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fiction

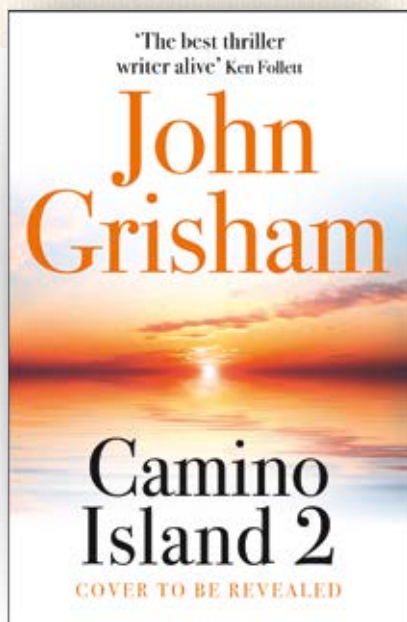


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CAMINO ISLAND 2

John Grisham

The New York Times and *The Sunday Times* Number One Author.

The sensational new thriller from internationally bestselling author John Grisham.

'No one does it better than Grisham' *Telegraph*

John Grisham is the author of 42 works of fiction and one of non-fiction, *The Innocent Man*. His works are translated into 42 languages. He lives in Virginia.

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Audio download:

9781529342482 • £25.00

Most recent title: CAMINO ISLAND
(BOOK ONE IN THE SERIES)

Exclusive territories:

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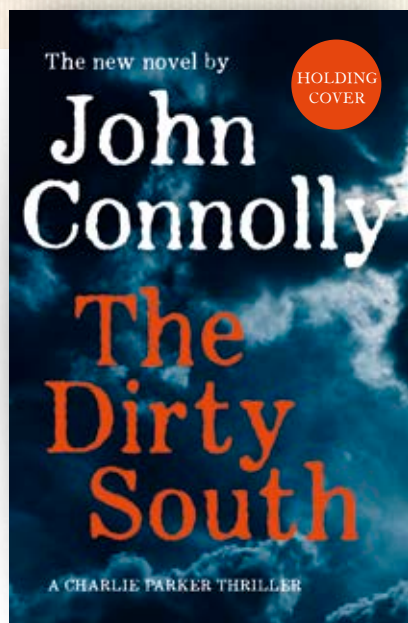
Hodder & Stoughton

Publicity contact: Eleni Lawrence

Advance reading copies via Netgalley

Advance book proofs available on request

Author lives in Charlottesville,
Virginia, USA.



THE DIRTY SOUTH

A Charlie Parker Thriller: 18. From the
Bestselling Author of *A Book of Bones*

John Connolly

The new Charlie Parker thriller –
the birth of a hunter.

It is 1999, and someone is slaughtering young women in Burdon County, Arkansas. But no one wants to admit it, not in the Dirty South. In an Arkansas jail cell sits a former NYPD detective, stricken by grief. He is mourning the death of his wife and child, and searching in vain for their killer. He cares only for his own lost family. But that is about to change . . .

Witness the becoming of Charlie Parker.

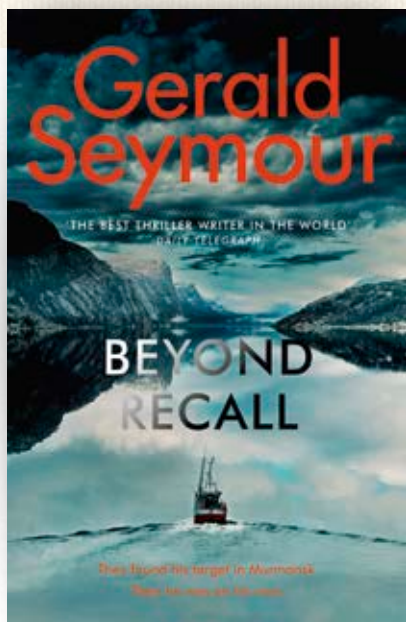
John Connolly is the Number One bestselling author of the Charlie Parker mysteries, *he: A Novel*, *The Book of Lost Things*, the Samuel Johnson novels for young adults and, with his partner, Jennifer Ridyard, co-author of *The Chronicles of the Invaders*. He was the winner of the 2016 CWA Short Story Dagger for 'On the Anatomization of an Unknown Man (1637) by Frans Mier' from *Night Music: Nocturnes Vol 2*.

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Most recent title: A BOOK OF BONES

Exclusive territories:
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US Rights: Atria Books
Translation Rights: Darley Anderson
Serial Rights: Hodder & Stoughton

Publicity contact: Rebecca Mundy
Advance book proofs available on request
Author lives in Dublin, Ireland.
Author is available for: interview,
features, local events.



BEYOND RECALL

Gerald Seymour

The powerful new thriller from the author
'in a class of his own' – *The Times*.

Gaz Baldwin is a watcher, not a killer. Operating with the special forces deep in Syria, he witnesses an unspeakable atrocity. Before long, he is living on the Orkney islands, far from the events that still haunt him. 'Knacker' is one of the last old-school operators at MI6. When news reaches him that the Russian responsible for the Syrian incident may be in Murmansk, he develops a plan to kill him. It involves a sleeper cell, a marksman and other resources – all unlikely to be authorised, so it must be done off the books. But first, he needs a sure identification. And for that, he needs a watcher. . .

Gerald Seymour exploded onto the literary scene in 1975 with the massive bestseller *Harry's Game*, which has been picked by *The Sunday Times* as one of the best thrillers since 1945. The first major thriller to tackle the troubles in Northern Ireland, it was described by Frederick Forsyth as 'like nothing else I have ever read' and it changed the landscape of the British thriller forever. Gerald Seymour was a reporter at ITN for 15 years. He covered events in Vietnam, Borneo, Aden, the Munich Olympics, Israel and Northern Ireland. He has been a full-time writer since 1978.

9781529385977 • £18.99
Royal Hardback • 448pp
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Royal Trade Paperback:
9781529385984 • £14.99

Most recent title: **BATTLE SIGHT ZERO**

Exclusive territories:
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US Rights: Curtis Brown
Translation Rights: Curtis Brown
Serial Rights:
Hodder & Stoughton

Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in Reading, UK.
Author is available for: events
and signings to be confirmed.



HAVEN'T THEY GROWN

Sophie Hannah

The perfect family. A terrible lie.

Beth hasn't seen her former best friend, Flora Braid, in 12 years. She can't resist driving past her house to catch a glimpse of her, watching as Flora and her children, Thomas and Emily, step out of the car. There's something terribly wrong.

Twelve years ago, Thomas and Emily Braid were five and three years old. Today, they look precisely as they did then. They are still five and three. They are Thomas and Emily without a doubt – Beth hears Flora call them by their names – but they are no taller, no older. Why haven't they grown?

Sophie Hannah is an internationally bestselling crime fiction writer, translated into 49 languages and published in 51 countries. Her psychological thriller *The Carrier* won the Specsavers National Book Award for Crime Thriller of the Year in 2013, and her poetry has been shortlisted for the T S Eliot award. Sophie is an Honorary Fellow of Lucy Cavendish College, Cambridge. She lives in Cambridge with her family.

9781444776188 • £16.99
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US Rights: William Morrow
Translation Rights: Hodder & Stoughton
Serial Rights: Hodder & Stoughton

Publicity contact: Jenny Platt
Advance book proofs available on request
Author lives in Cambridge, UK. Author
is available for: interview, features,
festival appearances, local events.



THE RUNNER

The next heart-stopping thriller from bestselling author of the Dan 'Spider' Shepherd series

Stephen Leather

Even more unputdownable action from *Sunday Times* bestselling author Stephen Leather.

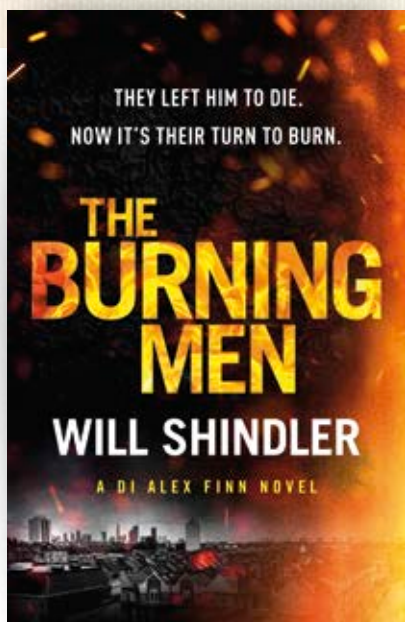
Sally Page is an MI5 'footie', a junior Secret Service Agent who maintains 'legends': fake identities or footprints used by real spies. Her day consists of maintaining homes where the legends allegedly live, doing online shopping, and going on social media in their names – anything to give the impression to hostile surveillance that the legends are living, breathing individuals. One day she returns to the safe house to find her fellow footies have all been murdered, and she barely escapes with her own life. She is on the run: now the only way for her to survive is to use the legends she's created.

Stephen Leather is one of the UK's most successful thriller writers, an ebook and *Sunday Times* bestseller and author of the critically acclaimed Dan 'Spider' Shepherd series and the Jack Nightingale supernatural detective novels. His titles have topped the Amazon Kindle charts in the UK and the US and his bestsellers have been translated into fifteen languages. He has sold nearly 4.5 million books with Hodder & Stoughton. His novel, *The Chinaman*, was recently made into the film *The Foreigner* starring Jackie Chan and Piers Brosnan.

9781529345155 • £16.99
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978152934520 9 • £7.99

Most recent title: SHORT RANGE
Exclusive territories: World
US Rights: Hodder & Stoughton
Translation Rights:
Hodder & Stoughton
Serial Rights: Hodder & Stoughton

Publicity contact: Karen Geary
Advance book proofs on request
Author lives in Bangkok, Thailand.



THE BURNING MEN

Will Shindler

The first in a new detective series featuring DI Alex Finn.

When a development in South London catches fire mid-construction, a team of firefighters runs in to save a man spotted at the window.

They come out without a body. They quit the service. They plan never to speak to each other again. But five years later one of them is set alight at his own wedding. Soon after, a second is found, nothing but a smoking corpse. It appears that someone knows what they did that night. What they chose over their duty. And there are still three men left to burn . . .

Will Shindler has been a broadcast journalist for the BBC for over 25 years, spending a decade working in television drama as a scriptwriter on leading primetime dramas, such as *The Bill*. He currently combines reading the news with writing crime novels and has previously worked as a television presenter for HTV, a sports reporter for BBC Radio Five Live and one of the stadium presenters at the London Olympics.

9781529301694 • £16.99

Royal Hardback • 352pp

eBook: 9781529301731

Audio download:

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Royal Trade Paperback:

9781529301700 • £14.99

Exclusive territories:

BCN inc Can, inc EU

US Rights: Hayley Steed, Madeleine Milburn Literary Agency

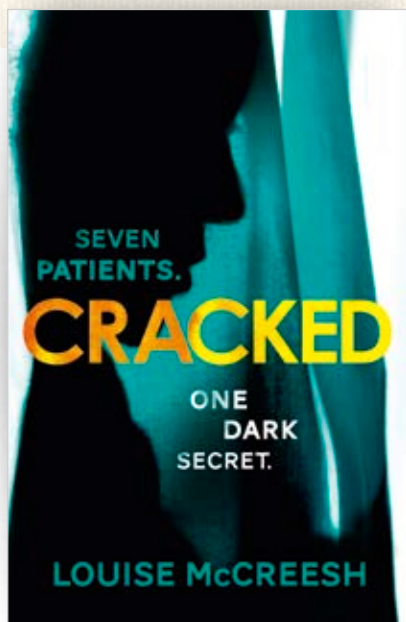
Translation Rights: Hayley Steed, Madeleine Milburn Literary Agency

Serial Rights: Hodder & Stoughton

Publicity contact: Jenny Platt

Advance book proofs available on request

Author lives in London, SE20. Author is available for: interview, features, festival appearances, local events.



CRACKED

Louise McCreesh

Seven patients. One dark secret.

Jennifer Nielsen has her life on track. Until she gets news that her former psychiatrist, Phillip Walton, has been brutally murdered, and that she is implicated. Phillip knew her darkest secrets. And the circumstances of his murder suggest that someone else out there knows them too. Jenny needs to speak to old friends, and old enemies, from her dark years spent at Hillside Psychiatric Hospital. Because they are the only ones who know what really happened at Hillside, about the secret that Phil kept for them all and that this is not the first murder.

Louise McCreesh is a freelance journalist working in London. She is an alumnus of the Curtis Brown Creative Writing Course, where she was offered a scholarship to continue work on this novel. *Cracked* is her debut novel.

9781529327908 • £20.99

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9781473699359 • £19.99

Royal Trade Paperback:

9781473699335 • £14.99

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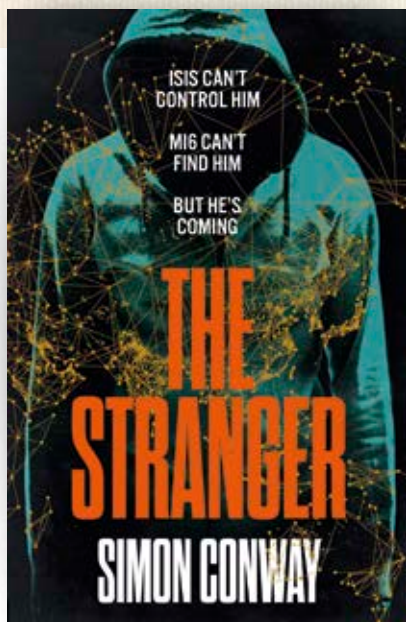
Serial Rights:

Hodder & Stoughton

Publicity contact: Jenny Platt

Advance book proofs available on request

Author lives in Milton Keynes. Author is available for: interview, features, festival appearances, local events.



THE STRANGER

Simon Conway

The new electrifying and topical thriller from the CWA Steel Dagger Award-winning author.

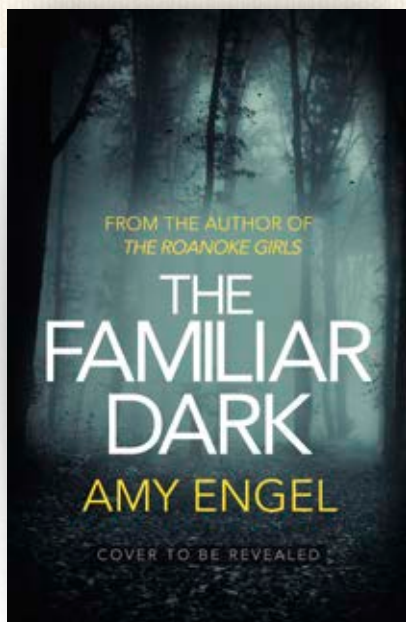
MI6 agent Jude Lyon will never forget the day he watched as a most-wanted terrorist was transferred to Syria, at that time an ally of the UK and US. Now this man has been liberated and is swearing revenge upon the West. Not good news for the former foreign secretary who signed his removal papers – or for the head of MI6, who has known for a long time that the man was no terrorist but an innocent bystander. Who has the power to rescue someone like this and then use him in an act of unimaginable retribution? There is only one candidate, who terrifies even the shifting groups of ISIS fanatics: the Stranger.

Simon Conway is a former British Army officer and international aid worker. As Co-Chair of the Cluster Munition Coalition he successfully campaigned for an international ban on cluster bombs. He is now Director of Capability for The HALO Trust. He lives in Glasgow, with his wife the journalist and broadcaster Sarah Smith. He has two daughters. *A Loyal Spy* won the 2010 CWA Steel Dagger Award for Best Thriller of the Year.

9781529324280 • £16.99
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 Royal Trade Paperback:
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Most recent title: ROCK CREEK PARK
 Exclusive territories:
 BCN inc Can, inc EU
 US Rights: The North Agency
 Translation Rights: The North Agency
 Serial Rights: Hodder & Stoughton

Publicity contact: Karen Geary
 Advance book proofs available on request
 Author lives in Glasgow, UK.
 Author is available for: events
 and signings to be confirmed.



THE FAMILIAR DARK

Amy Engel

The incredible new thriller from the author of *The Roanoke Girls*.

In a poverty-stricken town in the Missouri Ozarks, two 12-year-old girls are found dead in the park. Their throats have been cut. Eve Taggart's daughter was one of them. Desperate with grief, she takes it upon herself to find out what happened. Eve is no stranger to the dark side of life, having been raised by a hard-edged mother whose parenting lessons she tried not to mimic. But with her daughter gone, Eve has no reason to stay soft. And she is going to need her mother's cruel brand of strength to face the truth about her daughter's death.

Amy Engel is a former criminal defence attorney living in Missouri with her family. Her debut adult novel, *The Roanoke Girls*, was a Number One ebook bestseller, a Richard and Judy book club pick and has sold 100,000 copies across formats to date. *The Familiar Dark* is her second adult novel.

9781529368079 • £12.99
Royal Hardback • 256pp

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9781529368109 • £19.99

Royal Trade Paperback:

9781529368086 • £12.99

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Dutton, PRH

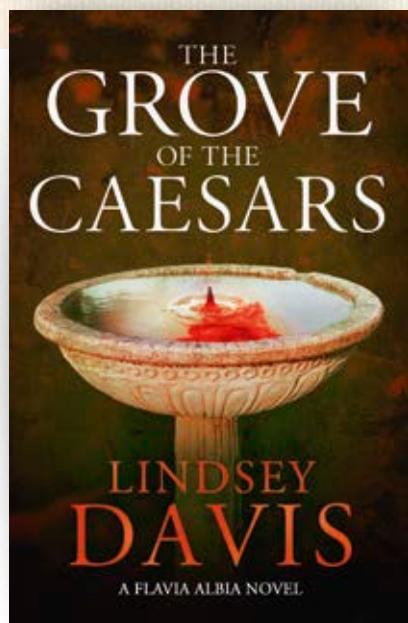
Serial Rights:

Hodder & Stoughton

Publicity contact: Jenny Platt

Advance book proofs available on request

Author lives in Missouri, USA. Author is available for: interview, features.



THE GROVE OF THE CAESARS

Flavia Albia Book Eight

Lindsey Davies

‘Davis’s prose is a lively joy, and Flavia’s Rome is sinister and gloriously real’
The Times on Sunday

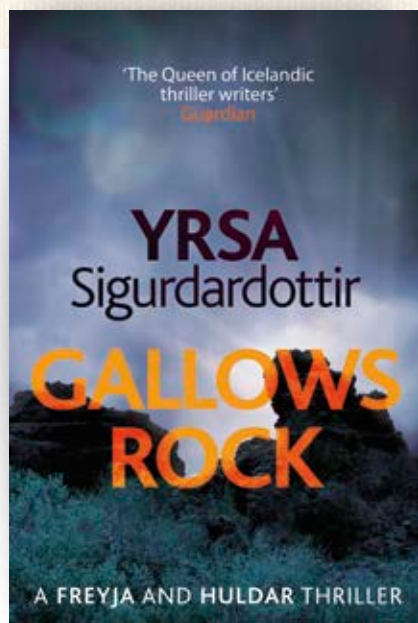
Too many people tell Flavia Albia, ‘Don’t go to the Grove’. Such warnings will only lure her to the place she is warned away from, Julius Caesar’s Gardens, where she finds more than one intriguing mystery. Albia learns that a serial killer has haunted the gardens and grove for years targeting women. Though it isn’t her place to investigate, she has sympathy for the dead women and their grieving relatives resonate with Albia. Even if she has to work with imperial spymaster Karus, nothing will stop her until the serial killer in the sacred grove is at last caught and brought to justice.

Lindsey Davis is best known for her novels set in Ancient Rome, including the much-loved Marcus Didius Falco series, although she has also written about the English Civil War. Her examination of the paranoid reign of the roman emperor Domitian began with *Master and God*, a standalone novel.

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Most recent title: A CAPITOL DEATH
(FLAVIA ALBIA BOOK SEVEN)
Exclusive territories: BCN inc Can, inc EU
US Rights: AM Heath
Translation Rights: AM Heath
Serial Rights: Hodder & Stoughton

Publicity contact: Jenny Platt
Advance book proofs available on request
Author lives in Birmingham, UK.
Author is available for: interview,
features, local events.



GALLOWS ROCK

Yrsa Sigurdardottir

Translated by Victoria Cribb

The latest thrilling instalment in the Freyja and Huldar series from the queen of Icelandic crime.

On a jagged, bleak lava field just outside Reykjavik stands the Gallows Rock. Once a place of execution, it is now a tourist attraction. Until this morning, when a man was found hanging from it . . . The nail in his chest proves it wasn't suicide. But when the police go to his flat, a further puzzle awaits: a four-year-old boy has been left there. He doesn't know the victim, and his parents cannot be found. As detective Huldar hunts the killer, and child psychologist Freyja looks for the boy's parents, the mystery unfolds: a story of violence, entitlement and revenge.

Author of the bestselling Thora Gudmundsdottir crime series and several standalone thrillers, **Yrsa Sigurdardottir** was born in Reykjavik, Iceland, in 1963 and works as a civil engineer. Her work has been translated into more than 30 languages. *The Legacy*, the first novel in the Freyja and Huldar series, was nominated for The Glass Key and won the Icelandic Crime Fiction Award. All of her books have been European bestsellers.

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9781473693432 • £19.99
Royal Trade Paperback:
9781473693401 • £14.99

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BCN ex Can, inc EU
US Rights: Salomonsson Agency
Translation Rights: Salomonsson Agency
Serial Rights: Hodder & Stoughton

Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in Reykjavik, Iceland.
Author is available for: interview,
features, festival appearances.



THE RETURN

Rachel Harrison

Sex and the City meets *The Shining*
in this perfect storm of thriller,
horror and women's fiction.

Julie is missing, and the missing don't often return. But Elise knows Julie better than anyone, and she feels in her bones that her best friend is out there. She's right. Two years to the day that Julie vanished, she reappears with no memory of what happened. Along with Molly and Mae, their close friends from college, they decide to reunite at the remote Red Honey Inn. But bad weather traps them inside the hotel and, as the weekend unfurls, it becomes impossible to deny that the Julie who vanished two years ago is not the same Julie who came back.

Rachel Harrison has a degree in writing for film & television from Emerson College, where she spent her time writing horror screenplays, learning to read Tarot and befriending the ghost in her best friend's Beacon Hill apartment. She worked in publishing for a year after graduating, but now works at a bank, which isn't as scary as it sounds. She lives in Brooklyn, and *The Return* is her debut novel.

9781529351958 • £16.99
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Exclusive territories:

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US Rights: Berkley, PRH

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Berkley, PRH

Serial Rights:

Hodder & Stoughton

Publicity contact: Myrto Kalavrezou

Advance book proofs available on request

Author lives in Brooklyn, New York, USA.

Author is available for: interview, features.



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THE FALLEN ANGEL

The Final Book in The King's Witch trilogy

Tracy Borman

The Fallen Angel is a thrilling standalone novel of life in the age of Bacon and Raleigh – and the final book in the tumultuous story of Frances Gorges, the King's Witch trilogy. 1615 finds Frances enjoying her country estates with her husband and son, but the hard-won peace cannot last when they return to court, where King James is besotted by his new lover, the charismatic, power-hungry George Villiers. When Frances uses her healing skills to treat a boy who stands between Villiers – now Earl of Buckingham – and a huge fortune, she is putting herself back in danger of blackmail, torture and execution. 'So vividly evoked that you are there' Alison Weir

Tracy Borman is joint Chief Curator of Historic Royal Palaces and Chief Executive of the Heritage Education Trust. She studied and taught history at the University of Hull and was awarded a PhD in 1997. In addition to her writing, Tracy is also a regular broadcaster and public speaker, giving talks on her books across the UK and abroad.

9781473662537 • £16.99
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Most recent title: THE DEVIL'S SLAVE

Exclusive territories:

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Translation Rights: The Soho Agency

Serial Rights: Hodder & Stoughton

Publicity contact: Rebecca Mundy

Advance book proofs available on request

Author lives in Kent, UK. Author
 is available for: events and
 signings to be confirmed.



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THE SAFE PLACE

Anna Downes

Emily has been offered the chance of a lifetime – leave her messy London life, move to a beautiful estate in France and help her boss's wife take care of their daughter. But once there, Emily starts to suspect her charismatic employers aren't telling her the truth. That there are dangerous secrets beneath the glamorous facade. Why are they so far from home? Why does her bosses' daughter refuse to speak? Why are there whispers in the night? The only problem is, the more Emily knows, the smaller chance that she will ever be able to leave . . .

Anna Downes was born in Sheffield, UK, but now lives just north of Sydney, Australia. She worked as an actress before turning to writing and appeared in television dramas such as *Eastenders*, *Casualty*, *Holby City*, and *Dalziel and Pascoe*. Her writing has been shortlisted for the Sydney Writers Room Short Story Prize and longlisted for the Margaret River Short Story Competition. *The Safe Place* was inspired by Anna's experiences working as a housekeeper on a remote French estate.

9781529375091 • £7.99
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9781529375114 • £19.99

Exclusive territories:
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Translation Rights:
Katie Greenstreet, C&W
Serial Rights: Hodder & Stoughton

Publicity contact: Myrto Kalavrezou
Advance book proofs available on request
Author lives in Wamboral, Australia.
Author is available for: interview, features.



SHE CAME TO STAY

Eleni Kyriacou

A stunning debut for fans of
Kate Furnivall.

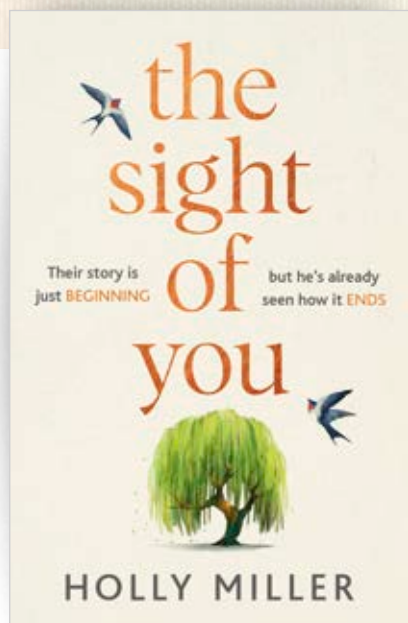
London, 1952. Dina Demetriou has travelled from Cyprus for a better life. She's certain that excitement and opportunity are out there, waiting – if only she knew where to look. When she lands a job as a seamstress at the notorious Pelican Revue, and befriends the mysterious and beautiful Bebbi, it seems her life has finally begun. But Bebbi has a secret. And as thick smog brings the city to a standstill, the truth emerges with devastating results. Dina's new life now hangs by a thread. What will be left when the fog finally clears?

Eleni Kyriacou is an award-winning editor and journalist. Her writing has appeared in the *Guardian*, the *Observer*, *Marie Claire* and *Red*, among others. She's edited national magazines and is now freelance. She lives in London.

9781529337679 • £18.99
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9781473694279 • £19.99

Exclusive territories: WEL
US Rights: The Good Agency
Translation Rights: The Good Agency
Serial Rights: Hodder & Stoughton
Publicity contact: Myrto Kalavrezou

Advance reading copies via Netgalley
Advance book proofs available on request
Author lives in London, W13. Author
is available for: interview, features,
festival appearances, local events.



THE SIGHT OF YOU

Holly Miller

An unforgettable and life-affirming love story that will make your heart soar on one page and break on the next.

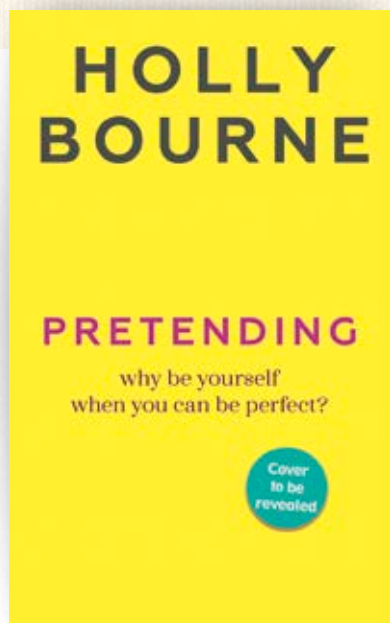
Joel is afraid of the future. Since he was a child he's dreamed about the people he loves – the good and the bad. The only way to prevent them is to never let anyone close to him again. Callie can't let go of the past. Since her best friend died, Callie's been lost. She knows she needs to live a bigger life, but she doesn't know how to become the person who used to have those dreams. Joel and Callie both need a reason to start living for today and from the moment they meet it feels like something life-changing. Until Joel has a vision of how it's going to end . . .

Holly Miller was born and grew up in Bedfordshire. Since university she has worked as a marketer, editor and copywriter. Holly currently lives in Norfolk with her partner and their dog.

9781529324341 • £12.99
Royal Hardback • 416pp
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Exclusive territories: World
US Rights:
Penguin Random House USA
Translation Rights:
Hodder & Stoughton
Serial Rights:
Hodder & Stoughton

Publicity contact: Rebecca Mundy
Advance book proofs available on request
Author lives in Norwich, UK.
Author is available for: interview,
features, local events.



PRETENDING

Holly Bourne

The new honest and hilarious novel from Holly Bourne, bestselling author of *How Do You Like Me Now?*

April is kind, pretty, and relatively normal – yet every time she thinks she's found someone she can trust she is left heartbroken. If only April could be more like Gretel. Gretel is exactly what men want – she's a Regular Everyday Manic Pixie Dream Girl With No Problems. But Gretel isn't real, and April is now claiming to be her. As soon as April starts 'being' Gretel, dating becomes more fun – especially once she reels in the unsuspecting Joshua. Finally, April is in control, but can she control her own feelings, and how long can she keep pretending?

Holly Bourne started her writing career as a news journalist before spending six years working as an editor, a relationship advisor and general 'agony aunt' for a youth charity. Alongside her writing, Holly has a keen interest in women's rights and is an advocate for reducing the stigma of mental health problems. She's helped create online apps that teach young people about sexual consent and is an ambassador for Women's Aid.

9781473668133 • £14.99

Demy Hardback • 304pp

eBook: 9781473668157 • £14.99

Audio download:

9781473668164 • £19.99

Royal Trade Paperback:

9781473668140 • £14.99

Most recent title:

HOW DO YOU LIKE ME NOW?

Exclusive territories: BCN inc Can, inc EU

US Rights: Madeleine Milburn

Translation Rights: Madeleine Milburn

Serial Rights: Hodder & Stoughton

Publicity contact: Rebecca Mundy

Advance book proofs available on request

Author lives in London, E9. Author is available for: interview, features, festival appearances, local events.



THE TIME OF HER LIFE

Kate Fenton

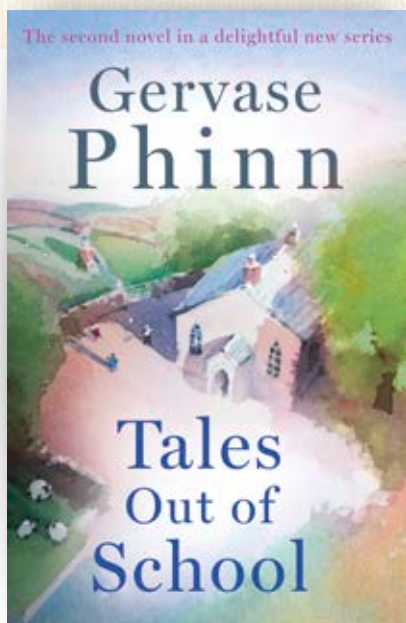
'Carpe diem, as all our generation seem to be saying these days,' Annie Stoneycroft instructs her friend Liz, who is sixty going on sixteen and trembling on the brink of a love affair. 'Roughly translated: bloody well stop messing about and get on with it.' Annie naturally embraces the baby boomer's credo that old age, far from being a biological inevitability, is a mere lifestyle choice. If not downright carelessness. That doesn't stop her marshalling her contemporaries into suitable relationships – before it's too late . . . Sparkling, witty, intelligent, *The Time of Her Life* is a deliciously perceptive modern romance.

Kate Fenton was born in Oldham, brought up in Cheshire and read PPE at St Hilda's College, Oxford. A former features and documentary producer for BBC Radio 4, she lives in the North York Moors near Whitby with her husband, Ed Selby, a GP. She has written radio drama and journalism as well as seven novels, one of which, *Lions and Liquorice*, was serialised on *Woman's Hour*.

9781529358582 • £20.00
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9781529358605 • £19.99

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US Rights: Johnson & Alcock
Translation Rights: Johnson & Alcock
Serial Rights: Hodder & Stoughton

Publicity contact: Karen Geary
Advance book proofs available on request.
Author lives in Yorkshire, UK. Author
is available for: interview, features



TALES OUT OF SCHOOL

Top of the Dale series Book Two

Gervase Phinn

Another warm, funny tale of village life from the author of the acclaimed *Dales* and *Little Village School* series.

After an eventful start to his first ever teaching post in the sleepy village of Risingdale, Tom Dwyer is hoping for a bit of calm. But it is not to be. A beautiful London artist sets tongues wagging when she moves into the village, and her precocious yet frail son is in Tom's class. On top of that, a tragedy on one of the winding country roads sends the village reeling. And all this alongside a class of children who still seem to know more about farming than fractions. With its colourful mix of characters and its many laugh-out-loud moments, this is a warm, humorous portrayal of life in a small Yorkshire village.

Dr Gervase Phinn is a teacher, freelance lecturer, author, poet, educational consultant and visiting professor of education. For 14 years he taught in a range of schools, then acted as General Adviser for Language Development in Rotherham before moving on to North Yorkshire, where he spent ten years as a school inspector – time that has provided much source material for his books. He has four grown-up children and four grandchildren.

9781473650688 • £16.99

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eBook: 9781473650664 • £16.99

Most recent title: **THE SCHOOL AT THE TOP OF THE DALE**

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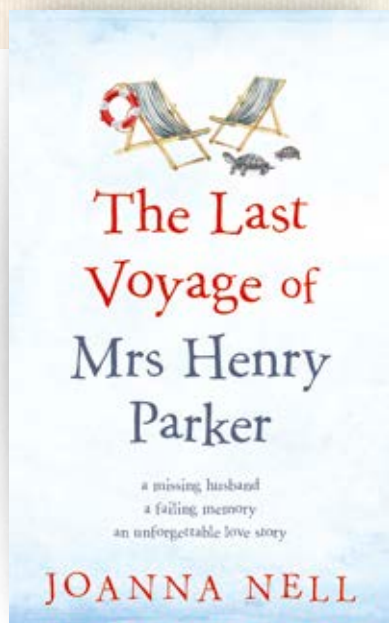
Translation Rights: Luigi Bonomi, LBA

Serial Rights: Hodder & Stoughton

Publicity contact: Myrto Kalavrezou

Advance reading copies via Netgalley

Author lives in Doncaster, South Yorkshire. Author available for: interview, features, festival appearances, local events.



THE LAST VOYAGE OF MRS HENRY PARKER

Joanna Nell

A poignant ode to love and the memories that make a well-lived life, from the author of *The Single Ladies of Jacaranda Retirement Village*.

As the wife of retired ship's doctor Dr Henry Parker, Evelyn is living out her twilight years aboard the *Golden Sunset*. Every night at dinner she regales her fellow passengers with stories of a glamorous life travelling the world in luxury. The crew treat her with deference. And forbearance.

But when Henry goes missing, Evelyn sets off to search every part of the grand ocean liner to find him. Why is it so hard to forget some things and so hard to remember others? And where is Henry?

Joanna Nell was born in the Midlands and graduated from Oxford University with a medical degree in 1991. In 2003, she moved to Australia, where she now works as a GP with a passion for women's health and care of the elderly. Joanna writes character-driven stories of self-discovery, creating young-at-heart characters who break the rules and defy society's expectations. She lives in Sydney's Northern Beaches with her husband and two children.

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 THE SINGLE LADIES OF JACARANDA
 RETIREMENT VILLAGE

Exclusive territories: BCN ex Can, inc EU
US Rights: Hachette Australia
Translation Rights: Hachette Australia
Serial Rights: Hodder & Stoughton

Publicity contact: Kate Keehan
 Advance book proofs available on request
Author lives in Sydney, Australia. Author is available for: interview, features.



A FORGET-ME-NOT SUMMER

Sophie Claire

The cosy and charming second novel from Sophie Claire, author of *The Christmas Holiday*.

It's taken years, but Natasha Brown's life is finally on track. Running a florists in quaint Willowbrook, she's put her short marriage to Luc Duval behind her. That is, until he walks through her shop door, three years after their divorce. Luc reveals that he never told his family about their split, and now his father is ill and demanding to meet her. Natasha is horrified, but, when Luc makes her an offer she can't refuse, she reluctantly packs her bags. The deal is two weeks away with his family, but will Luc and Natasha be able to play the perfect couple? And in the glorious Provence sun, will the old spark between them be impossible to ignore?

Sophie Claire, born to a French mother and Scottish father, grew up in Manchester, where she still lives with her husband and two sons. She writes stories centred around sunny Provence, where she spent her summers as a child.

9781529392814 • £8.99
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Hodder & Stoughton

Publicity contact: Myrto Kalavrezou
Advance book proofs available on request
Author lives in Manchester, UK.
Author is available for: interview,
features, local events.



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28 SUMMERS

Elin Hilderbrand

Their secret love affair has lasted for decades – but will it survive one more summer?

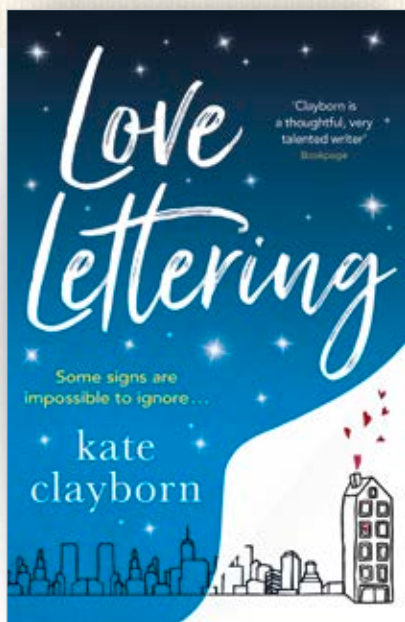
Once a year in the summer, Alice and Tom have met to rekindle the passionate love affair they began 28 years ago. Each married to someone else, with busy lives and happy families, they've managed to keep their secret, and to keep their love alive. But nothing is forever. Tom's wife is in the national spotlight for her controversial and increasingly popular campaign for political office. And Alice has received a diagnosis that puts her future in doubt. Could their twenty-eighth summer together also be their last?

Multiple *New York Times* bestselling author **Elin Hilderbrand** lives on Nantucket, Massachusetts, with her three children. She has been called the 'Queen of the Summer Novel' by *People* magazine.

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9781529327809 • £19.99
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WHAT HAPPENS IN PARADISE

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Publicity contact: Jenny Platt

Advance reading copies via Netgalley
Author lives in Nantucket, USA.
Author is available for: interview.



LOVE LETTERING

Kate Clayborn

A charming, feel-good romcom that will grab your heart and never let go.

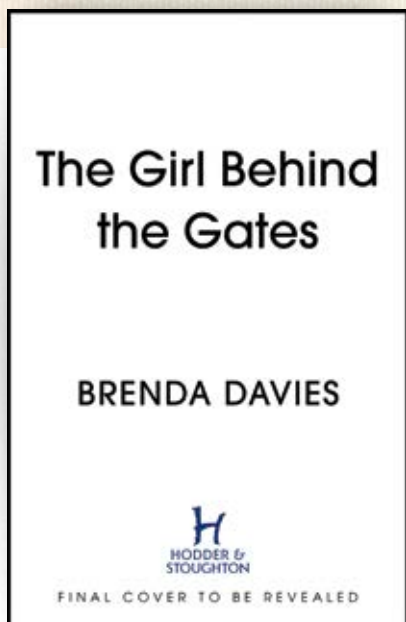
In the last year, Meg Mackworth's hand-lettering skills have seen her rocket to social media fame, and now she has a booming business crafting personalised stationery for the stars. But sometimes, she just can't resist hiding messages in her work. Slightly unprofessional, maybe – but harmless. Right? Analyst Reid Sutherland and his fiancée had their future mapped out. Until he noticed a pattern in his wedding invitation that made him think twice. When Meg looks up from her desk one day and sees Reid standing in front of her with no wedding ring, holding the invitation she created, she thinks her career is over. But her life may be about to begin . . .

Kate Clayborn is an RWA finalist and lives in Virginia. Her previous novels, a contemporary romance trilogy, were featured in the *New York Times*, named one of the five best romance novels of 2018 by the *Washington Post*, one of the best romance novels of the year in *Oprah Magazine*, and were nominated for several RT Book awards.

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Dorie Simmonds Agency
Serial Rights: Hodder & Stoughton

Publicity contact: Myrto Kalavrezou
Advance book proofs available on request
Author lives in Virginia, USA. Author
is available for: interview, features.



THE GIRL BEHIND THE GATES

Brenda Davies

A raw, heart-breaking debut based on the true story of two women who became each other's salvation.

1939. 17-year-old Nora Jennings has spent her life secure in the certainty of a happy future – until one night of passion has more catastrophic consequences than she ever could have anticipated. Labelled a moral defective and sectioned, she is forced to endure years of unspeakable cruelty at the hands of those who are supposed to care for her.

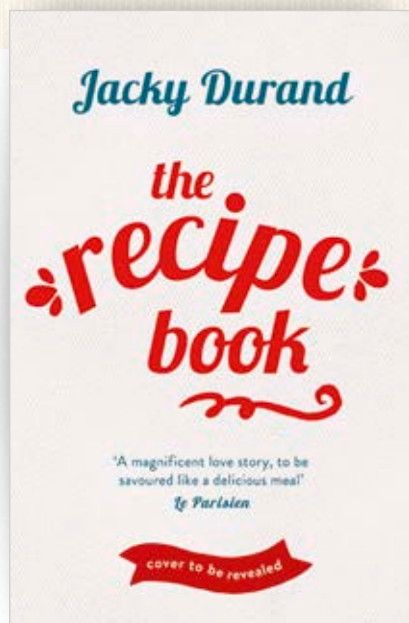
1981. When psychiatrist Janet Humphreys finds Nora languishing in the back wards, she decides to help her rediscover what it is to live. But as she works to help Nora overcome her tragic past, Janet realises she must finally face her own.

Dr Brenda Davies is a consultant psychiatrist. She holds regular workshops around the world and includes many celebrities among her clients. Having been born and raised in County Durham, England, Brenda Davies now lives very happily in Wales. She spent many years living and working abroad, in Zambia, the USA, Germany and Rome. *The Girl Behind the Gates* is her first novel.

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Hodder & Stoughton
Serial Rights: Hodder & Stoughton

Publicity contact: Myrto Kalavrezou
Advance reading copies via Netgalley
Author lives in Pen-y-Bryn, Wales. Author is available for: interview, features, festival appearances, local events.



THE RECIPE BOOK

Jacky Durand

Translated by Sarah Robertson

The translated heartfelt and heart-warming debut by French culinary journalist Jacky Durand.

As Julien sits by his bedside, he knows that his father – the legendary cook Monsieur Henri – doesn't have long left. For years, his father has run the Relais Fleuri, a French bistro born of his father's exacting, but unpretentious, love for food.

Now, as he prepares to say goodbye, Julien becomes obsessed with finding his father's recipe notebook: the only record of his culinary secrets. In this quest, Julien delves into the memories of his relationship with his father, the strained but fierce love they shared for each other and their mutual passion for food.

Jacky Durand is a journalist for French newspaper *Liberation*, where he writes a weekly column detailing his travels across France and the best *terroir* recipes he uncovers along the way. *The Recipe Book* is his first novel.

9781529382389 • £12.99
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Exclusive territories: BCN ex Can, inc EU
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Publicity contact: Kate Keehan
Advance book proofs available on request
Author lives in Paris, France.



MY SARDINIAN SUMMER

Michael Uras

Translated by Adriana Hunter

One summer in Sardinia could
change everything...

For months, Giacomo has found himself in a funk he can't shake. When he receives a call from his uncle, Giacomo is given a chance to escape: his grandma doesn't have long left, and she wants her grandson to come home, to Sardinia, to say goodbye. But once home, Giacomo reconnects with his childhood friends and begins to steadily fall in love with Alessandra, the charming doctor looking after his nonna. Suddenly, under the Mediterranean sun, the idea of returning home seems very difficult. But is Giacomo's newfound love for his hometown the only reason that is keeping him there?

Michaël Uras was born in 1977. With Sardinian origins through his father, he grew up in Saône-et-Loire, western France, and is now a professor of modern letters, near Montbéliard, Burgundy. *My Sardinian Summer* is his fourth novel, and the first to be translated into English.

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Author lives in Montbéliard, France.



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HOMES & EXPERIENCES

Liam Williams

A warm, funny and deeply human debut novel by comedian and actor Liam Williams being published as an audio original.

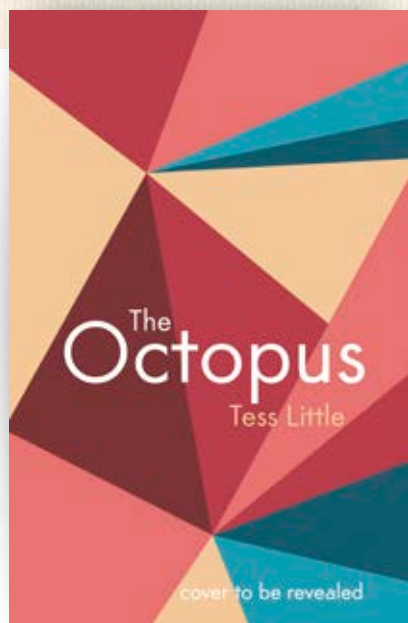
Mark is about to spend the summer touring Europe, being paid to write copy on homes and experiences for his travel company employer. He asks his cousin Paris to accompany him – but after an argument, Mark sets off alone, emailing Paris while engaging with life and strangers as he never has before. Will he ever be able to have an authentic interaction? Will Paris ever reply to his emails? And crucially, will he manage to write SEO-friendly copy for every place he visits? Soon Mark will discover that it's not the destination that counts: it's the homes and experiences you encounter along the way.

Two-time Edinburgh Comedy Award nominee **Liam Williams** is a stand-up comedian, writer and actor, called 'the voice of a generation' by the Independent. He's written and starred in the BBC Three series *Yes Pls* and the BBC Radio 4 series *Ladhood*, which has been commissioned as a six-part TV series to air in 2019, and starred in *Back To Life*, *Stath Lets Flats* and *Friday Night Dinner* among others.

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9781473694866 • £13.99

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Publicity contact: Veronique Norton
Advance book proofs available on request
Author lives in London, UK. Author is available for: interview, features, festival appearances, local events



THE OCTOPUS

Tess Little

A mystery about men who abuse power and those who bear the cost.

When Elspeth arrives at the fiftieth birthday party of her ex-husband, the famous British film director Richard Bryant, from whom she has been estranged for ten years, she expects a crowd in his sprawling LA mansion. Instead, there are only eight other people, and Richard's pet octopus Persephone, floating dreamily in a wall-sized aquarium. By the morning, Richard is dead. All of the guests are suspects. As she is interviewed by the police, Elspeth pieces together her memories of the party that evening. She also remembers her marriage, her early film career and the consuming power of a monstrous man.

Tess Little is a writer, historian and Fellow of All Souls College, University of Oxford. She is currently working towards her doctorate, on transnational connections in 1970s feminist activism, having spent the last few years interviewing activists and visiting archives across the UK, France and the US. Her short stories and non-fiction have appeared in *Words and Women: Two*, *The Mays Anthology*, *The Belleville Park Pages* and *The White Review*.

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Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in Oxford, UK. Author
is available for: interview, features,
festival appearances, local events



THE RETURNES

Elizabeth Okoh

An unforgettable tale of female friendship, love and mistaken identities set in modern Nigeria, from an exciting new voice in women's fiction.

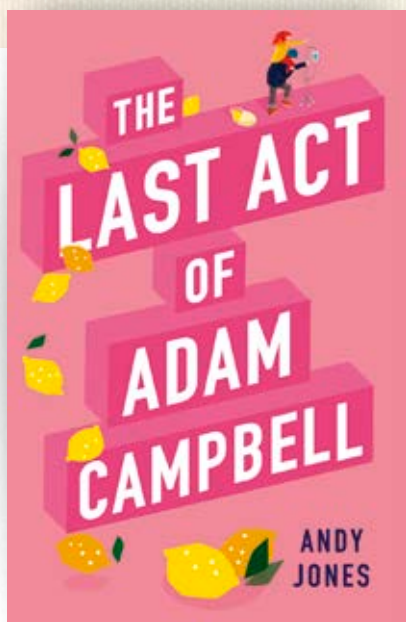
After a bad break up, 25-year-old Osayuki Idahosa leaves behind everything she holds dear in London to return to Lagos, Nigeria: a country she hasn't set foot in for many years. Drawn by the transformations happening in the fashion industry in the city, she accepts a job at House of Martha as their Head of PR. While waiting at Milan airport for her connecting flight to Lagos, she meets Cynthia Okoye and Kian Bajo, a wanna-be Afrobeat star. After the plane lands at the Lagos airport, they all go their separate ways but their lives will intertwine again and change the course of Osayuki's life forever.

Elizabeth Okoh is a 27-year-old British-Nigerian writer and photographer who was raised in Lagos, but has been living in London since she was a teenager. *The Returnees* found its way to publication through Hachette's The Future Bookshelf project, for under-represented writers.

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Publicity contact: Steven Cooper
Author lives in East London. Author
is available for: interview, local
events, festival appearances.



THE LAST ACT OF ADAM CAMPBELL

Andy Jones

Adam Campbell has less than one year to live, but a lot to get done. He needs to explain mortality to his six-year-old daughter. And reconcile himself with the woman who should have been his wife. The last thing he needs is to get involved in an amateur production of 'Shakespeare's Greatest Deaths' with six other terminally ill misfits. Surgery isn't an option for Adam, and the drugs can do little more than buy a little more time. But companionship, a shared purpose and the words of William Shakespeare, might turn out to be the best medicine after all.

In one form or another, **Andy Jones** has always been a writer, but it wasn't until he was well into his thirties that Andy started writing fiction. If he could write a letter to his younger self, it would urge him to stop messing about and get on with it. *The Last Act of Adam Campbell* is his fifth novel, but should probably be his tenth.

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Publicity contact: Jenny Platt
Advance book proofs available on request
Author lives in London, SW20. Author
is available for: interview, features,
festival appearances, local events.



REQUIEM FOR A KNAVE

Laura Carlin

A new page-turner from the author of
The Wicked Cometh.

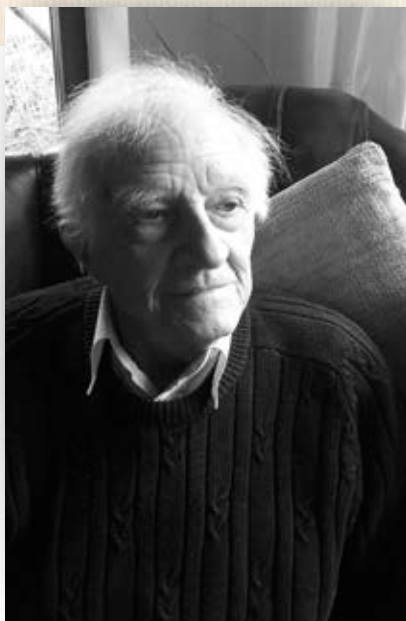
After the death of his mother, Alwin Whittaker goes seeking answers about his unknown father through a pilgrimage to Walsingham. On the journey, Alwin falls in with a band of violent soldiers and is witness to their terrible crimes. When Alwin later joins up with a group of pilgrims, he must hide his identity to avoid being accused of association with the marauding men. But the journey to discovering who he really is will lead Alwin into great danger – and to question everything he thought he once knew about himself.

Laura Carlin left school at 16 to work in retail banking and it was only after leaving her job to write full-time that she discovered her passion for storytelling and exploring pockets of history through fiction. She lives in a book-filled house in beautiful rural Derbyshire with her partner (and a very naughty cat). When she's not writing she enjoys walking in the surrounding Peak District.

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Hodder & Stoughton

Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in Alferton, UK. Author
is available for: interview, features,
festival appearances, local events.



INNOCENCE

Two Novellas

Frank White

In 2017 Hodder published Frank White's *There Was A Time*, surely the last novel about the Second World War to be written by someone who actually served in it. Now at the age of 92, Frank has written a poignant, nostalgic novella of coming of age in a Yorkshire village in the sixties. It is paired with another novella set in Manchester at the outbreak of war and first published by Hodder in 1964. *Innocence* and *A Morse Code Set* are beautifully complementary in theme and show Frank White to be an author of extraordinary insight and tenderness.

Frank White, who was born in Manchester in 1927, lives with his wife June in Lincolnshire. He is a veteran of the wartime British Pacific Fleet. He has contributed essays and short fiction to numerous magazines and has written two novels and a short book on WWI. Other works include plays for stage and radio and material for BBC television. In 2013, realising that the world was no longer full of people who experienced the Second World War, he spent the summer working on *There Was a Time*. *Innocence* is his second published volume.

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Most recent title: THERE WAS A TIME

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US Rights: Hodder & Stoughton
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Serial Rights:
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Publicity contact: Kate Keehan
Advance reading copies via Netgalley
Author lives in Marshchapel, Lincolnshire.
Author is available for: interview.



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A WIDOW'S COURAGE

Birch End Saga Book Two

Anna Jacobs

The second instalment in beloved and bestselling author Anna Jacobs' Lancashire-based Birch End saga.

Lancashire, 1934. It's been three years since Stella Newby's husband passed away, and it's high time for her to make a fresh start. After unexpectedly coming into some money, Stella decides to relocate to the village of Birch End. She's looking for a quiet life – but what she finds is a community that quickly begins to feel like home. But when an unscrupulous builder decides to demolish Stella's dream cottage to make way for yet more low-quality housing, can Stella, Wilf and the residents of Birch End pull together to make sure good triumphs at last?

Anna Jacobs grew up in Lancashire and emigrated to Australia, but still visits the UK regularly to see her family and do research, something she loves. She is the bestselling author of over 80 novels and has won and been shortlisted for several awards. She likes to write romantic and family stories with happy endings.

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A DAUGHTER'S JOURNEY

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Hodder & Stoughton

Publicity contact: Emma Knight
Advance book proofs available on request
Author lives in Australia/Wiltshire,
UK. Author is available for:
interview, features, local events.



THE BOBBY GIRLS' SECRETS

Bobby Girls Book Two

Johanna Bell

**A gritty, uplifting WW1 saga
about Britain's first ever female
police officers.**

1915. Best friends Irene, Maggie and Annie are proud members of the newly renamed Women's Police Service, doing their bit for the war effort by keeping the peace at home in London's East End. But out of the blue, Irene is given the opportunity to be stationed near an army barracks in Grantham, Lincolnshire, and she decides to go. What could possibly go wrong? It turns out, plenty. One of the other WPS girls takes an immediate dislike to her and makes her life a misery. And when she finds a psychologically disturbed deserter in hiding, she has a very difficult decision to make . . .

Johanna Bell is a freelance journalist living in Surrey with her husband, daughter and dog. She developed a passion for learning about the wars after chatting to her granddad about his experiences in World War Two.

9781529330861 • £6.99

B format Paperback • 320pp

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Audio download:

9781529358896 • £19.99

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Exclusive territories: World

US Rights: Hodder & Stoughton

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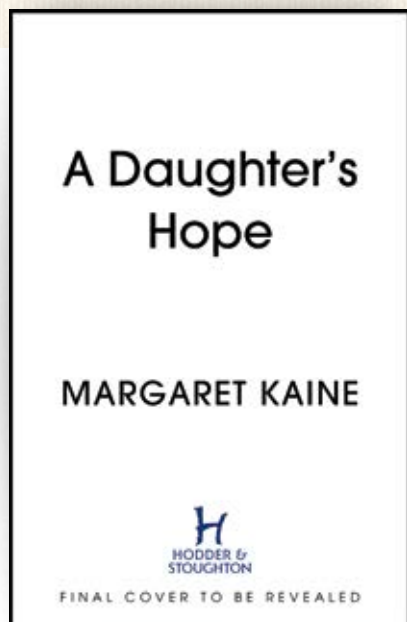
Hodder & Stoughton

Publicity contact: Kate Keehan

Advance reading copies via Netgalley

Author lives in Hersham, Surrey, UK.

Author is available for: interview, features,
festival appearances, local events.



A DAUGHTER'S HOPE

Margaret Kaine

An uplifting story of resilience,
courage and self-discovery.

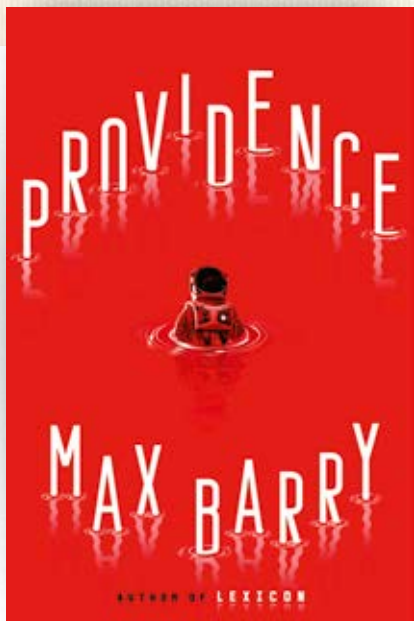
When her loving but strict parents pass away, for the first time in her life 21-year-old Megan finally has the freedom to explore who she really is. Soon she is trying daring new things such as wearing makeup, buying new clothes and going out dancing. But soon, Megan faces a heart-wrenching choice between a dependable local man and the exciting prospect of an American visitor. On top of that, a mysterious silver hairbrush is about to lead to revelations that will turn her world upside down . . . Can she find the courage to follow her heart, and get everything she's ever hoped for?

Born and educated in Stoke-on-Trent, **Margaret Kaine** now lives in Eastbourne. Her short stories have been published in women's magazines in Great Britain, Ireland, Australia, South Africa and Norway. She won the 2002 Romantic Novelists' Association/Reader's Digest Of Love and Life New Writer's Award and also the Society of Authors' Sagittarius Prize for her first novel, *Ring of Clay*.

9781529373530 • £8.99
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FRIENDS AND FAMILIES

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US Rights: Hodder & Stoughton
Translation Rights: Hodder & Stoughton
Serial Rights: Hodder & Stoughton

Publicity contact: Myrto Kalavrezou
Advance reading copies via Netgalley
Author lives in Eastbourne, East
Sussex, UK. Author is available for:
interview, features, local events.



PROVIDENCE

Max Barry

Providence is a dazzling, inventive and thought-provoking new novel from the author of *Lexicon*.

In the future, the war against aliens has taken a critical turn. Mankind has developed the ultimate killing machine, the Providence class of spaceship. The mismatched quartet of Talia, Gilly, Jolene and Anders are the crew on one of these battleships. But the ship takes care of all the tactics. The crew's only job is to publicise their glorious war to a sceptical Earth. But then everything changes. A message comes from base: the Providence is going into the VZ, the Violet Zone, where there are no beacons and no communications with Earth. It's at this stage the Providence starts having its own agenda

Max Barry is the author of four previous novels, including Aurealis Award winner *Lexicon*. He is also the creator of the internet mini-phenomenon NationStates, an online political simulation game. He lives in Melbourne, Australia, with his wife and two daughters.

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Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in Kensington, Australia.



THE SPACE BETWEEN WORLDS

Micaiah Johnson

Of the 382 realities that have been unlocked, Cara is dead in all but eight.

Eccentric genius Adam Bosch has cracked the multiverse and created a way to travel to parallel earths. There's just one problem: no one can visit an earth where they are still alive, and all the would-be travellers in Adam's circle have lived sheltered, safe lives in the city. Enter Cara. Born in the wastelands where if a basic lack of resources didn't kill you, violence would, Cara has fought her entire life just to survive. So, when she's offered a job travelling the multiverse, and a safe place in the city to call home, she's willing to do anything to keep it that way.

Micaiah Johnson is a biracial author who was raised in a Jehovah's Witness community in the Southern California desert. She graduated high school at the age of 13, received her MFA from Rutgers-Camden, and is currently studying race and robots as a PhD candidate at Vanderbilt.

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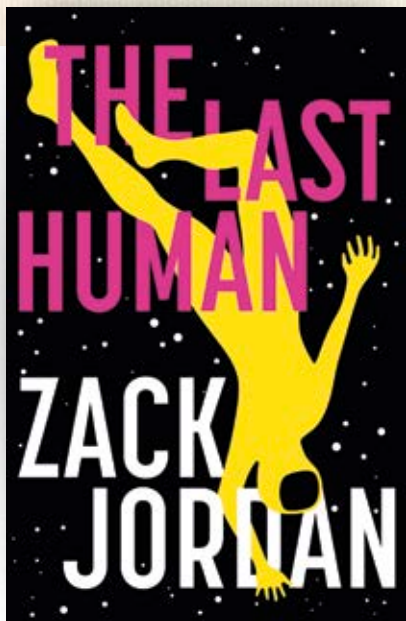
Hodder & Stoughton

Publicity contact: Kate Keehan

Advance book proofs available on request

Author lives in Tennessee, USA.

Author is available for: interview, features, festival appearances.



THE LAST HUMAN

Zack Jordan

The last human in the universe is on the run in this rip-roaring debut space opera.

Sarya is the galaxy's worst nightmare: a Human. Fortunately, she's the last one. Sarya has lived on a space station her entire life, keeping her identity a secret even as she puzzles over the impossible questions behind her own existence. But when a strange visitor recognises Sarya as Human and makes her an irresistible offer, she's convinced she's about to get the answers she needs – until a series of vicious attacks leaves her world shattered. Suddenly she's running for her life and she makes for the depths of space aboard a stolen ship, in search of the truth behind her existence.

Zack Jordan is a compulsive learner and creator who holds half an art degree, two thirds of a music degree and about a quarter of a philosophy degree. He was a designer on several video game series including the Belarusian mega-hit World of Tanks, but he's more proud of the indie game and music albums he's released under the name U.S. Killbotics. He lives in Chicago with his wife and their two daughters.

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Publicity contact: Kate Keehan
Advance book proofs available on request
Author lives in Chicago, Illinois.
Author is available for: interview,
features, festival appearances.



THE MOTHER CODE

Carole Stivers

A cutting-edge popular science fiction debut by an actual scientist.

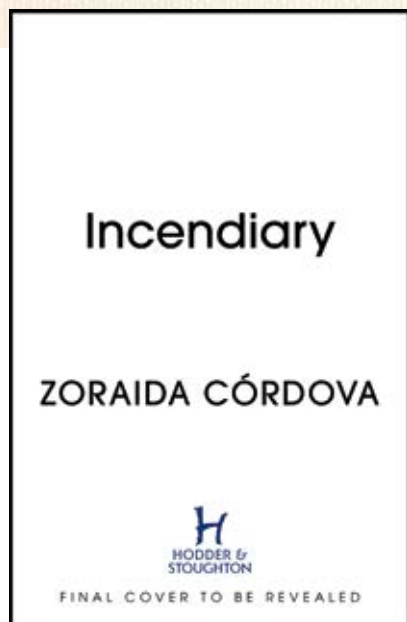
A biological weapon has gone wrong, with the virus spreading and gradually destroying human existence. Scientists have only a few months to come up with technology to save the human race. The answer is robots that can incubate, birth and rear human children and defend them against all threats. Years later the children are ready to leave their mothers and seek their surviving brothers and sisters in the post-apocalyptic wilderness. But will the robots allow their children their freedom, or have they become overprotective? Only the children can save themselves against the most awesome fighting machines ever invented.

Carole Stivers was born in East Cleveland, Ohio. She received her PhD in biochemistry at the University of Illinois at Urbana-Champaign. She went on to post-doctoral work at Stanford University before launching a career in medical diagnostics. She now lives in California, where she's combined her love of writing and her fascination with the possibilities of science to create her first novel, *The Mother Code*.

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Author lives in California, USA.



INCENDIARY

Zoraida Córdova

An epic tale of love and revenge
set in a world inspired by
Inquisition-era Spain.

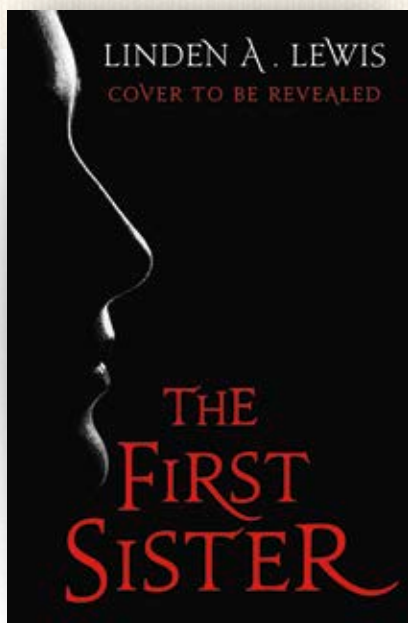
Renata was just a child when she was kidnapped by the King's Justice. As a Robari, the rarest and most feared magical power, her ability to steal memories enabled a siege that resulted in the deaths of thousands of her own people. Now a rebel, Renata works to help magic users escape a kingdom bent on their destruction. But when the commander of her unit – and the boy she's grown to love – is taken captive by the notorious Prince, Renata must return to the palace. Can she convince her former captors that she remains loyal, even as she burns for vengeance? Her life and the fate of the Moria depend on it.

Zoraida Córdova is the award-winning author of the Brooklyn Brujas series and The Vicious Deep trilogy. Zoraida was born in Ecuador and raised in Queens, New York. When she isn't working on her next novel, she's planning her next adventure.

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Publicity contact: Kate Keehan
Advance book proofs available on request
Author lives in Queens, New York,
USA. Author is available for: interview,
features, festival appearances.



THE FIRST SISTER

Linden Lewis

The Handmaid's Tale meets
Red Rising in this action-packed
#ownvoices adventure about love,
loss and revolution.

First Sister has no name, and no voice. She's a priestess, traveling the stars alongside the soldiers of Earth who own the rights to her body and soul, but when she's asked to become a spy, she discovers that sacrificing for the war effort is so much harder when your loyalties are split.

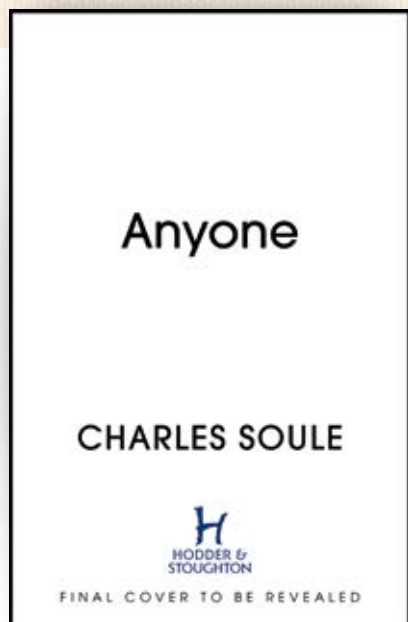
Lito Val Lucius has a name that marks him as lesser. He climbed his way out of the slums to become an elite soldier of Venus, but now he's haunted by the betrayal of his partner Hiro. When Lito is assigned to hunt them down, Lito must decide what he is actually fighting for – the society that raised him, or his freedom.

Linden Lewis is a queer writer and world wanderer currently living in Madrid with a couple of American cats who have little kitty passports. Tall and tattooed, and the author of *The First Sister*, Linden exists only because society has stopped burning witches.

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Publicity contact: Kate Keehan
Advance book proofs available on request
Author lives in Madrid, Spain. Author
is available for: interview, features,
festival appearances, local events.



ANYONE

Charles Soule

*'Be Anyone with Anyone'.
Perfect for fans of *Blade Runner*
and *Get Out*.*

Inside a barn in Michigan, a scientist searching for an Alzheimer's cure throws a switch – and finds herself mysteriously transported into her husband's body. What begins as a botched experiment will change her life – and the world – forever. . . . Two decades later, across the planet, 'flash' technology allows individuals the ability to transfer their consciousness into other bodies for specified periods, paid, registered and legal. But beyond the reach of government regulators is a sordid black market called the darkshare, and one woman is determined to use it for revenge.

Charles Soule is a *New York Times*-bestselling, Brooklyn-based comic book writer, musician and attorney. He is best known for writing *Daredevil*, *She-Hulk*, *Death of Wolverine* and various Star Wars comics from Marvel Comics, as well as his creator-owned series *Curse Words* from Image Comics and the award-winning political sci-fi epic *Letter 44* from Oni Press.

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Publicity contact: Kate Keehan
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Author lives in Brooklyn, New York,
USA. Author is available for: interview,
features, festival appearances.



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OF CURSES AND KISSES

Sandhya Menon

A brand-new contemporary YA series from the *New York Times* bestselling author.

When Princess Jaya Rao finds out she'll be attending the same elite boarding school as Grey Emerson, a member of the rival royal family behind a humiliating scandal involving her little sister, she schemes to get her revenge. The plan? Make him fall in love with her and then break his heart. But as Jaya gets to know Grey, her plans are thwarted. For one, Grey is aggravatingly handsome. And, she's also realising there's maybe more to him than his name and family imply. Can the two find their fairy-tale ending?

Sandhya Menon was born and raised in India on a steady diet of Bollywood movies and street food, and blames this upbringing for her obsession with happily-ever-afters, bad dance moves and pani puri. Now she lives in Colorado, where she's on a mission to (gently) coerce her family to watch all 3,220 Bollywood movies she claims as her favourite.

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Publicity contact: Kate Keehan
Advance reading copies via Netgalley
Author lives in Monument, Colorado,
USA. Author is available for: interview.



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10 THINGS I HATE ABOUT PINKY

Sandhya Menon

The delightful follow-up to
New York Times bestseller
When Dimple Met Rishi.

Pinky loves summers at her parents' lake house, but after listening to them harangue her about the poor boyfriend decisions she's made, she hatches a plan. Get Samir, Harvard-bound mama's boy, to pose as her perfect boyfriend for the summer. When Samir gets a text from Pinky asking if he'll be her fake boyfriend in exchange for a new internship, he jumps at the opportunity. Samir and Pinky have never fully seen eye to eye, but as they get to know each other, sparks fly between the pair and they both realise this will be a summer they'll never forget.

Sandhya Menon was born and raised in India on a steady diet of Bollywood movies and street food, and blames this upbringing for her obsession with happily-ever-afters, bad dance moves and pani puri. Now she lives in Colorado, where she's on a mission to (gently) coerce her family to watch all 3,220 Bollywood movies she claims as her favourite.

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Publicity contact: Kate Keehan
Advance reading copies via Netgalley
Author lives in Monument, Colorado,
USA. Author is available for: interview.






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THE DARLINGS

Cristina Alger

*A suspenseful novel from the author of **The Banker's Wife**.*

Published for the first time in the UK, *The Darlings* is both a family drama and an intense thriller.

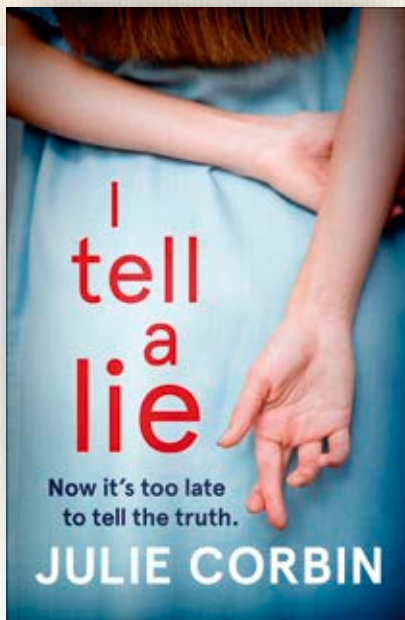
The Darlings of New York are untouchable. But no one is safe from a scandal this big. When Carter Darling's business partner commits suicide, it triggers a huge financial investigation. The allegations are serious. The danger of it exposing their private lives is equally threatening. In times of crisis, the Darlings have always stuck together. But with the stakes so high, how long will their loyalty last?

Cristina Alger is a lifelong New Yorker and bestselling author of *The Darlings*, *This Was Not the Plan*, *The Banker's Wife* and *Girls Like Us*. A graduate of Harvard College and NYU Law School, she worked as a financial analyst and a corporate attorney before becoming a writer. She lives in New York with her husband and children and is at work on her fifth novel.

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Publicity contact: Myrto Kalavrezou
Advance reading copies via Netgalley
Author lives in New York, USA. Author
is available for: interview, features.



I TELL A LIE

Julie Corbin

One of them is lying.
One of them is about to die.

As a school nurse, Anna Pierce is a trusted member of the community. So when she is accused of hitting a pupil, the reaction is one of shock and disbelief. The pupil is Tori Carmichael – Anna's mentee and a child known for her lies. Anna is hurt by the accusation but determined to clear her name. Before she can, the worst happens: Tori is found dead. Suspicion against Anna spreads quickly in the close-knit community. At the very least, Anna should have protected this vulnerable girl. At worst, she's a killer. But which is it?

Julie Corbin is Scottish and grew up just outside Edinburgh. She has lived in East Sussex for the last 25 years and raised her three sons in a village close to the Ashdown Forest. She is trained as a nurse and combines running the medical department in a boarding school with writing novels.

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Author lives in East Sussex, UK. Author is available for: interview, features, festival appearances, local events.







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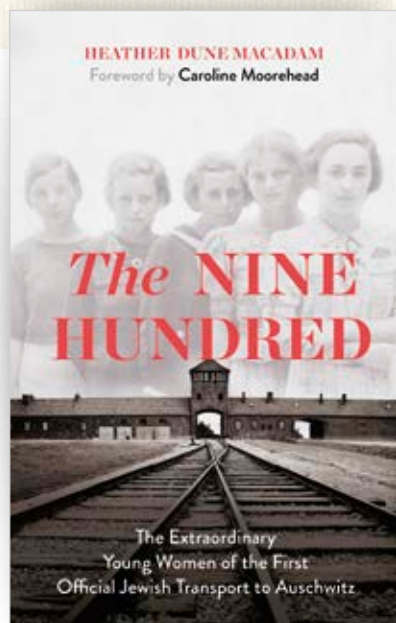


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THE NINE HUNDRED

The Extraordinary Young Women of the First Official Jewish Transport to Auschwitz

Heather Dune Macadam

The story of 900 women who became the first official transport to Auschwitz.

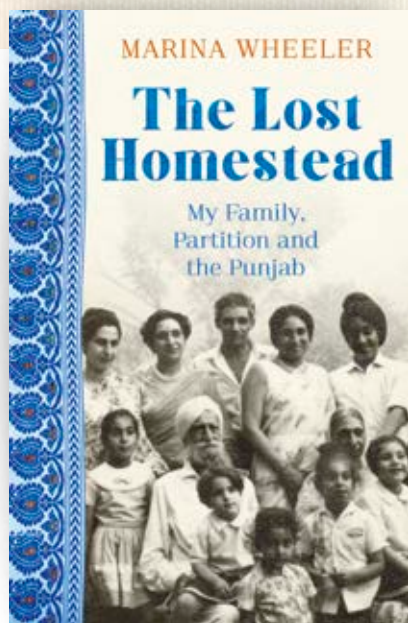
The Nine Hundred: The Extraordinary Young Women of the First Official Jewish Transport to Auschwitz is the untold story of the 999 young, unmarried Jewish women who were tricked into boarding a train in Poprad, Slovakia on March 25, 1942. It became the first official transport to Auschwitz. Believing that they had been called up for three months of government service, these women were sold to the Nazis as slave labour by their own government. Drawing on extensive interviews with survivors, historians, witnesses and relatives of those first deportees, *The Nine Hundred* is an important addition to Holocaust literature and women's history.

Heather Dune Macadam is the author of *Rena's Promise: A Story of Sisters in Auschwitz*. Macadam actively fights against Holocaust denial social networks by disseminating Rena's story through her YouTube channel, Twitter and Facebook. She is the director and president of the Rena's Promise Foundation, and is currently producing the documentary film 999: *The First Transport to Auschwitz*. She divides her time between New York and Herefordshire, England.

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Publicity contact: Karen Geary
Author lives in Herefordshire
and New York.



THE LOST HOMESTEAD

My Family, Partition and the Punjab

Marina Wheeler

Marina Wheeler revisits the past
her mother had to leave behind.

Marina Wheeler's mother, Dip, lost her home aged 14 when she and her Sikh family were forced to flee their hometown during Partition in 1947. Some years after Partition, Dip was again 'displaced', this time by choice, when she married Marina's English father and left India for good. In *The Lost Homestead* Wheeler delves deep into the past, drawing on the oral history recounted by her mother to learn about the world that was left behind in India, painting a detailed picture of the end of the Raj, the struggle for independence and the legacy of India's great leaders.

Marina Wheeler is an Anglo-Indian, London-based barrister specialising in constitutional and human rights law. She was made Queen's Counsel in 2016 and also teaches mediation and conflict resolution. She writes regularly for the UK Human Rights Blog as well as national newspapers.

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Publicity contact: Veronique Norton
Advance book proofs available on request
Author lives in London. Author is
available for: interview, features,
festival appearances, local events.



THE LAST GIANTS

Levison Wood

Levison Wood's experience charting the decline of one of the world's favourite animals.

Thirty years ago, Africa was home to a million elephants, today the figure stands at only half that. Meanwhile in the span of a lifetime, the human population has more than doubled. In Levison Wood's *The Last Giants*, he explores the rapid decline of one of the world's favourite animals. Filled with stories from his own time spent travelling with elephants in Africa, the book is both a shocking wake-up call and an educational tool about this endangered species we take for granted. *The Last Giants* was written to inspire us all to act now – to help save the species from permanent extinction.

Levison Wood is an award-winning author, explorer and photographer who specialises in documenting people and cultures in remote regions and post-conflict zones. His work has taken him around the world leading expeditions on five continents and he is an elected fellow of both the Royal Geographical Society and the Explorers Club.

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Publicity contact: Rebecca Mundy
Author lives in London. Author is available for: interview, features, limited author tour on publication, events and signings to be confirmed.



BATTLE OF BRITAIN

The Planes and the Pilots Who Made History

Simon Pearson & Ed Gorman

A re-telling of the Battle of Britain through 18 aircraft and their pilots.

While the Battle of Britain and the iconic Spitfire remain a source of great pride to the average Briton, it is remarkable how little is known and understood about this episode in our history. In *Battle of Britain* Ed Gorman and Simon Pearson paint a vivid picture of the men and their machines as the battle for air superiority over Britain is played out across the skies of Europe, from western Ireland to the German capital.

Ed Gorman and **Simon Pearson** are both *Times* journalists and published authors. Ed is a veteran news and war correspondent, who recently published an autobiographical memoir, *Death of a Translator*. Simon is the Obituaries editor of *The Times*. He wrote *The Great Escaper*, a biography of Roger Bushell, 'Big X' of Stalag Luft III, which was published by Hodder & Stoughton and became a bestseller in 2013–14.

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Publicity contact: Steven Cooper

Authors live in. Author is available for: interview, features, festival appearances, local events, limited author tour on publication, events and signings to be confirmed.



IDENTITY, IGNORANCE, INNOVATION

Why the Old Politics is Useless –
and What to Do About It

Matthew d'Ancona

Matthew d'Ancona's challenge to this
age of extremism, lazy populism and
democratic torpor.

This book is a provocative intervention in a global debate that has been paralysed by the continued use of out-dated categories of political analysis. In *Identity, Ignorance, Innovation*, political journalist Matthew d'Ancona will propose a new way of understanding the crises of developed societies in the early 21st century – and plot a way forward.

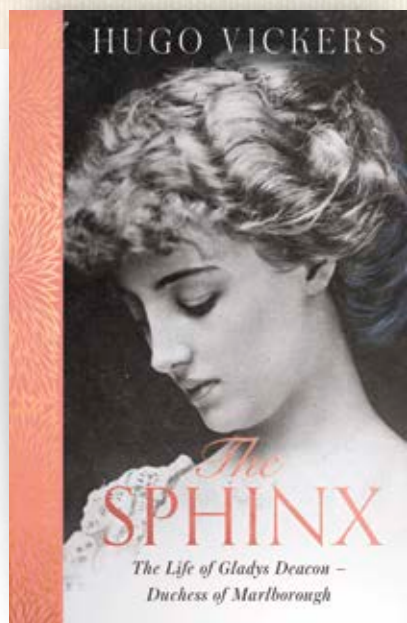
Matthew d'Ancona is a British journalist and broadcaster. He writes a weekly column for the *Standard* and was previously editor of the *Spectator*. He also contributes regularly to the BBC's *Today* programme.

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Publicity contact: Karen Geary

Author lives in London. Author is
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festival appearances, local events,
limited author tour on publication,
events and signings to be confirmed.



THE SPHINX

The Life of Gladys Deacon –
Duchess of Marlborough

Hugo Vickers

The fascinating life of the enigmatic American who was the dazzling star of the Belle Époque.

Acclaimed biographer Hugo Vickers met Gladys Deacon towards the end of her life in 1975, isolated in a psycho-geriatric ward. He was inspired to piece together the life of the mysterious American who dazzled Europe in her prime, and whose admirers included Proust, Rodin, Monet and Hugo von Hofmannsthal. She became the second wife of the 9th Duke of Marlborough in 1921, following his divorce from Consuelo Vanderbilt. In this stunning biography, Hugo Vickers uncovers the mystery of the fiercely intelligent beauty at the centre of the Belle Époque.

Hugo Vickers is a writer, lecturer and broadcaster, and an acknowledged expert on the British Royal Family. He has written biographies of the Queen Mother, Cecil Beaton, Vivien Leigh, Princess Alice, and the Duchess of Windsor, and most recently edited and published *The Quest for Queen Mary*.

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Publicity contact: Karen Geary

Author lives in London, W8. Author is available for: interview, features, festival appearances, local events.



SAY WHY TO DRUGS

Everything You Need to Know About the
Drugs We Take and Why We Get High

Dr Suzi Gage

A definitive and authoritative guide
to the drugs we take.

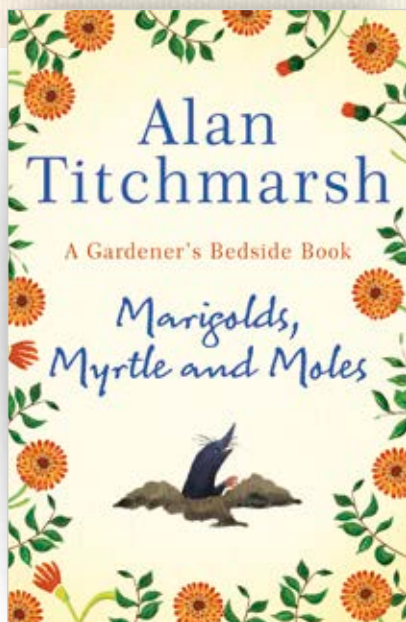
Say Why to Drugs investigates the science behind the drugs we take – debunking common myths and misconceptions, as well as containing the most recent scientific research. Looking at a range of drugs, this book provides a clear understanding of how drugs work and what they're really doing to our mind and body. Along the way you will find out why ketamine is on the WHO's list of essential medicines, why some researchers hope MDMA could treat PTSD and much more. Enlightening, entertaining and thought-provoking, *Say Why to Drugs* is a compelling read that will surprise and educate proponents of both sides of the drugs debate.

Dr Suzi Gage is a psychologist and epidemiologist at the University of Liverpool, investigating associations between recreational drug use and mental health. In 2016 she began her 'Say Why to Drugs' podcast alongside Scroobius Pip. Each episode discusses a different recreational drug, with no hyperbole, no spin and no judgement.

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Publicity contact: Steven Cooper
Advance reading copies via Netgalley
Author lives in Liverpool, UK.
Author is available for: interview,
features, festivals, local events.



MARIGOLDS, MYRTLE AND MOLES

A Gardener's Bedside Book

Alan Titchmarsh

The perfect companion book of rhymes
and reflections for the green-fingered.

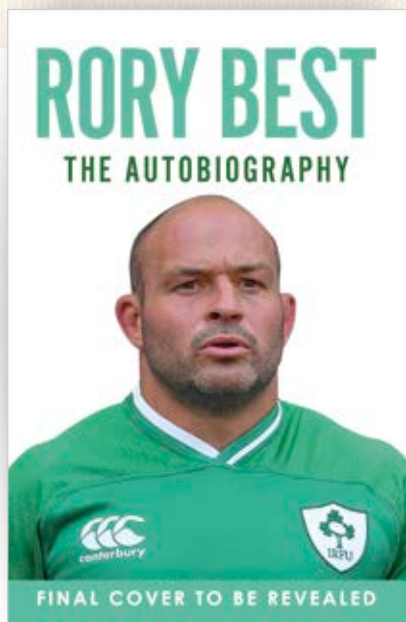
Written and introduced by the nation's favourite gardener and presenter of ITV's *Love Your Garden*, this is the perfect gift for the green-fingered. From touching and hilarious poems on the peony, the snowdrop and the sweet pea to the less welcome mole and the slug, and accompanied by his own beautiful illustrations, *Marigolds, Myrtle and Moles* is Alan Titchmarsh's heartfelt and entertaining celebration of his favourite space – the garden.

Alan Titchmarsh is known to millions through his television gardening shows and Classic FM radio show. He has written many gardening books, three volumes of memoirs, and eleven novels. He is an MBE and holds the Victoria Medal of Honour, the Royal Horticultural Society's highest award.

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Publicity contact: Jenny Platt
Author lives in Hampshire, UK. Author
is available for: interview, features,
festival appearances, local events.



MY AUTOBIOGRAPHY

Rory Best

The autobiography of Irish rugby star Rory Best.

Rory Best is widely regarded as one of Ireland's greatest ever captains. Entrusted by Joe Schmidt to lead the side that looked on the wane following the 2015 World Cup, Best's inspirational leadership skills and assertive qualities proved to be the foundation stone for the most successful period in Ireland's history. This is the story of Best's relentless drive to make the best not only of his own talent but those around him, overcoming setbacks, off-field misdemeanours and horrific injuries – he is heralded as a hero for playing on against the All Blacks with a broken arm.

Rory Best is a rugby union player from Northern Ireland and is currently the captain of the Ireland national team, who plays hooker for Ulster. With over 100 caps for Ireland since making his international debut in 2005, Best is one of the most capped rugby players of all time.

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Author lives in Belfast, Northern

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SEX

A Brief History

Dr Fern Riddell

A powerful new cultural history of sex written by one of the UK's most prominent historians.

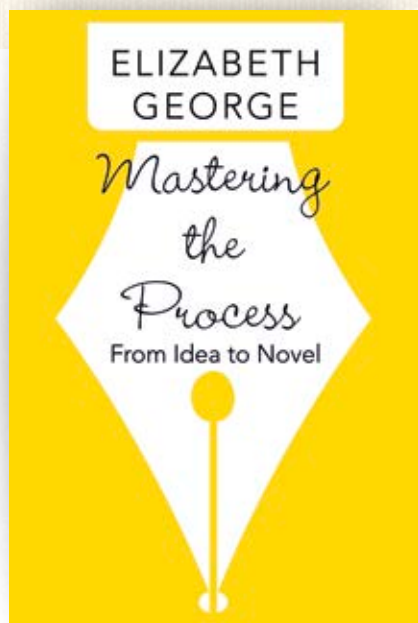
Sex, for the entirety of human history, has never been about reproduction. Statistically speaking, only one out of every one thousand sexual acts between a man and a woman will result in a pregnancy. And, as we know, sex does not solely take place just between men and women. So: what is sex for? In this wide-ranging and powerful new history of sex, Dr Fern Riddell will uncover the sexual lives of our ancestors and show that, just like us, they were as preoccupied with sexual identities, masturbation, foreplay, sex and deviance; facing it with the same confusion, joy and accidental hilarity that we do today.

Dr Fern Riddell is a historian specialising in sex, suffrage and culture in the Victorian and Edwardian eras. She appears regularly on TV and radio, and writes for the *Guardian*, *Huffington Post*, *Telegraph* and *Times Higher Education* among others, and is a columnist for *BBC History Magazine*.

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MASTERING THE PROCESS

From Idea to Novel

Elizabeth George

Inspiration from a bestselling crime writer.

'After a number of years teaching writing courses and appearing at writers' conferences, I began to see that creating a process book utilizing one of my novels as an example of each step of my process might prove useful to people who are interested in novel writing or in how this individual writer approaches the complicated task of putting together a British crime novel.' Elizabeth George shares her wealth of experience with would-be novelists, and with crime fiction fans. Drawing exclusively on her own work, she illustrates her points about plotting, characterisation and technique with great clarity.

Elizabeth George is the author of highly acclaimed novels of psychological suspense. She won the Anthony and Agatha Best First Novel awards in America and received the Grand Prix de Littérature Policière in France. In 1990 she was awarded the prestigious German prize for international mystery fiction, the MIMI. Her novels have been adapted for television by the BBC.

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CECIL BEATON

The Authorised Biography

Hugo Vickers

The definitive biography of the iconic British photographer and designer.

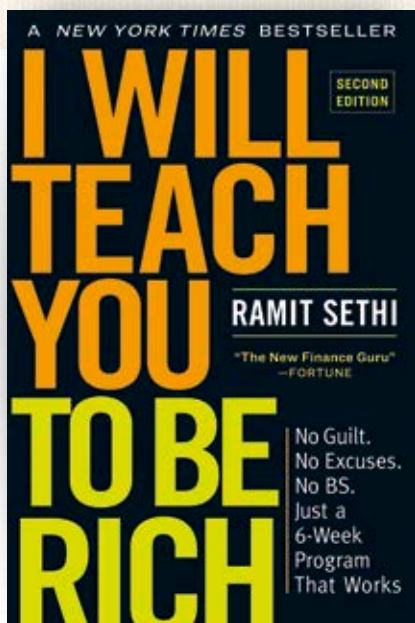
In 1980, Cecil Beaton, the celebrated photographer and designer of the iconic sets and costumes for *My Fair Lady* and *Gigi*, personally chose Hugo Vickers to be his biographer, entrusting him with his diaries and letters. The resulting biography was an instant bestseller upon publication, exploring Beaton's metamorphosis from child of a staid middle-class family to international figure mingling with the glittering stars of his age. Republished in a new paperback edition to mark a major exhibition at the National Portrait Gallery, *Cecil Beaton* is the definitive biography of one of Britain's greatest cultural icons.

Hugo Vickers is a writer, lecturer and broadcaster, and an acknowledged expert on the British Royal Family. He has written biographies of the Queen Mother, Gladys, Duchess of Marlborough, Vivien Leigh and the Duchess of Windsor. His book *The Kiss* won the 1996 Stern Silver Pen Award for Non-Fiction. In 1985, Cecil Beaton personally chose Vickers to be his biographer, entrusting him with his entire archive of diaries and letters.

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I WILL TEACH YOU TO BE RICH

2nd Edition

Ramit Sethi

A fully revised edition of the bestselling modern money classic.

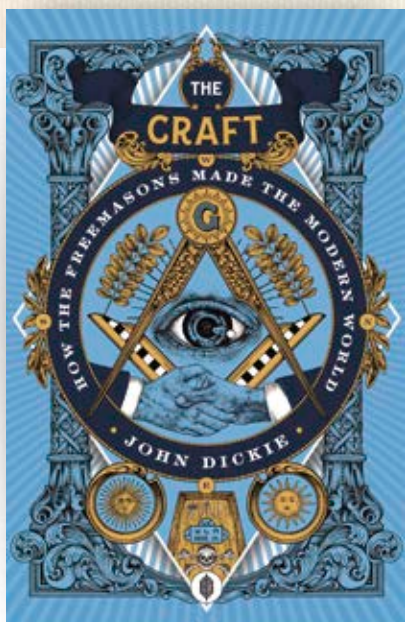
Ramit Sethi, described by Forbes as a ‘wealth wizard’ and by Fortune as ‘the new finance guru’, is back with a completely revised second edition of *I Will Teach You To Be Rich*, updating it with new tools and insights on money and psychology. From crushing your debt and student loans to talking your way out of late fees, to dead simple investment strategies and negotiating that big raise at work, this is the no-guilt, no-excuses, no-BS 6-week programme that will help you get your finances where you want them to be.

Ramit Sethi writes about money, business, and psychology for a million readers each month at iwillteachyoutoberich.com. He’s been featured in *Fortune*, the *New York Times*, the Tim Ferriss podcast, and the *Wall Street Journal*. He studied technology and psychology at Stanford and lives in New York.

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Author lives in New York City, USA.



THE CRAFT

How the Freemasons Made the Modern World

John Dickie

Professor John Dickie's riveting new history of Freemasonry.

Cecil Rhodes and Shauquille O'Neal; Mozart and Peter Sellers; Duke Ellington and the Duke of Wellington . . . These Masons, and many others, people the pages of *The Craft*, but even more compelling is the overarching narrative of Freemasonry itself. As a set of character-forming ideals, and a way of binding men in fellowship, it proved so addictive that within a few decades of its foundation in London in 1717 it had spread across the world. Professor Dickie's *The Craft* is an enthralling exploration of a movement that not only helped to forge modern society, but still has substantial contemporary influence.

John Dickie is Professor of Italian Studies at University College London. Hodder & Stoughton published his *Cosa Nostra: A History of the Sicilian Mafia* in 2004, to ecstatic reviews. It became an international bestseller, with over 20 translations, and won the CWA Dagger Award for Non-fiction that year. Since then he has published *Delizia!* (2007), *Mafia Brotherhoods* (2011) and *Mafia Republic* (2013).

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A NEW CHAPTER FOR A YORKSHIRE VET

Julian Norton

A New Chapter with a Yorkshire Vet follows Julian's veterinary stories and amusing anecdotes through his work as a mixed practice vet in North Yorkshire.

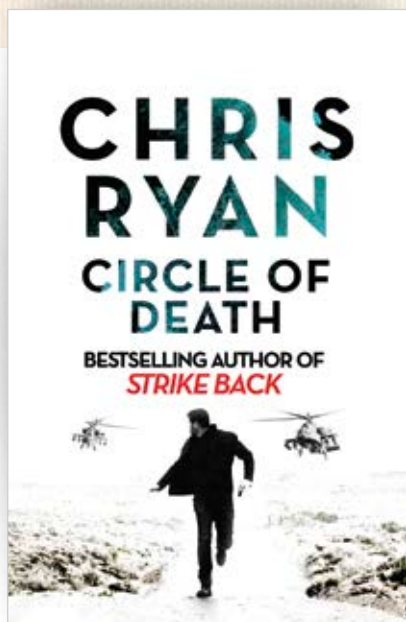
Julian has spent over twenty years working in Thirsk, literally following in the footsteps of James Herriot – the world-renowned vet and author. The book follows Julian's passion for treating the animals under his care, be they cows, sheep, pigs, horses, alpacas or dogs and cats, and the interesting and amusing characters who own and care for them. His voice, well known from his television work, comes across clearly in this book – as does the humour which is often associated with animals. This book tracks his work around the North York Moors and, more recently, around the Vale of York and the Yorkshire Dales from his new veterinary home in Boroughbridge, where the Herriot spirit lives on!

Julian Norton has spent most of his working life as a veterinary surgeon in mixed practice in Thirsk at the practice and home of James Herriot. Since 2015 Julian has been involved in the hit Channel 5 series *The Yorkshire Vet*, as the titular character. His books tell his veterinary stories and those of the interesting characters he has met in and around his beloved Yorkshire.

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Publicity contact: Jenny Platt
 Author lives in Thirsk, Yorkshire.
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CIRCLE OF DEATH

Chris Ryan

The fifth book in the bestselling Strike Back series.

Former SAS legends John Porter and Jock Bald are tasked with a dangerous new mission. A gang of ex-Navy SEALs, dishonourably discharged from the US military, have gone rogue down in the badlands of Mexico. Bald and Porter uncover a deadly conspiracy involving the 'Deep State' in both the US and the UK. When their cover is blown they must act to stop a plan to assassinate the Venezuelan President and trigger a bloody civil war. They must fight alongside their fellow SAS comrades, in a deadly battle of SAS versus Navy SEALs – only the strongest will survive.

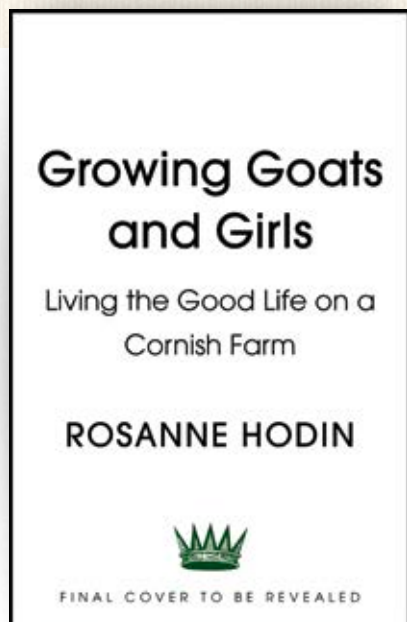
Former SAS corporal and the only man to escape death or capture during the Bravo Two Zero operation in the 1991 Gulf War, **Chris Ryan** turned to writing thrillers to tell the stories the Official Secrets Act stops him putting in his non-fiction. His novels have gone on to inspire the Sky One series *Strike Back*.

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Author lives in Herefordshire, UK.
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GROWING GOATS AND GIRLS

Rosanne Hodin

*The Good Life meets My Family
and Other Animals.*

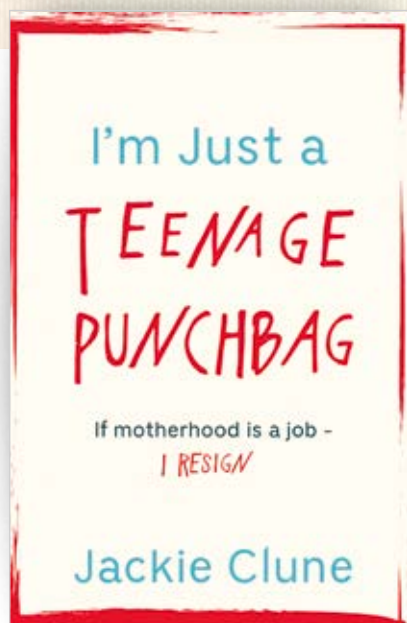
Growing Goats and Girls lovingly and invitingly charts the occasionally haphazard lives of Rosanne and her husband as they escape London to live off the land. There they rear goats, chickens, cows, bees – and two children – and chart the changing seasons in glorious – almost idyllic – countryside over 30 years. Heart-warming and uplifting in its celebration of the simple things, it taps into our collective imagination. Who hasn't dreamed of new beginnings, escaping into nature and living more simply? It reminds us to appreciate the smaller, timeless moments of beauty, nature and the little comforts of family life.

Rosanne and Michael Hodin bought Large Bottom Farm in the 1980s and lived there for the next 30 years. They raised two daughters, many goats and countless chickens while living off the land. Rosanne has won the *Daily Telegraph* travel writing prize three times.

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is available for: events and
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I'M JUST A TEENAGE PUNCHBAG

Jackie Clune

Bored and ignored wife and mother accidentally tells the truth; with hilarious and surprising results.

Ciara is 50 and invisible to her vile teenage children and her husband, who is more boring, vaguely unappealing flatmate than love's young dream. When she starts writing a blisteringly honest but unpublishable blog in an attempt to cling on to her diminishing sanity, she has no idea what demons she will unleash... Ciara must face the consequences of her truth-telling, and when she finds herself family-free in New York, with the help of a cool, straight-talking woman she's encountered she starts to discover who she is, and to remember what really makes her happy.

Jackie Clune is a well-respected actor (including appearing in *Billy Eliot* and *Emilia* in the West End, and in C4's hit *Motherland*); playwright and comedian. She is on the Equity Council, set up and manages a successful girls rugby section at Eton Manor RFC, and is the mother of one daughter and triplet boys. Jackie lives with her family in London.

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TWISTED: A COOKBOOK

Unserious Food Tastes
Seriously Good

Team Twisted

From one of the world's most popular food brands that has 30 million fans worldwide, comes *Twisted: A Cookbook*.

Born out of a tiny London kitchen, where a couple of guys started making recipe videos, to 30 million online followers across the globe, Twisted has changed the way we look at food. People have fallen for their indulgent creations and clever twists on cooking that champion unserious food that tastes seriously good. Featuring 100+ brand new recipes, *Twisted: A Cookbook* will remind us that it's okay to INDULGE from time to time, to BREAK THE RULES and to HAVE FUN. This is a bright, bold breath of fresh air that we all need in our lives!

Tom Jackson and **Harry Bamber** founded Twisted back in 2016 from a tiny kitchen in London, after setting about making tasty-looking food videos using a GoPro and publishing their endeavours on social media. Six weeks later they'd amassed a million followers. Today, Twisted is a team of 12 based in East London and one of the world's biggest food brands, with 30 million followers globally. From Mexico City to Sydney and Sao Paulo, everyone has fallen for Twisted's refreshing, fun approach to cooking.

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DELICIOUSLY ELLA MAKING PLANT- BASED QUICK AND EASY

10-Minute Recipes, 20-Minute Recipes,
Big Batch Cooking

Ella Mills

100 all-new quick and easy plant-based recipes by bestselling author Ella Mills.

In her fifth cookbook, Ella shows us that vegan cooking doesn't have to be difficult or time-consuming. It's easy to embrace a plant-based lifestyle with her fuss-free, simple recipes that cater for our busy lives. Divided into seven sections, the new book offers – for the first time – recipes with an approximate cooking time, showing you how to make meals that will satisfy your taste buds and inspire you every day. In the book she shares the important insights learned from her chart-topping podcast, bringing a wider holistic dimension and personal angle to this gorgeous, inspiring, healthy cookbook.

Ella Mills is an award-winning cookery author, entrepreneur and a champion of plant-based living. She started off with the popular blog, deliciouslyella.com, before releasing a Number One app and writing the best-selling debut cookbook ever in the UK, *Deliciously Ella*, which was named as Amazon's biggest-selling book in the year of publication and was a *New York Times* bestseller. She has since released a further four bestselling books, including the fastest-selling vegan cookbook, and built a social media audience of 2.5 million people.

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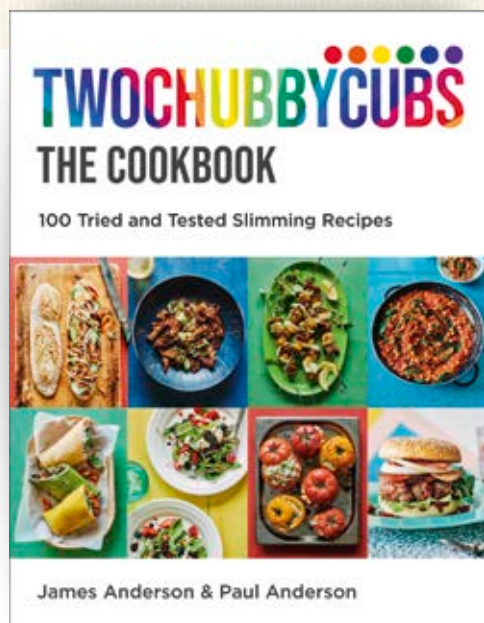
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TWOCHUBBYCUBS THE COOKBOOK

100 Tried and Tested Slimming
Methods

James & Paul Anderson

The must-have healthy cookbook
from slimming bloggers James and
Paul AKA the Twochubbycubs!

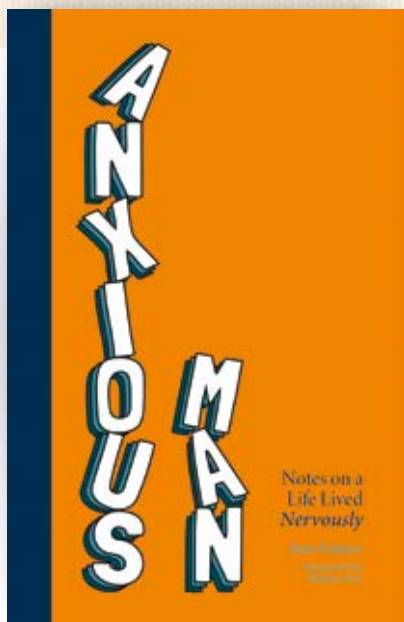
The Twochubbycubs Cookbook is a fabulous and funny collection of 100 never-before-seen recipes that both meat-eaters and veggies will love. James and Paul's hugely successful Twochubbycubs blog has become a go-to resource for healthy eating without sparing on taste (as well as good humour) and over the last year they have shed over 18 stone between them. This is the true, honest home-cooked food that helped them to drop the weight without feeling hungry or hard done by – they are here to show you that eating well doesn't have to be a chore!

James Anderson is a 34-year-old pretend lawyer from Newcastle. Everyone expects him to sound like Denise Welch yelling into a hoover tube but actually he has dulcet tones. James is the more gregarious of the two. He's the writer. **Paul Anderson** is a 33-year-old admin from Peterborough. He's the cook and spends most of his time slapping James' hands with slotted spoons as he tries to eat the ingredients.

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Authors live in Newcastle, UK.
Authors are available for: events.



ANXIOUS MAN

Notes From a Life Lived Nervously

Josh Roberts

With illustrations by Cali Mackrill

A hilarious, honest and helpful memoir exploring one young man's struggles with anxiety, with a foreword by Stephen Fry.

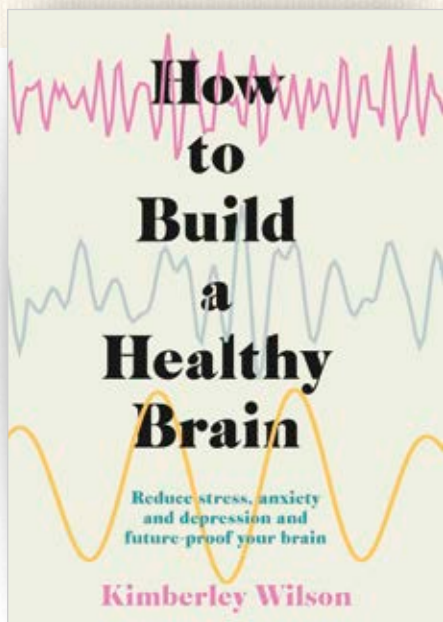
One night three years ago Josh Roberts went to a party. The next morning he awoke to discover his mind had collapsed. In a matter of days he went from being a fun-loving, seemingly successful twenty-something to a hot mess of tears and nerves. Eventually he was diagnosed with Generalised Anxiety Disorder (GAD). Since then, he's been mending his mind, rediscovering happiness and learning to live his nervous life. *Anxious Man* is the story of all this. Told with originality, wit and great humour, it's an essential guide for mental health and a thought-provoking exploration of the millennial condition. With a foreword by Stephen Fry.

After reading Politics, Philosophy and Economics at Trinity College Dublin, **Josh Roberts** did a series of jobs that he both hated and was rubbish at, during which he had a breakdown – his most recent role is as an advertising account exec at the *Financial Times*. *Anxious Man* is his first book, following his article for *The Times* about crying in the bogs at work, which received a huge public reaction for his honest, humourful depiction of life as a millennial working through the ups and downs of a generalised anxiety disorder.

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Publicity contact: Steven Cooper
Advance book proofs available on request
Author lives in London, SW11. Author
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festival appearances, local events.



HOW TO BUILD A HEALTHY BRAIN

Reduce Stress, Anxiety and Depression
and Future-Proof Your Brain

Kimberley Wilson

A step by step programme to
improve your mental resilience
and protect your long-term
brain health.

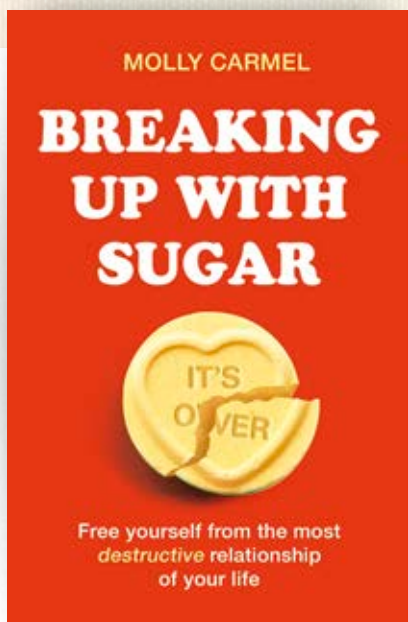
Whatever your age, having a healthy brain is the key to a happy and fulfilled life. Yet, for both young and old, diseases of the brain and mental health are the biggest killers in the 21st century. *How to Build a Healthy Brain* is here to help. Chartered psychologist Kimberley Wilson, a passionate advocate for the importance of mental health, draws on the latest research to give practical, holistic advice on how you can protect your brain health by making simple lifestyle choices. With chapters on Sleep, Nutrition, Exercise and Meditation, this is an empowering guide to help you look after both your physical and mental well-being.

Kimberley Wilson is a chartered psychologist who has worked for the NHS as well as in a private practice. She hosts a popular podcast called Stronger Minds where she discusses topics related to food, lifestyle, psychology and mental health. She has a Harley Street private practice, Monumental Health, which integrates lifestyle interventions into psychological therapy.

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Author is available for:
interview, local events.



BREAKING UP WITH SUGAR

Free yourself from the most destructive relationship of your life

Molly Carmel

A 66-day roadmap for going sugar-free.

A plan for going sugar-free from an eating disorder specialist and therapist who broke free from her own sugar addiction. The simple step-by-step instructions are designed to take the guesswork out of sugar-free eating and help people start a new, healthier relationship with food. With eight vows to return to and rely on, and guidance on how to divorce dieting forever, *Breaking Up With Sugar* offers an individualised, sustainable and realistic plan for eating and thriving for life.

Molly Carmel has made it her mission to help people find a sustainable solution to the battle of obesity and related eating disorders. After struggling with her own eating disorder for over 20 years and finding no solutions in available treatments, she created The Beacon, where she helps clients recover from similar addictions.

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Author lives in New York, USA.
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DRINK?

The New Science of Alcohol + Your Health

Professor David Nutt

The definitive guide to alcohol, science and our health by a world-renowned leading authority.

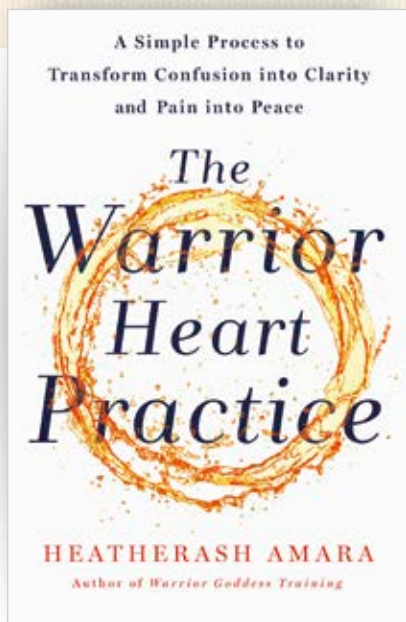
World-renowned professor of neuropsychopharmacology, David Nutt breaks down the science and effect of alcohol on our health, mood, sleep, productivity, and explains how it travels through our bodies and brains. He examines what the future holds for this normalised drug that governs our society and lives, and explains on a practical level how we can make changes to positively impact our relationship with and understanding of it, to improve our quality of life.

David Nutt is Professor of Neuropsychopharmacology and director of the Neuropsychopharmacology Unit in the Division of Brain Sciences at Imperial College, London. He broadcasts widely on radio and television, and lectures to the public as well as to the scientific and medical communities.

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THE WARRIOR HEART PRACTICE

A simple process to transform confusion into clarity and pain into peace

HeatherAsh Amara

A powerful new method to reconnect with our sense of authenticity.

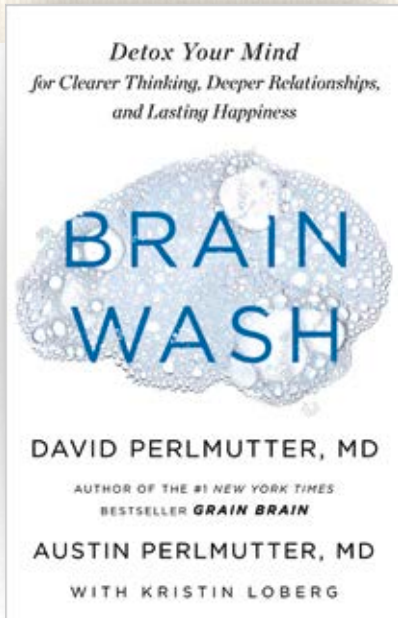
The Warrior Heart Practice is a powerful new method to reconnect with our sense of authenticity and inner-knowing and realign with our true nature. Author of the bestselling book *Warrior Goddess Training* HeatherAsh Amara has trained extensively in the Toltec tradition under the tutelage of don Miguel Ruiz. The Warrior Heart Practice is a revolutionary system based on the four-chambered structure of the human heart. It leads to deep insights as readers learn to step outside of their preconceptions to realign with their true purposes and goals.

HeatherAsh Amara is the author of a number of books including the *Warrior Goddess Training* series. She brings an openhearted, inclusive worldview to her writings and teachings, which are a rich blend of Toltec wisdom, European shamanism, Buddhism and Native American ceremony. Currently she lives on the road in a 20-foot Airstream travelling and teaching throughout the United States as well as internationally.

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Author lives in USA.



BRAIN WASH

Detox Your Mind for Clearer Thinking, Deeper Relationships and Lasting Happiness

David Perlmutter &
Austin Perlmutter

Brain Wash reveals the dangers of consumption culture to our mental and cognitive health and offers diet and lifestyle interventions to heal the brain.

Brain Wash builds from a simple premise: Our brains are being gravely manipulated, resulting in behaviours that leave us more lonely, anxious, depressed, distrustful, illness-prone and overweight than ever before. Based on the latest science, the book identifies the mental hijacking that undermines each and every one of us and presents the tools necessary to think more clearly, make better decisions, strengthen bonds with others and develop healthier habits.

David Perlmutter is a board-certified neurologist and Fellow of the American College of Nutrition. He is a frequent lecturer at symposia sponsored by institutions including the World Bank, Columbia University, New York University, Yale and Harvard, and serves as an associate professor at the University of Miami Miller School of Medicine. **Austin Perlmutter** is a board-certified internal medicine physician. His academic interests centre on studying the effects of burnout and depression as well as preventative care and chronic disease management.

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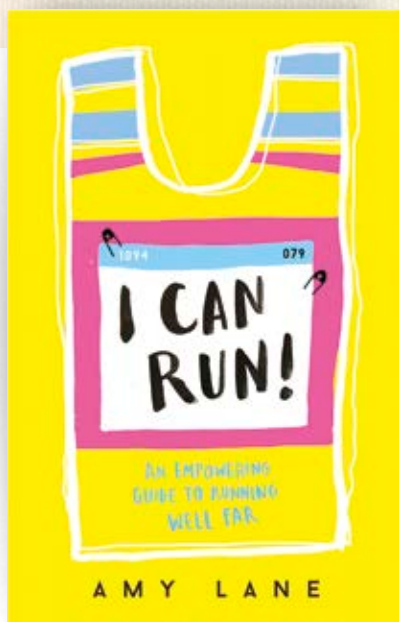
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I CAN RUN

Your Empowering Guide to Running Well Far
Amy Lane

The must-have handbook to inform and inspire you to start running for good.

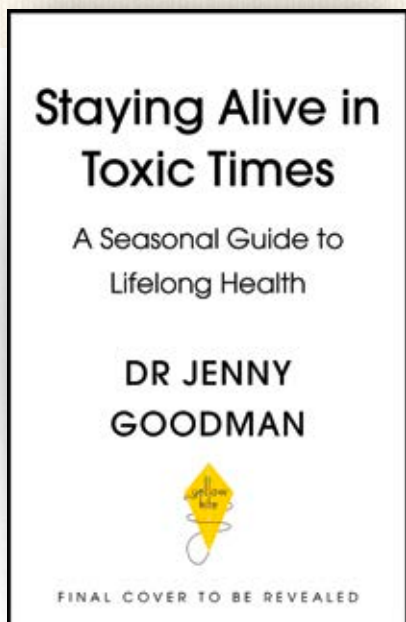
The must-have running book for every woman who has ever experienced a moment of defeatism and had the little voice in their head make the excuse, 'I can't run'. In 12 chapters, you will discover that you can. *I Can Run* will ensure you never again wait until you're thin enough, fast enough, athletic enough, whatever-next enough to call yourself a runner, because if you put one foot in front of the other, repeatedly, you are a runner.

Amy Lane is the Digital Editor of *Women's Health*, Lululemon ambassador and founder of running podcast Well Far. She has been instrumental in the online growth of *Women's Health*, increasing the brand's online audience by 400% and becoming a household name on the London wellness scene. She is passionate about inspiring women everywhere to fall in love with fitness, for improved mental and physical health.

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STAYING ALIVE IN TOXIC TIMES

A Seasonal Guide to Lifelong Health

Dr Jenny Goodman

The ultimate guide to staying in radiant, optimal health all year round.

Staying Alive in Toxic Times is a timely guide to help you live a happy, healthy, long life. It sets out exactly what to eat in order to be our optimum selves, and how to adapt our lifestyle according to the season we are in. Dr Jenny Goodman also lays out how to safely and effectively supplement your diet, explains what really works in terms of detoxing your body and sorts through the confusing myriad of healthy eating fads, using her expertise to myth-bust. *Staying Alive in Toxic Times* also reveals how to avoid seasonal health hazards, such as indoor pollution, hay fever and SAD.

Dr Jenny Goodman is a medical doctor, lecturer and practitioner of Ecological Medicine. After qualifying and working in general medicine, she did a post-graduate training in nutritional and environmental medicine that radically transformed her approach to helping patients. Jenny has been practising nutritional and environmental medicine for over 20 years, using her knowledge of human nutrition and biochemistry to investigate and treat the many and varied problems that people bring to her.

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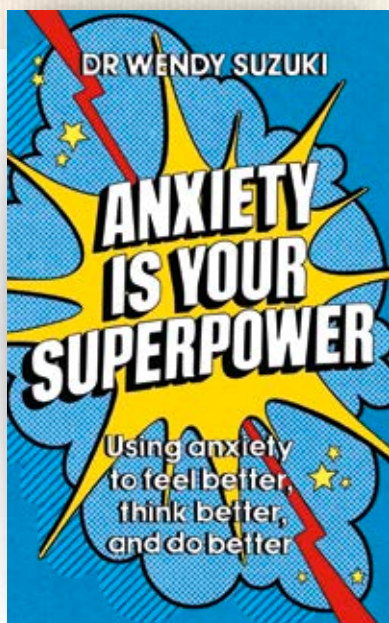
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ANXIETY IS YOUR SUPERPOWER

Using Anxiety to Think Better, Feel Better and Do Better

Dr Wendy Suzuki

Cutting-edge science packaged as a practical guide on how to combat anxiety and harness it as a superpower – by world-renowned neuroscientist.

Through Wendy's unique perspective as a neuroscientist, she teaches us how to flip anxiety on its head and she offers a counterintuitive lens through which we can understand how anxiety manifests in our everyday lives. The book introduces a taboo-breaking slant on anxiety: we learn how it can be good for us and that once we know how to play it at its own game, it can become our superpower!

Dr Wendy Suzuki is a professor, an author, storyteller and a fitness instructor. She received her undergraduate degree in physiology and human anatomy at the University of California, she went on to earn her PhD in neuroscience and completed a post-doctoral fellowship at the National Institutes of Health before accepting her faculty position at New York University in 1998.

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THE LANGUAGES OF LOSS

A Psychotherapist's Journey Through Grief

Sasha Bates

Foreword by Tamsin Grieg

A therapist explores grief and loss in this dual-narrative memoir, which blends the personal and the professional.

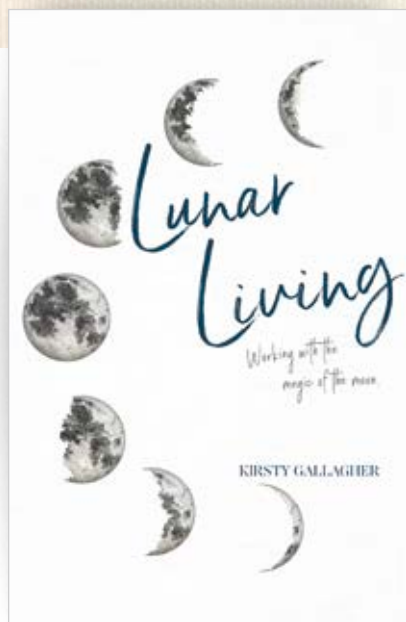
Sasha Bates is a psychotherapist specialising in grief, trauma and PTSD. In an honest memoir covering the first year after unexpectedly losing her husband, the author layers her own experience with insights into psycho-therapeutic theory, offering raw and moving descriptions of how grief feels from the inside alongside the theories that her training taught her about this heart-rending process. *The Languages of Loss* is an essential companion to help support readers through the agony of those early months, giving permission for all the feelings and offering methods of dealing with them.

Sasha Bates is a qualified psychotherapist specialising in embodied psychotherapy, trauma and self-regulation. She teaches workshops on subjects such as self-care for therapists, and how yoga can help those with PTSD. Sasha's first career was in the TV industry, where she spent 18 years writing, directing and producing for the BBC and C4, including for series as varied as *Omnibus*, *Grand Designs* and *How to Look Good Naked*. She also writes travel articles for the *Sunday Telegraph* and *Queen of Retreats*.

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LUNAR LIVING

Working with the magic of the moon

Kirsty Gallagher

A positive, modern guide to living your life with an awareness of the moon's cycles.

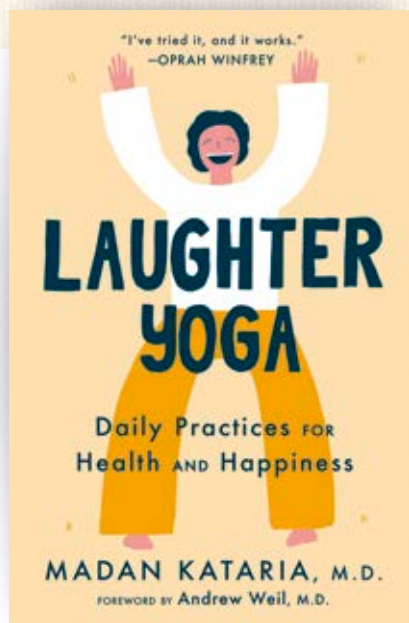
Drawing on ancient wisdom, *Lunar Living* is moonology for the modern day. It's the perfect toolkit for understanding the moon, the effect it has on us, what the different phases and cycles are, what they mean and how they can enhance your wellbeing and help you to plan for big life events. Align your goals and make small lifestyle changes to bring about positive transformation.

Kirsty Gallagher is a London-based yoga and meditation teacher, inspirational speaker, mentor and life coach. She founded Lunar Living, an online monthly programme, which teaches you how to bring the secret wisdom of the moon into your modern everyday life. Kirsty is a Lululemon ambassador and runs regular workshops (crystal healing, moon magic, stress and resilience, desk yoga, etc.) for Selfridges. She has recently worked with Chanel and has taught yoga on House of Fit for Fitbit.

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Author lives in London, W9. Author is available for: interview, local events.



LAUGHTER YOGA

Daily Practices for Health and Happiness

Dr Madan Kataria

Learn how laughter really is the best medicine with this definitive guide by the founder of the worldwide laughter yoga movement.

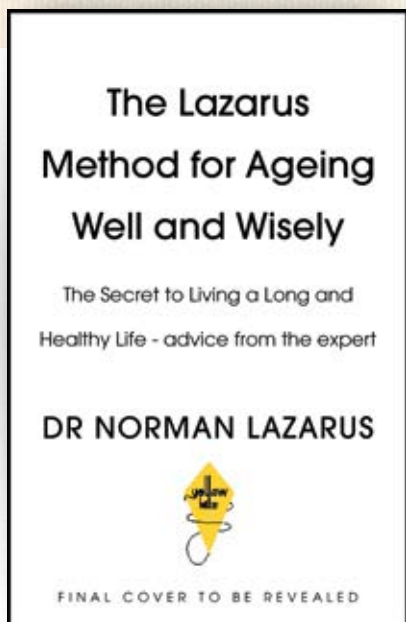
Laughter Yoga is all about voluntary laughter – how you can learn to laugh even in the absence of humorous stimuli, and reap the extraordinary, scientifically proven benefits, which include stress reduction, pain relief, weight loss and enhanced mood. If you act happy, you'll become happy – your body can't tell the difference. The exercises in *Laughter Yoga* combine voluntary laughter with yogic breathing to give you a full mind–body workout. And it turns out that laughter is the fastest way to reduce stress and the best kind of cardio.

Dr Madan Kataria is the founder of the laughter yoga club movement that started in 1995 in Mumbai. Retired from medical practice, he devotes all of his time to writing, teaching, coaching and training laughter leaders in order to foster the spread of laughter clubs. He is the creator of the immensely popular World Laughter Day, which is celebrated on the first Sunday of every May.

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Author lives in India.



THE LAZARUS METHOD FOR AGEING WELL AND WISELY

The Secret To Living A Long And Healthy Life
– Advice From The Expert

Dr Norman Lazarus

The blueprint for healthy ageing and longevity by 84-year-old physician, research scientist and champion cyclist, Dr Norman Lazarus.

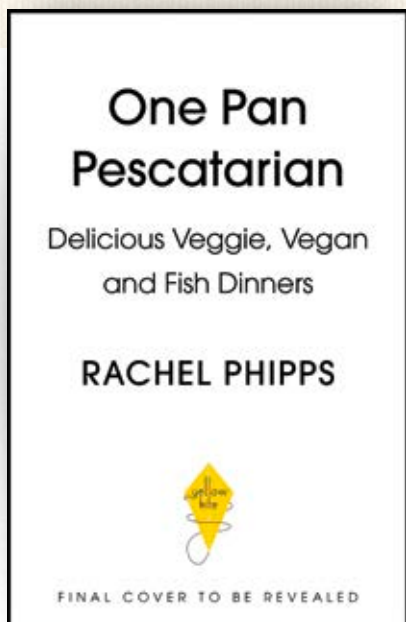
84-year-old physician, research scientist and champion cyclist, Dr Norman Lazarus, wants us to take control of our own futures . . . In his first book, *The Lazarus Method for Ageing Well and Wisely*, Norman will inspire readers to embrace the coming years with equal measures of optimism and determination; celebrating the good news of his research – that staying active is scientifically proven to keep the body young and healthy and stave off age-related diseases. His lifestyle blueprint will show us that the positive changes we can make now are both simple and easily actionable, possessing the power to help us reap the rewards in later life and enjoy a productive old age in independence.

Dr Norman Lazarus is a professor at the Centre for Human and Applied Physiological Sciences, King's College London. Prior to this, he was Head of Diabetes Research, Biochemical Research and Cell Biology for the Wellcome Foundation. He moved to the UK Department of Health, where he was Head of the Toxicology of Chemicals in Food Unit, and advisor to the Minister of Health regarding the toxicology of chemicals in food. In 2018, Dr Lazarus was named on *The Times* 'Alternative Rich List', which heralded him 'the octogenarian professor who holds the secret of eternal youth'.

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ONE PAN PESCETARIAN

100 Delicious Vegan, Veggie and Fish Dinners

Rachel Phipps

100 delicious, meat-free dinners you'll love to cook, in just one pan!

The cookbook for busy people who want to eat more veggies and less meat and be left with minimal washing-up. *One Pan Pescatarian* offers 100 simple, quick veggie, vegan and fish dinnertime delights that are big on flavour, from a Sheet Pan Cauliflower Tikka or Spicy Aubergine and Pak Choi Stir fry to Super Easy Lemon Baked Cod. The weeknight 'what shall I make for dinner?' rut will be a thing of the past – all can be made in just one pan or dish, taking the faff away from cooking to leave time for you to enjoy your evening.

Rachel Phipps develops recipes and helps food brands and lifestyle influencers develop their social channels, including Appletiser, Abel & Cole, Le Creuset, Marks & Spencer, Refinery 29, BBC Food and the Organic Trade Board. Rachel herself has 723k Pinterest followers and over a million hits a month to her page. Most of her time is spent writing a food blog where she shares her delicious recipes and reviews restaurants.

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