

# HEADLINE PUBLISHING HIGHLIGHTS

JANUARY TO JUNE

2026

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## **IMPRINTS**



#### Headline Fiction

Headline Fiction understands readers, what drives them to buy and read books and where and how they read them. We publish the novels people really want to read; the books that keep them reading into the early hours, with worlds people want to escape to and with characters they can relate to.





#### Wildfire

Wildfire publishes range a broad of quality commercial fiction and non-fiction. The fiction list comprises everything from must-read crime and thriller novels, to big-scale historical fiction, and imaginative concept-led narratives. On the non-fiction front, Wildfire publishes books which have a strong purpose and which cover a range of subjects, whether important historical eras and figures, or key social issues, or just very funny observations. Wildfire's overriding ambition is to publish compelling and thought-provoking books, books you will want to talk about endlessly with your friends, books that have a little bit of soul.





At OH we create illustrated books that bring joy to readers the world over. Across food, drink, lifestyle, popular culture and beyond we aim to craft objects that people are thrilled to read and proud to give and receive as gifts. Combining creative ideas, smart design, talented authors and the very best illustrators and photographers, OH shines a light on the subjects that bring a smile to your face.



#### Headline Review

Headline Review is Headline's sister imprint for the lover of commercial reading group fiction. Headline Review's storytellers have a softer touch and will transport you to another time or place and make you feel differently about the world; these are the books that make you feel and also make you think.



#### **TinderPress**

Tinder Press is Headline's literary imprint, a space where classy, intelligent writing can thrive. Our bestselling and award-winning authors include Maggie O'Farrell, Patrick Gale, Sue Monk Kidd, Deborah Moggach and Guy Gunaratne, and we are always on the lookout for new and exciting talent. We pride ourselves on a diverse list of fiction and non-fiction, with both commercial clout and prize-winning potential.



#### HEADLINE

#### Headline Press

Headline Press launched in May 2024 as a home for thought-provoking books that challenge and inspire. Cementing Headline's rapidly growing reputation for serious non-fiction with broad commercial appeal, the list will focus on politics and current affairs, history, personal development, popular science and memoir.





#### Headline Non-Fiction

The Headline Non-Fiction list has a highly commercial focus and publishes across a range of genres including memoir, sport, humour, celebrity, music, autobiography and TV tie-ins. Books with a clear hook that make you take notice from the first page – books that make you laugh, teach you something new, surprise you, or take you on a rollercoaster ride through someone else's life. Our authors have drive, passion, energy and international appeal and are prepared to stand up and shout about how wonderful their books are, either from an existing platform or one we've built together.





#### Headline Home

Encompassing the genres of food and cookery, health and wellbeing, parenting, popular psychology and a little bit of mindfulness, Headline Home publishes books that guide and advise – offering practical solutions for everyday life. Books that readers will learn from, cook from, take advice from and authors that will offer a helping hand, a nod in the right direction and muchneeded advice to help us all to live the best possible lives we can in this fast-paced, modern world. In short, books which speak to real people about real issues.





#### **Mountain Leopard Press**

At Mountain Leopard Press, we strive to push the boundaries of commercial fiction publishing. Like our colophon leopard, we are an agile and adaptable team, putting readers at the heart of everything we do. We are hungry for distinctive, page-turning fiction across a range of genres, including – but not limited to – crime and thriller, romantic comedy, historical and book club. Above all, we love books we can sink our teeth into.



HEADLINE

#### Headline Eternal

Headline Eternal is Headline's boutique, specialist romance imprint and our aim is to publish love stories for everyone. Our list is home to international bestsellers like Jasmine Guillory, Jo Watson, Lauren Layne, Jill Shalvis, and Mariana Zapata, as well as newer stars like Erin Sterling, Sarah Adams, Grace Reilly, Mazey Eddings and Amber V. Nicole. We pride ourselves on publishing a truly diverse range of authors and we're always on the lookout for new voices in romance fiction.





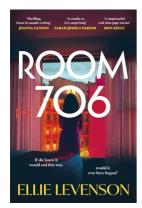
#### WELBECK

#### Welbeck

Welbeck is the home of illustrated publishing at Headline. We create bestselling, award-winning books that blend elegant design with commercial appeal across a host of subjects. Our list covers everything from fashion, design and lifestyle to sport, entertainment and reference. We work with talented authors and partner with the biggest brands – from FIFA to Formula 1, Chanel to Mensa, the Guardian to Gibson Guitars – to create beautiful books that enrich readers' lives in every corner of the world.

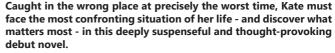


# Room 706 Ellie Levenson



Imprint: Headline Review Pub: 15/01/2026 Format: Hardback Price: £18.99 ISBN: 9781035423699





'I devoured it. I had goosebumps at the end and I haven't stopped thinking about it' **Jennie Godfrey** 

'A suspenseful real-time page-turner with an ending that demands to be talked about' **Erin Kelly** 

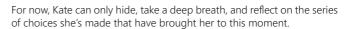
'The pacing of this novel is immaculate... poignant, heart-breaking and utterly human' **Joanna Cannon** 

'As tender as it is surprising, a gripping interrogation of womanhood'
Sarah Jessica Parker

Kate stretches her legs and turns on the TV while James washes away the traces of their morning. She watches in horror at the unfolding news: the hotel they are staying in has been taken under siege.

She should be making her way home, working on appearing normal, getting ready to re-enter family life with her loving husband Vic and their two adored children. Instead, she is trapped somewhere she shouldn't be, with a man she definitely doesn't love.

How will she begin to tell Vic what she is doing here? If her body is found, will it give up the secret of what she's been up to? She's been so careful hiding the evidence of her affair: write nothing down, leave no trace. Will he begin to understand why?



What will her marriage and her life look like, if she makes it out?

**Ellie Levenson** is a freelance journalist whose work has appeared across many national newspapers and magazines. She lives in London with her family.



X@EllieLevenson | **©** @ellie\_levenson

## Anatomy of an Alibi

## Ashley Elston



Imprint: Headline Pub: 20/01/2026 Format: Hardback Price: £20 ISBN: 9781035420766



From the #1 New York Times bestselling author of First Lie Wins, a tense, feverish thriller about two women's lives that are forever intertwined when a murder threatens to expose them both.

Everyone at Chantilly's Bar noticed out-of-towner Camille Bayliss. Red lips, designer heels, sipping a Negroni. Flirted a little with a local but returned alone to her B&B before midnight in her sleek car.

But what if it wasn't really Camille Bayliss?

Living in a houseful of criminals, Aubrey Price knows there's more than one way to get to the truth. She needs to find out what big-shot lawyer Benjamin Bayliss knows about the terrible night that changed her life ten years ago, and she might have found the perfect way in.

Camille Bayliss is desperate to find proof of her husband's infidelity but he tracks her every move. If Aubrey agrees to impersonate Camille for twenty-four hours while she spies on Ben, Camille will make sure Aubrey gets the information she needs too.

So Camille and Aubrey strike a deal. How hard can it be to walk in another woman's shoes?

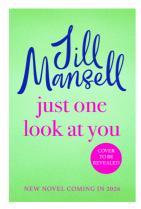
Except the next morning when Ben is found murdered, what seemed like the perfect alibi turns into the perfect nightmare. . .



Ashley Elston worked for many years as a wedding photographer before turning her hand to writing. She lives in Louisiana with her husband and three sons. Elston has written six young adult novels. First Lie Wins, her adult debut, was a number one New York Times bestseller and was selected as a Reese Witherspoon's Book Club pick. Her work has been translated into 23 languages.

@ashleyelston Louisiana, US

# Just One Look At You Jill Mansell



Imprint: Headline Review Pub: 29/01/2026 Format: Hardback Price: £16.99 ISBN: 9781035410033



Venice. The perfect setting for romance, and for secrets to be shared.

Fen can't believe her luck. A luxury holiday with her beloved grandmother Disa - what could be more delightful? It doesn't cross her mind that she might fall in love. Or that love can bring complications . . .

Jamie can't help it that women always fall for him, rather than for his kind-hearted friend Leon. Nor that only one of them got the looks (that would be Jamie). But how will he feel if the girl he's drawn to only has eyes for Leon?

Disa has a secret. A few weeks ago, an old letter in a file revealed a shocking truth about her late husband. She's come to Venice to find out more.

There's news on the way that will reverberate through all their lives, as Jill Mansell's joyful, heartbreaking new novel takes readers on a roller coaster ride of emotion - and makes us believe in love again.



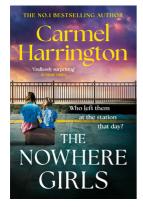
Jill Mansell started writing fiction while working in the NHS, after she read a magazine article that inspired her to join a local creative writing class. Since then she has written over twenty-five Sunday Times bestsellers. Her acclaimed novels include *The Wedding of the Year, Promise Me, Should I Tell You?, And Now You're Back, It Started with a Secret* and *You and Me, Always.* Jill's books have sold over 14.5 million copies worldwide.

Jill lives in Bristol and for many years worked in the field of clinical neurophysiology. You'd think inventing characters and stories would be easier, but she can assure you it isn't.

X@Jill Mansell | O @JillMansel Bristol

## The Nowhere Girls

## Carmel Harrington



Imprint: Headline Review Pub: 29/01/2026 Format: Hardback Price: £20 ISBN: 9781035435685



On a cold afternoon in December 1995, two small girls are found abandoned on a platform at Pearse Station in Dublin, Ireland.

Twenty-five years later, investigative journalist Vega is determined to find out what happened to the so-called 'Nowhere Girls'. Where did their mother go? Why did no one come forward to claim them? And where are they now?

Little does Vega know that her investigation will reveal much more than she bargained for . . .

#### Praise for The Stolen Child

'A compelling, extremely tender page-turner' ADELE PARKS

'This complex novel requires faultless plotting, and Harrington pulls it off with consummate ease' **THE SUNDAY TIMES** 

'One of the greatest twists I've ever read' CATHERINE RYAN HOWARD

'A moreish, mind-bending read' I PAPER

'An addictive, immersive, incredibly poignant page-turner' ANDREA MARA



**Carmel Harrington** is the internationally bestselling author of thirteen novels. Her novel, *The Lighthouse Secret*, was an instant *Irish Times* bestseller. Carmel's debut novel was a winner of multiple awards, and several of her books have been shortlisted for an Irish Book Award. She is a regular on Irish TV screens and radio and has been a guest speaker at literary events in Ireland, UK and USA. She was also the Chair of Wexford Literary Festival for three years.

Carmel is from Co. Wexford, where she lives with her husband, children and rescue dog, George Bailey.

(a) @happymrsh

Ireland

# Move Well For Life Wendy Welpton

MOVE
WELL FOR
LIFE
Wendy Welpton

Imprint: Headline Home Pub: 01/01/2026 Format: Trade Paperback Price: £16.99 ISBN: 9781035426874



An empowering guide to the importance of embracing regular and varied natural movement in daily life, in order to live a healthier, happier life and keep doing the things you love as you age.

This isn't a book about extreme fitness or unrealistic routines. It's a practical, inspiring invitation to rethink how you move throughout everyday life, highlighting why how you move matters just as much as how often, and giving lots of practical ideas for how to make everyday movement more frequent, more varied, and more meaningful, whatever your starting point.

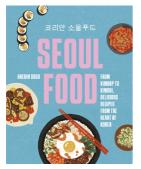
With simple, accessible changes you can build into your unique routine, without needing extra time or equipment, you'll learn how to boost strength, mobility and confidence in ways that last a lifetime. Whether you're looking to move better, feel stronger, or just keep doing the things you love for decades to come, this book will help you make movement a natural, joyful, and lasting part of your life.



Wendy Welpton founded Reclaim Movement after a running injury at 40 turned into 4 years of chronic pain. In her search for answers and to reclaim her own movement she discovered natural movement. The benefits of using whole-body movement patterns and the philosophy of training real life practical movements and moving the way the human body was designed, reframed her view from being a sedentary athlete, to choosing to 'move well' for life. Originally MovNat certified and now a Human Movement Restoration Specialist & FRC certified, she supports people to improve their movement habits through online courses, coaches group movement classes in an online membership, offers private coaching sessions online and in Oxford and is the host of the 5 star rated podcast, 'Make Movement Matter'

© @reclaim.movement

## Seoul Food Haebin Sudo



Embark on a culinary adventure through the rich and flavoursome world of Korean cuisine as author Bini Sudo recreates dishes suitable for every Korean table and any occasion.

This stunning book is packed with vibrant photography, easy-to-follow recipes and step-by-step instructions along with tips on sourcing ingredients and adapting recipes to your local produce. Featuring iconic dishes such as kimchi, bibimbap, bulgogi, jjigae, japchae, gimba and many more, now it couldn't be easier than ever to bring a taste of Korea into your home.

Imprint: OH Pub: 08/01/2026 Format: Hardback Price: £20

ISBN: 9781035429677





Born and raised in South Korea, **Haebin Sudo** lives in London with her husband and three children. Having run commercial businesses for the last decade, Haebin followed her dream of working with food, setting up Korean cooking school, Kimchi Club W5. Based in West London, Kimchi Club W5 offers small, hands-on Kimchi-making workshops and Korean cooking classes.

www.kimchiclubw5.co.uk

(©@kimchi\_club\_w5 London

## How to Al: Cut through the hype. Master the basics. Transform your work. Christopher Mims



Christopher Mims

HEADLINE

Imprint: Headline Press Pub: 22/01/2026 Format: Hardback Price: £22 ISBN: 9781035441013



Al is nothing to be afraid of. After all, Al is merely software. It's great at some things and (at least right now) terrible at others. But for workers who take time to experiment with Al and develop expertise, Al will make them more productive and more creative, saving them time, giving them job security, and boosting their income.

In How to AI, Wall Street Journal columnist Christopher Mims introduces readers to people just like them who are at the forefront of using AI in the world of work. Imagine a freelance lawyer who suddenly has a whip-smart assistant to help her nail every deposition. Or a family-run construction company whose new software tool is automating construction bids that used to eat up hundreds of hours.

But even as half a billion people around the world have leapt at the chance to use ChatGPT and other tools, millions of us have stayed on the sidelines. Are you one of them? Maybe you feel you should be using Al tools, but you don't know where to begin. Or maybe you love Al but find yourself struggling to get your co-workers or employees on board. In How to Al, Mims teaches readers twenty-four simple but eye-opening "laws" about Al and how we should approach it, including:

Al is an assistant, not a replacement. Al isn't creative, but it can help you be. Give Al your least favorites things to do. Al can't create finished products, but it's great at prototypes.

Animated by the wit and brilliant explanatory power that have earned Mims's Wall Street Journal columns a devoted following, How to Al will prepare readers to become a part of the Al revolution-and, most important, arm them with the tools to make it work for them.



**Christopher Mims** is a columnist who writes about technology for *The Wall Street Journal*. He has written about bidets, brain implants, the cult of the founder, the history of technology, innovation, venture capital, robotics, batteries, energy, materials science, wireless communications, Al, data science, telepresence, microchips, logistics, IT, 3D printing, and autonomous boats, trucks, cars, drones, and flying taxis. Mims joined the Journal from Quartz, where he also covered technology, and is the author of Arriving Today.

X @mims

Baltimore, MD

# The Next World War: The new age of global conflict and the fight to stop it Peter Apps



The new age of global conflict and the fight to stop it

Peter Apps



COVER TO BE REVEALED

Imprint: Wildfire Pub: 29/01/2026 Format: Hardback Price: £25 ISBN: 9781035424856



The Next World War: The new age of global conflict and the fight to stop it takes readers behind the scenes of the most dangerous era of international tensions since the end of the Cold War, as countries and their armies prepare for potential large-scale combat on a scale unseen since 1945.

From the beaches of Taiwan to the battlefields of Ukraine, it explores how the globalised world of the 1990s and 2000s has given way to the much more volatile face-offs of the 2020s, and goes behind the scenes in the corridors of power in Washington, Whitehall, Moscow and Beijing. It profiles the fights already happening to examine what could be the worse to come - and the military and diplomatic battle to prevent that escalation.

For some, this new era is already a reality. For others, such as European citizens being told to stockpile bottled water or who face possible conscription, it is coming ever closer. But for an unpredictable US and its nervous allies, this growing set of international confrontations from the Arctic to the Philippines represent likely the greatest threat yet to the world the West has built, risking the return of long and bloody wars and the threat of nuclear exchange. For those in power in Russia, China and their growing "axis of upheaval", those same flashpoints represent the chance to assert territorial claims that often go back a thousand years or more - and humiliate a West that they believe has held them down for decades.

#### Praise for Deterring Amargeddon:

'HUGELY IMPRESSIVE' - THE INDEPENDENT 'AN ASTONISHINGLY FINE HISTORY' - COUNTRY LIFE 'FASCINATING' - DAILY MAIL



**Peter Apps** is global affairs commentator at Reuters, a British Army reservist and executive director of pop-up think tank the Project for Study of the 21st Century (PS21). Peter has reported from across the world as Reuters political risk and global defence correspondent, and was appointed a Reuters columnist in 2016. He undertook reserve military training with both the British and U.S. armies and more recently as a UK specialist army reservist, providing advice, analysis and training and serving two full-time tours of duty during the Covid-19 pandemic and Ukraine war. He is the author of two successful Kindle Singles, *Before Ebola* (2014) and *Churchill in the Trenches* (2015).

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London

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## Fireflies in Winter

### **Eleanor Shearer**



Imprint: Headline Review Pub: 10/02/2026 Format: Hardback Price: £18.99 ISBN: 9781472291462



Fireflies speak to each other with light - a gripping, moving story of the fierceness of love and the fight for survival from the author of the *Good Morning America* Book Club pick *River Sing Me Home*.

Nova Scotia 1798. Cora has never felt cold like this. In the brutal winter, her people, shipped here from Jamaica, find ways to keep warm. When she sees a shadow between the trees, Cora thinks her eyes must be deceiving her. Until she creeps out into the moonlight and sees the tracks in the snow

Agnes has learned the ways of the wilderness. To survive out here alone, she knows she can afford no mistakes. When she first sees the young woman from the village watching the woods, she is afraid. Yet it feels inevitable their paths are to cross.

Deep amongst the cedars, the two girls find a fragile place of safety. But they must keep moving. And when Agnes's past closes in, they are confronted with the dangerous price of freedom - and of love...

Praise for Eleanor's debut novel, River Sing Me Home

'A strong and beautiful novel that stares into the face of brutality and the heart of love' Jeanette Winterson

'Magnificent and epic. A story about love and the power it brings us' Frank Cottrell-Boyce

'An immersive debut. A tender exploration of one woman's courage in the face of unbelievable cruelty. The heart of the novel lies in its celebration of motherhood and female resilience' Observer

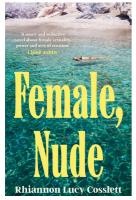
'Full of love and compassion' Stylist



**ELEANOR SHEARER** is a mixed-race writer and the granddaughter of Windrush generation immigrants. She splits her time between London and Ramsgate. For her Master's degree in Politics at the University of Oxford, Eleanor studied the legacy of slavery and the case for reparations, and her fieldwork in St. Lucia and Barbados helped inspire her first novel, *River Sing Me Home*.

©@eleanorshearer

## Female, Nude Rhiannon Lucy Cosslett



- her best friend Helena is shortly to be married, and this is the last time she and her friends will be together as single women. But life has treated them so differently since their university days, that Sophie is questioning everything about their friendship. Meanwhile her partner, Greg, is desperate for them to try for a baby, but she wants to devote herself to her art - and there are other, deeper forces, pulling the two of them in opposite directions.

Sophie, a painter, is holidaying with friends in a stunning villa in Greece

In the course of the holiday, Sophie paints a nude portrait of her friend Alessia, and becomes involved in an intense affair with Ky, who lives and works on the island. Both the painting, and the affair, will challenge everything Sophie thinks she knows, about art, about motherhood, about sex - and about how and with whom she wants to spend the rest of her life.

Imprint: Tinder Press Pub: 12/02/2026 Format: Hardback Price: £18.99 ISBN: 9781035413812 'A smart and seductive novel about female sexuality, power and acts of creation' Chloë Ashby





**Rhiannon Lucy Cosslett** is the author of the *Guardian's 'Republic of Parenthood'* column, and her journalism has appeared in *the Observer Magazine, i newspaper, Vogue, TIME, the New Statesman, Stylist, Elle,* and many more. She is the author of the memoir, *The Year of the Cat,* and a forthcoming collection of her Guardian columns, Republic of Parenthood, which will be published by Duckworth, and a previous novel, *The Tyranny of Lost Things.* Raised in Wales, she now lives in north London.

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# Witch Trial Harriet Tyce



Imprint: Wildfire Pub: 26/02/2026 Format: Hardback Price: £16.99 ISBN: 9781035411917



A devastating murder case has shocked Edinburgh. Seemingly, two teenage girls turned on one of their classmates, Christian Shaw, causing her death during a macabre dark magic ritual. The girls are in the dock, in what the press are inevitably calling a Witch Trial.

Matthew Phillips, a respected heart surgeon, is called up for jury service - and perhaps against his better judgement he decides that he should do his civic duty rather than abstain on a professional exemption. That decision will change his life forever, the gruesome details of the teenage girl's murder unfolding before him and his peers on the jury bench.

The question is, what really caused Christian Shaw's death?

Let the Witch Trial begin . . .

#### Praise for A Lesson in Cruelty

'The shocks kept coming right up to the final pages.' Lisa Jewell

'Harriet's best so far.' Sophie Hannah

'Nothing short of unputdownable. One of the best openings I've read in

forever.' Alex Michaelides

'A shocking, provocative, standout thriller.' Chris Whitaker

'Left me breathless.' Lucy Clarke



**Harriet Tyce** grew up in Edinburgh and studied English at Oxford University before doing a law conversion course at City University. She practised as a criminal barrister in London for nearly a decade, and subsequently completed an MA in Creative Writing - Crime Fiction at the University of East Anglia. She lives in north London. Her first novel, *Blood Orange*, published in 2019 to huge critical acclaim and her second, third and fourth novels *The Lies You Told, It Ends at Midnight* and *A Lesson in Cruelty* have been *Sunday Times* bestsellers. *Witch Trial* is her fifth novel.

a harriet\_tyce

London

## The Other Child

## Amy Carver



Imprint: Headline Pub: 26/02/2026 Format: Paperback Original Price: £10.99

Price: £10.99 ISBN: 9781035420179 You'd know your son anywhere . . . wouldn't you?

Louise has never felt the deep bond with her son, Alfie, that other mothers talk about. Now three, Alfie is volatile, difficult - and Louise can't help but blame herself.

Then he makes a new friend, Jacob, and everything changes. Alfie becomes calmer. Happier. Louise should be thrilled - until she meets Jacob's mother and starts noticing strange coincidences: the same hospital, same birth date. . . and Jacob looks eerily like Louise's husband.

As doubt spirals into obsession, Louise's suspicions deepen. With Jacob, she feels a bond she's never had with Alfie - an unsettling, impossible connection. And soon, she's forced to confront the unthinkable:

What if her child isn't really hers?

A gripping, emotionally-charged page-turner for fans of Lisa Jewell, Claire Douglas and Andrea Mara - this is a mother's worst nightmare, brought chillingly to life.



**Amy Carver** worked for the NHS for fifteen years, spending the first ten as a healthcare assistant in a maternity unit, where she supported women through antenatal care, childbirth, and the postnatal period. She later qualified as a nurse and earned a psychology degree, which led her down an alternative path. Now a novelist, Amy draws inspiration from her experiences to create compelling and impactful stories. A mother of three grown-up children and a nanna of four, she enjoys spending time with her expanding family.

London

## The Cost of Quiet

## Colette Jane Fehr



Imprint: Headline Home Pub: 03/02/2026 Format: Trade Paperback Price: £16.99 ISBN: 9781035424368



'I wish I had spoken up sooner.'

It's a common myth that couples enter counseling fighting like cats and dogs. In truth, says licensed marriage and family therapist Colette Fehr, her office is usually far quieter. It isn't fighting but, rather, conflict avoidance that causes the deepest ruptures in romantic relationships. But most couples don't see the problem until it's (almost) too late.

Avoidant behaviour - the need to 'keep the peace' rather than dealing with conflict head on - is a silent relationship killer. And it isn't our fault: our ingrained attachment wiring urges us to sidestep day-to-day disputes and brush lingering problems under the rug. But staying silent is a losing proposition in the long term.

Years of feeling overlooked, underappreciated, and misunderstood can lead us to essentially 'quiet quit' our relationships, as tiny slights add up to big, irreparable hurts. And conflict avoidance robs us of the possibility for deep, meaningful connection with our loved one - but it doesn't have to be this way.

In *The Cost of Quiet*, Colette Fehr shines a light on the epidemic of avoidant attachment and shows us how to break the cycle once and for all. Drawing from the latest attachment science and evidence-based therapies that she has used to repair hundreds of couples, Fehr gives us the tools to approach our partner with openness, honesty and vulnerability. The ultimate goal: a closer, securely attached relationship that doesn't avoid conflict but rather engages with it in a positive, productive way. Speaking up can be the key to a stronger, long-lasting relationship... if you let it.



**Colette Jane Fehr** is a Licensed Marriage and Family Therapist (LMFT), Licensed Mental Health Counselor (LMHC) and Nationally Certified Counselor (NCC) in Orlando, Florida, where she has maintained a thriving couples therapy practice for ten years. Her professional training includes working with luminaries such as Esther Perel, Sue Johnson, John Gottman and Terry Real.

X@ColetteJaneFehr Orlando, FL

## Mind Over Grind

## Guy Winch



Guy Winch

HEADLINE PRESS

Imprint: Headline Press Pub: 10/02/2026 Format: Trade Paperback Price: £16.99 ISBN: 9781035424146



Whether we like it or not, work is central to our lives. Most of us define ourselves by our work; it gives us a purpose, it enables us to maintain our lives, our homes, our nourishment, our recreational pursuits and it puts us often among like-minded people who share and appreciate our skills and achievements. No wonder we feel it is so important!

But work can intrude on our lives and unconsciously take over our thoughts, our priorities, and even our coping mechanisms. Especially in recent years, the separation between work and home is more blurry than ever, and we struggle to maintain healthy boundaries, to restore ourselves and recover our attention and energy, to give due focus to our loved ones, and to nourish other parts of our self in more than just a transactional way. We do more 'work' and emotional labour around work outside of the workday than we actually spend at the workplace.

In *Mind Over Grind*, psychologist Guy Winch explains how being so thoroughly enmeshed with work allows these unconscious tendencies to take root and opens our eyes to the damage they do to our careers and personal lives, as well as to our emotional health. He offers a battle plan by which we can actually change the way we think, bringing intentionality back to our lives, and restoring the balance we crave.



**Guy Winch** is a psychologist and the author of three books that have been translated into 28 languages, co-hosts the Dear Therapist Podcast with Lori Gottlieb, and is behind three *TED* Talks that have garnered 35 million views. He is a gifted storyteller who offers science-based concrete strategies that empower. His work has been covered by the New York Times, the Wall Street Journal and elsewhere. He lectures widely at corporations, conferences and government think tanks.

X@GuyWinch | **⊘**@guywinch Manhattan, NY

## The Zen Parent Yen Ooi



Imprint: Headline Welbeck Non-Fiction Pub: 12/02/2026 Format: Hardback Price: £14.99

ISBN: 9781035425884

Also available

Zen philosophy has largely been associated with finding peace within ourselves, but in this brilliant new book, Confucian scholar Yen Ooi shows how ancient Zen wisdom they hold can be used to improve our relationships with our children and find harmony within parenting.

In Zen texts, the concept of Sottaku Douji is exemplified by the moment when a chick is hatching out of its egg. At the moment the chick is ready to emerge, it will begin pecking at the shell around it, and the mother hen will then begin pecking from the outside too. In order for the chick to come out, the two must delicately work together.

Using Sottaku Douji and other insights from ancient philosophy, Ooi shows how we apply these ideas to our own lives, from working collaboratively with our children more and priming them for the future to building patience and letting go of anxiety.

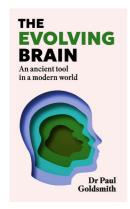
And through these concepts, she shows us the steps towards true Zen parenting.



**Yen Ooi** is a writer-researcher who explores East and Southeast Asian culture, identity and values. Her projects aim to cultivate cultural engagement in our modern, technology-driven lives. She is a PhD candidate at Royal Holloway, University of London. She writes fiction, non-fiction, poetry and computer games. www.yenooi.com

X@yenooi | **②** @yenooi London

# The Evolving Brain Dr Paul Goldsmith



Imprint: Wildfire Pub: 12/02/2026 Format: Hardback Price: £22 ISBN: 9781035426461



The modern world throws a lot at us - relationships, careers, social media, the list goes on. It can often feel like too much for our brains to handle

In *The Evolving Brain*, evolutionary neuroscientist Dr Paul Goldsmith reveals the reason why we feel this way: we're using an ancient tool to navigate the complexities of our modern lives.

Our brains evolved to help us survive the environment of millions of years ago. Yet the world around us has dramatically changed, faster than our brains could ever hope to. Many of the issues we face in our daily lives stem from this mismatch.

It's why so many of us struggle with loneliness; why we apply so much importance to our job title, or the size of our house; and why our brains crave the validation of social media likes. It explains how advertising is able to identify and shape our preferences; why we give up so easily when faced with difficult tasks; and why our brains struggle to differentiate between physical and emotional threat. How can we possibly overcome this many limitations to our brain's hardware?

In *The Evolving Brain*, Dr Goldsmith uses the latest neuroscience, along with case studies from his neurology practice, to equip readers with a greater understanding of how and why our brain functions in this way, and provide actionable insights into how we can optimise the use of our ancient brain to live happier and healthier lives in the modern world.



**Dr Paul Goldsmith** is an evolutionary neuroscientist and practicing neurologist. He has a triple first in natural sciences from the University of Cambridge and a clinical scholarship from the University of Oxford. He undertook postgraduate medical training in Oxford, Cambridge and at the National Hospital for Neurology in London, followed by a Ph.D. in developmental neuroscience at the University of Cambridge, leading to an interest in evolutionary medicine. He is a visiting Professor at Imperial College London in the Institute of Global Health Innovation.

Hexham, Northumberland

# The Rules That Make Us: How Culture Shapes the Way We Act, Think, Believe, and Buy Oliver Sweet



Imprint: Wildfire Pub: 26/02/2026 Format: Hardback Price: £22 ISBN: 9781035417469



Oliver Sweet is one of the world's leading business anthropologists. He works with brands like Coke, Ikea, Google and Dyson, as well as local councils and national governments, to reveal the secrets behind our decision making.

Why do people do what we do? We might think it's our unique personalities and personal preferences that guide our choices, but it is in fact culture that shapes the majority of our actions. From the ways we bring up children and welcome guests, to the products we buy and how we spend our free time, how we live creates who we are.

In *The Rules That Make Us*, Sweet teaches the reader to think like an anthropologist, revealing the secrets to successful people-watching and how we can better understand consumers, voters and our relationships. His decades-long trailblazing work uses cultural insights to help businesses, governments, and NGOs achieve their goals - whether he's working with the Gates Foundation to encourage South African men to get HIV tests, helping a pet food company break into a new market in Brazil, or showing health services how to encourage patients to drink less, have safer sex and eat healthier.

Drawing on research conducted in thirty-five countries, Sweet maps culture's hidden rules: how it governs our behaviour and creates our assumptions, how it's shaped by technology, and even how it can help us predict the future. *The Rules that Make Us* will leave readers with a model for thinking about culture that can be applied to everyday life. This book is an indispensable guide to an essential new way of understanding our families and colleagues, our customers and constituents, ourselves and our world.



**Oliver Sweet** is a business anthropologist that educates companies and government on how to change consumer and citizen behaviour through analysing culture. He has run the Ethnography Centre of Excellence at Ipsos for the last 18 years, helping companies like IKEA, Google, Coke and the Gates Foundation design better products and services. His work highlights how the hidden rules in cultre affect our lives, and has spanned over 35 countries around the world where he has worked on topics such as public health, sustainability, product innovation, and brand development.

London

## The Good Mistress

## Anne Tiernan



Imprint: Headline Review Pub: 05/03/2026 Format: Paperback Original Price: £12.99 ISBN: 9781472299901



The new top ten bestseller from Anne Tiernan is a powerful story about family, betrayal, and love.

WIFE. WIDOW. MISTRESS. Three women collide at Rory's funeral, a man to whom they were all connected in different ways . . .

Juliet never planned to be the other woman, but Rory was the only man she ever loved. Of course, he would go and die on her. Now, at his funeral, she hides at the back with the nobodies, while his wife and their son rightfully grieve up front.

Maeve, a celebrated novelist, appears to have it all - except time for herself. Between her passive aggressive husband, two teenage sons, and caring for her ailing mother, Maeve's success feels hollow. And when she learns a disturbing secret, her carefully constructed life begins to unravel.

Erica, Rory's widow, was the perfect wife - but Rory knew things about her that no one else can ever know. And now she's left with a question she doesn't want the answer to: had she lost Rory long before he died? In the wake of his death, she forms an unlikely connection with the last person she expected - Juliet, his gorgeous high-school girlfriend.

As three women's lives collide, they must reconcile the realities of love, betrayal, and the limits of forgiveness - because what does it truly mean to be 'good', anyway?

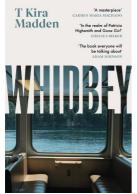


Born in Zambia, **Anne Tiernan** grew up in Navan, County Meath. She studied English Literature and Psychology at Trinity College Dublin and spent seven years working in banking. Anne left Ireland with her husband in 2004 to travel the world, arriving in New Zealand in 2005 where they still live - now with three children together.

Anne's debut novel, *The Last Days of Joy*, was shortlisted for the Kate O'Brien Award 2023

New Zealand

# Whidbey T Kira Madden



Imprint: Tinder Press Pub: 12/03/2026 Format: Hardback Price: £18.99 ISBN: 9781035403844



Birdie doesn't know anything about Whidbey Island, only that it is far. When she strikes up a conversation with a stranger on the ferry, she finds herself telling him everything: how she was sexually assaulted as a child, how the perpetrator now walks free, how the calls and emails from him haven't stopped, how she is on the run to Whidbey, how she wants to kill him. The stranger poses a shocking question - if she agrees, he will kill the man who hurt her, with no strings attached. She gives him a name.

What follows is a complex story of three women connected through one man: Birdie Chang, a woman on the run from her past and her abuser; Mary-Beth Boyer, the abuser's mother, who's just found out her only son has been murdered; and Linzie King, a former reality star turned bestselling memoirist, and another victim of the same man.

Whidbey is a gripping whodunnit and a searingly perceptive and astonishingly original novel that explores the long reach of violence, our flawed systems of incarceration and rehabilitation, and the pursuit of justice and revenge.



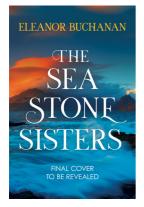
**T Kira Māhealani Madden** is a diasporic Kanaka 'Ōiwi (Native Hawaiian) writer and author of the acclaimed memoir *Long Live the Tribe of Fatherless Girls*, which was named a *New York Times* Editors' Choice, as well as a finalist for the National Book Critics Circle John Leonard Prize, and the Lambda Literary Award. She is the Founding Editor of *No Tokens*, a magazine of literature and art, and has received fellowships from the New York Foundation for the Arts, Hedgebrook, Tin House, MacDowell, and Yaddo. Winner of the 2021 Judith A. Markowitz Award, she is an assistant professor at Hamilton College in Creative Writing and Indigenous studies and served as the Distinguished Writer in Residence at University of Hawai'i at Mānoa.

(©) @tkiramadden

Albany, NY; Northampton, MA; Honolulu, HI

## The Sea Stone Sisters

### Eleanor Buchanan



Imprint: Headline Review Pub: 12/03/2026 Format: Hardback Price: £20 ISBN: 9781035425952



Four great stones once stood on a remote Scottish headland - the Sisters of Skara. Legend has it they were raised by a grieving father, to guide his abducted daughters home. A curse was placed on anyone who laid the stones low: their family, too, would be scattered to the winds, never to find their way home.

Let yourself be whisked away from Scotland to Ceylon and from Australia to London in this epic tale about family mysteries, unexpected love and enduring courage.

1931. When businessman Charles Blackmore takes down the stones on the Scottish headland, he soon finds his fortune lost, his wife dead and his four daughters torn apart. They each cling to a ring they inherited from their mother, alongside the hope of one day reuniting.

Iris, the eldest daughter, is the first to leave, making for Ceylon in search of a long-lost uncle who might help keep the family together. Promising to return as soon as she can, her journey takes her from the exotic beauty of Ceylon to the vast Australian outback, but will it ever take her home?

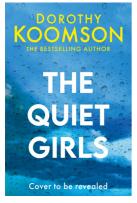
Present day. Roz moves to London from Australia with one singular personal item - an old ring that used to belong to her mother. Feeling adrift, everything changes when she discovers a painting of old standing stones which ignites an uncanny connection to the ring on her finger. Hunting down the history of this painting, Roz starts to piece together the story of Iris's journey, unravelling her own family history in the process. She soon learns that the past has a power that cannot be easily escaped.



After a haphazard early career that took her around the world, **Eleanor Buchanan** settled in York and began writing award-winning romance, historical, and time-slip novels under various pseudonyms. She has now turned her hand to a brand-new series of enthralling stories that combine her passion for travel, her belief in the power of evocative love stories and her enduring fascination with the relationship between the past and the present.

York

# The Quiet Girls Dorothy Koomson



Imprint: Headline Review Pub: 12/03/2026 Format: Hardback Price: £20 ISBN: 9781035427109

Also available as an ebook

When MJ Hudson, an old work acquaintance, shows up at Dr Kez Lanyon's house in the middle of the night, Kez knows she has no choice but to help.

At the prestigious boarding school that MJ's daughter attends, a teacher has been killed and a pupil is missing. And it seems that the same thing happens every few years. Only this time, the school haven't been able to cover things up and MJ's daughter and her group of nice, quiet friends are right at the heart of the scandal.

Undercover as the new school therapist, Kez quickly realises there are some seriously powerful, well-connected forces at play. And by continuing to investigate the mystery, perhaps even stepping outside the law to do so, Kez risks putting her own family in serious danger.

Because no one wants their secrets aired. And some will go to any length to keep them buried.



**DOROTHY KOOMSON** is an award-winning, internationally bestselling author and journalist whose books have been translated into more than 30 languages, with sales that exceed 2 million copies in the UK alone.

Her third novel, *My Best Friend's Girl* (2006) was selected for the Richard & Judy Summer Reads Book Club, while a TV adaptation based on *The Ice Cream Girls* was shown on ITV1 in 2013.

Dorothy was featured on the 2021 Powerlist as one of the most influential Black people in Britain and appeared in GQ Style as a Black British trailblazer.

She loves reading and writing, and is passionate about supporting other writers no matter what stage they are at in their career.

## The Legend of Lady Byeoksa Esther Park

THE
LEGEND OF
LADY BYEOKSA
———

Esther Park



COVER TO BE REVEALED

Imprint: Wildfire Pub: 19/03/2026 Format: Hardback Price: £20 ISBN: 9781035424306



A tale of star-crossed lovers, political intrigue and mysticism inspired by Korean mythology and set in the Joseon dynasty.

'Whether I remember or not, it seems I am destined to love you.'

Lady Seomun Bin has a secret: she is a cross-dressing byeoksa, or ghost-stalker. Born with the unenviable ability to see spirits, she is forced to disguise herself as a man to perform exorcisms in order to break this curse which puts those around her in danger.

One night, Bin sneaks into a lavish party at Sagokjeong, the chief state councillor's country home. There, she bumps into Hyun Eun-ho, a loyal servant to the King sent to investigate the chief state councillor's suspected treason and one of the most eligible bachelors of the Joseon court. Eun-ho feels an inexplicable attraction towards Bin and tries to get closer to her, while Bin, for reasons of her own, attempts to avoid him. However, they keep crossing paths, becoming increasingly entangled by the inescapable threads of fate.

Meanwhile, a darker presence is growing in power in the Underworld and the boundaries between the physical world and the one beyond continue to grow thinner. As evil forces seek to exert their influence over the court, Bin and Eunho must work together to overthrow them.

Where will their destined connection lead? Will they finally be able to break the curse?



**Esther Park** strives for memorability in her writing. She mainly writes historical fantasy and YA fiction. Her other works include *REVELATIONS OF THE GARDEN (2023), OCCULT GIRL (2022),* and *D-CLUB QUEEN'S SUMMER (2016).* She was the winner of the 1 BIR Marshmallow Fiction Contest for her YA series *MICHAELA (2017),* and her web novel saw her win the prestigious detective/mystery/thriller award organized by Korean entertainment giants KakaoPage, CJ ENM and Studio Dragon.

Seoul, South Korea

# **Astronaut!**Oana Aristide



Imprint: Wildfire Pub: 26/03/2026 Format: Trade Paperback Price: £20

ISBN: 9781035420810

Also available as an ebook

Romania, 1989: a grey place of mysterious queues, ubiquitous informers and daily news flashes about a man-eating bear that is terrorising the country.

Amidst the daily drudge of work, rationing and careful conversation with neighbours, two lives unexpectedly collide when an idealistic police detective, Constantin, is tasked with solving a string of grisly murders, and a rebellious school child, Lia, is unwittingly drawn into her elderly neighbour's seditious plot.

Dryly satirical, incredibly tense and deeply moving, *ASTRONAUT*! is both a detective novel and a coming-of-age tale, one with a perennially relevant message: the lies we accept today become the truths of tomorrow



**Oana Aristide** spent her childhood in communist Romania. Her debut novel, *UNDER THE BLUE*, was published in 2021 by Serpent's Tail. It was one of The Times Best Books of 2021, received five star reviews from *The Times* and *the Guardian* and was shortlisted for the ASLE-UKI Book Prize and the Society of Authors' McKitterick Prize. Until recently, Oana lived on the Greek island of Syros, where she owned and ran Aristide Hotel. She now lives in Sweden. *ASTRONAUT!* is her second novel.

Sweden

# Love Lane Patrick Gale



Imprint: Tinder Press Pub: 26/03/2026 Format: Hardback Price: £20 ISBN: 9781472257468



1950s Northern England. Three generations of men, two of women. And A PLACE CALLED WINTER's Harry Cane has returned from Canada....

When veteran Canadian wheat farmer, Harry Cane is brutally obliged to sell up and sail home to an England transformed by two world wars, his arrival triggers unwelcome self-examination for the family he abandoned, and for whom he has never been more than a distant myth.

His daughter feels duty bound to take him in but is riven with doubt and ambushed by a long buried anger she has never before expressed. Harry's effect on the next generation is less predictable, and enables his granddaughter to deal with an unspeakable trauma, while her gentle husband feels seen for who he truly is. Can Harry stay and make a new life before it's too late, or will he find himself cast out again, punished for having witnessed and understood too much?

From the rural plains of Canada to 1950s Liverpool and Yorkshire, *LOVE LANE* is a searing portrayal of escape and entrapment, and a powerful exploration of what home and family can really be.

#### PRAISE FOR PATRICK GALE:

'A mesmerising storyteller' The Times

'Humanity does not look quite to wretched through Patrick Gale's eyes' Spectator

'His translucent prose is artful but never showy' Daily Telegraph



**Patrick Gale** was born on the Isle of Wight. He spent his infancy at Wandsworth Prison, which his father governed, then grew up in Winchester before going to Oxford University. He now lives on a farm near Land's End. One of this country's best-loved novelists, his most recent works are *A Perfectly Good Man*, the Richard and Judy bestseller *Notes From An Exhibition*, the Costa-shortlisted *A Place Called Winter* and *Mother's Boy*. His original BBC television drama, *Man In An Orange Shirt*, was shown to great acclaim in 2017 as part of the BBC's Queer Britannia series, leading viewers around the world to discover his novels.

@trevilley

## The Riviera Secret Sarah Steele



Imprint: Headline Review Pub: 26/03/2026 Format: Paperback Original

Price: £8.99

ISBN: 9781035413065



The captivating new novel from *USA Today* bestselling author Sarah Steele is a spellbinding book club read, set in the glittering French Riviera in the dangerous days leading up to the outbreak of WW2.

Nestled into the pine-dusted coastline of the Cap d'Antibes is the dazzling white Chateau Violette. When British diplomat Lord Harry Castlemere, his young Jewish wife Daisy and their four-year-old son move into the chateau in the summer of 1938, their home becomes a beacon for the glamorous expat set - rife with gossip about the Windsors, and everyone in denial about the grumblings across the border in Italy and northern Europe.

But as Germany tightens its grip on Europe, Daisy discovers the chateau holds a dark past that could threaten her future. While she unravels the tragic secrets of the previous mistresses of Chateau Violette, war begins to rage across the continent, and soon, no one is safe - least of all Daisy...



**Sarah Steele** trained as a classical pianist and violinist before joining the world of publishing as an editorial assistant at Hodder and Stoughton. She was for many years a freelance editor, and now lives in the vibrant Gloucestershire town of Stroud.

(a) @sarahsteeleauthor Stroud, Gloucestershire

# The Lottery Winner Widows' Club Elly Vine



Imprint: Wildfire Pub: 27/03/2026 Format: Hardback Price: £18.99 ISBN: 9781035428502

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Paula has just lost her husband, John, in a freak car accident. Two days later, she wins the lottery - with the ticket he bought.

Then everything turns upside down again.

She's approached by a tight-knit trio of glamorous women - also jackpot winners - with dead husbands, suspiciously large bank accounts... and a very specific interest in Paula.

They tell her they've been where she is now. That grief looks good on her. That freedom does, too.There's just one problem: Paula didn't kill her husband. She loved him. Of course she did.

But something about their world - lavish, secretive, thrilling - is hard to resist. And when word of her win spreads and others come sniffing around for a share, Paula is faced with a choice: hold onto her old life, or accept help from her new friends, whose methods are a little more... unconventional

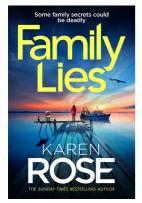
Twisty, mischievous, and deliciously dark, *The Lottery Winner Widows Club* is a story of luck, lies, and the dangerous appeal of starting over.



**Elly Vine** is the pseudonym of bestselling author, Lucy Vine. Lucy is a writer, editor and columnist. She's the best selling author of *Hot Mess* (2017), *What Fresh Hell* (2018), *Are We Nearly There Yet?* (2019), *Bad Choices* (2021), *Seven Exes* (2023) and *Date With Destiny* (2024)

Cambridgeshire

# Family Lies Karen Rose



Imprint: Headline Pub: 31/03/2026 Format: Hardback Price: £22

ISBN: 9781035414178



Homicide Detective Kit McKittrick and psychologist Sam Reeves arrive at Mary Sherman's house after she fails to turn up for an arranged meeting with Kit's foster sister Akiko. Three weeks earlier, Akiko received a call from Mary out of the blue claiming she had information about her birth mother. Now, Kit, Sam and Akiko land on her doorstep only to come under fire from an unknown shooter and to discover Mary's dead body inside the house.

Who was Mary to Akiko? What information did she have, and why did she choose now to come forward? If her murder is not a coincidence, Akiko's safety could be at risk.

Kit is determined to find answers for her sister, but every piece of information revealed just leads to more questions, and no one connected to Akiko's story is quite who they seem. And there's a major stumbling block: an injured Kit has been officially taken off the investigation, and ignoring the order could have lasting consequences for her career. But how can she sit back when she, her sister and the people around them are in serious danger?



**Karen Rose** was introduced to suspense and horror at the tender age of eight when she accidentally read Poe's *The Pit and The Pendulum* and was afraid to go to sleep for years. She now enjoys writing books that make other people afraid to go to sleep.

Karen lives in Florida with her family, their cat, Bella, and two dogs, Loki and Freya. When she's not writing, she enjoys reading, and her new hobby - knitting.

X@karenrosebooks | **②** @karenrosebooks Florida, US

# Screen People: How We Entertained Ourselves into a State of Emergency Megan Garber



Imprint: Wildfire Pub: 03/03/2026 Format: Hardback Price: £20 ISBN: 9781035430451



From America's reality-TV-star-cum-ex-president to our expertly curated Instagram feeds, it's never been less clear what's real and what's been simply fabricated for our entertainment.

SCREEN PEOPLE is a deep dive into what happens when we cede our reality to spectacle. Garber explains how the internet-inflected culture of the present moment conditions us, every day, to see each other less as people than as characters in an ongoing show, and how some of our most chronic and harmful social conditions - loneliness, depression, mistrust, misinformation, cynicism - stem from our demand for diversion.

In ten chapters, each themed around an element of stagecraft - from 'The Producers', who edit our reality, to 'The Props', the strangers we turn into objects of our amusement, all the way through to 'the Haters', the worshipful QAnon-types who expect the prophecies of their anonymous leader to play out on live TV - Garber builds toward an argument as urgent as it is ironic: our fun is quickly becoming our emergency. And we can't understand our politics without first understanding our culture.

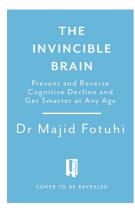
Part critical investigation, part manifesto, part fan's diary, SCREEN PEOPLE will be an eye-opening journey into the cultural underbelly of our present malaise.



**Megan Garber** is a staff writer at *The Atlantic*. She is the recipient of a Mirror Award for her writing about the media and a fellowship from the New America Foundation, and she previously worked as a reporter for the Nieman Journalism Lab, as well as a critic for the Columbia Journalism Review. At *The Atlantic*, she writes about the intersection of politics and culture (which often, but not always, means that she writes about reality TV). She is the author of *On Misdirection: Magic, Mayhem, American Politics*. She lives in Washington, DC.

X@megangarber
Washington DC

# The Invincible Brain Dr Majid Fotuhi



Imprint: Headline Home Pub: 03/03/2026 Format: Hardback Price: £20 ISBN: 9781035427901





Your brain is more wonderous and resilient than you think.

Dr Majid Fotuhi, neuroscientist and medical director of NeuroGrow Brain Fitness Center, is at the forefront of a revolution in how we understand our brains and treat cognitive decline and age-related diseases. In The Invincible Brain he explains that you're smarter than you realize, and you have the power - through personalized lifestyle changes - to change your brain's fate, preventing and even reversing diseases like Alzheimer's, dementia and other neurological disorders like ADHD and chronic migraines. In his original published research, 60-90% of Dr Fotuhi's patients achieved remarkable, measurable improvements in neurocognition and capabilities.

In this groundbreaking book, Dr Fotuhi distills more than 35 years of research and practice in the field of neuroscience into a science-based programme designed to prevent disease and improve intelligence and mental acuity through lifestyle changes and at-home biofeedback techniques. He will teach you how to:

Exercise to strengthen and support brain health and heart rate variability Improve sleep to support the brain's essential detoxification process overnight. Eat for optimal brain function and neurological improvement Train your brain with customizable brain fitness exercises that target areas of desired growth and change. Manage and reduce stress for brain longevity and vitality

The Invincible Brain will help you age-proof your brain and feel sharper, smarter and more capable tomorrow than you are today.

**Dr Majid Fotuhi** received his MD cum laude from Harvard Medical School as a member of the Harvard-MIT Division of Health Sciences and Technology (HST), and his doctoral PhD degree in Neuroscience from Johns Hopkins University School of Medicine. He is an adjunct professor of Neuroscience at Johns Hopkins's Mind/Brain Institute, an adjunct professor of Psychological and Brain Sciences at George Washington University and is the medical director of NeuroGrow Brain Fitness Center. Dr. Fotuhi has been interviewed by more than 50 national and international media outlets including ABC News, CNN, CBS, The TODAY Show, Fox News, Discovery Channel, USA Today, The Boston Globe, The Chicago Tribune, TIMES Magazine, The Washington Post, The Wall Street Journal, The Times (London), and International Business Times.

McLean, VA

## The Brunch Club

## Georgia Hearn



Imprint: OH Pub: 05/03/2026 Format: Hardback Price: £22 ISBN: 9781035429707



Ditch the dull eggs and overpriced café menus-*The Brunch Club* is your guide to reimagining brunch at home. Packed with over 70 inventive recipes inspired by cuisines from around the world, this book turns your weekend meal into a mini celebration, whether you're hosting a crowd or indulging in a cosy Sunday treat.

The Brunch Club proves that brunch doesn't have to be boring. From Masala Beans on Toast to Gochujang Fried Chicken & Waffles, each dish delivers bold flavours and fresh twists on classics. Need hosting inspiration? You'll also find vibrant photography, drink pairings, meal plans, tablescaping ideas and expert tips to create a brunch experience that wows.

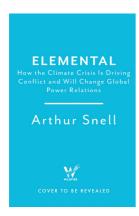
Whether you're after an effortless sharing spread or a showstopping centerpiece, this book has a dish for every occasion. It's the perfect gift for any social home cook!



**Georgia Hearn** is a private chef, supper club host and content creator. A graduate of Leith's School of Food and Wine, she now runs her own catering business which focuses on entertaining. She has worked with brands including Oliver Bonas, BBC Good Food and LuxeGirl.

@georgiahearn\_\_ London

# **Elemental**Arthur Snell



Imprint: Wildfire Pub: 12/03/2026 Format: Hardback Price: £25 ISBN: 9781035412945



With over 25 years-experience in conflict zones and fragile states, Arthur Snell travels from the heat of the Sahel to the Arctic Circle to show how climate change is coinciding with a breakdown in geopolitical order, increasing conflict, military spending and violence.

Within our lifetimes, rising temperatures, sea levels and scarcity will inevitably drive both conflict and mass migration among the world's major powers. Natural disasters and the battle for rare metals that are essential to our technology will shake the established world order to its core within this century. When the rain wrecks India's ability to grow rice, the heat makes building impossible in Saudi Arabia, wildfires rage through America's most populated regions, and in Russia huge areas of highly fertile land are exposed by the melting ice, what will living on a warmer planet actually be like?

Here, for the very first time, Oxford-trained historian and former British diplomat Arthur Snell delivers a comprehensive account of the geopolitics of climate change. Through four sections - Earth, Air, Fire and Water - *Elemental* blends reportage with analysis and interviews from a range of international experts, policymakers and politicians, to reveal the turbulent future we face - and the choices we need to make to avert disaster.



**Arthur Snell** is an expert on global geopolitics and climate change with a degree in History from the University of Oxford. He has over 30 years-experience in conflict zones and fragile states throughout the Middle East and Africa, and advised governments - including Ukraine during the current conflict - on managing displaced persons. He is also the Climate and Conflict lead for the Global Enduring Disorder Project (in partnership with the NATO Defence College), a former British diplomat, and host of the Doomsday Watch podcast (which has more than 3 million downloads).

London

# How To Speak So Others Will Listen

## Maryam Pasha

HOW TO SPEAK
SO OTHERS
WILL LISTEN

Maryam Pasha

Imprint: Headline Home Pub: 26/03/2026 Format: Trade Paperback Price: £16.99 ISBN: 9781035430338



When most people think about public speaking a few narrow images come to mind - a guy in a suit giving a presentation to a boardroom or a video of someone giving a *TED* talk. But public speaking is more than that: it's going into a meeting with your boss to ask for a promotion, it's an author doing school or library visits, it's pitching to new clients, it's the speech at your best friend's wedding, it's describing a project to your colleagues, it's talking about issues you care about. Public speaking is any time you need to communicate to another person with purpose, to share your ideas, to influence and persuade.

Human connection starts with stories and being able to tell them. Being compelling, clear and impactful when you speak is a skill everyone needs to develop, to be relevant and effective in the workplace and beyond. It's something that many activists and people engaged in social change already know well: that you can have all the data and facts in the world, but it's stories that move the needle. Stories have the power to build empathy, help to shift mindsets and open up new possibilities.

How to Speak So Others Will Listen provides a toolkit for storytelling and getting your message across. This book will teach you to believe that what you have to say is worth saying, and how your unique voice can be powerful, so you can make positive change in your own life and the world around you.



Maryam Pasha is the Director and Curator for TEDxLondon and TEDxLondonWomen, and a curator for TED's Climate Countdown. She is the founder of X Equals - an impact storytelling coaching business, where clients include billionaire philanthropists, Nobel prize-winning academics, business leaders and students. She hosts Climate Curious podcast, which has recently passed 1.75 million downloads in just over 3 years, and the new Speechless podcast with Simon Bucknall, on all things communication.

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# American Hope: What Pope Leo XIV means for the church and world Christopher Lamb

COVER TO BE REVEALED

American Hope

Christopher Lamb

PRESS

Imprint: Headline Press Pub: 26/03/2026 Format: Hardback Price: £25 ISBN: 9781035440573



In the time it took to utter his name, Robert Prevost went from being a relatively unknown cardinal to one of the most famous people in the world. But who is this soft-spoken American who assumes the role of pope at a time of extraordinary global turbulence?

In electing Leo XIV, the College of Cardinals broke with conventional wisdom that the Catholic Church could never be led by an American. In American Hope CNN Vatican correspondent Christopher Lamb explores what the election of Pope Leo - a peacemaker figure and determined reformer - means not just for the Catholic Church but for the world. Setting his role in the context of previous popes who have had a powerful influence on global events, Lamb provides insight to the themes that will dominate Leo's papacy - from providing a spiritual counterweight to Donald Trump and a challenge to MAGA populism, to giving greater roles to women in the Catholic Church.

Leo takes charge at a moment of renewed interest in Catholicism amongst Gen Z and an ongoing battle between conservatives and progressives within the church, sparked by Pope Francis' reforms. The first US-born pope is set to make a deep impact on the church at a transformative moment in its history, and present a gentle, but firm, message to the world's most powerful leaders.



**Christopher Lamb** is CNN's Vatican Correspondent who covered the funeral of Pope Francis and the conclave that elected Pope Leo XIV. He has been a journalist for two decades, starting as a reporter for the *Daily Telegraph* where he worked on the newspaper's diary column, a role that tasked him with breaking stories from the world of politics, showbusiness, royalty and the arts. As a Vatican reporter, he seeks to combine journalistic instincts with his understanding of theology and religion. Lamb studied theology at the University of Durham and worked for several years at The Tablet, a Catholic publication. He is based in CNN's Rome and London bureaux.

X @ctrlamb

Rome and London

#### Welcome to the Family

#### Kate Gray



Imprint: Mountain Leopard Press Pub: 09/04/2026

Format: Hardback Price: £20 ISBN: 9781035423514

Also available

Holiday with your in-laws can be murder . . .

Rosie Riley is nervously excited about meeting the Fraser family. She's head-over-heels for her boyfriend Theo and she hopes that spending a fortnight with the Frasers at their luxury Tuscan villa is a good sign of where their relationship is headed.

Fenna Fraser has been part of the family for years. She's always enjoyed the glam annual holiday, but this year she's especially tired with a new baby in tow and she fears her mother-in-law will be more critical than ever. No one is good enough for her sons.

It starts as the perfect family holiday.

It ends with one of these women arrested for murder.

Who is guilty? Who is the victim? And did they deserve it? . . .

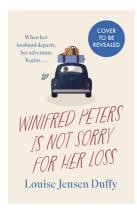


**Kate Gray** juggles her love of writing around her two young children and is obsessed with who-dunnits, page-turner plot twists and novels that make you want to keep the light on. Before becoming a full-time author, Kate worked in public relations and was a freelance journalist. Her work has been featured in Stylist, Marie Claire, and national newspapers. Her debut thriller *The Honeymoon*, published to critical acclaim in 2023.

© @Kate\_gray\_author North Yorkshire, UK

## Winifred Peters Is Not Sorry For her Loss

#### Louise Jensen Duffy



A warm, witty and heartfelt coming of middle-age story about two women on the run, perfect for readers of Joanna Nell, Rachel Joyce and Sophie Green.

When her husband departs, her adventure begins...

1933. In the tiny outback town of Bittamilla, Winifred Peters is burying her husband after decades of silent submission, surrounded by her ungrateful collection of children and their grasping partners.

On discovering a surprise inheritance, Winifred makes a sudden decision to flee the town, and when she encounters a young wife taking refuge from her abusive husband, the two women head for bustling Sydney. There will be bumps on the road, but the city brings unexpected adventures, new friends and the chance to finally find their voices.

But when the past catches up with them, will they be able to hold on to their hard-won freedom?

Imprint: Headline Accent Pub: 09/04/2026 Format: Trade Paperback Price: £14.99 ISBN: 9781035427529





Australian writer **Louise Jensen** was born in Newcastle and has lived in and around Canberra and Queanbeyan for thirty years, including on a rural property between Bungendore and Braidwood. She has spent the last twenty years writing for government, which she says has given her a solid foundation in creative writing. *WINIFRED PETERS IS NOT SORRY FOR HER LOSS* won the Cheshire Novel Prize 2023.

Australia

## A Degree of Truth Maz Evans

A
DEGREE
OF TRUTH
-----Maz Evans

Imprint: Headline Pub: 09/04/2026 Format: Hardback Price: £20

ISBN: 9781035413317



IT'S BEEN 25 YEARS SINCE THEY GRADUATED...BUT REVENGE NEVER GETS OLD.

When murder strikes at Bathory College's 25-year reunion, the clues to the killing can be found a quarter of a century ago on Graduation Day 2000. As the secrets, tragedies and betrayals from twenty-five years before played out at the reunion, someone from the Class of 2000 was taught a deadly lesson.

Twelve witnesses - or are they suspects? - from the Bathory students and staff recount events in the years 2000 and 2025 while the murder trial unfolds before us. But who is the victim? Who is accused of being the killer? And is the right person even on trial? The truth will be uncovered... but only by degrees.

#### Praise for That'll Teach Her

'Fabulous' JANICE HALLETT

'Great fun...clever and wickedly funny' THE SUN

'Deliciously funny' MARTINA COLE

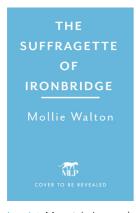


Maz Evans is the author of the bestselling WHO LET THE GODS OUT?, VI SPY and THE EXPLODING LIFE OF SCARLETT FIFE series, which have collectively sold to 22 countries worldwide and received over 20 award nominations, including the Carnegie Medal, Branford Boase, Books Are My Bag, Waterstones Children's Book of the Year and Indie Children's Book of the Year. Her acclaimed live events have featured at Hay, Imagine, Edinburgh, Bath, Cheltenham, Bestival, Wilderness and countless literary festivals around the UK.

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# The Suffragette of Ironbridge





Imprint: Mountain Leopard Press Pub: 09/04/2026 Format: Hardback Price: £22 ISBN: 9781035424955

Ironbridge, 1893. When nineteen-year-old Maria Keay is offered an exciting job in a department store in Shrewsbury, she is keen to spread her wings and leave her hometown behind, including her childhood sweetheart Charlie Woodvine, the local schoolteacher.

She loves her new job in Shrewsbury and it's not long before she falls head-over-heels for the enigmatic and charming German chemistry student Oskar

But as the exhausting work and exploitation of shopgirls becomes her everyday life, Maria must decide if moving away from home - and Charlie - was the right decision, especially when her relationship with Oskar takes a dark and devastating turn . . .



Mollie Walton is the saga pen-name for historical novelist Rebecca Mascull. She has always been fascinated by history and has worked in education, has a Masters in Writing and lives by the sea in the east of England. Under Mollie Walton, Rebecca is the author of The Ironbridge Saga and the Raven Hall trilogy.

Grimsby

## The Scoop Erin Van Der Meer



Imprint: Wildfire Pub: 21/04/2026 Format: Paperback Original Price: £10.99 ISBN: 9781035438723



No story sells faster than a celebrity's downfall. . .

Washed-up journalist Frankie Miller is desperate. Since losing her dream job at a glossy magazine, she's been drowning in rejection letters and overdue bills while eating cereal for dinner.

So, when she's offered a role at The Scoop, a notorious tabloid website run by tyrannical editor David Brown, she can't afford to say no - even if it means swallowing her pride for clicks. Besides, it's just a temporary means to an end. Nothing more.

But as Frankie dives deeper into the cutthroat world of clickbait, the blurrier the lines between ambition and morality become. And when she breaks a story that humiliates a beloved pop star, the fallout is more explosive than she ever imagined - for both of them.

In an industry where reputation is currency and outrage sells, how far is Frankie willing to go - and how much is she willing to lose - to win at this ruthless game?

Sharp, witty, and unflinchingly bold, The Scoop pulls back the curtain on tabloid culture and the human toll of the 24/7 news cycle, perfect for fans of *Yellowface*, *The List and Succession*.

'This dark and propulsive tale sucked me in, left me feeling guilty about every time I've clicked on a story about a flailing actor and spat me out gasping. This is the book that everyone is going to be talking about in 2026.' Chris Bridges, author of Sick to Death

As a New York City-based journalist, **Erin Van Der Meer's** career never coalesced into a neat narrative as she always assumed it would. While she wrote intelligent, thoughtful articles for prestigious publications including the New York Times, Elle and Man Repeller, she lived a second, secret life working shifts in tabloid newsrooms, often at night, just to make ends meet.

Erin started writing THE SCOOP to channel her amusement and disgust at what she witnessed in tabloid newsrooms.

New York

## Small Comfort Ia Genberg, tr. Kira Josefsson

#### SMALL COMFORT

Tranlated by

WILDFIRE

COVER TO BE REVEALED

Imprint: Wildfire Pub: 23/04/2026 Format: Paperback Original Price: £10.99 ISBN: 9781035433940



From the author and translator of *THE DETAILS*, shortlisted for the International Booker Prize 2024, comes *SMALL COMFORT* - a book about five people and one thing: money.

From the successful child actor who has now turned into a failing thief; to an actor hired to give a speech at a stranger's wedding; to a couple feigning married bliss to keep their inheritance: Small Comfort is a brilliantly original examination of the value of people and money. How do financial structures, such as currency, relate to our own emotional landscapes? What does it really mean to be in debt to someone? And what do we lose when we supposedly win?

Praise for THE DETAILS:

'[A] miraculous sort of novel' Hernan Diaz, author of TRUST 'I wish I could write like this' Fredrik Backman, author of A MAN CALLED OVE

'Mesmerizing and hot to the touch' Catherine Lacey, NEW YORK TIMES 'Textured insights into human nature' THE NEW YORKER 'Wistfully recalls a time when what was lost stayed lost' THE TIMES 'A woozy, affecting dive into desire, domination and memory' FINANCIAL TIMES

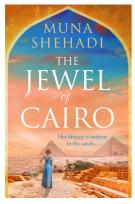
'A fever dream . . . A feat of characterization, a triumph of lending language and profundity to observations of daily life' LITERARY HUB



**la Genberg** (b. 1967) began her writing career as a journalist. She published her debut novel, *Sweet Friday*, in 2012., followed by another novel, *Belated Farewell* (2013) and the short story collection *Small Comfort, and four other tales about money* (2018). *The Details*, her third novel, was an instant Swedish bestseller, and has since sold in 30 territories all over the world.

Sweden

## The Jewel of Cairo Muna Shehadi



Imprint: Headline Review Pub: 23/04/2026 Format: Paperback Original Price: £9.99 ISBN: 9781035407828



The Jewel of Cairo is the second in Muna Shehadi's spellbinding dual-time narrative series, with cross-generational appeal and captivating international settings perfect for fans of Lucinda Riley.

Cairo 1915. A wealthy Egyptian jeweler commissions a Fabergé egg as a wedding anniversary gift to his "queen," which opens like the petals of a lotus flower to reveal a miniature royal couple.

Cairo 1976. Lilianne parted ways with Connie and Helen in France and is recruited by the CIA to keep tabs on a charming jeweler who enjoys showing off his grandfather's Fabergé egg. But when trouble strikes, and a betrayal renders Cairo no longer safe, Liliane and an already broken Gilles must leave for the US- carrying a cargo far more precious than they could have known. Back on the the Connecticut coast, a marriage of convenience deepens into a singular kind of love - until devastating news forces Lilianne and Giles to make an impossible choice.

Southport, Connecticut present day. Decades later, Sophie has lost everything; her husband, her house, and her picture-perfect life. When her parents' old friend Helen visits with an exquisite antique doll, Sophie makes two accidental and shocking discoveries. Hidden inside the doll is a treasure so remarkable Sophie can't bear to part with it. And a slip from Helen reveals who Sophie's birth mother truly is. This is Sophie's chance to gain her life back - embarking on a journey to reunite with family and rediscover herself, she travels to Vermont. In Asphalia House, a home for recovering addicts, Sophie finds herself drawn to the strong and silent Owen, and discovers a family history beyond her imagination.

The next book in the series, *The Temptations of Crete*, will follow Connie's story after parting from Lilianne and Helen in 1975 Paris.



**Muna Shehadi's** lifelong love of reading inspired her to become a writer. Muna grew up in Princeton, New Jersey, and lives on the beautiful coast of Maine, which she couldn't resist featuring in her *Fortune's Daughters* trilogy.

For more information, visit her website: munashehadi.com

## **Frida**Claire Berest



Imprint: Mountain Leopard

Press

Pub: 23/04/2026 Format: Hardback Price: £20

ISBN: 9781035426782



Frida doesn't speak, she yells. She curses like a sailor and demonstrates with the communists on the streets of Mexico City. She likes drinking tequila, putting flowers in her hair, talking crudely about sex, and parties that wake the dead.

Even when her body is wracked with pain, she paints.

Frida suffered two terrible accidents in her life, one in which a streetcar knocked her down - the other accident was Diego Rivera. Her greatest vice. The love of her life. The most famous artist in Mexico. A man who is as hard to live with, as he is to be without.

Translated into English for the first time, Claire Berest's award-winning novel is a striking fictional imagining of the vibrant life of one of the world's most enigmatic and beloved artists: Frida Kahlo.



Claire Berest is the author of the novels Mikado (2009), The Empty Orchestra, Bellevue (2016), Rien n'est noir, winner of the ELLE Readers Grand Prize, and two works of nonfiction, Class Struggle: Why I Resigned from National Education, and Lost Children: An Investigation in the Minors Brigade. Her most recent novel is Artifices.

**Paris** 

#### The Perfect Accident

#### Tess Stimson



Imprint: Mountain Leopard
Press

Pub: 23/04/2026 Format: Paperback Original Price: £10.99

ISBN: 9781035437108



#### The brand new suspense thriller from the Sunday Times and USA Today bestseller.

Could you sacrifice one live to save many? What if that life was your son's?

This year, for the first time, the high school prom will be held on a luxurious cruiser on the lake. Sisters Amy and Iris are excited to be chaperones at the event, seeing their sons all dressed up. It's a proud moment

But, tonight, the boat will sink.

And as darkness falls, secrets unravel and the air starts to run out, one of the sisters will be forced to make a split-second decision - to save her own son and let her nephew and twenty-one other teenagers drown.

And then, a year later, one of the teenagers will wake up from her coma, ready to tell everyone what really happened at the bottom of the lake. And someone needs to keep her quiet - for good.

A pulse-pounding novel of small-town secrets, lies and betrayal - with a twist you won't see coming.



**Tess Stimson** is the author of fourteen novels, including top ten bestseller *The Adultery Club*, and two non-fiction books, which between them have been translated into dozens of languages.

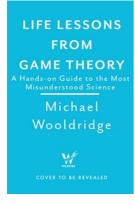
A former British journalist and reporter, Stimson was appointed Professor of Creative Writing at the University of Florida in 2002 and moved to the US. She now lives and works in Vermont with her husband Erik, their three children, and (at the last count) two cats, three fish, one gerbil and a large number of bats in the attic.

For more information, visit www.tessstimson.com

© @tessstimson

Vermont

#### **Life Lessons from Game Theory** Michael Wooldridge



Imprint: Wildfire Pub: 09/04/2026 Format: Hardback Price: £25 ISBN: 9781035407408



A fascinating deep-dive into game theory and its practical applications to all of our lives, from Michael Woolridge, an award-winning expert on computer science and artificial intelligence.

Game theory is a branch of applied mathematic and one of those things most people have already have a vague idea of. Its most famous concepts, from the Prisoner's Dilemma to zero sum games, have made their way into the cultural lexicon. But game theory is also widely misunderstood; it's not just about nuclear deterrence, greed and self-interested parties. Rather, this field has a lot to teach us about how to live a better life and make a better world.

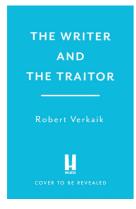
Life Lessons from Game Theory shows how this is the case in a series of 18 'lessons', which move roughly chronologically through the history of the field, and which are packed with real world examples, from overfishing in the Atlantic, to the Cuban Missile Crisis, to the measure of social welfare, to advertising wars between big brands. This is a hopeful and sometimes practical book that is a useful primer on game theory but also a course correction for its integration into the real world.



**Michael Woodridge** is an award-winning Professor of Computer Science at the University of Oxford. His research area is artificial intelligence, with a focus on building systems that can cooperate with each other, and game theory is now the main theoryunderpinning this work. He has published a number of papers on game theory, and has taught a course on it to undergraduate and Master's students at Oxford for the last decade. He is the author of *The Ladybird Expert Guide to Artificial Intelligence* (2018) and *The Road to Conscious Machines*, which was published by Pelican in 2020.

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#### The Writer and the Traitor: Graham Greene, Kim Philby and the Great Betrayal Robert Verkaik



Imprint: Headline Welbeck Non-Fiction Pub: 09/04/2026 Format: Hardback Price: £25 ISBN: 9781035418176 The friendship between Graham Greene and Kim Philby is one of the most mysterious of the twentieth century. Greene, the internationally lauded novelist who wrestled with the themes of faith and betrayal in his work. Philby, the British intelligence-officer-turned-spy for the Soviets, and one of the most reviled men of his era. The two men met as young MI6 officers in war-torn London, working together to defeat the Nazis.

But after Greene suddenly resigned just days before D-Day, questions started to arise. He turned back to literature, using his experience in the intelligence services as a backdrop for his novel Our Man in Havana and the screenplay of The Third Man. Lurking within the pages lay suspicions of his friend, with characters and plots echoing Philby's life. Was Philby the real 'third man'? Did Greene's work contain coded messages and warnings of betrayal to M16?

In this revelatory book, bestselling author Robert Verkaik chronicles the relationship of these two giants of the 20th century, spanning the defeat of Nazism and the end of the Cold War, right up until Philby's death in 1988. This is more than just a riveting tale of espionage; it is the story of an unusual friendship that survived against all odds. Ultimately, The Writer and the Traitor explores the perplexing question that nobody yet has answered: why did Graham Greene remain loyal to Britain's most hated traitor?



**Robert Verkaik** is an author and award-winning journalist. He was the Home Affairs Editor of *the Independent* and the Security Editor of the *Mail on Sunday*. He is the author of *Defiant: The Untold Story of the Battle of Britain, Posh Boys and Jihadi John: Making of a Terrorist,* as well as the *Sunday Times* Bestseller *The Traitor of Colditz*. He is a non-practising barrister and lives in Surrey.

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Thailand

## Irritated: The Allergy Epidemic and What We Can Do About It Rebecca Seal



Imprint: Headline Home Pub: 23/04/2026 Format: Hardback Price: £20 ISBN: 9781035419050



As you're reading this are you suffering with a runny nose, an itchy throat, sore eyes; maybe you live with eczema or have an annoying skin rash that flares up every so often? Perhaps you carry an epipen because an allergic reaction to something is life-threatening for you? Well, you're most definitely not alone. 1 in 3 UK adults currently experience allergic reactions at some point during their lifetime and the numbers have been rising at an alarming rate...

Allergies are a complex and under-funded area of medicine, and there are few books out there to support families and patients. This book will provide them with the answers and information that they need, while making the existing science accessible and easy to understand. Journalist Rebecca Seal has interviewed a wide range of clinical experts about the most recent developments in understanding and treating allergies, as well as parents, young people and children about their experiences of living with allergies.

Irritated gives an overview of allergies, their symptoms and how they affect the body and looks at why they have become so prevalent in recent years. Rebecca writes about the difference between allergies and intolerances, the role of gut health in the development of allergies, the different types of allergy (food, skin, environmental, chemical) and offers up practical strategies for symptom management including tips, natural remedies and when to seek medical help.



**Rebecca Seal** is an author, journalist and broadcaster who is a former assistant editor of *Observer* Food Monthly and *Observer* Woman. She has been writing professionally for over 20 years and is a freelance feature writer for all the UK broadsheet newspapers. She has written a number of personal development and cookery books, including *Be Bad, Better* (2023) and *The Ginger Pig Christmas Cook Book* (2023). She has also authored or co-authored cookbooks with the Leon restaurant group (published by Octopus). Rebecca was a regular presenter on *Channel 4's Sunday Brunch for* five years and has also appeared on national and local radio shows as well as podcasts. She also has personal experience of allergies in her family.

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#### Vae Victis: The Rise and Fall of the Roman Empire in 9 Chapters Jacob F. Field



Imprint: Headline Welbeck Non-Fiction Pub: 23/04/2026 Format: Hardback Price: £14.99 ISBN: 9781035424504 For over five centuries, the Roman Empire ruled much of Europe, North Africa and the Middle East. It produced some of history's greatest orators and statesmen, as well as some of its most debauched and corrupt tyrants. Its artistic and archaeological contribution to the world is overshadowed only by its propensity for bloodshed and enslavement of its enemies. And its legacy remains with us today, whether it be culturally, religiously, socially or politically.

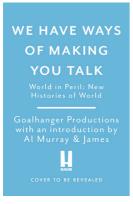
In A Very Brief History of the Roman Empire, acclaimed historian Jacob F. Field tells the entire story of Imperial Rome, from its initial expansion across mainland Italy to its monumental collapse. This fascinating and entertaining book takes the reader on a journey, beginning with Julius Caesar first laying the foundations for the Empire right up to the collapse of Rome's power as it became overthrown by invading Germanic tribes. This book tells the stories of the Empires greatest triumphs and most catastrophic disasters, the main figures - the athletes, plutocrats, mercenaries, slaves and generals - within, and what it was like to live under the Romans. And it will explore the men who wielded ultimate power in Rome and who shaped it into a historic power: the emperors.

This is the entire history of the Roman Empire in one book.



**Jacob F. Field** read History at the University of Oxford and then moved to Newcastle University for his postgraduate work, earning a Masters' and PhD in economic and social history. Jacob did his postdoctorate work at the University of Cambridge's Group for the History of Population and Social Structure, joining a research project on the long-term occupational structure of Britain, focusing on women's work and London's economy. Due to his academic work, he was elected as a fellow of the Royal Historical Society. He is the author of many books, including *The History of Europe in Bite-Sized Chunks*.

#### We Have Ways of Making You Talk: World in Peril: New Histories of World War Two Al Murray & James Holland



From Alamein to Barbarossa, the war on China to Stalingrad, bestselling authors James Holland and Al Murray will capture readers with the most up to date and pioneering academic research on a host of WWII-related topics. WORLD IN PERIL will trace the darkest hours of the miracle that was Dunkirk, follow arctic convoys in the North Cape, consider the destruction of Hamburg, and unpick the only thing that ever really frightened Churchill. Like their hugely successful podcast, We Have Ways of Making You Talk, it will delve into the forgotten, hidden and little explained aspects of the war.

WORLD IN PERIL is the first book to tie-in with the podcast and will follow a number of the podcast's most successful series. At once entertaining and illuminating, this is the perfect book for fans of World War II history.

Imprint: Headline Pub: 23/04/2026 Format: Hardback

Price: £25

ISBN: 9781472296504





Al Murray is one of the most successful comics in the UK with his alterego The Pub Landlord and has had four previous bestselling books, The Pub Landlord's Book of British Common Sense, The Pub Landlord Says Think Yourself British, Great British Pub Quiz Book and Watching War Films with my Dad. One of the most popular live comedy acts in the country, Al has sold out arenas nationwide, including London's O2 Arena. He has earned numerous awards and accolades, such as the British Comedy Award for his ITV1 series Al Murray's Happy Hour, the Perrier Award and two Olivier Award nominations.



One of WWII's finest historians, James Holland is the author of The Savage Storm, Brothers in Arms, Sicily '43, Normandy '44, Big Week, The Rise of Germany and more. He has written and presented the BAFTA shortlisted documentaries Battle of Britain and Dam Busters for the BBC, and his WWII podcast, We Have Ways of Making You Talk, now has millions of listeners.

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Publicist: | Helena Towers | helena.towers@headline.co.uk

# Hungry: A Biography of My Body & Not Fiction No. 1981



Katriona's journey begins in the poverty-stricken council estates of Coventry, where hunger for food, love, and validation shapes her early years. As she navigates a tumultuous childhood marked by neglect, abuse, and addiction, she develops a fraught relationship with her body and food that continues into adulthood. We follow Katriona's incredible journey through motherhood, her academic success, her weight loss attempts, and her complex recovery from her own addictions.

Interwoven with moments of vulnerability, humour and resilience, Katriona's story is ultimately an inspiring testament to the enduring human spirit and the guest for self-acceptance. Her candid reflections on trauma, family, and the pursuit of happiness offer a powerful commentary on the intersections of poverty, gender, and body politics.

Imprint: Wildfire Pub: 23/04/2026 Format: Hardback Price: f18 99 ISBN: 9781035427772





Dr Katriona O'Sullivan was born in Coventry to Irish parents, where her upbringing was marked by addiction, poverty, teenage pregnancy and homelessness. In 1998, at 20, she moved from Birmingham to Dublin and subsequently enrolled in the Trinity College access programme, going on to complete a PhD from and becoming an award-winning lecturer and speaker, whose work challenges barriers to education.

Her first book, POOR, was critically acclaimed, winning the Best Biography in the Irish Book Awards 2023, and has been in the top ten NF bestsellers in Ireland for nearly two years.

**X**@Katrionaos Ireland

## Consider the Anchovy Sudi Pigott

CONSIDER
THE
ANCHOVY



Imprint: Headline Home Pub: 23/04/2026 Format: Hardback Price: £20 ISBN: 9781035431212



In Consider the Anchovy, food journalist and anchovy lover Sudi Pigott goes on a journey of discovery to find out more about the little fish with the big flavour.

Travelling from Cantabria to California, in this book you will meet the personalities, families and communities whose livelihood depends on the not-so humble anchovy, participating in traditions celebrating the little fish, visiting bars, festivals and even museums devoted exclusively to anchovies. See the flatbottomed barque boats and tightly packed fishermen's cottages of Collioure that inspired Matisse, Derain and Fauvism. Meet the film star who made a short film on the sex life of the anchovy. Dig into the preserving traditions of Ancient Greece. Uncork the garum of Ancient Rome and compare it to its modern counterpart, Colatura d'Alicci, aged in bourbon barrels.

Alongside delicious recipes to close each chapter, this book is rich in research, stuffed with maverick, rakish characters and full of flavour. Whether you love them or you hate them, *Consider the Anchovy* is both an entertaining odyssey and an unabashedly passionate manifesto that celebrates anchovies with their pungent, complex, umami allure as leading, albeit sometimes unpredictable, movers in world culinary history.



**Sudi Pigott** is an established food and travel journalist whose work appears frequently in national newspapers including the *Daily Mail* and *Mail on Sunday, The Telegraph*, and *Financial Times*, as well as premium magazines (*Delicious, France Today, Amex Departures, Fine Dining Lovers*) and on gourmet websites. On Substack, Sudi continues the work of her first hit book, *How to Be a Better Foodie* (Quadrille), deciphering the latest food and drink trends for aspiring gastronauts.

© @sudifoodie London

#### Death's Daughter

#### S.A. Barnes



Imprint: Headline Pub: 05/05/2026 Format: Hardback Price: £20 ISBN: 9781035430734



After a tragic and terrifying incident when she was fourteen, Jocasta vowed to hide what she was capable of and never take a life again. Instead, she's carved out a normal life for herself - well, as normal as she can get with a name like Jocasta, and being the one and only child of Death himself.

In her fourth year at Beecher University, a rare magical dead zone not far from Salem, Jo keeps her fatal magic at bay with sips of people's depression, anguish, and bitterness - all tiny deaths on their own. But Jo is lonely. She feels guilty about using her friends to feed, especially when she's feeding on a certain friend's frequent disappointments. And then there's Carter, the smart and sexy - and very human - guy she was (is) half in love with. Whatever it is between them keeps flaring up and turning physical despite their efforts to just be friends. In short, it's messy, but safe.

Or it was. When Devon, a fellow descendent of an Old One, shows up, things get a lot more complicated. He swiftly targets a friend of hers, and, when Jo intervenes, he seems . . . amused? Death has just announced Jo as his successor, and various challengers are about to come out of the woodwork - and Devon is actually here to form an alliance.

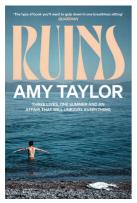
When one of Jo's friends is killed under suspicious circumstances, it's clearly the first strike of many from those who aren't happy with her new inheritance. Now Jo must clear her name with the Beecher city police, while also trying to battle every grudge, every desire for allegiance, and every pissing contest levelled at Death by any descendants wanting to prove themselves. Her safe bubble is about to burst - but Jo will do anything to claim what's rightfully hers. Even if it means enlisting Devon's help.



**S.A. BARNES** works in a high school library by day, recommending reads, talking with students, and removing the occasional forgotten cheese stick as bookmark. Barnes has published numerous novels across different genres under the pen name Stacey Kade. She lives in the UK with more dogs and books than is advisable and a very patient husband.

UK

#### Ruins Amy Taylor



At a crossroads in their relationship, Emma and Julian agree to house-sit for a friend in Athens over the course of an oppressive summer. Their plans take an unexpected turn when they meet Lena, an enigmatic young Greek woman who presents an opportunity for them to explore their relationship in uncharted and thrillingly risky ways. But as the heat in the city grows stifling, Emma and Julian find themselves far more entangled in Lena's life than they'd bargained for. What follows is a highly-charged three-way struggle for control, as Emma, Julian and Lena are suddenly faced with consequences far greater - and far more dangerous - than they could have predicted.

'The type of book you'll want to gulp down in one breathless sitting ... A summer in Athens? Check. Millennial malaise? Check. A steamy affair their upends everything? Check' GUARDIAN

Imprint: Tinder Press Pub: 05/05/2026 Format: Paperback Original

Price: £20

ISBN: 9781035440269





**Amy Taylor** is a writer based in Melbourne. She is the author of *Ruins* and *Search History*, which was shortlisted for the Readings Prize for New Australian Fiction and named as one of the *Guardian's* Top Australian Books of the Year. Both of her novels are currently in development to be adapted for the screen.

Australia

#### **Charity** Linda Calvey



Imprint: Mountain Leopard

Press

Pub: 07/05/2026 Format: Hardback Price: £16.99 ISBN: 9781035431038

Also available as an ebook

As the youngest of three sisters, Charity Wills is used to getting what she wants. When she was a teenager, she fell in love with the dashing bad boy next door and married him. If she wants something beautiful and expensive in a shop, she discreetly puts it in her bag - the Old Bill be damned. If she has enemies that need seeing to, her father-in-law can pull some strings to make the problem go away.

So when Charity finds herself suddenly on her own - her beloved Little Danny in prison and no sign of a much-wanted pregnancy on the way - she is at a loss. She wants to start pulling her weight in her influential crime family. But as she works to pull off a plan that will fly under the radar of the law, an old enemy of the Wills family grows ever nearer, determined that Charity will not have her happily ever after . . .

A gritty and gripping gangland story set in London's East Endfor fans of Martina Cole and Kimberley Chambers.



**Linda Calvey** has served eighteen years behind bars, making her one of Britain's longest-serving female prisoners. She moved to fourteen different prisons, doing time with Rose West and Myra Hindley.

Since her release, Linda has become a full-time author.

Abridge

#### Serpents Tongue: Ikmen Mystery 28 Barbara Nadel



Imprint: Headline Pub: 07/05/2026 Format: Hardback Price: £22 ISBN: 9781035419012



The twenty-eighth mystery featuring Çetin İkmen and Mehmet Süleyman, stars of *BBC* Two's gripping crime drama series *The Turkish Detective*, available to watch on *BBC* iPlayer.

Two women are found dead in Istanbul. One in the slum quarter of Kustepe, the other at one of the most prestigious addresses in the city. Are they connected? Inspector Mehmet Süleyman and his team are assigned to a complex case involving a chic modest fashion house and adherents of an ancient eastern Turkish religion. A further complication is that the death of the woman in the smart quarter of Tesvikiye, has all the hallmarks of a terror attack.

Meanwhile ex-inspector Çetin İkmen is helping his friend Umit place a collection of dazzling sculptures, created by Umit's deceased neighbour, at one of the city's many art galleries. However, the sculptures, though exquisite, are disturbing and, according to Umit, represent apocalyptic themes. In addition, some of the creatures the artist created appear to resemble local people - including the Kustepe victim. Did the artist know her and, if so, in what capacity? And what, if anything, does the violent death of a devout Muslim lady married to a modest fashion designer have to do with an alleged terror plot aimed at undermining the security of the city?

Both Süleyman and İkmen find themselves in a race against time to apprehend whoever killed these women and protect the people of Istanbul itself. Meanwhile, Süleyman has to grapple with his own problems - in the shape of his wife Gonca...

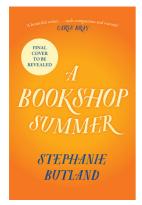


Trained as an actress, **Barbara Nadel** used to work in mental health services. Born in the East End of London, she now writes full time and has been a visitor to Turkey for over twenty years. She received the Crime Writers' Association Silver Dagger for her novel *DEADLY WEB*, and the Swedish Flintax Prize for historical crime fiction for her first Francis Hancock novel, *LAST RIGHTS*.

To find out more, follow Barbara on X @BarbaraNadel or visit her website www.barbara-nadel.com

#### A Bookshop Summer

#### Stephanie Butland



Imprint: Headline Review Pub: 07/05/2026 Format: Paperback Original Price: £10.99 ISBN: 9781035431823



An intriguing, twisting and heart-warming novel set in a bookshop that has an unexpected impact on people's lives. From the author of *The Second Chance Book Club* and *Found in a Bookshop*.

When the Lost for Words bookshop in York hosts an event for a new reading project, four strangers' lives will change in ways they could never have expected . . .

Trixie is hosting the event. She loves her job at Lost for Words, and she's feeling grounded and calm - until a phone call from her ex throws everything off course.

Cherry only goes to the event because she needs to get out. Caring for her grandmother without any help is exhausting - and lonely. Maybe things will be different if her long-lost sister finally comes home.

Rhiannon and Guy really hit it off at the bookshop; it feels like the start of something special. And Guy is fantastic with Rhiannon's baby. But Rhiannon is keeping quite a big secret . . .

When you spend time with people who love books, you're sure to learn something about yourself - and maybe see a way to start in a different direction. As each of them is about to find out . . .



**Stephanie Butland** is the author of eight novels, including the beloved bookshop tale *Lost For Words*.

Stephanie lives near the sea in the north-east of England, with her husband Alan and Harris the greyhound. She writes in a studio at the bottom of her garden. For fun, she reads, knits, bakes, walks, and goes to the cinema and theatre. Stephanie loves to talk books and meet readers, and is an occasional performance poet.

North East England

#### **Untitled** Sheila O'Flanagan



Imprint: Headline Review Pub: 07/05/2026 Format: Hardback Price: £20 ISBN: 9781035432356



The extraordinary new contemporary novel, set in Ireland, Italy and France, from the bestselling author of *The Honeymoon Affair* and *The Missing Wife*.

Three women, each at a turning point in her life, are drawn together by old secrets and new dilemmas.

Ailie: newly widowed, after twenty tempestuous years with Giorgio. Her husband's family has never accepted her, or Giorgio's choice to live outside Italy. If it weren't for her daughter, she'd cut all ties. Building bridges might be the hardest thing Ailie has ever had to do.

Sybil: in the last five years she's found the confidence to be alone, but not lonely. Now her interfering younger sister Tansy is determined to set Sybil up with a new man. And maybe Tansy's right that it's time for Sybil to change something, if not her romantic status.

Rua: twenty years ago, she learned the hard way that it's a dangerous world for young women. Twice she's faced a crisis and twice she's had to rebuild her life. Now all she cares about is protecting her daughter from the pain she went through herself. But even the worst grief can heal . . .

In her unique, insightful life-affirming way, Sheila O'Flanagan weaves together the lives of these three remarkable women in an absolutely satisfying novel readers will never forget.



**Sheila O'Flanagan** is the author of over 30 bestselling books, including *The Honeymoon Affair*, which spent three months on the Irish bestseller list, *What Eden Did Next, Three Weddings and a Proposal* and *The Missing Wife.* She lives in Dublin with her husband.

www.sheilaoflanagan.com

X @sheilaoflanagan Dublin

#### The Glass Key Amanda Geard

#### Amanda Geard The

Imprint: Headline Review Pub: 12/05/2026 Format: Hardback Price: £22 ISBN: 9781035413584



**The Glass Key** is a breathtaking, beautiful, stay-up-all-night story about love, loss and secrets from the bestselling author of the Richard and Judy Book Club pick *The Midnight House*.

In Ireland, Maggie has grown up hearing her mother tell her the bedtime story of The Glass Key. It's a Nordic fairytale passed down by Maggie's grandmother Anna Swan, who mysteriously left her home one stormy night years ago, never to return. Now Maggie's grandfather has died and going through his things, Maggie is shocked to discover a faded wartime letter, asking him to take in a baby. In that moment she realises that Anna Swan was a woman of many secrets.

Only by travelling to Norway and discovering the story of four brave young women whose lives were forever changed by the occupation of their tiny islands, can Maggie uncover the shocking truth about her family - and finally unlock the mystery of the glass key...

As epic as the Norwegian landscape it so vividly describes, *The Glass Key* is a sweeping journey of a novel that will stay with you for ever.



Born in Australia, **Amanda Geard** has lived all over the world, from a houseboat in London to a tiny island in Norway before settling in County Kerry in Ireland. Her debut novel *The Midnight House* was a Richard and Judy Book Club selection and her novels have been translated into multiple languages.

X@AmandaGeard | O @amandageard

#### Teddy Bears Never Die

#### Cho Yeeun

TEDDY BEARS
NEVER DIE

Cho Yeeun



COVER TO BE REVEALED

Imprint: Wildfire Pub: 13/05/2026 Format: Trade Paperback Price: £9.99 ISBN: 9781035431250



Yamu, pop. 200,000 - A coastal town that has seen better days. A massive redevelopment plan is in place, including that for a luxury apartment complex dubbed Sea View Park. One day, a delivery of rice cakes is made to the building supposedly from one of the new neighbours. The rice cakes are laced with cyanide, however, resulting in a lethal mass poisoning.

Hwa-young's mother, who works as a live-in housekeeper at Sea View Park, is one of the victims. Hwa-young, turned out on the streets, lives in a flophouse for runaways at the mercy of landlord Young-jin, who regularly extorts money from her. Hwa-young refuses to believe that her mother, who never touched rice cakes in her life, died from eating them, and suspects foul play. Swearing to find the true culprit and avenge her mother's death, Hwa-young is determined to save 20 million won in order to place a hit on the suspect, and does whatever work she can find.

One day, Hwa-young is bullied into playing bait for one of Young-jin's scams. Left in amotel room alone with the mark, she is alarmed when he begins to unpack one lethal weapon after another. She signals Young-jin for help, but when no one comes she realizes that she has been tricked, and that Young-jin has sold her to the would-be murderer. Just when the man is about to attack Hwa-young, he collapses in pain, bleeding. Hwa-young is about to escape when a teddy bear speaks to her. It's a grubby Happy Smile Bear doll.

And thus begins the extraordinary journey as a Happy Smile Bear, possessed by the spirits of a murdered young boy, and Hwa-yeong, an orphaned young girl, join forces enact vengeance and bring the true culprit to justice.



**Cho Yeeun** has enchanted the literary world since her notable debut clinching the Kyobo Book Award with her first novel and subsequently unfurling a series of spirited, yet darkly captivating horror thrillers. Her standout short story collection, *Cocktails, Love, Zombies* not only soared in sales, exceeding 100,000 copies since its 2020 release but also crossed borders, being exported to Japan, China and Taiwan.

South Korea

#### **Behind Five Willows**

#### June Hur



Imprint: Wildfire Pub: 19/05/2026 Format: Hardback Price: £20

ISBN: 9781035434435



From the *New York Times* bestselling author of *A Crane Among Wolves* and *The Red Palace* comes a historical romance set in the Joseon dynasty about forbidden books and those willing to risk their lives for their craft and each other.

Behind Five Willows is an Austrian reimagining set during the Joseon dynasty following the story of Haewon, a young woman transcribing forbidden books and Seojun, an aloof and wealthy young man hiding his own literary secret. Their budding romance and different backgrounds force them to wrestle with questions of class, respectability, and the idea of carving out one's own destiny. Tensions are heightened when a literary censor at the Ministry of Justice uncovers Haewon's illicit transcribing, as well as the duo's connection and this threatens to expose Seojun's secret, which could have potentially fatal ramifications.



**June Hur** is a bestselling and Edgar Award-winning author of YA historicals, including *The Silence of Bones, The Forest of Stolen Girls, The Red Palace,* and *A Crane Among Wolves.* Born in South Korea, June spent her formative years in the USA, Canada, and South Korea before studying History and Literature at the University of Toronto, and working at the city's public library. Her work has been featured in *Forbes, NPR, The New York Times, CBC*, and *KBS.* June resides in Toronto with her family and can be spotted writing in coffee shops.

Toronto, Canada

## The Boleyn Secret

#### Alison Weir



Imprint: Headline Review Pub: 21/05/2026 Format: Hardback Price: £25 ISBN: 9781035416240



Boleyn women. Passionate, legendary, full of secrets...

At twelve years old, Kate Carey attends her aunt, Queen Anne Boleyn, to the scaffold. Horrified by what she witnesses, Kate is convinced that King Henry VIII has sent an innocent woman to a terrible death.

As the Boleyns fall from favour, Kate serves her now motherless cousin, the young Lady Elizabeth. Bound by Boleyn blood, the two girls grow as close as sisters, until Kate marries for love - and leaves a jealous Elizabeth behind

At court, Kate cannot ignore the sly looks thrown her way, nor the whispers behind her back. Only when her mother, Mary, lies dying, does she learn the life-shattering truth that the Boleyns have been hiding for years.

It is a secret that will follow Kate throughout her life, as she flees religious persecution with her husband and lives abroad in fear, only returning home when Elizabeth becomes queen. But the bond between the Boleyn cousins will never be the same again...



**Alison Weir** is a bestselling historical novelist of Tudor fiction, and the leading female historian in the United Kingdom. She has published more than thirty books, including many leading works of non-fiction, and has sold over three million copies worldwide.

Her novels include the *Tudor Rose trilogy*, which spans three generations of history's most iconic family - the Tudors, and the highly acclaimed Six Tudor Queens series about the wives of Henry VIII, all of which were *Sunday Times* bestsellers.

Alison is a fellow of the Royal Society of Arts and an honorary life patron of Historic Royal Palaces.

(alisonweir.historian Sutton

## Warlord of Britannia Simon Scarrow

# WARLORD OF BRITANNIA ——— Simon Scarrow Light Cover To be revealed

Imprint: Headline Pub: 21/05/2026 Format: Hardback Price: £20 ISBN: 9781472287618

Also available as an ebook

In AD 27, Caratacus faces a momentous challenge. As a tribal warrior; he has no equal. As a man of strategy in warfare, he has vision and cunning. He knows that the Roman Empire, which extends to land in sight of Britannia's southern coast, is a potential threat to the ways of the tribes. Yet the Britons see only their immediate enemies, each other, as they battle over patches of land, following traditional rules of combat. It falls to Caratacus to train his men in new tactics then fight for supremacy across the tribes at the head of the most powerful army Britannia has ever seen.

Facing hostile forces set on obstructing his every move, Caratacus grows ever more ruthless, ready to commit terrible deeds, and turn against even family, in pursuit of his goal. Amidst the battles and skirmishes, the spying and the bloodshed, the enemy within is as dangerous as any enemy equipped with armour and a helmet.



**Simon Scarrow** is the acclaimed author of multiple *Sunday Times* bestsellers, including *Revenge of Rome* and *The Gladiator*.

He is also the author of many other acclaimed novels including the *Sunday Times* bestseller *A Death in Berlin*, and a quartet of bestselling novels about Wellington and Napoleon. With T. J. Andrews he has co-written Warrior, focusing on the rebel chief Caratacus, and Arena, following the career of a gladiator hero, and more.

#### Self Help for Serial Killers

#### Asia Mackay



Asia Mackay



COVER TO BE REVEALED

Imprint: Wildfire Pub: 27/05/2026 Format: Hardback Price: £20 ISBN: 9781035418473



The highly anticipated new novel from Asia Mackay, in which everyone's favourite serial killer couple must figure out how to juggle homework, housework and homicide - all while being tracked through the suburbs by a deadly gang...

Fox and Hazel have it all: two children, a beautiful home, and a late-night habit of eliminating people who deserve it. Yet work-life balance is hard when you want to kill bad men but raise good kids.

With a school mum tyrant on Haze's case, and Fox struggling with performance anxiety after a botched kill, things are spiralling. Therapy isn't helping, and bullet journaling has taken on a whole new meaning...

But when they accidentally draw a deadly mobster to their doorstep, the couple must pull it together - and fast. Because surviving in suburbia is no longer just a challenge. Now it's a real fight for their family's lives.

And it turns out, self-help starts with staying alive.

Praise for A Serial Killer's Guide to Marriage:

'Sexy, stylish, thrilling. A razor-sharp tale of marriage and murder.'
CHRIS WHITAKER

'Your sassy, twisted must-read of 2025' JANICE HALLETT

'If you liked Mr & Mrs Smith, you'll love this' CLARE MACKINTOSH

'Darkly funny and clever' KATY BRENT

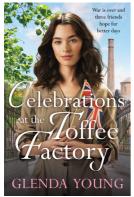


**Asia Mackay** is a Chinese Scottish author and mother of four based in London. Asia studied Anthropology at Durham University and began her career in television. She moved to China, presented and produced lifestyle programmes in Shanghai before returning to London where she worked for the likes of Ewan McGregor and Charley Boorman, and subsequently completed a Faber Academy course. Her debut novel *Killing It* was the Runner Up in Richard and Judy's Search for a Bestseller competition and Runner Up/ Exceptionally Recognised for the Comedy Women In Print prize.

@asiamackay

London

#### Celebrations at the Toffee Factory Glenda Young



'Real sagas with female characters right at the heart' WOMAN'S HOUR

'Glenda Young brings a new freshness to the genre' MY WEEKLY

'Saga fiction at its best . . . I enjoyed it immensely' VICKI BEEBY

'A lovely read, full of highs, lows, friendship and foes' JOHANNA BELL

Discover the gripping conclusion to Glenda Young's Toffee Factory trilogy, set in a WWI toffee factory in the North-East!

World War One might be over, but Elsie, Hetty and Anne still have more than their fair share of drama, romance and secrets to contend with . . .

Imprint: Headline Pub: 28/05/2026

Format: Paperback Original

Price: £7.99

ISBN: 9781035402625





**Glenda Young** credits her local library in the village of Ryhope, where she grew up, for giving her a love of books. She still lives close by in Sunderland and often gets her ideas for her stories on long bike rides along the coast. A life-long fan of Coronation Street, she runs two hugely popular fan websites.

For updates on what Glenda is working on, visit her website glendayoungbooks.com.

#### On the Book Train to Paris

#### Norie Clarke



Imprint: Headline Review

Pub: 28/05/2026 Format: Paperback Original

Price: £10.99 ISBN: 9781035434442

For three women in an Edinburgh bookshop, could the book train to Paris be a passport to Joie de vivre? The new warm-hearted, romantic and uplifting novel from the author of THE LIBRARY OF LOST LOVE

Carly longs to make-over the family's bookshop, but her father is resisting change. Upstairs, Fran is stumped by her next novel - and with how to fix her marriage. In the flat below, Elsa cares for her husband, in need of a short breather to gather her strength.

So when a customer drops in and asks for help at his book festival on a train to Paris, it's the chance of a petit escape. And when a book mysteriously appears in the shop that Fran inscribed to a lover in Paris years ago, it seems too serendipitous to ignore. Boarding the train with Carly and Elsa, Fran wonders if revisiting her past will help her move forward.

But there are plot twists ahead. Could Paris be the place to turn a new page...?



Norie Clarke lives in a beautiful village by the sea with her husband, son and dogs. When not writing, Norie can be found in her studio at the bottom of her garden playing the piano and trying, not very well, to draw

UK

#### My Body is a Meadow Bethany Handley



Bethany Handley

A Meadow

HEADLINE PIRITEISIS

Imprint: Headline Press Pub: 07/05/2026 Format: Hardback Price: £20 ISBN: 9781035427505



Today, nearly one in four people are Disabled in the UK. Public rights of way are blocked in 32,000 places across England and Wales. In 2020, Disabled people accounted for six out of every ten deaths from Covid.

My Body is a Meadow writes into this troubling landscape. Passionate and political, it delivers a galvanising call for us to rethink how we live among nature and each other. Lyrical and personal, Bethany Handley invites readers to wheel alongside her as she explores ableism, climate justice and what nature means to her.

Unearthing parallels between land ownership and privatised healthcare, loss of biodiversity and social marginalisation, *My Body is a Meadow* brings a poet's affective power to the question of political equality for the Disabled community, and how access to nature is a vital element of this. What lessons can nature teach us about inclusion and interdependence?

Writing herself into an exclusionary nature writing tradition and reclaiming space, Bethany Handley urges us to cherish our dependence on each other as a liberatory politics that takes aim at the barriers that disable people. Nature doesn't gatekeep, so why do we?



**Bethany Handley** is an award-winning writer, poet and disability activist from South Wales. Her debut poetry chapbook *Pin a Tail on the Donkey* explores being a young Disabled women in the crossfire of ableism and is forthcoming from Seren Books in February 2025.

Bethany's work has been featured by BBC Radio 1, BBC Radio 4, BBC Radio 5 Live, BBC Radio Wales, BBC News, Nation.Cymru, WalesOnline, Metro, Poetry Wales, The Welsh Agenda, Spelt, Plantlife Magazine and Poetry Foundation, amongst others. Bethany has performed her poetry alongside Poet Laureate Simon Armitage and Owen Sheers and she will be in conversation with Polly Atkin at Hay Festival 2024. Bethany is an ambassador for Country Living's Access to Nature campaign.

(a) @bethany\_handly\_ Wales

## Absent Minds Dr Madeleine Pownall

COVER TO BE REVEALED

#### Absent Minds

Dr Madeleine Pownall

> HEADLINE PRESS

Imprint: Headline Press Pub: 07/05/2026 Format: Hardback Price: £25 ISBN: 9781035416882



According to one article, eighty per cent of psychology undergraduate students are women. The same article reports that eighty per cent of clinical psychologists are also women.

But when we think about the history psychology, who springs to mind? Jung, Freud, Pavlov, Piaget. Where are the women?

What of Mary Whiton Calkins, who was never awarded a doctorate because she was a woman despite her contributions shaping contemporary psychology; or Mamie Phipps Clark, whose research went on to inform the court case that ruled racial segregation illegal in the US; and power couple Celia Kitzinger and Sue Wilkinson who set up the international journal Feminism and Psychology and petitioned for the right for same-sex couples to marry in England.

Absent Minds rightly seals women's place in the history of psychology. Dr Madeleine Pownall's entertaining and empowering narrative will uncover lost legacies, documenting how women shaped the discipline and provided alternative, creative and more critical ways of thinking about the human experience.



**Dr Madeleine Pownall, PhD,** is a feminist social psychologist and Senior Lecturer in the School of Psychology at the University of Leeds, UK. She is the author of *A Feminist Companion to Social Psychology* (Open University Press, 2021) which has been described as 'Extremely lively and super-smart' that 'pings with the vibrancy and creativity of feminist critique' and has 'made feminist inspiration, analysis, and activism easily accessible to everyone studying social psychology'. This book was recently nominated for the British Psychological Society Book of the Year Award 2023. Dr Pownall regularly writes for popular audiences and is an internationally recognised feminist scholar.

Leeds

## Grassroots Julia Rosen

cover to be revealed

Julia Rosen

HEADLINE PRESS

Imprint: Headline Press Pub: 19/05/2026 Format: Hardback Price: £25 ISBN: 9781035407866

P-

The story of grass is bigger than grass itself; it is the story of us and our place in the natural world. From creeping turf and towering bamboo, to rolling meadows, vast savannas and fields of wheat, grass is all around us. Yet despite its ubiquity, hardly any of us pay it much mind as we trample it underfoot every day. But what is perhaps the most overlooked plant is in fact one of the most remarkable, and our casual dismissal of it belies a much deeper, more complicated relationship that stretches back to the roots of our own species.

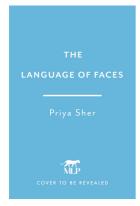
In *Grassroots* Julia Rosen shows not only how this extraordinary plant exploded from near ecological obscurity to spread across the planet, reshaping the landscape and producing new ecosystems in its wake, but how its rise to dominance enabled our own.



**Julia Rosen** has spent her nearly decade long career as a journalist writing about our relationship with the natural world, for publications such as *The New York Times, The Atlantic, National Geographic and The Los Angeles Times.* Her writing is award-winning: several stories have been anthologized in the Best American Science and Nature Writing, including features for *The Atlantic* on phosphorus and invasive earthworms. Her earthworm feature was the most-read science story published by *The Atlantic* in 2020 and her latest this summer on the importance of grasslands, which draws on her reporting and takes a page from the book, was one of the must-read stories of the day and was featured on NPR's Short Wave podcast.

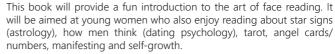
#### The Language of Faces

#### Priya Sher



Imprint: Headline Home Pub: 21/05/2026 Format: Hardback Price: £16 ISBN: 9781035436002





We are in an era where young women are keen on self-improvement, emotional intelligence and reading people. However, the true power of this book will lie in understanding yourself better and becoming a better partner yourself.

By loving yourself, and allowing kindness to be your guide, you can physically enhance your outer appearance.

This book will combine ancient face reading techniques and some modern psychology of facial expressions and attraction cues. It will be designed to be fun, informative, empowering and practical.

Not only will its content make you understand yourself and others better, it will also make your dating experience richer, your social life more fascinating and your friendships and relationships deeper.



**Priya Sher** is one of the world's top classically trained Feng Shui, Face Reading and Bazi masters, teachers and consultants, with over 23 years of experience. She has also studied the modern psychology of expressions, body reading/language and attraction cues.

Priya has consulted for visionaries like Paulo Coelho (The Alchemist) in person and Tony Robbins online. She has had notable and famous collaborations with brands such as Nintendo's Animal Crossing, Nectar, B&Q, Bensons, The Harmonist and Opulus Beauty.

She has appeared on television, podcasts and radio to talk about both feng shui and face reading, including appearances on Big Brother, Jamie Laing's podcast, *TRT* and *Sky News*. Her work has been published globally in newspapers and magazines.

London

## The Beauty of Cold

#### Gilly McArthur



Imprint: Welbeck Pub: 21/05/2026 Format: Hardback Price: £25

ISBN: 9781035435395



Cold water swimming is more than just a trend - it's nature's most invigorating reset. With its well-documented mental and physical health benefits, from easing stress to deepening sleep, it's no wonder so many are drawn to the water. But there's something deeper at play. That first sharp jolt as ice-cold water meets skin pulls us into the present moment and slows the world down.

Wild swimming expert Gilly McArthur gently guides you into this elemental experience, sharing the magic of cold-water immersion. With clarity and warmth, she opens the door to a life-affirming practice available to anyone, at any age.

#### Find out:

What it really feels like to swim in icy water How you can begin your own cold-water journey, safely and joyfully Why this simple act brings powerful health benefits

Step in. Take the plunge. Discover the part of you that's been waiting beneath the surface.



**Gilly** is a cold water swim coach and free climber born in the north of Scotland. She has travelled the world in pursuit of these passions and has worked in the outdoor industry for over 20 years. Much of Gilly's work is strongly tied into mental wellbeing and nature connection and she passionately shares her love for cold water and nature with CEOs, charities, sportspeople, A-list actors, businesses and individuals. Her work has been profiled in the *National Geographic, Conde Nast Traveller* and on the *BBC*, and she has featured in various award-winning films, books and publications. She is also part of the coaching team working with Outside2, a UK-based university programme exploring the applications for outdoor swimming to help improve wellbeing for NHS patients, and is director of the Women's Trad Festival and founder of Blue Mind Men - a men's cold water swim club

@gillymcarthur Kendal, Cumbria

### Babylon Lloyd Llewellyn-Jones

**BABYLON** 

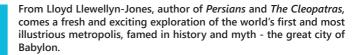
Lloyd Llewellyn-Jones

WILDFIRE

COVER TO BE REVEALED

Imprint: Wildfire Pub: 21/05/2026 Format: Hardback Price: £25 ISBN: 9781035416738





'Babylon' is a name that has a double life: it denotes the great ancient Mesopotamian city with a long and complex history, and it is also a fictive allusion with a wide variety of connotations, from the Hebrew bible's Tower of Babel, through the New Testament's 'Whore of Babylon', to the iconic song 'The Rivers of Babylon' by the 1970s pop group Boney M

The first royal dynasty of Babylon was founded by an Amorite interloper named Sumu-la-El a thousand years after the fall of the great Sumerian city states of Ur and Uruk, creating a new superpower in the Near East. Clinging close to the might River Euphrates, the city quickly grew in size and, thanks to its military prowess, soon expanded its territories, sweeping down to the Persian Gulf and advancing north into Syria. The kingdom of Babylonia came in to being and, governed from mighty Babylon, setting the agenda for what civilization meant.

This fascinating book explores Babylon's reputation as a city with a dual legacy by exploring its rich ancient past and its astonishing mythic legacy.

**Lloyd Llewellyn-Jones** is Professor of Ancient History at Cardiff University. He has spent extensive time in Egypt, the Middle East and Iran and is a specialist in the histories and cultures of Near Eastern and Hellenistic antiquity and champions a global approach to the study of the ancient world and its reception.

Lloyd has appeared on the *BBC*, *Channel 4*, *in The Times* and other media outlets and in many popular podcasts. He has worked closely with the British Museum on major exhibitions. His previous books include *Persians: the Age of the Great Kings, Ancient Persia and the Book of Esther, The Hellenistic Court, Sister-Queens in the High Hellenistic Period, Aphrodite's Tortoise: The Veiled Women of Ancient Greece, and Designs on the Past: How Hollywood Created the Ancient World. He is currently writing a book on the ancient mega-city of Babylon.* 





## The Midnight Guests Alex Hay

# THE MIDNIGHT GUESTS Alex Hay



COVER TO BE REVEALED

Imprint: Headline Review Pub: 04/06/2026 Format: Hardback Price: £20 ISBN: 9781035433896



From the bestselling author of *The Housekeepers* comes a glossy, dark, page-turning mystery to rival The White Lotus - unfolding over twenty-four fateful hours in London's most lavish hotel.

1923. Diana Gold, owner and impresario, throws open the doors to the most opulent new hotel in London. As the champagne flows and the chandeliers shimmer, millionaires and gamblers rub shoulders with film stars and royalty. Everyone who's anyone is here.

Everyone, that is, except two guests due at midnight. Powerful and dangerous, they've dragged Diana from the gutter and taught her all she knows. Her fate rests in their hands. If everything goes right, a whole new life awaits. One mistake will cost her everything.

For this is much more than a hotel - it's the heart of Diana's intricate masterplan. Over twenty-four fateful hours, her guests will learn why they're really here. And Diana will take perfect care of them - unless they take care of her first.

But when a body is found on the terrace, Diana's lavish opening night suddenly spirals out of control. . .

#### Praise for Alex Hay:

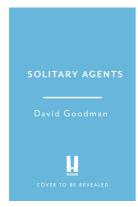
'Sets a cracking pace... with plenty of twists and a great deal of fun, this is the perfect holiday read' Guardian 'Sheer delight from start to finish' Janice Hallett 'Delightfully mischievous' The Times 'Audacious, cunning, quick-witted' Louise Candlish 'Fiendishly clever' Jennie Godfrey



**Alex Hay** grew up in Cambridge and Cardiff and has been writing as long as he can remember. He studied History at the University of York, and wrote his dissertation on female power at royal courts. He has worked in magazine publishing and the charity sector, and is a graduate of the Curtis Brown Write Your Novel course. His debut novel *The Housekeepers* won the Caledonia Novel Award 2022 and was, like his second novel *The Queen of Fives* published to great critical acclaim. Alex lives with his husband in South East London.

X @ AlexHayBooks | O @ alexhaybooks London

## Solitary Agents David Goodman



Imprint: Headline Pub: 04/06/2026 Format: Hardback Price: £20 ISBN: 9781035434145



#### THE FIRST LESSON A SPY MUST LEARN...TRUST NO-ONE.

'Goodman combines traditional elements - the nods to Buchan, Fleming and le Carré - with the topicality of 2020s technology' SUNDAY TIMES

Jamie Tulloch and Sam Li never intended to be spies. Jamie, a former exec at a tech company, found himself caught up in a mission and discovered a taste for the secret world while Sam, a burnt-out corporate lawyer, was unexpectedly talent spotted by MI5. When both are plunged into covert training, they find themselves pitted against each other for their final evaluation - Exercise Red Poacher.

Every year, MI6 trainees must evade capture, infiltrate sensitive sites and report back with the right intel, while their peers at MI5 try to stop them. But things take a sinister turn when they witness the apparent murder of one of their fellow recruits. Is it all part of the exercise? Or is someone trying to weaponise this game of spies into something far more deadly?



**David Goodman** is an award winning author of espionage and speculative fiction. He is the winner of the 2025 McDermid Debut Prize. He lives in East Lothian, Scotland with his family. You can learn more about David and his writing at his website, www.davidgoodman.net.

@davidgoodmanauthor East Lothian, Scotland

## Orange and the Bread Knife

### Cheongye



Imprint: Wildfire Pub: 11/06/2026 Format: Trade Paperback Price: £14.99 ISBN: 9781035434985



The thrilling high-concept Korean bestseller about conforming to society's standards, where one woman decides she has HAD ENOUGH.

Oh Young-a, a warm-hearted schoolteacher, lives to please - smiling through people's demands, moulding her hobbies and even her heart to match what others deem to be "right". But beneath her cheerful facade, the weight of constant self-restraint festers, dragging her into a haze of depression and numbness. Desperate for relief, she turns to the Seohyang Medical Research Centre's cutting-edge four-week emotion regulation treatment, promised to sculpt her into a better version of herself.

What follows is chaos - but also liberation. The treatment unravels her carefully curated control, unleashing a torrent of suppressed desires, biting truths and long buried anger. Young-a curses, speaks her mind and revels in the guilt-ridden thrill of her bad behaviour. When she seeks answers, the Centre offers none, urging her to wait it out. But why return to a life of stifling conformity?

As Young-a embraces her raw, unfiltered self, she begins to dismantle the weight of the exhausting expectations and ideals imposed upon her. Why would you ever go back when freedom feels this good?



**Cheong Ye** is an award-winning author with multiple book-to-film deals. She has won the K-Story Contest, the Cometus Global Content Literary Award and the Korean Science and Literature Prize. Her novels have been translated and published internationally in over 11 languages.

South Korea

## The Queen's Painter Wendy Holden



Imprint: Mountain Leopard Press Pub: 18/06/2026 Format: Hardback Price: £20 ISBN: 9781035419203

#### THE DAZZLING AND CAPTIVATING NEW HISTORICAL NOVEL FROM *THE SUNDAY TIMES* BESTSELLING AUTHOR WENDY HOLDEN.

In *The Queen's Painter* Wendy imagines a close relationship between Hans Holbein - the first royal image-maker and creator of so many iconic paintings - and his dazzling patron Anne Boleyn - the second doomed wife of King Henry VIII.

Both are clever and seeking their big break after a series of false starts. But as Anne's star rises in the Tudor court, she takes Holbein with her - and by the time she falls, his paintbrush is so powerful as to potentially change the course of history.

Why is it then, that his work contains obvious ambiguities and inconsistencies? Unless he was using his insider status and reputation for truth to mislead - and even to exact a murderous revenge for the sake of love. To destroy those who sent Anne to her cruel death on the scaffold . . .

#### PRAISE FOR THE PRINCESS:

'Traces Diana's journey from shy schoolgirl to blushing bride with verve, wit and a dash of foreboding' *Daily Mail* 

'Touching and distinctive' Rachel Hore

'Riveting, revealing, an absolute must-read' Imogen Edwards-Jones

'Perfect for fans of The Crown' Bella

'Diana is depicted as warm, empathetic and mischievous' Mail on Sunday



Number one bestselling author **Wendy Holden** has written ten consecutive Sunday Times Top Ten bestsellers. A former journalist on *the Sunday Times, Tatler* and *the Mail on Sunday*, she contributes to a range of publications and is a TV and radio regular. She was a judge for the Costa 2013 Novel and Book of the Year Awards. Wendy lives with her husband and two children in Derbyshire.

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Derbyshire

### The Bestseller Jenny Epstein



Imprint: Mountain Leopard Press

Pub: 18/06/2026 Format: Paperback Original

Price: £9.99

ISBN: 9781035436316



#### YOU TOLD HER YOUR DARKEST SECRETS. NOW MILLIONS WILL READ THEM . . .

Therapist Helena Averell knows that client confidentiality is the number one unbreakable rule of her job. But the constant stories of coercive control and threat she hears from her client Belle about her dangerous husband have been wearing her down. One night over too many glasses of wine, she tells her best friend Tala everything that Belle has told her.

The problem is, Tala is a down-on-her-luck novelist who is looking for an idea for her new thriller.

Months later, Tala is excitedly telling Helena that her publisher is saying this is going to be her biggest book ever. The story is Belle's story. Not only is Helena's job on the line, but if Belle's husband is as dangerous as she says, her life is too...

Why would Tala do this to Helena? She knows what's at stake.

Your friends are meant to protect you... aren't they?

Jenny Epstein is a hospital doctor based in West London. The Bestseller was shortlisted for the Lucy Cavendish Fiction Prize 2024 and is Epstein's debut novel.

West London

## Witch Season Julia Bianco



Imprint: Headline Pub: 30/06/2026 Format: Hardback Price: £20 ISBN: 9781035424597



**Katherine Barnes** was an unsettled witch - a witch born to non-magical parents and saddled with a power she couldn't explain, let alone control.

Following a tragic accident that sent her running away from home at sixteen, the only reason Katherine survived was Sylvia Page, the leader of Los Angeles' Aestas Coven and a former unsettled witch herself, who scooped Katherine up and taught her how to harness the storm inside. Together, over the past thirteen years, Katherine and Sylvia turned Aestas into a halfway house for unsettled witches, creating the home neither of them got to have.

Enter Silas Khatri, the heir to the most influential coven in the country who has a mandate from his parents to bring the rogue Aestas Coven to heel.

Desperate to muscle Silas out of her territory, Sylvia makes an impulsive decision that gives her untold power - but at the cost of an unsettled teenager's life. Unaware of her mentor's betrayal, Katherine launches an investigation into the young witch's death.

As she unravels secrets that go back further than she ever knew, Katherine finds an unlikely ally in the man she thought she hated and an unexpected enemy in the woman who saved her future. With Silas' real motives and the depths of Sylvia's treachery all coming to light, Katherine has to decide what's more important - the family she's worked so hard to build, or the truth.



**Julia Bianco** has worked on shows and movies for HBO Max, Universal, Miramax, ABC, Hulu, and Amazon. No stranger to the supernatural genre, she co-wrote the final episode of her boss's upcoming supernatural dramedy series, and her writing has been published at MTV News, Funny or Die, Screenrant, Looper, Chapters, and more.

Witch Season is her debut novel.

# A History of Booksellers and the Bookshop Jean-Yves Mollier

A HISTORY OF BOOKSELLERS
AND THE BOOKSHOP

Jean-Yves
Mollier

COVER TO BE REVEALED

Imprint: Mountain Leopard Press

Press

Pub: 04/06/2026

Format: Paperback Original Price: £12.99

ISBN: 9781914495519

Also available

#### A fascinating exploration of the role of the bookseller through the ages.

Across the world and from antiquity to the present day, men and women have enabled authors to disseminate their ideas and knowledge, helping readers to become enriched by their words. Over the centuries, a profession was invented - the bookseller - a role forever renewing to adapt to an ever-changing world.

It is this history of booksellers and bookstores that is traced here. Historian Jean-Yves Mollier guides us through the mysteries of a vital cultural industry that has been at the crossroads between the world of ideas and that of the economy. It is a homage to all booksellers and a book for all book lovers that investigates the twists and turns through time that have led the book into the hands of its reader.



**JEAN-YVES MOLLIER** is an emeritus professor of contemporary history at Paris Saclay/Versailles Saint Quentin University. A specialist of the history of publishing, books and reading, he has written a number of works on this subject.

France

### How to Be a (Happy) Skeptic Massimo Pigliucci

COVER TO BE REVEALED

How to Be a (Happy) Skeptic

Massimo Pigliucci

HEADLINE PRESS

Imprint: Headline Press Pub: 04/06/2026 Format: Hardback Price: £20 ISBN: 9781035424023



Updating ancient philosophy with modern cognitive and social science, a leading philosopher reveals how a sceptical approach is the perfect guide to a good life

The ancient Greeks and Romans devised an approach to life based on the notion that we don't know as much as we think we do, and that adjusting our beliefs to the evidence while keeping in mind that we could be wrong about things is the path to a happy and meaningful life and a just society.

In HOW TO BE A (HAPPY) SKEPTIC, philosopher and scientist Massimo Pigliucci adopts as his guide the ancient Roman public advocate, orator, statesman and philosopher Marcus Tullius Cicero to reveal the benefits of cultivating curiosity and doubt in the pursuit of knowledge throughout our life.

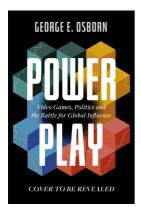
Following Cicero's life and works, Pigliucci explores the foundations for a good life, from how to formulate our values to how to nurture friendships, from how to be a good citizen and fight for social justice to how to handle grief, pain and even death - all the while setting this ancient wisdom in the context of modern knowledge.



Massimo Pigliucci is the K. D. Irani Professor of Philosophy at the City College of New York. He has written for publications such as the New York Times, the Washington Post, the Wall Street Journal, Philosophy Now, and The Philosopher's Magazine, among others. He is the author or editor of 16 books, including How to Be a Stoic: Using Ancient Philosophy to Live a Modern Life.

New York

### Power Play: Video Games, Politics and the Battle for Global Influence George E. Osborn



Imprint: Wildfire Pub: 18/06/2026 Format: Hardback Price: £25 ISBN: 9781035423286



For readers of *Chip War* and *The Future of Geography, Power Play* is an urgent exploration of the way that states, powers and organisations are battling to shape society and the world around us through video games and the communities who play them.

Why is the Crown Prince of Saudi Arabia the chair of a video games business? Why has Russia used video games as a frontier for influencing public opinion on the war in Ukraine? And how did Steve Bannon mobilise online game communities to bring Donald Trump to power... twice?

With almost 3 billion players a year, video games have emerged as a powerful channel of influence capable of reshaping the world around us.

In Power Play, leading industry expert George Osborn charts the rise of video how they connect billions across the globe, and how they - and the communities around them - have already been weaponised to change politics and society.

From China's efforts to clamp down on dissent through online play to the role of toxic game communities in fostering extremism, Power Play shows that this influence is already shaping the world around us.

As democracies continues to underestimate, undervalue and underappreciate games, Power Play reveals how this crucial that the battle is being won by authoritarian states, populists and extremists.

This is the vital guide to understanding this new frontier for political power, and what we can do to protect ourselves from the malign influence that threatens the foundation of society.



**George E. Osborn** is a leading expert on the video game industry with over a decade and a half experience explaining games to the wider world. He has previously worked as Head of Campaigns and Communications at Ukie, the UK video games trade association, where he advised politicians, business leaders and the public on the industry and its political, economic and social impact. George has been featured across the media, including *The Guardian, Sky News, The New York Times, BBC World Service, Politico and Gamesindustry.biz.* He is the creator of the Video Game Industry Memo newsletter, and founder of video game consulting business Half-Space Consulting.

