

HEADLINE PUBLISHING HIGHLIGHTS JANUARY TO JUNE 2024



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WILDFIRE



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IMPRINTS



Headline Fiction

Headline Fiction understands readers, what drives them to buy and read books and where and how they read them. We publish the novels people really want to read; the books that keep them reading into the early hours, with worlds people want to escape to and with characters they can relate to.

✂ @HeadlineFiction

📷 @headlinebooks



Wildfire

Wildfire publishes a broad range of quality commercial fiction and non-fiction. The fiction list comprises everything from must-read crime and thriller novels, and imaginative concept-led narratives. On the non-fiction front, Wildfire publishes books which have a strong purpose and which cover a range of subjects, whether important historical eras and figures, or key social issues, or just very funny observations. Wildfire's overriding ambition is to publish compelling and thought-provoking books, books you will want to talk about endlessly with your friends, books that have a little bit of soul.

✂ @Wildfirebks



Headline Review

Headline Review is Headline's sister imprint for the lover of commercial reading group fiction. Headline Review's storytellers have a softer touch and will transport you to another time or place and make you feel differently about the world; these are the books that make you feel and also make you think.



Tinder Press

Tinder Press is Headline's literary imprint, a space where classy, intelligent writing can thrive. Our bestselling and award-winning authors include Maggie O'Farrell, Patrick Gale, Sue Monk Kidd, Deborah Moggach and Guy Gunaratne, and we are always on the lookout for new and exciting talent. We pride ourselves on a diverse list of fiction and non-fiction, with both commercial clout and prize-winning potential.

www.tinderpress.co.uk

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WELBECK
PUBLISHING GROUP

Welbeck Publishing Group is dedicated to publishing only the very best and most commercial books spanning a number of genres and categories, from leading authors and well-known brands to debut talent. We live for books that entertain, excite and enhance the lives of readers around the world.

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Headline Non-Fiction

The Headline Non-Fiction list has a highly commercial focus and publishes across a range of genres including memoir, sport, humour, celebrity, music, autobiography and TV tie-ins. Books with a clear hook that make you take notice from the first page – books that make you laugh, teach you something new, surprise you, or take you on a rollercoaster ride through someone else’s life. Our authors have drive, passion, energy and international appeal and are prepared to stand up and shout about how wonderful their books are, either from an existing platform or one we’ve built together.

 [@HeadlineNonfic](#)



Headline Home

Encompassing the genres of food and cookery, health and wellbeing, parenting, popular psychology and a little bit of mindfulness, Headline Home publishes books that guide and advise – offering practical solutions for everyday life. Books that readers will learn from, cook from, take advice from and authors that will offer a helping hand, a nod in the right direction and much-needed advice to help us all to live the best possible lives we can in this fast-paced, modern world. In short, books which speak to real people about real issues.

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OUR COMMUNITIES



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Bookends is a vibrant reading community to help you ensure you’re never without a good book. It brings together the best reads from three publishers: Hodder & Stoughton, Headline Publishing Group and Quercus Books. You’ll find exclusive previews of the brilliant new books from your favourite authors as well as exciting debuts and past classics.

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H FOR HISTORY

H for History is the historical fiction and non-fiction community from four fantastic publishers: Hodder & Stoughton, Headline, Quercus and Little, Brown, Book Group. Here you will find news about our latest books, competitions and exclusive articles from our authors on a whole range of subjects, giving you every opportunity you need to satisfy your taste for the past.

www.hforhistory.co.uk

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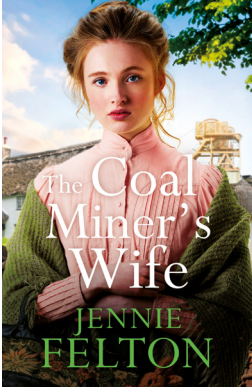
CRIME FILES

Crime Files is a reading community bringing together avid crime and thriller fans from three publishers: Hodder & Stoughton, Headline Publishing Group and Quercus Books. We’ll be bringing you the news and views on all our authors and books, from household names to US giants and exciting new talent.

www.crimefiles.co.uk  [@CrimeFilesBooks](#)

The Coal Miner's Wife

Jennie Felton



'One of the nation's favourite saga writers' Lancashire Post

'Jennie Felton knows how to tell a cracking story and keep the reader gripped' Books With Wine and Chocolate

In the tradition of Dilly Court, Rosie Goodwin and Josephine Cox comes a heartrending and unforgettable saga about a mother, her daughters and the shocking events that threaten to destroy their lives. There is no strength like the strength of a mother determined to protect her children . . .

Somerset, 1911. Miner's wife Lorna Harrison sometimes wonders what became of her marriage. The affection has gone, and her husband Harry is surly and cold. But Lorna will always be grateful for the joy that their two daughters bring.

Imprint: Headline
 Pub: 04/01/2024
 Format: Paperback Original
 Price: £7.99
 ISBN: 9781472296764



When a devastating accident occurs at the pit and Harry is unable to work, Lorna worries about how she will make ends meet. Worse, the pit owner wants them out of their house. And neighbours turn their backs, as rumours spread that Harry helped cause the mine collapse.

At her lowest ebb, Lorna is befriended by Bradley Robinson, the colliery safety officer, whose kindness is a beacon of light. But as shocking secrets are revealed, Lorna wonders if Bradley is only using her to learn the truth about the pit. As she struggles to keep her daughters safe, Lorna must decide if she can trust the man she is falling in love with . . .



Jennie Felton grew up in Somerset, where she lives today. She has written numerous short stories for magazines as well as a number of novels under a pseudonym. *All The Dark Secrets* is the first in her new series, *The Families of Fairley Terrace Sagas*, about the lives and loves of the residents of a Somerset village beginning in the late nineteenth century.

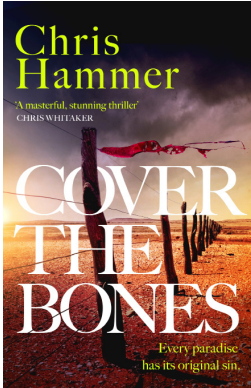
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Publicist: publicity@headline.co.uk

Cover the Bones

Chris Hammer



Imprint: Wildfire
 Pub: 04/01/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472295712



NO ONE IS EVER INNOCENT IN PARADISE.

A small town.

A closely guarded secret, stretching back decades.

And blood in the water.

A body has washed up in an irrigation canal, the artery running through Yuwonderie, a man-made paradise on the border of the Outback. Stabbed through the heart, electrocuted and dumped under cover of night, there is no doubt that detectives Ivan Lucic and Nell Buchanan are dealing with a vicious homicide.

The victim is Athol Hasluck, member of one of the seven dynasties who have controlled every slice of bountiful land in this modern-day Eden for generations.

But this is not an isolated incident. Someone is targeting the landed aristocracy of this quiet paradise in the desert. Secrets stretching back decades are rising to the surface at last - but the question remains, who stands to gain most from their demise?

Can Ivan and Nell track down a killer before the guilt at the heart of these seven families takes the entire town down with it?

Praise for Chris Hammer:

'Shimmers . . . A tortured tale of blood and loss' Val McDermid

'Stunning - a page-turner which stays long in the memory' Sunday Times

'Utterly brilliant, a darkly simmering mystery.' - Dervla McTiernan



Chris Hammer was a journalist for more than thirty years, dividing his career between covering Australian federal politics and international affairs. *Scrublands*, his first novel, was published in 2018 and won the CWA John Creasey (New Blood) Dagger Award. It was followed by *Silver*, *Trust*, *Opal Country* and *Dead Man's Creek*, all of which received huge critical acclaim from the media, fellow authors and readers. *Scrublands* has been made into a TV series by Easy Tiger and will be on our screens in 2024. Find Chris on Instagram @thehammernow

Canberra, Australia

Feral

Gabrielle Filteau-Chiba



Set in the Canadian forest, FERAL is a feminist eco-thriller, a passionate love story and an ode to nature's ferocious beauty.

Raphaëlle, a forty-year-old forest warden, has been estranged from her family for many years. She lives with her beloved dog, Coyote in a caravan deep in the Canadian woods. Fiercely independent and cut off from civilisation, she is always armed, protecting herself from bears, coyotes and lynxes who she in turn defends from sadistic, overzealous poachers.

Soon after Raphaëlle discovers animal footprints outside her cabin, her dog vanishes and is eventually found severely injured. And then it is not long before Raphaëlle herself becomes the prey of the forest's ultimate predator, which is not animal, but man.

Imprint: Mountain Leopard Press

Pub: 04/01/2024

Format: Paperback Original

Price: £12.99

ISBN: 9781800699021



Gabrielle Filteau-Chiba is a writer and environmental activist from Québec. In the winter of 2013, she left her job, home and family in Montreal, sold all her worldly belongings and moved into a wooden cabin in the remote Kamouraska region. FERAL is her second novel.

Canada

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

First Lie Wins

Ashley Elston



You'll have your heart in your mouth with this stylish cat-and-mouse thriller that will keep you guessing until the very end.

**** MAJOR TV SERIES IN DEVELOPMENT FOR HULU ADAPTED BY GREY'S ANATOMY'S KRISTA VERNOFF AND OSCAR-WINNING, OCTAVIA SPENCER ****

Evie Porter has everything a nice, Southern girl could want: a perfect, doting boyfriend, a house with a picket fence, a fancy group of friends. The only catch: Evie Porter doesn't exist.

The identity comes first: Evie Porter. Once she's given a name and by her mysterious boss Mr Smith, she learns everything there is to know about the town and the people in it. Then the mark: Ryan Sumner. The last piece of the puzzle is the job.

Imprint: Headline
 Pub: 09/01/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781472295323



Evie isn't privy to Mr Smith's real identity, but she knows this job will be different. Ryan has gotten under her skin, and she's starting to envision a different sort of life for herself. But Evie can't make any mistakes - especially after what happened last time.

Because the one thing she's worked her entire life to keep clean, the one identity she could always go back to - her real identity - just walked right into this town. Evie Porter must stay one step ahead of her past while making sure there's still a future in front of her. The stakes couldn't be higher - but then, Evie has always liked a challenge...



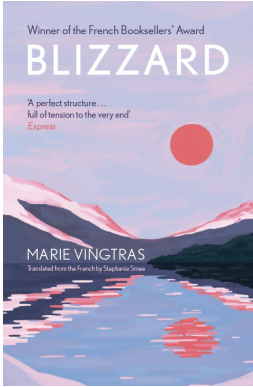
Ashley Elston is the author of several novels, including *THE RULES FOR DISAPPEARING* (a finalist in the Best Young Adult Novel category of the International Thriller Awards) and *10 BLIND DATES*. Her work has been translated into 23 languages. She graduated with a Liberal Arts degree from Louisiana State University in Shreveport. Ashley worked for many years as a wedding photographer before turning her hand to writing. Ashley lives in Louisiana with her husband and three sons. *FIRST LIE WINS* is her debut adult thriller.

X [@ashley_elston](#) | Louisiana

Publicist: | Oliver Martin | oliver.martin@headline.co.uk

Blizzard

Marie Vingtras



“Tension to the very end”, L’Express

In a harsh, Alaskan landscape, four solitary characters are brought together by a desperate hunt to find a missing child. *Blizzard* is a gripping thriller. Quiet and unnerving but building to a breath-taking dramatic climax.

A blizzard rages in Alaska. In the storm, a woman stops for a moment to tie her shoelaces. Seconds later, the child under her protection has vanished. She searches for him, soon joined by the very few other inhabitants who live in this cold, desolate place.

As the hunt intensifies - a race against the clock in these excruciating conditions to bring back the child alive - the inner demons and torments of each individual are revealed, and their uncanny connection to one another is finally unveiled.

Imprint: Mountain Leopard Press

Pub: 18/01/2024

Format: Paperback Original

Price: £10.99

ISBN: 9781914495984



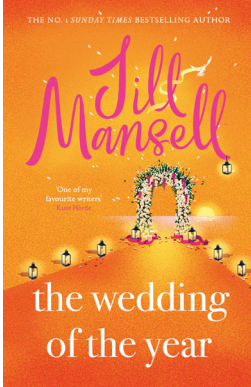
Marie Vingtras was born in Rennes in 1972. *Blizzard* is her first novel.

France

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

The Wedding of the Year

Jill Mansell



Love, friendship and secrets revealed as the sun beats down on dazzling blue Cornish seas . . .

It's set to be a perfect day - until the chauffeur is asked to keep driving the bride around the church. This wedding definitely isn't going as planned.

Lottie is a guest at the wedding when she sees Max. No kiss has ever matched the last one they shared fifteen years ago. They were on the brink of a beautiful love story, until a shocking event tore them apart. Now here he is, still ridiculously good-looking, teasing Lottie in the old way - and that overwhelming electric attraction is back. But Max is way out of bounds.

Isla owes Cameron everything. But she doesn't love him. Which is a shame, because they're about to be married.

Ruby has been the perfect wife. When she discovers the truth about her husband, her response is reckless and delicious. But after that, nothing will ever be the same again.

Imprint: Headline Review

Pub: 18/01/2024

Format: Hardback

Price: £16.99

ISBN: 9781472287939



Praise for Jill's novels

'A real ray of sunshine and - exactly what's needed right now - Jill's books should be on prescription!' Phillipa Ashley

'The absolute definition of "reading for pleasure", it will bring hours of happiness' Veronica Henry

'Jill Mansell's brilliance shouts from every page' Milly Johnson



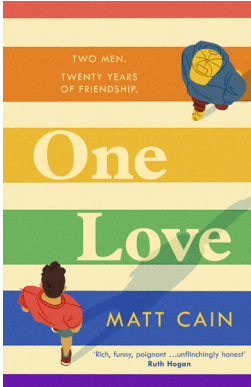
Jill Mansell started writing fiction while working in the NHS, after she read a magazine article that inspired her to join a local creative writing class. She has since written over twenty Sunday Times bestsellers, including *Should I Tell You*, *And Now You're Back*, *It Started With A Secret*, *Maybe This Time*, *This Could Change Everything* and *You And Me, Always*, and her books have sold over 13 million copies around the world. Jill's hobbies include buying stationery, particularly magical new colours of ink for the fountain pen she uses to write all her books. She lives in Bristol with her family. Jill keeps in touch with her readers on and Facebook - /OfficialJillMansell.

X @JillMansell | Bristol

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

One Love

Matt Cain



Imprint: Headline Review
Pub: 18/01/2024
Format: Hardback
Price: £20.00
ISBN: 9781472291912



Two men. Twenty years of friendship. One love.

'Matt's books just keep getting better and better and One Love is rich, funny, poignant and unflinchingly honest portrayal of friendship, love and everything in between' Ruth Hogan

2002

Danny arrives at Manchester University determined not to hide from the world any longer. This is the year his life will begin. He locks eyes with a handsome stranger across the hall at the Fresher's Fair. It starts with a wink and soon Danny and Guy are best friends.

2022

Now, both single for the first time in years, Danny and Guy return to the confetti-covered streets of the Gay Village for Manchester Pride. After years of shared adventures and lost dreams, Danny finally plans to share the secret he has been keeping for two decades. He has always been in love with Guy.

Could this weekend be the end of a twenty-year friendship . . . or the start of something new and even more beautiful?

Praise for Matt Cain:

'Heart-warming and joyful, but also so poignant' LORRAINE KELLY

'A rollicking love story' IAN MCKELLEN

'An utter treat' KATE MOSSE

'Original, hopeful and totally charming' ADELE PARKS



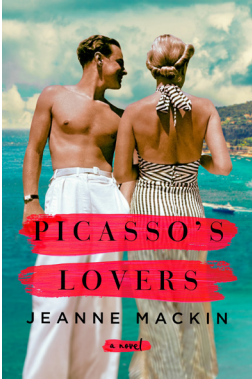
Matt Cain is an author, a leading commentator on LGBT+ issues, and a former journalist. He is currently a presenter for Virgin Radio Pride UK, was Channel 4's first Culture Editor, Editor-In-Chief of Attitude magazine, and has judged the Costa Prize, the Polari Prize and the South Bank Sky Arts Awards. He won Diversity in Media's Journalist Of the Year award in 2017 and is an ambassador for Manchester Pride and the Albert Kennedy Trust, plus a patron of LGBT+ History Month. Born in Bury and brought up in Bolton, he now lives in London.

✉ @MattCainWriter | London

Publicist: | Joe Thomas | joe.thomas@headline.co.uk

Picasso's Lovers

Jeanne Mackin



'A bold, sumptuous portrait of a great artist and the women who inspired, frustrated, loved, and loathed him... *Picasso's Lovers* is an epic, sensuous delight' **Kate Quinn, *New York Times* bestselling author**

A vivid reimagination of the women drawn into Pablo Picasso's charismatic orbit , for readers of *The Paris Wife* and *Mrs Hemingway*.

France, 1923. The war to end all wars is over and Paris is a Bohemian paradise for foreign artists and writers seduced by the promise of a different life. Pablo Picasso is already famous, the centre of gravity in the Parisian art world. Long, luxurious summers are spent on the Riviera where the beautiful and wealthy descend on the Cote d'Azur, and anything seems possible in the name of art.

New York, 1953. For Alana Olson, there's always been something about Picasso. An art historian and aspiring journalist, Alana was bound to encounter the most renowned artist of the era, but it was her late mother's strange fascination with the man that inspired Alana's doctoral thesis on his work. Then an assignment for a profile on Picasso from her dream publication leads Alana to a series of intimate interviews with Sara Murphy and Irene Legut - two women from the once-vibrant French social circle that included the artist.

Imprint: Headline
 Pub: 23/01/2024
 Format: Trade Paperback
 Price: £14.99
 ISBN: 9781035413881



As Alana is pulled deeper into the glamorous lives of the past, the unseen works of art, whirlwind romances and life-changing secrets, she begins to uncover hidden details and a disturbing convergence with her own life that bring her closer to Picasso, and those who loved and loathed him, than she ever could have imagined.



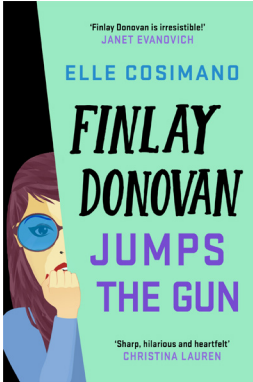
Jeanne Mackin is the author of several historical novels, including *The Beautiful American* and *The Last Collection*. She taught creative writing at Goddard College and has given numerous workshops. She lives in upstate New York and the first art she ever hung on a wall was a reproduction of Picasso's *Le Rêve*.

X @jeannemackin1 | New York

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Finlay Donovan Jumps the Gun

Elle Cosimano



'Finlay Donovan is irresistible!' JANET EVANOVICH

Finlay Donovan is ready to bite the bullet. She's done with her accidental life of crime. But first, there's the small matter of her debt to the Russian mob.

Her task should be simple: locate a rogue hitman before the cops do. The catch? This killer might be a cop himself.

From inside the citizens' police academy, run by distractingly hot Detective Nicholas Anthony, Finlay needs to sleuth out her target - and some fresh ideas for her new crime novel.

Can she get to her edits and the hitman in time? She'll give it her best shot.

Imprint: Headline Review
Pub: 30/01/2024
Format: Paperback Original
Price: £9.99
ISBN: 9781035405152

With more dating, diapers and dodging bullets, the third book in the hilarious, irresistibly lovable Finlay Donovan series is perfect for fans of Dial A for Aunties, Janet Evanovich's Stephanie Plum series, and TV shows like Only Murders in the Building, Killing Eve and Dead to Me.

PRAISE FOR FINLAY DONOVAN

'This series is magical! . . . Sharp, hilarious and heartfelt'
 CHRISTINA LAUREN, author of The Unhoneymooners

'I love Finlay Donovan so much I would 100% hide a body for her'
 JESSE Q. SUTANTO, author of Dial A for Aunties

'Skilfully combines suspense and laughs'
 NEW YORK TIMES



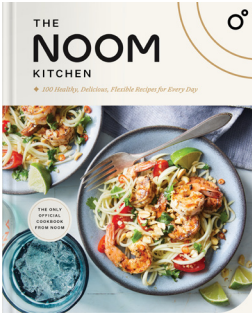
Elle Cosimano is an award-winning author. Her YA debut, *Nearly Gone*, was an Edgar Award finalist and winner of the International Thriller Award. Her novel *Holding Smoke* was a finalist for the International Thriller Award and the Bram Stoker Award. Her essays have appeared in The Huffington Post and Time. Elle lives in the Blue Ridge Mountains of Virginia with her husband, two sons, and her dog. Finlay Donovan Is Killing It is her adult debut.

X @ElleCosimano | Virginia

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

The Noom Kitchen

Noom Inc.



The only official Noom cookbook! Easy, healthy, nutritious recipes for achieving your health goals deliciously!

Noom is a global phenomenon—their digital health and weight management program has helped millions lose weight and feel better by focusing on the psychology of food and behavior change. The Noom Kitchen - follow-up to Noom's bestselling book The Noom Mindset - offers spectacularly delicious recipes that make serving health-forward foods easy for cooks of all skill levels.

The majority of the recipes focus on using 'green foods', nutritionally dense ingredients that fill you up without weighing you down. With selections like Saucy Pizza-Stuffed Chicken Breast, Spinach & Feta 'Hot Pockets', and Easy Strawberry Cheesecake Ice Cream, The Noom Kitchen applies Noom's trademark approach to nutrition to help readers:

- Put a healthy twist on favorite foods like french fries, pizza, and dessert
- Cook meals and snacks designed to be portable and storable so you can eat well on-the-go
- Learn new techniques for boosting the nutrient density (and decreasing the caloric density) of any meal.

These recipes will appeal to dedicated Noom users and new readers alike, providing accessible culinary guidance for anyone looking to kick-start their health and wellness in the kitchen.

Imprint: Headline Home
 Pub: 02/01/2024
 Format: Hardback
 Price: £30.00
 ISBN: 9781472298010



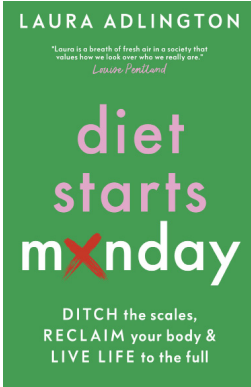
NOOM is a consumer-first digital health platform that empowers its users to achieve holistic health outcomes through behaviour change. Founded in 2008, NOOM's mission is to help people everywhere lead healthier lives. Fuelled by a powerful combination of technology, psychology and human coaching, NOOM is backed by more than a decade of user research and product development. Today, NOOM's platform includes two core programmes: NOOM Weight for weight management and NOOM Mood for stress management. NOOM is headquartered in New York City.

✕@noom | New York City

Publicist: | Joe Thomas | joe.thomas@headline.co.uk

Diet Starts Monday

Laura Adlington



Diet Starts Monday is a no-BS guide to body acceptance in a looks-obsessed world.

Plus-size TV personality and body confidence advocate Laura Adlington has struggled with her weight (and the weight of other people's opinions) her entire life. Here, in conversation with experts including doctors, psychologists and nutritionists, Laura reveals just how detrimental diet culture is to health, and explores where our true worth lies.

Packed with personal stories and practical advice, this book will help you find peace with your body - not be at constant war with it. By undoing negative ingrained beliefs about beauty and value, and focusing on building inner confidence, *Diet Starts Monday* will empower you to live a fun and full life - whatever your size.

Imprint: Welbeck Balance

Pub: 04/01/2024

Format: Hardback

Price: £20.00

ISBN: 9781801292979



Since appearing on *The Great British Bake Off* in 2020, **Laura Adlington** has been sharing her passion for body confidence and self-acceptance on social media and on her popular podcast *Go Love Yourself*.

She regularly shares the highs and lows of being in a bigger body - and has created not just a large following but a supportive community of like-minded women.

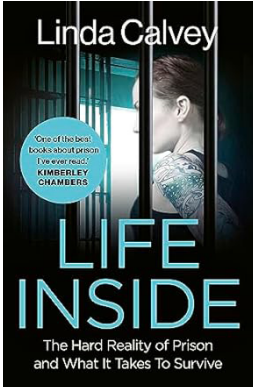
Laura is highly sought after to collaborate with leading brands, including TU, Matalan, Maltesers, Costa and many more. With her debut book, Laura's aim is to help women find self-acceptance and self-love, whatever their size.

[@laura.adlington](#) | Kent

Publicist: | [Rosie Margesson](#) | rosie.margesson@headline.co.uk

Life Inside

Linda Calvey



A chilling look into the brutality of life behind bars and what it's like to be locked away with some of the world's most dangerous criminals.

Widely known in the criminal underworld as the 'Black Widow', Linda Calvey spent the first half of her life running with the UK's top gangsters, robbing banks and rubbing shoulders with the Kray twins. That is, until, in 1990, her lover Robbie Cook was murdered at pointblank, and she found herself falsely convicted.

Linda was sent away for decades, and would go on to become Britain's longest-serving female prisoner. This is her story of life inside, and how she learnt to survive the many years she spent behind bars.

Detailing the systems, characters and rules of prison life, as well as her encounters with notorious criminals Charles Bronson, Rose West and Myra Hindley, Linda gives a full account of her time locked up.

Featuring stories of fights, riots, dodgy dealings and what happens when a prison officer gets taken hostage, this is a gritty and eye-opening look at prison life from a woman who has seen it all.

Imprint: Welbeck
 Pub: 04/01/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781802795936



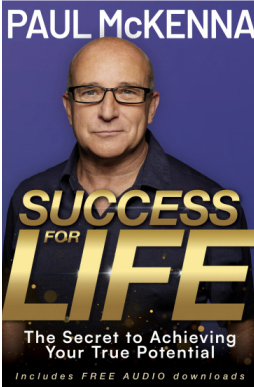
Linda Calvey has served 18 years behind bars, making her Britain's longest-serving female prisoner. She moved to 14 different prisons, doing time with Rose West and Myra Hindley. Since her release, Linda has become a full-time author. She has previously written three books, across both fiction and non-fiction, the first of them being her memoir *The Black Widow*, which sold over 16,000 copies.

London

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Success For Life

Paul McKenna



Success For Life will help you reach your true potential. Whatever circumstance you find yourself in, world-leading hypnotist and NLP expert Paul McKenna gives you the tools and techniques you need to move on from it and live a successful life, no longer making you a victim of circumstance.

Over more than three decades, Paul has helped millions of people to improve their lives with hypnosis, NLP and Havening. Here, using the latest psychological techniques and downloadable audio content, Paul shows you how to achieve ultimate success.

Many people are waiting for the world to change before they can feel good - this powerful book flips the narrative around, using an 'insideout' approach to success and happiness, firmly placing the power back in your hands.

Imprint: Welbeck

Pub: 04/01/2024

Format: Trade Paperback

Price: £14.99

ISBN: 9781802797886



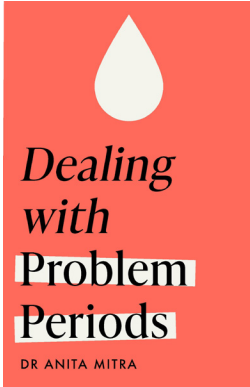
Over the past 20 years, **Paul McKenna**, Ph.D. has helped millions of people successfully lose weight, quit smoking, overcome insomnia, eliminate stress and increase self-confidence. Paul has famously worked his unique brand of personal transformation with Hollywood movie stars, Olympic gold medallists, rock stars, top business achievers and royalty. He consistently astounds his audiences and clients by proving how small changes in people's lives can yield huge results. He is Britain's bestselling non-fiction author, having sold 3 million books in 3 years, and his TV shows and live appearances have been watched and attended by hundreds of millions of people in 42 countries around the world.

X @ImPaulMcKenna | London

Publicist: | Neil Reading | neil@neilreadingpr.com

Dealing with Problem Periods (Headline Health series)

Dr Anita Mitra



Problem periods are a common part of many women's lives - for the most part causing the occasional inconvenience. However, for some, problem periods can be a major burden.

In *Dealing with Problem Periods*, Dr Anita Mitra explains the current scientific understanding of what periods are, what causes them and why certain women suffer debilitating pain each month. This book will examine how to manage problem periods, the treatment options available (including non-medical interventions) and answer commonly asked questions.

This easy-to-understand guide will give you all the information you need to better understand your gynae health and take the next steps in managing or seeking treatment for problem periods.

Imprint: Headline Home

Pub: 04/01/2024

Format: Paperback

Price: £10.99

ISBN: 9781035407743



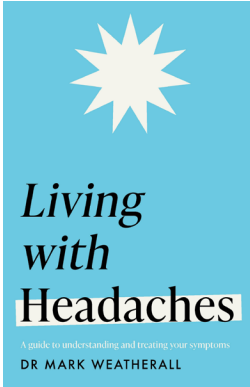
Dr Anita Mitra is an NHS doctor based in London specialising in Gynaecology and Gynaecological Oncology, with experience in both clinical medicine and research. She is known as The Gynae Geek on social media, which is also the title of her first book, published in 2019.

✕ @GynaeGeek | London

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

Living with Headaches (Headline Health series)

Dr Mark Weatherall



Headaches are a common part of many people's lives - for the most part causing the occasional inconvenience. However, for some, headaches can be a major burden. Around 10 million adults in the UK experience migraines, and more than 500,000 people are living with daily, or near-daily, headaches.

In *Headaches*, Dr Mark Weatherall explains the current scientific understanding of what headaches are, what causes them and why certain people get them. This book covers the headache basics (the common types and how they are diagnosed), how to manage headaches, the treatment options available and answers commonly asked questions.

This easy-to-understand guide will give you all the information you need to better understand headaches and take the next steps in managing or seeking treatment for this condition.

Imprint: Headline Home

Pub: 04/01/2024

Format: Paperback

Price: £10.99

ISBN: 9781472298300



Dr Mark Weatherall is a Consultant Neurologist and Clinical Lead for Neurology at Buckinghamshire Healthcare NHS Trust, former Chair of the British Association for the Study of Headache and Trustee of The Migraine Trust. He was a highly regarded historian of medicine before studying clinical medicine at Cambridge. Junior medical jobs followed in Cambridge, London and Oxford, before he completed his specialist training in neurology in the North-West of England. He spent twelve months as a clinical research fellow at the Institute of Neurology in London. He is a Fellow of the Royal Colleges of Physicians of London and Edinburgh.



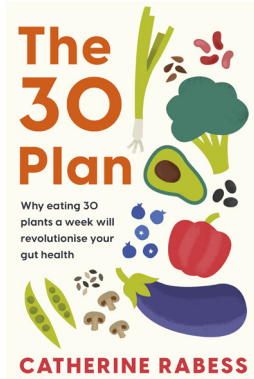
His interests include the diagnosis and management of chronic migraine, facial pain, visual snow and secondary headaches associated with systemic disorders, as well as the historical, social and cultural aspects of headache disorders. He has made presentations on these subjects at recent meetings of the International Headache Society, the European Headache Federation, the Migraine Trust International Symposium and the Association of British Neurologists. He actively promotes the importance of headache disorders through social media and more traditional media platforms.

✉ [@weatherallmw](https://twitter.com/weatherallmw) | UK

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

The 30 Plan

Catherine Rabess



Imprint: Headline Home
 Pub: 04/01/2024
 Format: Trade Paperback
 Price: £16.99
 ISBN: 9781035407187



Revolutionise your gut health with this simple plan from an expert dietitian.

Get on board with the 30 plant challenge! Gut health goes far beyond the stomach - it is linked to how your metabolism, brain and body functions, and even to your mental wellbeing. As much as 70 per cent of your immune system lives in your gut too, so getting it into optimal condition has never been more important.

The latest research shows that eating a diverse range of 30 plants a week and getting 30g of fibre a day is the best way to optimise your gut health. This book is the first to combine the two into one simple plan, and will show you just how easy and delicious doing both can be. With 60 mouthwatering recipes and dozens of practical tips and tricks for maximising your intake of plants - fruit, veg, nuts, seeds, legumes, sprouts and more ... - this is the future of plant-based eating. And best of all, it's not restrictive! Expert dietitian Cath Rabbis shows that the key to gut health is diversity, not restriction.



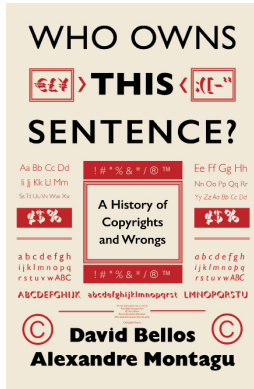
Catherine Rabess is an experienced Registered Dietitian specialising in gastroenterology and complex nutrition support. She is the Clinical Lead Dietitian for NHS Nutrition and Dietetic Service in South West London. As well as Consultant Dietitian at St John's and St Elizabeth Hospital and part of The GI Unit multi-disciplinary team. Catherine's mission is to raise awareness based around how improving gut health is always about how to diversify your diet and not how to restrict. Catherine is an active member of the BDA and a media spokesperson. Providing evidence-based nutrition on her social media @caffdietitian and expert advice to a variety of media platforms including The Times, BBC, Stylist and Women's Health. <https://caffdietitian.com/>

✕ [@caffdietitian](https://caffdietitian.com/) | London

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

Who Owns This Sentence?

David Bellos and Alexandra Montagu



An important exploration into how copyright has become a tool of unprecedented power and wealth for the few, widening the gap between the richest and poorest in society.

Copyright is everywhere. It controls much of what we do in the modern world, including the films we watch, the books we read, the music we listen to, the video games we play and the apps we use on our mobile telephones. Copyright goes beyond content created by the living. Today, legal battles are being fought over who owns the permissions (and thereby earns the profit) in the output of artificial intelligence programs.

What began as a means of regulating the trade in books, has developed into a legal and linguistic labyrinth that has given financial and cultural ownership to an increasingly smaller group of larger corporations. *Who Owns This Sentence?* looks at how throughout history, principled arguments, greed, and opportunism have ensured copyright's ascendancy, and unveils those who are behind a phenomenon that has faced little public debate.

Imprint: Mountain Leopard Press

Pub: 18/01/2024

Format: Hardback

Price: £20.00

ISBN: 9781914495878



David Bellos is a writer, translator and the Meredith Howland Pyne Professor of French and Comparative Literature at Princeton University. His book, *Is That a Fish in Your Ear? Translation and the Meaning of Everything* has been translated into many languages, including Japanese and Farsi. He has won the IBM-France Translation Prize and the Goncourt Prize for Biography.

[New Jersey](#)



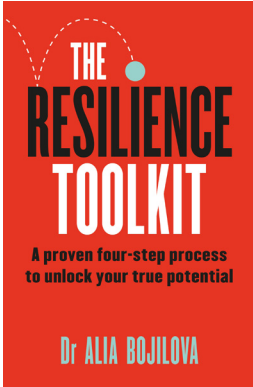
Alexandre Montagu is a practising lawyer and the founding partner of Montagu Law, which focuses on intellectual property law, international commercial transactions and new media commercial and corporate law. He has written many articles as well as two books, *Intellectual Property: Money and Power in a New Era* and *The Riddle of the Sphinx*.

[London](#)

Publicist: | [Isabelle Wilson](#) | isabelle.wilson@headline.co.uk

The Resilience Toolkit

Dr Alia Bojilova



We assume that heroes are wired differently from the rest of us. They overcome fear, doubt and pain to thrive under the most challenging conditions. But the only difference between them and us is choosing resilience: the ability to dig deep and explore life at the edge of possibility.

In this practical guide to building and sustaining your own resilience, peak-performance psychologist Dr Alia Bojilova draws on her work with the SAS, Olympic athletes, modern leaders and successful entrepreneurs to help you unlock your potential in everyday life.

Guiding you through a four-step process - to develop clearer awareness, deeper belonging, broader curiosity and stronger drive - *The Resilience Toolkit* will help you to embrace the unknown with greater confidence and teach you to recover faster from setbacks.

Imprint: Headline Home
 Pub: 18/01/2024
 Format: Trade Paperback
 Price: £16.99
 ISBN: 9781035415465

The real measure of resilience is whether you choose to discover what you're capable of. So ... will you?

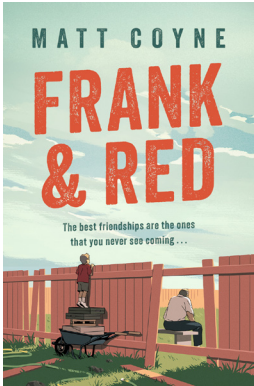


Dr Alia Bojilova is a registered psychologist with a focus on resilience. She grew up in Eastern Europe during some of the most tumultuous times in recent history before immigrating to New Zealand at age 17. During her service with the NZDF, she worked as Lead Psychologist and Officer with the SAS. While serving as a UN military observer in Syria, Alia negotiated her release and the release of her team after they were taken hostage. She has a PhD from the University of Waikato, identifying the link between curiosity and resilience in the Special Forces. Since leaving the military Alia has served as coach and advisor to leaders and teams, globally and in New Zealand, and across a wide range of sectors including government, venture capital, peak performance sports, corporate services and creative industries.

[New Zealand](#)

Frank and Red

Matt Coyne



Imprint: Wildfire
 Pub: 01/02/2024
 Format: Hardback
 Price: £18.99
 ISBN: 9781472297426



Sometimes, the friend you need is the one you never saw coming.

Frank and Red are a mess.

Frank is a grumpy old curmudgeon. A recluse whose only company is the 'ghost' of his dead wife, Marcie. He is estranged from his friends, his son, and the ever-changing world beyond his front gate.

... And then Red moves in next door.

Red is six. A boy struggling to adjust to the separation of his mum and dad, a new school, and the demonic school bully. Red is curious, smart, he never stops talking, and he's got a trampoline.

From the moment Red's blonde mop appears over the top of the fence that divides their two gardens, the unlikeliest of friendships is born.

... And it is a friendship that will change both of their lives forever.

Praise for Matt Coyne:

'A hero for dads everywhere' *Daily Mirror*

'Very, very funny' This Morning

'Hilarious but accurate account of finding your feet as a parent... Matt Coyne's post has struck a chord with parents from all over the world' *Daily Mail*

'Brutally honest rant on the reality of parenthood has taken the internet by storm' *Sunday Telegraph*

Matt Coyne lives in South Yorkshire with his partner Lyndsay, their son Charlie, and a Jack Russell - with 'issues' - called Popcorn. *Frank and Red* is Matt's first novel, but he is the author of two Sunday Times bestselling non-fiction books inspired by his popular parenting blog and social media profile: 'Man vs Baby' (Dummy and Man vs Toddler). He also writes children's books about monsters and stuff. When he is not writing, Matt enjoys the pub, obscure Japanese films and falling for clickbait headlines, like: '13 potatoes that look like Channing Tatum'.

You can follow Matt on Facebook and Instagram (@manversusbaby).

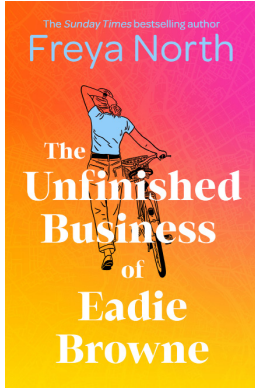
✕ @mattcoyne | Sheffield



Publicist: | Oliver Martin | oliver.martin@headline.co.uk

The Unfinished Business of Eadie Browne

Freya North



A powerful love letter to youth from *Sunday Times* bestselling author of *Little Wing*.

When your present meets your past, what do you take with you – and what do you leave behind?

Eadie Browne is an odd child with unusual parents, living in a strange house neighbouring the local cemetery. Bullied at school – but protected by her two best friends Celeste and Josh, and her many imaginary friends lying six feet under next door – Eadie muddles her way through.

Arriving in Manchester as a student in the late 1980s, Eadie confronts a busy, gritty Victorian metropolis a far cry from the small Garden City she's left behind. Soon enough she experiences a novel freedom she never imagined and it's seductive. She can be who she wants to be, do as she pleases, and no one back home needs to know. As Manchester embraces the dizzying, colourful euphoria of Rave counterculture, Eadie is swept along, blithely ignoring danger and reality. Until, one night, her past comes hurtling at her with ramifications which will continue into her adult life.

Now, as the new Millennium beckons, Eadie is turning 30 with a marriage in tatters. She must travel back to where she once lived for a funeral she can't quite comprehend. As she journeys from the North to the South, from the present to the past, Eadie contemplates all that was then – and all that is now – in this moving love letter to youth.

Imprint: Mountain Leopard Press

Pub: 01/02/2024

Format: Hardback

Price: £16.99

ISBN: 9781802793000



Freya North is one of the UK's bestselling writers. Her first novel, *Sally*, was published to great acclaim while she was still in her twenties. Her subsequent books have all been bestsellers. In 2008 Freya North won the RNA Book of the Year award with *Pillow Talk*. Across all books and formats, Freya North has sold over two millions books to date.

X @freya_north | Hertfordshire

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A Sign of Her Own

Sarah Marsh



Imprint: Tinder Press
 Pub: 01/02/2024
 Format: Hardback
 Price: £18.99
 ISBN: 9781035401611



'Beautifully written and illuminating... Excellently conveys the experience of being deaf in a hearing world' Priscilla Morris, Women's Prize Shortlisted author of *Black Butterflies*

'Beautifully written and original, *A Sign of Her Own* shines a light into a hidden corner of history. Ellen Lark's story is one that will resonate with anyone who has struggled to fit in. A fantastic novel.' Louise Hare author of *This Lovely City*

Ellen Lark is on the verge of marriage when she and her fiancé receive an unexpected visit from Alexander Graham Bell.

While her fiancé is eager to make a potentially lucrative acquaintance, Ellen knows what Bell really wants from her. Ellen is deaf, and for a time was Bell's student in a technique called Visible Speech. As he instructed her in speaking, Bell also confided in her about his dream of producing a device which would transmit the human voice along a wire: the telephone. Now, on the cusp of wealth and renown, Bell wants Ellen to speak up in support of his claim to the patent to the telephone, which is being challenged by rivals.

But Ellen has a different story to tell: that of how Bell betrayed her, and other deaf pupils, in pursuit of ambition and personal gain, and cut Ellen off from a community in which she had come to feel truly at home. It is a story no one around Ellen seems to want to hear - but there may never be a more important time for her to tell it.

A Sign of Her Own offers a fascinating window onto a hidden moment in history, and a portrait of a young deaf woman's journey to find her place in the world, and her own authentic voice.

Sarah Marsh was shortlisted for the Lucy Cavendish prize in 2019 and selected for the London Library Emerging Writers programme in 2020. *A Sign of Her Own* is her first novel, inspired by her experiences of growing up deaf and her family's history of deafness. She lives in London.

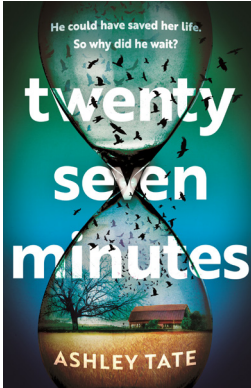


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Twenty-Seven Minutes

Ashley Tate



Imprint: Headline
 Pub: 01/02/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781035401512



It takes one moment to call for help. So why did he wait?

'The rare gift that delivers it all: elevated prose, characters with depth, unpredictable twists, and a pitch-perfect mood that is wonderfully consuming ... A must-read debut' **Ashley Audrain, *Sunday Times* bestselling author of *The Push***

THE QUESTION

For the last ten years, the small town of West Wilmer has been struggling to answer one question: On the night of the car accident that killed his sister, why did it take Grant Dean twenty-seven minutes to call for help? If he'd called sooner, Phoebe might still be alive.

THE SECRET

As the anniversary of Phoebe's death approaches, Grant is consumed by his memories and the secret that's been suffocating him for years. But he and Phoebe weren't the only ones in the car that night. Becca was there too - she's the only other person who knows what really happened. Or is she?

THE TRUTH

Everyone in West Wilmer remembers Phoebe, but only June remembers that another person was lost that night. Her brother Wyatt has been missing for ten years and, now that her mother is dead, June has no one left - no family, no friends. Until someone appears at her door.

Someone who may know where Wyatt went all those years ago.
 Someone who knows what really happened on the bridge that night.
 Someone who is ready to tell the truth.



Ashley Tate worked for over a decade as an editorial writer and editor for various publications as well as Canada's first online magazine. Writing a novel and seeing it published is really the only thing on her bucket list and she's ecstatic to be checking that off. She lives with her husband, two children, and their dog, in Toronto, Canada.

X [@tate_ab](#) | Toronto, Canada

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Love Letters

Julie Ma



Imprint: Mountain Leopard Press

Pub: 01/02/2024

Format: Paperback Original

Price: £9.99

ISBN: 9781802792270



FROM THE AUTHOR OF HAPPY FAMILIES: WINNER OF THE RICHARD & JUDY 'SEARCH FOR A BESTSELLER'

Asta Fung is sixteen years old and yearning for the past. To her great dismay, her parents have moved her family in order to run a Chinese takeaway in another town. Forced to give up her old school and friends, and even put her loving dog, Steve, up for adoption, Asta is furious.

When her grandfather, Charlie, passes away, the Fung family move into his old flat. Renovations uncover Asta's grandfather's love letters under the floorboards, signed by an old flame named Ela. Tasked with a new mission and determined to keep his memory alive, Asta embarks on a journey to find Charlie's mysterious lost love. But who knows if Ela is even still alive or where to begin?

PRaise FOR HAPPY FAMILIES:

'Fabulously witty and warm – what a talent!' Milly Johnson

'A rare find' Richard Madeley

'Delightful ... You'll want to devour this in seconds' Heat, 'Read of the Week'

'A take-away success of a novel. Family antics, affectionately drawn characters – this is a spit-your-noodles-out-laughing kind of read' My Weekly

'Heartening and down-to-earth, Ma's debut is one of February's mustread books' Culturefly

'Funny, sparky and heart-warming' Fabulous Magazine



Julie Ma was born and raised in Carmarthen, after her grandfather arrived in Wales from China in the 1920s. Her parents set up a Chinese takeaway in the 1970s and she took over the business with her brother in 2008. As the child of parents who didn't speak English well, her love of reading and writing came from school and a legendary bookshop called Derrick Williams that allowed children to browse for hours.

Wales

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

The Frame-Up

Gwenda Bond



Imprint: Wildfire
 Pub: 13/02/2024
 Format: Paperback Original
 Price: £10.99
 ISBN: 9781035415847



'Romantic, clever, and makes grand larceny more fun than ever' HOLLY BLACK
'A twisty, riveting and fantastically original story' ELLE COSIMANO
'Gwenda Bond at her absolute best: magical romantic and fun as hell' ALIX E. HARROW

Dani Poissant is the daughter and former accomplice of the world's most famous art thief. There was no job too big for Maria and her loyal crew. The secret to their success? A little thing called magic, kept rigorously secret from the non-magical world. They seemed unstoppable . . . until a teenage Dani turned her mother over to the FBI.

Ten years later, with Maria still in prison, Dani finds herself approached for a job that only Maria and her crew could pull off . . . if any of them were still speaking to her. But it's the job of a lifetime and might just be the lure Dani needs to reconcile with her mother and be reunited with her mother's old gang—including both the love of her life and her former best friend.

The problem is, it's an impossible task—even with the magical talents of the people she once considered family backing her up. It's a heist that needs a year to plan, and Dani has just over a week. Worse, the more Dani learns, the more she understands that there's far more at stake in this job than she ever realised.



Gwenda Bond is the New York Times bestselling author of many novels, including the first official *Stranger Things* novel, *Suspicious Minds*, as well as the *Match Made in Hell*, *Lois Lane*, and *Cirque American* series. She lives in a hundred-year-old house in Lexington, Kentucky, with her husband, author Christopher Rowe, and a veritable zoo of adorable doggos and queenly cats.

X @Gwenda | Lexington, Kentucky

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

Mayday

Grethe Bøe



Get ready to be thrilled by a brand new heroine, Ylva Norvahl.

Fighter pilot Ylva Norvahl has returned to her hometown, Bodø, in Norway's frozen north where tension is escalating across the border with Russia. NATO has launched the "Arctic Blizzard" exercise, mobilising 60,000 soldiers, many of them American.

All it takes is one false move to trigger a major political crisis, or even a war.

When her plane is forced down over Russian territory, Ylva and the veteran U.S. Major John Evans must race against time across a frozen landscape to avoid capture by the Russian Spetsnaz special forces in pursuit. Complicating their journey is Evans' involvement with an American military contractor Titans Security which has its own agenda across international frontiers.

As the hunt closes in, Ylva uses her local Sami knowledge to survive in the excruciating cold, and her family history reveals dark secrets of its own in this geopolitical game of chess.

Imprint: Mountain Leopard Press

Pub: 15/02/2024

Format: Paperback

Price: £14.99

ISBN: 9781914495342

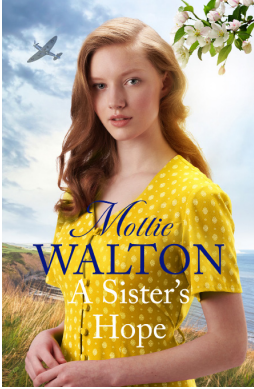


Grethe Bøe is a Norwegian screenwriter and award-winning film maker.

Norway

A Sister's Hope

Mollie Walton



North Yorkshire, 1941.

Book 3 in the Raven Hall Saga series, featuring the third sister, Connie, working as a carpenter in Scarborough.

Praise for Mollie Walton

'Mollie Walton captures your attention from the very first page and doesn't let go!' -- Diney Costeloe

'Beautiful ... I can't wait for the next instalment' -- Judy Summers

'A tender tale of love and strength in the midst of war' -- Val Wood

'Stays with you long after you have finished reading' -- Margaret Dickinson

'A highly enjoyable, immersive read!' -- Sarah Sykes

'Vivid, compulsive, and heart-rending. Had me hooked' -- Louisa Treger

'A lively and heart-warming saga' — People's Friend

Imprint: Mountain Leopard Press

Pub: 15/02/2024

Format: Hardback

Price: £14.99

ISBN: 9781802793086



Mollie Walton is the pen-name for historical novelist Rebecca Mascull. She has always been fascinated by history and has worked in education, has a Masters in Writing and lives by the sea in the East of England. The inspiration for the Raven Hall trilogy came when she visited the stunning Raven Hall hotel with her daughter and fell in love with the beautiful cliff-top view. Under Mollie Walton, Rebecca is also the author of the historical fiction trilogy, the Ironbridge Saga.

England

Publisher: | Isabelle Wilson | isabelle.wilson@headline.co.uk

In Her Shadow

Emma Christie



A pacy, twisting thriller about revenge and betrayal, set amongst the historic streets of Edinburgh. Perfect for fans of B. A. Paris and C. L. Taylor.

Dave Kellock is a pillar of the community in Portobello, Edinburgh. A tireless volunteer who never misses a chance to help others, he's just been recognised on the King's Honours List.

Dave Kellock is also a fraud. A moment of panic, violence and blood twenty years ago plagues his dreams. He's been hiding himself in Portobello, terrified that his past will catch up with him. Now that his photo has been in the paper, collecting his award, the truth won't stay buried for long.

Someone is watching Dave, at every turn, even making calls from within his own house and bringing the police to his door. The clock is ticking - he needs to find who's behind this before the police find him. When a local teenage girl goes missing, Dave is suddenly a suspect and not only is his freedom in jeopardy but her life is too. Will he find this girl? And just how is she linked to the secret he's been keeping all these years?

Imprint: Mountain Leopard Press

Pub: 15/02/2024

Format: Paperback

Price: £8.99

ISBN: 9781802794656



Emma Christie was born and raised in a book-filled house in Cumnock, an Ayrshire coal-mining town. She spent five years working as a news reporter with one of the UK's top-selling regional daily newspapers, The Press and Journal.

She lives in Barcelona with her girlfriend, Maria Jose, and their campervan, Jarry. Emma can be found across social media at @theemmachristie and at emmachristiewriter.com

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Publicist: | Felicia Hu | felicia.hu@headline.co.uk

Every Smile You Fake

Dorothy Koomson



Imprint: Headline Review
Pub: 15/02/2024
Format: Hardback
Price: £16.99
ISBN: 9781472298102



'Master of the jaw-dropping twist' S MAGAZINE

Please take care of my baby. But don't try to find me. You'll put him in danger. x

Profiler and therapist Kez Lanyon is shocked when she finds a baby on the backseat of her car, with an unsigned note asking her to take care of him.

Kez has a pretty good idea who the mother is - Brandee, a popular social media star with a troubled background, who once lived in Kez's house.

Brandee recently dropped out of the limelight and if the internet rumours are true, Kez knows Brandee's life is in danger.

Kez is torn. Should she simply take care of the baby as she's been asked, or should she risk her whole family by using contacts from her previous job to save this young woman?

Time is running out for Brandee. Can Kez find her before it's too late?



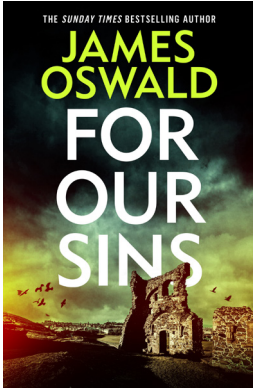
Dorothy Koomson is an award-winning, internationally bestselling author and journalist whose books have been translated into more than 30 languages, with sales that exceed 2 million copies in the UK alone. Her third novel, *My Best Friend's Girl* (2006) was selected for the Richard & Judy Summer Reads Book Club, while a TV adaptation based on *The Ice Cream Girls* was shown on ITV1 in 2013. Dorothy was featured on the 2021 Powerlist as one of the most influential Black people in Britain and appeared in GQ Style as a Black British trailblazer. She loves reading and writing, and is passionate about supporting other writers no matter what stage they are at in their career.

✉ [@DorothyKoomson](https://twitter.com/DorothyKoomson)

Publicist: | Annabelle Wright | annabelle@edpr.co.uk

For Our Sins

James Oswald



Imprint: Wildfire
 Pub: 15/02/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472298836



McLean is back. The gripping thirteenth book in the Sunday Times-bestselling Inspector McLean series.

The partial collapse of a disused church reveals a dead body in the rubble, his head badly smashed by falling masonry. Soon identified as an old ex-con – Kenny Morgan – his death is put down to a heart attack and deemed non-suspicious.

Meanwhile Tony McLean, struggling with his recent retirement, is approached by a notorious Edinburgh crime lord who suggests the police should be looking into Morgan's death more closely. McLean says it's not up to him anymore and points him in the direction of the police station.

But when a second man is found dead in another disused church, this time it's clearly murder. His forehead has been branded with a cross.

There's a killer stalking the streets Edinburgh. And it's high time for McLean to get back to doing what he does best.

Praise for James Oswald:

'The new Ian Rankin' Daily Record

'Creepy, gritty and gruesome' Sunday Mirror

'Crime fiction's next big thing' Sunday Telegraph



James Oswald is the author of the Sunday Times bestselling Inspector McLean series of detective mysteries, as well as the new DC Constance Fairchild series. James's first two books, *NATURAL CAUSES* and *THE BOOK OF SOULS*, were both short-listed for the prestigious CWA Debut Dagger Award. *ALL THAT LIVES* is the twelfth book in the Inspector McLean Series.

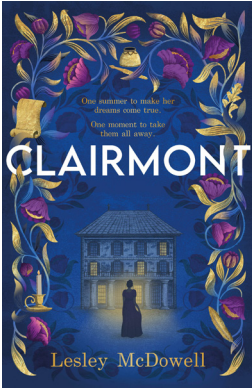
James farms Highland cows and Romney sheep by day, writes disturbing fiction by night.

✉ [@SirBenfro](#) | [Scotland](#)

Publicist: | [Federica Trogu](#) | federica.trogu@headline.co.uk

Clairmont

Lesley McDowell



Imprint: Wildfire
 Pub: 29/02/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781035400249



Geneva.

**They always come back to it, somehow.
 They're the only ones who know what took place there.**

'Beautifully written, *Clairmont* tells the sensuous hidden story of an influential historic woman.' Sara Sheridan, author of *The Fair Botanists* Waterstones Scottish Book of the Year

1816. A massive volcanic eruption has caused the worst storms that Europe has seen in decades, yet Percy and Mary Shelley have chosen to visit the infamous Lord Byron at his villa on Lake Geneva. It wasn't their idea: Mary's eighteen year old step-sister, Claire Clairmont, insisted.

But the reason for Claire's visit is more pressing than a summer escape with the most famous writers in the world. She's pregnant with Byron's child - a child Byron doesn't want, and scarcely believes is his own.

Claire has the world in her grasp. This trip should have given her everything she ever dreamed of. But within days, her life will be in ruins.

History has all but forgotten her story - but she will not be silenced.



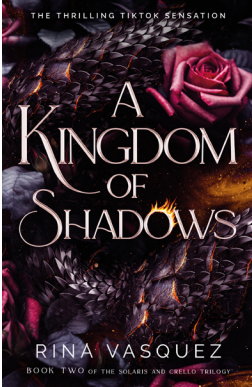
Lesley McDowell's debut novel *The Picnic* came out in 2007. In 2010 she published *Between the Sheets: The Literary Liaisons of Nine 20th-Century Women Writers*, which was shortlisted for the non-fiction prize in the 2011 Scottish Book Awards. Her second novel *Unfashioned Creatures*, about Mary Shelley's Scottish childhood friend, was published in 2013. Lesley was a literary critic for *The Herald*, *The Scotsman*, *The Independent*, *TLS* and others. She has a PhD on the work of James Joyce, and has won three Creative Scotland writers' bursaries. *Clairmont* is her third novel.

X [@LesleyMcDowell1](#) | Glasgow

Publicist: | Rosie Margesson | rosie.margesson@headline.co.uk

A Kingdom of Shadows

Rina Vasquez



The adventure continues in the epic follow up to TikTok's sensational slow-burn fantasy romance - perfect for fans of Rebecca Yarros, Leigh Bardugo, Sarah J Maas with mischief, dragons and a bit of spice.

Nara set out to hunt dragons - now one dragon might be her only hope . . .

Wanted by Queen Marilyn and her army of Venators, Nara and Darius embark on a dangerous quest. The Screaming Forests aren't a place for the faint of heart; evil monsters and perilous magic lurk in every shadow. They must reach the Isle of Elements, or forfeit everything they hold dear.

But The Elven King who rules over these lands has other plans for this duo. They must solve puzzles, escape caverns, and fight wicked beings to fetch elemental stones hidden away in the Isle of Elements.

As tempers flare and tensions between the duo rise, will the pressure tear them apart for good or push them together in ways neither could ever have imagined?

Imprint: Wildfire

Pub: 29/02/2024

Format: Paperback Original

Price: £9.99

ISBN: 9781035414383



Karina Natalia Vasquez is a fantasy romance author based in England. She is of Peruvian and Spanish descent and adores anything that has dulce de leche in it. When she isn't writing, she is reading fantasy, romance and fangirling over Star Wars. You can usually find her holed up in her room, cuddling her two dogs, collecting crystals for her superstitious mind or daydreaming in the hopes that she will magically end up in a Fae kingdom one day.

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Publicist: | Felicia Hu | felicia.hu@headline.co.uk

Kersten's Lists

François Kersaudy



The astonishing true story of Heinrich Himmler's personal physical therapist who used his influence over the S.S. commander to save the lives of thousands.

Felix Kersten, an exceptional masseur, was the only person able to relieve Himmler's crippling and chronic abdominal pain. Although he was resolutely anti-Nazi, he continued to work for Himmler throughout the war, trading his services for that of prisoners' lives.

François Kersaudy's meticulously researched Kersten's Lists, explores how by the end of the war, Felix Kersten had helped to obtain the liberation of some 100,000 people, including 60,000 Jews. It is a vital and too little known chapter of the Second World War and one worthy of greater recognition.

Imprint: Mountain Leopard Press

Pub: 01/02/2024

Format: Hardback

Price: £25.00

ISBN: 9781914495748



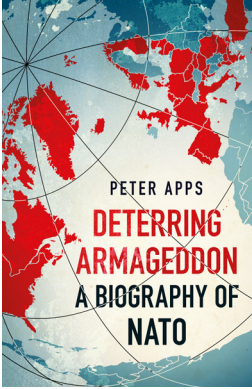
François Kersaudy is a former research fellow at Keble College, Oxford, and a professor at the University of Paris - Panthéon-Sorbonne. He celebrated for his prize-winning biography of Winston Churchill (Tallandier, 2000). His work published in English includes Churchill and De Gaulle and Norway, 1940. He speaks nine languages.

France

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Deterring Armageddon: A Biography of NATO

Peter Apps



The history of the world's most successful military alliance, from the wrecked Europe of 1945 to Vladimir Putin's invasion of Ukraine.

As they signed NATO into being after World War II, its founders fervently believed that only if the West's democracies banded permanently together could they avoid a catastrophic global atomic conflict. Over the 75 years since, the alliance has indeed avoided war with Russia, also becoming a major political, strategic and diplomatic player well beyond its borders. It has survived disagreements between leaders from Eisenhower, Churchill and de Gaulle to Trump, Stoltenberg and Merkel, faced down Kremlin foes from Stalin to Putin and endured unending questions and debate over what new nations might be allowed to join.

Deterring Armageddon takes the reader from backroom deals that led to NATO's creation, through the Cold War, the Balkans and Afghanistan to the current confrontation with the Kremlin following the invasion of Ukraine. It examines the tightrope walked by alliance leaders between a powerful United States sometimes flirting with isolationism and European nations with their ever-evolving wishes for autonomy and influence. Having spent much of its life preparing for conflicts that might never come, NATO has sometimes found itself in wars that few had predicted - and with its members now again planning for a potential major European conflict.

It is a tale of tension, danger, rivalry, conflict, big personalities and high-stakes military and diplomatic posturing - as well as espionage, politics and protest. From the Korean War to the pandemic, the Berlin and Cuba crises to the chaotic evacuation from Kabul, Deterring Armageddon tells how the alliance has shaped and been shaped by history - and looks ahead to what might be the most dangerous era it has ever faced.

Peter Apps is global affairs commentator at Reuters, a British Army reservist and executive director of pop-up think tank the Project for Study of the 21st Century (PS21). Peter has reported from across the world as Reuters political risk and global defence correspondent, and was appointed a Reuters columnist in 2016. He undertook reserve military training with both the British and U.S. armies and more recently as a UK specialist army reservist, providing advice, analysis and training and serving two full-time tours of duty during the Covid-19 pandemic and Ukraine war. He is the author of two successful Kindle Singles, *Before Ebola* (2014) and *Churchill in the Trenches* (2015).

✕ [@pete_apps](#) | London

Publicist: | Joe Thomas | joe.thomas@headline.co.uk

Imprint: Wildfire
 Pub: 01/02/2024
 Format: Hardback
 Price: £25.00
 ISBN: 9781035405756



Mad Woman

Bryony Gordon



Imprint: Headline
 Pub: 15/02/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781035408689



'Bryony Gordon is a terrific, compassionate writer' Elizabeth Day

What if our notion of what makes us happy is the very thing that's making us so sad?

Ten years on from first writing about her own experiences of mental illness, Bryony Gordon still receives messages about the effect it has on people. Now perimenopausal and well into the next stage of her life, parenting an almost-adolescent, just what has that help - and that connection with other unwell people - taught Bryony about herself, and the society we live in? What has she learned, and why have her views on mental health changed so radically? After coming out the other side of the biggest trauma of our living memory - a global pandemic - existing in a state of perma-crisis has now become our new normal.

From burnout and binge eating, to living with fluctuating hormones and the endless battle to stay sober, Bryony begins to question whether she got mental illness wrong in the first place. Is it simply a chemical imbalance, or rather a normal response from your brain telling you that something isn't right? *Mad Woman* explores the most difficult of all the lesson she's learned over the last decade - that our notion of what makes a happy life is the very thing that's making us so sad. Bryony Gordon is unafraid to write with her trademark blend of compassion, honesty and humour about her personal challenges and demons, which means her books and journalism have had profound impact on readers. She founded the mental health charity, Mental Health Mates, which has become a vast online community.

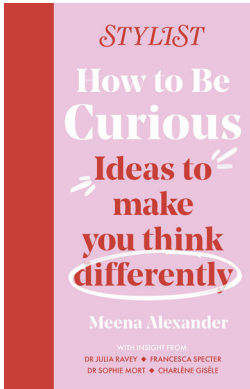
In the twenty-three years that she has worked for the Telegraph, **Bryony Gordon** has become one of the paper's best-loved writers. She is the author of the bestselling *The Wrong Knickers* plus *The Sunday Times* Number One bestsellers *You Got This* and *Mad Girl* which were both nominated for British Book Awards. She is the presenter of the *Mad World* podcast and in 2016 she founded *Mental Health Mates*, now a global peer support network which encourages people with mental health issues to connect and get out of the house. In 2017 she won the MIND Making A Difference Award for her work in changing the perception of mental health in the media. In 2018 she ran the London Marathon in her underwear. In 2020, she won the Journalists' Charity Award from the Society of Editors for mental health campaign. She lives in South London with her husband and daughter.

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Publicist: | Louise Swannell | louise.swannell@headline.co.uk

How to Be Curious

Meena Alexander and Stylist magazine



Full of fresh perspectives and intelligent thinking, *How to be Curious* offers a wealth of content on real-life issues, such as advice on setting boundaries and finding purpose, building resilience and thriving alone. If you're in need of help, or simply curious and want to learn more, award-winning journalist, and Features Editor at Stylist magazine, Meena Alexander brings you articles and tips, interviews with experts, reader quizzes and real-life case studies.

Divided into four sections - work, relationships, wellbeing and you - topics include:

- how to argue better
- habits and how to make and break them
- bio-hacks to make you feel more alert
- the comparison curse
- setting boundaries
- how to battle burnout
- the power of boredom

Imprint: Headline Home
 Pub: 15/02/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781035404728



With a foreword written by Stylist's editor-in-chief, Lisa Smosarski and insight from:

Sarah Ellis
 Dr Julia Ravey
 Francesca Specter
 Charlène Gisèle
 Natalie Lue
 Hattie MacAndrews
 Katherine Morgan Schaffer
 Karen Glass
 Ben Ramalingam



Meena Alexander is an award-winning writer and editor with experience across national newspapers, magazines and books. She has held editorial positions at The Times and The Sunday Times, and is currently the Features Editor at Stylist, where she's been shortlisted for Best Section Editor by the British Society of Magazine Editors and named as one of MediaWeek's 30 Under 30 for 2022. Her work spans lifestyle, culture, health and wellbeing, with a particular focus on women and marginalised communities.

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Publicist: | Federica Trogu | federica.trogu@headline.co.uk

Man's Best Friend

The Kennel Club

INSIDE THE INCREDIBLE CANINE COLLECTION OF THE WORLD'S OLDEST KENNEL CLUB



Beneath the streets of London's Mayfair lies an unexpected and extraordinary archive - a collection of over two million dog-related photos and artwork amassed over the last 150 years. The Kennel Club is the oldest and most illustrious such organisation in the world, and its collection of canine curiosities gives a unique insight into the strong bond between humans and dogs from Victorian times onwards. This book showcases 140 unique vintage photos and illustrations, most of which have never been published before, accompanied by text telling the stories behind the images.

From moving photos of soldiers' companion dogs in the trenches of the First World War to a rare photogravure of 'Dandy', the winner of the first organised dog show in 1859, this book is an original and stylish gift for dog and art lovers alike.

Imprint: Wildfire
 Pub: 15/02/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781035409693



The Royal Kennel Club is the largest organisation in the UK devoted to dog health, welfare and training - and the oldest such body in the world. It also organises and host Crufts, the world's largest dog show.

X @TheKennelClubUK | London

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

Have You Tried This?

Nicole Goodman and Laura Mishcon



Imprint: Welbeck Balance
Pub: 15/02/2024
Format: Hardback
Price: £16.99
ISBN: 9781801293136



If you want to put more energy into taking care of your wellness and mental health, but you feel intimidated by the sheer amount of options available to you then this book is for you.

For the last three years, Self Care Club podcast creators Lauren Mishcon and Nicole Goodman have tested out a form of self-care every week, and reported the results to their listeners. In a world full of wellness warriors, potions and lotions, health fads and bubble baths, all promising to make you feel better, Lauren and Nicole use their experiences to debunk the wellness world and bring true, authentic self-care centre stage. They know what works, what doesn't and what is worth your time and energy.

Have You Tried This? is packed with effective practices that cost nothing and take very little time. Every practice included has been tried and tested by Lauren and Nicole (with varying results!) Their unlikely friendship offering two very unique perspectives on the same activity! They want to empower you to take care of yourself and give you the tools to go for it.



Lauren Mishcon is a broadcaster, writer and doula. For four years, she was the editor of The Doula Magazine and the Doula Expert for Pregnancy & Birth Magazine from 2009-2011.

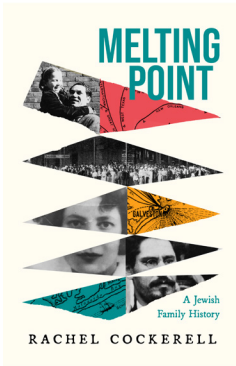
Nicole Goodman is a certified women's identity expert, coach and broadcaster. She has worked with women one-to-one for over 25 years and has an intimate understanding of how they feel, where they struggle, and most importantly, how to support them to change their internal dialogue.

[London](#)

Publicist: | [Isabelle Wilson](#) | isabelle.wilson@headline.co.uk

Melting Point

Rachel Cockerell



Imprint: Wildfire
 Pub: 29/02/2024
 Format: Hardback
 Price: £25.00
 ISBN: 9781035408917



On June 7th 1907, a ship packed with Russian Jews sets sail into the Atlantic. It is heading not to Jerusalem or New York, as many on board have dreamt, but to Texas. The man who persuades the passengers to go is David Jochelmann, Rachel Cockerell's great-grandfather. It marks the beginning of the Galveston Movement, a forgotten moment in history when 10,000 Jews fled to Texas in the lead-up to WWI.

The charismatic leader of the movement is Jochelmann's closest friend, Israel Zangwill, whose beloved novels have made him a household name across Europe and America. As Russia becomes infected by anti-Semitic violence, and Theodor Herzl tries and fails to create a Jewish state, Zangwill embarks on a desperate search across the continents for a temporary homeland: from Australia to Canada, Angola to Antarctica. He reluctantly settles on Galveston, Texas. He fears the Jewish people will be absorbed into the great American melting pot, but there is no other hope.

The story is told in a highly inventive format: there is no 21st-century narration. Instead the author weaves together a vivid and colourful account from an extraordinary array of sources – letters, diaries, memoirs, newspaper articles and interviews. *Melting Point* follows Zangwill and the Jochelmann family through two world wars, to London, New York and Jerusalem – as their lives intertwine with some of the most significant figures of the twentieth century, and each chooses whether to cling to their history, or brush it off like dust and melt into their new surroundings. It is a story that asks questions of belonging, identity, and what can be salvaged from the past.



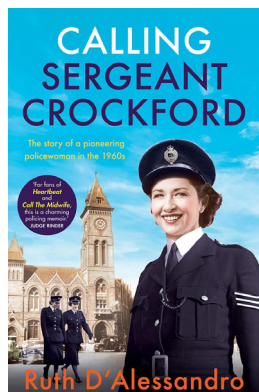
Rachel Cockerell was born and raised in London, the sixth of seven children. She did her BA at the Courtauld Institute and her MA at City University. She is currently writing her first non-fiction book. Her research has taken her to Texas, Ohio, New York, Tel Aviv and Jerusalem.

X [@rachelcockerell](https://twitter.com/rachelcockerell)

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Calling Sergeant Crockford

Ruth D'Alessandro



Imprint: Welbeck

Pub: 01/03/2024

Format: Paperback Original

Price: £8.99

ISBN: 9781802793703



It's the dawn of the Swinging Sixties. The Cold War is at its height and support for the Campaign for Nuclear Disarmament is building. The Berkshire Constabulary's Detective Gwen Crockford is promoted to Woman Police Sergeant in Newbury - the town at the heart of Britain's atomic weapons programme.

Gwen's initial reservations that her posting in rural Berkshire will be boring soon prove to be unfounded. A serial sex attacker on the loose, an attempted murder at Greenham Common US Airforce Base, and a charismatic heiress with a family secret keep things interesting for the capable sergeant.

Laser-focused on her police career - and resigned to the single life - Gwen is forced to re-evaluate her plans when a nature-loving war veteran PC walks into the station with an orphaned fox cub, and there's a shocking discovery in a railway station lavatory.

Written by her daughter Ruth and rich in social history, this is the story of a real-life woman police sergeant at the top of her game, guiding her WPCs through the immense societal changes of the early 1960s.



Ruth D'Alessandro is the daughter of police parents and was born and brought up in Shinfield, mid-way between Reading and Wokingham in Berkshire. She studied Modern Arabic at Durham University, and worked for 10 years with Librairie du Liban, the Middle East's largest reference publisher.

After having her daughters, Ruth worked as a freelance educational writer, then built up her business as a commercial digital content writer.

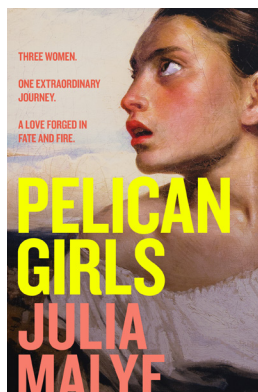
Ruth is the author of the Crockford trilogy, telling her mother's story as a policewoman in 1950s and 1960s Britain.

✉ @RuthDAlesWrites | [Surrey](https://www.surrey.gov.uk)

Publicist: | [Isabelle Wilson](mailto:Isabelle.Wilson@headline.co.uk) | isabelle.wilson@headline.co.uk

Pelican Girls

Julia Malye



A historical feministic epic, for readers of Barbara Kingsolver, *The Matrix* by Lauren Groff and Maggie Shipstead's *The Great Circle*.

Paris, 1720. The Hospice of La Salpêtrière is overrun with 'difficult' women.

Halfway around the world, on the American frontier, French settlers are in want of wives. At the asylum, a list is drawn up: eighty-eight women of childbearing age to be shipped to New Orleans. Among them are Charlotte, Geneviève and Pétronille - a sharp-tongued orphan, an accused abortionist and a rumoured madwoman.

They make the voyage over the ocean, knowing nothing of the harsh and extraordinary lives that await them, or how they will come to love and betray each other time and again in this wild and beautiful land.

Imprint: [Headline Review](#)

Pub: 05/03/2024

Format: Trade Paperback

Price: £14.99

ISBN: 9781472298218



Bold, thrilling and startling intimate, PELICAN GIRLS is a powerful vision of female friendship, identity and desire, and the choices women make in their unshakeable will to survive.

Julia Malye is a French novelist whose first book was published when she was just sixteen. She wrote *Pelican Girls* concurrently in French and English, and it is her English-language debut. Her research for the novel started with a Fulbright Scholarship and she received her MFA in fiction from Oregon State University.



Julia is a native Parisian. She has a degree from Sciences Po Paris and La Sorbonne in social sciences and modern literature, and was awarded the Prix de la Nouvelle of La Sorbonne Nouvelle for one of her short stories in 2015. Her other work in English has appeared in the Chicago Quarterly Review. As a translator for Les Belles Lettres, she translated into French David Galula's *Pacification in Algeria*, John Steinbeck's *Bombs Away* and most recently, Evelyn Waugh's war diaries.

[Paris](#)

Publicist: | [Felicia Hu](#) | felicia.hu@headline.co.uk

Small Hours

Bobby Palmer



The eagerly awaited new novel from Bobby Palmer, author of the critically acclaimed debut *Isaac and the Egg*.

If you stood before sunrise in this wild old place, looking through the trees into the garden...

You'd see a father and son, a fox standing between them.

You wouldn't know that Jack has returned from the city, still determined to be the opposite of his father. Or that Gerry would rather talk to animals than this angry man back under his roof.

You wouldn't imagine that neither is quite who the other remembers. That someone irreplaceable is missing. That one conversation might change everything.

Imprint: Headline Review

Pub: 14/03/2024

Format: Hardback

Price: £18.99

ISBN: 9781035402656



If you saw them in the small hours, you'd begin to piece together their story. It's about connection and belonging - and how the world comes alive when you stop to take it in.

PRaise FOR ISAAC AND THE EGG

'Truly one of the most beautiful stories you will ever read' Joanna Cannon

'Unique, tender and funny' Pandora Sykes

'A future classic' Clare Mackintosh

'Like nothing I've ever read before' Stylist

'An arresting debut novel about grief in the most wonderfully oblique way' Reverend Richard Coles

'Just magic' Kate Sawyer

'Quirky and raw' Grazia



Bobby Palmer is an author and journalist whose writing has appeared in GQ, Esquire, Men's Health, Cosmopolitan and more. He is co-host of the acclaimed podcast Book Chat with Pandora Sykes. *Isaac and the Egg* is his debut novel.

Visit www.bobbypalmer.co.uk for more news about Bobby and his writing or follow him on X and Instagram @thebopalmer.

X @thebopalmer | Sussex

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The Traitor's Wife

Sarah Steele



HER HUSBAND BETRAYED HER COUNTRY. ONLY SHE CAN SAVE IT.

Inspired by the stories of the heroines of the Italian Resistance, this is a heart-wrenching dual-timeframe story which is a portrait of war and a powerful exploration of how far we will go to protect our families, set between World War II Naples and the glamorous Golden Age of Hollywood.

Naples 1943

Luisa Giordano has faced many losses: her mother to a deadly illness, the man she loved to the Nazis when war came to Italy, and her unborn child at the hands of her own husband. All Luisa has left is her voice, and when she learns her husband is colluding with the enemy, she knows she must use it to fuel the women of Naples with fire.

Los Angeles 1962

Hollywood starlet Lola Hart has come a long way from the backstreets of Naples, the glamorous parties a way to dull the pain of the past. When she is offered the role of a lifetime portraying a heroine of the Italian resistance, she knows returning home means confronting old ghosts. But as she seeks out the story behind the film, she realises there are many in Naples with secrets, and that the woman she is to play held the greatest one of all...

Imprint: [Headline Review](#)

Pub: 14/03/2024

Format: Paperback Original

Price: £10.99

ISBN: 9781472294326



Sarah Steele trained as a classical pianist and violinist before joining the world of publishing as an editorial assistant at Hodder and Stoughton. She was for many years a freelance editor, and now lives in the vibrant Gloucestershire town of Stroud.

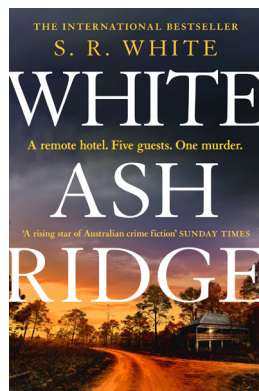
Her previous novels include *The Missing Pieces of Nancy Moon*, *The Schoolteacher of Saint-Michel* and *The Lost Song of Paris*.

X [@sarah_l_steele](#) | Stroud

Publicist: | [Rosie Margesson](#) | rosie.margesson@headline.co.uk

White Ash Ridge

S. R. White



▲ REMOTE HOTEL. FIVE GUESTS. ONE MURDER.

'A rising star of Australian crime fiction' SUNDAY TIMES

'S. R. White is the real deal.' CHRIS HAMMER, author of SCRUBLANDS

During a broiling heatwave, the inner circle of a high-profile charity attend a critical meeting at White Ash Ridge, a small hotel nestled in the Australian wilderness. As the temperature rises, a body is found lying in the thick bush, bludgeoned to death. One of the four remaining guests is a murderer - but who, and why, is a mystery.

Detective Dana Russo knows the national spotlight will be sharply focused on the case. The charity was formed when the founders' teenage son was killed after intervening in a vicious assault - sparking public outrage and a damning verdict on the police investigation.

But under huge pressure and with few clues - plus suspects who instinctively distrust the police - how can Dana unravel the truth?

Praise for S. R. White:

'A taut, beautifully observed slow-burner with an explosive finish' Peter May

'Original, compelling and highly recommended' Chris Hammer

'Gripping' THE GUARDIAN

'A fascinating case' SUNDAY TIMES

'It draws you in - and rewards with a truly powerful ending' HEAT

'This slow-burn novel catches light' THE SUN

'The story takes place over less than 48 hours but the pace is slow-burn, relying on considerable psychological depth...the denouement hits like a knockout punch' WEEKEND AUSTRALIAN

'A dark and compulsive read' WOMAN & HOME

S. R. White's debut novel, HERMIT, was a top ten bestseller in Australia and nominated for the Crime Writers' Association award for the best crime novel by a first-time author.

He now lives in Queensland, having worked for a UK police force for twelve years before taking an MA in Creative Writing at Nottingham Trent University.

Queensland

Imprint: Headline

Pub: 14/03/2024

Format: Trade Paperback

Price: £14.99

ISBN: 9781472291202



Publicist: | Federica Trogu | federica.trogu@headline.co.uk

We Rip the World Apart

Charlene Carr



A sweeping multi-generational story about motherhood, race and secrets in the lives of three women.

When 24-year-old Kareela discovers she's pregnant with a child she isn't sure she wants, it amplifies her struggle to understand her place in the world as a person who is half-Black, half-white, and yet feels neither.

Her mother, Evelyn, fled to Canada with her husband and their firstborn child during the politically charged Jamaican Exodus in the 80s, only to realize they'd come to a place where Black men are viewed with suspicion.

Years later, in the aftermath of her son's murder by the police, Evelyn's mother-in-law, Violet, moves in, offering young Kareela a link to the Jamaican heritage she had never fully known. In the present day, Kareela, prompted by fear and uncertainty about the new life she carries, must come to terms with the mysteries surrounding her family's past and the need to make sense of both her identity and her future.

Weaving the women's stories across multiple timelines, *We Rip the World Apart* reveals the ways that simple choices, made in the heat of the moment and with the best of intentions, can have deeper repercussions than we could have imagined, especially when we stay silent.

Imprint: Mountain Leopard Press

Pub: 14/03/2024

Format: Paperback Original

Price: £14.99

ISBN: 9781802795455



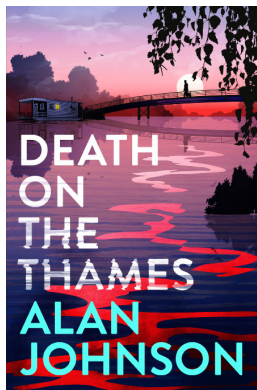
Charlene Carr currently lives in Nova Scotia, Canada, where she splits her time between writing, building relationships with her readers, and trying to keep up with her young daughter. Her most recent novel, *Hold My Girl* (2023), was widely praised.

X @charcarr1 | Nova Scotia, Canada

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Death on the Thames

Alan Johnson



There is blood in the water. And this is just the beginning...

1999. As London prepares for the Millennium, a serial rapist is stalking the River Thames. A junior female police officer in a world dominated by men, Detective Constable Louise Mangan is desperate for the chance to prove herself, and when she brings in the culprit almost single-handedly, she believes the people of Hampton Court can rest easy at last.

But the worst is yet to come.

Soon word reaches the police of a deadly criminal operation at the heart of this leafy suburb. Now Mangan finds herself undercover, getting closer to answers each day. The truth is right there, hiding in plain sight on the water for all the world to see. But she needs to watch her step - the river runs deep, and no one will be there to catch her should she fall.

Imprint: Wildfire
 Pub: 28/03/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781035403448



Alan Johnson's childhood memoir *THIS BOY* was published in 2013. It won the Royal Society of Literature Ondaatje Prize, and the Orwell Prize, Britain's top political writing award. His second volume of memoirs, *PLEASE MR POSTMAN* (2014) won the National Book Club award for Best Biography. The final book in his memoir trilogy, *THE LONG AND WINDING ROAD* (2016), won the Parliamentary Book Award for Best Memoir. *IN MY LIFE - A MUSIC MEMOIR* was published in 2018 and his highly acclaimed first novel, *THE LATE TRAIN TO GIPSY HILL* was published in 2021. Alan's second much praised thriller, *ONE OF OUR MINISTERS IS MISSING* was published in 2022.

Alan was a Labour MP for 20 years before retiring ahead of the 2017 general election. He served in five cabinet positions in the Governments of Tony Blair and Gordon Brown including Education Secretary, Health Secretary and Home Secretary. He and his wife Carolyn live in East Yorkshire.

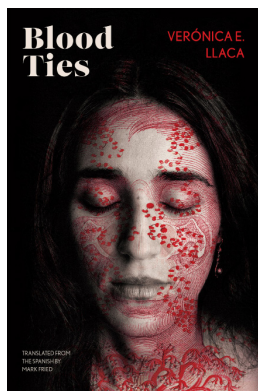
X [@alan_books](#) | Hull



Publicist: | Caitlin Raynor | caitlin.raynor@headline.co.uk

Blood Ties

Veronica Llaca



When the writer Ignacio Suárez is sent photos of two murdered women, mirroring a passage of his detective novel, he rushes to uncover who is responsible.

What no one suspects is that the key to solving these crimes lies in the forgotten story of Felicitas Sánchez, the midwife turned child-killer who became known in the 1940s as “The Ogress of Colonia Roma”.

Diary entries and newspaper articles come together in this gripping tale to reveal how Felicitas, who grew up in a small community in Mexico, became the infamous child trafficker and murderer in the country’s capital, and how her crimes are linked to this new wave of murders.

Interweaving two timelines, Verónica Llaca evokes a tale of cursed bloodlines, forcing us to question the origin and inheritance of evil and how far we can truly escape our past.

Imprint: Mountain Leopard Press

Pub: 28/03/2024

Format: Hardback

Price: £18.99

ISBN: 9781914495199



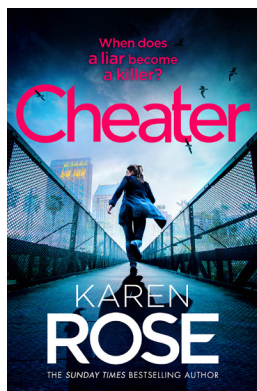
Verónica E. Llaca was born in Querétaro, Mexico, in 1967. She has worked as a journalist for many years, and was previously a playwright. Llaca is the winner of the Premio Nacional de Novela Negra. She lives now in Madrid and in Querétaro.

Madrid

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Cheater

Karen Rose



Imprint: Headline
 Pub: 17/03/2024
 Format: Hardback
 Price: £22.00
 ISBN: 9781472296900



The most dangerous killer is the one you know. The gripping new thriller in the San Diego Case Files series from the author of *Cold Blooded Liar*.

Homicide Detective Kit McKittrick finds herself standing over a dead body in the Shady Oaks retirement centre. Frank Flynn has been stabbed and his room ransacked.

Though he kept his background quiet at the centre, Kit recognises Frank from the San Diego Police Department. Had the former detective been following a trail that lead to his murder? When the head of security is also found dead, it points to a conspiracy right at the heart of Shady Oaks.

The one person who might be able to help uncover the truth is just who Kit has been avoiding: Dr Sam Reeves. As a volunteer at the centre and a friend of the victim, the forensic psychologist could be just what her case needs.

But without access to CCTV of the day of the murder, how will Kit catch her killer? And can she do so before anyone else is put in danger?



Karen Rose was introduced to suspense and horror at the tender age of eight when she accidentally read Poe's *The Pit and The Pendulum* and was afraid to go to sleep for years. She now enjoys writing books that make other people afraid to go to sleep.

Karen lives in Florida with her family, their cat, Bella, and two dogs, Loki and Freya. When she's not writing, she enjoys reading, and her new hobby - knitting.

X [@KarenRoseBooks](#) | Florida

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The Last Days of Joy

Anne Tiernan



Imprint: Headline Review

Pub: 28/03/2024

Format: Paperback Original

Price: £10.99

ISBN: 9781472299635



EVERY FAMILY HAS SECRETS. SOME ARE JUST BETTER AT HIDING THEIRS...

A TOP 5 BESTSELLER IN IRELAND AND NEW ZEALAND.

'You will fall in love with every one of the Tobin family' Edel Coffey

'Authentic, deeply moving and full of hope, this book broke my heart a little' Jacqueline Bublitz

MEET THE TOBIN FAMILY ...

Joy, the complicated, troubled mother. She's spent her life running from her past while trying to raise her children as best she can.

Conor, the high-achieving eldest child. A high-profile media figure and CEO, he's walking a fine line between self-promotion and self-detonation.

Frances, the 'perfect' middle child. Now a wife and mother, she's about to make a mistake that could destroy her marriage.

Youngest daughter, Sinead, the acclaimed writer. Wrestling with writer's block, she resorts to desperate measures to deliver her next bestselling book to her publishers.

When Joy's children receive the news that she has only days to live, they rush to her side, bringing with them all of the dysfunction and hurt they have been carrying since their childhoods. Each of them is at a crossroads in their lives - but there's one more secret about their mother they need to learn. Will they finally be able to forgive their mother and, in doing so, face their futures together?

Born in Zambia, **Anne Tiernan** grew up in Navan, County Meath. She studied English Literature and Psychology at Trinity College Dublin and spent seven years working in banking. Anne left Ireland with her husband in 2004 to travel the world, arriving in New Zealand in 2005 where they still live - now with three children together.

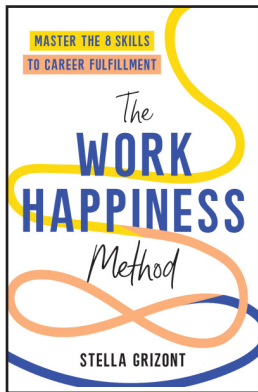


New Zealand

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

The Work Happiness Method

Stella Grizont



Take control of your career and rediscover joy in your work with this programme from a leading happiness expert.

In *The Work Happiness Method*, positive psychologist and career coach Stella Grizont uses simple, evidence-based tools from positive psychology, neuroscience, and leadership research to create a programme that is doable, fresh and interesting - whether you're a seasoned executive or recent university graduate.

If you are feeling dissatisfied, bored, miserable or just unenthusiastic about your work, it is not all your fault. But it is your responsibility to do something about it, to take control of your own engagement, happiness and wellbeing at work. Through her proven step-by-step system "The Work Happiness Method" (offered to over 1400 people in 31 countries), Stella Grizont guides employees on how to take control of their careers and themselves through 8 key inner skills.

Imprint: Headline Home
 Pub: 14/03/2024
 Format: Trade Paperback
 Price: £16.99
 ISBN: 9781035414772



The Work Happiness Method is ideal for today's modern economy of remote work, ruthless competition, and constant change. There is no corporate BS or big picture commentary about adapting to the new economy, this is very much a roll up your sleeves and figure things out yourself approach to loving your work.



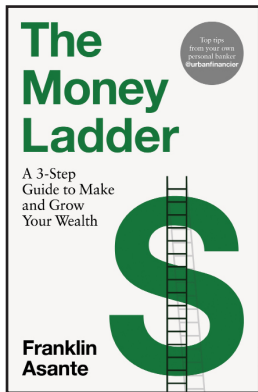
Stella Grizont is a leading happiness expert. She is a positive psychology practitioner, executive coach, and speaker. She is a go-to expert for HR & Organizational Wellness platforms that reach 5M+ employees. She was one of the first 150 people in the world to earn a Masters in Applied Positive Psychology (aka the science of happiness) from the University of Pennsylvania. She holds a degree in Economics from Barnard College. In January 2023, Stella was among 18 leading happiness experts surveyed by TIME magazine in their piece "The Daily Habits of Happiness Experts."

✕ [@StellaGrizont](#) | [Manchester](#)

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The Money Ladder

Franklin Asante



Everything you need to know about finance from your own personal banker @urbanfinancier

'We are born with many human instincts, but managing money is not one of them. The way you interact with money has a lot to do with your upbringing and the social influences around you. Some people start the journey of understanding money earlier than others, but it's never too late for you to learn the rules. This book will explain the basics and help you to make informed financial choices.'

Franklin Asante understands money. As a private banker, he has helped many clients to manage their finances in various different ways. Now, in *The Money Ladder*, he shares his experience and knowledge through a 3-step plan to help you to first of all understand money and then to grow it for the future. The three steps are: wealth generation, accumulation and preservation.

Imprint: Headline Home
 Pub: 28/03/2024
 Format: Hardback
 Price: £22.00
 ISBN: 9781035403912



Through explaining the basics of money he gives you the tools you need in order to make informed choices about what to do with your money for the best return on your investments. Starting with a clear jargon-buster, which explains words and phrases we've all heard before - like 'interest rate', 'capital gains tax' or 'cryptocurrency' - he also offers advice on saving, investing and borrowing, along with tips on how to prepare your cashflow, fill in a balance sheet and understand what assets are available to you.

If you start on the bottom rung and learn the basics of money, you will find it much easier to climb the ladder to future financial freedom.

Franklin Asante is a Private Banker at Coutts. He has built a successful career in wealth management over the last 14 years. He's an advisor to high net worth entrepreneurs in the UK who work in hospitality, property development, recruitment and the automotive industry. As a Director of Coutts & Co, Franklin is responsible for providing bespoke lending solutions in both a regulated and unregulated capacity.

He is known on social media as @urbanfinancier, where he delivers useful and practical information about financial literacy and how to navigate the complexities that often come with managing personal finances.

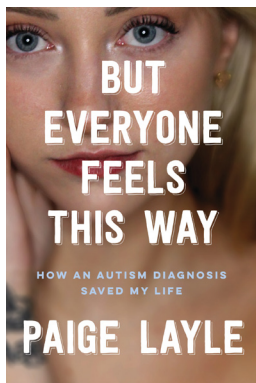
✕ @urbanfinancier | UK



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But Everyone Feels This Way

Paige Layle



In *But Everyone Feels This Way*, Autism acceptance activist and multi-million-follower TikTok influencer Paige Layle shares her deeply personal journey to diagnosis and living life autistically.

It all started out pretty normal: Paige lived in the countryside with her parents and brother Graham. She went to school, hung out with friends, and all the while everything seemed so much harder than it needed to be. A break in routine threw off the whole day. If her teacher couldn't answer 'why?' in class, she dissolved into tears, unable to articulate her own confusion or explain her lack of control. But Paige was normal. She smiled in photos, picked her feet up when her mum needed to vacuum instead of fleeing the room, and did well at school. She was popular and well-liked. And until she had a full mental breakdown, no one believed her when she claimed that she was not okay.

Women are frequently diagnosed with autism much later than men, often in their late teens or early twenties. Armed with her new diagnosis, Paige set out to learn how to live her authentic, autistic life, and discovered how autism could be a source of strength. She challenges stigmas, taboos, and stereotypes so that everyone can see themselves authentically. Along the way, her online activism has spread awareness, acceptance, and self-recognition in millions of others.

Imprint: Headline Home

Pub: 28/03/2024

Format: Hardback

Price: £20.00

ISBN: 9781035414697

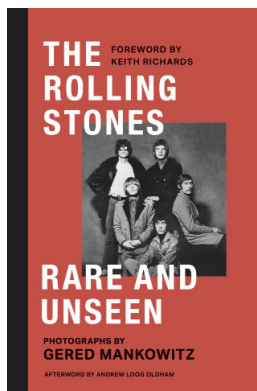


Diagnosed with Autism Spectrum Disorder at the age of 15, **Paige Layle** is an advocate and influencer for a better understanding of Autism on social media. Paige began making videos in March 2020 in response to a degrading post about autistic people. She initially created a 4-part video series to address common misconceptions about Autism, and her platform has grown from there. Now at 23 years old, Paige is an Autism acceptance activist, YouTuber, and TikTokker. Paige also works part-time as a dance teacher and shares her home in Kawartha Lakes, Canada with her dog, Macey, and cat, Mikado. An avid bookworm, she is thrilled to have recently put her public speaking and theatrical skills to work as the narrator for the Audible Original audiobook *American Girl*, by Wendy Walker, "an instant #1 Audible bestseller."

UK

The Rolling Stones Rare and Unseen

Gered Mankowitz



The Rolling Stones, uncovered - containing many neverbefore-seen images.

Legendary photographer Gered Mankowitz helped to shape the very image of the Stones, shooting record covers, portraits and intimate sessions with the band at home. Here, he delves deep into his incomparable archive, uncovering the hidden gems that have remained unpublished and unseen - until now.

Alongside his iconic and much-loved images that captured the Stones at their swaggering best, these photographs show the band unguarded and unvarnished - young men in the eye of a rock 'n' roll storm, with the world at their feet.

With hundreds of photographs accompanied by Gered's memories and revealing insights into the shoots, tours and sessions he spent with the band around the world, *The Rolling Stones: Unseen and Iconic* is the definitive collection of Mankowitz's breathtaking photography.

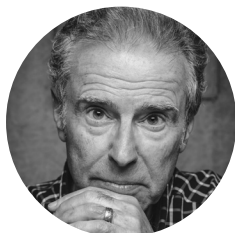
Imprint: Welbeck Illustrated

Pub: 28/03/2024

Format: Hardback

Price: £30.00

ISBN: 9781802797336



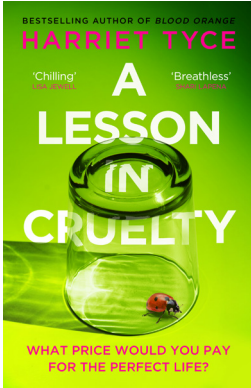
Gered Mankowitz is one of the most important photographers in the history of popular music. Born in London in 1946, he was introduced to photography by Peter Sellers. He worked as an apprentice of Tom Blau at Camera Press and worked for Alec Murray and Jeff Vickers before setting up his own studio in central London. He created enduring and defining images of Jimi Hendrix, The Rolling Stones, Marianne Faithful and many other rock stars throughout five decades. Some of Gered's images have become part of the permanent collection of the National Portrait Gallery. He works from his home in Cornwall and lectures at University College Falmouth.

X @GeredMankowitz | London

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

A Lesson in Cruelty

Harriet Tyce



WHAT PRICE WOULD YOU PAY FOR THE PERFECT LIFE?

They say you can't always get what you want. But you can take it.

Anna wants a fresh start. She doesn't believe she deserves it, but after three years behind bars she has finally paid her dues. Most of them, anyway.

Lucy craves the attention of the only man she can't have, her alluring Oxford professor. He's married - not for the first time. Maybe she should be next in line?

Marie the recluse has been locked up for too long. She's not ready to be free, but some rules are meant to be broken.

Everyone wants a perfect life. But not everyone is prepared to take it.

Unless someone decides to teach them a lesson.

'A dizzyingly satisfying page-turner and an exploration of redemption and damnation. Harriet Tyce at her best!' – Sarah Pinborough

'One of the best openings I've read in forever. I devoured it.' – Alex Michaelides

'Harriet's best so far.' – Sophie Hannah

Imprint: Wildfire
 Pub: 11/04/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781472280121



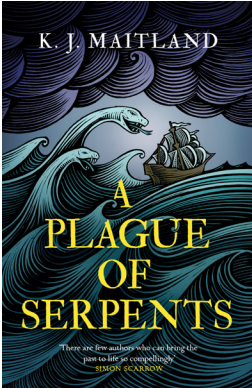
Harriet Tyce grew up in Edinburgh and studied English at Oxford University before doing a law conversion course at City University. She practised as a criminal barrister in London for nearly a decade, and subsequently completed an MA in Creative Writing - Crime Fiction at the University of East Anglia. She lives in north London. Her first novel, *Blood Orange*, published in 2019 to huge critical acclaim and her second and third novels *The Lies You Told* and *It Ends at Midnight* have both been Sunday Times bestsellers. *A Lesson in Cruelty* is her fourth novel.

X @harriet_tyce | North London

Publicist: | Rosie Margesson | rosie.margesson@headline.co.uk

A Plague of Serpents

K. J. Maitland



Imprint: **Headline Review**
 Pub: 25/04/2024
 Format: **Hardback**
 Price: £20.00
 ISBN: 9781472275554



K.J. Maitland's gripping Jacobean historical thriller series comes to a dramatic conclusion...

'What a wonderful storyteller Maitland is' **THE TIMES**

'Find Spero Pettingar, discover what he means to do and bring the report of it to me, before Cecil's men find him'

Daniel Pursglove has one last chance to spare himself from the horrors of Newgate Gaol - or worse. But as two circles of conspirators gather in London, who is plotting to kill the King and who seeks to ensnare Daniel in their dark web?

PRaise FOR THE DANIEL PURSGLOVE SERIES

'Dark and enthralling' **ANDREW TAYLOR**

'Colourful and compelling' **SUNDAY TIMES**

'Full of tension and danger... powerfully atmospheric' **JENNIFER SAINT**

'Goes right to the heart of the Jacobean court' **TRACY BORMAN**

'Spies, thieves, murderers and King James I? Brilliant' **CONN IGGULDEN**

'There are few authors who can bring the past to life so compellingly... Brilliant writing and more importantly, riveting reading' **SIMON SCARROW**

'A beautifully crafted thriller... Breathtaking and bone-chilling' **MANDA SCOTT**



Karen Maitland is an historical novelist, lecturer and teacher of Creative Writing, with over twenty books to her name. She grew up in Malta, which inspired her passion for history, and travelled and worked all over the world before settling in the United Kingdom. She has a doctorate in psycholinguistics, and now lives on the edge of Dartmoor in Devon.

Devon

The Honeymoon Affair

Sheila O'Flanagan



The irresistible, utterly satisfying new contemporary novel from No. 1 bestselling Sheila O'Flanagan

Izzy is in the Caribbean on the honeymoon-that-isn't after her fiancé broke her heart. She's not looking for someone new. But when she meets Charles Miller, a successful writer holidaying alone, the electricity is undeniable. And what does she have to lose?

In Ireland, Charles's ex-wife and agent Ariel flits from party to party, glamorous and poised. She's always in touch with Charles. Though they're divorced, they're very close. Ariel wonders if they should get back together. She's an independent woman, but she liked being part of a power couple. And she's sure she only has to say, and they'll pick up where they left off.

No matter how in control of life you think you are, it can shock and surprise you. As Izzy, Ariel and Charles are about to find out . . .

Sheila O'Flanagan's new novel tells a compelling and thought-provoking story about two strong women, one complicated man, and the secrets and dreams that draw them together - with explosive consequences . . .

Imprint: **Headline Review**
 Pub: 25/04/2024
 Format: **Hardback**
 Price: **£20.00**
 ISBN: 9781035402878



Sheila O'Flanagan is the author of over 30 bestselling books, including *What Eden Did Next*, *Three Weddings and a Proposal*, *The Women Who Ran Away*, *Her Husband's Mistake*, *The Hideaway* and *The Missing Wife*. She lives in Dublin with her husband.

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How Not to Let Having Kids Ruin Your Sex Life

Dr Karen Gurney



There's a saying that having a baby is like a bomb going off in your relationship, and our sex lives are often part of the destruction left behind. But it doesn't have to be this way.

Sexual satisfaction is at its lowest for couples who have kids under five. Sleepless nights, plus changes to our bodies, identities and priorities mean that the passion that brought you together can start to feel like a distant memory. But how can you retain a great sexual connection even when you have so little time? How can you make sure that you still feel like sexual partners not just strung out co-parents at the end of it all?

Dr Karen Gurney is both a clinical psychologist and certified psychosexologist. In this essential book for parents everywhere, she will show you how to navigate the changes to your intimate lives that starting a family inevitably brings - and ensure you have great sex, forever. You'll discover how to communicate, how to invite intimacy, how to avoid key relationship pitfalls and how to survive the first year, including recovering from birth and managing the effects of sleep deprivation. Optimistic, wise and compassionate, this book shows you how to protect your sex life after kids, (re)connect with both your own sexual self and your partner's, and how to have a mutually satisfying sexual relationship, long-term.

Imprint: Headline Home
 Pub: 04/04/2024
 Format: Trade Paperback
 Price: £16.99
 ISBN: 9781035405114



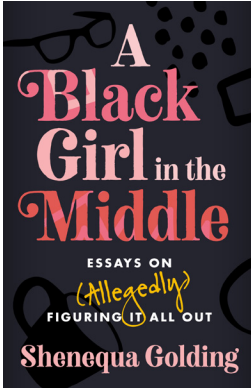
Dr Karen Gurney is a highly specialised clinical psychologist and certified psychosexologist, and is a recognised national expert in the theory and practice of therapy around all aspects of sexual wellbeing and function. She is currently Lead Psychosexual Therapist at 56 Dean Street (Chelsea and Westminster Hospital NHS Foundation Trust), as well as Director of The Havelock Clinic, an independent sexual problems service based on Harley Street and in The City of London. Dr Gurney has written for and been featured in publications such as Marie Claire, Cosmopolitan and Refinery29. She appeared on BBC2's Victoria Derbyshire Show and is the expert attached to Cherry Healey, Lisa Williams and Annik Somerville's podcast, The Hotbed Collective (@thehotbedcollective), regularly appearing in their live shows and podcasts. She is also the UK ambassador for www.thepornconversation.org - a not-for-profit initiative set up by Erika Lust designed to help parents and carers talk to young people about porn use. Dr Gurney is on Instagram as @thesexdoctor. *Mind The Gap* is her first book.

✉ @karengurney5 | Hackney, London

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

A Black Girl in the Middle

Shenequa Golding



'Growing up in Queens, I didn't know being named Shenequa was considered "ghetto" or uncouth. It was only later in life that I realized I was being judged by a decision I had no control over... I will examine the double-standard Black girls with big names like Shenequa face, and the quick math we have to calculate when trying to de-escalate drama.'

In *A BLACK GIRL IN THE MIDDLE*, Shenequa's timely, compelling, and blazingly honest essay collection, grants the opportunity to hold up her magnifying glass to not only her own experiences, but those of young Black women everywhere. Covering identity-searching themes of white supremacy, feminism, misogyny, love, sex, and heartbreak with her trademark wit and originality, *A BLACK GIRL IN THE MIDDLE* will appeal to readers of *SLAY IN YOUR LANE*, Candice Brathwaite, and Issa Rae.

Each chapter represents a different theme and though American, these essays are very relatable to Black girls everywhere, to the point where it felt like I might have written it myself. This isn't just a book about Black women's trauma, it is also a book that embraces and celebrates the things that make us different.

Imprint: Headline
 Pub: 11/04/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472297709



Shenequa A. Golding is a writer and editor whose work focuses on race, culture and entertainment. Shenequa's articles and interviews (written and on-camera) have appeared in prominent Black publications such as *Vibe* and *Essence* as well as mainstream outlets like *Complex* and *Vanity Fair* in which she was commissioned by a Los Angeles-based agency to explore some of the themes in Steve McQueen's anthology, *Small Axe*.



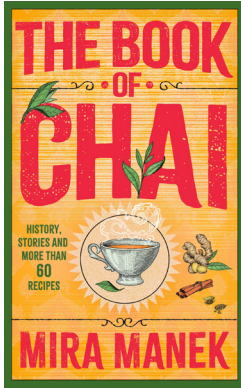
Her work includes interviewing Joshua Jackson for Ava DuVernay's Netflix original limited series *When They See Us*, and Sybrina Fulton and Tracy Martin on what would have been Trayvon Martin's 21st birthday for a feature about moving forward with grief. Her essay "Maintaining Professionalism in The Age of Black Death is...A Lot", published on Medium in May 2020, has received 990K views to date. It also earned praise from CEO's nationwide including Jeff Bezos for detailing the double-duty Black employees carry while trying to be professional as Black Americans are being killed by police.

✕ @GoldingGirl617 | Queens

Publicist: | Felicia Hu | felicia.hu@headline.co.uk

The Book of Chai

Mira Manek



This book is a celebration of chai, the healthy Ayurvedic drink that is not only woven into the fabric of life in India, but now rapidly growing in popularity and enjoyed across the world.

The Book of Chai presents 65 delicious recipes for chai, including recipes using chai spices and dishes to accompany chai. As well as explaining the health benefits and different techniques for making chai, this book contains chais for different seasons, times of day and moods. There are chais to wake you up, chais to soothe you after a stressful day and chais to help you sleep, as well as dirty chai, chocolate chai, and chais mixed with citrus and rosewater. More delicious recipes include lassis, chai spiced carrot cake, crispy pakoras and warming crumbles.

The Book of Chai also explores the fascinating history of the beverage and its role in Indian life and culture. Evocative 'chai stories' of the author's personal chai memories are blended throughout, bringing to life the importance of this drink and the way it brings family, history and culture together.

Imprint: Headline Home
 Pub: 18/04/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781035402236



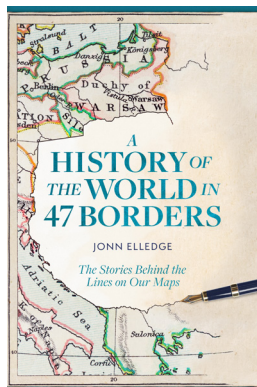
Mira Manek is an author, wellness coach and expert, and has her own chai brand. Her third book, *The Book of Chai*, is out this September, following the success of her first two books, bestselling cookbook *Saffron Soul* and a book on Ayurveda and happiness called *Prajna*. Mira was born and raised in London, where she grew up in a large joint family with her grandparents, strongly rooted in their Indian heritage. She grew up speaking Gujarati, learned Sanskrit at school and has travelled extensively in India, inspiring her passion for Indian philosophy and spirituality, chai and chaiwalas, Indian food and spices, and especially Ayurveda.

✉ [@miramanek](https://twitter.com/miramanek) | London

Publicist: | Oliver Martin | oliver.martin@headline.co.uk

A History of the World in 47 Borders

Jon Elledge



People have been drawing lines on maps for as long as there have been maps to draw on. Sometimes rooted in physical geography, sometimes entirely arbitrary, these lines might often have looked very different if a war or treaty or the decisions of a handful of tired Europeans had gone a different way. By telling the stories of these borders, we can learn a lot about how political identities are shaped - and about human folly.

From the Roman attempts to define the boundaries of civilisation, to the secret British-French agreement to carve up the Ottoman Empire during the First World War, to the reason why landlocked Bolivia still maintains a navy, this is a fascinating, witty and surprising look at the history of the world told through its borders.

Imprint: Wildfire
 Pub: 25/04/2024
 Format: Hardback
 Price: £25.00
 ISBN: 9781472298508



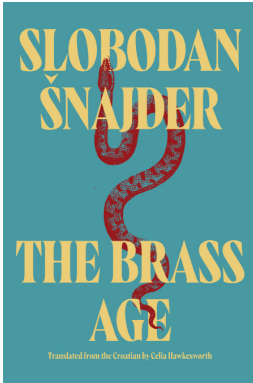
Jon Elledge is a *New Statesman* columnist and a contributor to the *Big Issue*, the *Guardian*, the *Evening Standard* and a number of other newspapers. He was previously an assistant editor at the *New Statesman*, where he created and ran its urbanism-focused CityMetric site, spending six happy years writing about cities, maps and borders and hosting the Skylines podcast. He has written three books, as well as over a hundred editions of the Newsletter of (Not Quite) Everything. He lives in London.

X @JonElledge | London

Publicist: | Federica Trogu | federica.trogu@headline.co.uk

The Brass Age

Slobodan Snajder



Both a family saga and a great historical novel, in which the history of Yugoslavia forms part of a larger European background, *The Brass Age* is primarily the story of the “Volksdeutscher”, a German minority in North-Eastern Croatia (Slavonia) who emigrated to these regions in the 18th century as part of the reforms of Empress Maria Theresa. These Germans, who integrated into the local population, were conscripted into the Waffen SS. The novel’s protagonist, the narrator’s father, is forced into this military service and eventually deserts despite the danger this entails. At the core of this novel is a tragic love story between the narrator’s parents; two characters burdened by their divided history. Former fighters in opposing camps - one a committed Partisan and the other a deserter of the German army - if they had met earlier, each one would have killed the other.

Blending ancient myths with dark reality, Šnajder creates a panorama of a disintegrated world that only a poet looking to the past could unite. *The Brass Age* is a captivating tale and one that makes us reflect on immigration, identity and the existential meaning of art and life.

Imprint: Mountain Leopard Press

Pub: 02/05/2024

Format: Hardback

Price: £18.99

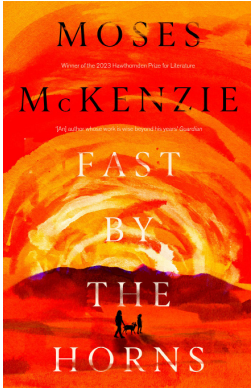
ISBN: 9781914495229



Slobodan Šnajder graduated with a Philosophy and English degree at the Faculty of Humanities and Social Sciences in Zagreb. He is a writer, publicist, playwright and has also worked as a columnist for several newspapers. Šnajder published his first full-length novel *Morendo* in 2012 and *The Brass Age* has won numerous awards including the Meša Selimoviæ Award and the Mirko Kovaè Award.

Fast By the Horns

Moses McKenzie



The hotly anticipated second novel from the prizewinning author of *An Olive Grove in Ends*

Bristol, 1980. In the tight-knit neighbourhood of St. Pauls, 14-year-old Jabari is proud of his position as the only son of revered community leader Ras Levi. Raised in a world of sus laws and council neglect, Jabari finds hope in his Rastafari faith, which offers the comforting vision that one day he and his fellow believers will repatriate to the motherland, where they will at last be free from oppression and prejudice.

But in St Paul's a local firebrand activist has been arrested, and violence soon overflows, pulling both father and son into its maelstrom. As Jabari rages against the iniquity, a chance encounter with a young Black child gifts him an opportunity for justice - or is it revenge?

When events come to a head, Ras Levi falters and Jabari is caught fast between honouring his father's wishes and those of the people. Time is running out, and he has to make a choice.

Imprint: Wildfire
 Pub: 09/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472283160

Previous praise for Moses McKenzie:

WINNER of the Hawthornden Prize for Literature 2023.

'Tough yet tender' **Observer - 10 Best Debut Novelists of 2022**

'Luminous' Cherie Jones

'Moses' talent is off the scale' Donal Ryan

'Remarkable' Nathan Harris

'Wise beyond his years' Patrick McCabe



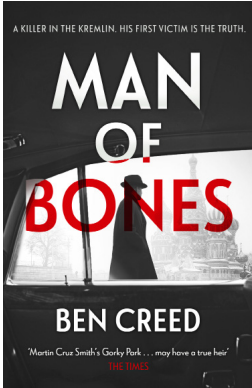
Moses McKenzie is of Caribbean descent and grew up in Bristol, where his first two novels are set. His debut, *An Olive Grove in Ends*, which Moses wrote at the age of twenty-one, was listed as a Guardian Novel of the Year 2022 and shortlisted for the Writers' Guild Best First Novel Award 2023. He was named one of The Observer's 10 Must-Read Debut Novelists of 2022, and won the inaugural Soho House Breakthrough Writer Award the same year. He is currently working on the TV adaptation of *An Olive Grove in Ends*, and has recently completed his second novel, *Fast by the Horns*, which will publish in spring 2024.

X @eastsidemoses

Publicist: | Oliver Martin | oliver.martin@headline.co.uk

Man Of Bones

Ben Creed



Imprint: Mountain Leopard Press

Pub: 09/05/2024

Format: Hardback

Price: £18.99

ISBN: 9781802793123



Winter 1953. Beneath a pitch-black Leningrad sky, two bodies lie near the towering statue of Lenin outside the Finland Station. 'Nothing sinister, here, just a simple hit and run,' an officer in the MGB secret police assures militia detective Revol Rossel. Now he knows it's murder.

Only recently released from a brutal Siberian labour camp and determined to find his missing sister at last, Rossel wants nothing to do with this new case. But his alcoholic, broken superior officer, Captain Liphukin, seizes upon it as his salvation – a last chance to be a true Soviet hero.

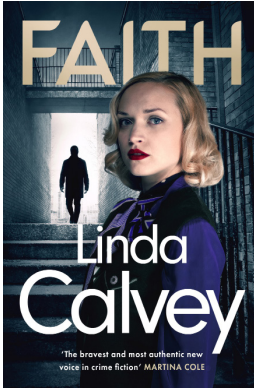
Along with sharp-witted Sergeant Lidia Gerashvili, and Major Nikitin, the interrogator who once cut off Rossel's fingers, Rossel sets off on the trail of a murderer whose crimes surpass those of even the deranged tsar Ivan the Terrible. A trail leading to a dark, hidden episode in Bolshevik history filled with unspeakable horrors. There is only one eyewitness – Vladimir Ilyich Ulyanov, better known as Lenin, whose giant right hand stretches out towards the frozen River Neva. Lenin, Rossel thinks, seems to be pointing at someone. But who?



Ben Creed is the pseudonym for Chris Rickaby and Barney Thompson. Chris found his way into advertising as a copywriter and, after working for various agencies, started his own called Everything Different. Barney is a classically trained musician who studied under the legendary conducting professor Ilya Musin at the St Petersburg Conservatory for two years. He is fluent in Russian and is now an editor.

Faith

Linda Calvey



Imprint: Mountain Leopard Press

Pub: 09/05/2024

Format: Hardback

Price: £14.99

ISBN: 9781802794762



A heart wrenching and addictive crime saga about how far three women must go to protect themselves and their daughters in the East End. Perfect for fans of Martina Cole and Kimberley Chambers.

Shunned by her parents and isolated by her abrupt marriage to the violent and temperamental Gary, sixteen-year-old Annie's life is becoming unbearable. As her relationships deteriorate further, she attempts to raise her daughter, Maria, amidst Gary's fits of fury and gambling problem.

When Gary, already steeped in debt to the vicious Walton crime family, becomes unemployed, Annie must turn to prostitution to protect herself and her family. Here she meets Joyce, hardy yet kind, who refuses to bend to the will of the Waltons. Annie aspires to Joyce's bravery but is ultimately trapped when her daughter Maria falls for the Waltons' son, becoming pregnant out of wedlock.

After fleeing to London, where Joyce is now living, Maria's daughter is born in a hostel, and the trio attempt a new life in Stepney. Their neighbours are a family of petty criminals who resent the arrival of the Northerners next door. However, the obvious bond between their children brings the warring families together.

But when one impulsive decision from Maria leads to tragedy, the weight of loss threatens to destroy the family forever. Will courage and loyalty be enough to save them?



Linda Calvey has served 18 years behind bars, making her Britain's longest-serving female prisoner. She moved to 14 different prisons, doing time with Rose West and Myra Hindley. But prison didn't break her . . .

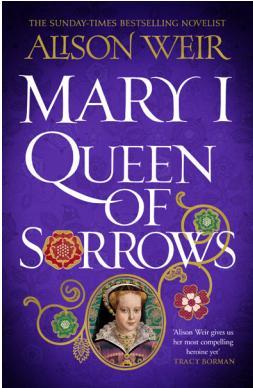
Since her release, Linda has become a full-time author. Her 2009 memoir *The Black Widow* fascinated readers, and her Ruby Murphy series was a great success, staying in bestseller lists for weeks.

London

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Mary I: Queen of Sorrows

May Fiction



Sunday Times bestselling novelist Alison Weir returns with the spellbinding story of Mary I.

Adored only child of King Henry VIII and his first wife Katherine of Aragon, young Princess Mary grows up as the sole heiress to the English throne. But her father wants a son, and soon Mary's world begins to fall apart.

With her parents' marriage - and England - in crisis, Mary is banished from the court and kept apart from the mother she adores. The King promises to restore his daughter to favour, but first Mary must do something for which she will never forgive herself.

She seeks solace in her faith. But when her brother Edward VI dies, she finds herself fighting for the crown - and for her life. Emerging triumphant, all seems fair for the reign of Queen Mary. And then, very quickly, things began to go badly wrong...

Imprint: Headline Review
Pub: 09/05/2024
Format: Hardback
Price: £22.00
ISBN: 9781472278135

MARY I. HER STORY.

Alison Weir's new Tudor novel, a tale full of drama and tragedy, tells the story of how a princess with such promise, loved by all who knew her, becomes the infamous Bloody Mary.



Alison Weir is a bestselling historical novelist of Tudor fiction, and the leading female historian in the United Kingdom. She has published more than thirty books, including many leading works of non-fiction, and has sold over three million copies worldwide.



Her novels include the Tudor Rose trilogy, which spans three generations of history's most iconic family - the Tudors, and the highly acclaimed Six Tudor Queens series about the wives of Henry VIII, all of which were Sunday Times bestsellers.

Alison is a fellow of the Royal Society of Arts and an honorary life patron of Historic Royal Palaces.

X [@AlisonWeirBooks](https://twitter.com/AlisonWeirBooks)

Publicist: | Caitlin Raynor | caitlin.raynor@headline.co.uk

You May Now Kill the Bride

May Fiction

Kate Weston



Not all hens went to the party to have a good time.

Lauren, Saskia, Dominica, Farah and Tansy have been friends since nursery. They wonder if that was the last time they all actually liked each other.

Reunited as bridesmaids at Tansy's spiritual hen party in the woods, it doesn't take long before old grudges begin to surface. Not to mention the secret they've been hiding for twenty years.

But what starts as a weekend of macramé and penis straws ends in murder when Tansy chokes to death on a poisoned cacao.

And as the body count keeps climbing, the friends realise that one of their group must be the killer - and they need to watch their backs.

Imprint: Headline]

Pub: 23/05/2024

Format: Paperback Original

Price: £9.99

ISBN: 9781035412457



Kate Weston is an ex-stand up comedian and the author of YA murder mystery *Murder On A School Night*, as well as *Diary of a Confused Feminist* and *Must Do Better*. *Diary of a Confused Feminist* was longlisted for the Comedy Women in Print Prize and nominated for the Carnegie Medal. *You May Now Kill the Bride* is Kate's debut novel for adults. She lives in London with her partner and their cat Angus.

You can find Kate on:

TikTok @katewestonauthor

Instagram @kateelizabethweston

X @kateelizweston

Publisher: | Felicia Hu | felicia.hu@headline.co.uk

Glass Houses

Francesca Reece



Imprint: Tinder Press
 Pub: 23/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472272249



'Through a dewy sheen of teen nostalgia, Reece deftly explores the weight of political events on individual lives. Her supple, visceral prose evokes North Wales in all its complexity, beautifully rendered in water, resin and sky' Jessica Andrews, author of *Saltwater* and *Milk Teeth*

'Francesca Reece is a devastatingly compelling new voice in literary fiction' Louise O'Neill, author of *Asking For It* and *Idol*

Somewhere, in a box in Margot Yates' attic there's a video of Gethin by the lake at Ty Gwydr. He's young - nineteen, maybe twenty. It's late spring and dusk, and a low sun leaks white light into the horizon behind the dark fringe of trees. Olwen is filming. Gethin narrows his eyes at the camera. Her bodiless voice says to him, I love it here. He says, good. This place is ours.

Gethin Thomas is struggling to make ends meet in his rural hometown in north Wales. Bright and handsome but unambitious, he works as a forester, but the thing that keeps him going is Ty Gwydr, a beautiful lakeside house he keeps an eye on for its absent English owners. The house has been empty for so long he's come to think of it as his.

That is until the owners decide to sell, sending Geth into freefall. And when he discovers that Olwen, his teenage love who left him and their small town in north Wales for a new life in London, has returned with her husband, Geth and Olwen will find themselves pulled back into the past and what could have been - or still could be.

But soon mysterious messages start arriving at the house, and Geth and Olwen must question whether this is the love story they thought it was, or whether there might be something altogether more sinister lurking beneath the surface.

Francesca Reece is a writer and translator from North Wales. Her debut novel, *Voyeur*, was published by Tinder Press in 2021. She was the 2019 recipient of the Desperate Literature Prize, and has had work featured in *The London Magazine*, *Banshee*, and *Elle UK*. After several years spent living in Paris, she is now based in London, where she is a bookseller at BookBar.

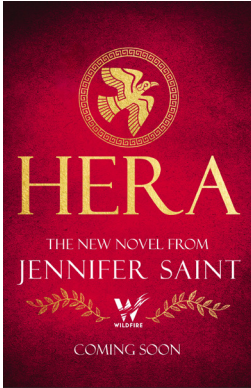


X @FrancescaReece | London

Publicist: | Oliver Martin | oliver.martin@headline.co.uk

Hera

Jennifer Saint



From Jennifer Saint, the bestselling author of *ATALANTA* (UK, Sunday Times, April 2023) *ELEKTRA* (UK, Sunday Times, May 2022) and *ARIADNE* (UK, Sunday Times, April 2021), comes the captivating story of Greek mythology's most famous wife.

'A brilliant read' *Women & Home* | 'A spirited retelling' *Times* | 'Beautiful and absorbing' *Fabulous* | 'A vivid reimagining of Greek mythology' *Harper's Bazaar* | 'Jennifer Saint has done an incredible job' *Red*

When the immortal goddess Hera helps her brother Zeus to overthrow their tyrannical father, the ancient Titan Cronos, she dreams of ruling the world at his side. But as they establish their reign on Mount Olympus, Hera begins to see another side to Zeus, a side just as ruthless and cruel as Cronos was.

Imprint: Wildfire
 Pub: 23/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472292209



She was clearly born to rule, but does that mean perpetuating a cycle of violence and cruelty that has existed since the dawn of time?

Will assuming her power mean that Hera loses herself or can she find a way to forge a better world?

Praise for Jennifer Saint's books:

'A lyrical, insightful re-telling' *Daily Mail*
 'Relevant and revelatory' *Stylist*
 'Energetic and compelling' *Times*
 'An illuminating read' *Woman & Home*



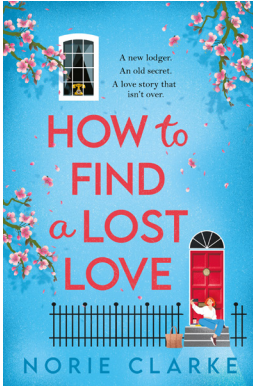
Thanks to a lifelong fascination with Ancient Greek mythology, **Jennifer Saint** read Classical Studies at King's College, London. Since September 2022, she has been a Visiting Research Fellow in the Classics Department there. In between, she spent thirteen years as an English teacher, sharing a love of literature and creative writing with her students. *Ariadne* is her first novel, *Elektra* is her second, and *Atalanta* is her latest mesmerising mythological retelling.

X @jennysaint | Wakefield

Publicist: | Caitlin Raynor | caitlin.raynor@headline.co.uk

How to Find A Lost Love

Norie Clarke



Imprint: **Headline Review**
 Pub: 23/05/2024
 Format: Paperback Original
 Price: £9.99
 ISBN: 9781035404896



A romantic, heartfelt story of love lost, friendship found and the promise of a second chance, this is a debut novel you'll want to treasure. Perfect for fans of *The Keeper of Stories* and *The Reading List*.

----- Everybody's searching for someone...

Jess knows it's time to move on from her best friend's couch, where she's been crashing since her boyfriend emptied out her heart, and all her savings. But when she responds to an ad in the newspaper for a lodger on a quiet Notting Hill street, Jess has no idea how life's about to change.

Joan has spent too long alone with her memories of the man she walked away from one Manhattan evening years ago. Passing a bedroom door she can't bear to open, she decides to advertise for a lodger.

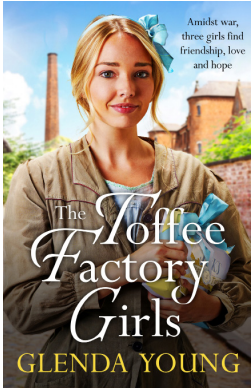
When Jess meets Joan, she recognises a woman left behind by the world, and so she suggests a switch: if Joan will agree to go on-line, she will go off-line. And when Jess learns Joan has never forgotten the love of her life, a man she used to write to via the Lonely Hearts column, Jess decides to search for him, little realising that in Joan's story lies her own unexpected new beginning...



Norie Clarke lives in a beautiful village by the sea with her husband, son and dogs. When not writing, Norie can be found in her studio at the bottom of her garden playing the piano and trying, not very well, to draw.

The Toffee Factory Girls

Glenda Young



Imprint: Headline
 Pub: 23/05/2024
 Format: Paperback
 Price: £7.99
 ISBN: 9781035402489



'Real sagas with female characters right at the heart' Woman's Hour

Discover the engaging new trilogy from the author of THE SIXPENNY ORPHAN, about three women working in a WWI toffee factory in the North-East!

In 1915 three women start work at a toffee factory in the market town of Chester-le-Street, Durham.

Anne works for the enigmatic owner Mr Jack. She is highly efficient and whips Mr Jack's disorganised office - and Mr Jack himself - into shape. However, behind her business-like façade, Anne hides a heart-breaking secret.

Elsie is feisty, fun and enjoys a good time. However, her gadabout ways get her into trouble when she falls for the wrong man in the sugar-boiling room.

And there's dependable Hetty, who's set to marry her boyfriend when he returns from the war. But when Hetty is sent on an errand by the toffee factory boss, her life changes in ways she could never imagine and a whole new world opens up.

The toffee factory girls begin as strangers before forging a close bond of friendship and trust. And, as the war rages on, they help each other cope through the difficult times ahead.

The Toffee Factory Girls is a heart-warming novel about love, friendship, secrets, war . . . and toffee! It is the first in a trilogy from hugely popular author Glenda Young - 'such a good writer, she's fantastic!' Woman's Hour

Glenda Young credits her local library in the village of Ryhope, where she grew up, for giving her a love of books. She still lives close by in Sunderland and often gets her ideas for her stories on long bike rides along the coast. A life-long fan of Coronation Street, she runs two hugely popular fan websites.

For updates on what Glenda is working on, visit her website glendayoungbooks.com and to find out more find her on Facebook/ [GlendaYoungAuthor](https://www.facebook.com/GlendaYoungAuthor) and Twitter [@flaming_nora](https://twitter.com/flaming_nora).

✕ [@flaming_nora](https://twitter.com/flaming_nora) | [Sunderland](https://www.sunderland.com)



LVOE II

Atticus Poetry



From the internationally bestselling author of *Love Her Wild*, *The Dark Between Stars*, *The Truth About Magic*, and *LVOE* comes *LVOE II*, the dazzling follow-up book of poems by Atticus. Featuring over 250 brand new poems, this sees Atticus take his readers on an enthralling, unforgettable new adventure.

This new collection will feature all-new poems, each paired with beautiful sketches that bring the words alive from the page.

An exploration of self-love, meditation, meaning, loss, and romance, *LVOE II* is a look forward, a look backward, but most importantly a look inward to the often confusing yet hopeful human experience.

Imprint: Headline
 Pub: 03/05/2024
 Format: Hardback
 Price: £16.99
 ISBN: 9781472293862



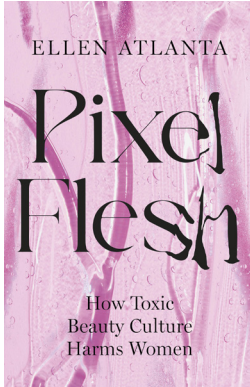
Atticus is a storyteller, observer and author of the internationally-successful *Love Her Wild*. Born on the West Coast, he's spent much of his life exploring the world but now calls California his home. He loves the ocean, the desert, and playing with words. Visit him on Instagram on @AtticusPoetry.

X @atticuspoeetry | California

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Pixel Flesh

Ellen Atlanta



Imprint: Headline
 Pub: 08/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472298775



'I am surrounded by women who are emblems of modern feminism and #Girlboss culture. These same women admit to me in private that the hardest part of the day is getting dressed, that they Facetune their photos, obsess over diets, break down over their appearance and spend thousands on invasive treatments.'

We now live in a new age of beauty. With advancements in cosmetic surgery, accessible tweakments, augmented reality face filters, photo editing apps, and exposure to more images than we were ever meant to see, we have the ability to craft ourselves in whichever way we please. We pinch, pull, squeeze, tweeze, smooth and slice ourselves beyond recognition. But is modern beauty culture truly empowering? Are we really in control?

In every era there is a beauty ideal. Yet, today, the pressure to attain and retain the perfect body is compounded by a need to present this perfect image across multiple media channels, to exist in constant comparison to curated feeds and the version of your life that you show online. In an age of influencers, mass circulation of images and the increasing commodification of the self, modern beauty culture is all-consuming and unavoidable, touching the lives of every young woman in the country.

From Love Island to lip filler, blackfishing to the beauty tax, Ellen Atlanta reconfigures our understanding of women's relationship with beauty culture to account for the digital age. Providing a fascinating account of the realities young women face under a dominant industry, *Pixel Flesh* unmasks the absurdities of the dystopia we find ourselves living in, acting as a rallying cry and a refusal to suffer in silence, forming a collective memoir of what it feels like to exist as a woman today.

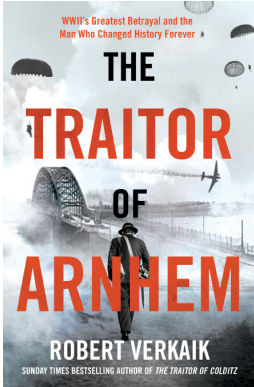
Ellen Atlanta is a writer and brand consultant specialising in Gen-Z and millennial culture. She has worked in the beauty industry for almost a decade and was a founding editor of Dazed Beauty and consultant for industry heavyweights such as BeautyCon, Estee Lauder, Boots, FeelUnique, Milk Makeup, Flannels Beauty and The Unseen Beauty. With her focus on female empowerment, Ellen departed from the beauty industry in 2019 to become a founding member of both The Stack World and The Restless Network, reimagining social media platforms and creating better digital spaces for women+. In 2021, she was headhunted to support UN Women UK on their digital campaigns, creating safer public spaces for women and marginalised genders across the country.

X @ellen_atlanta



The Traitor Of Arnhem

Robert Verkaik



THE END OF THE SECOND WORLD WAR IS IN SIGHT.

Following the Western Allies' overwhelming victory on D-Day, Churchill, Roosevelt and Stalin are all prepared to shape the future, starting with Operation Market Garden.

With 10,000 men dropped into Arnhem and another 20,000 standing by in Grave, the British are set to secure the area and declare victory. However, Dutch resistance hero Christian Lindemans has other plans. Acting as a triple agent, Lindemans is determined to help the Germans gain the lead in the war and a hold on The Hague. While sent behind enemy lines to prepare the Dutch resistance, Lindemans began to dismantle the operation from within, betraying hundreds of Allied soldiers and changing the course of history forever.

Drawn from unseen records, *The Traitor of Arnhem* is an epic story of secret missions, trust and treachery, bringing to light the murky story of one of the most influential spies of the Twentieth Century.

Imprint: Welbeck
 Pub: 09/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781802797404



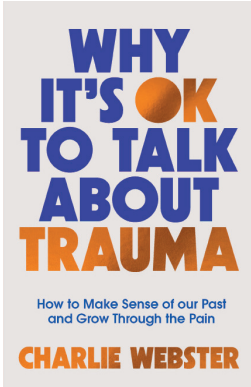
Robert Verkaik is an author and award-winning journalist. He was the Home Affairs Editor of the Independent and the Security Editor of the Mail on Sunday. He is the author of *Defiant*, *the Untold Story of the Battle of Britain*, *Posh Boys* and *Jihadi John, the Making of a Terrorist*. He is a non-practicing barrister and lives in Surrey.

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Why It's Okay to Talk about Trauma

Charlie Webster



Why It's OK to Talk About Trauma is the book your brain, body and future self need to read. 1 in 2 people experience trauma at some point in their lives. Trauma can be a result of anything which causes fear, helplessness and horror.

Broadcaster and abuse survivor Charlie Webster uses her own lived experience alongside advice from experts to create a companion for trauma survivors - a book that will help, explain, understand and navigate the impact of trauma on our lives.

As someone who has experienced multiple traumas, Charlie has written the book she longed for when she was working through her traumatic past. She shares her story whilst providing insight.

Imprint: Welbeck Balance
 Pub: 09/05/2024
 Format: Paperback
 Price: £16.99
 ISBN: 9781801293020



Charlie Webster is an experienced broadcaster, writer and journalist across TV, Radio and Podcasts. She has worked globally for major TV networks including the BBC, ITV, Sky and ESPN, covering major sporting events and in-depth interviews with A-list celebs.

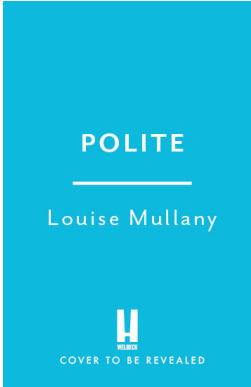


Charlie undertakes extensive advocacy work: she is an advisory role to the Ministry of Justice on the Secretary of State's Victims Panel, is a commissioner on the Child Sexual Abuse and Exploitation Commission, and runs a mental health and trauma survivors' group MindTalk. She is an ambassador for Women's Aid and NSPCC Campaigner for Childhood, a trained sports nutritionist and Schema Therapist specializing in childhood trauma.

✉ [@CharlieCW](https://twitter.com/CharlieCW) | London

Polite

Louise Mullany



Imprint: Welbeck
 Pub: 09/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781802793420



The first ever mass-market book on politeness and the important role it plays in our work, relationships and lives, from professor and pioneer of Politeness Theory, Louise Mullany.

Are women really more polite than men? What is the most polite country in the world? And when is it OK to swear?

Politeness rules our day-to-day lives, whether it's speaking to colleagues about issues at work, dealing with difficult family members or wondering if you should eat the last biscuit.

For years, Louise Mullany has been examining the prevalence and power of politeness in our everyday speech and actions, and discovering what this says about us.

In her first book, *Polite*, Louise shows how the unseen science of politeness governs everything we do, from what we say to how we act, and reveals how a better understanding of the rules and norms of politeness can help us in all aspects of our work, leisure and home lives.

And, in doing so, she answers the age-old question... is there ever such a thing as too polite?



Louise Mullany teaches Politeness Theory at the University of Nottingham. As well as teaching and writing in this pioneering field, she also goes into schools, businesses and sports teams to help them improve their communication and apply the science of politeness to their own areas. This is her first book.

X [@louisejmullany](#) | Nottingham

Publicist: | Joe Thomas | joe.thomas@headline.co.uk

Your Baby's First Year

Louenna Hood



Imprint: Headline Home
 Pub: 09/05/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781035409655



This is a parenting handbook that offers tips, facts and advice for every day of baby's first year - one page of advice, tips and help per day. With short snippets of information and guidance, this is the perfect book for sleep-deprived parents to dip in and out of as they embark on the first year of their child's life. Each daily entry will include all or some of the following:

- Baby Fact - learn what's happening to your baby today
- Eyes Open - movements, sounds, physical developments to look out for
- Daily Win - small but high-five-worthy achievements to keep life on track, anything from going for a walk around the block, making a meal, meeting a friend, putting a wash on or finishing a cup of tea while it's still hot!
- Date for the Diary - from all day long newborn cuddles to knowing when and how to start introducing all-important tummy time into your baby's daily routine. Learn activities to bond with your baby plus important milestones such as immunisations, midwife visits etc.
- Food for Thought - from feeding mama to tasty weaning ideas
- Everyday Tick Box - baby and parent daily goals (completion optional!), including a cuddle with your baby, a big smile for them, pelvic floor exercise, some fresh air, nappy-free time, five deep breaths, gratitude thought, five glasses of water...

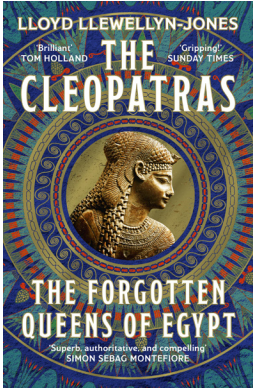
The book will also feature expanded sections under the heading 'A Note From Me to You, On...' detailing topics such as tiredness and night feeds, sleep cycles and mindfulness. Routines for parents will also be included, which will be introduced at different stages of the year.

In 2002, **Louenna Hood** graduated from the prestigious Norland College in Bath, Somerset, which has trained elite nannies for 130 years. She has nannied over 100 children, including the offspring of celebrities and royalty, and has worked in countries across the globe, including Dubai, Australia, America and Sweden. Qualifying as a maternity nurse a decade ago - a decision that led her into freelance work - cemented Louenna as a go-to support for many high profile new parents. Then in March 2020, as her childcare duties scaled back during the pandemic, Louenna took her career to the next level, by making her childcare services completely inclusive via a dedicated parent support app, The Louenna App. A one-stop-shop for childcare, the app covers every possible parenting topic from feeding, bathing and changing, to sleep routines, potty training and language development.

[Newmarket](#)

The Cleopatras

Lloyd Llewellyn-Jones



Cleopatra: lover, seductress, and Egypt's greatest queen.

A woman more myth than history, immortalized in poetry, drama, music, art, and film.

She captivated Julius Caesar and Marc Antony, the two greatest Romans of the day, and died in a blaze of glory, with an asp clasped to her breast - or so the legend tells us.

But the real-life story of the historical Cleopatra VII is even more compelling. She was the last of seven Cleopatras who ruled Egypt before it was subsumed into the Roman Empire. The seven Cleopatras were the powerhouses of the Ptolemaic Dynasty, the Macedonian family who ruled Egypt after Alexander the Great. Emulating the practices of the gods, the Cleopatras married their full-blood brothers and dominated the normally patriarchal world of politics and warfare. These extraordinary women keep a close grip on power in the wealthiest country of the ancient world.

Each of the seven Cleopatras wielded absolute power. Their ruthless, single-minded, focus on dominance - generation after generation - resulted in extraordinary acts of betrayal, violence, and murder in the most dysfunctional dynasty in history.

Professor Lloyd Llewellyn-Jones offers fresh and powerful insight into the real story of the Cleopatras, and the beguiling and tragic legend of the last queen of Egypt.

Born in Cefn Cribwr, Wales, **Lloyd Llewellyn-Jones** is Professor of Ancient History at Cardiff University and Director of the Ancient Iran Program for the British Institute of Persian Studies.

He has previously taught at Edinburgh University, where he was Professor of Ancient Iranian and Greek History. He has spent extensive time in Iran, and is a specialist in the histories and cultures of Persia, Egypt, and Greece.

He has also appeared on the BBC, Channel 4, in The Times and other media outlets. His previous books include *King and Court in Ancient Persia*, *Ctesias' History of Persia*, *The Culture of Animals in Antiquity*, and *Designs on the Past: How Hollywood Created the Ancient World*.

Cardiff

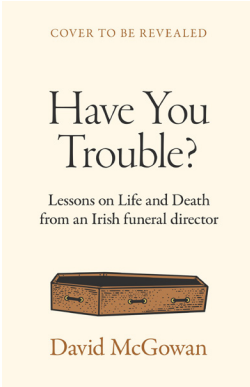


Imprint: Wildfire
 Pub: 09/05/2024
 Format: Hardback
 Price: £25.00
 ISBN: 9781472295163



Have You Trouble?

David McGowan



When death is a way of life...

In *Have You Trouble? Lessons on Life and Death from an Irish Funeral Director*, David McGowan takes us through the business, science, and the unexplained elements of death. Sharing stories that are poignant, humorous, and educational in turn, David explores the unique approach of Irish culture when it comes to grief and death and seeks to demystify the process of dying and what happens to the body afterward.

The only certainty when we come into this life is that we are going to leave it, and yet it's something most people are reluctant to discuss or allow themselves to think about. David's mission is to open up conversations and encourage people to have an understanding of their loved ones wishes as well as their own.

Imprint: Headline
 Pub: 23/05/2024
 Format: Hardback
 Price: £22.00
 ISBN: 9781035412228



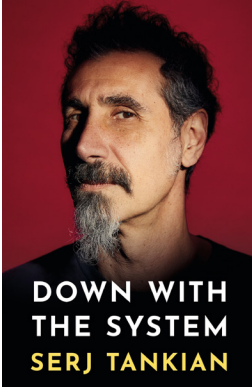
David McGowan is a master funeral director and embalmer based in the West of Ireland. He has a lifetime of experience in the death care profession. David has been an education provider to the funeral industry since 1995 when he established the Irish College of Funeral Directing and Embalming. He has trained funeral directors and embalmers from Ireland and abroad. He regularly appears on television and radio in Ireland, and in 2019 he was the subject of the RTS Award-winning documentary, *The Funeral Director* currently screening on Netflix.

X @directormcgowan | Ireland

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Down With the System

Serj Tankian



The incredible first memoir by System of a Down frontman Serj Tankian

With nearly 40 million record sales, three albums topping the Billboard charts, a Grammy win and a legion of fans, System of a Down are one of the biggest metal bands on the planet. At their core has always been Serj Tankian, whose journey from the streets of Beirut to rock superstardom is as remarkable and unlikely as you'll get.

By dint of luck, circumstance, struggle, and more than a little talent, Serj has had the chance to live an extraordinary life. In *Down With the System*, he retraces this remarkable and unlikely journey, and explores what it's taught him - about music, about art, about activism, and about himself. From teaming up with Tom Morello to push social justice causes on unsuspecting metalheads, arguing with LAPD officers over the best way to quell his rioting fans, and traveling with Anthony Bourdain through Armenia one meal at a time, *Down With the System* is an immigrant's tale, an activist's awakening, and rock memoir unlike any other.

Imprint: [Headline](#)
 Pub: 23/05/2024
 Format: Hardback
 Price: £25.00
 ISBN: 9781035403622

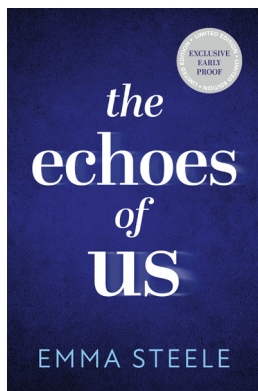


Serj Tankian is the lead singer of the Grammy-winning rock band System of a Down. He is a solo artist, a composer, an activist, a painter, a poet, and a filmmaker. With System, he has headlined concerts around the world in front of audiences of up to 100,000 fans. Between his work with the band and as a solo performer, he's sold more than 42 million albums worldwide. His songs have been streamed more than 6 billion times. The video for System of a Down's hit single, "Chop Suey," has been viewed more than 1.1 billion times, which made it the first metal song ever to reach a billion views. Along with Tom Morello, Tankian co-founded the non-profit organization Axis of Justice, which strives to bring together musicians, music fans, and grassroots political organizations to fight for social justice. Tankian lives with his wife and his son, splitting their time between Los Angeles and New Zealand.

✕ [@serjtankian](#) | [US](#)

The Echoes of Us

Emma Steele



A captivating love story on an epic scale, for fans of *The Time Traveler's Wife* and *The Man Who Didn't Call*.

Robbie and Jenn are meant to be. They've finally reconciled after eight months spent apart and both know that, this time, it's forever. But forever might not be as long as they think.

As a truck hurtles towards their car on their way home, Robbie is thrown back into Jenn's past and he finds himself spectator in the most important moments of her life: golden moments from her childhood and heart-breaking ones from her teenage years; her exhausting time at med school and just where she's been for the last eight months. But he may find more than he bargained for...

Can Robbie right the wrongs in their past? Can he get to the bottom of what drove Jenn away eight months ago? Most importantly, can he change their present in order to save their future?

Imprint: Mountain Leopard Press

Pub: 06/06/2024

Format: Hardback

Price: £16.99

ISBN: 9781802795332



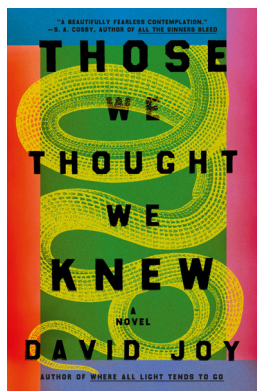
Emma Steele is an Edinburgh-based solicitor and writer, who has always enjoyed big love stories and exciting thrillers. When Emma's not reading or writing, she's spending time with her husband, two children and excitable pup, Sunshine. *The Echoes of Us* is her debut novel.

You can find her on Instagram @emmasteleauthor and <http://www.emmasteleauthor.com>

Edinburgh

Those We Thought We Knew

David Joy



From award-winning writer David Joy comes a searing new novel about the cracks that form in a small North Carolina community and the evils that unfurl from its center.

Toya Gardner, a young Black artist from Atlanta, has returned to her ancestral home in the North Carolina mountains to trace her family history and complete her graduate thesis. But when she encounters a still-standing Confederate monument in the heart of town, she sets her sights on something bigger.

Meanwhile, local deputies find a man sleeping in the back of a station wagon and believe him to be nothing more than some slack-jawed drifter. Yet a search of the man's vehicle reveals that he is a highranking member of the Klan, and the uncovering of a notebook filled with local names threatens to turn the mountain on end.

After two horrific crimes split the county apart, every soul must wrestle with deep and unspoken secrets that stretch back for generations. *Those We Thought We Knew* is an urgent unraveling of the dark underbelly of a community. Richly drawn and bracingly honest, it asks what happens when the people you've always known turn out to be monsters, what do you do when everything you ever believed crumbles away?

Imprint: Mountain Leopard Press

Pub: 06/06/2024

Format: Paperback

Price: £10.99

ISBN: 9780233006512



David Joy lives in the North Carolina mountains and is an acclaimed author of American noir fiction, including *When the Mountains Burn*, *Where All Light Tends To Go* (2015 Edgar finalist for Best First Novel), *The Weight of This World* and *The Line That Held Us* (winner of the 2018 SIBA Book Prize).

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A Killing in Paradise

Elliot F. Sweeney



'Full of sharp psychological insights, it grips the reader by the throat and never once lets go.' Daily Mail
'A promising and hard-hitting debut' Sunday Times
'A gritty, unflinching thriller that satisfies on many levels.' Woman's Own

A young man has been murdered on the notorious Paradise estate in London. The police have their assumptions; out-of-work private investigator Dylan Kasper, more than familiar with the neighbourhood, has his own.

Kasper takes it upon himself to get to the bottom of the killing. He soon discovers the reason the boy was killed that the police will never find - or want to find. A highly incriminating piece of evidence tying an illegal production company to the government and police alike.

But this is just the beginning. Kasper has made a name for himself getting under the skin of the most brutal killers in the capital. When those dearest to Kasper are suddenly thrust into view, he will have to make an impossible choice. Will the inhabitants of Paradise feel safe at last, if the price must be paid in blood?

Imprint: Wildfire
 Pub: 06/06/2024
 Format: Paperback Original
 Price: £9.99
 ISBN: 9781472292728



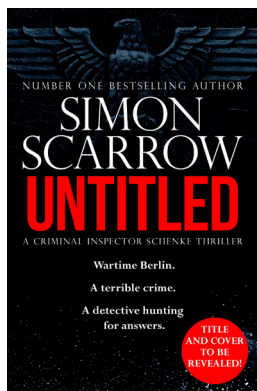
Elliot Sweeney is a community psychiatric nurse specialising in adolescent mental health and post-traumatic stress. He was awarded the Fisher Scholarship to attend the Curtis Brown Creative novel writing course, and he's also been supported by Spread the Word through their London Writers Awards Scheme. The Literary Consultancy has showcased him as a Spotlight Author, and he's written for Alfred Hitchcock's Mystery Magazine and Switchblade, amongst others.

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Publicist: | Rosie Margesson | rosie.margesson@headline.co.uk

Untitled Berlin Thriller

Simon Scarrow



GERMANY IS AT WAR. THE NAZIS HAVE ABSOLUTE POWER. EVIL MEN CARRY OUT THEIR CRIMES WITHOUT FEAR, KNOWING THAT THE POLICE DARE NOT DEFY THE REGIME.

But Criminal Inspector Schenke - a good man living in terrible times - believes in justice. Whatever the personal cost.

The stunning new thriller from the author of *Blackout* and *Dead of Night*.

Imprint: Headline

Pub: 06/06/2024

Format: Hardback

Price: £22.00

ISBN: 9781472287274



Simon Scarrow is a Sunday Times No. 1 bestselling author. His books - which have sold over 5 million copies - include his Eagles of the Empire novels featuring Roman soldiers Macro and Cato, most recently DEATH TO THE EMPEROR, THE HONOUR OF ROME, THE EMPEROR'S EXILE and TRAITORS OF ROME, as well as DEAD OF NIGHT and BLACKOUT, the first two novels in the Criminal Inspector Schenke thriller series, and many more.

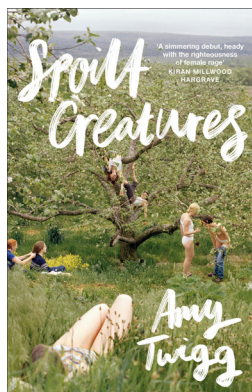
www.simonscarrow.co.uk and on Facebook /officialsimonscarrow

X @SimonScarrow

Publisher: | Sophie Ransom | sophie@ransompr.com

Spoilt Creatures

Amy Twigg



Imprint: Tinder Press

Pub: 06/06/2024

Format: Hardback

Price: £18.99

ISBN: 9781035407910



'A simmering debut, heady with the possibilities of language and the righteousness of female rage'

Kiran Millwood Hargrave, author of *The Mercies*

'A modern-day Dionysian cult of women in the woods - haunting, exhilarating and full of female rage'

Jennifer Saint, author of *Ariadne*

'Emma Cline's *The Girls* meets *Lord of the Flies* . . . compelling, cultish and utterly feral'

Alice Slater, author of *Death of a Bookseller*

32-year-old Iris is adrift: newly single, living at home with her mother and working a dead-end job. Her life changes when she meets the mysterious and beguiling Hazel, who lives at a women's commune on a remote farm hidden in the Kent Downs. At the farm, the women can be loud and dirty, live and eat abundantly, under the leadership of the gargantuan Blythe.

Drawn to Hazel and the possibility of a new start away from a world of men who have only let her down, Iris throws herself into this alternative way of life, seizing on new experiences and hidden desires. But even among the women, she witnesses power struggles, cruelty and transgressions that threaten their precarious existence. When a group of men arrive on the farm, the commune's existence is thrown into question, culminating in an act of devastating violence.



Amy Twigg was born and raised in Kent. After studying Creative Writing at university, she moved to Surrey where she works as a freelance copywriter. Her debut novel, *Spoilt Creatures*, won the BPA Pitch Prize and was longlisted for the Mslexia Novel Competition and Blue Pencil Agency First Novel Award. She is also an alumnus of the Curtis Brown Creative novel writing course.

X @aetwigg | Guildford

Publicist: | Isabelle Wilson | isabelle.wilson@headline.co.uk

Killing Time

Jodi Taylor



From the million-copy bestselling author of THE CHRONICLES OF ST MARY'S.

'Jodi Taylor is quite simply the Queen of Time' C. K. MCDONNELL

'I'm just stepping outside. I might be some Time.'

Is this Luke Parrish sacrificing himself to save others?

A ghost train, lost in Time, hurtles through the night with two members of Team 236 trapped on board while the third struggles to track their progress through the Time Map and effect a rescue.

With Lt Grint and Team 235 in hot pursuit, what is the future for Team 236? And do they even have one?

BOOK 5 IN THE TIME POLICE SERIES

Readers love the Time Police:

'This got five stars only because I couldn't give it six!'

'I don't think I've ever laughed out loud so much reading a book'

'A new Jodi Taylor book is something I always get excited about'

Imprint: Headline
 Pub: 06/06/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781035404964



Jodi Taylor is the internationally bestselling author of the Chronicles of St Mary's series, the story of a bunch of disaster prone individuals who investigate major historical events in contemporary time. Do NOT call it time travel! She is also the author of the Time Police series - a St Mary's spinoff and gateway into the world of an all-powerful, international organisation who are NOTHING like St Mary's. Except, when they are.

Alongside these, Jodi is known for her gripping supernatural thrillers featuring Elizabeth Cage together with the enchanting Frogmorton Farm series - a fairy story for adults.

Born in Bristol and now living in Gloucester (facts both cities vigorously deny), she spent many years with her head somewhere else, much to the dismay of family, teachers and employers, before finally deciding to put all that daydreaming to good use and write a novel. Over twenty books later, she still has no idea what she wants to do when she grows up.

✕ @joditaylorbooks | Gloucester and London



Knock Knock

Michelle Teahan



When a serial killer moves in next door to a stay-at-home mum, he has no idea how much trouble he's in . . .

AFTER ALL, THERE ARE NO LENGTHS SHE WOULDN'T GO TO.

Imprint: Headline

Pub: 13/06/2024

Format: Trade Paperback

Price: £14.99

ISBN: 9781035405619



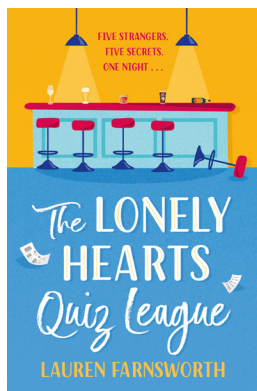
Michelle Teahan is a qualified Medical Scientist but her passion has always been writing stories. She loves creating strong female characters, putting them in the worst types of situations and seeing how they react. She lives in County Cork, Ireland with her husband, two young daughters and a giant ginger cat.

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Publicist: | Felicia Hu | felicia.hu@headline.co.uk

The Lonely Hearts' Quiz League

Lauren Farnsworth



Bryony desperately needs a change.
 Lonely Harry needs a night out (and a hair cut).
 Jaime and Luke need some new friends.
 And Donna needs to find some teammates...

When four strangers step into the Five Bells, each has their own reason to be drawn into the comforting glow of the pub. Heartbroken Harry can't face another night alone in his flat. Jaime, new to London with her boyfriend Luke, is determined to find an exciting crowd to belong to. Bryony wants to remember the promising young woman she was, before her dream of university vanished after a positive pregnancy test.

When they spot Donna's advert for a pub quiz team, each signs up, not realising that for Donna, determined to prove she's not 'losing it', this is more than just a bit of fun.

Imprint: Headline Review
 Pub: 20/06/2024
 Format: Paperback Original
 Price: £9.99
 ISBN: 9781035409174

By the end of the evening, five strangers realise they have more in common than they'd imagined. But when their secrets are finally out on the table, will it sabotage their chances of making it through to the Grand Final?

A funny, relatable, warm and tender debut novel about losing the things that define us and finding the friends to get us through it all.



Lauren Farnsworth lives in north-west Essex with her husband and five-year-old twins. She is editorial director of Buster Books, an independent children's imprint in South London, and has worked in publishing for over fifteen years. She completed the Faber Academy course in 2021.

X @Laurenatops | Essex

Publicist: | Oliver Martin | oliver.martin@headline.co.uk

Lucky Girls

Liv Webbe



When Dee arrives on the idyllic island of Île de Ré, she's hoping for a chance to start afresh and wash away the guilt that's been suffocating her for years. What better way to escape than an exclusive holiday with a boyfriend she is smitten with and a family wedding to celebrate?

Meanwhile, bride Willa is meant to be basking in a pre-wedding glow. After all, her fiancé's whole family have gathered on the island to celebrate her. But Willa can't wait for this sham to be over.

As the group gather, dark secrets begin to surface, and relationships start to fracture as Dee realises she's closer to Willa than she could ever have imagined.

Perfect for fans of Promising Young Woman, this gripping and confronting thriller explores what secrets can do when they fall into hands determined to even the scales.

Imprint: Headline

Pub: 20/06/2024

Format: Paperback Original

Price: £9.99

ISBN: 9781035409242



Liv Webbe worked for more than a decade in journalism and communications before studying on UEA's creative writing MA. Her short fiction has been shortlisted for the Bridport and Fish short story prizes. Currently she is a freelance writer, editor and journalist, and lives in Warwickshire with her partner and children.

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We Will Not Be Saved

Nemonte Nenquimo



'I'm here to tell you my story, which is also the story of my people and the story of this forest.'

Born into the Waorani tribe of Ecuador's Amazon rainforest, Nemonte Nenquimo was taught about plant medicines, foraging, oral storytelling, and shamanism by her elders. Age 14, she left the forest for the first time to study with an evangelical missionary group in the city. Eventually, her ancestors began appearing in her dreams, pleading with her to return and embrace her own culture.

She listened.

Two decades later, Nemonte has emerged as one of the most forceful voices in climate-change activism. She has spearheaded the alliance of indigenous nations across the Upper Amazon and led her people to a landmark victory against Big Oil, protecting over a half million acres of primary rainforest. Her message is as sharp as the spears that her ancestors wielded - honed by her experiences battling loggers, miners, oil companies and missionaries.

In this astonishing memoir, she partners with her husband Mitch Anderson, founder of Amazon Frontlines, digging into generations of oral history, uprooting centuries of conquest, hacking away at racist notions of Indigenous peoples, and ultimately revealing a life story as rich, harsh and vital as the Amazon rainforest herself.

Nemonte Nenquimo, a Waorani leader is the co-founder of both the Indigenous-led non-profit Ceibo Alliance and its partner organization, Amazon Frontlines. Nemonte led her people in an historic legal victory against the oil industry, protecting half-a-million acres of rainforest and setting a precedent for Indigenous rights across the region. Her leadership has been widely recognized; in 2020, she won the Goldman Environmental Prize for Central and South America and was named to the BBC 100 Women and TIME 100 Most Influential People in the World.

Mitch Anderson is co-founder and Executive Director of Amazon Frontlines, a non-profit organization based in the Upper Amazon, which defends indigenous peoples' rights to land, life, and cultural survival.
[Mexico](#)



Imprint: Wildfire
 Pub: 06/06/2024
 Format: Hardback
 Price: £20.00
 ISBN: 9781472289247



I Am An Undercover Cop

Anonymous

June Non-Fiction



The gritty and heart-pounding confession of one man who lived his life on both sides of the law.

How far can you go before you're no longer the good guy? Having infiltrated infamous crime cartels for the last twenty years, lies and deceit are second nature to me. Forced to stay undercover, lines were blurred and the differences between reality and my fake identity were lost.

But now, I've decided to walk away from it all and tell the tale of how I got trapped undercover, pretending to be the kind of criminal I swore to hunt. From the big bluffs to the close calls, and from fighting with petty criminals to dealing with dangerous gangsters, I am going to reveal the truth about the violent world I was caught in.

This is the story of my life as an undercover cop.

Imprint: Welbeck
Pub: 20/06/2024
Format: Paperback
Price: £8.99
ISBN: 9781802794854



The author is choosing anonymity to protect his identity.



H
HEADLINE

www.headline.co.uk | [@headlinepg](https://twitter.com/headlinepg)