



The PiXL Club Ltd in association with Hachette UK

PiXL Presents:
Teacher Guidance

Teacher Guidance for Change Makers

Who is behind 'PiXL Change Makers'?

PiXL is a company who are invested in helping students achieve their best and BE their best; they work with over 3000 schools and school leaders in the UK. They have collaborated with Hachette Children's Group on this project based on Matthew Syed's new book, 'Dare to Be You'. There are several people who have collaborated on PiXL Change Makers:



Matthew Syed

Author and Broadcaster,
Author of 'Dare to Be You'



Gemma Oaten

Actress and TV star



Jaz Ampaw-Farr

Resilience ninja!



Mr Beezy

Motivational speaker



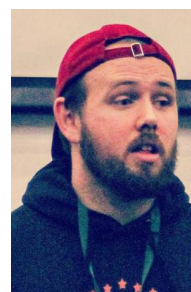
Kathy Weeks

'Dare to Be You'
Team



Rachel Johnson

PiXL Lead and writer of
PiXL Change Makers



Cameron Parker

Motivational speaker

What is it?

There are 12 sessions for students to complete at school or at home and a workbook that goes alongside the sessions. The sessions work without the 'Dare to Be You' book but ideally, students may wish to read along for a fuller and deeper understanding of the issues. Each session has an opening video from Matthew Syed and a motivational video at the end from one of the speakers listed above. Some sessions include an additional video from Kathy Weeks from the 'Dare to Be You' team.

Hachette UK are offering discounts on the book, details of which can be found in the flyer in the Teacher area (pixlchangemakers.co.uk).

What are the key ideas?

The package explores how students can be the makers of their own change and, as a result, change the world in which they live. The project explores:

- How hard change can be
- That 'normal' doesn't exist
- How to silence the 'Kid Doubt' voice in our head
- That we can embrace being different
- That kindness is crucially important
- How to choose our own path

Why did we write 'PiXL Change Makers'?

After having come out of lockdown, we know that students may be nervous about returning to school; they are navigating huge amounts of change. Handling change is what we have to do throughout life and so we want to help prepare them for that. As they return to school and see their peers again, it is also important that they know how important kindness is, how difference is an asset and how they can control their attitude, even if they can't control much else. The PiXL Change Makers project explores all of these issues with students in a relevant and practical way.

How could we use PiXL Change Makers in our school?

We don't believe that one size fits all and so here are a range of suggestions around how you might use this material:

- It could form part of induction days with tutors as students come back into school.
- Some schools may choose to do one session a week for 12 weeks.
- It could form the basis of some assemblies in tutor time, with other members of staff introducing the lessons (face to face or digitally).
- If you have opted for tutor group bubbles, it could be a way of helping tutor groups find new ways of engaging with each other after being away for so long.
- You may choose to do PiXL Change Makers with one year group who have previously been less accepting of difference, or who have struggled to gel as a year group (or form class).
- Some schools will do this throughout the school so that every year group hears the same message – this can help as you build on the key messages. The content is appropriate for all, the teacher explanation and questioning can encourage more discussion.
- Following Be Awesome, Go Big for the new Year 7, schools may decide to have PiXL Change Makers as a sequel. There is a link video from Gemma Oaten for this if your students have done Be Awesome, Go Big: <https://vimeo.com/438658158/c787d0f1fc>
- The motivational videos can be used for assemblies or for discussion.
- Some schools may buy 'Dare to Be You' and read through them as class readers, a number of schools did this with 'You Are Awesome' and 'Go Big'.
- You could communicate with parents using the parents' leaflets provided and ask them to work through the lessons at home (if some students remain at home due to Covid-19).
- This could be something you launch with parents through a virtual open evening at the start of term or later in the year.
- Tutor groups could use the material to decide what changes they would make as a tutor group; this may be a community project or how they conduct themselves around school or acts of kindness they could do.
- The package could be used to write a class charter or a 'manifesto for change' where students decide how they want to change their own world together. They could create a 'respecting difference' agreement where they commit to appreciating differences in others.
- Post what has been happening on social media to @pixlclub, @rachelpixl and @hachettechildrensgroup and we can re-tweet and celebrate your students' successes.

We hope that you enjoy working through PiXL Change Makers with your students.

We hope that it will inspire conversations and create action so that more young people dare to be themselves.

Rachel Johnson
PiXL Lead

