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## BOOK GROUP

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## Key

- An asterisk indicates a new title since Frankfurt Book Fair 2018
- Titles in italics were not published by Little, Brown Book Group

## **\* STONE COLD TROUBLE: Book 2 in the Zaq & Jags Series by Amer Anwar**

Contemporary Fiction | Dialogue | 400pp | November 2019

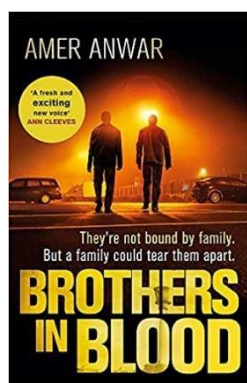
### **Follow up to the hugely successful London crime debut, BROTHERS IN BLOOD**

STONE COLD TROUBLE opens a few months after BROTHERS IN BLOOD when Zaq receives a phone call telling him his brother Tariq has been the victim of a brutal assault. Zaq races to the hospital where he discovers that Tariq was set upon by a group of Asian men after leaving a pub in Uxbridge. The police don't have much to go on and furthermore, they don't particularly seem to care, so Zaq takes it upon himself to investigate.

Meanwhile, Jags also needs Zaq's help. His aunt's diamond necklace, which has been in the family for generations, has been used by his uncle as collateral in a card game instead, and never returned. The men who have it refuse to give it back even when offered the cash. They can sense something fishy is going on, otherwise why aren't the police involved? Jags' uncle asks Zaq and Jags to get it back before his aunt notices it's gone and before anyone else discovers its true origin.

As Zaq and Jags race around Southall attempting to retrieve the necklace and to find out what happened to Tariq, they have no idea how closely the two events will turn out to be connected and how much trouble they're about to find themselves in all over again.

Amer Anwar grew up in West London. He holds an MA in Creative Writing from Birkbeck, University of London and is a winner of the Crime Writers' Association Debut Dagger Award. BROTHERS IN BLOOD is his debut novel and the first in the Zaq and Jags series.



## **BROTHERS IN BLOOD: Book 1 in the Zaq & Jags Series by Amer Anwar**

Crime & Thriller | Dialogue | 448pp | September 2018

**Winner of the CWA Debut Dagger, BROTHERS IN BLOOD is a tough new crime thriller set in the heart of West London's Asian community - the start of an unmissable series.**

A Sikh girl on the run. A Muslim ex-con who has to find her. A whole heap of trouble. Southall, West London. After being released from prison, Zaq Khan is lucky to land a dead-end job at a builders' yard. All he wants to do is keep his head down and put the past behind him. But when he's forced to search for his boss's runaway daughter it quickly becomes apparent things aren't all to do with family arguments and arranged marriages. He finds himself caught up in a deadly web of deception, murder and revenge, and, with time running out and pressure mounting, can he find the missing girl before it's too late? And if he does, can he keep her - and himself - alive long enough to deal with the people who want them both dead?

Praise for BROTHERS IN BLOOD: *[A] brilliant debut* - Sunday Times Crime Club; *A fine debut novel. Anwar brings a fresh and exciting new voice to the genre* - Ann Cleeves; *An engaging hero, a cunning plot, and a fascinating journey into Southall's underworld. We'll be hearing a lot more from Amer Anwar* - Mick Herron; *An authentic slice of Brit Asian noir* - Vaseem Khan, author of the Baby Ganesh Detective Agency series; *Tense and pacey... Fast and furious* - the Guardian; *Gritty, compelling and authentic* - Daily Express; *Enjoyable... Fast-paced... Recommended* - the Observer; *Sometimes violent, always excellent* - Daily Sport

## **LETTERS FROM MONTMARTRE by Nicholas Barreau**

Commercial fiction | Piatkus | 352pp | December 2019

**An ELLE 'Book of the Month' in December 2018 in France, LOVE LETTERS FROM MONTMARTRE is an ode to love and Paris: a love letter to anyone who believes in the healing power of the written word**

Julien Azouly is a French writer of romantic comedies. When his dearly beloved wife, Helen, dies at the age of thirty-three, leaving him alone with their son, Arthur, he is so devastated that he considers putting an end to his own life. But Helen was clever. She made her husband promise that he would write her thirty-three letters, one for each year of her life. Six months after the funeral, Julian reluctantly writes his first letter to Helen, and he finds the writing of these letters strangely comforting. He places his letters in the secret compartment of an angel statue he had commissioned for Helen's grave, in the Montmartre cemetery where she is buried. But one day, Julien finds that his letters have vanished. Is Helen giving him a sign from above? What Julien does not know is that someone is watching him, a well-intentioned person who cannot resist the temptation to draw him back into the world of the living.

Praise for Nicholas Barreau: *Everyone loves him. His novels are enchanting. Reading Barreau is like having me-time with your best friend* - Nina George, author of *The Little Paris Bookshop*; *Heart-breaking...touching and magical* - Elle

Nicholas Barreau, born in Paris in 1980, studied Romance languages and history at the Sorbonne. He works in a bookshop on the Rive Gauche but he promises is not the unworldly bookworm that implies. His books are published in twelve languages and he has sold over three million copies.

## **\* A QUIET DEATH IN ITALY by Tom Benjamin**

Crime | Constable | 352pp | November 2019

**For fans of Philip Gwynne Jones, Michael Dibdin and Donna Leon, a sophisticated, intelligent crime series set in Bologna**

This is the first in a contemporary detective series which presents modern Italy through the eyes of a British detective in Bologna, Daniel Leicester.

The novel was inspired by *Naples '44*, Norman Lewis's memoir of his time as an intelligence officer, in which Lewis is an 'outsider on the inside', as is Daniel Leicester. It is crime fiction with a travel writing twist. And Bologna is the second star of the book here – the author lives there and describes the streets and arcades and palazzos and canals with real passion and authority.

A QUIET DEATH IN ITALY introduces us to Daniel's life in Italy, his family and characters such as his friend Luca, irreverent sidekick Dolores, forensics expert Massima, and police bigwig Ispettore Alessandro. It also introduces us to a theme that will run through early novels in the series – the conflict between old and new, and how contemporary Italy is adapting to change. When the bloated body of a leading anarchist is discovered floating in one of Bologna's hidden canals following a police raid, it seems that most of the city is pointing the finger in the direction of the Questura. But when Daniel Leicester receives a call from the dead man's lover, the English detective follows a trail that begins in the 1970s and leads all the way to the rotten heart of the present-day Bolognese establishment.

**Book Two** will explore the inflammatory immigration problem in a nation where racism is rife.

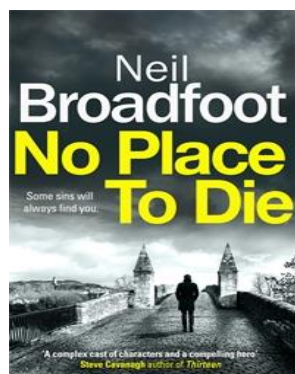
The author is a former national newspaper and magazine journalist. He went on to spend a couple of years as a spokesperson for Scotland Yard (where he was closely involved in police work and derived some of his inspiration) before moving into international aid and latterly public health. He now works in Bologna, where he has lived for the last ten years.

## **NO PLACE TO DIE by Neil Broadfoot**

Crime & Mystery | Constable | 352pp | September 2019

### **The second title in the Connor Fraser series**

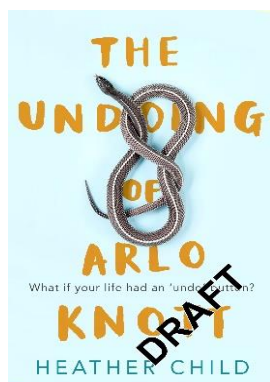
Blair Caldwell swapped the stock market for coaching, and now he's making a killing. Once a ruthless venture capitalist, Caldwell has reinvented himself after a suicide attempt. Now a personal and business development guru who preaches that God is dead and the world is what we make it, he dares his followers to take charge of their lives and become the gods of their own existence. And with a client list that ranges from celebrities to City businesses and MPs, Caldwell is bigger business than ever.



But not everyone is a fan. Some people still remember his asset stripping days, and the lives he ruined as he clawed his way to the top. Which is why, when Caldwell takes over a resort hotel near Stirling for a weekend of training with three hundred clients, Connor Fraser is drafted in to cover the security. For Connor, it's an unwelcome assignment. He's never had much time for religion or salvation or self-help by soundbite, and anyway he has enough worries of his own. But when a body is found in the grounds of the hotel, killed in the same way Caldwell tried to take his own life, Connor is forced to focus on the job in hand. A killer is plotting their next move. And to survive, Connor must act by faith alone.

Praise for NO MAN'S LAND, the first in the Connor Fraser series: *A stunning, fast-paced, multi-layered thriller. Disturbing political unrest and psychological horror written with great confidence by Neil Broadfoot, who has one hand on Ian Rankin's crown as the king of Scottish crime* - Michael Wood; *An atmospheric, twisty and explosive start to a new series by one of the masters of Scottish fiction* - Angela Clarke, a Sunday Times bestseller; *Tense, fast-moving and bloody. Broadfoot's best yet* - Mason Cross; *Gripping... menacing* - the Scotsman

Broadfoot worked as a journalist for fifteen years at both national and local newspapers, including the Scotsman, Scotland on Sunday and the Evening News, covering some of the biggest stories of the day. A poacher turned gamekeeper, he has since moved into communications: providing media relations advice for a variety of organisations, from emergency services to government and private clients in the City.



## **THE UNDOING OF ARLO KNOTT by Heather Child**

Contemporary Fiction | Orbit | 464pp | September 2019

### **Mainstream crossover fiction from the author of EVERYTHING ABOUT YOU**

What if your life had an 'undo' button? Arlo Knott discovers he can rewind time - just by a minute or two - enough to undo any mistake, say the right thing or impress his friends with his uncanny predictions... But second chances aren't all they're cracked up to be. As wonderful as his new life is, a mistake in Arlo's traumatic childhood still haunts him and the temptation to undo, undo and keep undoing is too much to resist.

Heather Child has an MA in Writing from the University of Warwick. She worked with writers including Maureen Freely, Rebecca Abrams and China Miéville. Her work has appeared in a range of literary magazines including *Mslexia*, the *Storpy 2014 Short Story Anthology* and *Notes from the Underground* online.

Praise for EVERYTHING ABOUT YOU: *Child's rousing debut features striking prose and a well-imagined reality that showcases the author's careful attention to the attractions and downfalls of technology... astute and immersive* - Publishers Weekly

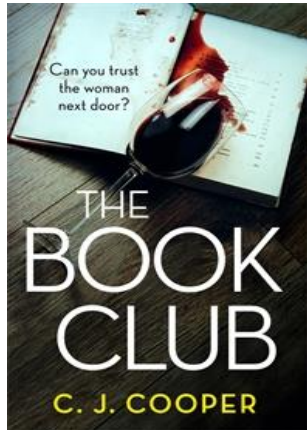


## **THE BOOK CLUB by C.J. Cooper**

Psychological Suspense | Constable | 384pp | May 2019

### ***How well do you know your neighbours?***

Having said goodbye to her old life in London, and the disastrous affair that sent her packing, Lucy Shaw decides to move to the picture-perfect Cotswolds village of Willowcombe. Her new friends are welcoming, especially another newcomer, Alice Darley, who suggests setting up a book club. But there's something about Alice that simply doesn't seem right. And as the group begin to see eerie parallels between the novels being discussed in their new book club and the secrets of their own lives, they each begin to fear that the book club will expose their deepest, darkest secrets. How does Alice know all this stuff about them? With neighbour turning against neighbour, Lucy is about to discover that Alice's twisted games are only just beginning.



THE BOOK CLUB is the first of a two-book contract; the second (untitled) novel will be published in February 2020.

Claire Cooper graduated with a degree in Ancient History and Egyptology and spent seven months as a development worker in Nepal. On her return to Britain she joined the civil service, where she worked on topics ranging from housing support to flooding. Her first novel, WAKING SARA, was sold in France to Livre de Poche, and in Germany to Weltbild.

## **A LINE OF DESIRE by Amanda Craig**

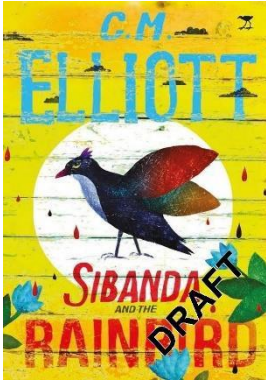
Contemporary Fiction | Little, Brown | 352pp | March 2020

### ***Amanda Craig's new novel turns on two women who meet by chance and discover that they are both victims of abusive husbands. Together, they plot their revenge.***

When Hannah is invited into the First Class carriage of the London to Penzance train by Jinni, she walks into a spider's web. Now a poor young single mother, Hannah once escaped Cornwall to go to university. But then she married Jake and had his child, and her dreams were crushed into bitter disillusion. Her husband has left her for Eve, rich and childless, and Hannah has been surviving by becoming a cleaner in London. Jinni is equally angry and bitter, and in the course of their journey the two women agree to murder each other's husbands. After all, they are strangers on a train - who could possibly connect them? But when Hannah goes to Jinni's husband's home the next night, she finds Stan, a huge, hairy, ugly drunk who has his own problems - not least the care of a half-ruined house and garden. He claims Jinni is a very different person to the one who has persuaded Hannah to commit a terrible crime. Who is telling the truth - and who is the real victim?

Praise for Amanda Craig's THE LIE OF THE LAND: *Witty, vicious, dark and unsettling, it's a book that has finally propelled Craig to her rightful place at the top table of contemporary novelists* - Alex Preston, the Observer; *Craig's new novel delivers wit, mysteries and a dark commentary* - the Daily Mail; *Craig is one of the most brilliant and entertaining novelists now working in Britain* - Alison Lurie; *Gripping, compassionate and often funny* - the Sunday Times; *Like those great, state-of-the-nation chroniclers Balzac and Dickens, she perceives how all levels of society are unwittingly interconnected [...]. If Evelyn Waugh had a social conscience and liked children, he could have been Craig* - Allison Pearson, the Sunday Telegraph; *Enjoyable, sharp-witted and at times knowingly melodramatic* - the Financial Times; *Whetstone-sharp . . . ingenious* - the Spectator; *A clever, pacy and well-observed novel* - the Sunday Express; *A marvellously readable novel, written with great humour and spark, but also social heart* - Caroline Sanderson, the Bookseller; *An elegantly written expose of all the things the elite would rather not consider about poverty [...], with a nailbiting mystery thrown in* - Justine Jordan, the Guardian;

Amanda Craig was born in South Africa in 1959 and grew up in Italy. She was educated at Cambridge. After a brief time in advertising, she became a journalist for newspapers such as the Sunday Times, the Observer, the Daily Telegraph and the Independent, winning both the Young Journalist of the Year and the Catherine Pakenham Award. She reviews children's books for the New Statesman, and literary fiction for the Observer. HEARTS AND MINDS was long-listed for the 2010 Bailey's Prize for Women's Fiction.



## **SIBANDA AND THE RAINBIRD by C.M. Elliot**

Crime | Constable | 320pp | May 2019

**The first novel in a new series, introducing shrewd DI Jabulani Sibanda: a policeman stationed at a village on the borders of Zimbabwe National Park.**

When a gruesomely vulture-mutilated corpse is found in the Park near Thunduluka Lodge, DI Jabulani Sibanda - a hard-boiled, bush-loving, instinctive crime fighter - is on the case. With Sibanda are his sidekicks: Sergeant Ncube, an overweight, digestively challenged, serially married angler and mechanical genius, and Miss Daisy, an ancient, truculent and eccentric Land Rover that is the bane of Sibanda's life and the love of Ncube's. Sibanda and Ncube pursue the investigation in the African bush following the mysterious clues they found at the crime scene: tyre tracks, a knife inscribed with the letter 'B', and a sliver of blue metallic car paint...

Another two Sibanda novels are to come, *SIBANDA AND THE DEATH'S HEAD MOTH*, and *SIBANDA AND THE BLACK SPARROW HAWK*.

C.J. Elliott moved to Zimbabwe in the middle of the civil war and, with her game ranger husband, pioneered a tourism business in the newly independent country, in and around Hwange National Park. Elliott began writing seriously about three years ago - short stories to begin with and then moving on to what would eventually become *SIBANDA AND THE RAINBIRD*. She now writes full time.

## **\* BETRAY HER by Caroline England**

Crime & Thriller | Piatkus | 384pp | September 2019

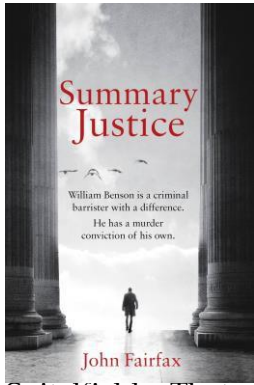
**A dark and addictive psychological thriller about toxic relationships with terrible consequences, by the Top Ten ebook bestselling author of *My Husband's Lies* and *The Wife's Secret*.**

Caroline England has been a number 1 bestseller on Kindle. Before the ebook sales took off, she had sold at least 30,000 across both formats for *My Husband's Lies* and *The Wife's Secret* (both published by Avon).

*BETRAY HER* is about a toxic friendship, a destructive love triangle and the childhood secrets that reverberate in the characters' adult lives. It's for readers of *BEHIND HER EYES*, *THE COUPLE NEXT DOOR* and *BEHIND CLOSED DOORS*. Kate, Jo and Tom's lives have been inextricably bound since childhood. Despite different backgrounds, Jo and Kate became friends at boarding school, where the self-sufficient Jo would sometimes try to protect Kate from brutal bullying. As the novel opens, Jo's husband has been dead for two years - she is lonely and bitter, particularly about her lack of children. By contrast, Kate seems to have everything - a loving, wealthy husband and a beautiful daughter. So why does Kate's husband secretly offer to father Jo's child? Why is Kate spiraling out of control? And what really happened back in boarding school? As each deeply buried secret is unspooled, all three begin to lose control

There is something deeply addictive about England's writing, and plenty of Amazon readers agree. She is a former divorce lawyer.

Praise for Caroline England: *I was gripped immediately* - Katerina Diamond; *Twists to leave you dizzy* - Teresa Driscoll; *Sharp and sweetly twisted. I loved it* - Helen Fields; *Totally absorbing* - Elisabeth Carpenter; *A simmering cocktail of betrayal, lust and deceit in this explosively plotted thriller* - Sanjida Kay; *Glamorous...page-turning* - Amanda Robson; *An intoxicating read* - David Stuart Davies



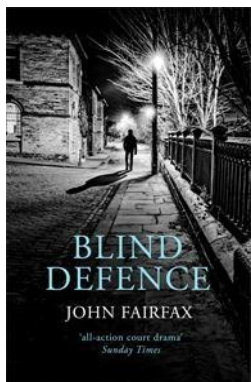
## **SUMMARY JUSTICE: Book 1 of BENSON & DE VERE by John Fairfax**

Contemporary Fiction | Little, Brown | 304pp | March 2017

**There's nothing in English law to prevent a convicted murderer working as a barrister. In order to be released from prison, however, William Benson must admit to his crime.**

The last time Tess de Vere saw William Benson she was a law intern. He was a twenty-one year old, led from the dock of the Old Bailey to begin a life sentence for murder. He'd said he was innocent. She'd believed him. Sixteen years later Tess overhears a couple of hacks mocking a newcomer to the London Bar, a no-hoper with a murder conviction, running his own show from an old fishmonger's in Spitalfields. That night she walks back into Benson's life. The price of his rehabilitation - and access to the Bar - is an admission of guilt to the killing of Paul Harbeton, whose family have vowed revenge. He's an outcast. But he's subsidised by a mystery benefactor and a desperate woman has turned to him for help: Sarah Collingstone is accused of slaying her wealthy lover. It's a hopeless case: the evidence is overwhelming but she swears she's innocent. Tess joins the defence team, determined to help Benson survive. While he takes his turn in court, Tess embarks upon a secret investigation of her own, determined to uncover the truth behind the death of Paul Harbeton on a lonely night in Soho.

Praise for SUMMARY JUSTICE: *Intriguing... Packed with accurate legal detail, the story never loses its grip* – the *Daily Mail*; *An engaging legal thriller* – the *Irish Independent*; *Intricate thriller with nerve-shredding courtroom drama* – the *Sunday Mirror*; *What follows works superbly as a classic courtroom drama in which nothing is as it seems* – *Reader's Digest*; *This unusual courtroom drama is quick-witted and vividly imagined* – the *Literary Review*; *An all-action court drama* – the *Sunday Times*; *Benson is a compelling character. The court scenes are irresistible, with as many twists and turns as you could want* – the *Irish Times*; *Intriguing... packed with accurate legal detail, the story never loses its grip - it is no surprise it's been optioned for TV* – Geoffrey Wansall, the *Daily Mail*



## **BLIND DEFENCE: Book 2 of Benson & De Vere by John Fairfax**

Contemporary Fiction | Little, Brown | 304pp | April 2018

**The second in the legal series from a CWA Gold Dagger winning author**

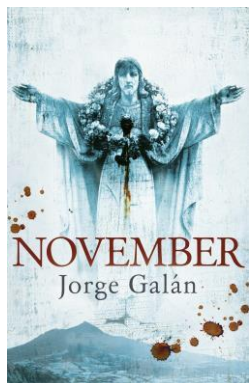
She was found hanging in a dingy London bedsit with a blood orange in her mouth. Diane Heybridge, a young woman without a past or much of a future, has captured in death the compassion denied her in life. For the prosecution, this seeming suicide is nothing more than a bungled killing, and a disgusted public expects justice. Her partner Brent Stainsby is accused of her murder and he's turned to the maverick legal team Benson and de Vere to defend him. However, as the trial unfolds it soon becomes clear that there is far more to Diane Heybridge than meets the eye. She wasn't the weak and downtrodden victim now presented to the jury. She was capable of a sophisticated form of vengeance; and Brent Stainsby is hiding a motive for murder and may well be playing a deadly game with the judicial process. What began as a simple trial rapidly turns into a complex search for the truth beyond the confines of the courtroom.

*Vivid and exciting* – Marcel Berlins in the *Times*; *Compelling* – the *Times*; [An] *excellent legal thriller* – *Literary Review*; *Assured storytelling and highly intriguing moral complexity* – Chris Brookmyre; *The courtroom scenes are brilliant... Benson [is] stubborn, fitful and contradictory, he's a highly individualised creation* – *Spectator*; *A good mystery, meaty courtroom drama, the ongoing puzzle of Benson's own history and some knowledgeable assaults on the Tories' policy of justice on the cheap add up to a great read* – *Morning Star*

John Fairfax is the pen name of William Brodrick, who practised as a barrister before becoming a full-time novelist. Under his own name he is a winner of the Crime Writers Association Gold Dagger Award.

The third Benson & De Vere novel will be published in April 2020, and the fourth in 2020.





## **NOVEMBER: A NOVEL by Jorge Galán**

Translated Fiction | Constable | 304pp | June 2019

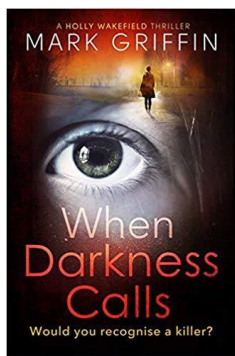
**The moving and unsettling fictional retelling of the murder of six Jesuit priests by the Salvadorian army in 1989 by a rising star**

1989. Salvadorian society is immersed in the horror of civil war. On a fateful November dawn, a group of armed men entered the Universidad Católica and murder six Jesuits priests and two women in cold blood. Survivor of the massacre Father Tojeira is forced to take the reins of control in the sinister days following the attack, desperate to uncover the truth behind the terrible slaughter. Inspired by the real-life tragic events that shook El Salvador and Latin America, November is a moving and unsettling novel about fear, hate and impunity. It is the first book to cast some light on the crime that was never solved and an attempt to speak out, as the murdered Jesuits attempted to do, in the defence of the disadvantaged.

NOVEMBER is translated from Spanish. Following the publication of this book, the author has received death threats and been forced to flee the country.

Praise: *With [its] inexorable plot, Galán unearths human details, finding names for the ways that war forever changes a life* – the New Yorker.

Jorge Galán is the literary pseudonym of George Alexander Portillo. He was born in San Salvador in 1973 and studied at Universidad Centroamericana José Simeón Cañas. While still a student, he won the Floral Games Concultura, the premier Salvadorian poetry prize. He won twice more and was named Grand Master of Poetry.



## **WHEN DARKNESS CALLS by Mark Griffin**

Crime & Mystery | Piatkus | 400pp | November 2018

**WHEN DARKNESS CALLS is the first in a new London-based thriller series starring criminal psychologist Holly Wakefield and heralds the breakout of a major new talent in crime fiction**

Holly Wakefield works as a criminal psychologist specialising in serial killers. She has particular reason to be good at her job - but she keeps that to herself. When DI Bishop from the Met Police approaches Holly to investigate a recent killing, Holly is horrified by the dismembered bodies and how they have been so theatrically positioned. What shocks her more is when the pathologist reveals this is not the first time she has seen these mutilations. It means a serial killer is out there, and they're going to kill again - soon. Holly is used to chasing serial killers. But this killer has something in common with Holly that she's kept hidden for as long as she can remember. And for the first time since she was a child, Holly is forced to face the darkness of her past.

*Meticulously plotted and devious in its execution, Mark Griffin's debut novel is utterly compelling. I can't wait to read the rest of the Holly Wakefield series – Lesley Kara, author of The Rumour; Wow. I read this in less than a day. As many twists and turns as a rollercoaster. A fascinating lead character with a deliciously dark secret. It's the kind of writing which grabs you and won't let you go* – Amy Lloyd, author of The Innocent Wife

## \* **WHEN ANGELS SLEEP** by Mark Griffin

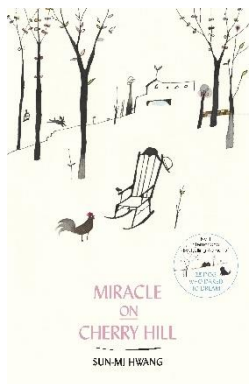
Contemporary Fiction | Piatkus | 400pp | October 2019

### A race to catch a killer...

When the body of a young boy is found in Epping Forest, his head on a pillow, an angel pendant in his mouth, it's clear there's more to it than your average murder. It's also clear that, with all eyes on DI Bishop to catch the killer, he needs criminal psychologist Holly Wakefield back on his team. Holly can't get enough of killers - they're in her blood; are part of her DNA - so Bishop knows she won't be able to resist joining the investigation. But with the body count rising, it's going to take all Holly's strength to dive into the murky mind of someone who preys on young boys. And all DI Bishop's resolve to stop the serial killer before any more angels are put to their rest.

WHEN ANGELS SLEEP is the second in the enthralling Holly Wakefield series, and proves that Mark Griffin is more than a rising star in the world of crime fiction.

Mark Griffin began his writing career when he was a teenager, with three successive years of gold medal awards in the Hampshire Writing Festival. In 1996 he moved to Los Angeles, where he turned his attention to acting, script writing and development. After returning to England, Mark continued in this profession, and in April 2017 was shortlisted in the top five out of 3500 entrants in a national crime thriller writing competition sponsored by Random House Publishing and the *Daily Mail* for his debut (see above).



## **MIRACLE ON CHERRY HILL** by Sun-mi Hwang

Contemporary Fiction | Abacus | 176pp | July 2019

**The third novel from the celebrated author of the two million-copy #1 international bestseller *The Hen Who Dreamed She Could Fly***

A sick old man returns to his hometown, Cherry Village, to live out the remaining days of his life. Kang Dae-su grapples with his childhood demons and bitterness about the past but, eventually, his ice-cold heart starts to melt as he reluctantly begins to interact with those around him. In Hwang's graceful, gentle prose, Kang's story unspools as he encounters the inhabitants of Cherry Village.

Sun-mi Hwang is a beloved writer in South Korea, where she has won many awards and published more than forty books, including *The Hen Who Dreamt She Could Fly* which, on publication in 2000, became an instant classic, remaining on bestseller lists for ten years, selling over two million copies, and inspiring the highest-grossing animated film in Korean history. It has also been adapted into a comic book, a play, and a musical, and has been translated into twenty-seven languages. The author said in an interview that she had based her book around her farmer father's sad and struggling life. Ms Hwang lives in Seoul.

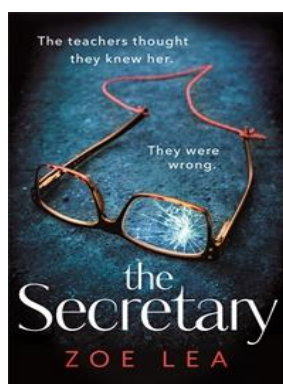
Praise for *The Hen Who Dreamt She Could Fly*: *Bewitching... Will make grown men and women cry* – the Independent; *An instant classic* – the Guardian; *A subtle morality tale that will appeal to readers of all ages* – Kirkus Reviews; [A] *simply told but absorbing fable . . . Spare but evocative line drawings . . . add to the subtle charm* – Publishers Weekly; *A novel uniquely poised at the nexus of fable, philosophy, children's literature, and nature writing* – Adam Johnson, author of the Pulitzer Prize winner and New York Times bestseller *The Orphan Master's Son*.

*The Hen Who Dreamt She Could Fly* ... was published by Penguin in the USA and Oneworld in the UK. Hwang's next novel, *THE DOG WHO DARED TO DREAM* was not published in the USA, and was published in this country by Little, Brown.

## **THE SECRETARY by Zoe Lea**

Psychological Suspense | Piatkus | 352pp | June 2019

### **Psychological suspense on the lethal effects of revenge, playing out in the competitive environment of school gates and PTA meetings**



When single mother, Ruth, has a brief fling with Rob, she's mortified to discover later that he lied to her. He lied to her, because he's married. Worse still, he's the husband of Janine, an alpha mum at the primary school where Ruth works as the secretary, and when the truth of their fling is discovered, Ruth suddenly has a lot of enemies at the school gates. Threatening texts begin to arrive, disturbing packages are put through her letterbox and hateful notes left in her office. Rumours abound and the persecution spills over into her professional life, the staffroom becomes hostile and Ruth realises these women could ruin everything. When it starts to affect her son, also a student at the school, Ruth has to do something, but her hands are tied. Inextricably entwined in events she has triggered, Ruth discovers how far parental love can push people. You can do

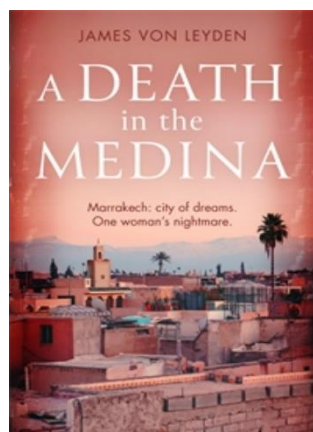
anything if you convince yourself it's for the sake of your child, for the sake of keeping the family together. Even murder.

Zoe Lea has worked as a teacher, photographer, and freelance journalist. Her debut novel *If He Wakes* was published in April by Canelo. She lives in the Lake District with her husband and children.

## **\* RED CITY by James von Leyden**

Crime & Thriller | Constable | 320pp | August 2019

### **Death stalks the medina of Marrakech . . .**



Marrakech, August: it is the start of Ramadan, and it's one of the hottest in memory. Among the few foreigners left in the sweltering city are a riad owner, her French boyfriend and an English girl whose bag has been stolen. At the local commissariat, young detective Karim Belkacem is struggling to fast while holding down two jobs to pay for his sister's wedding. On the day that the English girl comes to him for help, a Moroccan girl is found dead, her body dumped in a handcart. Investigating, Karim uncovers a world of shadowy predators and ancient secrets hidden behind the high walls of the medina.

James von Leyden studied at Oxford University. He worked for thirty years as an advertising copywriter. He first visited Morocco in 1985, leading to a life-long and devoted interest with the country. He is married with two children and divides his time between East Sussex and Oualidia, Morocco.

## **RAINBOW MILK by Paul Mendez**

Literary Fiction | Dialogue Books | 320pp | May 2020

**A raw, essential coming-of-age narrative from a thrilling new voice in queer/black fiction, for fans of Garth Greenwell, Edouard Louis and *Moonlight***

RAINBOW MILK is a coming-of-age story told from the point of view of a young black man from a religious background, who identifies several major contradictions between himself, his family life, and his beliefs. Upon rejecting the doctrine, he is shown the need to form a new centre of gravity, and uses his sexuality to explore new notions of love, fatherhood and spirituality.

Paul Mendez is from the Black Country. He now lives in London and is a member of two theatre companies, Scaffold State and Know My Mind. He has also worked as a voice actor.

## **THE CHILDREN'S SECRET by Nina Monroe**

Contemporary Fiction | Sphere | 400pp | November 2020

**The best kind of emotional and dramatic domestic fiction. For fans of *The Slap* and *Big Little Lies*.**

Only a few months ago, Eve Day moved to this sleepy New Hampshire town from England with her husband and daughter. The Days are settling into their new home well, although Eva's daughter Lily is sulking; she's missing home. But Eva has the perfect distraction for her: the Wrights are throwing a party - a great opportunity for Lily to start making new friends. The problem is it's well-known that the Wrights have guns on their farm, and other parents in the town are reluctant to play at the house. In an attempt to bring families together, Eva convinces the other mothers to attend the party. It's a beautiful day, and adults and children are having a wonderful time, until the happy atmosphere is shattered by a gunshot ringing out from the barn where the children are playing. What follows is a tense and claustrophobic story about a tight-knit community fracturing, and the eventual healing process after the children's secret is revealed.

Nina Monroe moved recently from England to New Hampshire with her husband and two daughters. THE CHILDREN'S SECRET is her first book writing as Nina Monroe. She has also written four adult and two young adult novels as Virginia Macgregor.

Praise for Virginia Macgregor: *A future classic* - Clare Mackintosh on WHAT MILO SAW; *I couldn't put this insightful, compelling novel down* - Woman & Home on THE RETURN OF NORAH WELLS; *A touching look at the meaning of motherhood* - Good Housekeeping on THE RETURN OF NORAH WELLS.



## **NINA X by Ewan Morrison**

Contemporary Fiction | Fleet | 320pp | April 2019

**The story of Nina X's imprisonment, and her path to eventual freedom, is compelling and chilling and all too believable. She is a character to stand alongside Offred of *The Handmaid's Tale* and Jack of Room**

NINA X is loosely inspired by the real case of a tiny Maoist cult in London whose leader kept five women trapped for more than twenty years.

Nina X has no books, no toys and no privacy. She has nothing that might be described as love. Her closest emotional connection is with the birds she sees outside her bedroom window, when she is daring enough to remove the plasterboard that covers it. She has never been outside her small south London house. She has never met another child. She has no mother and no father; she has a Leader (a man), and she has three female comrades. The all-powerful Leader has named her The Project; she is being raised in total ideological purity, entirely separated from the false gods of capitalism



and the cult of the self.

He makes her record everything in her journal, to track her thoughts; he makes her revise the entries obsessively, until they fit with his narrative. Her words are erased, over and over again.

Praise for NINA X: *Sensational. Like nothing I've ever read. A tour de force* - Ian Rankin; *Compelling. Chilling* - Lionel Shriver

Ewan Morrison is an outspoken and distinctive voice in British literature - a 'renaissance man' who makes films and acts as a cultural commentator and essayist. He is the author of a trilogy of novels: *Swung*, *Distance* and *Ménage* and a collection, *The Last Book You Read and Other Stories*. He has been shortlisted for the Le Prince Maurice Literary Award and for Arena Magazine's Man of the Year. He is the winner of a Royal Television Society Award and has been nominated for three BAFTAs.

### **\*THE PRIVATE JOYS OF NNENNA MALONEY by Okechukwu Nzelu**

Contemporary Fiction | Dialogue | 240pp | April 2020

**A comic novel about Nnenna, teenage daughter of a Nigerian father whom she has never met, and a white English mother**

As Nnenna approaches womanhood she starts trying to connect with her Igbo-Nigerian culture. Her once close and tender relationship with her mother becomes strained as she asks probing questions about her father whom she's never met and whom her mother who refuses even to discuss. Each chapter begins with a biblical quote which harks back to the beginning of Maurice and Joanie's relationship - meeting in a church group in a café in Cambridge - but is also Nnenna's diary headings which she is trying to hide from her mother's prying eyes. Nnenna is asking big questions of how to 'be' when she doesn't know who she. Joanie wonders how to truly love when she has never been loved.

Okechukwu Nzelu is a writer and teacher. He was born in Manchester in 1988, read English at Girton College, Cambridge and completed the Teach First programme. His work has been published in *Agenda*, *PN Review*, *E-magazine* and *The Literateur* and his essay 'Troubles with God' will be published in the anthology *Safe: On Black British Men Reclaiming Space* (Trapeze, 2019). In 2015 he was the recipient of a New Writing North Award for *NNENNA MALONEY* which is his debut novel.

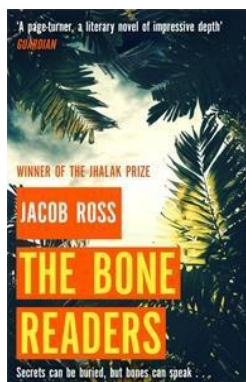
### **\* AN ORDINARY WONDER by Buki Papillon**

Contemporary Fiction | Dialogue | 320pp | April 2020

**A powerful coming-of-age story about an intersex twin**

*AN ORDINARY WONDER* follows Oto, one of Yoruba twins, who is raised as a boy but who has a secret - he is intersex, and wants to live life as a woman. This beautiful coming-of-age story follows Oto through boarding school and his attempt to emigrate to America to start a new life. Dealing with his complex relationships with his sister, his wealthy and powerful father, and the mother who views him as a monster, this is a moving examination of masculinity and gender.

Buki Papillon was born in Nigeria. She studied law at Ibadan University and then moved to England for further law studies. She has since completed an MFA in Creative Writing at Lesley University in Massachusetts. She is an alumnus of the VONA Voices Workshops for writers of colour, and the recipient of several scholarships and award. She currently lives in Boston, Mass.



## **THE BONE READERS by Jacob Ross**

Crime & Mystery | Sphere | 288pp | August 2018

**WINNER of the 2016 Jhalak Prize for best book by a BAME writer in the UK**

When Michael (Digger) Digson is recruited into DS Chilman's new plain clothes squad in the small Caribbean island of Camaho he brings his own mission to discover who amongst a renegade police squad killed his mother in a political demonstration. Sent to London to train in forensics, Digger becomes enmeshed in Chilman's obsession with a cold case - the disappearance of a young man whose mother, he is sure, has been murdered. But along with his new skill in forensics, Digger makes rich use of the cultural knowledge he has gained from the Fire Baptist grandmother who brought him up, another kind of reader of bones. And when the enigmatic Miss Stanislaus joins him on the case, Digger finds that his science is more than outmatched by her observational skills. Together, they find themselves dragged into a world of secrets, disappearances and danger that demands every ounce of their brains, persistence and courage to survive.

*THE BONE READERS is a page-turner, but its insights and language are equally testament to a literary novel of impressive depth and acuity – the Guardian; Masterly – Crime Time*

## **\* BLACK RAIN FALLING by Jacob Ross**

Crime & Mystery | Sphere | 288pp | August 2019

**The stunning second novel by Jhalak Prize-winning novelist Jacob Ross delves deeply into issues of family, class, friendship and loyalty, asking just how far a person should go to protect those they love.**

On the Caribbean island of Camaho, 'Digger' Digson is in deep trouble. Miss Stanislaus, his friend and fellow CID detective, kills a man who assaulted her as a child. As the only witness, Digger knows it was self-defence, but their superiors believe it was murder, and he's given just six weeks to prove otherwise. Six weeks in which Digger catches a shocking roadside murderer and the Justice Minister attempts to break up the unit, and with it both the pair and their unconventional boss, DS Chilman.

Jacob Ross was born in Grenada and now lives in Britain. He is a fellow of the Royal Society of Literature. His first collection of short stories, *Song for Simone*, was described as *One of the most powerful crystallisations of Caribbean childhoods since George Lamming's In the Castle of my Skin*. Of Ross's second collection, *A Way to Catch the Dust and Other Stories*, Bernardine Evaristo wrote in *Wasafiri*, *These stories are refined, timeless and startlingly beautiful and if Walcott is the poet laureate of the Caribbean Sea then with this collection, Ross becomes a major contender as its chief prose stylist.... Ross, following in the tradition of Hemingway and Morrison, displays all the brilliance of a great storyteller in action*. *Tell No-One About This* was nominated by the 2018 Bocas Literary Festival as one of the three best works of Caribbean fiction published in 2017. His first novel, *Pynter Bender*, was shortlisted for the Commonwealth Writers Regional Prize, and his debut crime novel, *THE BONE READERS*, won the inaugural Jhalak Prize.

## **THIS IS YESTERDAY by Rose Ruane**

Contemporary Fiction | Corsair | 256pp | November 2019

**An evocative and sharply impressive debut about family secrets and female identity by talented young novelist Rose Ruane**

Peach lives alone and adrift in London. In her forties, she still works in an art gallery which she once thought would be a stepping stone towards her own career as an artist. She is too old for her drunken liaisons and nervous breakdowns; too self-aware to think that her unhappiness could be cured by a fresh relationship and a baby. And still she is too young to feel this exhausted. She is woken one night with the

news that her father, who suffers from dementia, is in hospital, in intensive care. She has scarcely seen her family for twenty-five years. What happens when family members gather at the hospital will force her to confront a past that she has spent about a quarter of a decade trying to avoid.

Spiked with dark humour and caustic energy, *THIS IS YESTERDAY* is a story of a woman's relationship with her art, her body, her memories, herself. It is a story of beginning, ending, and of becoming.

Rose Ruane began her adult career as a visual artist working in performance, sculpture, drawing and video. She undertook the MLitt in Creative Writing at Glasgow University, and subsequently won the Off West End Adopt a Playwright award in 2015. She writes plays, makes podcasts, performs spoken word and still draws. She lives in Glasgow.

### **\* THE VANISHING OF ELSA KLEIN by Keith Stuart**

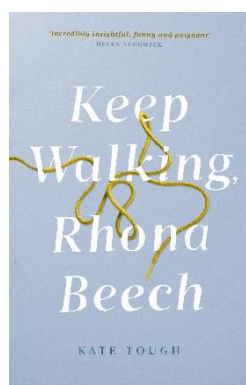
Contemporary Fiction | Sphere | 400pp | May 2020

#### **New novel from the bestselling author of *A BOY MADE OF BLOCKS* and *DAYS OF WONDER***

In Second World War Bath, young, naïve wireless engineer Will meets German refugee, Elsa Klein: she is sophisticated, witty and wordly, and at last his life seems to make sense... until, soon after, the newly married couple's home is bombed, and Will awakes from the wreckage to find himself alone. Seventy years later, Laura is a social worker battling her way out of depression and off medication. Her new case is a strange, isolated old man whose house hasn't changed since the war, a man who insists his wife vanished many, many years before. Everyone thinks he's suffering dementia. But Laura begins to suspect otherwise...

Praise for *DAYS OF WONDER*: *So powerful, yet incredibly gentle and poignant. Utterly and completely beautiful* – Joanna Cannon, author of *The Trouble with Goats and Sheep* *Utterly enchanting . . . a truly beautiful story* – Ruth Hogan, author of *The Keeper of Lost Things*; *A story of life, love and hope - the perfect antidote to today's world. Phenomenal* – Clare Mackintosh, author of *I LET YOU GO* and *LET ME LIE*.

Keith Stuart is a journalist and author of two novels, *A BOY MADE OF BLOCKS* and *DAYS OF WONDER*. His heart-warming debut novel, *A BOY MADE OF BLOCKS*, was a Richard and Judy Book Club pick and a major bestseller, and was inspired by Stuart's real-life relationship with his autistic son. Stuart has written for publications including *Empire* and *Edge*, and is games editor of the *Guardian*.



### **\* KEEP WALKING, RHONA BEECH by Kate Tough**

Contemporary Fiction | Abacus | 368pp | April 2019

*I get up. I go to work. I spend the whole day waiting for the words on my screen to make sense. In the commuter broth of the carriage home, tears run in hot lines to my jaw and for a minute or so, I let them.*

Nothing has turned out quite how Rhona Beech thought: her partner of nine years moved to another country, and she keeps applying for a new job every six months. Her lukewarm efforts to adjust to the changes in her life are thrown entirely up in the air when she gets some unwanted news. Rhona's sardonic, funny, poignant attempts to find an answer to her questions are helped by her friends Hilary, Tania,

Erin and Lizzie. *KEEP WALKING* is a brilliantly observant satire on relationships, friendship and life.

Praise for *KEEP WALKING, RHONA BEECH*: *One of my favourite novels of recent years. Incredibly insightful, funny and poignant* - Helen Sedgwick, author of *The Comet Seekers* and *The Growing Season*; *Tough's dry wit and keen observations make this eye-catching debut about a defining moment in the life of thirty- something Rhona Beech both laugh-out-loud funny as well as poignant* - Lesley Macdowell; *Rhona Beech [...] makes a terrific debut*

*in this witty, chatty, lyrical novel* - Kevin MacNeil

Kate Tough worked for the Scottish Parliament for six years before returning to her home city, gaining a Masters in Creative Writing from the University of Glasgow in 2008. *KEEP WALKING, RHONA BEECH* was previously published as *Head for the Edge, Keep Walking* by Cargo Publishing.

**\* SOMEONE ELSE'S HOUSE by Jessica Vallance**

Crime & Mystery | Sphere | 400pp | November 2019

**We all want to live like a local. Stay in a 'home away from home'. But if it's someone else's house, then you're not the only one with the key...**

Lauren has finally dumped her dead-weight boyfriend, and what better way to celebrate a break-up than by going on holiday with your best friend? Except the holiday isn't turning out as planned – their cosy twosome has become a three and while Barcelona might be heaven, their rented apartment is anything but. It's small, shabby but, more than that, Lauren feels somehow she's hunted. As the atmosphere becomes more and more sinister, Lauren and her friends decide to make their escape. But it's when they leave that the real danger begins.

Jessica Vallance studied law at Sussex University. On graduating, she decided that writing was more up her street and got a job as a scriptwriter for an educational media company. And now, of course, she writes fiction. Her first novel for young adults, *Birdy*, has been optioned for film by Loop, and she has since written three more YA novels. In 2018, she made her debut in adult fiction with her thriller, *TRUST HER*. *SOMEONE'S ELSE'S HOUSE* is her second psychological thriller. She lives in Sussex.

**\* Untitled novel by Daisy Waugh**

Contemporary Fiction | Piatkus | 304pp | November 2019

**A country house murder mystery trilogy: PG Wodehouse meets Agatha Christie**

This is a glorious witty satire on the English upper classes, complete with stiff upper lips, even stiffer drinks not to mention several stiffies which are brushed under the ancestral carpet. The novel was inspired by Castle, where *Brideshead Revisited* was filmed.

Daisy Waugh has written several historical novels, several contemporary, comic novels, a couple of non-fiction books, and many newspaper articles and columns. She lives a quiet life with her family in South West London.

**\* THE GOOD FRIEND by Cath Weeks**

Contemporary Fiction | Piatkus | 336pp | November 2019

**How far will the ties that bind us stretch, before they finally break?**

Everyone knows Melissa Silk and her two best friends in their small Dorset town: a walking poster for friendship and community, people might hate them if they weren't so infectiously likeable. When tragedy strikes and one of the three women, Jenny, is found dead, Melissa can't move on. Although her friends and family urge her to let it go before her obsession and paranoia pulls them all apart, she just can't - she knows, in her heart, that something isn't right... and she owes it to Jenny to find out what it is. But what if learning the truth means losing everything she cherishes?

Cath Weeks's debut novel, *BLIND*, was published in 2017 and was followed by *MOTHERS* and *THE WIFE'S SHADOW*. She was named as an Author to Watch by *Elle* magazine.



## Non-Fiction

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## Food, drink and diet

### **\* DRINKOLOGY: THE SCIENCE OF WHAT WE DRINK AND WHAT IT DOES TO US, FROM MILK TO MARTINIS by Alexis Willett**

Food & Drink | Robinson | 224pp | November 2019

#### **A concise, scientific digest of many of the world's most popular drinks**

Whether you want to discover the true benefits of fermented drinks, find out if sulphites in wine really cause headaches, or are just sick of the pseudoscience behind the marketing of what we consume, DRINKOLOGY is for you. It offers an easy-to-read guide that may be downed in one go or savoured over time. DRINKOLOGY will distil the scientific evidence and consult the experts to see if we can finally get to the bottom of many enduring questions, such as:

- Is a regular glass of wine good for our health or not?
- What's the difference between spring water and mineral water?
- Do rehydration drinks work?
- What's in Coca Cola?
- Are the health benefits of green tea really that great?
- Should we worry about energy drinks?
- How do non-dairy milks compare with each other?
- What's the secret to the perfect cup of tea?

DRINKOLOGY will reveal the answers to these questions washed down with a whole lot more and may just change the way you drink.

Dr Alexis Willett is a science communicator who aims to make science accessible to all. She has a PhD in biomedical science from the University of Cambridge, where she studied at the Medical Research Council's Human Nutrition Research unit. She has lectured on human physiology and published on a wide range of health subjects. She spends much of her time turning cutting-edge research and health policy jargon into something meaningful for the public, patients, doctors and policy makers. She is often called upon to help influence decision makers, from governments to funding bodies, across the UK and Europe. In her spare time, she drinks a lot of rooibos tea.

## True Crime

### **FROM ACONITE TO THE ZODIAC KILLER: A DICTIONARY OF CRIME by Amanda Lees**

Popular Crime & History | Robinson | 224pp | July 2020

#### **An essential popular A-Z reference guide for fans of crime fiction and true crime, in books, TV and film, helping to make sense of everything from asphyxiation to VX nerve agent**

FROM ACONITE TO THE ZODIAC KILLER is an essential, go-to resource for anyone interested in crime fiction. More than simply a glossary, this is a guide that provides a doorway into a supergenre, and one that is not just for readers, but also for the many fans of film and TV dramas, of podcasts, and crime

blogs. It is also an indispensable resource for writers or would-be writers of crime fiction. If you want to know how many murders it takes for a killer to be defined as a serial killer, what Philip Marlowe means when he talks about being 'on a confidential lay' and why the 'fruit of a poisonous tree' is a legal term rather than something you should avoid on a country walk, this is the reference book you've been waiting for.

Amanda Lees is the author of the bestselling satirical novels *Selling Out* and *Secret Admirer* which have both received critical acclaim and have been translated into several languages. Her major YA thriller trilogy, *Kumari, Goddess of Gotham*, was nominated for the *Guardian* Children's Book Prize and the Doncaster Book Award. It also featured as Redhouse Book of The Month and Lovereading4kids Book Of The Month.

## Psychology and popular science

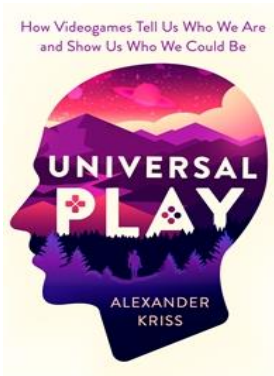
### **\* UNIVERSAL PLAY: HOW VIDEOGAMES TELL US WHO WE ARE AND SHOW US WHO WE COULD BE by Alexander Kriss**

Popular Psychology | Robinson | 256pp | July 2019

**A new popular psychology title looking at where video games come from, why we play them, and taking a balanced, clinical view of whether they are healthy or not, depending on our individual player-game relationship.**

Even as the popularity of videogames has skyrocketed, a dark cloud continues to hang over them. Many people who play games feel embarrassed to admit as much, and many who don't worry about the long-term effects of a medium often portrayed as dangerous and corruptive. Drawing on years of experience working directly with people who play games, clinical psychologist Alexander Kriss steers the discourse away from extreme and factually inaccurate claims around the role of games in addiction, violence and mental illness, instead focusing on the importance of understanding the unique relationship that forms between a game and its player. Through vivid psychotherapy case illustrations, autobiographical memoir, and a wide range of psychological theory and research, *UNIVERSAL PLAY* lays out an honest and humanistic vision of games, their potentials and risks, and how they can teach us more about who we are and who we could be.

Alexander Kriss runs a private psychotherapy practice in New York City, where he combines psychoanalytic and existential approaches to treat adolescents and adults dealing with a wide range of problems, including anxiety, depression, borderline personality disorder and videogame 'addiction' (though he's not a fan of that term). His writing has appeared in *Logic*, *Kill Screen* and various academic books and peer-reviewed journals. He lives in the village of Sleepy Hollow with his wife and son.



### **\* FRIENDS by Robin Dunbar**

Psychology | Little, Brown | 352pp | June 2020

**THE book on friends, our social lives and the meaning of friendship**

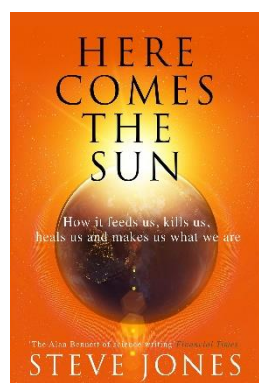
Friends matter to us, and they matter more than we think. The single most surprising fact to emerge out of the medical literature over the last decade or so has been that the number and quality of the friendships we have has a bigger influence on our happiness, health and even mortality risk than anything else except giving up smoking.

Robin Dunbar is the world-renowned psychologist and author who famously discovered 'Dunbar's number': how our capacity for friendship is limited to around one hundred and fifty people. In *FRIENDS*, he looks at friendship in the round, at the way different types of friendship and family relationships intersect, or at the complex of psychological and behavioural mechanisms that underpin friendships and make them possible – and just how complicated the business of making and keeping friends actually is.

Mixing insights from scientific research with first person experiences and culture, *FRIENDS* explores and integrates knowledge from disciplines ranging from psychology and anthropology to neuroscience and genetics in a single magical weave that allows us to peer into an incredible social world. Working at the

coalface of the subject at both research and personal levels, Robin Dunbar has written the definitive book on how and why we are friends.

Robin Dunbar is an evolutionary psychologist and former director of the Institute of Cognitive and Evolutionary Anthropology in the Department of Experimental Psychology at Oxford University. His acclaimed books include *How Many Friends Does One Person Need?* and *Grooming, Gossip and the Evolution of Language*, described by Malcolm Gladwell as "a marvellous work of popular science."



### **HERE COMES THE SUN by Steve Jones**

Popular Science | Little, Brown | 320pp | June 2019

**All life and all systems, biological and physical, depend on the sun**

In his new book, Steve Jones explores the dependency of all life and systems on Earth - ecological, biological and physical - on our nearest star. It is a book about connections between those systems, and also about the connections between the various disciplines that study them - from astronomy to cancer prevention, from microbiology to the study of sleep. The book will also be a form of scientific autobiography as Jones charts his own work and interests over fifty years against developments in a wide range of fields, showing how what was once seen as a narrow specialism has become a subject of vast scientific, social and political significance: it is his most personal book to date.

Professor Steve Jones is a Senior Research Fellow at University College, London and has worked at universities in the USA, Australia and Africa. He gave the Reith Lectures in 1991 and presented a BBC TV series on human genetics and evolution in 1996. He appears frequently on radio and television. He is the author of *The Language of the Genes*, *Genetics for Beginners*, *Darwin's Ghost*, *The Single Helix*, *Darwin's Island*, and *The Serpent's Promise*, and *No Need for Geniuses*. He is a Fellow of the Royal Society, and won its Michael Faraday Prize in 1996. In 1991, he delivered the Reith Lectures.

### **\* LYING NUMBERS by Hugh Barker**

Popular Maths | Robinson | 320 pp | May 2020

**How figures are badly reported or deliberately misrepresented everywhere, from political arguments and business presentations to shopping offers**

Politicians, economists, scientists, journalists - all of them have been known to bend the truth and to twist the facts from time to time. But surely the numbers and statistics they rely on are cold, hard objective facts that tell the real story? Of course the truth is much murkier than that. Figures can be misinterpreted, misunderstood, misconstrued and misused in hundreds of different ways. This book takes a look at the many ways that statistical information can be badly reported or deliberately abused in all walks of life, from political arguments, to business presentations, to more local concerns such as shopping offers and utility bills.

LYING NUMBERS is a polemical guide to how numbers are used to mislead, which is intended to help the reader through the minefield of dubious stats and lying numbers.

Praise for Hugh Barker's *Million Dollar Maths*: *Great fun. A clear, original and highly readable account of the curious relationship between mathematics and money* - Professor Ian Stewart - author of *Significant Figures*; *A lively crash course in the mathematics of gambling, investing, and managing. Hugh Barker makes deep ideas fun and profitable* - William Poundstone - author of *How to Predict the Unpredictable*

Hugh Barker is a non-fiction author and editor; as the latter he has edited several successful popular maths books, including *A Slice of Pi*. He is the author of *Million Dollar Maths* (Atlantic Books, October 2018) and *High Tech Maths* (Atlantic, 2019-20). He was accepted to study maths at Cambridge aged sixteen.



**\* HOW YOU FEEL: THE SECRET WORKINGS OF THE SENSING BODY by James Tresilian**

Popular Science | Robinson | 272pp | March 2020

**How do our bodies work? How do they make us and sense ourselves and the world?**

A behavioural neuroscientist internationally renowned for his research in motor skills and body movement offers a whole new perspective on how our bodies work, revealing their absolutely fundamental role in defining how we experience the world, and what we feel, moment to moment. This book radically reorients our understanding of the role of the body in determining our thoughts and feelings and the experience of being alive. Part of that explanation involves the idea of *interoception* – an inner sixth sense that tells us when something internal is not quite right - but this is not just about exploding the five senses myth, it is about the broader question of how we **feel**, and showing how our feeling body works to bring all our senses together.

James Tresilian is a professor and former chair of the department of psychology at the University of Warwick, UK and honorary professor at the University of Queensland, Australia. Author of nearly a hundred refereed scientific articles, he has held research and teaching appointments in universities in the UK, USA and Australia.

**FUNDAMENTAL: HOW QUANTUM AND PARTICLE PHYSICS EXPLAIN ABSOLUTELY EVERYTHING (EXCEPT GRAVITY) by Tim James**

Popular Science | Robinson | 240pp | Integrated b/w drawings | August 2019

**A beginner's guide to the strange and wonderful work of quantum physics**

At the start of the twentieth century, science appeared complete and the laws of nature were almost all discovered, but then we woke a sleeping giant – we discovered quantum mechanics. In the quantum realm, objects can be in two places at once. It's a place where time travel is not only possible, but necessary. It's a place where cause and effect can happen in reverse and observing something changes its state. Quantum mechanics - from parallel universes to antimatter - has revealed that when you get right down to it, the laws of nature are insane. The scientist J. B. S. Haldane once said, 'Reality is not only stranger than we imagine . . . it's stranger than we can imagine.' Never is this more true than with quantum mechanics; our best, most recent attempt to make sense of the fundamental laws of nature. **FUNDAMENTAL** tells the story of how the most brilliant minds in science grappled with seemingly impossible ideas and gave us everything from microchips to particle accelerators.

After graduating with a Master's degree in chemistry, specialising in computational quantum mechanics, Tim James decided to get straight into the classroom. As well as being a secondary-school science teacher, he's a YouTuber, blogger and Instagrammer. His first book, **ELEMENTAL: HOW THE PERIODIC TABLE NOW EXPLAINS (NEARLY) EVERYTHING** sold in five territories.

**AGAINST THE GRAIN: THE PSYCHOLOGY OF REBELLIOUSNESS by Mark McDermott**

Popular psychology | Robinson | 288 pp | May 2020 | 10 illustrations

**We are we built to oppose and rebel. Why?**

In the past few years, we have seen the 'protest vote' leading to surprising results in elections, and we have also seen a great resurgence in organised marches, resisting a new administration or a referendum decision. But rebelliousness is not just about those high-profile acts of resistance - the psychology of rebelliousness is central to understanding everyday life. From moment to moment we choose to accept or oppose the requirements of those around us, whether those imperatives come from loved ones, colleagues, bosses, agents of authority or those we may serve. The feeling of wanting to oppose a perceived requirement pervades the human condition.

This book looks at the role of rebelliousness as it develops through childhood and adolescence, in relationships, within and between social groups, in the service of civil disobedience, protest and social change, in mental and physical health and across cultures.

Professor Mark McDermott is a lecturer in health psychology at the University of East London, teaching on mental health and leading the PhD programme. In the 1980s, he developed a questionnaire measure of rebelliousness, and has maintained a research interest in rebelliousness within the context of reversal theory, a theory of motivation, emotion, and personality. He was involved in the BBC's recreation of the Stanford Prison Experiment and also co-wrote the bestselling European adaptation of Philip Zimbardo's *Psychology* textbook.

**\* THE COMPLETE GUIDE TO CODEBREAKING AND SOLVING CRYPTOGRAMS by  
Elonka Dunin and Klaus Schmeh**

Puzzle | Robinson | 304pp | August 2020

**This book describes the most common encryption techniques along with methods to detect and break them.**

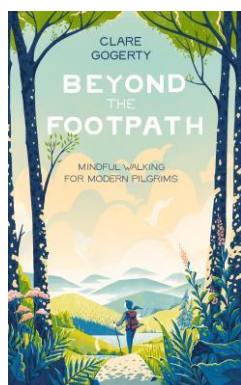
The Zodiac Killer sent four encrypted messages to the police – one was solved, three were not. Beatrix Potter's diary and the Voynich Manuscript are two encrypted books, only one of which was deciphered. The breaking of the so-called Zimmerman Telegram in the First World War changed the course of history. Several encrypted telegrams sent by Abraham Lincoln during the Civil War are still unsolved. Tens of thousands of other encrypted messages – ranging from simple notes created by children to military messages from the Second World War – are known to exist. Breaking these cryptograms fascinates people all over the world.

This book provides instruction on codebreaking techniques and is complemented with success stories and details of unsolved encryption mysteries.

Elonka Dunin is an American video game developer and cryptologist. Dan Brown named a character, Nola Kaye, in his novel *The Lost Symbol* after her. She is considered the leading Kryptos expert in the world and is a member of the NSA Cryptologic Museum Foundation's Board.

Klaus Schmeh is one of the world's leading experts on the history of encryption and the most published cryptology author in the world - twelve books about encryption technology (written in German), 150 articles, 20 scientific publications and 800 blog posts. He is a member of the editorial board of the scientific magazine, *Cryptologia*, and a frequent speaker at encryption conferences in Europe and the USA.

## Travel, wildlife, nature



**BEYOND THE FOOTPATH: MINDFUL ADVENTURES FOR MODERN  
PILGRIMS by Clare Gogerty**

Nature | Pitakus | 256pp | April 2019

**A practical and inspirational guide to modern pilgrimages – the non-religious act of walking mindfully to a place of meaning**

In these frantic and unsettling times, more people are seeking meaning, stillness and a greater connection with the natural world. Modern pilgrimages satisfy this need. Walking mindfully to a special place goes beyond rambling to something deeper. By leaving behind our noisy lives, setting off quietly and with purpose, then simply putting one foot in front of the other, we discover more about ourselves and the land we inhabit. *BEYOND THE FOOTPATH* blends the inspirational and the practical with useful information, mindful and creative exercises and suggestions of destinations for your own mindful walks or

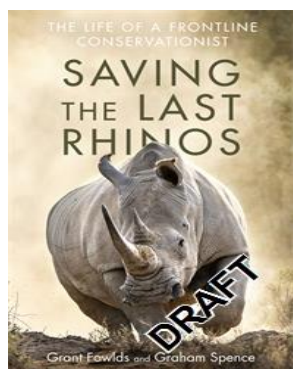
pilgrimages. Walking with an intention adds purpose and focuses the mind, and Clare Gogerty shows us how the aim of a pilgrimage is to reach a significant place and come to an understanding of yourself and of the landscape you have walked through. *BEYOND THE FOOTPATH* is sure to spur any reader to pull on their walking boots and step out on to their own pilgrim's way.

Clare Gogerty is an author, journalist and award-winning editor. She edited *Coast* magazine for six years and has edited the *National Trust Magazine*, and *Grand Designs Magazine*. Other titles she has worked for include *Tatler*, *In Style*, the *Sunday Times*, the *Evening Standard* and *Esquire*. Currently she is associate editor of *The Simple Things* magazine. She combines this with writing books – the National Trust's *Book of the Coast*, three guidebooks for the National Trust, and *Hidden Villages* for Batsford publishers.

## **SAVING THE LAST RHINOS by Grant Fowlds and Graham Spence**

Wildlife | Robinson | 352pp | November 2019

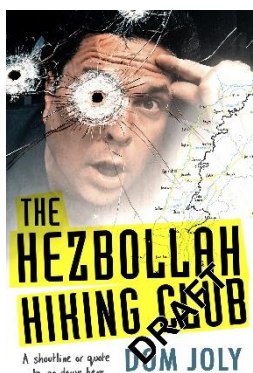
**SAVING THE LAST RHINOS tells the remarkable story of conservationist Grant Fowlds**



In 2016 the number of rhinos poached in South Africa stood at 1,054 (Department of Environmental Affairs). In 2017, 529 rhinos had been slaughtered by the end of July. In the last nine years, over 6,100 rhinos have been poached in South Africa leaving fewer than 19,000 white, and 2,000 black rhinos in the country. The situation is critical. Grant Fowlds is a passionate conservationist who puts himself in the front line, on the ground, where it matters. He is deeply focused on highlighting the vast increase in rhino poaching, a scourge which has placed these mighty animals under serious threat of extinction. He is a partner of Rhino Art with the founder, philanthropic adventurer, Kingsley Holgate. Rhino Art -- 'Let the children's voices be heard' -- Project's aim is to gather the largest number of children's 'Art Voices' ever recorded, in support of Rhino Protection, and to use these 'Hearts and Minds' messages from the children of Africa as a worldwide call to action against rhino poaching. On a broader level he works closely with all the biggest global and local conservation agencies, including WWF.

Grant Fowlds is a South African conservationist with a unique commitment to everything endangered. His vision is to try to fill the shoes of the late elephant whisperer, Lawrence Anthony and his recent undercover filming of a tusk and horn auction in Vietnam demonstrates that he is on the right track.

Graham Spence is a journalist and editor. Originally from South Africa, he lives in England. Together he and his brother-in-law, conservationist Lawrence Anthony, wrote *The Elephant Whisperer*, the story of the incredible relationship forged between one man and a herd of wild African elephants. Other books with Lawrence Anthony include *Babylon's Ark: The Incredible Wartime Rescue of the Baghdad Zoo*, and *The Last Rhinos: The Powerful Story of One Man's Battle to Save a Species*.



## **THE HEZBOLLAH HIKING CLUB: A SHORT WALK ACROSS THE LEBANON by Dom Joly**

Travel | Constable | 320pp | June 2019

**The comedic travelogue of an epic hike across Lebanon**

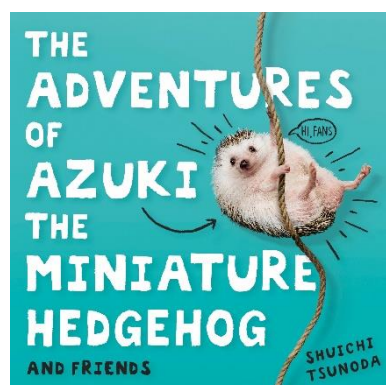
Dom Joly was born in Beirut where he lived through the civil war, went to school with Osama Bin Laden and learned to ski and speak French and Arabic. At the age of seven he was sent to an English boarding school, and eventually moved permanently to the UK aged eighteen. Then he read about an attempt to encourage tourism in his long-suffering homeland, the Lebanon Mountain Trail: a hiking trail that runs along the spine of the country's mountain range. This is the account of an epic thirty-day hike, which takes Joly and his two friends (an ad-man based in Dubai, and a fertiliser entrepreneur from

Evesham) across Lebanon, from the Syrian border in the north, all the way to the Israeli border in the south.

Dom Joly is a multi-award-winning television comedian, has been a columnist for the Independent, i newspaper and Metro, and is also an award-winning travel writer for the *Sunday Times* and the *Mail on Sunday*. He lives in the Cotswolds with his wife and two children.

He created Trigger Happy, a hidden camera television show that was sold in over seventy countries worldwide. He also made Dom Joly's Excellent Adventure, a television documentary in which he returned to Beirut; Dom Joly's Happy House, a critically acclaimed comedy travel series examining attitudes to alcohol.

## Humour



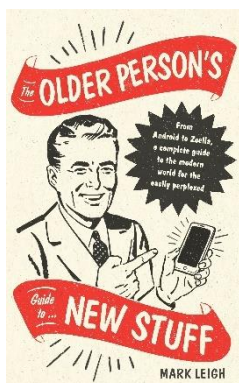
### \* THE ADVENTURES OF AZUKI THE MINIATURE HEDGEHOG

Humour | Robinson | 112pp | 60 colour photographs | September 2019

**Azuki is 'the only pure thing left in this world' (New York Magazine)**

Riding on the popularity of everyone's favourite Insta-famous minia-ture hedgehog (400,000 followers on Instagram and counting), this adorable illustrated book stands out as a gem of originality among the glut of dog and cat books. In the spirit of *Tiny Dog* and *Tiny Cat*, THE ADVENTURES OF AZUKI THE MINIATURE HEDGEHOG features photographs of Azuki as on his Instagram account where he appears in a minute wilderness setting, building a fire, hanging in a hedgehog-sized tent (specially made by camping supplier Coleman Japan) or barbecuing. He has been featured on *Bored Panda* and *Time* magazine's website. He has appeared in the pages of the *Independent* and the *Sun*. His star continues to rise as he constantly gets coverage and requests for interviews and articles including in *Cosmopolitan*, *Mashable*, *Country Living*, *The Daily Mail*, *Laughing Squid*, and more.

Shuichi Tsunoda is a Tokyo-based commercial photographer and Azuki's owner. In 2016, Tsunoda started an Instagram account for his pet, and a star was born. He was born in Tokyo in 1975. Having graduated from the Department of Graphic Design at Tama Art University, he started working as a freelance photographer in 1998.



### \* THE OLDER PERSON'S GUIDE TO NEW STUFF: FROM ANDROID TO ZOELLA, A COMPLETE GUIDE TO THE MODERN WORLD FOR THE EASILY PERPLEXED by Mark Leigh

Humour | Robinson | 240pp | b/w images | June 2019

**A humorous, illustrated guide to 'new stuff', including vocabulary, for oldies**

A handy guide for anyone who says, 'The Facebook' or 'The Google' or who asks, 'Do they deliver emails on Sunday?' This is a book for the ancient and not-so-ancient who are baffled not just by the technology of the contemporary world, but also various modern concepts and conceits that the more youthful take for granted. It explains a host of modern concepts and technologies that have entered everyday use but which are alien (and possibly frightening) not just to the oldies - but probably also to anyone over forty-five. These concepts are universal and will appeal to readers anywhere in the known universe. The definitions are all real, but entertaining, making use of easy-to-understand 'real world' references or examples to explain them.

Mark Leigh's career has taken him from scriptwriting for TV comedy acts, through the 'Mad Men' world of advertising copywriting to developing concepts for radio and TV comedy shows and writing bestselling



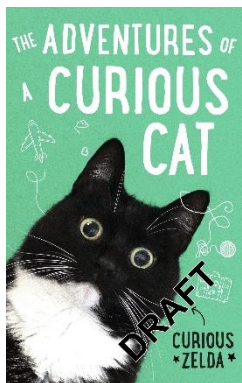
humour books.

### **UNTITLED IS IT JUST ME BOOK by Steve Lowe & Alan McArthur**

Humour | Sphere | 256pp | October 2019

**So, it turns out things can get even shitter. Who knew? Er, we did, sadly. Still: you have to laugh. You, like, have to. So let's!**

Featuring: Oh, Jeremy Corbyn; Danny Dyer turning out to be good; Fortnite; Hipster pies; The Independent Group; Reviews for items on supermarket delivery sites; Even Mark Zuckerberg saying the Internet needs regulating; New football stadiums; Old football stadiums; Feeling a bit sorry for Theresa May; Elon Musk; Christopher Nolan films that aren't Memento; TED Talks; Irish passports - this year's must-have accessory!; Airbnb obsessives; Woke one-upmanship; Vladimir Putin; How many f\*cking platforms am I supposed to have to pay for just to watch the f\*cking telly?



### **THE ADVENTURES OF A CURIOUS CAT by Curious Zelda**

Gift & Humour | Sphere | 192pp | November 2019

**The first book from social media star, @CuriousZelda**

*Curiosity is more than just a desire to discover. It's a lifestyle, and a purrilege. It's hours of observing a fly on the wall. It's entering the sock drawer just before it closes. It's sniffing the lampshade one more time . . .*

Such is the wisdom of Curious Zelda: social media star, agony aunt, yoga teacher, cat. In **THE ADVENTURES OF A CURIOUS CAT** she details her escapades - giving insight into her unique view of the world and dispensing unparalleled wisdom. Zelda will guide readers through the trials and tribulations of life as a cat, such as Living with Humans, Dating, Travel, Cooking and Clawing the Furniture. It's the perfect gift for cat lovers or for giving advice to the favourite feline in your life.

Matt Tagihoff adopted Zelda in 2014 following an intense staring match at the rescue shelter. She charmed him with her eccentric habits and permanently astonished expression.

## **Biography and memoir**

### **\* A NEW WAY OF LOOKING: A BIOGRAPHY OF BARBARA KER-SEYMER by Sarah Knights**

Biography | Virago | 320pp | April 2021

**A biography of the pioneering avant-garde photographer who worked with the Bright Young Things, the Surrealists, and the Bloomsbury Group**

This biography focuses on a closely-knit network of avant-garde artists, writers, designers and dancers who dominated the cultural landscape of 20<sup>th</sup> century Britain and beyond. At its centre, was Barbara Ker-Seymer (1905-1993), a pioneering photographer whose images define this talented forward-looking generation. She disdained lucrative 'society' portraits in favour of modern, abstract images, and her portraiture broke with convention, emphasising light, angles and planes. Her work was not only famous but widely admired among her peers, including Man Ray. Paul Nash championed her work. She was the photographer of choice for the leading actors, artists, dancers and writers of her generation. Her sitters include Cyril Connolly, Evelyn Waugh, Margot Fonteyn, Jean Cocteau and Vita Sackville-West.

Today, Ker-Seymer's photographs are known for who they represent, rather than the face behind the camera. This irony is underpinned by the misattribution of some of her most daring and innovative images, to Cecil Beaton. This biography restores Ker-Seymer to her rightful position as an artist at the centre of the avant-garde. Moreover, it reveals a close network of like-minded practitioners across the arts. All shared a belief in a modern, stylistic unity between dance, theatre, design, music, art and photography. Ker-Seymer's intelligence, wit and genius behind a camera enabled her to link arms with the Surrealists, with Jean Cocteau, the Bloomsbury Group and Bright Young Things, and the worlds of theatre, cabaret and jazz.

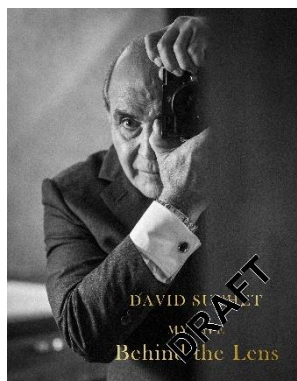
In contrast to the Bloomsbury Group, they did not hail from privilege or high academia – they were middle class or working class, and they earned their own living according to their merits. 'Sexual ambiguity was the rule. Sexual promiscuity and sexual aberration the mode [...] everyone seemed to be very androgynous or bisexual'. They lived in an era and occupied an arena where heterosexuality was not necessarily considered a virtue.

Knights has unprecedented access to private archives and hitherto unseen material and photographs will enliven this biography and bring Ker-Seymer's avant-garde vividly to life. Her first book, *Bloomsbury's Outsider: A Life of David Garnett*, was published by Bloomsbury in 2015 to critical acclaim. It was short-listed for the Slightly Fox Best First Biography Prize (2015) and for the James Tait Black Prize for Biography (2016).

### **BEHIND THE LENS: MY LIFE IN PHOTOS by David Suchet**

Autobiography | Constable | 320pp | October 2019 | Fully illustrated throughout

#### **The long-awaited autobiography of much-loved actor David Suchet**



Much-loved actor David Suchet has been a stalwart of British stage and television for almost fifty years. From Shakespeare to Oscar Wilde, Freud to Poirot, Edward Teller to Doctor Who, Questions of Faith to Decline and Fall, right up to 2018's Press, Suchet has done it all. Throughout this spectacular career, David has never been without a camera, enabling him vividly to document his life in photographs. Seamlessly combining photo and memoir, BEHIND THE LENS is the story of his remarkable life and career, showcasing his wonderful photographs and accompanied by his revelatory and engaging commentary.

As well as his acting work, Suchet will talk about his London upbringing and love of the city, family life with his beloved wife Sheila and their two children, his views on religion, his Jewish roots, his love of photography (inherited from his grandfather, James Jarche, the famous Fleet Street photographer), canal boats, music and much more. There will be photos from his childhood, family photos and other portraits (he has taken many photos of well-known people), photos from his television and theatre work (including many behind-the-scenes Poirot shots).

### **THE ADDICTED MIND: A DOCTOR'S LIFE TREATING EXCESS by Henrietta Bowden-Jones**

Memoir | Virago | 320pp | January 2020

#### **A searing exploration of the psychological distress caused by addiction, and a celebration of the resilience of the human spirit**

The book is structured through the individual stories of some of the thousands of patients Henrietta Bowden-Jones has treated. She takes the reader into her clinics as she works to help her patients rebuild their lives. She is a warm, wise and compassionate narrator. Despite daily encountering her patients' suffering, her outlook is optimistic. She is driven by her faith in 'the amazing ability of the human mind to be healed'. Her career, with its dedication to helping others and expanding the boundaries of medical understanding, is also an inspiration. This book has a broad appeal to all readers interested in compelling life-stories. In addition, readers of books by medical professionals such as Henry Marsh, Atul Gawande and Stephen Grosz are an obvious target readership for this book.

Bowden-Jones is a Consultant Psychiatrist and internationally renowned expert in Addiction Psychiatry. Among her many eminent positions, she is Honorary Senior Lecturer in the Brain Science at Imperial

College London, and spokesperson on behavioural addictions for the Royal College of Psychiatrists.

## **BETWEEN THE STOPS: THE AUTOBIOGRAPHY OF SANDI TOKSVIG**

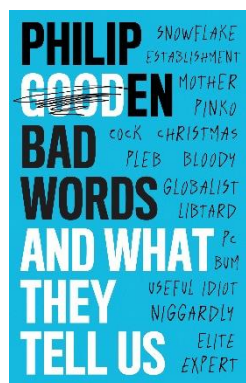
Autobiography | Virago | 432pp | October 2020

**The long awaited memoir from one of Britain's best-loved characters, who has been a presenter, writer, broadcaster, activist and comic on stage, screen and radio for thirty-five years**

*I have thought long and hard about writing an autobiography but never felt entirely comfortable with just sitting down and writing about my life. I'm not a great navel gazer nor someone who wants to look at the past in a traditional chronological, 'and then what happened' sort of way. But then an idea drove past: the number 12 bus. I like journeys on public transport. I like them enough to want to go on the number 12 even if it is not heading somewhere immediately useful. I am a passionate advocate of travel believing it to be life enhancing and I also believe that some of the greatest trips lie on our own doorstep. So my trip will be part memoir, part diary, part travelogue and history all from the top of a double-decker.*

After graduating from Cambridge, Toksvig went into theatre as a writer and performer. Well known for her television and radio work as a presenter, writer and actor, she has written more than twenty books for children and adults. She also writes for theatre and television: her film *The Man* starring Stephen Fry and Zoe Wanamaker was broadcast on Sky Arts in June 2012 and her play *Bully Boy* starring Anthony Andrews opened the St James Theatre, London in autumn 2012. She is Chancellor of Portsmouth University. In 2017 she started presenting *The Great British Bake Off*.

## Language



### **\* BAD WORDS AND WHAT THEY SAY ABOUT US by Philip Gooden**

Language | Robinson | 320pp | September 2019

**BAD WORDS explores why and how certain terms fall in and out of favour and therefore what these changes in taste and taboo say about us**

This is emphatically not just another book about swear words and bad language; but more about why and how certain terms fall in and out of favour, and, therefore, what these changes in taste and taboo say about us. Many people assume that these contentious words must relate principally to sex and body parts, but forbidden terms shift through the ages with the result that current verbal taboos are just as likely to occupy racial and even political areas rather than sexual ones. However sophisticated we consider ourselves, plenty of these terms retain their power to shock. How have they changed in form or impact over the years? And how is it that a short string of letters and sounds, a single syllable or two, can possess the almost preternatural power to offend, distress or infuriate? Are we less or more outraged these days or is it that our focus shifted to different areas?

Among the terms examined are: *alternative; alt-right; bitch; black; bourgeois; bullshit; bureaucrat(-cy); butch; capitalism; censorship; chink; choice; Christmas; cocksucker; coloured; commy; cunt; customer; dago; deaf; delivery; dickhead; dumb; dyke; elite/elitist; English; extremist; faggot; fanny; fascist; federal; feminist; forefathers; gay; ghetto; girl; heritage; Hitler; holocaust; identity politics; investment; Irish; Jesus (Christ); jew(ish); kike; kraut; lady; lez; manpower; marxist; metropolitan; moderate; multicultural; nazi; negro; niggardly; nigger; organic; Orwellian; populist; pro-choice; pro-life; pussy; queer; shit; slag; slut; snowflake; spade; spic; suburban; terror(ist); tits; unacceptable; vagina; victim; whore; wop; yid; Zionist*. Some of the by-ways of dangerous language explored include: minced oaths, double entendres, bowdlerisms, euphemisms and expurgations, speech codes, hate speech, and censorship. And then there's the little matter of political correctness...

Philip Gooden has written a number of previous books about language including *Who's Whose? A No-*

*Nonsense Guide to Easily-Confused Words*, *The Story of English*, and (as co-author) *Idiomantics* and *The Word at War*. He has also written four historical crime novels and been nominated for a CWA Ellis Peters Historical Dagger Award.

**\* SOUNDS & FURIES by Jonathan Green**

Language | Robinson | 288pp | July 2019

**This is a book-length study of one of language's most intriguing, but previously unexplored questions: what is the relationship of women to slang? Do they use it, do they create it, and is 'female' slang different to the well-known 'male' version?**

We know all about women in slang, a pretty sorry story, but women and slang is an undiscovered territory. It is high time that omission was remedied. The book is comprehensively referenced, as befits a significant new work in a previously underexplored area, but it remains highly readable. The development of such heroines as Buffy the Vampire Slayer and the 'Buffyverse' have seen the emergence of a slang to accompany it, the best-known example being the questioning use of 'much?' Technological developments, too, seem to have opened new possibilities. The world of social media, unfettered by traditional gatekeepers, has seemingly become a playground for female language users. And, with regard to the expression 'on fleek', we know that in June 2014 a Chicago teen, Peaches Monroe, posted a brief video online in which she described her newly beautified eyebrows as 'on flick', pronouncing it 'on fleek'. When the video went viral so too did her coinage. But it is a rare occurrence to be able to pinpoint the genesis of slang in this way, and we have to accept it as such.

Jonathon Green is the world's leading lexicographer of anglophone slang. His most recent work, *THE STORIES OF SLANG*, was published by Robinson in October 2017.

## Politics

A TOOLKIT FOR THE ACTIVIST IN YOU

**BE  
THE  
CHANGE**

GINA MARTIN

**\* BE THE CHANGE: A TOOLKIT FOR ACTIVISM by Gina Martin**

Politics | Sphere | 288pp | May 2019

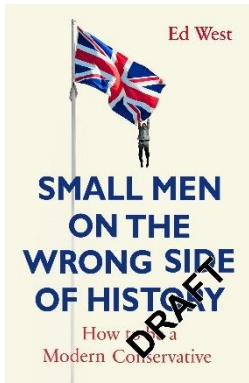
**The brilliant and timely first book by activist Gina Martin**

*We live in a frantic political climate: a reality TV star is President, swathes of the powerful elite have been outed as exploitative and abusive; Brexit is a mess. This might be depressing, but the reality is there's never been a better time to get involved. Now is the moment to be passionate about making the world better. Now is the most crucial time to be the change. Social media has levelled the playing field and the distance between politics and 'The People' is decreasing; we can find and reach those who represent us instantaneously and, critically, they can*

*see us discussing what we care about. Once denied access to The Houses of Parliament, now we can engage online with the very people who are running the country. Plus, the platforms we use to do that have become our most valuable tools in forcing change. – all we need is someone to take a moment to show us how to leverage them. I'm living proof of that.*

Martin led a year-long campaign to make upskirting a criminal offence after the police declined to prosecute a man who took pictures up her skirt at a music festival. The bill will become law this year. In *BE THE CHANGE*, she shares her story and experiences, and offers practical advice for anyone who is inspired to tackle injustices large or small.





**\* SMALL MEN ON THE WRONG SIDE OF HISTORY: HOW TO BE A MODERN CONSERVATIVE by Ed West**

Current Affairs & Humour | Constable | 320pp | February 2020

**Exploring why conservatives have lost almost every political argument since 1945, Ed West looks at this endless litany of failure from the perspective of one of the losers, in a semi-autobiographical, self-deprecating way**

Exploring why conservatives have lost almost every political argument since 1945, Ed West looks at this endless litany of failure from the perspective of one of the losers, in a semi-autobiographical, self-deprecating way. Since the 1950s the western world has gone through a huge cultural shift, comparable to the rise of Christianity during the late

Roman period and Martin Luther's 16th century religious revolution. Both of these led to profound changes in public ideas about morality and sexuality, and eventually to 'culture wars' between two deeply opposed groups. Today what we're witnessing is a sort of second Reformation, and that's why it's going to be long, painful and boring, and both sides are going to get more idiotic and hysterical, just as religious divisions once drove Catholics and Protestants into prolonged insanity. Conservatives, like the pagans and Catholics before them, are very much on the losing side. The future appears progressive and their defeat is inevitable, part of an 'arc of history' that leads irrevocably to a progressive utopia in which they're left in the dustbin. As Barack Obama said of al-Qaeda, another group of guys not entirely comfortable with the modern world, conservatives are 'Small Men on the Wrong Side of History'. Too many polemics and articles on the Right are tediously shouty, and too few of them explore where their arguments have fallen flat and why people find conservatives so repulsive. *SMALL MEN ON THE WRONG SIDE OF HISTORY* is aimed at being the rare conservative book that someone on the Left will enjoy.

Ed West is a regular for the *Spectator* and has written for a range of publications including the *Daily Telegraph*, the *Times*, *The Week*, the *Guardian*, and many more. He is the only person to have worked for both a lad's mag and the *Catholic Herald*, a record he is likely to hang onto for some time. Although this book is the product of several years of reading polemics, political philosophy and even evolutionary psychology, the real inspiration is his favourite book of all time, Nick Hornby's *Fever Pitch*, which turned a hobby and obsession many found odd and distasteful and made it human and humorous.

**\* HOW TO BE AN ACTIVIST: A PRACTICAL GUIDE TO ORGANISING, CAMPAIGNING AND MAKING CHANGE HAPPEN by Vanessa Jane Holburn**

Politics | Constable | 240pp | January 2020

**A practical guide to help and inspire the would-be change maker no matter how big or small their cause**

*HOW TO BE AN ACTIVIST* covers everything you need to know to create a successful social campaign and bring about positive change. It is a practical, inspirational book covering topics ranging from identifying your central issue and setting realistic milestones and goals, to learning how to use the media effectively and stay within the law. Illustrated with case studies throughout, this is the essential guide to activism. It will help you with every step of your campaign, keeping you motivated through periods of self-doubt and staving off burnout as you celebrate contributing to creating meaningful change in the world.

This is the age of activism and everyone is invited to join the movement.

Journalist and author Vanessa Holburn spent two years campaigning for a ban on third party pet sales in a bid to end the practice of puppy farming. In 2018 she was invited to Downing Street to hear Michael Gove announce plans to change the law to support such a ban. The campaign is proof that ordinary people together can achieve extraordinary change.

Her publishing experience stretches over twenty-four years and her work has appeared in magazines, newspapers and digital outlets. Her consumer press credits include *Private Eye*, *The Mirror*, *The Sun*, *Vegan Living*, *Woman's Own*, *Yours*, *Dogs Today*, *Ask The Doctor* and *The Independent on Sunday*



## \* SOFT POWER: THE NEW GREAT GAME FOR GLOBAL DOMINANCE by Robert Winder

Politics & Culture | Little, Brown | 400pp | February 2020

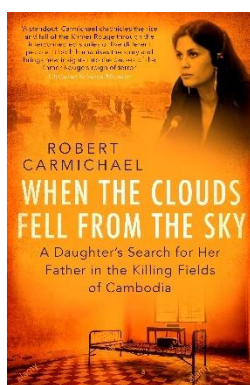
### *Prisoners of Geography meets The World is Flat in a ground-breaking new study*

There's a new Great Game afoot, and it involves soft power. As national movements resurface across the world, unsettling the international balance, the old-fashioned 'sphere of influence' is making a comeback. Nation states are once again competing to win friends and influence people by selling themselves as alluring brands. In BLOODY FOREIGNERS and THE LAST WOLF, Robert Winder explored the way Britain was shaped first by migration, and then by hidden geographical factors. Now, in SOFT POWER, he explores the way modern states are asserting themselves not through traditional realpolitik but through alternative means: business, language, culture, ideas, sport, education, music, even food ... the texture and values of history and daily life. Moving from West to East, from America to Japan, the book will estimate the weight of soft power by exploring the varied ways in which it operates - from an American sheriff in Poland to an English garden in Ravello, a French vineyard in Australia, an Asian restaurant in Spain, a Chinese Friendship Hall in the Sudan. Soft power used to be thought of as merely the surface gloss on hard power - the velvet glove on the iron fist. But in the modern world of high-speed data flow and energetic migration, it now packs a decisive punch in its own right.

Praise for THE LAST WOLF: *Spirited, provocative, wise, hugely entertaining* - the *Sunday Times*; *Well-crafted, reflective...* *Original and deeply researched* - the *Guardian*; *[Winder] weaves a fabulous tale* - the *Independent*. Praise for BLOODY FOREIGNERS: *Splendidly researched and subtle history* - the *Observer*; *A topical, formidable and engaging book which will have - and deserves to have - many readers...* *A breath of fresh air* - the *Sunday Times*; *Totally absorbing and revelatory* - the *Daily Mail*

Robert Winder was literary editor of the *Independent* for five years and deputy editor of *Granta* magazine. He is the author of three novels and four previous non-fiction titles, including THE LAST WOLF and the bestselling BLOODY FOREIGNERS.

## History



## \* WHEN THE CLOUDS FELL FROM THE SKY: A DAUGHTER'S SEARCH FOR HER FATHER IN THE KILLING FIELDS OF CAMBODIA by Robert Carmichael

History | Robinson | 352pp | August 2019

*To keep you is no benefit, to destroy you is no loss...*

In 1977, young diplomat Ouk Ket was recalled to Cambodia 'to get educated to better fulfil [his] responsibilities'. Left behind in Paris were his French wife and their two young children; they never saw him again. In February 2012, the international war crimes court in Cambodia handed down a life sentence to a man known by his revolutionary moniker Comrade Duch (pronounced 'Doyk'). The court found the Khmer Rouge's former security chief responsible for the deaths of more than 12,000 people at S-21 prison in Cambodia's capital city, Phnom Penh. In describing one family's decades-long quest to learn their husband's and father's fate and the war crimes trial of Comrade Duch, WHEN THE CLOUDS FELL FROM THE SKY illuminates not only the tragedy of a nation, but also the fundamental limitations of international justice. Despite the interference of foreign powers, Cambodia's experience was largely self-inflicted and it remains a sober reminder of the dangers of totalitarian regimes and the importance of accountable political systems.

Robert Carmichael worked for a decade as a foreign correspondent in Cambodia, leaving in 2017. His first stint was from 2001-3 when he was the managing editor of the *Phnom Penh Post*, Cambodia's oldest

English-language newspaper. Through his work, he developed excellent relationships with some of the leading lights at the Khmer Rouge tribunal as well as experts in related fields including academics David Chandler, Stephen Heder and Craig Etcheson, as well as Youk Chhang who runs the genocide research organisation DC-Cam.

**\* GLADIUS: LIFE IN ROMAN ARMY by Guy de la Bédoyère**

Ancient History | Little, Brown | 400pp | November 2020

*Titus Flaminius ... of Legion XIV Gemina, served as a soldier for 22 years, and now here I am. Read this and be more or less lucky in your lifetime.*

**- Tombstone of a legionary, found at Wroxeter, Britain. Mid-1st century AD**

GLADIUS takes the reader right into the heart of what it meant to be a part of the Roman army through the words of Roman historians, and those of the men themselves through their religious dedications, tombstones, and even private letters and graffiti. The book throws open a window on how the men, their wives and their children lived, from bleak frontier garrisons to guarding the emperor in Rome, enjoying a ringside seat to history fighting the emperors' wars, mutinying over pay, marching in triumphs, throwing their weight around in city streets, and enjoying esteem in honourable retirement. The Roman army reached its greatest extent and power in the age of the emperors, after developing in the last two centuries of the Republic. This is the main focus of GLADIUS. It was Augustus who formalised the Roman army and turned it into a permanent organisation after his victory at Actium in 31 BC. It was the greatest fighting machine the ancient world produced. The Roman Empire depended on soldiers not just to win its wars, defend its frontiers and control the seas but also to act as the engine of the state. Roman legionaries and auxiliaries came from across the Roman world and beyond. They served as tax collectors, policemen, surveyors, civil engineers and, if they survived, in retirement as civic worthies, craftsmen and politicians. Some even rose to become emperors. GLADIUS takes the reader through all aspects of life in the Roman army from 31BC to AD337 (Augustus to Constantine) and goes way beyond the scope of soldiers and weapons. The Roman army reflected all Roman society.

Guy de la Bédoyère has written a large number of books on the Roman world over the last thirty years, including DOMINA: THE WOMEN WHO MADE IMPERIAL ROME; PRAETORIAN and THE REAL LIVES OF ROMAN BRITAIN for Yale University Press. He is well known to a wider audience because of the fifteen years he participated in Channel 4's archaeology series Time Team. He has degrees from Durham, London and University College, and is a Fellow of the Society of Antiquaries. He has lectured in Britain and abroad, mainly Australia, and is an accredited lecturer of the Arts Society.

**\* A BRIEF HISTORY OF PORTUGAL by Jeremy Black**

History | Robinson | 288pp | April 2020

*Black shows how Portugal had a global impact, but the world, too, had an impact on Portugal*

This comprehensive study takes in the Stone Age and the Roman era, from AD 420 to the thirteenth century, Visigoths and Moors. Then, a look at medieval Portugal covers the development of Christian Portugal culminating with the expulsion of the Moors, with a focus on key sites. Portugal had enormous influence, particularly during the 'age of exploration' in the fifteenth century to 1580. In fact, Portugal was the first of the Atlantic empires, with territory in the Azores, Madeira, West Africa and Brazil, and it remained a major empire until the 1820s, even retaining an African empire until the 1970s, but its empire in Asia (Malacca, Macao, Goa and Timor) continued even longer – until the 1990s. The nineteenth century brought turmoil in the form of a French invasion, the Peninsular War, Brazilian independence, successive revolutions, economic issues and the end of the monarchy. Republican Portugal brought further chaos in the early years of the twentieth century, then the dictatorship of Salazar and its end in the Carnation Revolution of 1974. Portugal's role in both world wars is examined, and its role in the world today.

Jeremy Black is one of the UK's most respected and prolific historians. He is Professor of History at Exeter University and a renowned expert on the history of war. His recent books include A BRIEF

HISTORY OF ITALY and THE WORLD OF JAMES BOND, which offers a historian's perspective on the Bond novels and films. He appears regularly on TV and radio, including BBC Radio 4's In Our Time.

### **A BRIEF HISTORY OF MEDITERRANEAN by Jeremy Black**

History | Robinson | 288pp | July 2020

**This concise and very readable history of the Mediterranean Sea, from the Phoenicians to the present day, is intended for a popular audience of holidaymakers, looking for something less weighty than a 600-plus-page historical tome, but something much more informative and authoritative than the sort of potted history to be found in a travel guide.**

The Mediterranean welcomes tens of millions of tourists, both international and local, every year. Whether cruising or lounging on a beach, the sea itself is the focus for many tourists. This concise history will provide an account of the Mediterranean in which the experience of travel is foremost: for tourism, for trade, for war, for migration and for culture. It will cover everything from the Phoenicians to the modern tourist cruising in comfort. Throughout, there will be an emphasis on the sea and on the port cities – such as Athens, Barcelona, Naples and Palermo – visited by cruise liners.

Black covers everything from the ancient world of the Phoenicians, Greeks and Romans, the age of galley warfare and the battle with Islamic forces at Lepanto, to Shakespeare's Mediterranean – A Comedy of Errors, Othello, The Tempest and The Merchant of Venice. He explores the Renaissance and the Baroque, the beginnings of English tourism, Nelson at the Battle of the Nile and the establishment of British power in Gibraltar, Minorca and Malta. He looks at the retreat of Islam as European powers take over in North Africa, the age of steam and the birth of the Pax Britannica as the British take over in Cyprus, Egypt and the Ionian Islands. Black considers the significance of the Suez Canal and the route to India; the Riviera; the Mediterranean as a theatre of war in the Second World War and the Cold War; oil and the Middle East; and, finally, the relatively recent history of cruising the Mediterranean.

### **THE SECRET HISTORY OF SOVIET RUSSIA'S POLICE STATE by Martyn Whittock**

History | Robinson | 288pp | June 2020

**An examination of a key aspect of twentieth-century history which still impacts on the twenty-first-century world: the Russian Revolution and the one-party state of the USSR**

THE SECRET HISTORY OF SOVIET RUSSIA'S POLICE STATE focuses on the role of repression, terror and the political police in making the Soviet regime possible and sustaining it from 1917 to 1991, while also challenging popular misconceptions and myths about the USSR. Whittock examines the complexity and history of building and maintaining a one-party state through repression and brutality; but also through harnessing idealism, compromise and co-operation. The book will provide both a major overview of how such a repressive regime developed and survived. Whittock makes use of the latest scholarship; his clear and engaging narrative is fast-paced, and includes anecdotes, personal insights and reflections from those living through the events.

Martyn Whittock has taught history at secondary level for thirty-five years. He is a lecturer in local history and has written numerous textbooks for the educational market and also books for adult readers, including on Viking and Anglo-Saxon history. He has been a consultant for the BBC, English Heritage and the National Trust and has written for Medieval History magazine and archaeological journals.

### **\* ONE FINE DAY by Matthew Parker**

History | Little, Brown | 400pp | 16pp b/w & colour | September 2020

**The story of the greatest empire in world history at its absolute, hubristic zenith**

29<sup>th</sup> September 1923. The British Empire was fourteen million square miles, just under a quarter of the globe's

land area. 460 million people - a fifth of the world's population - inhabited it. In *ONE FINE DAY* Matthew Parker examines this astonishing edifice in all its glory but with all of its ugly underbelly clearly visible, and with the seeds of its demise already sown. Readers will be able to inhabit the lives of people, rich and poor, male and female, coloniser and colonised, who are agents in this moment of apparent imperial super-glory. We learn what they ate, what they wore, their likes and dislikes, what they thought. This magisterial survey takes in trivial, personal events as well as momentous political and military ones. While there might be ground-breaking elections, military clashes and violent demonstrations, there are also marriages, suicides, strange disappearances, parties.

Matthew Parker was born in El Salvador in 1970 to an expatriate family and while growing up lived in Britain, Norway and Barbados. He read English at Balliol College, Oxford and then worked in a number of roles in book publishing in London from salesman to commissioning editor.

### **\* THE UNFORTUNATE COLONEL DESPARD: AND THE BRITISH REVOLUTION THAT NEVER HAPPENED by Mike Jay**

History/Biography | Robinson | 304pp | August 2019

#### **The remarkable life of Colonel Edward Despard, comrade-in-arms of Nelson and a man who championed the rights of freed slaves, but who was executed in Britain for high treason in 1803**

This is the true story behind the fifth, and probably final, series of the very popular television drama *Poldark*. Colonel Despard's execution – he was the last person to be sentenced to hanging, drawing and quartering in Britain – for high treason, having supposedly plotted to kill the King, on 21<sup>st</sup> February 1803, was witnessed by twenty thousand hushed onlookers. Their silence was ominous, for few believed he was guilty. His death would tear apart a Britain still reeling from the impact of the French Revolution and the Napoleonic Wars.

But who was Edward Marcus Despard? Was he, as his comrade-in-arms on the Spanish Main Lord Nelson believed, an outstanding British army officer of unimpeachable honour, courage and patriotism? Or, as the white slave-owners of the Caribbean claimed, a traitor not only to his nation but to his race, who had married a local woman and championed the rights of freed slaves? And when Despard returned to London to answer these allegations, did he commit himself to the cause of political reform in Britain's best interest? Or did he join a shadowy international terrorist conspiracy dedicated to the murder of George III and the overthrow of the state? Despard's contested fate marked the sensational climax to a British revolution that never happened, but it also presaged the birth of modern democracy.

Mike Jay is the historical consultant on Season 5 of *Poldark* – the final season, screening this summer. Unlike previous seasons, it's not based on Winston Graham's novels – it brings their characters to a new story, which is based on *THE UNFORTUNATE COLONEL DESPARD*.

Praise for *THE UNFORTUNATE COLONEL DESPARD*: *A gem of a book... was Despard a hero or villain? In answering this question, Jay has also produced a powerful and energetic study of the political complexity of the 1790s.' Sunday Telegraph; Compelling, absorbing and wide-ranging... Jay weaves a complex variety of themes, many with overtly topical resonances, into Despard's journey from hero to traitor - Sunday Times; A riveting account of the life and times of Britain's first terrorist - Independent on Sunday Books of the Year; Beautifully crafted.... as thrilling as any novel. The Colonel's fast-paced adventures are matched by Jay's equally breathless narrative - Good Book Guide*

Mike Jay is the author of *The Air Loom Gang*, *Emperors of Dreams: Drugs in the Nineteenth Century*, *Blue Tide: The Search for Soma and Artificial Paradise: A Drugs Reader*, and editor of *1900: A Fin-de-Siècle Reader*. His latest book, which will be published in May by Yale, is a history of Mescaline.

### **ESTHER SIMPSON: THE FORGOTTEN WOMAN WHO DEFIED THE NAZIS AND HELPED SHAPE THE CULTURAL HISTORY OF THE WORLD by John Eidinow**

History | Robinson | 304pp | September 2020

#### **The incredible true life-story of Esther 'Tess' Simpson**

Esther Simpson – known as Tess – devoted her life to rescuing and resettling mostly Jewish, academic



refugees, whom she called her 'children', in the late 1930s and early '40s. Each case had to be argued with the Home Office and Simpson prepared 560 applications. In the end – but how slow the process seemed – they succeeded. Simpson's 'family' was described as 'the most talented and distinguished in the world'. Among their ranks were sixteen Nobel Prize winners, eighteen Knights of the Realm, seventy-four Fellows of the Royal Society, thirty-four Fellows of the British Academy and two members of the Order of Merit. This is the story of a now largely forgotten woman, a woman whose relentless efforts and tireless bravery helped shape the face of modern world.

John Eidinow has published three books with David Edmonds, each describing clashes between men of titanic gifts: *Wittgenstein's Poker* (shortlisted for the Guardian First Book Award); *Bobby Fischer Goes to War* (long listed for the Samuel Johnson prize); and *Rousseau's Dog*. He has also presented and interviewed for BBC Radio 4 and World Service, working in news and current affairs, and making documentaries on historical and contemporary issues.

## **THE CRICHEL BOYS by Simon Fenwick**

History | Constable | 416pp | September 2020

During the inter-war years the future of the country house seemed precarious. After the holocaust of World War I, resulting death duties brought about massive land sales - a quarter of England exchanged hands - and about four hundred houses were either sold or pulled down. A whole way of life was dying. After WWII at a time when large houses were at a premium, the series of architectural disasters started again: in 1955 one house was demolished every two and a half days. Two surviving, neighbouring houses in a remote part of Dorset – Crichel House and Long Crichel House - tell their own stories with resemblances to *Madresfield*, *The Real Brideshead* by Jane Mulvagh (2008); *The Mad Boy*, *Lord Berners*, *My Grandmother and Me* by Sofka Zinoviev (2014); and *The Long Weekend: Life in the Country House Between the Wars* by Adrian Tinniswood (2016).

The pre-war Indian Summer of civilisation at the great Georgian mansion of Crichel House turned into the desperation of the Jazz Age. The eldest son of the owner, Lord Alington died of his wounds on Armistice Day 1918, and the following year his younger brother Napier - who put into practice 'every kind of rude, selfish, and amoral behaviour' - inherited the title and estate instead. After an affair with the actress Tallulah Bankhead he married but his wife died in childbirth. Napier's actress sister Lois married Viscount Tredegar. At his house in South Wales Tredegar kept a menagerie of birds and animals and had a room dedicated to his supernatural studies; his mother thought she was a bird. Lois left her husband and died a drug addict. In WW2 Napier joined the RAF in Cairo but died from pneumonia. Crichel House became a school for twenty years.

At Long Crichel House the former dower house (and subsequently the rectory) of Crichel House there was a different kind of experiment in living. In 1945 four men - three writers for the *New Statesman* and a National Trust administrator - bought the house as a place in which to work and write books and as a holiday retreat. They also entertained a remarkable network of friends - Benjamin Britten, Nancy Mitford, Kenneth Clark, Graham Greene, Vita Sackville-West, Vanessa Bell, Duncan Grant, Somerset Maugham and Paddy Leigh Fermor among very many others - who were attracted by its ambience of good food and drink, conversation, music, and croquet. For James Lees-Milne, the Secretary to the National Trust, Long Crichel became a second home. Before WW2, the National Trust only owned three houses but amidst the widespread destruction of the following years the Trust managed to rescue over fifty more. Lees-Milne was largely responsible.

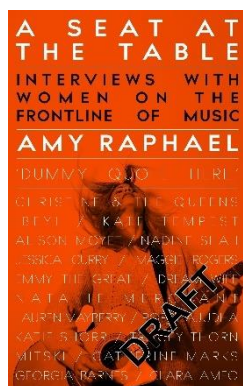
The Crichel Down Affair, a great political scandal of the 1950s which filled the newspapers for weeks, related to a piece of land close by. Patrick Trevor-Roper, who lived at Long Crichel, was one of only three men to 'out' himself as gay when he testified before the Wolfenden Commission on Homosexual Reform in 1955; thirty years later he was one of the founders of the Terrence Higgins Trust.

Over the years and despite many changes, Long Crichel, according to Frances Partridge, 'astonishingly and persistently' retained its own idiosyncratic and delightful character. Inside the house remains unchanged - the furniture, furnishings and plumbing are the same as they were seventy years ago. Long Crichel can be

seen by appointment. The owners are master bakers and their business is run from the house which was recently featured in *The World of Interiors*. It was also mentioned in Alan Bennett's diaries.

On the death of Napier Alington's daughter in 2013, Crichel House and park were bought by the American Anglophile billionaire, Richard Chilton, a former trustee of the Metropolitan Museum, and his wife, the President of the New York Botanical Garden. Together they have restored its spectacular 18<sup>th</sup> century interiors following the photographs from a *Country Life* article of the 1920s. Crichel House featured again in *Country Life* in February 2017.

## Music



\* **A SEAT AT THE TABLE: WOMEN ON THE FRONTLINE OF MUSIC** by **Amy Raphael**

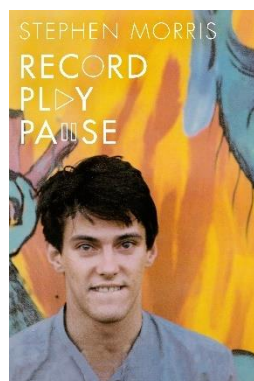
Music | Virago | 304pp | June 2019

**Twenty years after the seminal NEVERMIND THE BOLLOCKS, Raphael re-evaluates female music and musicians**

Following on from the success of NEVERMIND THE BOLLOCKS (Virago, 1995), Amy Raphael interviews prominent female musicians to find out what it means to be a woman artist and a female in the music business. Contributors include: Poppy Ajudha; Christine & the Queens; Maggie Rogers; Ibeyi; Kate Tempest; Natalie Merchant; Catherine Marks; Mitski; Grimes; Alison Moyet; Dream Wife; Emmy the Great; Lauren Mayberry; Jessica Curry Georgia; Kalie Shorr; Tracey Thorn; Mica Levi; Clara Amfo.

Praise for NEVERMIND THE BOLLOCKS: *Stretches your brain and swells your heart with every page . . . if anyone wishes to understand what Courtney Love has had to go through, this is definitely recommended* - Caitlin Moran; *The women in this book don't just talk about it, they do it. The voices are as diverse and difficult, as weird as wonderful as they are on stage. Listen carefully however and you will hear that this is not simply about rock 'n' roll, it is about a culture adjusting itself to female power. Listen carefully and it will take you higher* - Suzanne Moore.

Amy Raphael is a British writer and critic who has worked for *The Face*, *Esquire*, *Elle*, *NME*, *Rolling Stone* and all the British broadsheets. Her books include *Danny Boyle in Conversation with Amy Raphael* and *Mike Leigh on Mike Leigh*. She co-wrote *Easily Distracted*, Steve Coogan's autobiography, and worked with David Hare on his memoir, *The Blue Touch Paper*. She lives in Brighton with her daughter.



**RECORD PLAY PAUSE: CONFESSIONS OF A POST-PUNK PERCUSSIONIST: VOLUME 1** by **Stephen Morris**

Memoir | Constable | 416pp | May 2019

***Joy Division became the favourite for a new name. We decided to try it out on people and see how it went down. In Macclesfield, predictably, it didn't go down too well***

*'Sounds like the fuckin' Salvation Army or sommatt' was the man-in-the-pub's response, and I suppose he did have a point. But after a while whatever you call yourself, however silly it sounds at first, does take on another meaning. Once it gets tangled up with how you look and the music that you play, it becomes part of your image, but we didn't think of implications of that . . .*

Before he was responsible for some of the most iconic drumming in popular music, Stephen Morris grew up in 1960s and '70s industrial Macclesfield, on a quiet road that led seemingly to nowhere. Far removed from the bright lights and manic energy of nearby Manchester, he felt stifled by suburbia and feared he might never escape. Then he joined Joy Division - while they were still known as Warsaw - a pioneer of

the rousing post-punk sound that would revolutionise twentieth-century rock. Following two landmark albums and widespread critical acclaim, Joy Division were at the height of their powers and poised to break the US, when lead singer, Ian Curtis, committed suicide.

Part memoir, part scrapbook and part aural history: Stephen Morris's innate sense of rhythm and verve pulses through *Record Play Pause*. From recollections of growing up in the North West to the founding of New Order, Morris never strays far from the music. And by turns profound and wry, this book subverts the mythology of and allows us to understand music's power to define who we are and what we become.

Stephen Morris has been a consistent fixture in New Order since 1980. The band's long career has included multiple world tours and headlining appearances at festivals, as well as a performance at the closing concert for the 2012 Olympics. Outside of New Order, Morris has released albums and television soundtracks with his wife Gillian Gilbert under the name The Other Two, and has contributed in the studio and on tour to Bernard Sumner's project Bad Lieutenant. He is also well known for owning a collection of tanks, which he drives near his home.

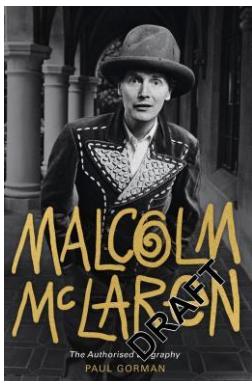
### \* **GOOD TIMES by Norman Jay**

Autobiography | Dialogue Books | 400pp | October 2019

#### **The autobiography of legendary DJ and musical pioneer, Norman Jay**

GOOD TIMES is the enthralling story of a black kid growing up in a (largely white) working class world; of vivid, often violent experiences on the football terraces; of the emerging club scene growing out of a melting pot of styles, looks and influences; of how Jay, with his contemporaries, took the music of Black America, gave it a distinctly London twist, and used the marriage of styles to forge hugely successful career as a trailblazing DJ and broadcaster, becoming an inspiration to a whole generation of dance music fans, black and white. Along the eventful way are tales of adventures up and down the country of Northern Soul nights, warehouse parties, and illegal raves; of sound systems, the good and bad times of the Notting Hill carnival, the heady days of pirate radio, Rare Groove and the burgeoning British dance music scene; of how Jay became a central, formative figure within this vibrant milieu as it evolved from a tight-knit underground community to the global, hugely successful industry it is today. With major themes of race, class, ambition, and glamorous success, set against the backdrop of a great social change, GOOD TIMES is the story of a man who has lived his life on his own terms, helping to define a new British culture.

Co-founder of the legendary Good Times Sound System and London dance music station KISS FM, Jay fostered the 'Rare Groove' scene pushing the boundaries of the UK's emerging club culture. He has been awarded an MBE for services to deejaying and music. He is currently taking his legendary Good Times parties to selected venues around the UK, continuing to convert generations of clubbers to the cause, championing new sounds, yet never forgetting his musical roots, guaranteeing nothing but 'Good Times'.



### **MALCOLM McLAREN: THE AUTHORISED BIOGRAPHY by Paul Gorman**

Biography | Constable | 448pp | 3x 8pp plate sections | April 2020

#### **The authorised biography of the figurehead of the punk movement**

This is the authorised biography of Malcolm McLaren, cultural iconoclast and enduring figurehead of the punk movement, perhaps most notoriously known as creator of the Sex Pistols. Paul Gorman has unparalleled access to McLaren's inner circle, and the book will feature contributions from Steven Spielberg, Quentin Tarantino, Marc Jacobs, David Bailey, Boy George, Johnny Rotten, Chrissie Hynde and Dame Vivienne Westwood. The book will include an introduction by Alan Moore, and a foreword by Steven Spielberg.

Paul Gorman is a writer specialising in visual culture. His books include *Straight With Boy George*; *The*



*Look: Adventures In Rock & Pop Fashion* (foreword by Malcolm McLaren; introduction Sir Paul Smith); *Reasons To Be Cheerful* (introduction Billy Bragg); and *Legacy: The Story of The Face*

## **WELCOME TO THE JUNGLE: TRUE TALES FROM THE SUNSET STRIP by Mick Wall**

Autobiography | Constable | 416pp | 16pp b/w & colour plate | March 2020

**This is the blood-spattered, coke-smeared, dollar-rolled story of L.A. rock between 1978 and 1991**

WELCOME TO THE JUNGLE takes readers through that special, impossible-to-repeat time between the hot sleepless nights of old-timey L.A. vampires like Fleetwood Mac and the Eagles, and new die-young dicks on the block like Guns N' Roses, Mötley Crüe, Van Halen, Poison. Meet the bad-to-the-bone men behind the scenes, the super-shrewd women that prospered from them, the hangers and bangers, the street dealers and mud wrestlers. Get connected to what life after life was like on the Hollyweird streets of L.A. in the days when "fun was still fun," as Van Halen singer 'Diamond' Dave Lee Roth puts it.

This is not a book about a particular band or artist or record or show, though they are all in here. This book isn't even really about L.A. It's about a state of mind, a space-in-time, as metaphorical as it is geographical, as chaotically real as it is frighteningly unreal, all of it displayed like the grinning fake-diamond death-heads on the crooked back of a heavy-shouldered white-leather jacket.

Mick Wall is a music journalist, author and radio and TV presenter. He has been described as 'the world's leading rock and metal writer.'

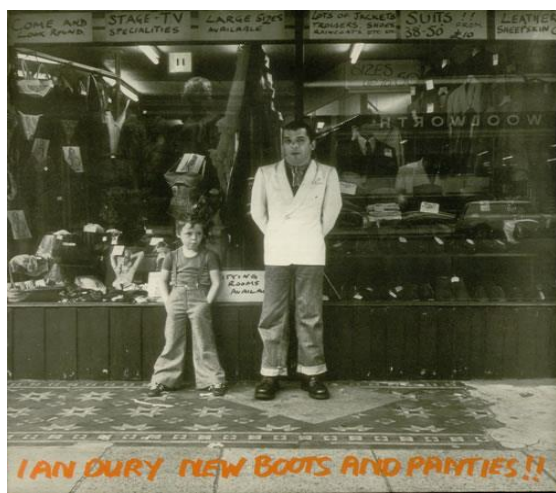
## **John Grant's untitled autobiography: John Grant with Fiona Sturges**

Autobiography | Little, Brown | 352pp | October 2020

**Grant's story is about family, alienation, masculinity, self-destruction, survival, the creative spirit – his voice on the page is just as unique and intimate as his music**

In the past seven years John Grant has risen to become a hugely acclaimed singer-songwriter. His musical career started in the mid 90s when he and four other musicians formed the alternative, Denver-based rock band The Czars, and released six albums, while Grant struggled with drug and alcohol addictions. His last two LPs reached the Top Ten in the album charts and topped the end-of-year critics' lists in national newspapers and leading music magazines. He has been nominated for a Brit and a Q Award, won Attitude's Man of the Year award, and has sold out The Roundhouse, Hammersmith Apollo, Royal Albert Hall and Royal Festival Hall, some of them several times over. *Mojo* named his first album, *Queen of Denmark*, 'an Instant Classic' (only the second time they've ever done that) and it was their album of the year in 2010. He has followed up with two further critically acclaimed studio albums and a live album with the BBC Philharmonic. He was *Rough Trade's* top-selling artist.

Grant has collaborated with Elton John, Kylie Minogue, Sinéad O'Connor, Robbie Williams, Tracey Thorn, Allison Goldfrapp, Amanda Palmer, the BBC Philharmonic and the Northern Royal Sinfonia, and is a regular stand-in presenter on BBC6 Music. In 2016 he made a programme for Radio 4 about his adopted home of Reykjavik. The filmmaker Daisy Asquith is currently making a documentary about Grant, which is due to debut at the London Film Festival this autumn. His fourth album was released in 2018.



## **\* BAXTER DURY UNTITLED MEMOIR by Baxter Dury**

Memoir | Corsair | 288pp | August 2020

**This memoir is a coming of age story like no other**

When punk rock star Ian Dury disappeared to make films in the late eighties, he left his twelve-year-old son in the



care of his roadie in a damp run down flat in Chiswick. But this was no ordinary rock and roll tour roadie; this was the Sulphate Strangler. The Strangler, having taken a load of LSD in the 60s, was prone to depression, anger and hallucinations. He'd then gone on to gain notoriety in the 70s by working with Led Zeppelin - he undoubtedly presented a complex personality for a boy of twelve to grasp. Baxter's story is of these formative years and the extraordinary relationship that developed between the two, in a bohemia and time that we can all but imagine now.

Told in the uncompromising tone found in Dury's lyrics and filled with a brutal starkness that will draw comparisons to Viv Albertine's *Clothes, Clothes, Clothes, Boys, Boys, Boys*, this book will be one the most talked about publications of 2020.

*The Guardian* said of Baxter Dury's last album, *Prince of Tears*, *The songs are so good, the author's parentage scarcely seems to matter. Dury said of the record himself, The man singing and speaking it all is unreliable; he can't see the world properly. Its massively delusional, but because of that it's also emotionally true.* The period described in this book was the genesis of the talent we witness today.

### **\* ONE TWO ANOTHER: WRITING LYRICS: FROM THE CHARLATANS TO THE CHEMICAL BROTHERS AND BEYOND by Tim Burgess**

Memoir | Constable | 256pp | October 2020

**ONE TWO ANOTHER is a collection of the very best lyrics by lead singer of one of the defining bands of the '90s, The Charlatans, Tim Burgess, with added commentary and memoir, allowing an insight into a very idiosyncratic and creative song-writing process**

*That's the thing. I imagine almost everybody writes songs in different ways, but then again each person may use all the different ways to come up with the lyrics to a song. From lists to experiences and stories, there are no rules. A good song is a good song whoever writes it and however the writing happens. I only know what I do. In this here book I have collected some of the ideas and thoughts and words – Tim Burgess*

Praise for Tim Burgess: *Tim Burgess is a crusader and vinyl's epic voyager. He knows why pop's art, a culture and a cure. Learn and listen. He knows good things* - Johnny Marr

ONE TWO ANOTHER will be a beautifully designed special edition at £75.

### **FUNK IS ITS OWN REWARD: FROM RHYTHM & BLUES TO HIP HOP by Lloyd Bradley**

Music | Constable | 480pp | 16pp b/w & colour picture section | March 2020

**The story of Funk is spectacular, silly, sexy, militant, profligate, pioneering, disciplined, improvisational, imaginative and never ever boring. A bit like the music itself**

Second to Jazz, Funk is black America's most significant and recognisable cultural invention. It remains hugely popular in the UK and Europe, Australia and Japan. Like Jamaica's reggae, it put a people's freedom of expression squarely into popular culture. Like reggae, it accelerated an internally driven cultural modernisation. Like reggae, it is inseparable from the environment and socio-political situations from which it came. And like reggae, Funk deserves to be explored, contextualised and celebrated in its own big book. FUNK IS ITS OWN REWARD will be *Bass Culture* for black music of the 1970s, telling its stories, its triumphs and excesses as an adventure in music and attitude. Like *Easy Riders, Raging Bulls*, it will be an intimate portrait of a moment in time that changed things forever.

Lloyd Bradley is the author of *Sounds Like London: 100 Years of Black Music in the Capital*, which was published last year to wide acclaim. It was a Radio 4 Book of the Week and a *Financial Times*, *NME* and *Daily Telegraph* Music Book of the Year.

**\* HOW TO BE UNREASONABLY SUCCESSFUL by Richard Koch**

Management | Constable | 336pp | August 2020

**The bestselling author of THE 80/20 PRINCIPLE maps out the ten secrets to success in any field, using a cast of illustrious characters past and present as case studies**

In HOW TO BE UNREASONABLY SUCCESSFUL, Richard Koch unfurls the secret map to success. Using case studies from hugely influential figures past and present, as well as examples from his career as a management consultant, investor and entrepreneur, Koch reveals the ten landmarks consistent in the life stories of each of his subjects. In each chapter, Koch will describe the key ingredient for success and how his illustrious cast of characters came to utilise it on their own path to greatness. He explains how the reader can learn from his own experiences, as well as that of figures as varied as Oprah Winfrey, Winston Churchill, Madonna, Paul of Tarsus and Helena Rubinstein.

Landmarks on the secret map include self-belief; olympian expectations; transformative experiences; signature skill; making your own trail; finding your vehicle; thriving on setbacks; developing intuition and risking short-cuts; imagination; distorting reality.

Richard Koch is a millionaire entrepreneur who has started or turned round a number of successful companies, including Belgo Restaurants, Filofax and Zoffany Hotels. He is also the author of thirteen highly acclaimed non-fiction books which have variously been translated into fourteen languages.

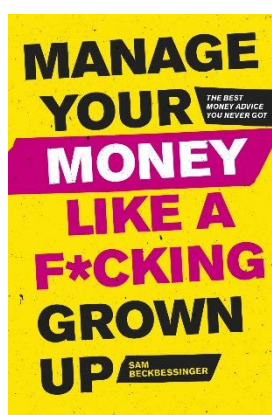
**\* THE MODERN SHEPHERD: LIFE LESSONS FROM THE DESERT by AlBaraa H Taibah**

Memoir | Constable | 165pp | July 2019

**THE MODERN SHEPHERD is a journal of personal discovery and a leadership textbook unlike any other**

‘There is no prophet who has not tended sheep’. So goes a famous phrase in Islamic scripture, words that had long intrigued young MBA student AlBaraa Taibah. How does shepherding awaken one's wisdom? Empower one's leadership skills? Build one's character? Why was shepherding the starting point for great leaders like Mohammed, Moses and Abraham? There must be a reason, and there must be lessons to be learnt, he reasoned. He made the decision to become a shepherd, therefore, to spend ten days alone with a herd of sheep in the Sahara Desert, attempting to learn what the scripture was talking about. Confronting the dangers of desert snakes, getting hopelessly lost in the dunes, and suffering from dehydration, on the first day he asks himself, 'Why didn't I just take that leadership course back in Boston?' What transpires is an adventure, a journey into consciousness, that is as poetic and funny as it is profound. Learn and laugh with the modern shepherd as he acquires the secret of being an effective leader from a stubborn flock of sheep.

AlBaraa H. Taibah has a degree in Architecture Engineering from King Fahd University in Saudi Arabia, and later gained a Masters in Education Leadership at Daniels College of Business at the University of Denver. An influential communicator and innovative entrepreneur, AlBaraa is a TEDx speaker and author who believes in the importance of education for national growth. He is a successful education leader with ten years of experience in multi-national societies, educational institutions, nonprofit organisations and entrepreneurial start-ups.



**\* MANAGE YOUR MONEY LIKE A F\*CKING GROWN UP: THE BEST MONEY ADVICE YOU NEVER GOT by Sam Beckbessinger**

Humour & Finance | Robinson | 256pp | April 2019

## Self-confessed money dork, Sam Beckbessinger, tells it to you straight: how to take control of your money to take control of your life

We never get an instruction manual about how money works. Most of what we learn about it comes from advertising or from other people who know as little as we do. No wonder we make such basic mistakes. No wonder we feel scared. No wonder so many of us just decide to stick our heads in the damn sand and never deal with it. In *MANAGE YOUR MONEY LIKE A F\*CKING GROWN UP*, Beckbessinger tells it to you straight: take control of your money and take control of your life.

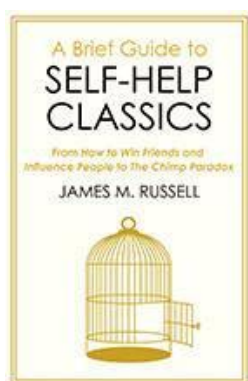
In this clear and engaging basic guide to managing your finances, you will learn:

- How to trick your dumb brain into saving more, without giving up fun
- How to make a bona fide grownup budget
- Why you need to forget what you've learned about credit
- How to negotiate a raise
- Why buying a house (probably) won't make you rich
- The one super-simple investment you need

With helpful exercises, informative illustrations (also: kittens) and straightforward advice, this book doesn't shy away from the psychology of money, and is empowering, humorous and helpful. The book you wish you'd had at twenty-five, but is never too late to read.

Sam Beckbessinger is a writer and fintech entrepreneur who has spent most of the past ten years creating tools to help people manage their money better. She lives in Cape Town, South Africa.

## Personal development, self-help



**A BRIEF GUIDE TO SELF-HELP CLASSICS by James M. Russell**  
Self-Help | Robinson | 272pp | January 2019

### An entertaining guide to seventy classic self-help texts

From Dale Carnegie's *How to Win Friends and Influence People*, published in 1936 (over thirty million copies sold), to the mind management programme of Professor Steve Peters' *The Chimp Paradox*, this is a concise and insightful guide to seventy of the most influential self-help books ever published. *A BRIEF GUIDE TO SELF-HELP CLASSICS* is an entertaining companion, for readers of self-help books as well as sceptics. The titles include classics on achieving success, confidence and happiness, mindfulness, how to change your life, self-control, overcoming anxiety and stress relief. The chronological arrangement of the titles reveals the intriguing story of how early self-improvement titles were succeeded by increasingly personality-based, materialistic titles and shows how breakout classics often influenced other titles for decades to come. Each book is summarised to convey a brief idea of what it has to offer the interested reader, while a 'Speed Read' for each book delivers a quick sense of what each writer is like to read and a highly compressed summary of the main points of the book in question. This is a work of reference to dip into, that acknowledges that some of the most powerful insights into ourselves can be found in texts that aren't perceived as being 'self-help' books, and that wisdom and consolation can be found in the strangest places.

James M. Russell has a philosophy degree from Cambridge, a post-graduate qualification in critical

theory. He currently works as director of a media-related business. He is the author of BRIEF GUIDES TO PHILOSOPHICAL CLASSICS, SPIRITUAL CLASSICS and, most recently, BUSINESS CLASSIC.

**\* HOW TO LIVE WELL WITH DIABETES: A COMPREHENSIVE GUIDE TO TAKING CONTROL OF YOUR LIFE WITH DIABETES by Dr. Val Wilson**

Health | Robinson | 320pp | August 2019

**An essential guide to living well with diabetes, written by an expert who has lived with the condition for more than four decades**

This is a comprehensive self-help guide for people with the condition, for the newly diagnosed as well as the old hands. This book has been written to help you understand your diagnosis so you can manage and live well with your diabetes for as long as possible. Every aspect of your life with diabetes is covered - from diet, sex and exercise to mood changes, managing blood glucose levels and physical complications arising from the condition, with important words in italics, which appear in the glossary at the end of the book accompanied by a more detailed explanation. Case studies show other people's experiences of diabetes-related issues that you might also be dealing with.

Around seven hundred people *every day* are diagnosed with diabetes - one every two minutes. This is the only book they need to help self-manage the condition.

Dr Val Wilson holds a PhD in Health Education from the University of Kent. Her thesis concerned effective self-management of diabetes. She also holds an MSc in Health Education and Health Promotion from Canterbury Christ Church University. Dr Wilson has published widely in nursing and healthcare journals. She has had Type 1 diabetes for forty-one years.

**\* A CALM CHRISTMAS AND A HAPPY NEW YEAR by Beth Kempton**

Self-Help | Piatkus | 240pp | October 2019

**A soulful mix of personal reflections with a hint of festive magic, practical advice, seasonal explorations and original exercise**

Beth Kempton is the author of WABI SABI. She has an MA in Japanese and has spent many years living and working in Japan, which she considers her second home. Over the years she has studied papermaking, flower arranging, pottery, noren-making, calligraphy, the tea ceremony, and weaving in Japan. Named a 'Rising Star' by Spirit & Destiny Magazine, Beth was also nominated as Kindred Spirit Magazine Mind Body Spirit Blogger of the Year 2017. Her blog was recently named one of the Best Happiness Blogs on the Planet. She is the author of *Freedom Seeker: Live more. Worry less. Do what you love* (Hay House, 2017), and WABI SABI (Piatkus, 2018).

**\* THE LITTLE BOOK OF TIME by Tiddy Rowan**

Self-Help | Piatkus | 224pp | November 2019

**Insights and guidance on how to rediscover our true priorities, rhythm and real needs in life**

The book will reward readers of life-style quests and who seek a better, richer, slower, more fulfilling way of life. It is for anyone who has ever pondered the paradoxes of time and for anyone who is interested in looking at their world from a fresh perspective. Whether the reader wants the encouragement to take time out on a life-scale: a year off following a dream, change of life-style



completely - or simply adjusting life to accommodate a time-table that suits them, this book will have plenty of suggestions and tips.

Tiddy Rowan practised meditation for the first time in 1971 and has been a student ever since. She has a lifelong interest in mind development and the ancient wisdom of teachers such as Lao Tzu, Buddha and Thich Nhat Hanh. She is the author of *The Little Book of Mindfulness*, *The Little Book of Quiet*, *Colour Yourself Calm* and *THE LITTLE BOOK OF PEACE* (Piatkus, 2016).

### **\*HOW TO WRITE SHORT STORIES AND GET THEM PUBLISHED: A COMPREHENSIVE GUIDE TO WRITING SHORT FICTION by Ashley Lister**

How-to-Guide | Robinson | 288pp | December 2019

#### **The definitive, indispensable guide to writing quality short stories and getting them published**

This essential guide to writing short fiction takes the aspiring writer from their initial idea through to potential outlets for publication and pitching proposals to publishers. Along the journey this guide considers the most important aspects of creative writing, such as character, plot, point of view, description and dialogue. All of these areas are illustrated with examples of classic fiction, and accompanied by exercises that will help every writer hone their natural skill and talent into the ability to craft compelling short stories.

Ashley Lister is the author of more than fifty full-length titles and countless short stories. His work has been published in a variety of national magazines, celebrated anthologies and academic journals. He has lectured in Creative Writing for more than a decade, writing and running a broad range of courses. He recently completed his PhD in Creative Writing where his thesis considers the relationship between plot and genre in short fiction.

### **\* BE EXTRAORDINARY: 7 KEY SKILLS TO TRANSFORM YOUR LIFE by Jennifer Wild**

Popular Psychology | Robinson | 256pp | January 2020

#### **Combines real-life stories of overcoming adversity/trauma with practical lessons on how to be resilient and achieve extraordinary things in your own life**

Some people can get over anything. Doctors diagnose them with a rare form of cancer and they recover. They help someone in distress, are viciously attacked and blinded, yet pull through to start a successful business improving other people's lives. Their stories feed our curiosity about the transformational journeys of other people's lives. Yet we are often left wondering how they did it and how we could achieve our own success. Knowing how people in difficult circumstances transition from ordinary to extraordinary gives us the knowledge to transform our own lives without first suffering trauma. *BE EXTRAORDINARY* is the result of years of experience working with people who do and do not bounce back from adversity.

Dr Wild reveals the seven processes that make up *BE EXTRAORDINARY* and gives inspiring real-life examples of how ordinary people have used them to come through astonishing adversity.

Dr Jennifer Wild is a consultant clinical psychologist and senior research fellow at the University of Oxford. She is an international expert in how to overcome posttraumatic stress disorder (PTSD), the crippling stress reaction that afflicts soldiers and other survivors of horrific events, such as mining disasters, car crashes, and the sudden death of loved ones. She has worked with hundreds of people over the last twenty years to overcome PTSD to create a life that matches their dreams rather than their fears. In her twenty years of practice, she has noticed something remarkable.

**\* SUPER-WOMEN: SUPERHERO THERAPY FOR WOMEN BATTLING DEPRESSION, ANXIETY AND TRAUMA by Janina Scarlet**

Self-Help | Robinson | 208pp | March 2020

**A Superhero therapy workbook for women**

Janina Scarlet is a licensed clinical psychologist in San Diego, and is the pioneering creator of 'superhero therapy', an approach to therapy that uses the principles of Acceptance and Commitment Therapy (ACT) but also embraces examples from geek culture and encourages you to find your inner superhero. After her innovative books, *SUPERHERO THERAPY* and *THERAPY QUEST*, this new volume is her first true workbook and has a timely focus on helping women battle with depression, anxiety, trauma, chronic pain, gender discrimination or sexual assault.

Dr Scarlet received training in ACT by its creators Steve Hayes, Kelly Wilson and Kirk Strosahl. She has been featured on the BBC, CBS, MTV News, CW, *Huffington Post* and others. She is frequently invited to speak at pop culture conferences, including the San Diego Comic Con, London Comic Con and others, and has been providing training and consulting internationally. She has also contributed to the following books: *Star Wars Psychology*, *Walking Dead Psychology*, *Captain America vs. Iron Man Psychology*, *Game of Thrones Psychology*, *Star Trek Psychology* and *Doctor Who Psychology*

## Pregnancy, parenting, families



**INTUITIVE PARENTING: HOW TO TUNE IN TO YOUR INNATE WISDOM by Jennifer Day**

Parenting | Robinson | 160pp | July 2019

**Practical, science-backed information to cut through the myriad of parenting information and tune in to what's most important**

Parents today are inundated with information and expert advice, often contradictory and invariably overwhelming. This results in anxiety, insecurity and stressed parenting that inevitably drives wedges between parents and children instead of the much-needed connection. This book offers swift, practical and to-the-point information to help you reconnect with your innate wisdom, giving you the confidence to trust your own parenting intuition.

Learn what gets in the way of connecting to your intuition and how to eliminate it; discover the key -and underused - ingredient to your own parenting blueprint; learn the three levels of influence you have on your child and how (and why) to align them; discover the one simple tool to managing your stress - so easy your child can do it too; learn how to give unspoken support and how to practice true listening. The practical everyday applications this book offers will reduce your anxiety and help you to connect and be fully present with your child, improving relationships for you both.

Jennifer Day is the best-selling author of *Creative Visualization with Children: A Practical Guide*, and *Children Believe Everything You Say*, as well as other books. She spent nine years studying alternative

approaches to the mastering of emotions and stress on both sides of the Atlantic. The resulting Applied Emotional Mastery® (a practical methodology for managing stress in parents and children and building emotional and social intelligence) has been the subject of studies internationally and has been coached and taught to thousands of individuals, executives, physicians, students, teachers and parents in the US and the UK.



### **THE ORGANISED MUM METHOD: TRANSFORM YOUR HOME IN 30 MINUTES A DAY by Gemma Bray**

Parenting | Piatkus | 288pp | September 2019

**THE ORGANISED MUM METHOD is the housekeeping bible that will completely revolutionise your home**

Say goodbye to mess, clutter and weekends spent tidying and cleaning! Gemma Bray (a.k.a The Organised Mum) is a firm believer that there is more to life than housework, and over the last decade she has perfected The Organised Mum Method (TOMM).\* TOMM is a structured, manageable and ultra-efficient cleaning routine that ensures all areas of the home are taken care of, as well as time-saving recipes that can be prepared in seconds. It's easy to follow, effective and ensures that everything gets done in just thirty minutes a day, Monday to Friday...and you get weekends off! Bray also shares her speedy recipes that will focus on slow-cooked dishes that can be prepared in a flash. Moving away from traditional stews and casseroles, she shares family-friendly recipes such as the hugely popular 'fakeaway' doner kebab, chipotle pulled pork and the ultimate vegetable korma. Her method shows you how to get housework done fast so you can concentrate on getting on with the fun stuff -- get ready to rock the housework!

Gemma Bray founded The Organised Mum Method (TOMM) eleven years ago when her first child was born. Fed up with the housework getting out of control, she created a cleaning routine and stuck it on the fridge. TOMM was born! In January 2017 Gemma put it all down in a blog and shared TOMM with her readers. The response has been phenomenal. A firm believer that there is more to life than housework, she shares everything from delicious slow cooker recipes to housekeeping hacks



### **HEARTFELT PARENTING: HOW TO RAISE EMOTIONALLY BALANCED AND RESILIENT CHILDREN USING THE NEUROSCIENCE OF CONNECTION by Shelly Chauhan**

Parenting | Robinson | 224pp | March 2020

**This book will show you how to nurture your child's brain for life-long emotional resilience, authenticity and well-being**

Drawing on current powerful neuroscience, this book equips you with a deep insight into how your interconnected brain, mind and body shapes your capacity for heartfelt connection, emotional regulation and compassion, and the compelling influence this has on your child's developing mind. We know, based on established brain science, that children develop well in the care of parents who can regulate and express their own emotions effectively, who are present and attentive rather than in 'autopilot' mode, and who show warmth, empathy and compassion along with the requisite level of authority towards them. But in this age of relentless mental overload, busy schedules and constant stimulation, many parents know how difficult it can be to exude the sense of openness, warmth and connection that children need to develop well. The last thing parents need is yet more prescriptive advice about what you should and shouldn't think, do or say as a parent, so this this book helps you understand, in a tangible way, how to feel relaxed, open and compassionate when you are around your children. This is a vital ingredient in parenting, because this feeling state, involving your brain, nervous system, heart, facial expressions and voice, deeply calms your children, enables them to listen to you and respect your rules, and nourishes their brains for life-long resilience, empathy, self-acceptance and authenticity.

Since completing her MSc in 2003, Chauhan has worked as a consultant occupational psychologist with VWA Consulting in London. Her work includes coaching and developing individuals on overcoming

psychological and emotional barriers. She is a regular contributor to *Psychologies* magazine.

## **WHAT MOTHERS LEARN: FROM THE EXPERIENCE OF HAVING CHILDREN by Naomi Stadlen**

Parenting | Piatkus | 288pp | April 2020

### **The follow-up to WHAT MOTHERS DO and HOW MOTHERS LOVE**

In her new book, Naomi Stadlen addresses current political and social issues surrounding motherhood such as the widespread and usually covert social prejudice against mothers; whether being a mother is only a matter of menial tasks or whether it counts as intelligent work; whether mothering is detrimental to a woman's mental health; whether mothers damage their children when they have outburst of anger; whether a mother can call herself a feminist; how women develop their potential as mothers.

Praise for Naomi Stadlen's WHAT MOTHERS DO: *Brilliant insightful* – the *Guardian*; *The best parenting book you've never heard of* – the *Guardian*; *Naomi Stadlen's books are insightful, helpful and delightfully referenced. It is an inspiring reminder that much is to be learnt when you listen* – Edwina Hoffmann.

Naomi Stadlen has unique experience of listening to mothers. For over twenty years, she has run a weekly discussion group - Mothers Talking - which meets at the Active Birth Centre in London. She is a qualified psychotherapist and also a mother and grandmother. Stadlen has been variously published in Korean, Romanian, Hebrew, Spanish, simplified Chinese, Italian, Japanese, German, Greek and in the USA.

## **\* THE ZEN MAMA by Sarah Ivens**

Parenting | Piatkus | 240pp | March 2020

### **Your no-guilt guide to raising brave, kind children**

THE ZEN MAMA is a guide to letting go of parenting expectations and fears to raise courageous, confident kids through free-range parenting. It outlines a way of life to create a chilled parent and a relaxed and contented child. THE ZEN MAMA philosophy is that mother and child complement each other in adventures and experiences, always putting safety first but without getting caught up in the anxieties, drama, impossible expectations and mental baggage that too often comes along with modern parenting in this social media and judgemental age. Learning to become a Zen Mama will help you grow and nurture a Zen Kid - a child who isn't afraid to be different, who can stand up for himself or his friends, and can travel the world and experiment with new things without being overwhelmed with self-doubt or being scared.

Sarah Ivens is the Editor of OK! Magazine in New York. She has also written for *Marie Claire*, *Tatler*, *Woman's Journal*, *Daily Mail*, *Mail on Sunday*, *News of the World* and *GQ*. She is the author of the bestselling MODERN GIRL'S GUIDE TO GETTING HITCHED.