I wonder which trees or shrubs you would compare to yourself? Have a look in your garden or local park for different trees, bushes and shrubs. You can identify them with a book about trees or try this website for some help:

https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/how-to-identify-trees/

Find as many different types of trees as you can and think of adjectives to describe them. Then look for adjectives that could describe you too, such as strong, delicate, beautiful, tall, graceful. you can collect your ideas here:

Tree name:	Sketch and/or features:	Adjectives:	How it is similar to me:

