JOHN MURRAY PRESS

SPRING 2021





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JOHN MURRAY



THIS BOOK COULD FIX YOUR LIFE

The Science of Self Help

Helen Thomson & New Scientist



'Helen Thomson is the science teacher you wish you'd had at school' *The Times*

Helen Thomson has zero desire to become a lifestyle guru, she just wants to help us understand the often surprising truths behind meditation, resilience, addiction, willpower, love, good sleep, CBT, success, dieting, antidepressants, intelligence and much, much more.

- How to boost your IQ
- The science of successful dating
- · How to break bad habits
- · How to get a good night's sleep
- · How to win friends and influence people

Full of fascinating evidence-based advice pulled from the latest research, and packed with experiments you can try on yourself (including one guaranteed to lift your mood), this book really could help fix your life.

ABOUT THE AUTHOR

Since 1956, *New Scientist* has established a world-beating reputation for exploring the latest developments and discoveries in science and technology. Each week *New Scientist* reaches over 5,000,000 highly engaged readers around the world. Helen Thomson is an award-winning writer and author of the acclaimed *Unthinkable: An Extraordinary Journey Through the World's Strangest Brains*.

Author lives in London. Author is available for: interview, features, festival appearances, local events.

978 1 529 31136 5 • £14.99 Demy Trade Paperback • 336pp eBook: 978 1 529 31142 6 • £14.99 Audio download: 978 1 529 31137 2 • £19.99 Most recent title: THIS BOOK COULD SAVE YOUR LIFE Exclusive territories: World ex USA, Can US Rights: Nicholas Brealey US Publishing Translation Rights: John Murray Press Serial Rights: John Murray Press

Publicity contact: Yassine Belkacemi Sample spreads available on request



CHANGE

How New Ideas Take Off and Take Hold Damon Centola



'A remarkable and important guide to effecting change in our individual lives, businesses, societies – and beyond' Jonah Berger, bestselling author of *Contagious*

- How did movements like the Arab Spring and Black Lives Matter take off when they did?
- How did Lord Kitchener recruit 2,000,000 volunteers at the start of World War I?
- Why did Twitter take hold while Google+ has failed?
- What surprising lessons can we learn from Covid-19?

This is a book about how lasting change *really* happens: how ideas not only spread, but are adopted, and how moments are transformed into movements.

ABOUT THE AUTHOR

Professor Damon Centola is Director of the Network Dynamics Group at the University of Pennsylvania. He has also worked at M.I.T. and Harvard. He has won many awards for his groundbreaking research. His speaking and consulting clients include Amazon, Microsoft, Apple, Cigna, the Smithsonian, the American Heart Association, the National Academies, the U.S. Army and the NBA. Popular accounts of his work have appeared in the *New York Times*, the *Washington Post, the Wall Street Journal, Wired, TIME* and CNN.

978 1 529 37336 3 • £20.00 Royal Hardback • 352pp eBook: 978 1 529 37339 4 • £20.00 Audio download: 978 1 529 37340 0 • £19.99 Royal Trade Paperback: 978 1 529 37337 0 • £14.99 Exclusive territories: BCN ex Can, inc EU US Rights: Little, Brown US Translation Rights: Little, Brown US Serial Rights: Little, Brown US Author lives in USA. Author is available for: interview, features.

Publicity contact: Rosie Gailer Advance book proofs available on request



THE ART OF FALLING

Danielle McLaughlin



A lyrical novel about family and relationships from the *Sunday Times* Audible Short Story Award winner.

Nessa McCormack's marriage is coming back together again after her husband's affair. She is excited to be in charge of a retrospective art exhibition for one of Ireland's most beloved artists, the late sculptor Robert Locke. But the arrival of two outsiders imperils both her personal and professional worlds: a chance encounter with an old friend threatens to expose a betrayal Nessa thought she had long put behind her, and at work, an odd woman comes forward with a mysterious connection to Robert Locke's life and his most famous work, *The Chalk Sculpture*.

ABOUT THE AUTHOR

Danielle McLaughlin is the author of the short story collection *Dinosaurs on Other Planets*. Her stories have appeared in the *New Yorker, Irish Times,* the *Stinging Fly*, and various anthologies. She has won the Windham Campbell Prize, the *Sunday Times* Audible Short Story Award, the William Trevor/Elizabeth Bowen International Short Story Competition, the Willesden Short Story Prize, the Merriman Short Story Competition in memory of Maeve Binchy, and the Dromineer Literary Festival short story competition. Author lives in Ireland. Author is available for: interview, features, festival appearances, local events.

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Most recent title: DINOSAURS ON OTHER PLANETS Exclusive territories:

BCN ex Can, ex EU US Rights: Random House US Translation Rights: C+W Serial Rights: John Murray Press Publicity contact: Alice Herbert Advance book proofs available on request



THE HUMMINGBIRD'S DAUGHTER

Luis Alberto Urrea



'An extraordinary accomplishment... deeply felt and beautifully told' *Observer*

It is 1889, and civil war is brewing in Mexico. Sixteenyear-old Teresita, the illegitimate daughter of the wealthy rancher Don Tomas Urrea, wakes from the strangest dream – a dream that she has died. Only it was not a dream. This passionate and rebellious young woman has arisen from death with a power to heal – but it will take all her faith to endure the trials that await her and her family now that she has become the Saint of Cabora.

The Hummingbird's Daughter is a vast, hugely satisfying novel of love and loss, joy and pain. Two decades in the writing, this is the masterpiece that Luis Alberto Urrea has been building up to.

ABOUT THE AUTHOR

A Pulitzer Prize finalist for his landmark work of non-fiction *The Devil's Highway*, Luis Alberto Urrea is also the bestselling author of the novels *The House of Broken Angels*, *Into the Beautiful North*, and *Queen of America*, as well as the story collection *The Water Museum*, a PEN/Faulkner Award finalist. He has won the Lannan Literary Award, Edgar Award, and American Academy of Arts and Letters Award in Literature. Author lives in Chicago, USA. Author is available for: interview, features .

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SLOUGH HOUSE Mick Herron

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HERRON

SLOUGH

HOUSE

The seventh book in Mick Herron's *Sunday Times* bestselling, award-winning *Slough House* series.

Diana Taverner is on the warpath. A year after a calamitous blunder by the Russian secret service left a British citizen dead, she is mounting her own counter-offensive. But cutting deals with Peter Judd means she could lose everything she's fought for.

Meanwhile, with Slough House wiped from Service records, the slow horses are worried they've been pushed further into the cold.

With a new populist movement taking a grip on London's streets, the world's an uncomfortable place for those deemed surplus to requirements. The wise move would be to find a safe place and wait for the troubles to pass. But the slow horses aren't famed for making wise decisions.

ABOUT THE AUTHOR

Mick Herron's Slough House novels have been shortlisted for eight CWA Daggers, winning twice, and shortlisted for the Theakston Old Peculier Crime Novel of the Year four times. The first, *Slow Horses*, was picked as one of the best 20 spy novels of all time by the *Daily Telegraph*, while the most recent, *Joe Country*, was a *Sunday Times* Top Ten bestseller. Mick Herron was born in Newcastle upon Tyne, and now lives in Oxford.

Author lives in Oxford. Author is available for: interview, features, festival appearances, local events.

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EXTRATERRESTRIAL

The Search for Intelligent Life Beyond Earth Avi Loeb



The world's most eminent space scientist explains why he believes in extraterrestrial life.

In late 2017, scientists glimpsed an object soaring through our inner solar system, moving so quickly that it could only have come from another star. Avi Loeb, Harvard's top astronomer, showed it was not an asteroid; it was moving too fast along a strange orbit, and left no trail of gas or debris in its wake. There was only one conceivable explanation: the object was a piece of advanced technology created by a distant alien civilization.

In *Extraterrestrial*, Loeb takes readers inside the thrilling story of the first interstellar visitor to be spotted in our solar system. A mind-bending journey through the furthest reaches of science, space-time and the human imagination, *Extraterrestrial* challenges readers to aim for the stars – and to think critically about what's out there, no matter how strange it seems.

ABOUT THE AUTHOR

Avi Loeb is the Frank B Baird Jr. Professor of Science at Harvard University and Chair of the Harvard Astronomy department; Chair of the Advisory Committee for the Breakthrough Starshot project, which aims to launch lightweight spacecraft towards the nearest stars using a powerful laser; founding director of Harvard's Black Hole Initiative. the first interdisciplinary centre worldwide dedicated to the study of black holes; and director of the Institute for Theory and Computation within the Harvard-Smithsonian Center for Astrophysics. Author lives in Massachusetts, USA. Author is available for: interview, features.

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Publicity contact: Yassine Belkacemi



ALL GIRLS Emily Layden



'A sincere, poignant, and moving story of a group of teenage girls coming to terms with the world they've inherited' Taylor Jenkins Reid

An all-girls boarding school in Connecticut, Atwater is a haven for progressive thinking and feminist intellectuals. The students are smart, driven and worldly; they are also teenagers, learning to find their way. But when they arrive for the start of Fall term, they're confronted with startling news: an Atwater alumna has made a troubling allegation of sexual misconduct against a teacher. As the weeks wear on, and the administration's efforts to manage the ensuing crisis fall short, these extraordinary young women come to realise that the adults in their lives may not be the protectors they previously believed.

ABOUT THE AUTHOR

Emily Layden is a graduate of Stanford University, and has taught at several girls' schools in the United States. Her writing has appeared in the *New York Times, Marie Claire, Billfold* and *Runner's World. All Girls* is her first novel.

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Publicity contact: Charlotte Hutchinson Advance book proofs available on request



FUTUREPROOF

9 Rules for Humans in the Age of Automation

Kevin Roose



A guide to staying irreplaceably human in the machine age.

The machines are here. After decades of sci-fi doomsaying and marketing hype, advanced A.I. and automation technologies have leapt out of research labs and Silicon Valley engineering departments and into the centre of our lives. In the wake of the pandemic, the world's biggest corporations are racing to automate jobs, and some experts predict that A.I. could put millions of people out of work. But all is not lost. With a little effort, we can become futureproof. In *Futureproof, New York Times* technology columnist Kevin Roose lays out an optimistic vision of how people can thrive in the machine age by rethinking their relationship with technology.

ABOUT THE AUTHOR

Kevin Roose is a technology columnist for the *New York Times* and a writer-at-large for the *New York Times* Magazine. He is the *New York Times* bestselling author of two books, *Young Money* and *The Unlikely Disciple*. He has been named in Forbes' '30 Under 30' and his work has been featured in *The Best Business Writing*, *GQ*, *Esquire, Vanity Fair*, and other publications. He lives in Brooklyn.

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Publicity contact: Charlotte Hutchinson Advance book proofs available on request



MISPLACED PERSONS

Susan Beale



Rocked by her husband's affair, a woman decides to welcome a refugee to live with her family.

The Yardley family is fracturing.

Eighteen years into a five-year posting in Brussels, the wheels have come off the Yardley marriage. Suddenly, the future is clouded with uncertainty for Neil, a Brit, American Marcy and their three Belgian-born children, particularly Alec who is nowhere near as laid back as his parents believe him to be. When Marcy offers shelter to a young Syrian refugee, it triggers an explosive train of events.

Played out against a backdrop of growing terror threats and Europe's worst refugee crisis since World War II, *Misplaced Persons* explores miscues and misunderstanding, the strength of family bonds, and the meaning of home.

ABOUT THE AUTHOR

Susan Beale's first novel, *The Good Guy*, was shortlisted for the Costa First Novel Award in 2016. A graduate of the Bath Spa MA in Creative Writing, she lived in Brussels for over sixteen years and currently resides in Amsterdam.

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NEW YORKERS

A City and Its People in Our Time Craig Taylor



A symphony of contemporary New York, from the bestselling and acclaimed author of *Londoners*.

Over the last 20 years, New York City has been convulsed by enormous challenges: terrorist attack, blackout, hurricane, recession, pandemic. *New Yorkers* is a grand portrait of the irrepressible city and a hymn to the vitality and resilience of its people. Craig Taylor spent years meeting New Yorkers – rich and poor, old and young, native and immigrant – and getting them to share indelible true tales. Here are the voices of those who propel the city each day, which – no matter what it goes through – dares call itself the greatest in the world.

Drawn from millions of words, hundreds of interviews, and over five years in the making – *New Yorkers* is a masterpiece of oral history.

ABOUT THE AUTHOR

Craig Taylor is the author of the bestselling *Londoners*. His other books, *Return to Akenfield* and *One Million Tiny Plays About Britain*, have both been adapted for the stage. He is also the editor of the literary magazine *Five Dials*. He lives in western Canada.

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Publicity contact: Yassine Belkacemi Advance samples available on request



HOT STEW Fiona Mozlev



The ambitious story of an interlinked group of individuals living and working in modernday Soho.

London has changed a lot over the years. The Soho that Precious and Tabitha live and work in is barely recognisable anymore. And now, the building they call their home is under threat; its billionaire owner Agatha wants to kick the women out to build expensive restaurants and luxury flats. Men like Robert, who visit the brothel, will have to go elsewhere. The collection of vagabonds and strays in the basement will have to find somewhere else to live. But the women are not going to go quietly. They have plans to make things difficult for Agatha but she isn't taking no for an answer.

ABOUT THE AUTHOR

Fiona Mozley grew up in York. Her first novel, *Elmet*, won a Somerset Maugham Award and the Polari Prize. It was also shortlisted for the Man Booker Prize in 2017 and the Royal Society of Literature Ondaatje Prize, and longlisted for the Women's Prize for Fiction, the Dublin Literary Award and the International Dylan Thomas Prize. In 2018 Fiona Mozley was shortlisted for the *Sunday Times*/PFD Young Writer of the Year Award. Author lives in Edinburgh, Scotland. Author is available for: interview, features, festival appearances, local events.

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Publicity contact: Yassine Belkacemi Advance book proofs available on request



KNOW THYSELF

The Science of Self-Awareness Stephen Fleming



The surprising story of humanity's greatest power – introspection – and how understanding it can help us learn, lead and live better.

Why are we so often wrong about what we know? How can we do something as difficult as driving without thinking about it? And how is it possible to know you've forgotten something?

Underlying these experiences is metacognition – the ability to think about what we and others do or don't think and know. Dr Stephen Fleming is the world's leading expert in this fascinating new science that is key to bridging our understanding of consciousness and intelligence and which enables our astonishing abilities both as individuals and as a group.

Know Thyself shows how understanding metacognition will have far-reaching implications across a range of fields from education and the law to Al. This book could change all of our futures.

ABOUT THE AUTHOR

Dr Stephen Fleming is the director of the Metacognition Lab at University College, London, and a Wellcome Trust/Royal Society Sir Henry Dale Fellow at the Wellcome Centre for Human Neuroimaging, University College London. His ground-breaking research has won multiple awards and his writing has been featured in the *Guardian*, *New York Times* and *Psychology Today*.

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Publicity contact: Alice Herbert Advance book proofs available on request



CHURCHILL & SON Josh Ireland



'[A] fascinating account of the turbulent Churchill father-and-son relationship' Andrew Roberts

Revealing a new perspective on the Churchill myth, this intimate dual biography reveals the lesser-seen Winston Churchill: reading Peter Rabbit books to his children, admonishing Eton schoolmasters and using decanters and wine glasses to re-fight the Battle of Jutland at the table. Amid a cast of personalities who defined an era – PG Wodehouse, Nancy Astor, The Mitfords, the Duke and Duchess of Windsor, Lord Beaverbrook, William Randolph Hearst, Oswald Mosley, Graham Greene, Duff and Diana Cooper, the Kennedys, Charlie Chaplin, and Lloyd George – *Churchill & Son* is the lost story of a timeless father– son relationship.

ABOUT THE AUTHOR

Josh Ireland was born in 1981 and lives in London. After leaving York University with a Master's in History he worked in publishing for eight years and is now a freelance editor and writer. He is the acclaimed author of *The Traitors*.

Author lives in London. Author is available for: interview, features, festival appearances, local events.

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SUPER SENSES

The Science of Your 32 Senses and How to Use Them

Emma Young



You don't have 5 senses. You have 32.

How can you climb a mountain with your tongue? Why don't whirling dervishes get dizzy? How can a better sense of smell boost your sex life?

Super Senses is a fascinating journey through the surprising science of our rich sensory lives from sight and smell to navigation and balance, and more.

From a blind man who uses his hearing to cycle through city traffic, and a nurse who can smell Parkinson's disease before it is diagnosed, to a recordbreaking free diver, Young reveals how our senses can be trained, so that we can all live fuller, longer lives.

ABOUT THE AUTHOR

Emma Young is an award-winning science journalist and author of *Sane*. She has written for the *Guardian*, the *Atlantic* and *New Scientist*.

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Serial Rights: John Murray Press Publicity contact: Alice Herbert Advance book proofs available on request



THE HUNT FOR MOUNT EVEREST Craig Storti



The thrilling international race to find, name and reach the tallest mountain in the world.

Everest was first measured in 1850, but the closest any westerner got to it during the next 71 years was 40 miles. This book tells the story of the quest to find the world's highest mountain, and larger-than-life characters who traversed the Alps, Himalayas, Nepal and Tibet, British India and the Raj, the Anglo-Russian 'Great Game', the disastrous First Afghan War, and the phenomenal Survey of India to do so. Before anyone would climb the tallest mountain, there came this remarkable story of spies, war, political intrigues, and hundreds of mules, camels, bullocks, yaks, and two zebrules.

ABOUT THE AUTHOR

Craig Storti is founder and co-director of Communicating Across Cultures, a Washington DC-based intercultural communication training and consulting firm. With work appearing in the *Washington Post, Los Angeles Times* and *Chicago Tribune*, he is the author of six books. Having lived nearly a quarter of his life abroad, he lives now in Maryland.

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DANGEROUS MINDS

A Forensic Psychiatrist's Quest to Understand Violence Dr Taj Nathan



What drives someone to commit murder? Or to lash out at those they love? And can we predict whether a child will grow into a violent adult?

These are questions that forensic psychiatrist Dr Taj Nathan interrogates every day. Violence and violent behaviour are always in the headlines, but understanding the people behind labels like 'psychopath' or 'serial killer' requires nuance.

Taking us from secure hospital wards to high-security prisons to courtrooms, *Dangerous Minds* offers compelling and compassionate accounts of ten people whose lives have been shaped by violence. From the impact of traumatic events in childhood to the evolutionary and cultural influences on the emergence of the social mind, via a detour into the world of psychopaths, this book is an insider's account of the origins of violence.

ABOUT THE AUTHOR

Dr Taj Nathan is a Consultant Forensic Psychiatrist. He has acted as an expert witness on hundreds – possibly thousands – of criminal cases. He is also Senior Research Fellow at University of Liverpool and a Visiting Professor at the University of Chester and Adjunct Professor at Liverpool John Moores University. In 2018 he won the John Murray & *Spectator* Essay Prize. This is his first book.

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Publicity contact: Charlotte Hutchinson Advance reading copies available



OUTLANDISH

Walking Europe's Unlikely Landscapes Nick Hunt



A dazzling plunge into the four strangest landscapes scattered across Europe.

In *Outlandish*, acclaimed travel writer Nick Hunt takes us across landscapes that should not be there, wildernesses found in Europe yet seemingly belonging to far-off continents: a patch of Arctic tundra in Scotland; the continent's largest surviving remnant of primeval forest in Poland and Belarus; Europe's only true desert in Spain; and the fathomless grassland steppes of Hungary. From snow-capped mountain range to dense green forest, desert ravines to threadbare, yellow open grassland, these anomalies transport us to faraway regions and show how the strange has always been nearer than we think.

ABOUT THE AUTHOR

Nick Hunt has walked and written across much of Europe. His articles have appeared in the *Economist*, the *Guardian* and other publications, and he also works as a storyteller and co-editor for the Dark Mountain Project. His first book, *Walking the Woods and the Water* (Nicholas Brealey, 2014), was a finalist for the Stanford Dolman Travel Book of the Year.

Author lives in Bristol, UK. Author is available for: interview, features, festival appearances, local events

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AUNTIE POLDI AND THE LOST MADONNA

Mario Giordano



Sicily's favourite grappa-drinking detective, back in her fourth adventure.

There's only one Auntie Poldi: bewigged, cursing, and knocking back a shot of grappa before breakfast... or is there?

A nun leaps to her death shortly after participating in a seemingly routine exorcism. But when a priest with an almost unholy level of sex appeal turns up at her door, Auntie Poldi is shocked to hear that she's a suspect in their case.

Who is the woman being exorcised, and where has she disappeared to? And why in the world did she claim to be Poldi?

No one is as they seem (and sound) in this hilarious new mystery featuring Sicily's sultriest sleuth.

ABOUT THE AUTHOR

Mario Giordano, the son of Italian immigrants, was born in Munich in 1963 and studied psychology at the University of Düsseldorf. He writes novels, books for adolescents and screenplays. *Auntie Poldi and the Lost Madonna* is his fourth novel to be translated into English. Author lives in Cologne, Germany. Author is available for: interview, features

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978 1 529 32939 1 • £19.99

Most recent title: AUNTIE POLDI AND THE HANDSOME ANTONIO Exclusive territories: World ex US, ex CAN US Rights: Houghton Mifflin Harcourt Translation Rights: John Murray Press Serial Rights: John Murray Press

Publicity contact: Charlotte Hutchinson Advance reading copies via Netgalley



THE RULES OF REVELATION

Lisa McInerney



The third novel from the author of the Baileys Prize winning *The Glorious Heresies*.

Everywhere the water was rising. Sex, drugs and rock and roll; that was all that was left.

Ireland's having an identity crisis, rent's through the roof, and Cork is producing a profligate number of poets. A band called Lord Urchin bursts onto the scene with an insufferable mission statement, and four strangers have their lives turned inside-out. This is a novel about art and its relationship to class and transgression, about trauma, gender, obsession and love. And about great nationalists, bad mothers, and a debut album that might drive the whole of Ireland mad.

ABOUT THE AUTHOR

Lisa McInerney's work has featured in *Winter Papers*, the *Stinging Fly*, *Granta* and on BBC Radio 4, and in the anthologies *Beyond The Centre, The Long Gaze Back* and *Town and Country*. Her debut novel, *The Glorious Heresies*, won the Baileys Women's Prize for Fiction 2016 and the Desmond Elliott Prize. Her second novel, *The Blood Miracles*, was published by John Murray in April 2017.

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Most recent title: THE BLOOD MIRACLES

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CHECKMATE IN BERLIN

The Cold War Showdown that Shaped the Modern World Giles Milton



An exhilarating account of the international struggle for power in the aftermath of WWII.

The end of World War Two saw an intense and deeply personal struggle for mastery of the Western world amidst the ruins of Berlin. In this thrilling account, bestselling historian Giles Milton recounts epic four-year drama that would culminate in The Berlin Airlift. It is the story of the ultimate game of roulette amongst the enigmatic larger-than-life personalities from rival powers: Britain, the United States, France and the Soviet Union. Drawing on previously unknown oral and written testimonies, *Checkmate in Berlin* tells – as never before – a story of flawed individuals each determined to win and the first battle of the Cold War.

ABOUT THE AUTHOR

Giles Milton is a writer and historian. He is the internationally bestselling author of *Nathaniel's Nutmeg*, *Big Chief Elizabeth*, *The Riddle and the Knight*, *White Gold*, *Samurai William*, *Paradise Lost*, *Wolfram* and *Russian Roulette*. He has also written three novels and three children's books. His books have been translated into 20 languages. He lives in south London.

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Author lives in London.

Publicity contact: Yassine Belkacemi Advanced reading copies available on request



OUR FRIENDS IN BEIJING

John Simpson



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The explosive new thriller.

Jon Swift's journalism career is in freefall. It seems he's too old to be part of the new world order. When Jon runs into old friend Lin Lifeng in a café in Oxford he knows it's not a coincidence. Once a radical student who helped Jon broadcast the atrocities of Tiananmen Square, Lin is now a well-dressed party official, with his own agenda.

Travelling to Beijing, Jon learns former friend of Lin's has gone missing. As he ricochets across the country, Jon seeks to make sense of the ways in which China's past and present are colliding – and what that means for the future of the country and the world. Under the watchful eyes of an international network of spies, double-agents and politicians, all with a ruthless desire for power, Jon is in a high-stakes race to expose the truth, before it's too late

ABOUT THE AUTHOR

John Simpson has been the BBC's World Affairs Editor for more than half his 52-year career. He has reported on major events all over the world, and was made a CBE in the Gulf War honours list in 1991. He has twice been the Royal Television Society's Journalist of the Year, and has won three BAFTAS, a News and Current Affairs award and an Emmy. He lives in Oxford.

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THE MASTER

The Brilliant Career of Roger Federer Christopher Clarey



The remarkable story of Roger Federer, told as never before.

Widely regarded as one of the greatest ever sportspeople, Roger Federer is a global phenomenon. From his humble beginnings as a temperamental teenager to becoming a symbol of enduring greatness, *The Master* is the definitive biography of a global icon who is both beloved and yet intensely private. With access to Federer's inner circle, including his wife Mirka and his longtime trainer, and based on one-on-one interviews with Federer, legendary sports reporter Chris Clarey's account will be a must-read retrospective for loyal sports fans, and anyone interested in the inner workings of unfaltering excellence.

ABOUT THE AUTHOR

Christopher Clarey is the tennis correspondent for the *New York Times* and has covered international sports for nearly 30 years. Recognised as one of the world's leading authorities on tennis, he was in the stadium to witness Federer's first ever match, and has reported from over 90 Grand Slam tournaments.

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Publicity contact: Alice Herbert Advance book proofs available on request.



THE PASSION ECONOMY

The New Rules for Thriving in the Twenty-First Century

Adam Davidson



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Matthew Syed



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SHORTEST WAY HOME

One Mayor's Challenge and a Model for America's Future

Pete Buttigieg



The former presidential candidate's inspirational blueprint for the future of American renewal.

Pete Buttigieg, the 38-year-old mayor of South Bend, Indiana, has emerged from his run for the Democratic nomination as one of America's most visionary politicians. An Afghanistan Navy veteran who came out and found love, all while in office, he recounts growing up amid decayed factory buildings and the soundtrack of freight trains, and how he has revitalised his Rust Belt city. *Shortest Way Home* challenges our perception of the typical politician and provides a new vision for America's future.

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THE MOST DANGEROUS MAN IN AMERICA

Timothy Leary, Richard Nixon, and the Hunt for the Fugitive King of LSD

Bill Minutaglio & Steven L Davis



A madcap narrative about Timothy Leary's daring prison escape and flight from the law.

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THE FALL OF THE HOUSE OF BYRON

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RAG AND BONE

A History of What We've Thrown Away

Lisa Woollett



'Beautiful...a really important book' Raynor Winn, author of *The Salt Path*

From Roman pottery and Georgian slave-trading relics to the pervasiveness of present-day plastics, mudlarker Lisa Woollett traces the story of our rubbish and, through it, our history of consumption. In a series of walks – beginning in the Thames in central London, then out to the Kentish estuary and eventually the sea around Cornwall – *Rag and Bone* shows us what we can learn from what we've thrown away and urges us to think more about what we leave behind.

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THE WORLD BENEATH THEIR FEET

The British, the Americans, the Nazis and the Race to Summit the Himalayas

Scott Ellsworth



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SEARCHING FOR SYLVIE LEE

Jean Kwok



'A twisting tale of love, loss and dark family secrets' Paula Hawkins

Sylvie, the beautiful, successful older daughter of the Lee family, flies to Amsterdam – and then vanishes. In America, her family are distraught. Terrified yet determined, her sister Amy sets out to the Netherlands for answers. What she discovers will reveal more about Amy's complicated family – and herself – than she ever could have imagined. A deeply moving story of family, secrets, identity and longing, *Searching for Sylvie Lee* is both a gripping page-turner and a sensitive portrait of an immigrant family.

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PHYSICAL INTELLIGENCE

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Scott Grafton



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HASHIM & FAMILY

Shahnaz Ahsan



An extraordinary debut novel of family, migration and the desire for a homeland.

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THE DEFICIT MYTH

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How I Learned to Survive Depression

Alastair Campbell



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HOW TO BE HUMAN

The Ultimate Guide to Your Amazing Existence

New Scientist



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THE STONEMASON

A History of Building Britain

Andrew Ziminski



'A beguiling companion to the very bones of the Wessex landscape' *Sunday Telegraph*

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THINGS I LEARNED ON THE 6.28

A Guide to Daily Reading Stig Abell



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'Beyond splendid . . . a brilliant idea, beautifully realised' Bill Bryson

For a whole year on his train to work, Stig Abell read books from across genres and time periods. Then he wrote about them. *Things I Learned on the 6.28* is a book to help make books part of your life.

'This is a book lover's companion, a wise friend's recommendations, an answer to the question "what to read next" and why. I wish I knew half as much about books as Stig Abell' Kit de Waal

#ThingsILearned

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CATS VS DOGS

Misbehaving Mammals, Intellectual Insects, Flatulent Fish and the Great Pet Showdown

New Scientist



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#CatsvsDogs

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JM ORIGINALS



A LENGTH OF ROAD

Finding Myself in the Footsteps of John Clare

Robert Hamberger



A memoir of love, loss, belonging – and John Clare – from Polari Prize-shortlisted poet Robert Hamberger.

In 1841 the 'peasant poet' John Clare escaped from an asylum in Epping Forest and walked over 80 miles home to Northamptonshire. Clare was attempting to return to his idealised first love, Mary, unaware that she had died three years earlier.

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Part memoir, part nature writing, part literary criticism, *A Length of Road* is a deeply profound and poetic exploration of class, gender, grief and sexuality through the author's own experiences and through the autobiographical writing of Clare.

ABOUT THE AUTHOR

Robert Hamberger is a published poet of six pamphlets and three collections, whose works have been broadcast on Radio 4 and published in the *Observer*, *New Statesman*, the *Spectator*, *Poetry Review* and *Gay Times*. His collection *Blue Wallpaper* was shortlisted for the Polari Prize. This is his first non-fiction book.

978 1 473 69793 5 • £12.99 Demy Trade Paperback • 320pp eBook: 978 1 473 69794 2 • £12.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press Author lives in Brighton, UK. Author is available for: interview, features, festival appearances and local events.

Publicity contact: Alice Herbert Advance book proofs available on request

SPRING 2021

BASIC BOOKS

BASIC BOOKS

Dear Reader,

As communication has become instant and constant, we are often overwhelmed with a barrage of information and fake news. That is why I am so excited to announce the launch of Basic Books UK which aims to become a trustworthy home for readers who want to learn about the world from the best scholars and the most original global thinkers.

The list seeks to change the way we see and interact with the world around us, exploring key issues that affect us on a daily basis, both as individuals and as a society. Basic Books will challenge preconceptions by introducing readers to diverse perspectives within and without the English- speaking world. They will entertain and surprise through the power of their stories and focus on those ideas readers need and want to know about. I am thrilled that the very first book published on the list will be *Mediocre: The Dangerous Legacy of White Male Supremacy* by Ijeoma Oluo best-selling author of *So You Want to Talk About Race*. This powerful exploration of the true cost of white male supremacy is elegant, persuasive and paradigm shifting – an essential read.

And in the autumn we will have more essential reading for you covering everything from the creative power of Milton to the disruptive power of AI. We look forward to sharing more great books with you in the future.

Sarah Caro, Publishing Director and the Basic Books UK Team.

MEDIOCRE

The Dangerous Legacy of White Male Power

Ijeoma Oluo



A powerful new book from the *Sunday Times* and Number One *New York Times* bestselling author of *So You Want to Talk About Race*.

What happens to a country when generation after generation of white men are told they deserve power? What happens when success is defined by status over women and people of colour, instead of actual accomplishments?

Exploring the last 150 years of American history, Ijeoma Oluo reveals how white male identity was forged through the erasure and oppression of women and people of colour, and exposes the true costs of a social and political order that overvalues white men.

Deeply researched and revelatory, *Mediocre* offers a bold vision for a new white male identity – one free from racism and sexism.

ABOUT THE AUTHOR

Ijeoma Oluo is the author of the *Sunday Times* and Number One *New York Times* bestseller *So You Want to Talk About Race.* Her work on race has been featured in the *Guardian*, the *New York Times* and the *Washington Post.* She has twice been named to the Root 100 annual list of the most influential African Americans, and she received the 2018 Feminist Humanist Award from the American Humanist Association. Author lives in Seattle, Washington, USA. Author is available for: interview, features, festival appearances.

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TWO ROADS



BACK TO NATURE

How to Love All Life – And Save It Chris Packham & Megan McCubbin



Optimistic field notes from the new normal for nature.

One thing has become clear this year – we need nature more than ever.

Through personal stories, conservation breakthroughs and fascinating scientific discoveries, *Back to Nature* captures the essence of how we feel about the wildlife outside our windows. From the resurgence of storks in Britain to lesser horseshoe bats returning to the Isle of Man, to what we can do to encourage wildlife into our own spaces, it explores the wonder and the solace of nature, and the ways in which we can connect with and protect it.

ABOUT THE AUTHOR

Chris Packham is one of the UK's leading naturalists and wildlife TV presenters. He is currently the leading host of *BBC 2*'s *Springwatch*, *Autumnwatch* and *Winterwatch*. His autobiography, *Fingers in the Sparkle Jar*, was a number 1 *Sunday Times* bestseller. Megan McCubbin is a zoologist, wildlife TV presenter, conservationist and

Authors live in New Forest. Authors are available for: interview, features, events and signings to be confirmed.

photographer. She most recently presented *Springwatch*, and is the founder of The Self-Isolating Bird Club on twitter.

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SANCTUARY

A Memoir Emily Rapp Black



An incisive memoir on motherhood after the trauma of a child's death.

Sanctuary is an attempt to unpack the various notions of resilience that we carry as a culture. Drawing on contemporary psychology, neurology, etymology, literature, art and self help, Emily Rapp Black shows how we need a more complex understanding of this concept when applied to stories of loss and healing.

Interwoven with lyrical, unforgettable personal vignettes from her life as a mother, wife, daughter, friend and teacher, Rapp Black creates a stunning tapestry that is full of wisdom and insight. *Sanctuary* is a searing memoir of a mother's love, the meaning of resilience and the possibilities of life after grief.

ABOUT THE AUTHOR

A former Fulbright scholar, Emily Rapp Black was educated at Harvard University, Trinity College-Dublin, Saint Olaf College, and the University of Texas-Austin, where she was a James A Michener Fellow. She is a regular contributor to the *New York Times* Book Review and frequently publishes scholarly work in the fields of disability studies, bioethics, and theological studies. She is currently associate professor of creative writing at the University of California-Riverside. Author lives in CA, USA. Author is available for: interview, features, festival appearances, local events.

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WHEN I RAN AWAY

Ilona Bannister



An unforgettable novel about love pushed to its outer limits.

As the Twin Towers collapse, Gigi Stanislawski flees her office and escapes lower Manhattan. Among the crying passengers, Gigi finds someone she recognizes – Harry Harrison, a British regular at her favourite coffee shop.

Ten years later, Gigi again meets Harry by chance, and they fall deeply in love. But their move to London and their new baby leave her feeling isolated, raw and alone with her grief.

As Gigi comes face-to-face with the anguish of her brother's death and her rage at the unspoken pain of motherhood, she must somehow find the light amid all the darkness.

ABOUT THE AUTHOR

Ilona Bannister is a dual-qualified US attorney and UK solicitor. She practised UK immigration law before taking a break to raise her sons. Ilona is a New Yorker married to an Englishman and raising two young sons in London. In her free time, Ilona enjoys running. Her first novel, *When I Ran Away*, was developed on Faber Academy's Work in Progress course.

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THE PARIS LIBRARY

Janet Skeslien Charles



In the darkness of war, the light of books.

Paris, 1939. Odile Souchet is obsessed with books, and her new job at the American Library is a dream come true. But then the Nazis invade Paris, and everything changes.

Montana, 1983. Lily is a lonely teenager desperate to escape small-town Montana. She grows close to her neighbour Odile. But as Lily uncovers more about Odile's mysterious past, she discovers a dark secret.

Based on the true Second World War story of the heroic librarians at the American Library in Paris, this is an unforgettable novel of romance, friendship, family, and of heroism found in the quietest of places.

ABOUT THE AUTHOR

Janet Skeslien Charles is an award-winning author with over a decade's worth of roaming the streets of Paris and researching in its libraries. Her debut novel, *Moonlight in Odessa*, was published in ten languages and was awarded the Melissa Nathan prize and the Completement Livre prize in Strasbourg.

Author lives in Paris, France and MT USA. Author is available for: interview, features, festival appearances, local events.

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THE BARBIZON

The Hotel That Set Women Free

Paulina Bren



A glamorous social history of the women-only New York hotel that changed the world.

Built in 1927, New York's Barbizon Hotel was first intended as a home for the 'Modern Woman' seeking a career in the arts. It became the place to stay for ambitious, independent women, who were lured by the promise of fame and good fortune.

The Barbizon is a colourful, glamorous portrait of the lives of these young women, who came to New York looking for something more. It's a story of pushing the boundaries, of women's emancipation and of the generations of brilliant women who passed through its halls.

ABOUT THE AUTHOR

Paulina Bren is a professor at Vassar College in New York, where she teaches international studies, gender, and media. She is the author of a prize winning book about soap operas and communism behind the Iron Curtain and co-editor of a collection on consumerism in the Eastern Bloc. She attended received an M.A. in International Studies from the University of Washington and a Ph.D. in History from New York University. Author lives in Bronx, USA. Author is available for: interview, features, festival appearances, local events.

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THE LIP Charlie Carroll



A darkly compelling exploration of the dark underside of Cornwall.

Melody Janie is hidden. Whether alone in her concealed caravan or spying on the tourists who visit the sheer Cornish cliffs she calls her own, she sees all and yet remains unknown. When a new and unwanted presence enters her life, a sinister stranger called Richard Brown, she is forced to confront both him and the terrible tragedies of her past. Culminating in an unexpected twist, this is an ultimately hopeful novel dealing with themes of isolation and mental health, and told in the unique and unforgettable voice of Melody Janie.

ABOUT THE AUTHOR

Charlie Carroll is the author of three non-fiction books: *The Friendship Highway* (2014), *No Fixed Abode* (2013) and *On the Edge* (2010). He has twice won the K Blundell Trust Award for 'writers under 40 who aim to raise social awareness with their writing', wrote the voice-over for the TV series Transamazonica (2017), and is one of the Kindness of Strangers storytellers. He lives in Cornwall. Author lives in Stockport, UK.

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Publicity contact: Rachael Duncan



DEVORGILLA DAYS

Kathleen Hart



A memoir of recovery, resilience and starting over in Scotland.

Eight years ago, Kathleen Hart was diagnosed with breast cancer. Complications with her surgery led to an agonisingly protracted recovery and months spent in hospital.

Devorgilla Days is the story of leaving behind an old life to begin again in Scotland's book capital, Wigtown. Kathleen starts wild swimming, a ritual that brings peace and clarity to her mind as her body heals.

Heartwarming and deeply moving, *Devorgilla Days* is an inspiring tale of one woman's remarkable journey, a celebration of community, and a call-to-arms for anyone who has ever dreamt of starting over.

ABOUT THE AUTHOR

Kathleen Hart was educated at a convent school in Cheshire before experimenting with various occupations from air hostess to antiques dealer. Her favourite so far is author, and she does her best writing in a whitewashed cottage in Scotland where she keeps bees, swims in the sea and every day encourages thousands of her PoshPedlar Instagram followers to 'make room for the magic'.

978 1 529 30041 3 • £16.99 Demy Hardback • 304pp eBook: 978 1 529 30043 7 • £16.99 Audio download: 978 1 529 30044 4 • £19.99 Exclusive territories: World ex US, Can US Rights: John Murray Press Translation Rights: John Murray Press Author lives in Wigtown, Scotland. Author is available for: interview, features, festival appearances, local events.

Serial Rights: John Murray Press Publicity contact: Alice Herbert



MADAME BUROVA

Ruth Hogan



Fortune teller Madame Burova is retiring – but first she has some secrets to reveal.

Madame Burova – Tarot Reader, Palmist and Clairvoyant – had spent a lifetime keeping other people's secrets but her silence came at a price. Before retiring, she had a promise to fulfil.

Billie has lost her university job, her marriage, and her place in the world upon discovering something that leaves questioning her identity. Determined to find answers, she follows a trail that leads right to Madame Burova's door.

In a story spanning over fifty years, Ruth Hogan has conjured a magical world of 1970s holiday camps and seaside entertainers, eccentrics, heroes and villains, and the lost and found.

ABOUT THE AUTHOR

Ruth Hogan has now sold over a million books. Her first novel, *The Keeper of Lost Things*, was a Sunday Times bestseller and a Richard & Judy pick and is published in over 30 countries. Madame Burova, her fourth novel, is set in her beloved Brighton. Ruth lives in a chaotic Victorian house with an assortment of rescue dogs and her long-suffering husband. Author lives in Bedford, UK. Author is available for: interview, features, festival appearances, local events.

978 1 529 37331 8 • £12.99 Demy Hardback • 352pp eBook: 978 1 529 37334 9 • £12.99 Audio download: 978 1 529 37335 6 • £19.99 Royal Trade Paperback: 978 1 529 37332 5 • £13.99 Most recent title: QUEENIE MALONE'S PARADISE HOTEL

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A CURSED PLACE Peter Hanington



© Paddy Scott

A multi-layered political thriller exposing the dangerous consequences of Big Tech.

Knowledge is power, and the tech company Public Square knows a lot. But who else can access all that information?

Reporter William Carver is not tech-savvy, but he needs to learn fast – the people he cares about are in danger.

From the Chilean mines where they dig for raw materials that enable tech revolution, to the streets of Hong Kong where anti-government protesters are fighting against the Chinese State, to the research laboratories of Silicon Valley where personal data is being mined everyday – *A Cursed Place* is a thrilling saga set against the global forces that shape our times.

ABOUT THE AUTHOR

Peter Hanington is the author of *A Dying Breed* and *A Single Source*. He has worked as a journalist for over 25 years including at the BBC World Service, The Today Programme and The World Tonight. He lives in London with his wife and has two grown-up children.

978 1 529 30521 0 • £14.99 Royal Hardback • 384pp eBook: 978 1 529 30523 4 • £14.99 Number in series: 3 Exclusive territories: World ex US, Can US Rights: PEW Literary Agency Limited Translation Rights: PEW Literary Agency Limited Author lives in London. Author is available for: interview, features, festival appearances, local events.

Serial Rights: John Murray Press Publicity contact: Charlotte Hutchinson

May 2021



WINDSWEPT Why Women Walk Annabel Abbs



© K T Bruce

A feminist meditation on the power of walking in nature.

While recovering from a life-threatening accident, Annabel Abbs rediscovered a lost love of long, wild hikes. Consequently fascinated by the art, literature and philosophy of walking in nature, she realised it had never before been told from a woman's point of view. In *Windswept*, Annabel explores the story of extraordinary women who lost their way – their sense of self, their identity, their freedom – and found it again through walking in the wild.

ABOUT THE AUTHOR

Annabel Abbs lives in London with her husband and four children. Her bestselling debut novel, *The Joyce Girl*, won the Impress Prize for New Writers and was longlisted for the Bath Novel Award, the Waverley Good Read Award and the Caledonia Novel Award. Annabel herself was shortlisted for the Gladstone's Library Writers in Residence 2020.

978 1 529 32471 6 • £16.99 Demy Hardback • 336pp eBook: 978 1 529 32474 7 • £16.99 Exclusive territories: BCN inc EU, ex Can US Rights: Tin House Translation Rights: John Murray Press Serial Rights: John Murray Press Author lives in London. Author is available for: interview, features, festival appearances, local events.

Publicity contact: Rachael Duncan



THE MAKING OF MRS PETRAKIS

Mary Karras



The hardships of a family of Greek Cypriot emigres in London during the 1960-90s.

Fleeing both the violence of Cyprus in the run up to civil war, and that of her brutal marriage, Maria Petrakis escapes to London and opens a bakery. Here she glimpses the lives of her customers as they buy their shamali cakes and cinnamon pastries.

This is a story about the limited choices women find themselves confronting; a story about repression and mental illness. Above all, it is a story of motherhood, love and of healing through baking.

ABOUT THE AUTHOR

Born in London in 1978, Mary Karras is the daughter of Greek Cypriot emigres. Her parents separately fled Cyprus in the sixties and seventies, settling in north London where they met and married. As a child, Mary and her sisters would visit their grandparents in Harringay, spending time in the Greek Cypriot grocery shops and bakeries. *The Making of Mrs Petrakis*, which draws on her family history, is her debut.

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Publicity contact: Rachael Duncan



ONE TO WATCH

Kate Stayman-London



A plus-size bachelorette brings a fresh look to a reality TV show.

25 Dates. 8 Men. A nation watching.

Bea Schumacher is a devastatingly stylish plus-size fashion blogger with amazing friends, thousands of Insta followers – and a massively broken heart. Bea indulges in her weekly obsession: the hit reality show Main Squeeze. Sick and tired of the lack of body diversity on show, when asked to be its next star – although having sworn off men altogether – she agrees. On one condition: under no circumstances will she actually fall in love.

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THE CHICKEN SISTERS K J Dell'Antonia



978 1 529 35064 7 • £8.99 B format Paperback • 352pp eBook: 978 1 529 35063 0 • £8.99

3 generations. 2 chicken shacks. 1 recipe for disaster.

In Merinac, Kansas, Chicken Mimi's and Chicken Frannie's have spent a century vying to serve up the best fried chicken in the state – and the legendary feud between their respective owners has lasted just as long. Amanda Moore, having worked at both, is tired of being caught in the middle. Together with her sister, Mae, she competes to win to Food Wars, the reality-TV restaurant competition that promises \$100,000 to the winner. However, when family secrets become public knowledge, the sisters must choose: will they fight with each other or for their heritage?

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THE YEAR WITHOUT SUMMER

1816 - One Event, Six Lives, a World Changed

Guinevere Glasfurd



A remarkable saga about a remarkable year in history.

In 1815, a supervolcanic eruption led to the extraordinary 'Year Without Summer' in 1816: a massive climate disruption causing famine, poverty and riots. Snow fell in August. Lives, both ordinary and privileged, changed forever. This is the story of the books written, the art made; of the journeys taken, of the love longed for and the lives lost during the fateful year of 1816. Few had heard of Tambora – but none could escape its effects.

978 1 473 67233 8 • £8.99 B format Paperback • 416pp eBook: 978 1 473 67231 4 • £8.99 Exclusive territories: BCN ex Can, inc EU US Rights: David Higham Associates Translation Rights: David Higham Associates Serial Rights: John Murray Press @GuinGlasfurd
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FRIENDS AND STRANGERS

J Courtney Sullivan



A masterful exploration of motherhood, power dynamics, and privilege.

Elisabeth, an accomplished journalist and new mother, is struggling to adjust to life in a small town after nearly twenty years in New York City. She neglects her work, losing untold hours to her Brooklyn moms' Facebook group, and text messages with the best friend she never sees anymore.Enter Sam, a senior at the local women's college, whom Elisabeth hires to babysit. In short, they grow close. But the true differences between the women's lives become starkly revealed and a betrayal has devastating consequences.

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MAIDEN VOYAGES

Women and the Golden Age of Transatlantic Travel

Siân Evans



A vivid portrait of women's lives during the golden age of transatlantic travel.

In the interwar years, transatlantic travel was the province of the great ocean liners. It was an extraordinary undertaking made by many women. Their stories have remained largely untold – until now. The ocean liner was a microcosm of contemporary society, divided by class: from the luxury of the upper deck, playground for the rich and famous, to the cramped conditions of steerage or third-class travel. Full of incredible gossip, stories and intrigue, Maiden Voyages is a fascinating portrait of these women and their lives on board, as they sailed between the old and the new worlds.

978 1 473 69904 5 • £10.99 B format Paperback • 368pp eBook: 978 1 473 69905 2 • £25.00 Exclusive territories: BCN inc Can, inc EU US Rights: Macmillan US Translation Rights: Northbank Talent Management Serial Rights: John Murray Press

MY GARDEN WORLD

The Natural Year Monty Don



978 1 473 66658 0 • £8.99 B format Paperback • 416pp eBook: 978 1 473 66657 3 • £8.99 Most recent title: JAPANESE GARDENS

A year at home in the country with Monty Don.

My Garden World is a celebration of every living creature that we all share. This year has given us the enforced opportunity to learn more about the fascinating natural world around us. Whether you live in the countryside or the town, Monty's observations and insights are relevant to each and every one of us. Join Monty Don on his personal journey through the natural year, month by month, season by season, observed from the immediate world around him.

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ALL THE WATER IN THE WORLD Karen Raney



A heart-breaking story of a family doing its best when facing the worst.

Maddy is sixteen. She has loyal friends, a mother with whom she's unusually close, a father she's never met, devoted grandparents, and a crush on a boy named Jack. Maddy is also dying. Told alternately by Maddy and her mother, Eve, All the Water in the World is a stunning debut novel that grapples with serious illness, first love, family secrets and tragic loss.

978 1 473 69492 7 • £8.99 B format Paperback • 384pp eBook: 978 1 473 69493 4 • £8.99

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FAITH AFTER DOUBT

Why Your Beliefs Stopped Working and What to Do About It

Brian D McLaren



How to make peace with – and learn from – doubt.

Many people struggle with doubts about their faith, but too frequently the church doesn't welcome them. In this wise and compassionate book, trusted author and speaker Brian McLaren invites readers to see doubt not as a failure but as an important part of being human – and an inescapable dimension of having faith.

Beginning by placing doubt in its larger context, then viewing it as part of a larger growth process of four stages – simplicity, complexity, perplexity and harmony – Brian finally suggests that doubt can be a valuable companion on the road of faith.

ABOUT THE AUTHOR

A former college English teacher, Brian D McLaren was a pastor for 24 years. Now he's an author, activist, public theologian and frequent guest lecturer for gatherings in the US and internationally. His work has been covered in *Time* Magazine, *Newsweek*, the *New York Times, Washington Post* and CNN. He is the author of more than 15 books, most recently *Seeking Aliveness*.

978 1 529 38445 1 • £14.99 Royal Trade Paperback • 208pp eBook: 978 1 529 38447 5 • £14.99 Most recent title: SEEKING ALIVENESS Exclusive territories: BCN ex Can, inc EU US Rights: St Martin's Press Translation Rights: St Martin's Press Author lives in Florida, USA. Author is available for: interview, features.

Serial Rights: John Murray Press Publicity contact: Rachael Duncan Advance book proofs available on request



DEAR ENGLAND

The Rather Amazing and Surprisingly Reasonable Story of How Christianity Can Change the World

Archbishop of York Stephen Cottrell



STEPHEN COTTRELL

Stephen Cottrell's first book as the Archbishop of York – written to the country.

Inspired by a conversation with a barista who asked him why he became a priest, this is the Archbishop of York Stephen Cottrell's extended answer to that question – as well as the letter he'd like to write to a divided country that no longer sees the relevance or value of the Christian narrative.

A short, beautiful book, this is at once both contemplative and deeply practical, written for a general audience, and those who might call themselves spiritual seekers – as well as anyone who is concerned about the life and unity of the UK.

ABOUT THE AUTHOR

Stephen Cottrell is the Archbishop of York and was for almost ten years Bishop of Chelmsford. He has written widely on evangelism, spirituality and discipleship. Among his most recent books are *On Priesthood* (2020) and *Christ in the Wilderness: Reflecting On The Paintings by Stanley Spencer* (2012). His bestselling *I Thirst* was the Archbishop of Canterbury's Lent book for 2004.

Author lives in York, UK. Author is available for: interview, features, festival appearances, local events.

978 1 529 36095 0 • £12.99 B format Hardback • 160pp eBook: 978 1 529 36097 4 • £12.99 Most recent title: ON PRIESTHOOD

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US Rights:

Exclusive territories: World

Serial Rights: John Murray Press Publicity contact: Rachael Duncan Advance book proofs available on request



HOPE IN A TIME OF FEAR

The Lesson of Resurrection and the True Meaning of Easter

Timothy Keller



An exploration of the resurrection from *New York Times* bestselling author Tim Keller.

Jesus' resurrection and its implications – both cosmic and personal – are core to the Christian faith. But do Christians really live in the light of this worldshattering truth?

Admired for his ability to connect a deep reading of the Bible with the nuanced realities of our lives in the twenty-first century, bestselling author and pastor Tim Keller unfolds what Jesus' resurrection can mean for us, those we love and the world around us – at the present moment and in the future.

ABOUT THE AUTHOR

Timothy Keller was born and raised in Pennsylvania, and educated at Bucknell University, Gordon-Conwell Theological Seminary and Westminster Theological Seminary. He moved to Manhattan in 1989 to found Redeemer Presbyterian Church, which has now grown to three distinct congregations and birthed the churchplanting Reeemer City to City programme.

978 1 473 69060 8 •£16.99 Royal Hardback • 336pp eBook: 978 1 473 69062 2 • £16.99 Audio download: 978 1 473 69064 6 • £19.99 Most recent title: ON BIRTH, ON MARRIAGE, ON DEATH Exclusive territories: BCN ex Can US Rights: Viking Translation Rights: McCormick Literary Serial Rights: McCormick Literary Author lives in New York City, USA. Author is available for: interview (down the line), features.

Publicity contact: Rachael Duncan Advance reading copies via Netgalley



FINDING THE PEACEMAKERS

A Journey from the Mines of Chile to the Deserts of the Middle East

Dan Morrice



Dan Morrice discovers the unsung heros of faith from across the globe.

When 33 Chilean miners stepped into the light, alive and well, after 69 days entombed in the earth, the world experienced a rare treat: some good news. Was this a one-off, or are there glimmers of hope, hidden beneath the headlines, that go unnoticed?

Armed with a camera, a notebook, and with no idea what he was getting himself into, filmmaker Dan Morrice followed a trail from the mines of Chile to the deserts of the Middle East to interview unsung heroes, forging peace in the most extreme environments – from war-torn areas to disaster zones.

ABOUT THE AUTHOR

Dan Morrice is a non-fiction writer and filmmaker from Bristol. A bewildered adventurer, Dan has spent a lifetime wildly out of his depth in mountains and deserts, searching for unsung heroes whose lives hold the power to inspire the current generation. Formerly a teacher of Geography and International Development, Dan has former students serving in communities all over the world, from Iraq to El Salvador. Dan blogs and vlogs with fellow writers and explorers at www.lukex.org, sharing stories from followers of Jesus in extreme situations. *Finding the Peacemakers* is his first book. Author lives in Bristol, UK. Author is available for interview, features, festival appearances, local events.

978 1 529 35818 6 • £14.99 Royal Trade Paperback • 304pp eBook: 978 1 529 35820 9 • £14.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press Publicity contact: Rachael Duncan Advance book proofs available on request



MILES TO GO BEFORE I SLEEP

Letters on Hope and Death from a Cancer Ward

Claire Gilbert



The diary of an incurable cancer diagnosis, and finding hope in the face of mortality.

At the age of 54 Claire Gilbert was diagnosed with an incurable cancer of the blood. The prognoses ranged from surviving only a few months to living for several decades, with no guarantee of which outcome was to be hers. It was a shocking diagnosis into uncertainty, or rather, into only one certainty: death.

Through writing letters to her siblings and a small group of friends – describing with total honesty what she was going through, as she was going through it – she found confronting her mortality to be strangely liberating, and the letters a great solace: not just to herself, but to her readers, too.

ABOUT THE AUTHOR

Claire grew up in London, of Jewish, Scots, Spanish and English heritage. She lost her parents and all save one of her grandparents to cancer. She writes and speaks on ethics in public life, medicine and the environment as a moral philosopher and theologian and now from personal experience. She spent one summer ingloriously as a stand up comedian. She lives in London and Hastings with her partner Seán.

978 1 529 35972 5 • £16.99 Demy Hardback • 224pp eBook: 978 1 529 35974 9 • £16.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press Author lives in London. Author is available for: interview, features, festival appearances, local events.

Publicity contact: Rachael Duncan Advance book proofs available on request



CALLED TO BE FRIENDS

Unlocking the Heart of John's Gospel Ian Galloway



Exciting new research on the narrative pattern of John's Gospel.

Called To Be Friends is an exciting piece of new research, undertaken within the context of a church community, that unlocks the pattern of the Gospel of John. Ian Galloway reveals that it was written to be a literary 'temple' that invites the reader to meet the person of Jesus: an elegant sequence of narrative panels, each with a section of the Old Testament written in underneath, creates a biblically rich space where understanding Jesus is the ultimate aim. The author's narrative analysis is completely new, but *Called To Be Friends* is written for a lay audience, and unlocks this beloved Gospel in a fresh and accessible way.

ABOUT THE AUTHOR

Ian Galloway is a well-known church leader in the North of England. In 1986, with a team of six friends, he planted and led what has become City Church Newcastle, now a diverse community of over 500 people with a large city-centre building serving the North East and beyond. After over thirty-three years of leading the church, Ian now focuses on writing, mentoring, teaching and developing his research focused on the gospel of John. He is Director of Free Church Training at Cranmer Hall, Durham University.

978 1 529 35682 3 • £14.99 Royal Trade Paperback • 224pp eBook: 978 1 529 35684 7 • £14.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press Author lives in Durham, UK. Author is available for: interview, features, festival appearances, local events.

Publicity contact: Rachael Duncan Advance book proofs available on request



GOD IS NOT A WHITE MAN

And Other Revelations

Chine McDonald



Part memoir, part social commentary on being a black Christian woman in the UK.

Black women are silently exiting the church, no longer able to grin and bear its casual racism, colonialist narratives and lack of urgency on issues of racial justice. In this searing memoir, Chine McDonald looks at what it means to be a black woman in the white majority space that is the UK church. Part memoir, part social and theological commentary, *God Is Not a White Man* holds up a mirror to Christians who profess that everyone is equal in God's sight, while failing to confront white supremacy and the UK's colonial past.

ABOUT THE AUTHOR

Chine McDonald leads the media & PR team at Christian Aid. She read Theology & Religious Studies at Cambridge University before training as a journalist. She is a regular contributor to BBC Religion & Ethics programmes, including *Thought for the Day*, the *Daily Service, Pause for Thought* and *Prayer for the Day*; she is also a regular presenter for BBC One's *Sunday Morning Live*. This is her second book.

Author lives in Sidcup, Kent, UK. Author is available for: interview, features, festival appearances, local events.

978 1 529 34907 8 • £14.99 Royal Trade Paperback • 288pp eBook: 978 1 529 34909 2 • £14.99 Audio download: 978 1 529 34910 8 • £19.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press Publicity contact: Rachael Duncan Advance book proofs available on request



THE JOURNEY TO THE MAYFLOWER

God's Outlaws and the Invention of Freedom

Stephen Tomkins



Wonderfully learned, wonderfully written, a microscopic examination of the acorn from which a truly mighty oak would spring. I learnt a huge amount.' Tom Holland

In 1620, the *Mayflower* set sail, taking the Pilgrim Fathers to the New World. A foundational event in American history, it began as a thoroughly English story – which pioneered the idea of religious freedom. Stephen Tomkins tells this fascinating story – one that is rarely told as an important piece of English, as well as American, history.

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MORALITY

Restoring the Common Good in Divided Times

Jonathan Sacks



'Jonathan Sacks is one of the great moral thinkers of our time...*Morality* applies his powerful approach to the unprecedented challenges of our time – social, political, economic, and above all, cultural.' Robert D Putnam

Internationally acclaimed thought-leader Jonathan Sacks demonstrates how we can build a strong collective morality for the modern era. Delivering a devastatingly insightful critique of our modern condition.

978 1 473 61733 9 • £10.99 B format Paperback • 384pp eBook: 978 1 473 61732 2 • £10.99 Most recent title: NOT IN GOD'S NAME Exclusive territories: World ex US, Can US Rights: Basic Books Translation Rights: John Murray Press Serial Rights: John Murray Press @ @rabbisacks @ rabbisacks

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March 2021



THE HEART OF COMMUNICATION

How to Really Connect with an Audience

Rob Parsons



Rob Parsons shares insights from over 50 years of public speaking.

The ability to connect with an audience is an essential element of public speaking. While an effective presentation can have all the elements of good pace, pitch and body language, it can still leave an audience unaffected or unmoved. Rob Parsons believes even the most proficient speakers can enhance their public speaking by focusing on the heart of communication: connection.

978 1 529 37341 7 • £9.99 B format Paperback • 176pp eBook: 978 1 529 37343 1 • £9.99

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ON PRIESTHOOD

Servants, Shepherds, Messengers, Sentinels and Stewards

Stephen Cottrell



A refreshing vision of Christian ministry from one of the Church of England's most popular speakers and writers.

In this short, lyrical book, Bishop Stephen Cottrell explores the nature of Christian ministry through five metaphors – servant, shepherd, messenger, sentinel and steward. Each one, based on actual addresses given to ordinands on the night before their ordination, provides a rich and resonant reflection on the nature of priesthood.

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THIEF PRISONER SOLDIER PRIEST

He Discovered God's Hope in the Midst of Despair

Paul Cowley with Amanda Cowley



An inspiring and raw autobiography from the Reverend Paul Cowley MBE.

A remarkable and touching account of Paul's life, from thief to prisoner, soldier and, eventually, priest. It will inspire anyone who feels their life is out of control. It is, by turns, a dramatic, traumatic and comic story, yet one that stands as a testament to how God offers hope to all who have the courage to respond.

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SHADOW DOCTOR: THE PAST AWAITS

Further Exploits of the Shadow Doctor

Adrian Plass



The continued adventures of the Shadow Doctor, from the bestselling author of *The Sacred Diary of Adrian Plass*.

Jack has been working with the Shadow Doctor for a little while now. He thinks he might just be getting to grips with the Doc's unusual approach to helping with people's deep problems. Then, visiting the highly respected leader of a large Christian organisation, Jack sees his friend go on the attack. However, the encounter reveals secrets about the Doc's past that are beyond anything Jack could have imagined...

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THE RUTHLESS ELIMINATION OF HURRY

How to Stay Emotionally Healthy and Spiritually Alive in the Chaos of the Modern World

John Mark Comer



A fresh, challenging and compassionate response to busyness, based on the way of life Jesus offered his disciples.

Too often we treat the symptoms of toxicity in our modern world instead of trying to pinpoint the cause. A growing number of voices are pointing at hurry, or busyness, as a root of much evil. Within the pages of this book, you'll find a compelling emotional and spiritual case against hurry and in favour of a slower, simpler way of life.

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HOW TO PRAY

A Simple Guide for Normal People

Pete Greig



978 1 529 37792 7 • £9.99 B format Paperback • 240pp eBook: 978 1 529 37793 4 • £9.99 Exclusive territories: World ex US, Can

Everyone prays. But no one finds it easy. We all need a little help.

Pete Greig has been teaching on prayer – and leading a non-stop prayer movement – for 20 years. Now, for the first time, he puts his life's work into a response to the question everybody ultimately asks: how do I pray?

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@petegreigpetegreig24-7prayer.com



THE BADLY BEHAVED BIBLE

Thinking Again About the Story of Scripture

Nick Page



A fresh look at reading the Bible from well-respected author Nick Page.

In his honest and accessible style, Nick Page urges us to rediscover a fresh look at the Bible as the scriptural bedrock of the Christian faith, to learn how we can undo unhelpful ways of reading it and demystifying its purpose and scope. Nick tackles what the Bible is and what it isn't, how we can critically read this inspired text and how we approach the difficulties in its content.

978 1 473 68621 2 • £12.99 B format Paperback • 272pp eBook: 978 1 473 68620 5 • £12.99 Exclusive territories: World US Rights: John Murray Press Translation Rights: John Murray Press Serial Rights: John Murray Press



I AM SO MANY THINGS

This vibrant journalling Bible not only provides readers with extra-wide blank margins for journalling, but also includes 48 pages of twocolour illustrations from Thea Muir – author of *I Am So Many Things*. Each charming image is accompanied by an 'I am' statement derived from a Bible truth that Thea repeated to herself in the mirror while she recovered from an eating disorder. The devotional pages propose activities and challenges to help the reader recognise their identity in God's eyes.

978
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SOUL FUEL FOR YOUNG EXPLORERS Bear Grylls



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TV star, former Special Forces soldier, Guinness World Record holder, author and the first ever Chief Ambassador to World Scouting, Bear Grylls is an inspiration for youngsters who want to make the most of life's adventures. In his recent bestseller *Soul Fuel* Bear revealed for the first time the inspiration that helps him to stand strong and find peace each day. Now *Soul Fuel for Young Explorers* takes his message and inspires children and young people to find courage and confidence in this source too.

ABOUT THE AUTHOR

Bear Grylls is the author of over 85 books that have sold more than 15 million copies worldwide, including the Number One bestselling *Mud, Sweat and Tears*.

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WHAT A BEAUTIFUL NAME

Brooke Ligertwood, Ben Fielding, Karalee Fielding & Scott Ligertwood



Based on Hillsong's Grammy Awardwinning, viral smash hit song, come on a fantastical journey of discovery.

Join Oliver and Leo as they experience firsthand the BEAUTY, WONDER and POWER of the Creator, and discover the Name he ultimately knew all along...

Written by the songwriters themselves explore this popular worship song together in this charming book. After the story, there is a deeper reflection on the song, allowing parents and children alike to discover more about JESUS.

ABOUT THE AUTHOR

More than a decade of friendship and serving together at Hillsong Church led to Ben Fielding and Brooke Ligertwood writing the Hillsong Worship song 'What A Beautiful Name' in 2016. And in 2018 over a breakfast table in rainy New York City, the idea for this book came to life... Brooke Ligertwood and Scott Ligertwood live in California, USA. Ben Fielding and Karalee Fielding live in Sydney, Australia.

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Phil Vischer

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LAUGH AND GROW BIBLE FOR LITTLE ONES

Phil Vischer

Fifteen beautifully illustrated, whimsically written Bible stories that will introduce little learners to God's great story.

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THE MINISTRY OF COMMON SENSE

How to Eliminate Bureaucratic Red Tape, Bad Excuses, and Corporate Bullshit Martin Lindstrom



Set up a Ministry of Common Sense to abolish the rules that drive you mad and hold you back at work.

In this book Martin Lindstrom takes you behind the scenes at companies that are paralysed and demoralised by a breakdown in common sense. Lindstrom shares a five-step process for identifying and repairing these lapses, showing that restoring common sense always cuts costs, boosts engagement, and increases customer retention.

Setting up your own Ministry of Common Sense will mean less time wasted on unnecessary things, fewer mistakes and misunderstandings, and a better way of working for all.

ABOUT THE AUTHOR

Martin Lindstrom is a foremost consultant to a who's who of leading companies. He is the author of the international bestseller, *Buyology*, and many other books on branding and consumer behavior. His book *BRANDsense* was acclaimed by the *Wall Street Journal* as 'one of the five best marketing books ever published'. He was recognised by *Time* Magazine as one of the 100 Most Influential People in The World and named by Thinkers50 as the world's number 18 business thinker. Author lives in New York, USA. Author is available for: interview, features, festivals, events.

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THE 12 WEEK MIND WORKOUT

Training for Mental Strength and Balance

Wouter de Jong



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You have 12 weeks to improve your outlook, habits and happiness – starting now.

ABOUT THE AUTHOR

Wouter de Jong is an trainer and coach who studied both Dutch law and acting – the latter at the celebrated Amsterdam School of Theater. Wouter has played in various film, television and theatre production and specialises in giving training and coaching on the subjects of body language, influence, improvisation and mindfulness.

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BIG MONEY ENERGY

How to Rule at Work, Dominate at Life, and Make Millions

Ryan Serhant



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ABOUT THE AUTHOR

Ryan Serhant is a co-star on Bravo's hit show *Million Dollar Listing New York* and the star of *Sell It Like Serhant*. He is also the author of the NYT bestseller, *Sell It Like Serhant*. He leads a team of 60 brokers and averages a billion dollars in sales every year. Ryan lives in New York City with his wife, Emilia, and their daughter. Author lives in New York, USA. Author is available for: interview, features.

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ABOUT THE AUTHOR

Rob Moore is a self-made property investor, businessman, entrepreneur, bestselling author, world record holder, speaker, pilot and proud dad, who co-owns seven companies. Rob has partnered with many of the biggest business and household names, featured in primetime TV shows for Living as a business mentor, on Channel 4, the BBC, The Business Channel and in the *Independent*, as well as mentoring success-hungry people who want to achieve more money and recognition in business and life.

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THE ART OF BUSINESS WARS

Secrets of Victory from History's Greatest Rivalries

David Brown



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ABOUT THE AUTHOR

David D Brown, JD, PhD, is managing editor and anchor of the daily US public radio news hour *Texas Standard*, based at Austin NPR affiliate KUT-FM. He is also the host of the hit podcasts *Business Wars* and *Business Wars Daily* from Wondery.

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THE GIFT OF INTENSITY

How To Win at Life And Love as a Highly Sensitive and Emotionally Intense Person

Imi Lo



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Sometimes it can feel like you and the rest of the world just aren't that good a fit. Being successful, fulfilled and happy can seem like something only other people can experience, because too often your own life feels intense, chaotic and overwhelming.

But what if your turbulent emotions could be used positively, listened to and valued, and what if your intensity is a gift not a curse?

This book shows sensitive and intense people how to navigate the fundamental relationships that make up their lives, advising on challenges such as low selfesteem, family conflicts, loneliness, complex work challenges and responding well during testing times.

ABOUT THE AUTHOR

Imi Lo is an award-winning mental health professional and author who is the founder of Eggshell Therapy – a practice that is dedicated to serving emotionally intense people. Imi is based in Hong Kong but her work has attracted interest and clients from all around the world.

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THE SOCIOPATH NEXT DOOR

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YOUR BODY IN BALANCE

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RULES OF ESTRANGEMENT

Why Adult Children Cut Ties and How to Heal the Conflict

Joshua Coleman, PhD



What do you do when your adult child won't talk to you?

Estrangement can be one of the most painful experiences of a parent's life, and the reasons for alienation are complex. As a trusted psychologist whose own daughter cut off contact for several years and eventually reconciled, Dr Joshua Coleman is uniquely qualified to guide parents in navigating these fraught interactions. He helps to alleviate the feelings of shame, hurt and guilt, and gives parents the tools to engage in meaningful conversation with their child, and the framework to cultivate a healthy relationship moving forward.

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Stop Drinking and Find Freedom

Simon Chapple



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WHEN YOUR CHILD IS SICK

A Guide to Navigating the Practical and Emotional Challenges of Caring for a Child Who is Very III

Joanna Breyer, PhD



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ABOUT THE AUTHOR

Educated at Oxford and Harvard, psychologist Joanna Breyer worked with children with cancer and their families for over 25 years at Dana-Farber Cancer Institute (DFCI) and Boston Children's Hospital. She also worked in the David B Perini Jr. Quality of Life Clinic for Survivors of Childhood Cancer for over 10 years. She is married to Supreme Court Associate Justice Stephen Breyer.

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YOUR FERTILE YEARS

What You Need to Know to Make Informed Choices

Professor Joyce Harper



Professor Joyce Horper

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The only guide that women of child-bearing age will ever need to understand how, why and at what age to have a baby. Professor Joyce Harper will cover the whole fertility journey, from first period to menopausal symptoms, arming women with all the information they need to make informed decisions about their reproductive choices.

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ABOUT THE AUTHOR

Professor Joyce Harper is a global leader in fertility education. She has worked in the field for 33 years and is Professor of Reproductive Science at University College London, in the Institute for Women's Health. She is Director or Head of several leading reproductive institutes and women's health organisations, and an ambassador for the This Girl Can campaign. She has three children, all born as a result of fertility treatment.

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HELPING YOUR CHILD WITH WORRY AND ANXIETY

Ann Cox



WORRY AND ANXIETY

ANN COX

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Bringing specialist clinical support to you without the waiting list, this is an essential book for any parent or caregiver worried about their child.

ABOUT THE AUTHOR

Ann Cox is a CAMHS consultant nurse and clinical lead. She describes herself as 'passionate about front line clinical work with children, young people and families'. She is a CBT therapist, an independent prescriber, a doctoral scholar, and the Associate Editor for *Journal of Child Health Care*. She is an Approved Clinician, a Florence Nightingale & RCN Foundation Scholar, the winner of the PPiMH Award 2019 and a *Nursing Times* Award 2019 finalist.

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JOHN MURRAY LANGUAGES







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ABOUT THE AUTHOR

Chris McCabe works as the National Poetry Librarian at London's Southbank Centre. Shortlisted for the Ted Hughes Award and the Republic of Consciousness Prize, his work has been described by the *Guardian* as 'an impressively inventive survey of English in the 21st Century'. His previously published work crosses art forms and genres including poetry, fiction, non-fiction, drama and visual art, and he has read his work at festivals such as Edinburgh, Latitude and Ledbury. Author lives in Liverpool, L6 and London, SE1. Author is available for: interview, features, festival appearances, events.

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Johnny C Taylor brings urgency to solving the most challenging workplace issues with innovative and enduring solutions.

ABOUT THE AUTHOR

Johnny C Taylor, Jr., SHRM-SCP, is President and Chief Executive Officer of the Society for Human Resource Management (SHRM), the world's largest HR professional society. Under his leadership, the Society has grown to a record 300,000 members in over 165 countries who impact the lives of 115 million workers every day.

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ABOUT THE AUTHOR

David Meckin is Managing Director of Insight Financial Consulting. He is a qualified accountant, a Member of the Chartered Management Institute and a Fellow of the Chartered Institute of Bankers. He regularly delivers workshops and presents at conferences internationally, and his clients include FTSE-100 companies and household names worldwide. Author lives in Buckinghamshire, UK. Author is available for: interview, features, festival appearances, local events.

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ABOUT THE AUTHOR

Jeremy Kourdi is a highly regarded executive coach and author, whose books have been translated into ten languages. He was previously Head of Publishing and Research at the Chartered Management Institute, and Senior Vice-President at The Economist Group. He holds an executive coaching certification from Henley Business School and an MA in International Relations. He works with market-leading businesses and executives worldwide. Author lives in London, EC2. Author is available for: interview, features, festival appearances, local events.

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COMING OUT STORIES

Personal Experiences of Coming Out from Across the LGBTQ+ Spectrum Edited by Emma Goswell & Sam Walker



First of its kind collection of LGBTQ+ coming out stories.

Based on the hugely popular *Coming Out Stories* podcast, this empowering and humorous resource is filled with helpful advice and tips on coming out and inspirational quotes from leading LGBTQ+ figures.

From JP coming out to his reflection in the mirror, to Jacob coming out to their mum over email, from Christine knowing she was trans as a young child, to Kerry coming out as a lesbian in her late thirties, all of the real life stories in this book show you there is no right or wrong way to come out.

ABOUT THE AUTHOR

Emma Goswell and Sam Walker host and produce the Coming Out Stories podcast and have over 20 years' broadcasting experience. Emma used to host the drive time show on Gaydio - the world's biggest LGBTQ+ radio station - and has been published by DIVA and Gay Star News. She has featured on BBC Radio London, BBC Wales and BBC 5 Live to discuss LGBTQ+ issues. Emma works and lives in Manchester. Sam is founder and MD of What Goes on Media, a company dedicated to helping individuals and organisations tell their stories through audio. She was previously a presenter for Radio 5 Live and now lives in Arizona, USA.

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A Trauma-Informed Workbook

Alex Iantaffi & Meg-John Barker



Self-care workbook from popular and renowned therapeutic duo.

A creative workbook and journal, featuring a diverse range of experiential exercises, questionnaires and opportunities for reflection. Exploring self-care in all its forms, the practices and activities in this book will help you to meet your basic needs, build empathetic relationships with yourself and others, and show resilience in times of need.

ABOUT THE AUTHOR

Alex lantaffi is an internationally recognized independent scholar, speaker and writer on issues of gender, disability, sexuality and mental health. They are also a licensed marriage and family therapist, sex therapist, somatic experiencing practitioner and supervisor. Meg-John Barker is a writer, therapist, and activistacademic specialising in sex, gender and relationships. They are the author of over twenty books. Meg-John Barker lives in London, UK. Alex lantaffi lives in Minneapolis, US. Both authors are available for: interview, features, festival appearances, local events.

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WHAT I DO TO GET THROUGH

How To Run, Swim, Cycle, Sew, or Sing Your Way Through Depression Olivia Sagan & James Withey



Leading mental health influencers discuss how they cope with depression.

Follow-up to the hugely successful *The Recovery Letters*, this collection includes leading mental health influencers discussing the hobbies and activities that have enabled them to take charge of their mental health and cope with depression. From running, swimming and cycling, through to singing, sewing and yoga.

ABOUT THE AUTHOR

Olivia Sagan is Head of Division, Psychology & Sociology, Queen Margaret University Edinburgh, UK. James Withey is the founder of The Recovery Letters project which publishes online letters from people recovering from depression. He is the co-editor of the bestselling book The Recovery Letters: Addressed to People Experiencing Depression.

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MISSION DYSLEXIA

Find Your Super Power and Be Your Brilliant Self

Julie McNeill, Rossie Stone & Paul McNeill

Illustrated by Rossie Stone



Kids' guide to being awesome and dyslexic and finding your strengths.

Meet CreaTia, Persisto and Willforce. They are strong, determined and creative, and they represent the strengths that dyslexia can bring to your life. Together they encourage you to use your skills and talents to be confident in what you do – and shrink the villain Mr Despicabilia!

This is a fun guide to work through together, with drawing and writing activities and examples to open up discussions and find solutions that put the dyslexic child's self-esteem and self-understanding at the fore. The colourful cartoons encourage children to name their feelings, identify challenges and recognise their own strengths in any situation.

ABOUT THE AUTHOR

Julie McNeill has an MA in Creative Writing, and has worked in education and social care with children with additional needs. She and Paul are parents to a dyslexic son. Rossie Stone runs Dekko Comics, a comic book company that revolutionises the school curriculum. He has given three TEDx talks about Dekko, and his own struggle with dyslexia. Paul McNeill is the head of community football for the Scottish Football Association, and an experienced public and keynote speaker. Authors live in Glasgow, Scotland. Authors are available for: interview, features, festival appearances, local events.

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TOUCH IS REALLY STRANGE

Steve Haines

Illustrated by Sophie Standing



A science-based graphic medicine comic exploring touch as a fundamental human experience.

Why can't we tickle ourselves? How can slow touch convey more powerful emotions than fast touch? How does touch shape our perception of the world?

Our initial experience of life and existence is tactile and spatial at its core. In *Touch is Really Strange*, Steve Haines takes readers on a fascinating exploration of touch – a complex and fundamental human experience. He explores the science behind how touch makes us feel real and connected, and how it is essential to the development of consciousness and to perception.

ABOUT THE AUTHOR

Steve Haines is a trainer, bodyworker and author. He has studied yoga, shiatsu, craniosacral therapy, TRE® (Trauma Releasing Exercises) and is a UK registered chiropractor. Steve is the bestselling author of *Pain is Really Strange, Trauma is Really Strange* and *Anxiety is Really Strange*. He lives between London and Geneva. *Anxiety Is Really Strange* was Highly Commended by the BMA in 2018. Sophie Standing is a London-based illustrator and designer, specialising in human sciences.

Author lives in London and Geneva, Switzerland. Author is available for: interview, features, festival appearances, local events.

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THE DIVORCE JOURNAL FOR KIDS

Sue Atkins Illustrated by Amy Bradley



An illustrated journal from parenting expert Sue Atkins to support children whose parents are separating.

A divorce can be an upsetting and frightening time for any child, but this journal from parenting expert Sue Atkins gives children aged seven and over a safe place to express their feelings, so they can start to understand them. Full of creative activities to help children process this life-changing event, while giving consistent reassurance throughout, this journal provides children with a source of strength and comfort through this challenging time.

ABOUT THE AUTHOR

Sue Atkins spent 25 years as a teacher and deputy head, before becoming a parenting coach ten years ago. She is well-known as 'The Parenting Expert' and frequently appears across the media, including on TV such as ITV's *This Morning*, Sky News, on Disney Junior's *Parenting Hacks* podcast and in many of the UK's biggest newspapers.

Author lives in Surrey, UK. Author is available for: interview, features, festival appearances, local events.

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