



AUTUMN 2019

HEADLINE

US RIGHTS LIST

HEADLINE

Headline was founded in 1986 with a single promise at its heart: to publish the books people want to read. Sometimes, the simplest ideas are best.

Headline has spent over three decades creating books people want to read and our passion for the commercial means we are home to some of the UK's biggest-selling authors and continue to invest in new talent with bestseller potential.

IMPRINTS



Headline Fiction - where bestsellers are made, with authors both genre defining and genre defying



Headline Review - quality books for the lover of reading-group fiction



Eternal - our romance list, specialising in digital best-sellers, quick to spot trends in what readers want



Tinder Press - our literary imprint, a space where classy, intelligent writing can thrive



Wildfire - a nimble start-up seeking out the best modern writing, from edgier literary fiction to narrative memoir and state-of-the-nation non-fiction



Headline Non-Fiction - publishing books that make us laugh, teach us something new, surprise us, or take us on rollercoaster ride through someone else's life



Headline Home - publishing authors that will help us all to live the best possible lives we can in this fast-paced, modern world

Headline & Hachette Ireland

US Rights List - Autumn 2019

FICTION

4

NON-FICTION

16

RIGHTS TEAM



Rebecca Folland

Rights Director - HHJQ

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LOVE IN COLOUR Bolu Babalola

Love stories that truly represent the world we live in; celebrated and retold in this unique illustrated collection, by debut author Bolu Babalola.

Discover love from times long ago...

Join Bolu Babalola as she retells the most beautiful love stories from history and mythology in this stunning collection. From the homoromantic Greek myths, to magical Nigerian folktales, to the ancient stories of South Asia, Bolu brings new life to tales that truly show the vibrance and colours of love around the world.

Headline

UK Pub: April 2020

UK Editor: Katie Packer

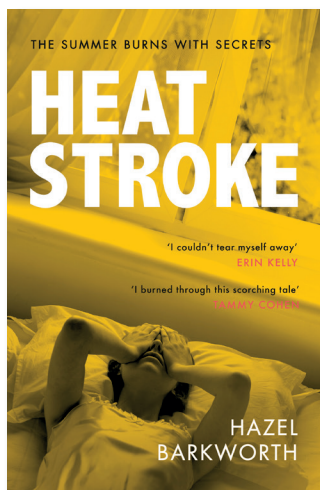
Sample material available.

The anthology is a step towards decolonising tropes of love, and celebrates in the wildly beautiful and astonishingly diverse tales of romance and desire that already exist in so many cultures and communities.

Get lost in these mystical worlds and you will soon realise that humanity - like love - comes in technicolour.

About the Author:

Bolu Babalola is a London-based writer, and lover of love. In 2016, she was shortlisted in 4thEstate's B4ME competition for her short story 'Netflix & Chill', a hilarious teen romance. Whilst writing scripts for TV and film, she also works as a TV and Culture columnist for Dazed, where she calls herself a 'romcomoisieur'.



Headline Review

UK Pub: May 2020

UK Editor: Frankie Edwards

Proofs available.

HEATSTROKE

Hazel Barkworth

Intoxicating and compulsive, *Heatstroke* is a darkly gripping, thought-provoking novel of crossed boundaries, power and betrayal, that plays with expectations at every turn.

For fans of Zoe Heller, Emma Cline, *Expectation* and *The Lemon Grove*.

It is too hot to sleep. To work. To be questioned time and again by the police.

At the beginning of a stifling, sultry summer, everything shifts irrevocably when Lily doesn't come home one afternoon.

Rachel is Lily's teacher. Her daughter Mia is Lily's best friend. The girls are fifteen – almost women, still children.

As Rachel becomes increasingly fixated on Lily's absence, she finds herself breaking fragile trusts and confronting impossible choices she never thought she'd face.

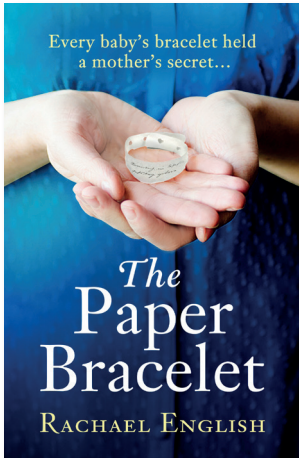
It wasn't supposed to happen like this.

Praise for *Heatstroke*:

'Heatstroke announces Hazel Barkworth as a stunning new voice in contemporary fiction.' - **Erin Kelly, author of *He Said/ She Said***

About the Author:

Hazel Barkworth grew up in Stirlingshire and North Yorkshire before studying English at Oxford. She then moved to London where she spent her days working as a cultural consultant, and her nights dancing in a pop band at glam rock clubs. Hazel is a graduate of both the Oxford University MSt in Creative Writing and the Curtis Brown Creative Novel-Writing course. She now works in Oxford, where she lives with her partner. *Heatstroke* is her first novel.



Headline Review

UK Pub: February 2020

UK Editor: Sherise Hobbs

MS available

THE PAPER BRACELET
Rachael English

A dusty old box is opened and long-held secrets from a hidden past emerge ...

For almost fifty years, Hannah Maguire has kept a box of secrets.

It dates from her time working as a nurse in a west of Ireland mother and baby home in the late 1960s, and contains a notebook with details of the babies and young women she met there. It also holds many of the babies' identity bracelets.

Following the death of her husband, Hannah makes a decision. She posts a message on an internet forum, knowing that the information she possesses could help reunite adopted people with their birth mothers.

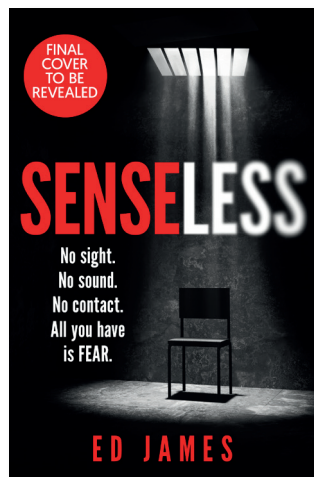
Soon, the replies are rolling in, and Hannah encounters success, failure, heartache and joy as finds herself in the role of part-detective, part-counsellor - chasing down leads, piecing together stories, and returning many of the bracelets to their original owners.

But there is one bracelet in the box that holds the key to a story that can never be told ...

The Paper Bracelet is a gripping and moving story of secrets, lies and a love that never dies.

About the Author:

Rachael English is a bestselling novelist and presenter on Ireland's most popular radio show, *Morning Ireland*. During more than twenty years as a journalist, she has worked on most of RTÉ Radio's leading current affairs programmes, covering a huge range of national and international stories. *The Paper Bracelet* is her fifth novel.



Headline

UK Pub: July 2020

UK Editor: Toby Jones

MS available October

SENSELESS Ed James

A chilling and page-turning thriller that will grip fans of Chris Carter, M.J. Arlidge, Daniel Cole and Fiona Cummins.

HE WILL TAKE EVERYTHING...EVEN YOUR SANITY.

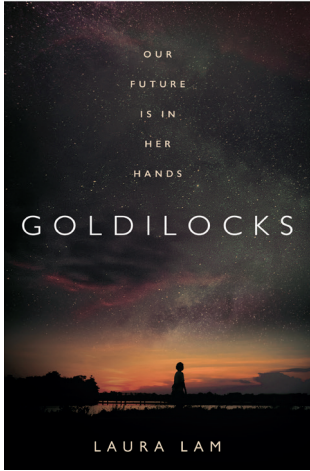
Six weeks after vanishing, Sarah Langton is suddenly found on a quiet country lane - half-crazed and starved close to death. Without a single clue the police struggle for answers.

When another missing person appears, broken by weeks of sensory deprivation, a deadly pattern becomes terrifyingly clear: a twisted predator is driving his victims to madness.

D.C. Corcoran, haunted by a previous case, and Dr Marie Philips, a leading criminal psychiatrist, must come together to find a link between the survivors - and unravel the deadliest of puzzles. But, with another woman disappears, every second will be critical...

About the Author:

Ed James is the author of the bestselling DI Simon Fenchurch series and the self-published Detective Scott Cullen series. During his time in IT project management, Ed spent every moment he could pursuing his love for writing and has now traded in his IT project management hat in order to write full-time. He lives in East Lothian, Scotland.



Wildfire

UK Pub: April 2020

UK Editor: Ella Gordon

MS available

GOLDILOCKS

Laura Lam

A high-powered high-concept feminist dystopian thriller, that fans of *The Power* and *The Martian* will love

Ravaged by environmental disaster, greed and oppression, our planet is in crisis. The future of humanity hangs in the balance - and one woman can tip it over.

Despite increasing restrictions on the freedoms of women on Earth, Valerie Black is spearheading the first all-female mission to a planet in the Goldilocks Zone, where conditions are just right for human habitation.

It's humanity's last hope for survival, and Naomi, Valerie's surrogate daughter and second-in-command, has been waiting her whole life for an opportunity like this - to step out of Valerie's shadow and really make a difference.

But when things start going wrong on the ship, Naomi starts to suspect that someone on board is concealing a terrible secret - and realises time for life on Earth may be running out faster than they feared . . .

This is *Station Eleven* meets *The Martian* - a bold and thought-provoking new high-concept thriller

About the Author:

Laura Lam is the author of several science fiction books, including Radio 2 Book Club selection *False Hearts*. Originally from California, she now lives in Scotland with her husband, and currently teaches Creative Writing at Edinburgh Napier University.



Wildfire

UK Pub: Spring 2021

UK Editor: Kate Stephenson

**Full material available
Spring 2020**

THE SILENT GUEST

Lucy Moore

***The Hunting Party* meets *The Ice Twins* in this taut, page-turning thriller, dripping with atmosphere.**

Seven friends gather at a lodge in the Scottish Highlands. One last girls' weekend away before Georgina's wedding. Near the house, through a path in the woods, is a lake. After a few bottles of Prosecco, the girls decide to head down to the water to take photos. The lake is wild, lonely, and stunningly beautiful. They set their camera to self-timer and take some group shots. Later, looking back at the pictures, they see something impossible. There are seven of them on this trip – but in one of the photos is an eighth person. Behind them, eyes wide, a small, drenched boy emerges from the water.

How did he get there, where is he now... and what does their silent guest want?

As unease sets in, fear causes tensions to rise, and the group dynamics start to shift. The girls thought knew each other's darkest secrets, but one of them has been hiding something terrible. Consumed by grief, she's been waiting for the perfect moment to wreak her revenge...

About the Author:

Lucy Moore is a pseudonym for Lucy Ribchester. Lucy is a Scottish writer whose first two novels (historical) were published by S&S. Her debut, *The Hourglass Factory*, a historical thriller, was picked by Val McDermid for her Harrogate New Blood panel in 2015. It was also endorsed by Ian Rankin, and received great reviews across the national broadsheets.



Tinder Press

UK Pub: April 2021

UK Editor: Leah Woodburn

Translation due November

THE COMMUNIST'S DAUGHTER **Aroa Moreno Duran**

A beautiful and moving story of displacement, the lasting legacy of war and its devastating effect on a family.

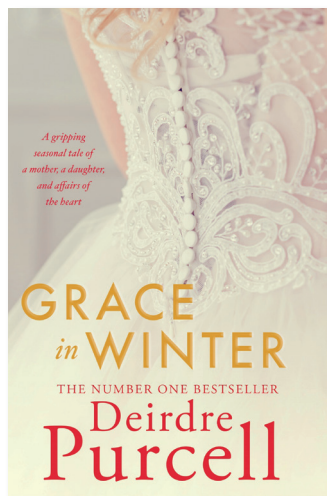
For fans of *All the Light We Cannot See* and *The Lives of Others*.

Katia is the daughter of two Spanish communist exiles living in East Berlin, and the novel is a portrait of her life over the second half of the 20th century, torn apart first by the Spanish Civil War, from which Katia's parents escaped, and then by the Berlin Wall, which trapped them in the Soviet Union.

Katia escapes to the West when she is 21 years old and does not speak to her parents again, it being too dangerous for them to know anything about her. But then the wall comes down and Katia has the chance to go back to her family home for the first time in years...

About the Author:

Aroa Moreno Duran was born in 1981 and lives in Spain. *The Communist's Daughter* is her first novel. The book is in its fifth print run in Spain and won the prestigious Premio El Ojo Crítico for Best Novel of the Year



Hachette Books Ireland

UK Pub: October 2019

UK Editor: Ciara Considine

Page Extent: 384pp

GRACE IN WINTER Deirdre Purcell

A gripping seasonal tale of a mother, a daughter, and affairs of the heart

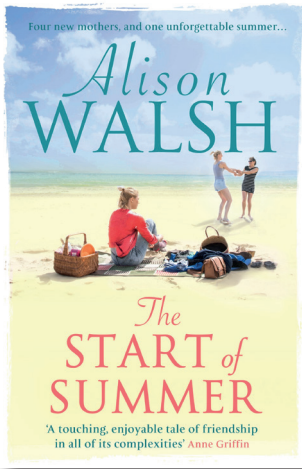
Love at first sight, on an ice floe, on a dream cruise. The sound of wedding bells soon after. Impossibly romantic, or so it seems...

For mother-of-the-bride Grace, it is anything but. Years of caring for her beautiful, erratic and unpredictable daughter Leonie have left her wise and worn. As she watches what began as a hopeful break away for mum and daughter become a tale of newfound passion between Irish beauty and besotted American male, she braces herself for drama to follow. And follow it does, in ways that she could not have predicted.

As Grace picks up the pieces of her life after unseen events leave her reeling, she soon faces her own tough decisions. *Grace in Winter* is a compelling story of the bonds of motherhood and of affairs of the heart, which explores a feeling that never ages in a woman who has seen life from all sides. But will Grace manage to let love in?

About the Author:

Deirdre Purcell was born and brought up in Dublin, and educated there and in a County Mayo convent. Before turning to the writing of fiction, she lived through an eclectic set of careers, including acting, as a member of the permanent company of Ireland's National Theatre (The Abbey), and journalism for all media - for which she won Ireland's top awards. She has written numerous fiction and non-fiction bestsellers and for six years, presented 'What It Says in the Papers' slot for RTE's *Morning Ireland* programme, leaving in 2018 to concentrate on her writing.



Hachette Books Ireland

UK Pub: May 2019

UK Editor: Ciara Doorley

Page Extent: 416pp

'THE START OF SUMMER

Alison Walsh

A novel about the close - and complex - bonds of female friendship between four new mothers, *The Start of Summer* looks at that time when life changes utterly, never to be the same again.

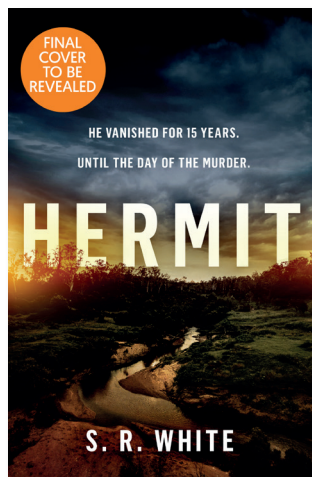
A long, hot summer has just begun. Three new mothers gather in the park, in the shade of the trees, forming a tight circle. They keep each other close, sharing gossip, parenting wisdom and deep secrets.

Gracie appears to have adapted to motherhood with ease, but secretly she wonders if the cost - to her job and her relationship - is too high. Free-spirited Lina is a single parent by choice, but finds that her decisions have consequences, for her daughter and for herself? And shy Jane is facing the battle of her life, against the man who should be her rock, and with the echoes of a painful decision she made years before.

When a lonely new mum asks to join them, the circle opens to let her in. But Elise's arrival provokes mixed emotions amongst the other mothers, as each is forced to confront her true self and the fact that life will never be the same again.

About the Author:

Alison Walsh has worked in publishing and literary journalism for a number of years. She wrote a popular and humorous column on family life for the *Irish Independent* for some years, and this was followed by a memoir on motherhood, *In My Mother's Shoes*, which became a number-one Irish bestseller in 2010. She is a regular contributor to the Sunday Independent books pages. Alison lives in Dublin with her husband and three children. Follow her on Twitter at @authoralison or visit her website at www.alisonwalsh.net



Headline

UK Pub: November 2020

UK Editor: Toby Jones

MS available

Rights sold:
Czech (Host)

HERMIT

S. R. White

Compulsive, atmospheric and stunningly accomplished, *HERMIT* introduces a thrilling new voice in crime fiction – perfect for fans of celebrated crime writers like Jane Harper, Tana French and Michael Connolly.

HE DISAPPEARED FOR 15 YEARS...UNTIL THE MORNING OF THE MURDER.

After the puzzling death of a shopkeeper in rural Australia, troubled detective Dana Russo has just 12 hours to interrogate the prime suspect - a silent, inscrutable man found at the scene of the crime, who simply vanished 15 years earlier.

Where has he been? And just how dangerous is he? Without conclusive evidence linking him to the killing, Dana must race against time to persuade him to speak.

But over a series of increasingly intense interviews, Dana is forced to confront her own past if she wants him to reveal the shocking truth.

About the Author:

S R. White worked for a UK police force for twelve years, before returning to academic life and taking an MA in Creative Writing at Nottingham Trent University, now living in Queensland, Australia.



Hachette Books Ireland

UK Pub: September 2019

UK Editor: Ciara Doorley

Page Extent: 384pp

FILTER THIS **Sophie White**

Filter This explores the chasm between life Online and IRL, where hiding from the little lies can easily become a fake haven from dealing with proper grown up stuff like death, loneliness, ambition, dishonesty and love.

Ali Jones is hell-bent on achieving her #lifegoals: 10,000+ Instagram followers and a win at the upcoming Glossie Awards. So when she inadvertently leads people to believe she's pregnant and immediately gains thousands of followers, she realises that riding the 'Mummy Influencer' wave could be her ticket to Insta-success. But then Tinder Sam, Ali's one-night-stand, resurfaces, determined to take his new role as baby daddy seriously.

Elsewhere on Insta, Ireland's biggest influencer (and Ali's idol) Shelly Devine has it all -- at least on screen. But beneath the immaculately curated feed, Shelly harbours a secret from her followers -- and her husband --- but who will be the first to discover what she's been hiding?

As Ali's lies spiral out of control, and Shelly starts to take a hard look at her life choices, what will it take for them to realise what's truly important before they lose what matters most?

About the Author:

Sophie White began her writing career at age 27, when she started writing a weekly column 'The Domestic' for *Sunday Independent's Life* magazine. She has reviews of books and restaurants, cultural commentary and interviews for a variety of Irish publications and her first book *Recipes for a Nervous Breakdown*, part-memoir/part cookery book was published in 2016. *Mother of Pod*, the successful podcast she hosts with Jen O'Dwyer, was launched in January 2018 and they launched a second podcast, *The Creep Dive*, in January 2019. Sophie lives in Dublin with her husband and two sons.



THE MISSING PIECES OF NANCY MOON

Sarah Steele

Warm, transportive and utterly heartwrenching, a captivating debut novel for the book club audience perfect for readers of Ruth Hogan and Joanna Cannon.

1962. A young woman caught the boat train to Paris. It's time to unravel what happened that summer...

Florence Connelly is broken-hearted. Her marriage has collapsed under the weight of the loss she shares with her husband, and her beloved grandmother has just died. Even the joy she found in dressmaking is gone. But things change when she opens a box of vintage 1960s dress patterns, discovered inside her grandmother's wardrobe. Inside each pattern packet is a fabric swatch, a postcard from Europe and a photograph of a mysterious woman who she discovers is called 'Nancy', wearing the hand-made dress.

With no one to stay home for, Flo decides to re-make Nancy's dresses, and to head across to the Continent to re-create her Grand Tour of 1962. As she follows the thread, Flo begins to unravel an untold story of love and loss in her family's past. And to stitch the pieces of her own life back together.

About the Author:

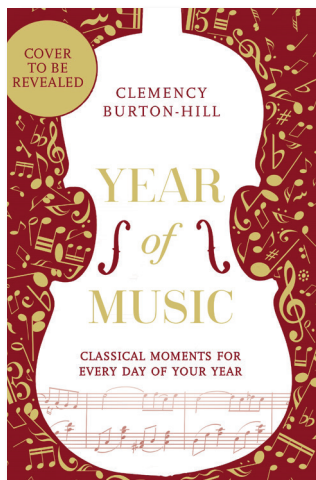
After training in London as a classical pianist and violinist, Sarah Steele joined the world of publishing as assistant to Carole Welch at Hodder and Stoughton. She was for many years a freelance editor, combining this with teaching music and bringing up her three children. Sarah is joint director of the recently established Tetbury Book Festival, which enjoyed its inaugural weekend in May 2019, featuring authors such as Ali Smith and Melissa Harrison. Sarah lives in the beautiful Gloucestershire town of Stroud.

Headline

UK Pub: August 2020

UK Editor: Sherise Hobbs

MS available



Headline

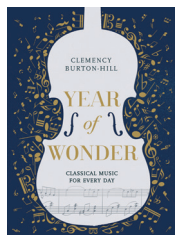
UK Pub: May 2020

UK Editor: Lindsey Evans

Material available
January 2020

Rights Sold in Previous Title:

- China (Ginkgo)
- German (Diogenes)
- Italy (Neri Pozza)
- Korea (Will Books)
- Poland (Foksal)
- Romania (Editura Vellant)
- Russia (Eksmo)
- Spain (Ediciones Urano)
- US (Harper)



YEAR OF MUSIC
Clemency Burton-Hill

A carefully curated collection of classical music offering one piece to listen to every day of the year.

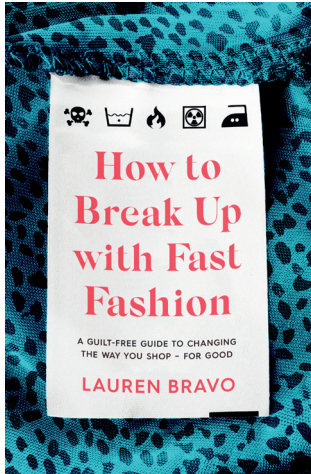
In this follow-up to her much-loved *Year of Wonder*, award-winning violinist, journalist and broadcaster Clemency Burton-Hill seeks to represent the widest possible picture of what the genre known as ‘classical music’ can be. In this book, she demystifies the music by humanising its creators.

‘Classical composers can seem impossibly remote from the lives of regular humans in the 21st century. The term “classical” music, if it conjures any image at all, invariably calls to mind some sort of 18th-century European white male, perhaps in a powdered wig and velvet frock coat. We don’t think of these humans as being just like us: relatable, fallible, flawed creatures who are all in their own ways figuring out how to be. We don’t think of them as being women, people of colour, minorities. And yet in this book we find hundreds of inspiring humans of all stripes and backgrounds, creating music of dazzling diversity. I write of their stories, their lives and loves, their losses and triumphs, their sorrows and joys and as I did so that old cliché about music being the universal language was revealed for the profound truth it is. Truly all of human life is here.’

The pieces of music you will find in this book will see you through a whole year, offering a soundtrack to your everyday life as well as a reminder that finding a space to sit and listen to a piece of music every day can be a singular gift to yourself.

About the Author:

Clemency Burton-Hill is one of the UK's leading arts broadcasters and writers as well as Creative Director of Music and Arts for New York Public Radio. An award-winning violinist, Clemency has performed all over the world. She is the co-founder of Aurora Orchestra and a patron of the charities The Choir of London Trust and Dramatic Need.



Headline Home

UK Pub: January 2020

UK Editor: Anna Steadman

Page Extent: 288pp

HOW TO BREAK UP WITH FAST FASHION Lauren Bravo

A fun and practical guide to changing the way you shop

You probably know the statistics: global clothing production has roughly doubled in just 15 years, and every year an estimated 300,000 tonnes of used clothing ends up in UK landfill.

Fast fashion is the ultimate toxic relationship. It's bad news for the planet, our brains and our bank balances. We can't go on like this; our shopping habits need an overhaul.

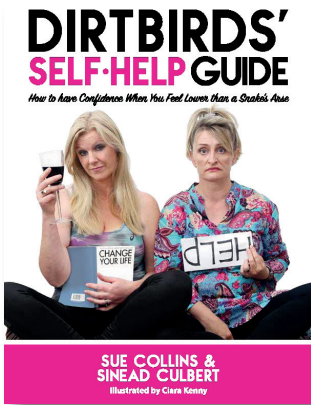
Journalist Lauren Bravo loves clothes more than anything, but she's called time on her affair with fast fashion in search of a slower, saner way of dressing. In this book, she'll help you do the same.

How To Break Up With Fast Fashion will help you to change your mindset, fall back in love with your wardrobe and embrace more sustainable ways of shopping - from the clothes swap to the charity shop. Full of refreshing honesty and realistic advice, Lauren will inspire you to repair, recycle and give your unloved items a new lease of life without sacrificing your style.

Because fashion belongs to everyone, but no outfit should cost us the earth.

About the Author:

Lauren Bravo is a freelance journalist who writes about fashion, popular culture, food, travel and feminism, for places like *Grazia*, *Cosmopolitan*, *Stylist*, *easyJet Traveller*, *Time Out*, the *Telegraph* and the *Guardian*. Her first book, *What Would The Spice Girls Do?* was published by Transworld in 2018. In 2019, Lauren went on a year-long fast fashion ban. She volunteers in a charity shop once a week (to get first dibs on all the best clothes). She is on Twitter and Instagram as @laurenbravo.



Hachette Books Ireland

UK Pub: October 2019

UK Editor: Ciara Considine

Page Extent: 288pp

THE DIRT BIRDS' SELF-HELP GUIDE **Sue Collins and Sinead Culbert**

For just about any issue that has a woman reaching for the bottle well before cocktail hour, the Dirt Birds are here to help!

If making the school lunches, doing the Jaysus homework and dodging the guards because your NCT is out by two years is sending you over the edge, you are not alone. *The Dirt Birds' Self Help Guide* is full of advice and tips on how to survive the stresses and strains of modern day living.

With advice ranging from the slightly unorthodox to the almost illegal, there's barely a situation this book won't get you out of. From how to deal with issues like the trauma of parenting to wobbly self-esteem, managing stress levels when you see a garda check point and just about anything that can send a woman reaching for the bottle well before cocktail hour, the Dirt Birds are here to help.

About the Authors:

Sue Collins is a comedy writer, actress, stand-up comedian and a former member of the comedy trio 'The Nualas'. Sue lives in Dublin 8 with her husband and four children. Sue does not have any hobbies because she has FOUR CHILDREN!

Sinead Culbert is a comedy writer, actress and stand-up comedian from Dundalk. Sinead lives in Lusk, North County Dublin with her Dutch husband, two children Leon and Sophia and her dog David (the dog was already named when she rescued it). Sinead's hobbies includes panicking and finding ways to avoid doing housework.

DIRT BIRDS have gained a huge following on social media and have sold out live shows across the country to rave reviews.



Wildfire

UK Pub: August 2020

UK Editor: Shoaib Rokadiya

Sample spreads available.

SUBTERRANEA

Chris Fitch

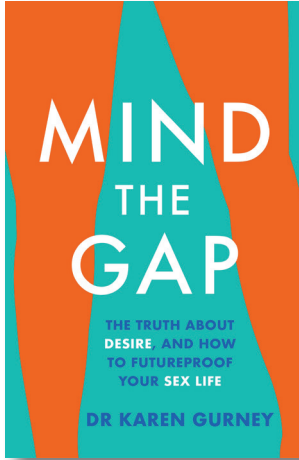
A gorgeously-illustrated record of natural and human history that will tell the story of our planet from the inside out.

What would you see if you pulled back the ground you walk on every day? What would it tell us about our ancestors and the natural world? How would it change how we interact with the planet – and how we live?

Subterranea is a book that tears away the world below our feet and offers us a glimpse of the breathtaking wonders that lie underneath. From an immense network of tunnels built under the city of Ho Chi Minh in Vietnam to the iconic catacombs of Paris, and with dozens of natural wonders in-between, Subterranea is a full-colour, gorgeously-illustrated and endlessly fascinating record of thousands of years of natural and human history that will tell the story of our planet from the inside out.

About the Author:

Chris Fitch is senior staff writer at *Geographical*, the official magazine of the Royal Geographical Society. His first book, *Atlas of Untamed Places: An extraordinary journey through our wild world*, was nominated for the 2018 Edward Stanford Travel Writing Award.



Headline Home

UK Pub: March 2020

UK Editor: Anna Steadman

MS available.

MIND THE GAP
Dr. Karen Gurney

A book that turns everything you thought you knew about female sexuality on its head, with practical advice on how to bulletproof your sex life

Did you know that there is an orgasm gap of around 30% between heterosexual couples when they have sex? In *Mind The Gap*, Dr Karen Gurney, a clinical psychologist and certified psychosexologist, explains how to change that, and bulletproof your sex life, for life.

In this book, you will learn that nearly everything that you've been led to believe about female sexuality isn't actually true. And that, despite popular wisdom, it is possible to have a happy and mutually satisfying sex life long term.

Exploring the mismatch between ideas about sex in our society and what the science tells us, *Mind The Gap* also explains how this disconnect lies at the root of many of our sexual problems, especially desire. Combining science with case studies, practical exercises and tips, this is a book for anyone who wants to better understand the mechanics of desire and how to achieve more sexual satisfaction.

About the Author:

Dr Karen Gurney is a highly specialised clinical psychologist and certified psychosexologist, and is a recognised national expert in the theory and practice of therapy around all aspects of sexual wellbeing and function. She is currently Lead Psychosexual Therapist at 56 Dean Street (Chelsea and Westminster Hospital NHS Foundation Trust), as well as Director of The Havelock Clinic, an independent sexual problems service based on Harley Street and in The City of London. Dr Gurney has written for and been featured in publications such as Marie Claire, Cosmopolitan and Refinery29.



Hachette Books Ireland

UK Pub: February 2020

UK Editor: Ciara Doorley

RUNNING FROM THE SHADOWS

Stephanie Hickey

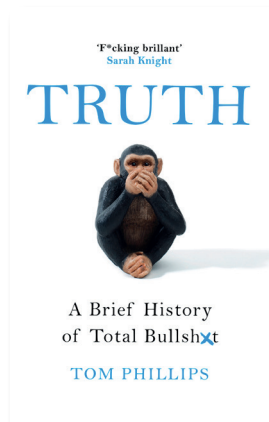
***Running from the Shadows* is a story of survival - of how, even when things seem at their bleakest there are things which can bring you back into the light.**

In *Running from the Shadows* Stephanie Hickey tells, in her own words, how she survived abuse at the hands of a trusted family member, and of how running, a simple physical activity helped her achieve mindfulness, but also to rediscover love and faith in her body - to reclaim it.

Told with humour, strength and incredible courage, this is a book that reveals how, even when things seem at their bleakest, a moment of human kindness, a beautiful piece of music, or a run through the Irish countryside, can bring you back into the light.

About the Author:

Stephanie Hickey is married and lives in Ireland.



Wildfire

UK Pub: September 2019

UK Editor: Ella Gordon

Page Extent: 304pp

Rights Sold:

Arabic (Arab Scientific)
 China (Shanghai Joint)
 Finland (Tammi)
 France (La Librairie Vuibert)
 Germany (Goldmann)
 Indonesia (PT Elexmedia Komputindo)
 Japanese (Kawade Shodo)
 Netherlands (De Bezige Bij)
 Poland (Albatros)
 Russia (AST)
 Slovakia (Eastone Group)
 Sweden (Tukan)
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TRUTH: A Brief History of Total Bullsh*t
Tom Phillips

A hilarious journey through the most bizarre and brilliant lies told by humans through the ages, from the author of HUMANAS: A Brief History of How We F*cked It All Up

This is a book about TRUTH - and all the ingenious ways, throughout history, that we've managed to avoid it.

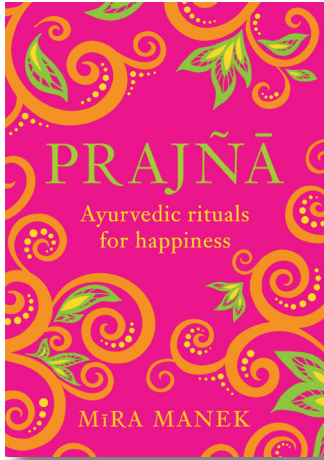
We live in a 'post-truth' age, we're told. The US has a president who openly lies on a daily basis (or who doesn't even know what's true, and doesn't care). The internet has turned our everyday lives into a misinformation battleground. People don't trust experts any more.

But was there ever really a golden age of truth-telling? As the editor of the UK's leading independent fact-checker, Tom Phillips deals with complete bollocks every day. Here, he tells the hilarious story of how we humans have spent history lying to each other - and ourselves - and asks an important question: how can humanity move towards a truthier future?

About the Author:

Tom Phillips is the editor of Full Fact, Britain's leading independent fact-checking organisation. Previously he was the editorial director of BuzzFeed UK, where he divided his time between very serious reporting on important issues... and making jokes.

Vuibert), Germany (Goldmann), Greece (Psychogios), Hungary (Atheneaum), Italy (Newton Compton), Israel (Yedioth), Japan (Kawade Shobo), Korea (Will Books), Latvia (Zvaigzne ABC), Lithuania (Baltos Lankos), Netherlands (Bezige Bij), Poland (Albatros), Portugal (PRH Portugal), Romania (Trei), Russia (AST), Serbia (Laguna), Slovakia (Eastone Group), Spain (Espasa), Sweden (Tukan), Taiwan (Linking Publishing), Turkey (Konu Fikir), Ukraine (KM Books), US (Hanover Square Press)



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Bulgaria (Kibea)

PRAJÑĀ: Ayurvedic Rituals for Happiness **Mira Manek**

Beautifully simple age-old rituals for modern-day living that will enhance your wellbeing and bring you happiness.

Prajña is the Sanskrit word for wisdom, and this book brings the ancient wisdom of Ayurveda into your life by guiding you through easy to follow practices for every day and every occasion. Rituals are a way of getting back to yourself and making space for what is really important.

The rituals in this book offer inspiration from the moment you wake up and need the energy and positive mindset to help you start the morning, to night-time practices that allow you to wind down, relax and get the most benefit from the healing power of sleep.

Ayurveda is one of the world's oldest healing systems, rooted in the principle of a mind-body-spirit connection that is more relevant than ever to our busy modern lives. This book extracts the essence of this Indian philosophy and provides a wealth of timeless rituals, from breathing exercises to recipes, to effect positive change in your life.

About the Author:

Mira Manek was born and raised in London, where she grew up in a family strongly rooted in its Indian heritage. She grew up speaking Gujarati and learned Sanskrit at school. This, in conjunction with attending Ram Kathas (nine-day spiritual events) from a young age all over India, inspired Mira's passion for Indian philosophy and spirituality, and Ayurveda in particular. Her first book, *Saffron Soul*, is a cookbook inspired by the vegetarian food of the Gujarat region. Mira runs a café at Triyoga Soho, Chai by Mira, and hosts events and retreats around the UK and the rest of the world.