CHALLENGE 5

Bring Your Own Water Bottle

Water and fizzy drink bottles are one of the largest sources of household plastic in the ocean. People buy a million plastic bottles every single minute.

It's much better to bring a reusable bottle with you when you leave your house.



Phone, wallet, reusable water bottle, keys ...



Here's the challenge: Before you leave your house, make sure you have a reusable water bottle with you.

DON'T FORGET!

You could start running down a checklist before you leave.

- phone
- wallet
- · water bottle
- keys

This way you always have your water bottle on you. Get in the habit of carrying your bottle with you for a WHOLE month.