

# OCTOPUS BOOKS USA FALL 2021

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Mitchell Beazley 9781784726270 1784726273 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$39.99/\$43.99 Can./£30.00 UK/€38.00 DE Discount Code: OHC Hardcover

272 Pages Print Run: 10K Cooking / Beverages CKB007000

11.5 in H | 9 in W Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781784727314

# World Atlas of Beer

**The Essential Guide to the Beers of the World** Tim Webb, Stephen Beaumont

# **Key Selling Points**

- Written by two internationally renowned beer authors
- The two previous editions of *World Atlas of Beer* have sold 120,000 copies worldwide
- The global beer market is in continuous growth, forecast to reach \$805billion by 202
- US WEST COAST BREWERIES include: AleSmith Brewing Company, Alpine Beer Company, New Albion Brewing, Lost Coast Brewery, Sierra Nevada Brewing, North Coast Brewing, Anderson Valley Brewing, Bear Republic Brewing, Russian River Brewing, Sudwerk Brewing, Triple Rock Brewing, Anchor Brewing, Drake's Brewing, Buffalo Bill's Brewery, Firestone Walker Brewing, and more
- US NEAR WEST BREWERIES include: Jester King, Saint Arnold Brewing of Houston, Live Oak Brewing, Peticolas Brewing, Community Beer of Dallas, Arizona Wilderness Brewing, SanTan Brewing, Four Peaks Brewing, La Cumbre Brewing Co, Marble Brewery, Grand Teton Brewing, Clairvoyant Brewing Co, Big Sky Brewing, Lewis & Clark Brewing Co, Melvin Brewing, Snake River Brewery
- US MIDWEST BREWERIES include: Pabst Brewing Company, Miller Brewing Company, Falstaff Brewery, Griesedieck Brothers Brewery, Hudepohl-Schoenling Brewing Company, Hamm's Brewery, Stroh Brewery Company, Bell's Brewery, New Glarus Brewing, Boulevard Brewing, Summit Brewing, August Schell, Rhinegeist, Great Lakes Brewing, Lake Effect Brewing, Revolution Brewing, Map Room, Forbidden Root, Cruz Blanca Cervecería, Haymarket Pub & Brewery, Farmhouse Brewing
- US NORTHEAST BREWERIES include: Yuengling, Genesee Brewing Company, Alchemist Beer, Hill Farmstead Brewery, Lawson's Finest Liquids, Stowe's von Trappe Brewing, D.L. Geary Brewing, Allagash Brewing, Jim Koch's Boston Beer Company, The Boston Beer Company, Samuel Adams Boston Lager, Maine Beer Company, Oxbow Brewing, Stoneface Brewing, Victory Brewing, Yards Brewing, East End Brewing, Grist House Craft Brewery, Iron Hill brewpub, Notch Brewing, Trillium Brewing Company, Tree House Brewing Company, Jack's Abby, Idle Hands Taproom and Brewery, Dogfish Head, Narrangansett Beer, Guinness Open Gate Brewery
- US SOUTH BREWERIES include: Dixie Brewing Company, Falls City Beer, Wicked Weed Brewing, Asheville Brewing Company, Hi-Wire Brewing, Green Man Brewery, Variant Brewing, New Realm Brewing, Cigar City Brewing, Tampa Bay Brewing, Cycle Brewing, Coppertail Brewing, 7venth Sun., New Realm Brewing Company, DC Brau Brewing, Atlas Brew Works, Red Bear Brewing, Atlanta Brewing, SweetWater Brewing, Terrapin Beer Company, 3 Stars Brewing, Hellbender Brewing, The Public Option, Bluejacket Brewery, Bardo Brewpub, Right Proper Brewing, ChopHouse & Brewery

### Summary

#### The definitive guide to world beer fully updated for a third edition

As craft brewing continues to go from strength to strength across the world, *World Atlas of Beer* is the definitive and essential guide to beer. Understand the rich, multi-faceted traditions of Belgium, the Nordic legend that is Finnish Sahti, the relatively new phenomenon of the New England hazy IPA, and why Australia's lower-strength beers are one of its great successes. With thousands of breweries now operating around the globe, and more opening every day, this is the expert guide to what is really worth drinking.

Country by country the book considers a vast range of brewing techniques, beer styles

and traditions. Detailed maps describe crucial trends in major territories and features such as matching beer with food and how to pour different kinds of beer complete the picture.

Now in a fully updated third edition, this book is the perfect companion to help you explore the best beers the world has to offer.

#### Praise for the second edition of World Atlas of Beer:

'Written with authority and wit... the perfect guide to the rapidly changing beer scene' - the *Guardian* 

#### **Contributor Bio**

**Tim Webb** began writing about better types of beer when most of what could be said had to be reported in the past tense. During six years on the board of the Campaign for Real Ale (CAMRA) he ran Britain's national beer festival and co-founded CAMRA's publishing company. He has written *Good Beer GuideBelgium* continuously since 1992 and has won awards for beer writing in four countries. In a career spanning over 40 years he has witnessed and chronicled the return of the craft of beer brewing, perhaps the most extraordinary consumer-led revolution of modern times.

**Stephen Beaumont** is recognized internationally as one of the leading writers on beer in the world today. He is the author or co-author of ten additional books about beer, including *The Beer & Food Companion*, and two editions of *The Pocket Beer Book*, and a contributor to many others. Through his 26 years of covering the global beer scene, Stephen has written literally hundreds of articles and columns for publications as diverse as *Whisky Advocate*, *Playboy* and the *Celebrator*, and hosted tastings, dinners and educational events around the globe, from Mexico City to Burton-on-Trent and Philadelphia to Beijing. He may be found online at beaumontdrinks.com and on Twitter at @BeaumontDrinks. When not travelling, he lives with his wife in Toronto, Canada.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

- Twitter\_Handle @BeaumontDrinks
- Full List of All US & Canadian Breweries Featured in World Atlas of Beer

#### Illustrations



# **Comp Titles**

The World Atlas of

Webb, Tim

Beer, Revised & Expanded		Epicure		1454922176	USD		
The World Atlas of Beer	Webb, Tim	Sterling Epicure	10/2/2012	9781402789618 1402789610	\$ \$30.00 USD	Hardcover with dust jacket	Cooking
Best Beers	Webb, Tim	Mitchell Beazley	11/7/2017	9781784723903 1784723908	\$ \$14.99 USD	Flexibound	Cooking
Will Travel for Beer	Beaumont, Stephen	Mitchell Beazley	5/1/2018	9781784723200 1784723207	) \$19.99 USD	Hardcover	Cooking
Stuff Every Beer Snol Should Know	<sup>0</sup> Goldstein, Eller	n Quirk Books	2/6/2018	9781594749834 1594749833	\$9.95 USD	Hardcover	Cooking
The Guide to Craft Beer	Publications, Brewers	Brewers Publications	8/6/2019	9781938469541 1938469542	\$12.95 USD	Trade Paperback	Cooking
The Craft Beer Dictionary	Croasdale, Richard	Mitchell Beazley	10/2/2018	9781784723880 1784723886	) \$20.00 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

**Subrights** No subrights have been specified.



Mitchell Beazley 9781784727406 1784727407 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OHC Hardcover

224 Pages Carton Qty: 22 Print Run: 15K Cooking / Beverages CKB088000 8.4 in H | 6.1 in W | 1 in T | 1.3 lb Wt

Status: FORTHCOMING

Related Products

**Ebooks** 9781784727888

# The Atlas of Bourbon and American Whiskey A Journey Through the Spirit of America

Eric Zandona

#### **Key Selling Points**

- Follows on from the success of The Bourbon Bible, also by Eric Zandona, which has sold 13,000 copies in the US
- Bourbon continues to rise in popularity. Spirits sales have been soaring in 2020, but bourbon has seen the biggest sales increase of all spirits in the US
- Bourbon production is currently at its highest levels in 50 years, up 115% in the last five years

#### Summary

A stylish region-by-region guide to American whiskey, by the author of *The Bourbon Bible* 

Take a journey through American whiskey, with spirits specialist Eric Zandona.

Eric Zandona - spirits expert at the American Distilling Institute - leads a regionby-region tour of the unique flavors and stories of American whiskey, from Kentucky's bourbon heartland to New York's Empire Rye revolution.

With chapters telling the story of each key whiskey-producing region, plus profiles of notable distilleries and a flavor guide for their most interesting whiskeys, you'll learn all there is to know about the only true American spirit.

Includes:

- Maps, facts, historical information
- Regional guides to American bourbon, rye, single malt and more
- Profiles of key distilleries & their must-try whiskeys
- Cocktail recipes for every region

### **Contributor Bio**

**Eric Zandona** is Director of Spirits Information at the American Distilling Institute, a spirits judge at the prestigious International Wine & Spirit Competition, staff writer at *Distiller* magazine and author of two previous books, *The Bourbon Bible* and *The Tequila Dictionary*. He lives in Vancouver, Washington.

# Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• List of profiled distilleries featured in The Atlas of Bourbon & Whiskey

#### **Illustrations**



# **Comp Titles**

The Bourbon Bible	Zandona, Erio	c Mitchell Beazley	5/1/2018	9781784724573 \$19 1784724572 USI		Hardcover Cooking
The Tequila Dictionary	Zandona, Erio	c Mitchell Beazley	4/9/2019	9781784725471 \$20 1784725471 USI		Hardcover Cooking
The Complete Whiskey Course	<sup>,</sup> Robinson, Robin	Sterling Epicure	10/1/2019	9781454921226 \$27 1454921226 USI	7.95 D	Hardcover Cooking
Little Book of Whiskey	Balslev, Lynda	Andrews McMeel Publishing	10/1/2019	9781524850999 \$9. 1524850993 USI	99 D	Hardcover Cooking
The Way of Whisky	Broom, Dave	Mitchell Beazley	11/7/2017	9781784721428 \$50 1784721425 USI	D.00 D	Hardcover Cooking
Whisky Cocktails	Hamlyn	Hamlyn	5/7/2019	9780753733318 \$12 0753733315 USI		Hardcover Cooking

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# **Subrights**



Cassell 9781788403375 1788403371 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$39.99/\$43.99 Can./£30.00 UK Discount Code: OHC Hardcover

192 Pages Print Run: 10K Music / Genres & Styles MUS019000

10.6 in H | 8.6 in W Status:**FORTHCOMING** 

# **Codex Metallum**

The Secret Art of Metal - The Hidden Meanings Behind Metal's Greatest Album Covers

Maxwell, Alt236

#### Summary

# A sumptuous, illustrated guide to the symbolism of heavy metal, told through 300 of its greatest album covers

More than any other genre of music, metal is steeped in a rich world of symbolism. From death and the devil to mythology and fantasy, its record covers are awash with iconography that carries a complex deeper meaning.

In *Codex Metallum*, more than 80 of these visual themes are explored and explained, accompanied by 300 of metal's most incredible album covers, including Slipknot, Marilyn Manson, Motörhead, Black Sabbath, Rammstein and more. With bespoke illustrations from Rammstein collaborators Førtifem, this unique guide decodes the genre's imagery, ranging from serpents and demons to sigils, castles, zombies, dragons and more.

Packaged in a stunning leather-effect case with foil finishes, *Codex Metallum* is a beautiful object in its own right, and essential reading for any metalhead.

### **Contributor Bio**

Maxwell is a metal journalist, Youtuber and former presenter of Hellfest TV.

**Alt236** is a Youtuber with 180k subscribers – his videos decoding the visual symbols of the paranormal garner upwards of 500k views.

Together, Maxwell and Alt236 directed the documentary The Art of Metal.

### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

BLAD low res

### **Illustrations**





# **Comp Titles**

Rust in	Mustaine,	Hachette	9/8/2020	9780306846021 \$28.00	Biography &
Peace	Dave	Books		0306846020 USD	Autobiography
Confess	Halford, Rob	Hachette Books	9/29/2020	9780306874949 \$30.00 0306874946 USD	Biography & Autobiography

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# **Subrights**



Aster

9781783254422 1783254424 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$17.99/\$19.99 Can./£14.99 UK Discount Code: OHC Hardcover

336 Pages Carton Qty: 14 Print Run: 6K Body, Mind & Spirit / Divination OCC024000 7.3 in H | 5.4 in W | 1.2 in T | 0.8 Ib Wt Status:**FORTHCOMING** 

Related Products

Ebooks

9781783254521

# The Numinous Tarot Guide

**A new way to read the cards** The Numinous, Rashunda Tramble

# **Key Selling Points**

- Tarot, like all core MBS subjects, is experiencing a resurgence in popularity, especially amongst millenials
- The Numinous have a combined following of over 100k
- The Numinous platform Instagram: 95.3K, Facebook: 14.5K, Newsletter: 31K 70% US

#### **Summary**

#### A 'Now-Age' guide to mastering the art of Tarot

*The Numinous Tarot Guide* is an interactive, self-study guide that unlocks the meaning of the cards in an instant - and in a way that is deeply personal to every reader of every level. Designed to be used with any deck, a reading for each of the 78 cards offers a modern, evolved interpretation of the card's meaning, *along with prompts and journal exercises*, to help guide the reader into a space of deep reflection.

The traditional way to interact with the Tarot is to ask a question and then pull a card to divine the 'answer'-this guide instead offers the invitation to choose a card first, and then use it as a portal to a deeper level of self-enquiry, using the power of story to help discover why you think the way you think, and do the things you do.

*The Numinous Tarot Guide* offers both a complete compendium of practical Tarot knowledge, and a treasured space for personal reflection. Including insights into the symbolism, mythology and the real-life relevance of each card, it is an indispensable tool for anybody invested in forging a deeper relationship with their favourite deck, as well as an ideal gift for mystical mavens, self-help fans and Tarot readers everywhere.

### **Contributor Bio**

**The Numinous** is a popular platform for the cosmically curious. It publishes a weekly astro readings, tarot readings alongside a podcast, retreats and live events. Ruby Warrington is the creator of The Numinous and is a British writer, author and thought-leader currently located in NYC. Formerly Features Editor on the *Sunday Times* style supplement, she is also the co-founder of 'sober curious' events series Club SÖDA NYC. Her first book was *Material Girl, Mystical World: The Now Age Guide to a High Vibe Life* and her second, *Sober Curious: The Blissful Sleep, Laser Focus, Limitless Presence, and Deep Connection Awaiting Us All on the Other Side of Alcohol*, was published in 2019 by HarperCollins.

**Rashunda Tramble** is a writer and Tarot reader originally from Memphis, Tennessee now living in Zurich, Switzerland. She has a BA in Film and an MA in Creative Media Practice. She is also a member of Mensa and a certified Reiki III practitioner. She has worked in radio and television in the US, and marketing and communications (art, luxury and finance) in Europe. Having worked with the Tarot for over 20 years, she offers professional readings under the moniker Stay Woke Tarot. As of August 2020, she will be official "reader in residence" for The Numinous, offering weekly Tarotscope videos to our newsletter subscriber base.

The-Numinous.com Instagram.com/the\_numinous Facebook.com/thenuminouspublishing

# **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• <u>Author\_Website</u>

# **Comp Titles**

The Numinous Cosmic Year	The Numinous	Aster	11/2/2021	9781783254330 1783254335	\$17.99 USD	Hardcover	Body, Mind & Spirit
Tarot for Beginners	Hayertz, Meg	Althea Press	5/1/2018	9781623159658 1623159652	\$16.99 USD	Trade Paperback	Body, Mind & Spirit
How to Read Tarot	Wiggan, Jessica	Althea Press	8/27/2019	9781641524391 1641524391	\$15.99 USD	Trade Paperback	Body, Mind & Spirit
The Little Book Of Tarot	Chown, Xanna Eve	Summersdale	e 8/6/2019	9781786857989 1786857987	\$9.99 USD	Paperback	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

### **Subrights**



Aster 9781783254330 1783254335 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$17.99/\$19.99 Can./£14.99 UK Discount Code: OHC Hardcover

304 Pages Carton Qty: 16 Print Run: 10K Body, Mind & Spirit / Astrology OCC002000

7.1 in H | 5.2 in W | 1 in T | 0.7 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781783254347

# The Numinous Cosmic Year Your Astrological Almanac

The Numinous, Bess Matassa

# **Key Selling Points**

- A book for fans of mega astro apps including The Pattern and Co-Star In the bestselling tradition of *The Almanac* by Lia Leendertz
- The surge in popularity for astrology among millennials in particular
- The Numinous platform Instagram: 95.3K, Facebook: 14.5K, Newsletter: 31K 70% US

#### Summary

#### A 'Now-Age' guide to 2022 for the cosmically curious

Your total guide to the astrology of 2022, *The Numinous Cosmic Year* is part astro planner, part cosmic almanac. A guide to both the shifting astrological currents and the influence of the celestial bodies on our daily lives, this interactive monthly planner will unlock the language of astrology and help you map your path forwards and within.

As well as a complete astrological overview of what's in store for 2022 and detailed instructions for how to use the book, discover what each month has in store for your sun sign, the key astrological dates for each month, which elements to work with, and journal prompts to ignite your inner journey. Flow with the waxing and waning of the moon, get ahead of each planet's retrograde phase, and plan your year in accordance with the movements of the stars.

# **Contributor Bio**

**The Numinous** is a popular platform for the cosmically curious. It publishes a weekly astro readings, tarot readings alongside a podcast, retreats and live events. Ruby Warrington is the creator of The Numinous and is a British writer, author and thought-leader currently located in NYC. Formerly Features Editor on the *Sunday Times* style supplement, she is also the co-founder of 'sober curious' events series Club SÖDA NYC. Her first book was *Material Girl, Mystical World: The Now Age Guide to a High Vibe Life* and her second, *Sober Curious: The Blissful Sleep, Laser Focus, Limitless Presence, and Deep Connection Awaiting Us All on the Other Side of Alcohol*, was published in 2019 by HarperCollins.

**Bess Matassa** is a New York-based astrologer and tarot reader. She is the co-author of *The Numinous Astro Deck* (Sterling, 2019), the author of *Zodiac Signs: Leo* and *Virgo* (Sterling, 2020), and has been a cosmic consultant for platforms and institutions including *Teen Vogue*, Almay cosmetics, and the Rubin Museum of Art. Bess serves up mystical self-inquiry with a side of play, poetry, and pop music, harnessing the language of the cosmos to bring us deeper into the vivid world that surrounds us and the luscious, lovable selves we already are.

The-Numinous.com Instagram.com/the\_numinous Facebook.com/thenuminouspublishing

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

### Links

<u>Author\_Website</u>

# Illustrations



# **Comp Titles**

The Numinous Astro Deck	Warrington, Ruby	Sterling Ethos	6/4/2019	9781454933410 1454933410	USD	Kit	Body, Mind & Spirit
The Spirit Almanac	: Loewe, Emma	TarcherPerigee	10/16/2018	9780143132714 0143132717	\$25.00 USD	Hardcover	Body, Mind & Spirit
Lunar Abundance	Spencer, Ezzie	Running Press Adult	3/6/2018	9780762463572 0762463570	\$22.99 USD	Paperback	Body, Mind & Spirit

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# Subrights



Mitchell Beazley

9781784727833 1784727830 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$19.99/\$21.99 Can./£15.99 UK/€20.00 DE Discount Code: OHC Hardcover

224 Pages Carton Qty: 18 Print Run: 15K Cooking / Beverages CKB006000

8.6 in H | 6.4 in W | 1.2 in T | 1.6 lb Wt Status:**FORTHCOMING** 

# **Fever-Tree Easy Mixing**

More than 150 quick and delicious mixed drinks and cocktails Fever-Tree Limited

**Key Selling Points** 

- Fever-Tree The Art of Mixing has sold more than 200,000 copies worldwide
- Fever-Tree's biggest growth over the last 12-24 months has been in the US. The US is now over 50% of the business and is up 39% YTD

#### Summary

# A new super-speedy and easy collection of delicious mixed drinks from the world's leading premium mixer brand

150 cocktails and mixed drinks that you can make at home in no more than 3 minutes. This means simple ingredients, not too many of them, and things you will have in your cupboard and fridge without having to trawl the internet or specialty drinks aisles.

In a further twist, many recipes offer three variations - simple, sassy and sophisticated -so you can choose whether to go for the speediest when you are short of time, or the souped-up version when you are in the mood to experiment.

Chapters such as Mojitos and Mules offer brilliant spins on familiar classics, No-Low has lots of ideas for alcohol-free drinks and Pitcher Perfect is packed with easy recipes that you can batch and make in quantity to serve to a crowd.

All the simple, speedy and delicious ideas you would expect from the world's leading premium mixer brand.

#### **Contributor Bio**

**Fever-Tree** was founded in 2005 by Charles Rolls and Tim Warrillow. The business is founded on a simple premise: to restore taste to mixers by using the highest quality natural ingredients.

Following a "tonic tasting" on the US market, Charles Rolls - who built his reputation running Plymouth Gin - joined forces with Tim Warrillow, who had a background in luxury food marketing, to analyse the composition of mixers. They discovered that the majority of mixers are preserved with sodium benzoate or similar substances, while cheap orange aromatics such as decanal and artificial sweeteners (such as saccharin) are widespread.

And so started a 15-month journey, with days of research at the British Library into quinine sources from as far back as 1620 and many trips to find the purest strains of this key ingredient. Five iterations of the recipe were tasted before Charles and Tim were happy with the result and the first bottle of Fever-Tree Indian Tonic Water was produced in 2005. Fever-Tree mixers are now exported to more than 50 countries and in the UK and US they are sold in several leading supermarkets, as well as bars and restaurants worldwide. Continually recognised for the quality of their products, the brand has won numerous awards in the UK, US, Europe and even as far as Australia, including six Taste awards, the Queen's Award for Excellence, several Grocer Gold Awards and Best New Product at Tales of the Cocktail.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• <u>BLAD</u>

### Illustrations







# **Comp Titles**

Fever Tree: The Art of Mixing	f Fever Tree	Mitchell Beazley	10/3/2017 9781784721893 \$20.00 1784721891 USD Hardcover Cooking
How to Cocktail	America's Test Kitchen	America's Test Kitchen	10/8/2019 9781945256943 \$24.99 194525694X USD Hardcover Cooking
The Art of the Cocktail		Ilex Press	10/1/2019 9781781576564 \$12.99 1781576564 USD Hardcover Cooking
Gin Cocktails	Hamlyn	Hamlyn	4/2/2019 9780753733103 \$12.99 0753733102 USD Hardcover Cooking
Gin: How to Drink it	Broom, Dave	Mitchell Beazley	10/6/2020 9781784726638 \$19.99 178472663X USD Hardcover Cooking
Sip	Sipsmith	Mitchell Beazley	10/1/2019 9781784726225 \$19.99 1784726222 USD Hardcover Cooking

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# Subrights



Conran 9781840918229 1840918225 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$55.00/\$60.00 Can./£45.00 UK/€56.00 DE Discount Code: OHC Hardcover

240 Pages Carton Qty: 7 Print Run: 8K Cooking / Beverages CKB088000

13.6 in H | 10.3 in W | 1.3 in T | 5.2 lb Wt Status:**FORTHCOMING** 

# **Rare Whisky**

**Explore the World's Most Exquisite Spirits** Patrick Mahé

### **Key Selling Points**

- A stunning, upmarket package with an elegant design and slipcase, perfect for gifting
- A renowned author in the whisky world
- A stylish, giftable book on whisky, for the audience of *The World Atlas of Whisky* (37k copies sold in the US)

#### Summary

# A beautifully packaged look at the world's finest whiskies, with detailed photography of each bottle

*Rare Whisky* is a stylish exploration of the world's finest and rarest whiskies, exquisitely packaged in a hardback book with slipcase. This book looks at the most exceptional whiskies across the world, focusing on key producers such as Scotland, Ireland, the USA and Japan, as well as interesting rarities from the likes of India and Taiwan.

With beautiful photography of extremely rare bottles, from a breathtaking 1920s vintage sold at auction to the best offerings from recent years, *Rare Whisky* is essential reading for all whisky lovers.

### **Contributor Bio**

**Patrick Mahé** is a writer, journalist and former Editor-in-Chief of *Paris Match* magazine. He has written many books, including *Whisky Culture*, *Champagne Culture* and *Rum Culture*. He lives in France.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• <u>BLAD</u>

### Illustrations



Whisky: It's Not Rocket Science	Hamlyn	Hamlyn	5/5/2020	9780600636397 0600636399	\$24.99 USD	Hardcover Cooking
Rare Watches	Miquel, Paul	Conran	9/17/2019	9781840917833 1840917830	\$55.00 USD	Hardcover Design
101 Whiskies to Try Before You Die (Revised and Updated)	Buxton, Ian	Headline	11/12/2019	9781472258267 1472258266	\$19.99 USD	Hardcover Cooking
Whisky: The Manual	Broom, Dave	Mitchell Beazley	4/8/2014	9781845337551 1845337557	\$19.99 USD	Hardcover Cooking
The Whisky Dictionary	Wisniewski, Ian	Mitchell Beazley	10/1/2019	9781784725488 178472548X	\$20.00 USD	Hardcover Cooking
The World Atlas of Whisky	Broom, Dave	Mitchell Beazley	10/14/2014	9781845339425 1845339428	\$39.99 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

**Subrights** No subrights have been specified.



Pyramid 9780753734551 0753734559 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$12.99/\$14.99 Can./£10.00 UK Discount Code: OHC Hardcover

176 Pages Carton Qty: 40 Print Run: 8K Cooking / Beverages CKB088000

7.1 in H | 5.3 in W | 0.09 lb Wt Status:**FORTHCOMING** 

### Related Products

Ebooks

9780753734889

# The Gin Drinker's Year

**Drinking and Other Things to Do With Gin; Day by Day, Season by Season** Tara Richardson

#### Summary

### The gin drinker's essential guide to the best year ever

The Gin Drinker's Year is a day by day, season by season celebration of all things gin.

Inside you'll find an entry for every day of the year, including heartfelt tributes to Snoop Dogg's 'Gin and Juice', and the sozzled wit and wisdom of renowned gin soak Dorothy Parker. You'll also find the rules of Gin Pong and Ten-Gin Bowling, as well as delectable gin-spiked food recipes like Penne alla Gin or Gin and Tonic Sorbet, plus seasonal ways to amp up your gin cocktails.

You'll also discover fascinating snippets of gin-eral knowledge such as the history of vermouth, the Christmas gift that the beefeaters of the Tower of London are given every year, and why you most definitely should be celebrating National Gingerbread Day.

So let the festivities be-gin. This is every gin lover's handbook to the best year ever.

### **Contributor Bio**

**Pyramid** publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

# Illustrations



### **Comp Titles**

comp rides						
The Little Black Book of Gin Cocktails		Pyramid	9/3/2019	9780753733684 0753733684	\$9.99 USD	Hardcover Cooking
Gin: How to Drink it	Broom, Dave	Mitchell Beazley	10/6/2020	9781784726638 178472663X	\$19.99 USD	Hardcover Cooking
Sip	Sipsmith	Mitchell Beazley	10/1/2019	9781784726225 1784726222	\$19.99 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

**Subrights** 



What if the Beatles hadn't split up?

DANIEL RACHEL



# 

Cassell 9781788403207 1788403207 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC Hardcover

368 Pages Print Run: 10K Music / Genres & Styles MUS029000

9.3 in H | 6 in W Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781788403238

# Like Some Forgotten Dream

What if the Beatles hadn't split up? Daniel Rachel

#### **Key Selling Points**

- Books on the Beatles are popular *The Beatles: The Biography* has sold 165k copies via US TCM
- Daniel Rachel is author of several music books and winner of the prestigious Penderyn Book of the Year award

#### Summary

An award-winning music author takes a serious look at a playful question of pop history: what if the Beatles had created one more album?

\*\*\*

### This is the story of the great lost Beatles album.

The end of the Beatles wasn't inevitable. It came through miscommunication, misunderstandings and missed opportunities to reconcile.

But what if it didn't end? What if just one of those chances was taken, and the Beatles carried on? What if they made one last, great album?

In *Like Some Forgotten Dream*, Daniel Rachel - **winner of the prestigious Penderyn Music Book Prize** - looks at what could have been. Drawing on impeccable research, Rachel examines the Fab Four's untimely demise - and from the ashes compiles a track list for an imagined final album, pulling together unfinished demos, forgotten B-sides, hit solo songs, and arguing that together **they form the basis of a lost Beatles masterpiece**.

Compelling and convincing, *Like Some Forgotten Dream* is **a daring re-write of Beatles history**, and a tantalizing glimpse of what might have been.

### **Contributor Bio**

**Daniel Rachel** is a musician turned award-winning author. His previous books include *NME* and *Guardian* Book of the Year *Isle of Noises, Evening Standard* Book of the Year *Don't Look Back in Anger,* and *Walls Come Tumbling Down*, which was described as 'triumphant' by the *Guardian* and 'superlative...brilliant' by *Q magazine*, and was awarded the prestigious Penderyn Music Book Prize in 2017.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

### **Comp Titles**

150 Glimpses of the Beatles	Brown, Craig	Farrar, Straus and Giroux	10/13/2020	9780374109318 0374109311	\$ \$30.00 USD	Hardcover with dust jacket	Biography & Autobiography
The Beatles from A to Zed	Asher, Peter	Henry Holt and Co.	10/29/2019	9781250209597 1250209595	′ \$27.00 USD	Hardcover with dust jacket	Music
The Complete Beatles Recording Sessions	Lewisohn, Mark	Hamlyn	9/4/2018	9780600635611 0600635619	\$29.99 USD	Hardcover	Music

Crosby, Stills, Nasl	n Browne,	Da Capo	4/2/2019	978030690328	1 \$30.00	Hardcovor	Music
and Young	David	Press	4/2/2019	0306903288	USD	Halucover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

### **Subrights**



Cassell 9781788402729 1788402723 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$24.99/\$27.99 Can./£20.00 UK/€21.00 DE Discount Code: OHC Hardcover

400 Pages Carton Qty: 10 Print Run: 10K Music MUS000000

9.5 in H | 6.4 in W | 1.5 in T | 1.5 lb Wt

#### Status: FORTHCOMING

Related Products -Ebooks 9781788402743

# We Could Be

**Bowie and his Heroes** Tom Hagler, Tony Visconti

# **Key Selling Points**

- A distillation of some of the most engaging moments in Bowie's life, featuring a variety of other famous figures including Andy Warhol, John Lennon, Bob Dylan and Carrie Fisher
- Bowie's long-time producer Tony Visconti is the book's consultant editor and source of many of the anecdotes, offering a view from inside the star's inner circle
- Books on Bowie are perenially popular David Bowie IS has a US TCM of 15k and David Bowie: a Life has a US TCM of 11k. Bowie by O'Neill, also by Cassell, has sold 15k copies

#### Summary

300 vignettes telling the stories of Bowie's encounters with fellow icons, from Dylan to Dali, Lennon to Lydon

Bowie has been written about in just about every conceivable way - but never quite like this.

Tracing the star's encounters with fellow icons, *We Could Be* offers a new history of Bowie, collecting hundreds of short stories that together paint a portrait of humor, humility, compassion, tragedy and more.

He embarrasses himself in front of Lennon and Warhol. He saves the life of Nina Simone. He is hated by Bob Dylan. He teaches Michael Jackson the moonwalk. Individually astonishing, these stories build to reveal a new picture of Bowie, one which shows his vulnerability, his sense of humour, his inner diva.

Exhaustively researched from thousands of sources by BBC reporter and Bowie obsessive Tom Hagler, *We Could Be* is a history of Bowie unlike any you've seen before. Accompanied by integrated black and white photographs and stylish line illustrations, it is a fascinating, comic and compelling read.

# **Contributor Bio**

**Tom Hagler** is a presenter and reporter for BBC World Service radio. He has covered major events and interviewed some of the biggest names across politics, music and science, with a roll call as diverse as Joe Biden, Kofi Annan, Grandmaster Flash and Buzz Aldrin. He was previously a reporter for the *Sunday Telegraph* and *The Sunday Times*.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

# **Comp Titles**

David Bowie	Jones, Dylan	Crown	9/11/2018	9780451497840 0451497848	\$19.00 USD	Trade Paperback	Biography & Autobiography
Bowie's Bookshelf	O'Connell, John	Gallery Books	11/12/2019	9781982112547 1982112549	\$18.00 USD	Hardcover Paper over boards	Biography & Autobiography
David Bowie	Jones, Dylan	Crown Archetype	9/12/2017	9780451497833 045149783X	\$28.00 USD	Hardcover	Biography & Autobiography

David Bowie Is	Broackes, Victoria	V & A Publishing	4/16/2013	9781851777372 \$60.00 1851777377 USD	Hardcover	Music
Bowie by O'Neill	O'Neill, Terry	Cassell	9/3/2019	9781788401012 \$50.00 1788401018 USD	Hardcover	Music
A Portrait of Bowie	Hiatt, Brian	Cassell	4/4/2017	9781844039272 \$34.99 1844039277 USD	Hardcover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

# Subrights



Cassell 9781788403184 1788403185 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$20.00/\$22.00 Can./£15.00 UK Discount Code: OHC Hardcover

192 Pages Print Run: 8K Music / Genres & Styles MUS006000

9.3 in H | 6 in W Status:**FORTHCOMING** 

# Symphonies for the Soul

**Classical music to cure any ailment** Oliver Condy

**Key Selling Points** 

- The premise of *The Novel Cure* (14k copies sold via US TCM) with a classical music spin
- Smart, gifty classical music books have strong sales records, as seen in the success of *Year of Wonder* (16k copies sold via US TCM)

#### Summary

An A-Z of ailments - physical, mental and spiritual - and the classical music that will cure the body and soothe the soul

They say that music has charms to soothe a savage beast, but can it cure a broken heart?

Oliver Condy takes the role of musical diagnostician in *Symphonies for the Soul*, using his years of experience to prescribe classical music remedies for all manner of ailments. Whether you have been struck down with a case of the common cold, are suffering from burnout or reeling from a humiliation, there is a piece of classical music to restore you.

A beautifully-packaged gift book with more than 100 recommendations, as well as stories behind the pieces and composers selected.

### **Contributor Bio**

**Oliver Condy** is a magazine editor with 20 years of experience in music publishing. He is currently Editor of *BBC Music Magazine*, where he has overseen more than 200 issues.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

### **Comp Titles**

Year of Wonder	Burton-Hill, Clemency	Harper	10/30/2018	9780062856203 0062856200	3 \$25.99 USD	Hardcover	Music
The Novel Cure	Berthoud, Ella	Penguin Books	12/30/2014	9780143125938 0143125931	8 \$18.00 USD	Trade Paperback	Literary Criticism
Music	Gioia, Ted	Basic Books	10/15/2019	9781541644366 1541644360	5 \$35.00 USD	Hardcover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

### Subrights

#### Octopus Fall 2021 Frontlist



#### Aster 9781783253395 1783253398 Pub Date: 12/14/2021 On Sale Date: 12/14/2021 \$19.99/\$21.99 Can./£14.99 UK Hardcover

304 Pages Carton Qty: 16 Print Run: 20K Self-Help / Substance Abuse & Addictions SEL006000

8.6 in H | 5.4 in W | 1 in T | 0.9 lb Wt

#### Status: FORTHCOMING

Related Products

**Ebooks** 9781783254514

# Sunshine Warm Sober

**Unexpected sober joy that lasts** Catherine Gray

#### Summary

# The new book from Catherine Gray - icon of the Quit Lit movement and author of *The Unexpected Joy of Being Sober*

"Stone cold sober."

As the millions who choose to stay sober now know, the propaganda around drinking and sobriety is wonky. Sober doesn't feel stony, or cold.

Retired wreckhead Catherine Gray, author of surprise bestseller **The Unexpected Joy of Being Sober**, is now in her eighth sober year and has learned a damn sight more.

This hotly anticipated sequel enlists the help of experts and case studies, turning a curious, playful gaze onto provocative questions. Is alcohol a parenting aid? Why are booze and cocaine such a horse and carriage? Once an addict, always an addict? How do you feel safe - from alcohol, others and **yourself** - in sobriety?

Whether you're a dedicated boozehound, flirting with teetotalling, or already sober, this witty, gritty read may just change how you think about alcohol forever.

#### **Contributor Bio**

**Catherine Gray** is an award-winning writer and editor who has been featured in the *Guardian, Stylist,* the *Telegraph, Grazia, The Lancet Psychiatrist, Mr & Mrs Smith, BBC Earth, Women's Health, Stella, T2, Private Eye, Woman's Hour* and *BBC Breakfast.* Catherine's hit debut, *The Unexpected Joy of Being Sober,* was a *Sunday Times* top 10 bestseller. Since then she has published The Unexpected Joy of Being Sober Journal and the critically acclaimed *Unexpected Joy of Being Single* and *The Unexpected Joy of The Ordinary.* When she's not writing, Catherine can generally be found taking twenty (identical) pictures of the sunset, wondering why she's always the sweatiest person in yoga, fighting her 'spend it all!' financial urges, or scanning the body language of strangers to see if it's OK to pet their dog.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• <u>Twitter Handle - @cathgraywrites</u>

#### **Comp Titles**

The Unexpected Joy of Being Single	Gray, Catherine	Aster	1/15/2019	9781912023813 1912023814	\$12.99 USD	Paperback Family & Relationships
The Unexpected Joy of Being Sober	Gray, Catherine	Aster	12/18/2018	9781912023387 1912023385	' \$12.99 USD	Paperback Biography & Autobiography
Unexpected Joy of Being Sober Journal	Gray, Catherine	Aster	12/3/2019	9781783253081 1783253088	\$14.99 USD	Paperback Self-Help
The Unexpected Joy of the Ordinary	Gray, Catherine	Aster	3/3/2020	9781783253371 1783253371	\$19.99 USD	Hardcover Biography & Autobiography
Sober Curious	Warrington, Ruby	HarperOne	e 12/31/2018	9780062869036 0062869035	\$27.99 USD	Hardcover Health & Fitness

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### **Subrights**





MORE THAN 150 ESSENTIAL PHOTOGRAPHY QUESTIONS ANSWERED Chris Gatcum



Ilex Press 9781781578216 1781578214 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OPB Paperback

176 Pages Carton Qty: 10 Print Run: 5K Photography / Techniques PHO024000

9.3 in H | 7.6 in W | 0.5 in T | 1.2 lb Wt Status:**FORTHCOMING** 

# How Do I Photograph a Sunset?

More than 150 essential photography questions answered Chris Gatcum

**Key Selling Points** 

- Learn photography through a unique and intuitive question and answer format
- Chris Gatcum has authored other books for Ilex, including *Complete Photography*, *Creative Photography* and *Photography Beyond Auto*

#### Summary

Get the answers to the questions that are on every photographer's mind, as well as those they haven't thought of yet

How do we learn? We learn by asking questions. But what if we don't know what questions we should be asking?

Thanks to the digital revolution, photography has never been so popular, and whether you shoot on a phone or a top-spec DSLR or CSC camera, the urge to improve is relentless. In this book, author Chris Gatcum asks the questions that every photographer will have in mind at some point in their image-making journey, and then answers them in a clear, concise, straightforward and inspirational manner.

Laid out in intuitive sections, this book tackles the questions that are on every photographer's mind, as well as those that they haven't thought of yet. And with a clear progression through each chapter, from the simple to more complex, the book asks - and answers - questions to satisfy the complete novice as well as the advanced practitioner.

### **Contributor Bio**

**Chris Gatcum** has lived and breathed photography for over two decades, working as a pro photographer, journalist, specialist magazine and book editor, and best-selling author. A passionate advocate of experimental digital and traditional photography, he is as comfortable conducting technical camera tests as he is demystifying the art of photography for the rest of us.

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

### **Illustrations**



# **Comp Titles**

Wildlife Photography	Bernabe, Richard	Ilex Press	10/2/2018	9781781575123 \$29.99 1781575126 USD	Paperback	Photography
50 Paths to Creative Photography	Freeman, Michael	Ilex Press	4/30/2019	9781781576373 \$24.99 1781576378 USD	Paperback	Photography
The Photography Bible	e Freeman, Michael	Ilex Press	11/27/2018	9781781576236 \$19.99 1781576238 USD	Paperback	Photography
National Geographic Photo Basics	Sartore, Joel	National Geographic	11/12/2019	9781426219702 \$19.99 1426219709 USD	Paperback	Photography
The Beginner's Photography Guide	Gatcum, Chris	DK	4/15/2013	9781465408457 \$19.95 1465408452 USD	Trade Paperback	Photography
The Beginner's Photography Guide	Gatcum, Chris	DK	5/10/2016	9781465449665 \$19.95 1465449663 USD	Trade Paperback	Photography
#PHOTO52	Gatcum, Chris	Ilex Press	10/5/2021	9781781578506 \$24.99 1781578508 USD	Paperback	Photography
Complete Photography	Gatcum, Chris	Ilex Press	10/26/2021	9781781578537 \$24.99 1781578532 USD	Paperback	Photography
Beyond Auto	GATCUM CHRIS	Ilex Press	9/1/2015	9781781572665 \$14.99 1781572666 USD	Paperback	Photography
Complete Photography	Gatcum, Chris	Ilex Press	5/2/2017	9781781574065 \$24.99 1781574065 USD	Paperback	Photography

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# **Subrights**



52 weekly projects to make you a better photographer Chris Gateum



Ilex Press 9781781578506 1781578508 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OPB Paperback

176 Pages Carton Qty: 30 Print Run: 5K Photography PHO000000

9.3 in H | 7.5 in W | 0.7 in T | 1.2 lb Wt Status: FORTHCOMING

# **#PHOTO52**

A Year to Great Photography Chris Gatcum

**Key Selling Points** 

• Year-to-shoot projects are incredibly popular with the online photography community, and the title of this book makes it easily discoverable to anyone looking for this type of idea

#### Summary

Stay inspired with your photography throughout the year with 52 educational, informative and fun projects guaranteed to make you a better and more committed photographer

Featuring 52 unique project ideas, ranging from new shooting techniques, inspirational subject ideas and practical building exercises, this book keeps the reader shooting across the twelve months of a year. The projects are accessible to anyone with a camera and a modicum of practical skill and will give the reader a reason to pick up their cameras on a regular basis. Each project is accompanied with clear illustrations and photos to guide the reader from start to finish and build towards a fantastic body of work.

### **Contributor Bio**

**Chris Gatcum** has lived and breathed photography for over two decades, working as a pro photographer, journalist, specialist magazine and book editor, and best-selling author. A passionate advocate of experimental digital and traditional photography, he is as comfortable conducting technical camera tests as he is demystifying the art of photography for the rest of us.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

# Illustrations



# **Comp Titles**

The Passionate Photographer 2nd Ed	Simon, Steve	Ilex Press	5/7/2019	9781781576366 178157636X	5 \$29.99 USD	Hardcover	Photography
The Photography Ideas Book	Yabsley, Lorna	Ilex Press	10/29/2019	9781781576663 1781576661	3 \$14.99 USD	Paperback	Photography

50 Paths to Creative Photography	Freeman, Michael	Ilex Press	4/30/2019	9781781576373 \$24.99 1781576378 USD	Paperback	Photography
The Photographers Eye: A graphic Guide	Freeman, Michael	Ilex Press	9/3/2019	9781781577301 \$24.99 1781577307 USD	Paperback	Photography
The Photographer's Vision Remastered	Freeman, Michael	Ilex Press	4/2/2019	9781781576892 \$24.99 1781576890 USD	Paperback	Photography
The Beginner's Photography Guide	/ Gatcum, Chris	DK	4/15/2013	9781465408457 \$19.95 1465408452 USD	Trade Paperback	Photography
The Beginner's Photography Guide	/ Gatcum, Chris	DK	5/10/2016	9781465449665 \$19.95 1465449663 USD	Trade Paperback	Photography
Complete Photography	Gatcum, Chris	Ilex Press	5/2/2017	9781781574065 \$24.99 1781574065 USD	Paperback	Photography

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**Subrights** No subrights have been specified.



Kyle Books 9780857839794 0857839799 Pub Date: 10/26/2021 On Sale Date: 10/26/2021 \$22.99/\$24.99 Can./£18.99 UK Discount Code: OHC Hardcover

144 Pages Carton Qty: 5 Print Run: 15K Cooking / Courses & Dishes CKB009000

9.5 in H | 7.8 in W | 0.8 in T | 1.6 lb Wt Status:**FORTHCOMING** 

# 10-Minute Sourdough

Breadmaking for Real Life Vanessa Kimbell

### **Key Selling Points**

- Vanessa's first book on the subject, The Sourdough School, has sold in Germany, Italy, Croatia and Spain and reprinted numerous times in the UK and US
- Combined, Vanessa's previous books have sold more than 55k copies worldwide
- Lockdown has reignited interest in sourdough baking as people seek self-sufficiency.
- Vanessa runs The Sourdough School, which was voted the UK's number one cookery school by the *Evening Standard*, and attracts students from all over the world
- For fans of Vanessa's previous books *The Sourdough School* and *The Sourdough School Sweet Baking*, beginner sourdough bakers and those who would like to fit sourdough breadmaking into their busy daily routine

#### Summary

# A foolproof guide for people who think they don't have the time to make sourdough

Sourdough is one of the tastiest and most nutritious breads you can make - but it has a reputation for being both tricky and time-consuming. *10-Minute Sourdough* is Vanessa Kimbell's foolproof guide to making sourdough with just 10 minutes of hands-on work. It's perfect for those with busy lives who have neither the time nor the patience to knead, stretch, fold and shape.

From Olive, Feta & Rosemary Focaccia to Roasted Barley Malt Bagels, Carrot & Carraway Loaf and Caramel, Walnut & Banana Bread, none of the fuss-free, no-knead recipes requires more than 10 minutes' prep in total (not including time in the oven). Organized into seasonal chapters, with an additional chapter on breads for celebrations, they all follow one master timing plan and many of them can be baked in a pan.

'It is impossible to read this book without wanting to scuttle off into the kitchen.' - **Nigella Lawson** on *The Sourdough School Sweet Baking* 'Britain's queen of sourdough.' - *Telegraph* 

'She's the real deal: a total inspiration.' - Diana Henry

'Vanessa's work on sourdough and the gut microbiome is changing the way we think of food, health and baking.' - **Tim Spector**, author of *The Diet Myth* 

### **Contributor Bio**

**Vanessa Kimbell** runs The Sourdough School in Northamptonshire, where she teaches sourdough breadmaking and baking classes to students from around the world. A regular BBC radio journalist in the UK, she is a third generation baker of Italian descent and trained in several French bakeries.

Instagram: @vanessakimbell (46.6k followers) @sourdoughschool (68.5k followers)

### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• Instagram

# Illustrations



# **Comp Titles**

The Sourdough School: Sweet Baking	Kimbell, Vanessa	Kyle Books	9/8/2020	9780857839091 \$29.99 0857839098 USD	Hardcover	Cooking
The Sourdough School	Hart, Richard	Kyle Books	9/4/2018	9781909487932 \$24.99 1909487937 USD	Hardcover	Cooking
Starter Sourdough	Pellegrinelli, Carroll	Rockridge Press	10/15/2019	9781641521642 \$15.99 1641521643 USD	Trade Paperback	Cooking
New World Sourdough	Ford, Bryan	Quarry Books	6/16/2020	9781631598708 \$27.99 1631598708 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

# **Subrights**



Kyle Books 9780857839466 0857839462 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OPB Paperback

176 Pages Carton Qty: 5 Print Run: 8K Cooking / Methods CKB070000 9.7 in H | 7.5 in W | 0.8 in T | 1.5 Ib Wt Status:**FORTHCOMING** 

**Related Products** 

**Ebooks** 9780857839985

# **Batch But Better**

3 Meals From 1: More Taste + Less Waste Lizzie Kamenetzky

### **Key Selling Points**

- By turning leftovers into deliciously different dishes, Lizzie Kamenetzky shows how to waste less food when cooking, benefitting both our purses and the environment
- Annual food waste in the US is estimated at more than \$161bn
- Google trends shows that worldwide searches for 'batch cooking' shot up in 2019
- For anyone who wants to be more economical in the kitchen in terms of time and money, and who also want to avoid food waste, versatile cooks who want to learn how to transform simple recipes into new and exciting dishes and anyone who wants to make the most out of the ingredients they have to hand

#### Summary

# Batch but not boring - delicious, clever ideas to save money and reduce waste by turning one meal into three

With the addition of just a few cupboard staples or a handful of fresh ingredients picked up on your way home, *Batch But Better* shows how easy it is to transform one meal into three - saving you time and money and reducing waste.

For every recipe cooked from scratch, Lizzie provides ideas for two more fuss-free dishes. Roast aubergine with tomatoes transforms into a pasta bake and mini calzones. A supper of lamb koftes becomes a comforting moussaka as well as spiced lamb and hummus wraps. Deliciously sticky short ribs cooked at the weekend give you a fresh and feisty Thai beef salad and Vietnamese summer rolls in the days after.

From vegetable-based dishes to fish, meat and also desserts, this book will not only help you save time in the kitchen, spend less and avoid waste, but also cook simple, good-for-you meals that you really want to eat.

### **Contributor Bio**

**Lizzie Kamenetzky** has a passion for simple, well-cooked food and inventive recipes, and for sharing her knowledge and skills. A former food editor for *delicious.* magazine, she is the author of *Winter Cabin Cooking* as well as two books for the Great British Bake Off.

# Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

# Illustrations





# **Comp Titles**

Cook When You Can,	Pessin,	Black Dog &	9/3/2019 9780762495085 \$24.99 Hardcover Pap	er Cooking
Eat When You Want	Caroline	Leventhal	0762495081 USD over boards	
Damn Delicious Meal	Rhee,	Grand Central	2/5/2019 9781538729427 \$30.00 Hardcover Pap	er Cooking
Prep	Chungah	Publishing	1538729423 USD over boards	

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights No subrights have been specified.

#### Octopus Fall 2021 Frontlist



Kyle Books 9780857839916 0857839918 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$12.99/\$14.99 Can./£10.00 UK Discount Code: OHC Hardcover

96 Pages Carton Qty: 40 Print Run: 6K Cooking / Courses & Dishes CKB014000

8.1 in H | 6.3 in W | 0.6 in T | 0.8 lb Wt Status:**FORTHCOMING** 

# **Vegan Mug Cakes**

**40 easy cakes to make in a microwave** Lottie Covell

#### Summary

#### Accessible, easy baking for everyone

How to make a vegan cake in a microwave, in less than 10 minutes, using simple ingredients you don't even have to weigh out, with no waste, no leftovers and little washing up.

Conventional cake making can be tricky as there is an exact science behind them. Failure to follow the recipe can have dramatic consequences. Mug cakes on the other hand are fun, quick fixes that you can enjoy as soon as you decide you want one. They're also perfect for one. Normally, they are made using an egg, which means they are unsuitable for vegans, but the 40 plant-based recipes here will range from classics such as gooey chocolate brownie mug cake, to a delicious peanut butter and lemon and blueberry mug cakes, all made using vegan-friendly ingredients.

#### **Contributor Bio**

**Lottie Covell** is a freelance food stylist and was previously Food and Lifestyle Editor for *delicious* magazine. She started working in recipe development and food styling after finishing her diploma course at Leith's School of Food and Wine. She wrote the recipes for *The Toblerone Cookbook*. Her clients include *Olive* Magazine, *Sainsbury's* Magazine and *BBC Good Food* Magazine.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

### Illustrations



# **Comp Titles**

Mug Cakes	s Sinclair, Mima	Kyle Books	9/1/2020	9780857839138 0857839136	\$12.99 USD	Hardcover	Cooking
Sweet + Salty	Yearwood, Lagusta	Da Capo Lifelong Books	9/24/2019	9780738235073 0738235075	\$30.00 USD	Hardcover Paper over boards	Cooking
Vegan Treats	Hollingsworth, Emma	Kyle Books	4/2/2019	9780857836311 0857836315	\$19.99 USD	Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

### **Subrights**

#### Octopus Fall 2021 Frontlist



# 

Kyle Books 9780857839787 0857839780 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$22.99/\$24.99 Can./£17.99 UK Discount Code: OHC Hardcover

176 Pages Carton Qty: 20 Print Run: 15K Cooking / Methods CKB004000 9.3 in H | 6.8 in W | 1 in T | 1.5 lb Wt

Status: FORTHCOMING

#### Related Products

**Ebooks** 9781914239014

# **One Tin Bakes Easy**

Foolproof cakes, traybakes, bars and bites from gluten-free to vegan and beyond

Edd Kimber

#### **Key Selling Points**

- The first winner of The Great British Bake Off
- Edd is a contributing editor to the world's biggest baking magazine, Bake from Scratch, which is based in the US, and is a brand ambassador for KitchenAid.
- Edd has over 40k Twitter followers and over 80k YouTube subscribers. He also has over 333k followers on Instagram and 35% of those are from the US
- He has partnered with many international brands for social media campaigns, including Guittard Chocolate, Pimm's, Jack Daniel's and Billington's

#### **Summary**

#### One tin + one book = even easier bakes.

One tin, 70 bakes - whether you want cookies or cakes, pastries or desserts, something fruity, chocolatey or nutty, baking just got even easier.

Every bake can be made in the 23 x 33cm (9 x 13in) tin used in the previous book, but Edd will also offer guidance on baking in an 20 x 20cm (8 x 8in) square tin as well as a loaf tin, making these perfectly simple bakes for everyone to try, whatever equipment they have to hand and whoever they are baking for.

You only need minimal skill to whip up something sensational - with ideas for bakes made in one-bowl or with 5-ingredients, as well as popular options for vegan and gluten-free treats. *One Tin Bakes Easy* is full of versatile, achievable and indulgent recipes to wow your friends and family and that you will want to bake time and time again.

#### Praise for One Tin Bakes:

'A dazzler of a baking book.' - **Dan Lepard** 'A brilliant idea for a book.' - **Nigella Lawson** 'This book is an absolute must-have for every home baker.' - **Joy Wilson** 'A terrifically clever idea.' - **Helen Goh** 

### **Contributor Bio**

**Edd Kimber** won the first series of *The Great British Bake Off* in 2010. He is the author of *The Boy who Bakes* (2011), *Say it with Cake* (2012), *Patisserie Made Simple* (2014) and the best-selling *One Tin Bakes* (2020). He has appeared on Sunday Brunch, Market Kitchen and Perfect, as well as the BBC Good Food Show and other shows around the country. He is a contributing editor to Bake from *Scratch* magazine, a go-to baking writer for *Olive* magazine, a baking teacher at Leith's School of Food and Wine, as well as a QVC presenter and a brand ambassador for KitchenAid and Nordicware. Edd has a popular blog www.theboywhobakes.com, where he shares his innovative baking recipes, which are always loved by his loyal following. @theboywhobakes

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

<u>Author\_Website</u>
### Illustrations



## **Comp Titles**

One Tin Bakes	Kimber, Edd	Kyle Books	9/1/2020	9780857838599 \$22.99 0857838598 USD	Hardcover Cooking
Patisserie Made Simple	Kimber, Edd	Kyle Books	10/7/2015	9781909487345 \$24.95 1909487341 USD	Hardcover Cooking
Simple Cake	Williams, Odette	Ten Speed Press	3/12/2019	9780399581427 \$23.00 0399581421 USD	Hardcover Cooking
The Great British Baking Show	Hollywood, Paul	Quercus	12/22/2020	9780751583052 \$30.00 0751583057 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

#### Octopus Fall 2021 Frontlist



Kyle Books 9780857839329 0857839322 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$29.99/\$32.99 Can./£25.00 UK Discount Code: OHC Hardcover

208 Pages Carton Qty: 5 Print Run: 6K Cooking / Regional & Ethnic CKB044000

10.2 in H | 8 in W | 0.09 lb Wt Status:**FORTHCOMING** 

### Tarkari

**Innovative Vegetarian and Vegan Indian Dishes with Heart and Soul** Rohit Ghai

#### **Key Selling Points**

- Indian food is enjoying a golden age as we start to understand its many regional cuisines
- Google trends shows that global searches for 'veggie curry recipe' and 'vegan curry' have been steadily increasing over the last five years

#### Summary

#### Vegetarian and Vegan Indian Recipes from a Michelin-starred chef

With food inspired by India's incredibly rich and varied food scene, Rohit Ghai has gained a reputation for colorful, flavor-rich curries that showcase both classic and lesser-known Indian flavors. *Tarkari*, meaning 'vegetable' in Urdu, is Rohit's first book and also celebrates this diverse heritage - but on a more personal note.

Packed with innovative vegetarian and vegan dishes, it pays homage to the food his parents ate. From creative starters like Malabar Cauliflower, to big, bold curries such as Jackfruit Masala and Lotus Root Kofta, as well as breads, rice, dips and pickles, it includes everything you need to cook truly spectacular Indian vegetarian and vegan meals at home.

'Rohit Ghai's backstory is the stuff of culinary legend.' - GQ

#### **Contributor Bio**

**Rohit Ghai's** love affair with food began in his mother's kitchen, in his native Punjab, India. He went on to study Indian cuisine at the Institute of Hotel Management in New Delhi, before perfecting his craft at esteemed hotel groups across the country. After moving to the UK, Rohit worked in and headed kitchens at some of London's leading Indian restaurants including Benares, Trishna, Gymkhana, Hoppers and most recently Jamavar and Bombay Bustle. Rohit is the first Indian chef to have won a Michelin star for Jamavar within ten months of the restaurant's opening. In 2018, he and Abhishake Sangwan (formerly Gymkhana and Jamavar) launched their first solo London restaurant, Kutir.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Illustrations





## **Comp Titles**

Chetna's Healthy Indian: Vegetarian	Makan, Chetna	Mitchell Beazley	6/30/2020	9781784726621 1784726621	\$29.99 USD	Hardcover	Cooking
Fresh India	Sodha, Meera	Flatiron Books	5/15/2018	9781250123831 1250123836	\$35.00 USD	Hardcover Paper over boards	Cooking
Vegetarian Indian Cooking with Your Instant Pot	Singh, Manali	Page Street Publishing	10/9/2018	9781624146459 1624146457	\$21.99 USD	Trade Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Kyle Books 9780857839565 085783956X Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$12.99/\$14.99 Can./£10.99 UK Discount Code: OHC Hardcover

272 Pages Carton Qty: 18 Print Run: 8K Cooking / Beverages CKB088000

7.2 in H | 4.3 in W | 1 in T | 0.6 lb Wt Status:**FORTHCOMING** 

Related Products — Ebooks 9781914239007

### The Thinking Drinkers Almanac Drinks For Every Day Of The Year

Tom Sandham, Ben McFarland

#### **Key Selling Points**

- They are in discussions to take their sell-out UK show, The Thinking Drinkers, to America. They are currently writing the next show for early 2021
- They host their own podcasts, including: It's the Drink Talking, Around the World in 80 Drinks and Pour de France
- The perfect drinks book packed full of knowledge and entertainment from two of the UK's leading drinks experts, writers and comedians

#### Summary

A humorous miscellany with stories and recipes relating to all types of drinks - from beer and wine, to cocktails and spirits - from all over the world

No matter what day of the year it is and regardless of the occasion, there is always a very good reason to enjoy a drink. Responsibly of course.

Aimed at discerning drinkers keen to broaden their booze horizons and those looking to become more adventurous in their elbow-bending, this enlightening and alternative almanac celebrates every day of the year with an appropriate alcoholic drink - featuring everything from Absinthe and Zinfandel to Martinis and Monastic beers.

It's a cocktail of cultural history, eccentric events, unlikely anniversaries, recipes and recommendations infused with all manner of 'interestingness", several dashes of drinking did-you-knows, fascinating facts, famous folk, unsung heroes, lesser-known legends from all walks of life and major weird, wonderful and well-known moments from our past.

#### **Contributor Bio**

**Ben McFarland** and **Tom Sandham** are award-winning alcohol experts and performers. Ben has been named Beer Writer of the Year on three occasions and has authored several award-winning books on beer including *World's Best Beers* (reissued in 2017 and published in 5 languages). Tom is the author of *World's Best Cocktails* and was named Spirits Communicator of the Year by the IWSC (International Wine and Spirits Competition). Their annual Thinking Drinkers shows have sold out at the Edinburgh Fringe since 2011. In 2019 the enjoyed a nationwide tour of more than 30 dates. They also host podcasts including the recent 'Pour de France'. Instagram @thinkingdrinkers 11.5k, Twitter @thinkingdrinks 8.4k followers.

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• <u>Twitter Handle - @thinkingdrinks</u>

#### Illustrations



#### **Comp Titles**

World's Best Beers	McFarland, Ben	Sterling Innovation	10/6/2009	9781402766947 1402766947	' \$29.95 USD	Hardcover with dust jacket	Cooking
World's Best Cocktails	Sandham, Tom	Fair Winds Press	10/1/2012	9781592335275 1592335276	\$28.00 USD	Hardcover	Cooking
The Drunken Botanist	Stewart, Amy	Algonquin Books	3/19/2013	9781616200466 1616200464	\$24.95 USD	Hardcover	Cooking
Booze & Vinyl	Darlington, André	Running Press Adult	4/17/2018	9780762463473 0762463473	\$25.00 USD	Hardcover Paper over boards	Cooking
Tequila Mockingbird	Federle, Tim	Running Press Adult	4/23/2013	9780762448654 0762448652	\$15.00 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



101 Ways to Boost Positivity and Self-Confidence

CAROLINE ROOPE

## 

Summersdale 9781787836648 1787836649 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

128 Pages Carton Qty: 5 Print Run: 6K Family & Relationships / Parenting FAM034000

6.9 in H | 5 in W | 0.6 in T | 0.5 lb Wt

Status: FORTHCOMING

## Help Your Child Feel Happier

**101 Ways to Boost Positivity and Self-Confidence** Caroline Roope

**Key Selling Points** 

- This book contains tips on how to communicate with your child, how to help your child foster a positive outlook and how to develop their self-confidence
- Includes mood-boosting tips and offers ways to help your child relax and find calm

#### Summary

# Containing 101 bite-sized tips, this approachable guide is the perfect resource for parents who want to help their children to be happy and self-confident

#### Seeing your child experience unhappiness is difficult for any parent.

With so many possible reasons for low mood, it can be challenging to know how best to support them. This guide will help you to communicate with your child and equip them with the tools to express themselves. Offering ideas for simple lifestyle tweaks, it will help you to help your child foster a more positive outlook and to build their resilience and self-confidence for life.

- Identify the source of your child's low mood
- Nurture a positive mindset
- Build self-confidence
- Learn mood-boosting activities
- Know when to seek support

#### **Contributor Bio**

**Caroline Roope** is a freelance writer, specializing in parenting and social history. She lives near Portsmouth with her husband, two children and two overly indulged cats.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

The Montessori Toddler	Davies, Simone	Workman Publishing Company	3/19/2019	9781523506897 152350689X	7 \$19.95 USD	Paperback - with flaps	Family & Relationships
Raising Good Humans	Clarke- Fields, Hunter	New Harbinger Publications	12/1/2019	9781684033881 1684033888	\$16.95 USD	Trade Paperback	Family & Relationships
Help Your Child Make Friends	O'Neill, Poppy	Summersdale	9/7/2021	9781787836655 1787836657	5 \$13.99 USD	Paperback	Family & Relationships
Freeing Your Child from Negative Thinking	Chansky, Tamar	Da Capo Lifelong Books	1/14/2020	9780738285955 0738285951	5 \$17.99 USD	Paperback	Family & Relationships
Help Your Child De-Stress	Vrint, Vicki	Summersdale	7/6/2021	9781787836730 1787836738	) \$13.99 USD	Paperback	Family & Relationships
101 Tips to Help Your Anxious Child	O'Neill, Poppy	Summersdale	10/6/2020	9781787835627 1787835626	′ \$13.99 USD	Paperback	Family & Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



101 Ways to Nurture Healthy and Happy Friendships

POPPY O'NEILL

## 

Summersdale 9781787836655 1787836657 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

128 Pages Carton Qty: 72 Print Run: 6K Family & Relationships / Parenting FAM034000 6.9 in H | 5 in W | 0.6 in T | 0.5 lb

Wt Status: FORTHCOMING

### **Help Your Child Make Friends**

**101 Ways to Nurture Healthy and Happy Friendships** Poppy O'Neill

#### Summary

Containing 101 bite-sized tips, this approachable guide is the perfect resource for parents who want to help their children be better equipped to form stronger friendships

#### Seeing your child struggle to make friends is difficult for any parent.

Friendships can be tricky, but help is at hand. This guide will help you teach your child what makes a healthy friendship, and equip them with the tools they need to build stronger bonds and feel more confident in making new friends. Offering ideas, information and simple tips that will help you talk to your child and teach them how to develop their social skills, this book will ensure they enjoy better friendships for life.

- Understand what makes a good friend
- Try some fun bonding activities
- Nurture positivity and empathy
- Deal with peer pressure and bullying
- Know when to seek support

#### **Contributor Bio**

**Poppy O'Neill** has written several books on mental well-being for children and adults, including Amazon bestsellers *Don't Worry, Be Happy* and *You're a Star*. She has an MA in Creative Writing from the University of Chichester, UK.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

The Montessori Toddler Davies, Simone

Workman Publishing Company

3/19/2019 9781523506897 \$19.95 Paperback - Family & 152350689X USD with flaps Relationships

Raising Good Humans	Clarke- Fields, Hunter	New Harbinger Publications	12/1/2019	9781684033881 \$16.95 1684033888 USD	Trade Paperback	Family & Relationships
Help Your Child Feel Happier	Roope, Caroline	Summersdale	10/12/2021	9781787836648 \$13.99 1787836649 USD	Paperback	Family & Relationships
Help Your Child De-Stress	Vrint, Vicki	Summersdale	7/6/2021	9781787836730 \$13.99 1787836738 USD	Paperback	Family & Relationships
101 Tips to Help Your Anxious Child	O'Neill, Poppy	Summersdale	10/6/2020	9781787835627 \$13.99 1787835626 USD	Paperback	Family & Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Summersdale 9781787839939 1787839931 Pub Date: 10/26/2021 On Sale Date: 10/26/2021 \$13.99/\$15.99 Can. Discount Code: OPB Other Merchandise

80 Pages Carton Qty: 64 Print Run: 5K Games & Activities / Card Games GAM002000 3.6 in H | 2.7 in W | 1.4 in T | 0.4 Ib Wt Status:**FORTHCOMING** 

## **Stress Less Cards**

**80 Tips and Affirmations to Help You Find Calm** Summersdale

#### **Key Selling Points**

- Small enough to carry in your pocket, this stunning deck of cards offers a creative and convenient way to practise self-care
- Each card features an uplifting affirmation and a simple, practical tip to induce calm
- A lovely gift for a friend or loved one, to help alleviate their daily stresses
- Similar Summersdale titles include: The Little Box of Calm (ISBN: 9781787836594), The Little Box of Mindfulness (ISBN: 9781787836587), The Little Box of Positivity (ISBN: 9781787833340)

#### Summary

## For a daily dose of calm, check out any one of these 80 cards, featuring uplifting affirmations and reassuring, practical advice

Includes: 80 cards

Assembly required? No

Batteries required? No

#### Pocket-sized peace of mind

Ease everyday stresses with this deck of beautiful cards. With practical tips and soothing affirmations, enjoy a sense of calm wherever the day takes you.

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations





### **Comp Titles**

She Believed She Could, So She Did Insight Cards (Deck of 50 Cards)	Peter Pauper Press, Inc	PETER PAUPER	8/1/2017	9781441324375 1441324372			
F*ck Stress	Martin, Alex	Summersdale	12/3/2019	9781787830097 1787830098	\$9.99 USD	Hardcover	Self-Help
Mindfulness Cards	Gunatillake, Rohan			9781452168364 1452168369			Non-Classifiable
Sh*t Happens	Summersdale	Summersdale	5/12/2020	9781787835153 1787835154	\$16.99 USD	Other Merchandise	Games & Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

#### Octopus Fall 2021 Frontlist



## 

Summersdale 9781787839823 1787839826 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$9.99/\$10.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 60 Print Run: 6K Reference / Quotations REF019000 5.4 in H | 4 in W | 0.9 in T | 0.5 lb Wt

#### Status: FORTHCOMING

## You Can Totally Do This

Wise Words and Affirmations to Inspire and Empower Summersdale

#### Summary

# A pocket-sized book with a contemporary design, packed with wise words and empowering affirmations

#### Life is tough, but so are you

This little book is brimming with encouraging quotes and uplifting affirmations to help you summon your inner strength. It's the perfect pick-me-up to remind you that, whatever life throws at you, you're totally capable of facing anything!

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

**Marketing Plans** 

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

A Year of Positive Thinking	Spiegel, Cyndie	Althea Press	12/11/2018	9781641522410 1641522410	\$17.99 USD	Trade Paperback	Self-Help
You Are Amazing	Summersdale	Summersdale	12/3/2019	9781786859808 1786859807	\$9.99 USD	Hardcover	Self-Help
Believe and Achieve	Naylor, Chris	Summersdale	9/3/2019	9781786859457 1786859459	\$11.99 USD	Hardcover	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Summersdale 9781787839342 1787839346 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$14.99/\$16.99 Can. Discount Code: OPB Paperback

160 Pages Carton Qty: 40 Print Run: 6K Self-Help SEL000000 8.3 in H | 5.9 in W | 0.7 in T | 0.7 Ib Wt Status:**FORTHCOMING** 

### How to Fall in Love With Yourself A Self-Acceptance Journal

Anna Barnes

#### **Key Selling Points**

- This journal contains actionable tips on boosting self-esteem and unleashing your true potential
- Will appeal to those who enjoyed *How toRelax*, which has sold over 13,000 copies
- A great gift for women of all ages but especially those embarking on a new career or a big life change

#### Summary

A journal to inspire and empower women to become the very best version of themselves

#### Let's celebrate YOU.

It's time to show yourself some love because, you know what, you are going to be spending your entire life as you.

Sometimes we lose sight of who we are and who we want to be, and what makes us special. This beautifully illustrated journal will help you to recognize and achieve your true potential. By engaging with the specially crafted tips and fill-in activities, you'll find the confidence to pursue your dreams and love the skin you're in

Take time to be kind, embrace your uniqueness and fall totally in love with yourself!

#### **Contributor Bio**

**Anna Barnes** has a longstanding interest in mindfulness and emotional well-being. She enjoys coastal walks and t'ai chi.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations





#### **Comp Titles**

Believe and Achieve	Naylor, Chris	Summersdale	9/3/2019	9781786859457 1786859459	\$11.99 USD	Hardcover	Self-Help
You Are Amazing	Summersdale	Summersdale	12/3/2019	9781786859808 1786859807	\$9.99 USD	Hardcover	Self-Help
The Self Love Journal	Marchand, Leslie	Rockridge Press	11/26/2019	9781641527651 164152765X	\$12.99 USD	Trade Paperback	Self-Help
True You	Vincent, Kelly	Rockridge Press	4/21/2020	9781646116331 164611633X	\$12.99 USD	Trade Paperback	Self-Help
Self-Care Check-In	n Hill, GG Renee	Rockridge Press	5/19/2020	9781646116607 1646116607	\$12.99 USD	Trade Paperback	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



**Embrace Your Flaws and Be Happy Being You** Cheryl Rickman

#### Summary

Filled with practical advice and kind words, this comprehensive guide will teach you to love yourself from the inside out

Have you ever experienced imposter syndrome? Do you often find yourself seeking approval from others? Is beating yourself up getting you down?

#### Then this book can help.

With thought-provoking advice, a step-by-step action plan and a simple method to challenge your inner critic, You Are Enough will help you embrace your flaws and celebrate your unique awesomeness. Let go of the myth of perfection, finally stop comparing yourself to others, and learn how to be happy with all that you are.

#### **Contributor Bio**

**Cheryl Rickman** is a *Sunday Times* bestselling author and ghostwriter of 23 self-help, well-being and business books. She is a qualified Positive Psychology Practitioner who specializes in writing empowering, practical books to help people fret less and flourish more. Cheryl also runs well-being retreats and delivers workshops on acceptance, balance and compassion – The ABC of Flourishing<sup>™</sup> – in the UK.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### **Illustrations**



#### **Comp Titles**

Good Vibes, Good Life	King, Vex	Hay House UK	12/4/2018	9781788171823 1788171829	\$16.99 USD	Trade Paperback	Self-Help
You Are Amazing	Summersdale	e Summersdale	12/3/2019	9781786859808 1786859807	\$9.99 USD	Hardcover	Self-Help
Believe and Achieve	Naylor, Chris	Summersdale	9/3/2019	9781786859457 1786859459	\$11.99 USD	Hardcover	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.



EMBRACE YOUR FLAWS AND BE HAPPY BEING YOU

CHERVL RICKMAN



Summersdale 9781800070028 1800070020 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$14.99/\$16.99 Can. Discount Code: OPB Paperback

160 Pages Carton Qty: 5 Print Run: 6K Self-Help SEL000000 8.3 in H | 5.9 in W | 0.7 in T | 0.7 Ib Wt Status:**FORTHCOMING** 

## You Can Do It

**Positive Quotes and Affirmations for Encouragement** Summersdale

#### Summary

#### A stylish book to motivate and inspire confidence in the reader

This empowering little book is brimming with inspirational quotations and uplifting statements to kick-start your positivity. It's the perfect boost to help you seize the day and make things happen - and remember, you can do it!

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Morning Affirmations	Williamson, Jennifer	Adams Media 12/25/2018	9781721400348 \$14.99 1721400346 USD	Hardcover Paper over boards	Self-Help
You Are Amazing	Summersdale	Summersdale 12/3/2019	9781786859808 \$9.99 1786859807 USD	Hardcover	Self-Help
Believe and Achieve	Naylor, Chris	Summersdale 9/3/2019	9781786859457 \$11.99 1786859459 USD	Hardcover	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

No subrights have been specified.



## 

Summersdale 9781786859440 1786859440 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$9.99/\$10.99 Can./£6.99 UK/€8.50 DE Discount Code: OHC Hardcover

160 Pages Carton Qty: 9 Print Run: 6K Self-Help / Motivational & Inspirational SEL021000

5.3 in H | 4 in W | 0.9 in T | 0.5 lb Wt

Status: FORTHCOMING

## **Believe in Yourself**

**Positive Quotes and Affirmations for a More Confident You** Summersdale

#### Summary

## A collection of quotations to inspire and empower the reader to become the very best version of themselves

This inspirational little book is packed with positive quotations to lift you up when you're feeling down. It's time to ward off any self-doubts that try to knock your confidence and start being the best and happiest version of yourself – because you deserve it!

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Morning Affirmations	Williamson, Jennifer	Adams Media 12/25/2018	9781721400348 \$14.99 1721400346 USD	Hardcover Paper over boards	Self-Help
Believe in Yourself	Summersdale	Summersdale 8/6/2019	9781786858030 \$9.99 1786858037 USD	Hardcover	Self-Help
Believe and Achieve	Naylor, Chris	Summersdale 9/3/2019	9781786859457 \$11.99 1786859459 USD	Hardcover	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

No subrights have been specified.

## BELIEVE IN YOURSELF.

## 

Summersdale 9781786859600 1786859602 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC Hardcover

160 Pages Carton Qty: 9 Print Run: 6K Self-Help / Motivational & Inspirational SEL021000 5.3 in H | 4 in W | 0.9 in T | 0.5 lb

5.3 in H | 4 in W | 0.9 in T | 0.5 ib Wt

Status: FORTHCOMING



Summersdale 9781800070134 1800070136 Pub Date: 12/7/2021 On Sale Date: 12/7/2021 \$16.99/\$18.99 Can. Discount Code: OPB Other Merchandise

52 Pages Carton Qty: 9 Print Run: 6K Ages 5 to 11, Grades K to 6 Juvenile Nonfiction / Social Topics JNF053160

6.6 in H | 4.5 in W | 1.6 in T | 0.8 lb Wt Status: FORTHCOMING

## 52 Reasons Why I'm Great

Positive Af?rmations to Boost Your Child's Con?dence and Self-Esteem Summersdale

#### Summary

Containing 52 striking cards, this collection of empowering affirmations is perfect for parents looking to help their children recognize their inner brilliance

#### See them shine

Remind your child how awesome they are with this deck of 52 uplifting cards, here to help their self-belief soar. Each colourful design features a powerful affirmation that will boost confidence and nurture self-worth, adding an extra dose of happiness to each and every day.

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

A Year of Self-Love Richardson, Page-A-Day Tanya Carroll Calendar 2021

Workman Company

Publishing

9781523511389 \$15.99 Day by Day 8/11/2020 Self-Help 1523511389 USD Calendar

The Self Love Journal	Marchand, Leslie	Rockridge Press	11/26/2019	9781641527651 164152765X	\$12.99 USD	Trade Paperback	Self-Help
2021 Instant Happy Notes Boxed Calendar	Sourcebooks	Sourcebooks	7/1/2020	9781728206417 1728206413	' \$14.99 USD	Day by Day Calendar	Self-Help
The Little Box of Positivity	Summersdale	Summersdale	5/12/2020	9781787833340 1787833348	) \$16.99 USD	Other Merchandise	Games & Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Summersdale 9781787836938 1787836932 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

352 Pages Carton Qty: 5 Print Run: 6K Travel / Essays & Travelogues TRV010000 7.9 in H | 5.1 in W | 0.8 in T | 0.6 Ib Wt Status:**FORTHCOMING** 

## Adventureman: Running America

A Glimmer of Hope - 5,500 Miles Across the USA Jamie McDonald

#### Summary

An inspirational travel book about a solo and unsupported run across America, by a man who was told when he was young that he may never walk again

In 2018, Jamie McDonald embarked on his greatest adventure yet: running 5,500 miles (the equivalent of 210 marathons), solo and unsupported, coast to coast across America. An impressive feat for anyone, let alone someone who was told as a sick child that they might never walk again.

Running through 21 states, Jamie battled 120-degree heat in desolate deserts, dodged rattlesnakes and mountain lions, had several near-death encounters and suffered an injury that left him no choice but to run 300 miles barefoot. Oh, and he did it all dressed in his superhero suit as his alter ego, Adventureman, running to raise funds for sick children.

Though his journey was mentally and physically exhausting, America gave him the surprise of a lifetime, and the heart-warming kindness and generosity he encountered along the way gave him that glimmer of hope he needed to persevere against all odds. And as if that wasn't enough, Jamie then took on one of his most demanding challenges to date – one which would require him to dig deep to find the secret of resilience, as he attempted to smash one of the toughest world records on the planet.

#### **Contributor Bio**

**Jamie McDonald** is a world-record-holding adventurer, author, motivational speaker and founder of Superhero Foundation. He was the first person in history to run the 5,000 miles from the Atlantic to the Pacific coast without the aid of a support crew, raising more than £250,000 for sick children in Canada and the UK. He lives in Gloucester, UK, and was voted one of *The Independent*'s top 100 happiest people in the UK.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### **Comp Titles**

Life Is a Marathon	Fitzgerald, Matt	Da Capo Lifelong Books	3/26/2019	9780738284774 0738284777	\$27.00 USD	Hardcover	Sports & Recreation
Adventureman	Jamie	Summersdale	9/1/2017	9781849539692 1849539693	\$15.95 USD	Trade Paperback	Sports & Recreation
North	Jurek, Jenny	, Little, Brown Spark	4/9/2019	9780316433808 0316433802	\$17.99 USD	Paperback	Biography & Autobiography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

#### Octopus Fall 2021 Frontlist



## 

Summersdale 9781786857965 1786857960 Pub Date: 11/2/2021On Sale Date: 11/2/2021\$9.99/\$10.99 Can./£6.99 UK/€8.50 EU/€8.50 DE Discount Code: OHC Hardcover

160 Pages Carton Qty: 9 Print Run: 10K Cooking / Beverages CKB088000 5.3 in H | 4 in W | 0.9 in T | 0.5 lb Wt

Status: FORTHCOMING

## The Little Book of Whiskey

The Perfect Gift for Lovers of the Water of Life Tom Hay

#### Summary

A stylishly designed gift book to celebrate all things whiskey, with recipes, quotes, history and trivia. The perfect gift for whiskey lovers

#### Scotch or Irish? Bourbon or rye?

However you like your whiskey, this book is a masterful blend of history, terminology, tips and memorable quips. Topped up with dozens of recipes to suit any whiskey lover's palate – from classic cocktails to Scotch-imbued fudge and smoky bourbon glaze – this neat little miscellany will deepen your appreciation of this superlative spirit

#### **Contributor Bio**

**Tom Hay** is a writer and tree surgeon with a passion for spirits and sailing. His ideal day would be spent on a distillery tour in the Highlands, followed by a cosy evening by a roaring fire with a wee dram on the rocks. He lives with his wife and two rescue greyhounds.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

The Complete Whiskey Course	Robinson, Robin	Sterling Epicure	10/1/2019	9781454921226 1454921226	\$27.95 USD	Hardcover Cooking
The Little Black Book of Classic Cocktails		Pyramid	9/3/2019	9780753733325 0753733323	\$9.99 USD	Hardcover Cooking
Whisky Cocktails	Hamlyn	Hamlyn	5/7/2019	9780753733318 0753733315	\$12.99 USD	Hardcover Cooking

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Subrights

Octopus Fall 2021 Frontlist



Summersdale 9781787839953 1787839958 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$8.99/\$9.99 Can. Discount Code: OPB Paperback

96 Pages Carton Qty: 68 Print Run: 6K Humor HUM000000

8.1 in H | 6.3 in W | 0.5 in T | 0.4 lb Wt Status:**FORTHCOMING** 

## Keep F\*cking Calm and Color On

Summersdale

#### Summary

## A coloring book for adults, stuffed with amusing swear words and soothing patterns

When the pressure's on, lessen your stress and let your creativity loose – along with a volley of swear words! The calming patterns and intricate designs in this coloring book are adorned with amusing obscenities to keep your hands busy, your mind occupied and your feet on the f\*cking ground. Color the cr\*p out of it!

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Fuck Off, Coronavirus, I'm Coloring	Dare You Stamp Co.	Appleseed Press Book Publishers LLC	3/24/2020 978 1604	81604641912 04641916	
Color Your Own Avengers: Earth's Mightiest Heroes	Artists, Various	Marvel		81302915360 \$9.99 02915363 USD	Games & Paperback Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### Subrights

I

LOVE

YOU

### I Love You

Romantic Quotes for the One You Love Summersdale

#### Summary

# A stylishly designed gift book celebrating love, with a selection of the most beautiful and heartfelt quotations ever – the perfect gift to show someone how much you love them

Love can leave you speechless. So let this collection of tender, starry-eyed and passionate quotations do the talking. It's a beautifully eloquent expression of the power of love, and the perfect gift for the one who has captured your heart.

#### **Contributor Bio**

Founded in 1990, **Summersdale** is a vibrant publisher that puts its heart and soul into creating exceptional books. They swiftly respond to emerging technology and trends, provide entertaining, informative and innovative content in the genres of travel writing, general non-fiction, health and well-being, and gift and humour.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

A Couple's Love Journal	Davis, Lori Ann	Rockridge Press	11/5/2019	9781641529037 1641529032	\$16.99 USD	Trade Paperback	Family & Relationships
Our Love Story Journal	Kusi, Ashley	Our Peaceful Family	1/18/2019	9781949781045 1949781046			
I Love You	Summersdale	Summersdale	12/29/2020	9781787835801 1787835804	\$9.99 USD	Hardcover	Humor
I F*cking Love You	Summersdale	Summersdale	5/7/2019	9781786857491 1786857499	\$9.99 USD	Paperback	Family & Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

No subrights have been specified.

## 

Summersdale 9781800070257 180007025X Pub Date: 12/7/2021 On Sale Date: 12/7/2021 \$9.99/\$10.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 20 Print Run: 6K Reference / Quotations REF019000 5.4 in H | 4 in W | 0.9 in T | 0.5 lb Wt

Status: FORTHCOMING



Summersdale 9781787839861 1787839869 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

256 Pages Print Run: 6K Biography & Autobiography / Personal Memoirs BIO026000

8 in H | 5 in W Status:**FORTHCOMING** 

### My Rescue Pet Rescued Me

Amazing true stories of adopted Animal Heroes Sharon Ward Keeble

#### Summary

A heart-warming collection of true stories exploring the bonds formed between people and pets in times of trouble

## Meet the inspirational animals who went from being rescued to becoming rescuer in these incredible true stories

You'll read all about ...

- Constantine and Crystal, the guinea pigs who gave a bullied girl with autism a reason to smile
- Alex, the tiger who inspired a homeless drug addict to get her life back on track
- Angel, the horse who helped her owner to lose weight and regain her confidence
- Daniel, the duck who was rescued from a food market and succeeded in soothing his owner's PTSD

... as well as many other animal heroes who came to their owner's aid – whether it was helping them to recover from mental illness, relationship breakdown or bereavement.

These remarkable creatures all repaid the love and appreciation that their human companions displayed in caring for them. Let these uplifting stories warm your heart, and show you that adopted animals can heal our pain and transform our lives.

#### **Contributor Bio**

**Sharon Ward Keeble** is a journalist with more than 30 years' experience of international reporting for major women's magazines and news sites in the UK, USA and Australia, including *Closer, Bella, Take a Break*, the *Daily Mail, That's Life* and *New Idea*. She is the author of *My Rescue Dog Rescued Me* and the memoir *China: Passport to Adventure* as well as the co-author of *The Horse Girl*. She is based in Florida with her own pets – four dogs and a Hemingway cat named Ernest.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### **Comp Titles**

My Life Among the Underdogs	Torres, Tia	William Morrow	1/15/2019	9780062419798 \$26.99 006241979X USD	Hardcover Pets
Nala's World	Nicholson, Dean	Grand Central Publishing	9/29/2020	9781538718780 \$27.00 1538718782 USD	Hardcover Pets
Mutual Rescue	Novello, Carol	Grand Central Publishing	4/9/2019	9781538713532 \$28.00 1538713535 USD	Hardcover Pets
Barrie	Laidlaw, Sean	Coronet	11/24/2020	9781529380682 \$17.99 1529380685 USD	Paperback Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Summersdale 9781800070059 1800070055 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 9 Print Run: 6K Body, Mind & Spirit / Nature Therapy OCC043000

6.2 in H | 4.7 in W | 0.6 in T | 0.4 lb Wt Status:**FORTHCOMING** 

## Animal Wisdom

Nature's Guide to a Happy Life Sam Hart

#### Summary

This book of bite-sized wellbeing advice inspired by the animal kingdom, including bespoke illustrations, is the perfect small gift for an animal lover

#### Self-care gone wild

Slow down like a sloth, stretch like a cat, breathe deep like a whale and have the confidence of a lion. When life gets you down, lift your spirits with these tiny tips and helpful hints from our friends in the animal kingdom.

#### **Contributor Bio**

**Sam Hart** studies meditation and mindfulness in tandem with a demanding job at an animal rescue centre based in Buckinghamshire.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Cat Yoga	Hart, Sam	Summersdale	5/12/2020	9781787832466 \$10.99 1787832465 USD	Hardcover Humor
Yoga With Your Cat	Hart, Sam	Summersdale	8/3/2021	9781787836457 \$9.99 1787836452 USD	Hardcover Health & Fitness
Mindfulness for Dog	s Hart, Sam	Summersdale	10/1/2016	9781849537810 \$12.95 184953781X USD	Hardcover Humor
Mindfulness for Cats	Hart, Sam	Summersdale	10/1/2016	9781849537803 \$12.95 1849537801 USD	Hardcover Humor
Dog Mindfulness	Hart, Sam	Summersdale	5/12/2020	9781787832459 \$10.99 1787832457 USD	Hardcover Humor
The Little Book of Otter Philosophy	McCartney, Jennifer	HarperCollins	10/8/2019	9780008347963 \$9.99 0008347964 USD	Hardcover Body, Mind & Spirit

Loading Penguin	Chen,	Andrews McMeel	11/13/2018 9781449494582 \$10 1449494587 USE	Hardcover Humor
Hugs	Jacqueline	Publishing	1449494587 USE	

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#### **Subrights**



Summersdale 9781800070080 180007008X Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 9 Print Run: 6K Humor HUM000000

5.8 in H | 5.8 in W | 0.7 in T | 0.5 lb Wt Status:**FORTHCOMING** 

## **Big Cocks**

Hilarious Snaps of Prominent Poultry Charlie Ellis

#### Summary

# A tongue-in-cheek collection of king-size cockerels with amusing captions conveying their innermost thoughts

#### Proud. Erect. Cocks.

You won't believe your eyes. This book contains some of the world's most impressive cocks! Paired with hilarious captions, these pics will have your jaw hitting the floor in no time. Go on – you know you want to sneak a little peak at these beautiful sturdy beasts!

#### **Contributor Bio**

**Charlie Ellis** doesn't know how many hours he's wasted on the internet looking at hilarious pictures of animals! When he's not doing that he's whiling away his leisure hours at home, playing video games and cooking, neither of which he's quite as good at as he pretends to be.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Adult Coloring Book	Elhoudini, Cindy	Expression Art Supplies	3/2/2018	9781732067240 1732067244		
Cock, The Way Grandma Liked It	Konik, Anna	Dirty Girl Cookbooks	11/14/2019	9781951025441 195102544X		
Spot the Cock	Murphy, Jason	Summersdale	10/6/2020	9781787835900 \$11.99 1787835901 USD	Hardcover	Humor
The Best Cat Memes Ever	Ellis, Charlie	Summersdale	10/1/2019	9781786857842 \$10.99 1786857847 USD	Hardcover	Humor
Cats on Catnip	Marttila, Andrew	Running Press Adult	6/19/2018	9780762463671 \$16.00 0762463678 USD	Hardcover Paper over boards	Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Summersdale 9781800070073 1800070071 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 9 Print Run: 10K Humor HUM000000

5.8 in H | 5.8 in W | 0.7 in T | 0.5 lb Wt Status:**FORTHCOMING** 

## **Wet Pussies**

Hilarious Snaps of Damp Cats Charlie Ellis

#### Summary

# A tongue-in-cheek collection of well-hydrated felines with amusing captions conveying their innermost thoughts

#### Dripping. Furry. Pussies.

You won't believe your eyes. This book contains some of the world's wettest pussies! Paired with hilarious captions, these pics will have you laughing out loud in no time. Go on – you know you want to sneak a little peek at these beautiful hairy beasts!

#### **Contributor Bio**

**Charlie Ellis** doesn't know how many hours he's wasted on the internet looking at hilarious pictures of animals! When he's not doing that he's whiling away his leisure hours at home, playing video games and cooking, neither of which he's quite as good at as he pretends to be.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### **Illustrations**



#### **Comp Titles**

Why My Cat Is More Impressive Than Your Baby	Inman, Matthew	Andrews McMeel Publishing	6/4/2019	9781524850623 \$14.99 1524850624 USD	Trade Paperback Hum	nor
Spot the Cock	Murphy, Jason	Summersdale	10/6/2020	9781787835900 \$11.99 1787835901 USD	Hardcover Hum	nor
The Best Cat Memes Ever	Ellis, Charlie	Summersdale	10/1/2019	9781786857842 \$10.99 1786857847 USD	Hardcover Hum	nor
Cats on Catnip	Marttila, Andrew	Running Press Adult	6/19/2018	9780762463671 \$16.00 0762463678 USD	Hardcover Paper over boards	;

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Summersdale 9781787839922 1787839923 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 60 Print Run: 5K Pets / Dogs PET004000 5.8 in H | 5.8 in W | 0.7 in T | 0.5 Ib Wt Status:**FORTHCOMING** 

### Love is a Cockapoo

A Dog-tastic Celebration of the World's Cutest Breed Charlie Ellis

#### Summary

## A collection of adorable photos of cockapoos, partnered with cute quotes and captions – perfect for any dog lover

#### Home is where your cockapoo is

They're loyal, loving and intelligent, and they look just like teddy bears – what more could you want from a pup? What they lack in size, they make up for in curliness and cuddliness. Dedicated to the world's favourite hybrid, this paw-some book will prove that it's not just any old dog that's man's best friend – it's a cockapoo.

#### **Contributor Bio**

**Charlie Ellis** doesn't know how many hours he's wasted on the internet looking at hilarious pictures of animals! When he's not doing that he's whiling away his leisure hours at his home in Reading, UK, playing video games and cooking, neither of which he's quite as good at as he pretends to be.

#### Marketing Plans

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Love is a Kitten	Ellis, Charlie	Summersdale 7/7/2020	9781787832626 \$10.99 1787832627 USD	Hardcover	Humor
Love is a Pup	Ellis, Charlie	Summersdale 7/7/2020	9781787832619 \$10.99 1787832619 USD	Hardcover	Pets
Love Is A Labrador	Ellis, Charlie	Summersdale 1/7/2020	9781786859822 \$10.99 1786859823 USD	Hardcover	Pets
Love Is a Sausage Dog	Ellis, Charlie	Summersdale 1/12/2017	7 9781849539876 \$10.99 1849539871 USD	Hardcover	Pets
A Dog's Journey Movie Tie-In	Cameron, W. Bruce	Forge Books 3/26/2019	9781250225375 \$14.99 125022537X USD	Trade Paperback	Fiction

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Summersdale 9781800070202 1800070209 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 9 Print Run: 6K Humor HUM000000 5.8 in H | 5.8 in W | 0.7 in T | 0.6 Ib Wt Status:**FORTHCOMING** 

## Drunk Cats

Hilarious Snaps of Wasted Cats Charlie Ellis

#### **Key Selling Points**

- No cats were harmed or intoxicated in the making of this book.
- A great gift idea for cat lovers old and young (but over the legal drinking age, of course).
- Will appeal to those who enjoyed *The Best Cat Memes Ever* (ISBN: 9781786857842), which has sold more than 19,000 copies.
- Similar Summersdale titles include: *The Little Instruction Book for Cats* (ISBN: 9781786855343), *Cat Yoga* (ISBN: 9781787832466), *Instagran* (ISBN: 9781786852069)

#### Summary

A supremely silly collection of wayward felines looking worse for wear, accompanied by amusing captions conveying their ramblings and regrets

#### WTF? There are whiskers in the whiskey!

Cats love a drink! When you're not looking, your kitty is busy getting liquored up. This book gathers the best photos of cats getting buzzed off booze and looking pawfully pitiful the morning after. And to aid your appreciation, these snaps of sordid and sozzled pussycats have been paired with hilarious captions telling us what their meowing actually means. Bottoms up!

#### **Contributor Bio**

**Charlie Ellis** doesn't know how many hours he's wasted on the internet looking at hilarious pictures of animals! When he's not doing that he's whiling away his leisure hours at home, playing video games and cooking, neither of which he's quite as good at as he pretends to be.

#### **Marketing Plans**

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Drunk Dogs

The Best Dog Memes Ever	Ellis, Charlie	Summersdale	10/1/2019	9781786857835 1786857839	\$10.99 USD	Hardcover	Humor
The Best Cat Memes Ever	Ellis, Charlie	Summersdale	10/1/2019	9781786857842 1786857847	\$10.99 USD	Hardcover	Humor
Why My Cat Is More Impressive Than Your Baby	Inman, Matthew	Andrews McMeel Publishing	6/4/2019	9781524850623 1524850624	\$14.99 USD	Trade Paperback	Humor
The Little Instruction Book For Cats	Freeman, Kate	Summersdale	9/3/2019	9781786855343 1786855348	\$10.99 USD	Hardcover	Humor
Cats on Catnip	Marttila, Andrew	RP Studio	10/8/2019	9780762467280 0762467282	\$9.95 USD	Postcard Book or Pack	Pets
Mindfulness for Cats	Hart, Sam	Summersdale	10/1/2016	9781849537803 1849537801	\$12.95 USD	Hardcover	Humor
Cats on Catnip	Marttila, Andrew	Running Press Adult	6/19/2018	9780762463671 0762463678	\$16.00 USD	Hardcover Paper over boards	Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Summersdale 9781800070219 1800070217 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 9 Print Run: 6K Humor HUM000000

5.8 in H | 5.8 in W | 0.7 in T | 0.5 lb Wt Status:**FORTHCOMING** 

### **Drunk Dogs**

Hilarious Snaps of Plastered Pups Charlie Ellis

#### Summary

# A supremely silly collection of wayward hounds looking worse for wear, accompanied by amusing captions conveying their ramblings and regrets *WTF? That pooch is on the hooch!*

Dogs love a drink. When you're not looking, your four-legged friend is busy knocking them back. This book gathers the best photos of dogs getting buzzed off booze and looking pawfully pitiful the morning after. And to add to your amusement, these snaps of hedonistic and hazy hounds have been paired with hilarious captions telling us what their barking is all about. Raise a glass to these howl-raisers!

#### **Contributor Bio**

**Charlie Ellis** doesn't know how many hours he's wasted on the internet looking at hilarious pictures of animals! When he's not doing that he's whiling away his leisure hours at home, playing video games and cooking, neither of which he's quite as good at as he pretends to be.

**Marketing Plans** 

- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Drunk Cats	Ellis, Charlie	Summersdale	11/2/2021	9781800070202 \$10.99 1800070209 USD	Hardcover Humor
The Best Dog Memes Ever	Ellis, Charlie	Summersdale	10/1/2019	9781786857835 \$10.99 1786857839 USD	Hardcover Humor
Thoughts of Dog	Nelson, Matt	Andrews McMeel Publishing	10/27/2020	9781524853648 \$14.99 152485364X USD	Hardcover Humor
Doggie Language	Chin, Lili	Summersdale	10/6/2020	9781787837010 \$11.99 1787837017 USD	Hardcover Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Ilex Press 9781781577455 1781577455 Pub Date: 10/26/2021 On Sale Date: 10/26/2021 \$39.99/\$43.99 Can./£30.00 UK/€29.50 DE Discount Code: OHC Hardcover

208 Pages Carton Qty: 5 Print Run: 6K Art / Museum Studies ART059000 10.2 in H | 8 in W | 0.09 lb Wt

#### Status: FORTHCOMING

Related Products

**Ebooks** 9781781578162

### **Tate: Contemporary Art Decoded**

Jessica Cerasi

#### **Key Selling Points**

- Published in collaboration with Tate Publishing
- #contemporaryart has over 30 million posts on Instagram

#### Summary

## Learn how to understand and interpret contemporary art, and transform your next trip to an art gallery

How can you tell if that fire extinguisher on the wall is an installation piece or a safety requirement? How can a Banksy increase in value even as it gets put through a shredder? And couldn't a five-year-old have done all of this, anyway?

*Contemporary Art Decoded* takes ten key questions about contemporary art and uses them to dissect and explain the contemporary art world. Cerasi digs deep into the ideas and concepts behind the art, but avoids unnecessary jargon. This book is guaranteed to make your next trip to a gallery a more rewarding experience.

#### Includes:

- What is contemporary art?
- Where did it come from?
- How can I tell if it's art?
- Where do you draw the line?
- Does it matter who makes it?
- Does it have to mean something?
- Can anything be art?
- Has it all been done before?
- Does it have to be so serious?
- What's next?

#### **Contributor Bio**

**Jessica Cerasi** is Assistant Curator of the 2019 Venice Biennale, and Curator of Information and Research at the UK Government Art Collection. In 2017, she co-authored *Who's Afraid of Contemporary Art?* (Thames & Hudson), an entertaining and discerning introduction to today's art world, and has since taught her sell-out course 'Demystifying Contemporary Art' at Tate Modern.

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### **Illustrations**





## **Comp Titles**

Photography Decoded	Bright, Susan	Ilex Press	6/25/2019 9781781576809 \$29.99 1781576807 USD	Hardcover Photography
Boom	Shnayerson, Michael	PublicAffairs	5/21/2019 9781610398404 \$30.00 1610398408 USD	Hardcover Art
Who's Afraid of Contemporary Art?	An, Kyung	Thames & Hudson	3/21/2017 9780500292747 \$16.95 0500292744 USD	Hardcover Art

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**




## 

Hamlyn 9780600637097 0600637093 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$19.99/\$21.99 Can. Discount Code: OHC Hardcover

208 Pages Carton Qty: 18 Print Run: 6K Cooking / Methods CKB070000

9.7 in H | 8.1 in W | 1 in T | 1.8 lb Wt

Status: FORTHCOMING

#### One Pan, One Meal One Pan, One Meal

Elena Silcock

#### **Key Selling Points**

- Over 85 easy recipes that require no extra side dishes and can be made in just one pan, on top of the stove
- Requires only a large saucepan or frying pan, no other special equipment is needed. Great for small kitchens and limited storage space
- This is perfect for those short on time and with limited kitchen skills
- All the recipes are clearly marked to show if they are suitable for vegetarians or vegans, how long it takes to cook and the type of pan used

#### **Summary**

#### Over 85 super simple recipes to cook entirely in one pan

From the pan to the table in no time at all.

Included are 85 easy, budget-friendly recipes to suit busy lifestyles and limited kitchen space. All the delicious dishes can be made in one of two pans - either a large saucepan or a non-stick frying pan - and require little to no skill, as directions are just for cooking over a high, medium or low heat. All the recipes can be cooked on a gas, electric or induction stove and you will get the same incredible result every time. The entire meal can be made in a single pan, with no sides to be cooked separately, making these perfect lazy dishes that will keep the washing up to a bare minimum. Featuring easy cheats and supermarket ingredients, these are handy recipes to cook every night of the week and great for feeding a family on a budget.

From light and speedy dishes including Just-add-water beef pho and Vodka risotto with fresh tomatoes, to indulgent and comforting meals like Sausage and broccoli gnocchi and Sweet potato, kale and cashew nut curry, alongside speedy sweet treats such as Chocolate-centre French toast and Baby doughnuts, there are plenty of surprising, nourishing options that the whole family can enjoy together.

#### **Contributor Bio**

**Elena Silcock** is a food writer, chef and food stylist. She has worked for various magazines and brands, including *BBC Good Food*, *Coop magazine*, Nando's, Kellogg's and Flora. She runs her own supper clubs and is the creator of the *Feed Them Pasta* e-book as well as the online recipe and social platform *You Bring the Wine*.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• Twitter\_Handle - @elenasilcock





Blue Jean Chef's One Pot Comfort	Laurence, Meredith	Walah! LLC	10/9/2018	9781948193146 \$24.95 1948193140 USD	Paperback	Cooking
Keeping It Simple	Fahr, Yasmin	Hardie Grant	2/4/2020	9781784882822 \$24.99 1784882828 USD	Hardcover	Cooking
From the Oven to the Table	Henry, Diana	Mitchell Beazley	10/1/2019	9781784726096 \$29.99 1784726095 USD	Hardcover	Cooking
Whole in One	Krieger, Ellie	Da Capo Lifelong Books	10/15/2019	9780738285047 \$30.00 0738285048 USD	Hardcover Paper over boards	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Classical Music to Take You Through the Day



## 

Kyle Books 9780857839671 0857839675 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC Hardcover

352 Pages Carton Qty: 14 Print Run: 5K Performing Arts / Radio PER008000

9.3 in H | 6.4 in W | 1.3 in T | 1.4 lb Wt Status:**FORTHCOMING** 

#### Related Products

**Ebooks** 9780857839688

## Scala: A Soundtrack for Life

**Classical Music to Take You Through the Day** Scala Radio

#### Summary

A listener's guide to classical music to take you through the day, from getting up and getting dressed, to running, reading, walking the dog, cooking and eating, taking a bath, going to sleep and everything in between

From the world's most romantic music and the greatest Christmas choral music, to more ordinary but no less important situations such as music to listen to when taking a shower, *A Soundtrack for Life* is for anyone who has ever wanted to discover more about classical music but doesn't know where to begin.

Organized by Occasion and Themes, such as upbeat, contemplative or perfect for a celebration, along with key facts and fascinating details about each piece, the book also includes music from film, TV, videos and musicals. It also offers an entry point into what is, for many people, an unfamiliar world with suggestions of classical covers of such artists and genres as Nirvana, Garage, Ed Sheeran and Hip Hop. Each Entry puts the piece of music in context, enhancing the listener's experience and making the music relevant for a contemporary audience.

#### **Contributor Bio**

**Scala Radio** was launched in March 2019, the first national classical music service to air on terrestrial radio in the UK since Classic FM in 1992. The station's playlist features 70% popular classical and 30% new and 'surprising' music. Scala also aims for more speech content – or 'storytelling' – than Classic FM or BBC Radio 3. Simon Mayo is one of the lead presenters and he hosted the first live programme. Other presenters include a range of radio and television personalities, such as Mark Kermode and Angelica Bell.

@simonmayo - 272k (Twitter) @ScalaRadio - 24k (Twitter)

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

• Twitter Handle



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Year of Wonder	Burton-Hill, Clemency	Harper	10/30/2018	9780062856203 0062856200	\$25.99 USD	Hardcover	Music
The Novel Cure	Berthoud, Ella	Penguin Books	12/30/2014	9780143125938 0143125931	\$18.00 USD	Trade Paperback	Literary Criticism
Music	Gioia, Ted	Basic Books	10/15/2019	9781541644366 1541644360	\$35.00 USD	Hardcover	Music

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## Subrights





Mitchell Beazley 9781784727482 1784727482 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OHC Hardcover

176 Pages Carton Qty: 22 Print Run: 8K Cooking / Methods CKB069000

9.4 in H | 7.6 in W | 0.8 in T | 1.5 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781784727673

#### Freeze

**Super nourishing meals to batch cook, freeze and eat on demand** ByRuby

#### **Key Selling Points**

- Batch cooking brings the gift of time to even the busiest lives, with simple, freezable store cupboard recipes
- Batch cooking is a fantastic way of ensuring a healthier and cheaper way of eating, preparing all of your meals for the week, or even the month, in one go

#### Summary

90 healthy and fuss-free batch cooking recipes to fill your freezer and save you time

Do you dream of having delicious, nutritious meals to hand on those lazy days or extremely busy weeks? Then *Freeze* is for you. It offers the perfect solution, providing brilliantly healthy and nourishing batch cook recipes that will fill your freezer and can be enjoyed as if fresh at little to no notice.

With smart meal-prep solutions, ByRuby have developed the very best ways to get the most out of your food when it is frozen, and they will offer practical tips, hacks and suggestions to ensure freezer cooking is fool-proof for everyone. With instructions on how best to defrost, reheat or cook direct from the freezer, this is convenient cooking that will enable the whole family to eat well when they have little time to spare.

Even with limited cooking ability, by making big batches of delicious food and filling your freezer, you can have healthy meals every single day of the week, without any of the usual stress.

#### **Contributor Bio**

**ByRuby** are a nationwide healthy freezer meal delivery service run by two women in the UK - Ruby and Milly - and Ruby is a Leith's trained chef. They are committed to offering nutritious and convenient freezer meals and making freezer cooking fool-proof for everyone. They have featured in: *Marie Claire, The Daily Mail, The Daily Telegraph, Metro, Sheer Luxe, Country Life, Evening Standard, The Independent, Woman & Home.* 

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising





Skinnytaste Meal Prep	Homolka, Gina	Clarkson Potter	9/15/2020	9780593137314 \$32.50 0593137310 USD	Hardcover	Cooking
Cook Once, Eat All Week	Garcia, Cassy Joy	Victory Belt Publishing	4/23/2019	9781628603439 \$34.95 1628603437 USD	Trade Paperback	Cooking
From Freezer to Cooker	Conner, Polly	Rodale Books	1/14/2020	9781635653120 \$22.99 1635653126 USD	Trade Paperback	Cooking
Cook When You Can, Eat When You Want	Pessin, Caroline	Black Dog & Leventhal	9/3/2019	9780762495085 \$24.99 0762495081 USD	Hardcover Paper over boards	Cooking
Damn Delicious Meal Prep	Rhee, Chungah	Grand Central Publishing	2/5/2019	9781538729427 \$30.00 1538729423 USD	Hardcover Paper over boards	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights No subrights have been specified.



## 

Cassell 9781788402668 1788402669 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$19.99/\$21.99 Can./£14.99 UK Discount Code: OHC Hardcover

192 Pages Carton Qty: 20 Print Run: 6K Sports & Recreation / Soccer SPO040000

9.6 in H | 6.3 in W | 1 in T | 1.3 lb Wt

Status: FORTHCOMING

#### Related Products

**Ebooks** 9781788402675

#### The Way to Win With or without a ball Liv Cooke

#### **Key Selling Points**

- Liv has 3.7M TikTok viewers and over 50M likes
- She is the face of the youth-focused MOTDx, a Uefa Ambassador, a four-time world record holder and former World Freestyle Champion
- Freestyle footballers F2's first book achieved over 110K sales through TCM
- This is the first female-focus football skills book

#### Summary

An inspirational guide to success from the TikTok sensation and Freestyle Football World Champion

#### \*\*\*

## 'Essential reading for anyone wanting to achieve their dreams. Liv is an inspiration.'

- Grant Cardone, New York Times bestselling author

#### 'Liv's extraordinary ability and passion is admirable. A winning read.' - Gary Lineker

In *The Way To Win*, Freestyle Football World Champion and TikTok sensation Liv Cooke opens up about her journey to becoming the best freestyler in the world. Drawing from experience Liv shares an easy-to-follow 10-step guide to achieving your dream - from correctly setting out your goals and forming good habits to handling nerves and maintaining success.

With a positive attitude and holistic approach to productivity, Liv explores how you can find inspiration in your life... and of course, provides an insight into how she achieved incredible success at such a young age.

# *The Way To Win* is the ultimate guide to reaching the top of any industry and becoming your best self.

#### **Contributor Bio**

**Liv Cooke** is a British professional football freestyler, current four-time world record holder, and former world champion. She is a BBC sports presenter and UEFA ambassador, who has previously been awarded the Parliamentary Rising Star and Woman of the Future awards. She has appeared in numerous commercials, on Soccer AM, Match of the Day, and Fox Soccer News. Although best known for her freestyle football, social media videos, and television presenting, Cooke is also the founder of W1NFLUENCE Ltd.

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising









One Goal	Bass, Amy	Hachette Books	2/26/2019 9780316396554 \$17.99 0316396559 USD Paperback Biography & Autobiography	
Soccerwome	n Clarke, Gemma	Bold Type Books	4/16/2019 9781568589213 \$16.99 1568589212 USD Paperback Sports & Recreation	

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Kyle Books 9780857839718 0857839713 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$24.99/\$27.99 Can. Discount Code: OPB Flexibound

144 Pages Carton Qty: 24 Print Run: 5K Crafts & Hobbies / Needlework CRA004000 9.7 in H | 8.5 in W | 0.7 in T | 1.3

Ib Wt Status:**FORTHCOMING** 

**Related Products** 

**Other Formats** Knitting from Fair Isle 9780857837486 \$24.99

Ebooks

9780857839350

## Knitting from Fair Isle

**15 contemporary designs inspired by tradition** Mati Ventrillon

**Key Selling Points** 

- There are an estimated 53 million knitters in the US
- A survey of 4,000 knitters by Wool and the Gang found that 90 per cent agreed that knitting decreases anxiety levels, while 70 per cent felt a sense of happiness after tackling a difficult project or knitting technique
- For knitters who want to create fashionable, beautiful sweaters and accessories, those interested in Scandinavian designs and ethical brands and fans of Mati Ventrillon's knits

#### Summary

# Modern interpretations of Fair Isle knits, including fishermen's sweaters, scarves and gloves, as well as the traditional long hats known as keps

Mati Ventrillon's inspiration comes from the technique of creating patterns with multiple colors that was first used by the women of Fair Isle, one of the Shetland Islands, more than two centuries ago.

Her designs, which have been featured on the Chanel catwalk, are inspired by tradition but use her own modern interpretation of color and pattern arrangement. The book includes fisherman jumpers with high, crew and slash necks, a poncho, neck warmer, cowl and long scarf, fingerless gloves and hand and wrist warmers, as well as the traditional fisherman's hats known as keps.

The patterns demonstrate how to experiment with color and play with backgrounds. They are accompanied by expert tips on yarns and finishing. The book also features stories of the women who spent their lives knitting masterpieces, despite harsh living conditions and inclement weather. Inspirational photography provides a window into life on this most remote of Scottish islands.

#### **Contributor Bio**

**Mati Ventrillon** was born in Venezuela to a French father and a Venezuelan mother. She trained as an architect and lived in London until 2007, when she moved to Fair Isle. Although she had no experience of knitting, she joined the Fair Isle Crafts co-operative and by the time this dissolved in 2011, she had grown to love the knits so much that she decided to launch her own business.

Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising





You Will Be Able to Knit by the End of This Book	Fletcher, Rosie	Ilex Press	9/8/2020	9781781577967 178157796X	' \$19.99 USD	Paperback	Crafts & Hobbies
Knitting from the North	Grant, Hilary	Roost Books	11/15/2016	9781611803884 1611803888	\$24.95 USD	Trade Paperback	Crafts & Hobbies

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

#### Octopus Fall 2021 Frontlist



## 

Ilex Press 9781781578322 178157832X Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$19.99/\$21.99 Can./£14.99 UK Discount Code: OPB Paperback

128 Pages Carton Qty: 30 Print Run: 5K Art / Techniques ART029000 11 in H | 7.5 in W | 0.7 in T | 1 lb

Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781781578490

### Birds, Bees & Blossoms

A Step-by-step Guide to Botanical and Animal Watercolour Painting Harriet de Winton

**Key Selling Points** 

- Over 30,000 copies of New Botanical Painting sold internationally
- The author owns an award-winning wedding stationery company and has 23k followers on Instagram @dewintonpaperco

#### Summary

Create stunning botanical and animal watercolor paintings in a fresh, contemporary style with the expert guidance of award-winning artist Harriet de Winton

In her second book, botanical artist Harriet de Winton shows you how to paint modern watercolor artworks to treasure and share. Picking up where *New Botanical Painting* left off, this books aims to expand readers' repertoires into fauna as well as flora, with easy-to-follow instructions for a variety of difficulty levels.

Through more than 30 step-by-step projects, you'll discover how to paint beautiful butterflies, bumblebees, birds and botanicals from around the world. In the final chapter, you'll find a guide to composing stunning patterns and scenes with your own botanical watercolor creations. Use your new skills to make art for your wall, unique cards, invitations, or simply paint for pleasure.

Chapters include:

- Temperate
- Tropical
- Continental
- Dry
- Polar
- Patterns and Scenes

#### **Contributor Bio**

**Harriet de Winton** is an artist and stationer. Founder of the de Winton Paper Co, Harriet hosts a number of popular workshops throughout the UK including Brush Lettering, Watercolour Florals and Modern Calligraphy. She is the author of the best-selling *New Botanical Painting*. Instagram: **@dewintonpaperco** 

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising





Peggy Dean's Guide to Nature Drawing and Watercolor	Peggy Dean	Watson-Guptill	5/7/2019	9780399582158 0399582150	\$22.99 USD	Trade Paperback	Art
15-Minute Watercolor Masterpieces	Koliadych, Anna	Page Street Publishing	12/3/2019	9781624148804 1624148808	\$21.99 USD	Trade Paperback	Art
The Watercolor Ideas Book	Goss, Joanna	Ilex Press	4/3/2018	9781781575680 1781575681	\$12.99 USD	Paperback	Art
Birds the Watercolor Art Pad	Faull, Emma	Mitchell Beazley	5/7/2019	9781784725822 178472582X	\$19.99 USD	Paperback	Art

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#### **Subrights**



Greenland R



Mitchell Beazley 9781784727352 1784727350 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC Hardcover

224 Pages Carton Qty: 18 Print Run: 6K Gardening GAR000000

10.8 in H | 7.8 in W | 1 in T | 1.8 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781784727895

### **Grow Easy**

**Organic crops for plots & small plots** Anna Greenland, Raymond Blanc

#### **Key Selling Points**

- Anna Greenland has 28k followers on Instagram
- Follows the success of books such as *Grow Your Own: Veg*, which has sold half a million copies worldwide

#### Summary

Rising star of the organic grow-your-own scene, Anna Greenland, presents her top 30 crops to grow in containers or a small raised bed and provides all the information you need to make sure they flourish

A new generation of growers are hungry for the know-how to transform their balconies, front steps and back gardens into edible spaces. Whether it's due to vulnerabilities in our global food system or the simple realization that gardening makes you feel good, now is the time for *Grow Easy*.

Anna Greenland offers the jargon-free information, inspiration and confidence you need to get growing from scratch with absolutely no prior knowledge. Growing in an organic, sustainable way is central to this book and it doesn't need to be difficult or more expensive.

- Try Anna's 30 top crop choices (10 vegetables, 10 herbs, 10 flowers/fruit) that are perfect for small spaces. Plant 'spotlights' give in-depth advice on how to grow each crop in a pot, in the ground or on a windowsill
- A year-round planner keeps you on track with monthly tasks
- Seasonal crop plans are included for those with small gardens, with a blueprint for two small raised beds that gives continuous harvests and avoids gluts
- Suggested planting combinations for striking pots or windowsills inspire creativity

'The gentle Anna Greenland, who looks after the vegetable garden, carries old wisdom and deep understanding of the seasons in her young soul which is beautiful to see.' - **Raymond Blanc OBE** 

#### **Contributor Bio**

**Anna Greenland** is a vegetable gardener and cook at the heart of the organic growing movement.

For over a decade, she has followed her passion, growing the highest-quality organic food for star chefs Raymond Blanc, Tom Aikens and Jamie Oliver. She spent three years running Raymond Blanc's vegetable garden at double-Michelin starred Le Manoir aux Quat'Saisons, and as Head Gardener at Soho Farmhouse Anna created the vegetable, fruit and herb gardens from scratch. She is now turning her own patch of land in Suffolk into a productive market garden. From here she cooks fresh, seasonal food and creates herbal preparations to support her wellbeing.

Her gardening journey started whilst she was still a model, seeking a more rural life. A move to Cornwall saw her working in the iconic Vegetable Garden at the Lost Gardens of Heligan and supplying her own organic produce to Jamie Oliver's Fifteen restaurant in Cornwall. She then studied Ecological Horticulture at the University of California, Santa Cruz, going on to set up a sustainable gardening programme at the Huntington Botanical Gardens in Los Angeles.

Anna won 'Gold' and 'Best in Show' for her 'Herbs for Preserves' garden at Hampton

Court Flower Show in 2018. She also designed the first vegetable garden at Kew Gardens in recent times, appearing in the TV show *Kew on a Plate* and contributing garden content to the accompanying book.

Anna is on a crusade to engage more people with 'grow your own' and shares her passion for herbs, organic growing and cooking through classes, collaborations and social media.

Instagram: @annagreenland

#### Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Raised Bed Gardening for Beginners	Wylie, Tammy	Rockridge Press	7/9/2019	9781641525091 1641525096	\$14.99 USD	Trade Paperback	Gardening
Field Guide to Urban Gardening	Espiritu, Kevin	Cool Springs Press	° 5/14/2019	9780760363966 076036396X	\$27.99 USD	Paperback	Gardening
The AHS Encyclopedia of Gardening Techniques	The American Horticultural Society	Mitchell Beazley	3/19/2019	9781784725884 1784725889	\$49.99 USD	Hardcover	Gardening

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#### **Subrights**



The Art of Aging Unapologetically



INSPIRATION ABOUT LIFE FROM MORE THAN 100 WOMEN

## 

Denise Boomker

Mitchell Beazley 9781784727550 1784727555 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$29.99/\$32.99 Can./£25.00 UK Discount Code: OHC Hardcover

272 Pages Carton Qty: 12 Print Run: 8K Self-Help / Aging SEL005000

10.3 in H | 7.4 in W | 1.2 in T | 2.4 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781784727901

# And Bloom The Art of Aging Unapologetically

**Inspiration about life from more than 100 women** Denise Boomkens

#### **Key Selling Points**

- AndBloom has 122k followers on Instagram, 40% of which is based in North America
- A celebration of ordinary people, in the vein of *Humans of New York* (almost 1 million copies sold across 2 books) and *The Atlas of Beauty* (33k copies sold)

#### Summary

# A gloriously illustrated celebration of female beauty over 40 and an empowering handbook to aging happily and well

"You become what you see. The most powerful way of inspiring people is with images. With pictures, you can move people to pursue their dreams. What you pay attention to and what you see regularly determine what you believe. My goal with AndBloom is to motivate women to embrace life without fear. To provide examples of women between the age of 40 and, currently, 96 years, so that any woman can open this book and see themselves recognized." **- Denise Boomkens** 

Denise Boomkens launched the AndBloom project on Instagram in 2018, to create a 'happy place for women over 40' - a community where women can be themselves and where aging is celebrated instead of feared. In this, her first book, she shares her own experiences of aging and brings together portraits and interviews with 100 extraordinary ordinary women to create both a gloriously illustrated celebration of female beauty over 40 and an empowering handbook to aging happily. In the words of David Bowie, 'aging is an extraordinary process whereby you become the person you always should have been.

#### **Contributor Bio**

**Denise Boomkens** is a 45-year-old photographer with a background in fashion and beauty, based in Amsterdam. She launched her 'happy place for women over 40' on Instagram in June 2018 with a portrait of her 69-year-old mother. Two years later she has photographed more than 100 women from many countries and backgrounds and has 163,000 followers on Instagram (40 per cent of whom are in North America). *AndBloom: The Art of Aging Unapologetically* is her first book.

Instagram: @And.Bloom

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising





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## **Comp Titles**

Humans	Stanton, Brandon	St. Martin's Press	10/6/2020	9781250114297 1250114292	' \$35.00 USD	Hardcover with dust jacket	Photography
The Atlas of Beauty	Noroc, Mihaela	Ten Speed Press	9/26/2017	9780399579950 0399579958	) \$30.00 USD	Hardcover	Photography
Humans of New York	Stanton, Brandon	St. Martin's Press	10/15/2013	9781250038821 1250038820	\$29.99 USD	Hardcover with dust jacket	Photography
200 Women: Who Will Change The Way You See The World (Personal Growth Books for Women, Coffee Table Books, Women of the World Books)	e Blackwell, Geoff	Chronicle Books	10/31/2017	, 9781452166582 1452166587	2 \$50.00 USD	Hardcover	Photography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Godsfield 9781841814988 1841814989 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OPB Paperback

304 Pages Carton Qty: 20 Print Run: 7K Body, Mind & Spirit / Mindfulness & Meditation OCC010000

7.9 in H | 6.4 in W | 0.9 in T | 1.4 lb Wt Status: **FORTHCOMING** 

Related Products

**Ebooks** 9781841815091

#### **Godsfield Companion: Mindfulness** The guide to principles, practices and more

Patrizia Collard

#### **Key Selling Points**

- Over 3 million copies of the Godsfield Bibles sold worldwide
- There are over 22 million posts on Instagram under #Mindfulness

#### **Summary**

The definitive guide to Mindfulness in the indispensable new Mind, Body, Spirit series from the creators of the bestselling *Godsfield Bibles* 

The *Godsfield Companions* are all-new guides to conscious living that set a new standard in wellness publishing. Fresh, contemporary and authoritative, each book - written by a specialist in their field - provides the growing wellness audience with essential background, revealing insights, valuable context and useful instruction to enable them to understand and expand their personal practice every day.

This companion is a comprehensive guide to mindfulness: its benefits, the science and how to use it to improve your relationships, work and mental health.

#### Sections include:

- What is mindfulness and why do we need it?
- Mindfulness hype Doubt and scepticism
- Mindfulness throughout the day How to be mindful moment by moment
- Mindful eating
- Mindfulness for secure relationships Parents and children, partners everywhere you meet people
- Mindfulness for mental health Anxiety, depression, PTSD and shame
- Mindful sleep and rest
- Mindful ageing

#### **Contributor Bio**

**Dr Patrizia Collard** is a psychotherapist, mindfulness teacher, stress management consultant and lecturer in psychotherapy at the University of East London. Her books include *Journey into Mindfulness*, *Mindfulness-based Cognitive Behavioural Therapy for Dummies, Awakening the Compassionate Mind* (2014), and *The Little Book of Mindfulness*.

Dr Collard's wide range of approaches and methodologies include mindfulness-based cognitive behavioural therapy, rational emotive behaviour therapy, core energy management, existential therapy, drama therapy, yoga and meditation, relaxation and self-hypnosis.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising



Mindfulness for Compassionate Living	Collard, Patrizia	Gaia	8/12/2014	9781856753401 1856753409	\$19.99 USD	Paperback	Self-Help
Journey into Mindfulness	Collard, Patrizia	Gaia	7/2/2013	9781856753296 1856753298	\$17.99 USD	Paperback	Self-Help
The Little Book of Meditation	Collard, Dr. Patrizia	Gaia	5/7/2019	9781856753982 1856753980	\$9.99 USD	Flexibound	Body, Mind & Spirit
Little Book of Mindfulness	Collard, Patrizia	Gaia	5/27/2014	9781856753531 1856753530	\$9.99 USD	Flexibound	Body, Mind & Spirit
Practicing Mindfulness	Sockolov, Matthew	Althea Press	9/11/2018	9781641521710 1641521716	\$16.99 USD	Trade Paperback	Body, Mind & Spirit
A Year of Mindfulness	Raye, Jennifer	Rockridge Press	10/15/2019	9781641527491 1641527498	\$14.99 USD	Trade Paperback	Self-Help
Five Minutes to a Mindful You	Aster	Aster	3/5/2019	9781912023974 1912023970	\$14.99 USD	Paperback	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

**Subrights** No subrights have been specified.



Godsfield 9781841815008 1841815004 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$19.99/\$21.99 Can./£16.99 UK Discount Code: OPB Paperback

304 Pages Carton Qty: 20 Print Run: 7K Body, Mind & Spirit / Healing OCC011000

7.8 in H | 6.3 in W | 0.8 in T | 1.4 lb Wt Status:**FORTHCOMING** 

#### **Related Products**

**Ebooks** 9781841815084

#### **Godsfield Companion: Chakras** The guide to principles, practices and more

Thimela A. Garcia

#### **Key Selling Points**

- Over 3 million copies of the *Godsfield Bibles* sold worldwide.
- There is a growing interest in core MBS subjects such as chakras from Millennial and Gen-Z audiences

#### Summary

The definitive guide to Chakras in this indispensible new Mind, Body, Spirit series from the creators of the bestselling *Godsfield Bibles* 

The Godsfield Companions are all-new guides to conscious living that will set a new standard in wellness publishing. Fresh, contemporary and authoritative, each book - written by a specialist in their field - provides the growing wellness audience with essential background, revealing insights, valuable context and useful instruction to enable them to understand and expand their personal practice every day.

This companion is the definitive guide to the chakras: their associated features and how strengthening and healing each chakra can lead to improved health, energy and wellbeing.

#### Sections include:

- Introduction What are chakras and what is chakra healing?
- The energetic body How to protect your aura and awakening the kundalini
- The chakras A detailed guide to all 7 chakras
- Energy healing Explore the different types of energy healing including reiki and color therapy
- How to balance your chakras at home

#### **Contributor Bio**

**Thimela Garcia** is a yoga teacher, holistic practitioner and writer based in London. She has studied and is certified in Reiki, EFT, Sound Healing, Indian Head Massage, meditation, Facial Reflexology and Kundalini. Thimela is known in the wellness industry and on social media as 'Chakra Mama Healing'.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising





Pfender, April	Althea Press	8/20/2019	9781641525152 1641525150	\$12.99 USD	Trade Paperback	Body, Mind & Spirit
Kavanagh, Ambi	Zeitgeist	8/25/2020	9780593196687 0593196686	\$16.99 USD	Trade Paperback	Body, Mind & Spirit
Perrakis, Athena	Fair Winds Press	9/11/2018	9781592338474 159233847X	\$26.99 USD	Paperback	Body, Mind & Spirit
Mercier, Patricia	Godsfield	8/1/2017	9781841814735 1841814733	\$14.99 USD	Paperback	Body, Mind & Spirit
Wright, Katie-Jane	Aster	4/2/2019	9781912023943 1912023946	\$12.99 USD	Paperback	Body, Mind & Spirit
Mercier, Patricia	Gaia	9/5/2017	9781856753708 1856753700	\$9.99 USD	Flexibound	Body, Mind & Spirit
Hall, Judy	Gaia	9/3/2019	9781856754156 1856754154	\$9.99 USD	Hardcover	Body, Mind & Spirit
	Kavanagh, Ambi Perrakis, Athena Mercier, Patricia Wright, Katie-Jane Mercier, Patricia	Kavanagh, Ambi Zeitgeist Perrakis, Fair Winds Athena Press Mercier, Patricia Godsfield Wright, Katie-Jane Aster Mercier, Patricia Gaia	Kavanagh, AmbiZeitgeist8/25/2020Perrakis, AthenaFair Winds Press9/11/2018Mercier, PatriciaGodsfield8/1/2017Wright, Katie-JaneAster4/2/2019Mercier, PatriciaGaia9/5/2017	Kavanagh, Ambi       Zeitgeist       8/25/2020       9780593196687         Perrakis, Athena       Fair Winds Press       9/11/2018       9781592338474         Mercier, Patricia       Godsfield       8/1/2017       9781841814735         Wright, Katie-Jane       Aster       4/2/2019       9781912023943 1912023946         Mercier, Patricia       Gaia       9/5/2017       9781856753708 1856753700         Hall Judy       Gaia       9/3/2019       9781856754156	Kavanagh, Ambi       Zeitgeist       8/25/2020       9780593196687 0593196686       USD         Perrakis, Athena       Fair Winds Press       9/11/2018       9781592338474 159233847X       \$26.99         Mercier, Patricia       Godsfield       8/1/2017       9781841814735 1841814733       \$12.99         Wright, Katie-Jane       Aster       4/2/2019       9781856753708 1912023946       \$9.99         Mercier, Patricia       Gaia       9/5/2017       9781856753708 1856753700       \$9.99         Hall Judy       Gaia       9/3/2019       9781856754156 \$9.99	Kavanagh, AmbiZeitgeist8/25/20209780593196687 0593196686USDPaperback PaperbackPerrakis, AthenaFair Winds Press9/11/20189781592338474 159233847X9281592338474 USD9281592338474 PaperbackMercier, PatriciaGodsfield8/1/20179781841814735 18418147339112023943 USDPaperbackWright, Katie-JaneAster4/2/20199781912023943 1912023946928192023943 USDPaperbackMercier, PatriciaGaia9/5/20179781856753708 1856753700999FlexiboundHall, JudyGaia9/3/20199781856754156 \$9.99Hardcover

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Bread Machine

Pyramid

Paperback

144 Pages Carton Qty: 28

Print Run: 8K

CKB009000

Ebooks

Wt

9780753734582 0753734583

Pub Date: 9/7/2021

Discount Code: OPB

On Sale Date: 9/7/2021

\$12.99/\$14.99 Can./£9.99 UK

Cooking / Courses & Dishes

Status: FORTHCOMING

**Related Products** 

**Other Formats** 

Bread Machine Easy 9780600621829 \$14.99

Bread Machine Easy 9780600617358 \$17.95

9780753732687

9.5 in H | 7.3 in W | 0.4 in T | 1 lb

## **Bread Machine Easv**

70 Delicious Recipes that make the most of your Machine Sara Lewis

#### Summary

#### A practical recipe book that takes all the effort out of baking the perfect loaf

#### New Paperback Edition now includes brand new sourdough recipes for your Bread Machine!

There's nothing guite like the smell of freshly baked bread, but not everyone has the time to hand-make their own. With Bread Machine Easy, discover how quick and effortless it can be to make delicious homemade bread in just a few easy steps with the help of a bread machine.

From the simplest daily loaf to preparing fancy rolls for special occasions, the 70 mouth-watering and easy-to-follow recipes in this book make bread-making simple. With recipes like spiced coriander and lentil bread, garlicky olive and rosemary focaccia, coconut and cranberry bread, and even classic sourdough loaves, there's something for every occasion. And with an introductory section on basic techniques and troubleshooting, Bread Machine Easy takes all the effort out of baking the perfect loaf.

#### **Contributor Bio**

Sara Lewis is an experienced home economist and food writer. She was the cookery editor of *Practical Parenting* magazine for over 12 years and is the author of many Hamlyn cookery books including Bread Machine Easy, Hamlyn All Colour Cookbook: 200 Cakes and Bakes and Hamlyn All Colour Cookbook: 200 Make Ahead Recipes.

**Marketing Plans** 

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

200 Pies & Tarts

Paul Hollywood 100 Great Breads

Lewis, Sara

Hamlyn 10/4/2016

Hollywood, Paul Cassell

9780600634362 \$7.99 USD Paperback Cooking 0600634361 8/18/2020

9781788402149 \$24.99 1788402146 USD

Hardcover Cooking

200 Cakes & Bakes	Lewis, Sara	Hamlyn	5/3/2016	9780600633525 0600633527	\$7.99 USD	Paperback Cooking
200 Delicious Desserts	Lewis, Sara	Hamlyn	10/4/2016	9780600634348 0600634345	\$7.99 USD	Paperback Cooking
200 Pies and Tarts	Lewis, Sara	Hamlyn	7/4/2012	9780600623977 0600623971	\$7.99 USD	Paperback Cooking
Bread Machine Easy	Lewis, Sara	Hamlyn	11/1/2007	9780600617358 0600617351	\$17.95 USD	Hardcover Cooking
Bread Machine Easy	Lewis, Sara	Hamlyn	9/20/2010	9780600621829 0600621820	\$14.99 USD	Paperback Cooking
Crumb	Bertinet, Richard	Kyle Books	3/5/2019	9780857835543 0857835548	\$34.99 USD	Hardcover Cooking
200 Delicious Desserts	Lewis, Sara	Hamlyn	3/1/2010	9780600620150 0600620158	\$7.99 USD	Paperback Cooking
200 Make Ahead Dishes	Lewis, Sara	Hamlyn	7/15/2009	9780600619475 0600619478	\$7.99 USD	Paperback Cooking
200 Cakes and Bakes	Lewis, Sara	Hamlyn	2/1/2009	9780600618713 0600618714	\$7.99 USD	Paperback Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

### **Subrights**



Aster 9781783254316 1783254319 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$22.99/\$24.99 Can./£18.99 UK Discount Code: OPB Paperback

240 Pages Carton Qty: 22 Print Run: 5K Health & Fitness / Healthy Living HEA010000

9.3 in H | 8 in W | 1 in T | 1.6 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781783254323

## **Live Well Every Day** Your plan for a happy body and mind

Dr. Alex George

**Key Selling Points** 

- Dr. Alex has 1.5 million Instagram followers, a rapidly growing YouTube channel and a hit podcast, 'The Waiting Room'
- In the bestselling tradition of Dr Rangan Chatterjee, Dr Megan Rossi and Dr Rupy Aujla

## Summary

#### The ultimate handbook for everyday health

WHAT CAN YOU CHANGE TODAY, AND NOT PUT OFF UNTIL TOMORROW?

Dr Alex is on a mission to empower us to make our own health choices, take positive control and feel equipped and inspired to make those small changes today that energize and future-proof us for life.

"Health and happiness come from the cumulative effects of many small and positive daily changes to our lifestyle. It's about building sustainable and healthy habits - taking small and purposeful steps to a healthy future. By the end of the book I hope my readers have developed their own 'bespoke health toolkit' to be used across every aspect of their lives, and to make long-lasting and meaningful change."

What you do consistently has a direct impact on your day-to-day health, your immune system, your mental health, your metabolism, your bone density, your heart health, your blood pressure, your energy levels and how you fight disease generally. Your lifestyle is often your body's biggest support system and the more robust you can make that, the more you can rely on it to get you through. Think of it like your life insurance policy.

*Live Well Every Day* addresses the very modern health challenges of todays world - anxiety, social pressure and mental health, immune system health, sexual health, gut health, and how to be fit, flexible and eat well in a sedentary world... Get the facts, pick your goals and take action with Dr Alex.

Small changes. Big results.

#### **Contributor Bio**

**Dr. Alex George** is an A&E doctor. He is also a fully qualified Level 3 PT. Across his platforms, Alex has become known for his honesty and insight around mental and sexual health, using his platforms to make health and medicine more accessible to millennials and beyond.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

<u>Twitter\_Handle - @DrAlexGeorge</u>



The Self Care Prescription	Gobin, Robyn	Althea Press	7/9/2019	9781641523936 164152393X	5 \$14.99 USD	Trade Paperback	Self-Help
Do This For You	Cela, Krissy	, Hachette Go	1/12/2021	9780306925078 0306925079	8 \$17.99 USD	Paperback	Health & Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Cassell 9781788402880 178840288X Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC Hardcover

320 Pages Carton Qty: 16 Print Run: 6K Music / Genres & Styles MUS035000

9.6 in H | 6.5 in W | 1.6 in T | 1.4 lb Wt

Status: FORTHCOMING

Related Products Ebooks 9781788402897

## **Ever Fallen in Love**

The Lost Buzzcocks Tapes

Pete Shelley, Louie Shelley, Henry Rollins

#### **Key Selling Points**

- Cover designed by iconic Buzzcocks designer Malcolm Garrett, creator of their original record covers and artwork
- Approved by Pete Shelley's estate, and with contributions and support from Buzzcocks band members, including never-before-seen photographs
- Includes integrated photographs and color plate sections, featuring Buzzcocks record covers, memorabilia and artwork

#### **Summary**

Newly discovered recordings of a music legend in his own remarkable words: punk, Buzzcocks and the inspiration behind some of greatest songs ever written

"Lots of great stories... A fascinating insight." - JOHN MAHER, Buzzcocks

"Pete and Buzzcocks were there right from the beginning." - BERNARD SUMNER, Joy Division & New Order

#### "A true gentleman and a great artist and songwriter." - PETER HOOK, Joy Division & New Order

When Pete Shelley, lead singer of legendary punk band Buzzcocks, passed away in 2018 we lost the chance to hear one of music's brightest stars tell his story.

Or so it seemed.

Now, **recordings have surfaced of a series of remarkable interviews** in which Pete tells the story of his life, his band and his place at the beating heart of the punk explosion in fascinating detail.

Recorded over a series of late-night calls with a close friend, the tapes hear Pete talk song-by-song through Buzzcocks releases to reveal **the personal memories behind the music** and the inspiration for masterpieces such as 'Ever Fallen in Love (With Someone You Shouldn't've)' and 'What Do I Get?'.

Published for the first time and with the blessing of Pete's estate, *Ever Fallen In Love: The Lost Buzzcocks Tapes* is a tribute to a founding member of punk and a chance to hear **one of music's true visionaries tell his own story at last.** 

"Shot through with self-doubt and mild regret, Pete Shelley's lovesick pop classics have a bittersweet charm that will forever speak to the young romantic"

- JOHN COOPER CLARKE

"Buzzcocks were the blue touchpaper for my love of music. Pure pop met punk and the result was perfection." -TIM BURGESS, The Charlatans

#### **Contributor Bio**

**Pete Shelley** was the lead singer, guitarist and songwriter of iconic punk band Buzzcocks. He wrote some of punk's most enduring songs, including 'Ever Fallen in Love (With Someone You Shouldn't've)', 'Orgasm Addict' and 'What Do I Get?', as well as solo hits such as 'Homosapien', which was subsequently banned from being played on the BBC. Regarded as one of the finest songwriters of his generation, Pete died in 2018.

**Louie Shelley** was a close friend of Pete Shelley's, and no relation. She first met Buzzcocks while working as a journalist on the Manchester music scene in the late 1990s, going on to work with them in various capacities in the ensuing years. She remains involved in Buzzcocks projects, as well as the Pete Shelley Memorial Campaign.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### **Comp Titles**

Bruce Springsteen: All the Songs	Guesdon, Jean-Michel	Cassell	10/6/2020 9781784726492 \$60.00 1784726494 USD Hardcover Music
Hard to Handle	Gorman, Steve	Da Capo Press	9/24/2019 9780306922008 \$30.00 0306922002 USD Hardcover Music
Crosby, Stills, Nash and Young	Browne, David	Da Capo Press	4/2/2019 9780306903281 \$30.00 0306903288 USD Hardcover Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Cassell 9781788402804 1788402804 Pub Date: 9/28/2021 On Sale Date: 9/28/2021 \$50.00/\$55.00 Can./£40.00 UK Discount Code: OHC Hardcover

288 Pages Carton Qty: 7 Print Run: 6K Music MUS000000

11.2 in H | 9.3 in W | 1.3 in T | 4 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781788403245

## Oasis: Knebworth

**Two Nights That Will Live Forever** Jill Furmanovsky, Daniel Rachel

#### **Key Selling Points**

- The book has Oasis' blessing and there will be official activity to celebrate the 25th anniversary
- Most of the images have never before been seen
- Published to coincide with the 25th anniversary of this legendary gig
- Key players from the Oasis camp have contributed, from Noel Gallagher to the man that signed them, Alan McGee
- Knebworth was huge a quarter of a million saw Oasis play over two nights

#### Summary

An access-all-areas book marking the 25th anniversary of the era-defining Oasis concerts at Knebworth, with stunning images taken by acclaimed music photographer Jill Furmanovsky - including contributions from Noel Gallagher and Alan McGee, and hundreds of never-before-seen pictures

#### \*\*\*

## "A wonderful document of the last great gathering of the pre-internet age. No camera phones, no social media, just a band and its fans as one" - NOEL GALLAGHER

On 10th and 11th August 1996, Oasis played the concerts that would define them, a band at the height of their powers playing to over 250,000 people.

Twenty-five years on, this is the inside story of those nights, told through the breathtaking photographs of Jill Furmanovsky, **granted unprecedented access to Oasis throughout that summer**. Also includes newly obtained first-hand accounts from the people who were there - **including Noel Gallagher and Alan McGee** - in text by award-winning author Daniel Rachel.

From relaxed rehearsals and warm-up concerts to Knebworth itself - backstage, onstage, flying high above the site - **many of the stunning photographs in this book have never been seen anywhere before**.

This the definitive account of two nights that a generation will never forget.

#### **Contributor Bio**

**Jill Furmanovsky** is a world-renowned photographer, who has shot the biggest names in music history. From her beginnings as a 13-year-old standing outside Abbey Road hoping to snatch a photograph of The Beatles, Furmanovsky has gone on to work with icons such as Bob Dylan, Pink Floyd, Bob Marley, Led Zeppelin, Blondie, Eric Clapton, Amy Winehouse, The Police and many more. She worked closely with Oasis for a number of years.

**Daniel Rachel** is a musician turned award-winning author. His previous books include *NME* and *Guardian* Book of the Year *Isle of Noises, Evening Standard* Book of the Year *Don't Look Back in Anger*, and *Walls Come Tumbling Down*, which was described as 'triumphant' by the *Guardian* and 'superlative...brilliant' by *Q magazine*, and was awarded the prestigious Penderyn Music Book Prize in 2017. He saw Oasis play live many times and had a guest pass to the concerts at Knebworth in 1996.

#### **Marketing Plans**

• Social media campaign

- National media outreach
- Trade and Library Advertising

#### Links

• BLAD

#### Illustrations



#### **Comp Titles**

The Rolling Stones In the Beginning	Rej, Bent	Mitchell Beazley	10/20/2020	9781784727000 1784727008	) \$50.00 USD	Hardcover Biography & Autobiography
While We Were Getting High	Cummins, Kevin	Cassell	10/27/2020	9781788402200 1788402200	) \$40.00 USD	Hardcover Music
Bruce Springsteen: All the Songs	Guesdon, Jean-Michel	Cassell	10/6/2020	9781784726492 1784726494	2 \$60.00 USD	Hardcover Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



## 

Hamlyn 9780600637127 0600637123 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$24.99/\$27.99 Can. Discount Code: OPB Paperback

204 Pages Carton Qty: 12 Print Run: 10K Music / Genres & Styles MUS035000

11.3 in H | 11.3 in W | 0.7 in T | 2.5 lb Wt Status:**FORTHCOMING** 

Related Products

#### **Other Formats**

The Complete Beatles Recording Sessions 9780600635611 \$29.99

## **The Complete Beatles Recording Sessions**

**The Official Story of the Abbey Road Years 1962-1970** Mark Lewisohn

#### Summary

One of the most important documentaries on rock music ever published, this is EMI Records' official diary-format history of every Beatles recording session. Now in paperback.

Researched from hundreds of unreleased Abbey Road archive tapes, featuring thousands of previously unpublished studio documents and interviews with many of the key recording personnel.

The book is filled with over 350 color and black-and-white photographs and illustrations, including rare photos by Linda McCartney and the first facsimile reproductions of Abbey Road recording sheets, tape boxes, album sleeve roughs, memos, contracts, press releases and much more.

#### **Contributor Bio**

**Mark Lewisohn** has long been recognized as the leading authority on the Beatles, his books on the Fab Four include the definitive *Complete Beatles Chronicle*. Based in Hertfordshire, England, he also writes in a freelance capacity for a number of magazine publications.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Illustrations



#### **Comp Titles**

Tune In	Lewisohn, Mark	Crown	10/11/2016	9781101903292 1101903295	2 \$22.00 USD	Trade Paperback	Biography & Autobiography
Tune In	Lewisohn, Mark	Crown Archetype	10/29/2013	9781400083053 1400083052	8 \$40.00 USD	Hardcover	Biography & Autobiography
The Complete Beatles Recording Sessions	Lewisohn, Mark	Hamlyn	9/4/2018	9780600635611 0600635619	\$29.99 USD	Hardcover	Music
150 Glimpses of the Beatles	Brown, Craig	Farrar, Straus and Giroux	10/13/2020	9780374109318 0374109311	\$ \$30.00 USD	Hardcover with dust jacket	Biography & Autobiography

The Beatles from A to Zed	Asher, Peter	Henry Holt and Co.	10/29/2019	9781250209597 1250209595	' \$27.00 USD	Hardcover with dust jacket	Music
Crosby, Stills, Nash and Young	Browne, David	Da Capo Press	4/2/2019	9780306903281 0306903288	\$30.00 USD	Hardcover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**

#### Octopus Fall 2021 Frontlist



#### Joy Division: Juvenes

Kevin Cummins, Ian Rankin

#### Summary

# A new, expanded edition of the legendary book published more than a decade ago, now with added interviews and unpublished photographs

The definitive collection of the Joy Division photographs of Kevin Cummins, including new interviews with Bernard Sumner, Peter Hook and Stephen Morris.

Originally published in 2007 in an ultra-limited run of just 226 copies, *Juvenes* is a book with legendary status among Joy Division devotees. The book consists of Kevin's selection of pictures from his Joy Division archive accompanied by short personal essays and memories from the band's family, contemporaries and fans and from several writers including Ian Rankin, David Peace and Natalie Curtis. The foreword is by Ian Rankin. Now comprehensively updated with new material and images that have never been published in a book before, this new edition will allow the band's many die-hard fans to own it for the first time.

Juvenes is a truly special celebration of the magic of Joy Division.

#### **Contributor Bio**

Manchester-born **Kevin Cummins** has an international reputation as one of the world's leading photographers and is famed for his iconic portraits of musicians including Joy Division, David Bowie, Nick Cave, Mick Jagger, Patti Smith and Oasis. These photographs have appeared on magazine covers and in art galleries and museums including the National Portrait Gallery and the Victoria and Albert Museum in London, and in cities including New York, Buenos Aires, Berlin, Bologna and many others.

Chief photographer at the *NME* for over ten years, Kevin captured some of the best-known images in modern music history - his work has decorated bedroom walls the world over.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

BLAD low res

#### **Illustrations**



Cassell 9781788402712 1788402715 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$40.00/\$44.00 Can./£30.00 UK Discount Code: OHC

256 Pages Carton Qty: 5 Print Run: 6K Music / Genres & Styles MUS035000 10.6 in H | 7.9 in W | 1.1 in T | 2.9 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781788403252

Hardcover





Morrissey	Cummins, Kevin Cas		9781788400237 1788400232			
While We Were Getting High	Cummins, Kevin Cas	ssell 10/27/2020	9781788402200 1788402200	\$40.00 USD	Hardcover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## Subrights



Aster 9781783254590 1783254599 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$15.99/\$17.99 Can./£12.99 UK Discount Code: OHC Hardcover

160 Pages Print Run: 6K Gardening / Herbs GAR009000

7.8 in H | 5 in W Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781783254651

## The Herb Almanac

A seasonal guide to medicinal plants Chelsea Physic Garden

#### **Key Selling Points**

- 2020 has seen a huge surge in interest in both growing and foraging, alongside a growing interest in herbs and plants that have healing properties
- Chelsea Physic Garden is one of the oldest botanic gardens in the world
- Herbarium, a comparable title, has sold over 9k copies via BookScan

## Summary

#### A seasonal guide to medicinal plants

The Herb Almanac is a beautiful and accessible seasonal guide to herbalism.

Discover the best times of the year for growing specific healing herbs and also when and how to forage for wild medicine, such as water mint, St John's Wort, hawthorn berries and rosehips. Recipes are included for how to use these herbs, along with folklore stories from herb wives and hedge witches, the meanings behind their names and the history of how these natural medicines were discovered.

There are plenty of tips for how to create your own medicinal herb garden, even with just a few pots, along with a biodynamic guide for sowing, planting and harvesting.

Including detailed hand-drawn line illustrations to help deepen your understanding, *The Herb Almanac* is the perfect gift for any nature lover.

#### **Contributor Bio**

Tucked away beside the River Thames, **Chelsea Physic Garden** is the oldest botanic garden in London and houses around 5,000 different medicinal, herbal, edible and useful plants - a living library dedicated to healing with plants. Medicinal plants have been grown at the Garden since the 17th century, a tradition continued in the present day with displays of medicinal and herbal species used globally in the past, present and potentially in the future.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

- Author\_Website
- Twitter\_Handle @ChelsPhysicGdn





Healing with Plants	Garden, Chelsea Physic	Aster	3/2/2021	9781783253043 1783253045	\$29.99 USD	Hardcover	Gardening
Herbarium	Hildebrand, Caz	Thames & Hudson	10/18/2016	9780500518939 0500518939	\$29.95 USD	Hardcover	Cooking
Herbal Remedy Handbook	Walker, Kim	Kyle Books	5/7/2019	9780857835024 0857835025	\$22.99 USD	Hardcover	Health & Fitness
Nature's Best Remedies	Geographic, National	National Geographic	2/5/2019	9781426218927 1426218923	\$35.00 USD	Hardcover	Health & Fitness
Wellness Witch	Van De Car, Nikki	Running Press Adult	9/10/2019	9780762467341 0762467347	\$18.00 USD	Hardcover Paper over boards	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights No subrights have been specified.



Conran 9781840918236 1840918233 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$20.00/\$22.00 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 6 Print Run: 6K Design / Fashion & Accessories DES005000

8.5 in H | 6.6 in W | 0.8 in T | 1.3 lb Wt Status:**FORTHCOMING** 

Related Products

**Other Formats** 

Vogue Essentials: Little Black Dress 9781840917659 \$20.00

## Vogue Essentials: Little Black Dress

Chloe Fox

**Key Selling Points** 

- Contains some of the best fashion photography available, including images from British *Vogue*'s peerless archive of a million fashion images
- British *Vogue* is an internationally prestigious, enduring luxury brand with a circulation of more than 200,000 in the UK
- The collaboration between Conran Octopus and British *Vogue* has been hugely successful, with more than 300,000 copies sold worldwide

#### Summary

Discover the most covetable Little Black Dresses in fashion history, with this beautiful book from internationally prestigious fashion brand, *British Vogue* 

# "One is never over-dressed or under-dressed with a Little Black Dress" - Karl Lagerfeld

Ninety years after *British Vogue* dubbed Coco Chanel's simple short black 'Ford' dress 'the frock that all the world will wear', Chloe Fox celebrates the best LBDs in *Vogue Essentials: Little Black Dress*. From the bold, dramatic designs of Zandra Rhodes to the eye-catching LBDs by Vivienne Westwood, from the pared-down simplicity of Calvin Klein's shift dresses to an asymmetric shoulder evening gown by Versace, *Vogue Essentials: Little Black Dress* celebrates the very best of the LBD.

This irresistible series from Conran Octopus and *British Vogue* explores the key pieces in a stylish woman's wardrobe and features photographs from *Vogue*'s peerless archive of more than a million pictures.

#### **Contributor Bio**

**Chloe Fox** is a contributing editor to *Vogue*, where she spent three years working on the Features desk. Over the years, she has interviewed a number of its cover stars, including Sienna Miller, Keira Knightley and Helena Bonham Carter. She is also the author of two of the biographies in the hugely popular *Vogue On* Series - *Vogue On Alexander McQueen* and *Vogue On Manolo Blahnik*.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising





Vogue Goes Pop	Webb, Iain R.	Conran 8/30/2016	9781840917444 184091744X	\$12.99 USD	Paperback	Games & Activities
Vogue The Jewellery	Woolton, Carol	Conran 7/7/2020	9781840917994 1840917997	\$39.99 USD	Hardcover	Design
Vogue Essentials: Handbags	Asome, Carolyn	Conran 4/3/2018	9781840917666 1840917660	\$20.00 USD	Hardcover	Design
Vogue Essentials Lingerie	Cryer, Anna	Conran 4/2/2019	9781840917680 1840917687	\$20.00 USD	Hardcover	Design
Vogue the Shoe	Quick, Harriet	Conran 10/2/2018	9781840917758 184091775X	\$39.99 USD	Hardcover	Design
Vogue Cocktails	Mcnulty, Henry	Conran 9/3/2019	9781840917888 1840917881	\$12.99 USD	Hardcover	Cooking
Vogue Essentials Heels	Rolfe, Gail	Conran 4/2/2019	9781840917673 1840917679	\$20.00 USD	Hardcover	Design
Vogue Coloring Book	Webb, Iain R.	Conran 4/5/2016	9781840917260 1840917261	\$12.99 USD	Paperback	Games & Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## Subrights


Conran 9781840918243 1840918241 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$20.00/\$22.00 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 6 Print Run: 6K Design / Fashion & Accessories DES005000 8.5 in H | 6.6 in W | 0.8 in T | 1.3 Ib Wt

Status: FORTHCOMING

Related Products

**Ebooks** 9781840917789

## Vogue Essentials: Handbags

Carolyn Asome

## Summary

From the internationally prestigious fashion brand, *British Vogue*, comes this gorgeous celebration of the must-have fashion accessory: the handbag

"Any woman can wear shoes and handbags: it's not a question of how tall you are, how skinny you are, how blonde or blue-eyed or tanned or whatever." -Marc Jacobs

Carolyn Asome reveals the fashion accessory that can make any woman feel fabulous from the myriad surrealist creations of Karl Lagerfeld at Chanel to Prada's democratic nylon backpack, from the exclusive Hermés Birkin bag to individual vintage gems, the handbag is fashion's most inventive accessory.

No shock, then, that the handbag market today is worth more than a hundred billion dollars. From each season's must-have to five-figure rarities, the handbag symbolizes the inexplicable power of fashion desire. *Vogue Essentials: Handbags* explores all the greatest hits in a collection that any fashion devotee will covet.

# This irresistible series from Conran Octopus and *British Vogue* explores the key pieces in a stylish woman's wardrobe and features photographs from *Vogue*'s peerless archive of more than a million pictures.

## **Contributor Bio**

**Carolyn Asome** is a fashion and interiors writer and brand consultant. She was a fashion editor at *The Times* for 14 years and now contributes to the *The Times*, *The Sunday Times Style* magazine, the *Telegraph*, and *British Vogue*. She lives in London with her husband, two daughters and one son.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

Vogue Goes Pop

Webb, Iain R. Conran 8/30/2016 9781840917444 \$12.99 184091744X USD

Vogue The Jewellery	Woolton, Carol	Conran 7/7/2020	9781840917994 1840917997	\$39.99 USD	Hardcover	Design
Vogue Essentials: Little Black Dress	Fox, Chloe	Conran 4/3/2018	9781840917659 1840917652	\$20.00 USD	Hardcover	Design
Vogue Essentials: Handbags	Asome, Carolyn	Conran 4/3/2018	9781840917666 1840917660	\$20.00 USD	Hardcover	Design
Vogue Coloring Book	Webb, Iain R.	Conran 4/5/2016	9781840917260 1840917261	\$12.99 USD	Paperback	Games & Activities
Vogue the Shoe	Quick, Harriet	: Conran 10/2/2018	9781840917758 184091775X	\$39.99 USD	Hardcover	Design
Vogue Essentials Lingerie	Cryer, Anna	Conran 4/2/2019	9781840917680 1840917687	\$20.00 USD	Hardcover	Design
Vogue Essentials Heels	Rolfe, Gail	Conran 4/2/2019	9781840917673 1840917679	\$20.00 USD	Hardcover	Design
Vogue Cocktails	Mcnulty, Henry	Conran 9/3/2019	9781840917888 1840917881	\$12.99 USD	Hardcover	Cooking



HELEN FOSTER & ANGELA DOWDEN Registered Natritionist

## 

#### Aster 9781783254491 1783254491 Pub Date: 12/7/2021 On Sale Date: 12/7/2021 \$12.99/\$14.99 Can./£9.99 UK Discount Code: OPB Paperback

224 Pages Print Run: 6K Health & Fitness / Diet & Nutrition HEA006000 7.8 in H | 5 in W

Status: FORTHCOMING

Related Products

**Ebooks** 9781783254507

## **The Macro Method**

**The science-backed approach to lasting weight loss** Helen Foster, Angela Dowden

## **Key Selling Points**

- Diet apps like MyFitnessPal have made macro counting hugely popular among health and fitness audiences
- Perfect for fans of diets such as keto and paleo

## Summary

## A macro-based approach to simple and sustainable weight loss

Say goodbye to calorie counting with this revolutionary weight-loss method.

Macronutrients or 'macros' are the three main nutrient groups that your body can't live without: carbohydrates, fats and protein.

So many diets focus on calorie counting, but all calories are not created equal: your body doesn't process 20 calories of kale and 20 calories of chocolate in the same way, and that is all down to their different macro breakdowns.

*The Macro Method* is about balance. By eating the right ratio of carbohydrates, fats and protein, you can lose weight and build muscle in a healthy, sustainable way without avoiding the foods you love. It is a flexible approach to dieting, which encourages you to make smart food choices that guarantee results.

This book will tell you everything you need to know about counting macros, including the latest research about how the diet works and its nutritional benefits. The 21-day plan will help you ditch the calorie counting for good, with more than 40 simple recipes to tempt you.

## **Contributor Bio**

**Helen Foster** is a leading health journalist and bestselling author. Her work has appeared in publications including the *Daily Mail*, *Stylist*, *Women's Health*, *Stella*, *Red*, *Cosmopolitan* and many more. She also runs the popular health blog Not Your Normal Health Blog. Helen was born in the UK but is now based in Sydney.

**Angela Dowden** RNutr is a UK Registered Nutritionist and freelance health writer/author with over 20 years expertise writing for national newspapers and magazines including several years as a columnist at both *WOMAN* and *Woman's Own*. Her nutrition philosophy is that one size doesn't fit all, and that a healthy diet should be fad-free and tasty.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## **Comp Titles**

The Whole Foods Diet	Mackey, John	Grand Central Publishing	2/4/2020	978147894493 1478944935	5 \$16.99 USD	Health & Paperback Fitness
The Dash Diet Weight	Heller,	Grand Central	12/17/201	978145551278	2 \$16.99	Paperback Health &
Loss Solution	Marla	Publishing		1455512788	USD	Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Kyle Books 9780857839657 0857839659 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$26.99/\$29.99 Can./£22.00 UK Discount Code: OHC Hardcover

192 Pages Carton Qty: 16 Print Run: 6K Cooking / Methods CKB070000 10.9 in H | 7.8 in W | 0.9 in T | 1.7 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781914239021

## **How to Cook**

The 100 Essential Recipes Everyone Should Know Darina Allen

## Summary

## An accessible and streamlined culinary primer for anyone wanting to master basic cooking skills using 25 of the most popular staple ingredients, written by the grande dame of Irish food

Darina Allen is at the forefront of healthy, sustainable family food in Ireland, and this is her up-to-date take on what a new generation needs to know for creating tasty, nutritious, waste-less dishes at home. She frequently encounters people who do not know the simplest basic cooking techniques or the 25 most frequently used ingredients for home cooking. Darina's mission is to ensure that no one should leave home or create a home without knowing the basics of how to make good food from scratch using healthy ingredients.

From Tray-Baked Eggs to '5-Ways Tomato Sauce' and Kale & Crumble Mac 'n' Cheese, the recipes are divided by ingredients and have an international focus to reflect how people cook today.

## **Contributor Bio**

**Darina Allen** runs the world-renowned cookery school at Ballymaloe in Ireland and is the bestselling author of *Ballymaloe Cookery Course* and *Forgotten Skills of Cooking*, which won the prestigious André Simon award in 2009. She campaigns for local produce, is a member of Slow Food Ireland and set up Ireland's first farmers' market. Through the East Cork Educational Fund, she runs a programme for local primary schools to help local children learn about food from garden to plate. She won the Guild of Food Writers' Lifetime Achievement award in 2013.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

Irish Traditional Cooking	Allen, Darina	Kyle Books	3/16/2012	9781906868765 190686876X	\$35.00 USD	Hardcover Cooking
Grow Cook Nourish	Allen, Darina	Kyle Books	10/7/2017	, 9781909487741 1909487740	\$45.00 USD	Hardcover Cooking
One Pot Feeds All	Allen, Darina	Kyle Books	2/4/2020	9780857837134 0857837133	\$24.99 USD	Hardcover Cooking
Simply Delicious the Classic Collection	Allen, Darina	Kyle Books	2/5/2019	9780857835550 0857835556	\$27.99 USD	Hardcover Cooking
The Complete Irish Pub Cookbook	Parragon Books	Parragon	1/15/2019	9781680524123 1680524127	\$9.99 USD	Hardcover Cooking
Clodagh's Suppers	McKenna, Clodagh	Kyle Books	3/12/2019	9781909487994 1909487996	\$24.99 USD	Hardcover Cooking
Clodagh's Home Cooking	McKenna, Clodagh	Kyle Books	4/7/2020	9780857838544 0857838547	\$24.99 USD	Hardcover Cooking

#### Octopus Fall 2021 Frontlist



## 

Pyramid 9780753734537 0753734532 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$12.99/\$14.99 Can./£10.00 UK Discount Code: OHC Hardcover

128 Pages Carton Qty: 40 Print Run: 5K Body, Mind & Spirit / Healing OCC011000 7 in H | 5.4 in W | 0.7 in T | 0.7 lb Wt Status:**FORTHCOMING** 

Related Products

**Ebooks** 9780753734773

## WOMXN: Sticks and Stones

Acrostics and Poems to Reclaim the Words that Have Hurt Us Lexy Wren-Sillevis

#### Summary

# Sticks and stones may break your bones, but words need never hurt you. A tool for transformation and resilience for womxn

*Sticks and Stones* is a powerful reclamation of the slurs and insults thrown at womxn for centuries. It's a righting of wrongs - a rewriting of sexist, belittling and shaming language. It's a tool for breaking free from the stereotypes and impossible standards used to confine womxn, transforming them into messages of resilience and resolve. And, most importantly, it's a rallying call for change, healing and empowerment.

No matter your race, age, sexual orientation or gender identity, this book is for all womxn everywhere. It takes the words, slurs, insults and labels that are used to diminish womxn every day and breaks them down and tears them apart. It transmutes and rewrites these words - sometimes with all of the pain they trigger, sometimes in the form of positive affirmations, mantras and poems - all told in acrostics.

With their underlying meditative rhythms, these acrostics are also a remedy for healing wounds and empowering womxn to have the confidence to be their true selves. You can dip in and out, or read it cover to cover. You can come back to, and work through, any words that resonate with you.

Lexy also offers clearing meditations at the back of the book to help you tackle the words that hurt you most, helping to remove them from your past, present and future.

## **Contributor Bio**

**Lexy Wren-Sillevis** (she/her) is a poet, writer, healer and respected energy psychologist. She is also just that person that people open up and pour their hearts out to (and recognizes that as a privilege). This book is the culmination of almost a decade of spiritual work and therapy with private clients; and a lifetime of being a womxn occasionally called awful names. Lexy lives in London with her husband, two daughters, their cat, Kurt Russell, and Claude, their miniature dachshund.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations





## **Comp Titles**

Milk and Honey	Kaur, Rupi	Andrews McMeel Publishing	10/6/2015	9781449474256 144947425X	\$14.99 USD	Trade Paperback	Poetry
Pillow Thoughts	Peppernell, Courtney	Andrews McMeel Publishing	8/29/2017	9781449489755 1449489753	\$16.99 USD	Trade Paperback	Self-Help
Pillow Thoughts II	Peppernell, Courtney	Andrews McMeel Publishing	8/7/2018	9781449495084 1449495087	\$16.99 USD	Trade Paperback	Poetry
The Little Book of Queer Icons	Alexander, Samuel	Summersdale	10/1/2019	9781786857774 1786857774	\$9.99 USD	Paperback	Family & Relationships
She Walks in Beauty	Kennedy, Caroline	Grand Central Publishing	3/15/2016	9781455564071 1455564079	\$17.99 USD	Paperback	Poetry

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## **Subrights**



Dingleberry Marx

## 

Pyramid 9780753734674 0753734672 Pub Date: 10/19/2021 On Sale Date: 10/19/2021 \$8.99/\$9.99 Can./£6.99 UK Discount Code: OHC Hardcover

80 Pages Carton Qty: 1 Print Run: 6K Humor HUM000000

6 in H | 4.3 in W | 0.09 lb Wt Status:**FORTHCOMING** 

#### Related Products

**Ebooks** 9780753734896

## **Crap Divination**

**The Dark Art of Reading Dark Marks: How to Interpret Toilet Runes** Dingleberry Marx

#### Summary

A hilarious guide to unlocking the hidden messages left behind in your toilet bowl

This easy-to-follow-through guide lifts the lid on toilet marks and unlocks the secret of your secretions.

A divination guide for bowel-on-bowl action, this book will develop your innate intuition skills and reveal the mysteries of symbolics.

But this is not just symbolics; this is some really deep sh\*t.

Within these pages lies the turd-teller's Tarot, the butt-bean favomancer's friend, the smelly-pebble pessomancer's pamphlet: this truly is crap divination.

## **Contributor Bio**

**Pyramid** publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

52 Things to Do While You Poo	Jassburn, Hugh	Sourcebooks 5/1/2015 9781492607540 \$10.99 Trade 1492607541 USD Paperback	Humor
The Little Book of Farts	Summersdale	Summersdale 9/3/2019 9781786855664 \$9.99 USD Hardcover 1786855666	Humor
The Little Book of Shit	Summersdale	Summersdale 4/2/2019 9781786855657 1786855658 \$9.99 USD Hardcover	Humor

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.



Pyramid 9780753734711 0753734710 Pub Date: 9/28/2021 On Sale Date: 9/28/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC Hardcover

96 Pages Carton Qty: 60 Print Run: 6K Body, Mind & Spirit OCC000000

5.9 in H | 4.3 in W | 0.6 in T | 0.4 lb Wt Status:**FORTHCOMING** 

Related Products Ebooks 9780753734902

## The Art of Positive Living

How to see the good in everyday life Camille Knight

#### Summary

# A collection of uplifting tips and reflections to help you seize the day and live life to the full

The road to a balanced and meaningful life is different for each of us, and in such a busy world we can often lose sight of what that truly means.

In *The Art of Positive Living*, you'll discover the benefits of shifting your mindset and looking for the good in everyday situations, even when times are tough. This little collection of tips and reflections will show you just how impactful it can be to take a few short moments to look on the bright side, and will ultimately help to boost your mood and improve your overall wellbeing.

## **Contributor Bio**

**Pyramid** publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is knownfor its titles drawn from the extensive Octopus archive and its custom publishing expertise.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations

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## **Comp Titles**

The Art of Simple Living	Gauding, Madonna	Pyramid	7/7/2020	9780753733790 075373379X	\$9.99 USD	Hardcover Body, Mind & Spirit
Stay Positive	Goulding, Sophie	Summersdale	e 7/2/2019	9781786857705 1786857707	\$13.99 USD	Hardcover Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

#### **Subrights**



Pyramid 9780753734698 0753734699 Pub Date: 9/28/2021 On Sale Date: 9/28/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC Hardcover

96 Pages Carton Qty: 60 Print Run: 5K Body, Mind & Spirit OCC000000

5.9 in H | 4.4 in W | 0.6 in T | 0.4 lb Wt Status:**FORTHCOMING** 

Related Products Ebooks

9780753734919

## The Art of Mindful Living

How to slow down and live mindfully Camille Knight

#### Summary

# A collection of mindful tips and reflections to help you live a more peaceful and balanced life

The road to a balanced and meaningful life is different for each of us, and in such a busy world we can often lose sight of what that actually means.

In *The Art of Mindful Living*, you'll discover just how much mindfulness can change the way you think by helping you to live in the present moment. This little collection of tips and reflections will show you the benefits of taking just a few minutes' break in your day, allowing you to step back, understand your thoughts and improve your overall focus.

## **Contributor Bio**

**Pyramid** publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

## Marketing Plans

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations

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## **Comp Titles**

Tiny Healer: Mindfulness		Pyramic	10/1/2019	9780753733493 0753733498	\$8.99 USD	Hardcover	Body, Mind & Spirit
Little Book of Mindfulness	Collard, Patrizia	Gaia	5/27/2014	9781856753531 1856753530	\$9.99 USD	Flexibound	Body, Mind & Spirit
The Art of Simple Living	Gauding, Madonna	Pyramic	1 7/7/2020	9780753733790 075373379X	\$9.99 USD	Hardcover	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

**Subrights** 



Mitchell Beazley 9781784727963 1784727962 Pub Date: 10/12/2021 On Sale Date: 10/12/2021 \$16.99/\$18.99 Can. Discount Code: OHC Hardcover

336 Pages Print Run: 15K Cooking / Beverages CKB126000

7.9 in H | 4.3 in W Status:**FORTHCOMING** 

## Hugh Johnson Pocket Wine 2022

The new edition of the no 1 best-selling wine guide Hugh Johnson, Margaret Rand

## **Key Selling Points**

- More than 12 million copies sold
- The world's number one annual wine guide, completely revised and updated each year to reflect changes in the world of wine
- Key reference for wine investors and collectors, with four levels of vintage information detailing which wines to drink now and which to cellar

### Summary

The brand new edition of the unrivalled and bestselling annual, *Hugh Johnson's Pocket Wine Book* 

The world's best-selling annual wine guide.

*Hugh Johnson's Pocket Wine Book* is the essential reference book for everyone who buys wine - in shops, restaurants, or on the internet. Now in its 45th year of publication, it has no rival as the comprehensive, up-to-the-minute annual guide.

Hugh Johnson provides clear succinct facts and commentary on the wines, growers and wine regions of the whole world. He reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. *Hugh Johnson's Pocket Wine Book* gives clear information on grape varieties, local specialities and how to match food with wines that will bring out the best in both.

This latest edition of *Hugh Johnson's Pocket Wine Book* includes a color supplement: **The Ten Best Things About Wine Right Now**, which covers wine blending and orange wine.

## **Contributor Bio**

**Hugh Johnson** is the world's pre-eminent writer on wine. First published in 1977, his *Pocket Wine Book* sells hundreds of thousands of copies a year. His winning formula of insight, critical appraisal of the world of wine, plus valuable vintage news and wine recommendations has been often-imitated but never bettered.

With the publication of his first book, *Wine*, Johnson established himself at the age of twenty-seven as the most refreshing and authoritative voice on the subject. During the past five decades he has written a series of landmark books on wine, including his classic *The World Atlas of Wine*, now in its eighth edition, co-authored by Jancis Robinson. His *Wine Companion* is in its sixth edition. His memoir, *A Life Uncorked*, and his acclaimed history, *The Story of Wine*, were both bestsellers. He was given the French National Order of Merit in 2005 and he was appointed an OBE in 2007 "for services to wine-making and horticulture," his two great passions.

**Margaret Rand** has been general editor of *Hugh Johnson's Pocket Wine Book* for some 15 years and now, with Hugh's retirement, has taken over the hot seat. The book's mix of personal insight and informed recommendations have made it the world's best-selling annual wine book.

Margaret Rand's curiosity about wine started several decades ago and led her to a career of writing about wine and editing wine magazines, with the occasional foray into whisky. Her books include *Grapes & Wines* and *101 Wines to Try Before You Die*; she also writes regularly for *The World of Fine Wine*, timatkin.com and winesearcher.com. When she's not writing about wine she's probably walking, reading, or in the kitchen, cooking.

- Social media campaign
- National media outreach
- Trade and Library Advertising

## **Illustrations**



## **Comp Titles**

Sitting in the Shade	Johnson, Hugh	Mitchell Beazley	6/1/2021	9781784727079 \$22.99 1784727075 USD	Hardcover Gardening
Hugh Johnson's Pocket Wine Book 2021	Johnson, Hugh	Mitchell Beazley	9/1/2020	9781784726812 \$16.99 1784726818 USD	Antiques & Collectibles
Hugh Johnson in the Garden	Johnson, Hugh	Mitchell Beazley	5/1/2009	9781845334857 \$19.99 184533485X USD	Hardcover Gardening
Hugh Johnson Pocket Wine 2020	Johnson, Hugh	Mitchell Beazley	9/3/2019	9781784726126 \$16.99 1784726125 USD	Antiques & Collectibles
The World Atlas of Wine 8th Edition	n Robinson, Jancis	Mitchell Beazley	10/1/2019	9781784726188 \$65.00 1784726184 USD	Hardcover Cooking
The Concise World Atlas of Wine	Johnson, Hugh	Mitchell Beazley	8/15/2009	9781845335007 \$29.99 1845335007 USD	Paperback Cooking
Hugh Johnson's Pocket Wine Book 2019	Johnson, Hugh	Mitchell Beazley	9/4/2018	9781784725280 \$16.99 1784725285 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2010: 33rd Edition	Johnson, Hugh	Mitchell Beazley	8/15/2009	9781845335298 \$14.99 1845335295 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2011	Johnson, Hugh	Mitchell Beazley	8/25/2010	9781845335526 \$14.99 184533552X USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2012	Johnson, Hugh	Mitchell Beazley	8/15/2011	9781845336028 \$14.99 184533602X USD	Hardcover Cooking

Hugh Johnson on Wine	Johnson, Hugh	Mitchell Beazley	5/2/2017	9781784722623 1784722626	\$24.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2014	Johnson, Hugh	Mitchell Beazley	9/10/2013	9781845337445 1845337441	\$15.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2018	Johnson, Hugh	Mitchell Beazley	9/5/2017	9781784724078 1784724076	\$16.99 USD	Hardcover Cooking
The World Atlas of Wine	Johnson, Hugh	Mitchell Beazley	7/28/2006	9781840003321 1840003324	\$50.00 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2013	Johnson, Hugh	Mitchell Beazley	8/15/2012	9781845336844 1845336844	\$15.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2017	Johnson, Hugh	Mitchell Beazley	9/6/2016	9781784721473 1784721476	\$16.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2015	Johnson, Hugh	Mitchell Beazley	9/2/2014	9781845339456 1845339452	\$16.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2016	Johnson, Hugh	Mitchell Beazley	9/1/2015	9781784720902 1784720909	\$16.99 USD	Hardcover Cooking
The World Atlas of Wine	Robinson, Jancis	Mitchell Beazley	10/8/2013	9781845336899 1845336895	\$60.00 USD	Hardcover Cooking

## **Subrights**



Mitchell Beazley 9781784727932 1784727938

Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$29.99/\$32.99 Can./£20.00 UK Discount Code: OHC Hardcover

240 Pages Carton Qty: 1 Print Run: 8K Cooking / Regional & Ethnic CKB044000

9.5 in H | 7.6 in W | 0.09 lb Wt Status:**FORTHCOMING** 

## The Cardamom Trail Delicious bakes inspired by India Chetna Makan

**Key Selling Points** 

- Chetna has sold nearly 10,000 copies across four titles via BookScan
- ?The Great British Bake Off peaked at 12.3 million viewers per episode in the UK
- She has over 120k Youtube followers
- Chetna has 38k followers on Twitter and 152k on Instagram, 45% of which are based in the US

#### Summary

# Explore a myriad of flavors in this vibrant baking book from Chetna Makan of BBC1's *The Great British Bake Off*

Chetna Makan is known for her unique recipes, which introduce colorful spices, aromatic herbs and other Indian ingredients into traditional Western baked favorites.

Whether it's a sponge cake with a cardamom and coffee filling; puff pastry bites filled with fenugreek paneer; a swirly bread rolled with citrusy coriander, mint and green mango chutney; or a steamed strawberry pudding flavored with cinnamon, Chetna's Indian influences will transform your baking from the familiar to the exotic, from the ordinary to the extraordinary.

Discover rare but precious traditional bakes from India, as well as new spice-infused recipes. Delve into the history of Indian herbs and spices and learn how to match foods and flavors.

## **Contributor Bio**

**Chetna Makan** was born in Jabalpur, an ancient city in central India. She has a degree in fashion and worked in Mumbai as a fashion designer before moving to the UK in 2003. Chetna reached the semi-final of *The Great British Bake Off* in 2014, and her first book, *The Cardamom Trail*, is a celebration of baking with Indian flavors. She has a very popular YouTube channel 'Food with Chetna' where she shares her creative flair for food. Her other books, also published by Mitchell Beazley, include *Chai, Chaat & Chutney, Chetna's Healthy Indian*, and *Chetna's Healthy Indian Vegetarian*.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations





## **Comp Titles**

The Great British Baking Show	Hollywood, Paul	Quercus	12/22/2020	9780751583052 \$30.00 0751583057 USD	Hardcover Cooking
Chetna's 30 Minute Indian	Makan, Chetna	Mitchell Beazley	7/20/2021	9781784727505 \$29.99 1784727504 USD	Hardcover Cooking
The Cardamom Trail	Makan, Chetna	Mitchell Beazley	5/3/2016	9781784721299 \$29.99 1784721298 USD	Hardcover Cooking
Chetna's Healthy Indian: Vegetarian	Makan, Chetna	Mitchell Beazley	6/30/2020	9781784726621 \$29.99 1784726621 USD	Hardcover Cooking
Chetna's Healthy Indian	Makan, Chetna	Mitchell Beazley	3/5/2019	9781784725358 \$29.99 1784725358 USD	Hardcover Cooking
Chai, Chaat & Chutney	Makan, Chetna	Mitchell Beazley	9/5/2017	9781784722876 \$29.99 1784722871 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## **Subrights**



Relieve symptoms of IBS using a food-first approach

As seen on TV

Aster 9781783254668 1783254661 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$14.99/\$16.99 Can./£12.99 UK Discount Code: OPB Paperback

272 Pages Print Run: 6K Health & Fitness / Diet & Nutrition HEA048000

9.3 in H | 6 in W Status:**FORTHCOMING** 

Related Products

**Ebooks** 9781783254675

## The Complete Low FODMAP Diet Plan

**Relieve symptoms of IBS using a food-first approach** Priya Tew

**Key Selling Points** 

- Irritable bowel syndrome (IBS) is the most common functional gastrointestinal disorder with worldwide prevalence rates ranging generally in the area of 10-15% (AboutIBS.org)
- In a landmark study published in 2014, Australian researchers asked patients with IBS to remove FODMAPs from their diet. They found 74 per cent reported that their symptoms, such as bloating, abdominal pain, gas, excessive burping, diarrhoea and constipation, had improved dramatically
- This diet plan is based on solid science, devised at Monash University, Melbourne Australia, and supported by Kings College Hospital, London UK and the University of Michigan, US
- Demystifies the reintroduction phase of the low-FODMAP diet

## Summary

Everything you need to know about the low-FODMAP diet for IBS, Crohns disease, celiac disease and other gut disorders, including a complete diet plan and 75 gut-friendly recipes to help you on your way

**FODMAPs** (Fermentable, Oligo/Di/Mono-saccharides and Polyols) are all types of carbohydrates that are poorly absorbed in the small intestine. The low-FODMAP diet has been clinically proven to be effective in reducing IBS symptoms.

The Complete Low-FODMAP Diet Plan is essential reading for those who have received a formal medical diagnosis and are seeking to alleviate the symptoms of gut discomfort through changes in their diet.

This detailed handbook describes how the low-FODMAP diet works, details the FODMAPs to be avoided, and explains the three-stage process of elimination, reintroduction and personalization in a comprehensive diet plan. It demystifies the reintroduction phase of the low-FODMAP diet, bringing clarity to a topic where information, knowledge and experience is scarce, and providing the reader with a structured reintroduction protocol to follow. The book also includes 75 tasty gut-friendly recipes.

Readers who follow the low-FODMAP diet closely can experience less bloating and discomfort, a reduction in abdominal pain and other gut-related symptoms, and improved energy levels and mood.

## **Contributor Bio**

**Priya Tew** is an award-winning, experienced registered Dietitian and nutrition professional with a degree in Nutritional Sciences and a Masters in Dietetics. She is registered with the Health Professions Council and the British Dietetic Association. With wide-ranging experience both within the NHS and as a freelance dietitian, Priya offers an inventive and fresh approach to nutrition.

Winner of the British Dietetic Association's Media Spokesperson of the Year and an SBS award from Theo Paphitis. With a wealth of media experience, Priya is known for her down-to-earth realism and no-nonsense nutrition messages.

**Marketing Plans** 

- Social media campaign
- National media outreach
- Trade and Library Advertising

## **Comp Titles**

The Complete Low-FODMAP Diet	Shepherd, Sue	The Experiment	8/13/2013	9781615190805 1615190805	\$19.95 USD	Trade Paperback	Health & Fitness
The Low-FODMAP Diet for Beginners	Tunitsky, Mollie	Rockridge Press	10/10/2017	9781623159573 1623159571	\$17.99 USD	Trade Paperback	Health & Fitness
Eat to Beat Disease	Li, William W	Grand Central Publishing	3/19/2019	9781538714621 1538714620	\$30.00 USD	Hardcover	Health & Fitness
The Dash Diet Weight Loss Solution	Heller, Marla	Grand Central Publishing	12/17/2019	9781455512782 1455512788	\$16.99 USD	Paperback	Health & Fitness
Your Body in Balance	Barnard, Neal D	Grand Central Publishing	2/4/2020	9781538747421 1538747421	\$28.00 USD	Hardcover	Health & Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## **Subrights**

#### Octopus Fall 2021 Frontlist



Kyle Books 9780857839770 0857839772 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$34.99/\$38.99 Can. Discount Code: OHC Hardcover

224 Pages Carton Qty: 14 Print Run: 6K Cooking / Regional & Ethnic CKB031000

10.4 in H | 8.4 in W | 1 in T | 2.1 lb Wt Status:FORTHCOMING

Related Products

#### **Other Formats**

Samarkand 9780349106168 \$0.00

## Samarkand

**Recipes and Stories From Central Asia and the Caucasus** Caroline Eden, Eleanor Ford

#### Summary

Over hundreds of years, various ethnic groups have passed through Samarkand, sharing and influencing each other's cuisine and leaving their culinary stamp. This book is a love letter to Central Asia and the Caucasus, containing personal travel essays and recipes little known in the West that have been expertly adapted for the home cook.

An array of delicious dishes introduce the region and its different ethnic groups – Uzbek, Tajik, Russian, Turkish, Korean, Caucasian and Jewish – along with a detailed introduction on the Silk Road and a useful cupboard of essential ingredients.

Chapters are divided into Shared Table, Soups, Roast Meats & Kebabs, Warming Dishes, Pilavs & Plovs, Accompaniments, Breads & Doughs, Drinks and Desserts. 100 recipes are showcased, including Apricot & Red Lentil Soup, Chapli Kebabs with Tomato Relish, Rosh Hashanah Palov with Barberries, Pomegranate and Quince, Curd Pancakes with Red Berry Compote and the all-important breads of the region. And with evocative travel features like On the Road to Samarkand, A Banquet on the Caspian Sea and Shopping for Spices under Solomon's Throne, you will be charmed and enticed by this region and its cuisine, which has remained relatively untouched in centuries.

## **Contributor Bio**

**Caroline Eden** is a writer contributing to the travel, food and arts pages of the *Guardian, Financial Times* and the *Times Literary Supplement*. She is the author of three other books focusing on the former Soviet Union and the Turkic-speaking World, *Black Sea* (Quadrille, 2018), *Red Sands* (Quadrille, 2020) and *The Land of the Anka Bird* (Cornucopia Books, 2020). Website: carolineeden.com

Twitter and Instagram: @edentravels

**Eleanor Ford** writes about food, travel and recipes. Her writing has won awards from the Guild of Food Writers, Gourmand World Cookbook Awards and the Edward Stanford Travel Writing Awards. Website: eleanorfordfood.com Instagram: @eleanorfordfood

**Marketing Plans** 

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations





## **Comp Titles**

Red Sands	Eden, Caroline	Quadrille Publishing	11/17/2020	9781787134829 \$37.00 1787134822 USD	Hardcover Cooking
Samarkand	Ford, Eleano	r Kyle Books	6/7/2016	9781909487420 \$34.95 1909487422 USD	Hardcover Cooking
Black Sea	Eden, Caroline	Quadrille Publishing	5/21/2019	9781787131316 \$35.00 1787131319 USD	Hardcover Cooking
Olives, Lemons and Za'atar	Bishara, Rawia	Kyle Books	9/3/2019	9780857837578 \$29.99 0857837575 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

## **Subrights**



Photography

ginner's guide to taking great ph Chris Galcum

## **Complete Photography**

The beginner's guide to taking great photos Chris Gatcum

### Summary

# A complete and accessible guide to photography, bringing fantastic photography within everyone's grasp

Whatever your level of photographic experience, this incredibly in-depth guide is guaranteed to raise your game. Take the guesswork out of your photography and understand not just what to do with your camera, but how and why this affects the photos you take.

You'll learn how to compose a shot for visual impact, focus it to attract the viewer's eye, expose it so every detail is captured and so much more. Photography never stands still so it doesn't matter what camera you have, whether you own an SLR, film camera or a compact digital camera, Gatcum will teach you how to take the best photos possible. As well as Gatcum's own expertise on the subject, *Complete Photography* is packed with tips and masterclasses from other inspirational professionals.

## **Contributor Bio**

**Chris Gatcum** has lived and breathed photography for over two decades, working as a pro photographer, journalist, specialist magazine and book editor, and best-selling author. A passionate advocate of experimental digital and traditional photography, he is as comfortable conducting technical camera tests as he is demystifying the art of photography for the rest of us.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

The Beginner's Guide Kamps, 9781781575109 \$19.99 **Ilex Press** 9/5/2017 Paperback Photography 178157510X to Photography Haje Jan USD National Geographic National Sartore, 9781426219702 \$19.99 11/12/2019 Paperback Photography Photo Basics 1426219709 USD Joel Geographic

Ilex Press 9781781578537 1781578532 Pub Date: 10/26/2021 On Sale Date: 10/26/2021 \$24.99/\$27.99 Can. Discount Code: OPB Paperback

400 Pages Carton Qty: 10 Print Run: 8K Photography / Techniques PHO018000 9.7 in H | 7.6 in W | 1.1 in T | 2.7 Ib Wt

#### Status: FORTHCOMING

Related Products

**Other Formats** 

Complete Photography 9781781573464 \$19.99

**Ebooks** 9781781578391

The Beginner's Photography Guide	Gatcum, Chris	DK	4/15/2013	9781465408457 \$19.95 1465408452 USD	Trade Paperback	Photography
The Beginner's Photography Guide	Gatcum, Chris	DK	5/10/2016	9781465449665 \$19.95 1465449663 USD	Trade Paperback	Photography
How Do I Photograph a Sunset?	a Gatcum, Chris	Ilex Press	10/12/2021	9781781578216 \$19.99 1781578214 USD	Paperback	Photography
Beyond Auto	GATCUM CHRIS	Ilex Press	9/1/2015	9781781572665 \$14.99 1781572666 USD	Paperback	Photography
#PHOTO52	Gatcum, Chris	Ilex Press	10/5/2021	9781781578506 \$24.99 1781578508 USD	Paperback	Photography
Complete Photography	Gatcum, Chris	Ilex Press	5/2/2017	9781781574065 \$24.99 1781574065 USD	Paperback	Photography



## **Kyle Books** 9780857837196

0857837192 Pub Date: 11/2/2021 On Sale Date: 11/2/2021 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC Hardcover

192 Pages Print Run: 5K Cooking / Regional & Ethnic CKB090000

9.3 in H | 7.5 in W Status: FORTHCOMING

## wagamama your way

Fast Flexitarian Recipes for Body + Soul Steven Mangleshot

#### Summary

A follow-up to the hugely successful feed your soul from the international restaurant brand, offering nourishing recipes for all times of the day and new classics in a framework of positive eating and living

wagamama your way features more than 70 fresh and vibrant recipes to nourish and inspire. Designed to be flexible for everyday, the dishes include fast and slow meals, store cupboard 'throw togethers' and considered classics.

From vegan katsu curry and vegetarian firecracker to mandarin + sesame salad, prawn tempura ramen, and sticky mushroom and squash stir fry, expect to find new variations on wagamama favourites as well as nourishing quick eats and soulful comfort food. Chapters include 'fast + fun + easy', 'bowls of goodness', 'ways with the wok' and 'sides + sauces + pickles'. Many of the recipes are vegan, and there are also alternative ingredient suggestions so you can create plant-based versions of meat dishes.

Whether you are cooking for one or a crowd, hacks provide 'quick fixes' to transform basic recipes into flavor-packed feasts. There are also hints and secrets from the chefs to help you bring wagamama home. With inspiring illustrations and photography, wagamama your way provides all the ideas you need for easy, mindful nourishment.

## **Contributor Bio**

Since opening its first restaurant in 1992, wagamama has grown to become a much-loved global brand. With its Japanese ethos of Kaizen meaning 'good change' and its recipes based on the principles of egalitarianism, balance and simplicity, wagamama is a place where a bench, a bowl and fresh ingredients always provide a welcome.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

wagamama Ways With Noodles

USD

wagamama Feed Your Soul	Mangleshot, Steven	Kyle Books	10/1/2019 9780857837097 \$24.99 0857837095 USD	Hardcover Cooking
The Wagamama Cookbook	Arnold, Hugo	Kyle Books	3/26/2007 9781904920236 \$24.95 1904920233 USD	Hardcover Cooking



Kyle Books 9780857833938 0857833936 Pub Date: 10/5/2021 On Sale Date: 10/5/2021 \$24.99/\$27.99 Can./£20.00 UK/€23.49 DE Discount Code: OPB Paperback

176 Pages Carton Qty: 22 Print Run: 6K Crafts & Hobbies / Fashion CRA009000

9.8 in H | 8.4 in W | 0.9 in T | 1.4 lb Wt Status:**FORTHCOMING** 

**Related Products** 

**Ebooks** 9781914239144

## Sewing Your Perfect Capsule Wardrobe

**5 key pieces with full-size patterns that can be tailored to your style** Arianna Cadwallader, Cathy McKinnon

#### Summary

## Sew your own capsule wardrobe with five perfect pieces tailored to suit you

The capsule wardrobe, popularized by Donna Karan in the 1980s, is timeless, stylish and effortlessly chic. Composed of go-to pieces that can be dressed up or down, it is the perfect antidote to the overstuffed drawers and ill-fitting cheap outfits from the high street.

In this practical but inspiring book, seamstress Arianna Cadwallader and designer Cathy McKinnon present sewing patterns and instructions for the five key pieces that will form the basis of your own capsule wardrobe:

- a great shift dress
- well-fitting pants
- a simple yet stylish skirt
- a light blouse
- a jersey vest

Their focus is on quality and fit – all the patterns can be adapted to fit and suit you perfectly, whether you prefer long, short or cap sleeves, high or low waistbands, and slim, straight or wide legged pants. You can then mix and match your garments to create a variety of looks and styles. Aimed at advanced beginners, the book guides you through how to measure yourself and all the techniques you will need. With a foreword by TV star Dawn O'Porter, this is the essential guide to creating your perfect wardrobe.

## **Contributor Bio**

**Arianna Cadwallader** has a degree in Costume Interpretation and has previously worked on costumes for films including the *Harry Potter* series. She appeared on Channel 4's *This Old Thing* and worked with Dawn O'Porter on her BOB clothing line.

**Cathy McKinnon** is an art director and designer. She founded *Cloth* magazine and her clients include *Oh Comely* magazine and *Simple Things* magazine.

## **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

## Illustrations



## **Comp Titles**

The Sewing Book	Smith, Alison	DK	3/6/2018	9781465468536 \$40.00 1465468536 USD	Hardcover Crafts & Hobbies
Wear, Repair, Repurpose	Fulop, Lily	Countryman Press	3/31/2020	9781682684344 \$19.95 1682684342 USD	Paperback Crafts & Hobbies
You Will Be Able to Knit by the End of This Book	Fletcher, Rosie	Ilex Press	9/8/2020	9781781577967 \$19.99 178157796X USD	Paperback Crafts & Hobbies

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## **Subrights**



#### Cassell 9781788403429 1788403428 Pub Date: 9/7/2021 On Sale Date: 9/7/2021 \$14.99/\$16.99 Can./£12.99 UK Discount Code: OHC Hardcover

288 Pages Carton Qty: 16 Print Run: 5K Family & Relationships / Dating FAM051000

8.8 in H | 5.7 in W | 1.2 in T | 1 lb Wt

#### Status: FORTHCOMING

Related Products

Ebooks 9781788402828 Other Formats 9781914240034

## Self-Contained Scenes from a single life Emma John

Summary

### Everything I Know About Love for the over 40s

There is a piece of cod-wisdom regularly dispensed to single women: romance will arrive when you least expect it. I had assumed it would also make its own travel arrangements too.

Emma John is in her 40s; she is neither married, nor partnered, with child or planning to be.

In her hilarious and unflinching memoir, **Self-Contained**, she asks why the world only views a woman as complete when she is no longer a single figure and addresses what it means to be alone when everyone else isn't.

In her book, she captures what it is to be single in your forties, from sharing a twin room with someone you've never met on a group holiday (because the couples have all the doubles with ensuite) to coming to the realisation that maybe your singleness isn't a temporary arrangement, that maybe you aren't pre-married at all, and in fact you are self-contained.

The book is an exploration of being lifelong single and what happens if you don't meet the right person, don't settle down with the wrong person and realise the biggest commitment is to yourself.

#### **Contributor Bio**

**Emma John** is an award-winning author and journalist who writes regularly for the *Guardian* and *Observer*. Emma was the first woman to win a Sports Journalism Award in the UK, though she is known for her writing on music, theatre, film, books and travel.

Creator and host of the Guardian's cricket podcast *The Spin*, Emma is a regular voice on national radio, appearing on documentaries and comedy shows on BBC R4, as well as providing sports analysis for BBC Radio5Live and talkSPORT. Her previous books include *Wayfaring Stranger: A Musical Journey Through The American South* and *Following On: A Memoir Of Teenage Obsession And Terrible Cricket*.

#### **Marketing Plans**

- Social media campaign
- National media outreach
- Trade and Library Advertising

#### Links

Video From Author

## **Comp Titles**

How to Be Single and Happy	Taitz, Jennifer	TarcherPerigee	1/16/2018	9780143130994 0143130994	\$16.00 USD	Trade Paperback	Family & Relationships
Living Alone and Loving It	Feldon, Barbara	Touchstone	1/2/2003	9780743235174 0743235177	\$12.99 USD	Trade Paperback	Self-Help
Normal People	Rooney, Sally	Hogarth	2/18/2020	9781984822185 1984822187	5 \$17.00 USD	Trade Paperback	Fiction

The Unexpected Joy of Being Single	Gray, Catherine	Aster	1/15/2019	9781912023813 1912023814	\$ \$12.99 USD	Paperback	Family & Relationships
Following On	John, Emma	Wisden	6/21/2016	9781472916877 1472916875	′ \$30.00 USD	Hardcover with dust jacket	Sports & Recreation
Wayfaring Stranger	John, Emma	Weidenfeld & Nicolson	11/3/2020	9781474606851 1474606857	. \$17.99 USD	Paperback	Music

**Subrights**