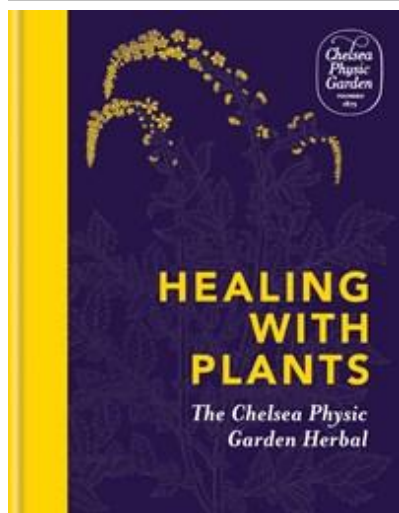


OCTOPUS

BOOKS USA

WINTER 2021

ASTER • CASSELL • CONRAN • GAIA • GODSFIELD
• HAMLYN • MITCHELL BEAZLEY • PYRAMID •
SPRUCE • MONORAY • ENDEAVOUR • ILEX
KYLE • SUMMERSDALE



Aster
9781783253043
1783253045
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$29.99/\$32.99 Can./£25.00 UK
Discount Code: OHC
Hardcover

256 Pages
Carton Qty: 14
Print Run: 7K
Gardening / Herbs
GAR009000
9.8 in H | 7.6 in W | 1 in T | 2.1 lb
Wt
Status: **ACTIVE**

Related Products

Ebooks

9781783254279

Healing with Plants

The Chelsea Physic Garden Herbal

Chelsea Physic Garden

Key Selling Points

- Chelsea Physic Garden is one of the oldest botanic gardens in the world
- Features over 140 plants and their individual healing properties
- There has been a huge resurgence in interest in herbal medicine and naturopathy as people seek alternative treatments to synthetic medication.

Summary

A modern herbal guide for healing with plants.

Discover the healing powers of plants in this stunning, definitive herbal guide from one of the oldest botanic gardens in the world, Chelsea Physic Garden.

From the common stinging nettle, which is more nutritious than all the vegetables in your local supermarket to incredible adaptogenic properties of ashwagandha, the plant world is the most incredible medicine cabinet we have and herbal healing has a rich and fascinating history.

Be inspired by this beautiful guide to bring more plants into your life for health, wellbeing and happiness. The book includes a fascinating and broad introduction to herbal traditions, how to make plant-based preparations and tells the stories of more than 140 herbs and plants. Tips on growing these plants are also included, alongside recipes that anyone can try at home.

Contributor Bio

Tucked away beside the River Thames, **Chelsea Physic Garden** is a magical living library that houses around 5,000 different medicinal, herbal, edible and useful plants. Medicinal plants have been grown at the Garden since the 17th century, a tradition continued in the present day with displays of medicinal and herbal species used globally in the past, present and potentially in the future. The Garden is also part of the long tradition of published herbals - for example *A Curious Herbal* was written and illustrated by Elizabeth Blackwell using plant specimens from the Garden and was published in weekly parts between 1737-39.

Marketing Plans

National publicity campaign targeting gardening and wellness print, online and social media,
Giveaway programs,
Trade & Library outreach,

Illustrations





Comp Titles

Wild Remedies	de la Forêt, Rosalee	Hay House Inc.	4/7/2020	9781401956882	\$29.99	Trade Paperback	Health & Fitness
Encyclopedia of Herbal Medicine	Chevallier, Andrew	DK	7/5/2016	9781465449818	\$40.00	Hardcover	Health & Fitness
Herbal Medicine Natural Remedies	Kennedy, Anne	Althea Press	2/14/2017	9781623158521	\$14.99	Trade Paperback	Health & Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Aster
9781783253753
1783253754
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$14.99/\$16.99 Can./£12.99
UK/€15.50 DE
Discount Code: OPB
Paperback

192 Pages
Carton Qty: 32
Print Run: 12K
Body, Mind & Spirit
OCC000000
8.3 in H | 5.8 in W | 0.7 in T | 0.9
lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781783254019

Self-care for Tough Times

How to heal in times of anxiety, loss & change

Suzy Reading

Summary

How to heal when you feel broken

In ***Self-care for Tough Times***, Suzy Reading shows the reader how to be their own safe place during periods of stress, grief, loss or change. A gentle yet powerful process is included for developing a self-care toolkit to call on during difficult periods, such as relationship breakdown, illness or death in the family, financial strain or simply feeling completely exhausted by life.

* It addresses many of the rising mental-health issues, such as anxiety, depression and burnout, and includes practices to promote resilience, self-worth and self-compassion.

* It addresses how stress and emotional trauma are held in the body, and how these may be gently released through touch, movement and breath.

There are three main parts to the book with self-care practices tailored to each: **Stress & overwhelm, Grief & loss, Change & transition**. The practices included are designed to promote healing and hope, and many are designed to be quick and easy for times when the reader feels exhausted or vulnerable.

Contributor Bio

Suzy Reading is a chartered psychologist (B. Psych (Hons), M.Psych (Org)) and qualified yoga teacher from Australia, specializing in wellbeing. Her offerings include face-to-face coaching, walk & talk sessions, private and group yoga, mummy and baby yoga courses, Skype coaching, workshop presentations on self-care and other topics such as sleep, rest and relaxation, and how to make sustainable lifestyle changes. Suzy is also the Neom Organics Psychology expert and a Contributing Editor on *Psychologies* Magazine. She has contributed to journals on the subject of self-care.

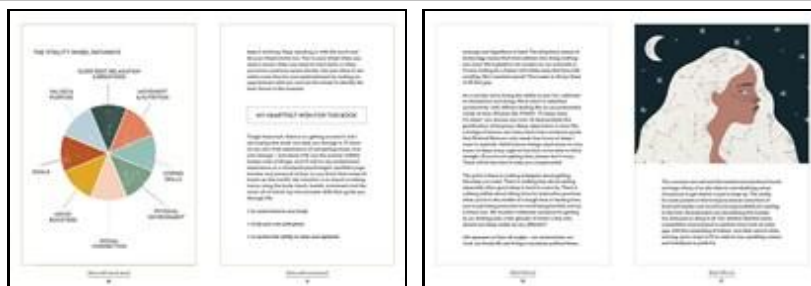
Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Author Website](#)
- [Twitter Handle - @SuzyReading](#)

Illustrations





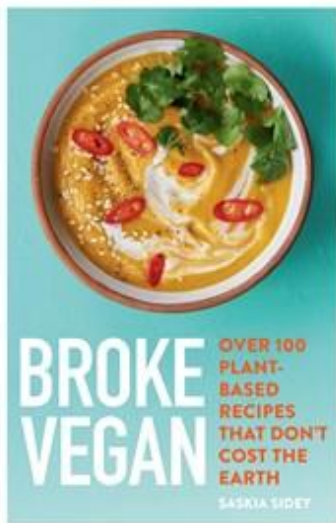
Comp Titles

The Little Book of Self-Care	Reading, Suzy	Aster	7/2/2019	9781783253128	\$8.99	Flexibound	Body, Mind & Spirit
				1783253126	USD		
Stand Tall like a Mountain	Reading, Suzy	Aster	5/7/2019	9781912023950	\$14.99	Paperback	Health & Fitness
				1912023954	USD		
Self-Care Solution	Reading, Suzy	Aster	3/6/2018	9781912023363	\$14.99	Paperback	Self-Help
				1912023369	USD		
The Book of Self-Care	Janssen, Mary Beth	Sterling Ethos	11/7/2017	9781454926313	\$16.95	Hardcover	Body, Mind & Spirit
				1454926317	USD		
The Little Book of Self-Care	Adams Media	Adams Media	10/17/2017	9781507204917	\$14.99	Hardcover Paper over boards	Self-Help
				1507204914	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Hamlyn
9780600636984
0600636984
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$14.99/\$16.99 Can./£12.99 UK
Discount Code: OHC
Hardcover

144 Pages
Carton Qty: 27
Print Run: 10K
Cooking / Methods
CKB113000
8.5 in H | 6 in W | 0.8 in T | 1 lb
Wt
Status: **ACTIVE**

Related Products

Ebooks

9780600637004

Broke Vegan

Over 100 plant-based recipes that don't cost the earth

Saskia Sidey

Summary

We all want to help do our bit to save the planet by moving towards a plant-based diet, but eating vegan can be expensive.

With over 100 plant-based recipes using supermarket staples along with hints and tips for making your food go further, *Broke Vegan* will have you cooking meals time after time that save money and save the planet. From easy weeknight meals ready in 20 minutes to feeding a crowd on a budget or saving time and money by batch cooking, *Broke Vegan* has got you covered.

Whether you're making the move from veggie to vegan or just trying to make your money go further, *Broke Vegan* will bring variety and flavor to your meals without having to spend a fortune.

BREAKFAST & BRUNCH including:

Speedy sourdough
Any berry muffins
Frozen smoothie bowl

BATCH COOKING including:

Confit tomatoes
Chilli con veggie
Sticky sweet aubergines

READY IN 20 including:

Kimchi pancakes with dipping sauce
Cauliflower nuggets
Back of the fridge fritters

IMPRESS A CROWD including:

Tofu tacos
Pizza 5 ways
Any vegetable tart

SOMETHING SWEET including:

Chocolate mousse
Lemon, coconut & cardamom cake
Leftover porridge flapjacks

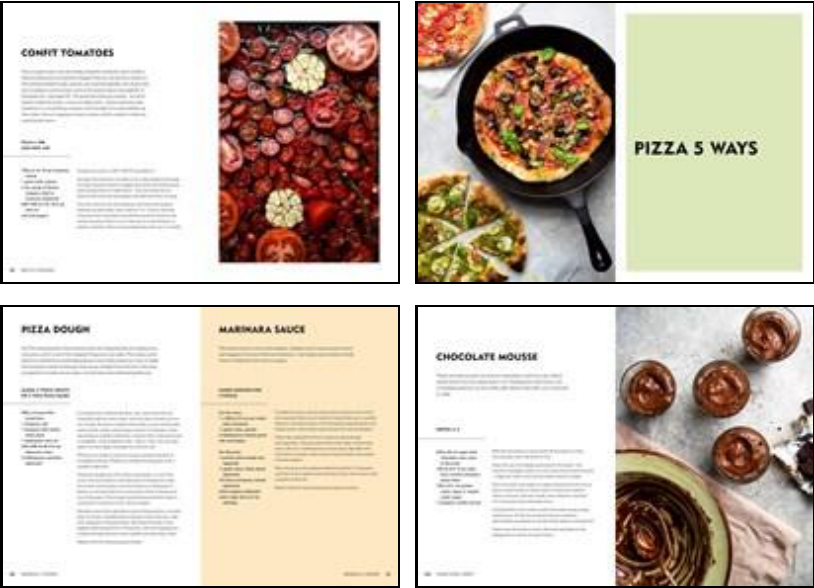
Contributor Bio

Always surrounded by food and drink, **Saskia Sidey** was the former brand & marketing manager and copywriter at LEON. She also worked in-house for cookbook publishers Octopus before leaving to train as a chef at Leiths School of Food and Wine. With a flare for flavor, eye for detail and practical nature, Saskia has developed a personal style with food that stands out.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



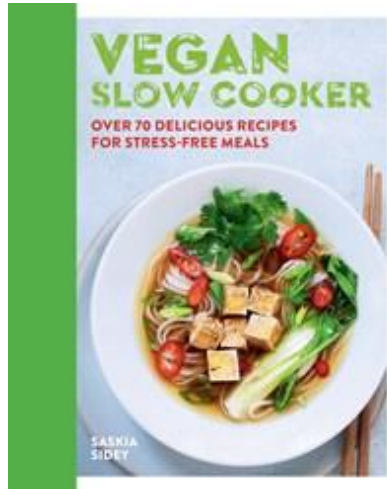
Comp Titles

Frugal Vegan	Koteen, Katie	Page Street Publishing	6/20/2017	9781624143779	\$21.99	Trade Paperback	Cooking
Plant-Based on a Budget	Okamoto, Toni	BenBella Books	5/14/2019	9781946885982	\$21.95	Trade Paperback	Cooking
				1624143776	USD		
				1946885983	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Hamlyn
 9780600636953
 060063695X
 Pub Date: 3/2/2021
 On Sale Date: 3/2/2021
 \$12.99/\$14.99 Can./£10.00 UK
 Discount Code: OPB
 Paperback

128 Pages
 Carton Qty: 40
 Print Run: 6K
 Cooking / Methods
 CKB109000
 9.2 in H | 7.4 in W | 0.5 in T | 0.9 lb Wt
 Status:**ACTIVE**

Related Products

Ebooks

9780600637066

Vegan Slow Cooker

Over 70 delicious recipes for stress-free meals

Saskia Sidey

Key Selling Points

- Perfect for those wanting to get ahead and ideal for batch cooking
- All use supermarket ingredients and are great for those on a budget
- Delicious flavor-packed recipes for vegans, vegetarians and meat eaters to enjoy

Summary

Perfect for busy lifestyles, these recipes will revolutionize your meal planning, meaning you can indulge in nutritious, comforting vegan dishes every night of the week with little to no effort. With dishes for breakfast, snacks, mains and sweet treats, this is simple food that the whole family can share and enjoy together.

Recipes include: Seedy banana breakfast loaf, Tofu shakshuka, Satay cauliflower, Pulled jackfruit burgers, Mac-n-no-cheese, Sweet potato shepherd's pie, Chocolate lava slab and Lemon blueberry drizzle.

Marketing Plans

Social media campaign,
 National media outreach,
 Trade and Library Advertising,

Illustrations



Comp Titles

The Vegan Instant Pot Cookbook	Vora, Nisha	Avery	6/18/2019	9780525540953	\$22.00	Hardcover	Cooking
				0525540954	USD		
The Super Easy Vegan Slow Cooker Cookbook	Okamoto, Toni	Rockridge Press	5/30/2017	9781623158958	\$15.99	Trade Paperback	Cooking
				1623158958	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Hamlyn
9780600636946
0600636941
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$12.99/\$14.99 Can./£10.00 UK
Discount Code: OPB
Paperback

128 Pages
Carton Qty: 40
Print Run: 6K
Cooking / Methods
CKB109000

9.2 in H | 7.4 in W | 0.4 in T | 0.9 lb Wt

Status: **ACTIVE**

Related Products

Ebooks

9780600637059

Vegetarian Slow Cooker

Over 70 delicious recipes for stress-free meals

Libby Silberman

Key Selling Points

- Perfect for those wanting to get ahead and ideal for batch cooking
- All use supermarket ingredients and are great for those on a budget
- Delicious flavor-packed recipes for vegetarians and meat eaters to enjoy

Summary

Perfect for busy lifestyles, these recipes will revolutionize your meal planning, meaning you can indulge in vibrant and comforting vegetarian dishes every night of the week with little to no effort. With dishes for breakfast, snacks, mains and sweet treats, this is simple food that the whole family can share and enjoy together.

Recipes include: French toast bake, Refried beans with avocado, Sri Lankan green bean curry, Beetroot gratin, Mexican baked eggs, Mushroom stroganoff, Slow cooked frittata, Miso aubergine noodles, Veggie Lasagne, Coconut rice pudding and Pineapple upside down cake.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



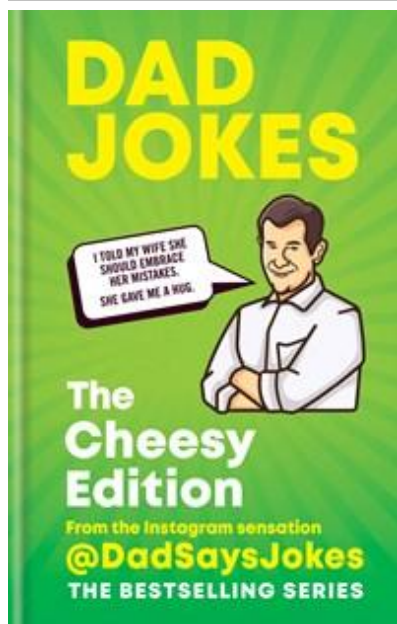
Comp Titles

Easy Vegetarian Slow Cooker Cookbook	Rockridge Press	Rockridge Press	4/7/2015	9781623155520	\$16.99	Trade Paperback	Cooking
				1623155525	USD		
The Easy 5-Ingredient Slow Cooker Cookbook	Bellessa Petersen, Karen	Rockridge Press	9/26/2017	9781623159955	\$17.99	Trade Paperback	Cooking
				1623159954	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Cassell
9781788402460
1788402464
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$12.99/\$14.99 Can./£10.00 UK
Discount Code: OHC
Hardcover

272 Pages
Carton Qty: 72
Print Run: 25K
Humor / Form
HUM004000
7.1 in H | 4.5 in W | 0.9 in T | 0.5 lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781788402538

Dad Jokes: The Cheesy Edition

From the Instagram sensation @DadSaysJokes

Dad Says Jokes

Key Selling Points

- @dadsaysjokes has over 1.8m followers on Instagram
- @dadsaysjokes has over 157k followers on Twitter
- The last two books in the series, *Dad Jokes* (ISBN: 9781788401029) and *All New Dad Jokes* (ISBN: 9781788401746), have sold over 21,000 copies combined

Summary

The most followed dad jokes page on Instagram, **@DadSaysJokes**, returns with another collection of hilariously cringe-inducing gags for you to share with friends and family.

@DadSaysJokes is a community-run Instagram account with more than **1.8 million followers**, inspired by the daily jokes of author Kit Chilvers' dad, Andrew. Every day, followers submit their jokes and the team picks their favourites - or Dad just drops in his own zinger! Kit, a young social networking mastermind started his career at the tender age of 14, when he created his original platform, Football.Newz, to serve audiences for the World cup 2014. He has since added another nine platforms in different genres (of which @DadSaysJokes is one), with nine million followers and rising. This is his third book.

Q: What do you call 52 pieces of bread?

A: A deck of carbs

Contributor Bio

Dad Says Jokes is a community-run social brand with over 3 million followers, inspired by the daily jokes of author Kit Chilvers' dad, Andrew Chilvers.

Kit started his career at social media publisher LADBible and has since gone on to launch his own media company, Pubity Group Ltd.

To find out more, follow @DadSaysJokes on Instagram, Twitter and Facebook.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Facebook Link](#)
- [Twitter Handle - @DadSaysJokes](#)

Illustrations



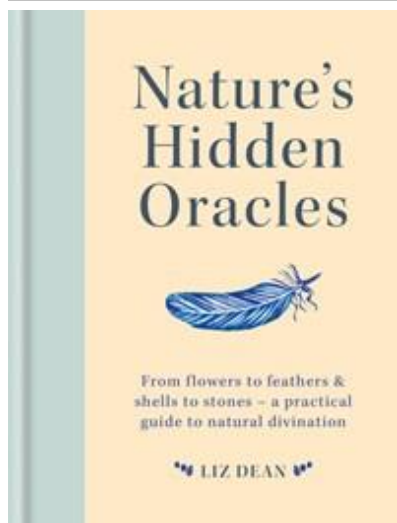


All New Dad Jokes	Jokes, Dad Says	Cassell	3/3/2020	9781788401746	\$12.99	Hardcover	Humor
				1788401743	USD		
Dad Jokes	Jokes, Dad Says	Cassell	5/14/2019	9781788401029	\$12.99	Hardcover	Humor
				1788401026	USD		
Dad Jokes: The Punniest Joke Book Ever	Editors of Portable Press	Portable Press	9/1/2017	9781626861770	\$12.99	Trade Paperback	Humor
				1626861773	USD		
A Daily Dose of Dad Jokes	Calmus, Taylor	Rockridge Press	10/8/2019	9781641526555	\$10.99	Trade Paperback	Humor
				1641526556	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Godsfield
9781841814940
1841814946
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$14.99/\$16.99 Can./£10.00 UK
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 40
Print Run: 5K
Body, Mind & Spirit / Divination
OCC005000
7.1 in H | 5.4 in W | 0.7 in T | 0.7
lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781841815039

Nature's Hidden Oracles

From flowers to feathers & shells to stones - a practical guide to natural divination

Liz Dean

Key Selling Points

- Part of the growing nature trend (especially popular amongst millennials)
- Part of the spiritual wellbeing trend - appealing to a readership interested in witchcraft, crystals and tarot.
- Liz Dean is a respected author within the field of Mind, Body, Spirit

Summary

A simple guide to the art of natural divination

Nature's Hidden Oracles is a practical manual for natural divination in the outdoor environment all year round.

By collecting and interacting with the objects you find outside, you can generate new ways of seeing and become more mindful of our environment and what it has to say about our past, present and future. *Nature's Hidden Oracles* shows you how to connect with your surroundings and the ways of our ancestors through practices such as Flower Divination, Herb-scrrying and listening to the oracles of the stones and trees that surround us.

Chapters Include:

- 1 Flower divination: petal prediction
- 2 Herb-scrrying: interpreting shapes
- 3 Oracles of the trees: root, branch, leaf
- 4 Stone oracles: stone-casting and witch stones
- 5 Natural charms: from the beach and forest
- 6 Feather oracle: sky messengers

Contributor Bio

Liz Dean is an author, teacher and tarot/divination practitioner. She is guest reader at Psychic Sisters within Selfridges, London, and runs a private practice for a global client list. **Liz has presented at the UK Tarot Conference, London, at Reader's Studio, New York (2016, 2017), and the London Tarot Festival (2018); she taught at the prestigious Omega Institute, New York State, as part of the Master of Tarot programme (2018).** She currently teaches at Crystal Moon Emporium, Sunderland (tea-cup reading, crystal-ball reading, pendulums, crystal-casting, and beginner and intermediate tarot). A former editor with a twenty-five-year career in illustrated book publishing and former co-editor of *Kindred Spirit* magazine, Liz is the author of seventeen divination decks and books. She lives by the sea in Roker, Sunderland, in north-east England.

Marketing Plans

Social media campaign ,
National media outreach ,
Trade and Library Advertising ,

Illustrations



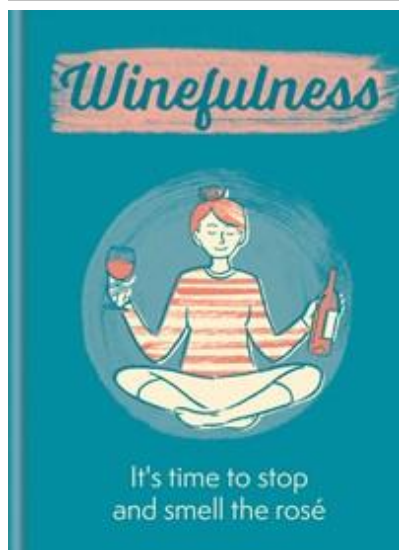
Comp Titles

The Garden Awakening	Reynolds, Mary	Green Books	3/31/2016	9780857843135	\$29.99	Hardcover	Gardening
				0857843133	USD		
Braiding Sweetgrass	Kimmerer, Robin Wall	Milkweed Editions	8/11/2015	9781571313560	\$18.00	Trade Paperback	Nature
				1571313567	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Mitchell Beazley
9781784727093
1784727091
Pub Date: 4/6/2021
On Sale Date: 4/6/2021
\$9.99/\$10.99 Can./£7.99 UK
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 60
Print Run: 15K
Humor / Form
HUM018000

6.1 in H | 4.3 in W | 0.6 in T | 0.4 lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781784727758

Winefulness

It's time to stop and smell the rosé

Amelia Loveday

Key Selling Points

- A perfect gift for Mother's Day
- A cute and attractive illustrated book - the perfect gift to accompany a bottle of wine
- A light-hearted take on the mindfulness trend

Summary

Winefulness is the new mindfulness.

Cancel the hot yoga and pick up a cool Pinot Grigio - sometimes all you need is a nice glass of wine. Through the good times and the bad, it's always there to pick you up and it's always got your back. So enjoy this collection of wine wisdom for the soul, and learn to view the world through rosé-tinted glasses.

As the old saying goes, where there's a wine there's a way.

Includes inspiration such as:

- It isn't wise to keep things bottled up
- Everything happens for a raisin
- No Champagne, no gain
- Life is a Cabernet
- Sip happens when you make pour decisions

Contributor Bio

Amelia Loveday is a writer and keen enthusiast of both mindfulness and wine. It is through a combination of these two passions that she deals with the day-to-day challenges that life throws at her.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



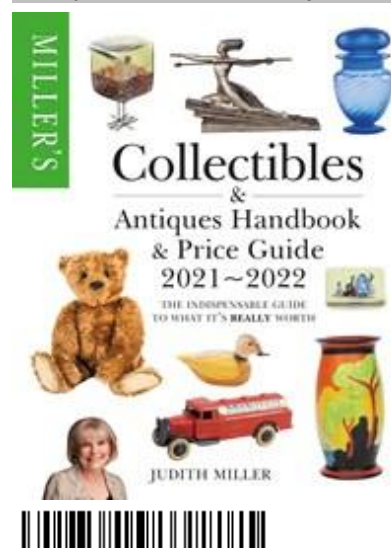
Comp Titles

Yes Way Rosé	Blumenthal, Erica	Running Press Adult	4/9/2019	9780762493128 0762493127	\$20.00 USD	Hardcover Paper over boards	Cooking
What the F*@# Should I Drink?	Golden, Zach	Running Press Adult	7/30/2013	9780762449071 0762449071	\$16.00 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Mitchell Beazley
9781784726706
1784726702
Pub Date: 4/20/2021
On Sale Date: 4/20/2021
\$29.99/\$32.99 Can.
Discount Code: OPB
Paperback

416 Pages
Carton Qty: 12
Print Run: 10K
Antiques & Collectibles
/ Reference
ANT038000

9.4 in H | 7.6 in W | 1 in T | 2.6 lb
Wt
Status: **ACTIVE**

Miller's Collectibles Handbook & Price Guide 2021-2022

The indispensable guide to what it's really worth

Judith Miller

Key Selling Points

- The most in-depth and up-to-date guide to the collectibles market
- More than 4,000 collectibles photographed in full color
- Special features show how to value an item and teach you to be your own appraiser
- Every image is new for each edition of the guide to keep up to date with collecting and buying trends
- This edition includes additional pages on pencils, toys, vintage handbags, trunks and costume jewellery

Summary

The brand new, up-to-date guide to the collectibles market for 2021-2022. Whether you're buying or selling, this is the book you need.

All images new for this edition.

Miller's Collectibles Handbook & Price Guide 2021-2022 is the up-to-date guide to the collectables market no dealer, collector or auctioneer should be without. Featuring more than 4,000 objects in full color, each with a detailed description and price range, the book also shows you how to spot that rare example that may be worth twenty times more than another piece.

In-depth features explain why one piece is worth more than another, show how to value an item and teach you to be your own expert when appraising everything from 20th-century glass to costume jewelry.

Comprehensive sections cover a wide range of objects, with additional pages on pencils, toys, vintage handbags, trunks and costume jewelry for this edition.

Every image is changed for every edition to keep the book up-to-date with collecting and buying trends. *Miller's Collectibles Handbook & Price Guide 2021-2022* is the only full-color, fully-illustrated collectables price guide in the world.

Contributor Bio

Judith Miller began collecting in the 1960s while a student at Edinburgh University in Scotland. She has since extended and reinforced her knowledge of antiques through international research, becoming one of the world's leading experts in the field. In 1979 she co-founded the international best-seller *Miller's Antiques Price Guide* and has since written more than 100 books which are held in high regard by collectors and dealers.

Judith Miller appears regularly on TV and radio. She is an expert on the BBC's *Antiques Roadshow* and has co-hosted the popular BBC series *The House Detectives*, ITV's *Antiques Trail*, and Discovery's *It's Your Bid*. **She has appeared on The Martha Stewart Show and CNN.** She is a regular lecturer and contributor to numerous newspapers and magazines, including the *Financial Times*, the *Daily Telegraph*, *BBC Homes & Antiques* and *House & Garden*. She has lectured extensively, including at the V&A in London and the Smithsonian in Washington.

Marketing Plans

National media outreach ,

Illustrations



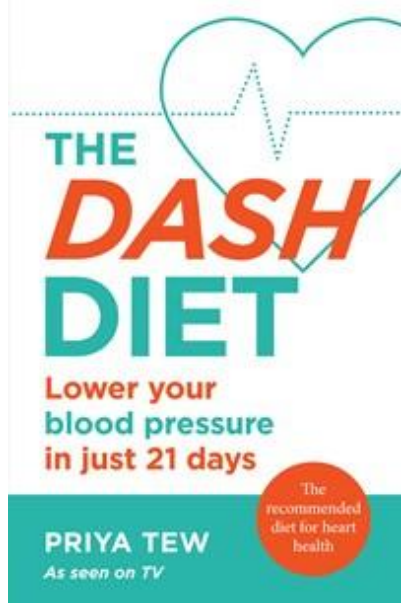
Comp Titles

Miller's Field Guide: Glass	Miller, Judith	Mitchell Beazley	5/5/2015	9781784720377 1784720372	\$10.00 USD	Paperback	Antiques & Collectibles
Kovels' Antiques and Collectibles Price Guide 2020	Kovel, Terry	Black Dog & Leventhal	9/24/2019	9780762468560 0762468564	\$29.99 USD	Paperback	Antiques & Collectibles
Miller's Collectibles Handbook & Price Guide 2019/2020	Miller, Judith	Mitchell Beazley	7/3/2018	9781784724207 1784724203	\$27.99 USD	Paperback	Antiques & Collectibles
Miller's Field Guide: Porcelain	Miller, Judith	Mitchell Beazley	10/21/2014	9781845339494 1845339495	\$10.00 USD	Paperback	Antiques & Collectibles
Miller's Collectibles Price Guide 2016-2017	Miller, Judith	Mitchell Beazley	6/7/2016	9781784721398 1784721395	\$27.99 USD	Paperback	Antiques & Collectibles
Victorian Style	Miller, Judith	MITCH	7/28/2006	9781857329551 1857329554	\$29.95 USD	Trade Paperback	Architecture
Miller's Collectibles Handbook 2012-2013	Miller, Judith	Mitchell Beazley	4/4/2012	9781845336370 1845336372	\$27.99 USD	Paperback	Antiques & Collectibles
Miller's Antique Marks	Miller, Judith	Mitchell Beazley	11/5/2013	9781845337988 1845337980	\$12.99 USD	Paperback	Antiques & Collectibles
Miller's Collectibles Handbook 2010-2011	Miller, Judith	Mitchell Beazley	3/1/2010	9781845335175 1845335171	\$27.99 USD	Paperback	Antiques & Collectibles
Shoes	Miller, Judith	Mitchell Beazley	1/15/2009	9781845334635 1845334639	\$14.99 USD	Paperback	Antiques & Collectibles
Antique Trader Antiques & Collectibles Price Guide 2019	Bradley, Eric	Krause Publications	10/16/2018	9781440248764 1440248761	\$24.99 USD	Trade Paperback	Antiques & Collectibles

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



The DASH Diet

Lose weight and improve your heart health in 21 days

Priya Tew, Priya Tew Ltd

Summary

Reduce your blood pressure and improve your health with this beginner's guide to the DASH diet.

Millions of people worldwide suffer from hypertension, or high blood pressure, and the DASH diet is a tried-and-tested program designed to lower blood pressure, reduce the risk of heart disease and combat other health issues, such as diabetes and excessive weight gain.

DASH, 'Dietary Approaches to Stop Hypertension', is grounded in healthy eating principles and focuses on unprocessed foods. It is rich in fruit, vegetables, low-fat and non-fat dairy, lean protein, nuts and seeds, beans, heart-healthy fats and a limited amount of whole grains.

This book will tell you everything you need to know, including the latest research about how the diet works and its nutritional benefits. It features a 21-day plan to help you get started with more than 40 heart-healthy recipes to help you on your way

The DASH Diet is designed for anyone who wants to improve their heart health and control their weight in the process.

Contributor Bio

Priya Tew is an award-winning, experienced registered Dietitian and nutrition professional with a degree in Nutritional Sciences and a Masters in Dietetics. She is registered with the Health Professions Council and the British Dietetic Association. With wide-ranging experience both within the NHS and as a freelance dietitian, Priya offers an inventive and fresh approach to nutrition.

Winner of the British Dietetic Association's Media Spokesperson of the Year and an SBS award from Theo Paphitis. With a wealth of media experience, Priya is known for her down-to-earth realism and no-nonsense nutrition messages.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Aster
9781783254064
1783254068
Pub Date: 4/6/2021
On Sale Date: 4/6/2021
\$10.99/\$11.99 Can./£8.99 UK
Discount Code: OPB
Paperback

208 Pages
Carton Qty: 96
Print Run: 7K
Cooking / Health & Healing
CKB104000
7.7 in H | 4.9 in W | 0.6 in T | 0.3 lb Wt
Status:**ACTIVE**

Related Products

Ebooks

9781783254088

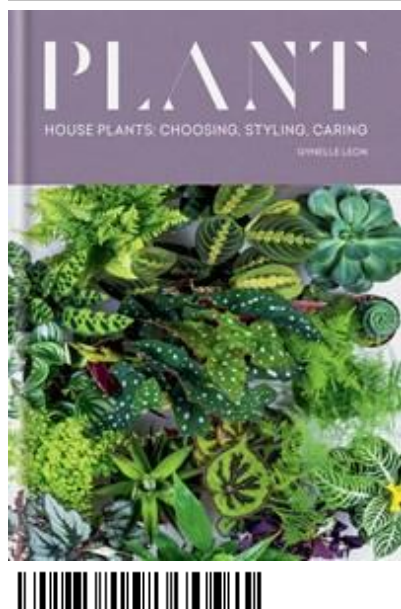
Comp Titles

The Dash Diet Weight Loss Solution	Heller, Marla	Grand Central Publishing	12/17/2019	9781455512782	\$16.99	Paperback	Health & Fitness
The Everyday DASH Diet Cookbook	Heller, Marla	Grand Central Life & Style	12/19/2017	9781455528059	\$17.99	Paperback	Cooking
				1455512788	USD		
				1455528056	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Mitchell Beazley
9781784727062
1784727067
Pub Date: 4/27/2021
On Sale Date: 4/27/2021
\$19.99/\$21.99 Can.
Discount Code: OHC
Hardcover

224 Pages
Carton Qty: 22
Print Run: 15K
Gardening / House Plants &
Indoor
GAR010000
8.5 in H | 6.2 in W | 1 in T | 1.3 lb
Wt
Status: **ACTIVE**

Plant

House plants: choosing, styling, caring

Gynelle Leon

Key Selling Points

- From the author of *Prick*, which has sold 50,000 copies across 6 languages
- Sales of house plants are booming as a result of urbanisation, interior design trends and millennials' desire to have something to nurture and care for
- A stylish, well-designed book in an appealing package - a perfect gift purchase

Summary

***Plant* is a stylish, practical, modern guide to the world of house plants**

House plants can change a home in an instant. A flash of color, a calming influence, they are adaptable, affordable and - if you know how - easy to care for.

In *Plant*, horticultural expert and author of *Prick*, Gynelle Leon, gives you all the knowledge you need to help your plants thrive. Featuring:

- A **plant gallery** showcasing some of the very best house plants
- A chapter of **styling ideas** to inspire you to show your plants and their best
- A **care guide** with all you need to know to help your plants thrive

Contributor Bio

Gynelle Leon is a house plant expert and founder of PRICK, one of the world's first shops dedicated to cacti and succulents. An award-winning plant photographer, Gynelle has worked with the Royal Horticultural Society and been featured in the *Financial Times*, *Huffington Post*, *Monocle* and *i-D*, among others.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Twitter Handle - @bowbelle](#)

Illustrations





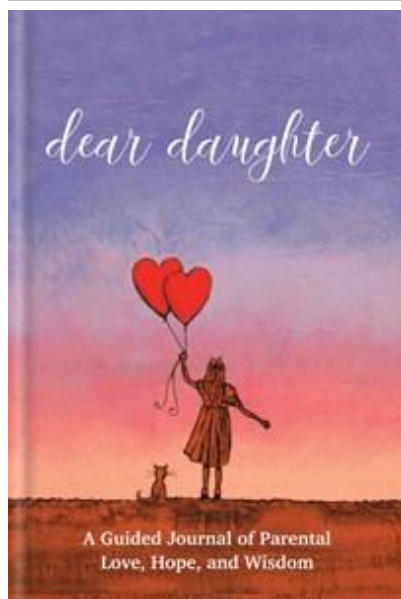
Comp Titles

Prick	Leon, Gynelle	Mitchell Beazley	10/31/2017	9781784723675	\$19.99	Hardcover	Nature
				1784723673	USD		
New Plant Parent	Cheng, Darryl	Harry N. Abrams	3/19/2019	9781419732393	\$27.50	Paperback	Gardening
				1419732390	USD		
How Not to Kill Your Houseplant	Peerless, Veronica	DK	8/15/2017	9781465463302	\$14.99	Hardcover	Gardening
				1465463305	USD		
Wild at Home	Carter, Hilton	Ryland Peters & Small	4/9/2019	9781782497134	\$24.99	Hardcover	House & Home
				1782497137	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Spruce
9781846015922
1846015928
Pub Date: 4/6/2021
On Sale Date: 4/6/2021
\$12.99/\$14.99 Can.
Discount Code: OHC
Hardcover

96 Pages
Carton Qty: 48
Print Run: 15K
Family & Relationships / Parenting
FAM034000

9 in H | 6 in W | 0.7 in T | 0.8 lb
Wt
Status: **ACTIVE**

Dear Daughter

A Guided Journal of Parental Love, Hope and Wisdom

Wendy Gardner

Key Selling Points

- Includes nearly 500 questions, both serious and lighthearted
- An ideal gift for baby showers, milestone birthdays, Mother's/Father's Day and other major holidays
- Journalling is a popular hobby, and guided journals such as One Line a Day enable you to effectively document your life without being faced by an intimidating blank page

Summary

Let your daughter know how you feel about being her parent, what you wish for her, and the important life lessons you feel she needs to know with this guided journal.

Dear Daughter takes you through the process of composing a heartfelt permanent record of the unique relationship between you and your child.

Without the daunting impact of a blank journal to fill, you can easily organize your thoughts, and express them without intimidation or the dreaded writer's block. With simple fill-in statements and questions, this book will help you create a lasting treasure for your daughter, whether she is a newborn, a recent graduate, a bride, or has become a mother herself.

Contributor Bio

Wendy Gardner works as a freelance book publicist. She lives in Brooklyn, NY, with her husband, where they continue to learn about the art of parenting on a daily basis from their daughter Willa, as well as their two cats, Poe and E.D.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

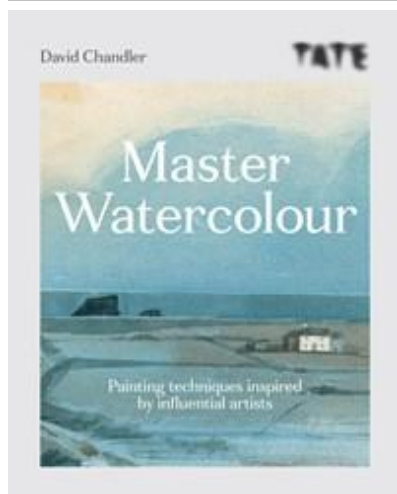
Like Mother,	SpencerScott,	Peter Pauper Pr	2/1/2015	9781441308399	\$12.99	Other	Non-Classifiable
--------------	---------------	-----------------	----------	---------------	---------	-------	------------------

Like Daughter	Paula			1441308393	USD	Merchandise	
Love, Mom and Me	Clemons, Katie	Sourcebooks Explore	3/1/2019	9781492693581	\$14.99	Trade	Juvenile
				1492693588	USD	Paperback	Nonfiction

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Ilex Press
9781781576755
1781576750
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$16.99/\$18.99 Can./£14.99
UK/€18.00 DE
Discount Code: OPB
Paperback

144 Pages
Carton Qty: 26
Print Run: 5K
Art / Techniques
ART029000
Series: Tate
9.2 in H | 7.5 in W | 0.6 in T | 1.2
lb Wt
Status: **ACTIVE**

Related Products

Ebooks
9781781577769

Tate Master Watercolour

Painting techniques inspired by influential artists

David Chandler

Key Selling Points

- Part of a new practical art series celebrating Tate Collection masters, each title focusing on a different medium
- Follow the example of leading artists and explore essential techniques and a variety of styles
- #watercolour/color has over 40 million posts on Instagram

Summary

Master the masters of watercolor with this step-by-step guide that draws inspiration from paintings in the Tate Collection with 30 projects.

Taking inspiration from iconic paintings in the Tate Collection, discover the techniques of the masters and improve your own paintings skills with 30 guided projects. As you work through the exercises, you'll find out how to loosen up with Cy Twombly, master color temperature with John Singer Sargent and create rhythm and unity in your paintings with John Nash.

Contributor Bio

David Chandler is a full-time art tutor based in Frome, England. He has led painting courses, lectures and demonstrations across the UK, Switzerland, Italy, Spain and France since 1999. He co-founded a community education centre in 2011, was a finalist for the Holburne Portrait Award in 2012, and became Chair of Wessex RIBA in 2013.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Author Website](#)

Illustrations



Comp Titles

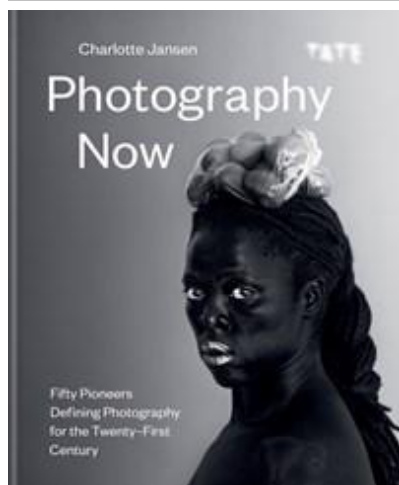
Tate: Master Oils	Leamy, Selwyn	Ilex Press	11/5/2019	9781781576557 1781576556	\$16.99 USD	Paperback	Art
-------------------	---------------	------------	-----------	-----------------------------	----------------	-----------	-----

Everyday Watercolor	Jenna Rainey	Watson-Guptill	10/10/2017	9780399579721 0399579729	\$22.99 USD	Trade Paperback	Art
Watercolour for the Absolute Beginner	Palmer, Matthew	Search Press	3/24/2014	9781844488254 184448825X	\$19.95 USD	Trade Paperback	Art

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Ilex Press
9781781576205
1781576203
Pub Date: 5/25/2021
On Sale Date: 5/25/2021
\$45.00/\$49.99 Can./£35.00 UK
Discount Code: OHC
Hardcover

240 Pages
Carton Qty: 8
Print Run: 7K
Photography / Collections,
Catalogs, Exhibitions
PHO004000
11.1 in H | 9.1 in W | 1 in T | 3.4
lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781781578421

Photography Now

Fifty Pioneers Defining Photography for the Twenty-First Century

Charlotte Jansen

Key Selling Points

- Published in collaboration with the Tate
- Grouped into chapters exploring topics such as shooting methods, output techniques, social impact and legacy
- Including work by Wolfgang Tillmans, Annie Leibovitz, Cindy Sherman, Nan Goldin, Andreas Gursky and Sebastião Salgado

Summary

Discover the work of 50 photographers at the forefront of photography today, and how they are changing the way we think about the art form

In the last century photographers had it easy: you could take a photograph of something new and create a whole genre by doing so. Now, in the 21st century, things are different. Standing out is more of an achievement.

This extensively illustrated survey presents the most significant photographers working today, with high-quality reproductions of their work alongside commentary and interviews. Their styles are varied: some are drawing on traditional styles while others are taking full advantage of modern techniques and technology. In each case, they have to deal with a post-Instagram world, where photography competes for mind space in a completely different way than it did at the turn of the century. This comprehensive and authoritative guide demonstrates why the work of the new masters is so significant and gives a broad survey of the state of photography today.

Contributor Bio

Charlotte Jansen is the Editor-at-Large of *Elephant* magazine. A freelance arts journalist for ten years, she has written for publications including the *Guardian*, the *FT*, *ELLE*, *Wallpaper**, *Vice*, *The British Journal of Photography* and the *RA Magazine*.

TATE is home to the United Kingdom's national collection of British, and international modern and contemporary art, with its collection shared between Tate Britain, Tate Modern, Tate Liverpool and Tate St Ives. Ilex is proud to partner with Tate, supporting the gallery in its mission to promote public understanding and enjoyment of art.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations





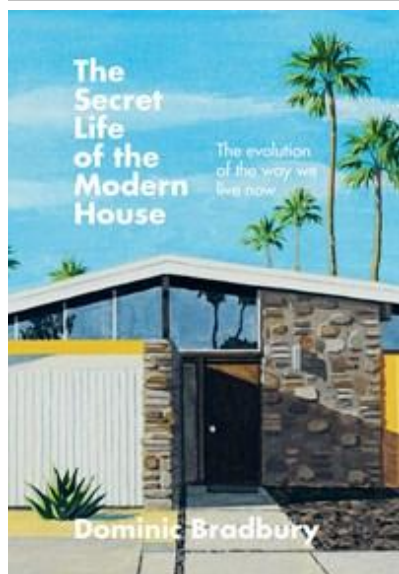
Comp Titles

Photographers on Photography	Carroll, Henry	Laurence King Publishing	10/23/2018	9781786273185 1786273187	\$19.99 USD	Hardcover	Photography
50 Contemporary Photographers You Should Know	HEINE FLORIAN/FINGER	Prestel	11/18/2016	9783791382593 3791382594	\$19.95 USD	Trade Paperback	Photography
20th Century Photography		TASCHEN	10/24/2012	9783836541022 3836541025	\$20.00 USD	Hardcover	Photography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Ilex Press
9781781577615
1781577617
Pub Date: 4/6/2021
On Sale Date: 4/6/2021
\$34.00/\$38.00 Can./£26.00
UK/€33.00 DE
Discount Code: OHC
Hardcover

352 Pages
Carton Qty: 12
Print Run: 7K
Architecture / Buildings
ARC003000
9.6 in H | 6.8 in W | 1.6 in T | 2.4
lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9781781578414

The Secret Life of the Modern House

The evolution of the way we live now

Dominic Bradbury

Key Selling Points

- Features an international selection of architectural masterpieces from the late-Victorian era to the modern day
- **North America locations include:** Edith Wharton & Ogden Colman Jr - The Mount (Lenox, Massachusetts, USA), Greene & Greene - The Gamble House (Pasadena, California, USA), Eliel Saarinen - Saarinen House (Detroit, Michigan, USA), Cedric Gibbons - Dolores Del Rio House (Los Angeles, California USA), Rudolf Schindler - Schindler House (West Hollywood, California USA), Richard Neutra - Kaufmann House (Palm Springs, California, USA), Albert Frey - Frey House Two (Palm Springs, California, USA), Charles & Ray Eames - Eames House (Los Angeles, California, USA), John Lautner - Elrod House (Palm Springs, California, USA), Craig Ellwood - Palevsky House (California, USA), Pierre Koenig - Case Study House #22 / Stahl House (Los Angeles, California, USA), Frank Lloyd Wright - Robie House (Illinois, USA), Frank Lloyd Wright - Fallingwater (Mill Run, Pennsylvania, USA), Wharton Esherick - Esherick House (Philadelphia, USA), Russel Wright - Manitoga (Garrison, NY, United States), Mies van der Rohe - Farnsworth House (Illinois, USA), Phillip Johnson - The Glass House (New Canaan, Connecticut, USA), Walter Gropius - Gropius House (Lincoln, Massachusetts, USA), Marcel Breuer - Stillman House II (Litchfield, CT, USA), Eero Saarinen - The Miller House (Columbus Indiana USA), William van Alen - Chrysler Building (New York City, New York, USA), Mies van der Rohe - Seagram Building Manhattan, New York City, USA), Charles Deaton - Sculptured House (Colorado, USA), Robert Venturi - Vanna Venturi House (Philadelphia, USA), Charles Gwathmey - Gwathmey House (Amagansett, New York, USA), Peter Eisenman - House IV (Falls Village, Connecticut, USA), Tony Duquette - Duquette House (Beverly Hills California, USA), Richard Meier - Douglas House (Harbor Springs, Michigan, USA), Bill Blass - Blass House (New York City, NY, USA), Donna Karan - Karan Apartment (New York City, NY, USA), Jonathan Adler - Adler Apartment (New York City, NY, USA), and Olson Kundig - Sawmill (Seattle, Washington, USA)

Summary

A ground-breaking and engaging explanation of the evolution of the homes we live in today

Over the last century the way that we live at home has changed dramatically. Nothing short of a design revolution has transformed our houses and the spaces within them - moving from traditional patterns of living all the way to an era of more fluid, open-plan and modern styles.

Architectural and design writer Dominic Bradbury charts the course of this voyage all the way from the late 19th century through to the houses of today in this ground-breaking book. In over eighteen thematic chapters, he explains the way our houses have been reinvented, while taking in - along the way - the giants of Art Deco, influential Modernists including Le Corbusier and Frank Lloyd Wright, as well as post-war innovators such as Eero Saarinen and Philip Johnson. Taking us from the 19th to the 21st century, Bradbury explores the progress of "modernity" itself and reveals the secret history of our very own homes.

Contributor Bio

Dominic Bradbury is a journalist and writer specializing in architecture and design. He writes for many magazines and newspapers in the UK and internationally, including *Wallpaper*, *World of Interiors*, *House & Garden*, *Elle Decoration*, *Architectural Digest*, *Dwell*, *Vogue Living*, *The Times*, *the Sunday Times*, and the *Financial Times*.

Adding to his BA, MA and Postgraduate Diploma qualifications, Bradbury is now working on a PhD and is a visiting lecturer at the Victoria & Albert Museum, London. His books include *Atlas of Mid-Century Modern Houses*, *Off the Grid*, *New Nordic Houses*, *Modernist Design Complete*, *Mid-Century Modern Complete*, *The Iconic House*, *The Iconic Interior*, *New Brazilian House*, *Waterside Modern* and *Mountain Modern*.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Author Website](#)
- [Twitter Handle - @BradburyD](#)

Illustrations



Comp Titles

New Nordic Houses	Bradbury, Dominic	Thames & Hudson	9/10/2019	9780500021552	\$60.00	Hardcover	Architecture
				0500021554	USD		
Distinctly Modern Interiors	Summers, Emily	Rizzoli	2/12/2019	9780847863600	\$50.00	Hardcover	House & Home
				0847863603	USD		
Cozy White Cottage	Galvan, Liz Marie	Thomas Nelson	9/24/2019	9781400315321	\$26.99	Hardcover	House & Home
				1400315328	USD		
Case Study Houses	Smith, Elizabeth A. T.	TASCHEN	3/19/2016	9783836535601	\$16.00	Hardcover	Architecture
				3836535602	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Ilex Press
9781781577455
1781577455
Pub Date: 10/26/2021
On Sale Date: 10/26/2021
\$39.99/\$43.99 Can./£30.00
UK/€29.50 DE
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 5
Print Run: 6K
Art / Museum Studies
ART059000
10.2 in H | 8 in W | 0.09 lb Wt
Status: **FORTHCOMING**

Related Products

Ebooks

9781781578162

Tate: Contemporary Art Decoded

Jessica Cerasi

Key Selling Points

- Published in collaboration with Tate Publishing
- #contemporaryart has over 30 million posts on Instagram

Summary

Learn how to understand and interpret contemporary art, and transform your next trip to an art gallery

How can you tell if that fire extinguisher on the wall is an installation piece or a safety requirement? How can a Banksy increase in value even as it gets put through a shredder? And couldn't a five-year-old have done all of this, anyway?

Contemporary Art Decoded takes ten key questions about contemporary art and uses them to dissect and explain the contemporary art world. Cerasi digs deep into the ideas and concepts behind the art, but avoids unnecessary jargon. This book is guaranteed to make your next trip to a gallery a more rewarding experience.

Includes:

- What is contemporary art?
- Where did it come from?
- How can I tell if it's art?
- Where do you draw the line?
- Does it matter who makes it?
- Does it have to mean something?
- Can anything be art?
- Has it all been done before?
- Does it have to be so serious?
- What's next?

Contributor Bio

Jessica Cerasi is Assistant Curator of the 2019 Venice Biennale, and Curator of Information and Research at the UK Government Art Collection. In 2017, she co-authored *Who's Afraid of Contemporary Art?* (Thames & Hudson), an entertaining and discerning introduction to today's art world, and has since taught her sell-out course 'Demystifying Contemporary Art' at Tate Modern.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

Illustrations





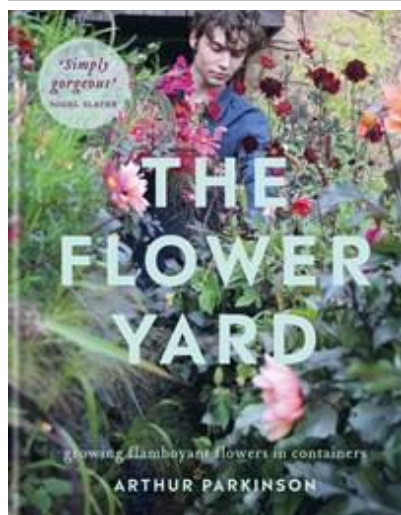
Comp Titles

Photography Decoded	Bright, Susan	Ilex Press	6/25/2019	9781781576809	\$29.99	Hardcover Photography
				1781576807	USD	
Boom	Shnayerson, Michael	PublicAffairs	5/21/2019	9781610398404	\$30.00	Hardcover Art
				1610398408	USD	
Who's Afraid of Contemporary Art?	An, Kyung	Thames & Hudson	3/21/2017	9780500292747	\$16.95	Hardcover Art
				0500292744	USD	

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Kyle Books
9780857839176
0857839179
Pub Date: 4/27/2021
On Sale Date: 4/27/2021
\$26.99/\$29.99 Can./£22.00 UK
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 12
Print Run: 7K
Gardening / Container
GAR001000

9.8 in H | 7.6 in W | 0.9 in T | 2.1

lb Wt

Status: **ACTIVE**

Related Products

Ebooks

9780857839923

The Flower Yard

Growing Flamboyant Flowers in Containers

Arthur Parkinson

Key Selling Points

- A highly visual account of Arthur's gardening year through the seasons, with both personal observation and practical instruction
- Provides inspiration for the many people with small gardens, be they door-steps, terraces or balconies, as well as those who simply want stunning pot displays
- Flowers such as the snowdrop, dahlia, sweet pea and rose are profiled and celebrated through the year
- There are countless books on growing vegetables in small spaces, but very little inspiring garden writing for those who want to grow flowers
- Scientists have found that spending two hours a week in nature is linked to better health and wellbeing
- A recent joint study by the World Health Organisation has highlighted the role that urban gardens can play in fighting air pollution
- A beautiful, flamboyant gardening book for the Instagram generation

Summary

'The Flower Yard is simply gorgeous. Inspirational, sumptuous and packed with refreshingly down-to-earth advice. I love this book.' Nigel Slater

Arthur Parkinson's town garden is like a path of pots, a tiny, exposed stage on bricks. Despite its small size, a flower-filled jungle in Venetian tones is grown here each year, in defiance of urbanisation. The plants act like drapes, closing gently as their growth engulfs the front door, from either side of the path, to the buzz of precious bees.

This is gardening done entirely in pots, yet on a grand scale that will inspire anyone who wants their doorstep or patio to be a glamorous and lively canvas that nurtures them visually and mentally. From jewel scatterings of crocus, flocks of parrot tulips and scented sweet peas to galaxies of single dahlias, towering giraffes of amaryllises grown inside for winter and endless vases of cut blooms through the seasons.

With his bantam hens at his feet, Arthur shares his life, knowledge, flair and influences for planting creatively, all of which combine to create a space that's rich in ever-changing colour and life.

Contributor Bio

Arthur Parkinson trained at Kew Gardens and after graduating went to work for Sarah Raven at her farm in East Sussex to pursue his passion for growing cut flowers. He later became gardener for the potter, Emma Bridgewater, at her factory in Stoke-on-Trent. The garden he designed there, featuring his beloved chickens, received great acclaim and became the focus for his first book, *The Pottery Gardener*. In spring 2018, Arthur was named as one of the UK's young gardening stars by *Architectural Digest*. Arthur writes for the *Telegraph*, taking his own photographs of flowers and poultry, and has appeared on BBC 2's *Gardeners' World*. He lives in Nottinghamshire but he still travels regularly to Sussex where he assists Sarah Raven with her floristry.
@arthurparkinson_

Quotes

"The book is part stunning photographic ode to Parkinson's green thumb (he trained at Kew Gardens and with Sarah Raven) and part how-to-guide on cultivating a wild world of plants in a modest dwelling."

—**Vogue**

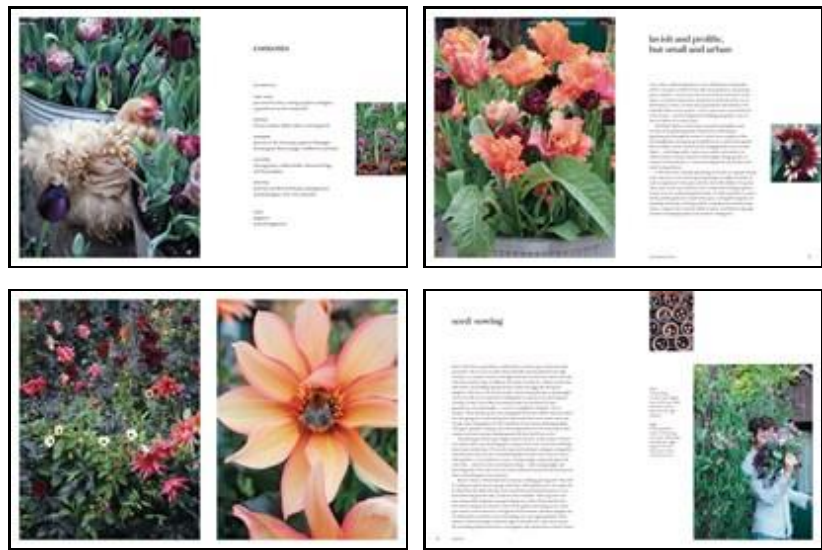
Marketing Plans

Social media campaign,

Links

- [Twitter Handle - @arthurparkinson](#)

Illustrations



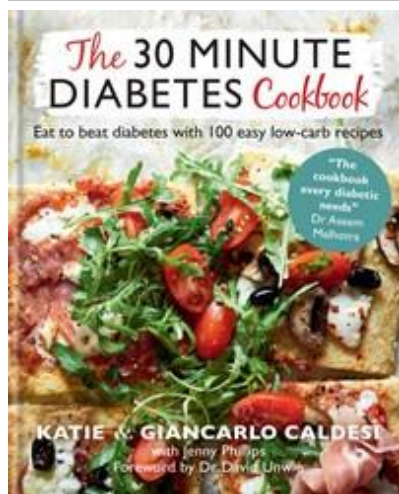
Comp Titles

Floret Farm's Cut Flower Garden: Grow, Harvest, and Arrange Stunning Seasonal Blooms (Gardening Book for Beginners, Floral Design and Flower Arranging Book)						
	Benzakein, Erin	Chronicle Books	3/7/2017	9781452145761 1452145768	\$29.95 USD	Hardcover Gardening
Gardentopia						
	Johnsen, Jan	Countryman Press	4/2/2019	9781682683965 1682683966	\$29.95 USD	Hardcover Gardening

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Kyle Books
9780857839183
0857839187
Pub Date: 4/6/2021
On Sale Date: 4/6/2021
\$24.99/\$27.99 Can./£20.00 UK
Discount Code: OHC
Hardcover

208 Pages
Carton Qty: 16
Print Run: 7K
Health & Fitness / Diseases
HEA039050

9.3 in H | 7.6 in W | 0.6 in T | 1.9 lb Wt
Status: **ACTIVE**

Related Products

Ebooks

9780857839817

The 30-Minute Diabetes Cookbook

Beat prediabetes and type 2 diabetes with 80 time-saving recipes

Katie Caldesi & Giancarlo Caldesi

Key Selling Points

- Katie and Giancarlo's recipes really work to achieve sustainable, long-term weight loss. Giancarlo has kept his diabetes in remission for 8 years and they have been inundated with success stories from readers.
- Includes a Foreword by Dr David Unwin, a RCGP clinical expert in diabetes, who helps his patients using a low-carb diet not drugs. He has more than 45k followers on twitter @lowcarbGP

Summary

80 quick and delicious recipes to help beat diabetes for good from bestselling authors Katie and Giancarlo Caldesi

Being diagnosed with prediabetes or type 2 diabetes can be a real shock. How do you try to lose weight and eat healthily when you also have so little time to cook and shop? Katie and Giancarlo provide the answers with 80 mouthwatering recipes that can all be made in just 30 minutes or less, so you can eat well every day.

Suitable for the whole family, there are weekday suppers, no-cook meals to throw together in minutes, feasts for special occasions and even scrumptious desserts, as well as a month of daily meal plans. Learn how to become low-carb savvy, shop smart and you will soon start to see obvious health benefits.

With the unique combination of two chefs, pioneering GP and diabetes specialist Dr David Unwin and highly respected nutritionist Jenny Philips, this life-changing book provides the complete plan for beating diabetes for good.

Contributor Bio

Katie and Giancarlo Caldesi own London's Caldesi in Marylebone as well as Caldesi in Campagna in Bray. They have co-authored the bestselling The Diabetes Weight-Loss Cookbook, The Reverse Your Diabetes Cookbook, Around The World in Salads and The Gentle Art of Preserving and have both appeared on Saturday Kitchen. Giancarlo was diagnosed with type 2 diabetes in 2012. Since then he has lost nearly four stone and kept his diabetes in remission by following a low-carb diet, while Katie has lost more than a stone in weight, too.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Author Website](#)
- [Twitter Handle - @KatieCaldesi; MrCaldesi](#)

Illustrations





Comp Titles

The Reverse Your Diabetes Cookbook	Caldesi, Katie	Kyle Books	4/7/2020	9780857838575	\$26.99	Hardcover	Cooking
				0857838571	USD		
The Diabetes Weight Loss Cookbook	Caldesi, Giancarlo	Kyle Books	5/7/2019	9780857834492	\$24.99	Hardcover	Health & Fitness
				0857834495	USD		
The Italian Cooking Course	Caldesi, Katie	Kyle Books	3/16/2013	9781906868963	\$29.95	Trade Paperback	Cooking
				1906868964	USD		
Cook Italy	Caldesi, Katie	Kyle Books	6/16/2010	9781906868192	\$39.95	Hardcover	Cooking
				1906868190	USD		
Italian Mama's Kitchen	Caldesi, Katie	Spruce	5/1/2009	9781846013201	\$12.99	Hardcover	Cooking
				1846013208	USD		
Dr. Neal Barnard's Cookbook for Reversing Diabetes	Barnard, Neal	Rodale Books	2/27/2018	9781623369293	\$25.99	Hardcover	Cooking
				1623369290	USD		
Diabetic Cookbook and Meal Plan for the Newly Diagnosed	Zanini, Lori	Rockridge Press	6/12/2018	9781641520232	\$17.99	Trade Paperback	Cooking
				164152023X	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836518
1787836517
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$10.99/\$11.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Print Run: 5K
Reference / Quotations
REF019000
5.4 in H | 4.1 in W | 0.9 in T | 0.5 lb Wt
Status: **ACTIVE**

Positivity for Every Day

Simple Tips and Inspiring Quotes to Help You Look on the Bright Side

Summersdale

Key Selling Points

- This pocket-sized book is filled with uplifting quotes and tips to brighten up your day
- A stylish revamp of Summersdale's best-selling *The Little Book of...* series, including *The Little Book of Positivity* (ISBN: 9781849537889), which has sold 55,000 copies

Summary

Filled with inspiring quotes and simple tips, this pocket-sized book is the perfect gift for anyone who wants to develop a positive outlook.

Sometimes a positive outlook is all we need to help us to see the sun behind the clouds. With inspiring quotations and simple tips, this little book will show you how to look on the bright side and achieve a more balanced attitude to life.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

Get Out of Your Head	Allen, Jennie	WaterBrook	1/28/2020	9781601429643	\$23.99	Hardcover	Religion
				1601429649	USD		
How to Be Well	Lipman, Frank, M.D.	Mariner Books	1/1/2019	9781328614186	\$16.99	Trade Paperback	Health & Fitness
				1328614182	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Happiness for Every Day

Simple Tips and Uplifting Quotes to Help You Find Joy

Summersdale

Key Selling Points

- This pocket-sized book is bursting with quotes and tips to add an extra ray of sunshine to your day
- A stylish revamp of Summersdale's best-selling *The Little Book of...* series, including *The Little Book of Happiness* (ISBN: 9781849537902), which has sold over 34,000 copies

Summary

Filled with inspiring quotes and simple tips, this pocket-sized book makes a perfect gift for anybody who wants to bring a little more sunshine into everyday life

When the trials and troubles of daily life get in the way, pick up this joyful little book. Packed with inspiring quotations and simple, easy-to-follow tips, it will help you unwind, relax and greet life with a smile again.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

1000+ Little Things Happy	Chernoff,	TarcherPerigee	5/21/2019	9780525542742	\$18.00	Hardcover Self-Help
Successful People Do Differently	Marc			0525542744	USD	
Get Out of Your Head	Allen, Jennie	WaterBrook	1/28/2020	9781601429643	\$23.99	Hardcover Religion
				1601429649	USD	

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836532
1787836533
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$10.99/\$11.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Print Run: 5K
Reference / Quotations
REF019000
5.4 in H | 4 in W | 0.9 in T | 0.5 lb
Wt
Status: **ACTIVE**

Resilience for Every Day

Simple Tips and Inspiring Quotes to Help You Find Inner Strength

Summersdale

Key Selling Points

- This pocket-sized book is filled with resilience-building quotes and tips to help you tackle every day head on
- A stylish revamp of Summersdale's best-selling *The Little Book of...* series, including *The Little Book of Resilience* (ISBN: 9781849538305), which has sold over 11,000 copies

Summary

Filled with inspiring quotes and simple tips, this pocket-sized book is a guide to bouncing back from adversity and finding your inner strength

Life isn't always a stroll in the sunshine, but there are ways of weathering the storms. This pocket-sized book of heartening quotations and simple but effective tips will help you to summon your inner reserves and bounce back from adversity stronger than ever.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

Everything Is Figureoutable	Forleo, Marie Portfolio	9/10/2019	9780525534990 0525534997	\$25.00 USD	Hardcover	Self-Help
Get Out of Your Head	Allen, Jennie WaterBrook	1/28/2020	9781601429643 1601429649	\$23.99 USD	Hardcover	Religion

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836549
1787836541
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$10.99/\$11.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Print Run: 5K
Reference / Quotations
REF019000
5.4 in H | 4 in W | 0.9 in T | 0.5 lb
Wt
Status: **ACTIVE**

Inspiration for Every Day

Simple Tips and Motivational Quotes to Light Your Creative Spark

Summersdale

Key Selling Points

- This pocket-sized book is filled with uplifting quotes and tips to help you find that spark of inspiration
- A stylish revamp of Summersdale's best-selling *The Little Book of...* series, including *The Little Book of Inspiration* (ISBN: 9781849538435), which has sold over 13,000 copies

Summary

Filled with motivating quotes and simple tips, this pocket-sized book inspires the reader tap into their creativity and opens their eyes to exciting new possibilities

Whatever dream you're working toward, a few wise words can help make the challenge easier. This uplifting little book is packed with inspiring quotations and simple but effective tips to help you get the most out of every day.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

1000+ Little Things Happy Successful People Do Differently	Chernoff, Marc	TarcherPerigee	5/21/2019	9780525542742	\$18.00	Hardcover	Self-Help
				0525542744	USD		
This Year I Will...	Louise, Tiffany	Althea Press	3/26/2019	9781641523677	\$15.99	Trade Paperback	Self-Help
				1641523670	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836501
1787836509
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$9.99/\$10.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Print Run: 5K
Reference / Quotations
REF019000

5.4 in H | 4.1 in W | 0.9 in T | 0.5 lb Wt
Status: **ACTIVE**

Irish and Proud of It

Fascinating Facts and Rousing Quotations That Will Make You Proud to Be Irish

Summersdale

Key Selling Points

- This brilliant pocket-sized book is made up of quotes and trivia, covering all things Irish, from people to places and history to folklore
- The perfect gift for your Irish friend or loved one, and a great gift for St Patrick's Day

Summary

A celebration of all things Irish, packed with quotes and trivia on folklore, history, celebrities and cultural highlights from the Emerald Isle

Why do we love Ireland? For some of us, it's the lush, green countryside. For others, it's the historical cities and picturesque towns. Maybe it's simply the people, from Oscar Wilde and Van Morrison to Saoirse Ronan and Becky Lynch.

Discover a cornucopia of Ireland's treasures, history and folklore in this miscellany of trivia and quotes, perfect for anyone who loves the Emerald Isle. It's enough to make any Irish person proud.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



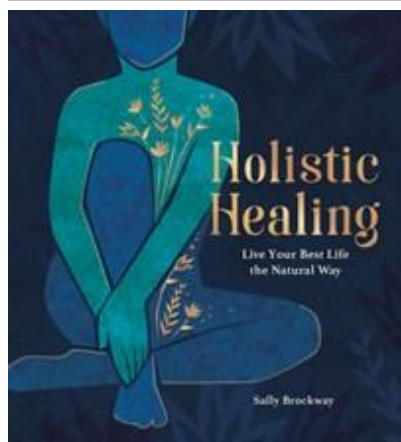
Comp Titles

Rick Steves Ireland 2020	Steves, Rick	Rick Steves	12/31/2019	9781641711524 1641711523	\$24.99 USD	Paperback	Travel
Lonely Planet Ireland	Lonely Planet	Lonely Planet	3/20/2018	9781786574459 1786574454	\$24.99 USD	Paperback	Travel

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836488
1787836487
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$16.99/\$18.99 Can./€14.84 DE
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 22
Print Run: 5K
Reference / Personal & Practical
Guides
REF015000

7.9 in H | 7.2 in W | 0.8 in T | 1 lb
Wt
Status: **ACTIVE**

Holistic Healing

Live Your Best Life the Natural Way

Sally Brockway

Key Selling Points

- With full-color illustrations and beautiful photographs, this makes the perfect gift for anyone who wants to boost their health and well-being with natural therapies.
- Taps into the continuing trend for mindful living. *The Art of Hygge* (ISBN: 9781849539555) has sold over 16,000 copies, and *All You Need is Less* (9781786857668) has sold over 12,000 copies

Summary

The perfect introduction to restorative therapies that can be tried at home

Open your mind to a new, more wholesome way of living. Soothe away everyday stress with this beautifully presented collection of practical advice for achieving optimum health and well-being the natural way. These trusted practices, from ancient wisdom to modern treatments, will help you:

- Quieten your mind with meditation
- Relax and recharge with yoga
- Embrace the healing power of reiki
- Find balance through plant-based remedies
- Create a tranquil and calming home environment
- Be kind to yourself with a curated self-care routine

Covering a wide range of simple remedies, alternative therapies and easy exercises, *Holistic Healing* will help you to feel your best, renewing your vitality and restoring your bliss

Contributor Bio

Sally Brockway is a PR, journalist and blogger who lives in Kingston-Upon-Thames in England. She's written for health and wellness magazines, devised public relations strategies for well-being clients and blogged about her own spiritual journey at www.fallingtogether.blog.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Links

- [Author Website](#)

Illustrations





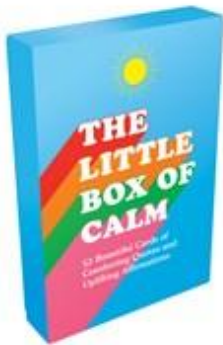
Comp Titles

The Witch's Book of Self-Care	Murphy-Hiscock, Arin	Adams Media	12/11/2018	9781507209141	\$16.99 USD	Hardcover Paper over boards	Body, Mind & Spirit
The Ayurvedic Self-Care Handbook	Kucera, Sarah	The Experiment	4/2/2019	9781615195435	\$16.95 USD	Flexibound	Medical

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836594
1787836592
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$16.99/\$18.99 Can.
Discount Code: OHC
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 15K
Body, Mind & Spirit
OCC000000
6.8 in H | 4.7 in W | 1.6 in T | 0.8
lb Wt
Status: **ACTIVE**

The Little Box of Calm

52 Beautiful Cards of Comforting Quotes and Uplifting Affirmations

Summersdale

Key Selling Points

- 52 beautifully designed and instantly Instagram-able cards, each featuring an uplifting statement
- Calmly face the challenges of the everyday with these comforting and inspiring quote cards, which you can use as a decoration for your home or workplace
- A lovely present to give to a friend (or for yourself!) to help ease daily stresses
- Similar Summersdale products include *She Believed She Could So She Did* (ISBN: 9781787835184), *The Little Box of Positivity* (ISBN: 9781787833340) and *Sh*t Happens* (ISBN: 9781787835153)

Summary

For a daily dose of calm, display and admire any one of these 52 cards, featuring comforting quotes and uplifting affirmations.

Includes: 52 illustrated cards and a wooden display holder.

Assembly required? No

Batteries required? No

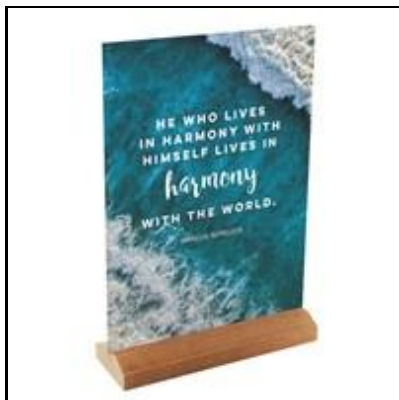
A calm thought a day keeps your worries away

Words have power; they can soothe a worried mind and provide comfort in times of need. This deck of 52 cards, which can be displayed singly using the wooden stand, contains kind thoughts and mindful mantras to ease daily stresses and bring a sense of calm to every day.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations





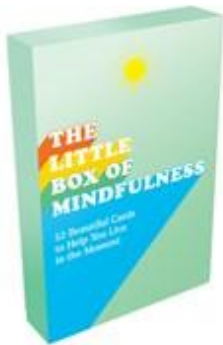
Comp Titles

She Believed She Could, So She Did Insight Cards (Deck of 50 Cards)	Peter Pauper Press, Inc	PETER PAUPER	8/1/2017	97814413243751441324372			
Sh*t Happens	Summersdale	Summersdale	5/12/2020	97817878351531787835154	\$16.99 USD	Other Merchandise	Games & Activities
Mindfulness Cards	Gunatillake, Rohan	Chronicle Books	4/10/2018	97814521683641452168369	\$16.95 USD	Other Merchandise	Non-Classifiable
The Little Box of Positivity	Summersdale	Summersdale	5/12/2020	97817878333401787833348	\$16.99 USD	Other Merchandise	Games & Activities
She Believed She Could So She Did	Summersdale	Summersdale	5/12/2020	97817878351841787835189	\$16.99 USD	Other Merchandise	Games & Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836587
1787836584
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$16.99/\$18.99 Can.
Discount Code: OHC
Other Merchandise

52 Pages
Carton Qty: 20
Print Run: 15K
Games & Activities / Card Games
GAM002000
6.8 in H | 4.5 in W | 1.6 in T | 0.8
lb Wt
Status:**ACTIVE**

The Little Box of Mindfulness

52 Beautiful Cards to Help You Live in the Here and Now

Summersdale

Key Selling Points

- 52 beautifully designed and instantly Instagram-able cards, each featuring a mindful quote or statement
- Face the challenges of the everyday with these calming quote cards, which you can use as a decoration for your home or workplace.
- A lovely present to give to a friend (or for yourself!) to help bring presence of mind into daily life
- Similar Summersdale products include *The Little Book of Mindfulness* (ISBN:9781786859679) and *The Little Box of Positivity* (ISBN: 9781787833340)

Summary

For a daily dose of mindfulness, display and admire any one of these 52 cards, featuring centring quotes and peaceful affirmations

Includes: 52 illustrated cards and a wooden display holder

Assembly required? No

Batteries required? No

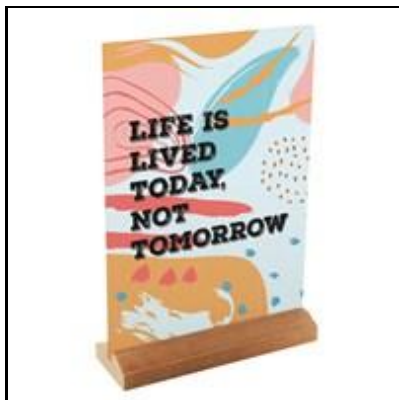
One mindful thought can change your whole day

Mindfulness doesn't always come easily, and it can help to be reminded of it from time to time. This deck of 52 cards can be displayed anywhere, to help facilitate and encourage your presence of mind, and to bring small moments of peace and happiness into your day.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations





Comp Titles

She Believed She Could, So She Did Insight Cards (Deck of 50 Cards)	Peter Pauper Press, Inc	PETER PAUPER	8/1/2017	97814413243751441324372			
She Believed She Could So She Did	Summersdale	Summersdale	5/12/2020	97817878351841787835189	\$16.99 USD	Other Merchandise	Games & Activities
Sh*t Happens	Summersdale	Summersdale	5/12/2020	97817878351531787835154	\$16.99 USD	Other Merchandise	Games & Activities
The Little Box of Positivity	Summersdale	Summersdale	5/12/2020	97817878333401787833348	\$16.99 USD	Other Merchandise	Games & Activities
Mindfulness Cards	Gunatillake, Rohan	Chronicle Books	4/10/2018	97814521683641452168369	\$16.95 USD	Other Merchandise	Non-Classifiable

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787835252
1787835251
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$9.99/\$10.99 Can./£6.99 UK
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 10
Print Run: 5K
Reference / Quotations
REF019000

5.5 in H | 4.1 in W | 0.9 in T | 0.5 lb Wt
Status: **ACTIVE**

Congratulations on Your Graduation

Encouraging Quotes to Empower and Inspire

Summersdale

Key Selling Points

- Ideal as a thoughtful gift to give someone on their graduation day
- Graduation is a widely celebrated event, as students celebrate graduating from school and college/university
- Similar Summersdale titles include: *You Got This* (ISBN: 9781786850409), *You Are So Awesome* (ISBN: 9781849539586), *F in Exams: School Memes* (ISBN: 9781786852557), *The Little Book of Student Food* (ISBN: 9781787830240), *Student Hacks* (ISBN: 9781786852465), *Stuff Students Should Know* (ISBN: 9781786857958), *The Little Book of Adulthood* (ISBN: 9781786855237) and *Life Skills* (ISBN: 9781786852830)

Summary

This little book is packed with encouraging quotes and affirmations for anyone who's achieved the amazing victory that is graduation

You did it! You graduated! All the blood, sweat and tears *actually* paid off! Let this little book of inspirational quotes and motivational musings remind you of that momentous achievement, as you launch into a new chapter of your life.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

Tomorrow I'll Be Brave	Hische, Jessica	Penguin Workshop	10/16/2018	9781524787011	\$17.99	Hardcover	Juvenile Fiction
In Conclusion, Don't Worry About It	Graham, Lauren	Ballantine Books	4/3/2018	9781524799595	\$15.00	Hardcover	Self-Help
				1524787019	USD		
				1524799599	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836396
1787836398
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$9.99/\$10.99 Can.
Discount Code: OHC
Hardcover

160 Pages
Carton Qty: 60
Print Run: 15K
Humor / Form
HUM015000
5.4 in H | 4 in W | 0.9 in T | 0.5 lb
Wt
Status: **ACTIVE**

For the World's Best Mom

The Perfect Gift to Give to Your Mom

Summersdale

Key Selling Points

- The perfect present for a marvellous Mom - whether it be for Mother's Day, a special occasion or no occasion at all!
- Will appeal to those who enjoyed *For the Best Mum in the World*, which has sold over 18,000 copies

Summary

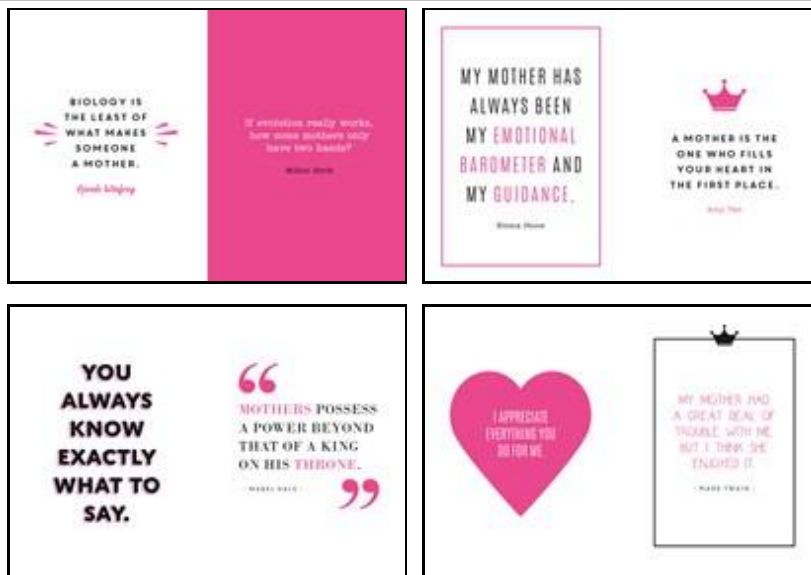
A perfectly proportioned and cute book that could be an extension of a gift card on Mom's special day

Celebrate everything you love about your mother with this little book, filled with hand-picked quotes and thoughtful words to show her just how incredible she is. It's the perfect keepsake to remind her that she really is the world's best Mom.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



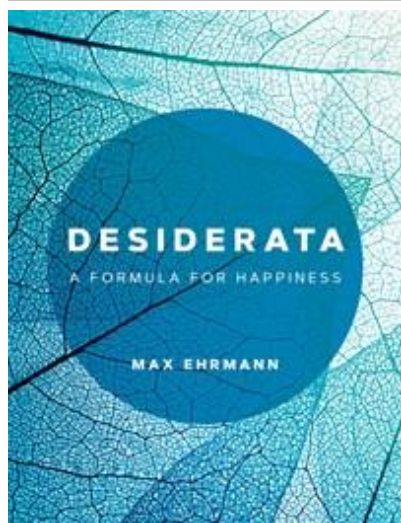
Comp Titles

Mom's Journal	Sander, Jennifer Basye	Skyhorse	4/16/2019	9781510742505 1510742506	\$17.99 USD	Hardcover Paper over boards	Family & Relationships
Chicken Soup for the Soul: My Amazing Mom	Newmark, Amy	Chicken Soup for the Soul	3/20/2018	9781611599763 1611599768	\$14.95 USD	Trade Paperback	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Summersdale
9781787836709
1787836703
Pub Date: 3/1/2022
On Sale Date: 3/1/2022
\$13.99/\$15.99 Can.
Discount Code: OHC
Hardcover

128 Pages
Print Run: 15K
Body, Mind & Spirit
OCC000000

6 in H | 5 in W
Status: **CANCELLED**

Desiderata

A formula for happiness

Max Ehrmann

Key Selling Points

- This classic poem offers a simple, positive and uplifting guide to life
- Features stunning photography
- A lovely gift for someone who is about to enter a new stage in their life, such as someone who has just graduated or got a new job

Summary

A book of the perennially popular prose-poem written by Max Ehrmann, whose message is just as inspiring, uplifting and pertinent today

The timeless poem *Desiderata*, which in Latin means “things that are yearned for”, offers a simple, positive and truly uplifting guide to life. In this beautifully illustrated book the poem is brought to life with stunning and sensitively chosen photography. Each element of Max Ehrmann’s enduring 1920s prose could not be more applicable than it is now.

His wise words offer inspiration for helping us to be grateful for what we have. As we reflect on our values and what motivates us after the struggles of a pandemic this is the perfect gift anyone but is especially poignant for someone who is about to enter a new stage in their life, such as someone who has just graduated or got a new job.

Contributor Bio

Max Ehrmann was an American writer, poet, and attorney from Terre Haute, Indiana. This version of the poem has been created by Steven Barnett. Steve, formerly Publishing Director of Random House, New Zealand is author of various books including *The Countryside Year*, *Classic British Cars* and is owner of Torpedo Bay Productions. He is based in Auckland, New Zealand.

Marketing Plans

Social media campaign,
National media outreach,
Trade and Library Advertising,

Illustrations



Comp Titles

Unlearn	Humble the	HarperOne	4/9/2019	9780062905161	\$19.99	Hardcover	Self-Help
---------	------------	-----------	----------	---------------	---------	-----------	-----------

	Poet			0062905163	USD		
Heart Talk	Wade, Cleo	Atria Books	3/6/2018	9781501177347	\$17.99	Trade	Poetry
				1501177346	USD	Paperback	
How to Live Your Best Life	Summersdale	Summersdale	5/7/2019	9781786857514	\$9.99	USD Hardcover	Self-Help
				1786857510			
Stay Positive	Goulding, Sophie	Summersdale	7/2/2019	9781786857705	\$13.99	Hardcover	Self-Help
				1786857707	USD		

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, [Click here](#).

Subrights

No subrights have been specified.



Monoray
9781913183578
1913183572
Pub Date: 3/2/2021
On Sale Date: 3/2/2021
\$0.00/\$14.99 Can./£7.99
UK/€9.50 EU/€10.00 DE
Paperback

240 Pages
Carton Qty: 64
Biography & Autobiography
/ Personal Memoirs
BIO026000

7.7 in H | 5 in W | 0.9 in T | 0.5 lb
Wt
Status: **FORTHCOMING**

The Twins of Auschwitz

The inspiring true story of a young girl surviving Mengele's hell

Eva Mozes Kor, Lisa Rojany Buccieri

Summary

The heart-breaking and inspiring memoir of a 10-year-old Auschwitz twin

The Nazis spared their lives because they were twins.

In the summer of 1944, Eva Mozes Kor and her family arrived at Auschwitz.

Within thirty minutes, they were separated. Her parents and two older sisters were taken to the gas chambers, while Eva and her twin, Miriam, were herded into the care of the man who became known as the Angel of Death: Dr. Josef Mengele. They were 10 years old.

While twins at Auschwitz were granted the 'privileges' of keeping their own clothes and hair, they were also subjected to Mengele's sadistic medical experiments. They were forced to fight daily for their own survival and many died as a result of the experiments, or from the disease and hunger rife in the concentration camp.

In a narrative told simply, with emotion and astonishing restraint, *The Twins of Auschwitz* shares the inspirational story of a child's endurance and survival in the face of truly extraordinary evil.

Also included is an epilogue on Eva's incredible recovery and her remarkable decision to publicly forgive the Nazis. Through her museum and her lectures, she dedicated her life to giving testimony on the Holocaust, providing a message of hope for people who have suffered, and worked toward goals of forgiveness, peace, and the elimination of hatred and prejudice in the world.

Contributor Bio

Eva Mozes Kor was a resident of Terre Haute, Indiana. Following her survival of Auschwitz, she became a recognised speaker, both nationally and internationally, on topics related to the Holocaust and social justice. Eva created the CANDLES organisation in 1985 to locate other Mengele twins and found 122 twins across the world. Ten years later, she opened the CANDLES Holocaust Museum to educate the public about the historic event she survived. A community leader, champion of human rights, and tireless educator, Eva has been covered in numerous media outlets and is the subject of a documentary, *Forgiving Dr. Mengele*. She passed away in 2019.

Comp Titles

No comparable titles have been specified.

Subrights

No subrights have been specified.