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BOOK GROUP

US Rights List

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Little, Brown Book Group

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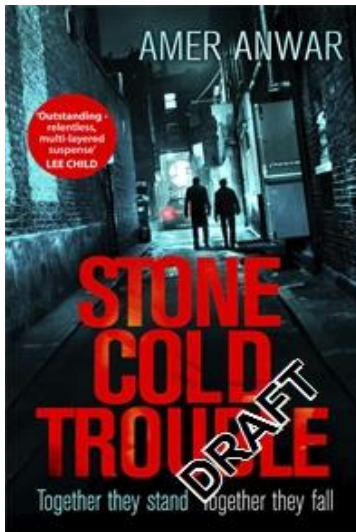
Key

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STONE COLD TROUBLE: Book 2 in the Zaq & Jags Series by Amer Anwar

Contemporary Fiction | Dialogue | 400pp | September 2020

Follow up to the hugely successful London crime debut, **BROTHERS IN BLOOD**



STONE COLD TROUBLE opens a few months after BROTHERS IN BLOOD when Zaq receives a phone call telling him his brother Tariq has been the victim of a brutal assault. Zaq races to the hospital where he discovers that Tariq was set upon by a group of Asian men after leaving a pub in Uxbridge. The police don't have much to go on and furthermore, they don't particularly seem to care, so Zaq takes it upon himself to investigate.

Meanwhile, Jags also needs Zaq's help. His aunt's diamond necklace, which has been in the family for generations, has been used by his uncle as collateral in a card game instead, and never returned. The men who have it refuse to give it back even when offered the cash. They can sense something fishy is going on, otherwise why aren't the police involved? Jags' uncle asks Zaq and Jags to get it back before his aunt notices it's gone and before anyone else discovers its true origin.

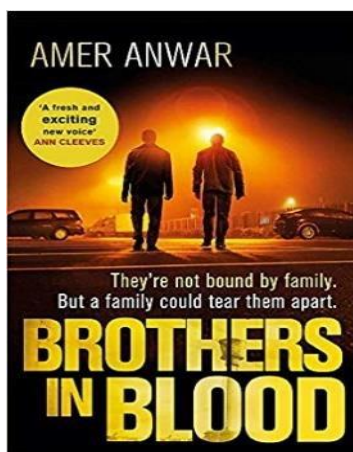
As Zaq and Jags race around Southall attempting to retrieve the necklace and to find out what happened to Tariq, they have no idea how closely the two events will turn out to be connected and how much trouble they're about to find themselves in all over again.

AMER ANWAR grew up in West London. He holds an MA in Creative Writing from Birkbeck, University of London and is a winner of the Crime Writers' Association Debut Dagger Award. BROTHERS IN BLOOD is his debut novel and the first in the Zaq and Jags series.

BROTHERS IN BLOOD: Book 1 in the Zaq & Jags Series by Amer Anwar

Crime & Thriller | Dialogue | 448pp | September 2018

Winner of the CWA Debut Dagger, **BROTHERS IN BLOOD** is a tough new crime thriller set in the heart of West London's Asian community - the start of an unmissable series.



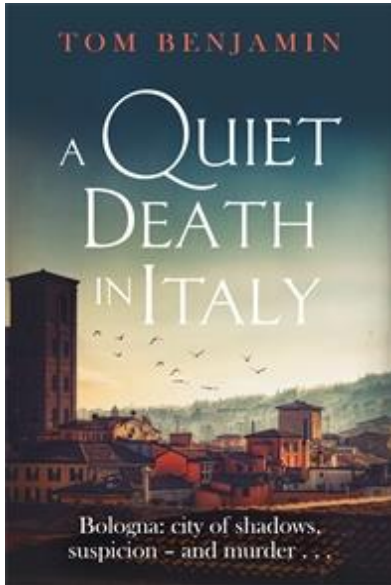
A Sikh girl on the run. A Muslim ex-con who has to find her. A whole heap of trouble. Southall, West London. After being released from prison, Zaq Khan is lucky to land a dead-end job at a builders' yard. All he wants to do is keep his head down and put the past behind him. But when he's forced to search for his boss's runaway daughter it quickly becomes apparent things aren't all to do with family arguments and arranged marriages. He finds himself caught up in a deadly web of deception, murder and revenge, and, with time running out and pressure mounting, can he find the missing girl before it's too late? And if he does, can he keep her - and himself - alive long enough to deal with the people who want them both dead?

Praise for BROTHERS IN BLOOD: *[A] brilliant debut* - Sunday Times Crime Club; *A fine debut novel. Anwar brings a fresh and exciting new voice to the genre* - Ann Cleeves; *An engaging hero, a cunning plot, and a fascinating journey into Southall's underworld. We'll be hearing a lot more from Amer Anwar* - Mick Herron; *An authentic slice of Brit Asian noir* - Vaseem Khan, author of the Baby Ganesh Detective Agency series; *Tense and pacey... Fast and furious* - the Guardian; *Gritty, compelling and authentic* - Daily Express; *Enjoyable... Fast-paced... Recommended* - the Observer; *Sometimes violent, always excellent* - Daily Sport

A QUIET DEATH IN ITALY by Tom Benjamin

Crime | Constable | 352pp | November 2019

For fans of Philip Gwynne Jones, Michael Dibdin and Donna Leon, a sophisticated, intelligent crime series set in Bologna



This is the first in a contemporary detective series which presents modern Italy through the eyes of a British detective in Bologna, Daniel Leicester.

The novel was inspired by *Naples '44*, Norman Lewis's memoir of his time as an intelligence officer, in which Lewis is an 'outsider on the inside', as is Daniel Leicester. It is crime fiction with a travel writing twist. And Bologna is the other star of the book – the author lives there and describes the streets and arcades and palazzos and canals with real passion and authority.

A QUIET DEATH IN ITALY introduces us to Daniel's life in Italy, his family and characters such as his friend Luca, irreverent sidekick Dolores, forensics expert Massima, and police bigwig Ispettore Alessandro. It also introduces us to a theme that will run through early novels in the series – the conflict between old and new, and how contemporary Italy is adapting to change. When the bloated body of a leading anarchist is discovered floating in one of Bologna's hidden canals following a police raid, it seems that most of the city is pointing the finger in the direction of the Questura. But when Daniel Leicester receives a call from the dead man's lover, the English detective

follows a trail that begins in the 1970s and leads all the way to the rotten heart of the present-day Bolognese establishment.

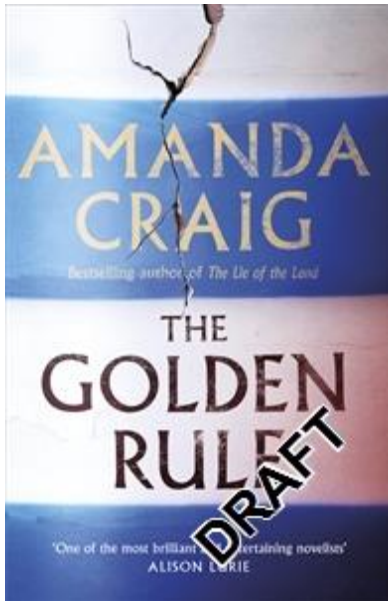
Book Two (untitled, November 2020) will explore the inflammatory immigration problem in a nation where racism is rife.

TOM BENJAMIN is a former national newspaper and magazine journalist. He went on to spend a couple of years as a spokesperson for Scotland Yard (where he was closely involved in police work and derived some of his inspiration) before moving into international aid and latterly public health. He now works in Bologna, where he has lived for the last ten years.

THE GOLDEN RULE by Amanda Craig

Contemporary Fiction | Little, Brown | 400pp | June 2020

Amanda Craig's new novel turns on two women who meet by chance and discover that they are both victims of abusive husbands. Together, they plot their revenge.

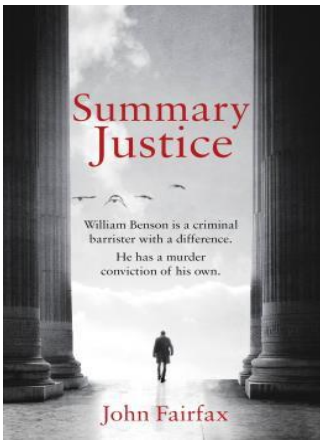


When Hannah is invited into the First-Class carriage of the London to Penzance train by Jinni, she walks into a spider's web. Now a poor young single mother, Hannah once escaped Cornwall to go to uni-versity. But then she married Jake and had his child, and her dreams were crushed into bitter disillusion. Her husband has left her for Eve, rich and childless, and Hannah has been surviving by becoming a cleaner in London. Jinni is equally angry and bitter, and in the course of their journey the two women agree to murder each other's husbands. After all, they are strangers on a train - who could possibly connect them? But when Hannah goes to Jinni's husband's home the next night, she finds Stan, a huge, hairy, ugly drunk who has his own problems - not least the care of a half-ruined house and garden. He claims Jinni is a very different person to the one who has persuaded Hannah to commit a terrible crime. Who is telling the truth - and who is the real victim?

Praise for Amanda Craig's *THE LIE OF THE LAND*: *Witty, vicious, dark and unsettling, it's a book that has finally propelled Craig to her rightful place at the top table of contemporary novelists* - Alex Preston, the *Observer*; *Craig's new novel delivers wit, mysteries and a dark commentary* - the *Daily Mail*; *Craig is one of the most brilliant and entertaining novelists now working in Britain* - Alison Lurie; *Gripping, compassionate and often funny* - the *Sunday Times*; *Like those great, state-of-the-nation chroniclers Balzac and Dickens, she perceives how all levels of society are unwittingly interconnected [...]* *If Evelyn Waugh had a social conscience and liked children, he could have been Craig* - Allison Pearson, the *Sunday Telegraph*; *Enjoyable, sharp-witted and at times knowingly melodramatic* - the *Financial Times*; *Whetstone-sharp . . . ingenious* - the *Spectator*; *A clever, pacy and well-observed novel* - the *Sunday Express*; *A marvellously readable novel, written with great humour and spark, but also social heart* - Caroline Sanderson, the *Bookseller*; *An elegantly written expose of all the things the elite would rather not consider about poverty [...], with a nailbiting mystery thrown in* - Justine Jordan, the *Guardian*;

AMANDA CRAIG was born in South Africa in 1959 and grew up in Italy. She was educated at Cambridge. After a brief time in advertising, she became a journalist for newspapers such as the *Sunday Times*, the *Observer*, the *Daily Telegraph* and the *Independent*, winning both the Young Journalist of the Year and the Catherine Pakenham Award. She reviews children's books for the *New Statesman*, and literary fiction for the *Observer*. *HEARTS AND MINDS* was long-listed for the 2010 Bailey's Prize for Women's Fiction.

Three Benson and De Vere novels by John Fairfax



There's nothing in English law to prevent a convicted murderer working as a barrister. In order to be released from prison, however, William Benson must admit to his crime. The reader is uncertain whether he is lying about his guilt now, or was lying when he claimed to be innocent at his trial.

There are two mysteries, therefore, in these novels: first, whether Benson is guilty or innocent; secondly, Benson's first cases as a barrister in seemingly hopeless cases.

The last time Tess de Vere saw William Benson she was a law intern. He was a twenty-one year old, led from the dock of the Old Bailey to begin a life sentence for murder. He'd said he was innocent. She'd believed him. Sixteen years later

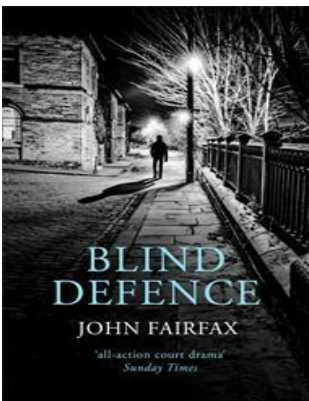
Tess overhears a couple of hacks mocking a newcomer to the London Bar, a no-hoper with a murder conviction, running his own show from an old fishmonger's in Spitalfields. The no-hoper is William Benson. He studied law in prison, and is now attempting to set up his own practice. Clearly, no defendants in their right minds are going to use his services. Are they?

JOHN FAIRFAX is a pseudonym for William Brodrick who was born in Bolton, Lancashire in 1960. He studied philosophy, theology and law, worked with homeless people in London, and then became a barrister, joining a set of chambers in Newcastle-upon-Tyne.

He is the author of six Father Anselm novels, with which he won the CWA Gold Dagger 2009, the Granice Crime Fiction Award 2012, and was selected for the Richard and Judy Book Club. He is married with three children and lives in France.

SUMMARY JUSTICE: Book 1 of BENSON & DE VERE by John Fairfax

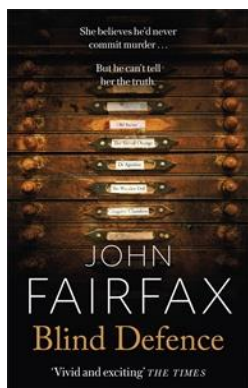
Contemporary Fiction | Little, Brown | 304pp | March 2017



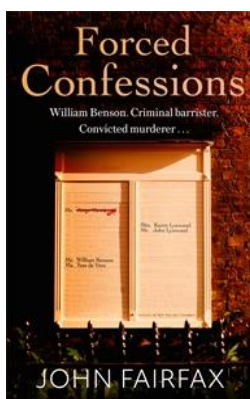
Praise for SUMMARY JUSTICE: *Intriguing... Packed with accurate legal detail, the story never loses its grip* – the Daily Mail; *An engaging legal thriller* – the Irish Independent; *Intricate thriller with nerve-shredding courtroom drama* – the Sunday Mirror; *What follows works superbly as a classic courtroom drama in which nothing is as it seems* – Reader's Digest; *This unusual courtroom drama is quick-witted and vividly imagined* – the the Literary Review; *An all-action court drama* – the Sunday Times; *Benson is a compelling character. The court scenes are irresistible, with as many twists and turns as you could want* – the Irish Times; *Intriguing . . . packed with accurate legal detail, the story never loses its grip - it is no surprise it's been optioned for TV* – Geoffrey Wansall, the Daily Mail

BLIND DEFENCE: Book 2 by John Fairfax

Contemporary Fiction | Little, Brown | 304pp | April 2018



Vivid and exciting – Marcel Berlins in the *Times*; *Compelling* – *the Times*; [An] *excellent legal thriller* – *Literary Review*; *Assured storytelling and highly intriguing moral complexity* – Chris Brookmyre; *The courtroom scenes are brilliant... Benson [is] stubborn, fitful and contradictory, he's a highly individualised creation* – *Spectator*; *A good mystery, meaty courtroom drama, the ongoing puzzle of Benson's own history and some knowledgeable assaults on the Tories' policy of justice on the cheap add up to a great read* – *Morning Star*; *I hope John Fairfax is planning a long series involving Benson. [An] excellent legal thriller* – *Literary Review*



FORCED CONFESSIONS: Book 3 by John Fairfax

Contemporary Fiction | Little, Brown | 304pp | March 2020

The third book in the William Benson series and an outstanding read which works as a standalone as well as for fans of the first two books.

A DEATH ON THE TRANS-SIBERIAN EXPRESS by C J Farrington

Crime & Mystery | Constable | 416pp | March 2021

A cosy (really?) mystery set in Siberia. Volume 1 of the Olga Pushkin series

Olga Pushkin spends her days in a railway worker's hut alongside the tracks of the Trans-Siberian Railway in the small Siberian village of Roslazny, carrying out her duties for the railway company and dreaming of the day when she will have saved enough money to enrol on the literature course at Tomsk State University. The rest of the time, Olga has to look after her supposedly invalid father Mikail and run errands for her ungrateful Aunt Zia, while also keeping an eye out for her friend Anna Kabalevsky and her bullying husband Bogdan, and worrying about her brother Pasha, posted to the Crimea with the army. But when one morning Olga is knocked unconscious by the body of an American thrown from the Trans-Siberian Express, and the police sergeant – who has only just arrived in the village and is currently living in one of the police cells along with his pet ferret – begins the investigation, Olga insists on helping. However, they soon discover that the case isn't as simple as it may have first seemed . . .

CONOR FARRINGTON is a writer and academic at the University of Cambridge and Hughes Hall, Cambridge, where his research focuses on the intersections of technology, science and politics. In addition to a collection of short stories (*A Countryman's Creel*, *Merlin Unwin*) and an academic book (*Quantified Lives and Vital Data*, Palgrave Macmillan), he has published features, essays and reviews in publications including *The Guardian*, *The Wall Street Journal*, *The Political Quarterly*, *Science*, and *The Lancet*. He has also written on classical music for publications including *The Times Literary Supplement* and *Pianist* magazine and writes CD booklets for Chandos Records and King's College Cambridge.

THE CAT AND THE CORPSE IN THE OLD BARN by Kate High

Crime fiction | Constable | 320pp | May 2020

Set in the beautiful Lincolnshire Wolds, this is one for fans of murder mysteries - and animal lovers!

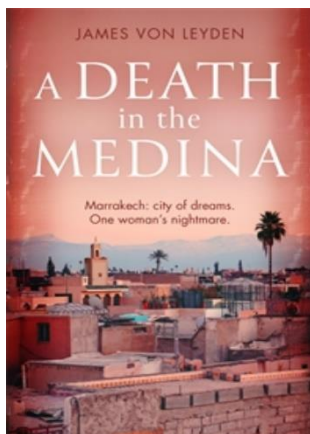
THE CAT AND THE CORPSE IN THE OLD BARN is the first in a projected series featuring Clarice Beech, a woman with two conflicting passions: animal rescue and her former husband, DI Rick Beech. She is devoted to the first, but she and Rick have been separated for the past six months. However, a gruesome accident in a derelict barn in pursuit of Walter, a wandering three-legged tom, brings Rick to her hospital bedside, and Clarice into investigating the unpleasant death of Rose Jeffrey, late of the old Vicarage. As fascinated by human behaviour as she is by that of animals, Clarice is a formidable new sleuth whose acute powers of observation, razor-sharp mind and menagerie of companionable - and not so companionable - animals will be relished by fans of Robert Galbraith and Alexander McCall Smith.

KATE HIGH is a graduate of the Faber Academy, as well as a contemporary artist, working in metals. She has exhibited internationally: her work has been shown at the V&A, the Design Council, and also selling through outlets such as Liberty's and Chelsea Crafts Fair. She is a former voluntary branch administrator for the RSPCA. She co-founded a charity that aims to support older animals, Lincs-Ark. High lives near Boston, Lincolnshire.

RED CITY by James von Leyden

Crime & Thriller | Constable | 320pp | August 2019

Death stalks the medina of Marrakech . . .



Marrakech, August: it is the start of Ramadan, and it's one of the hottest in memory. Among the few foreigners left in the sweltering city are a riad owner, her French boyfriend and an English girl whose bag has been stolen. At the local commissariat, young detective Karim Belkacem is struggling to fast while holding down two jobs to pay for his sister's wedding. On the day that the English girl comes to him for help, a Moroccan girl is found dead, her body dumped in a handcart. Investigating, Karim uncovers a world of shadowy predators and ancient secrets hidden behind the high walls of the medina.

JAMES VON LEYDEN studied at Oxford University. He worked for thirty years as an advertising copywriter. He first visited Morocco in 1985, leading to a life-long and devoted interest with the country. He is married with two children and divides his time between East Sussex and Oualidia, Morocco.

LAST BOAT FROM TANGIER by James von Leyden

Crime & Thriller | Constable | 320 pp | August 2020

The second in the Karim Belkacem mysteries set in North Africa

Tangier, 2013. The new port of Tangier-Med has become the point of entry for a lucrative trade in fake pharmaceuticals from China. Meanwhile, Tangier has filled with thousands of sub-Saharan migrants, desperate to get to Europe by any means possible. When detective Karim Belkacem arrives in search of a missing colleague he finds the city a hotbed of traffickers and informants. With no one to turn to, least of all the local police, he calls on his beloved adopted sister Ayesha. And the truth, when it is revealed to them, is more disturbing than they imagined.

THE ALICE IN WONDERLAND MURDERS by Guillermo Martínez

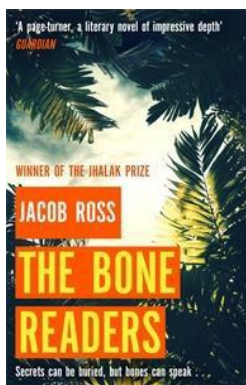
Crime & Mystery | Little, Brown | 256pp | August 2020

This award-winning novel (Premio Nadal 2019) takes place in Oxford in 1994, within the Lewis Carroll Brotherhood. A series of murders, whose nature seems to be linked to the literary universe of Alice in Wonderland, have been triggered. To unravel what is happening, the renowned Logic Professor Arthur Seldom, also a member of the Lewis Carroll Brotherhood, and a young Math student join forces in an investigation that combines intrigue with the bookish world. A fascinating work, both classic and strictly contemporary, that in the tradition of Borges and Umberto Eco brings this detective story to the literary field.

GUILLERMO MARTINEZ was born in Bahía Blanca, Argentina, in 1962. He is a Doctor of Mathematical Science and a writer. His novel THE OXFORD MURDERS was awarded the prestigious Planeta prize and has been made into a film starring Elijah Wood.

THE BONE READERS by Jacob Ross

Crime & Mystery | Sphere | 288pp | August 2018



WINNER of the 2016 Jhalak Prize for best book by a BAME writer in the UK

When Michael (Digger) Digson is recruited into DS Chilman's new plain clothes squad in the small Caribbean island of Camaho he brings his own mission to discover who amongst a renegade police squad killed his mother in a political demonstration. Sent to London to train in forensics, Digger becomes enmeshed in Chilman's obsession with a cold case - the disappearance of a young man whose mother, he is sure, has been murdered. But along with his new skill in forensics, Digger makes rich use of the cultural knowledge he has gained from the Fire Baptist grandmother who brought him up, another kind of reader of bones. And when the enigmatic Miss Stanislaus joins him on the case, Digger finds that his science is more than outmatched by her observational skills. Together, they find themselves dragged into a world of secrets, disappearances and danger that demands every ounce of their brains, persistence and courage to survive.

THE BONE READERS is a page-turner, but its insights and language are equally testament to a literary novel of impressive depth and acuity – the Guardian; Masterly – Crime Time

BLACK RAIN FALLING by Jacob Ross

Crime & Mystery | Sphere | 288pp | March 2020

The stunning second novel by Jhalak Prize-winning novelist Jacob Ross delves deeply into issues of family, class, friendship and loyalty, asking just how far a person should go to protect those they love.



On the Caribbean island of Camaho, 'Digger' Digson is in deep trouble. Miss Stanislaus, his friend and fellow CID detective, kills a man who assaulted her as a child. As the only witness, Digger knows it was self-defence, but their superiors believe it was murder, and he's given just six weeks to prove otherwise. Six weeks in which Digger catches a shocking roadside murderer and the Justice Minister attempts to break up the unit, and with it both the pair and their unconventional boss, DS Chilman.

JACOB ROSS was born in Grenada and now lives in Britain. He is a fellow of the Royal Society of Literature. His first collection of short stories, *Song for Simone*, was described as [One of the most powerful crystallisations of Caribbean childhoods since George Lamming's *In the Castle of my Skin*](#). Of Ross's second collection, *A Way to Catch the Dust and Other Stories*, Bernardine Evaristo wrote in *Wasafiri*, *These stories are refined, timeless and startlingly beautiful and if Walcott is the poet laureate of the Caribbean Sea then with this collection, Ross becomes a major contender as its chief prose stylist.... Ross, following in the tradition of Hemingway and*

Morrison, displays all the brilliance of a great storyteller in action. *Tell No-One About This* was nominated by the 2018 Bocas Literary Festival as one of the three best works of Caribbean fiction published in 2017. His first novel, *Pynter Bender*, was shortlisted for the Commonwealth Writers Regional Prize, and his debut crime novel, *THE BONE READERS*, won the inaugural Jhalak Prize.

Praise for BLACK RAIN FALLING: *Jacob Ross is a truly amazing writer. Black Rain Falling is an outstanding novel, it gripped me from the first page to the last* - Bernadine Evaristo

ONE NIGHT, NEW YORK by Lara Thompson

Historical crime | Virago | 320 pp | November 2020

A delicious detective story set in 1930s New York, and the winner of the inaugural Virago / The Pool New Crime Writer Award

One winter night in 1932, at the top of the Empire State Building, Frances and Agnes, possibly lovers, and certainly conspirators, are waiting for man who has done something terrible to both of them. They plan to seek the ultimate revenge.

Set over the course of a single night, with flashbacks to the weeks leading up to the putative murder, *ONE NIGHT, NEW YORK* is a detective story, a romance and a coming-of-age tale. It is also a story of old New York, of bohemian Greenwich Village between the wars, of floozies and artists and addicts, of a city that sucked in creative and immigrants alike, lighting up the world, while all around America collapsed amidst the rubble of the Great Depression.

LARA THOMPSON teaches film at Middlesex University, and is the author of *Film Light: Meaning and Emotion*. She lives in London. *ONE NIGHT, NEW YORK* is her first novel.

MAKING WOLF by Tade Thompson

Crime | Constable | 272 pp | May 2020

The outrageous, frightening, violent and sometimes surreal homecoming experience of a lifetime

Meet Weston Kogi, a London supermarket store detective. He returns home to his West African home country for his aunt's funeral. He sees his family, his ex-girlfriend Nana, his old school mate Church. Food is good, beer is plentiful, and telling people he works as a homicide detective seems like harmless hyperbole, until he wakes up in hell.

He is kidnapped and forced by two separate rebel factions to investigate the murder of a local hero, Papa Busi. The solution may tip a country on the brink into civil war.

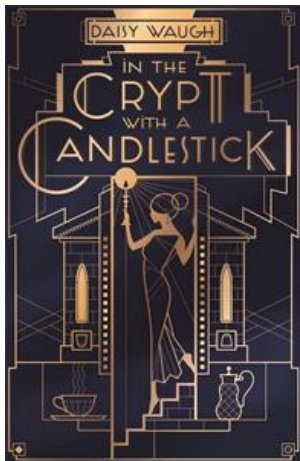
TADE THOMPSON is the author of ROSEWATER, a John W. Campbell Award finalist and winner of the 2017 Nommo Award for Best Novel. His novella *The Murders of Molly Southbourne* has recently been optioned for screen adaptation. He also writes short stories, notably *The Apologists*, which was nominated for a British Science Fiction Association Award. He was born in London to Yoruba parents, and lives and works on the south coast of England.

Praise for Tade Thompson: *A magnificent tour de force* - Adrian Tchaikovsky; *Smart. Gripping. Fabulous* - Ann Leckie; *Mesmerising* - M. R. Carey

IN THE CRYPT WITH A CANDLESTICK by Daisy Waugh

Contemporary Fiction | Piatkus | 304pp | February 2020

A country house murder mystery trilogy: PG Wodehouse meets Agatha Christie



Sir Ecgbert Tode of Tode Hall has survived to a grand old age – much to the despair of his younger wife, Emma. But at ninety-three years old he has, at last, shuffled off the mortal coil.

Emma, Lady Tode, thoroughly fed up with being a dutiful Lady of the Manor, wants to leave the country to spend her remaining years in Capri. Unfortunately her three tiresome children are either unwilling or unable (too mad, too lefty or too happy in Australia) to take on management of their large and important home, so the mantle passes to a distant relative and his glamorous wife.

Not long after the new owners take over, Lady Tode is found dead in the mausoleum. Accident? Or is there more going on behind the scenes of Tode Hall than an outsider would ever guess?

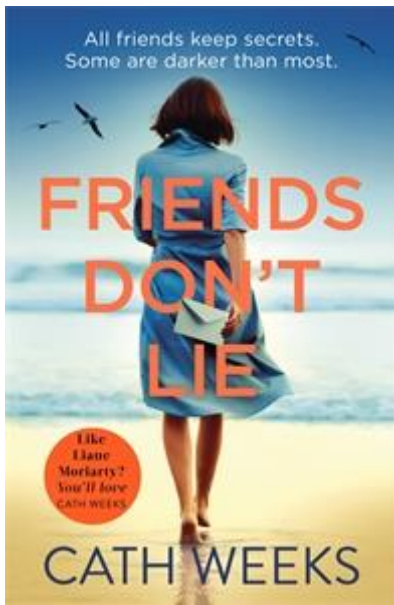
In the traditions of two great but very different British writers, Agatha Christie and P.G. Wodehouse, Waugh's hilarious and entirely original twist on the country house murder mystery comes complete with stiff upper lips, even stiffer drinks, and any stiffs that might embarrass the family getting smartly brushed under the carpet.

DAISY WAUGH has written several historical novels, several contemporary, comic novels, a couple of non-fiction books, and many newspaper articles and columns. She lives with her family in South West London.

FRIENDS DON'T LIE by Cath Weeks

Contemporary Fiction | Piatkus | 336pp | October 2019

How far will the ties that bind us stretch, before they finally break?



Everyone knows Melissa Silk and her two best friends in their small Dorset town. A walking poster for friendship and community, people might hate them if they weren't so infectiously likeable. When tragedy strikes and one of the three women, Jenny, is found dead, Melissa can't move on. Although her friends and family urge her to let it go before her obsession and paranoia pulls them all apart, she just can't - she knows, in her heart, that something isn't right... and she owes it to Jenny to find out what it is. But what if learning the truth means losing everything she cherishes?

Riveting, thought-provoking, and impeccably written, Friends Don't Lie is an all-too-convincing reminder that even the most deeply-rooted relationships aren't always as trustworthy as they seem - Carol Mason

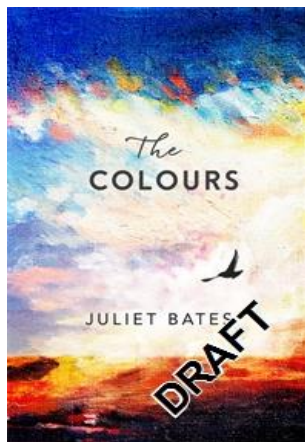
CATH WEEKS' debut novel, *BLIND*, was published in 2017 and was followed by *MOTHERS* and *THE WIFE'S SHADOW*. She was named as an Author to Watch by *Elle* magazine.

All other fiction

THE COLOURS by Juliet Bates

Historical fiction | Fleet | 384 pp | April 2020

An atmospheric, intense novel of the bond between mother and son, set against the backdrop of the world wars



Ellen sees the world differently from everyone else, but living as she does in a tiny town in the north-east of England, in a world on the brink of war, no one has time for an orphaned girl who seems a little odd. When she is taken in to the local country house all seems to be going better, despite the musty curtains and an aging spinster completely out of touch with the world. But pregnancy out of wedlock spoils all this, and Ellen is unable to cope. How will Jack, her son, survive - alone in the world as his mother was? Can they eventually find their way back to each other?

THE COLOURS is a sweeping novel of how we can lose ourselves, and our loved ones. It's for fans of Kate Atkinson and Virginia Baily.

JULIET BATES studied art and art history in Bristol, Birmingham and Strasbourg, and has since lectured at graduate and post graduate levels. She moved to France in 2000 to a post as professeur at the Ecole régionale des beaux-arts Caen la mer. She has published a number of short stories in British and Canadian literary journals.

THE LIGHT WITHIN US: Book 1 in a new family drama series by Charlotte Betts

Family saga | Piatkus | 400pp | March 2020

From the multi-award-winning author of THE APOTHECARY'S DAUGHTER, THE LIGHT WITHIN US is the beginning of a beautifully evocative, multi-generational family drama set in the 1890s and perfect for fans of Elizabeth Jane Howard, Santa Montefiore and Lucinda Riley. The trilogy follows talented painter Edith Fairchild, passionate in love and determined in her pursuit of artistic excellence, as she matures from an idealistic bride to the matriarch of the community.

1890s: in the golden afternoon of the turn of the nineteenth century, a community of artists is established on the Cornish coast.

Four friends have graduated from the Slade School of Art, three talented women: Edith, idealistic, naïve, in love, constrained by overbearing, conventional parents; Dora, working-class, loving and loyal; Clarissa, damaged and reckless, in fear of her domineering father; and one man, Benedict, selfish, spoilt, and much less talented than he likes to think.

Benedict inherits Spindrift House, a sprawling dilapidated house on the Cornish clifftops, and takes his new bride, Edith, there. With Dora and Clarissa, the four plan to create an artists' community, and to live away from the restraints of reserved, polite London. The Cornish neighbourhood is scandalised by their Bohemian lifestyle, particularly when Clarissa has an illegitimate baby. The Spindrift community is aghast when Benedict's infidelities are revealed. He abandons Edith to live with his mistress in London, and cruelly compromises her artistic integrity. Can Edith keep her children? Can she keep the Spindrift community together without Benedict?

Praise for Charlotte Betts: *Romantic, engaging and hugely satisfying* - Katie Fforde; *A highly recommended novel of love, tragedy and the power of art* - Daily Mail; *I was captivated by this moving, heart-warming and beautifully woven story* - gripping, atmospheric, eloquently told and full of rich detail - Kate Furnivall

CHARLOTTE BETTS began her working life as a fashion designer in London. A career followed in interior design, property management and lettings. Always a bookworm, Betts discovered her passion for writing after her three children and two step-children had grown up. She has won many awards, including the YouWriteOn Book of the Year in 2010, the Romantic Novelists' Association Joan Hessayon Award for New Writers in 2011, the RoNA's Historical Category award for 2013 and the Festival of Romance's Best Historical Read Award in 2013. THE LIGHT WITHIN US is her eighth novel and the first in a new trilogy.

THE GIRL WHO...by Andreina Cordani

Young Adult | Atom | 256pp | September 2020

'People can't bring themselves to say what happened to her. They just describe her as "the girl who... you know...'

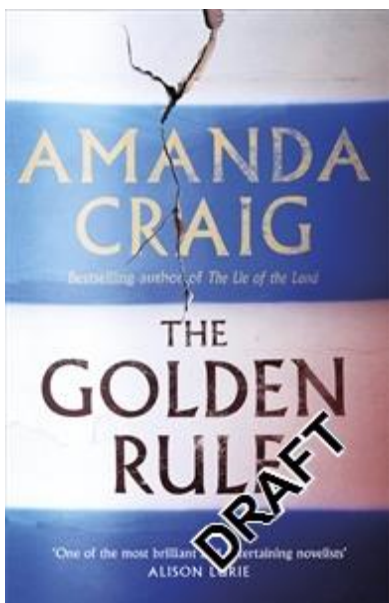
They've only just been forced to move in together, but Ellie is already fed up with having to tiptoe around her 17-year-old stepsister, Leah. Yes, Leah did witness her mother and sister be stabbed to death when she was just a child, but seriously, she's not a doll. In fact, Ellie is pretty sure that the Leah behind the perfect facade is anything but sweet and fragile. Leah has no time for Ellie's dramatics, or her gimmicks for trying to become an online influencer. Leah has enough on her plate: painful memories, the pressure of being the perfect poster child of the charity set up in memory of her mother and sister, and a secret she can't let anyone know. . . And then, Crow, the man imprisoned for the attack – and the only one who knows her secret – is let out of prison.

ANDREINA CORDANI is a journalist who has worked as books and features editor at Cosmopolitan and Good Housekeeping.

THE GOLDEN RULE by Amanda Craig

Contemporary Fiction | Little, Brown | 352pp | June 2020

Amanda Craig's new novel turns on two women who meet by chance and discover that they are both victims of abusive husbands. Together, they plot their revenge.



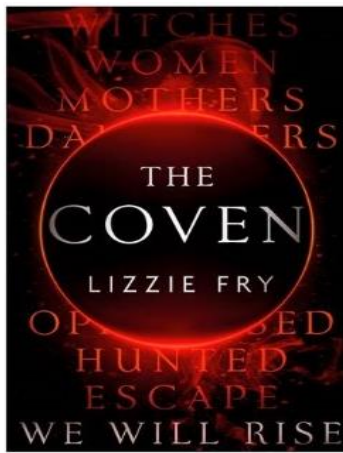
When Hannah is invited into the First Class carriage of the London to Penzance train by Jinni, she walks into a spider's web. Now a poor young single mother, Hannah once escaped Cornwall to go to uni-versity. But then she married Jake and had his child, and her dreams were crushed into bitter disillusion. Her husband has left her for Eve, rich and childless, and Hannah has been surviving by becoming a cleaner in London. Jinni is equally angry and bitter, and in the course of their journey the two women agree to murder each other's husbands. After all, they are strangers on a train - who could possibly connect them? But when Hannah goes to Jinni's husband's home the next night, she finds Stan, a huge, hairy, ugly drunk who has his own problems - not least the care of a half-ruined house and garden. He claims Jinni is a very different person to the one who has persuaded Hannah to commit a terrible crime. Who is telling the truth - and who is the real victim?

Praise for Amanda Craig's *THE LIE OF THE LAND*: *Witty, vicious, dark and unsettling, it's a book that has finally propelled Craig to her rightful place at the top table of contemporary novelists* - Alex Preston, the *Observer*; *Craig's new novel delivers wit, mysteries and a dark commentary* - the *Daily Mail*; *Craig is one of the most brilliant and entertaining novelists now working in Britain* - Alison Lurie; *Gripping, compassionate and often funny* - the *Sunday Times*; *Like those great, state-of-the-nation chroniclers Balzac and Dickens, she perceives how all levels of society are unwittingly interconnected [...]. If Evelyn Waugh had a social conscience and liked children, he could have been Craig* - Allison Pearson, the *Sunday Telegraph*; *Enjoyable, sharp-witted and at times knowingly melodramatic* - the *Financial Times*; *Whetstone-sharp . . . ingenious* - the *Spectator*; *Clever, pacy and well-observed* - the *Sunday Express*; *A marvellously readable novel, written with great humour and spark, but also social heart* - Caroline Sanderson, the *Bookseller*; *An elegantly written expose of all the things the elite would rather not consider about poverty [...], with a nailbiting mystery thrown in* - Justine Jordan, the *Guardian*;

AMANDA CRAIG was born in South Africa in 1959 and grew up in Italy. She was educated at Cambridge. After a brief time in advertising, she became a journalist for newspapers such as the *Sunday Times*, the *Observer*, the *Daily Telegraph* and the *Independent*, winning both the Young Journalist of the Year and the Catherine Pakenham Award. She reviews children's books for the *New Statesman*, and literary fiction for the *Observer*. *HEARTS AND MINDS* was long-listed for the 2010 Bailey's Prize for Women's Fiction.

THE COVEN by Lizzie Fry

Contemporary Fiction | Sphere | 3384pp | February 2021



Let me repeat myself, so we can be very clear. Women are not the enemy. Whilst they may use their gifts against one another and against us men and - dare I say it! - even our beloved, innocent children, we must rise above their ambitions for power and desire for petty revenge. Now, we must work to correct the balance their female excesses have put out of whack. We must protect them from themselves, just as much as we must protect ourselves. In the words of our Lord, Jesus Christ: forgive them, for they know not what they do.

Imagine a world in which witchcraft is real. In which mothers' hand down power to their daughters, power that is used harmlessly and peacefully. Then imagine that the US President is a populist demagogue who decides that all witches must be interned for their own safety, and the safety of those around them - creating a world in which to be female is one step away from being criminal... As witches across the world are rounded up, one girl begins to discover her power. It's a dangerous force and it brings her into contact with the Sentinel, a shadowy global organisation dedicated to the destruction of all witchcraft. Will Chloe and her helpers survive a breathless chase across Europe and the USA to find and save the source of all women's power before the Sentinel can destroy it?

LIZZIE FRY is the pseudonym of an internationally acclaimed author and script editor. As well as working with numerous film production companies, she is a core member of the London Screenwriters' Festival board.

DARKE MATTERS: A NOVEL by Rick Gekoski

Contemporary Fiction | Constable | 304pp | May 2020

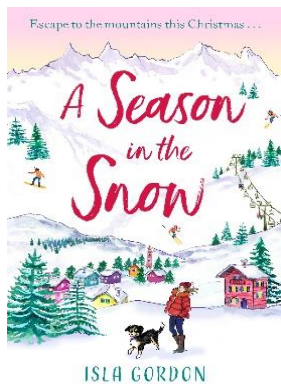
An arresting, masterful novel that asks us to confront one of the most difficult moral dilemmas of our ages.

James Darke helped his beloved wife, Suzanne, die. And now he is holed up in his house waiting for his daughter, Lucy, son-in-law, Sam, and beloved grandson, Rudy, to arrive for Christmas. But what James does not realise is that Sam is still troubled by the part James played in Suzanne's recent death. Thus, the events that will come to tear apart the family - and force James to confront one of the most difficult moral dilemmas of our age - are set in motion.

RICK GEKOSKI came from his native America to do a PhD at Oxford, and went on to teach English at the University of Warwick. In 1982, sick of lecturing, he decided to become a full-time rare book dealer, specialising in important twentieth-century first editions and manuscripts. He lives in London and spends time each year in Paris and New Zealand.

A SEASON IN THE SNOW by Isla Gordon

Contemporary Fiction | Sphere | 400pp | October 2020



Escape to the mountains this Christmas...

Alice Bright loves her life. She has a job she adores, a devoted family, and friends she'd lay down her life for. So when tragedy strikes, bringing with it Bear - a rapidly-growing puppy in need of a home - it turns Alice's whole world upside down. She retreats inside her flat, and inside herself, with only her new companion for company.

But one-bedroom London flats aren't made for mountain dogs, and so Alice lets Bear push her out of her comfort zone to his homeland: the mountains of Switzerland. Could a change of scene in snowy serenity be just the thing to help Alice fall in love with life again? A SEASON IN THE SNOW is the perfect read this

Christmas, promising snowy mountains, Christmas markets and heart-warming seasonal romance. Perfect for fans of Sarah Morgan and Heidi Swain.

ISLA GORDON has written five novels under the name Lisa Dickenson.

THE QUARRY by Ben Halls

Fiction / short stories | Dialogue | 192 pp | February 2020

A unique debut set on a West London council estate: a collection of interconnected stories about regular men grappling with masculinity



THE QUARRY is a collection of interconnected short stories set in the fictional, working class, West London based Quarry Lane estate. The characters and settings reappear as themes of ambition, addiction and social mobility are examined in this state-of-the-nation book. The stories focus on a diverse collection of working class men and considers the concept of masculinity in a world where gender and gender roles are being revolutionised. These stories follow everyday men: the guy stocking the shelves at a local supermarket, the doorman keeping order at the local pub on a Friday night. *The Quarry* examines how ideas of masculinity affect them, for better or for worse.

THE QUARRY received a distinction from Kingston University's MFA Creative Writing Programme, and was overseen by Hanif Kureishi. It explores themes such as addiction, societal pressure and social mobility, and looks at the complex inner lives of working class men.

BEN HALLS is a London based writer and journalist who likes to tell simple stories which have a greater meaning behind them. He started writing after nerve damage stopped him from having music as his main creative outlet. In 2014 he completed his Bachelor of Fine Arts in Writing, Literature and Publishing at Emerson College in Boston, MA, and his Master of Fine Arts at Kingston University in 2016. He has long been a features contributor to VICE Sports in both the UK and the USA.

THE UNSTABLE BOYS by Nick Kent

Contemporary Fiction | Constable | 288pp | June 2020

The first novel from legendary rock critic Nick Kent

The Boys are on the run. The gloves are off.

In 1968 The Unstable Boys was the name on every music-biz-insider's lips. But the group weathered its share of tragedy and controversy, leading to its break up before hitting it big.

Over forty years later a leading computer firm runs a series of ads featuring one of their songs and against all odds the band go to the top of the charts. Their former manager dismisses talk of a reunion but millionaire crime novelist Michael Martindale, an Unstable Boys fanatic as a teenager, is determined to reunite the band.

The moment Martindale invites The Boys into his house, he falls victim to an attraction that utterly overwhelms him. Unknown to Martindale though The Boys' always precarious fortunes have plummeted to an all-time low.

A Russian mob has managed to coerce them into signing away all future publishing and performance royalties.

The Boys are on the run. The gloves are off.

NICK KENT is a legendary rock critic and author of the memoir *Apathy for the Devil* (Faber) and *The Dark Stuff* (Faber) which the Spectator called '*a mighty tome, containing some of the best music journalism ever written*'. He was also an apprentice to Lester Bangs, boyfriend of Chrissie Hynde, confidant of Iggy Pop, trusted scribe for Led Zeppelin and the Rolling Stones, and early member of the Sex Pistols. THE UNSTABLE BOYS is his first novel.

THE ITALIAN ESCAPE by Catherine Mangan

Contemporary romance | Sphere | 384pp | June 2020

Sparkling sea and sun, delicious food and Aperol Spritz... dive into THE ITALIAN ESCAPE. Perfect for fans of Karen Swan, Rosanna Ley and Rachel Hore.

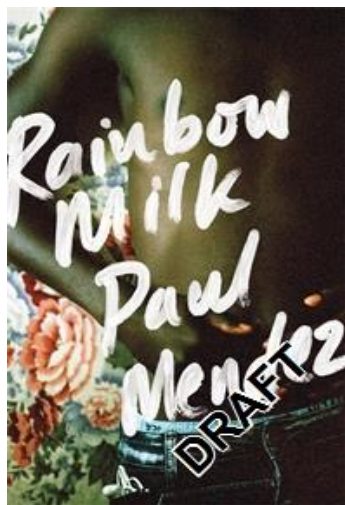


Niamh Kelly has made a right pig's ear of her life thus far. She's thirty-three, still living at home thanks to her mediocre job, which she can't bring herself to go back to following a failed relationship with a colleague. When her sister invites her to tag along on a work trip to Italy's Ligurian coast, impulsive Niamh jumps at the chance to leave Dublin, and discovers a world of wine, opportunity and friendship. Having fallen in love with the town of Camogli, she decides to stay and open a coffee shop (hurrah), even though she has no idea what she's doing (oops). After a sudden family tragedy and a tricky tourist season threaten her new business, Niamh comes close to throwing in the towel. But with help from her new-found community, can she make her new life a success?

Catherine Mangan grew up in Ireland before embarking on her own Italian escape. She studied languages at University College Cork before moving to Italy (briefly) with friends, which was the start of a life-long love affair with the country. She now divides her time between Ireland and Silicon Valley. *The Italian Escape* is her first novel. Under another name, Catherine is an award-winning Irish entrepreneur and creator of a language-learning app, which has users in 175 countries

RAINBOW MILK by Paul Mendez

Literary Fiction | Dialogue Books | 320pp | April 2020



A raw, essential coming-of-age narrative from a thrilling new voice in queer/black fiction, for fans of Garth Greenwell, Edouard Louis and Moonlight

RAINBOW MILK is a coming-of-age story told from the point of view of a young black man from a religious background, who identifies several major contradictions between himself, his family life, and his beliefs. Upon rejecting the doctrine, he is shown the need to form a new centre of gravity, and uses his sexuality to explore new notions of love, fatherhood and spirituality.

PAUL MENDEZ is from the Black Country. He now lives in London and is a member of two theatre companies, Scaffold State and Know My Mind. He has also worked as a voice actor.

THE MAGNIFICENT SONS by Justin Myers

Modern & Contemporary Fiction | Piatkus | 352pp | May 2020

Two brothers. Two different journeys. The same hope of a magnificent future.



Jake D'Arcy has spent most of his twenty-nine years trying to get his life just right. He's nearly there: great girlfriend, great friends, stable job. A distant relationship with his boisterous family - which is exactly the way he wants it. So why does everything feel so wrong?

When his popular, irritatingly confident teenage brother Trick comes out as gay to a rapturous response, Jake realises he has questions about his own repressed bisexuality, and that he can't wait any longer to find his answers.

As Trick begins to struggle with navigating the murky waters of adult relationships, Jake begins a journey that will destroy his relationship with girlfriend Amelia, challenge his closest friendships, and force him to face up to the distance between him and his family. But it will also offer new friends,

fewer inhibitions, and a glimpse of the magnificent life he never thought could be his.

THE MAGNIFICENT SONS tells the tale of two very different brothers, searching for the life they want - and for the person they want to be.

Praise for Justin Myers' THE LAST ROMEO: *Extremely funny, with real heart, depth and resonance* - Daisy Buchanan; *Funny, smart, tart* - Russell T Davies, creator of BBC drama Torchwood; *Insightful, heartfelt and witty* - Laura Jane Williams; *So funny and sharp, yet tender and emotional too* - Jill Mansell; *Wise, beautifully written and enormous fun* - Marina O'Loughlin

JUSTIN MYERS is a writer and editor from Shipley, Yorkshire, who now lives in London. After years working in journalism, he began his popular, anonymous dating blog *The Guyliner* in 2010, spent five years as dating and advice columnist in *Gay Times* and is now a weekly columnist at *British GQ*. His work has appeared in a number of publications including the *Guardian*, *BuzzFeed* and the *Irish Times*, and his first novel, THE LAST ROMEO, was published in 2018.

THE CHILDREN'S SECRET by Nina Monroe

Contemporary Fiction | Sphere | 400pp | November 2020

The best kind of emotional and dramatic domestic fiction. For fans of *The Slap* and *Big Little Lies*.

Only a few months ago, Eve Day moved to this sleepy New Hampshire town from England with her husband and daughter. The Days are settling into their new home well, although Eva's daughter Lily is sulking; she's missing home. But Eva has the perfect distraction for her: the Wrights are throwing a party - a great opportunity for Lily to start making new friends. The problem is it's well-known that the Wrights have guns on their farm, and other parents in the town are reluctant to play at the house. In an attempt to bring families together, Eva convinces the other mothers to attend the party. It's a beautiful day, and adults and children are having a wonderful time, until the happy atmosphere is shattered by a gunshot ringing out from the barn where the children are playing. What follows is a tense and claustrophobic story about a tight-knit community fracturing, and the eventual healing process after the children's secret is revealed.

NINA MONROE moved recently from England to New Hampshire with her husband and two daughters. THE CHILDREN'S SECRET is her first book writing as Nina Monroe. She has also written four adult and two young adult novels as Virginia Macgregor.

Praise for Virginia Macgregor: *A future classic* - Clare Mackintosh on WHAT MILO SAW; *I couldn't put this insightful, compelling novel down* - *Woman & Home* on THE RETURN OF NORAH WELLS; *A touching look at the meaning of motherhood* - *Good Housekeeping* on THE RETURN OF NORAH WELLS.

A CORNISH INHERITANCE by Terri Nixon

Historical Fiction | Piatkus | 416pp | December 2019

From the brilliant author of the *Penhaligon* saga comes a new trilogy, *The Fox Family Saga*, following family fortunes at a grand hotel on the Cornish Riviera in the 1920s.

Helen Fox is happily married to bon viveur and former playboy Harry. Dubbed “H and H, The Heavenly Twins,” they have three children, a glamorous lifestyle, and are hugely popular among their social set... until tragedy strikes. Helen is forced to give up her Bristol home, and move to the Fox family’s hotel on the Cornish coast, where she discovers her perfect life had been based on a lie. Now Helen must re-build what she can and begin a new life with the help of a vivacious new friend, Leah Marshall; a godsend as Helen’s children grow up and find their own, often dangerous paths. But when the future of the hotel is threatened, Helen discovers that she has not left her past behind after all, and unless she takes drastic action she’s going to lose everything all over again. Will Leah prove to be the friend Helen thinks she is?

TERRI NIXON was born in Plymouth in 1965. At the age of nine, she moved with her family to Cornwall, to the village featured in Daphne du Maurier's Jamaica Inn - North Hill - where she discovered a love of writing that has stayed with her ever since.

AN ORDINARY WONDER by Buki Papillon

Contemporary Fiction | Dialogue | 320pp | October 2020

A powerful coming-of-age story about an intersex twin

AN ORDINARY WONDER follows Oto, one of Yoruba twins, who is raised as a boy but who has a secret – he is intersex, and wants to live life as a woman. This beautiful coming-of-age story follows Oto through boarding school and his attempt to emigrate to America to start a new life. Dealing with his complex relationships with his sister, his wealthy and powerful father, and the mother who views him as a monster, this is a moving examination of masculinity and gender.

BUKI PAPILLON was born in Nigeria. She studied law at Ibadan University and then moved to England for further law studies. She has since completed an MFA in Creative Writing at Lesley University in Massachusetts. She is an alumnus of the VONA Voices Workshops for writers of colour, and the recipient of several scholarships and award. She currently lives in Boston, Mass.

A HOUSE IN PROVENCE by Ivy Pembroke

Women’s Fiction | Sphere | 400pp | June 2020

From the author of *SNOWFLAKES ON CHRISTMAS STREET*, and *A WEDDING ON CHRISTMAS STREET*, an enchanting breakout novel full of French delights and wonderful characters.

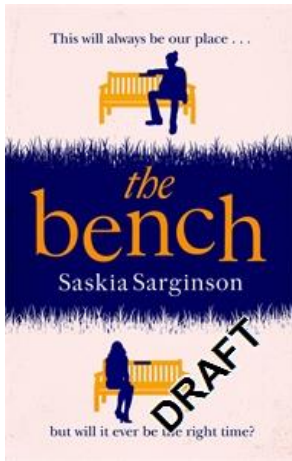
It’s the offer of a lifetime – a whole summer in a farmhouse in the sun-drenched French countryside! But Libby might have bitten off more than she can chew . . . As Libby, her new husband Sam, his stepson Teddy, and their helpful dog Jack explore the rambling, enchanting house and meet the locals, they are joined by friends from home who are as affected by the house and its breathtaking surroundings as they are. When Libby's friend Isla, who has been restlessly travelling for years, comes to stay, she meets and falls for American Brooke, a worker at the local vineyard. Will Brooke be the one to finally get Isla to stay in one place? And then Libby has a surprise for Sam. . .One summer in Provence will change all their lives for ever.

Reader praise for Ivy Pembroke - For such a gentle plot, this book packs an emotional punch! There's romance, the odd drama and a whole lot of satisfaction. The characters are real. The ending is lovely and perfect; I sat and wept, liked good old-fashioned sobbing. I wanted to hug both Jack and Teddy into a big blanket and keep them safe forever. A charming, heartwarming, beautiful tale not just of Christmas but of compassion, kindness and love; Every time I tried to put it down to get on with life, I found it was calling me back for “just one more chapter” until I ran out of chapters! I just thoroughly adored this story;

IVY PEMBROKE is a law professor who specialises in copyright and trademark law, with a focus on fanfiction. An enthusiastic writer all her life, she loves the backspace button, overuses italics in emails with friends, and thinks there is little better than a story that makes you smile. She splits her time between Mississippi and her home state of Rhode Island.

THE BENCH by Saskia Sarginson

Women's Fiction | Piatkus | 384pp | March 2020



The most romantic novel of 2020, this is a tragic love story spanning three decades where the love affair starts and ends on a bench. It's Saskia Sarginson's most accomplished and heart-rending novel to date. For fans of *One Day* and *A Star is Born*

It begins at the end.

It begins on a bench, on a heath, where a woman waits for a man.

Ten years ago, they made a pact: **On this bench, on this day, they will end a love affair that's spanned three decades, or start again.**

They should never should have met. They should never have fallen in love. But they did, until a lie separated them for a lifetime. Can they fix the mistake, forgive the lie, erase the years in-between? **Can what was lost ever truly be found?**

Praise for Saskia Sarginson' HOW IT ENDS: *An intense and brooding read, with a brilliantly claustrophobic sense of place - Sunday Mirror; An engrossing read with endearing characters thrust into traumatic circumstances. It stayed with me long after the last page - Lisa Ballantyne; Inspirational and compelling - Candis; An unusual, bittersweet coming-of-age novel that's also a fascinating mystery... Sarginson's novel movingly captures the private and at times painful evolution of a resilient and inventive protagonist - PW starred review; THE TWINS: Outstandingly good. Part thriller, part love story, I guarantee you will not be able to put it down - the Sun; Stunning in its insight and beautifully written - Judy Finnigan; THE OTHER ME: This enthralling read will keep you up long into the night - Ruth Ware; WITHOUT YOU: Atmospheric, readable, beautifully evoked - Sunday Mirror*

SASKIA SARGINSON was awarded a distinction in her MA in Creative Writing at Royal Holloway after a BA in English Literature from Cambridge and a BA in Fashion Design & Communications. Before becoming a full-time author, her writing experience included being a health and beauty editor on women's magazines, a ghost writer for the BBC and Harper Collins and copy-writing and script editing. She lives in south London with her four children

THE EDUCATION OF IVY EDWARDS by Hannah Tovey

Fiction | Piatkus | 336pp | May 2020

Fleabag meets Gavin and Stacey: raw, confessional commercial women's fiction with the most endearing and honest of heroines. A Bridget Jones for the modern age

Sometimes, heartbreak can be the best education . . .

Ivy Edwards is thirty-one years old, funny, shameless and bit of a romantic.

She's also just been dumped by her fiancé, her mum is incapable of acting her age, and right now drink seems like the answer to everything.

With her London life in tatters and her home life in the Welsh valleys a shambles, Ivy doesn't feel she actually belongs anywhere.

HANNAH TOVEY is from South Wales, but grew up in Hong Kong. She worked in theatre before becoming a content producer, and she now works in live events. She graduated from Faber Academy in 2018, after completing the Writing a Novel course under tutor Richard Skinner, where she finished THE EDUCATION OF IVY EDWARDS. She lives in east London, and is working on her second novel.

EVE by Una

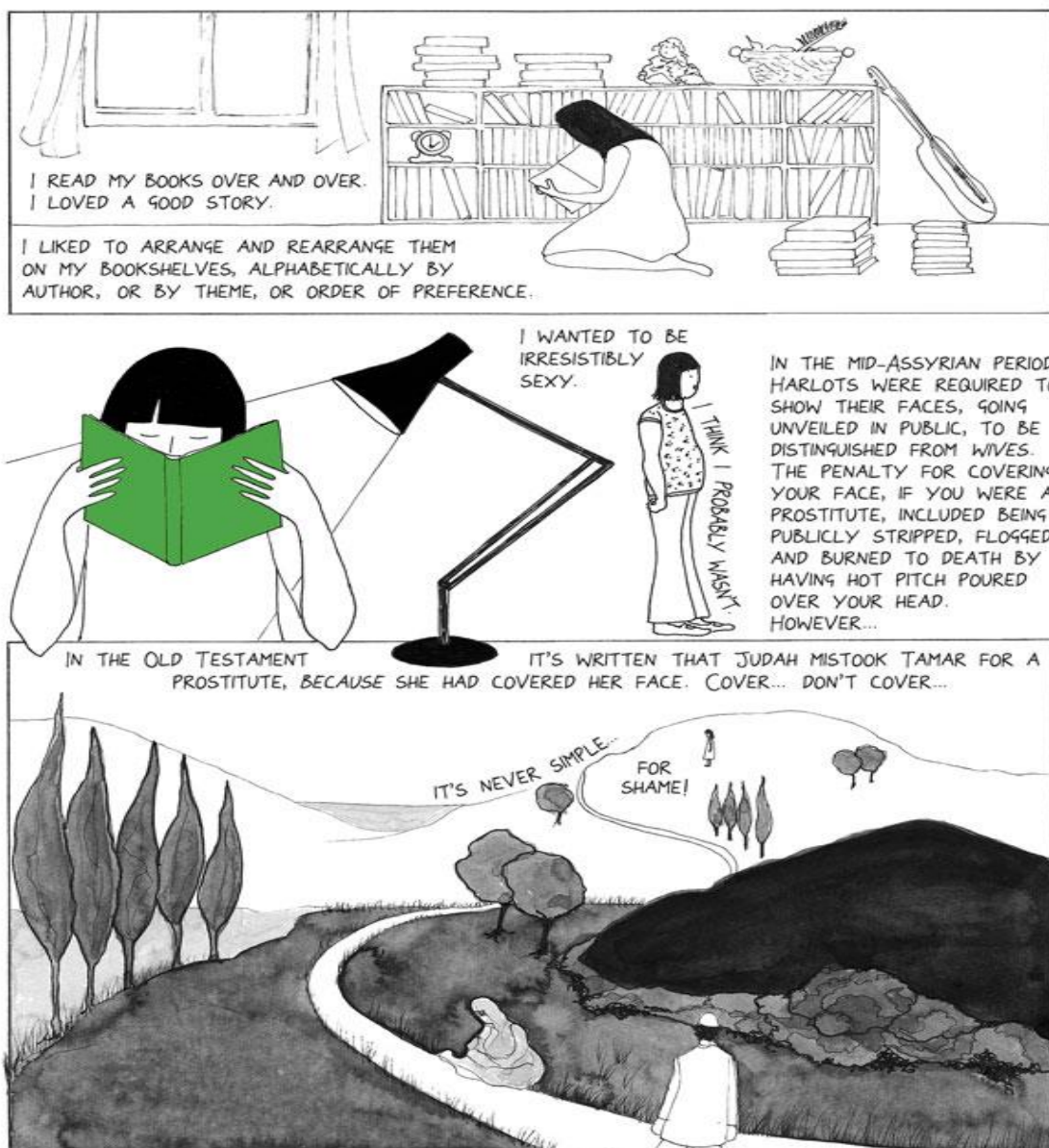
Graphic novel | Virago | Contemporary Fiction | Corsair | 256pp | August 2020

A beautiful new graphic novel from the author of *Becoming Unbecoming*

In the near future, in a world that seems just like our own, Eve grows up in a loving family that is increasingly threatened by a society which seems to be sleepwalking into totalitarianism. After a catastrophe that changes everything, Eve must set off on her own to try to survive and find a new way to live. *EVE* is a book of mothers, daughters, human relationships, trust and community, human weakness, conflict, hopeful futures and painful pasts. It is speculative fiction that feels incredible timely: Una explores the rise of authoritarianism on both the political right and left and images where it might all lead.

UNA is a comics artist and writer. She has twenty years' experience in community arts education with adult learners and eight years' experience lecturing in fine art and illustration. She has a PhD in Fine Art Practice from Loughborough University, MFA (University of Leeds) and a First class BA Hons (Leeds Arts University). Her first graphic novel, *Becoming Unbecoming* (Myriad Editions, 2015), has been widely translated - including editions in Spanish, Dutch, Portuguese, French, Italian, and Turkish and a Canada/US edition - and was featured on BBC Radio 4 *Open Book* and *Woman's Hour*, Oprah.com and in *Newsweek* and *Elle* magazine.

Art from *Becoming Unbecoming*:



WINNING AT LIFE by Kathryn Wallace

Contemporary Fiction | Sphere | 304pp | February 2020

A funny, upbeat novel about parenting by the author of ABSOLUTELY SMASHING IT, and internet sensation behind the fantastically funny *I Know, I Need to Stop Talking*



It's back to a new school term for the children. Their mothers - Gemma and Becky - are breathing a huge sigh of relief and reaching for the gin bottle. Except for the fact that Becky appears to be accidentally a little bit pregnant...

But that's not the first shock for the parents in the playground. Over the summer, part of their beloved Redcoats Primary has burned down. The school needs to raise thousands of pounds to stay open, and Gemma and Becky have been forced on to the fundraising committee (just to add to the millions of messages from their online parent groups). In year that will see new babies (for Becky), new schools (for Sam) and a whole new business for Gemma, will they all keep their heads above water - and find that they're #winningatlife?

KATHRYN WALLACE is an experienced blogger, whose writing career pinnacle to date was when a little blog post she wrote about her disaster with some mint and tea tree Original Source shower gel went viral and ended up being read by more than thirty million people all over the world.

Non-Fiction

Food, drink, diet

True crime

Religion, ideas, psychology, popular science

Travel, wildlife, nature

Humour

Biography and memoir

Language

Politics

History

Music

Personal development, self-help, leadership

Pregnancy, parenting, families

Food, drink and diet

THE JAPANESE GUIDE TO HEALTHY DRINKING by Kaori Haishi and Dr Shinichi Asabe

Food and drink / health | Robinson | 288 pp | November 2020

Published originally in Japanese, this is an indispensable guide to avoiding or mitigating the damaging effects of drink. Sake journalist Kaori Haishi, with help from liver specialist Dr Shinichi Asabe, has interviewed twenty-five doctors on how to drink without harming your health – even, how to drink to enhance your health. She covers topics such as how the bitter taste of beer may help to prevent Alzheimer's and how the best remedy for a hangover is *natto* (Japanese fermented soybeans).

Drinking alcohol is good for your health if you can control how much you drink. But many of us know this is not easy. And as we grow older, the likelihood of suffering from hangovers, weight gain and diseases increases when we drink too much. This book is based on interviews with doctors who also like to drink. They tell us how we can drink while avoiding the side effects that may accompany drinking too much.

This is a book for anyone not looking to stop drinking altogether, but to drink more moderately, or sensibly, without suffering ill effects.

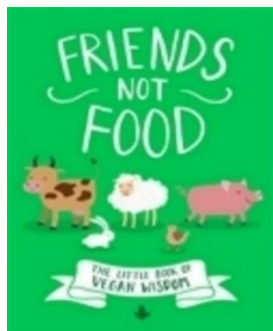
The book has sold over 95,000 copies in Japan and foreign rights have been sold to China, Korea, Taiwan and Thailand.

KAORI HAISHI is a sake journalist. Dr SHINICHI ASABE is a liver specialist who lives and works in the USA.

FRIENDS NOT FOOD

Food & Drink | Sphere | 160pp | November 2019

The perfect gift for any vegan in your life



FRIENDS NOT FOOD is a celebration of our relationship with our animal friends and is packed with vegan sayings as well as facts about both those animals and the industries that prey on them - the perfect gift for the vegan in your life, or for anyone who wants to save the planet or anyone who loves animals.

Between 2017 and 2018 the vegan market grew 66%, on top of a big increase from 2016-2017. Though there are many vegan cookbooks out there, there is little surrounding publishing about a vegan lifestyle as a whole. FRIENDS NOT FOOD would make the perfect vegan gift.

- In the UK, between 2017 and 2018, the vegan market grew 66%. 9% of the population is vegan
- 7% of Italians are vegan
- 8% of Germans are vegan
- There are forty-seven vegan restaurants in Warsaw
- Half of 1% of the population of the USA is vegan which doesn't sound like much, but equals a huge 1.62 million
- In the land of boeuf bourgignon and foie gras, Paris is becoming a vegan foodie destination ...

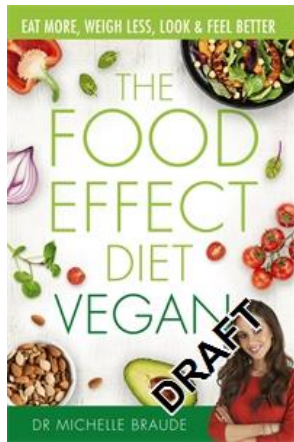
... and so on. It's a massive trend.

Millennials are driving the growth in veganism, and the #FriendNotFood hashtag has over 1.1 million posts on Instagram

THE FOOD EFFECT DIET: VEGAN by Dr Michelle Braude

Food & Diet | Piatkus | 288pp | January 2020

Eat more, weigh less, look better and feel better, all whilst following a vegan lifestyle with ease and enjoyment



Ditch the complicated recipes, expensive products and supplements, vegan 'detoxes' and all the other crazes out there - that's the message of The Food Effect approach to nutrition - which, based on real science, separates the fads from the facts, and now presents the programme that's had amazing results, adapted to suit a vegan diet.

Set to teach the simple secrets to long-term practical success for weight loss for vegans, The Food Effect Diet: Vegan is a simple, delicious, satisfying way of eating that sheds weight, boosts energy, lowers cholesterol and blood pressure, and also gives glowing skin, increased brain power and optimal health and vitality.

Simple and effective without over-complicating, THE FOOD EFFECT DIET: VEGAN delivers a painless and proven way to achieve your weight loss goals and get you on the road to optimal health, all whilst following a vegan lifestyle easily and enjoyably.

Born in South Africa but brought up in Britain, MICHELLE BRAUDE qualified as a medical doctor at University College London. During her medical studies, she completed a BSc in Nutrition from King's College London as well as an elective in Gastroenterology at the Whittington Hospital. Four years ago Dr Braude decided to set up her own nutritional practice, The Food Effect, in north London. Her focus is not just helping people with diet and overall wellbeing but, as a doctor, with related medical conditions such as high blood pressure, cholesterol and diabetes. Michelle also runs a popular online blog The Food Effect and she is regularly featured as an independent expert in the Daily Mail, Telegraph, Hello!, Women's Health and LOOK magazine. She is also a regular writer for the hugely successful international luxury web-magazine Chic-Overdose and popular models' website, Modellist-ID.

HAPPY GUT, HAPPY MIND by Eve Kalinik

Health/Cookery | Piatkus | 288 pp | April 2020

A thought provoking and beautifully designed book exploring the important link between gut health and mental wellbeing. The advice and information will be complemented by over 80 enticing and simple recipes

An expert in the field of gut health, Eve Kalinik believes that nourishing and supporting the gut is at the core of our health and wellbeing. In recent years the interest in gut health has continued to develop with many books being released on the subject, but many people remain unaware of the impact the health of your gut has on your mental health and wellbeing. The fact that 95% of serotonin (often dubbed our 'happy hormone') is produced and managed in the gut is just one of the incredible statistics that links the two and yet many people don't realise that supporting their gut can bring a happier state of mind.

HAPPY GUT, HAPPY MIND will take the gut health conversation further to create an insightful and captivating approach to the gut-brain connection that combines Kalinik's scientific knowledge and practical advice with inspiring and delicious recipes. It will highlight the impact of gut health on overall wellbeing, help the reader to combat the stresses of modern living and the impact this has on the gut, as well as looking at more specific mental health conditions.

EVE KALINIK is regarded as one of the most exciting voices in food and health today. Aside from her nutritional practice, Eve is in great demand as a columnist and consultant. Her first book, BE GOOD TO YOUR GUT, was published by Piatkus in 2017.

The most relevant and provocative nutritionist I've ever met - Nick Barnard, founder of Rude Health

LIVE VEGAN by Lucy Watson

Health/Lifestyle | Sphere | 240 pp | June 2020

Lucy Watson started her vegan journey in 2015, having been vegetarian from the age of 5. She is a PETA ambassador and RSPCA campaigner. Lucy is a former Made in Chelsea cast member and lives in London.

True Crime

FROM ACONITE TO THE ZODIAC KILLER: A Dictionary of Crime by Amanda Lees

Popular Crime & History | Robinson | 224pp | July 2020

An essential popular A-Z reference guide for fans of crime fiction and true crime, in books, TV and film, helping to make sense of everything from asphyxiation to VX nerve agent

FROM ACONITE TO THE ZODIAC KILLER is an essential, go-to resource for anyone interested in crime fiction. More than simply a glossary, this is a guide that provides a doorway into a supergenre, and one that is not just for readers, but also for the many fans of film and TV dramas, of podcasts, and crime blogs. It is also an indispensable resource for writers or would-be writers of crime fiction. If you want to know how many murders it takes for a killer to be defined as a serial killer, what Philip Marlowe means when he talks about being 'on a confidential lay' and why the 'fruit of a poisonous tree' is a legal term rather than something you should avoid on a country walk, this is the reference book you've been waiting for.

AMANDA LEES is the author of the bestselling satirical novels *Selling Out* and *Secret Admirer* which have both received critical acclaim and have been translated into several languages. Her major YA thriller trilogy, *Kumari, Goddess of Gotham*, was nominated for the *Guardian* Children's Book Prize and the Doncaster Book Award. It also featured as Redhouse Book of The Month and Lovereading4kids Book Of The Month.

THE POTTERY COTTAGE MURDERS by Carol Ann Lee and Peter Howse

True Crime | Robinson | 288 pp | March 2020

A violent criminal on the run. A family of five held hostage in their home. A desperate police chase across the snowbound Derbyshire moors. Only one survivor . . . The untold true story of the terrifying 1977 murder case that changed British criminal history.

For three days Billy Hughes played psychological games with Gill Moran and her family, while secretly murdering them one by one. Blizzards hampered the police manhunt, but they learned where the dangerous criminal was hiding and closed in on the cottage. A desperate car chase ensued, ending with a shoot-out and the killer's death. There was just one survivor.

The plot for a great crime novel? No, it all actually happened in January 1977. THE POTTERY COTTAGE MURDERS is a gripping, fast-paced account of a criminal case that reads like fiction but is terrifyingly true. What took place at a family home on the Derbyshire moors in 1977 made the name 'Pottery Cottage' synonymous with horror; an address briefly as infamous as 112 Ocean Avenue in the US town of Amityville, where a young man had murdered his entire family three years earlier, and the home of married killers Fred and Rosemary West on Cromwell Street in Gloucester.

Afterwards, the determination of sole survivor Gill Moran to prevent any written or dramatic accounts of the case saw 'Pottery Cottage' largely vanish from public consciousness, yet those events changed British history. Now in her eighties, Moran has finally given permission for her story to be told - by the former Chief Inspector who saved her life over forty years before.

CAROL ANN LEE's *The Life and Death of Myra Hindley* is the definitive study not only of Hindley, but of the Moors Murders case. It was both a *Times* and an *Independent* Book of the Week and was featured on Radio 4's *Woman's Hour*. Her biography of Ruth Ellis, *A Fine Day for a Hanging* was shortlisted for the 2013 CWA Non-Fiction award. Her *Murders at White House Farm* is being filmed by New Pictures for broadcast on ITV1 in 2019. Her *Somebody's Mother, Somebody's Daughter: The Victims and Survivors of the Yorkshire Ripper* is coming soon.

PETER HOWSE served for ten years in the police force. He was awarded a Queen's Commendation for bravery in recognition of his actions in the Pottery Cottage case. Together with Detective Chief Inspector Mike Cole, he set up *Crimestoppers* on TV, which has become an established nationwide form of combating crime. He has been approached many times to write about the Pottery Cottage murders but has only now been persuaded to do so, with the approval of sole survivor Gill Moran.

* **BLOOD RELATIONS by Roger Wilkes**

True Crime | Robinson | 464pp | June 2020

Roger Wilkes is a British journalist and author of three true crime books. He has worked mainly for the BBC in both radio and television, covering major crime stories such as the Jeremy Bamber mystery, the Bulger murder case and the crimes of Fred and Rosemary West.

SIGNS OF MURDER by David Wilson

True Crime | Sphere | 288 pp | May 2020

The story of a town ripped apart by a murder, and David Wilson's search for the truth.

Criminologist David Wilson returns to his home town of Carlisle in Lanarkshire, to revisit a story of an unsolved murder committed in October 1973 that continues to haunt its past. It's a story that anyone growing up there had embedded in their DNA. Officially, however, this isn't an 'unsolved murder'. A suspect was found guilty by a jury of his peers and so, as far as anyone official is concerned, this murder has been 'solved'. The 'murderer' has even now done his time, and been released from prison. But Carlisle has always known that a young man was wrongly convicted. This book is a search for the truth.

Professor DAVID WILSON is one of the country's leading criminologists, and has written several academic books and papers on serial killers. He is the co-author of HUNTING EVIL about the Suffolk Murders, and MY LIFE WITH MURDERERS, about his encounters with killers.

Religion, ideas, psychology, popular science

HOW YOU FEEL: THE SECRET WORKINGS OF THE SENSING BODY by James Tresilian

Popular Science | Robinson | 272pp | November 2020

How do our bodies work? How do they make us and sense ourselves and the world?

A behavioural neuroscientist internationally renowned for his research in motor skills and body movement offers a whole new perspective on how our bodies work, revealing their absolutely fundamental role in defining how we experience the world, and what we feel, moment to moment. This book radically reorients our understanding of the role of the body in determining our thoughts and feelings and the experience of being alive. Part of that explanation involves the idea of *interoception* – an inner sixth sense that tells us when something internal is not quite right – but this is not just about exploding the five senses myth, it is about the broader question of how we **feel**, and showing how our feeling body works to bring all our senses together.

JAMES TRESILIAN is a professor and former chair of the department of psychology at the University of Warwick, UK and honorary professor at the University of Queensland, Australia. Author of nearly a hundred refereed scientific articles, he has held research and teaching appointments in universities in the UK, USA and Australia.

FRIENDS by Robin Dunbar

Psychology | Little, Brown | 352pp | February 2021

THE book on friends, our social lives and the meaning of friendship

Friends matter to us, and they matter more than we think. The single most surprising fact to emerge out of the medical literature over the last decade or so has been that the number and quality of the friendships we have has a bigger influence on our happiness, health and even mortality risk than anything else except giving up smoking.

Robin Dunbar is the world-renowned psychologist and author who famously discovered 'Dunbar's number': how our capacity for friendship is limited to around one hundred and fifty people. In FRIENDS, he looks at friendship in the round, at the way different types of friendship and family relationships intersect, or at the complex of psychological and behavioural mechanisms that underpin friendships and make them possible – and just how complicated the business of making and keeping friends actually is. Mixing insights from scientific research with first person experiences and culture, FRIENDS explores and integrates

knowledge from disciplines ranging from psychology and anthropology to neuroscience and genetics in a single magical weave that allows us to peer into an incredible social world. Working at the coalface of the subject at both research and personal levels, Robin Dunbar has written the definitive book on how and why we are friends.

ROBIN DUNBAR is an evolutionary psychologist and former director of the Institute of Cognitive and Evolutionary Anthropology in the Department of Experimental Psychology at Oxford University. His acclaimed books include *How Many Friends Does One Person Need?* and *Grooming, Gossip and the Evolution of Language*, described by Malcolm Gladwell as "a marvellous work of popular science."

A BRIEF GUIDE TO SMART THINKING by James M. Russell

Smart Thinking | Robinson | 288 pp | April 2020

From Zeno's Paradoxes to Freakonomics, a highly readable and entertaining guide to seventy classic smart-thinking books.

Each book is summarised to convey a brief idea of what each one has to offer the interested reader, while a 'Speed Read' for each book delivers a quick sense of what each book is like to read and a highly compressed summary of the main points of the book in question. The titles covered include thought-provoking classics on psychology, mindfulness, rationality, the brain, mathematical and economic thought and practical philosophy.

The selection includes books about self-improvement as well as historically interesting accounts of how the mind works. Titles included go back as far as the Epictetus classic *Enchiridion* and Bertrand Russell's charming *ABC of Relativity*, and proceed through classics such as Edward de Bono's *Lateral Thinking* and into the digital era with titles such as *The Shallows* and *Big Data*. The books are arranged chronologically, which draws attention to some of the interesting juxtapositions and connections between them.

The previous books in the series are A BRIEF GUIDE TO PHILOSOPHICAL CLASSICS, A BRIEF GUIDE TO SPIRITUAL CLASSICS, A BRIEF GUIDE TO BUSINESS CLASSICS, and A BRIEF GUIDE TO SELF-HELP CLASSICS, which have between them sold well over 40,000 copies. Russian, Arabic, Spanish, Korean, Portuguese and Chinese rights have been sold.

JAMES M RUSSELL has a philosophy degree from the University of Cambridge, a post-graduate qualification in critical theory, and has taught at the Open University in the UK. He currently works as director of a media-related business. He lives in north London with his wife and daughter.

WRAPPED IN BEAUTY: WHY OUR CHRISTIAN HERITAGE MATTERS by Blanche Girouard

History/Religion | Constable | 320 pp | September 2020

How to reclaim Christian culture for non-believers. If we lose our Christian cultural heritage, we lose some of the most accomplished and beautiful works of art, music, architecture and literature ever to have been created. Not only that, we lose the moral, spiritual and creative benefits that go with them. WRAPPED IN BEAUTY allows us to understand Christianity for the secular age.

No one denies the glory of Christian culture. Even the most hardened atheists love it. That's why Jonathan Miller directed the *St Matthew Passion*, Simon Jenkins calls England's cathedrals 'the nation's glory', Grayson Perry says seven out of his ten favourite works of art are religious and Richard Dawkins champions the *King James Bible*.

You don't need faith to enjoy the best of Christian culture but you do need knowledge. You can't make sense of Giotto's Annunciation if you don't know about Salvation and Atonement, the Incarnation, Holy Trinity and Virgin Birth. You can't comprehend the fearsome opening of Verdi's *Requiem* if you are ignorant of The Last Judgement, or begin to fathom Handel's Messiah if you don't know who the 'Messiah' is or why we should be comforted by his arrival. And you might as well give up on Dante's Divine Comedy if you haven't the faintest idea about Heaven, Hell, Purgatory or sin.

Christianity remains the key to understanding Western civilisation.

BLANCHE GIROUARD is a journalist and teacher. She is a regular contributor to BBC Radio 4.

ASTRONOMICAL by Tim James

Popular Science | Robinson | 288 pp | July 2020

From Quarks to Quasars: The Science of Space at its Strangest.

Tim James explains new and strange discoveries from astrophysics, astronomy and cosmology in a light-hearted manner with anecdotes and humour to make the science as readable as possible. He explores high-concept science and theoretical physics in a straightforward way, accompanied by the quirky explanatory sketches that have become his trademark on his YouTube channel and in previous books.

James's emphasis is on space at its most unusual and extreme, but also a response to common Google searches on topics such as dark energy, dark matter, Hawking radiation and the Big Bang. He focuses on recent developments and discoveries from the past few years not covered by any current books. *ASTRONOMICAL* is not a book about standard space topics such as the names of the planets and the history of astronomy; It is a book about the weirdness of the cosmos. What sets James's book apart is that it focuses on extreme and eccentric stories and discoveries, with an emphasis on explaining the physics behind these in ways that are easy to understand.

From the creation of the Universe from nothing to the Large Hadron Collider and the Universe's ongoing expansion, James moves on to explore our immediate planetary neighbours, where it snows metal on Venus, the underground lakes on Mars and rivers of petrol on Titan. He then looks beyond our solar system, to exoplanets which could support life, rogue planets, quark stars, quasars, neutron stars and more. In looking at cosmology – dark matter, dark energy – he looks at possible answers to the question: where is all the anti-matter? He looks at black holes (and how to survive in one), wormholes and how to use them to teleport. He explains the search for extra-terrestrial intelligence including the discovery of Martian fossils in the Alan Hills meteorite.

It's not *all* rocket science, by any means, but James explains how space-craft and rockets work and looks at the future of cosmology and human exploration, including the faster-than-light warp drive that NASA is currently trying to build.

TIM JAMES is a science teacher and populariser, YouTuber, blogger and Instagrammer. His YouTube videos have been viewed over 410,000 times and his website receives over 2,000 hits a week. He has regularly appeared on BBC Radio as a science consultant. He graduated with an MA in chemistry, specialising in computational quantum mechanics, and then went into teaching. His first book, *ELEMENTAL: HOW THE PERIODIC TABLE NOW EXPLAINS (NEARLY) EVERYTHING*, was selected by the *Daily Mail* as one of the best books of 2018. His second, *FUNDAMENTAL: HOW QUANTUM AND PARTICLE PHYSICS EXPLAIN ABSOLUTELY EVERYTHING (EXCEPT GRAVITY)*, was published in August 2019.

THE COMPLETE GUIDE TO CODEBREAKING AND SOLVING CRYPTOGRAMS by

Elonka Dunin and Klaus Schmeh

Puzzle | Robinson | 304pp | August 2020

This book describes the most common encryption techniques along with methods to detect and break them.

The Zodiac Killer sent four encrypted messages to the police – one was solved, three were not. Beatrix Potter's diary and the Voynich Manuscript are two encrypted books, only one of which was deciphered. The breaking of the so-called Zimmerman Telegram in the First World War changed the course of history. Several encrypted telegrams sent by Abraham Lincoln during the Civil War are still unsolved.

Tens of thousands of other encrypted messages – ranging from simple notes created by children to military messages from the Second World War – are known to exist. Breaking these cryptograms fascinates people all over the world.

This book provides instruction on codebreaking techniques and is complemented with success stories and details of unsolved encryption mysteries.

ELONKA DUNIN is an American video game developer and cryptologist. Dan Brown named a character, Nola Kaye, in his novel *The Lost Symbol* after her. She is considered the leading Kryptos expert in the world and is a member of the NSA Cryptologic Museum Foundation's Board.

KLAUS SCHMEH is one of the world's leading experts on the history of encryption and the most published cryptology author in the world - twelve books about encryption technology (written in German), 150 articles, 20 scientific publications and 800 blog posts. He is a member of the editorial board of the scientific magazine, *Cryptologia*, and a frequent speaker at encryption conferences in Europe and the USA.

HOW TO THINK by John Paul Minda

Popular Psychology | Robinson | 336 pp | February 2021

This book will get you thinking about thinking, and show you how your brain works. We understand more about the brain than ever before, and we also have more tools than ever before to help us think. Why do we all make certain mistakes in thinking, and why is that not a bad thing?

In order to understand how people behave, you need to understand how people think. And if you want to understand how people think, you need to have a basic understanding of cognitive psychology, cognitive science and cognitive neuroscience. HOW TO THINK explains cognition and the links between the brain, the mind and behaviour in a clear and straightforward way.

Through interesting case studies and research examples, Professor Minda shows how the brain is involved in mental activity, how memory works, how language affects thought, how good (and bad) decisions are made, and why we make predictable errors in our thinking. With practical applications for everyday life, this is a book that helps us become better thinkers, better learners and better problem-solvers. In the current era of big data, algorithms and AI, Minda argues that knowing about how humans think – how you think – is more important than ever before.

JOHN PAUL MINDA is a professor of psychology at the University of Western Ontario, Canada. He has been studying the mind and brain for over twenty years and has written extensively on the topic of how people think. He is the author of the textbook *The Psychology of Thinking*.

LYING NUMBERS by Hugh Barker

Popular Maths | Robinson | 320 pp | May 2020

How figures are badly reported or deliberately misrepresented everywhere, from political arguments and business presentations to shopping offers

Politicians, economists, scientists, journalists - all of them have been known to bend the truth and to twist the facts from time to time. But surely the numbers and statistics they rely on are cold, hard objective facts that tell the real story? Of course the truth is much murkier than that. Figures can be misinterpreted, misunderstood, misconstrued and misused in hundreds of different ways. This book takes a look at the many ways that statistical information can be badly reported or deliberately abused in all walks of life, from political arguments, to business presentations, to more local concerns such as shopping offers and utility bills.

LYING NUMBERS is a polemical guide to how numbers are used to mislead, which is intended to help the reader through the minefield of dubious stats and lying numbers.

Praise for Hugh Barker's *Million Dollar Maths*: *Great fun. A clear, original and highly readable account of the curious relationship between mathematics and money* - Professor Ian Stewart - author of *Significant Figures*; *A lively crash course in the mathematics of gambling, investing, and managing. Hugh Barker makes deep ideas fun and profitable* - William Poundstone - author of *How to Predict the Unpredictable*

HUGH BARKER is an author and editor; as the latter he has edited several successful popular maths books, including *A Slice of Pi*. He is the author of *Million Dollar Maths* (Atlantic Books, October 2018) and *High Tech Maths* (Atlantic, 2019-20). He was accepted to study maths at Cambridge aged sixteen.

AGAINST THE GRAIN: THE PSYCHOLOGY OF REBELLIOUSNESS by Mark McDermott

Popular psychology | Robinson | 288 pp | May 2021 | 10 illustrations

We are we built to oppose and rebel. Why?

In the past few years, we have seen the 'protest vote' leading to surprising results in elections, and we have also seen a great resurgence in organised marches, resisting a new administration or a referendum decision. But rebelliousness is not just about those high-profile acts of resistance - the psychology of rebelliousness is central to understanding everyday life. From moment to moment we choose to accept or oppose the requirements of those around us, whether those imperatives come from loved ones, colleagues, bosses, agents of authority or those we may serve. The feeling of wanting to oppose a perceived requirement pervades the human condition.

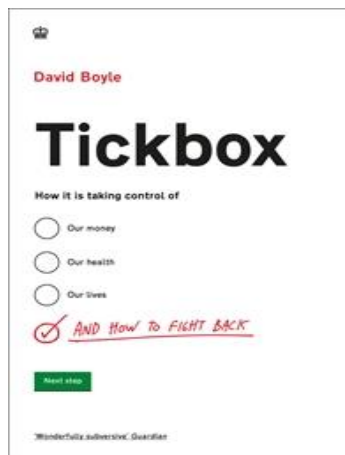
This book looks at the role of rebelliousness as it develops through childhood and adolescence, in relationships, within and between social groups, in the service of civil disobedience, protest and social change, in mental and physical health and across cultures.

Professor MARK McDERMOTT is a lecturer in health psychology at the University of East London, teaching on mental health and leading the PhD programme. In the 1980s, he developed a questionnaire measure of rebelliousness, and has maintained a research interest in rebelliousness within the context of reversal theory, a theory of motivation, emotion, and personality. He was involved in the BBC's recreation of the Stanford Prison Experiment and also co-wrote the bestselling European adaptation of Philip Zimbardo's *Psychology* textbook.

TICKBOX by David Boyle

Economics / business / modern society | Little, Brown | 320 pp | January 2020

Tackling 21st century frustration and making things work again



Human beings have railed against the ‘iron cage’ of bureaucracy since bureaucracies began. We poke fun at boneheaded apps and IT systems which regard us as less than human, or – from the point of view of the organisations we do business with – awkward inconveniences. But increasingly we just accept it and put the tick in the box anyway. The only certainties of life are, these days, death, taxes and tickboxes. The practice started with the Babylonian Empire, was continued by the likes of management consultant James McKinsey, Robert McNamara (who tried to use it via his system of maximising the killing of Vietnamese soldiers and civilians), and was at the heart of the UK’s ‘hostile immigration’

But we need to fight back. Because *tickbox* is not just a modern irritant; there is also a compelling argument that it is a block on human progress which goes to the heart of our economic problems. It is not just a ubiquitous feature of modern life; it is also a peculiar disease of ineffectiveness that grips government, business, healthcare and most important organisations in our lives.

DAVID BOYLE tells the story of this scourge ,explains why it arose, how we need to resist and how we might organise progress in the world instead. Boyle wrote *The Tyranny of Numbers* (Harper Collins) . The *Guardian* has called him an ‘ingenious thinker.’ He writes about politics, money and business, and his work is devoted to one broad theme: the importance of human-scale institutions over centralised ones, human imagination over dull rationalism, and the human spirit over technocratic reduction.

THE LITTLE BOOK OF HUMANISM: UNIVERSAL LESSONS ON FINDING PURPOSE, MEANING AND JOY by Alice Roberts & Andrew Copson

Popular Philosophy | Piatkus | 160pp | June 2020

We all want to lead a happy life. Traditionally, when in need of guidance, comfort or inspiration, many people turn to religion. But in an increasingly secular world, there is another way to live and treat others well

In THE LITTLE BOOK OF HUMANISM, Alice Roberts and Andrew Copson share over two thousand years’ worth of humanist wisdom through an uplifting collection of stories, quotes and meditations on how to live an ethical and fulfilling life, grounded in reason and humanity. With beautiful imagery, playful text design and original artwork, THE LITTLE BOOK OF HUMANISM is the perfect introduction to humanist thought, and a timeless anthology of some of history and today’s greatest thinkers.

ALICE ROBERTS is a writer, broadcaster and President of Humanists UK. She is the bestselling author of eight popular science books including *Evolution: The Human Story*, *The Incredible Unlikelihood of Being and Tamed: Ten Species that Changed Our World*. She has written and presented television series for BBC2, BBC4 and Channel 4, including *The Incredible Human Journey*, *Origins of Us*, *Ice Age Giants*, and several *Horizon* programmes.

ANDREW COPSON is the Chief Executive of Humanists UK and President of Humanists International. He has provided a humanist voice on television and radio and written for publications including the *Economist*, *Guardian*, the *Times* and *Buzzfeed*. He has been the humanist contributor to many compendiums and anthologies of quotations. He edited the *Wiley Blackwell Handbook of Humanism* with AC Grayling, and he is the author of *Secularism: A Very Short Introduction*.

Travel, wildlife, nature

NEVER LEAVE A MAN BEHIND by Mick Dawson

Adventure | Robinson | 288 pp | June 2020

The stories of two veterans – one traumatised, one blind – who rediscover themselves with the help of a friend in the course of two epic ocean adventures, kayaking around the Falklands and rowing across the Pacific. Mick Dawson tells the story of kayaking around the Falkland Islands with friend and fellow Royal Marine veteran Steve Grenham and the extraordinary tale of his 2,500-mile voyage in a rowing boat with his friend and former Royal Marine Commando Steve ‘Sparky’ Sparkes, who was not only a rowing novice, but also blind.

Mick met former Marine Commando, Sparky, by chance in his local pub, which is close to the Blind Veterans’ South Coast centre near Brighton. When Sparky told him what had happened to him and how life had turned out for him since, Mick was both appalled at how he’d been abandoned by the system meant to support everyone who serves their country and simultaneously amazed at how he had come through it all in such an inspirational manner.

It occurred to Mick that if Sparky and he could row together across the Pacific, they could replicate what he was achieving on a one-to-one level at Blind Vets on a far larger scale by grabbing the attention of an international audience with an exciting and compelling adventure that would demonstrate that nothing is impossible for blind people, and that not only sight loss but also injury and disability don’t have to define someone’s life. Sparky immediately agreed.

Amazingly, less than one year later, Sparky and Mick would row across the finish line in Hawaii after a truly epic voyage of over 2,500 miles from Monterey Bay, California to Waikiki, Hawaii. They’d hoped to break the record for a two-man rowboat and finish in less than fifty-five days. They didn’t. A hurricane interfered with their plans. It took eighty-two days, sixteen hours and fifty-four minutes to complete, but it was an even greater achievement for that and a far greater story.

As much as this incredible voyage will form the principle story line, this book will have a broader scope. The row across the Pacific with Sparky was the second expedition of an organisation Mick had set up a few years earlier, The Cockleshell Endeavour, designed to help another former Royal Marine and friend, Steve Grenham, by kayaking with him around the Falklands, where both former soldiers had served.

MICK DAWSON is a former Royal Marine Commando, now a sailor and adventurer. He saw active service in the Falklands War at the age of seventeen and then again in the Middle East. After his military career he pursued his lifelong passion for the ocean. He became a professional sailor and then one of the most experienced and successful ocean rowers in the world.

NO FEAR GARDENING by Charlie Hart

Gardening | Constable | 288 pp | March 2020

A practical, easy-to-use handbook designed to be of use to gardeners of all abilities, but particularly those lacking in confidence and experience. Charlie Hart describes the complex, wide-reaching subject of gardening via 'five best', 'ten best', 'twenty best' criteria to make it easily navigable. NO FEAR GARDENING will answer all your questions: from how to get started to growing flowers and vegetables, to cultivating trees and hedges and landscaping your garden.

Gardens are considered good for mind, body and soul. Pruning and planting and watering and weeding can help us to relax and focus and are a wonderful way to spend more time in the great outdoors. Yet just the thought of reaching for shears or a spade can strike fear into even the bravest of hearts, meaning we rarely make the most of our backyard Edens.

This is a reassuring, easy-to use handbook aimed at all budding gardeners and anyone who might be missing out simply because they don't know how and where to start. Hart's no-nonsense and enthusiastic approach will inspire readers to dust off the cobwebs from their watering can and trowel and get their garden blooming, whatever the weather or season. NO FEAR GARDENING will also build on the success of Hart's first book, SKYMEADOW, which was extremely well-received and named a *Daily Mail* Book of the Year and described as *a love letter to English horticulture written by a passionate gardener* by Jane Perrone.

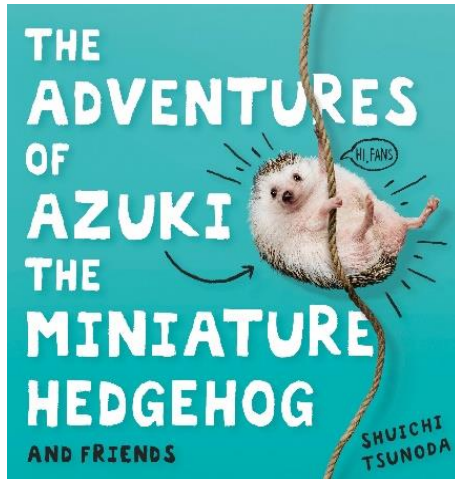
CHARLIE HART read Theology at Cambridge University before working in a number of roles in London. He now lives and gardens on the Essex Suffolk border with his family.

Humour, gift

THE ADVENTURES OF AZUKI THE MINIATURE HEDGEHOG

Humour | Robinson | 112pp | 60 colour photographs | September 2019

Azuki is 'the only pure thing left in this world' (New York Magazine)



Riding on the popularity of everyone's favourite Insta-famous miniature hedgehog (400,000 followers on Instagram and counting), this adorable illustrated book stands out as a gem of originality among the glut of dog and cat books. In the spirit of *Tiny Dog* and *Tiny Cat*, *THE ADVENTURES OF AZUKI THE MINIATURE HEDGEHOG* features photographs of Azuki as on his Instagram account where he appears in a minute wilderness setting, building a fire, hanging in a hedgehog-sized tent (specially made by camping supplier Coleman Japan) or barbecuing. He has been featured on *Bored Panda* and *Time* magazine's website. He has appeared in the pages of the *Independent* and the *Sun*. His star continues to rise as he constantly gets coverage and requests for interviews and articles including in *Cosmopolitan*, *Mashable*, *Country Living*, *The Daily Mail*, *Laughing Squid*, and more.

SHUICHI TSUNODA is a Tokyo commercial photographer and Azuki's owner. In 2016, Tsunoda started an Instagram account for his pet, and a star was born. He was born in Tokyo in 1975. Having graduated from the Department of Graphic Design at Tama Art University, he started working as a freelance photographer in 1998.

* THE BOOK LOVER'S QUIZ by Gary Wigglesworth

Trivia & Quizzes | Robinson | 256pp | November 2020

Biography and memoir

A NEW WAY OF LOOKING: A BIOGRAPHY OF BARBARA KER-SEYMER by Sarah Knights

Biography | Virago | 320pp | April 2021

A biography of the pioneering avant-garde photographer who worked with the Bright Young Things, the Surrealists, and the Bloomsbury Group

This biography focuses on a closely-knit network of avant-garde artists, writers, designers and dancers who dominated the cultural landscape of 20th century Britain and beyond. At its centre, was Barbara Ker-Seymer (1905-1993), a pioneering photographer whose images define this talented forward-looking generation. She disdained lucrative 'society' portraits in favour of modern, abstract images, and her portraiture broke with convention, emphasising light, angles and planes. Her work was not only famous but widely admired among her peers, including Man Ray. Paul Nash championed her work. She was the photographer of choice for the leading actors, artists, dancers and writers of her generation. Her sitters include Cyril Connolly, Evelyn Waugh, Margot Fonteyn, Jean Cocteau and Vita Sackville-West.

Today, Ker-Seymer's photographs are known for who they represent, rather than the face behind the camera. This irony is underpinned by the misattribution of some of her most daring and innovative images, to Cecil Beaton. This biography restores Ker-Seymer to her rightful position as an artist at the centre of the avant-garde. Moreover, it reveals a close network of like-minded practitioners across the arts. All shared a belief in a modern, stylistic unity between dance, theatre, design, music, art and photography. Ker-Seymer's intelligence, wit and genius behind a camera enabled her to link arms with the Surrealists, with Jean Cocteau, the Bloomsbury Group and Bright Young Things, and the worlds of theatre, cabaret and jazz.

In contrast to the Bloomsbury Group, they did not hail from privilege or high academia – they were middle class or working class, and they earned their own living according to their merits. 'Sexual ambiguity was the rule. Sexual promiscuity and sexual aberration the mode [...] everyone seemed to be very androgynous or bisexual'. They lived in an era and occupied an arena where heterosexuality was not necessarily considered a virtue.

SARAH KNIGHTS has unprecedented access to private archives and hitherto unseen material and photographs will enliven this biography and bring Ker-Seymer's avant-garde vividly to life. Her first book, *Bloomsbury's Outsider: A Life of David Garnett*, was published by Bloomsbury in 2015 to critical acclaim. It was short-listed for the Slightly Fox Best First Biography Prize (2015) and for the James Tait Black Prize for Biography (2016).

THE ADDICTED MIND: A DOCTOR'S LIFE TREATING EXCESS by Henrietta Bowden-Jones

Memoir | Virago | 320pp | January 2021

A searing exploration of the psychological distress caused by addiction, and a celebration of the resilience of the human spirit

The book is structured through the individual stories of some of the thousands of patients Henrietta Bowden-Jones has treated. She takes the reader into her clinics as she works to help her patients rebuild their lives. She is a warm, wise and compassionate narrator. Despite daily encountering her patients' suffering, her outlook is optimistic. She is driven by her faith in 'the amazing ability of the human mind to be healed'. Her career, with its dedication to helping others and expanding the boundaries of medical understanding, is also an inspiration. This book has a broad appeal to all readers interested in compelling life-stories. In addition, readers of books by medical professionals such as Henry Marsh, Atul Gawande and Stephen Grosz are an obvious target readership for this book.

HENRIETTA BOWDEN-JONES is a Consultant Psychiatrist and internationally renowned expert in Addiction Psychiatry. Among her many eminent positions, she is Honorary Senior Lecturer in the Brain Science at Imperial College London, and spokesperson on behavioural addictions for the Royal College of Psychiatrists.

IN LOVE WITH HELL by William Palmer

Literary Biography | Robinson | 304pp | March 2021

A work of non-fiction about writers and drink, something of a riposte to Olivia Laing's *The Road to Echo Spring* which focused on American writers and included no women

“I like it,’ he called to them, through the open window, from outside. Cervantes stood behind the bar, with scared eyes [...] ‘I love hell. I can’t wait to go back there. In fact I’m running. I’m almost back there already.’”
Malcolm Lowry, *Under the Volcano*

In this book, subtitled *Eleven Writers and Drink in Their Lives and Work*, Palmer looks at Patrick Hamilton (‘the feverish magic that alcohol can work’); Jean Rhys (‘As soon as I sober up I start again’); Charles Jackson (‘Delirium is a disease of the night’); Malcolm Lowry (‘I love hell. I can’t wait to go back there’); Dylan Thomas (‘A womb with a view’); John Cheever (‘The singing of the bottles in the pantry’); Flann O’Brien (‘A pint of plain is your only man’); Anthony Burgess (‘Writing is an agony mitigated by drink’); Kingsley Amis (‘Beer makes you drunk’); Richard Yates (‘The road to *Revolutionary Road*’); and Elizabeth Bishop (‘The writer’s writer’s writer’).

Praise for the author: *the mood of gentle regret and a sense of living in a time out of place resembles no writer so much as Chekhov* – Alex Larman, *Observer*, of *The India House*; *The India House builds on its somewhat dusty foundations to altogether dazzling effect* – D. J. Taylor, *Spectator*; *The depth and eloquence of this fine collection . . . might surprise even the most ardent admirers of his novels* – Paul Sussman, *Independent on Sunday*, of *Four Last Things*; *Palmer's beautifully crafted novel convincingly unfolds for us a story of inadvertent complicity in acts of unspeakable evil* – Lisa Jardine, *The Times*, of *The Pardon of Saint Anne*; *A beautifully written exploration of a once famous case that has uncomfortable relevance to our own times* – David Lodge, of *The Pardon of Saint Anne*; *A flawless and intelligent study of sex, politics and the abuse of power. It is both subtle and shocking: that is a rare and potent combination* – Jim Crace, of *The Pardon of Saint Anne*; *a haunting work over which one wants simultaneously to hurry and to linger* – Christopher Hawtree, *The Times*, of *The Pardon of Saint Anne*; *an extraordinarily skilful novel* – Piers Paul Read, *Catholic Herald*, of *Leporello*; *Mr Palmer's book set a standard for an east European historical novel that has yet to be matched – an especially impressive feat for an outsider... It is a tribute to his novelist's skills that anyone reading the book has the feeling of complete authenticity in both history and geography. Readers are left longing for a sequel* – Edward Lucas, *The Economist*, of *The Good Republic*.

WILLIAM PALMER was born in 1945 and was educated at schools in England and Wales. During the 1960s and 70s he lived in London and the Midlands and worked at a bewildering variety of jobs. He began writing at the age of fifteen but only became a full-time writer in the mid-80s: his first novel, *The Good Republic*, was published by Secker & Warburg in 1990 and since then he has had eight books published. His latest novel, *The Devil is White*, was published by Jonathan Cape in early 2013.

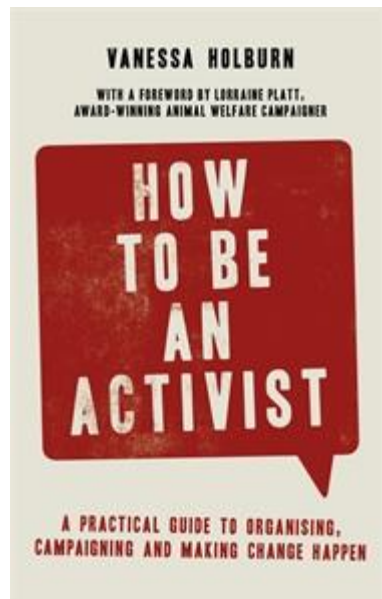
Stories and poems have appeared in many journals, including *London Magazine*, *Poetry Review*, *Rialto*, and the *Times Literary Supplement*, and have been broadcast on BBC Radio 3 and 4. He reviews regularly for the *Independent* and *Literary Review*. In 1997 he was awarded the Travelling Scholarship of the Society of Authors, an Arts Council Bursary followed in 2002, and the First Collection Prize for his book of poems, *The Island Rescue*, at the Listowel Writers’ Week literary festival in 2006. He has also done much teaching: he was a Writing Fellow at the University of Birmingham, 2000–3, at the University of Warwick, 2005–7, and at King’s College, London, 2011–12.

Politics

HOW TO BE AN ACTIVIST: A PRACTICAL GUIDE TO ORGANISING, CAMPAIGNING, AND MAKING CHANGE HAPPEN by Vanessa Jane Holburn

Politics | Constable | 240pp | January 2020

A practical guide to help and inspire the would-be change maker no matter how big or small their cause



HOW TO BE AN ACTIVIST covers everything you need to know to create a successful social campaign and bring about positive change. It is a practical, inspirational book covering topics ranging from identifying your central issue and setting realistic milestones and goals, to learning how to use the media effectively and stay within the law. Illustrated with case studies throughout, this is the essential guide to activism. It will help you with every step of your campaign, keeping you motivated through periods of self-doubt and staving off burnout as you celebrate contributing to creating meaningful change in the world.

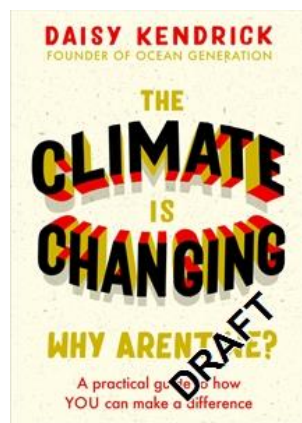
This is the age of activism. Everyone is invited to join the movement.

Journalist and author VANESSA HOLBURN spent two years campaigning for a ban on third party pet sales in a bid to end the practice of puppy farming. In 2018 she was invited to Downing Street to hear Michael Gove announce plans to change the law to support such a ban. The campaign is proof that ordinary people together can achieve extraordinary change.

Holburn's publishing experience stretches over twenty-four years and her work has appeared in magazines, newspapers and digital outlets. Her consumer press credits include *Private Eye*, *The Mirror*, *The Sun*, *Vegan Living*, *Woman's Own*, *Yours*, *Dogs Today*, *Ask The Doctor* and *The Independent on Sunday*.

THE CLIMATE IS CHANGING; WHY CAN'T WE? A PRACTICAL GUIDE TO HOW YOU CAN MAKE A DIFFERENCE by Daisy Kendrick

Politics / ecology | Piatkus | 240 pp + b/w illustrations | June 2020



The only practical guide to tackle climate change on an individual level with global results, focusing on food, fashion, technology and more, by the founder of Ocean Generation. What is climate change? How do I contribute to the movement?

THE CLIMATE IS CHANGING; WHY CAN'T WE? is an open-minded tool to endorse environmentalism in a practical and realistic way; a climate change guidebook for millennials and Gen-Z, concerned for their future. This book is not here to convince young people climate change exists; we know that. This book will offer insights into the structures that suffocate our future, while upholding a sense of optimism and collective faith. Through inspirational stories and easy switches for readers to make in their everyday lives, this book will smash the 'frumpy' stigma around environmentalism to be a very sleek, fun, bold and cultural

translation into the world of climate change

After graduating from Northeastern University and interning at the United Nations, DAISY KENDRICK founded Ocean Generation (OG) to disrupt and innovate the standard charity model. Frustrated at the lack of action being taken by millennials to protect our climate and oceans, she created OG to utilise media and technology to inform, educate and change behaviour at a global scale. She is the youngest recipient of the 2018 *Marie Claire* Future Shaper award and was recognised as one of Britain's 50 most remarkable women by the *Daily Mail*

SOFT POWER: THE NEW GREAT GAME FOR GLOBAL DOMINANCE by Robert Winder

Politics & Culture | Little, Brown | 400pp | July 2020

Prisoners of Geography meets *The World is Flat* in a ground-breaking new study



There's a new Great Game afoot, and it involves soft power. As national movements resurface across the world, unsettling the international balance, the old-fashioned 'sphere of influence' is making a comeback. Nation states are once again competing to win friends and influence people by selling themselves as alluring brands. In *BLOODY FOREIGNERS* and *THE LAST WOLF*, Robert Winder explored the way Britain was shaped first by migration, and then by hidden geographical factors. Now, in *SOFT POWER*, he explores the way modern states are asserting themselves not through traditional realpolitik but through alternative means: business, language, culture, ideas, sport, education, music, even food ... the texture and values of history and daily life. Moving from West to East, from America to Japan, the book will estimate the weight of soft power by exploring the varied ways in which it operates - from an American sheriff in Poland to an English garden in Ravello, a French vineyard in Australia, an Asian restaurant in Spain, a Chinese Friendship Hall in the Sudan. Soft power used to be thought of as merely the surface gloss on hard power - the velvet glove on the iron fist. But in the modern world of high-speed data flow and energetic migration, it now packs a decisive punch in its own right.

Praise for *THE LAST WOLF*: *Spirited, provocative, wise, hugely entertaining* - the *Sunday Times*; *Well-crafted, reflective... Original and deeply researched* - the *Guardian*; *[Winder] weaves a fabulous tale* - the *Independent*. Praise for *BLOODY FOREIGNERS*: *Splendidly researched and subtle history* - the *Observer*; *A topical, formidable and engaging book which will have - and deserves to have - many readers...* *A breath of fresh air* - the *Sunday Times*; *Totally absorbing and revelatory* - the *Daily Mail*

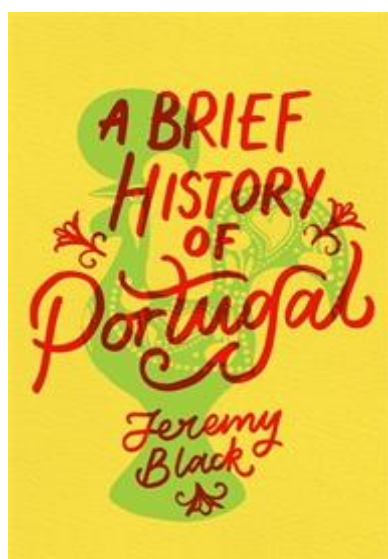
ROBERT WINDER was literary editor of the *Independent* for five years and deputy editor of *Granta* magazine. He is the author of three novels and four previous non-fiction titles, including *THE LAST WOLF* and the bestselling *BLOODY FOREIGNERS*.

History

A BRIEF HISTORY OF PORTUGAL by Jeremy Black

History | Robinson | 288pp | April 2020

Black shows how Portugal had a global impact, but the world, too, had an impact on Portugal



This comprehensive study takes in the Stone Age and the Roman era, from Ad 420 to the thirteenth century, Visigoths and Moors. Then, a look at medieval Portugal covers the development of Christian Portugal culminating with the expulsion of the Moors, with a focus on key sites. Portugal had enormous influence, particularly during the 'age of exploration' in the fifteenth century to 1580. In fact, Portugal was the first of the Atlantic empires, with territory in the Azores, Madeira, West Africa and Brazil, and it remained a major empire until the 1820s, even retaining an African empire until the 1970s, but its empire in Asia (Malacca, Macao, Goa and Timor) continued even longer - until the 19902. The nineteenth century brought turmoil in the form of a French invasion, the Peninsular War, Brazilian independence, successive revolutions, economic issues and the end of the monarchy. Republican Portugal brought further chaos in the early years of the twentieth century, then the dictatorship of Salazar and its end in the Carnation Revolution of 1974. Portugal's role in both world wars is examined, and its role in the world today.

Jeremy Black biography: see under A BRIEF HISTORY OF THE MEDITERRANEAN.

A BRIEF HISTORY OF THE MEDITERRANEAN by Jeremy Black

History | Robinson | 288 pp | July 2020

This concise and readable history of the Mediterranean Sea, from the Phoenicians to the present day, is intended for a popular audience, and the traveller, looking for something less weighty than a 600-plus-page historical tome, but something much more informative and authoritative than the sort of potted history to be found in a travel guide.

This concise history will provide an account of the Mediterranean in which the experience of *travel* is foremost: for tourism, for trade, for war, for migration and for culture. It will cover everything from the Phoenicians to the modern tourist cruising in comfort. Throughout, there will be an emphasis on the sea and on the port cities – such as Athens, Barcelona, Naples and Palermo. Black covers everything from the ancient world of the Phoenicians, Greeks and Romans, the age of galley warfare and the battle with Islamic forces at Lepanto. He explores the Renaissance and the Baroque, the beginnings of tourism, Nelson at the Battle of the Nile and the establishment of British power in Gibraltar, Minorca and Malta. He looks at the retreat of Islam as European powers take over in North Africa, the age of steam and the birth of the Pax Britannica as the British take over in Cyprus, Egypt and the Ionian Islands. Black considers the significance of the Suez Canal and the route to India; the Riviera; the Mediterranean as a theatre of war in the Second World War and the Cold War; oil and the Middle East; and, finally, the relatively recent history of cruising the Mediterranean.

One aim with this book is to appeal to the tens of thousands of people who go on cruises on the Mediterranean every year, many of them from the US.

JEREMY BLACK is one of the UK's most respected and prolific historians. He is Professor of History at the University of Exeter and a renowned expert on the history of war. He appears regularly on TV and radio, including BBC Radio 4's *In Our Time*. He has lectured on Mediterranean cruises since 2007 for a variety of companies including Swan Hellenic, Noble Caledonia, Martin Randall and Thompson. He also guided and lectured on a land tour of the Bay of Naples for *History Today*. He has written extensively on tourism in the period 1660–1815, and wrote the 1700–1900 chapter for the Thames & Hudson history of the Mediterranean. His BRIEF HISTORY OF ITALY was a *Times* Audiobook of the Week.

THE SECRET HISTORY OF SOVIET RUSSIA'S POLICE STATE by Martyn Whittock

History | Robinson | 288pp | June 2020

An examination of a key aspect of twentieth-century history which still impacts on the twenty-first-century world: the Russian Revolution and the one-party state of the USSR



THE SECRET HISTORY OF SOVIET RUSSIA'S POLICE STATE focuses on the role of repression, terror and the political police in making the Soviet regime possible and sustaining it from 1917 to 1991, while also challenging popular misconceptions and myths about the USSR. Whittock examines the complexity and history of building and maintaining a one-party state through repression and brutality; and also through harnessing idealism, compromise and co-operation. The book will provide both a major overview of how such a repressive regime developed and survived. Whittock makes use of the latest scholarship; his clear and engaging narrative is fast-paced, and includes anecdotes, personal insights and reflections from those living through the events.

MARTYN WHITTOCK has taught history at secondary level for thirty-five years. He is a lecturer in local history and has written numerous textbooks for the educational market and also books for adult readers, including on Viking and Anglo-Saxon history. He has been a consultant for the BBC, English Heritage and the National Trust and has written for *Medieval History* magazine and archaeological journals.

THROUGH THE LOOKING GLASSES: THE SPECTACULAR LIFE OF GLASSES by Travis Elborough

Social history | Little, Brown | 256 pp + integrated b/w illustrations | March 2021

Everything was made for a purpose; everything is necessary for the fulfilment of that purpose . Observe that noses have been made for spectacles; therefore we have spectacles - from Voltaire's Candide



With the broad appeal of books by the likes of Mark Kurlansky, Billy Bryson and Simon Garfield Travis Elborough uses a single , life-changing object to tell a much bigger story

Using personal observation, memoir, reportage, science, social history and cultural criticism , the book moves chronologically through the story of spectacles

The historical scope is wide, ranging from early theories about how the eye worked and theological and philosophical arguments about the limits of perception by Greek thinkers and Arab scholars, through to the ingeniousness of Italian glassmakers in the Medieval and Renaissance periods. There are appearances by the great and the good

bespectacled men and women of yesteryear, running the gamut from the fictional Clark Kent in *Superman* to the authors Aldous Huxley, James Joyce, and Angela Carter, and including such actors and musicians such as Buddy Holly, Michael Caine, Dizzy Gillespie and John Lennon, and their lorgnettes, monocles, Pince-nez, horn-rims, tortoise-shell 'Oxfords' and Ray Ban aviator shades.

This is about vision and the need for humanity to see clearly and where the impulse to improve of our eyesight has led us. The society of the spectacle may finally be upon us . . . but how much of it do we really see?

Acclaimed by the *Guardian* as 'one of the UK's finest pop culture historians', TRAVIS ELBOROUGH has been a writer, author and broadcaster for twenty years.

ONE FINE DAY by Matthew Parker

History | Little, Brown | 400pp | 16pp b/w & colour | September 2021

The story of the greatest empire in world history at its absolute, hubristic zenith

29th September 1923. The British Empire was fourteen million square miles, just under a quarter of the globe's land area. 460 million people - a fifth of the world's population - inhabited it. In ONE FINE DAY Matthew Parker examines this astonishing edifice in all its glory but with all of its ugly underbelly clearly visible, and with the seeds of its demise already sown. Readers will be able to inhabit the lives of people, rich and poor, male and female, coloniser and colonised, who are agents in this moment of apparent imperial super-glory. We learn what they ate, what they wore, their likes and dislikes, what they thought. This magisterial survey takes in in trivial, personal events as well as momentous political and military ones. While there might be ground-breaking elections, military clashes and violent demonstrations, there are also marriages, suicides, strange disappearances, parties.

MATTHEW PARKER was born in El Salvador in 1970 to an expatriate family and while growing up, lived in Britain, Norway and Barbados. He read English at Balliol College, Oxford and then worked in a number of roles in book publishing in London from salesman to commissioning editor.

SLAVE EMPIRE by Padraic X. Scanlan

History | Robinson | 304 pp | October 2020

How slavery made modern Britain. The British empire, in sentimental myth, was more free, more just and more fair than its rivals; if other empires left their old colonies backward basket cases when their power waned, the British empire left railways, print culture and democracy. The claim that the British empire was 'free' and that, for all of its flaws and missteps, it offered promised liberty to all its subjects has always been a lie – the British empire was built on slavery.

SLAVE EMPIRE puts enslaved people at the centre of the global web of colonies, territories, outposts, commercial projects and institutions that made up the British empire. The book explores the world of British slavery in intimate, human detail. Each chapter takes readers to a particular moment and place important to the history of British slavery – from the Jamaican bivouac of Oliver Cromwell's New Model Army in 1655, to the secret meetings of enslaved revolutionaries in Barbados in 1816 – and builds outward, showing how slavery and the work of enslaved labourers were the sinews of the empire. With vivid original research and careful synthesis of innovative historical scholarship, SLAVE EMPIRE shows that British freedom and British slavery were made together.

In the nineteenth century, Britain abolished its slave trade, and then slavery in its colonial empire. But the British empire remained a slave empire. The end of slavery was not the end of racism, and the cultural and economic legacies of two centuries of imperial slavery were much more difficult to abolish than slavery itself.

Freedom – free elections, free labour and free trade – were the watchwords of the Victorian British empire, but the empire was still sustained by the labour of enslaved people. The Britain of today has inherited the legacies of a long-gone British empire built on slavery. Modern capitalism and liberalism emphasise 'freedom' – for individuals and for markets – but are built on human bondage.

Dr PADRAIC X SCANLAN is an historian of Britain and its relationship to the wider world, with a particular focus on histories of slavery, capitalism and emancipation from the early seventeenth to the mid-nineteenth centuries. His research centres on the practices and material history of the abolition of slavery and the slave trade, and the effects of abolition on the governance of Britain and the British empire. He is also broadly interested in the social and administrative histories of bureaucrats and bureaucracies, and in the history of everyday economic life. Dr Scanlan earned a BA (Hons) in History from McGill University in 2008, and a PhD in History from Princeton University in 2013. He is Assistant Professor in the Centre for Industrial Relations and Human Resources and the Centre for Diaspora & Transnational Studies at the University of Toronto and a Research Associate at the Joint Centre for History and Economics at the University of Cambridge. He has also held appointments at the London School of Economics and Harvard University.

ANATOMY OF A NATION: BRITISH IDENTITY IN 50 DOCUMENTS by Dominic Selwood

History | Constable | 416 pp | October 2020

ANATOMY OF A NATION explores over 800,000 years of British identity by examining fifty documents that tell the story of what makes Britain unique resulting in an anthology that offers a rich and unusual insight into the development of the British people and their sense of place in the world.

Britain is experiencing an acute trauma of identity, being pulled simultaneously towards its European, Atlantic, and wider heritages. One way to understand the dislocation and collapse in consensus is by looking to Britain's rich history: its evolution, achievements, complexities, and tensions. In turning to the past for answers, ANATOMY OF A NATION puts the crisis into context and asks how we got here. Although history cannot dictate or even predict the future, its windings illuminate the paths leading to – and beyond – the current crossroads.

Kings, queens, parliaments, and battles form the hard skeleton of Britain's history: they give it shape, but provide an often bony, dry account. In examining the fifty documents, ANATOMY OF A NATION focuses on what lies within: on the brain, guts, and heart that animate the skeleton with thoughts, emotion, and resolve. The book inevitably features plenty of important kings, queens, parliaments, and battles, but it weaves them into a deeper exploration of the underlying lives and experiences of Britain's ordinary people.

DOMINIC SELWOOD FSA FHistS LLB DEA DPhil is a history columnist for the *Daily Telegraph*. He is a barrister, and lives and works in London.

The selected letters of a remarkable Victorian woman



Jane Welsh Carlyle (1800-1866) was a writer like her husband, the historian Thomas Carlyle (1795-1881), but while he wrote volumes about the French Revolution, Oliver Cromwell and Frederick the Great she abjured big books in favour of letters and found her epics closer to home. In this selection of her letters she is revealed to be a hugely entertaining companion – wry, good on detail, and just as prone to the vagaries of mood and health, and full of the joys of an unexpectedly good literary party. It is clear that she didn't need to write books, because her energies went into these lively letters, and being married to Thomas Carlyle.

Says Claudia FitzHerbert: Jane Carlyle is a writer who has been rescued by the academy but who doesn't belong in the academy. In her compelling mixture of everywoman concerns and what she called her 'I-ety' she sheds light on what it was to keep house and stay married, fall ill, and stay sane, in a lightless nineteenth century world of smog and soot, and morphine over the counter. But she also, miraculously, closes the gap between now and then. Her distrust of organised religion and

her ear for cant, her mockery of mansplainers, fondness for strays and madmen and refusal to recognise conventional boundaries in her relationships with her maids – these are just some of the strains in her correspondence which make her attractive to the modern reader. In recent decades, Jane Carlyle's autonomy as a life-writer has been recognised and with this has come the suggestion that the clever and frustrated doctor's daughter chose her tyrant Man of Genius husband with her eyes wide open.'

Home was a tall dark house in Cheyne Row, Chelsea, into which the Carlyles moved from Scotland in 1834 and stayed for the rest of their lives. Her letters rejoice in the everlasting sound 'of men, women, children, omnibuses, carriages glass coaches, streetcoaches, waggons, carts, dog-carts, steeple bells, doorbells, Gentlemen-raps, twopenny-post-raps, footmen-showers-of raps... This stirring life is more to my mind, and has besides a beneficial effect on my bowels.' Her letters read like a most intelligent and engrossing novel.

CLAUDIA FITZHERBERT is a renowned book reviewer. Her **SELECTED LETTERS OF JANE CARLYLE** has the potential to reach a much wider audience than the current academic editions. The most recent selection appeared in 2004, published by Ashgate, and the cover price was £50. Our book consists of 150 letters and is divided into six sections tracking Carlyle's development.

ESTHER SIMPSON: THE FORGOTTEN WOMAN WHO DEFIED THE NAZIS AND HELPED SHAPE THE CULTURAL HISTORY OF THE WORLD by John Eidinow

History | Robinson | 304pp | September 2021

The incredible true life-story of Esther 'Tess' Simpson, rescuer of scientists, musicians, thinkers

Esther Simpson – known as Tess – devoted her life to rescuing and resettling mostly Jewish, academic refugees, whom she called her 'children', in the late 1930s and early '40s. Each case had to be argued with the Home Office and Simpson prepared 560 applications. In the end – but how slow the process seemed – they succeeded. Simpson's 'family' was described as 'the most talented and distinguished in the world'. Among their ranks were sixteen Nobel Prize winners, eighteen Knights of the Realm, seventy-four Fellows of the Royal Society, thirty-four Fellows of the British Academy and two members of the Order of Merit. This is the story of a now largely forgotten woman, a woman whose relentless efforts and tireless bravery helped shape the face of modern world.

JOHN EIDINOW has published three books with David Edmonds, each describing clashes between men of titanic gifts: *Wittgenstein's Poker* (shortlisted for the Guardian First Book Award); *Bobby Fischer Goes to War* (long listed for the Samuel Johnson prize); and *Rousseau's Dog*. He has also presented and interviewed for BBC Radio 4 and World Service, working in news and current affairs, and making documentaries on historical and contemporary issues.

THE TREASURE HUNT: THE SEARCH FOR THE WORLD'S MOST UNUSUAL MANUSCRIPTS by Rick Gekoski

History | Constable | 304pp | March 2021

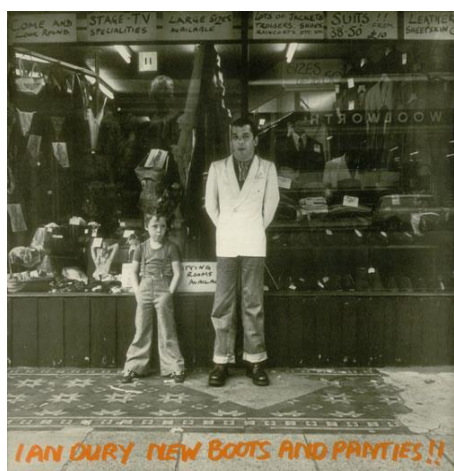
Rick Gekoski came from his native America to do a Ph.D at Oxford, and went on to teach English at the University of Warwick. In 1982, sick of lecturing, he decided to become a full-time rare book dealer, specialising in important twentieth-century first editions and manuscripts. He lives in London and spends time each year in Paris and New Zealand.

Music

CHAISE LONGUE by Baxter Dury

Memoir | Corsair | 288pp | November 2020

This memoir is a coming of age story like no other



When punk rock star Ian Dury disappeared to make films in the late eighties, he left his twelve-year-old son in the care of his roadie in a damp, flea-ridden flat in Chiswick. But this was no ordinary rock and roll tour roadie; this was the Sulphate Strangler. The Strangler, having taken a load of LSD in the 60s, was prone to depression, anger and hallucinations. He'd then gone on to gain notoriety in the 70s by working with Led Zeppelin - he undoubtedly presented a complex personality for a boy of twelve to grasp. Baxter's story is of these formative years and the extraordinary relationship that developed between the two, in a bohemia and time that we can all but imagine now.

Told in the uncompromising tone found in Dury's lyrics and filled with a brutal starkness that will draw comparisons to Viv Albertine's

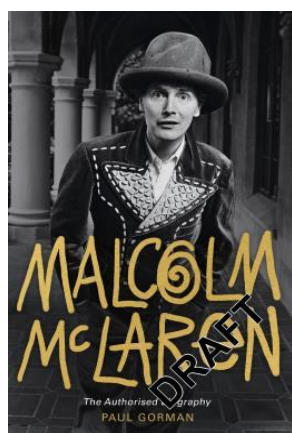
Clothes, Clothes, Clothes, Boys, Boys, Boys, this book will be one the most talked about publications of 2020.

The *Guardian* said of Baxter Dury's last album, *Prince of Tears*, *The songs are so good, the author's parentage scarcely seems to matter. Dury said of the record himself, The man singing and speaking it all is unreliable; he can't see the world properly. Its massively delusional, but because of that it's also emotionally true.* The period described in this book was the genesis of the talent we witness today.

MALCOLM McLAREN: THE AUTHORISED BIOGRAPHY by Paul Gorman

Biography | Constable | 448pp | 3x 8pp plate sections | April 2020

The authorised biography of the figurehead of the punk movement



This is the authorised biography of Malcolm McLaren, cultural iconoclast and enduring figurehead of the punk movement, perhaps most notoriously known as creator of the Sex Pistols. Paul Gorman has unparalleled access to McLaren's inner circle, and the book will feature contributions from Steven Spielberg, Quentin Tarantino, Marc Jacobs, David Bailey, Boy George, Johnny Rotten, Chrissie Hynde and Dame Vivienne Westwood. The book will include an introduction by Alan Moore, and a foreword by Steven Spielberg.

PAUL GORMAN is a writer specialising in visual culture. His books include *Straight With Boy George*; *The Look: Adventures In Rock & Pop Fashion* (foreword by Malcolm McLaren; introduction Sir Paul Smith); *Reasons To Be Cheerful* (introduction Billy Bragg); and *Legacy: The Story of The Face*

John Grant's untitled autobiography: John Grant with Fiona Sturges

Autobiography | Little, Brown | 352pp | February 2021

Grant's story is about family, alienation, masculinity, self-destruction, survival, the creative spirit – his voice on the page is just as unique and intimate as his music



In the past seven years John Grant has risen to become a hugely acclaimed singer-songwriter. His musical career started in the mid 90s when he and four other musicians formed the alternative, Denver-based rock band The Czars, and released six albums, while Grant struggled with drug and alcohol addictions. His last two LPs reached the Top Ten in the album charts and topped the end-of-year critics' lists in national newspapers and leading music magazines. He has been nominated for a Brit and a Q Award, won Attitude's Man of the Year award, and has sold out The Roundhouse, Hammersmith Apollo, Royal Albert Hall and Royal Festival Hall, some of them several times over. *Mojo* named his first album, *Queen of Denmark*, 'an Instant Classic' (only the second time they've ever done that) and it was their album of the year in 2010. He has followed up with two further critically acclaimed studio albums and a live album with the BBC Philharmonic. He was Rough Trade's top-selling artist.

Grant has collaborated with Elton John, Kylie Minogue, Sinéad O'Connor, Robbie Williams, Tracey Thorn, Allison Goldfrapp, Amanda Palmer, the BBC Philharmonic and the Northern Royal Sinfonia, and is a regular stand-in presenter on BBC6 Music. In 2016 he made a programme for Radio 4 about his adopted home of Reykjavik. The filmmaker Daisy Asquith is currently making a documentary about Grant, which is due to debut at the London Film Festival this autumn. His fourth album was released in 2018.

FUNK IS ITS OWN REWARD: FROM RHYTHM & BLUES TO HIP HOP by Lloyd Bradley

Music | Constable | 480pp | 16pp b/w & colour picture section | August 2020

The story of Funk is spectacular, silly, sexy, militant, profligate, pioneering, disciplined, improvisational, imaginative and never ever boring. A bit like the music itself

Second to Jazz, Funk is black America's most significant and recognisable cultural invention. It remains hugely popular in the UK and Europe, Australia and Japan. Like Jamaica's reggae, it put a people's freedom of expression squarely into popular culture. Like reggae, it accelerated an internally driven cultural modernisation. Like reggae, it is inseparable from the environment and socio-political situations from which it came. And like reggae, Funk deserves to be explored, contextualised and celebrated in its own big book. *FUNK IS ITS OWN REWARD* will be *Bass Culture* for black music of the 1970s, telling its stories, its triumphs and excesses as an adventure in music and attitude. Like *Easy Riders*, *Raging Bulls*, it will be an intimate portrait of a moment in time that changed things forever.

LLOYD BRADLEY is the author of *Sounds Like London: 100 Years of Black Music in the Capital*, which was published last year to wide acclaim. It was a Radio 4 Book of the Week and a *Financial Times*, *NME* and *Daily Telegraph* Music Book of the Year.

Personal development, leadership, self-help

90 RULES FOR ENTREPRENEURS by Marnus Broodryk

Business | Robinson | 256pp | March 2020

Discover the secrets that distinguish successful entrepreneurs from those who fail and learn which rules to follow and which to break. Marnus Broodryk, one of South Africa's best-known young entrepreneurs, shares the lessons he wishes he'd been taught before he started out.

This is not just another one of those books about 'rules'; this book may be the defining factor that will turn your dream into reality. Many have succeeded at being an entrepreneur, but many, many more have failed. Which side would you rather be on? Sure, entrepreneurship is often about breaking the rules. But there are also a number of them that you should follow if you want to survive long enough to see what happens when you do. A business should be more than just a venture – it should be an adventure! The difference between a successful journey, rather than a wasted one, is knowing when to do what. That is what this book is about. Not science, but experience. The rules of hustle.

MARNUS BROODRYK was born and raised in the small town of Harrismith in the Free State, South Africa. Raised by a single mom, who could barely afford his school fees, his 'rags to riches' success story reads like a movie script. He started washing cars and cutting grass to pay for school himself, followed by 18-hour days to get through university. A short decade later and Marnus has built one of the most valued and successful accounting firms in South Africa and was the youngest investor ever to be on the international television show Shark Tank. Today, this 32-year-old entrepreneur is the founder and CEO of The Beancounter, an accounting firm that takes the stress out of accounting for small- and medium-sized businesses. Marnus is arguably one of the most well-known entrepreneurs in South Africa and has become a thought leader and advocate for small business owners.

TIME: YOUR JOURNEY TO A SLOWER, RICHER, MORE FULFILLING WAY OF LIFE by

Tiddy Rowan

Self-Help | Piatkus | 224pp | November 2019

Insights and guidance on how to rediscover our true priorities, rhythm and real needs in life

The book will reward readers of life-style quests and who seek a better, richer, slower, more fulfilling way of life. It is for anyone who has ever pondered the paradoxes of time and for anyone who is interested in looking at their world from a fresh perspective. Whether the reader wants the encouragement to take time out on a life-scale: a year off following a dream, change of life-style completely - or simply adjusting life to accommodate a time-table that suits them, this book will have plenty of suggestions and tips.

TIDDY ROWAN practised meditation for the first time in 1971 and has been a student ever since. She has a lifelong interest in mind development and the ancient wisdom of teachers such as Lao Tzu, Buddha and Thich Nhat Hanh. She is the author of *The Little Book of Mindfulness*, *The Little Book of Quiet*, *Colour Yourself Calm* and *THE LITTLE BOOK OF PEACE* (Piatkus, 2016).

THE MAKING OF A LEADER: WHAT ELITE SPORT CAN TEACH US ABOUT LEADERSHIP, MANAGEMENT AND PERFORMANCE by Tom Young

Management | Robinson | 256pp | July 2020

What makes a leader? How do they thrive under pressure and inspire others to do the same? How do they establish a culture of long-term success?

We are fascinated with the makeup of leaders, from polar explorers and politicians to CEOs and sports coaches. What is it about these people that enables them not only to reach the pinnacle of their profession, but to create a culture of sustained success and bring others with them on that journey?

Performance psychologist Tom Young has worked closely with teams and individuals at the highest level of professional sport. He has seen how leaders in these high-pressure environments communicate, how they handle pressure, maintain focus and respond to challenges. In *The Making of a Leader*, Young shares the practical principles of sustained elite performance and shows how any individual can add value to their own business or organisation by applying these insights.

SLOW LIVING THE JAPANESE WAY: LIFE LESSONS FROM RURAL JAPAN by Beth Kempton

Self-help | Piatkus | 256pp | September 2021

An original and timely guide to slowing down and making the most of our precious lives, inspired by Japanese culture, wisdom and traditions.

As the pace of modern life reaches unsustainable speeds, this book will offer a much-needed calming antidote. Readers will journey with Beth Kempton through Japan, meeting a host of real people with thought-provoking life lessons to share. These lessons will be interpreted in a Western context, through insights into her own pursuit of a slower, richer life.

Practical advice and exercises will help readers explore their own version of 'slow living', and make significant shifts towards a calmer, and happier life.

Praise for WABI SABI: *'As summer comes to an end, there is no better idea than to curl up with a hot cuppa and this truly transformative read'* *Sunday Times Style*; *'I am obsessed with this book'* *The Tokyo Chapter*

BETH KEMPTON has a Master's Degree in Japanese and has spent many years living and working in Japan, which she considers her second home. She has been inhaling the magic and mystery of Japan - and been influenced by its philosophy and aesthetics - for over two decades. She previously trained in TV presenter skills at NTV in Tokyo, and many moons ago hosted her own TV show on Yamagata Cable Television in northern Japan. She is the founder of Do What You Love, and the bestselling author of WABI SABI: JAPANESE WISDOM FOR A PERFECTLY IMPERFECT LIFE.

SURVIVING STROKE: THE STORY OF A NEUROLOGIST AND HIS FAMILY by Helen Kennerley & Udo Kischka

Health | Robinson | 192pp | 10 b/w illustrations/photos | May 2020

A neurologist suffers a stroke

In October 2016, Udo Kischka suffered a severe stroke. A large intra-cerebral bleed, a bleed deep in the right side of his brain. He was not a typical stroke patient: Professor Kischka was a neurologist and specialist in stroke rehabilitation. Like all stroke patients, he embarked on a journey of recovery. In his case it was a re-education in his field of expertise. When he uttered the words, 'This is a life changing event' to his wife, Helen Kennerley, a few hours after the stroke, he had no idea just how life changing it would be or that there would be still be a good life to be had. Helen was a psychologist and CBT therapist who helped others and now had to help herself and her family, practising what she preached.

This readable and relatable book provides insight and realistic hope about what might lie ahead following a stroke, as well as offering both practical and emotional support. Written by experts on both sides of the fence, this is a personal, honest and hopeful story of a family's survival after a life-changing stroke.

DR HELEN KENNERLEY is a consultant clinical psychologist and CBT therapist (NHS) and university tutor (University of Oxford), as well as a founding fellow of the Oxford Cognitive Therapy Centre. She is the author of *Overcoming Anxiety* (Robinson, 2014), *Managing Anxiety* (OUP, 1995), *How to Beat Your Fears and Worries* (Robinson, 2011), *Overcoming Childhood Trauma* (Robinson, 2000) and *An Introduction to Coping with Childhood Trauma* (Robinson, 2011), and co-author of *An Introduction to CBT* (SAGE, 2016). Professor Udo Kischka is a retired consultant neurologist in neurorehabilitation (NHS), an academic visitor (University of Oxford) and research visiting fellow (Oxford Brookes University). He is co-editor of *The Handbook of Clinical Neuropsychology* (OUP, 2010) and the co-author of *Head Injury* (OUP, 2009).

THE AUGMENTED CAREER by David Shrier

Business | Robinson | 224pp | May 2020

A world ruled by AI is by no means certain. AI, at its heart, is a technology created by humans. By human society. And it is up to us to shape how it is used by society – and what we do with our individual careers so that we are a winner in the AI-enabled future. This book will help you do exactly that.

In the labs of academe, scientists are experimenting with a new kind of future: one in which AI-human hybrids deliver performance that neither can alone. AI-enabled humans can collectively predict the future with much greater accuracy than even the best AI systems alone or the most brilliant individual forecasters. We have only vaguely begun to grasp the feats of discovery that are enabled when AI and people are brought together in a positively-reinforcing system of intelligence.

If you have purchased this book, perhaps you are concerned about your own career in the new world order of AI. What can you do to prepare yourself for the AI-enabled future?

This volume will help you appreciate what's going on in the world today with respect to AI, and how we got here. It will help you understand which careers and industries are better positioned to weather the coming storm. Yet we must push beyond – we will delve together into the experimental world of AI+human hybrid systems, which outperform just people or just machines. Called centaurs, these cybernetic marvels promise a utopian world where we achieve heights not yet conceived of, much less understood. AI is a tool. Learn how to be a centaur, and pick up your bow.

David Shrier is a top futurist, entrepreneur and lecturer at MIT (alongside his Associate Fellowship at the Said Business School, Oxford University). He spends most of his time in Boston and has a great reputation among American businesses, having helped to deliver, according to his bio, \$8.5 billion in growth opportunities as a consultant with firms including Ernst & Young, Disney and AOL Verizon.

David has also been published in Forbes, Newsweek, CNBC. He acts as an advisor to the OECD, FINRA (the US securities regulatory body), European Parliament and the European Commission on digital identity, blockchain and AI.

HOW TO TELL DEPRESSION TO PISS OFF: 40 WAYS TO GET YOUR LIFE BACK by James Withey

Health | Robinson | 224pp | May 2020

A readable, comforting and practical book for anyone experiencing depression, by an author who has first-hand experience, both personal and professional, of the illness

Depression is a git. Truly it is. It is an illness that constantly tries to take you down, belittles you, criticise you, blame you, that gives you unbearable pain, destroys your motivation, concentration, gives you sleepless nights, anger, memory loss and has the capacity to kill you. In short, it needs to be given a darn good seeing to. I'm being polite, it needs a good thrashing, at the very least. This book gives you forty ways to get to a better place with this rotten illness. Unfortunately, we can't always get it to go away completely, but these tips will help you prioritise YOU and not the illness. The advice is born out of many years working professionally with people with depression and Withey's own discovery of what works when trying to manage depression, which he still lives with. He have been on both sides and knows how destructive this illness is, but also how resilient we can be. Depression hasn't beaten him because he keep throwing everything he can at it. Yes, it's exhausting but it means that you'll get moments in your life that are wonderful, and those moments are worth every ounce of effort.

You don't need to read this book in order; instead dip in and out when you can. Make marks on the book, write comments in the margin, circle words and phrases that resonate with you. It's fine not to like, agree with or try all the ways; you don't need to do them all. Pick the ones that appeal and give them a go. Then give them another go. Depression is a pernicious bugger, so you have to keep trying. Imagine it as bind weed trying to strangle a plant, you have to keep hacking away to keep it at bay.

Keep going. You're doing great.

JAMES WITHEY is the founder of The Recovery Letters project which publishes online letters from people recovering from depression. He is the co-editor of the bestselling book *The Recovery Letters: Addressed to People Experiencing Depression*. Withey trained as a person-centred counsellor and worked in addiction, homelessness and mental health services for fifteen years. He lives with depression and writes and speaks about mental health.

THE LITTLE BOOK OF MOON MAGIC: WORKING WITH THE POWER OF THE LUNAR CYCLES by Sarah Bartlett

Mind, Body, Spirit | Piatkus | 256pp | June 2020

Whether you seek emotional healing, spiritual growth or better relating, this little book will give you all the tools to channel the moon's energy whenever you need it.

This little book is filled with secret ways to connect you to the magic and mystique of the moon's power. By using rituals, astrology and affirmations, you will discover how to draw down and maximise this potent lunar energy at the most auspicious times, to make your life what you truly want it to be. From wishing on the new moon and manifesting success, to knowing when to attract new romance, this guide reveals how to go with the flow of the moon to bring you the happiness you seek.

This book also reveals how to track and utilise astrological lunar cycles throughout the year for self-improvement, as well as working with eclipses for positive transformation. You will also discover how your moon-sign determines your moods, comfort zones, emotional needs, and the kind of partner you feel most at home with. Learn also how to work with your personal moon-sign in tandem with the moon's phases for wellbeing and harmony in the home.

This is a book for all those wishing to deepen their connection with nature and take their spiritual practice to a new level.

SARAH BARTLETT is the author of many books, including THE LITTLE BOOK OF PRACTICAL MAGIC and the bestselling TAROT BIBLE. She has been the astrologer for the *Evening Standard* as well as many women's magazines such as *Cosmopolitan* and *Spirit and Destiny*. She contributes as astrologer to BBC Radio 2 and is one of the founding members of theastrologyroom.com where she provides both weekly content and a consultation service.

HOW TO WRITE SHORT STORIES AND GET THEM PUBLISHED: A COMPREHENSIVE GUIDE TO WRITING SHORT FICTION by Ashley Lister

How-to-Guide | Robinson | 288pp | December 2019

The definitive, indispensable guide to writing quality short stories and getting them published

This essential guide to writing short fiction takes the aspiring writer from their initial idea through to potential outlets for publication and pitching proposals to publishers. Along the journey this guide considers the most important aspects of creative writing, such as character, plot, point of view, description and dialogue. All of these areas are illustrated with examples of classic fiction, and accompanied by exercises that will help every writer hone their natural skill and talent into the ability to craft compelling short stories.

ASHLEY LISTER is the author of more than fifty full-length titles and countless short stories. His work has been published in a variety of national magazines, celebrated anthologies and academic journals. He has lectured in Creative Writing for more than a decade, writing and running a broad range of courses. He recently completed his PhD in Creative Writing where his thesis considers the relationship between plot and genre in short fiction.

THE BOOK OF TAROT by Alice Grist

Culture | Piatkus | 240pp | July 2020

A contemporary guide to finding your intuition and reading the tarot

The tarot has seen a huge revival in the past decade, with more people interested in learning about how they work and how they can connect to the cards. Modern Tarot provides them with everything they need to know, from what tarot is, to how to choose a deck and start using their cards by connecting to their own

intuition. It delves into the author's 25 years of modern-day experience and shares her vast knowledge, secrets and many fun anecdotes. This is a gentle and empowering book to bring tarot fully into the 21st century, while allowing the reader to gain some serious tarot wisdom.

ALICE GRIST is a reader of tarot, speaker and an award-winning author of popular non-fiction spirituality books. She writes articles for *Rebelle Society*, *The Daily Guru*, *The Daily Love*, *Soul and Spirit*, *Spirit and Destiny*, *Kindred Spirit*, *Haunted Magazine*, *Huffington Post*, *Hello Giggles*, *Amanda De Cadenet's The Conversation*, *Natural Health*, *The Daily Love*, and many more. She also writes the Tarotscopes for *Spirit Guides* magazine.

HOW TO LIVE TO 100 by Ariane Sherine and David Conrad

Health | Robinson | 272 pp | October 2020

When newspapers give daily contradictory advice on how to live longer, and on what foods will either help you or kill you, how do we know whom to trust and what we genuinely should do? Comedian Ariane Sherine is on a quest to find out the truth, and with the help of Public Health Consultant David Conrad, she looks at the evidence for everything from drinking green tea to having regular sex.

As our life expectancy increases, the question of how to live to a ripe old age in a state of good physical health has become more pertinent than ever before. Government websites, media articles, TV shows, books and self-appointed gurus feed us a seemingly endless diet of advice and instruction on what to do, what not to do and which new scientific discovery could save us from an early death or spending our old age in festering in poor health. HOW TO LIVE TO 100 cuts through the jargon and contradictory messages in a humorous, easily digestible style, providing simple evidence-based advice and information. In one hundred bite-size chapters, the authors draw exclusively on the hard science, covering the key determinants of a long and healthy life as well as potential causes of early death, and address the latest hot topics in the field. Many chapters also include contributions from celebrities giving their own endorsements or condemnations of certain lifestyle choices.

ARIANE SHERINE's TALK YOURSELF BETTER has been a #1 bestseller in several Amazon categories, and featured contributions from David Baddiel, Dolly Alderton, Charlier Brooker and Stephen Fry amongst others. She is a comedy writer and journalist, and she edited the bestselling *The Atheist's Guide to Christmas*. DAVID CONRAD is a Consultant in Public Health and has co-edited four previous books on health interventions and protection.

THE LASTING CONNECTION by Michaela Thomas

Self-help | Robinson | 272 pp | November 2020

Have you ever said the words 'what is wrong with you?' to your partner? Do you struggle against feelings of anger, fear or upset, wishing it away? Do you beat yourself up or blame yourself or your partner when things go wrong? Are you scared of being left, rejected, criticised or all alone? Do you find it hard to tolerate the bad parts of your relationship, the 'worse' in 'for better, for worse'? Do you find that you miss the good bits you used to have?

You're not alone - we all struggle in our relationships, and in our lives. This book explains why we act in ways which we may regret in relationships, how we can make sense of them by developing compassion for ourselves and our partners, so we can connect on a deeper level. Using Compassionate Mind Training, we can become sensitive to our own suffering and that of our partner's, so we can help alleviate it.

The book will include information based on what we know about the science and art of love; neuroscience about connection and how our brains work; the physiology behind the mind and body connection relevant to couples (e.g. touch and closeness), and about changing behavioural habits sustainably.

THE LASTING CONNECTION builds on the bestselling successes THE COMPASSIONATE MIND (over 120,000 copies sold) and THE COMPASSIONATE MIND WORKBOOK (over 10,000 copies sold), which have sold rights in many territories.

MICHAELA THOMAS is a clinical psychologist and couples therapist with many years' experience in the NHS and private practice.

THE LITTLE BOOK OF NATURAL CLEANING TIPS

Home | Sphere | 144pp | March 2020 |

Your essential guide to traditional, natural home cleaning

Home is the place where everyone should feel happy and at peace . . . and that means a house that is clean, safe and welcoming to all.

Using traditional, natural cleaning methods to tackle everyday chores is not only a simple and effective way to help the environment, but also helps safeguard your family, friends and pets from the potentially harmful side-effects of many modern cleaning products. one should feel happy and at peace . . . and that means a house that is clean, safe and welcoming to all.

Pregnancy, parenting, families

HEARTFELT PARENTING: HOW TO RAISE EMOTIONALLY BALANCED AND RESILIENT CHILDREN USING THE NEUROSCIENCE OF CONNECTION by Shelly Chauhan

Parenting | Robinson | 224pp | March 2020



This book will show you how to nurture your child's brain for life-long emotional resilience, authenticity and well-being

Drawing on current powerful neuroscience, this book equips you with a deep insight into how your interconnected brain, mind and body shapes your capacity for heartfelt connection, emotional regulation and compassion, and the compelling influence this has on your child's developing mind. We know, based on established brain science, that children develop well in the care of parents who can regulate and express their own emotions effectively, who are present and attentive rather than in 'autopilot' mode, and who show warmth, empathy and compassion along with the requisite level of authority towards them. But in this age of relentless mental overload, busy schedules and constant stimulation, many parents know how difficult it can be to exude the sense of openness, warmth and connection that children need to develop well.

The last thing parents need is yet more prescriptive advice about what you should and shouldn't think, do or say as a parent, so this this book helps you understand, in a tangible way, how to feel relaxed, open and compassionate when you are around your children. This is a vital ingredient in parenting, because this feeling state, involving your brain, nervous system, heart, facial expressions and voice, deeply calms your children, enables them to listen to you and respect your rules, and nourishes their brains for life-long resilience, empathy, self-acceptance and authenticity.

Since completing her MSc in 2003, SHELLY CHAUHAN has worked as a consultant occupational psychologist with VWA Consulting in London. Her work includes coaching and developing individuals on overcoming psychological and emotional barriers. She is a regular contributor to *Psychologies* magazine.

WHAT MOTHERS LEARN: FROM THE EXPERIENCE OF HAVING CHILDREN by Naomi Stadlen

Parenting | Piatkus | 288pp | April 2020

The follow-up to WHAT MOTHERS DO and HOW MOTHERS LOVE

In her new book, Naomi Stadlen addresses current political and social issues surrounding motherhood such as the widespread and usually covert social prejudice against mothers; whether being a mother is only a matter of menial tasks or whether it counts as intelligent work; whether mothering is detrimental to a woman's mental health; whether mothers damage their children when they have outburst of anger; whether a mother can call herself a feminist; how women develop their potential as mothers.

Praise for Naomi Stadlen's WHAT MOTHERS DO: *Brilliant insightful* – the *Guardian*; *The best parenting book you've never heard of* – the *Guardian*; *Naomi Stadlen's books are insightful, helpful and delightfully referenced. It is an inspiring reminder that much is to be learnt when you listen* – Edwina Hoffmann.

NAOMI STADLEN has unique experience of listening to mothers. For over twenty years, she has run a weekly discussion group - Mothers Talking - which meets at the Active Birth Centre in London. She is a qualified psychotherapist and also a mother and grandmother. Stadlen has been variously published in Korean, Romanian, Hebrew, Spanish, simplified Chinese, Italian, Japanese, German, Greek and in the USA.

THE BABY FEEDING BOOK: YOUR ESSENTIAL GUIDE TO BREASTFEEDING, BOTTLE-FEEDING AND GIVING SOLID FOODS TO YOUR BABY WITH CONFIDENCE by Vanessa Christie

Childcare | Piatkus | 320 pp + 15 b/w illustrations | February 2020

From breastfeeding and bottle-feeding to weaning, this is the only book you will need to feed your baby with confidence, and without judgement, in the first year



THE BABY FEEDING BOOK is a unique, fascinating and holistic expert guide into the world of feeding babies and becoming a parent. Central to the non-judgemental delivery of this book is the focus on the importance of the experiences of individual parents, alongside the health and wellbeing of their babies, standing it apart from any other book in this genre.

Packed full of bite-size text (to aid those bleary eyes), ground-breaking practical tips, informative illustrations and true stories from parents, this book smashes through myriad myths and conflicting advice to cover everything a new parent should know, in order to help them make their own informed decisions and feed 'successfully', according to their own goals.

The author covers everything from preparation, being mindful of marketing strategies, 'hypno-boobing', emotional wellbeing, involving partners as well as the practical side of feeding, such as how do you sterilise? Do I have mastitis or a plugged duct? How do I top-up so my baby sleeps longer? How do I store milk? When should I give my baby peanuts? And so much more...

VANESSA CHRISTIE (MSc, MN, IBCLC, RHV, RNC, CIMI) is an International Board-Certified Lactation Consultant, Birth & Peri-natal Trauma Practitioner, Health Visitor, Children's Nurse, Infant Massage Instructor and a mother of two. She has worked alongside over ten thousand new families over the past twenty years. She is a Breastfeeding and Early Parenting Expert Speaker for both The Baby Show and Mumsnet and writes for publications and websites including *The Huffington Post*, *OK*, *Mother & Baby*, *Families* and *Baby London*, amongst others.

HOW TO RAISE A TECH GENIUS: DEVELOP YOUR CHILD'S COMPUTING SKILLS WITHOUT SPENDING A PENNY by Shahneila Saeed

Parenting / education | Robinson | 256 pp + b/w line illustrations | July 2020

How to teach computing concepts without computers! *How to Raise a Computer Genius* makes the computing curriculum accessible for parents and families

We live in a digital world - a world in which our children are growing up surrounded by technology. It's a part of their lives in a way that even the most tech-savvy adults aren't fully able to comprehend. What we do know is that the workplace of tomorrow needs our children to be able to harness the power behind the technology, to be able to understand key concepts and apply them. Logical reasoning, creativity and problem solving are skills that are becoming increasingly essential in the world of work. How can we best

prepare our children to enter this world? HOW TO RAISE A TECH GENIUS is a practical book that assumes no prior knowledge or understanding of computing and enables parents to learn skills and concepts alongside their children. The quick and easy fifteen-minute activities in the book have been developed using first-hand teaching expertise.

From a deck of playing cards to the story books on your bookshelf or even the contents of your fridge, HOW TO RAISE A TECH GENIUS uses everyday objects to illustrate essential computer science concepts. Children and adults alike will enjoy playing games while developing their algorithmic thinking and logical reasoning. This book demystifies computing for adults, showing parents a whole new side of computing, coding and technology so that they can help their child become a computing genius!

SHAHNEILA SAEED has over twenty years of experience in computing education. In 2014 Saeed joined Ukie (UK Interactive Entertainment Association) to become Head of Education and Director for the nationwide Digital Schoolhouse programme (a not-for-profit organisation backed by the video games industry and government that aims to revolutionise computing education in schools) of which she is director. She is the author of *Hacking the Curriculum: Creative Computing and the Power of Play*, a book that uses play-based learning to teach computing. The programme is renowned for using play-based learning to teach computing concepts in order to inspire educators and students alike.

THE ZEN MAMA by Sarah Ivens

Parenting | Piatkus | 272pp | January 2020

Your no-guilt guide to raising brave, kind children



THE ZEN MAMA is a guide to letting go of parenting expectations and fears in order to raise courageous, confident kids through free-range parenting. It outlines a way of life to create a chilled parent and a relaxed and contented child. THE ZEN MAMA philosophy is that mother and child complement each other in adventures and experiences, always putting safety first but without getting caught up in the anxieties, drama, impossible expectations and mental baggage that too often comes along with modern parenting in this social media and judgemental age. Learning to become a Zen Mama will help you grow and nurture a Zen Kid - a child who isn't afraid to be different, who can stand up for himself or his friends, and can travel the world and experiment with new things without being overwhelmed with self-doubt or being scared.

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