

Mitchell Beazley 9781784726690 1784726699 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$19.99/\$21.99 Can./£16.99 UK/€21.50 DE

Hardcover 224 Pages Carton Qty: 24 Print Run: 7.5K

Discount Code: OHC

Crafts & Hobbies / Fashion

CRA009000

8.5 in H | 6.1 in W | 0.9 in T | 1.4

lb Wt Status: ACTIVE

Related Products

Ebooks

9781784727185

Why French Women Wear Vintage

And other secrets of sustainable style

Aloïs Guinut

Key Selling Points

- From stealing your mother's vintage blazer to polishing your shoes to make them last longer, French style is both sustainable and chic
- Aloïs Guinut is a successful personal shopper and style coach whose services are in high demand
- Aloïs' first book, Dress Like a Parisian, has now sold over 20,000 copies

Summary

The French way to an eco-conscious, super-stylish wardrobe from Paris-based style coach Aloïs Guinut.

Stylish women everywhere are realizing the environmental damage of fast fashion on the planet and looking for new ways to dress that don't involve cramming the wardrobe with clothes that may never get worn. As Paris-based style-coach Aloïs Guinut explores in this invaulable book, French women have a lot to teach us about how to cherish the planet without sacrificing your style:

- Know what works for you.
- Buy less and buy better.
- Mix vintage items with a few wisely chosen modern pieces.
- Look after what you have and make it last.
- Seek out quality fabrics that don't poison the environment.

Contributor Bio

Aloïs Guinut studied fashion at the prestigious Institut Français de la Mode (French Institute of Fashion), founded by former business partner of Yves St. Laurent, Pierre Bergé. She has previously worked as a fashion trend forecaster and now runs her own personal shopping and style coaching service, giving advice to women from outside of France on Parisian style and designers. Aloïs has been featured in Le Figaro and the Observer and interviewed by BBC Radio 4. Her first book, Dress Like a Parisian, was published by Mitchell Beazley in 2018.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author Website
- Twitter_Handle @AloisGuinut











Dress Like a Parisian	Guinut, Aloïs	Mitchell Beazley	5/1/2018	9781784724184 1784724181	\$19.99 USD	Paperback	Design
The Little Dictionary of Fashion	Dior, Christian	Harry N. Abrams	11/1/2007	9780810994614 0810994615	\$19.99 USD	Hardcover	Design
How to Be Parisian Wherever You Are	Berest, Anne	Doubleday	9/2/2014	9780385538657 0385538650	\$25.00 USD	Hardcover	Self-Help
Forever Chic	Jett, Tish	Rizzoli Ex Libris	10/15/2013	9780847841493 0847841499	\$29.95 USD	Hardcover	Design
Parisian Chic	La Fressange, Ines de	Flammarion	4/5/2011	9782080200730 2080200739	\$29.95 USD	Trade Paperback	Design

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Dr Julian Abel & Lindsay Clarke

from the town that

beat loneliness

Aster 9781783253364 1783253363 Pub Date: 9/1/2020

On Sale Date: 9/1/2020 \$22.99/\$24.99 Can./£16.99 UK

Discount Code: OHC Hardcover

240 Pages Carton Qty: 20 Print Run: 5K

Medical / Public Health

MED078000

9.3 in H | 6.2 in W | 1.1 in T | 1 lb

Status: ACTIVE

Related Products

Ebooks

9781783253876

The Compassion Project

A case for hope & humankindness from the town that beat loneliness Julian Abel, Lindsay Clarke

Key Selling Points

- Growing international interest in the project, from the BBC to Swedish STV, ABC News in Australia and George Monbiot in the Guardian.
- The issues that this book addresses are high on the health and wellbeing agenda:

Loneliness and mental health Quality of life, especially at the end of life Hospital admissions and length of stay Loss of community

Summary

The true story of the town that beat loneliness

Frome in Somerset, UK has seen a dramatic fall in emergency hospital admissions since it began a collective project to combat isolation. While emergency admissions to hospitals across Somerset have increased by 29%, incurring a 21% increase in costs, Frome has seen admissions fall by 17%, with a 21% reduction in costs.

Society has developed in such a way to facilitate a drastic malnourishment of community, connection and compassion. This book sets out the case for the effective restoration of the active power of compassion as a widely available, fundamental force for good in all aspects of human life. In the process, it draws attention to research which demonstrates that an innate capacity and need for compassionate behavior is closely woven into the fabric of our bodies.

But this is also a book with stories to tell - the stories of how, by harnessing the power of compassion in the lives of real men and women, the small English town of Frome has opened up a new approach to the practice of medicine which has improved individual health and welfare while at the same time enhancing the vitality of the whole community. The effects of this approach have proved so beneficial that it has attracted international attention and is now transforming perspectives on issues of healthcare and social welfare across the world.

Contributor Bio

Dr Julian Abel a recently retired consultant in palliative care, has worked for two and a half years as joint-leader of the roll-out of the Frome project with Dr Helen Kingston, the town's lead GP, and is currently leading the implementation of the Frome Model in Wales. He is Vice-President of Public Health Palliative Care International, and as a recognized expert on Compassionate Communities has made presentations on the Frome model in Europe, the USA and Australasia. He publishes regularly in peer-reviewed medical journals.

Lindsay Clarke is a Whitbread Award-winning novelist and widely translated freelance writer living in Frome. He has been Writer-in-Residence and Associate Lecturer on the MA Creative Writing Course at Cardiff University, Resident Scholar at Schumacher College, and is a long time Creative Consultant to the educational work of the Pushkin Trust in N. Ireland

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

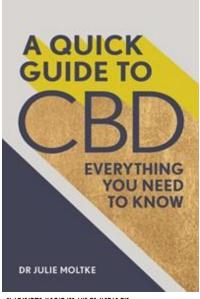
Links

- Author Website
- Twitter Handle @julianbel1

Self-Compassion	Neff, Kristin	William Morrow Paperbacks	6/23/2015	9780061733529 0061733520	9 \$16.99 USD	Paperback	Self-Help
The Mindful Self-Compassion Workbook	Neff, Kristin	The Guilford Press	8/29/2018	9781462526789 1462526780	\$19.95 USD	Trade Paperback	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Gaia 9781856754378 1856754375 Pub Date: 9/1/2020 On Sale Date: 9/1/2020

\$7.99/\$8.99 Can./£5.99 UK Discount Code: OPB

Paperback

96 Pages Carton Qty: 120

Print Run: 7K Medical / Alternative & Complementary Medicine

MED004000

6.2 in H | 4.2 in W | 0.4 in T |

0.09 lb Wt Status:**ACTIVE**

Related Products

Ebooks

9781856754477

A Quick Guide to CBD

Everything You Need To Know

Dr Julie Moltke

Key Selling Points

- CBD is one of the fastest-growing wellness trends of recent years
- CBD has widespread popularity, including among celebrities like Gwyneth Paltrow, Kim Kardashian, Jennifer Aniston, Amy Schumer, Mandy Moore
- The global market for CBD is estimated to be worth \$20bn by 2024
- CBD has been linked to numerous health benefits with no observed risks (WHO)

Summary

All you need to know for CBD to change your life.

CBD (cannabidiol) is a naturally occurring substance extracted from the flowers of the hemp plant. Infused into oils, pills, beauty products and more, CBD has been found to help conditions including anxiety, insomnia, chronic pain and acne.

But: Where does it come from? How does it work? How is it received by your body? And how can it help you?

In this book, CBD specialist **Dr Julie Moltke** provides the answers to these questions and more, cutting straight to the facts to tell you all you need to know about CBD in easy-to-understand and straightforward terms.

Contributor Bio

Dr Julie Moltke is founder and Editor-in-Chief of **Dosage**, an online magazine on a missionto explore the world of cannabis health and wellness through a doctor's lens. Raised between two farms in Denmark and Sweden, Julie qualified as a doctor at Copenhagen University of Medicine. Driven by curiosity, she began to work on understanding the science behind one of the major hot topics of the decade: cannabis. As the Editor-in-Chief of Dosage she is on a mission to make science-backed knowledge about cannabis and CBD available to a wider audience to help people live a healthy life.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

• Author_Website

Comp Titles

The ABCs of CBD Adler, Shira ValPoSa Books 1/2/2018 9780997554212 0997554215

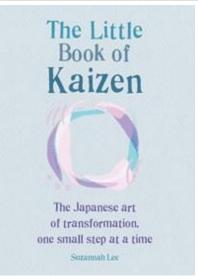
Healing with Konieczny, CBD Eileen Ulysses Press 9/18/2018 9781612438290 1612438296

9780997554212 \$14.99 Trade Health & 0997554215 USD Paperback Fitness

9781612438290 \$14.95 Trade Health & 1612438296 USD Paperback Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Gaia 9781856754293 1856754294 Pub Date: 9/1/2020

On Sale Date: 9/1/2020 \$9.99/\$10.99 Can./£7.99

UK/€10.24 DE Discount Code: OPB Flexibound

96 Pages Carton Qty: 100 Print Run: 10K Body, Mind & Spirit OCC000000

5.8 in H | 4.3 in W | 0.6 in T | 0.3

Ib Wt Status: ACTIVE

Status:ACTIVE

Ebooks

Related Products

9781856754453

The Little Book of Kaizen

The Japanese art of transformation, one small step at a time Suzannah Lee

Key Selling Points

- The latest in the bestselling Little Book series.
- Books on Kaizen have been appearing in the top 100 on Amazon this year.
- Part of the growing trend for self-care and personal development.
- Japanese wellness titles continue to sell well including *Shrinrin-Yoku* other trends include Ikigai, Kakebo, Wabi Sabi and Kintsugi.

Summary

The art of making powerful and lasting change through gradual self-improvement.

A beautifully designed introduction to the Japanese concept of 'Kaizen' - the art of self-improvement.

Kaizen is a term that has long been used in the business world to emphasise constant development and transformation but in this fully-illustrated edition the author emphasis how even the smallest steps can help us to form new habits, build confidence and break down our in-built resistance to life's challenges.

Rooted in 2,000 year old wisdom, Kaizen reinforces the benefits of positive change, one step at a time. With over 70 simple prompts and exercises to help you improve your health, relationships and wellbeing or save money and excel at work.

Marketing Plans

Social media campaign, National media outreach , Trade and Library Advertising ,

Illustrations





Comp Titles

Ikigai	Mitsuhashi, Yukari	Kyle Books	10/2/2018	9780857834911 0857834916	. \$9.99 USD	Flexibound Self-Help
The Little Book of Meditation	Collard, Dr. Patrizia	Gaia	5/7/2019	9781856753982 1856753980	2 \$9.99 USD	Flexibound Body, Mind & Spirit
Little Book of Mindfulness	Collard, Patrizia	Gaia	5/27/2014	9781856753531 1856753530	. \$9.99 USD	Flexibound Body, Mind & Spirit

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Subrights



Spruce 9781846015908 1846015901

Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can./£6.99 UK

Discount Code: OPB

Flexibound

96 Pages Carton Qty: 100 Print Run: 7K

Body, Mind & Spirit / Mindfulness

& Meditation OCC010000

5.8 in H | 4.3 in W | 0.4 in T | 0.3

Ib Wt Status:**ACTIVE**

It's the Little Things

Finding the Joy in the Small Things in Life

Sarah Ford

Key Selling Points

- Same format and author as the Be a... series, which has sold a total of 240,000 copies. Books in this series include *Be a Unicorn* (translated into 6 languages, 180,000 copies sold worldwide) and *Be a Flamingo* (65,000 copies sold worldwide).
- Gift book format, good for special markets.

Summary

Take the time to enjoy the everyday, and find happiness in the little things.

You're stuck in traffic and you're late to work, but it doesn't matter. Your cat woke you up with a kiss this morning, you've just spotted your first freckle of the year (summer must be here) and now your favorite song is playing on the radio. Life is good.

Packed with cute, funny and silly everyday scenarios, and beautifully illustrated throughout, this book is a reminder to stop stressing about life's problems and to start appreciating the little things instead.

Learn to laugh at the ridiculous, revel in your small achievements, delight in the mundane and start living your best life.

Contributor Bio

Sarah Ford is a writer and publisher with a love of cocktails, coffee and animals. She lives in the Cotswolds but works in London. When she is not working she can often be found chasing a small child, a cat and several chickens round her garden. They are all faster than her.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,







Be More Unicorn	Gray, Joanna	Quadrille Publishing	4/3/2018	9781787131224 178713122X	\$12.99 USD	Hardcover	Self-Help
Be a Llama	Ford, Sarah	Spruce	4/3/2018	9781846015625 1846015626	\$9.99 USD	Flexibound	Humor
Be a Mermaid	Ford, Sarah	Spruce	4/3/2018	9781846015632 1846015634	\$6.99 USD	Flexibound	Humor
Be A Flamingo	Ford, Sarah	Spruce	3/6/2018	9781846015540 1846015545	\$6.99 USD	Flexibound	Humor
It's the Little Things	Wilson, Craig	Random House Trade Paperbacks	9/10/2002	9780375758966 0375758968	\$12.00 USD	Trade Paperback	Humor
It's the Little Things	Austin, Richard	Workman Publishing Company	9/17/2019	9781523508297 1523508299	\$12.95 USD	Hardcover	Self-Help
The Self Confidence Workbook	Markway, Barbara	Althea Press	10/23/2018	9781641521482 1641521481	\$16.99 USD	Trade Paperback	Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Mitchell Beazley 9781784726812 1784726818 Pub Date: 9/1/2020

On Sale Date: 9/1/2020 \$16.99/\$18.99 Can. Discount Code: OHC

336 Pages Carton Qty: 48 Print Run: 15K

Hardcover

Antiques & Collectibles / Wine

ANT051000

7.9 in H | 4.3 in W | 1 in T | 0.7 lb

Wt

Status: OUT OF PRINT

Hugh Johnson's Pocket Wine Book 2021

Hugh Johnson

Key Selling Points

- More than 12 million copies sold
- The world's number one annual wine guide, completely revised and updated to reflect changes in the world of wine
- Key reference for wine investors and collectors, with four levels of vintage information detailing which wines to drink now and which to cellar

Summary

The brand new edition of the unrivalled and bestselling annual, *Hugh Johnson's Pocket Wine Book*.

The world's best-selling annual wine guide.

Hugh Johnson's Pocket Wine Book is the essential reference book for everyone who buys wine - in shops, restaurants, or on the internet. Now in its 44th year of publication, it has no rival as the comprehensive, up-to-the-minute annual guide.

Hugh Johnson provides clear succinct facts and commentary on the wines, growers and wine regions of the whole world. He reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. *Hugh Johnson's Pocket Wine Book* gives clear information on grape varieties, local specialities and how to match food with wines that will bring out the best in both.

This latest edition of *Hugh Johnson's Pocket Wine Book* includes a color supplement on *terroir*.

"Johnson's guide is really all that a wine drinker-average or connoisseur level-will need this year. And, next, year, for seventeen bucks, it's worth another investment, if only to read Johnson's prose." - Forbes.com

Contributor Bio

Hugh Johnson is the world's pre-eminent writer on wine. First published in 1977, his *Pocket Wine Book* sells hundreds of thousands of copies a year. His winning formula of insight, critical appraisal of the world of wine, plus valuable vintage news and wine recommendations has been often-imitated but never bettered.

With the publication of his first book, *Wine*, Johnson established himself at the age of twenty-seven as the most refreshing and authoritative voice on the subject. During the past four decades he has written books that have become landmarks on the subject, including his classic *The World Atlas of Wine*, co-authored with Jancis Robinson, his *Wine Companion*, first published in 2003, *The Story of Wine* and *Hugh Johnson on Wine*. In his spare time he writes about gardening from his home in London.

Quotes

"Johnson's guide is really all that a wine drinker-average or connoisseur level-will need this year. And, next, year, for seventeen bucks, it's worth another investment, if only to read Johnson's prose."—*Forbes.com*

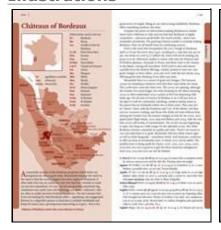
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- <u>Author Website</u><u>Twitter Handle @littlestjames</u>

Illustrations









Comp Titles

Hugh Johnson Pocket Wine 2020	Johnson, Hugh	Mitchell Beazley	9/3/2019	9781784726126 \$16.99 1784726125 USD	Hardcover Antiques & Collectibles
The World Atlas of Wine 8th Edition	Robinson, Jancis	Mitchell Beazley	10/1/2019	9781784726188 \$65.00 1784726184 USD	Hardcover Cooking
The Concise World Atlas of Wine	Johnson, Hugh	Mitchell Beazley	8/15/2009	9781845335007 \$29.99 1845335007 USD	Paperback Cooking
Hugh Johnson's Pocket Wine Book 2019	Johnson, Hugh	Mitchell Beazley	9/4/2018	9781784725280 \$16.99 1784725285 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2010: 33rd Edition	Johnson, Hugh	Mitchell Beazley	8/15/2009	9781845335298 \$14.99 1845335295 USD	Hardcover Cooking
Story of Wine	Johnson, Hugh	Mitchell Beazley	11/1/2004	9781840009729 \$40.00 1840009721 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2011	Johnson, Hugh	Mitchell Beazley	8/25/2010	9781845335526 \$14.99 184533552X USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2012	Johnson, Hugh	Mitchell Beazley	8/15/2011	9781845336028 \$14.99 184533602X USD	Hardcover Cooking
Hugh Johnson's Wine Journal	Johnson, Hugh	Mitchell Beazley	12/21/2011	9781845336035 \$14.99 1845336038 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2014	Johnson, Hugh	Mitchell Beazley	9/10/2013	9781845337445 \$15.99 1845337441 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2018	Johnson, Hugh	Mitchell Beazley	9/5/2017	9781784724078 \$16.99 1784724076 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2013	Johnson, Hugh	Mitchell Beazley	8/15/2012	9781845336844 \$15.99 1845336844 USD	Hardcover Cooking

Hugh Johnson's Wine Companion	Johnson, Hugh	Mitchell Beazley	9/15/2009	9781845334574 1845334574	\$60.00 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2017	Johnson, Hugh	Mitchell Beazley	9/6/2016	9781784721473 1784721476	\$16.99 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine 2015	Johnson, Hugh	Mitchell Beazley	9/2/2014	9781845339456 1845339452	\$16.99 USD	Hardcover Cooking
World Atlas of Wine	Johnson, Hugh	Mitchell Beazley	4/1/2007	9781845333010 1845333012	\$50.00 USD	Hardcover Cooking
Hugh Johnson's Pocket Wine Book 2016	Johnson, Hugh	Mitchell Beazley	9/1/2015	9781784720902 1784720909	\$16.99 USD	Hardcover Cooking
The World Atlas of Wine	Robinson, Jancis	Mitchell Beazley	10/8/2013	9781845336899 1845336895	\$60.00 USD	Hardcover Cooking
Wine Folly: Magnum Edition	Puckette, Madeline	Avery	9/25/2018	9780525533894 0525533893	\$35.00 USD	Hardcover Cooking
Kevin Zraly Windows on the World Complete Wine Course	Zraly, Kevin	Sterling Epicure	10/16/2018	9781454930464 1454930462	\$27.95 USD	Hardcover Cooking

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Subrights





Mitchell Beazley 9781784726645 1784726648 Pub Date: 9/1/2020

On Sale Date: 9/1/2020 \$34.99/\$38.99 Can./£25.00 UK

Discount Code: OHC

Hardcover

256 Pages Carton Qty: 14 Print Run: 10K

Cooking / Courses & Dishes

CKB009000

10 in H | 7.8 in W | 1.1 in T | 2.1

Ib Wt Status: ACTIVE

Le Pain Quotidien Cookbook: Delicious recipes from Le Pain Quotidien

Alain Coumont, Jean-Pierre Gabriel, Le Pain Quotidien

Key Selling Points

- 30th anniversary of Le Pain Quotidien
- With 172 restaurants worldwide and more opening every week, Le Pain Quotidien has a ready-made fanbase.
- The book taps into the growing trend for eating healthy food that makes you feel good.
- Written by Alain Coumont, founder of Le Pain Quotidien, and Jean-Pierre Gabriel, winner of two Gourmand Cookbook Awards.

Summary

Full of favorite recipes from the Le Pain Quotidien kitchens, this book is a little slice of 'our daily bread' that you can enjoy at home.

Le Pain Quotidien Cookbook presents over 100 recipes for simple, elegant boulangerie fare - handmade bread, breakfast, tartines, soup, salads, sharing dishes and desserts. Le Pain Quotidien is best known for its organic bread and its signature tartines but it's also about sharing great food made with love at any time of the day.

With everything from grissini, baguettes and focaccia to chia seed banana muffins, buckwheat pancakes with chestnut puree and roasted golden beet & chicken salad, and from toasted camembert & walnut tartine to mussels, potato & saffron aioli soup, Le Pain Quotidien Cookbook reveals all the tricks of the artisan baker and home chef.

Contributor Bio

Le Pain Quotidien began in 1990 as an artisan bakery in Belgium and has evolved into a chain 172 restaurants worldwide serving delicious, slow-fast food that does you good - all handmade with the best organic and local ingredients. With its communal tables where guests can sit and eat together in a tranquil, rustic environment, Le Pain Quotidien transports its customers to a simpler way of life. Worldwide locations include Belgium, France, Switzerland, the United Kingdom, United States, Kuwait, United Arab Emirates, Turkey, Russia, Qatar, Australia, Spain, Mexico, Bahrain, India, Japan, the Netherlands and Brazil. Alain Coumont founded Le Pain Quotidien and currently serves as the Company's Chief Creative Officer. In this role, he remains the driving force behind the brand's dedication to organic ingredients. Prior to founding Le Pain Quotidien, Alain began his career working as a chef with Michel Guerard, Georges Blanc and Joel Robuchon. He lives with his family near Montpellier, France. Jean-Pierre Gabriel is an award-winning author and photographer. His coauthored titles, Cacao: the roots of chocolate with Dominique Persoone and Matiere Chocolat with Stephane Leroux, both won Gourmand Cookbook Awards in 2009.

Marketing Plans

Social media campaign , National media outreach, Trade and Library Advertising,

Links

- Author Website
- Facebook_Link
- Twitter_Handle @LPQUK





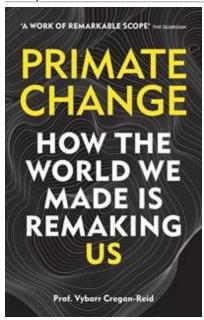




Le Pain Quotidien Cookbook	Coumont, Alain	Mitchell Beazley	6/11/2013	9781845337483 1845337484	\$34.99 USD	Hardcover Cooking
Mostly Plants	Pollan, Tracy	Harper Wave	4/16/2019	9780062821386 0062821385	\$32.50 USD	Hardcover Cooking
French Country Cooking	Thorisson, Mimi	Clarkson Potter	10/25/2016	9780553459586 0553459589	\$40.00 USD	Hardcover Cooking
Ottolenghi Simple	Ottolenghi, Yotam	Ten Speed Press	10/16/2018	9781607749165 1607749165	\$35.00 USD	Hardcover Cooking
Tartine Bread (Artisan Bread Cookbook, Best Bread Recipes, Sourdough Book)	Robertson, Chad	Chronicle Books	9/29/2010	9780811870412 0811870413	2 \$40.00 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Cassell

Paperback

9781788401289 178840128X Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$12.99/\$14.99 Can./£9.99 UK Discount Code: OPB

320 Pages Carton Qty: 40 Print Run: 7K History / Social History

History / Social History HIS054000

7.8 in H \mid 5.1 in W \mid 1.8 in T \mid 0.8 lb Wt Status: OUT OF STOCK

INDEFINITELY

Related Products

Other Formats

Primate Change 9781788400220 \$24.99

Ebooks

9781788401081

Primate Change

How the world we made is remaking us

Professor Vybarr Cregan-Reid

Key Selling Points

New in paperback

- This is intelligent, general non-fiction for a wide market, aimed at readers of *Sapiens*, *Homo Deus*, *Adventures in Human Being*, *A History of the World in 100 Objects*, *Gut* and *Do No Harm*.
- Vybarr has appeared on news sites all over the world and had his articles translated into several languages and also led to a number of radio interviews.
- Approx. 10 per cent of all humans who have EVER existed are alive today
- We have grown 5 inches in the past 200 years when will we stop?
- We sit for an estimated 100 hours a week more than 6 years every decade (longer than we spend sleeping)
- There are billions more chairs on the planet than humans
- Primates used to walk 5-9 miles a day nowadays it's 0.6 miles per month. Instead, workers cover 2-3 miles on their keyboard everyday
- 96% of young men in Seoul are short-sighted in hunter-gathering communities short-sightedness is less than 0.5%
- Our feet have grown by two sizes over the past 40 years
- 70% of Americans are on prescription drugs, the pills popped each year, laid end-to-end could orbit the planet twice
- By the time you have finished reading these bullet points, 13 people in the world will have died because of air pollution.

Summary

This is the road from climate change to primate change.

IF YOU THINK YOU ARE YOU, THINK AGAIN.

PRIMATE CHANGE is a wide-ranging, polemical look at how and why the human body has changed since humankind first got up on two feet. Spanning the entirety of human history - from primate to transhuman - Vybarr Cregan-Reid's book investigates where we came from, who we are today and how modern technology will change us beyond recognition.

In the last two hundred years, humans have made such a tremendous impact on the world that our geological epoch is about to be declared the 'Anthropocene', or the Age of Man. But while we have been busy changing the shape of the world we inhabit, the ways of living that we have been building have, as if under the cover of darkness, been transforming our bodies and altering the expression of our DNA, too.

PRIMATE CHANGE beautifully unscrambles the complex architecture of our modern human bodies, built over millions of years and only starting to give up on us now.

'Our bodies are in a shock. Modern living is as bracing to the human body as jumping through a hole in the ice. Our bodies do not know what century they were born into and they are defending and deforming themselves in response'

Contributor Bio

Vybarr Cregan-Reid is an author and academic. He is Reader in English & Environmental Humanities in the School of English at the University of Kent. His most recent book is *Footnotes: How Running Makes us Human* (Ebury 2016, paperback June 2017), which reviewers called 'delightful', 'impassioned and energetic', and 'a blazing achievement'. He has written widely on the subjects of literature, health, nature and

the environment for the BBC, the Guardian, The Independent, The Big Issue, The Telegraph, The Mail, The Washington Post, The I Newspaper, Wanderlust, Literary Review, New Zealand Herald and he has appeared on Radio 4 and Sky News.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

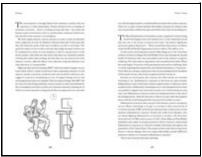
- Author Website
- Twitter Handle @vybarr

Illustrations









Comp Titles

Discovering Gilgamesh	Cregan-Reid, Vybarr	Manchester University Press	10/31/2013	9780719090516 \$1 0719090512 US	120.00 SD	Hardcover	Literary Criticism
Footnotes	Cregan-Reid, Vybarr	St. Martin's Press	7/3/2017	9781250127242 \$2 1250127246 US	SD	Hardcover with dust jacket	Sports & Recreation
Sapiens	Harari, Yuval Noah	Harper Perennial	5/15/2018	9780062316110 \$2 0062316117 US	24.99 SD	Paperback	Science
Homo Deus	Harari, Yuval Noah	Harper	2/21/2017	9780062464316 \$3 0062464310 US	37.50 SD	Hardcover	Science
The Selfish Gene	Dawkins, Richard	Oxford University Press	8/1/2016	9780198788607 \$1 0198788606 US	15.95 SD	Paperback	Science
The Silk Roads	Frankopan, Peter	Vintage	3/7/2017	9781101912379 \$2 1101912375 US	20.00 SD	Trade Paperback	History
Life 3.0	Tegmark, Max	Knopf	8/29/2017	9781101946596 \$2 1101946598 US	28.00 SD	Hardcover	Technology & Engineering
The Tangled Tree	Quammen, David	Simon & Schuster	8/6/2019	9781476776637 \$1 1476776636 US	18.00 SD	Trade Paperback	Science

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Aster 9781783253401 1783253401 Pub Date: 9/15/2020 On Sale Date: 9/15/2020 \$12.99/\$14.99 Can./£10.99 UK

Discount Code: OPB Paperback

160 Pages Carton Qty: 40 Print Run: 6K

Body, Mind & Spirit / Astrology

OCC009000

8.3 in H | 5.8 in W | 0.6 in T | 0.7

Ib Wt Status: ACTIVE

Related Products

Ebooks

9781783253869

Moon Power (Conscious Guides)

Empowerment through cyclical living

Merilyn Keskula

Key Selling Points

- These books are aimed at readers who are drawn to the mystical side of life, while being hip and on-trend, and creative individuals seeking more connection and meaning from life.
- The Moonology books have sold almost 19,000 copies via TCM.
- Astrology is a huge trend amongst millennials according to *Refinery 29* and *The New York Times*.

Summary

Part of a stunning new series of modern guides for spiritual empowerment for the resurgent mind, body, spirit market.

The Moon is not just a static piece of cosmic matter in our night sky, but a dynamic living being. Throughout her journey around the Earth which takes about 29.5 days she shows us her different faces, growing from a silver sliver in the sky to an awe-inspiring illuminated sphere, before returning to darkness again. She changes colour and moves through a variety of star constellations reflecting the energies at play each day.

The Moon gives us a map to a cyclical way of living; the blueprint for a life that breathes in harmony with the rhythm of the natural world around us. She teaches us about the importance of embracing quiet and reflective times as much as celebrating the times we experience life in its fullest expression. She informs us when to plant the seeds of our dreams and when to take stock and harvest what we have been growing.

Contributor Bio

Merilyn Keskula-Drummond was born in Estonia, but currently lives in London where she runs Mylky Moon Lab, an evolving R&D project that helps next generation leaders and companies to return to the alignment with natural rhythms and cycles, consequently growing their businesses in a sustainable way. Merilyn is also the founder of Keskula Digital, a boutique digital marketing agency for conscious businesses and creatives.

Marketing Plans

Social media campaign , National media outreach , Trade and Library Advertising ,

Links

Author_Website



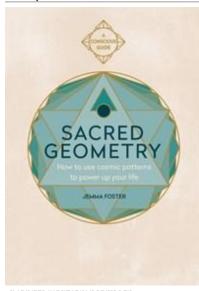




Dreams	Carr, Tree	Aster	4/2/2019	9781912023967 1912023962	' \$12.99 USD	Paperback	Body, Mind & Spirit
Crystals	Wright, Katie-Jane	Aster	4/2/2019	9781912023943 1912023946	\$ \$12.99 USD	Paperback	Body, Mind & Spirit
Lunar Abundance	Spencer, Ezzie	Running Press Adult	3/6/2018	9780762463572 0762463570	\$22.99 USD	Paperback	Body, Mind & Spirit
Moonology	Boland, Yasmin	Hay House UK	7/5/2016	9781781807422 1781807426	\$16.99 USD	Trade Paperback	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Aster 9781783253418 178325341X Pub Date: 9/22/2020

On Sale Date: 9/22/2020 \$12.99/\$14.99 Can./£10.99 UK Discount Code: OPB

Paperback

160 Pages Carton Qty: 40 Print Run: 6K

Body, Mind & Spirit / Spiritualism

OCC027000

8.3 in H | 5.8 in W | 0.6 in T | 0.7

Ib Wt Status: ACTIVE

Related Products

Ebooks

9781783254033

Sacred Geometry (Conscious Guides)

How to use cosmic patterns to power up your life

Jemma Foster

Key Selling Points

- Sacred Geometry is a nexus point between physics and mysticism and therefore appeals to readers across genres.
- Whilst being a popular topic amongst MBS readers, *Sacred Geometry* would also appeal to readers of Carlo Rovelli, Helen Czerksi and Stephen Hawking.
- Sacred Geometry helps to find order, pattern and meaning in the chaos of everyday.

Summary

Discover the majestic flow of the universe and how its symbolic architecture can awaken higher energies.

Sacred Geometry exists all around us in the natural world, from the unfurling of a rose bud to the pattern of a tortoise shell, the sub-atomic to the galactic. A pure expression of number and form, it is the language of creation and navigates the unseen dimensions beyond our three-dimensional reality.

Since its discovery, humans have found many ways - stone circles, mandalas, labyrinths, temples - to call upon this universal law as a way of raising consciousness and communicating with a divine source. By becoming aware of the dots and lines that build the world around you, *Sacred Geometry* will teach you how to bring this mystical knowledge into your daily practice.

Contributor Bio

Jemma Foster is a multi-disciplinary practitioner of plant and vibrational medicine. She is the founder of the botanical studio Mama Xanadu, which hosts plant workshops and supper clubs. Through her own research and study with the Academy of Sacred Geometry, Jemma fell in love with this language of the universe and the myriad ways in which it has been spoken across cultures and across time.

Marketing Plans

Social media & giveaway, National MBS media,

Links

Author_Website







Moon Power (Conscious Guides)	Keskula, Merilyn	Aster	9/15/2020	9781783253401 1783253401	\$12.99 USD	Paperback	Body, Mind & Spirit
Sacred Geometry	Hart,	Inner Traditions/Bear	5/16/2017	9781620556528	\$14.95	Trade	Games &
Coloring Book	Francene	& Company		1620556529	USD	Paperback	Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*

THE SUNDAY TIMES BESTSELLER

TRUTH TO POWER HOW TO CALL TIME ON BULLSH*T, SPEAK UP & MAKE A DIFFERENCE

'Fearless and funny, riotous and rebellious, maverick and mischievous' - rive rives

JESS PHILLIPS



Monoray 9781913183097 1913183092

Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$14.99/\$16.99 Can./£8.99 UK

Discount Code: OPB Paperback

224 Pages Carton Qty: 72 Print Run: 5K

Biography & Autobiography / Social Activists
BIO032000

7.7 in H | 5 in W | 0.9 in T | 0.4 lb

Status: OUT OF STOCK INDEFINITELY

Related Products

Ebooks

9781913183127

Truth to Power

How to Call Time on Bullsh*t, Speak Up & Make a Difference Jess Phillips

Summary

YOU HAVE MORE POWER THAN YOU THINK.

At a time when many of us feel the world isn't listening, Jess Phillips offers inspiration to those of us who want to speak out and make a difference.

No stranger to speaking truth to power herself, she will help you dig deep and get organised, finding the courage and the tools you need to take action.

As well as bringing us hope through her own experiences, Jess talks to the accidental heroes who have been brave enough to risk everything, become whistle-blowers and successfully fight back.

Zelda Perkins, the personal assistant who first called-out Harvey Weinstein; **Paul Caruana Galizia**, son of murdered Maltese journalist **Daphne Caruana Galizia**; **Tom Watson** the British MP who successfully took on the Murdoch press empire and won;

Natasha Elcock, resident of Grenfell Tower and chair of Grenfell United, the pressure group set up by families after the disaster;

Cara Sanquest from the campaign to legalise women's right to choose abortion in Ireland.

Entertaining, empowering and uncompromising, **TRUTH TO POWER** is the book we all need to help us call time on the seemingly unstoppable tide of bullshit in our lives.

Contributor Bio

JESS PHILLIPS was first elected as the Labour MP for Birmingham Yardley in 2015, before being re-elected in 2017. She was elected chair of the Women's Parliamentary Labour Party in September 2016. Before becoming an MP, Jess worked with victims of domestic violence, sexual violence and human trafficking, and she continues to speak up on behalf of those who struggle to have their voice heard.

Jess has worked with the Home Office, the Ministry of Justice and the Department for Communities and Local Government on issues of Violence Against Women and Girls. She is one of the women who launched the #NotTheCost campaign to combat the violence faced by politically active women, and the Reclaim the Internet campaign, which challenges online abuse.

Jess lives with her husband and two sons in Birmingham, England, where she was born and raised.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Comp Titles

Catch and Kill

Farrow, Ronan Little, Brown and Company

10/15/2019

9780316486637 \$30.00 0316486639 USD Hardcover True Crime

You Are a Badass Every Day

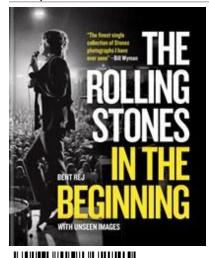
Sincero, Jen Penguin Life

12/4/2018

9780525561644 \$20.00 0525561641 USD

USD Hardcover Self-Help

Subrights *No subrights have been specified.*



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Mitchell Beazley 9781784727000 1784727008

Pub Date: 10/20/2020 On Sale Date: 10/20/2020 \$50.00/\$55.00 Can./£40.00

UK/€50.50 DE Discount Code: OHC Hardcover

336 Pages Carton Qty: 6 Print Run: 10K

Biography & Autobiography

/ Music BIO004000

11.2 in H | 9.2 in W | 1.3 in T |

4.4 lb Wt Status: **ACTIVE**

Related Products

Ebooks

9781784727338

The Rolling Stones In the Beginning With Unseen Images

Bent Rei

Key Selling Points

- A beautifully-packaged book showcasing the Stones at a pivotal early moment in their career
- Contains more than 300 photographs
- First published in 2006 this new edition includes 15 brand new, neverbefore-seen images
- The Stones have 2.4 million followers on Instagram, a third of which are based in the US

Summary

A unique portrait of a band on the brink of superstardom.

From March 1965 to May 1966, photographer Bent Rej enjoyed unparalleled access to the Rolling Stones as one of the trusted inner circle, accompanying the band on its first full European outing: the Satisfaction tour.

The Rolling Stones In the Beginning is Rej's collection of more than 300 intimate photographs of the band on stage, on the road and at home, documenting a year in the life of the Rolling Stones as they enjoyed their first taste of popular success.

This new and updated edition contains never-before-seen photographs newly unearthed from Rej's archive.

Contributor Bio

Bent Rej is a photojournalist who specialized in rock 'n' roll in the heyday of the sixties.

Quotes

"The finest single collection of Stones photographs I have ever seen"

-Bill Wyman

Marketing Plans

National media campaign , Collaborations with Rolling Stones fan sites, Giveaway programs,

Links

Author Website





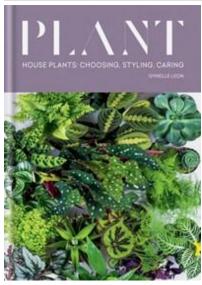




Stoned	Wood, Jo	Cassell	11/5/2019	9781788401494 1788401492	\$24.99 USD	Hardcover	Biography & Autobiography
The Rolling Stones	Rej, Bent	Firefly Books	9/12/2006	9781554072309 1554072301	\$49.95 USD	Hardcover	Photography
The Rolling Stones	Rej, Bent	Firefly Books	7/27/2010	9781554077526 1554077524	\$29.95 USD	Trade Paperback	Photography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Mitchell Beazley 9781784727062 1784727067 Pub Date: 4/27/2021 On Sale Date: 4/27/2021

\$19.99/\$21.99 Can. Discount Code: OHC Hardcover

224 Pages Carton Qty: 22

Print Run: 15K

Gardening / House Plants &

Indoor GAR010000

8.5 in H | 6.2 in W | 1 in T | 1.3 lb

Status: ACTIVE

Plant

House plants: choosing, styling, caring

Gynelle Leon

Key Selling Points

- From the author of *Prick*, which has sold 50,000 copies across 6 languages
- Sales of house plants are booming as a result of urbanisation, interior design trends and millennials' desire to have something to nurture and care for
- A stylish, well-designed book in an appealing package a perfect gift purchase

Summary

Plant is a stylish, practical, modern guide to the world of house plants

House plants can change a home in an instant. A flash of color, a calming influence, they are adaptable, affordable and - if you know how - easy to care for.

In Plant, horticultural expert and author of Prick, Gynelle Leon, gives you all the knowledge you need to help your plants thrive. Featuring:

- A **plant gallery** showcasing some of the very best house plants
- A chapter of **styling ideas** to inspire you to show your plants and their best
- A care guide with all you need to know to help your plants thrive

Contributor Bio

Gynelle Leon is a house plant expert and founder of PRICK, one of the world's first shops dedicated to cacti and succulents. An award-winning plant photographer, Gynelle has worked with the Royal Horticultural Society and been featured in the Financial *Times, Huffington Post, Monocle* and *i-D*, among others.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

• Twitter Handle - @bowbelle









Prick	Leon, Gynelle	Mitchell Beazley	10/31/2017	9/81/84/236/5 1784723673	\$19.99 USD	Hardcover Nature
New Plant Parent	Cheng, Darryl	Harry N. Abrams	3/19/2019	9781419732393 1419732390	\$27.50 USD	Paperback Gardening
How Not to Kill Your Houseplant	Peerless, Veronica	DK	8/15/2017	9781465463302 1465463305	\$14.99 USD	Hardcover Gardening
Wild at Home	Carter, Hilton	Ryland Peters & Small	4/9/2019	9781782497134 1782497137	\$24.99 USD	Hardcover House & Home

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Mitchell Beazley 9781784725952 1784725951

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$29.99/\$32.99 Can./£25.00 UK

Discount Code: OHC Hardcover

224 Pages Carton Qty: 10

Print Run: 7K Transportation / Automotive

TRA001000

11.4 in H | 9.6 in W | 1.3 in T |

3.3 lb Wt Status: **ACTIVE**

Related Products

Ebooks

9781784727291

The Dream 100 from evo and Octane 100 Years. 100 Cars. The Greatest of All Time.

Peter Tomalin

Key Selling Points

- Features hundreds of stunning photographs from world-renowned *evo* and *Octane* photographers.
- Previous books by evo magazine and Mitchell Beazley have sold 56,500 copies.
- Profiles of 100 cars complete with expert reviews and technical specifications (engine, max power, torque, price and much more).
- US-made car models include: 1963 Chevrolet Corvette, 1964 Ford Mustang, 2004 Ford G and 1929 Deusenberg Model J.

Summary

The 100 greatest cars of all time, as chosen by the experts at evo and Octanemagazines.

100 cars across 100 years - the best of the best.

Explore the 100 greatest cars of all time, with every single one tried, tested, argued over and chosen by the respected experts at *evo* and *Octane* magazines.

Covering an entire century, from legendary classics to the latest supercars, cult heroes to landmark designs, the 100 cars in this book represent the absolute pinnacle of driving history.

Including profiles on iconic car models such as the:

- Bugatti Veyron (2005)
- Lamborghini Diablo (1990)
- Porsche Carrera 2.7 RS (1972)

...and many more.

With stunning imagery from the world-renowned *evo* and *Octane* photographers alongside key performance figures and first-hand reports from behind the wheel, *The Dream 100* is the final word in automotive excellence.

Contributor Bio

Peter Tomalin is a former editor of *evo* magazine and has been writing about high-performance cars for more than 25 years.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

Author Website









Porsche 70 Years	Leffingwell, Randy	Motorbooks	9/19/2017	9780760347256 0760347255	\$60.00 USD	Hardcover	Transportation
The Science of Supercars	Roach, Martin	Firefly Books	9/14/2018	9780228100904 0228100909	\$29.95 USD	Hardcover	Technology & Engineering
Classic Car	DK	DK	9/13/2016	9781465453396 1465453393	\$40.00 USD	Hardcover	Transportation

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Mitchell Beazley 9781784726874 1784726877 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$40.00/\$44.00 Can./£30.00

UK/€38.00 DE Discount Code: OHC Hardcover

224 Pages Carton Qty: 10 Print Run: 7K

Sports & Recreation / Cycling

SPO011000

11.2 in H | 9.1 in W | 0.9 in T | 3.2 lb Wt

Status: ACTIVE

Related Products

Ebooks

9781784727260

Cyclist Ride

The greatest cycling routes in the world

Cyclist

Key Selling Points

- Jaw-dropping imagery from the world's best cycling photographers
- 50 of the greatest rides in the world, with maps, key numbers and first-hand stories taking you through each ride
- Cyclist is the go-to magazine for discerning, dedicated and affluent road cyclists, with a readership of 36,000 for print and 750,000 digital unique users
- Features three US-specific rides in the state of Colorado and Hawaii.

Summary

The world's most epic bike rides from the world's biggest road cycling magazine.

Explore 50 of the greatest, most thrilling road cycling routes the world has to offer, guided by the experts at the world's biggest road cycling magazine, *Cyclist*.

Route maps, first-hand ride reports and truly breathtaking photography from the finest cycling photographers come together in this celebration of the world on two wheels.

Covering the very best of Europe, from the twisting trails of northern Norway to the winding coast of southern Spain, this beautiful book also includes rides from as far afield as Vietnam, Ethiopia and Lebanon, as well as the USA.

Contributor Bio

Cyclist is the world's biggest road cycling magazine and winner of multiple awards. Combining experienced cycling writers with exclusive images from top photographers, *Cyclist* showcases the most stunning rides from around the world and gets behind the scenes with the biggest names in the sport.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author_Website
- Facebook_Link
- Twitter Handle @cyclist





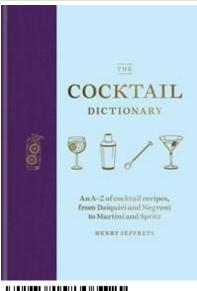




Epic Bike Rides of the World 1	Planet, Lonely	Lonely Planet	9/20/2016	9781760340834 1760340839	\$35.00 USD	Hardcover	Travel
Cycling Paradises	Droussent, Claude		10/16/2018	9780789333865 0789333864	\$30.00 USD	Trade Paperback	Sports & Recreation
The Cyclist's Bucket List	Dille, Ian	Rodale Books	7/7/2015	9781623364465 1623364469	\$24.99 USD	Hardcover	Travel

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Mitchell Beazley 9781784726294 178472629X Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$20.00/\$22.00 Can./£15.99

UK/€19.00 DE Discount Code: OHC Hardcover

224 Pages Carton Qty: 24 Print Run: 10K Cooking / Beverages CKB088000

8.4 in H | 6.1 in W | 0.9 in T | 1.3

Ib Wt Status: ACTIVE

Related Products

Ebooks

9781784727284

The Cocktail Dictionary

An A-Z of cocktail recipes, from Daiquiri and Negroni to Martini and Spritz Henry Jeffreys

Key Selling Points

- This series has sold more than 80,000 copies worldwide.
- A high-end, gift-friendly package at an affordable price.

Summary

An A-Z compendium of every cocktail recipe that you need to know

More than 100 cocktail recipes.

Navigate the bewildering world of cocktails with this elegant A to Z guide to every recipe that you need to know. Complete with the stories behind the famous drinks and know-how on key cocktail topics and techniques, *The Cocktail Dictionary* is the discerning drinker's guide to the art of sipping.

Covering everything from the Old Fashioned, Martini, Margarita and Daiquiri to key cocktail techniques such as muddling, shaking, stirring and the perfect ice.

Includes stunning illustrations throughout the book.

Contributor Bio

Henry Jeffreys is a drinks expert and award-winning author. His writing has appeared in the Guardian, the Daily Telegraph, BBC Good Food and the Spectator, and he was the Features Editor at spirits specialists Master of Malt.

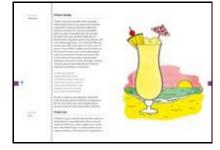
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations





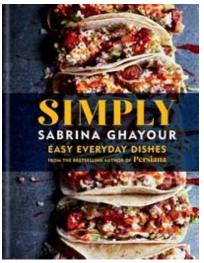


Comp Titles

Big Bad-Ass Book of Cocktails	Running Press	Running Press Adult	4/27/2010	9780762438396 0762438398	\$15.99 USD	Paperback Cooking
The Whisky Dictionary	Wisniewski, Ian	Mitchell Beazley	10/1/2019	9781784725488 178472548X	\$20.00 USD	Hardcover Cooking
The Tequila Dictionary	Zandona, Eric	Mitchell Beazley	4/9/2019	9781784725471 1784725471	\$20.00 USD	Hardcover Cooking
The Craft Beer Dictionary	Croasdale, Richard	Mitchell Beazley	10/2/2018	9781784723880 1784723886	\$20.00 USD	Hardcover Cooking
The Gin Dictionary	Smith, David T.	Mitchell Beazley	5/1/2018	9781784723989 1784723983	\$20.00 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*



Mitchell Beazley 9781784727031 1784727032

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$34.99/\$38.99 Can. Discount Code: OHC

Hardcover

240 Pages Carton Qty: 12 Print Run: 10K

Cooking / Regional & Ethnic

CKB093000

10 in H | 7.8 in W | 1.2 in T | 2.5

Ib Wt

Status: ACTIVE

Simply

Easy everyday dishes from the bestselling author of Persiana

Sabrina Ghayour

Key Selling Points

- Sabrina Ghayour has half a million books in print worldwide.
- Sabrina has a substantial social media profile with nearly 30K Twitter followers, over 60K Instagram followers and 4K followers on Facebook.
- Outstanding levels of campaign activity and attention have been achieved for Sabrina
- Sabrina Ghayour's books have sold more than 345K copies via Bookscan to January 2020

Summary

Easy. Everyday. Simple.

Sabrina Ghayour's new collection of unmissable dishes in her signature style, influenced by her love of fabulous flavors, is full of delicious food that can be enjoyed with a minimum of fuss. With sections ranging from Effortless Eating to Traditions With a Twist, Simply provides over 100 bold and exciting recipes that can be enjoyed every day of the week.

Recipes include:

Baked sweet potato & za'atar chips

Pomegranate molasses & honey glazed meatballs

Kabab koobideh

Marinated steak with labneh, pul biber butter & onions

Chilled pistachio & cucumber soup Chorizo, goats' cheese & cumin borek Goats' cheese, vegetable & za'atar filo tart Albaloo polow (lamb & sour cherry rice) Harissa chicken noodle lettuce cups Tahini, almond & orange brownies Saffron & sesame shortbreads

Turmeric, orange & coconut rice pudding

Contributor Bio

A chef, food writer and cookery teacher, Sabrina Ghayour is one of the strongest voices in Middle Eastern food today.

Quotes

"I've just begun digging into this cookbook, and have already picked up techniques for incorporating flavors into everyday dishes in ways that make them feel exciting and impressive"—*Epicurious*

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,









Bazaar Ghayour, Sabrina Mitchell Beazley 5/7/2019

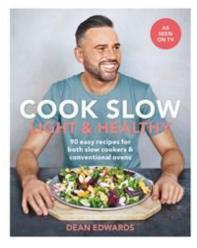
9781784725754 \$34.99 USD Hardcover Cooking

Ottolenghi Simple Ottolenghi, Yotam Ten Speed Press 10/16/2018

 $\begin{array}{c} 9781607749165 \\ 1607749165 \end{array} \$ 35.00 \ \text{USD Hardcover Cooking} \\ \end{array}$

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Hamlyn 9780600636557 0600636550 Pub Date: 10/6/2020

On Sale Date: 10/6/2020 \$19.99/\$21.99 Can./£16.99 UK

Discount Code: OPB

Paperback 224 Pages

Carton Qty: 22 Print Run: 5K Cooking / Methods CKB109000

9.2 in H | 7.5 in W | 0.6 in T | 1.5

9.∠ III I lb Wt

Status: ACTIVE

Related Products

Ebooks

9780600637028

Cook Slow: Light & Healthy

90 easy recipes for both slow cookers & conventional ovens

Dean Edwards

Key Selling Points

• A perfect introduction for those new to slow cooking and for slow cooker owners looking for a new twist - with a greater emphasis on health.

Summary

Fresh and healthy slow-cooking recipes for everyone to enjoy from MasterChef UK's Dean Edwards.

Following on from the success of *Cook Slow*, **MasterChef's Dean Edwards** returns with **over 90 mouth-wateringly fresh and delicious recipes**for perfect home-cooking.

Slow cookers are often confined to heavy winter recipes. **Cook Slow: Light and Healthy**shows you just how versatile your slow cooker can be with effortless, nourishing recipes inspired by dishes from around the world. Avoid boring 'diet food' and cook slow to create healthy, wholesome food for balanced eating.

Don't own a slow cooker? Don't panic! All the recipes in this book can be cooked either conventionally in the oven or in your slow cooker.

Recipes include:

Coconut Fish Curry

'Melt-in-your-mouth' Teriyaki Beef Vegan Black Bean 'Meatball'

Marinara Pibil Pork Tacos

Crispy Baked Eggplant Katsu Curry

Maple Baked Figs with Granola

"I'm not going to go all scientific on you, but at 70°C (160°F) something magical happens. At that temperature, the so-called tougher of chewier cuts of meat begin to break down and become meltingly tender and a joy to eat. Basic ingredients can blend into something spectacular. Something as simple as a beef stew using inexpensive ingredients can become a delicious healthy meal the whole family can enjoy." - **Dean Edwards**

Contributor Bio

After coming in second in BBC's Masterchef Goes Large in 2006, Dean Edwards sought to change his life radically by leaving his career to pursue his love of cooking and food.

Dean's likeable persona and family-friendly cooking style has made him a firm favourite on ITV's Lorraine since 2010, but he originally made his ITV debut on This Morning in September 2009, where he featured in a weekly cookery slot, creating dishes for the ITV audience. His previous book, *Cook Slow*, is also published by Hamlyn.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author_Website
- Facebook_Link
- Twitter_Handle @Deanedwardschef

Illustrations







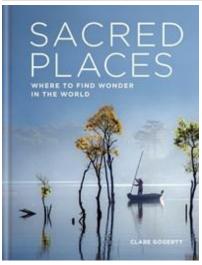


Comp Titles

Cook Slow	Edwards, Dean	Hamlyn	u/u/m	9780600635628 0600635627	\$19.99 USD	Paperback	Cooking
American Heart Association Healthy Slow Cooker Cookbook, Second Edition	American Heart Association	Harmony	10/23/2018	9780553448047 0553448048	\$19.99 USD	Trade Paperback	Cooking
Skinnytaste One and Done	Homolka, Gina	Clarkson Potter		9781524762155 1524762156	\$30.00 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Aster 9781783253357 1783253355 Pub Date: 10/6/2020

On Sale Date: 10/6/2020 \$24.99/\$27.99 Can./£20.00 UK Discount Code: OHC

Hardcover

224 Pages Carton Qty: 14 Print Run: 5K

Body, Mind & Spirit / Spiritualism

OCC027000

Ib Wt

9.8 in H | 7.6 in W | 0.9 in T | 1.8

Status: ACTIVE

Related Products

Ebooks

9781783254132

Sacred Places

Where to find wonder in the world

Clare Gogerty

Key Selling Points

- In 2019 BBC aired a 3-part series named SACRED WONDERS which explored global areas of spiritual and religious practice.
- In 2017, travellers took 830 million wellness trips, which is 139 million more than in 2015.
- 'This is a big deal. How big? Consider this: between 2013 and 2015, the wellness tourism industry experienced 14 percent growth, totalling \$563 billion. Meanwhile, during that same time, the entire tourism industry only grew by 6.9 percent. And this is just the start wellness tourism is expected to reach \$808 billion by 2020.' www.fitt.com
- Includes:

NATURAL SANCTUARIES MOUNTAINS, ROCKS AND HILLS WATERFALLS, LAKES AND RIVERS TREES, GROVES AND FORESTS CAVES, GROTTOES AND CAVERNS IN SEARCH OF THE DIVINE TEMPLES AND STUPAS CATHEDRALS, CHURCHES AND CHAPELS PREHISTORIC SITES PLACES OF HEALING WELLS, SPRINGS SHRINES OF SAINTS, RELICS THERMAL POOLS STRETCHES OF OCEAN FOR BATHING SACRED GARDENS AWAY FROM THE WORLD MONASTERIES, STUPAS REMOTE ISLANDS RETREATS REMEMBERING THE ANCESTORS CATACOMBS, TOMBS, CEMETERIES WRITTEN ON THE LAND CHALK FIGURES ANCIENT TRACKS

Summary

MAZES AND TURF

An illustrated wellness guide to the world and its sacred wonders.

Wellness travellers are seeking transformative experiences - wellness is, by nature, a journey and a quest. The concept of transformative travel is about finding experiences through trips that shift perspective and allow digital detoxing, connection with oneself, nature, communities and a sense of the bigger picture in life.

Sacred Places is a stunning new coffee table exploration for seekers of unusual and enlightening destinations, for both armchair travelling and as inspiration for future journeys. The book will be particularly focused on experiences, in addition to a full description of the place. For example, plant medicine ceremonies in South America, walking the Camino Way, Stonehenge on the winter solstice, wild swimming in Iceland's sacred hot springs and silent retreats. Entries also introduce the history and geography of the place, significant stories, dates to visit, myths, legends and ceremonies.

Contributor Bio

Clare Gogerty is an author, journalist and editor with considerable experience in consumer magazine publishing. She edited *Coast* magazine for six years and has also edited the *National Trust Magazine* and *Grand Designs* magazine. Currently she is homes and gardens editor of *The Simple Things* magazine. She combines this with writing books - including the *National Trust's Book of the Coast* and *Beyond the Footpath: Mindful Adventures for Modern Pilgrims* (Piatkus 2019) - and travel and lifestyle journalism.

Marketing Plans

National media campaign to MBS, travel and photography press, Trade and Library outreach,

Links

- Author Website
- Twitter Handle @ClareGogerty

Illustrations







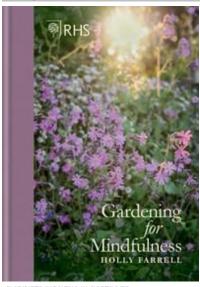


Comp Titles

199 Cemeteries to See Before You Die	Rhoads, Loren	Black Dog & Leventhal	10/3/2017 9780316438438 \$27.99 Hardcover Paper . 031643843X USD over boards	Travel
Hidden Villages of Britain	Gogerty, Clare	Batsford	11/7/2017 9781849944489 \$22.95 Hardcover	Architecture
Sacred Journeys	Lester, Meera	Adams Media	1/15/2019 9781721400195 \$15.99 Trade Paperback Trade Paperback	Travel
Wanderlust	Gestalten	gestalten	4/13/2017 9783899559019 \$60.00 Hardcover 3899559010 USD	Travel

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Mitchell Beazley 9781784726614 1784726613 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$16.99/\$18.99 Can./£12.99 UK

Discount Code: OHC Hardcover

224 Pages Carton Qty: 20 Print Run: 6K

Gardening / Techniques

GAR022000

8.4 in H | 6.1 in W | 0.9 in T | 1.3

Ib Wt Status:**ACTIVE**

Related Products

Other Formats

RHS Gardening for Mindfulness 9781784722746 \$19.99 RHS Gardening for Mindfulness 9781784722975 \$19.99

Ebooks

9781784723392

RHS Gardening for Mindfulness (new edition)

Holly Farrell, The Royal Horticultural Society

Key Selling Points

- Repackaged with a new cover design and lower price point, ideal for gifting.
- From the author of RHS Plants from Pips, RHS Miniature Garden Grower and RHS Little Book of Happy Houseplants (21,000 copies sold).
- Created with and supported by the RHS.
- Mindfulness has grown in popularity in recent years and continues to be a popular practice.
- A growing body of research, including by Harvard Medical School, has shown a strong connection between time spent in nature and reduced stress, anxiety and depression.

Summary

A practical, inspirational guide to improving mental wellbeing through gardening, now in a gift-friendly format and price point.

Gardening, like mindfulness, is a way of finding a sense of calm in an otherwise chaotic world, a simpler existence, even if it is only for a few minutes. Both forge a connection to the world around us, to nature and wildlife, which can bring pleasure and peace. In this beautifully illustrated guide to gardening for mindfulness, horticulturalist and mindfulness practitioner Holly Farrell provides a blueprint for a more contemplative way to garden, including projects, meditations and inspiration.

Projects for the mindful gardener, including growing something from seed, planting a tree and creating a mandala. Put the theory of mindfulness into practice, while plant lists and design ideas aim to enhance mindfulness in the garden through the senses.

Easy to follow and beautifully packaged in a new format, this is the perfect book for keen gardeners, devotees of mindfulness, or simply those looking for calm in a busy and hectic world.

Contributor Bio

Holly Farrell spent two years at RHS Gardens Wisley where she gained the Wisley Diploma in Practical Horticulture, and the RHS Certificate and Diploma (both with Commendation), and where she won the Nicholson Prize for overall contribution to RHS Garden Wisley as a trainee. After working as Head Gardener on a private estate she now combines designing and improving gardens for private clients with her developing career as a garden writer for publications such as *Kitchen Garden* and the RHS magazine *The Garden*. Holly is the author of several books including *RHS Gardening for Mindfulness*, *RHS Little Book of Happy Houseplants* and *Planting Plans for Your Kitchen Garden: How to Create a Vegetable*, *Herb and Fruit Garden in Easy Stages*. She lives in Oxfordshire.

The Royal Horticultural Society (RHS) is the UK's largest gardening charity, dedicated to advancing horticulture and promoting good gardening. Its charitable work includes providing expert advice and information, training the next generation of gardeners and promoting the ecological, aesthetic and psychological benefits of gardening in an urban environment.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author_Website
- Facebook_Link
- Twitter_Handle @https://twitter.com/The_RHS

Illustrations









Comp Titles

RHS Gardening for Mindfulness	Farrell, Holly	Mitchell Beazley	4/4/2017	9781784722746 178472274X	\$19.99 USD	Hardcover	Gardening
The Mindful Gardener	The New York Botanical Garden	Clarkson Potter	10/3/2017	9781524759063 1524759066	\$14.99 USD	Diary	Art
The Garden in Every Sense and Season	Martin, Tovah	Timber Press	4/3/2018	9781604697452 1604697458	\$24.95 USD	Hardcover Paper over boards	Gardening
A Way to Garden	Roach, Margaret	Timber Press	4/30/2019	9781604698770 1604698772	\$30.00 USD	Hardcover Paper over boards	Gardening
Mindfulness in the Garden	Murray, Zachiah	Parallax Press	7/30/2012	9781937006150 1937006158	\$16.95 USD	Hardcover	Gardening

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Hamlyn 9780600636878 0600636879 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$60.00/\$65.00 Can. Discount Code: OHC Hardcover

512 Pages Carton Qty: 6 Print Run: 10K Cooking / Methods CKB004000

10.5 in H | 8.8 in W | 1.9 in T |

5.1 lb Wt Status: **ACTIVE**

Larousse Patisserie and Baking

The ultimate expert guide, with more than 200 recipes and step-by-step techniques

Larousse

Key Selling Points

- From the brand that has published *Larousse Gastronomique* and *Institut Paul Bocuse Gastronomique* (300,000 copies sold in the English language)
- The authoritative name in culinary publishing, including Larousse Gastronimique andInstitut Paul Bocuse Gastronomique and Larousse Wine
- Authoritative text and step-by-step photography make this an invaluable reference source for every cook

Summary

The ultimate expert guide to pastry, patisserie and baking, with more than 200 recipes and step-by-step techniques.

Larousse Patisserie and Baking is the complete guide from the authoritative French cookery brand Larousse.

It covers all aspects of baking - from simple everyday cakes and desserts to special occasion show-stoppers. There are more than 200 recipes included, plus useful techniques to ensure your bakes are perfect every time. The book also includes workshops on making different types of pastry, handling chocolate, cooking jam and everything else that you need to know about pastry, patisserie and baking. Each recipe is photographed and there are more than 30 step-by-step techniques sections.

Marketing Plans

Larousse Gastronomique and Institute Paul Bocusse have sold 55, 000 in the US, National media campaign targeting food & baking, Consumer giveaway programs with culinary sites, Trade and library outreach,

Illustrations









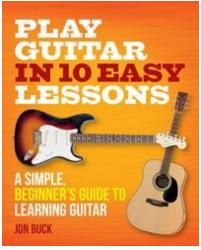
Comp Titles

Institut Paul Bocuse	Institut Paul			9780600634171 \$75.00	
Gastronomique	Bocuse	Hamlyn	11/1/2016	0600634171 \$75.00 USD	Hardcover Cooking
Larousse Wine	Hamlyn	Hamlyn	11/7/2017	9780600635093 \$60.00 0600635090 USD	Hardcover Cooking
Larousse Gastronomique	LIBRAIRIE LAROUSSE	Clarkson Potter	10/13/2009	9780307464910 \$115.00 0307464911 USD	Hardcover Cooking

Bake from Scratch	Hoffman, Brian Hart	83 Press	3/15/2017	9781940772363 1940772362	\$39.95 USD	Hardcover Cooking
Cook's Illustrated Baking Book	America's Test Kitchen	America's Test Kitchen	6/11/2018	9781945256813 1945256818	\$40.00 USD	Hardcover Cooking
French Patisserie	Ferrandi, École	Flammarion	11/14/2017	, 9782080203182 2080203185	\$60.00	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Hamlyn 9780600636922 0600636925

Pub Date: 10/13/2020 On Sale Date: 10/13/2020 \$16.99/\$18.99 Can. Discount Code: OPB

Paperback

160 Pages Carton Qty: 34 Print Run: 5K

Music / Instruction & Study

MUS022000

9.3 in H | 7.6 in W | 0.6 in T | 1.1

lb Wt

Status: ACTIVE

Play Guitar in 10 Easy Lessons

A simple, beginner's guide to learning guitar Jon Buck

Summary

A clear and concise beginner's guide to playing the guitar.

If you've ever wanted to play guitar, this is the quick and easy way to learn. This clearly illustrated guide shows you all you need to get started playing the guitar, from getting to know the instrument, posture and reading tablature to playing advance chord extensions, scales and arpeggios. There are tips for perfect technique and innovative illustrations show you how to play even the most complicated-sounding chords. By the end of the 10 lessons you will be able to play chords and scales, improvise your own solos and finger pick and strum chords in every key. Easy-to-follow text helps you understand the relationship between notes and there is even a directory of over 250 chords for you to experiment with.

Learn how to:

- Buy and tune a guitar
- Get to know the correct posture
- Learn open chords and basic fingerwork
- Understand simple music theory and note relativity
- Discover barre chords
- Understand how to play simple scales
- Take your first steps to soloing and improvising
- Read any kind of tablature
- Extend your chord repertoire and learn arpeggios
- Develop your skill and learn new styles of playa

Contributor Bio

Jon Buck has been teaching guitar for over 15 years. He studied the instrument under the tuition of legendary session player Colin Pincott from the age of 9 and has been playing publicly since he was 13. Jon's extraordinary musical knowledge and virtuosity have enabled him to play and record extensively while continuing to teach students of all ages.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,









Comp Titles

Play Guitar in 10 Easy Lessons	Buck, Jon Hamly	5/16/2011	9780600622383 060062238X	\$14.95 USD	Paperback	Music
Play Guitar in 10 Easy Lessons	Buck, Jon Hamly	9/5/2017	9780600635048 060063504X	\$14.99 USD	Paperback	Music
Play Guitar in 10 Easy Lessons	Buck, Jon Hamly	9/2/2014	9780600629962 0600629961	\$14.99 USD	Paperback	Music
Play Guitar in 10 Easy Lessons	Buck, Jon Hamlyı	4/1/2008	9780600615170 0600615170	\$14.95 USD	Paperback	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Mitchell Beazley 9781784721589 1784721581 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$39.99/\$43.99 Can. Discount Code: OHC

268 Pages Carton Qty: 10 Print Run: 6K

Hardcover

House & Home / Decorating & Furnishings

HOM003000

10.7 in H | 9.5 in W | 1.2 in T |

3.4 lb Wt Status: **ACTIVE**

Farrow & Ball - How to Decorate

Transform your home with paint & paper

Joa Studholme, Charlotte Cosby

Key Selling Points

- Farrow & Ball distributes its paints and papers to 70 countries worldwide
- There are more than 50 Farrow & Ball showrooms in the UK, Europe and North America, as well as over 1,500 independent retailers who support the brand
- Features a wealth of beautiful homes from all over the world, photographed specially for the book

Summary

Transform your home with inspiration and advice from one of the world's leading home decorating brands, Farrow & Ball

Set to become the bible of home decoration, *Farrow & Ball How to Decorate* provides a highly **practical** and **inspirational** guide to the **successful use of paint and paper** in any home, **large** or **small**, **urban** or **country**.

Published on the 70th anniversary of the founding of the iconic brand, the book brings together the expertise of **Joa Studholme** and the **Farrow & Ball creative team** to demystify the nitty-gritty of transforming a home - from deciding **which colors work best** in a north-facing room to **creating accents with paint** and making the most of a **feature wall**.

"Farrow & Ball How to Decorate aims to demystify home decoration. Featuring a host of beautiful homes, with advice on everything from which shades to use in north-facing rooms to the creative potential of floor paint, it's a practical, inspirational guide." - The Times Magazine UK

Contributor Bio

Joa Studholme

Having joined Farrow & Ball over 19 years ago, Joa Studholme has amassed a vast wealth of experience. From developing the new colours to consulting on design projects, Joa has worked with the paints and papers every day on both residential and commercial projects. A self-confessed 'color-geek', Joa's passion for interior design and color means her own home is under constant renovation and she claims to redecorate it at least once a month.

Charlotte Cosby

Head of creative, Charlotte Cosby, has been working with Farrow & Ball for the past eight years. Charlotte began her career in finance, but she soon realized that her heart was in the creative world and she moved to Farrow & Ball in 2006. She has full responsibility for creative direction, including product development, brand identity, photography, showroom design and much more. Charlotte is passionate about pattern, color and design and spends much of her free time redecorating her beautiful Victorian apartment by the sea.

Farrow & Ball

Paint pioneers **John Farrow** and **Richard Ball** founded their company in 1946. They met while working at a local clay pit and later went on to build their first factory in Dorset, southern England, where the company is still based. Farrow & Ball is now one of the world's leading home decorating brands, manufacturing decorative paint and wallpaper that transform homes around the globe.

Farrow & Ball paint is distinguished for its depth of color and unique finish developed through the use of high levels of pigment, rich resin binders, and ingredients with a high refractory nature. In addition, its complementary wallpaper products are

handcrafted using Farrow & Ball paint with traditional block and trough printing methods, creating a distinctive tactile texture.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

• Twitter Handle - @FarrowandBall

Illustrations











Comp Titles

Farrow & Ball How to Decorate

Ball Sikes, Mark D.

Farrow &

Mitchell Beazley

Rizzoli

6/7/2016

9781784720872 \$39.99 1784720879 USD

9/20/2016 9780847848928 \$47.50 0847848922 USD

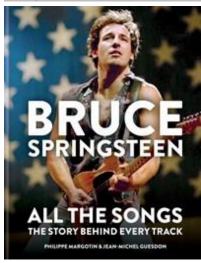
Hardcover House & Home

Hardcover House &

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights

Beautiful



Cassell 9781784726492 1784726494 Pub Date: 10/6/2020

On Sale Date: 10/6/2020 \$60.00/\$65.00 Can./£45.00

UK/€56.50 DE Discount Code: OHC Hardcover

672 Pages Carton Qty: 4 Print Run: 50K

Music / Genres & Styles

MUS035000

11 in H | 8.8 in W | 2.5 in T | 5.9 lb Wt

Status: ACTIVE

Related Products

Ebooks

9781784727253

Bruce Springsteen: All the Songs

The Story Behind Every Track

Jean-Michel Guesdon, Philippe Margotin

Key Selling Points

- The latest title in an incredibly successful series by the same expert authors over 100,000 copies sold in the US alone
- Bruce Springsteen's 2016 autobiography sold 575k TCM in the US and 280k TCM in the UK - plus ebook and audio
- Bruce Springsteen has sold 135 million albums worldwide, and remains a legendary performer today. He has confirmed that he will tour with the E Street Band in 2020
- We will work with the book's authors to tap directly into the devoted Bruce Springsteen fanbase

Summary

The latest in the bestselling *All the Songs* series, **Bruce Springsteen: All the Songs** is the most in-depth exploration of The Boss's music ever written.

From *Greetings from Asbury Park, NJ* through *Western Stars*, this extensive, 670-page volume provides the full story behind each remarkable cut, with illuminating insights that reveal Springsteen's creative inspiration. It's the most complete history of one of the greatest musical legacies of all time and gives you the background on all the songs leading up to the Boss's new album, *Letter to You*.

Arranged chronologically by album, authors Margotin and Guesdon explore the details behind early hits such as *Blinded by the Light* and *Spirit in the Night*, to masterpieces such as *Born to Run*, *Hungry Heart*, *Dancing in the Dark*, *Born in the U.S.A.*, *The Rising*, *Tucson Train*, and more - including outtakes, covers and rare tracks.

With hundreds of photographs and detailed analysis of every single song, this is the single-greatest record of Bruce Springsteen's music ever produced.

Contributor Bio

Philippe Margotin has written many books on music, including biographies of U2, Radiohead, and the Rolling Stones.

Jean-Michel Guesdon is a producer, musician, sound engineer, and writer. His work as a musician and composer gives him a unique insight into Springsteen's work.

Together, they have written in-depth *All the Songs* books on The Beatles, The Rolling Stones, Pink Floyd, and Led Zeppelin.

Marketing Plans

National media campaign targeting music, gift and fan base,

Social media campaign,

Collaborations with Springsteen fan sites,

Giveaway programs,

Drive time promotion program with classic rock stations,

Promotions with fan sites,

Advertising in Backstreet magazine, focus on hardcore Springsteen fans,

Cross promotions with local Monmouth NJ cultural organizations that spotlight Springsteen,

Trade and library advertising,

Links

Digital BLAD

Illustrations







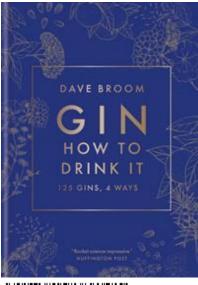


Comp Titles

	Michael Jackson All the Songs	Allard, François	Cassell	10/23/2018	9781788400572 1788400577	\$50.00 USD	Hardcover	Music
	Led Zeppelin All the Songs	Guesdon, Jean-Michel	Black Dog & Leventhal	10/23/2018	9780316448673 0316448672	\$50.00 USD	Hardcover	Music
	Pink Floyd All the Songs	Guesdon, Jean-Michel	Black Dog & Leventhal	10/24/2017	9780316439244 031643924X	\$50.00 USD	Hardcover	Music
	The Rolling Stones All the Songs	Margotin, Philippe	Black Dog & Leventhal	10/25/2016	9780316317740 0316317748	\$50.00 USD	Hardcover	Music
(Country Music	Duncan, Dayton	Knopf	9/10/2019	9780525520542 0525520546	\$55.00 USD	Hardcover	History
ı	Born to Run	Springsteen, Bruce	Simon & Schuster	9/27/2016	9781501141515 1501141511	\$32.50 USD	Hardcover	Biography & Autobiography
I	The Complete Beatles Recording Sessions	Lewisohn, Mark	Hamlyn	9/4/2018	9780600635611 0600635619	\$29.99 USD	Hardcover	Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Mitchell Beazley 9781784726638 178472663X Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$19.99/\$21.99 Can./£15.99 UK/€20.50 DE

Discount Code: OHC Hardcover 224 Pages

Carton Qty: 24 Print Run: 10K Cooking / Beverages CKB006000

9.2 in H | 7 in W | 1 in T | 1.3 lb

Status: ACTIVE

Related Products

Ebooks

9781784727277

Gin: How to Drink it 125 Gins, 4 Ways

Dave Broom

Key Selling Points

- Profiles of 120 gins, including 70 new, each one tested and scored
- Each gin is categorized according to author Dave Broom's ingenious flavor camp system
- Dave has twice won a Glenfiddich Award for Drinks Book of the Year and for Drinks Writer of the Year
- The first edition of Gin: The Manual has sold 80,000 copies

Summary

Nominated for Tales of the Cocktails Spirited Awards 2021

This is a book about how to drink gin of all kinds.

It's about classic gins and new-generation gins, about gins from all over the world. It's about gin enjoyed with tonic and Sicilian lemonade. About the perfect martini gin and the best gin for a negroni. It's about juniper-heavy and delicate aromatic gins. About gin cocktails that ooze style and personality. Above all it's about enjoying your gin in ways you never thought possible.

With more gin brands available than ever before, it is the time to set out what makes gin special, what its flavours are and how to get the most out of the brands you buy.

For this new edition, Dave has revised more than half of the entries to include the best gins available today.

Praise for the first edition of Gin: The Manual:

You could not write a more sophisticated book or pack more detail onto each page...it is rocket science impressive'- Huffington Post

Contributor Bio

Award-winning author and whisky expert **Dave Broom** has been writing about whisky for 25 years as a journalist and author. He has written eight books, two of which (Drink! and Rum) won the Glenfiddich Award for Drinks Book of the Year. He has also won the Glenfiddich Award for Drinks Writer of the Year twice and recently won the extremely prestigious IWSC Communicator of the Year Award. In 2015 Tales of the Cocktail presented Dave with the Best Cocktail & Spirits award, soon to be followed by the Golden Spirit Award in 2016.

Over his two decades in the field, Dave has built up a considerable international following with regular training/educational visits to France, Holland, Germany, the USA and Japan. His remit has covered consumer features as well as business reports. He is also actively involved in whisky education, acting as a consultant to major distillers on tasting techniques as well as teaching professionals and the public. He was also one of the developers of Diageo's generic whisky tasting tool, the Flavor Map.

Marketing Plans

National media outreach to spirits/food press, Author social media platform, Collaboration with spirits importers/distributors, Giveaway promotions, Trade and library outreach,

Links

Author Website

Illustrations







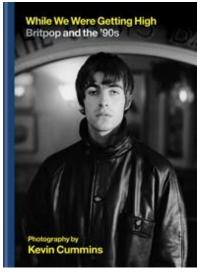


Comp Titles

Rι	ım: The Manual	Broom, Dave	Mitchell Beazley	3/7/2017	9781845339623 1845339622	\$19.99 USD	Hardcover Cooking
W	hisky: The Manual	Broom, Dave	Mitchell Beazley	4/8/2014	9781845337551 1845337557	\$19.99 USD	Hardcover Cooking
	e World Atlas of hisky	Broom, Dave	Mitchell Beazley	10/14/2014	9781845339425 1845339428	\$39.99 USD	Hardcover Cooking
Gi	n: The Manual	Broom, Dave	Mitchell Beazley	10/6/2015	9781845339388 184533938X	\$19.99 USD	Hardcover Cooking
G	one with the Gin	Federle, Tim	Running Press Adult	10/27/2015	9780762458608 0762458607	\$15.00 USD	Hardcover Cooking
Tł	e Drunken Botanist	Stewart, Amy	Algonquin Books	3/19/2013	9781616200466 1616200464	\$24.95 USD	Hardcover Cooking
Tł	e Art of Mixology	Parragon Books	Parragon	9/18/2018	9781680524109 1680524100	\$15.99 USD	Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Cassell 9781788402200 1788402200

Pub Date: 10/27/2020 On Sale Date: 10/27/2020 \$40.00/\$44.00 Can./£30.00 UK

Discount Code: OHC

Hardcover

256 Pages Carton Qty: 10 Print Run: 6K

Music / Genres & Styles

MUS029000

10.5 in H | 7.8 in W | 1.1 in T |

2.8 lb Wt Status: **ACTIVE**

Related Products

Ebooks

9781788402545

While We Were Getting High Britpop and the '90s

Kevin Cummins

Key Selling Points

- Includes never-before-seen images.
- Kevin Cummins is a respected name in the music industry with strong press connections.
- Britpop was a huge international movement, and widely popular across the globe.

Summary

A photographic portrait of Britpop, featuring the most iconic bands of the genre, with many never-before-seen images.

Remember the rise and fall of Britpop - the seminal UK-based music and culture movement of the 90s - through its most striking images, with many never published before. Also featuring interviews with the heroes of Britpop, including Noel Gallagher.

Hundreds of photographs taken by renowned photographer Kevin Cummins, chief photographer at the *NME* for more than a decade, showcase Britpop's greatest stars at their most creative and iconic.

Artists photographed include:

- Oasis
- Blur
- Pulp
- Kula Shaker
- The Verve
- Suede
- Elastica
- Happy Mondays
- The Stone Roses
- The Bluetones
- The Boo Radleys
- Dodgy
- The Charlatans
- Echobelly
- Gene
- Kenickie
- Mansun
- The Divine Comedy Supergrass
- Sleeper
- Menswear
- Marion
- The Seahorses
- Shampoo

...and many more.

Contributor Bio

Manchester-born Kevin Cummins has an international reputation as one of the world's leading photographers and is famed for his iconic portraits of musicians including Joy Division, David Bowie, Nick Cave, Mick Jagger, Patti Smith and Oasis. These photographs have appeared on magazine covers and in art galleries and museums including the National Portrait Gallery and the Victoria and Albert Museum in London,

and in cities including New York, Buenos Aires, Berlin, Bologna and many others.

Chief photographer at the *NME* for over ten years, Kevin captured some of the best-known images in modern music history - his work has decorated bedroom walls the world over.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author Website
- Twitter Handle @KCMANC

Illustrations



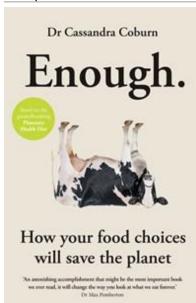


Elton John by Terry O'Neill O'Neill, Terry Cassell 11/5/2019 9781788401487 1788401484 \$34.99 USD Hardcover Photography

Bowie by O'Neill O'Neill, Terry Cassell 9/3/2019 9781788401012 1788401018 \$50.00 USD Hardcover Music

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Gaia 9781856754385 1856754383 Pub Date: 2/23/2021 On Sale Date: 2/23/2021 \$19.99/\$21.99 Can./£14.99 UK/€17.36 DE Discount Code: OPB

304 Pages Carton Qty: 32 Print Run: 10K

Philosophy / Mind & Body

PHI015000

Paperback

9.1 in H | 6 in W | 0.9 in T | 0.8 lb

Status: ACTIVE

Related Products

Ebooks

9781856754552

Enough

How your food choices will save the planet

Dr Cassandra Coburn

Summary

Cut through the doom and confusion around the food we produce and eat this shows the way forward for both people and planet.

Enough is a practical explanation of the Planetary Health Diet's research, allowing everyone to understand the science and to adopt its recommendations in our daily lives. The PHD specifies the food groups we should be eating. But what does a diet composed of, for example, 30% carbohydrates really look like? Which carbs, exactly? The diet is largely plant-based but does encompass meat and fish - but how many servings? It also explains what the nine 'planetary boundaries' are, that our food production systems must not exceed - from the quantities of nitrogen and phosphorus in the ecosystem to freshwater use.

We produce and eat unhealthy food, killing ourselves and the planet in the process. Food production systems are the single biggest cause of environmental change to the planet. And the food we are producing is killing us - more than a guarter of the world's population is overweight or obese, and deaths from stroke, heart attack, cancer, diabetes etc are at epidemic levels. It's easy to feel helpless.

In 2019 a seminal piece of research was published which, for the first time, made clear recommendations for a way to produce food and to eat that would save both the planet's resources and our own health. The Planetary Health Diet was the culmination of years of research by 37 eminent scientists of various backgrounds into this question - can we provide a growing population with a healthy diet from sustainable food systems? The answer is yes.

As a scientist and journalist Dr Cassandra Coburn is brilliantly placed to provide this clear, ultimately hopeful and hugely important roadmap for own future health, and that of the planet.

Contributor Bio

Dr Cassandra Coburn received her PhD in Genetics from University College London in 2012. She was Deputy Editor of the Lancet Oncology and has since left the Lancet to work as a freelance science journalist. She continues to publish academically and speaks at conferences worldwide, as well as chairing multiple bodies of scientific work and being active in numerous initiatives eq in 2017 she launched an initiative on revolutionizing cancer care with former US vice president Joe Biden at the UN headquarters.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Comp Titles

Six Weeks to Zero Waste

Arnell, Kate

Gaia

2/4/2020

9781856754118 \$16.99 1856754111

USD

Paperback Nature

Food Fix

Hyman, Dr. Mark

Little, Brown Spark

2/25/2020

9780316453172 \$28.00 031645317X **USD**

Hardcover Health & Fitness

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Godsfield 9781841814971 1841814970 Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$16.99/\$18.99 Can. Discount Code: OPB Paperback

256 Pages Carton Qty: 28 Print Run: 10K

Body, Mind & Spirit / Crystals

OCC004000

6.6 in H | 5.7 in W | 0.9 in T | 1 lb

Status: ACTIVE

Related Products

Ebooks

9781841815053

Judy Hall's Complete Crystal Workshop

Judy Hall

Key Selling Points

 Features practical, interactive exercises and meditations, tying into the enormous popularity of mind, body, spirit workshops available worldwide.

Summary

A practical guide to crystals from bestselling international author Judy Hall.

From crystal expert Judy Hall comes a fascinating book that gives you a personalized, practical and direct experience of the thought-provoking wisdom that crystal exploration has conveyed to thousands throughout the world. Going far beyond a reference guide, The Crystal Experience is more like a personal tutor, leading you through the key ideas and concepts of using crystals via inspirational and holistic hands-on exercises and rituals.

Features interactive exercises that help you to tailor the book to your needs, journaling sections for you to write down your own experiences and a step-by-step learning programm that guides you to revision work and more advanced exercises. Perfect for novice and practised crystal users alike, this holistic, integrated and practical guide is your own personal crystal workshop in a book.

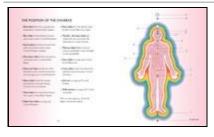
Contributor Bio

Judy Hall was an internationally known author, astrologer, crystal expert, psychic and healer. A leading authority on spiritual development, Judy had more than 45 years of experience in karmic astrology, crystal healing and past-life therapy. She was the author of over 45 books - including the bestselling The Crystal Bible, which has sold more than 1 million copies worldwide - and her writing has been translated into 16 languages. Judy has four times been named as one of the 100 most spiritually influential people in the world in the Watkins Review.

Judyhall.co.uk Facebook.com/officialcrystaljudyhall

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,





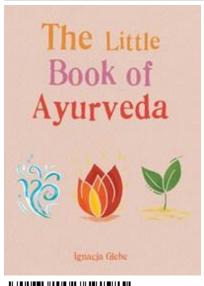




The Little Crystals Kit	Hall, Judy	Gaia	3/5/2019	9781856754033 1856754030	\$14.99 USD	Kit	Body, Spirit	Mind &
The Little Book of Crystals	Hall, Judy	Gaia	9/3/2019	9781856754156 1856754154	\$9.99 USD	Hardcover	Body, Spirit	Mind &
Past Life Astrology	Hall, Judy	Godsfield	10/3/2017	9781841814780 1841814784	\$12.99 USD	Paperback	Body, Spirit	Mind &
Crystal Zodiac	Hall, Judy	Godsfield	7/2/2013	9781841814292 1841814296	\$17.99 USD	Paperback	Body, Spirit	Mind &
Crystal Zodiac	Hall, Judy	Godsfield	7/1/2006	9781841812410 1841812412	\$17.95 USD	Paperback	Body, Spirit	Mind &
Judy Hall's Crystal Zodiac	Hall, Judy	Godsfield	7/3/2017	9781841814742 1841814741	\$16.99 USD	Paperback	Body, Spirit	Mind &
Judy Hall's Complete Crystal Workshop	Hall, Judy	Godsfield	6/21/2016	9781841814612 184181461X	\$16.99 USD	Paperback	Body, Spirit	Mind &
The Crystal Experience	Hall, Judy	Godsfield	6/2/2010	9781841813929 1841813923	\$14.99 USD	Paperback	Body, Spirit	Mind &
Crystal Healing	Hall, Judy	Godsfield	9/20/2010	9781841812601 1841812609	\$12.99 USD	Hardcover	Body, Spirit	Mind &
Past Life Astrology	Hall, Judy	Godsfield	7/1/2006	9781841813080 1841813087	\$14.95 USD	Paperback	Body, Spirit	Mind &
The Little Book of Crystals	Hall, Judy	Gaia	5/3/2016	9781856753616 1856753611	\$9.99 USD	Paperback	Body, Spirit	Mind &

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Subrights *No subrights have been specified.*



Gaia 9781856754408 1856754405 Pub Date: 2/2/2021

On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£7.99 UK Discount Code: OPB

Flexibound

96 Pages Carton Qty: 100 Print Run: 10K

Body, Mind & Spirit / Healing OCC011000

5.8 in H | 4.2 in W | 0.6 in T | 0.3

lb Wt Status: ACTIVE

Related Products

Fhooks

9781856754514

The Little Book of Ayurveda

Iggie Glebe

Key Selling Points

- The Little Books series has sold more than 1 million copies worldwide.
- A-list Ayurveda fans include Jennifer Aniston, Jennifer Lopez and Gwyneth
- The book's small format is a perfect gift or impulse buy.

Summary

A beginner's guide to Ayurveda, the ancient system of self-healing.

Originating in India more than 5,000 years ago, Ayurveda is one of the world's oldest healing systems. These ancient principles teach you that everyone is unique and there is no "one size fits all" solution - each individual is made up of a unique combination of three main doshas, or energies, which give them their unique physiology and psychology.

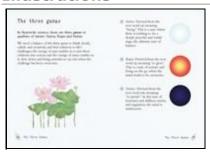
The preventative and long-lasting health benefits of Ayurvedic self-healing include improved gut health, sleep, diet, stress management and many more.

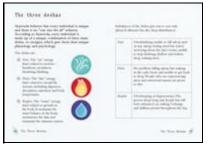
This little book is the perfect introduction to Ayurveda - with guidance for improving both your physical and mental health, as well as simple exercises to help introduce this ancient wisdom into your daily life.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations





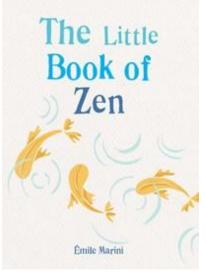
Comp Titles

The Little Book of Resilience	Rickman, Cheryl	Gaia 10	0/1/2019	9781856753975 1856753972	\$8.99 USD	Flexibound	Self-Help
The Little Book of Happiness	Akhtar, Miriam	Gaia 8/	/6/2019	9781856754002 1856754006	\$8.99 USD	Flexibound	Self-Help
The Little Book of Yoga	Lucas, Lucy	Gaia 10	0/1/2019	9781856753999 1856753999	\$8.99 USD	Flexibound	Body, Mind & Spirit
The Little Book of Self-Care	Reading, Suzy	Aster 7/	/2/2019	9781783253128 1783253126			Body, Mind & Spirit
The Little Book of Meditation	Collard, Dr. Patrizia	Gaia 5/	/7/2019	9781856753982 1856753980	\$9.99 USD	Flexibound	Body, Mind & Spirit
Little Book of Pause	Marchant, Danielle	Aster 6/	/26/2018	9781912023721 1912023725	\$8.99 USD	Paperback	Body, Mind & Spirit
The Little Book of Sleep	Ramlakhan, Nerina	Gaia 10	0/2/2018	9781856753838 1856753832	\$8.99 USD	Flexibound	Health & Fitness

Little Book of Inner Peace Bush, Ashley Davis Gaia 4/4/2017 9781856753678 \$9.99 1856753670 USD Paperback Spirit Sp

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Gaia 9781856754392 1856754391

Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£7.99

UK/€9.50 DE Discount Code: OPB Flexibound

96 Pages Carton Qty: 100 Print Run: 10K Self-Help SEL000000

5.8 in H | 4.2 in W | 0.6 in T | 0.3

lb Wt Status: ACTIVE

Related Products

Ebooks

9781856754507

The Little Book of Zen

Émile Marini

Key Selling Points

- The Little Books series has sold more than 1 million copies worldwide. For readers of Ten to Zen, A Monk's Guide to Happiness and Zen: The Art of Simple Living.
- The book's small format is a perfect gift or impulse buy.

Summary

Treat the stresses of modern-day life with The Little Book of Zen.

Who knew so much wisdom could come in such a small package? This little book is packed full of easy practices and meditations to help you introduce the principles of Zen Buddhism into your day-to-day: enhance your spiritual, physical and mental wellbeing, tune into your natural intuition, and find your inner calm.

Beautifully presented, this book is the perfect introduction to this ancient practice.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations





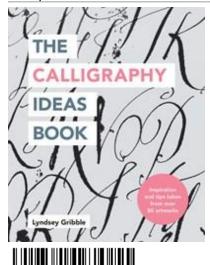
Comp Titles

comp rices						
The Little Book of Intentional Living	Boyes, Carolyn	Gaia 4/9/	2019 9781856754026 1856754022	\$8.99 USD	Flexibound	Self-Help
The Little Book of Kindness	Hamilton, Dr David	Gaia 3/5/	2019 9781856753913 1856753913	\$8.99 USD	Flexibound	Psychology
The Little Book of Breathing	Tudor, Una L.	Gaia 9/3/	2019 9781856753968 1856753964	\$9.99 USD	Flexibound	Body, Mind & Spirit
The Little Book of Happiness	Akhtar, Miriam	Gaia 8/6/	2019 9781856754002 1856754006	\$8.99 USD	Flexibound	Self-Help
Little Book of Chakras	Mercier, Patricia	Gaia 9/5/	2017 9781856753708 1856753700	\$ \$9.99 USD	Flexibound	Body, Mind & Spirit
The Little Book of Crystals	Hall, Judy	Gaia 9/3/	2019 9781856754156 1856754154	\$9.99 USD	Hardcover	Body, Mind & Spirit
Little Book of Tidying	Penn, Beth	Gaia 9/5/	2017 9781856753692 1856753697	\$7.99 USD	Flexibound	Self-Help
The Little Book of Meditation	Collard, Dr. Patrizia	Gaia 5/7/	2019 9781856753982 1856753980	\$9.99 USD	Flexibound	Body, Mind & Spirit
The Little Book of Gratitude	Emmons PhD, Dr. Robert A.	Gaia 9/6/	2016 9781856753654 1856753654	\$9.99 USD	Paperback	Body, Mind & Spirit

Little Book of Pause	Marchant, Danielle	Aster	6/26/2018	9781912023721 1912023725	\$8.99 USD	Paperback	Body, Mind & Spirit
The Little Book of Crystals	Hall, Judy	Gaia	5/3/2016	9781856753616 1856753611	\$9.99 USD	Paperback	Body, Mind & Spirit
Little Book of Inner Peace	Bush, Ashley Davis	Gaia	4/4/2017	9781856753678 1856753670	\$9.99 USD	Paperback	Body, Mind & Spirit
Little Book of Mindfulness	Collard, Patrizia	Gaia	5/27/2014	9781856753531 1856753530	\$9.99 USD	Flexibound	Body, Mind & Spirit

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Subrights



Ilex Press 9781781577462 1781577463 Pub Date: 10/20/2020

On Sale Date: 10/20/2020 \$12.99/\$14.99 Can./£10.00 UK

Discount Code: OPB Paperback

176 Pages Carton Qty: 60 Print Run: 5K Art / Techniques ART003000

6.5 in H \mid 5.4 in W \mid 0.6 in T \mid 0.5

Ib Wt Status: ACTIVE

Related Products

Ebooks

9781781577882

The Calligraphy Ideas Book

Inspiration and tips taken from over 80 artworks

Lyndsey Gribble

Key Selling Points

- Presented in an accessible way for all levels
- Calligraphy has become part of the modern craft movement and is a popular trend both as a professional craft and a hobby
- The personal touch of hand lettering is increasingly attractive for gifts and invitations in the age of digital communication
- Hobbycraft is ranking calligraphy as one of the top crafts for 2019

Summary

Unlock your inner creative with the beautiful flourishes of calligraphy

Packed with fresh ideas for calligraphy techniques, styles and subjects, this book is a visual feast of inspiration for all abilities, whether you're new to calligraphy or looking to reinvigorate your practice. Boost your creativity with the help of more than 80 artworks by contemporary, international calligraphers, each demonstrating an interesting or innovative approach. Explore both new and old methods and discover the basic skills to excel at this ancient art form. The art of calligraphy is the ultimate way to relax and create beautiful pieces of art - and this book is sure to renew your creativity.

Contributor Bio

Lyndsey Gribble is a professional calligraphy teacher running regular courses for all levels at Plymouth College of Art. Based in Devon, England, Lyndsey also organises bespoke classes and workshops for schools and businesses. She strongly believes in the meditative, therapeutic and creatively-stimulating nature of calligraphy. For more, see @wildseacalligraphy

Marketing Plans

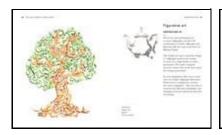
Social media campaign , National media outreach , Trade and Library Advertising ,

Links

• Twitter Handle - @wildseacalligraphy







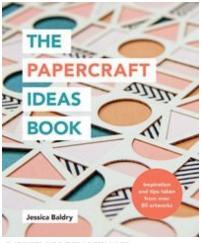


Comp Titles

The Papercraft Ideas Book	Baldry, Jessica	Ilex Press	10/20/2020	9781781577448 1781577447	\$12.99 USD	Paperback	Crafts & Hobbies
The Watercolor Ideas Book	Goss, Joanna	Ilex Press	4/3/2018	9781781575680 1781575681	\$12.99 USD	Paperback	Art
The Collage Ideas Book	Moore, Alannah	Ilex Press	5/1/2018	9781781575277 1781575274	' \$12.99 USD	Paperback	Art
The Printmaking Ideas Book	Stanfield, Frances	Ilex Press	8/20/2019	9781781576182 1781576181	\$12.99 USD	Paperback	Art
The Drawing Ideas Book	Stanfield, Frances	Ilex Press	8/20/2019	9781781576885 1781576882	\$12.99 USD	Paperback	Art
Super Simple Hand Lettering	Bennett, Kiley	Design Originals	2/6/2018	9781497203716 1497203716	\$19.99 USD	Trade Paperback	Art
Hand Lettering for Relaxation	Latta, Amy	Page Street Publishing	7/11/2017	9781624143854 1624143857	\$21.99 USD	Trade Paperback	Art
Ultimate Guide to Modern Calligraphy 8 Hand Lettering for Be	k	INGRAM INTERNATIONAL INC	8/12/2019	9781646081493 1646081498	}		
Hand Lettering 101	Chalkfulloflove	Paige Tate Select	6/21/2016	9781944515652 1944515658	\$29.99 USD	Spiral Bound – Wire-O	Art

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Subrights *No subrights have been specified.*



Ilex Press 9781781577448 1781577447 Pub Date: 10/20/2020 On Sale Date: 10/20/2020 \$12.99/\$14.99 Can./£10.00 UK Discount Code: OPB

Paperback 176 Pages

Carton Qty: 60 Print Run: 5K Crafts & Hobbies / Papercrafts

CRA025000

6.5 in H | 5.4 in W | 0.6 in T | 0.5

lb Wt Status: ACTIVE

Related Products

Fhooks

9781781578179

The Papercraft Ideas Book

Inspiration and tips taken from over 80 artworks

Jessica Baldry

Key Selling Points

- Accessible for all abilities
- The Ideas series is perfect for collecting and keeping as a constant reference and source of inspiration
- An ideal stocking filler gift for all the creatives in your life

Summary

A smorgasbord of papercraft inspiration and ideas.

Aimed at anyone who wants to take their creativity further, The Papercraft Ideas Book is bursting with ideas for subjects, methods and styles for papercraft. It is a visual feast and source of inspiration for all abilities and people wanting to expand their creativity and their craft skills. You may be experiencing an artistic block or you might just want to learn a new handcraft skill - either way, it is the perfect book to inspire and expand your creative skills.

Papercraft techniques are illustrated through over 80 examples of papercrafters' artwork, providing tips and inspiration.

Contributor Bio

Jessica Baldry is a papercut artist from Bristol, England. A member of the international Paper Artist Collective, her images celebrate the smaller details and patterns found in nature, making use of the traditional craft of papercutting to express her observations. For more, see @jessicabaldrydesigns

Marketing Plans

Trade & Library outreach, Print, online & social media outreach to crafting press, Crafting bloggers, Giveaway promotion,

Links

- Author Website
- Twitter Handle @jessicabaldrydesigns







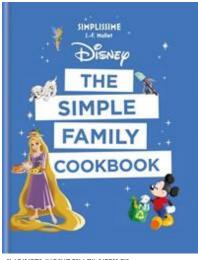


Comp Titles

The Watercolor Ideas Book	Goss, Joanna	Ilex Press	4/3/2018	9781781575680 \$12. 1781575681 USD	99 Paperback	Art
The Collage Ideas Book	Moore, Alannah	Ilex Press	5/1/2018	9781781575277 \$12. 1781575274 USD	Paperback	Art
The Calligraphy Ideas Book	Gribble, Lyndsey	Ilex Press	10/20/2020	9781781577462 \$12. 1781577463 USD	Paperback	Art
The Drawing Ideas Book	Stanfield, Frances	Ilex Press	8/20/2019	9781781576885 \$12. 1781576882 USD	Paperback	Art
The Printmaking Ideas Book	Stanfield, Frances	Ilex Press	8/20/2019	9781781576182 \$12. 1781576181 USD	Paperback	Art
Karakuri	Saka, Keisuke	St. Martin's Griffin	3/16/2010	9780312566692 \$26. 0312566697 USD	99 Trade Paperback	Crafts & Hobbies
The Fine Art of Paper Flowers	Tiffanie Turner	Watson- Guptill	8/22/2017	9780399578373 \$25. 0399578374 USD	OO Hardcover	Crafts & Hobbies
Paper Craft	DK	DK	10/6/2015	9781465439437 \$22. 1465439439 USD	99 Hardcover	Crafts & Hobbies
Crepe Paper Flowers	Lia Griffith	Clarkson Potter	8/7/2018	9781984822376 \$17. 1984822373 USD	99 Trade Paperback	Crafts & Hobbies
Desire The Shape Of Things To Come /Anglais		DGV	10/1/2009	9783899552515 \$65. 3899552512 USD	00	Design

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Subrights





Ilex Press 9781781577974 1781577978 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$16.99/\$18.99 Can. Discount Code: OPB Paperback

224 Pages Carton Qty: 14 Print Run: 10K

Cooking / Cooking For Kids

CKB119000

9.9 in H | 7.8 in W | 0.9 in T | 1.8

lb Wt

Status: ACTIVE

Disney: The Simple Family Cookbook

J-F Mallet

Key Selling Points

- Great for all the family with 100 recipes inspired by Disney characters.
- Includes simple instructions and each recipe requires a maximum of five ingredients.
- The successful *Disney: The Simple Family Cookbook* now in paperback and available at lower pricepoint

Summary

NOW IN PAPERBACK

100 simple recipes inspired by your favorite Disney characters.

Discover the joy of cooking with your loved ones using 100 recipes inspired by your favorite Disney characters.

Make spaghetti with Lady and the Tramp, sweet snowballs with Olaf and Elsa and Hawaiian pizza with Lilo and Stitch.

Each recipe uses only 2-5 ingredients and has simple instructions so that you can whip up a delightful dish with ease.

With healthy dishes for children, adults, or the whole family, you'll be cooking up a storm in no time!

Contributor Bio

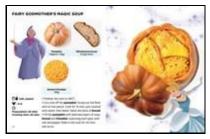
Jean-François Mallet trained at the prestigious Ferrandi culinary school in Paris, before deciding to follow his passion for photography. He now specialises in food photography.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,





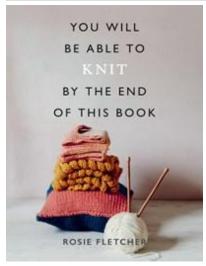




Family Cookbook	Jean-Francois			178157667X	USD		
The Disney Princess Cookbook	Disney Books	Disney Press	10/1/2013	9781423163244	\$15.99	Hardcover Paper over boards	Juvenile Nonfiction
	Consultation Assess					Hardcover	House &
Disney	Croushorn, Amy	Editions	9/24/2019	1683836545	ÚSD	Hardcover	Home

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Subrights



Ilex Press 9781781577967 178157796X Pub Date: 9/8/2020 On Sale Date: 9/8/2020 \$19.99/\$21.99 Can. Discount Code: OPB

160 Pages Carton Qty: 20 Print Run: 7K

Paperback

Crafts & Hobbies / Needlework

CRA022000

9.7 in H | 7.6 in W | 0.7 in T | 1.2

lb Wt

Status: ACTIVE

You Will Be Able to Knit by the End of This Book

Rosie Fletcher

Key Selling Points

- The You Will Be Able To series has sold 160k copies worldwide.
- Features basic techniques, stitches and skills, as well as more than 15 simple projects for beginners.
- Tips and tricks on every page.
- Illustrated step-by-steps for clear instruction.

Summary

This simple guide will inspire you to pick up a pair of knitting needles and learn to create beautiful accessories, homewares and gifts.

You want to learn to knit, but somehow you always end up in a tangle of knotted yarn and baffled by complicated and conflicting advice. This beginner's handbook goes back to basics, with clear step-by-step illustrations demonstrating how to cast on and how to ace a range of stitches, 15 easy projects allow you to practise your skills and build your confidence.

You Will Be Able to Knit by the End of This Book provides a simple guide to picking up your knitting needles and getting started, and it helps to build your confidence slowly, as you practise and perfect skills and techniques. By the end of the book, you will be able to knit a range of projects including a simple headband, tablet case and even a doorstop. So take some time for yourself, learn a new skill, and enjoy crafting gifts for your friends, family and home with this beautiful book by your side.

Projects include:-

- Super chunky scarf
- Mittens
- Blanket
- Baby booties
- Cushion
- Hot water bottle case
- Teddy
- Triangle shawl

Contributor Bio

Rosie Fletcher is a London-based knitting enthusiast. She owns her own yarn and haberdashery boutique called Slipstitch where she runs beginner knitting classes and craft workshops. For more on Rosie, see @slipstitchIdn

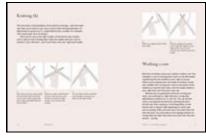
Marketing Plans

Social media campaign , National media outreach, Trade and Library Advertising,

Links

• <u>Twitter_Handle - @slipstitchldn</u>









Comp Titles

You Will Be Able to Draw By Spicer, the End of this Book Jake 60 Quick Knits for Beginners

Ilex Press

Books

Sixth&Spring

6/6/2017 9781781573716 \$16.99 1781573719 USD

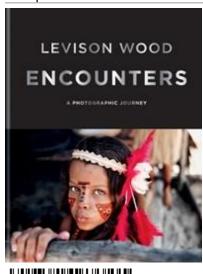
Paperback

9781942021872 \$17.95 1942021879 USD Crafts & Trade Paperback Hobbies

Art

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Ilay Proce

Ilex Press 9781781577578 1781577579

Pub Date: 9/15/2020 On Sale Date: 9/15/2020 \$40.00/\$44.00 Can./£30.00

UK/€38.00 DE Discount Code: OHC Hardcover

224 Pages Carton Qty: 10 Print Run: 5K

Photography / Subjects & Themes

PHO019000

11.3 in H | 8.7 in W | 1 in T | 3 lb

Status: ACTIVE

Related Products

Ebooks

9781781578193

Encounters

A Photographic Journey

Levison Wood

Key Selling Points

- Levison has been a Leica ambassador for the past four years
- His books Walking the Nile and Walking the Americas were both the London Sunday Times bestsellers
- Levison has over 89k followers on Instagram

Summary

Join award-winning explorer and photographer Levison Wood on his extraordinary journeys around the world - vividly revealed in his first photography book.

From images documenting his time in war zones to encounters with communities who have returned to traditional ways of life in the face of ecological disasters, Wood's photographs offer a unique insight into the resilience and resourcefulness of those living in some of the least accessible places on the planet.

Chapters include Frontiers, Wood's intrepid ventures to remote environments; Conflict, covering not only the front-line battles but also the long-term devastation of war; Heritage, documenting his observations on ancient practices co-existing with modern technology; and Community, his record of the universal importance of family roots, cultural identities and community ties.

With his unique experiences in extraordinary locations and his eye for compelling compositions, Wood has created a powerful collection of images that celebrates humanity in all its variety.

Encounters brings together more than a decade of photography, telling the incredible stories of some of the world's most remote places and the people who live there.

Contributor Bio

Levison Wood is a professional explorer, writer and photographer. He served for 12 years as an Officer in the British Parachute Regiment, including an operational deployment to Afghanistan fighting against Taliban insurgents in Helmand and Kandahar.

Since 2015, Levison has written six award-winning books, all of which have been translated into several languages and published internationally. *Walking the Himalayas* won Adventure Travel Book of the Year at the Edward Stanford Travel Writing Awards (2016). *Walking the Nile* and *Walking the Americas* were both Sunday Times bestsellers. His five TV series to date have been broadcast and distributed in over 100 countries worldwide. He is an elected Fellow of the Royal Geographical Society, the Explorers Club and visiting Fellow at CASS business school.

Marketing Plans

Media outreach, Trade and Library outreach, Author social media platform,

Links

- Author_Website
- Twitter_Handle @Levisonwood







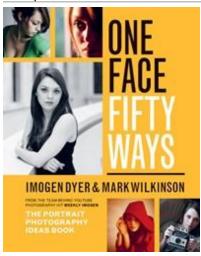


Comp Titles

Walking The Himalayas	Wood, Levison	Little, Brown and Company	5/24/2016	9780316352420 031635242X) \$27.00 USD	Hardcover	Travel
Walking the Nile	Wood, Levison	Grove Press	2/14/2017	, 9780802126337 0802126332	' \$16.00 USD	Trade Paperback	Travel
Walking the Americas	Wood, Levison	Atlantic Monthly Press	3/6/2018	9780802127495 0802127495	\$27.00 USD	Hardcover	Travel
An Arabian Journey	Wood, Levison	Atlantic Monthly Press	2/5/2019	9780802147325 0802147321	\$27.00 USD	Hardcover	Travel
John Shaw's Guide to Digital Nature Photography	John Shaw	Amphoto Books	3/17/2015	9780770434984 0770434983	\$24.99 USD	Trade Paperback	Photography
Understanding Exposure, Fourth Edition	Bryan Peterson	Amphoto Books	3/15/2016	9781607748502 1607748509	2 \$26.99 USD	Trade Paperback	Photography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Ilex Press 9781781577677 1781577676 Pub Date: 10/6/2020 On Sale Date: 10/6/2020

\$16.99/\$18.99 Can. Discount Code: OPB

Paperback

160 Pages Carton Qty: 30 Print Run: 5K

Photography / Subjects & Themes

PHO016000

9.3 in H | 7.5 in W | 0.6 in T | 1.1

lb Wt

Status: ACTIVE

One Face Fifty Ways

The Portrait Photography Ideas Book

Imogen Dyer, Mark Wilkinson

Key Selling Points

• Over 430,000 subscirbers on their YouTube channel WeeklyImogen

Summary

For those that love taking pictures, or having their picture taken, this book is a creative resource of possibilities. Get shooting.

Whichever side of the camera you like to be on, this book will show you how - with some simple camera techniques and inexpensive items of wardrobe - you can revolutionize your portfolio.

That's always been the mission of photographer Mark and presenter/model Imogen in their smash-hit YouTube channel WeeklyImogen, and their expertise has attracted 160,000 subscribers with well over a million views a month (and growing).

In this book they'll turn the practical wisdom so popular with thousands of photographers worldwide into a simple and accessible guide. You won't need to spend a fortune on props, studios or equipment; photographers and models alike will quickly learn how to create an exciting, varied portfolio of fresh portrait photography.

Contributor Bio

Imogen Dyer (Author)

Imogen Dyer is the unstoppable on-screen talent behind WeeklyImogen, the phenomenally successfully photography tips & tutorials YouTube channel which averages 50,000 views a day. Imogen and Mark began their photographic partnership in 2009 after a chance meeting at a village fete. Mark posted the images they shot together online and such was their success that they launched a YouTube channel to share their tips and techniques with Imogen presenting. Thus WeeklyImogen was born. In just four years it has become one of the biggest channels on YouTube, with over 430,000 subscribers and well over a million views a month with no sign of the growth slowing down.

Mark Wilkinson (Author)

Mark is an exceptionally talented self-taught photographer who delights in taking portraits in simple settings and extracting every last ounce of colour, texture and, crucially, natural light. Mark prides himself on working with an entry level C anon SLR, and a variety of lenses, though mainly a standard 50mm f1.8 lens. His personal photographic journey started when he was bought the wonderful Olympus Trip for his 12th birthday.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

Author_Website









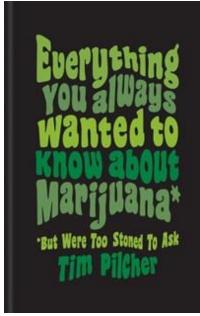
Comp Titles

 Photo Hacks
 Dyer, Imogen
 Ilex Press
 8/6/2019
 9781781575666 1781575665
 \$19.99 USD
 Paperback
 Photography

 One Face 50 Ways
 Dyer, Imogen
 Ilex Press
 9/5/2017
 9781781574300 1781574300 1781574308
 \$16.99 USD
 Paperback
 Photography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Ilex Press 9781781577998 1781577994 Pub Date: 9/29/2020

On Sale Date: 9/29/2020 \$8.99/\$9.99 Can. Discount Code: OHC

Hardcover

96 Pages Carton Qty: 76 Print Run: 5K

Gardening / Marijuana Cultivation

GAR031000

7.6 in H | 4.9 in W | 0.5 in T | 0.3

lb Wt

Status: ACTIVE

Everything You Ever Wanted Know About Marijuana (But Were Too Stoned To Ask)

Tim Pilcher

Key Selling Points

- Hundreds of facts that stoners will love
- Combines elegant typography with intriguing retro imagery showing how marijuana has been perceived through the ages
- A timely publication that responds to the decriminalisation trend of recent years: many millions of Americans can now use or enjoy marijuana or cannabis without any fear of legal consequences, and this is the book is for them

Summary

Hundreds of marijuana-related tips, trivia, stories, techniques, even recipes, for you to dip in to and enjoy!

Do you know the origin of the word 'bong'? Could you name ten countries where marijuana use is entirely legal? Would you like to cook using cannabutter, or mix cocktails with a tincture of the herb? Are you curious as to how marijuana actually works on you brain, or the ways in which it is used in religious ceremonies around the world?

This book is for you! Let expert author Tim Pilcher guide you through a fascinating world of marijuana-related myth, medicine, madness, and munchies; you'll never look at this seemingly simple pastime the same way again...

Contributor Bio

Tim Pilcher is a comic book expert, historian, journalist, and lecturer. He has worked as an assistant editor at DC Comics Vertigo imprint, and has written comic strips for the BBC, De Agostini, and the Young Telegraph. He was also associate editor of Comics International and has written numerous books on comics including the Complete Cartooning Course and The Essential Guide to World Comics with Brad Brooks, and Erotic Comics: A Graphic History Volumes 1 & 2. He is a co-founder and current Chair of the Comic Book Alliance, The Voice of the British comics industry .

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,





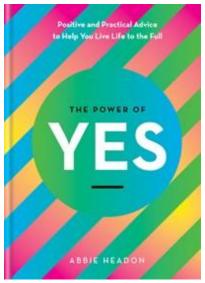




Little Book Of Vintage: Romance	PILCHER TIM	Ilex Press	1/10/2013	9781908150417 1908150416	\$5.99 USD	Paperback	Comics & Graphic Novels
Everything You Always Wanted To Know About Marijuana (But Were Too Stoned To Ask)	Pilcher, Tim	Ilex Press	10/3/2017	9781781575147 1781575142	\$7.99 USD	Hardcover	Games & Activities
Little Book Of Vintage: Terror	Pilcher, Tim	Ilex Press	1/10/2013	9781781570029 1781570027	\$5.99 USD	Paperback	Comics & Graphic Novels
Little Book Of Vintage: Space	PILCHER TIM	Ilex Press	1/10/2013	9781781570036 1781570035	\$5.99 USD	Paperback	Comics & Graphic Novels
Little Book Of Vintage: Love	PILCHER TIM	Ilex Press	1/10/2013	9781781570043 1781570043	\$5.99 USD	Paperback	Comics & Graphic Novels
The Little Marijuana Cookbook	Spruce	Spruce	10/10/2017	9781846015458 1846015456	\$9.99 USD	Paperback	Humor
Pilcher's Marijuana Miscellany	Pilcher, Tim	Ilex Press	8/15/2014	9781781571415 1781571414	\$12.99 USD	Hardcover	Reference
The Little Book of Marijuana	Spruce	Spruce	5/3/2016	9781846015250 1846015251	\$8.99 USD	Paperback	Humor

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Ilex Press 9781781577981 1781577986 Pub Date: 9/29/2020

On Sale Date: 9/29/2020 \$14.99/\$16.99 Can. Discount Code: OHC

Hardcover

160 Pages Carton Qty: 32 Print Run: 5K

Self-Help / Motivational &

Inspirational SEL021000

9.1 in H | 6.2 in W | 0.8 in T | 1 lb

Status: ACTIVE

Related Products

Other Formats

The Power of Yes 9781781576007 \$12.99

Ebooks

9781781576137

The Power of Yes

Positive and Practical Advice to Help You Live Life to the Full

Abbie Headon

Key Selling Points

- Positive message all based around a single word.
- Brimming with practical advice to inspire a can-do attitude.
- Learn how to change the world and take YES with you wherever you go with your very own YES kit.

Summary

Discover the power of "yes" and all the amazing things it can do for you.

So often we are afraid of failure, of disappointment, of being vulnerable, that we settle for "no". The practical tips and inspirational advice within these pages will help you embrace positivity and find a new sense of freedom in each area of your life, from your career, to your relationships, to your dreams and ambitions.

Contributor Bio

Abbie Headon is the author of Poetry First Aid Kit and Literary First Aid Kit. She lives in Southsea, Hampshire, where she can often be seen strolling by the seaside with a book (or two!) in her hand.

Marketing Plans

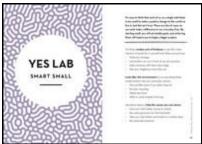
Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

The Power of No The Power of Yes Love Birds and Other Wild **Sweethearts** The Subtle Art of Not Giving a F*ck

Headon, Abbie Headon, Abbie Temperley, Liz Manson, Mark

Ilex Press Ilex **Press** Ilex **Press** Harper

4/2/2019 9/4/2018 12/31/2018 9/13/2016

9781781576632 \$12.99 1781576637 **USD** 9781781576007 \$12.99 1781576009 **USD** 9781781576212 \$12.99 1781576211 **USD** 9780062457714 \$26.99

USD

0062457713

Paperback Self-Help

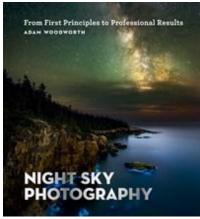
Paperback Self-Help

Hardcover Nature

Hardcover Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*



Ilex Press 9781781577509 1781577501 Pub Date: 2/2/2021

On Sale Date: 2/2/2021 \$29.99/\$32.99 Can./£24.99 UK

Discount Code: OPB Paperback

208 Pages Carton Qty: 16 Print Run: 5K

Photography / Astrophotography

PHO026000

10 in H | 9.2 in W | 0.6 in T | 1.9

Ib Wt Status: ACTIVE

Related Products

Ebooks

9781781578377

Night Sky Photography

From First Principles to Professional Results

Adam Woodworth

Key Selling Points

- Teaches the professional techniques in an accessible way
- Visually beautiful as well as practical

Summary

Great photography begins at sunset - learn to photograph the night sky like a professional

When the night sky transforms terrestrial landscapes into otherworldly works of art, you need to know the professional techniques for capturing your own nocturnal masterpieces. This complete course combines the classic beauty of landscapes with the vast, exotic universe of astrophotography, using tried-and-tested methods that guarantee stellar results. You'll learn what gear you need and how to make the most of it; clever tricks for squeezing out every drop of image quality from a pitch-black scene; and straightforward post-production workflows to create compelling compositions of the cosmos.

Contributor Bio

Adam Woodworth has had a love of photography for over 20 years, and since 2008 he has focused on landscape and astrophotography. His goal as a photographer is to create compelling images using high-quality tools and techniques. Adam has articles and images published in *Outdoor Photographer Magazine*, *Digital Photo Magazine*, *Digital Photo Pro Magazine*, *The Luminous Landscape*, *Nikon's Image Chaser*, and *DPReview*. Based in Maine, USA, he also runs a popular series of workshops, and his attention to detail as a long-time computer programmer is not lost in his photography and fine art printing.

Marketing Plans

Social media campaign , National media outreach , Trade and Library Advertising ,

Links

- Author Website
- Facebook Link
- Twitter Handle @awoodworthphoto









Photography: Night Sky	Wu, Jennifer	Mountaineers Books	3/13/2014	9781594858383 1594858381	\$21.95 USD	Paperback	Photography
Dusk to Dawn	Randall, Glenn	Rocky Nook	5/18/2018	9781681983066 1681983060	\$39.95 USD	Trade Paperback	Photography
Astrophotography	Thompson, Mark	Firefly Books	11/11/2015	9781770855755 1770855750	\$19.95 USD	Trade Paperback	Science
National Geographic Night Vision	Geographic, National	National Geographic	10/24/2017	, 9781426218521 1426218524	\$40.00 USD	Hardcover	Photography
National Geographic Backyard Guide to the Night Sky, 2nd Edition	Fazekas, Andrew	National Geographic	3/19/2019	9781426220159 1426220154	\$24.99 USD	Paperback	Science

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Pyramid 9780753734308 0753734303 Pub Date: 9/29/2020 On Sale Date: 9/29/2020 \$8.99/\$9.99 Can./£6.99 UK Discount Code: OHC

96 Pages Carton Qty: 60 Print Run: 7K

Hardcover

Body, Mind & Spirit / Mindfulness

& Meditation OCC010000 Series: Tiny Healer

6 in H | 4.3 in W | 0.6 in T | 0.4 lb

Status: ACTIVE

Tiny Healer: Happiness

For Everyday Help

Madonna Gauding

Key Selling Points

- Happiness is book three in the Tiny Healer series. The previous two books in this series have continued to sell well in the US.
- The topic of 'happiness' is still proving popular in a world where we're very conscious of ways to practise mindfulness. 'Happiness' is also extremely popular on social media, proving that the subject is still at the forefront of people's minds.
- The Tiny Healer series is unique in design and tone, and stands out from the masses of cute 'little book of' titles currently available on the market.

Summary

A pocket guide to happiness to help with anything the day brings.

We all long to have happiness in our lives, but what does 'happiness' mean and how can we achieve it? With myriad ways to distract ourselves in our modern-day environment, it's easy to overlook what truly brings us joy.

This Tiny Healer will help you overcome any barriers on your journey to true happiness, providing tips for everyday habits as well as ideas to embrace in the long-term.

Contributor Bio

Pyramid publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations







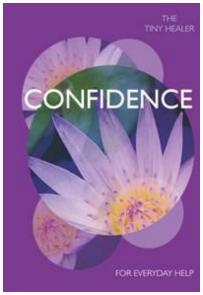


Comp Titles

Tiny Healer: Meditation Pyramid Pyramid 10/1/2019 $9780753733509 \atop 0753733501$ \$8.99 USD Hardcover Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Pyramid 9780753734292 075373429X Pub Date: 9/29/2020 On Sale Date: 9/29/2020 \$8.99/\$9.99 Can./£6.99 UK Discount Code: OHC

96 Pages Carton Qty: 60 Print Run: 7K

Hardcover

Body, Mind & Spirit / Mindfulness

& Meditation OCC010000 Series: Tiny Healer

5.9 in H | 4.2 in W | 0.6 in T | 0.4

lb Wt

Status: ACTIVE

Related Products

Ebooks

9780753734490

Tiny Healer: Confidence

For Everyday Help

Pyramid

Key Selling Points

- Confidence is book four in the Tiny Healer series. The previous two books in this series have continued to sell well in the US.
- The Tiny Healer series is unique in design and tone, and stands out from the masses of cute 'little book of' titles currently available on the market.
- The topic of confidence is still proving to be of high interest to audiences, and is accessible and relevant to the large majority of readers.

Summary

A pocket guide to confidence to help with anything the day brings.

Everyone deserves to feel confident in their daily lives, but maintaining self-esteem and overcoming fear is easier said than done. Tiny Healer: Confidence will give you the boost you need to start tackling your worries. Keep this pocket guide close by to improve your daily confidence.

Contributor Bio

Pyramid publishes books on a wide range of popular subjects including cookery, reference, mind body spirit and gift. Beyond its new books, Pyramid is known for its titles drawn from the extensive Octopus archive and its custom publishing expertise.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Pyramid 10/1/2019 Tiny Healer: Mindfulness

9780753733493 0753733498

\$8.99 USD Hardcover Body, Mind & Spirit

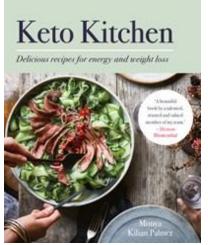
Tiny Healer: Meditation

Pyramid Pyramid 10/1/2019

9780753733509 0753733501

\$8.99 USD Hardcover Body, Mind & Spirit

Subrights *No subrights have been specified.*



Kyle Books 9780857838728 0857838725 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$19.99/\$21.99 Can./£14.99 UK

Discount Code: OPB Paperback

144 Pages Carton Qty: 26 Print Run: 7K

Cooking / Health & Healing

CKB025000

9.2 in H | 7.4 in W | 0.6 in T | 1.2

lb Wt

Status: ACTIVE

Related Products

Ebooks

9780857839251

Keto Kitchen

Delicious recipes for energy and weight loss

Monya Kilian Palmer

Key Selling Points

- The ketogenic way of eating (high-fat, moderate protein, low-carb) has exploded in popularity around the globe, with celebrities including Kim and Kourtney Kardashian, Halle Berry, Gwyneth Paltrow and LeBron James all swearing by the keto diet, leading to wide coverage in the press.
- The keto diet can help followers to lose weight, increase their energy and achieve mental clarity, as well as aid the reversal of Type 2 diabetes.
- Over 13m posts on Instagram carry the #keto hashtag.
- Google Trends shows a sharp increase in searches for 'keto' in the last two years.
- Despite the increasing popularity of the keto lifestyle, there is a lack of good-quality cookbooks catering to the ketogenic diet. There are a number of low-production-value books explaining the fundamentals of the keto diet, but there is a gap in the market for a book of delicious keto recipes from a professional chef.

Summary

A comprehensive selection of Keto-friendly recipes that make it easy and enjoyable to stick to your ketogenic lifestyle.

Following a low-carb, high-fat ketogenic diet helps you lose weight, feel great and enjoy better energy and mental clarity. More and more people are turning to this healthy and delicious way of eating, but with lots of information about macronutrients and ketosis, it can be hard to know where to begin. Keto Kitchen makes it easy, with simple, delicious and inspiring recipes that fit into your busy lifestyle.

This fantastic collection of recipes has been created by talented chef and keto devotee Monya Kilian Palmer, who has used her skill in the kitchen to put together a comprehensive selection of culinary delights that make it easy and enjoyable to eat keto. From Brown-Butter Scrambled Eggs to Slow-cooked Lamb Shoulder with Roast Cherry Tomatoes, every recipe is packed with flavor and nutrients. There are even desserts, including a Dark Chocolate and Raspberry Tart and Lime Cheesecake. The dishes are rich, indulgent and tasty - this is not diet food as you know it.

Contributor Bio

Monya Kilian Palmer is a trained chef and professional recipe developer based in Berkshire, UK. She is a passionate ambassador of the ketogenic lifestyle. Monya worked as a development chef in Capetown, South Africa before moving to the UK in 2012. She spent several years working at Heston Blumenthal's Fat Duck Experimental Kitchen, developing dishes, testing and writing recipes. Later, she became Culinary Editor at Le Cordon Bleu International.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author Website
- Twitter_Handle @MKilianPalmer





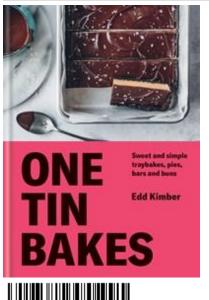




9781623158088 \$11.99 1623158087 USD The Complete Ketogenic Ramos, Rockridge Trade 12/20/2016 Cooking Diet for Beginners Amy Press Paperback 9781628602630 \$34.95 Ryan, Victory Belt Trade Simply Keto 12/12/2017 Cooking Suzanne Publishing 1628602635 USD Paperback The Easy 5-Ingredient Rockridge 9781939754448 \$14.99 Trade Health & Fisch, Jen 1/9/2018 Ketogenic Diet Cookbook Press 1939754445 **USD** Paperback **Fitness**

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857838599 0857838598

Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$22.99/\$24.99 Can./£17.99 UK

Discount Code: OHC

Hardcover

176 Pages Carton Qty: 20 Print Run: 6K

Cooking / Courses & Dishes

CKB014000

9.1 in H | 6.6 in W | 0.9 in T | 1.5 lb Wt

Status: ACTIVE

Related Products Ebooks

9780857839268

One Tin Bakes

Sweet and simple traybakes, pies, bars and buns

Edd Kimber

Key Selling Points

- Edd was the first winner of The Great British Bake Off, which celebrates its ten-year anniversary in 2020.
- Edd is a contributing editor to the world's biggest baking magazine, *Bake from Scratch*, which is based in the US, and is a brand ambassador for KitchenAid.
- One-tin cookbooks have soared in popularity in recent years, as millennial cooks look for easy but impressive recipes to make at home.
- Edd has over 325k Instagram followers, over 40k Twitter followers and over 70k YouTube subscribers.
- He has partnered with many international brands for social media campaigns, including Guittard Chocolate, Specsavers, Nordicware, Pimm's, Jack Daniel's and Billington's. 21% of his Instagram followers are in the US.

Summary

70 delicious one-pan, no-fuss baking recipes from the first ever winner of the Great British Bake Off.

Whether you want cookies or cakes, pastries or desserts, something fruity, chocolatey, spiced or nutty, baking just got a whole lot easier.

With chapters including Cakes, Brownies & Cookies, Pastry, Desserts, No-Bake Bakes and Buns & Breads, there's plenty to choose from to create a beautiful bake, that only lacks the washing up. Try Anzac Caramel Slices for a sweet treat with a salty kick, Rhubarb Strawberry Cobbler for an easy summer dessert, or Tahini Babka Buns for those weekend pastry cravings.

You need minimal equipment and skill to whip up something fruity, chocolatey, spiced or nutty - One Tin Bakes is full of versatile and achievable recipes that celebrate the flavours of both traditional and modern bakes from around the world, each with a special Edd Kimber twist.

'Baking requires skill and perfection and Edd's got it.' - Mary Berry

'This book is a peek inside the mind of one of my favorite bakers, where creativity with butter and sugar is paired with solid technique and downright fun. Edd shares a true world of possibilities - all within a 9x13 tin. This book is an absolute must-have for every home baker.' *Joy Wilson*

'A brilliant idea for a book' and a 'must-have' Nigella Lawson

'Edd Kimber brings baking back into British homes' - British Vogue

Contributor Bio

Edd Kimber won the first series of The Great British Bake Off in 2010. He is the author of The Boy who Bakes (2011), Say it with Cake (2012) and Patisserie Made Simple (2014) and has appeared on Market Kitchen and Perfect, as well as the BBC Good Food Show and other food shows around the country. He is a contributing editor to *Bake from Scratch* magazine, a go-to baking writer for *Olive* magazine, a baking teacher at Leith's School of Food and Wine, as well as a QVC presenter and a brand ambassador for KitchenAid. Edd has a popular blog at www.theboywhobakes.com, where he shares the recipes of his most recent baking innovations, which are always loved by his loyal social media following. @theboywhobakes

Quotes

"[T]he recipes themselves are pretty airtight. Kimber, the first winner of "The Great British Bake Off," writes clearly, succinctly and descriptively. He also has a world full of bakers in mind when he offers ingredient amounts three ways, in both imperial and metric weights, as well as volume. Almost every recipe has a simply composed, enticing photo, taken by Kimber. It's just another nod that this is a book created for the readers who get to reap, and eat, the rewards of Kimber's excellent work."

-Washington Post

"This book is a particularly easy and appetizing path towards giving yourself a gold star in the kitchen."—*Epicurious*

"Kimber can't help his jazz hands: His creative dial is set to 11"—New York Times

Book Review

"Kimber's new book "One Tin Bakes: Sweet and Simple Traybakes, Pies, Bars and Buns" (KyleBooks, \$22.99) sits in that sweet spot for home cooks who have littlebaking know-how (or gear) and better-than-average bakers who want to try somenew techniques to make fancy-ish desserts, like homemade Pop-Tarts or grapefruitmeringue."—Austin American Statesman

"Simple, creative, perfectly-executed desserts that require only one baking pan"— \pmb{The} $\pmb{Smitten \ Kitchen}$

Marketing Plans

Media outreach to food and baking media,

Trade and Library outreach,

Author social media platform: website, facebook, twitter, Instagram,

Links

- Author Website
- BLAD
- Facebook Link
- <u>Twitter Handle @TheBoyWhoBakes</u>

Illustrations









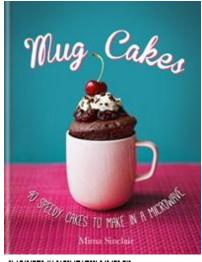
Comp Titles

Patisserie Made Simple	Kimber, Edd	Kyle Books	10/7/2015	9781909487345 1909487341	\$24.95 USD	Hardcover	Cooking
Boy Who Bakes	Kimber, Edd	Kyle Books	9/1/2011	9780857830456 0857830457			
Say It With Cake	Kimber, Edd	Kyle Books	8/8/2013	9781906868932 190686893X	\$24.95 USD	Hardcover Paper over boards	Cooking
Simple Cake	Williams, Odette	Ten Speed Press	3/12/2019	9780399581427 0399581421	\$23.00 USD	Hardcover	Cooking

Delicious Dump Wyss, St. Martin's Cakes Roxanne St. Martin's Griffin 5/3/2016 9781250082633 \$19.99 Paperback - with flaps Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857839138 0857839136 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$12.99/\$14.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Oty: 44 Print Run: 7K Cooking / Methods CKB004000

8.3 in H | 6.6 in W | 0.7 in T | 0.7

lb Wt

Status: ACTIVE

Mug Cakes

40 speedy cakes to make in a microwave

Mima Sinclair

Key Selling Points

- Quick and easy bakes
- Cute gift format

Summary

A delicious cake you make in a mug, in a microwave, in less than 10 minutes?

Yes, it may sound crazy but it actually works! Fancy giving it a try? Here is the definitive mug-cake cookbook that will guarantee you success every time with 40 fantastic, foolproof recipes.

Covering everything from everyday classics (carrot, chocolate, vanilla), to treats for special occasions (birthday bonanza, red velvet valentine, black forest gateau) to all out indulgences (chocolate fudge, knickerbocker glory), happy hour (pina colada, Irish cream) and of course not forgetting low-fat, dairy-free, gluten-free, sugar-free cakes to stop you from getting completely carried away...

So when you want after-school snacks, easy desserts, unique party nibbles or to treat yourself with a quick cup of tea, make up a mug cake.

Contributor Bio

Mima Sinclair is a much in-demand London-based food stylist and writer who has cooked and tested and written and developed recipes for numerous Sainsbury's Magazines and cookbooks and worked with a number of top chefs. Since going freelance, she has also contributed to many food-related stills, video, publishing and packaging projects.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,





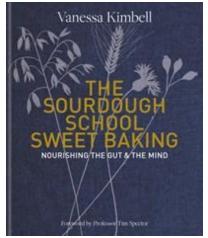




				1909487198			
Mug Cakes	Farrow, Joanna	Spruce	5/5/2015	9781846014918 1846014913	\$12.99 USD	Hardcover	Cooking
Stoner Mug Cakes	Noon, Dane	Spruce	9/1/2015	9781846014987 1846014980	\$9.99 USD	Hardcover	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Kyle Books 9780857839091 0857839098 Pub Date: 9/8/2020 On Sale Date: 9/8/2020 \$29.99/\$32.99 Can. Discount Code: OHC Hardcover

192 Pages Carton Qty: 18 Print Run: 10K

Cooking / Courses & Dishes

CKB009000

10.1 in H | 8.5 in W | 0.8 in T | 2

lb Wt

Status: ACTIVE

The Sourdough School: Sweet Baking Nourishing the Gut & The Mind

Vanessa Kimbell

Key Selling Points

- The slow fermentation process in sourdough means bakes are healthier, lighter and easier to digest.
- Vanessa's first book on the subject, *The Sourdough School*, has sold in Germany, Italy, Croatia and Spain and reprinted numerous times in the UK and US.
- Sweet Baking will have a foreword by Professor Tim Spector. Tim Spector is professor of genetic epidemiology and director of the TwinsUK registry at King's College, London. According to Thomson-Reuters, he is in the top 1% most cited scientists.
- Vanessa has also secured the following quote from neuroscientist and nutrition consultant Miguel Toribio-Mateas:

'Vanessa's combined knowledge of the science of sourdough, the gut microbiome and digestive health makes her work extraordinary and her approach is determining the future of bread & baking.'

Miguel is a Registered Nutritional Therapist with a BSc(Hons) in Nutritional Medicine. He is a Fellow of the British Association for Applied Nutrition and Nutritional Therapy and a Fellow of the American Academy of Anti-Ageing Medicine and of the Metabolic Medicine Institute.

Summary

A companion volume to the bestselling *The Sourdough School* focusing on sweet - but not sticky sweet - recipes that are not only delicious but also gut-friendly

'It is impossible to read this book without wanting to scuttle off into the kitchen.' - Nigella Lawson

The benefits of sourdough are well known - the slow fermentation process creates a healthier and lighter dough that is easier to digest - but until now they have been mainly linked to bread. If it rises, however, it can be made with sourdough, and in this ground-breaking new book, Vanessa Kimbell focuses on sweet sourdough bakes that not only nourish the gut but also improve your mood.

Using a variety of flours, including chestnut, spelt, and einkorn, as well as blends you can make up yourself, the classic recipes and new ideas for flavor combinations cover everything from cakes, tarts, and biscuits, to donuts, brioche and pretzels, and rely on natural sweetness wherever possible.

Recipes include Morello Cherry Shortbread, Chocolate, Tangerine & Pistachio Cakes, Carrot & Walnut Cake, Doughnuts and Mille-feuille as well as vinegars, compotes, cultured creams, butters, and ghee. There is even Chocolate, Almond & Hazelnut Spread and Sourdough Vanilla Ice Cream.

Vanessa also explains how sourdough helps to maintain the health and diversity of your gut microbiome. From understanding the benefits of having diversity in your diet to the amazing work of enzymes, this book is about understanding the connection between our food, gut microbiome and the potential impact on our mental health. New studies are unveiling links between the microorganisms in our gut and our mood and behavior, and Vanessa is at the forefront of this research.

'Britain's queen of sourdough.' - Telegraph

'Vanessa Kimbell wants to change the bread we eat, one loaf at a time. She's the real deal: a total inspiration.' - Diana Henry

'Just five years ago if someone said to you that they were writing a book about sourdough bread and mental health you would have thought they needed psychiatric help. Today nobody is laughing as the latest science tells us that microbes are the key link between food and the health of our mind and bodies.' - Tim Spector, author of *The Diet Myth*

Contributor Bio

Vanessa Kimbell runs The Sourdough School in Northamptonshire, where she teaches sourdough breadmaking and baking classes to students from around the world. A regular BBC radio journalist in the UK, she is a third generation baker of Italian descent and trained in several French bakeries.

Quotes

"It is impossible to read this book without wanting to scuttle off into the kitchen."

-Nigella Lawson

"An emphatically pro-probiotic book that delves deeply into the physical and emotional benefits of sourdough."—**New York Times Book Review**

Marketing Plans

Media outreach to food and baking media, Trade and Library outreach, Author social media platform,

Illustrations



Comp Titles

The Sourdough School	Hart, Richard	Kyle Books	9/4/2018	9781909487932 1909487937	2 \$24.99 USD	Hardcover	Cooking
Flour Water Salt Yeast	Forkish, Ken	Ten Speed Press	9/18/2012	9781607742739 160774273X	\$35.00 USD	Hardcover	Cooking
Bread Baking for Beginners	Ohara, Bonnie	Rockridge Press	10/23/2018	9781641521192 1641521198	2 \$17.99 USD	Trade Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857839084 085783908X Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$12.99/\$14.99 Can. Discount Code: OHC

96 Pages Carton Qty: 40 Print Run: 10K

Hardcover

Cooking / Specific Ingredients

CKB018000

8.2 in H | 6.4 in W | 0.7 in T | 0.8

lb Wt

Status: ACTIVE

Toblerone Cookbook 40 Fabulous Baking Treats

Kyle Books

Key Selling Points

- Time magazine names Toblerone one of the most influential chocolate bars of all time.
- Huge international presence.
- Toblerone is one of the world's longest established chocolate bars, first created in 1908.
- An ideal gift book for chocolate fans.
- If all the Toblerone bars consumed each year were laid out end to end, they would stretch 62,000 km, more than the circumference of the Earth.

Summary

Toblerone's legendary almond and honey triangular chocolate bar is loved the world over and sold everywhere, from international airports to local corner shops.

This beautifully packaged, fabulously fun cookery book celebrates the versatility of this iconic chocolate bar (which comes in 10 different sizes, from fun to life size) and shares 40 fantastic foolproof recipes featuring all four Toblerone varieties - milk, fruit & nut, dark and white.

Covering everything from classics such as a decadent Black Forest Gâteau and irresistibly gooey Brownies to special occasion cakes for birthdays, Valentine's Day, Easter, Halloween and Christmas, it also includes desserts and no-cook treats such as a Knickerbocker Glory, a Chocolate Fudge Mug Cake and Rocky Road, as well as gluten-free bakes that take cooking with this famous chocolate bar to the next level. So go on, enjoy *A Life Less Square!*

Contributor Bio

Created in 1908 by chocolatiers (and cousins) Theodor Tobler and Emil Baumann in Bern, Switzerland, Toblerone is one of the world's most recognisable and best-loved chocolate bars. Its name drives from a combination of Tobler and torrone, the Italian for nougat. Emil Baumann created the unique recipe consisting of milk chocolate, nougat, almonds and honey, and Theodor Tobler came up with the distinctive triangular shape and packaging. It's commonly thought that the Matterhorn in the Swiss Alps was the source of Theodor Tobler's inspiration for the shape but according to his sons it came from a pyramid created by dancers at the Folies Bergères. Every Toblerone bar consumed across the world still originates from the only Toblerone factory in the world, in Bern-Brünnen.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,









Amsilli, Johana Jacqui Small 8/20/2013 9781909342163 1909342165 Nutella

\$12.95 USD Hardcover Cooking

The Art of the Chocolatier Notter, Ewald Wiley

9780470398845 0470398841 1/18/2011

\$65.00 USD Hardcover Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857838018 0857838016 Pub Date: 9/29/2020 On Sale Date: 9/29/2020 \$45.00/\$49.99 Can./£35.00 UK/€44.00 DE

Discount Code: OHC Hardcover 240 Pages

Print Run: 6K Gardening / Reference

GAR018000

Carton Qty: 10

11.6 in H | 9.5 in W | 1 in T | 3.6

Ib Wt Status: ACTIVE

Related Products

Ebooks

9780857839282

Royal Gardens of the World

21 Celebrated Gardens from the Alhambra to Highgrove and BeyondMark Lane

Key Selling Points

- While there have been several UK Royal Gardens books, none of them have taken an international approach.
- Books on the subject of royal gardens have sold very well.
- Stunning colour photographs of each of the royal gardens as well as the beautiful buildings that accompany them.
- Location photography as well as stock photography.
- Full list includes: Hampton Court Palace (England), the Taj Mahal (India), Peterhof Palace (Russa), Tokyo Imperial Castle (Japan) and more.

Summary

This book is a stunning exploration of 21 of the world's most celebrated royal gardens, from the delightful Royal Botanic Gardens at Kew and the organic, sustainable Highgrove to the Castle of Mey in Scotland.

In mainland Europe, you can journey from the formal splendour of Het Loo in the Netherlands and Versailles in France to the Baroque World Heritage Site of the Royal Palace of Caserta in Southern Italy. Further afield, lies the Taj Mahal, the Tokyo Imperial Palace and Peter the Great's Summer Palace and Gardens in St Petersburg.

Each featured garden includes the history, plantings and evolution of the garden as well as portraits of key plants and information about the design and layout of each.

Countries included are: England, Scotland, Austria, Bali, Belgium, China, Denmark, France, Germany, India, Italy, Japan, Latvia, Netherlands, Russia, Spain and Sweden.

This inspiring global selection of royal gardens is a perfect gift for any gardening enthusiast or armchair traveller and takes the reader on a journey of architecturally significant houses and their gardens as well as providing inspirational planting ideas.

Contributor Bio

Mark Lane, with his background in architecture publishing and landscape design, takes both a practical and an aesthetic approach to gardening. He has gained recognition as a first-class landscape designer and the UK's first garden designer in a wheelchair, and is a presenter on the award-winning TV series BBC Gardener's World. @marklanetv www.marklane.tv

Marketing Plans

Media outreach to horticulture and travel outlets, Trade and Library outreach, Author social media platform,

Links

- Author Website
- Twitter Handle @marklanetv





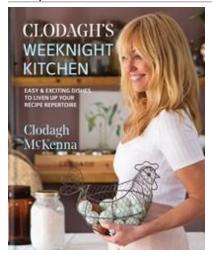




Royal Gardens	Leroux, Jean-Baptiste	Harry N. Abrams	11/11/2014	9781419713989 1419713981	\$60.00 USD	Hardcover	Gardening
The Best Loved Villages of Franc	e Bern, Stéphane	Flammarion	9/23/2014	9782080201836 2080201832	\$34.95 USD	Hardcover	Travel
French Chateau Living	Nicolaÿ, Barbara de	Flammarion	9/19/2017	9782080203106 208020310X	\$75.00 USD	Hardcover	Architecture
Highgrove	THE PRINCE OF WALES, HRH	Rizzoli	2/17/2015	9780847845613 0847845613	\$55.00 USD	Hardcover	Gardening
Gardenlust	Woods, Christopher	Timber Press	9/25/2018	9781604697971 1604697970	. \$40.00 USD	Hardcover with dust jacket	Gardening

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*



Kyle Books 9780857838872 0857838873 Pub Date: 2/2/2021

On Sale Date: 2/2/2021 \$24.99/\$27.99 Can./£20.00 UK

Discount Code: OHC

Hardcover

176 Pages Carton Qty: 18 Print Run: 10K Cooking / Entertaining

CKB029000

0.6 :-- 11.1.7

9.6 in H | 7.8 in W | 1 in T | 1.9 lb

Status: ACTIVE

Related Products

Ebooks

9780857839459

Clodagh's Weeknight Kitchen

Easy & exciting dishes to liven up your recipe repertoire

Clodagh McKenna

Key Selling Points

- "McKenna is Ireland's answer to ... Martha Stewart, a multitalented food and home personality at the head of a fast-growing media empire." Forbes
- Clodagh's TV series have aired in the UK, Ireland, Europe and Australia. She has
 regular slots on Sunday Brunch and This Morning (UK), The Today Show and The
 Rachael Ray Show in the US and The Marilyn Denis Show and Your Morning in
 Canada.
- Searches for "quick weeknight dinner ideas" are up 100% on Google trends, with "easy weeknight dinner" up 40%. Convenience is key to food consumption
- Clodagh has a weekly column in the *Evening Standard*, sharing her recipes in the newspaper and online to over 18 million readers.

Summary

Clodagh's 100 interesting, simple recipes from meat-free meals to quick-fix dishes and cupboard suppers offer the answers to all your weeknight dinner dilemmas. With her trademark twists, Clodagh's inspirational but achievable dishes elevate the simple to something special. Including ideas for:

- *Quick Fixes recipes on the table in less than 30 minutes perfect for when you've been stuck in the office and need a quick fix.
- * One and Done a variety of one-dish dinners, including roasting pan meals, one-pot stews and casseroles and one-pan recipes.
- * Meat-free vegetarian dishes
- * Cupboard stand-bys recipes based on basic cupboard staples like pasta and canned tomatoes, which don't require a long list of ingredients.
- * Friday Night In satisfying and substantial dishes that can feed 6-8 people for gatherings of friends and family.

"She is a natural cook, with her head straight on and a confident hand." - Saveur

Contributor Bio

Clodagh McKenna is a chef, restaurateur, broadcaster and author who studied in France and New York and trained and worked at Ballymaloe Cookery School, Ireland. She is the author of six books including Clodagh's Suppers and Clodagh's Irish Kitchen. Clodagh has hosted numerous pop-ups in collaboration with brands including Selfridges, Fortnum & Mason

Marketing Plans

Media outreach, Trade and Library outreach, Author social media platform, Promotions with Irish Tourism Board,

Links

- Author Website
- Twitter_Handle @clodagh_mckenna



Clodagh's Home Cooking	McKenna, Clodagh	Kyle Books	4/7/2020	9780857838544 0857838547	\$24.99 USD	Hardcover	Cooking
Clodagh's Suppers	McKenna, Clodagh	Kyle Books	3/12/2019	9781909487994 1909487996	\$24.99 USD	Hardcover	Cooking
The Weeknight Dinner Cookbook	Younkin, Mary	Page Street Publishing	8/16/2016	9781624142475 1624142478	\$21.99 USD	Trade Paperback	Cooking
Cook Once, Eat All Week	Garcia, Cassy Joy	Victory Belt Publishing	4/23/2019	9781628603439 1628603437	\$34.95 USD	Trade Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857839121 0857839128 Pub Date: 10/6/2020 On Sale Date: 10/6/2020

\$24.99/\$27.99 Can. Discount Code: OHC Hardcover

192 Pages Carton Qty: 20 Print Run: 5K Design DES000000

9.7 in H | 8.6 in W | 0.9 in T | 1.9

Ib Wt Status:**ACTIVE**

Related Products

Other Formats

Vintage Home 9780857831422 \$24.99

Vintage Home

Stylish ideas and over 50 handmade projects from furniture to decorating Sarah Moore

Summary

From hunting down hidden gems, to updating tired furniture and walls, Vintage Home is full of stunning ideas and practical advice to add that special spark of individuality into your home whilst capturing the charm of vintage-style.

Recycle, revamp and rejuvenate with over 50 projects. Sarah covers a whole spectrum of imaginative ideas for every room of the house, from blanket curtains to patchwork wallpaper, clever storage crates to fun mobiles for children, as well as unique ideas for dining, sleeping and bathing.

Interweaved throughout the book are ideas for 'one thing four ways' to show how the same piece of furniture or a room can be updated with different look, plus handy advice on essential kit and techniques. Aimed at all skill levels, the projects can be completed in a few hours or over a weekend so you can revamp and refurbish your home in no time at all.

Contributor Bio

Sarah Moore started making and selling vintage inspired pieces at craft fairs and Christmas markets and has now set up a website selling a range of original pieces and lovely gifts. Her pieces have featured in *Vogue*, *Saga* and *Country Living* where she writes a regular monthly column on crafting.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

• Author Website

Illustrations









Comp Titles

Better Homes and Gardens Flea Market Style

Country Living Salvage Style Better Homes and Gardens

Better Homes & Gardens

3/7/2017

9780544931879 \$21.99 0544931874 USD Trade Paperback House & Home

Linsley, Leslie H

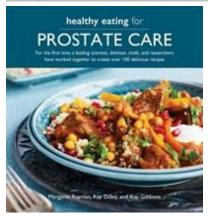
Hearst

3/21/2017 9781588169280 \$24.95 1588169286 USD

Hardcover

House & Home No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Kyle Books 9780857839145 0857839144 Pub Date: 10/13/2020 On Sale Date: 10/13/2020 \$16.99/\$18.99 Can.

Discount Code: OPB

160 Pages Carton Qty: 20 Print Run: 5K

Paperback

Cooking / Health & Healing

CKB106000

8.6 in H | 8.3 in W | 0.7 in T | 1.3

Ib Wt Status: ACTIVE

Related Products

Ebooks

9780857837424

Healthy Eating for Prostate Care

For the first time a leading scientist, a dietitian, chefs and researchers have worked together to create over 100 delicious recipes

Margaret Rayman, Kay Gibbons, Kay Dilley

Key Selling Points

- Prostate cancer is the second most common cancer for men to be diagnosed with in America. 1 in 9 men are likely to suffer from the disease in their lifetime with 60% of cases diagnosed in men over 65.
- There is evidence that the health of the prostate can be helped by eating the right foods and avoiding the harmful effects of others.
- The book includes over 100 recipes from well known chefs such as Antony Worrall Thompson, Gino D'Acampo, Raymond Blanc and many more.
- Part of a Healthy Eating series that includes Healthy Eating for the Menopause, Healthy Eating for Lower Cholesterol and Healthy Eating for Your Heart.

Summary

Recipes that provide the essentials for a diet that can help prevent the development of prostate cancer and may hinder its progression.

This is a much-needed cookbook written by expert Margaret Rayman, who created the Nutritional Medicine Post Graduate program for the University of Surrey in England.

The book is designed to help make the male population more aware of the dangers of prostate cancer - the second leading cause of death by cancer in American men, with nearly 175,000 newly diagnosed cases being estimated for 2019, according to the American Cancer Society. Unknown to many, scientists have found that there is a link between diet and the development (or spread) of prostate cancer and that eating the right foods can make all the difference. This is not just a cookbook but a practical guide to incorporating the foods and food components that are believed to be beneficial in reducing prostate cancer risk into the diet.

Contributor Bio

Margaret Rayman is the creator of the first university-level degree programme on Nutritional Medicine in the UK. She is highly involved in the development of Nutritional Medicine as a subject and regularly gives lectures and speeches across England. She has also been a judge on BBC Food & Farming awards for four consecutive years.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,





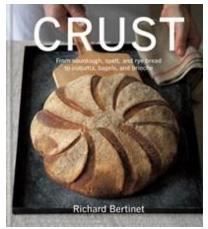




Healthy Eating During Chemotherapy	Archer- Mackenzie, Christine	Kyle Books	9/3/2019	9780857837523 0857837524	\$16.99 USD	Paperback	Cooking
Prostate and Cancer	Marks, Sheldon	Da Capo Lifelong Books	6/30/2009	9780738213477 0738213470	\$19.99 USD	Paperback	Health & Fitness
Healthy Eating for your Heart	Lynas, Jacqui	Kyle Books	3/3/2020	9780857838551 0857838555	\$16.99 USD	Paperback	Cooking
Dr. Patrick Walsh's Guide to Surviving Prostate Cancer	Walsh, Patrick C.	Grand Central Life & Style	5/15/2018	9781538727478 1538727471	\$20.99 USD	Paperback	Health & Fitness
Healthy Eating to Reduce the Risk of Dementia	Rayman, Margaret	Kyle Books	9/3/2019	9780857837530 0857837532	\$16.99 USD	Paperback	Cooking
Healthy Eating for Prostate Care	Dilley, Kay	Kyle Books	8/16/2009	9781906868048 1906868042	\$16.95 USD	Paperback	Cooking
Healthy Eating for lower Cholesterol	Green, Daniel	Kyle Books	9/5/2008	9781904920786 1904920780	\$16.95 USD	Paperback	Cooking
Healthy Eating for Pregnancy	Grant, Amanda	Mitchell Beazley	7/1/2006	9781845334215 1845334213	\$14.95 USD	Paperback	Cooking
Healthy Eating with Chemotherapy	Mil, Van Jose	Kyle Books	3/16/2009	9781904920885 1904920888	\$16.95 USD	Trade Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Kyle Books 9780857839169 0857839160 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$29.99/\$32.99 Can. Discount Code: OHC

160 Pages Carton Qty: 16 Print Run: 5K

Hardcover

Cooking / Courses & Dishes

CKB009000

10.8 in H | 9.3 in W | 0.7 in T |

1.9 lb Wt Status: ACTIVE

Crust

From sourdough, spelt and rye bread to ciabatta, bagels and brioche Richard Bertinet

Summary

Richard Bertinet's revolutionary and simple approach to breadmaking gives you the confidence to create really exciting recipes at home.

He shows us how a good crust is one of the most significant things about all types of great bread. To start with, Richard concentrates on mastering your own ferments, working the dough and proving, which helps your technique, and then, in his following chapters, he shows you how to make a range of bread.

First is 'Slow' - mastering sourdough, baquette and other breads; then 'Different', which uses a range of flours and flavours to produce seeded, spelt, rye, ciabatta, chestnut, bagel, pretzels and more; and finally you can explore variations of 'Sweet' making croissants, stollen, brioche and buns. With stunning step-by-step photography, simple advice and helpful techniques throughout, Crust will delight and inspire you to make healthier, tastier and better-looking bread!

Contributor Bio

Richard Bertinet trained as a baker in Brittany and at the Grand Moulin de Paris. After a position as Operations Director with the Novelli Group of restaurants Richard set up the Dough Co. in 2000 developing specialty breads for several of the supermarket chains and advising small food related businesses. Richard's baking classes for cookery schools are always sold out and last year he launched The Bertinet Kitchen (www.thebertinetkitchen.com), his immensely successful cookery school in Bath.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

9781909487932 The Sourdough School Hart, Richard Kyle Books 9/4/2018 \$24.99 USD Hardcover Cooking 1909487937 9781906868819 \$22.95 USD Hardcover Cooking Crust Bertinet, Richard Kyle Books 11/16/2012

1906868816

9780857835543 Crumb Bertinet, Richard Kyle Books 3/5/2019 \$34.99 USD Hardcover Cooking 0857835548

Bertinet, Richard Kyle Books 10/1/2016

9781909487536 1909487538 \$24.95 USD Paperback Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights

Dough



Kyle Books 9780857838810 0857838814

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$19.99/\$21.99 Can./£16.99 UK

Discount Code: OHC

Hardcover

144 Pages Carton Qty: 20 Print Run: 6K

Cooking / Health & Healing

CKB026000

9.4 in H | 7.7 in W | 0.8 in T | 1.5

Ib Wt Status:**ACTIVE**

Related Products

Ebooks

9780857839336

Soupologie 5-a-day Soups

Your 5 a day in one bowl

Stephen Argent, Anastasia Argent

Key Selling Points

- Soups popularity derives from the fact that it's familiar and comforting but also versatile and affordable.
- Soup is an easy way to get in the recommended daily servings of fruits & vegetables.
- Soup makers are trending and soup easily taps into the plant-based eating trend.

Summary

A collection of soups and one-pot meals that deliver 5 portions of fruit and vegetable.

With a selection of easy plant-based soup and one-pot recipes, Soupologie 5-a-day Soups let you deliciously get the daily recommended 5 portions of fruit and vegetables, which have been proven to decrease the risk of heart disease, cancer, diabetes and obesity. The right combination of ingredients can also aid weight loss and cleansing, and boost immunities.

The first section explains what 5-a-day really means and includes a guide to what counts and what doesn't, as well as which fruits and vegetables give you large doses of sugar. Armed with this information, you can not only achieve your 5-a-day but aim for even more.

Recipes range from Pea & Watercress (which also includes onion, apple, spinach and garlic) to Tomato & Aubergine (containing onion, peppers, carrot and Basil). Each recipe makes a portion for one person but can easily be adapted for larger servings. They are low in calories, sugars, carbs and salt, and are dairy-and gluten-free as well. However, there are suggestions for adding dairy, fish and meat if you like

Recipes have all been qualified analyzed by nutritionist, so you can see the direct benefits. And there are also suggestions as to how to create your own 5-a-day recipes.

For more information, see www.soupologie.com or @soupologie

Contributor Bio

When **Stephen Argent**'s daughters were small, they weren't keen on vegetables, so he made soup to hide the healthy ingredients. Friends suggested he sell the soups, so one year he and his wife Amanda took a stall at a Christmas fair. When they sold out within an hour, they realised they were on to something. What struck them was how interested people were in the ingredients, so they decided that they'd always make soups that were as nutritious as possible, as well as really tasty. Stephen's daughter, Anastasia, now works for the brand and was instrumental in launching their 5-a-day soups.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Links

- Author_Website
- Facebook Link
- Twitter Handle @soupologie









Taste of Home Soups Soup of the Day (Rev Edition)

Editors at Taste Of Home Trusted Media Brands

11/8/2012

9781617650901 \$15.99 1617650900 USD Trade Paperback

Cooking

McMillan, Kate

Weldon Owen

10/25/2016

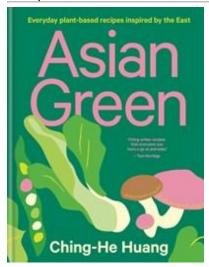
9781681881393 \$34.95 168188139X USD

Hardcover

Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Kyle Books 9780857836342 085783634X Pub Date: 2/2/2021 On Sale Date: 2/2/2021

\$24.99/\$27.99 Can./£20.00 UK/€23.16 DE

Discount Code: OHC Hardcover

208 Pages Carton Qty: 16 Print Run: 10K

Cooking / Regional & Ethnic CKB017000

9.8 in H | 7.6 in W | 0.9 in T | 1.8 lb Wt

Status: ACTIVE

Related Products

Ebooks

9780857839299

Asian Green

Everyday plant based recipes inspired by the East

Ching-He Huang

Key Selling Points

- 2019 has been recognised as the year veganism went mainstream, especially among millennials. In America, a quarter of 25-34 year olds say they are either vegan or vegetarian.
- Ching's combined social media reach is more than 100k.

Summary

Fast, fresh, plant-based dishes from Asian chef Ching-He Huang, offering her modern take on recipes that are traditionally meat and dairy free.

Asian food has always included a variety of meat and dairy free recipes. Focusing entirely on these plant- based dishes, Ching draws inspiration from across Asia to create simple, everyday, healthy home cooking that features protein-rich ingredients such as tofu, seitan, pulses, beans and grains.

The inspiration behind the book is Ching's husband, Jamie. From birth, he suffered from asthma and eczema but three and a half years ago, three months after adopting a vegan diet, he was cured. Ching has always believed in the age-old Chinese maxim that "food is medicine", and having experienced first-hand the transformation of her husband's health, she firmly believes in the healing power of plants to reduce inflammation, to restore, nourish and replenish.

This book is full of inspiring, quick and simple recipes, perfect for vegetarians, vegans and people looking to reduce the amount of meat in their diets.

Contributor Bio

Ching-He Huang was born in Taipei, Taiwan. An Emmy-nominated TV chef, her culinary ethos is to use fresh, organic, ethically sourced ingredients to create modern dishes that fuse Chinese tradition with innovation. Her TV series include Chinese Food Made Easy, Chinese Food in Minutes, Exploring China and Ching's Amazing Asia. She is the author of several cookbooks including Wok On, Stir Crazy, Eat Clean: Wok Yourself to Health, Exploring China, Ching's Fast Food, Everyday Easy Chinese, Ching's Chinese Food in Minutes, Chinese Food Made Easy and China Modern. She appears regularly on TV in both the UK and US, including BBC1's Saturday Kitchen, ITV's This Morning and NBC's Today show.

Links

- Author Website
- Facebook_Link
- Twitter Handle @ChingHeHuang







Wok On	Huang, Ching-He	Kyle Books	10/1/2019	9780857837127 0857837125	' \$24.99 USD	Hardcover	Cooking
Stir Crazy	Huang, Ching-He	Kyle Books	10/7/2017	, 9781909487673 1909487678	\$ \$24.95 USD	Hardcover	Cooking
Every Grain of Rice	Dunlop, Fuchsia	W. W. Norton & Company	2/4/2013	9780393089042 0393089045	\$35.00 USD	Hardcover	Cooking
Essential Wok Cookbook	Imatome-Yun, Naomi	Rockridge Press	5/8/2015	9781623156053 162315605X	\$ \$17.99 USD	Trade Paperback	Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787835498 1787835499 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$13.99/\$15.99 Can. Discount Code: OPB Other Merchandise

Carton Qty: 24 Print Run: 7K Games & Activities GAM000000

5.3 in H | 3.6 in W | 1.3 in T | 0.7

lb Wt

Status: ACTIVE

50 - The Birthday Trivia Game

Summersdale

Key Selling Points

- Contains 150 trivia cards packaged in a "tuck box" that consist of questionanswer, multiple choice and true or false questions.
- A selection of the questions are based on events that happened during the recipient's formative years.
- A great game to play for breaking the ice at a birthday gathering or any other time of the year!

Summary

Number of players: 2+

Ages: 12+

Includes: 150 trivia cards, plus one How to Play card

Assembly required? No Batteries required? No

Most of the clocks in Quentin Tarantino's 1994 film Pulp Fiction are stuck at 4:20. True or False?

How long is Ninety Mile Beach on New Zealand's North Island?

Which Canadian superstar, singing in French and representing Switzerland, won the Eurovision Song Contest in 1988?

This trivia game, perfect for giving to a friend or family member on their fiftieth birthday, is packed with questions ranging from the totally random to things that happened in their formative years. It will bring extra fun to the birthday celebrations and excite lots of memories, as they look back nostalgically on their former years.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations



Comp Titles

Uncle John's Truth, Trivia, and the Pursuit of Factiness Bathroom Reader

After Dinner

Amusements: Do You Remember?

Bathroom Readers' Institute

Portable Press

9/3/2019

9781684129843 \$22.99 Trade 1684129842

USD

Paperback

Humor

Chronicle Books

Chronicle **Books**

9/12/2017

9781452164892 \$8.95 1452164894

USD

Cards

Non-Classifiable

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.





Summersdale 9781787835504 1787835502 Pub Date: 9/1/2020 On Sale Date: 9/1/2020

\$13.99/\$15.99 Can. Discount Code: OPB Other Merchandise

Carton Qty: 24 Print Run: 7K Games & Activities GAM000000

5.4 in H | 3.7 in W | 1.4 in T | 0.7

lb Wt

Status: ACTIVE

60 - The Birthday Trivia Game

Summersdale

Key Selling Points

- Contains 150 trivia cards packaged in a "tuck box" that consist of questionanswer, multiple choice and true or false questions.
- A selection of the questions are based on events that happened during the recipient's formative years.
- A great game to play for breaking the ice at a birthday gathering or any other time of the year!

Summary

Number of players: 2+

Ages: 12+

Includes: 150 trivia cards, plus one How to Play card

Assembly required? No Batteries required? No

In the 1975 blockbuster film Jaws, who said "You're gonna need a bigger boat"?

How long did the Hundred Years' War between England and France last?

Which fishy hairstyle was big in the 1970s?

This trivia game, perfect for giving to a friend or family member on their sixtieth birthday, is packed with questions ranging from the totally random to things that happened in their formative years. It will bring extra fun to the birthday celebrations and excite lots of memories, as they look back nostalgically on their former years.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations



Comp Titles

Uncle John's Truth, Trivia, and the Pursuit of Factiness Bathroom Reader

After Dinner

Amusements: Do You

Remember?

Bathroom Readers' Institute

Portable Press

9/3/2019

9781684129843 \$22.99 Trade 1684129842

USD

USD

Paperback

Humor

Chronicle Books

Chronicle **Books**

9/12/2017

9781452164892 \$8.95 1452164894

Cards

Non-Classifiable

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787835481 1787835480 Pub Date: 9/1/2020

On Sale Date: 9/1/2020 \$13.99/\$15.99 Can. Discount Code: OPB Other Merchandise

Carton Qty: 24 Print Run: 7K Games & Activities GAM000000

5.4 in H | 3.8 in W | 1.3 in T | 0.7

Ib Wt

Status: ACTIVE

70 - The Birthday Trivia Game

Summersdale

Key Selling Points

- Contains 150 trivia cards packaged in a "tuck box" that consist of questionanswer, multiple choice and true or false questions.
- A selection of the questions are based on events that happened during the recipient's formative years.
- A great game to play for breaking the ice at a birthday gathering or any other time of the year!

Summary

Number of players: 2+ Ages: 12+

Includes: 150 trivia cards, plus one How to Play card

Assembly required? No

Batteries required? No

The French word for pie chart is Camembert. True or false?

Which tennis players competed in the Battle of the Sexes in September 1973? What colour are aircraft black boxes?

This trivia game, perfect for giving to a friend or family member on their seventieth birthday, is packed with questions ranging from the totally random to things that happened in their formative years. It will bring extra fun to the birthday celebrations and excite lots of memories, as they look back nostalgically on their former years.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations



Comp Titles

Uncle John's Truth, Trivia, and the Pursuit of Factiness Bathroom Reader

After Dinner

Amusements: Do You

Remember?

Bathroom Readers' Institute

Portable Press

9/3/2019

9781684129843 \$22.99 Trade 1684129842

USD

Paperback

Humor

Chronicle Books

Chronicle **Books**

9/12/2017

9781452164892 \$8.95

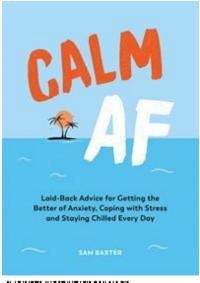
Cards

Non-Classifiable

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights







Summersdale

9781787835429 1787835421 Pub Date: 9/22/2020 On Sale Date: 9/22/2020 \$11.99/\$12.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 56 Print Run: 10K Body, Mind & Spirit OCC000000

6.1 in H | 4.4 in W | 0.8 in T | 0.5

lb Wt

Status: ACTIVE

Calm AF

Laid-Back Advice for Getting the Better of Anxiety, Coping with Stress and Staying Chilled Every Day

Summersdale

Key Selling Points

- Includes a combination of actionable tips, supportive quotes and relatable statements to keep you feeling calm AF (As F*ck)
- Offers a clear, readable and reassuring approach to the increasingly important topic of mental and physical well-being, especially but not exclusively for students and young professionals.
- A similar Summersdale title, How to Be Calm (ISBN: 9781849537971), has sold more than 10,000 copies.
- Similar Summersdale titles include: Let Go (ISBN: 9781786857569) The Little Book of Calm (ISBN: 9781786855183) Pause (ISBN: 9781786859488) Stress Less (ISBN: 9781849539104) Don't Panic (ISBN: 9781786852038)

Summary

Easy ways for feel-good days

Life sucks sometimes. It does. But it's possible to make it suck a lot less. If you find yourself weighed down by stress, anxiety or burnout, this guidebook is going to set you on the path to feeling calm and cool as can be. With these clear and simple tips on how to relax and reset your body and mind, you'll improve your mood at home and at work, and you'll be ready for any situation that might test your tranquility.

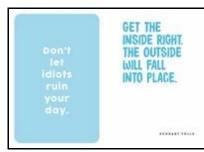
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Everything Is F*cked

Zen as F*ck

Manson, Mark Harper

Sweeney,

Monica

Castle Point Books 5/14/2019

3/6/2018

9780062888433 \$26.99 0062888439 USD

9781250147707 \$14.99 1250147700 USD Hardcover

Self-Help

Trade Paperback Games & Activities

Let That Sh*t Go Sweeney, Monica

Castle Point Books

7/3/2018

9781250181909 \$14.99 1250181909 USD

Trade Paperback Games & Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787835405 1787835405 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 60 Print Run: 7K

Self-Help / Motivational &

Inspirational SEL021000

5.5 in H | 4.1 in W | 0.9 in T | 0.5

lb Wt

Status: ACTIVE

Every Cloud Has a Silver Lining

Encouraging Quotes to Inspire Positivity

Summersdale

Key Selling Points

- Bursting with life-affirming quotations, to encourage you to always look on the bright side.
- A revamp of a previous title of the same name (ISBN: 9781849539081) but with a new, sparkly format.
- The latest addition to Summersdale's popular series, including *Never Lose Your Sparkle* (ISBN: 9781849539579) and *Do What Makes Your Soul Shine* (ISBN: 9781787830110), which have sold over 55,600 copies combined

Summary

Keep hope in your heart, whatever the weather

There's magic in making the best out of a bad situation, no matter what life throws your way. This little book of consoling quotes and cheerful sayings will get you looking on the bright side in no time.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Chicken Soup for the Soul: Newmark, Think Positive, Live Happy Amy

A Year of Positive Thinking Spiegel, Cyndie Chicken Soup for the Soul

Althea Press 12/11/2

9781611599923 \$14.95 161159992X USD

9781641522410 \$17.99

Trade Paperback

Self-Help

12/11/2018 164152

9/24/2019

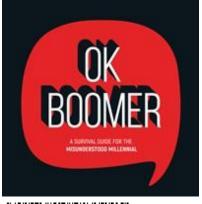
1641522410 USD

Trade Paperback

Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787836150 1787836150 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 60 Print Run: 7K Humor HUM000000

5.8 in H | 5.8 in W | 0.5 in T | 0.6

lb Wt

Status: ACTIVE

OK Boomer

A Survival Guide for the Misunderstood Millennial

Summersdale

Key Selling Points

- This hilarious book is filled with a variety of perfect scenarios of when to use the phrase "OK Boomer", as well as featuring pictures, hints and tips to spot a boomer, wherever you may be.
- The phrase "OK Boomer" has become a very well-known phrase across all social media platforms.

Summary

Everyday life is a battle that must be fought against the boomers, and OK Boomer is the ultimate comeback! This is the lethal weapon we millennial and Gen Zs have been waiting for. It's the verbal eye-roll we need for the out-of-touch generation who just don't appreciate avocado and rosé. This amusing little book will advise you when OK Boomer can best be deployed, along with tips on recognizing the boomer and understanding their outdated sayings.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations











Comp Titles

The Ultimate Survival Guide to Being a Girl

De Witte, Christina Brown, Kelly **Running Press** Kids

8/7/2018

9780762490431 \$14.99 0762490438 **USD**

Young Adult **Paperback**

Adulting

Williams

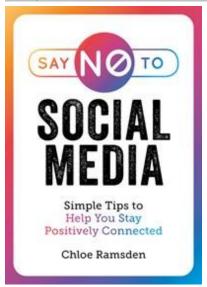
Grand Central Life & Style

3/6/2018 9781538729137 \$15.99 153872913X USD

Paperback Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787835399 1787835391 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can. Discount Code: OPB

128 Pages Carton Qty: 102 Print Run: 7K Self-Help SEL000000

Paperback

5.9 in H | 4.3 in W | 0.6 in T | 0.3

lb Wt

Status: ACTIVE

Say No to Social Media

Simple Tips to Help You Stay Positively Connected

Chloe Ramsden

Key Selling Points

- Packed with over 70 practical tips to help you lead a happier and healthier online life.
- Encourages you to break bad habits with social media that could be causing a negative impact on you.
- The new addition to our successful Say No to... series, including Say No to Plastic (ISBN: 9781786858214) and Say No to Waste (ISBN: 9781786859617).
- According to statistics, in 2019 people are spending an average of over two hours a day on social media, proving it to be a significant part of modern living.

Summary

Are you familiar with FOMO? Do you often fall prey to the mindless scroll? Is the pressure of likes, follows and notifications getting you down?

Although social media is a big part of modern life, using it can often leave us feeling drained, unfocused and unhappy - but it doesn't have to be that way! This book has everything you need to put you back in the driving seat. With over 70 practical tips, from switching off, to curating positive feeds, you'll find it easy to take the first steps towards a happier online life.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

How to Break Up with Your Price, Ten Speed 9780399581120 \$12.99 Trade 2/13/2018 Self-Help Phone Catherine Press 039958112X **USD** Paperback 9780525536512 \$26.00 Newport, Digital Minimalism Portfolio 2/5/2019 Hardcover Self-Help Cal 0525536515 **USD** The Teen's Guide to Social McKee, Shiloh Run 9781683223191 \$12.99 Young Adult 10/1/2017 Media... and Mobile Paperback 1683223195 **USD** Nonfiction Jonathan **Press**

Devices

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*



How to Feel Less Isolated, Make Connections and Live a Life You Love

Claire Chamberlain



Summersdale 9781787835443 1787835448 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$11.99/\$12.99 Can./€12.50 DE Discount Code: OHC Hardcover

160 Pages Carton Qty: 56 Print Run: 7K Self-Help SEL000000

6.1 in H | 4.5 in W | 0.9 in T | 0.5

lb Wt

Status: ACTIVE

Unionely

How to Feel Less Isolated, Make Connections and Live a Life You Love Claire Chamberlain

Key Selling Points

- Offers ideas, advice and kind words to help someone who is feeling lonely or isolated, reminding them that loneliness is a normal and natural phenomenon that we all go through.
- A comforting, friendly starting point for someone wanting to help themselves to form or strengthen their human connections. It could also be given as a gift by a concerned friend or relative to someone who may be struggling with feelings of isolation.
- Research from the UK Office for National Statistics has found that young adults are more likely to feel lonely than older age groups, and it is believed that the rise of social media and globalization could be partly to blame.

Summary

You're not alone in feeling lonely.

In a world more connected than ever before, it can be hard to unravel why it is that you feel alone. The truth is, whether you're sociable or solitary, extroverted or introverted, loneliness can affect us all at some point in our lives.

This pocket-sized guide will help you recognize and understand the way you feel, and offers practical advice for looking after your mental and physical well-being. From improving self-care to cultivating relationships, this book is here to help you break up with loneliness for good.

Contributor Bio

Claire Chamberlain is a freelance writer, specializing in health, fitness and well-being. She lives in South East London with her husband, two children and rescue cat, Oscar.

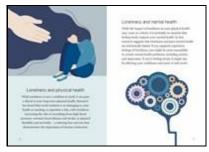
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Belong	Agrawal, Radha	Workman Publishing Company	9/4/2018	9781523502059 1523502053	\$19.95 USD	Hardcover Paper over boards	Self-Help
The Anatomy of Loneliness	Swan, Teal	Watkins Publishing	11/6/2018	9781786781680 1786781689) \$17.95 USD	Trade Paperback	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787835412 1787835413 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 60 Print Run: 7K

Self-Help / Motivational &

Inspirational SEL021000

5.5 in H | 4.3 in W | 0.9 in T | 0.5

Ib Wt

Status: ACTIVE

You Are My Sunshine

Uplifting Quotes for an Awesome Friend

Summersdale

Key Selling Points

- This beautiful gift book, packed with happy quotes and cheerful sayings, is guaranteed to brighten your day.
- A sparkly revamp of the 2016 title of the same name (ISBN: 9781849538343), which has sold over 16,000 copies.
- A new addition to Summersdale's popular series, including Never Lose Your Sparkle (ISBN: 9781849539579) and Do What Makes Your Soul Shine (ISBN: 9781787830110), which have sold over 55,600 copies combined.

Summary

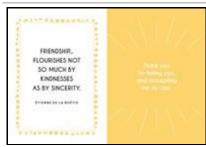
I've taken a shine to you!

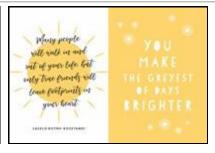
There are some people who always make you feel "sunny side up"! This stylish and heartwarming book is packed with offbeat praise and witty quotes on friendship to help you show that special someone how much they brighten your day.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Friends Forever

Better Together

Photographic, Warren Salmansohn, Wherever Whenever Karen

Zondervan Ten Speed

Press

1/22/2019

3/20/2018

9780310354123 \$14.99 0310354129

9780399581007 \$12.99 0399581006

Hardcover Photography

Family & Hardcover Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Summersdale 9781787835436 178783543X Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can. Discount Code: OHC Hardcover

160 Pages Carton Qty: 60 Print Run: 7K Humor HUM000000

5.7 in H | 4.1 in W | 0.9 in T | 0.5

lb Wt

Status: ACTIVE

You're Awesome AF

Here's a Book (Because It's Not like I'm Going to Tell You to Your Face) Summersdale

Key Selling Points

- An ideal gift for a friend or relative on a special occasion or whenever they need a pick-me-up.
- Full of sassy lines and uplifting quotes that will put a smile on anyone's face.
- A similar successful title, You Are So Awesome (ISBN: 9781849539586), has sold over 106,000 copies.
- Similar Summersdale titles include: You're Old AF (ISBN: 9781787830004) You Rock (ISBN: 9781786852564) You Got This (ISBN: 9781786850409) Believe in Yourself (ISBN: 9781786858030)

Summary

Your A-game is so strong you don't even need a B-game

You're too modest to say it yourself, but you're kind of a legend. And you need to be reminded sometimes, OK? This collection of unbeatable quotes from fellow icons and idols also contains dozens of witty one-liners explaining why you're a flamingo in a flock of pigeons. There's no denying it - YOU'RE AWESOME AF!

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Better Together

Friends Forever

Photographic, Warren

Salmansohn, Wherever Whenever Karen

Zondervan

Ten Speed

Press

3/20/2018

1/22/2019 9780310354123 \$14.99 0310354129

USD

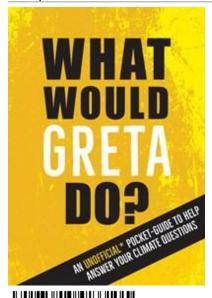
9780399581007 \$12.99 0399581006 **USD**

Hardcover Photography

Family & Hardcover Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787836167 1787836169

Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can./£6.99 UK

Discount Code: OPB Paperback

128 Pages Carton Qty: 102 Print Run: 7K

Nature / Environmental Conservation & Protection

NAT011000

5.8 in H | 4.2 in W | 0.6 in T | 0.4

lb Wt

Status: ACTIVE

What Would Greta Do?

An Unofficial Pocket Guide to Help Answer Your Climate Questions Summersdale

Key Selling Points

- This pocket guide contains the answers to some of the most frequently asked questions about the climate emergency.
- Designed to inspire us to make changes to combat climate change.
- Inspired by Greta Thunberg, who has recently been named Person of the Year 2019 by TIME magazine and Game Changer of the Year 2019 from British GQ.

Summary

There are so many important decisions to make about how we must adapt our lifestyles to reverse climate change, but where do we start? From your first steps toward living sustainably all the way to going zero-waste, this book is here to help you find solutions to all your climate conundrums by taking inspiration from a true eco-warrior.

If we each approach the climate emergency in the same way as Greta, we can all live a planet-friendly life and enjoy a brighter future.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Greta and the Giants

Tucker, Zoë Children's

Frances Lincoln

11/19/2019 9780711253773 \$18.99

Hardcover

Juvenile Fiction

No One Is Too Small to Make a Difference

Thunberg, Greta

Penguin Books

Books

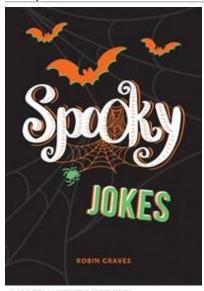
11/12/2019

9780143133568 \$12.00 014313356X USD

Trade Paperback Biography & Autobiography

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.





Summersdale 9781787835917 178783591X Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can. Discount Code: OPB

96 Pages Carton Qty: 120 Print Run: 7K Humor HUM000000

Paperback

5.9 in H | 4.1 in W | 0.4 in T | 0.3

lb Wt

Status: ACTIVE

Spooky Jokes

The Ultimate Collection of Un-BOO-lievable jokes and quips

Robin Graves

Key Selling Points

- This BOO-tastic book will send shivers down your spine! Containing a variety of jokes about all things spooky, from witches to zombies and pumpkins to vampires.
- A family-friendly title especially fitting for Halloween.

Summary

What's invisible and smells like zombies? Zombie farts!

Enjoy this creepy collection of ghoulish gags and haunting howlers. The whole family will be cackling with this little book of side-splitting silliness - quaranteed to tickle your funny bones!

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Scary Stories for Young Foxes

Heidicker, Christian McKay

Henry Holt and Co. (BYR)

7/30/2019

9781250181428 \$16.99 1250181429 USD

Hardcover with Juvenile dust jacket

Fiction

The Big Book of

Silly Jokes for Roman, Carole Kids

Rockridge **Press**

8/27/2019

9781641526371 \$9.99 1641526378 USD

Trade Paperback Juvenile Nonfiction

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787835924 1787835928 Pub Date: 9/1/2020 On Sale Date: 9/1/2020 \$9.99/\$10.99 Can./£6.99 UK

Discount Code: OHC Hardcover

190 Pages Carton Qty: 90 Print Run: 7K Humor / Form

HUM015000

5.4 in H | 4 in W | 0.8 in T | 0.3 lb

Wt

Status: ACTIVE

Keep Calm You're Only 40

Summersdale

Summary

Timely advice for a milestone birthday.

So what if you're turning 40? After all, with age comes wisdom - and more excuses to slow down and take things easy. Hey, at least you're not 50! Packed with celebratory quotations, this little book will help you shrug your shoulders, blow out the candles and Keep Calm.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Happy Birthday from The Carle, Very Hungry Caterpillar Eric Unhappy Birthday, Grumpy Cat! (Grumpy Cat)

Berrios, Frank

World of Eric Carle

Random House **Books for Young** Readers

9781524790820 \$8.99 2/5/2019 USD

1524790826

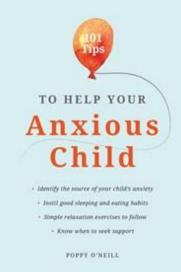
9781984850300 \$4.99 3/5/2019 198485030X **USD**

Juvenile Hardcover **Fiction**

Trade Juvenile Paperback Fiction

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Summersdale 9781787835627 1787835626 Pub Date: 10/6/2020 On Sale Date: 10/6/2020

\$13.99/\$15.99 Can. Discount Code: OPB Paperback

128 Pages Carton Qty: 72 Print Run: 5K

Family & Relationships / Parenting

FAM034000

6.9 in H | 5 in W | 0.6 in T | 0.5 lb

Wt

Status: ACTIVE

101 Tips to Help Your Anxious Child

Ways to help your child overcome their fears and worries

Poppy O'Neill

Key Selling Points

 Contains 101 tips to help you help your child express their anxiety, and provides coping strategies as well as simple lifestyle changes to help them manage it.

Summary

Reassuring advice and simple strategies for parents and carers to help their child manage anxiety and overcome worries.

One in four children will suffer from anxiety at some point in their young lives. As a parent it can often be difficult to know how best to support your child when they become fearful and worried, and whether their worries are something they can deal with themselves or a symptom of something more serious. This guide offers ways to help you to help your child articulate how they are feeling and offers effective coping strategies and simple lifestyle tweaks to manage anxiety by building their resilience and self-confidence for life.

- Identify the source of your child's anxiety
- Help your child create a list of calming actions for when they feel anxious
- Instil general well-being habits
- Simple relaxation exercises
- Know when to seek support

Contributor Bio

Poppy O'Neill runs a writers' retreat in Portsmouth, UK. Her short stories and non-fiction have appeared in various literary magazines and anthologies, and her flash fiction has been longlisted for the Bath Flash Fiction Award and the Bristol Prize. Find her online at poppyoneill.wordpress.com and on Twitter @P_O_Neill.

Marketing Plans

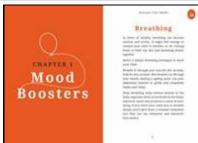
Social media campaign, National media outreach, Trade and Library Advertising,

Links

• Twitter Handle - @P O Neill

Illustrations







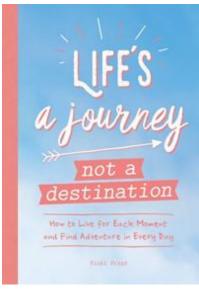


Comp Titles

6/1/2018 9781626259638 \$16.95 1626259631 USD The Worry Workbook Khanna, Trade Juvenile Instant Help for Kids Muniya S. Paperback Nonfiction 9781683731221 \$24.99 1683731220 USD Coping Skills for Halloran, PESI 4/1/2018 Paperback Psychology Publishing Inc. Kids Workbook Janine

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Summersdale 9781787835603 178783560X Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

160 Pages Carton Qty: 40 Print Run: 7K Body, Mind & Spirit OCC000000

8.4 in H | 6 in W | 0.7 in T | 0.7 lb

Wt

Status: ACTIVE

Life's a Journey Not a Destination

How to Live for Each Moment and Find Adventure in Every Day

Summersdale

Key Selling Points

- Filled with inspiration and tips about living life in the moment, stepping out of mundanity and learning to find joy and excitement in the everyday!
- Will appeal to readers with a range of budgets and lifestyles, offering ideas from re-thinking day-to-day tasks and routines to stepping out of one's comfort zone and into new adventures.

Summary

It's time to rethink routine and step out of your comfort zone

Life has a habit of getting in the way of us really living. While many of us are focused on the end goal, the possibilities of the here and now can often pass us by.

Let this exquisite collection of photographs, simple prompts and mindful mantras inspire you to refresh your daily rhythms and embrace whatever opportunities come your way. After all, life is a journey, not a destination.

Contributor Bio

Vicki Vrint is a freelance writer of self-care and lifestyle books. She firmly believes that we can all improve our well-being by focusing on the simple joys in life. She loves nothing more than exploring nature around her home in the UK and sleeping out under the stars.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









USD

Comp Titles

Go Be Kind Logothetis, BenBella Books Books 3/26/2019 $\frac{9781948836050}{194883605X}$ USD Hardcover Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787833364 1787833364

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$9.99/\$10.99 Can. Discount Code: OHC Other Merchandise

Carton Qty: 64 Print Run: 7K Humor HUM000000

3.6 in H | 4.1 in W | 1 in T | 0.3 lb

Wt

Status: ACTIVE

Poop Deck

Hilarious Toilet-Themed Card Games

Summersdale

Key Selling Points

- A pack of traditional playing cards designed with cute toilet-themed emojis that can be used as regular playing cards.
- Includes game-play instruction cards for some classic games.
- Fun for all the family. A great way to spend time together.

Summary

Time: 10+ minutes to play

Number of players: 2+

Ages: 5+

Includes: 52 cards, plus 6 game-play cards

Assembly required? No

Batteries required? No

What could be more fun than playing with poo?

Here's a deck of cards like no other, and the smiliest (and smelliest) poop friends you're ever likely to meet. With instructions on toilet-themed games to play, including smelly families, poop fish and constipation (formerly patience), games nights will never be the same!

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations



Comp Titles

Golden Girls Playing de Sousa, Cards Chantel Smith Street Gift 10/2/2018 9781925418958 \$12.95 1925418952 USD Cards Games & Activities

Zen Garden Litter Box

Royal, Sarah RP Minis

4/2/2019

9780762464128 \$9.95 0762464127 USD

Paperback Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale

9781787835610 1787835618 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$13.99/\$15.99 Can. Discount Code: OPB

160 Pages Carton Qty: 40 Print Run: 10K Self-Help SEL000000

Paperback

8.3 in H | 5.9 in W | 0.7 in T | 0.7

lb Wt

Status: ACTIVE

She Believed She Could So She Did

A Modern Woman's Guide to Life

Sam Lacey

Key Selling Points

- A beautifully illustrated book, containing tips, quotes and statements, intended to inspire women to believe in themselves.
- Summersdale's smaller-sized quote book with the same title (ISBN: 9781786854889) has sold over 24,000 copies since its release in 2018.

Summary

Self-belief is the key to your greatness. You can do anything you desire just as long as you have a little faith, a good helping of determination and a whole load of dedication.

Packed with tips, advice and affirmations, this book is a celebration of female strength and courage. No matter what your aims are for today, this month, this year or in life, it will encourage you to ignore the naysayers, seize exciting opportunities and live a life that doesn't have to be only in your dreams.

Contributor Bio

Sam Lacey has been an editor, proofreader and writer for more than 20 years. Her hobbies include jigsaws, drinking good coffee (with cake) and running.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

The Self-Love Workbook

Ali, Shainna

Ulysses Press 12/4/2018

9781612438665 \$15.95 1612438660 9781788171823 \$16.99 Trade Paperback

Self-Help

Good Vibes, Good Life King, Vex

Hay House UK

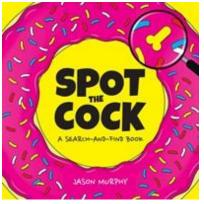
12/4/2018

1788171829

Trade Paperback Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.





Summersdale 9781787835900 1787835901 Pub Date: 10/6/3

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$11.99/\$12.99 Can. Discount Code: OHC

96 Pages Carton Qty: 60 Print Run: 7K

Hardcover

Humor HUM000000

6.2 in H \mid 6.3 in W \mid 0.6 in T \mid 0.6

ID Wt

Status: **ACTIVE**

Spot the Cock

A search and find book

Jason Murphy

Key Selling Points

- Put your sleuthing skills to the test with this cheeky search and find book.
- A hilarious present to give to your friends or partner, as a stocking stuffer, funny birthday present or just for a laugh!

Summary

They seek them here, they seek them there, these cocks are simply everywhere! But can you spot the cock?

But are you beady-eyed enough to find a penis poking out in different locations? From the deepest depths of space to shark-infested waters, hone your sleuthing skills in this wickedly funny and ever-so-slightly naughty search and find book. It features a raft of cleverly designed and intricately detailed full-color illustrations, each posing a new and formidable challenge as you hunt for the phallic graphic. The "cock" can be spotted across a veritable cornucopia of spreads, including these hilarious scenarios:

- Nestled within the New York City skyline
- Battling to be found aboard a Viking warship
- Finding itself launched into outer space
- Carefully concealed within a treasure map

Hone your sleuthing skills with this wickedly funny and ever-so-slightly naughty puzzle book. *Spot the Cock* is the perfect gift for anyone who likes a cheeky chuckle.

Contributor Bio

Jason Murphy is a graphic designer by day and the creator of weird and wonderful artwork by night. He currently lives in Walsall, West Midlands, UK.

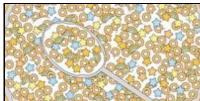
Marketing Plans

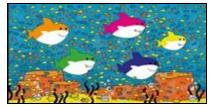
Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Star Wars Deluxe Pallant, Where's the Wookiee? Katrina F*ck Off, I'm Coloring! Peterson, Caitlin

Printers Row Castle Point Books

4/2/2019 97807 07944 7/3/2018 97812

9 9780794443665 \$12.99 0794443664 USD 9781250183132 \$9.99

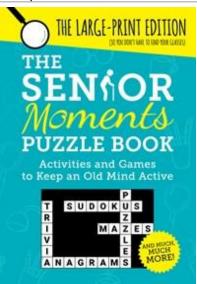
1250183138

Hardcover Paper over boards

Trade Paperback

Juvenile Fiction Games & Activities No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*





Summersdale 9781787835597 1787835596 Pub Date: 10/6/2020

On Sale Date: 10/6/2020 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

128 Pages Carton Qty: 28

Print Run: 7K Games & Activities / Puzzles

GAM007000

10.3 in H | 8 in W | 0.7 in T | 1.1

lb Wt

Status: ACTIVE

The Senior Moments Puzzle Book Activities and Games to Keep an Old Mind Active

Summersdale

Key Selling Points

- Features over 150 activities, games and puzzles to keep you occupied for hours on end!
- Perfect for a birthday or retirement present.
- The large print is not only practical, but also adds an element of humor to the overall lightheartedness of this book.

Summary

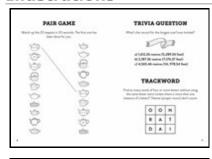
Do you find you have plenty of time on your hands these days?

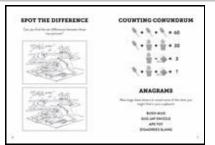
Instead of wracking your brain for something to do, challenge your mind with this puzzle book that will bring you hours of fun. With everything from tricky crosswords, word searches, anagram puzzles and sudokus to simpler brain-teasers such as spot the differences, mazes and trivia questions, this LARGE PRINT edition means you won't even need your glasses... wherever you put them.

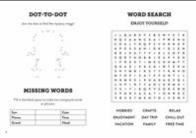
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations





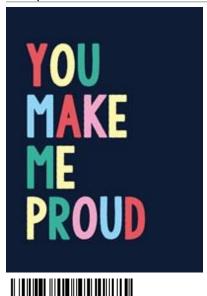


Comp Titles

Retirement for Whichelow, 9781849537513 \$9.99 Summersdale 8/13/2015 Hardcover Humor 1849537518 Beginners Clive USD 9781849538510 \$8.99 Little Book of Green, **Business &** Summersdale 5/12/2016 Hardcover Retirement Freddie 1849538514 **USD Economics** The New York Times 9781250198419 \$11.99 The New York St. Martin's Games & Trade 3/19/2019 Sunday Best **Times** Griffin 1250198410 USD Paperback Activities Crossword Puzzles

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787835528

1787835529

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$9.99/\$10.99 Can. Discount Code: OHC

Hardcover

160 Pages Carton Qty: 60 Print Run: 7K

Self-Help / Motivational &

Inspirational SEL021000

5.5 in H | 4.2 in W | 0.9 in T | 0.5

lb Wt

Status: ACTIVE

You Make Me Proud

The Perfect Gift to Celebrate Achievers

Summersdale

Key Selling Points

- This empowering little book is full of quotes and statements to give to someone you're particularly proud of.
- The perfect gift for graduation or school leavers, or anyone who's overcome some sort of obstacle!
- A revamp of our successful title of the same name (ISBN: 9781786850539).

Summary

We all know someone who's strong and resourceful, who never gives up and meets every challenge with their head held high. This little book celebrates your loved one for being the resilient person they are. Packed with cheering quotes and statements, it's the perfect way to tell them: "you make me proud".

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

You Are a Badass 2020 Day-to-Day Calendar

You Can Do All Things

Sincero, Jen Allan,

Andrews McMeel **Publishing**

6/18/2019

9781449499686 \$15.99 1449499686 **USD**

Day by Day Calendar

Self-Help

Kate

Mango

11/30/2018

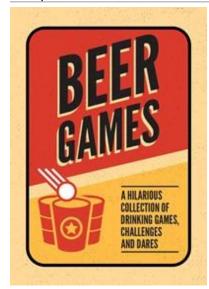
9781633538627 \$22.99 1633538621 **USD**

Hardcover Paper over boards

Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781786857859 1786857855

Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$9.99/\$10.99 Can./£6.99

UK/€8.50 DE Discount Code: OPB Paperback

128 Pages Carton Qty: 102 Print Run: 5K Humor

5.9 in H | 4.1 in W | 0.6 in T | 0.3

lb Wt

HUM000000

Status: ACTIVE

Beer Games

A hilarious collection of drinking games, challenges and dares Summersdale

Key Selling Points

- Have some fun with your pals as you down the pints with this hilarious collection of drinking games, dares and challenges.
- Ideal for student or bachelor/bachelorette parties, as well as an ideal stocking stuffer or gift
- Summersdale's most popular drinking book, The Little Book of Drinking Games (ISBN: 9781786852991), has sold over 166,000 copies over two editions.

Summary

Welcome to the best collection of beer games ever, in this cheeky pint-sized book. Gather your pals, crack open a cold one and get playing.

It's time to take beer drinking to the next level? These outrageous challenges, hilarious dares and awesome drinking games will make beer drinking even better than it was before. A good session will never be the same. Rise to the challenge, if you dare...

Contributor Bio

N/A

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Stuff Every Beer

Beer Hacks Robinson, Ben

Snob Should Know Ellen

Goldstein,

Workman Publishing Company

10/2/2018

9781523501106 \$16.95 1523501103 USD Hardcover Paper over boards

Cooking

Quirk Books

2/6/2018

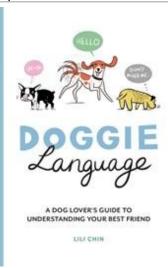
9781594749834 \$9.95 1594749833 USD

Hardcover

Cooking

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.







Summersdale 9781787837010 1787837017 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$11.99/\$12.99 Can. Discount Code: OHC Hardcover

112 Pages Carton Qty: 42 Print Run: 5K Pets / Dogs PET004020

6.9 in H | 4.8 in W | 0.7 in T | 0.5

lb Wt

Status: ACTIVE

Doggie Language

A Dog Lover's Guide to Understanding Your Best Friend Lili Chin

Key Selling Points

- A beautifully illustrated guide to understanding dogs' behavior
- The perfect gift for any dog lover, from first-time to seasoned pet owners
- Similar titles from Summersdale include of The Little Instruction Book for Dogs (ISBN: 9781786855336) and The Little Instruction Book for Cats (ISBN: 9781786855343).
- Author lives in California

Summary

A fully illustrated practical "instruction manual" for dog owners to help them understand dog behavior by means of characterful bespoke drawings.

Dogs communicate with so much more than barks and tail wags

Misreading doggie body language makes life challenging for dogs and their humans. This small but mighty book is your perfect illustrated guide to seeing and understanding the subtle visual cues and interpreting the behaviours used by your beloved pup to express how they're feeling. The more we notice and listen to what our dogs are trying to tell us, the more we can improve our relationship with our best friends, helping them to feel safe and happy.

- Original illustrations help you compare similar facial expressions, body language and gestures
- Interpret your dog's cues and learn how your dog uses his ears, eyes, mouth, tail and posture to communicate with you
- Spot the signals your dog is trying to give you to tell you they're stressed or conflicted

Contributor Bio

Lili Chin is an artist who is best known for creating dog-related art. When Lili is not making new illustrations and products to sell, she creates infographics for dog-training professionals, veterinarians, behaviourists and welfare groups who advocate for humane animal-training methods. Her dog body language artwork has been featured in art museums, on television and world-wide educational media campaigns, and her "Dogs of The World" poster series has been a viral hit. Lili Chin lives in Los Angeles with her muse: her rescued, blue-eyed Boston Terrier, Boogie.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations

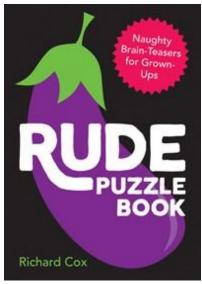




Puppy Training in 7 Easy Steps	Zoom Room Dog Training	Rockridge Press	4/2/2019	9781641523431 \$13 1641523433 USD		Trade Paperback	Pets
Meet Your Dog	Brophey, Kim	Chronicle Books	3/20/2018	9781452148991 \$24 1452148996 USD	1.95 D	Hardcover	Pets
The Little Instruction Book For Cats	Freeman, Kate	Summersdale	9/3/2019	9781786855343 \$10 1786855348 USD	F	Hardcover	Humor
Little Instruction Book for Dogs	Freeman, Kate	Summersdale	3/5/2019	9781786855336 \$10 178685533X USD	F	Hardcover	Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787830264 1787830268

Pub Date: 11/3/2020 On Sale Date: 11/3/2020 \$10.99/\$11.99 Can./£7.99 UK

Discount Code: OPB **Paperback**

128 Pages Carton Qty: 80 Print Run: 5K Humor HUM000000

7 in H | 5.8 in W | 0.5 in T | 0.4 lb

Status: ACTIVE

Rude Puzzle Book

Naughty brain-teasers for grown-ups

Summersdale

Key Selling Points

- A fun and sexy twist to everybody's favourite puzzles including dot-to-dots, crosswords, anagrams, mazes and word wheels.
- A hilarious gift for your adult friends.
- Other rude Summersdale titles include:Rude Food (ISBN: 9781849539319)52 Things to Do While You Poo (ISBN: 9781849534970)Adult Charades (ISBN: 9781849539432) Naughty Dares (ISBN: 9781849539449) The World's Craziest Adult Games (ISBN: 9781786850768)

Summary

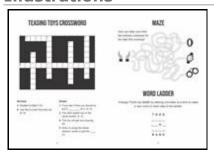
Strictly for grown-ups!

This book puts the tease into brain-teasers with a compendium of crude crosswords, unbelievably wicked word searches, dirty dot-to-dots and other provocative puzzles to test your knowledge of the smuttiest lingo - a racy replacement for life's idle moments.

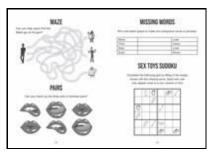
Marketing Plans

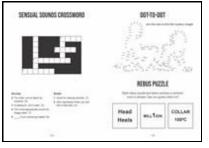
Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

52 Things to Do While You Screw F*ck Off, I'm Coloring!

Jassburn, Hugh Peterson,

Caitlin

Summersdale

3/19/2019

9781786854902 \$10.99 1786854902 **USD**

9781250183132 \$9.99 **USD**

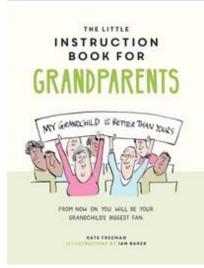
Hardcover

Games & Activities Games &

Castle Point 7/3/2018 **Books** 1250183138 Trade Paperback Activities

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Summersdale 9781787835719 1787835715 Pub Date: 11/3/2020 On Sale Date: 11/3/2020 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 80 Print Run: 5K Humor HUM000000

6.3 in H | 4.8 in W | 0.5 in T | 0.4

Ib Wt

Status: ACTIVE

The Little Instruction Book for Grandparents

Tongue-in-Cheek Advice for Surviving Grandparenthood

Kate Freeman

Key Selling Points

- An amusingly illustrated guide to enduring the reality of being a grandparent, including all of its ups and downs!
- The perfect gift for someone who is about to become, or is, a grandparent!

Summary

So you're a grandparent!

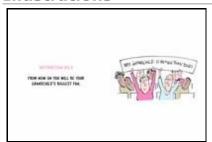
One of the most magical roles you'll ever have - but also one of the messiest.

But never fear: this indispensable handbook is here to guide you through the pleasures and pitfalls of grandparenthood, and, most importantly, teach you how to keep them quiet while you catch up on your nap-time.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

The Little Instruction Book For Cats

Little Instruction Book for Dogs

Freeman, Kate

Summersdale 9/3/2019

9781786855343 \$10.99 1786855348

USD

Hardcover Humor

Freeman, Kate

Summersdale 3/5/2019

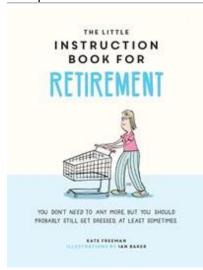
9781786855336 \$10.99 178685533X

USD

Hardcover Pets

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Summersdale 9781787835726 1787835723 Pub Date: 11/3/2020 On Sale Date: 11/3/2020 \$10.99/\$11.99 Can. Discount Code: OHC Hardcover

96 Pages Carton Qty: 80 Print Run: 5K Humor HUM000000

7.5 in H | 4.8 in W | 0.5 in T | 0.4

Ib Wt

Status: ACTIVE

The Little Instruction Book for Retirement

Tongue-in-Cheek Advice for the Newly Retired

Kate Freeman

Key Selling Points

- An amusing illustrated guide to enduring (and enjoying!) retirement.
- The perfect gift for someone who is about to be, or is, retired!

Summary

It's time to celebrate the end of an era - and the start of a whole new one!

Ah, retirement – from here on out it's all lazy lie-ins, pleasant afternoons in the garden (or the garden centre), long lunches with friends and evenings spent in a comfy chair in front of the fire, right?

Wrong! Welcome to a world where you're halfway to the office before you realize you don't work there any more, you somehow seem to have even less free time than before to do all the things you need to do, and suddenly daytime TV seems a whole lot more appealing than it ever used to...

This indispensable handbook, packed with amusing illustrations, is here to guide you through the pleasures and pitfalls of being retired. Most importantly, though, it'll teach you how to how to make sure you always get a decent afternoon nap.

This book is perfect gift for retirees, offering tongue-in-cheek advice on how to make the most of their new-found freedom.

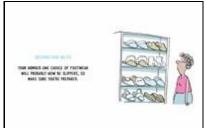
Marketing Plans

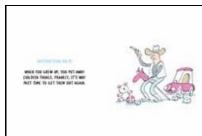
Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

101 Things to Do With A Retired Man Little Book of Retirement

Mander, Gabrielle Green, Freddie

Spruce

8/7/2018

9781846015564 \$9.99 1846015561 **USD**

9781849538510 \$8.99 Summersdale 5/12/2016 1849538514 USD

Hardcover Humor

Business & Hardcover **Economics**

Retirement for Beginners	Whichelow, Clive	Summersdale	8/13/2015	9781849537513 1849537518	\$9.99 USD	Hardcover Humor
101 Things to Do with Your Retired Man	Mander, Gabrielle		5/2/2012	9781846014017 1846014018	' \$9.95 USD	Paperback Family & Relationships
Things to Do Now That You're Retired	Garton, Jane	Spruce	5/1/2008	9781846012433 1846012430	\$9.95 USD	Paperback Literary Criticism

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights *No subrights have been specified.*



Summersdale 9781787835733 1787835731 Pub Date: 11/3/2020

On Sale Date: 11/3/2020 \$13.99/\$15.99 Can. Discount Code: OPB Paperback

160 Pages Carton Qty: 40 Print Run: 10K Self-Help SEL000000

8.3 in H | 7.3 in W | 0.7 in T | 0.7

Ib Wt

Status: **ACTIVE**

You're Amazing

How to Cast Off Self-Doubt and Embrace Your Inner Brilliance

Debbie Marco

Key Selling Points

- This stunning book contains digestible tips, quotes and affirmations alongside bespoke page designs with photos, illustrations, patterns and typography.
- An ideal gift for someone who needs to be told that they're simply amazing!

Summary

Here's a secret: you are already amazing

Being amazing doesn't mean having a so-called flawless body, a brilliant career or a picture-perfect relationship. The fact is, there is nobody quite like you, and this alone is absolutely remarkable.

Brimming with thought-provoking advice, quotes and affirmations, this book will help you to push your boundaries, embrace your inner confidence and learn to truly love yourself.

So be inspired, be optimistic and be assured, because life is too short to spend doubting yourself.

Contributor Bio

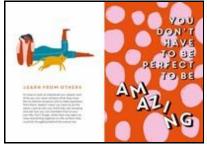
Debbi Marco is a journalist, editor and mum of two. She likes to spend her spare time running, eating delicious food, drinking gin and hanging out with her family and friends. To see more of her work visit debbimarco.co.uk

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations







4/3/2018



You Are a Badass **Every Day**

Sincero, Jen

Penguin Life $12/4/2018 \frac{9780525561644}{0525561641} \frac{\$20.00}{\mathsf{USD}}$

Hardcover Self-Help

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights





Summersdale 9781787835771 1787835774 Pub Date: 12/8/2020 On Sale Date: 12/8/2020 \$16.99/\$18.99 Can. Discount Code: OHC

160 Pages Carton Qty: 40 Print Run: 5K Self-Help SEL000000

Hardcover

7.8 in H | 7.9 in W | 0.8 in T | 0.9

Ib Wt Status: ACTIVE

Less is More

Finding Joy in a Simpler Life

Robin James

Key Selling Points

- Covering all areas of life including home, diet and social life, Less is More offers advice on how you can lead a more joyful life with less, teaching the reader the pleasure of quality over quantity.
- With full-color photos and a modern design, this beautiful lifestyle book makes an attractive and inspiring gift.
- Follows on from the success of All You Need is Less (ISBN: 9781786857668), which has sold 10,000 copies since its publication in February 2019.

Summary

This beautiful book, including a sleek, modern design and full-color photographs, is filled with a raft of practical tips and ideas to help the reader find happiness and contentment through simplifying different aspects of their lifestyle.

Discover the art of finding more through having less: more time, more calm, more energy, more money, more you.

Filled with practical tips and ideas, this book will guide you toward a simpler way of life. Learn how to reduce your clutter and your stress levels, find advice on mastering your schedule and making time for what matters, and enrich your everyday by putting quality before quantity.

From time to time, we all get lost in the flurry of a busy life, but we can always uncover a path back to our best and happiest selves. All you need is focus, a slower pace and the simple power of 'less'.

Contributor Bio

N/A

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Lagom	Brantmark, Niki	Harper Design	10/3/2017	9780062748799 0062748793	\$19.99 USD	Hardcover Self-Help
Wabi Sabi	Kempton, Beth	Harper Design	12/31/2018	9780062905154 0062905155	\$19.99 USD	Hardcover Self-Help
Good Mornings	Dunne, Linnea	Gaia	7/2/2019	9781856754019 1856754014	\$16.99 USD	Hardcover Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



Summersdale 9781787835801 1787835804

Pub Date: 12/29/2020 On Sale Date: 12/29/2020 \$9.99/\$10.99 Can.

Discount Code: OHC Hardcover

160 Pages Carton Qty: 60 Print Run: 7K Humor HUM000000

5.4 in H | 4.1 in W | 0.9 in T | 0.5

lb Wt

Status: ACTIVE

I Love You

Romantic Quotes for Valentine's Day

Summersdale

Key Selling Points

- Bursting with passionate quotes and heartfelt statements, this charming little book is the perfect way to let your loved one know just how much they mean to you.
- The ideal gift for Valentine's Day, or when you simply want to show your partner how much you love them.

Summary

This charming little book of affectionate words is the perfect way to say "I love you".

This heartfelt collection of quotes and statements is to let you know just how much you mean to me. Quite simply, I love you.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Olive You Summersdale Summersdale 2/5/2019

9781786855480 \$9.99 1786855488

Hardcover Humor

I F*cking Love

Summersdale Summersdale 5/7/2019

9781786857491 \$9.99

1786857499

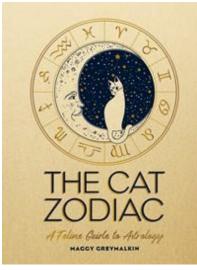
USD

Paperback Family & Relationships

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights

You



Summersdale 9781787832336 1787832333 Pub Date: 10/6/2020 On Sale Date: 10/6/2020 \$10.99/\$11.99 Can./£7.99 UK/€10.50 DE Discount Code: OHC

96 Pages Carton Qty: 80 Print Run: 10K Humor HUM000000

Hardcover

6.3 in H | 4.8 in W | 0.6 in T | 0.4

lb Wt

Status: ACTIVE

The Cat Zodiac

A Feline Guide to Astrology

Maggy Greymalkin

Key Selling Points

- A light-hearted, quirky gift containing profiles of each star sign and what they mean for cats in all aspects of their lives, including love, friendships and relationships with their humans.
- The perfect present for anyone who loves astrology and cats!

Summary

Long have humans looked to the stars for guidance in their lives, but what about the destiny of their cats?

On the surface, cats may seem to care about very little other than finding the sunniest spots to nap or the best boxes to hide in, but they have higher paths, greater purposes and truer callings in life. Providing insight into the signs, the stars and the elements and how they affect every aspect of a cat's life, with horoscopes, tarot and paw readings for mystic moggies, this book is the perfect guide to the secrets of the cat zodiac.

Contributor Bio

Maggy Greymalkin is a medium and Tarot reader from Sheffield. She lives with her two cats, Uri and Meg.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

The Little Book Of The Zodiac

The Best Cat Memes Ever

Williamson, Marion

Ellis, Charlie

9781786855466 \$9.99 Summersdale 5/7/2019 1786855461

9781786857842 \$10.99 1786857847 **USD**

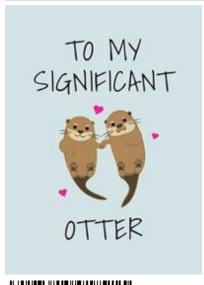
USD

Body, Mind & Paperback Spirit

Hardcover Humor

Summersdale 10/1/2019

Subrights *No subrights have been specified.*



Summersdale 9781787832282 1787832287 Pub Date: 12/29/2020

On Sale Date: 12/29/2020 \$9.99/\$10.99 Can. Discount Code: OHC

Hardcover

160 Pages Carton Qty: 60 Print Run: 10K

Family & Relationships

FAM000000

5.4 in H | 4.1 in W | 1 in T | 0.5 lb

Status: ACTIVE

To My Significant Otter

A Cute Illustrated Book to Give to Your Squeak-heart

Summersdale

Key Selling Points

- A charming book to tell your partner you love them in the most punderful way.
- These adorable quotes and phrases will make them putty in your hands!
- Follows on from the success of Olive You (ISBN: 9781786855480), which has sold over 6,000 copies in the US.

Summary

You're just my PUP of tea

I WHALEY love you

You're one in a CHAMELEON

Show your partner how much you love them with this cute illustrated book, packed with punderful phrases and dreamy quotes.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

9781846015885 12/31/2019 Be My Lobster Ford, Sarah Spruce \$8.99 USD Flexibound Humor 184601588X 9781786855480 Olive You Summersdale Summersdale 2/5/2019 \$9.99 USD Hardcover Humor 1786855488

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights



9781787832343 1787832341 Pub Date: 1/5/2021 On Sale Date: 1/5/2021 \$13.99/\$15.99 Can./£9.99 UK

Discount Code: OPB Paperback

Summersdale

160 Pages Carton Qty: 40 Print Run: 7K Humor HUM000000

8.4 in H | 6 in W | 0.7 in T | 0.7 lb

Wt

Status: ACTIVE

How to Be Perfectly Imperfect

Stop Comparing, Start Living

Candi Williams

Key Selling Points

• Filled with stunning illustrations, this book aims to encourage the reader to love themselves, accept their flaws and improve the way they think about their body.

Summary

Break free from the clutches of perfectionism and start loving yourself a little more

Do you feel social pressure to have the "perfect" life, the "perfect" job and the "perfect" body?

Do you magnify your flaws and play down your strengths?

Then this book is for you.

Bursting with thought-provoking tips, tricks and affirmations, it'll help you quieten your inner critic, squash your self-doubt and be kinder to yourself.

Because you are more than "good enough" - and it's time you recognized it.

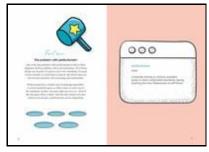
Contributor Bio

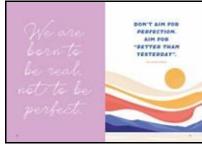
Candi Williams is a writer from beautiful Bristol, UK who loves bright colors and writes about everything from amazing food to awesome females. When she's not typing or inking away, you'll probably find her cooking up something delicious, unwinding in a Pilates/Yoga class or drinking wine with lovely friends.

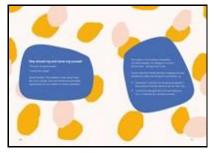
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Courage 0735291292 USD Jessica Workman Hardcover Paper Body, Mind & Know 9781523506354 \$10.95 Smit, Irene Publishing 4/2/2019 1523506350

USD

over boards

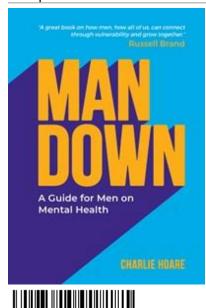
Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Company

Subrights

Yourself



Summersdale 9781787832503 1787832503 Pub Date: 1/5/2021

On Sale Date: 1/5/2021 \$13.99/\$15.99 Can./£9.99 UK

Discount Code: OPB Paperback

144 Pages Carton Qty: 64 Print Run: 7K

Self-Help / Anxieties & Phobias

SEL036000

6.9 in H | 5 in W | 0.7 in T | 0.5 lb

Status: ACTIVE

Man Down

A Guide for Men on Mental Health

Charlie Hoare

Key Selling Points

- Full of advice, ideas and kind words to help men who are feeling down, affected by low self-esteem, or suffering with more serious mental health problems, especially anxiety-related issues, stress and depression.
- A comforting, friendly starting point for someone wanting to help themselves, or could be given as a gift by a concerned friend or relative to someone who may be struggling.
- Even though mental health issues are increasingly part of the general conversation, there is still a stigma around male mental health, and statistics from the CDC show that suicide is the second biggest cause of death amongst men under 44. This book encourages men to open up about their mental health, and presents the topic in a clear, approachable way.

Summary

'A great book on how men, how all of us, can connect through vulnerability and grow together.' Russell Brand

How often do you put on a "coping" front, when in reality you're troubled with insecurities and anxieties? Do you find it difficult to open up about how you're feeling?

You might be surprised to learn that you are not alone, and that many men find it challenging to talk about their worries. From tips on how to reach out, to advice on navigating mental health issues, this volume is full of guidance on how to look out for your well-being. Topics covered include:

- Anxiety and depression
- Stress
- Suicidal thoughts
- Dealing with traditional gender expectations
- Self-care and mindfulness methods
- How to open up and communicate
- Where to seek help

With personal experiences and insights, this book will improve your awareness of mental health, offer tools and techniques to enable you to manage it better, and help you to live a happier, healthier life.

Contributor Bio

Charlie Hoare is a life coach and entrepreneur who co-founded TAPPED birch water having worked for Innocent Drinks, Air Asia and start ups in London, Hong Kong and Malaysia (from where he cycled the 10,000 miles home). Personal experience of depression and anxiety led him to an MSc in Applied Positive Psychology and Coaching Psychology, and a move from London to East Wittering in Sussex. Now he helps others to make their lives better, whilst daily enjoying the healing power of cold-water swimming!

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations







Comp Titles

The Big Activity Book for Anxious People	Reid, Jordan	TarcherPerigee	5/7/2019	9780525538066 \$10 0525538062 US		Trade Paperback	Self-Help
F*ck Stress	Martin, Alex	Summersdale	12/3/2019	9781787830097 \$9. 1787830098 US	9.99 SD	Hardcover	Self-Help
Are u ok?	Morton, Kati	Da Capo Lifelong Books	12/11/2018	9780738234991 \$24 0738234990 US	24.00 SD	Hardcover Paper over boards	Psychology

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights





Summersdale 9781786859853 1786859858 Pub Date: 1/5/2021 On Sale Date: 1/5/2021 \$11.99/\$12.99 Can./£8.99 UK/€11.50 DE Discount Code: OHC Hardcover

160 Pages Carton Qty: 48 Print Run: 8K Self-Help SEL000000

6.1 in H | 4.4 in W | 1 in T | 0.6 lb

Status: ACTIVE

It's OK not to be OK

Good advice and kind words for positive mental well-being

Claire Chamberlain

Key Selling Points

- An accessible guide covering a wide range of mental health issues, helping the reader to get a grasp on what they are, how they affect us, and ways to help combat them.
- Awareness of mental health issues is a priority across a range of institutions, with hospitals, schools and workplaces introducing new initiatives and policies to focus on this.
- Similar Summersdale titles include: Just Be You (ISBN: 9781786852335) Don't Panic (ISBN: 9781786852038) This Book Will Make You Feel Less Sh*t (ISBN: 9781786852182)

Summary

A simple and soothing guide to better mental health, offering wise words and practical advice.

What's normal anyway?

Into every life some rain must fall. Nobody is fine all the time, and if you're feeling down or struggling with serious problems, you're not alone. This clear and comforting guide is here to help you understand the mental health issues that can affect us all, and to help you look after your mind, body and soul. Touching on a range of topics, including anxiety, depression, loneliness, stress and self-esteem, this is a book for anyone and everyone who needs good advice, fresh ideas and kind words.

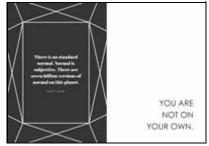
Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations







Summersdale 6/2/2020



USD

Comp Titles

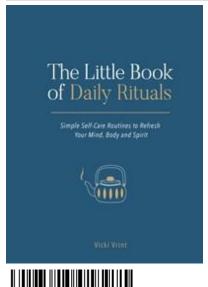
 $12/31/2018 \begin{array}{l} 9780062847621 \ \$26.99 \\ 0062847627 \ \ \ USD \end{array}$ William Strong Women Don't Morin, Amy Hardcover Self-Help Morrow Hardcover Paper Self-Help The Little Book of

9781507204917 \$14.99 1507204914 USD Adams Media 10/17/2017 Adams Media Self-Care over boards

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights

13 Things Mentally





9781787832244 1787832244 Pub Date: 1/5/2021 On Sale Date: 1/5/2021 \$13.99/\$15.99 Can./£9.99 UK

Discount Code: OHC

Hardcover

160 Pages Carton Qty: 44 Print Run: 7K Body, Mind & Spirit OCC000000

6.2 in H | 4.8 in W | 0.8 in T | 0.6

lb Wt

Status: ACTIVE

The Little Book of Daily Rituals

Simple self-care routines to refresh your mind, body and spirit Vicki Vrint

Key Selling Points

- Contains over 80 guided practices for you to follow, which can be customized to suit you.
- In today's non-stop society, more people are turning to self-care rituals in order to relax. This book is the perfect tool for anyone who wants to take time out of their day to reflect.
- Similar Summersdale titles include: Self-Care (ISBN: 9781786857750) How to Be Mindful (ISBN: 9781849538978) The Little Book of Mindfulness (ISBN: 9781786859679) Rest, Replenish, Restore (ISBN: 9781786858047) How to Be Calm (ISBN: 9781849537971) The Little Book of Meditations (ISBN: 9781849538640)

Summary

With over 80 guided practices to choose from, this book is the ideal guide to self-care for any occasion, whether you need to find calm, energy, inspiration or comfort. It's the perfect caring gift for yourself or for others.

Discover the restorative wonders of daily rituals.

A ritual is an act of self-care that's carried out mindfully, and with reverence: a gratitude ritual to relive the high points of your day; a ritual for self-expression to free unexpressed emotions; a candle ritual to focus your mind on peace.

With over 80 guided practices to choose from, there is something in this book for every intention. Whether you want to reflect, to recharge your batteries, or rekindle your motivation, you will find the perfect ritual to refresh your mind, body and spirit.

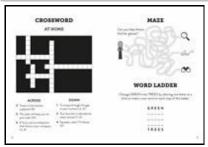
Contributor Bio

Vicki Vrint is a freelance writer of self-care and lifestyle books. She firmly believes that we can all improve our well-being by focusing on the simple joys in life. She loves nothing more than exploring the South Downs around her home in Chichester and sleeping out under the stars.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations







Comp Titles

All You Need is Less	Vrint, Vicki	Summersdale	e 7/2/2019	9781786857668 1786857669	\$ \$10.99 USD	Hardcover	Self-Help
Get Your Shit Together	Vrint, Vicki	Summersdale	5/1/2017	9781849537940 1849537941) \$11.95 USD	Hardcover	Self-Help
Practicing Mindfulness	Sockolov, Matthew	Althea Press	9/11/2018	9781641521710 1641521716) \$16.99 USD	Trade Paperback	Body, Mind & Spirit
The 5-Minute Mindfulness Journal	Rasheta, Noah	Althea Press	12/25/2018	9781641523059 1641523050	\$14.99 USD	Trade Paperback	Body, Mind & Spirit

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, <u>Click here</u>.

Subrights

What Is Your Baby Really Thinking?





Summersdale 9781787832657 1787832651 Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$10.99/\$11.99 Can./£7.99 UK/€10.50 EU/€10.50 DE Discount Code: OHC Hardcover

96 Pages Carton Qty: 80 Print Run: 5K Humor HUM000000

6.2 in H | 4.7 in W | 0.7 in T | 0.4

lb Wt

Status: ACTIVE

What is Your Baby Really Thinking

Sam Hart

Key Selling Points

• An amusing gift for a new parent, filled with original illustrations.

Summary

The secret's out!

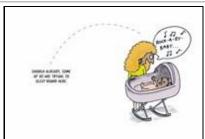
When you look into your baby's big, beautiful eyes, it can be hard to know what on earth is going through their curious minds. Well you needn't wonder anymore, because after delving deep into baby psychology we can now reveal the real thoughts behind those adorable pudgy faces.

Find out what they're really thinking when you blow raspberries on their tum-tum or "steal" their nose, why they particularly enjoy spitting up over your nice clean top, and what that funny expression when you make them wear "novelty" onesies really means.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

P Is for Pterodactyl

Haldar, Raj

Sourcebooks Explore

11/13/2018

9781492674313 \$17.99 1492674311

Juvenile Hardcover Nonfiction

Why My Cat Is More Impressive Than Your Baby

Inman, Matthew Andrews McMeel **Publishing**

6/4/2019

9781524850623 \$14.99 1524850624

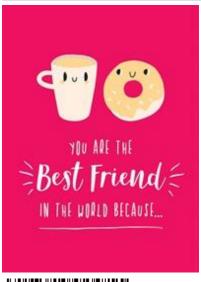
USD

Trade Paperback

Humor

No sales or inventory history loaded for this account. If you think there should be or would like to learn how to load this data, Click here.

Subrights



Summersdale 9781787835283 1787835286 Pub Date: 2/2/2021

On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC

Hardcover

160 Pages Carton Qty: 60 Print Run: 7K Humor

5.4 in H | 4 in W | 0.9 in T | 0.5 lb

Wt

Status: ACTIVE

HUM000000

You Are the Best Friend in the World Because...

Summersdale

Key Selling Points

- Filled with lovable quotes and statements, showing your BFF how much you love them.
- Features space to fill in your memories, in-jokes and all of your favourite things about your bestie, creating their own personalized gift. Whether you make it sweet, sassy or silly is your decision!

Summary

Friends are the family you choose

Here's the perfect way to tell your BFF - in your own words - just how much their support, love and friendship means to you. Fill in the gaps in this gorgeous book to create a personalized treasure trove of in-jokes, memories and all the things you love about your bestie that they'll cherish forever.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Friends Forever Salmansohn, Wherever Whenever Karen

Summersdale

Ten Speed Press

3/20/2018 9/803

9780399581007 \$12.99 0399581006 USD

Summersdale $2/11/2020 \frac{9781786859914}{1786859912} \frac{9991786859914}{1786859912} \frac{9991786859914}{19991} \frac{9991786859914}{19991}$

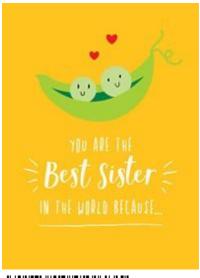
Hardcover Family & Relationships

Hardcover Family & Relationships

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Subrights

For my BFF



Summersdale 9781787835276 1787835278 Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC

160 Pages Carton Qty: 60 Print Run: 7K Humor HUM000000

Hardcover

5.4 in H | 4 in W | 0.9 in T | 0.5 lb

Wt

Status: ACTIVE

You Are the Best Sister in the World Because...

Summersdale

Key Selling Points

- Packed with loving quotes and statements, this beautiful pocket-sized book is the perfect way to show your sister how much you love her.
- There is space to fill in to personalize the book with all your favorite things about your sister. Whether you make it sweet, sassy or silly is your decision!

Summary

Go on, admit it: your sister's pretty great, isn't she?

Here's the perfect way to tell her - in your own words - just how much her friendship, support and love means to you. Fill in the gaps in this gorgeous book to create a personalized treasure trove of in-jokes, memories and all the things you love about your sis that she'll cherish forever.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Snow Sisters! Kokias, Kerri

Knopf Books for Young Readers 1/2/2018 9781101938836 \$17.99

1101938838 USD

Summersdale Summersdale

2/4/2020 9781786859921 \$9.99 1786859920 USD Hardcover Juvenile Fiction

Hardcover Relationships

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Subrights

For the Best

Sister Ever



Summersdale 9781787832329 1787832325 Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC

160 Pages Carton Qty: 60 Print Run: 10K

Self-Help / Motivational &

Inspirational SEL021000

Hardcover

5.4 in H | 4 in W | 0.9 in T | 0.5 lb

Status: ACTIVE

Be Brave

The little book of courage

Summersdale

Key Selling Points

- Empower yourself with these life-affirming quotations and statements.
- An attractive gift idea, with shimmering metallic-ink internal designs.
- A similar successful title, She Believed She Could So She Did (ISBN: 9781786854889), has sold over 17,000 copies.
- Similar Summersdale titles include: Be Strong (ISBN: 9781786850300) Eat, Sleep, Slay (ISBN: 9781786858139) You Can Do It (ISBN: 9781786859440) Believe in Yourself (ISBN: 9781786858030) Just Be You (ISBN: 9781786852335) Never Give Up (ISBN: 9781786850416)

Summary

A gleaming little gift book filled with encouraging quotes and supportive statements to help anyone persevere and prevail.

Less fear. More fierce. Whatever challenges life sends your way, you need to know and nurture your inner strength. Packed with inspiring affirmations and courageous quotations from those who have dared to be audacious, this book will boost your self-belief and empower you to BE BRAVE.

Contributor Bio

N/A

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

9781501196348 \$25.00 1/8/2019 Be Fearless Simon & Schuster Hardcover Self-Help Case, Jean 1501196340 USD 9781523502035 \$12.95 Change Petras, Workman Publishing Paperback - with 3/20/2018 Self-Help 1523502037 **USD** flaps Happens Kathryn Company Grit and 9781631065309 \$19.99 Hardcover Paper 10/2/2018 Quotabelle Rock Point Reference 1631065300 Grace **USD** over boards

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Subrights *No subrights have been specified.*



Summersdale 9781787830004 1787830004 Pub Date: 2/2/2021 On Sale Date: 2/2/2021 \$9.99/\$10.99 Can./£6.99 UK Discount Code: OHC

160 Pages Carton Qty: 60 Print Run: 7K Humor HUM000000

Hardcover

5.3 in H | 4.1 in W | 0.9 in T | 0.5

Ib Wt

Status: **ACTIVE**

You're Old AF

Here's a book (because it's not like you go out anymore)

Summersdale

Key Selling Points

• An ideal gift for birthdays or for anyone who always acts older than they actually are.

Summary

Have you stopped getting your freak on and started getting your creak on?

Do your hobbies now include "napping", "relaxing" and "having a quiet one"?

Have you found you've more in common with your grandparents than your peers?

It sounds like you're OLD AF! Get out your fun slippers and sit back with this collection of hilarious guips and too-true guotes for the old at heart.

Marketing Plans

Social media campaign, National media outreach, Trade and Library Advertising,

Illustrations









Comp Titles

Retirement for

Little Book of Retirement Green, Freddie Summersdale 5/12/2016

Whichelow, Clive Summersdale 8/13/2015

9781849538510 \$8.99 1849538514 USD

9781849537513 \$9.99

1849537518 USD

) H

Hardcover Business & Economics

Hardcover Humor

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Subrights

Beginners