey365.com

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



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1914239717
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$27.99/\$29.99 Can.
Discount Code: OHC
Hardcover

192 Pages
Carton Qty: 10
Cooking / Regional & Ethnic
CKB055000

9.9 in H | 8.5 in W
Status: **FORTHCOMING**

Related Products

Other Formats
9780754800682

Mediterranean

Naturally nutritious recipes from the world's healthiest diet

Susie Theodorou

Key Selling Points

- For the fifth straight year the Mediterranean diet was ranked the No. 1 best diet overall by U.S. News (2022)
- Featured on Goop, which can be read [here](#)

Summary

Eating healthily has never been easier with Susie Theodorou's book *Mediterranean*.

"This book is a love letter to the Mediterranean - full of flavours and the kind of wisdom that only a woman who travels with her own set of knives can impart. It is cooking with love." - Gwyneth Paltrow

Eating healthily has never been easier with Susie Theodorou's book *Mediterranean*. Susie explores how the Mediterranean diet is a lifestyle choice and a pattern of eating based on rural life where people used to eat what they grew and enjoy it communally. Her approach embraces seasonal and nutritious foods, without the strict regime of a diet book. She does not focus on weight loss or weight gain but instead promotes a healthier and happier way of life.

Raised by Greek-Cypriot parents on a diet of freshly picked, plucked and cooked food, Susie knows first-hand the benefits of eating traditional Mediterranean dishes. And because you are focusing on simple combinations of exceptional ingredients, this is cooking on a budget. A self-confessed 'lazy cook', Susie has multiple ideas for using olives, tomatoes, tinned fish, white cheese, home-made hummus, and simple dressings for meat and fish. There are also tips on how to feed more friends with less food, how to stock a Mediterranean larder to be proud of and how to eat seasonally.

And with recipes like Pan-seared Figs with Pecorino and Rocket, Charred Mixed Greens with Fennel and Lemons, Courgette and Dill Fritters, and Fish En Papillotte with Capers & Tomatoes, you will be inspired to cook up a Mediterranean feast any day of the week.

Contributor Bio

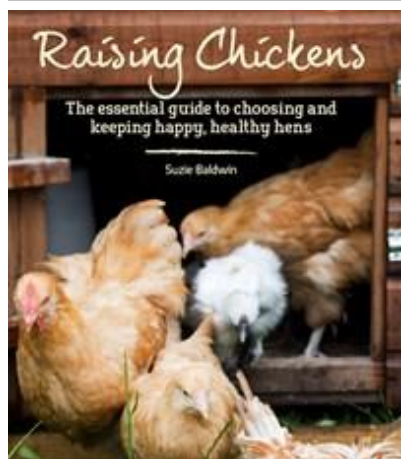
Susie Theodorou is a world-renowned food stylist and trained home economist who works in London and New York. She has travelled all over the world for her work and is the author of the *Coffee and Bites* and *Can I Freeze It?*. Born and raised in London to Greek Cypriot parents, Susie is keen to inspire people with the Mediterranean diet she grew up with.

www.susietheodorou.com
[@susietheodorou](#)

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9781914239724
1914239725
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$19.99/\$21.99 Can./£16.99 UK
Discount Code: OPB
Paperback

144 Pages
Carton Qty: 10
House & Home / Cleaning,
Caretaking & Organizing
HOM019000

9.4 in H | 8.3 in W
Status: **FORTHCOMING**

Raising Chickens

The Essential Guide to Choosing and Keeping Happy, Healthy Hens

Suzie Baldwin, Graham Page

Key Selling Points

- Perfect for existing and potential chicken owners, as well as city dwellers as well as those who live in the country
- Roughly 10 million (or 8%) of US households had chickens in 2018, with ownership higher among households with young children
- In 2020, Amazon search volume for baby chick supplies grew by 758% while those for chicken nesting boxes were up by 126%

Summary

A practical guide to raising chickens, suitable for beginners and experts

In *Raising Chickens*, poultry breeder Suzie Baldwin offers a practical guide to everything both the beginner and more experienced hen owner needs to know, from whether to buy chicks or hens, what varieties to choose, how to tell if you're buying a healthy chicken and how to ensure it stays that way, to how many chickens you should keep, and what kind of coop is best. She also answers all the questions commonly posed by first-time owners, from whether you need to have a cockerel, whether chickens ever fly away and how quickly they will start laying, to how to prevent them being attacked by foxes and what to do when they become unwell.

"For the beginner it has all that is required to make a good start, and for the experienced keeper it covers a lot [...] that will add to their hobby."

– Mark Elliott BVSc VetMFFH MRCVS

"It's a great book for any first-time hen-keeper."

– YOU magazine

Contributor Bio

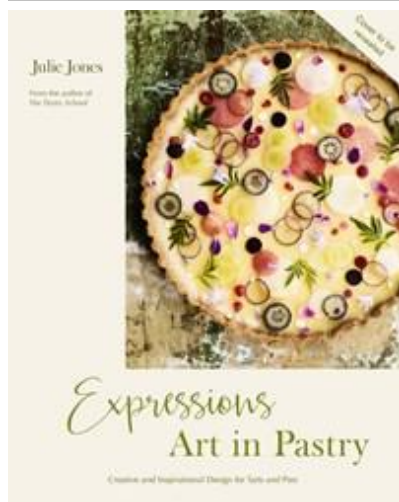
Suzie Baldwin grew up on a farm in Devon and has kept chickens for more than 20 years. Her interest is in promoting the positive welfare of chickens, particularly now that they are increasingly part of the urban and semi-urban landscape. She now runs Hollywater Hens, a smallholding in Hampshire with over 300 hens, including a variety of organically reared hybrid and pure breed chickens. Suzie also holds regular courses on chicken keeping, many of which are for disadvantaged children, whose lives, research suggests, are enriched by looking after hens.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Kyle Books
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On Sale Date: 10/4/2022
\$39.99/\$43.99 Can./£26.00 UK
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 10
Print Run: 10K
Cooking / Courses & Dishes
CKB009000
10.2 in H | 8 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Other Formats

The Artful Baker 9781419726491
\$55.00

Ebooks

9781914239465

EXPRESSIONS: Art in Pastry

Creative and Inspirational Design for Tarts and Pies

Julie Jones

Key Selling Points

- A trailblazing pastry book that taps into the zeitgeist for beautiful and inspirational pie art that is so popular on Instagram. Julie herself has 184k followers, 32% of which are in the USA
- Julie conducts online pastry decorating workshops that are sold out months in advance and provide techniques, creative ideas and successful recipes for recreating some of her best loved pastry designs
- In June 2020 Julie Jones took her pastry workshop to Richard Bertinet's Bakery School in Bath, UK. She also appears regularly on TV and radio
- Julie's previous title *The Pastry School* has been translated into Italian and Russian
- Jamie Oliver has called Julie Jones 'the queen of pastry'

Summary

This groundbreaking book is where pastry meets art. Recipes and designs for stunningly beautiful sweet and savory pies and tarts encourage you to unleash your creativity in the kitchen

Julie Jones, Instagram influencer and author of *Soulful Baker* and *The Pastry School* conducts online work-shops for pastry decorating and this is the book that her followers have been crying out for.

A collection of basic sweet, shortcrust and hot water pastry recipes at the start of the book can each be used for a variety of pies and tarts and with a wide range of fillings, both sweet and savoury.

Chapters on Fruit, Meat & Fish, Vegetables, Sweet Dairy and Cheese include 40 recipes that can all be adapted to variety of decorative approaches. The recipes suit small and large rounds and small and large squares, according to how many people you're planning to serve for. In total there are more than a hundred decorative pies and tarts to feast your eyes on. Recipes include a linear fruit pie, a cheese lattice pie, a pumpkin baked pastry tile pie and a carrot and courgette flower pie. Every chapter includes exquisite photography by Andrew Montgomery of both the food and the inspiration behind it.

Contributor Bio

Julie Jones is a trained chef with a devoted Instagram following. In 2018 she won the Observer Food Monthly Best Instagram Feed and *Waitrose Food Magazine* has named her as one of the UK's most influential bakers. She is an inspirational force in the kitchen and her supper clubs sell out months in advance. She lives in Cumbria, UK and her previous books are *Soulful Baker* and *The Pastry School*, which was featured in *Martha Stewart* magazine in the US and also appeared at the *Pastry Arts Magazine* Baking Summit in 2020.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
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1914239393
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\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 10
Print Run: 8K
Cooking
CKB000000

9.9 in H | 7.6 in W
Status: **FORTHCOMING**

It's All About Dinner

100 no-think delicious dishes

Nicky Corbishley

Key Selling Points

- Perfect for busy people, such as parents or students, who need easy, quick, go-to recipe ideas; fans of the Kitchen Sanctuary blog and YouTube channel; those trying to cook from scratch more often, who need accessible, everyday recipes
- An engaged online community can really drive book sales, as shown by the success of *Pinch of Nom*, *Two Chubby Cubs* and *SlimmingFoodie*
- On YouTube alone Kitchen Sanctuary averages around 47k views and 400 subscribers daily. With an engagement rate of 4.5% on Instagram, the account is in the top 5% for comments when compared to similar influencers
- Kitchen Sanctuary has a global audience, with around 25% of YouTube views coming from the US
- The Kitchen Sanctuary blog receives 2.5 million page views each month

Summary

A collection of 100 favorite recipes from the successful blog and YouTube channel Kitchen Sanctuary

Putting dinner on the table every night should be fun but can be stressful. Often thinking what to make is harder than actually cooking it, especially when you factor in all family members. This is where Kitchen Sanctuary comes in. This cookbook contains some of the brand's most popular recipes, from both YouTube and the blog.

While Kitchen Sanctuary's online presence is still extremely in-demand, searching for what you want when you don't really know yourself can be hard. Having the recipes gathered in one place makes them easier to follow in the kitchen and also brings them to a whole new audience who are yet to find them online.

What started as a blog has now become a trusted brand, with over 2.5 million monthly page views and a rapidly growing YouTube channel – from 6k subscribers in January 2020 to 261k and counting.

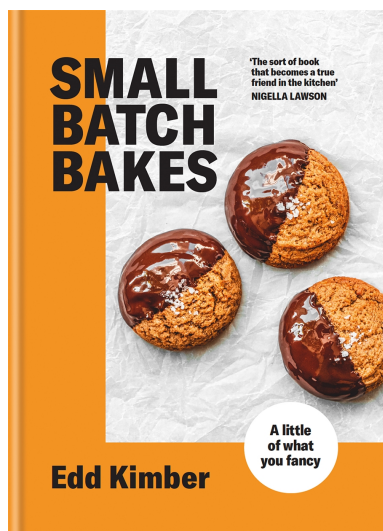
Contributor Bio

An award-winning food blogger, wife and busy mum of two who loves food, **Nicky Corbishley** spent 14 years working in corporate IT before turning to something more creative that would allow her to spend more time with the children. Nicky loves being in the kitchen and started cooking from a young age – inspired by her dad, who spent part of his childhood in Singapore, and mum, who taught her how to make a roast dinner at the age of 11. She started Kitchen Sanctuary as a way to keep a diary of her favourite recipes, and it quickly grew in popularity, with readers loving the straightforward, easy-to-follow recipes, eye-catching photography and professional recipe videos.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



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Hardcover

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Print Run: 20K
Cooking / Courses & Dishes
CKB014000
9.3 in H | 6.6 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Small Batch Bakes

Sweet and savoury bakes for one, two, four or six

Edd Kimber

Key Selling Points

- Edd's following on Instagram is 395k. He has very strong engagement with his followers and receives daily messages from fans all over the world, many of whom bake each and every recipe in *One Tin Bakes* and post him images of their creations.
- Baking is very popular with Millennials (75%) and Generation X (73%), a key target market for this book
- The past few years has seen a growing demand for small-batch bakes and the pandemic – a time when many people rediscovered the joy and comfort baking can bring – has only increased this demand
- Perfect for people who enjoy baking, fans of Edd Kimber, fans of *The Great British Bake Off* and people with limited kitchen space

Summary

Accessible, easy baking for singles, small households, students or anyone who likes to bake a lot

Baking recipes typically serve large groups of people, perfect for a party, a celebration, a crowd. But what about when you just want one cookie and you don't want to spend the money on making a big batch, or don't have the people to share them with?

Sometimes you just don't want to be faced with leftovers you need to eat for the rest of the week.

Enter *Small Batch Bakes*, great for singles, small households, students or anyone who likes to bake a lot. The recipes serve one, two, four or six and are predominately sweet but also include savoury varieties that would be perfect for a lunch or impromptu picnic. The skill level is naturally on the easier side, and equipment needed kept to a minimum, something that will be welcomed by many people baking just for themselves.

"The lone-dweller, in need of the balm that only a freshly baked biscuit can provide, is faced with a most unsatisfactory choice: do without or make a batch big enough to keep a huge hungry household happy." - **Nigella Lawson, *Cook, Eat, Repeat***

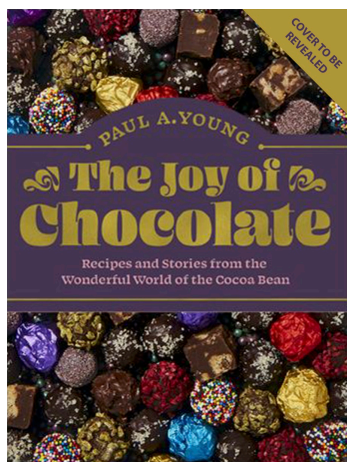
Contributor Bio

Edd Kimber won the first series of *The Great British Bake Off* in 2010. He is the author of *The Boy who Bakes* (2011), *Say it with Cake* (2012), *Patisserie Made Simple* (2014) and the best-selling *One Tin Bakes* (2020). He has appeared on Sunday Brunch, Market Kitchen and Perfect, as well as the BBC Good Food Show and other shows around the country. He is a contributing editor to *Bake from Scratch* magazine, a go-to baking writer for *Olive* magazine, a baking teacher at Leith's School of Food and Wine, as well as a QVC presenter and a brand ambassador for KitchenAid and Nordicware. Edd has a popular blog www.theboywhobakes.com, where he shares his innovative baking recipes, which are always loved by his loyal following. @theboywhobakes

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9780857839909
085783990X
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$34.99/\$38.99 Can./£26.00 UK
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 10
Print Run: 8K
Cooking / Specific Ingredients
CKB018000

10.5 in H | 7.8 in W
Status: **FORTHCOMING**

The Joy of Chocolate

Recipes and Stories from the Wonderful World of the Cocoa Bean

Paul A. Young

Key Selling Points

- Paul A. Young's previous book for Kyle, *Adventures with Chocolate*, won a World Gourmand Award
- He is multi-award-winning, picking up golds in the International Chocolate Awards for the past two years, including Best Sea Salted Caramel in the World both years.
- Paul A. Young has an extensive social media following with around 60k followers across YouTube and Instagram

Summary

A comprehensive, step-by-step guide to creating delicious chocolates and fillings from scratch by a master chocolatier

Written by one of the UK's most celebrated master chocolatiers, and a presenter on the BBC2 TV series *The Sweet Makers*, this guide showcases how to make delicious chocolates from scratch in your own kitchen.

This delightfully decadent book is a love letter to chocolate, from the very fundamentals of what is chocolate and how to taste and buy, to achieving a world-class shine and blending flavor like a pro. It explains clearly and with creativity, so that by the end of the book, anyone from beginner to confident cook will be able to make the very best chocolate recipes.

Ever since Paul introduced sea salted caramel to the world of chocolate, he has been at the forefront of artisan chocolate making. With three chocolateries in London, Paul has a reputation as a flavor alchemist who often incorporates unusual ingredients into his wonderful confections and develops combinations that are original, experimental, sometimes daring, yet always perfectly balanced.

Contributor Bio

Paul A Young is a ground-breaking and inspirational chocolatier who is at the forefront of the British chocolate scene. Trained as a chef before moving into the world of chocolate, Paul's cutting-edge creativity has won him numerous awards and led to him being ranked among the world's best chocolatiers. In 2014, the International Chocolate Awards named Paul Outstanding British Chocolatier. Paul's dedication to his craft, his personality and his experimental creativity shine through in the quality of his chocolates and through the style of his beautiful boutique chocolateries.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





Kyle Books
9781914239267
1914239261
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

192 Pages
Carton Qty: 10
Print Run: 6K
Architecture / Interior Design
ARC007000

9.5 in H | 7.6 in W | 0.09 lb Wt
Status: **FORTHCOMING**

The Handbook of Home Design

A step-by-step guide to redesigning your space

Laura Jane Clark

Key Selling Points

- DIY home improvement projects surged during Covid-19, as did sales at such retailers as Home Depot and Lowe's
- Consumer spending on tools and equipment for the house and garden in 2019 was £7.18bn
- *Your Home Made Perfect* (which Laura co-presents with Angela Scanlon) has been a smash hit on BBC2 and regularly attracts 2 million viewers. It has been commissioned for two more series, the fourth of which will air in September 2022. The show is currently available to download worldwide from Hulu but will also start to air on Netflix in the near future
- Laura Jane Clark has a rapidly growing Instagram following of 47k
- For anyone interested in interior design and people looking to design/redesign their homes on a budget.

Summary

A TV architect brings you inspiring interior design ideas and solutions for updating your home without breaking the bank

Packed with interior design solutions, this book will guide you on how to best optimise the spaces in your home without spending a fortune.

In this era of 'don't move, improve' and 'buy old not new', many people's homes have adapted to changing circumstances and tightening budgets. But to Laura Jane Clark, this doesn't mean you have to compromise. Whether you're longing for an extension to bring in light or trying to find a better use for neglected nooks and crannies, *The Handbook of Home Design* offers room plans, case studies and practical tips to regenerate and revitalize the place you call home, all without breaking the bank. Sprinkled throughout are anecdotes from Laura's career, covering common and unusual interior design cases, including a house that had needed an economical kitchen for a multi-generational family and a single-storey home that had required stairless access.

Laura Jane Clark's essential guide to modern interior design perfectly complements your budget, style and space, all for maximum comfort and enjoyment.

Contributor Bio

Laura Jane Clark is an architect and designer specializing in innovative renovations and new builds in a domestic setting. She is the architect presenter on BBC2's *Your Home Made Perfect* and has appeared regularly on C4's *George Clarke's Amazing Spaces*. In June 2020 she set up @sirensister, a diverse network of female architects, interior designers, stylists, horticulturalists, photographers and consultants for the TV, film and media industries.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9781914239748
1914239741
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\$50.00/\$55.00 Can.
Discount Code: OHC
Hardcover

512 Pages
Carton Qty: 10
Print Run: 10K
Cooking / Regional & Ethnic
CKB047000

9.9 in H | 8.3 in W
Status: **FORTHCOMING**

Related Products

Other Formats

The Italian Cooking Course
9781906868963 \$29.95

The Italian Cooking Course

Techniques. Masterclasses. Ingredients. Traditional Recipes

Katie Caldesi

Key Selling Points

- Perfect for people passionate about Italy and new cooks or anyone wanting to be guided through technique by an experienced teacher, but not have to pay a fortune for a cookery course
- A unique, impartial approach that has recipes from all 20 of Italy's unique regions.
- With over 400 recipes and step-by-step photography of techniques including making polenta, gnocchi, pizza and breads, this is an authoritative and comprehensive guide to Italian cuisine.
- Katie runs the highly acclaimed La Cucina Caldesi cookery school in London with her husband Giancarlo. They have spent over 20 years teaching students at every level.

Summary

No-fuss Italian cooking packed with flavor and texture, perfect for beginners and experts alike.

Katie has travelled the rice fields of Italy's northern provinces and the lemon groves of the south, the richly diverse urban and rural terrains and patchwork regions. She has collated recipes, techniques and ingredients to create this unique compendium of Italian food.

The Italian Cookery Course will guide you through the vast collection of famous recipes and lesser-known regional dishes, with clear instruction on how to replicate them at home. The book is broken down into straightforward chapters including 'Meat', 'Fish', 'Dolci' and 'Cheese'. Each chapter contains 'masterclasses' on technique, revealing the practical secrets of Italian cooking and giving the reader new confidence in the kitchen. All this is interwoven with fascinating narration about the culinary influences that have created this wonderful cuisine.

"This book is not only a fascinating read, teaching you about the regions of Italy, but is also full of things that you really do want to cook." – *The Times*

Contributor Bio

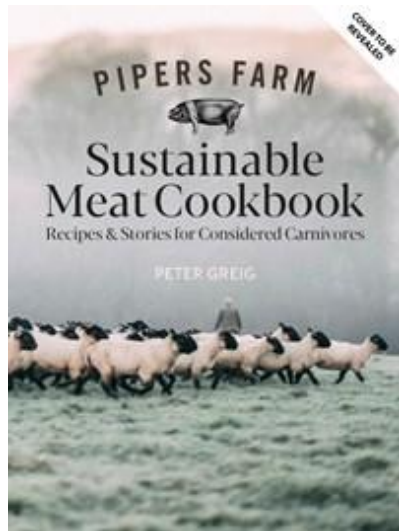
Katie and Giancarlo Caldesi own restaurants Caldesi in Marylebone as well as Caldesi in Campagna in Bray. They are co-authors of the *Sunday Times* bestselling *The Diabetes Weight-Loss Cookbook*, *The 30 Minute Diabetes Cookbook*, *The Reverse your Diabetes Cookbook*, *Around the World in Salads* and *The Gentle Art of Preserving*, which was nominated for the Guild of Food Writers' Cookbook of the Year Award.

www.caldesi.com www.LowCarbTogether.com @katiecaldesi @mrcaldesi

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9781914239274
191423927X
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$39.99/\$43.99 Can./£30.00 UK
Discount Code: OHC
Hardcover

288 Pages
Carton Qty: 10
Print Run: 4K
Cooking / Specific Ingredients
CKB054000

10.5 in H | 7.8 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Pipers Farm Sustainable Meat Cookbook

Recipes & Stories for Considered Carnivores

Peter Greig, Henri Greig

Key Selling Points

- Ideal for people trying to be more sustainable/mindful about their meat consumption and waste-conscious meat-eaters who want ideas of how to use the whole animal
- Eating less meat and making sure it is sustainably farmed and produced is a key factor in today's climate-aware attitude to food
- Pipers Farm is at the forefront of the sustainable-farming movement in the UK, one that is growing in stature and relevance
- Multi-award-winning brand, including BBC Radio 4's Food & Farming Best Producer, *The Telegraph's* Best Butcher, *The Independent's* Best Meat Box and Great Taste Top 50 Best Food Products
- Fans include Jamie Oliver, Hugh Fearnley-Whittingstall, Tom Hunt, Rick Stein, Michael Caines, Gill Meller, Diana Henry and many more

Summary

How to eat 'less but better' sustainably produced meat via a seasonal flow, in harmony with nature and regenerative farming principles

This book is an aria for proper meat. Meat as it was before it got messed with. Before animals became a unit of production, but were reared to produce excellent food, and were willingly given an equally excellent life.

It explores the connection between nature and farming and the result is a mixture of hands-in-the-earth farm stories and meat-first carcass balanced seasonal recipes. Meat is revered and stretched as far as we can make it go by respecting the animal and using every part, cheek to lard, tendon to tail.

The recipes are not just meat and two veg, but provide cooking that is devised for the way we live today. Think a modernized version of warming farmhouse food, to suit the weather and our homes. Fast, fresh, surprising dishes for midweek, and slow-cooking or theater pieces shared with friends for weekends and holidays.

Far from countering the vegan spike, this is the definition of fair, honest, sustainable food. This is meat done right.

Contributor Bio

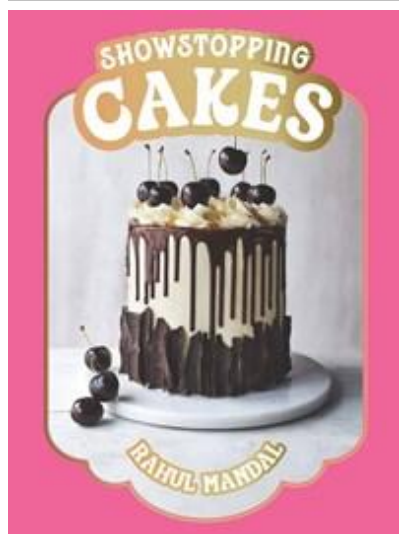
Peter Greig founded Pipers Farm with his wife **Henri Greig**. They started their sustainable journey in 1989 when they began to produce meat in harmony with nature. They created links between ethical producers who they know and trust. Today, they are purveyors of sustainably produced meat and other products to a wide and influential range of food businesses as well as a loyal tribe of regular customers who they keep in contact with via a regular newsletter, blog and email database of 114.5k people.

Instagram: @pipersfarm

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9781914239236
1914239237
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$34.99/\$38.99 Can./£26.00 UK
Discount Code: OHC
Hardcover

240 Pages
Carton Qty: 10
Print Run: 15K
Cooking / Courses & Dishes
CKB014000
9.4 in H | 7.7 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781914239489

Showstopping Cakes

The secrets to Insta-perfect bakes

Rahul Mandal

Key Selling Points

- Three years after his *Bake Off* win, Rahul has a large (374k) and engaged following on Instagram, regularly getting likes of 20k and 30k, often way more
49% of his Instagram following is in the US
- *The Great British Bake Off* is loved in the US, where it is shown on Netflix
- With a USP of being both a baker and scientist, Rahul is uniquely placed to be able to give advice on achieving the perfect bake.
- Interest in baking increased significantly during the pandemic as it is seen both as a way of spreading positivity during negative times and of relieving anxiety (BBC)

Summary

How to make and decorate showstoppingly impressive cakes by the popular GBBO winner

In this step-by-step guide to creating beautiful cakes, Rahul shares his unique approach to baking, focusing on techniques and scientific explanations, to ensure a perfect bake every time.

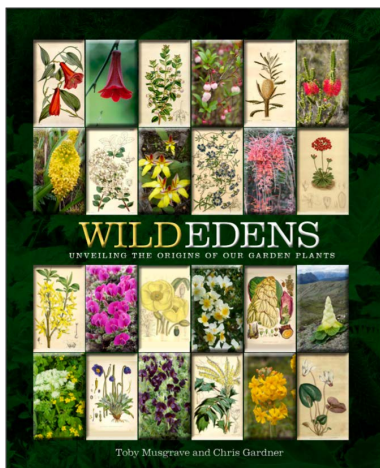
Whether it is how to avoid a curdled cake batter or buttercream, stacking a 2-, 3- or 8-tier cake or perfectly piping decorations, Rahul brings forensic insight into why things don't work and how to fix them. He also discusses how to achieve the perfect flavour pairing, the different elements of cake fillings and decorating techniques, as well as how to make some of the most popular cakes from his Instagram feed, including drip cakes, fault-line cakes and a geode cake.

Since his victory on the UK's most famous baking show in 2018, Rahul has been honing his skills further, combining his scientific knowhow with his artistic talents to create bakes that are not only delicious but also things of beauty. This is the handbook that Rahul wishes he'd had when he started baking and should be the book that all aspiring bakers turn to when they want to create a cake for a special occasion.

Contributor Bio

Winner of *The Great British Bake Off* 2018 and GBBO New Year Special 2020, **Rahul Mandal** won the hearts of the nation with his self-deprecating, shy demeanour as he quietly baked his way to glory with some of the most stunning creations the show has seen. A research scientist at the University of Sheffield, Rahul spends his spare time practicing his baking, painting and gardening. He has a dedicated following of 374k on Instagram and writes regularly for *The Times*. He has recently worked on social media campaigns with a number of brands including Castello, Panasonic and Cadbury.

Marketing Plans



Kyle Books
9781914239250
1914239253
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$46.99/\$52.99 Can./£40.00 UK
Discount Code: OHC
Hardcover

256 Pages
Carton Qty: 10
Print Run: 6K
Gardening / Flowers
GAR004000

11.5 in H | 9 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781914239427

Wild Edens

Unveiling the origins of our garden plants

Chris Gardner, Toby Musgrave

Key Selling Points

- Toby Musgrave is a highly respected garden designer and scholar, making this book the perfect gift for anyone interested in plants, their history and origins
- Gardening and nature are enjoying renewed popularity thanks to lockdown and climate considerations
- Garden and plant history is an emerging subject
- Appeals to a wide range of interests, for example: botany, garden design, garden history, horticulture and gardening, history and travel
- The Royal Horticultural Society has seen a fivefold rise in queries for advice on its website during the lockdown (*The Guardian*)
- 10 featured biodiversity hotspots: The Mediterranean, Pontic Alps, Himalaya & Tien, China, Japan, North America, Chile & Patagonia, The Antipodes, Western Cape, the Tropics
- Perfect for seasoned gardeners, botany-inclined globetrotters, especially those interested in design and history and armchair travellers

Summary

A fantastic gift book about global plant exploration and our gardens

There are books that recognize famous garden designers and offer inspiration to would-be garden-makers. And there are thousands of manuals that will tell you how to garden. But only one tells the story of any garden's most important 'raw material' – its ornamental plants. *Wild Edens* is that book: global in scope and arranged geographically, it unveils ten biodiversity hotspots that are home to many of our garden treasures, such as *Ixia dubia* in the Western Cape and the Mediterranean's *Crocus biflorus*.

Each chapter includes a map, personal reflections from the author about exploring these often-remote locations, scene-setting descriptions on topography, geography, climate and flora, key botanical locations within the hotspot, a plant compendium and summary of how the plants impacted garden fashions/styles.

Tapping into the revival in interest of nature, gardening and the natural world, this is a premium armchair traveller's guide to interesting plants, flora and fauna from around the world, often from locations that are hard to visit, even without a global pandemic.

Contributor Bio

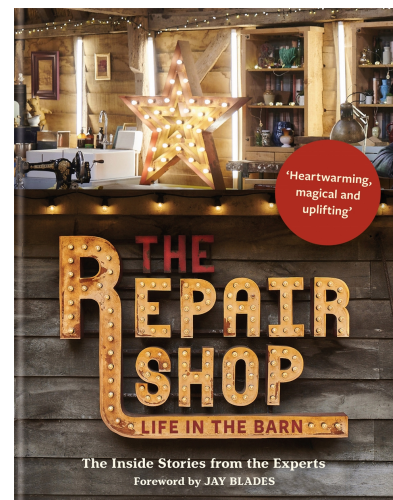
Dr Toby Musgrave FSA FLS is a plants and gardens historian, independent scholar and consultant. He is the author or co-author of 18 books.

Chris Gardner is a horticulturist, botanist and photographer who organizes and leads specialist botanical tours worldwide. He is the author and photographer of two illustrated botanical field guides.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Kyle Books
9781914239649
1914239644
Pub Date: 11/1/2022
On Sale Date: 11/1/2022
\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

192 Pages
Carton Qty: 10
Print Run: 5K
House & Home / Do-It-Yourself
HOM005000
9.9 in H | 7.6 in W
Status: **FORTHCOMING**

Related Products

Ebooks

9781914239786

The Repair Shop

The Experts tell their Stories

Jay Blades, Elizabeth Wilhide

Key Selling Points

- The show to date ranks as the #1 unscripted series on BBC1 in 2020 to date, outperforming the channel time-slot average by +77% among total viewers.
- Worldwide appeal, aired in countries such as the US, Aus, Australia, NZ, South Africa, Canada, France, Germany and with countries such as France, Canada, the Netherlands, Finland, Sweden, Denmark making their own versions.
- "It is my considered opinion that The Repair Shop is far and away the best programme on British television" - Stephen Fry
- "The absolute best show on telly" - Richard Osman
- The Repair Shop is currently available to stream in the US on Discovery+
- Perfect for those interested in repairing and restoring old items

Summary

A third book from the BBC's Top Rated Hit *The Repair Shop*

In today's throwaway culture, there's a counter movement growing that urges us to "make do and mend". The Repair Shop has brought this waste-conscious message to an even wider audience, cementing itself as a BBC classic of the likes of *Antiques Roadshow*.

The third book concentrates on the show's much-loved experts, including woodworker and furniture restorer Will Kirk, clockmaker and mechanical wizard Steve Fletcher, silversmith Brenton West, saddler/leatherworker Suzie Fletcher, upholsterer Sonnaz, and seamstresses Julie Tatchell & Amanda Middleditch – aka The Teddy Bear Ladies, with each sharing why they love their craft, followed by a narrative on two specific objects and their restoration journeys. These narratives capture the ethos of the programme by being almost Aesop's Fables-esque – e.g. The Woodworker and the Broken Toy Chest – with quotes from the recipients of restored objects dotted around.

With the focus on the artisans themselves, readers will feel as though they're stepping straight into the 'workshop of dreams'.

Contributor Bio

Enter a workshop filled with expert craftspeople, bringing loved pieces of family history and the memories they hold back to life. A heartwarming antidote to throwaway culture, BBC's *The Repair Shop* has over six series, with two more confirmed, establishing itself in the realms of *Antiques Roadshow* or *Who Do You Think You Are?* as a perennial crowdpleaser with a massive loyal following.

Instagram: @therepairshop.tv Twitter: @TheRepairShop

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Subrights

No subrights have been specified.

YOU
GOT
THIS



Summersdale
9781800073913
1800073917
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$9.99/\$10.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Self-Help / Motivational &
Inspirational
SEL021000

5.5 in H | 4 in W
Status: **FORTHCOMING**

Related Products

Other Formats

You Got This 9781786850409
\$9.99

You Got This

Uplifting Quotes And Affirmations For Inner Strength And Self-Belief

Summersdale

Key Selling Points

- The latest addition to a stylish series of colorful pick-me-up gift books, including *You Are Amazing* (ISBN: 9781786859808), which has sold more than 40,000 copies.
- Similar Summersdale titles include:
Never Give Up (ISBN: 9781786859785)
Dare to Dream (ISBN: 9781786859815)
Yes You Can (ISBN: 9781786859792)
Carpe Diem (ISBN: 9781800071865)
Believe and Achieve (ISBN: 9781800073920)
Just Be You (ISBN: 9781800071841)

Summary

This is a beautiful little gift book filled with uplifting quotes and affirmations to help the reader achieve their goals and grow their self-confidence.

Stay fearless and focused with the help of the powerful quotations and awesome affirmations in this pocket-sized collection of unshakeable confidence

If you've got a goal or a dream, never let doubt stand in your way. Setbacks and worries are totally normal, but the right words at the right time can help you overcome them. This little book, packed full of powerful quotes and valuable reminders, is the perfect companion on your quest to conquer your fears and claim your victory.

From the timeless ideas of ancient sages to sound advice from modern superstars, these are words to get you feeling great and thinking big.

As well as the hard-won wisdom of successful writers, artists and thinkers, this book includes a host of motivational affirmations and daily reminders such as:

- You contain endless possibilities
- Believe it and you'll become it
- You are the hero of your story
- Show up for yourself
- Your intuition is your power
- Moving on is moving up

Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800073920
1800073925
Pub Date: 9/6/2022
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\$9.99/\$10.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Self-Help / Motivational &
Inspirational
SEL021000

5.5 in H | 4 in W
Status: **FORTHCOMING**

Related Products

Other Formats

Believe and Achieve
9781849539838 \$10.99

Believe and Achieve

Inspirational Quotes And Affirmations For Success And Self-Confidence

Summersdale

Key Selling Points

- The latest addition to a stylish series of colorful pick-me-up gift books, including *You Are Amazing* (ISBN: 9781786859808), which has sold more than 40,000 copies.
- Similar Summersdale titles include:
Never Give Up (ISBN: 9781786859785)
Dare to Dream (ISBN: 9781786859815)
Yes You Can (ISBN: 9781786859792)
Carpe Diem (ISBN: 9781800071865)
You Got This (ISBN: 9781800073913)
Just Be You (ISBN: 9781800071841)

Summary

This is a beautiful little gift book filled with inspirational quotes and affirmations to help the reader strengthen their resolve and find success, whatever their goals

Supercharge your will to succeed with the upbeat quotations and ambitious affirmations in this pocket-sized dose of dogged determination

The universe has an awesome habit of rewarding those who work hard and never give up. And there's nothing like a few words of encouragement to help you stay focused while you're on the road to success. This little book is bursting with supportive quotes and fresh perspectives to fuel your journey and strengthen your resolve.

From the timeless ideas of ancient sages to brilliant insights from modern superstars, these are words to encourage, motivate and inspire.

As well as the hard-won wisdom of successful writers, artists and thinkers, this book includes a host of empowering affirmations and daily reminders such as:

- Choose success every day
- Be your own greatest cheerleader
- You can achieve anything you put your mind to
- Obstacles are the stepping stones of your journey to success
- You are so much stronger than you think
- Push forward, persevere and be patient

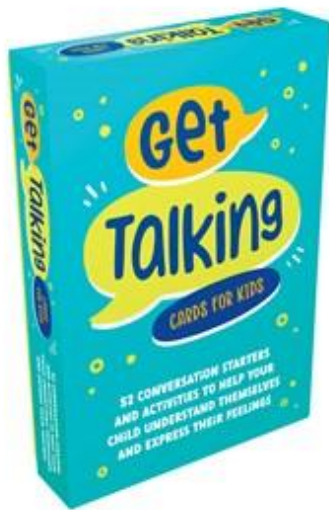
Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
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1800073909
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$16.99/\$18.99 Can.
Discount Code: OHC
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 5K
Ages 5 And Up, Grades K to 17
Games & Activities / Card Games
GAM002000

6.5 in H | 4.5 in W
Status: **FORTHCOMING**

Get Talking Cards for Kids

52 Conversation Starters and Activities to Help Your Child Understand Themselves and Express Their Feelings

Amanda Ashman-Wymbs

Key Selling Points

- Aimed at children aged 5+.
- This is a tool to help children develop their emotional awareness and communication skills. Each of the cards contains thought-provoking questions or simple activities to prompt conversation.
- Box also contains a small booklet for adults with information on how to use the cards.
- Designed to be used between a caring adult or parent and child, or within a group of children.
- Similar Summersdale titles include:
Help Your Child Feel Happier (ISBN: 9781787836648)
Help Your Child De-Stress (ISBN: 9781787836730)

Summary

This friendly deck of 52 cards contains open questions and simple exercises to transform the way your child expresses and understands their feelings

Let's get talking!

Find new ways to connect, share and communicate with your child with the help of this supportive deck of 52 prompt cards. These thought-provoking conversation starters and gentle activities provide a fun and engaging way to spark conversation, encouraging children to talk openly about their feelings and develop their emotional awareness.

Compiled by an experienced child therapist and accompanied by helpful instructions, the color-coded cards are divided into four categories for easy selection, including feelings, well-being, self-esteem and mindfulness. The open questions and prompts in this deck will inspire children to connect with their feelings and thought patterns and grow their emotional intelligence.

Get Talking Cards for Kids offers an enjoyable way to help improve communication, encourage self-discovery and foster an essential life skill.

Contributor Bio

Amanda Ashman-Wymbs BA (Hons) is a BACP accredited psychotherapist from West Sussex, UK. She lives with her husband and daughter in a village in the countryside and is a keen yoga and meditation practitioner who deeply loves the natural world.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800071964
1800071965
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$16.99/\$18.99 Can.
Discount Code: OPB
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 6K
Ages 5 to 11, Grades K to 6
Juvenile Nonfiction / Social Topics
JNF053160

6.5 in H | 4.5 in W
Status: **FORTHCOMING**

Mindful Ideas for Kids

52 Soothing Cards to Help Your Child Feel Calm

Summersdale

Key Selling Points

- 52 beautifully designed cards, each featuring a mindful statement, with a stand to display your favorite designs
- Embrace peace of mind everyday with these uplifting affirmations, which you can use as a decoration anywhere in your home
- An ideal gift for children aged 5–11 to encourage moments of reflection and promote positive thinking
- Similar Summersdale titles include: *The Little Box of Calm* (ISBN: 9781787836594), *Be Kind to Your Mind* (ISBN: 9781787832565), *The Little Box of Mindfulness* (ISBN: 9781787836587), *Help Your Child De-Stress* (ISBN: 9781787836730)

Summary

A calm thought a day keeps the worries away

Help your child find a little bit of a calm each day with this deck of comforting and easy-to-understand affirmations

Mindfulness matters, and just a few moments of quiet thought can soothe your child's mind and encourage them to approach their day with a little more ease. Help your child practise the art of mindfulness anywhere with this collection of uplifting cards, filled with inspiring words and peaceful thoughts.

This deck of 52 cards is packed with gentle affirmations and relaxing mantras to minimize anxiety, promote happiness and help kids harness positive energy. Each card, which can be displayed individually using the high-quality wooden stand, features a stunning bespoke design to brighten up any room.

- Box includes 52 individual cards and a wooden holder
- Perfect to display in your child's room, or anywhere in the home, to encourage peaceful moments and positive thinking
- Beautifully presented and featuring bespoke card designs

These whimsical cards will bring a moment of peace and calm to every day. Filled with soothing statements that can be displayed anywhere, this is the perfect gift to help children focus their thoughts and live in the moment.

Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800071988
1800071981
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$9.99/\$10.99 Can./€8.84 DE
Discount Code: OPB
Paperback

128 Pages
Carton Qty: 102
Print Run: 7K
Social Science / Folklore &
Mythology
SOC011000
6 in H | 4 in W
Status:**FORTHCOMING**

The Little Book of Goddesses

An Empowering Introduction To Glorious Goddesses

Astrid Carvel

Key Selling Points

- A new addition to the accessible *Little Book of...* series, this title offers the perfect introduction to some of the world's most powerful and influential goddesses
- Discusses goddesses from a range of world religions and mythologies in a clear, concise and engaging manner
- Encourages the readers to explore the best qualities of the goddesses and to embrace these divine attributes in their daily lives
- Other Summersdale titles in this series include: *The Little Book of Spells* (ISBN: 9781786857996); *The Little Book of Tarot* (ISBN: 9781786857989)

Summary

An engaging, accessible and empowering guide to the some of the world's most influential goddesses

Embrace the power of the divine in this beginner's guide to some of mythology's fiercest females and most legendary ladies

Across thousands of years and countless civilizations, goddesses have been a powerful presence. Whether as leaders, mothers, warriors or lovers, these indomitable divinities have always been able to fascinate and seduce us.

This pocket guide offers readers an engaging and accessible introduction to a selection of the most powerful and influential goddesses throughout ancient and modern history, retelling their stories and celebrating their awesome abilities. Each profile includes a concise history of the goddess and her origins, a summary of her main powers, a look at the goddess in myth and popular culture and an exploration of her best attributes.

Let yourself be inspired and empowered by tales of feminine power, strength and wisdom in this pocketbook of dazzling deities.

Contributor Bio

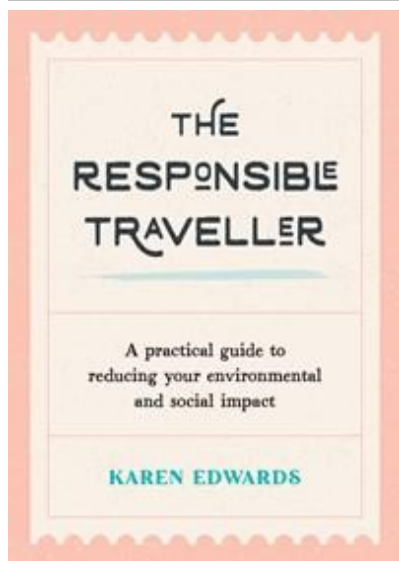
Astrid Carvel is a white witch based in Sussex, UK, who enjoys reading literature on Wicca in her spare time. She is also the author of *The Little Book of Witchcraft* and *The Little Book of Spells*.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





Summersdale
9781800073883
1800073887
Pub Date: 9/6/2022
On Sale Date: 9/6/2022
\$9.99/\$10.99 Can.
Discount Code: OPB
Paperback

160 Pages
Carton Qty: 84
Print Run: 6K
Travel / Special Interest
TRV026020

6 in H | 4 in W
Status: **FORTHCOMING**

The Responsible Traveller

A Practical Guide To Reducing Your Environmental And Social Impact

Karen Edwards

Key Selling Points

- We all know that we should be leading more sustainable, planet-friendly lives to avoid a climate catastrophe. This book will arm you with the information you need to take big steps to reduce the impact your travels have on the environment.
- Covers a wide range of issues within the world of travel, from ecological impact to ethical and cultural sensitivities, with practical and easily actionable tips to help you become a more informed and conscientious traveller.

Summary

A pocket-sized guidebook to help us all become more aware of the impacts of our travel choices – both on the planet and on the local communities whose homes we are visiting – and to equip us with practical tips and advice on how to have more responsible, ethical and eco-friendly travels.

***The Responsible Traveller* is your ticket to sustainable and ethical travel. This pocket-sized book provides the knowledge and tools that can help you to explore the world with a lighter footprint.**

Whether you travel out of curiosity, to find respite, to remind yourself of how vast and wonderful our planet is, or in search of life-shaping adventures, having the freedom to explore can be exhilarating and hugely rewarding. However, we owe it to the people, cultures, ecosystems and wildlife that we encounter along the way to travel with respect; to preserve our beautiful world for generations to come.

The Responsible Traveller will show you how to make actionable changes that result in more thoughtful and adventurous travels, while also doing our very best for Planet Earth. Through case studies and storytelling, you'll learn about the environmental and social effects of tourism and gain a deeper understanding of cultural sensitivity. And through simple, achievable tips and practical lifestyle changes, you'll discover how you can make an almighty difference in reducing your impact. Empowered with this information, perhaps your next adventure will be inspired by consideration, understanding and compassion.

Contributor Bio

Karen Edwards is an editor and writer from London, who specializes in responsible tourism, sustainable living and emotional well-being. She writes for a variety of national and international titles, including *High Life* by British Airways, *Breathe*, *Grazia*, *Metro*, *The Independent*, *The Telegraph* and *Time Out*. Karen inherited her love for the planet at a young age while travelling with her parents. She lives in between London and South Australia with her marine biologist fiancé.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800074057
1800074050
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$16.99/\$18.99 Can.
Discount Code: OHC
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 6K
Games & Activities / Card Games
GAM002000

6.5 in H | 4.5 in W
Status: **FORTHCOMING**

Be Strong

52 Cards Of Inspiring Quotes And Statements To Encourage Confidence

Summersdale

Key Selling Points

- 52 striking cards featuring a range of inspiring quotes and affirmations to help boost confidence levels.
- Box includes a stand to display your favourite designs, which you can use as a decoration for your home or workplace.
- An ideal present to give to a friend (or for yourself!) to encourage self-belief and positive thinking.

Summary

A deck of 52 cards containing inspirational quotes and statements for anyone in need of a little more self-assurance

Embrace the power of self-belief and channel your inner confidence with this deck of 52 beautiful and uplifting cards. Brimming with motivational quotes and feel-good affirmations, the cards in this little box are here to boost your mood and help you find your hidden strength.

Featuring striking designs to kick-start the positive vibes, these encouraging pick-me-ups are designed to be displayed in the wooden holder which you can place anywhere in your home. Let these prompts fill you with motivation and remind you just how incredibly strong you are.

This is the perfect gift for anyone looking for a daily dose of inspiration and encouragement.

- Box includes 52 individual cards and a wooden holder
- Choose to display an inspiring quote or a powerful affirmation
- Beautifully presented and featuring bespoke card designs

Contributor Bio

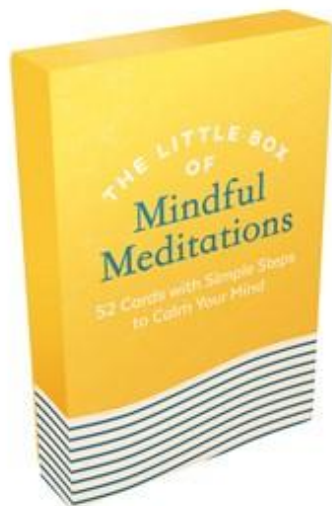
Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





Summersdale
9781800074064
1800074069
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$16.99/\$18.99 Can.
Discount Code: OHC
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 10K
Games & Activities / Card Games
GAM002000

5.3 in H | 4.4 in W
Status: **FORTHCOMING**

The Little Box of Mindful Meditations

52 Cards With Simple Steps To Calm Your Mind

Summersdale

Key Selling Points

- This box contains a 16-page booklet, outlining mindfulness and mindful meditation, and 52 double-sided cards, each featuring a simple meditation on one side and a mindfulness quote or affirmation on the other.
- More people are looking to incorporate meditation and self-care practices into their daily lives as a way to find calm and live mindfully. This deck is the perfect package for anyone looking for daily guidance and inspiration.
- Similar Summersdale titles include:
The Little Box of Calm (ISBN: 9781787836594)
The Little Box of Mindfulness (ISBN: 9781787836587)
The Little Book of Daily Rituals (ISBN: 9781787832244)

Summary

A deck of 52 beautiful cards featuring mini meditations you can fit into your busy day, inspiring affirmations to repeat aloud, and soothing quotations from wise souls. The box also includes a booklet on how to bring mindfulness into your life and a stand for displaying the cards.

You don't need long hours of silence to feel the benefits of mindful meditation. There are so many little moments throughout the day when you can pause, be present and find peace within. Whether your goal is to dial down your stress levels or refresh your outlook on life, the journey begins with this box.

Alongside a pocket-sized booklet covering the essentials of mindfulness and mindful meditation, this box contains a set of 52 beautifully designed cards, each with a brief meditation on one side and either a calming affirmation or a wise quotation on the reverse.

Each card can be displayed individually using the wooden stand, allowing you to bring tranquil inspiration to any shelf, windowsill, desk or side table.

This is the perfect gift for anyone looking to bring a sense of peacefulness and presence into their daily lives.

- The box includes 52 individual cards, a 32-page booklet and a high-quality wooden stand
- Choose to display a mindful meditation, a soothing affirmation or an inspiring quotes
- Beautifully presented and featuring bespoke card designs

Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800073890
1800073895
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$16.99/\$18.99 Can.
Discount Code: OPB
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 6K
Ages 4 And Up, Grades P to 17
Juvenile Nonfiction / Games &
Activities
JNF021020

6.5 in H | 4.5 in W
Status: **FORTHCOMING**

52 Reasons Why I Can

52 Powerful Affirmations To Boost Your Child's Self-Esteem And Motivation Every Day

Summersdale

Key Selling Points

- 52 striking cards, each featuring an uplifting affirmation ready to display anywhere in your home in the stand provided
- Affirmations are a powerful way to nurture a positive mindset and help children feel happy and confident
- An ideal gift for children aged 4+ to develop the skill of positive thinking
- Similar Summersdale titles include:
You Are Amazing (ISBN: 9781786859808)
You're Awesome Because (ISBN: 9781786859891)
The Little Box of Positivity (ISBN: 9781787833340)

Summary

Self-belief is a superpower

See your child's self-esteem soar with this delightful pack of uplifting affirmation cards. Whether you're looking to inspire a little bit of confidence or just want to bring a ray of sunshine into every day, this collection of positive prompts will remind your child that they're capable of anything they put their minds to.

Featuring a joyful design to brighten up any shelf, windowsill, desk or table, each card can be displayed individually using the high-quality wooden stand included. These cheerful statements are the perfect tool to boost your child's self-esteem and help them to see how awesome they are!

- Box includes 52 individual cards and a wooden holder
- Let your child choose their favorite affirmations and display them proudly in their room
- Beautifully presented and featuring colourful card designs

This deck of beautifully illustrated cards is packed with empowering statements and uplifting words to help your child feel confident every day.

Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800071940
1800071949
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$14.99/\$16.99 Can.
Discount Code: OPB
Paperback

128 Pages
Carton Qty: 30
Print Run: 8K
Family & Relationships / Parenting
FAM034000

8.5 in H | 6 in W
Status: **FORTHCOMING**

Help Your Child Cope with Change

What To Know, Say And Do When Times Are Tough

Liat Hughes Joshi

Key Selling Points

- The pandemic and subsequent lockdowns have seen many children suffer first-hand due to lack of emotional support when their routine has been disrupted. Signs of a mental health crisis can't be ignored – this book will help parents to feel empowered and prepared for when their child needs support.

Summary

An essential support tool for parents and carers of children experiencing difficulties brought on by life changes.

This accessible guide will help you to support your child through difficult experiences brought on by life changes, including divorce, new siblings, or the loss of a loved one

Change is part of life, but for a child it can be scary and bewildering. Whether it's the prospect of starting school, dealing with changes in the family or seeing unsettling events in the wider world, there are many aspects of life that can cause a child to feel destabilized and frightened.

As parents and carers, we try everything in our power to shield our children and prepare them emotionally for disappointments and upsets, but sometimes it can be hard to know what to do for the best. *Help Your Child Cope with Change* offers actionable tips that will give you and your child the support you need to navigate these difficult moments with kindness and care.

Discover how to:

- Nurture resilience and a positive mindset in your child
- Break bad news to your child
- Establish behavior boundaries and retain routines during difficult times
- Deal with overwhelming emotions
- Seek support

Contributor Bio

Liat Hughes Joshi is a North London-based journalist and author who specialises in writing about parenting and family life. She is the author of six parenting books and has contributed to many publications including *The Daily Telegraph*, *The Sunday Times* and *The Guardian*. She has been a columnist for HuffPost Parents and makes regular appearances on TV and radio providing comment on parenting.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800074118
1800074115
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$14.99/\$16.99 Can.
Discount Code: OPB
Paperback

144 Pages
Carton Qty: 60
Print Run: 6K
Ages 8 to 12, Grades 3 to 7
Young Adult Nonfiction / Social
Topics
YAN051200

8 in H | 6 in W
Status: **FORTHCOMING**

Be The Change: Be Kind

Rise Up And Make A Difference To The World

Marcus Sedgwick

Key Selling Points

- Part of the Summersdale imprint Vie's Children's Mental Health series, for children aged 8 to 12 years
- This interactive activity and tips-based book will challenge children's perceptions and values, and make them really consider their place in the world and how they can make this world a kinder place
- Contains illustrations by Harry Potter illustrator Thomas Taylor
- Also in this series: *Be the Change: Be Calm: Rise Up and Don't Let Anxiety Hold You Back* (ISBN: 9781800074125)

Summary

A fun and empowering interactive mental health guide for 8-12-year-olds on the power of kindness by award-winning author Marcus Sedgwick

You can choose to make the world a better place. The power is within you!

Every one of us experiences the world differently – we have different worries and problems, and we all have unique hopes and dreams – but there's one thing that can unite us and make the world a better place, and that's KINDNESS!

Kindness is cool! No, really! Kindness can create positive change in all our lives. Whether it's being a friend to someone who seems lonely, or simply smiling or giving somebody a thumbs up. When we support each other, we can be our best selves.

Be the Change: Be Kind is your handbook on how to use your own voice to empower yourself and others to spread kindness. Award-winning children's author Marcus Sedgwick tells the story of kindness – where it comes from, what it feels like and perhaps most importantly *why* it matters – and asks YOU what would you do in different everyday scenarios.

ARE YOU READY TO MAKE A DIFFERENCE?

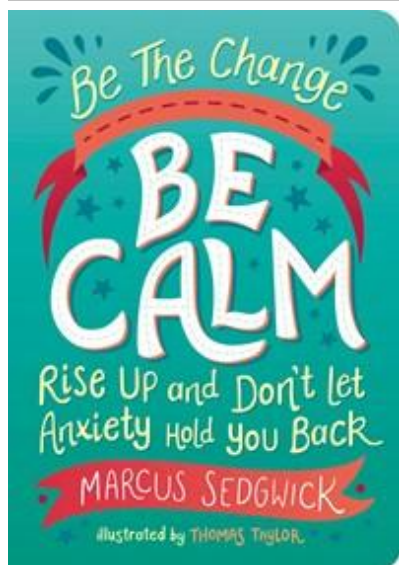
Contributor Bio

Marcus Sedgwick is a million-selling, multiple-award-winning author of novels for children and adults. He is the winner of many prizes, most notably the 2014 Michael L. Printz Award for his novel *Midwinterblood*. Marcus has also received two Printz Honors, for *Revolver* in 2011 and *The Ghosts of Heaven* in 2016. Other notable award-winning books include *Floodland*, which won the Branford Boase Award, and *My Swordhand is Singing*, which won the Booktrust Teenage Prize. His books have been shortlisted for over 40 other awards, including the Carnegie Medal (seven times), the Edgar Allan Poe Award (twice) and the Guardian Children's Fiction Prize (four times). He has been nominated for the Astrid Lindgren Memorial Award three times, in 2016, 2017 and 2018. He lives in France.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800074125
1800074123
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$14.99/\$16.99 Can.
Discount Code: OPB
Paperback

144 Pages
Carton Qty: 60
Print Run: 6K
Juvenile Nonfiction / Social Topics
JNF053050

8.5 in H | 6 in W
Status: **FORTHCOMING**

Be The Change: Be Calm

Rise Up And Don't Let Anxiety Hold You Back

Marcus Sedgwick

Key Selling Points

- Part of the Summersdale imprint Vie's Children's Mental Health series, for children aged eight to 12 years.
- This interactive activity and tips-based book will challenge children's perceptions and values, and make them really consider their place in the world and how they can make this world a kinder place.
- Contains illustrations by Harry Potter cover art illustrator Thomas Taylor.
- Also in this series: *Be the Change: Be Kind: Rise Up and Make a Difference to the World* (ISBN: 9781800074118)

Summary

An interactive activity book for 9–12-year-olds on overcoming anxiety

You can conquer your worries. The power is within you!

We all experience anxiety from time to time. It can feel overwhelming and uncomfortable, and stops us from doing the things we enjoy – so what on earth can we do about it?

Be the Change: Be Calm will show you how to shut down anxiety with fun and simple ways to calm your mind by listening to what your body is telling you. Ever tried the half-salamander exercise? You should! And have you ever performed a body scan? Thought not. These amazing activities along with many others will become your toolkit to a calmer and happier life.

Award-winning author Marcus Sedgwick takes us on a fascinating journey to find out where anxiety comes from, looking at the power of storytelling in terms of training our brain to overcome worries. He also shows us what animals can teach us about dealing with stress AND introduces us to our second brain! Hello! It's time to make CALM your superpower.

ARE YOU READY TO BE KIND TO YOUR MIND?

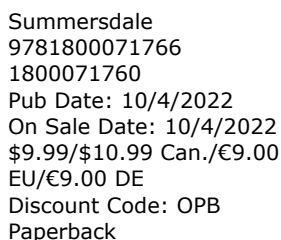
Contributor Bio

Marcus Sedgwick is a million-selling, multiple-award-winning author of novels for children and adults. He is the winner of many prizes, most notably the 2014 Michael L. Printz Award for his novel *Midwinterblood*. Marcus has also received two Printz Honors, for *Revolver* in 2011 and *The Ghosts of Heaven* in 2016. Other notable award-winning books include *Floodland*, which won the Branford Boase Award, and *My Swordhand is Singing*, which won the Booktrust Teenage Prize. His books have been shortlisted for over 40 other awards, including the Carnegie Medal (seven times), the Edgar Allan Poe Award (twice) and the Guardian Children's Fiction Prize (four times). He has been nominated for the Astrid Lindgren Memorial Award three times, in 2016, 2017 and 2018. He lives in France.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



6 in H | 4 in W
Status: **FORTHCOMING**

Hannah Bowstead

Key Selling Points

- A new addition to the accessible *Little Book of...* series, this title offers the perfect introduction to major world mythologies, providing key information and retelling popular stories.
- Covers mythologies from a range of continents and time periods in a clear, concise and engaging manner.
- Other Summersdale titles in this series include:
The Little Book of Spells (ISBN: 9781786857996)
The Little Book of Daily Rituals (ISBN: 9781787832244)
The Little Book of Queer Icons (ISBN: 9781786857774)

Summary

This pocket guide offers readers an engaging and accessible introduction to the major world mythologies, exploring their origins, foundational stories and key mythological figures.

Step into a world of gods, heroes and monsters

Throughout history, mythologies have been fundamental to societies and cultures across the world. They are the collected stories of a people – the fascinating folk tales and the epic legends that shape the history and the beliefs of whole civilizations.

Learn how the Greeks won the ten-year Trojan war, how the Norse god Thor got his mighty hammer, and why the Aztecs made a daily human sacrifice to the sun god, Huitzilopochtli.

This is the perfect starting point for anyone looking to enrich and expand on their understanding of world history, religion, arts, literature and culture.

Discover the captivating stories behind the following mythologies: Aboriginal, Aztec, Celtic, Chinese, Egyptian, Greek, Hindu, Incan, Japanese, Māori, Mayan, Mesopotamian, Norse, Roman.

Contributor Bio

Hannah Bowstead works in a museum and enjoys writing about culture, crafting and navigating the pitfalls of modern life.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





Summersdale
9781800071933
1800071930
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$13.99/\$15.99 Can./€13.00 DE
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 44
Print Run: 6K
Self-Help / Motivational &
Inspirational
SEL021000

6 in H | 5 in W
Status: **FORTHCOMING**

The Book for Badass Women

An Empowering Guide to Life for Strong Women

Harriet Dyer

Key Selling Points

- Filled with bite-sized tips and advice to help women feel empowered and assertive in everyday life, this book is both inspiring and energizing.
- A guide to unlearning the lessons society has taught women about what their appearance, behaviour and expectations of life should be.
- The eye-catching, Instagrammable design makes it the perfect gift for yourself or a friend.
- Other similar Summersdale titles include: *Go Girl* (ISBN: 9781786852793); *You Grow Girl* (ISBN: 9781787836778)
- Includes quotes from the following women: Billie Eilish, Madonna, Reese Witherspoon, Maya Angelou, Meryl Streep, Zooey Deschanel, Ariana Grande, Beyonce, Taylor Swift, Serena Williams, Madeline Albright & Dolly Parton

Summary

What is a badass woman? Whatever the heck she wants to be! Dive head first into this sassy little book filled with empowering tips and kick-ass quotes.

A badass woman is someone who follows her own path, whatever that path may be. She speaks up for what she believes in, she pursues her dreams and she isn't afraid to stay true to herself.

This book will give you all the tools you need to unleash your inner badass. Whether you want to say "no" more often, have the courage to take up physical space or free yourself from the goal of "being likable", these pages are brimming with tips to help you rip up society's rule-book and go your own way.

The chapters include advice on:

- Strengthening your self-confidence
- Standing up for what you want
- Going after your goals
- Lifting up and empowering other women

Whether you want to conquer the world with grit, grace or a little bit of both, *The Book for Badass Women* will help you on your way to being your truest, most badass self. You got this!

This bold little book is an empowering guide to life for women. Filled with bite-sized tips and kick-ass quotes, it's the perfect gift to inspire readers to go after their goals and be whoever they want to be.

Contributor Bio

Harriet Dyer is a freelance writer and editor with a passionate interest in women's rights.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Summersdale
9781800074347
1800074344
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$9.99/\$10.99 Can.
Discount Code: OPB
Paperback

128 Pages
Carton Qty: 102
Print Run: 6K
Humor / Topic
HUM008000

6 in H | 4 in W
Status: **FORTHCOMING**

Related Products

Other Formats

The World's Craziest Drinking Games 9781849539470 \$14.95

The World's Craziest Drinking Games

Fun Party Games from around the World to Liven Up Any Social Event

Quentin Parker

Key Selling Points

- This book contains a wide collection of fun drinking games from all around the world
- A fantastic gift for anyone who loves to party. Suitable for fun nights in or bachelor and bachelorette parties

Summary

This is the ultimate guide to the world of drinking with hilarious games from around the globe. Once you've had a taste you'll never be satisfied with 'normal' drinking again!

Ever since its discovery hundreds of years ago, alcohol has valiantly taken on the role of 'ice breaker', bringing people together through silliness and shared hangovers.

This collection of the truly bizarre and outrageous games for drinkers around the globe to play will add sparkle to any night out (or in).

While it's true that the feel-good factor of alcohol is a global phenomenon, countries around the world have a wide variety of weird and wonderful games to tackle while you tittle.

Your new favorite drinking game is waiting for you within the pages of this book with examples from America, Australia, Canada, China, Cuba, England, Germany, Ireland, France, Italy, Japan, Mexico, Russia, South Africa and more.

Each game has a difficulty rating and is fully explained with instructions on play.

Remember always to drink responsibly, even if you are playing games and try not to let this book give a night not to remember!

Contributor Bio

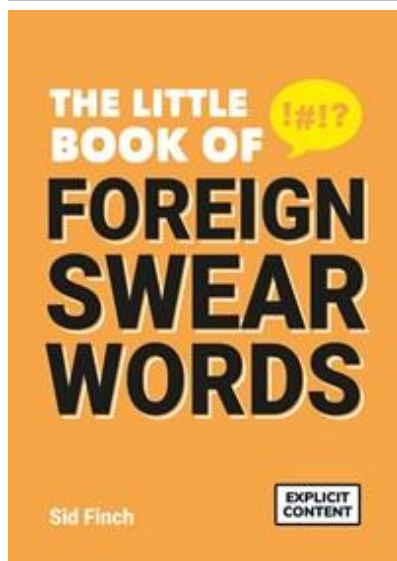
Quentin Parker works hard and parties harder. He enjoys socialising with friends on weekends but favours the hangovers a lot less.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





Summersdale
9781787837690
1787837696
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$9.99/\$10.99 Can./€7.50
EU/€7.50 DE
Discount Code: OPB
Paperback

96 Pages
Carton Qty: 120
Print Run: 6K
Humor / Topic
HUM019000

6 in H | 4 in W
Status: **FORTHCOMING**

The Little Book of Foreign Swear Words

Sid Finch

Key Selling Points

- Will appeal to fans of *Swear Snap* (ISBN: 9781787833333)

Summary

This is the ultimate guide to swear words from around the globe. When you want to get your point across abroad, there's only one way to do it: by swearing your ass off!

Ever been lost for words abroad?

When you go on holiday abroad, it's important to be able to communicate with the locals. It's useful to know, for example, whether the policeman who is trying to bundle you into the back of a van is calling you a moron or an asshole. Or, perhaps your plateful of foreign food has a distinctly faecal aroma and you want to make sure the waiter understands what you're shouting about.

With this book, not only will you be able to translate the abuse being thrown at you, you will also be able to dish it out in dirty great spades. Happy swearing!

Contributor Bio

Sid Finch lives in London and enjoys a bit of cheeky banter and a pint of good beer (or any beer).

Marketing Plans

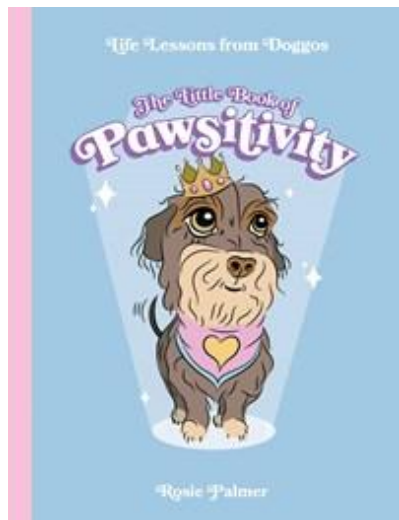
- National media outreach
- Trade and Library Advertising

Illustrations



Subrights

No subrights have been specified.



Summersdale
9781800073432
1800073437
Pub Date: 10/4/2022
On Sale Date: 10/4/2022
\$13.99/\$15.99 Can./€13.00 DE
Discount Code: OHC
Hardcover

128 Pages
Carton Qty: 64
Print Run: 6K
Pets / Dogs
PET004000

7 in H | 5 in W
Status: **FORTHCOMING**

The Little Book of Pawsitivity

Life Lessons from Doggos

Rosie Palmer

Key Selling Points

- Created with full-color designs and illustrations throughout
- Stan's Instagram account, @Stanthehotdawg, has 73,000 followers, and is still growing. Famous fans include Lionel Richie, and WeRateDogs gave Stan a cuteness score of 12 out of 10. Stan is the most-followed wire-haired dachshund on Instagram

Summary

A beautifully illustrated, pawesome collection of uplifting stories, inspiring quotes, timeless wisdom and practical tips that will delight every dog lover

Pawsitive vibes only

Dogs understand that the key to happiness is simple: to eat well, play well, love well and sleep well. This playful book contains wise doggo mantras that we can all live by ("when you have a struggle, have a snuggle"), happiness hacks, inspiring canine *tails*, and life lessons from pawesome breeds (Frenchies teach us that wrinkles are just smile lines; dachshunds teach us that your difference is your strength).

The Little Book of Pawsitivity is both a playful tribute to all dogs for the happiness and unconditional love they bring us, and a reminder to their humans that if we adopt their perky outlook, anything is pawssible.

Contributor Bio

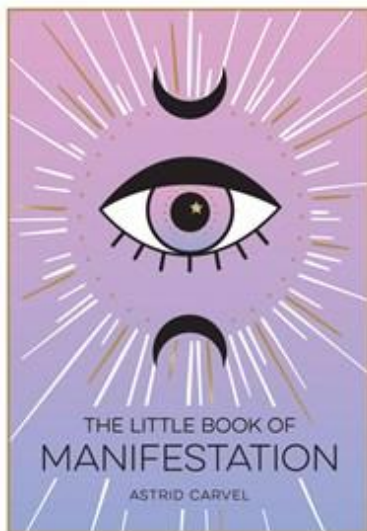
Rosie Palmer is an illustrator and designer based in London. She is the proud "dog mom" to Stan the Hot Dawg, her mini wire-haired dachshund. Stan is a much-loved dogfluencer, who brings regular doses of pawsitivity to his rapidly growing number of Instagram followers around the world.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





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Self-Help / Affirmations
SEL004000

6 in H | 4 in W
Status: **FORTHCOMING**

The Little Book of Manifestation

A Beginner's Guide To Manifesting Your Dreams And Desires

Astrid Carvel

Key Selling Points

- An accessible, aesthetically appealing introduction to the practice of manifesting, which is growing in popularity, visibility and influence.
- Contains a variety of manifestation practices, affirmations and tips to help newcomers begin their journey as well as helping existing devotees to make further progress.
- Part of a series of books offering approachable introductions to esoteric subjects, including *The Little Book of Spells* (ISBN: 9781786857996) and *The Little Book of the Zodiac* (ISBN: 9781786855466), which have sold over 45,000 copies combined worldwide.
- Similar Summersdale titles include:
The Little Book of Chakras (ISBN: 9781787836853)
The Little Book of Tarot (ISBN: 9781786857989)

Summary

A colorful and inviting introduction to manifestation, the hugely popular and fast-trending alternative and holistic practice of progressing towards and achieving ones' goals.

It's time to start changing your life

The universe is ready to give you what you want, if you're willing to make the right moves. Whether you dream of improving your health, career, finances or love life, the powerful practice of manifestation may just hold the key.

This beginner's guide is here to explain what manifesting is, how it works, and the simple steps you can take to get started. Based on the law of attraction and the principle of visualization, the core methods and techniques in this book will help you identify and progress towards your goals, and maintain the momentum once you get going.

Bring your aspirations into being and cultivate positive energy in all areas of your life by embracing and absorbing these insights:

- Learn what manifestation is and isn't, and how it calls for your commitment
- Discover the history of manifestation, how it has evolved and why it's become so popular
- Find out how to tailor manifestation practices to land a dream job, find your soulmate or nurture your physical well-being
- Understand the value of the concepts of intention, vibration and visualization
- Grasp the meanings and methods behind common manifesting phrases such as "ask, believe, receive" and "ask the universe"

Contributor Bio

Astrid Carvel is a white witch based in Sussex, UK, who enjoys reading literature on Wicca in her spare time. She is also the author of *The Little Book of Witchcraft* and *The Little Book of Spells*.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



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Inspirational
SEL021000

6 in H | 5 in W
Status: **FORTHCOMING**

How to Find Joy in Five Minutes a Day

Inspiring Ideas to Boost Your Mood Every Day

Joanne Mallon

Key Selling Points

- The book contains over 60 ideas for things you can do – in five minutes or less – that could bring happiness into your day.
- The “five minutes a day” timeframe makes this title appealing to anybody who has a busy lifestyle but wants to be able to improve their well-being.
- The beautiful cover and internal design makes this an ideal gift for friends and family.
- Similar Summersdale titles include: *Change Your Life in 5 Minutes a Day* (ISBN: 9781787836365), *The Little Book of Daily Rituals* (ISBN: 9781787832244), *Happiness for Every Day* (ISBN: 9781787836525), *The Little Book of Happiness* (ISBN: 9781849537902)

Summary

This elegant and inspiring book contains over 60 simple ways to find a little extra happiness every day – in just five minutes or less.

Joy is all around us. It’s in the first sip of a cup of tea, the beauty of a sunrise, or the simple pleasure of a deep breath, and it’s easy to find when you know where to look. All you need is five minutes.

This book includes over 60 prompts and ideas to help you to find joy every single day. Taking you through your morning, your afternoon and your evening, these tips will help you to elevate your mood and liven up your routine – and each one takes no longer than five minutes.

Tips include:

- Setting an intention for your day
- Performing a small act of kindness
- Eating outdoors in the fresh air
- Trying a grounding ritual

Even the smallest moment of positivity can transform your outlook, so whether you follow one tip or many, you’re sure to lift your spirits and find a small oasis of happiness every day.

Contributor Bio

Joanne Mallon is one of the UK’s most experienced life and career coaches. She’s been working with clients all around the world for 20 years. The author of five books, Joanne also writes the popular healthy lifestyle blog *Opposable Thumbs*. Originally from Belfast, Joanne lives with her family in Brighton and can also be found on Twitter and Instagram @joannemallon.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



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Reference / Quotations
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5 in H | 4 in W
Status: **FORTHCOMING**

365 Days of Kindness

Daily Guidance for Happiness and Gratitude

Vicki Vrint

Key Selling Points

- Packed with simple tips to help you bring kindness and gratitude into everyday life, this pocket-sized book is the perfect gift for anyone who is looking to lift both themselves and others.
- A similar Summersdale title, *The Kindness of Strangers* (ISBN: 9781786855312), has sold over 10,000 copies worldwide
- Other similar Summersdale titles include:
365 Days of Yoga (ISBN: 9781787836419)
The Little Book of Happiness (ISBN: 9781849537902)
How to Be Happy (ISBN: 9781849538985)

Summary

This book is a practical guide to bringing kindness into your life, featuring 365 tips and quotes to inspire the reader to strive for compassion and gratitude every day.

Choose kindness

This little book will help you find time every day for small acts of kindness and love. With innovative tips and a collection of inspiring quotations, it will be your guide to spreading goodwill and gratitude all year round.

Sample entries include:

- Keep a kindness diary – either on your phone or by writing in a journal. This could be a record of the compassionate acts that others have done for you, along with notes of kindnesses you've read about and ideas for things you can do for others. Your journal will be a great source of inspiration and a mood-boosting read before you go to sleep at night.
- Today, pause and acknowledge the importance of being kind to yourself. The way you treat yourself will affect the way others treat you. Learning to see yourself in a positive light and to nurture and care for yourself will genuinely change your life, so make a commitment to be kind to yourself every day from now on.

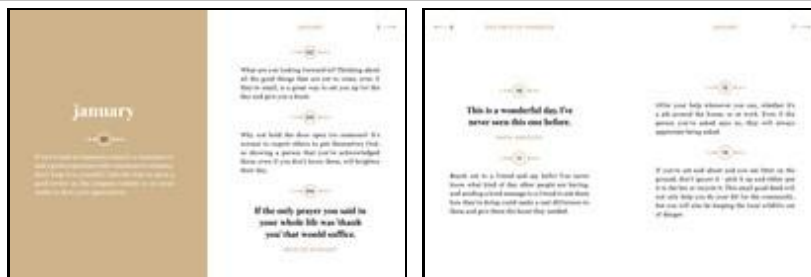
Contributor Bio

Vicki Vrint is a freelance writer of self-care and lifestyle books. She firmly believes that we can all improve our well-being by focusing on the simple joys in life. She loves nothing more than exploring the South Downs around her home in Chichester and sleeping out under the stars.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





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5 in H | 4 in W
Status: **FORTHCOMING**

365 Days of Mindful Meditations

Daily Guidance for a Calmer, Happier You

Karen Edwards

Key Selling Points

- Packed with simple tips to help you find small moments of balance and calm, this pocket-sized book is the perfect gift for anyone who wants a little extra stillness in their daily life.
- Other similar Summersdale titles include: *The Little Book of Daily Rituals* (ISBN: 9781787832244), *The Little Box of Mindfulness* (ISBN: 9781787836587), *The Little Box of Mindful Meditations* (ISBN: 9781800074064)

Summary

This book is a practical guide to mindfulness, featuring 365 tips and quotes to help the reader incorporate mindfulness into everyday life, and to foster a calmer, happier outlook.

All we have is now

Find room for mindfulness every day with this calming little book. With a raft of inspiring quotations and simple ideas to help you savour each moment and find joy in little things, it will help you to live well all year round.

Sample meditation ideas include:

- Take five minutes out to sit comfortably and place a hand on your heart. Feel your breath going into your chest, and slowly seeping out. Keep your hand in place. By doing this, you are connecting your mind and heart, and redirecting your focus to your lifeline.
- Look in the mirror and see yourself in your entirety. Look yourself in the eye and remind yourself, 'I am worthy. I am deserving. I am enough.' Do this once a day.

Contributor Bio

Karen Edwards is a writer from London, who specializes in travel and lifestyle. She has written extensively on sustainable living, ethical tourism and emotional well-being for national and international publications, including *CalmMoment*, *Breathe*, *Grazia*, *Metro* and British Airways' *High Life*. Karen inherited her love for the planet at a young age while travelling with her parents. She currently lives between London and South Australia.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





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SEL016000

8.5 in H | 6 in W
Status: **FORTHCOMING**

The Secret to Happiness

Practical Advice For Finding Joy In Every Day

Sophie Golding

Key Selling Points

- With the demands of life becoming increasingly difficult, this books seeks to bring positive thoughts to every day.
- A beautiful gift for friends and family of all ages.
- Forms part of the current surge of interest in emotional health and well-being, with growing awareness of the positive effects of nurturing our self-esteem and mindfulness in schools, hospitals and workplaces.
- Similar Summersdale titles include:
Happiness for Every Day (ISBN: 9781787836525)
Live Your Best Life (ISBN: 9781786857514)
365 Ways to Be Happy (ISBN: 9781787832312)

Summary

This beautifully designed book is packed with tips and affirmations to help you find happiness every day and keep you smiling from ear to ear.

Surround yourself with sunshine

Happiness begins within, and when you're happy, it rubs off on the world. But how do you get there? With a little bit of help and inspiration, it's both possible and delightful to turn up the joy.

This cheerful little book is bursting with simple, actionable tips to help unlock your inner happiness and inspire lasting joy. From moments of delight to long-term emotional well-being, these pages provide everything you need to be a joyful, more positive you with a sunnier outlook on life.

With advice on how to form happy habits, mood-boosting exercises and a sprinkling of uplifting quotes, *The Secret to Happiness* is your guide to making life shine a little brighter.

Contributor Bio

Sophie Golding is a writer and artist living in West Sussex. She enjoys meditation, sea swimming and the great outdoors.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





You Are My Sun, My Moon and Stars

Beautiful Words and Romantic Quotes for the One You Love

Summersdale

Key Selling Points

- The perfect Valentine's Day present, but can also be gifted at any time of year or for any occasion.
- Show your partner just how much you love them with this lovely little book, packed with whimsical romantic quotes and statements.
- Similar Summersdale titles include: *I Love You* (ISBN: 9781800070257) & *I Love You Because...* (ISBN: 9781786859884)

Summary

A beautifully designed, starry-eyed and heartfelt collection of romantic words and powerful affirmations of love – the perfect gift, whatever the occasion, for the one who has captured your heart.

You are my everything

For the person you can't live without – the one who puts butterflies in your stomach and a smile in your heart; your best friend and closest confidant all in one – this book will show that special someone how much they mean to you.

Writers and poets have long looked for the perfect way to say "I love you". This charming book brings together some of the most soul-stirring expressions of passion, from lovers old and new – from Sappho and Rumi to modern-day romantics like Kahlil Gibran and Sally Rooney.

Let these sweet reminders of the power of love set those butterflies aflutter:

- You are my guiding star in the night sky
- You are my now and forever
- Our love story was written in the stars
- I love you to the moon and back

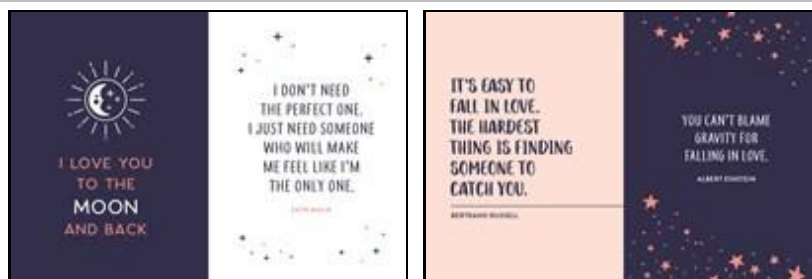
Contributor Bio

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humor.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





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Self-Help / Personal Growth
SEL016000

6 in H | 5 in W
Status: **FORTHCOMING**

Things to Do When You're Feeling Blue

Self-Care Ideas To Make Yourself Feel Better

Felicity Hart

Key Selling Points

- This book contains bitesize information and ideas, making it easy to digest and non-intimidating
- Particularly since the pandemic, awareness of mental health issues has been a priority across a range of institutions, with hospitals, schools and workplaces introducing new initiatives and policies to focus on this

Summary

A gentle and friendly fully illustrated book full of self-care and self-help ideas to instantly alleviate the symptoms of depression, anxiety and stress. Each page features bespoke designs and easy-to-implement tips and suggestions to make you feel better.

Replace *good vibes only* with *I'm allowed to feel sad*

Replace *delete negativity* with *I can reach out for support*

Replace *I'm no good at anything* with *Would I say this to a friend?*

A break in the clouds, a hug at the right moment, the small voice in the back of our heads that says, "I can do this." Those moments are the rich soil in which we grow our self-esteem, our resilience and our relish for life. This book is filled with dozens of these little moments, ready to be dipped into whenever your mood dips, and to be opened up when you're shutting down.

From ways to identify burnout and strategies for combating negative self-talk, to simple scripts for tricky situations and soothing self-care rituals, this is a book that will take you by the hand and tell what you need to hear. Even if what you need to hear is "it's okay to wrap yourself in a duvet burrito for the day".

Even at your most flawed, you're perfectly you. Even when you feel broken, you're whole. You're brilliant, unique and worthy. It's time to leave the blue moods behind and experience the full rainbow.

Contributor Bio

Felicity Hart is an experienced writer and editor. When she's not in her study, she enjoys walking through the countryside or spending time with the flowers in her garden.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations





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Family & Relationships / Love & Romance
FAM029000

5.5 in H | 4 in W
Status:**FORTHCOMING**

The Little Book of Love
Advice And Inspiration For Sparking Romance
Lucy Lane

Key Selling Points

- Perfect gift for Valentine's Day

Summary

Show your special someone just how precious they are with this little book filled with tips and ideas for sparking romance.

When it comes to love, our actions speak louder than words. Whether you’re already in a relationship and looking for ways to keep things fresh, or you’re hoping for love to blossom and need some first-date ideas, this book will help you show your special someone just how you feel.

Inside you will find:

- Inspirational quotes from the world’s greatest romantics to get you in the mood for love.
- Practical advice on everything from where to spend loved-up days out to ideas for little tokens of affection that will help keep the fire in your heart burning.
- Top tips on understanding and appreciating your partner, helping you to enrich your existing relationship or nurture a new one.

With this book on your side, it won’t be long before love is in the air!

Contributor Bio

Lucy Lane is a freelance writer with a keen interest in yoga and mindfulness. She loves nothing more than going for long walks in the countryside and getting away from the noise and bustle of modern life.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Subrights

No subrights have been specified.



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Family & Relationships / Love & Romance
FAM029000

5 in H | 4 in W
Status: **FORTHCOMING**

Mx and Mx

Romantic Quotes and Affirmations to say "I Love You" To Your Partner

Summersdale

Key Selling Points

- As well as words from non-binary icons, this book features a raft of quotes from figures and allies of the LGBTQ+ community past and present.
- The timeless design means that this is the perfect gift for Valentine's day or for an anniversary, birthday or wedding.
- Other similar titles include:
Mr and Mr (ISBN: 9781800071735)
Mrs and Mrs (ISBN: 9781800071742)

Summary

This beautiful volume of romantic quotes and affirmations, featuring words from non-binary icons and members of the LGBTQ+ community past and present, is the perfect gift for a non-binary partner or couple, whether it's for a birthday, an anniversary or a wedding.

You make my soul shine! Show your one-and-only how much they mean to you with this beautiful volume of heartfelt quotes

This little book is a celebration of romantic love. With a selection of quotes from non-binary icons, as well as from key figures and allies of the LGBTQ+ community, this collection is the perfect way to tell your love just how you feel. The tasteful design also makes this the ideal present for any occasion, whether it's an anniversary, a birthday, Valentine's day or a wedding.

You will also find heart-warming affirmations to help you express your love and appreciation, such as:

- I fall in love with you all over again every time I see you
- It only took a heartbeat to fall for you
- You make me feel like I can take on the world
- You are my today and all of my tomorrows

Whether you've been together for years, months or days, allow the sweet words in these pages to celebrate your relationship so far and inspire many happy years to come.

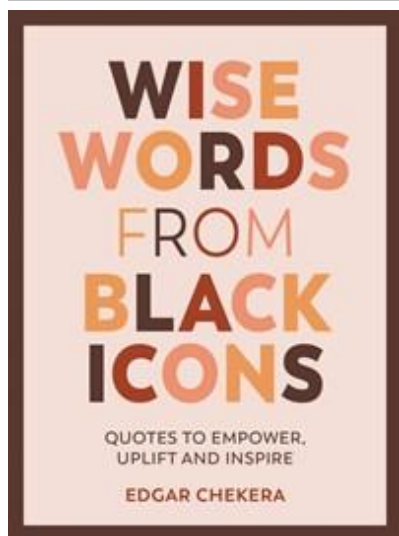
Contributor Bio

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Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



Wise Words from Black Icons

Quotes To Empower, Uplift And Inspire

Edgar Chekera

Key Selling Points

- Featuring motivational quotes and life advice from awesome and inspiring Black people from around the world and throughout history, including Rosa Parks, Barack Obama, Dwayne Johnson, Malorie Blackman and Beyoncé.
- Similar Summersdale titles include:
Believe and Achieve (ISBN: 9781786859457)
Go, Girl (ISBN: 9781786852793)

Summary

A stylish little gift book full of inspirational, empowering quotes and uplifting affirmations from Black legends from all walks of life, from politics to musicians to literary greats – a perfect gift and a great reminder of the power of words.

The world is full of Black heroes whose talent, strength and vision should inspire us all. From sporting greats and pioneering writers to world leaders, this collection showcases empowering quotes and life advice from amazing Black icons, from Michelle Obama to Maya Angelou, and from Martin Luther King Jr to Ta-Nehisi Coates and Stormzy.

Their wise words are a timeless reminder to break down barriers and believe in ourselves, as we stride in the direction of our dreams.

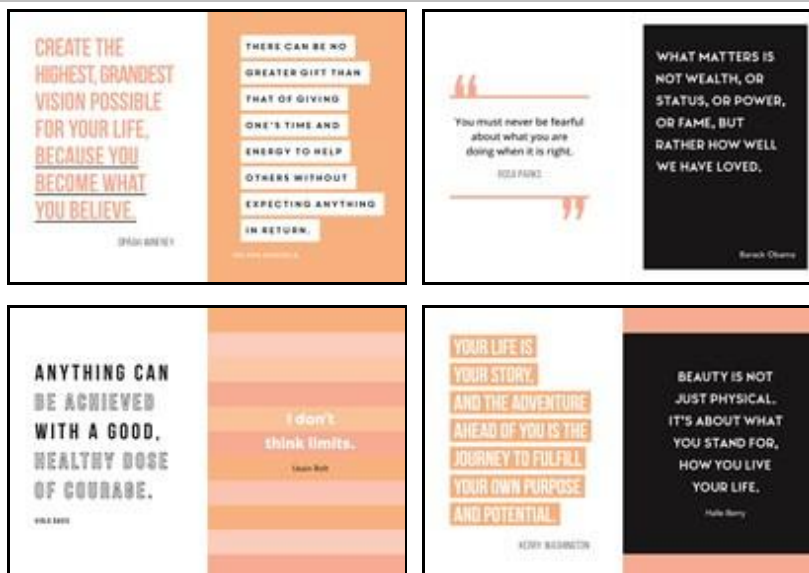
Contributor Bio

Edgar Chekera is a mental performance coach based in Haywards Heath, West Sussex, who loves to write about the psychology behind optimizing performance and well-being. He provides psychological support to various traditional sports and e-sports, through consultancy and workshops. In his spare time he blogs, draws and plays sports.

Marketing Plans

- National media outreach
- Trade and Library Advertising

Illustrations



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