



CAN YOU FIND THESE EIGHT WORDS?

**Confidence • Resilience • Awesome • Mission Control
Goal • Practice • Neuroplasticity • Mistakes**

A	M	O	N	R	C	S	H	P	J	M	L	D	E	K	A
D	F	Y	L	E	B	L	D	V	U	T	A	D	M	Y	C
N	P	T	V	Q	A	G	F	M	X	W	S	F	I	N	G
K	U	I	C	O	N	F	I	D	E	N	C	E	S	F	X
E	Y	C	G	Z	E	D	U	S	C	A	S	T	S	P	S
B	N	I	H	W	M	K	O	P	H	B	R	H	I	M	U
C	Y	T	S	N	T	M	Y	R	Z	O	C	E	O	L	Y
P	G	S	O	P	E	W	H	A	X	A	C	Y	N	H	J
O	W	A	I	F	P	Z	H	C	Y	N	T	J	C	W	I
V	E	L	D	T	N	K	U	T	E	L	Q	P	O	R	B
X	Q	P	Z	C	R	O	X	I	U	G	W	C	N	X	U
M	H	O	B	G	D	E	L	C	W	E	Y	I	T	D	V
H	U	R	E	V	Y	I	F	E	D	M	S	A	R	L	D
D	F	U	S	P	S	A	G	W	Z	U	Y	C	O	S	K
T	Y	E	L	E	M	I	S	T	A	K	E	S	L	U	V
W	U	N	R	J	H	T	B	P	O	Y	Q	F	E	P	N





THREE TOP TIPS FOR GETTING REALLY GOOD AT STUFF:

1. Dream **BIG**
2. Don't be afraid to fail
3. Practice!

I WANT TO GET REALLY GOOD AT...

(write or draw your goals)

TO DO THIS I'M GOING TO

(write or draw how you will achieve it!)

