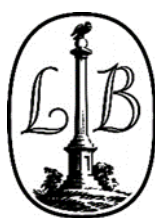


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Kate.Hibbert@littlebrown.co.uk

Andy Hine

Rights Director

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Andy.Hine@littlebrown.co.uk



Helena Dorée

Senior Rights Manager | Head of US Rights

The USA, France, Greece, Hebrew and Arabic rights.

Helena.Doree@littlebrown.co.uk

Ruth Case-Green

Rights Executive

Ruth.Case-Green@littlebrown.co.uk



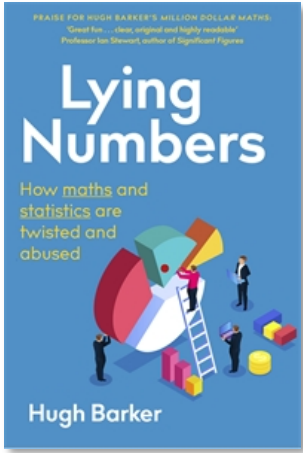
Jessica Callaghan

Rights Assistant

Jessica.Callaghan@littlebrown.co.uk

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Titles in CAPITALS are published by Little, Brown, titles in *Italics* are not.



LYING
NUMBERS

Hugh Barker

November 2020
Robinson
Popular maths
256pp

Praise for Hugh Barker’s *Million Dollar Maths*:

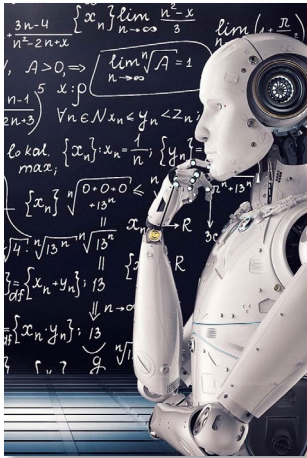
Great fun. A clear, original and highly readable account of the curious relationship between mathematics and money – **Professor Ian Stewart, author of *Significant Figures***,

A lively crash course in the mathematics of gambling, investing, and managing. Hugh Barker makes deep ideas fun and profitable – **William Poundstone, author of *How to Predict the Unpredictable***.

How figures are badly reported or deliberately misrepresented everywhere, from political arguments and business presentations to shopping offers.

Politicians, economists, scientists, journalists - all of them have been known to bend the truth and to twist the facts from time to time. But surely the numbers and statistics they rely on are cold, hard objective facts that tell the real story? Of course, the truth is much murkier than that. Figures can be misinterpreted, misunderstood, misconstrued and misused in hundreds of different ways. This book takes a look at the many ways that statistical information can be badly reported or deliberately abused in all walks of life, from political arguments, to business presentations, to more local concerns such as shopping offers and utility bills. LYING NUMBERS is a polemical guide to how numbers are used to mislead, which is intended to help the reader through the minefield of dubious stats and lying numbers.

HUGH BARKER is a non-fiction author and editor; as the latter he has edited several successful popular maths books, including *A Slice of Pi*. He is the author of *Million Dollar Maths* (Atlantic Books, October 2018) and *High-Tech Maths* (Atlantic, 2019–20). He was accepted to study maths at Cambridge aged sixteen.



Not final cover

Rights Sold:
Korean (Publion)

MICHAEL BHASKAR is a writer, researcher and digital publisher. He is Co-Founder of Canelo, a new publishing company. He has written and talked extensively about the future of media, the creative industries and the economics of technology for newspapers, magazines and blogs. He has been featured in and written for the *Guardian*, *Financial Times*, *Wired* and *Daily Telegraph*, and on BBC 2, BBC Radio 4, NPR and Bloomberg TV among others. He has been a British Council Young Creative Entrepreneur and a Frankfurt Book Fair Fellow. He is also author of *Curation*, *The Content Machine* and the *Oxford Handbook of Publishing*.

HUMAN
FRONTIERS:
THE FUTURE
OF BIG IDEAS

Michael Bhaskar

September 2021
The Bridge Street Press
Social forecasting
368pp

A provocative, exciting exploration of the future of ideas - and the history of technological and cultural progress that has taken us to today.

We're at a curious juncture of history. New inventions, a digital revolution, a colossal output of cultural production, and a sophisticated global economy catering to our every need have changed our lives in an incredibly short space of time. From quantum biology, nanotechnology and pictures of black holes, to nudge unit governance, blockchain and virtual worlds, the sheer scale of progress over the last three hundred years is mind-boggling. Surely this is a uniquely fecund moment for humanity?

And yet a growing body of evidence suggests that big ideas have, over the last forty or fifty years, become much harder. After half a century we have not been back to the Moon; we haven't cured cancer; life expectancy has stalled in some countries; we're still addicted to carbon-based energy.

In HUMAN FRONTIERS, Michael Bhaskar makes sense of this mixed picture to offer a sketch of what comes next. Drawing on the latest cutting-edge research from economics, business analysis, cultural theory and the history of science and technology, Bhaskar shows how important new ideas are getting much harder to find, and how the nature of world-changing ideas - however we might find them - will shape humanity's next steps.



WELCOME TO THE WOKE TRIALS

Julie Burchill

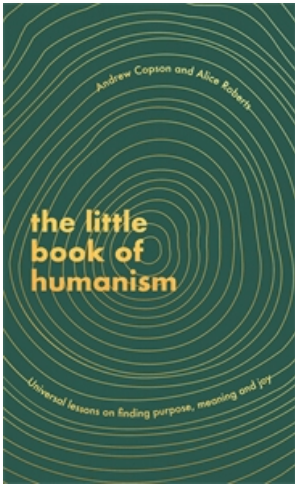
March 2021
Constable
Political Correctness
256pp

In 2013, Julie Burchill wrote a mischievous piece in the Observer in defence of her friend Suzanne Moore. Burchill hadn't anticipated the vitriolic reaction that her words would provoke. She was pursued by the outrage mob, and there were even calls in the House of Commons for her to be sacked. After that Burchill - now 'the dark star of Fleet Street' - was lucky to be to writing online blog pieces for the Spectator.

WELCOME TO THE WOKE TRIALS will be part-memoir and part-indictment of what happened to Burchill between then and now, as the regiments of the woke took over. It will also be a characteristically irreverent and entertaining analysis of the key elements of a continuing and disturbing phenomenon - all told with the common touch and rampant vulgarity that has made Burchill a household name.

Raised in a communist household and a lifelong Labour voter, Burchill also makes the case for a progressive future politics, a time when we see ourselves as a common humanity with similar hopes and dreams rather than a childish world of villains and victims. As she argues, the day we awake from our sleepwalking can't come too soon.

JULIE BURCHILL has been a published writer since the age of seventeen. She has written for numerous publications and twenty books, had a number one bestseller with her novel *Ambition* and won an International Emmy for the television adaptation of her novel *Sugar Rush*. Her play *People Like Us* enjoyed a sold-out run on the London fringe in 2018 and her musical *Hard Times* on Easy Street debuts at the Brighton Fringe Festival this May.



THE LITTLE BOOK OF HUMANISM

Andrew Copson and Alice Roberts

August 2020
Piatkus
Popular philosophy
256pp

ANDREW COPSON is the Chief Executive of Humanists UK and President of Humanists International. He has provided a humanist voice on many television and radio programmes and written on humanism for publications including the *Economist*, *New Statesman*, *Guardian*, *Prospect*, the *Times* and *Buzzfeed*. With AC Grayling, he edited the *Wiley Blackwell Handbook of Humanism* and his most recent book is *Secularism: A Very Short Introduction*. He has been the humanist contributor to many compendiums and anthologies of quotations such as *Wisdom for Life* and numerous resources for schools.

A SUNDAYTIMESBESTSELLER!

We all want to lead a happy life. Traditionally, when in need of guidance, comfort or inspiration, many people turn to religion. But there has been another way to learn how to live well - the humanist way - and in today's more secular world, it is more relevant than ever.

In THE LITTLE BOOK OF HUMANISM, Alice Roberts and Andrew Copson share over two thousand years of humanist wisdom through an uplifting collection of stories, quotes and meditations on how to live an ethical and fulfilling life, grounded in reason and humanity.

With universal insights and beautiful original illustrations, THE LITTLE BOOK OF HUMANISM is a perfect introduction to and a timeless anthology of humanist thought from some of history and today's greatest thinkers.

PROFESSOR ALICE ROBERTS is a writer, broadcaster, and President of Humanists UK. She is the bestselling author of eight popular science books including *Evolution: The Human Story*, *the Incredible Unlikelihood of Being and Tamed: Ten Species that Changed Our World*. Making her television debut on Time Team in 2001, she has become one of Britain's best-known broadcasters and has written and presented a huge range of television series for BBC2, BBC4 and Channel 4, including *The Incredible Human Journey*, *Origins of Us* and *Ice Age Giants*, and several *Horizon* programmes. Her humanist 'mini-sermons' on Twitter have been liked and shared many thousands of times.

Cover
coming
Soon



INVISIBLE TO
INVALUABLE

Jane Evans and
Carol Russell

March 2021
Piatkus
Entrepreneurship
208pp

We are the first generation of women who will live twice as long as our original biological purpose. Our grandmothers were only expected to live till they were seventy. We're expected to work till then. But we're not working. The pre-Covid world wasn't designed for a highly educated, resourceful and healthy cohort of wise women.

In eighteen short episodes, INVISIBLE TO INVALUABLE charts the bare-faced facts of the predicament of midlife women, but also showcases their power and their potential. It offers practical advice and suggestions for how we can solve problems, take advantage of opportunities and change the narrative for all of us.

JANE EVANS worked in advertising for thirty years before she founded the Uninvisibility Project, a movement and rallying cry to wake up the world to the plight and potential of midlife women - and to create opportunities for them. Jane has given keynotes at The Future Strategy Club, and Women In Media Australia, has been on panels at She Says and Funny Women and took centre stage at *Forbes Magazine's* TBD Conference in December 2019.

CAROL RUSSELL is a writer and actor whose work includes the screenplay *House Of Usher*, principle scriptwriter of *Comin' Atcha*, and the multi-award-winning, BAFTA-nominated drama series *Soon Gone: A Windrush Chronicle*, celebrating the seventieth anniversary of *The Windrush*, broadcast on BBC Four in 2019. Her monologue, *Horns Of A Dilemma*, was broadcast on BBC Radio 4's *Woman's Hour*.

Cover
coming
Soon



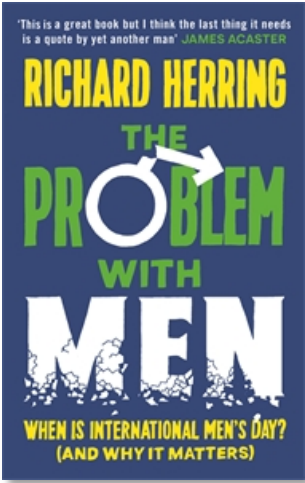
UNTITLED

Rick Gekoski

July 2021
Constable
History
304pp

J K Rowling's *Beadle the Bard* manuscript sold at Sotheby's in 2007 for £1,950,000. If it was worth that, how much is a first edition of *Harry Potter and the Philosopher's Stone*, extensively annotated and illustrated by JKR herself, going to fetch at the Sotheby's 2011 auction "First Editions, Second Thoughts" in which authors annotated their own books in aid of English PEN? Rick tells the story...

RICK GEKOSKI came from his native America to do a Ph.D at Oxford, and went on to teach English at the University of Warwick. In 1982, sick of lecturing, he decided to become a full-time rare book dealer, specialising in important twentieth-century first editions and manuscripts. He lives in London and spends time each year in Paris and New Zealand.



THE PROBLEM WITH MEN

Richard Herring

November 2020
Sphere
Humour
176pp

RICHARD HERRING has enjoyed phenomenal success as a writer and performer and is an innovator in the world of podcasts. Persistently placing in the Top 10 UK Comedy Podcast chart, Richard Herring's Leicester Square Theatre Podcast sees him interview top comedians in front of a live audience, with previous guests including Sir Michael Palin, Dawn French and Grayson Perry. He has written and appeared in a number of critically acclaimed plays, is a frequent guest on television panel shows, and regularly tours as a stand-up comedian.

The new book from writer and comedian, Richard Herring.

For almost a decade, Richard Herring has been answering sexist trolls on International Women's Day when they ask 'when is International Men's Day?' in the mistaken belief there isn't one.

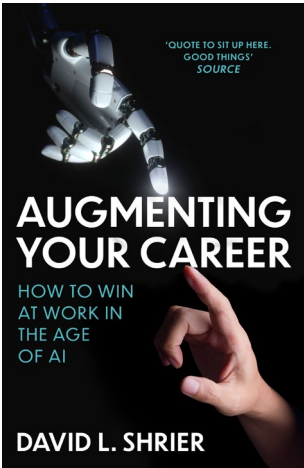
If only the trolls had learned to use Google they'd realise that there is an International Men's Day - it's on November 19th.

In **THE PROBLEM WITH MEN**, Herring expands on his Twitter discussions and tackles some of the big questions surrounding the problems of toxic masculinity - for women, but also for men - including:

- Should men fear feminism?
- Is society sexist against men?
- Could you win a point against Serena Williams?

spoiler The answer to all of these is no.

With Herring's signature humour and insight, **THE PROBLEM WITH MEN** is a book for anyone striving for an equal society, all year round.



AUGMENTING YOUR CAREER

David L. Shrier

February 2021
Piatkus
Business
304pp

Not final cover

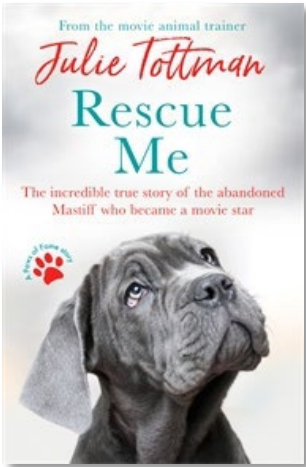
DAVID SHRIER is a top futurist, entrepreneur and lecturer at MIT (alongside his Associate Fellowship at the Said Business School, Oxford University). He spends most of his time in Boston and has a great reputation among American businesses, having helped to deliver, according to his bio, \$8.5 billion in growth opportunities as a consultant with firms including Ernst & Young, Disney and AOL Verizon.

Essential reading for anyone who wants to be relevant in the workforce of tomorrow.

Artificial intelligence is driving workforce disruption on a scale not seen since the Industrial Revolution. Automation was once associated with mass layoffs in heavy industry like auto and steel, but computers are getting smarter and are beginning to replace traditionally 'white collar' roles like law, consulting, banking and finance.

Yet some curious findings are emerging from the world's leading research labs. The combined intellect of people and machines working in harmony is able to achieve outcomes that are better than either can accomplish alone. Properly tuned AI systems can even help harness the power of the collective intelligence of an entire organisation or community to predict future events. This isn't science fiction; this is science fact the author personally helped discover. What are these new hybrid AI+people systems? What can specialised AI systems do to help you succeed in your career? How can you work most effectively with these machines?

Written by a practitioner who has worked with some of the largest companies in the world as well as some of the most innovative startups, **Augmenting Your Career** provides a rare window into a frontier area of computer science that will change everything about how you work and what your job will look like. Read this book and fast track your evolution to the knowledge worker of the future.



RESCUE ME

Julie Tottman

February 2021
Sphere
Animals & Pets
304pp

JULIE TOTTMAN has been rescuing and training animals for the movies for over twenty five years. Her credits include Game of Thrones, Harry Potter and 101 Dalmations among hundreds of others. She is a major advocate for animal welfare and feels very lucky to have her dream job.

Also available:

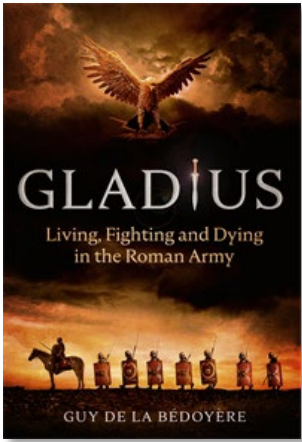


The second book in the Paws of Fame series.

Monkey is a young Neapolitan Mastiff; larger than life, full of energy and eager to please. But his human doesn't like him. He shouts at him all the time - Monkey doesn't know why - and he won't feed him. Monkey's so hungry his ribs are showing. Eventually his owner gives him away, saying Monkey is too aggressive, and Monkey finds himself in a rescue centre where he's cared for - but by people who are scared of him.

Meanwhile, up and coming animal trainer for the movies Julie Tottman is about to start filming *Harry Potter and the Goblet of Fire*, the fourth in the *Harry Potter* series, when crisis strikes: the dog playing Fang has dropped out. Julie needs to find a blue Neapolitan Mastiff to fill the part and fast. A big believer in rescuing dogs, she starts calling centres. As chance would have it, one in Northampton has a dog who might fit the bill - but he's supposed to be aggressive: too big a risk for a film set with children. But something tells Julie she should visit the dog first, just to be sure.

When she sees the gangly Monkey bounding over to her to say hello and looking up at her gently as she tickles his ears, she knows she has to take a chance on him. He needs feeding up, love, attention and something to put his energy into - and she can give him all those things. But with the film just around the corner, can Monkey become the movie star Julie is looking for? *Rescue Me* is the incredible true story of what a dog can do when someone believes in them.



GLADIUS

Guy de la Bédoyère

November 2020
Little, Brown
Ancient History
528pp

Rights sold:
Chinese (simplified) (Ginkgo)
Italian (Newton Compton)
Spanish (Pasado y Presente)
US (University of Chicago Press)

GUY DE LA BÉDOYÈRE has written a large number of books on the Roman world over the last thirty years, including *Domina: The Women Who Made Imperial Rome*, *Praetorian* and *The Real Lives of Roman Britain* for Yale University Press. He is well known to a wider audience because of the fifteen years he participated in Channel 4’s archaeology series *Time Team*. He has degrees from Durham, London and University College, and is a Fellow of the Society of Antiquaries. He has lectured in Britain and abroad, mainly Australia, and is an accredited lecturer of the Arts Society.

Titus Flaminius ... of Legion XIV Gemina, served as a soldier for twenty two years, and now here I am. Read this and be more or less lucky in your lifetime. - Tombstone of a legionary, found at Wroxeter, Britain. Mid-1st century AD

GLADIUS takes the reader right into the heart of what it meant to be a part of the Roman army: through the words of Roman historians and those of the men themselves; through their religious dedications, tombstones, and even private letters and graffiti. GLADIUS throws open a window on how the men, their wives and their children lived, from bleak frontier garrisons to guarding the emperor in Rome, enjoying a ringside seat to history fighting the emperors’ wars, mutinying over pay, marching in triumphs, throwing their weight around in city streets, and enjoying esteem in honourable retirement.

The Roman army reached its greatest extent and power in the age of the emperors, after developing in the last two centuries of the Republic. This is the main focus of GLADIUS. It was Augustus who formalized the Roman army and turned it into a permanent organization after his victory at Actium in 31 BC. It was the greatest fighting machine the ancient world produced. The Roman Empire depended on soldiers not just to win its wars, defend its frontiers and control the seas but also to act as the engine of the state. Roman legionaries and auxiliaries came from across the Roman world and beyond. They served as tax collectors, policemen, surveyors, civil engineers and, if they survived, in retirement as civic worthies, craftsmen and politicians. Some even rose to become emperors. GLADIUS takes the reader through all aspects of life in the Roman army from 31 BC to AD 337 (Augustus to Constantine) and goes way beyond the scope of soldiers and weapons.



STRATEGY AND THE SECOND WORLD WAR

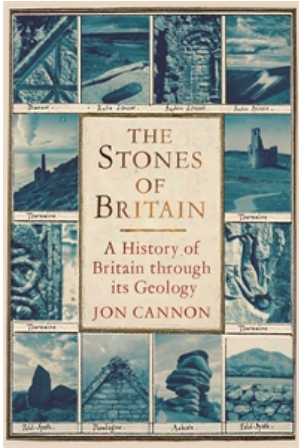
Jeremy Black

July 2021
Robinson
History
320pp

STRATEGY AND THE SECOND WORLD WAR is a short, concise study, suitable for the student and the armchair historian. It’s a work which is missing from the literature of World War II, and there is a particular need for it: 2019 marked the eightieth anniversary of the war in Europe, but 2021 marks the eightieth anniversary of the year when the war became international: Germany attacked the Soviet Union, Japan attacked the United States and invaded Manchuria in north-east China, and Germany declared war on the United States.

JEREMY BLACK is one of the UK's most respected and prolific historians. He is Professor of History at Exeter University and a renowned expert on the history of war. His recent books include *A BRIEF HISTORY OF ITALY* and *A BRIEF HISTORY OF SPAIN*. He appears regularly on TV and radio, including BBC Radio 4's *In Our Time*.

Rights in the *A BRIEF HISTORY OF....* series have sold in China, Czech Republic, Greece, Portugal, Russia and Turkey.



THE STONES OF BRITAIN

Jon Cannon

September 2021
Constable
Natural History
352pp

THE STONES OF BRITAIN is about how rocks make places. The connection between geology and landscape, between the stones beneath the surface and the history that has played out above it. About the varied character of the British landscape, and the rich variety of places that result.

The shattered granite landscape of Dartmoor is different from the soft red sandstone hills of east Devon; the rolling chalk downs distinct from the gritty moors of Yorkshire. Each of these landscapes has a different historical story to tell; that story is rooted in the characteristics of the rocks beneath the surface.

The Stones of Britain interprets these stories. It explains the nature of place on the island of Britain, revealing the landscape as the joint product of geology and man: a history rooted in stone.

JON CANNON wrote *Cathedral: The Great English Cathedrals and the World that Made Them* and other books. He also presented the BBC's *How to Build a Cathedral*. He lives with his family on the chalk downs of Wiltshire, from which he extols about place, sacredness and architecture.



THROUGH THE LOOKING GLASSES

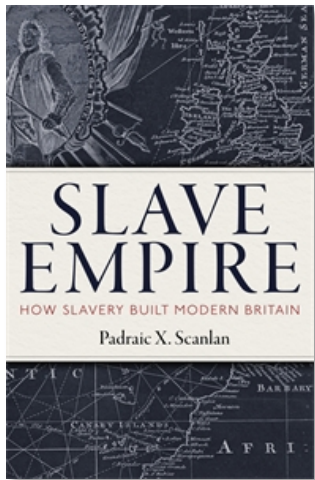
Travis Elborough

June 2021
Little, Brown
History
256pp

‘Everything was made for a purpose; everything is necessary for the fulfilment of that purpose. Observe that noses have been made for spectacles; therefore we have spectacles’ from Voltaire’s *Candide*.

With the broad appeal of books by the likes of Mark Kurlansky, Billy Bryson and Simon Garfield Travis Elborough uses a single, life-changing object to tell a much bigger story. Using personal observation, memoir, reportage, science, social history and cultural criticism, the book moves chronologically through the story of spectacles. The historical scope is wide, ranging from early theories about how the eye worked and theological and philosophical arguments about the limits of perception by Greek thinkers and Arab scholars, through to the ingeniousness of Italian glassmakers in the Medieval and Renaissance periods. There are appearances by the great and the good bespectacled men and women of yesteryear, running the gamut from the fictional Clark Kent in *Superman* to the authors Aldous Huxley, James Joyce, and Angela Carter, and including such actors and musicians such as Buddy Holly, Michael Caine, Dizzy Gillespie and John Lennon, and their lorgnettes, monocles, pince-nez, horn-rims, tortoise-shell ‘Oxfords’ and Ray Ban aviator shades. *Through the Looking Glasses* is about vision and the need for humanity to see clearly and where the impulse to improve of our eyesight has led us. The society of the spectacle may finally be upon us . . . but how much of it do we really see?

Acclaimed by the *Guardian* as ‘one of the UK’s finest pop culture historians,’ **TRAVIS ELBOROUGH** has been a writer, author and broadcaster for twenty years.



SLAVE EMPIRE

Padraic X.
Scanlan

November 2020
Robinson
History
448pp

The British empire, in sentimental myth, was more free, more just and more fair than its rivals; if other empires left their old colonies backward basket cases when their power waned, the British empire left railways, print culture and democracy. The claim that the British empire was ‘free’ and that, for all of its flaws and missteps, it offered promised liberty to all its subjects has always been a lie – the British empire was built on slavery.

Slave Empire puts enslaved people at the centre of the global web of colonies, territories, outposts, commercial projects and institutions that made up the British empire. The book explores the world of British slavery in intimate, human detail. Each chapter takes readers to a particular moment and place important to the history of British slavery – from the Jamaican bivouac of Oliver Cromwell’s New Model Army in 1655, to the secret meetings of enslaved revolutionaries in Barbados in 1816 – and builds outward, showing how slavery and the work of enslaved labourers were the sinews of the empire. With vivid original research and careful synthesis of innovative historical scholarship, Slave Empire shows that British freedom and British slavery were made together.

Dr **PADRAIC X. SCANLAN** is an historian of Britain and its relationship to the wider world, with a particular focus on histories of slavery, capitalism and emancipation from the early seventeenth to the mid-nineteenth centuries. His research centres on the practices and material history of the abolition of slavery and the slave trade, and the effects of abolition on the governance of Britain and the British empire. He is also broadly interested in the social and administrative histories of bureaucrats and bureaucracies, and in the history of everyday economic life.



SLAVERY IN THE AMERICAS

James Walvin

September 2021
Robinson
History
512pp

A significant new work on slavery in the Americas as an agent of global change, the culmination of the life’s work of respected historian of slavery James Walvin. It draws on the latest research to show the significance of the impact of slavery in the Americas on the entire world, from South America to China and from Scandinavia to Africa. Walvin also looks at the Americas as a whole rather than focusing more narrowly on North America.

Walvin explores the transformation of the world as a result of the global reach of the Atlantic slave system, from the Peruvian silver mined by slaves, which was so vital to the finances of imperial China, to the significance of Swedish iron, vital for shackles and firearms; also the development of regulated labour, bookkeeping and numerous other innovations. Walvin aims to shift the debate about slavery from its more narrowly focused interest on particular countries, to considering slavery as an agent of major global change. At one level – the stark demography of slavery – this is obvious enough: many millions of people of African descent now live in the Americas – their ancestors landed there, against their wishes, as slaves. Twelve million Africans were embarked; eleven million landed in the Americas. But that is merely the most striking of many global changes wrought by slavery.

JAMES WALVIN is the author of many books on slavery and modern social history. His book, *Crossings*, was published by Reaktion Books in 2013 and he is the author of *HOW SUGAR CORRUPTED THE WORLD: FROM SLAVERY TO OBESITY* (Robinson, 2017) and *FREEDOM: THE OVERTHROW OF THE SLAVE EMPIRES* (Robinson, 2019). He became a Fellow of the Royal Society of Literature in 2006, and in 2008 was awarded an OBE for services to scholarship.

Rights sold:
US (University of California Press)



CHAISE LONGUE

Baxter Dury

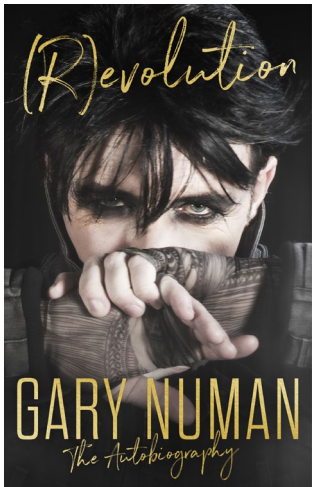
August 2021
 Corsair
 Memoirs
 288pp

This memoir is a coming of age story like no other.

When punk rock star Ian Dury disappeared to make films in the late eighties, he left his twelve year old son in the care of his roadie in a damp run down flat in Chiswick. But this was no ordinary rock and roll tour roadie; this was the Sulphate Strangler. The Strangler having taken a lot of LSD in the 60s was prone to depression, anger and hallucinations. He’d then gone on to gain notoriety in the 70s by working with Led Zeppelin – he undoubtedly presented a complex personality for a boy of twelve to grasp. Baxter’s story is of these formative years and the extraordinary relationship that developed between the two, in a bohemia and time that we can all but imagine now.

Told in the uncompromising tone found in Dury’s lyrics and filled with a brutal starkness that will draw comparisons to Viv Albertine’s Clothes, Clothes, Clothes, Boys, Boys, Boys, this book will be one the most talked about publications of 2020.

The *Guardian* said of Baxter Dury’s last album, Prince of Tears, ‘The songs are so good, the author’s parentage scarcely seems to matter.’ Dury said of the record himself, ‘The man singing and speaking it all is unreliable; he can't see the world properly. Its massively delusional, but because of that it's also emotionally true.’ The period described in this book was the genesis of the talent we witness today.



Not final cover

(R)EVOLUTION

Gary Numan

October 2020
 Constable
 Autobiography
 464pp

(R)evolution is Numan's long-awaited memoir; one that charts his two lives. The first: from growing up in west London, where he was expelled from school and beaten up daily for looking different, before discovering his first synthesiser and conquering the music world in rapid time; to the extravagance, the undiagnosed Asperger's and the slow decline of a career that faded into near obscurity. The second: a twenty-plus year renaissance, catalysed by the date with a super-fan, which has allowed Gary to rediscover his creativity, produce some of his best music and become the true Godfather of electro-pop.

This will be the story of one man, several dozen synthesisers, multiple issues and two desperately different lives.

GARY NUMAN is one of Britain's most important and respected musical artists. He has been lauded by everyone from Prince ('His album Replicas never left my turntable . . . There are people still trying to work out what a genius he was') through the Foo Fighters and Nine Inch Nails to Lady Gaga ('[He] proves music has always been really inventive for the masses').



BUNNYMAN: A MEMOIR

Will Sergeant

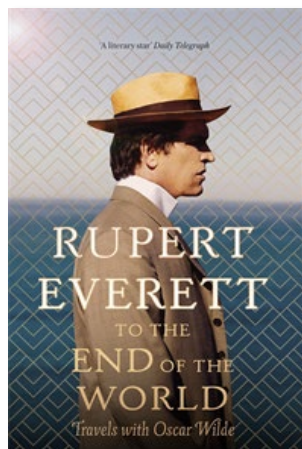
May 2021
Constable
Memoirs
336pp

Growing up in Liverpool in the 1960s and '70s, when skinheads, football violence and fear of just about everything was the natural order of things, a young Will Sergeant found the emerging punk scene provided a shimmer of hope amongst a crumbling city still reeling from the destruction of the Second World War.

From school-day horrors and mud flinging fun to nights at Liverpool's punk club, Eric's, where he saw the Sex Pistols, the Ramones, the Clash and Talking Heads, Sergeant was fuelled by and thrived on music. It was this devotion that led to the birth of the Bunnymen, to the days when he and Ian MacCulloch would muck around with reel-to-reel recordings of song ideas in the front room of his parents' council estate flat, and to finding a community - friends, enemies and many in between - with those who would become post-punk royalty from the likes of Dead or Alive, Frankie Goes to Hollywood and the Teardrops Explode to name a few.

It was an uphill struggle to carve their name in the history of Liverpool music, but Echo and the Bunnymen became iconic, with numerous gold records to their names, including 'Lips Like Sugar,' 'The Cutter' and 'The Killing Moon'. By turns wry, obscene and profound, Bunnyman reveals what it was really like to be part of one of the most important British bands of the 1980s.

WILL SERGEANT is a founding member of iconic rock band Echo & the Bunnymen. He has been cited as an influence for many bands and artists from around the world, including U2, Moby, Red Hot Chilli Peppers, Coldplay, Richard Hawley, Radiohead and many others.



TO THE END OF THE WORLD

Rupert Everett

October 2020
Little, Brown
Biography
352pp

RUPERT EVERETT first rose to fame in *Another Country*. Since then he has appeared in countless films and plays, including Shakespeare in Love, My Best Friend's Wedding, An Ideal Husband and The Importance of Being Earnest. He played Oscar Wilde in The Judas Kiss to rave reviews. His first memoir, *Red Carpets and Other Banana Skins*, was a Sunday Times bestseller. His second, *Vanished Years*, has also become a classic, and won the Sheridan Morley prize for best biography in 2013.

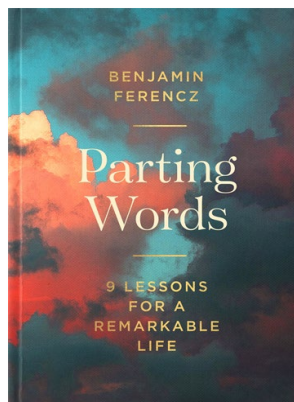
The brand-new memoir from award-winning writer and actor Rupert Everett.

They say that sometimes ghosts don't realize they're dead and wander around screaming because no one is paying them any attention. Well, in show business you may have been dead five years before you finally twig. You howl around the corridors of power while the elected march straight through. Then one day you catch yourself in a mirror and there is nothing looking back.

In his highly anticipated third memoir, Rupert Everett tells the story of how he set out to make a film of Oscar Wilde's last days, and how that ten-year quest almost destroyed him. (And everyone else.)

Travelling across Europe for the film, he weaves in extraordinary tales from his past, remembering wild times, freak encounters and lost friends. There are celebrities, of course. But we also meet glamorous, but doomed Aunt Peta, who introduces Rupert (aged three) to the joys of make-up. In 80s Paris, his great friend Lychee burns bright, and is gone. While in 70s London, a 'weirdly tall, beyond size zero' teenage Rupert is expelled from the Central School of Speech and Drama.

Unflinchingly honest and hugely entertaining, *TO THE END OF THE WORLD* offers a unique insight into the 'snakes and ladders' of film-making. It is also a soulful and thought-provoking autobiography from one of our best-loved and most talented actors and writers.



PARTING WORDS

Benjamin Ferencz

December 2020
Memoir
Sphere
160pp

Secrets to a happy life, from a Hungarian-born American centenarian who has done the most extraordinary things with his.

How many people do you know grew up as an immigrant in America during the Great Depression, won a scholarship to Harvard Law School, landed on the beaches of Normandy on D-Day, fought at the Battle of the Bulge, was present at the liberation of concentration camps including Buchenwald, Mauthausen and Flossenbürg, held leading Nazis to account at the Nuremberg trials and has fought for an International Criminal Court to hold war crimes to account the world over? Now you know one.

BENJAMIN FERENCZ turned 100 in 2020. In the century since he was born, he has witnessed more change, more history and more life than many of us can hope – or sometimes want – to see. He has been an immigrant, a poor boy, a rich man, a soldier, a liberator, a prosecutor, a defender, a change maker, a son, a brother, a husband, a father and many other things besides. He has had an utterly remarkable life, and with it has come a perspective on the world unlike anyone else's. In *PARTING WORDS*, Ferencz shares the extraordinary, humble and compelling lessons he's learned along the way, from the subjects of courage and ambition to love, liberty, happiness and fulfilment.

Rights sold:

Czech (Jota)
Dutch (Uitgeverij Unieboek)
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German (Heyne Verlag)
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Portuguese in Brazil (Editora Sextante)
Portuguese in Portugal (LeYa)
Russian (AST)
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Cover
coming
soon


sphere

A 20TH CENTURY SORT OF LIFE

Roderic Fenwick
Owen

August 2021
Sphere
Memoir
336pp

RODERIC FENWICK-OWEN (1920-2011), a relation of a jockey who won the Grand National, the founder of the National Trust, the High Sheriff of Lincolnshire and as many Dukes and Duchesses as you like, was at one time or another a travel writer, a beachcomber, a husband to a Polynesian princess, a painter, a court poet and a Royal Air Force veteran. He was at all times a romantic and never passed up on love, even if only for the night. He died shortly before his 90th birthday and left behind three Encyclopedia-sized volumes of memoirs, which have been abridged into the book **A 20TH CENTURY SORT OF LIFE**.

'I would be most unhappy to think that any part of this memoir should be cut on grounds of 'decency', for those bits are essential...'

So begins the lively true story of aristocrat and travel writer Roderic Fenwick-Owen. Born in 1920, Fenwick-Owen had an extraordinary life, which careered between some of the biggest moments in history and took him to the ends of the earth, meeting (and even living with) some of the 20th Century's most well-known people along the way, including Eisenhower, Jackson Pollock and Marlene Dietrich.

After eye-opening schoolboy exploits with his classmates Christopher Lee and Queen Elizabeth II's cousin (whilst his father ran away with the family's nanny), Roderic spent the 1930s trying to fit in at Eton and Oxford and getting into various mischief all the while. In the summer of 1939, he witnessed Nazi Germany when he went to stay with a friend, and only managed to get home the day before war broke out. He served first in the ambulance service in the north of England and then in air raid shelters during the Blitz, before joining the RAF and being stationed in Italy. In the years afterwards he travelled far and wide, was briefly married to a Tahitian princess and became the court poet to Sheikh Shakhbut in Abu Dhabi. Dripped throughout his life are his numerous and passionate love affairs with both men and women, and the effects the decriminalisation of the former had on his happiness.

A 20th CENTURY SORT OF LIFE is a marvellous obituary of an ever-changing and now lost world, that was frequently the best of times, and sometimes the worst.

Cover
coming
soon

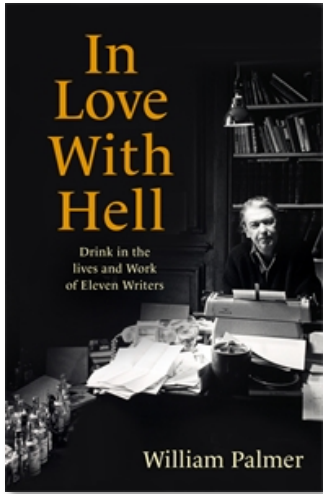

sphere

THE WEDDING HEARD 'ROUND THE WORLD

Michael
McConnell, Jack
Baker, Gail Langer
Karwoski

Summer 2021
Sphere
Autobiography
224pp

The story of Michael McConnell and Jack Baker, America's first legally married gay couple. They were married in Minneapolis in September 1971 in a small ceremony officiated by a Methodist minister, with an official license issued by a rural Minnesota county.



IN LOVE WITH HELL

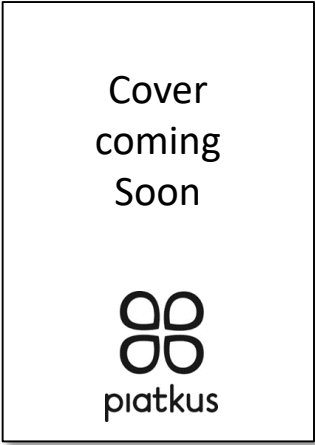
William Palmer

March 2021
Robinson
Biography
256pp

WILLIAM PALMER was born in 1945 and was educated at schools in England and Wales. During the 1960s and 70s he lived in London and the Midlands and worked at a bewildering variety of jobs. He began writing at the age of fifteen but only became a full-time writer in the mid-80s: his first novel, *The Good Republic*, was published by Secker & Warburg in 1990 and since then he has had eight books published. His latest novel, *The Devil is White*, was published by Jonathan Cape in early 2013. His latest full-length collection of poems, *The Water Steps*, came out from Rack Press in 2017.

A work of non-fiction about eleven writers, including Dylan Thomas, Kingsley Amis, Patrick Hamilton, Jean Rhys and Elizabeth Bishop, and drink in their lives and work.

Why do some writers destroy themselves by drinking alcohol? Before our health-conscious age it would be true to say that many writers drank what we now regard as excessive amounts. Graham Greene, for instance, drank on a daily basis quantities of spirits and wine and beer most doctors would consider as being dangerous to his health. But he was rarely out of control and lived with his considerable wits intact to the age of eighty-six. W. H. Auden drank the most of a bottle of spirits a day, but also worked hard and steadily every day until his death. Even T. S. Eliot, for all his pontifical demeanour, was extremely fond of gin and was once observed completely drunk on a London Tube station by a startled friend. These were not writers who are generally regarded as alcoholics. 'Alcoholic' is, in any case, a slippery word, as exemplified by Dylan Thomas's definition of an alcoholic as 'someone you dislike who drinks as much as you.' The word is still controversial and often misunderstood and misapplied. What acclaimed novelist and poet William Palmer's book is interested in is the effect that heavy drinking had on writers, how they lived with it and were sometimes destroyed by it, and how they described the whole private and social world of the drinker in their work.



THE LITTLE BOOK OF EARTH MAGIC

Sarah Bartlett

July 2021
Piatkus
Mind, Body & Spirit
256pp

Connect to the magic of the world around you for self-care, personal harmony and the wellbeing of the Earth.

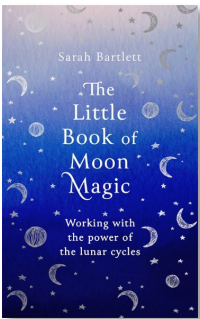
Nature is filled with hidden energies, such as the growth spirals of sunflowers, the electromagnetic spectrum of rainbows, the bio-energy of trees and the sound waves of thunder. Working with the magical energy of plants, animals, landscapes, sacred places, weather or skies, you will discover how to embrace the guardian witch inside you, empower your spirit and enrich soul.

The Little Book of Earth Magic also reveals how to recycle goodness and healing energy to the world around you by connecting to nature's powers. Use this knowledge to reanimate, vitalise and cherish our beautiful planet, and to make it a better place for all. You don't have to be in the countryside to engage with nature, the practices included in this book can be incorporated into urban living too.

Whether for recycling goodness, or enhancing wellbeing, The Little Book of Earth Magic is filled with simple practices to connect you to nature and nurture your soul.

SARAH BARTLETT is the author over many books, including THE LITTLE BOOK OF PRACTICAL MAGIC and the bestselling TAROT BIBLE. She has been the astrologer for the Evening Standard as well as many women's magazines such as Cosmopolitan and Spirit and Destiny. She contributes as astrologer to BBC Radio 2 and is one of the founding members of theastrologyroom.com where she provides both weekly content and a consultation service.

Also available:



FRIENDS

Robin Dunbar

March 2021
Little, Brown
Psychology
352pp

THE book on friends, our social lives and the meaning of friendship

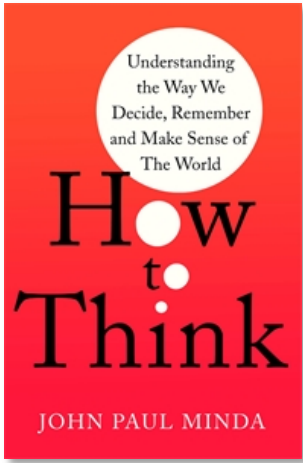
Friends matter to us, and they matter more than we think. The single most surprising fact to emerge out of the medical literature over the last decade or so has been that the number and quality of the friendships we have has a bigger influence on our happiness, health and even mortality risk than anything else except giving up smoking.

Robin Dunbar is the world-renowned psychologist and author who famously discovered 'Dunbar's number': how our capacity for friendship is limited to around one hundred and fifty people. In FRIENDS, he looks at friendship in the round, at the way different types of friendship and family relationships intersect, or at the complex of psychological and behavioural mechanisms that underpin friendships and make them possible – and just how complicated the business of making and keeping friends actually is. Mixing insights from scientific research with first person experiences and culture, FRIENDS explores and integrates knowledge from disciplines ranging from psychology and anthropology to neuroscience and genetics in a single magical weave that allows us to peer into an incredible social world. Working at the coalface of the subject at both research and personal levels, Robin Dunbar has written the definitive book on how and why we are friends.

Not final cover

Rights sold:
Italian (Einaudi)
Korean (Across Publishing Co.)
Polish (Copernicus Center Press)

ROBIN DUNBAR is an evolutionary psychologist and former director of the Institute of Cognitive and Evolutionary Anthropology in the in the Department of Experimental Psychology at Oxford University. His acclaimed books include How Many Friends Does One Person Need? and Grooming, Gossip and the Evolution of Language, described by Malcolm Gladwell as "a marvellous work of popular science."



HOW TO THINK

John Paul Minda

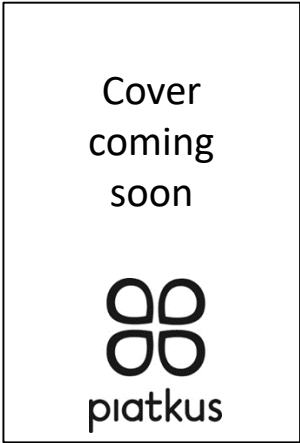
April 2021
Robinson
Psychology
336pp

Rights sold:
Chinese (simplified) (Beijing Huaxia Winshare Books Co.Ltd.)
Korean (Woongjin Think Big Co.)

This book will get you thinking about thinking. We understand more about the brain than ever before, and we also have more tools than ever before to help us think. This book will show you how your brain works, how your mind works, why we all make certain mistakes in thinking, and why that’s not always a bad thing

In order to understand how people behave, you need to understand how people think. And if you want to understand how people think, you need to have a basic understanding of cognitive psychology, cognitive science and cognitive neuroscience. This book explains cognition and the links between the brain, the mind and behaviour in a clear and straightforward way. Through interesting case studies and research examples, Minda shows how the brain is involved in mental activity, how memory works, how language affects thought, how good (and bad) decisions are made, and why we make predictable errors in our thinking. With practical applications for everyday life, this a book that helps us become better thinkers, better learners and better problem-solvers. In the current era of big data, algorithms and AI, Minda argues that knowing about how humans think—how you think—is more important than ever before.

JOHN PAUL MINDA is a professor of psychology at the University of Western Ontario, Canada. He has been studying the mind and brain for over twenty years and has written extensively on the topic of how people think. He is the author of the textbook *The Psychology of Thinking*.



TEACH YOURSELF TO SLEEP

Kate Mikhail

June 2021
Piatkus
Sleep
272pp

A personal and practical book about getting more sleep by ex-insomniac Kate Mikhail. It will help readers upgrade their sleep, health and wellbeing, while taking a cutting-edge, 360 degree look at sleep, and everything in our life that influences it.

TEACH YOURSELF TO SLEEP will translate cutting-edge science, from the world of medicine, behavioural science and NASA, into proactive techniques that readers can use to transform the quality of their sleep and their lives. How can readers dismantle habits of thought, emotion and behaviour that are standing in their way? How is it possible that the tiniest self-talk can get dramatic physical, emotional and behavioural results? How can cultural suggestion make us succeed or fail? How can the reader rewire their mind, body, and behaviour so that it works for them?

TEACH YOURSELF TO SLEEP will do what no other sleep book is doing. It will show readers how they can tune in to their body and mind to shift their cellular make-up, bend reality in their favour, hack their habits, alter their chemicals and their emotions, tame their imagination and re-write sleep patterns.



HOW TO BEAT AGORAPHOBIA

Pamela Myles-Hooton

September 2021
Robinson
Psychology
208pp

A concise guide to overcoming agoraphobia.

This series of self-help titles is the first to be created specifically with brief courses of low intensity therapy in mind, and all titles follow an evidence-based Cognitive Behavioural Therapy (CBT) approach which is the treatment of choice for depression and anxiety disorders. They are written by authors with considerable experience in the field of CBT self-help research, training and clinical practice.

This book is the perfect resource for helping you beat agoraphobia, either by yourself or with the support of a clinician. It is written in a friendly, engaging (and jargon-free!) style and encourages interactive reading through tables, illustrations and worksheets. Real-life case studies illustrate the use of the therapy and demonstrate how you can gradually overcome your fear of the outside and open spaces. This book will help you to understand your phobia and face your fears through graded exposure therapy.

PAMELA MYLES-HOOTON is Deputy Director of the Charlie Waller Institute, University of Reading. She develops and convenes a range of training programmes, some of which form part of the Government-funded Improving Access to Psychological Therapies project including the training of High Intensity Therapists and Psychological Wellbeing Practitioners, and the national Children and Young People's Mental Health trainings, including: Cognitive Behavioural Therapy and Parent Training routes; wellbeing practitioners, education mental health practitioners, supervision and leadership. She is the recipient of the University of Reading Teaching and Learning Team Award. Pam also sits on the Scientific Committee for the British Association for Behavioural and Cognitive Psychotherapies.



SUPER SURVIVORS

Janina Scarlet

February 2021
Robinson
Self-Help
208pp

How do we survive when it feels like our world has ended?

This interactive book is for anyone that has experienced trauma and feels the after-effects of fear, panic, worry, anxiety, anger or depression.

You will join a group of other survivors who have lived through extraordinary times and situations, including a doctor who saw many patients die in a pandemic, a firefighter who feels weak for developing anxiety after a major tragedy, a parent who lost a child in a school shooting, and others affected by a global health crisis and trauma in differing ways.

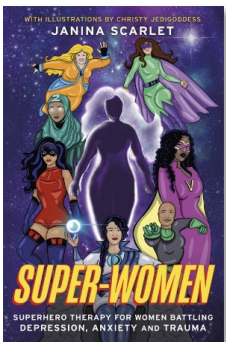
This self-help manual is based on the techniques of Superhero Therapy and Acceptance and Commitment Therapy and will teach you the skills of acceptance, mindfulness, self-compassion, sense of purpose and commitment to action, as well as helping you to develop your own survivor story.

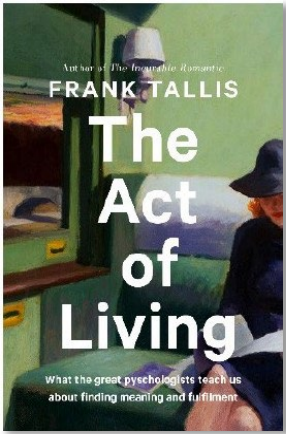
The first book of its kind to help us deal with the realities and mental health impact of a world emerging from the unprecedented effects of COVID-19, as well as other natural disasters and violence.

JANINA SCARLET is a licensed clinical psychologist in San Diego, USA, and is the pioneering creator of 'superhero therapy', which embraces examples from geek culture and encourages you to find your inner superhero.

Option publishers
US (New Harbinger)

Also available:





THE ACT OF LIVING

Frank Tallis

January 2021
Little, Brown
Psychology
352pp

Option publishers
Bulgarian (CoLibri)
German (btb Verlag)
Korean (ACROSS Publishing Co.)
Lithuanian (Vaga)
Portuguese (Lua de Papel)
Russian (AST)
Serbian (Vulkan)
Spanish (Principal de los Livros)
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Dutch (Atlas Contact)
Slovak (ARThur s. r. o.)
US (Basic Books)

Science, technology and western liberal democracy have all had a dramatic impact on our quality of life. Compared to previous generations, we have unprecedented access to information, increased personal freedom, more material comforts, more possessions, and greater life expectancy. Yet, a very significant number of people are depressed, anxious, or complain of being unfulfilled. Mental health statistics have never been worse.

The goals of psychotherapy are not so very different from the goals of everyday life. People want to be happy and optimise outcomes. Within the context of the clinic, this is best achieved by focusing on, and eventually removing, symptoms; however, the models developed by psychotherapists have a far broader range of application. Freud used psychoanalysis primarily to treat his patients, but he also used it to explain aspects of civilisation, society, art, literature and the supernatural. As such, the theories and ideas that have arisen out of psychotherapy represent something of an undervalued resource. They are highly instructive and can illuminate many subjects - among them, the question of how to live. It is remarkable how the models of mind and behaviour arising from the practice of psychotherapy have had such little cultural impact. Shelves sag with self-help books, but most of these relate to specific problems and they do not address the broader challenges of the human condition. Yet, implicit in every model of mind are recommendations for life.

THE ACT OF LIVING treats psychotherapy as a single, cohesive philosophical tradition. It synthesises the thinking of the principal figures in the history of psychotherapy (e.g. Freud, Jung, Adler, Frankl, Rogers, Fromm, Ellis and Laing) with a view to providing the reader with a practical guide to optimal living.



HOW TO SURVIVE LOSING A LOVED ONE

Karen Jackson
Taylor and
Christine Pearson

February 2021
Robinson
Coping with death
352pp

KAREN JACKSON TAYLOR is a widow, whose husband drowned. She is trained in bereavement counselling and was active, until the death of her husband. She has a DPhil in the management of teams. Her thesis formed the basis of her book, *The Power of Difference*, published in 2008 (Management Books, 2000), which she wrote under her professional name of Karen Jackson.

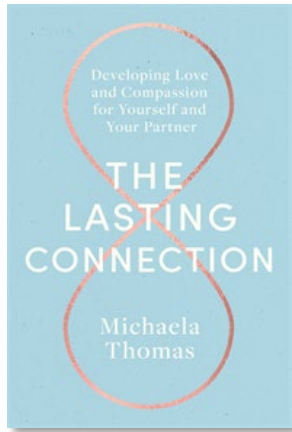
CHRISTINE PEARSON is a psychotherapist with sixteen years' clinical experience, having worked at London Metropolitan University, Woman's Trust Charity and The Counselling Partnership in Surrey. She is currently in private practice in South West London.

A practical, empowering guide to navigating your partner's diagnosis of a terminal or life-limiting illness, or death.

Receiving the news that your partner has a terminal or life-limiting illness, or has died unexpectedly, is among the worst experiences in life. At a time when you are least able to cope, you are faced with a multitude of difficult decisions, some of which must be made quickly. What you need is a friend who has experienced everything you are about to face and who can support you as you navigate some tough, important choices.

This book is that friend. It helps you access the information you need and sort the decisions that must be made immediately from those that can be left until later. The authors present almost every choice you may need to make and the possible implications of each decision. You will learn:

- The importance of creating a will, arranging power of attorney, organising advanced decisions of treatment, and even getting married or entering a civil partnership
- What you are entitled to from the state, the NHS and your employer
- How to stabilise your finances and prepare to run a household alone
- Where your partner ought to be during treatment and/or palliative care, and how to go about achieving this
- What needs to be done after death, from planning the funeral to accessing your partner's estate
- How to navigate the grieving process and take control of a happy future



THE LASTING CONNECTION

Michaela Thomas

January 2021
Robinson
Self-Help
272pp

Have you ever said the words 'what is wrong with you?' to your partner? Do you struggle against feelings of anger, fear or upset, wishing it away? Do you beat yourself up or blame yourself or your partner when things go wrong? Are you scared of being left, rejected, criticised or all alone? Do you find it hard to tolerate the bad parts of your relationship, the 'worse' in 'for better, for worse'? Do you find that you miss the good bits you used to have?

You're not alone - we all struggle in our relationships, and in our lives. This book explains why we act in ways which we may regret in relationships, how we can make sense of them by developing compassion for ourselves and our partners, so we can connect on a deeper level. Using Compassionate Mind Training, we can become sensitive to our own suffering and that of our partner's, so we can help alleviate it.

The book will include information based on what we know about the science and art of love; neuroscience about connection and how our brains work; the physiology behind the mind and body connection relevant to couples (e.g. touch and closeness), and about changing behavioural habits sustainably. The Lasting Connection builds on the bestselling successes The Compassionate Mind (over 120,000 copies sold) and The Compassionate Mind Workbook (over 10,000 copies sold), which have sold rights in many territories.

MICHAELA THOMAS is a clinical psychologist and couples' therapist with many years' experience in the NHS and private practice.



LIVING WELL THROUGH THE MENOPAUSE

Myra Hunter & Melanie Smith

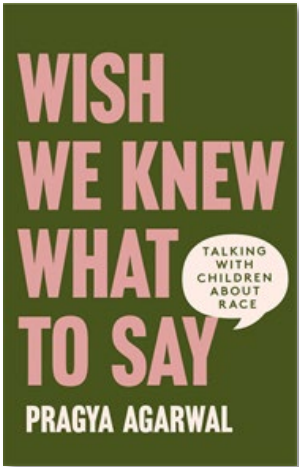
February 2021
Robinson
Women's Health
160pp

An essential book to help women to live well through the menopause and to cope effectively with menopausal symptoms, using a Cognitive Behavioural Therapy (CBT) approach.

Living Well Through the Menopause is based on a wealth of research, including randomised controlled trials of the MENOS intervention with over one thousand women, that has demonstrated the effectiveness of this approach specifically for menopausal symptoms - hot flushes, night sweats and also their impact on daily life. Cognitive Behavioural Therapy is proven as an effective alternative for women who do not want or are unable to use hormone therapy (HT).

MYRA HUNTER is Emeritus Professor of clinical health psychology with King's College London. She has published over two hundred journal articles and eight books and her research on menopause has established her as an international expert in the field. She was expert psychology advisor for the NICE guidance on menopause, 2015. Her recent work includes developing and trialling a cognitive behavioural intervention for hot flushes and night sweats, as well as conducting a study - MENOS@work - that aims to improve the experience of menopause for working women.

DR MELANIE SMITH is a clinical psychologist working in the NHS and private practice. She has specialised in working with people with long term health conditions with particular interests in menopause and chronic pain. She was lead therapist on the MENOS trials and provides training in CBT for menopause symptoms for health professionals in conjunction with the British Menopause Society, as well as continuing to work with women in group and 1:1 settings in private practice.



WISH WE KNEW WHAT TO SAY

Dr Pragya Agarwal

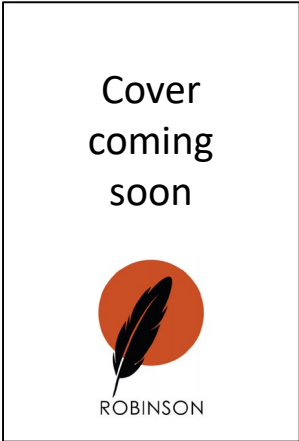
October 2020
Dialogue
Parenting
208pp

Dr Pragya Agarwal is a behavioural and data scientist, and a freelance journalist. As a Senior Academic in US and UK universities, she has held the prestigious Leverhulme Fellowship, following a PhD from the University of Nottingham. Pragya is the author of *SWAY: Unravelling Unconscious Bias*. As a freelance journalist, her writing has appeared in the *Guardian*, *Independent*, *BMJ*, *Times Higher Education*, *Huffington Post*, *Prospect*, *Forbes*, and many more.

We want our children to thrive and flourish in a diverse, multi-cultural world and we owe it to them to help them make sense of the confusing and emotionally charged messages they receive about themselves and others. These early years are the most crucial when children are curious about the world around them, but are also quick to form stereotypes and biases that can become deeply ingrained as they grow older. These are the people who are going to inherit this world, and we owe it to them to lay a strong foundation for the next phases of their lives.

WISH WE KNEW WHAT TO SAY is a timely and urgent book that gives scenarios, questions, thought starters, resources and advice in a common-sensical manner on how to tackle tricky conversations around race and racism with confidence and awareness. It brings in the science of how children perceive race and form racial identity, combining it with personal stories and experiences to create a handy guide that every parent would refer to again and again.

Written by behavioural and data scientist, **DR PRAGYA AGARWAL**, *WISH WE KNEW WHAT TO SAY* will help all parents, carers and educators give children the tools and vocabulary to talk about people's differences and similarities in an open, non-judgemental, curious way, and help them address any unfairness they might see or encounter.



CHANGING OUR MINDS

Dr Naomi Fisher

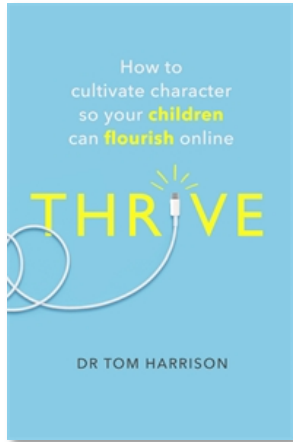
February 2021
Robinson
Parenting
304pp

Children are born full of curiosity, eager to participate in the world. They learn as they live, with enthusiasm and joy. Then we send them to school. We stop them from playing and actively exploring their interests, telling them it's more important to sit still and listen. The result is that for many children, their motivation to learn drops dramatically. The joy of the early years is replaced with apathy and anxiety.

This is not inevitable. We are socialised to believe that schooling is synonymous with education, but it's only one approach. Self-directed education puts the child back in control of their learning. This enables children, including those diagnosed with special educational needs, to flourish in their own time and on their own terms. It enables us to put wellbeing at the centre of education.

CHANGING OUR MINDS brings together research, theory and practice on learning. It includes interviews with influential thinkers in the field of self-directed education and examples from families alongside practical advice. This essential guide will give you an understanding of why self-directed education makes sense, how it works, and what to do to put it into action yourself.

DR NAOMI FISHER is a clinical psychologist and EMDR consultant specialising in responses to trauma. She works with adults and children, including those with diagnoses of special educational needs. She has a PhD in Autism. She has hands-on experience raising two children as self-directed learners. Her writing has featured in *The Psychologist*, *Tipping Points*, *The Green Parent*, *SEN Magazine*, *Juno* and more.



THRIVE

Dr Tom Harrison

January 2021
Robinson
Parenting
272pp

A must-read for parents and educators who want to help children not just survive but thrive online

This is the first practical book of its kind to show parents and teachers how to develop character as the foundation for helping young people to thrive in their online interactions. It answers the question: How do we prepare our children to do the right thing when no one is watching?

Based on his own experience as a parent, more than a decade of research and thousands of conversations with parents, teachers, children and policymakers, the REACT and THRIVE models have been developed to engage with character, wellbeing, social and emotional learning, ethics and digital citizenship - all the ingredients for flourishing online.

The world is waking up to the importance of character for individual and wider societal flourishing. Harrison is at the forefront of this movement and is regularly invited to advise policymakers and thousand of teachers and parents around the world.

DR TOM HARRISON is a Reader in Character Education Pedagogy and Practice and Director of Education for the Jubilee Centre. His specialist interests are character education and virtue ethics, character, wisdom and the Internet, youth social action and citizenship education. He has published extensively in these areas as well as developing resources and training programmes for schools, voluntary sector and other organisations. He is regularly invited to speak on the topic to audiences around the world.



BETWEEN

Sarah Ockwell-Smith

March 2021
Piatkus
Parenting
272pp

How to understand, support and guide your child through the tween years (8-13)

BETWEEN will be a modern look at parenting a child from 8-13 years of age - also known as 'tweenagers'. The book will consider all the issues faced by parents and tweens today, with a focus on the biology, neurology, psychology and sociology of adolescence as well as plenty of practical parenting advice for common everyday situations.

SARAH OCKWELL-SMITH is the mother of four children. She has a BSc in Psychology and worked for several years in Pharmaceutical Research and Development. Following the birth of her first child, Sarah re-trained as a Paediatric Homeopath, Antenatal Teacher and Birth and Postnatal Doula. She has also undertaken training in Baby Massage, Hypnotherapy and Psychotherapy. Sarah specialises in gentle parenting methods and is co-founder of the GentleParenting website (www.gentleparenting.co.uk). Sarah writes a parenting blog (www.sarahockwell-smith.com) which is read by three million parents per year.

Cover
coming
soon



THERE'S NO SUCH THING AS NAUGHTY

Kate Silverton

April 2021
Piatkus
Parenting
272pp

There has never been a more essential time for the definitive book on parenting our 0-5 year-olds. This practical guide, from BBC broadcaster, children's counsellor and mother of two Kate Silverton is rooted in the latest research into the science of child brain development. By understanding their child's developmental stages, parents will come to realise that there is no such thing as 'naughty' in the traditional sense and will be equipped to react in the best way to their child's behaviour.

Kate will show the reader:

- The secret to stopping a temper tantrum in seconds
- How parents can 'build' their children's brains
- How to rescue the relationship between time-poor parents and compromised kids
- Tips and tricks - from 'CODE REDs' to 'Stop S.N.O.T' - that will transform the way you parent

This engaging, authentic, authoritative and fun parenting guide puts children at the heart of every page and demystifies parenting for readers of any background or circumstance. THERE'S NO SUCH THING AS NAUGHTY sets out to hold the hand of any parent who feels they may have lost their way, or any parent who is just starting out.

In twenty five years as a journalist for the BBC, **KATE SILVERTON** has become a much loved fixture of British television as a news broadcaster and journalist, currently presenting the One, Six and Ten o'clock national news bulletins as well as on BBC Radio 4.

For the past decade Kate has worked closely with leading children's mental health charities the Anna Freud National Centre for Children and Families, The Maudsley Foundation Trust and Place2Be. It is with the charity Place2Be that she is training to become a children's counsellor and, in due course, will go on to qualify as a full child and adult psychotherapist.

A BRIEF HISTORY OF...

Jeremy Black

Robinson
History
288pp

Despite being relatively brief, these absorbing histories cover environmental, political, social, economic, cultural and artistic elements of their respective countries or regions. The tone is supported by boxes providing supplemental information, and these books are perfect for travellers to these countries, or anyone keen to learn more about their history.

Rights in this series have sold in China, Czech Republic, Greece, Portugal, Russia and Turkey.

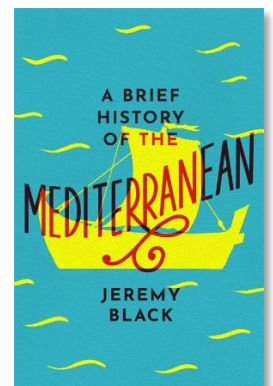
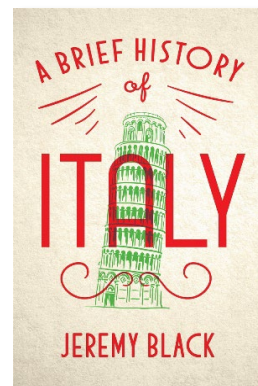
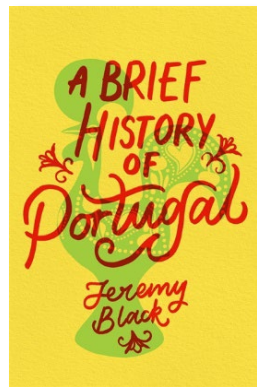
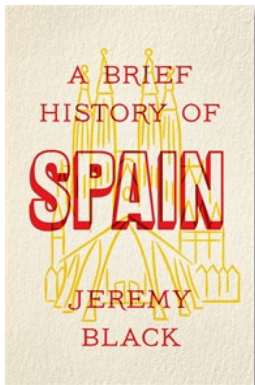
Titles coming soon:

A BRIEF HISTORY OF THE CARIBBEAN (July 2021)

A BRIEF HISTORY OF GERMANY (April 2022)

A BRIEF HISTORY OF THE ATLANTIC (June 2022)

Previous titles include:



JEREMY BLACK is one of the UK's most respected and prolific historians. He is Professor of History at Exeter University and a renowned expert on the history of war. His recent books include *A BRIEF HISTORY OF ITALY* and *The World of James Bond*, which offers a historian's perspective on the Bond novels and films. He appears regularly on TV and radio, including BBC Radio 4's *In Our Time*.

OVERCOMING...

Various Authors

The Overcoming Series is a perennially popular series of psychology books. All use CBT (Cognitive Behavioural Therapy) techniques to treat long-standing and disabling conditions. Titles in the series are always in print, and constantly revised and updated. Fifteen of them have been adopted by the Books on Prescription programme - the UK Department of Health's list of books for doctors, nurses, medical and psychiatric practitioners to recommend to their patients, and indeed for such practitioners to develop their own knowledge. All titles are written by prominent professional experts in their fields.

Books in the series have been translated into many languages, including: Chinese (simplified), Czech, Estonian, French, Hebrew, Japanese, Lithuanian, Norwegian, Polish and Turkish.



Titles in the series:

- OVERCOMING PERFECTIONISM
- OVERCOMING ANOREXIA NERVOSA
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- OVERCOMING CHRONIC FATIGUE
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- OVERCOMING ALCOHOL MISUSE
- OVERCOMING OBSESSIVE-COMPULSIVE DISORDER

- HELPING YOUR CHILD WITH A PHYSICAL HEALTH CONDITION
- HELPING YOUR CHILD WITH FEARS AND WORRIES
- HELPING YOUR CHILD WITH FRIENDSHIP PROBLEMS AND BULLYING
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- HELPING YOUR CHILD WITH LOSS, CHANGE AND TRAUMA

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- HOW TO BEAT FEARS AND PHOBIAS
- HOW TO BEAT DEPRESSION
- HOW TO BEAT FEARS INSOMNIA AND SLEEP PROBLEMS
- HOW TO BEAT PANIC DISORDER
- HOW TO BEAT WORRY AND GENERALISED ANXIETY DISORDERS



THE KINDNESS WORKBOOK

Elaine
Beaumont &
Mary Welford

November 2020
Robinson
Psychology
304pp

DR ELAINE BEAUMONT is a psychotherapist and lecturer in counselling and psychotherapy at the University of Salford. She works with a range of organisations and charities primarily working with young people who have experienced trauma. Elaine provides workshops regarding mental health and wellbeing for a variety of organisations and her research has been presented worldwide.

DR MARY WELFORD is a consultant clinical psychologist who has held senior positions for the BABCP and Compassionate Mind Foundation. She currently works with a range of UK based schools and heads up Care to Achieve, promoting the aims of educational settings via improvements to staff, student and parental wellbeing.

Growing up is a juggling act. Our bodies and hormones change, usually at the same time as important decisions about our future need to be made. We often put extra pressure on ourselves, compare ourselves unfavourably to others and excessively worry about what other people think. Add in exams, interviews, relationships, social media, peer pressure, celebrity culture and everyday stressors, and it's no wonder our wellbeing can take a nosedive.

The Kindness Workbook is a modern-day guide to help people navigate such complex times and combines amazing ideas and practices from a variety of therapies including: Acceptance and Commitment Therapy, Cognitive Behavioural Therapy, Compassion Focused Therapy, Counselling and Expressive Therapy.

Using creative exercises, examples and prompts, The Kindness Workbook teaches the skills of problem-solving using guided imagery, mindfulness, mind maps, vision boards, letter-writing, music, physical activity, drama and art. It has a number of icons to help signpost different sections and has eye-catching illustrations and worksheets, all of which aim to give your wellbeing a boost.

A must-have book for young people and anyone working with young people to enhance wellbeing. Your kindness journey starts right here. So, it's time to become your own best friend, instead of your own worst enemy.



THE SHYNESS WORKBOOK

Lynne
Henderson

November 2021
Robinson
Psychology
320pp

Brazil

Tassy Barham
Tassy Barham Associates
23 Elgin Crescent
London W11 2JD
United Kingdom
T: +44 (0)7949 096597
tassy@tassybarham.com

Bulgaria

Katalina Sabeva
62 G.M. Dimitrov Blvd./ Suite 20
Anthea Literary Agency
P.O. Box 16
Sofia 1172
Bulgaria
T: 39 2 986 3581
katalina@antheairights.com

Mainland China

Lily Chen
Big Apple Agency Inc
Zhongshan Bei Road, No. 838, 3/F
Zhabei District
Shanghai 200070
PR China
T: 8621 6658 0055
lily-shanghai@bigapple-china.com

Czech Republic

Kristin Olson
Kristin Olson Literary Agency
Klimentska 24
110 00 Prague 1
Czech Republic
T: +440 222 582 042
kristin.olson@litag.cz

Hungary

Orsi Mészáros
Kátai & Bolza Literary Agents
H-1056 Budapest
Szerb u. 17-19.
Hungary
T: +36 1 456 0313
orsi@kataibolza.hu

Japan

Non-exclusive representation

Korea

Non-exclusive representation

Poland

Łukasz Wróbel
Graal Limited
Ul. Pruszkowska 29
02-119 Warszawa
Poland
T: 4822 895 2000
lukasz@graal.com.pl

Romania

Simona Kessler
International Copyright Agency
Sr. Banul Antonache 37
011663 Bucharest 1
Romania
T: 40 21 231 8150
office@kessler-agency.ro

Russia

Sergei Cheredov
Nova Littera Ltd
Serafinovicha Street, 2
P.O. Box 11
119072 Moscow
Russia
T: 007 909 630 0707
pravaru@gmail.com

Serbia

Milena Kaplarevic
Prava I Prevodi
Yu-Business Centre
Blvd. Mihaila Pupina 10B/I
11070 Belgrade
Serbia & Montenegro
T: 38 111 3016141
milena@pravaiprevodi.org

Taiwan

Vincent Lin
Big Apple Agency Inc
5F.4, No. 102, Dunhua South Rd.,
Songsan District.,
Taipei City 10557
Taiwan
T: 886 2 8771 4611 ext.103
Vincent-lin@bigapple1-taipei.com

Thailand and Indonesia

Erica Zhang
Big Apple Agency Inc
Zhongshan Bei Road, No. 838, 3/F
Zhabei District
Shanghai 200070
PR China
T: 8621 6658 0055
erica-zhang@bigapple-china.com

Turkey

Filiz Karaman
Nurcihan Kesim Agency
Esentepe Mah
Milangaz Cad, No: 77 A1 Blok
Kat: 23D: 128 Dumankaya Vizyon
34870 Kartal-İstanbul
Turkey
filiz@nurcihankesim.com

CARMELITE HOUSE
50 VICTORIA EMBANKMENT
LONDON
EC4y 0DZ
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