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JOHN MURRAY
LEARNING

Translation

Rights List

Spring 2019

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John Murray Learning & Nicholas Brealey

Rights List

Spring 2019

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INTRODUCING SHELDON PRESS
THE NEW ACQUISITION BY JOHN MURRAY PRESS

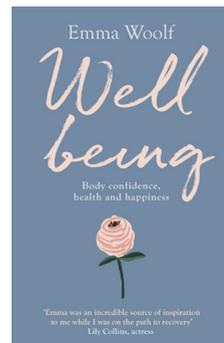
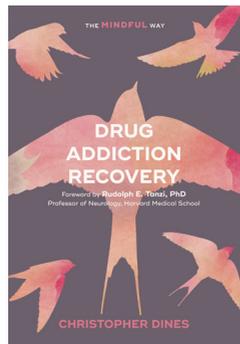
PRESS
sheldon

Sheldon Press is a leading publisher of self-help books designed to inform and empower readers to take control of their physical, mental, and emotional health. Now 25 years old and with over 150 titles in print, *Sheldon Press* covers the vast majority of mental and physical health issues faced by individuals in the developed world.

Sheldon Press books are written by well-informed practitioners, doctors, medical journalists and health-care professionals to provide reliable, balanced information about the causes, symptoms and treatment of a range of subjects from epilepsy to anger management.

The books are short – typically between 120 and 150 pages – and that's one of their major selling points. They help readers quickly understand and learn to cope with problems.

John Murray Press will be publishing 8 new Sheldon Press titles this year starting in March with *DRUG ADDICTION RECOVERY* and *WELLBEING* and running throughout the year.



John Murray Learning

UK Pub: August 2019

UK Editor: Jonathan Shipley

**Proposal Available
MS due March 2019**

**UNLOCKING THE EMPEROR'S
DOOR: SUCCESS, TRADITION AND
INNOVATION IN CHINA**
Christopher Sheedy

The compelling story of one man, one company and one country.

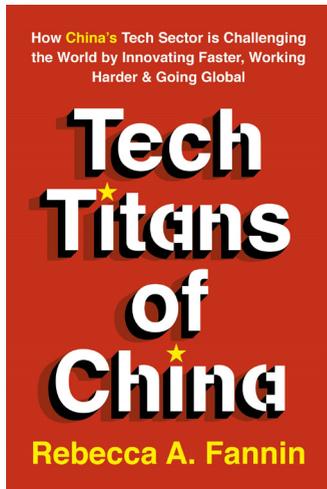
If you are interacting with Chinese businesses, doing business in China, wanting to understand more about China, or simply wanting to see what can be achieved through passion, commitment, and integrity, this is the book for you. *Unlocking the Emperor's Door* documents the successes and failures of a man who has been at the heart of Chinese innovation for decades, told through the eyes of a Western business expert uniquely immersed in a culture that was once foreign to him.

Demonstrating the impact of personal vision and persistence, a focus on driving business opportunities and a no-retreat philosophy, you will meet Li Jinyuan, the founder and Chairman of Tiens Group – known locally as Tianshi – and uncover his story of success, gain profound insight into a people and and better understand the nation which is driving the World economy.

Set against the stunning and surreal backdrop of modern China, this rags to riches tale of triumph over tragedy, restless adaptation and individual courage in a complex system reveals truths about business in China which are vitally relevant today and will be essential tomorrow.

About the Author:

Christopher Sheedy is a writer and journalist who has worked in the US, Europe and Asia for brands as varied as Guinness World Records, GQ, McDonald's, Virgin Australia, American Institute of CPAs, Westpac Bank, Salesforce, Volvo, Fairfax Media and more.



Nicholas Brealey

UK Pub: September 2019

UK Editor: Alison Hankey

MS due April 2019

TECH TITANS OF CHINA: How China's Tech Sector is Challenging the World by Innovating Faster, Working Harder, & Going Global

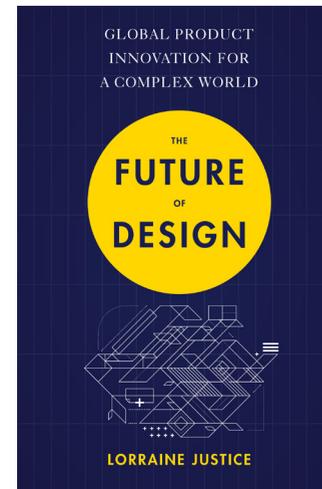
Rebecca Fannin

The rise of China's tech companies and intense competition from the sector is just beginning. This will present an ongoing management and strategy challenge for companies for many years to come. *Tech Titans of China* is the go-to-guide for companies (and those interested in competition from China) seeking to understand China's grand tech ambitions, who the players are and what their strategy is. Fannin, an expert on China, is an internationally-recognized journalist, author and speaker. She hosts 12 live events annually for business leaders, venture capitalists, start-up founders, and others impacted by or interested in cashing in on the Chinese tech industry. In this illuminating book, she provides readers with the ammunition they need to prepare and compete.

Featuring detailed profiles of the Chinese tech companies making waves, the tech sectors that matter most in China's grab for super power status, and predictions for China's tech dominance in just 10 years.

About the Author:

Rebecca Fannin is a leading expert on global innovation and founder of Silicon Dragon Ventures, a media and events platform. She also hosts 12 paid ticket events annually in 10 innovation hubs globally: San Francisco, New York, Los Angeles, Hong Kong, Beijing, Shanghai, Taipei, Sydney, Tel Aviv and London. She was one of the first American journalists to write about China's entrepreneurial boom, reporting from Beijing, Shanghai and Hong Kong. In addition to contributing to Harvard Business Review, Fast Company and Inc., Rebecca pens a weekly column for Forbes, and is a special correspondent for CNBC.com.



Nicholas Brealey

UK Pub: June 2019

UK Editor: Alison Hankey

PDF Available

THE FUTURE OF DESIGN

Lorraine Justice

A design guru illuminates 10 specific, global factors that directly affect product innovation and design and how you can use them to thrive

Creating a successful global product is complex. Why do some products survive or become reinvented? What makes a product loved by some and despised by others? What key issues were present when some of the most notable inventions and product designs occurred?

Through interviews with successful product designers and inventors from around the world, and case studies of products from their local inception to their global success, *The Future of Design* will answer these important questions and provide a robust framework for activating innovative thinking that goes beyond Western approaches to creativity and innovation.

About the Author:

Lorraine Justice is Professor of Industrial Design and the former Dean of the College of Imaging Arts and Sciences at the Rochester Institute of Technology (RIT). She is a Fellow of the Industrial Designers' Society of America (IDSA) and was named one of the top 40 designers to watch by ID Magazine. She was also named one of the top 50 in product design in 2016. She serves on six editorial boards for Design Journals around the world and as an advisor to global design institutions.

Justice is also a consultant to multinational corporations such as Apple, Microsoft, IBM, Compuser, Lutron, Proctor and Gamble, Levi's and NCR. She is also the Director of the East West Center for Design Research, with centres in China and Italy. In addition, she will be engaged in design education in India, China and the US, bringing the latest technologies such as artificial intelligence (AI), virtual reality (VR) and augmented reality (AR) to the curriculum of design universities.



Nicholas Brealey

UK Pub: September 2019

UK Editor: Holly Bennion

MS due May 2019

THE AI ECONOMY: Work, Wealth and Welfare in the Age of the Robot **Roger Bootle**

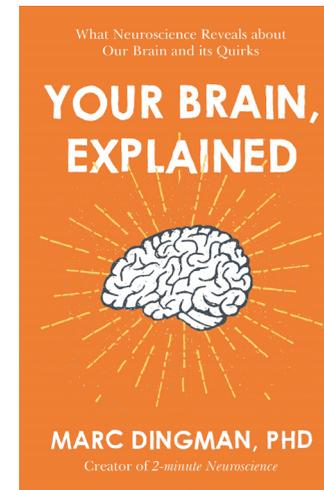
Understand the way in which AI and robots will change the world and the way we live in it.

Extraordinary innovations in technology promise to transform the world, but how realistic is the claim that AI will change our lives? In this much needed book the acclaimed economist Roger Bootle responds to the fascinating economic questions posed by the age of the robot, steering a path away from tech jargon and alarmism towards a rational explanation of the ways in which the AI revolution will affect us all. Tackling the implications of Artificial Intelligence on growth, productivity, inflation and the distribution of wealth and power, THE AI ECONOMY also examines coming changes to the way we educate, work and spend our leisure time.

A fundamentally optimistic view which will help you plan for changing times, this book explains AI and leads you towards a more certain future.

About the Author:

One of Britain's best-known economists, Roger Bootle runs Capital Economics, Europe's largest macroeconomics consultancy, which he founded. Roger appears frequently on television and radio and is also a regular columnist for The Daily Telegraph. In the Comment Awards 2012 he was named Economics Commentator of the year. He is the author of widely acclaimed books including - The Trouble with Markets, Money for Nothing and The Death of Inflation. Roger is also a Specialist Adviser to the House of Commons Treasury Committee. He was one of the previous Conservative government's 'Wise Men'. In July 2012, Roger and a team from Capital Economics won the prestigious Wolfson Economics Prize.



Nicholas Brealey

UK Pub: September 2019

UK Editor: Alison Hankey

MS due April 2019

YOUR BRAIN EXPLAINED: What Neuroscience Reveals about Our Brain and its Quirks **Marc Dingman, Ph.D**

A tour around your everyday brain functions, from language to sleep, what can disrupt them and how to protect them.

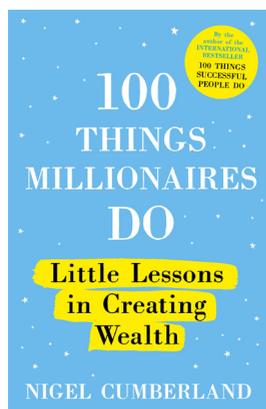
Sleep. Memory. Pleasure. Fear. Language. We experience these things almost every day, but how do our brains create them?

Your Brain, Explained is a personal tour around your gray matter. Neuroscientist Marc Dingman gives you a crash course in what goes on in your brain and explains the latest research on the brain functions (and malfunctions) that affect you on a daily basis.

Drawing on the author's popular YouTube series, 2-minute Neuroscience, this is a friendly, engaging introduction to the human brain and its quirks from the perspective of a neuroscientist - using eye-opening illustrations and real-life examples. Your brain is yours to discover.

About the Author:

Marc Dingman received his Ph.D. in neuroscience in 2013 from the Pennsylvania State University. Since then, he has been a faculty member in the Biobehavioral Health Department at the Pennsylvania State University, where teaches courses in neuroscience and the health sciences. He received the Teaching Excellence Award from the College of Health and Human Development in each of the past four years, the Health and Human Development Alumni Society Excellence in Teaching Award in 2017, and the Biobehavioral Health Outstanding Teaching Award in 2015.



John Murray Learning

UK Pub: October 2019

UK Editor: Iain Campbell

PDF Available

Rights Sold in Previous Title:

Arabic (All-Prints)
 Bengali (Priyo)
 Bulgaria (Obsidian)
 Burma (Seikkyu Cho Cho)
 Czech Republic (Albatros)
 Indonesia (PT Gramedia)
 Israel (Tchelet Books)
 Japan (Diamond)
 Korea (Hakwon)
 Marathi (Madhushree)
 Netherlands (Atlas Contact)
 Romania (Niculescu)
 Russia (Mann, Ivanov and Feber)
 Spain (Profit Editorial)
 Slovenia (Eastone Group)
 Taiwan (Donmay)
 Thailand (Se-Education Public)
 Turkey (Epsilon Yayincilik)
 Vietnam (Da Thu)
 Ukraine (KM Books)

100 THINGS MILLIONAIRES DO: Little Lessons in Creating Wealth Nigel Cumberland

DO YOU HAVE WHAT IT TAKES TO CREATE WEALTH FOR YOURSELF AND OTHERS?

100 THINGS MILLIONAIRES DO distills all the wisdom and knowledge of a lifetime of starting and selling businesses and coaching hundreds of wealthy leaders into 100 short chapters of advice on building and retaining sustainable wealth.

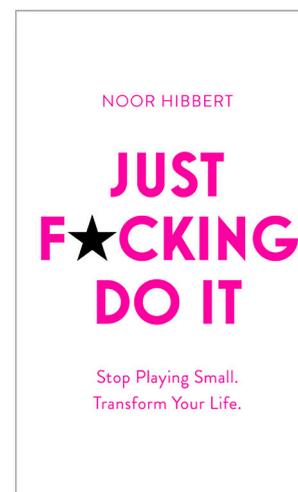
This is not a get rich quick book. Instead, Nigel explores the habits, tools, techniques and mentality of self-made millionaires and shows you how to begin your own journey to a wealthy future. Mixing simple instructions with activities to get you started, you will find mindsets, habits, and techniques here that will help you get the results you want.

100 THINGS MILLIONAIRES DO is packed with great ideas for creating long-term wealth and success for yourself and those you care about. You will discover the habits that are common to wealthy people and find out how to use them in your own life.

Every chapter features a new idea that will help you get closer to your goals. Mixing simple descriptions with activities and exercises, you will learn the optimal mindset and habits you need to succeed.

About the Author:

Nigel Cumberland is an award-winning global coach. He has coached and trained at some of the world's most prestigious organisations such as the United Nations, the World Bank Group, Standard Chartered Bank, Google, Dell, LVMH, Christian Dior, Continental AG and the Dubai Government. He is also one of the elite Marshall Goldsmith approved coaches and a member of Harvard Business Review's Advisory Council.



John Murray Learning

UK Pub: June 2019

UK Editor: Jonathan Shipley

PDF Available

Rights Sold:

Germany (Ariston Verlag)
 Netherlands (Harper Collins)

JUST F*CKING DO IT: Stop Playing Small. Transform Your Life. Noor Hibbert

Stop thinking small. Just put yourself out there, aim for the sky, and JFDI.

*JUST F*CKING DO IT* will take you on a mind-altering journey of self discovery and personal transformation using an approach which combines psychological rigour with spiritual power -helping you to become the best version of yourself and create a life of happiness and abundance.

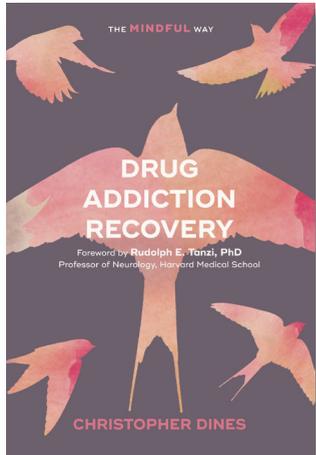
True personal development can be achieved only through changing how we think and the way we interact with the world around us. This book will demonstrate that alongside purposeful and practical steps to improve our life, we have the power to multiply our success and happiness ten times over by accessing the universal energy force that is available to each and every one of us.

*JUST F*CKING DO IT* describes a system that works and shines a light on a path to results which are phenomenal. Whatever obstacles are in your path, this book will show you how to stop thinking small, make those positive changes and live the life you deserve.

About the Author:

Noor Hibbert is an International Business, Executive & Strategic Intervention Coach, serial entrepreneur and mother. She has a degree in Psychology, a postgraduate qualification in Business Coaching, is a Certified Strategic Intervention coach with Tony Robbins's international training Institute, Robbins-Madanes Training, and is currently completing her Masters in Coaching. She has also been accepted on the elite Forbes Coaches Council.

She has created two 6-figure businesses in just two years, whilst raising two small children and embarking on a spiritual journey which has accelerated her success.



Sheldon Press

UK Pub: March 2019

UK Editor: Iain Campbell

Page Extent: 120pp

DRUG ADDICTION RECOVERY: The Mindful Way Christopher Dines

Effective mindfulness practices to help those healing from drug addiction

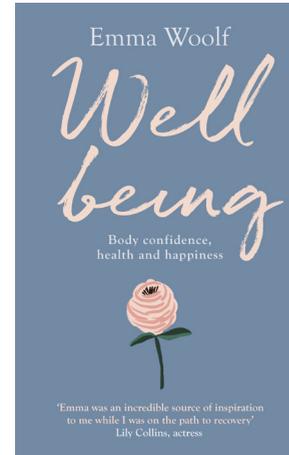
Healing from addiction can be an intensely painful process as decades of frozen grief are unpacked. This book is written to help recovering addicts to work through old wounds including bereavement, abandonment, betrayal, and abuse. It uses effective mindfulness practices to complement longterm recovery and to help process sometimes overwhelming feelings. Mindfulness is also recognised as a powerful tool in relapse prevention. Interspersed with personal reflections from the author's own experience, Drug Addiction Recovery suggests ways to come to terms with the past and to live peacefully in the present. Topics include:

- the nature of addiction
- associated addictive or dysfunctional behaviours
- why we need to grieve
- mindfulness and the brain
- coping with depression, shame and alienation
- guided meditations
- written and verbal exercises
- recovery stories

For those building emotional and spiritual wellbeing in recovery, CHRISTOPHER DINES offers ways to enhance self-respect, and points the path to serenity.

About the Author:

Born in London, Christopher Dines is a British mindfulness teacher and writer. Christopher came into recovery from drug addiction in 2004. He has published seven books and facilitated workshops, seminars, retreats, school talks and corporate events, assisting people to reduce stress and enhance their emotional well-being and serenity.



Sheldon Press

UK Pub: March 2019

UK Editor: Iain Campbell

Page Extent: 128pp

WELLBEING: Body Confidence, health and happiness Emma Woolf

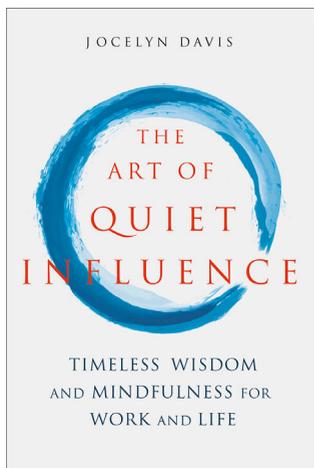
A comprehensive guide for 16 to 24-year olds to staying healthy and well, mentally and physically.

Never have young women been more under siege from the modern world, with pressure to look, feel and be physically and mentally perfect. Many are struggling to live up to the role models dictated by social media, from eating right to forming proper relationships and wearing the right clothes, and increasing number of teenage girls and young women are experiencing anxiety, depression, and other mental health problems. This book explores how to keep resilient and buoyant in an imperfect, real life. It presents tools for coping with heartbreak and setbacks, for learning and working, and for hanging on to your self-worth and your mojo at all costs! Topics include:

- What is mental wellbeing?
- Anxiety, panic disorders, depression
- Relationships and sex
- Body image and self-esteem
- Nutrition and diets
- Exercise and a healthy body
- How to fight your corner
- If you need therapy, and other help
- Crises and coping strategies

About the Author:

Emma Woolf is a writer, former columnist for The Times and Newsweek, and co-presenter on Channel 4's *Supersize vs Superskinny*. Having studied English at Oxford University, she worked in Psychology publishing before going freelance and now writes for a range of newspapers and magazines, and speaks in the UK and internationally. Her first book, *An Apple a Day: A Memoir of Love and Recovery from Anorexia* has been translated around the world. Other non-fiction titles include *The Ministry of Thin*, *Letting Go*, *Positively Primal* and *The A-Z of Eating Disorders*.



THE ART OF QUIET INFLUENCE: Timeless Wisdom for Leading Without Authority Jocelyn Davis

Mindfulness meets execution . . . at work. The wisdom of 12 Eastern sages, augmented by modern research on workplace influence, is the basis for profound yet practical advice on getting things done without force.

Influence is getting things done without coercion. It's strength without force-mindfulness in action. Master influencers walk lightly, talk softly and have no need of a big stick, yet collective success hinges on their words and deeds.

Anyone can be a quiet influencer. Featuring twelve specific practices, twelve typical pitfalls and dozens of powerful stories and examples, *The Art of Quiet Influence* is a roadmap for the journey. Author Jocelyn Davis weaves together the timeless wisdom of Eastern thinkers-from Confucius to the Buddha, from Rumi to Gandhi-with research and insights from modern-day experts, revealing what's wrong with the Western view of influence as short-term persuasion and showing instead how to create trust-based collaborations with lasting impact.

About the Author:

Jocelyn Davis is an author, speaker and consultant with 25 years' experience in the leadership development industry. Before founding her company, Seven Learning, she was Executive Vice President, R&D for The Forum Corporation (now AchieveForum), a global consultancy that builds leadership effectiveness in the Fortune 1000. Jocelyn's previous book *The Greats on Leadership* was named 800-CEO-Read Editor's Choice. Jocelyn has lived in many regions of the world, including Southeast Asia, East Africa, the Caribbean, and the UK. She now lives in Santa Fe, New Mexico.

Nicholas Brealey

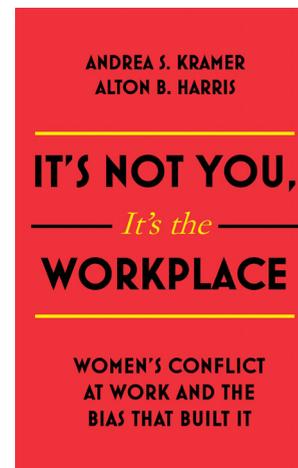
UK Pub: May 2019

UK Editor: Alison Hankey

PDF Available

Rights Sold:

Arabic (Dar Shafaq Publishing)



IT'S NOT YOU, IT'S THE WORKPLACE: Women's Conflict at Work and the Bias that Built it Andrea S. Kramer & Alton B. Harris

Tension between women in the workplace is holding them and their organizations back. This book gives practical advice for battling the stereotypes about female working relationships, helping women achieve, succeed and lead.

Why is it that many women believe that working with other women is harder than working with men? A clue: it's not because women actually are harder to work with.

It's Not You, It's the Workplace provides practical, immediately usable techniques that will allow women to develop strong networks that will foster their career success and organizations to structure their policies and practices - unlocking the potential of women in team situations. The companies that succeed in the future will be those where bias no longer blocks women's career satisfaction or advancement to leadership.

About the Author:

Alton B. Harris (Al) was a founding partner of a successful law firm. He speaks broadly about promoting diversity and overcoming stereotypes and biases. Al is co-author of the book *Breaking Through Bias: Communication Techniques for Women to Succeed at Work*.

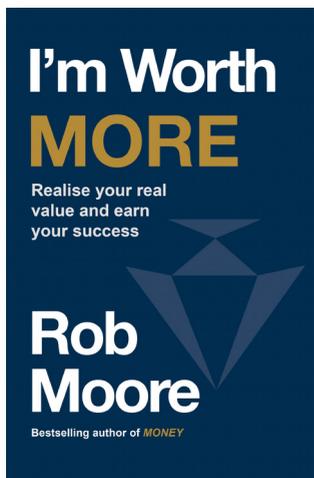
Andrea S. Kramer is a partner in an international law firm. Her work helping women achieve career success is nationally recognized. She is co-author of the book *Breaking Through Bias: Communication Techniques for Women to Succeed at Work*.

Nicholas Brealey

UK Pub: September 2019

UK Editor: Alison Hankey

MS Due March 2019



I'M WORTH MORE: Realise Your Real Value and Earn Your Success
Rob Moore

Understand your real value – you're worth more than you think!

Anyone can look successful with the right watch on their wrist or car parked in the driveway - but what is real success, and how much are you really worth?

In this fascinating, liberating book bestselling author and Rob Moore takes you back to basics and examines how to realise your real value - your self esteem, your ambitions, your reputation and your income. No longer will you doubt your self, make self-defeating comparisons or make assumptions about how others see you - instead you will maximise your opportunities and love yourself for who you really are.

Rob will show you that no matter what you think you're worth, you're worth more.

About the Author:

Rob Moore is a self made property investor, businessman, entrepreneur, best-selling author, world record holder, speaker, pilot & proud dad, who co-owns 7 companies in property, lettings & finance.

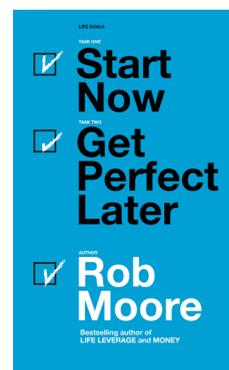
Rob has partnered with many of the biggest business and household names, featured in prime time TV shows for Living as a business mentor, on Channel 4, the BBC, The Independent and The Business Channel, as well as mentoring success-hungry people who want to achieve more money & recognition in business & life.

John Murray Learning

UK Pub: July 2019

UK Editor: Jonathan Shipley

MS due May 2019



START NOW. GET PERFECT LATER.

Rob Moore

John Murray Learning

What are you waiting for? If you have a burning ambition, brilliant business idea or creative passion, now is the time to get going. Don't wait around for everything to fall magically into place – get started, get going and get perfect later. It's the fastest route to success.

Rights Sold: Korea (Dasan Books), Taiwan (Business Weekly)



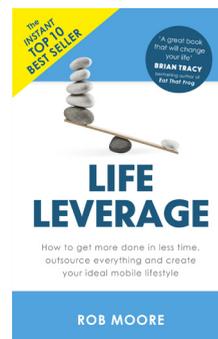
MONEY

Rob Moore

John Murray Learning

Money is a game you can win. First, understand the rules. If you're not where you want to be in your life, then it's time to close the gap between the money you earn and the lifestyle you want – and get on track to creating the success you deserve. Money will show you how.

Rights Sold: Arabic (Jarir Bookstore), Korea (Dasan), Taiwan (Business Weekly), Thailand (The Capital Publishing), Vietnam (Nha Nam)



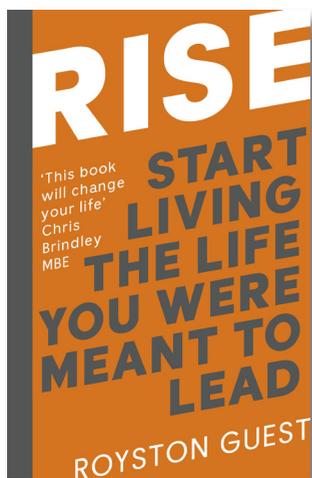
LIFE LEVERAGE

Rob Moore

John Murray Learning

Multi-millionaire & double world record holder Rob Moore reveals the exact philosophy, strategies & tactics you can easily follow to live a time-rich, wealthy & meaningful life, RIGHT NOW, from anywhere in the world, as long as you can get Wi-Fi.

Rights Sold: China (China Renmin University Press), Korea (Dasan), Russia (Mann, Ivanov and Ferber), Taiwan (Business Weekly)



John Murray Learning

UK Pub: January 2019

UK Editor: Iain Campbell

Page Extent: 352pp

RISE: Start Living the Life You Were Meant to Lead **Royston Guest**

For the courageous, bold individual who is prepared to look in the mirror, challenge yourself to be the best you can be and truly live the life you were meant to lead... Rise is written for you. Enjoy the journey!

Are YOU living the life you were meant to lead? Are you stuck in a rut with a desire to improve but uncertain where to start? Are you searching for meaningful purpose and focus in your life right now? Are you spinning multiple plates and want to sense check whether what you're currently doing will result in you achieving your goals?

We ALL have the potential to achieve GREATNESS. The biggest obstacle standing in your way is YOU and your own limiting beliefs. The greatest opportunity lies within YOU. Are you ready to unlock your potential, unleash your success and create the future you want?

RISE is about placing you firmly in the driver's seat of your life, as the architect of your own destiny.

RISE not only gives you the tools to become successful, it shows you how to use and master the tools for a lifetime of success.

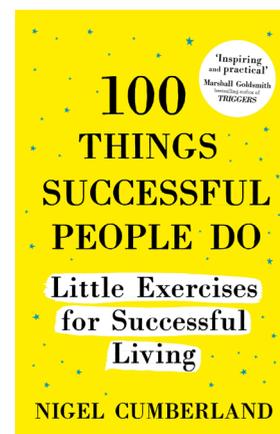
RISE is your blueprint to a compelling future.

Your time is NOW... let's get started

About the Author:

Royston Guest is CEO of Pfi Worldwide, a Global Consultancy and People Development Business.

He is the founder of livingyourfuture™ the 'go-to' place for personal transformation & Growth and an acclaimed Conference Speaker for more than 10 years.



John Murray Learning

UK Pub: May 2017

UK Editor: Iain Campbell

Page Extent: 224pp

Rights Sold in Previous Title:

Arabic (All-Prints)
Bengali (Priyo)
Bulgaria (Obsidian)
Burma (Seikkyu Cho Cho)
Czech Republic (Albatros)
Indonesia (PT Gramedia)
Israel (Tchelet Books)
Japan (Diamond)
Korea (Hakwon)
Marathi (Madhushree)
Netherlands (Atlas Contact)
Romania (Niculescu)
Russia (Mann, Ivanov and Feber)
Spain (Profit Editorial)
Slovenia (Eastone Group)
Taiwan (Donmay)
Thailand (Se-Education Public)
Turkey (Epsilon Yayincilik)
Vietnam (Da Thu)

100 THINGS SUCCESSFUL PEOPLE DO **Nigel Cumberland**

DO YOU HAVE WHAT IT TAKES TO SUCCEED IN LIFE, IN WORK AND RELATIONSHIPS?

TRANSLATED IN 20 LANGUAGES WORLDWIDE

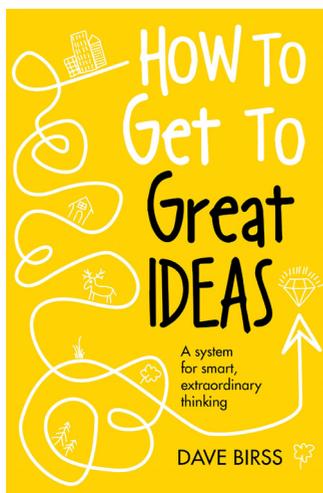
100 Things Successful People Do is your guide to successful living. Mixing simple instructions with activities to get you started, whether you are looking to succeed in your family life, at work, in sports, at school or in retirement, you will find mindsets, habits, and techniques here that will help you get the results you want.

100 Things Successful People Do is packed with great ideas for working smart and living well, all carefully chosen to help you achieve any kind of success you can imagine. You will discover the habits that are common to successful people and find out how to use them in your own life.

Every chapter features a new idea that will help you get closer to your goals. Mixing simple descriptions with activities and exercises, you will learn the optimal mindset and habits you need to succeed in work and life.

About the Author:

Nigel Cumberland is an award-winning global coach who helps leaders and teams to optimise and enhance their success in both their careers and lives. He has coached and trained at some of the world's most prestigious organisations such as the United Nations, the World Bank Group, Standard Chartered Bank, Google, Dell, LVMH, Christian Dior, Continental AG and the Dubai Government. He is also one of the elite Marshall Goldsmith approved coaches and a member of Harvard Business Review's Advisory Council. He is also a Freeman of the City of London and has been given the award as one of the world's top 100 leadership coaches.



Nicholas Brealey

UK Pub: November 2018

UK Editor: Holly Bennion

Page Extent: 240pp

Rights Sold:

Russia (Azbooka-Atticus)
Taiwan (Marco Polo Press)

HOW TO GET TO GREAT IDEAS

Dave Birss

A tangible approach to building the intangible skill of creativity, offering a simple new theory about how to have original and valuable ideas.

The highly practical lessons in *How to Have Good Ideas* are based on neuroscience, psychology and behavioural economics. Written by the former Creative Director of OgilvyOne, Dave Birss, this book offers a brilliant new system for conceiving original and valuable ideas. It looks at how to frame the problem, how to push your thinking, how to sell the idea and build support for it and how to inspire others to have great ideas. It proves that any organisation – and any department within an organisation – can become a fertile environment for ideas.

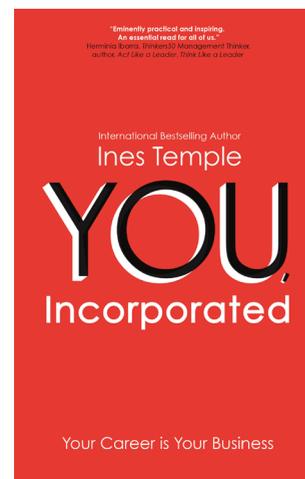
Combining a practical research-based system with fascinating insights and inspiring and humorous writing, the book is also accompanied by the problem solving system RIGHT THINKING. This is a tool which shows organisations a more effective way to generate more effective ideas and is based on the thinking in the book. This is available online and in person from the author.

About the Author:

Dave Birss spent 20 years as an advertising creative, coming up with ideas for many of the world's biggest brands.

He's the author of *A User Guide to the Creative Mind*, a handbook for creative thinking that's recommended reading on many of the world's top advertising courses.

He's the founder and editor of the online magazine OpenForIdeas.org. He's also the brains behind RIGHT THINKING, a system for generating effective ideas. He's currently working with companies around the world to help them use the system to improve their thinking.



Nicholas Brealey

UK Pub: November 2018

UK Editor: Alison Hankey

Page Extent: 208pp

Rights Unavailable - Spain

YOU, INCORPORATED

Ines Temple

A no-nonsense guide for those new to the workforce, looking for a job, career-changers and career builders.

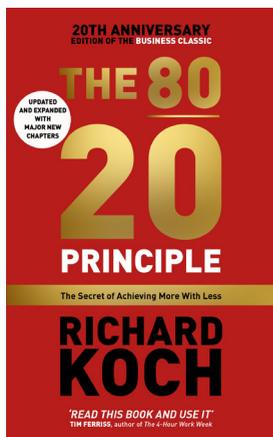
Organized into five direct and digestible chapters, *You, Incorporated*, is the ultimate practical guide to career success that zeroes in on the three essential concepts that job-seekers, career builders and career changers need to know:

- No Job is Forever
- Employability Equals Options
- Your Career is Your Business

Written by an expert in career transition who has helped thousands of people find their own "job utopias," readers will find a down-to-earth, accessible approach to becoming more valuable to current employers while developing long-term personal competitiveness to attract future employers and seize the opportunities that are waiting out there.

About the Author:

Ines Temple is a career transition expert and best-selling author with a proven track record of success building her own platform and generating widespread interest in (and sales of) her Spanish-language book, *Usted S.A. Empleabilidad y Marketing Personal*, now in its fifteenth printing with over 100k sold. She has been recognized as among the top 30 business leaders in her home country of Peru and is among the top 3 business leaders with the most online influence. She is a popular speaker at conferences and universities around the world and a guest columnist for several global magazines and newspapers with over 450 articles and video blogs published. Ines is an active member of YPO-WPO an international network of 25,000 top CEOs and other business leaders.



Nicholas Brealey

UK Pub: April 2017

UK Editor: Iain Campbell

Page Extent: 432pp

Rights Sold:

- Azerbaijan (Qanun)
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- Indonesia (PT Menuju Insan Cemerlang)
- Italy (Franco Angeli)
- Japan (CCC Media House)
- Korea (Book 21)
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- Sweden (Liber)
- Taiwan (Locus Publishing)
- Thailand (Se-Education Public)
- Ukraine (KM Books)
- US (Crown)
- Vietnam (TRE Publishing House)

THE 80/20 PRINCIPLE: Updated 20th Anniversary Edition
Richard Koch

The 20th anniversary expanded edition of the classic book that will revolutionise both your work-life and your home-life, including brand new chapters

Twenty years after its first publication, *The 80/20 Principle* is a global bestseller read by millions of highly effective people around the world.

Now, it is more powerful and essential than ever.

In the past, the principle gave those who used it a serious advantage. In the future, it will be the essential tool for anyone who wants to succeed.

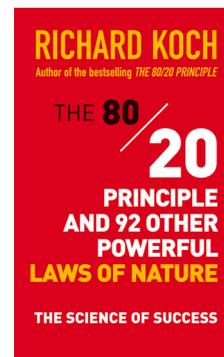
And it is powerful. Based on the counter-intuitive but widespread fact that 80% of results flow from 20% of causes, *The 80/20 Principle* shows how you can achieve much more with much less effort, time and resources, simply by concentrating on the all-important 20%.

This major new edition includes four brand new chapters showing how to:

- Use the rise of networks to your advantage
- Benefit from more acute 90/10 and 99/1 forms of the principle
- Tap into your subconscious to exert a super-potent and amazingly favourable influence on your life
- Enjoy greater success with 5 mega rules to live by

About the Author:

Richard Koch is a highly successful author, investor and entrepreneur, having made large returns from businesses as diverse as hotels, restaurants, personal organisers and consulting. A former partner at consulting firm Bain & Co, and co-founder of The LEK Partnership.



Nicholas Brealey

UK Pub: January 2014

UK Editor: Louise Richardson

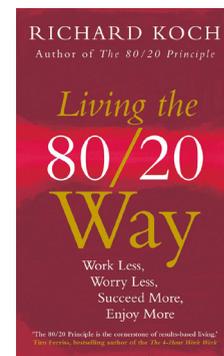
Page Extent: 336pp

THE 80/20 PRINCIPLE AND 92 OTHER POWERFUL LAWS OF NATURE
Richard Koch

In this essential companion to his bestselling *The 80/20 Principle* – the radical power law that helped thousands of people achieve more by doing less – Koch illuminates 92 other universal principles and laws to promote the science of success in an increasingly challenging business environment.

In a brand new Preface, bestselling author Richard Koch describes a paradigm shift in business, whereby intuition is more important than analysis, ideas and product trump strategy, and influence is superior to control.

Rights Sold: Bulgaria (Publishing House of Electronics Industry), Portugal (Editora Gutenberg), Russia (Eksmo), Spain (Editorial Patria), Ukraine (KM Books), Vietnam (TRE Publishing House)



Nicholas Brealey

UK Pub: January 2014

UK Editor: Louise Richardson

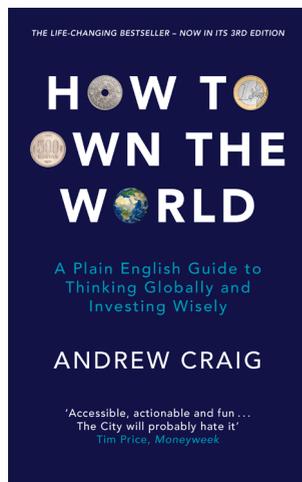
Page Extent: 196pp

LIVING THE 80/20 WAY
Richard Koch

Acclaimed entrepreneur and author Richard Koch changed the face of the business world with *The 80/20 Principle*. In *Living the 80/20 Way*, a self-help bestseller, he returns to show how working and worrying less can transform our personal lives.

Koch takes the widely renowned 80/20 principle and shows how in today's cluttered and stressful world, working out the few things that are really important, and the few methods that will give us those things, leads to increased happiness and greater success. *Living the 80/20 Way* explains why 'less is more' isn't just a saying, but a sure-fire method to achieve your goals and live your best life.

Rights Sold: Indonesia (PT Gramedia), Korea (Trojanhorse Book) Portugal (Editora Gutenberg), Russia (Eksmo), US (Safari Books Online), Vietnam (TRE Publishing House)



John Murray Learning

UK Pub: March 2019

UK Editor: Iain Campbell

Page Extent: 368pp

HOW TO OWN THE WORLD Andrew Craig

Everyone needs to take charge of their financial affairs and this book shows you how.

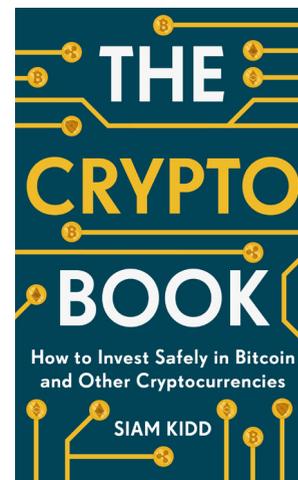
It is time to get your money working for you. *How to Own the World* explains why you can, and must, learn about investment, and highlights the significant advantages you have over many finance professionals. This is both a personal finance book and a personal development book; by safeguarding your future wealth you are safeguarding your long-term health and happiness.

Successful investment can turn hundreds into millions over time thanks to the power of compound interest, something Einstein described as "The Eighth Wonder of the World".

There has never been a greater need for you to take charge of your financial affairs. Fortunately the tools available have never been more powerful or inexpensive. *How to Own the World* explains why this is, and what you can do to make the most of your money.

About the Author:

Andrew Craig graduated in Economics and International Politics in 1997. His first job took him to Washington DC where he worked for a US Congressman on Capitol Hill. Since then, he has spent over fifteen years working in financial markets for various firms in London and New York. These have included UBS, Credit Agricole (France's biggest bank) and SEB (one of Sweden's largest banks). He is currently a partner at boutique investment bank, WG Partners.



John Murray Learning

UK Pub: October 2018

UK Editor: Iain Campbell

Page Extent: 224pp

Rights Sold:

Russia (Eksmo)

THE CRYPTO BOOK: How to Invest Safely in Bitcoin and Other Cryptocurrencies Siam Kidd

An introduction to investing in cryptocurrencies, one of the best "buy, hold & forget" investment opportunities in recent times due to the viral growth and adoption of the Blockchain technology.

This book is for everyone who has heard of bitcoin and cryptocurrencies, wants to learn more – and make money on the back of it. Believe it or not, if you bought \$1,000 of Bitcoin in 2010, you would now be worth over \$220m! This has left the public stunned. People around the world are asking "What on earth is a crypto?", "Should I buy some Bitcoin?", "How do I even buy some cryptocurrencies?", "Isn't this just one big bubble?" and more.

Siam Kidd created this book to lift up the crypto bonnet in order to reveal, explain and illustrate everything you really need to know about this fascinating market. You'll learn:

- What all is Crypto stuff is
- Why it exists
- Where this industry is going in the future
- How it will positively change your life
- The pitfalls and errors every newbie makes
- And importantly, how to safely play in this market if you so wish to have a dabble with some risk capital!

About the Author:

Siam Kidd is one of the world's leading authorities on how to safely invest in Crypto Currencies. He runs The Realistic Trader, home to the world's best Crypto Investing Course for beginners, with a community of followers from around the globe.



Nicholas Brealey

UK Pub: October 2018

UK Editor: Alison Hankey

Page Extent: 240pp

Rights Sold:
Brazil (Alta Editora)

THE EXPERTISE ECONOMY

Kelly Palmer and David Blake

Drawing on the science of how we learn, *The Expertise Economy* shows companies big and small how to transform their employees into experts and ultimately their biggest competitive advantage.

The world of work is going through a large-scale transition with digitization, automation and acceleration. Critical skills and expertise are imperative for companies and their employees to succeed in the future, and the most forward-thinking companies are being proactive in adapting to the shift in the workforce.

Kelly Palmer, Silicon Valley thought-leader from LinkedIn, Degreed, and Yahoo, and David Blake, co-founder of Ed-tech pioneer Degreed, provide the latest scientific research on how people really learn and concrete examples from companies in both Silicon Valley and worldwide about how to create experts and align learning innovation with business strategy. It includes interviews with people from top companies like Google, LinkedIn, Airbnb, Unilever, NASA, and MasterCard; thought leaders in learning and education like Sal Khan and Todd Rose; as well as Thinkers50 list-makers Clayton Christensen, Daniel Pink and Whitney Johnson.

About the Author:

Kelly Palmer, Chief Learning Officer, Degreed. A well-known thought leader on the future of learning and career development, Kelly was the chief learning officer of LinkedIn. Prior to LinkedIn, Kelly was vice president of Learning at Yahoo! and held executive positions in learning, M&A, and product development at Sun Microsystems.

David Blake is cofounder and CEO of Degreed and has spent his career innovating higher education and lifelong learning. Prior to Degreed, he helped launch a competency-based, accredited university and was a founding team member at Zinch (acquired by Chegg).



Nicholas Brealey

UK Pub: November 2017

UK Editor: Alison Hankey

Page Extent: 256pp

THE REGENERATIVE BUSINESS

Carol Sanford

Award-winning author, expert speaker and executive coach, Carol Sanford, borrows the concept of regeneration from biology and uniquely applies it to business strategy with an emphasis on: human potential, work systems, resilience and growth.

What if leaders stripped away all preconceptions about how business operates, allowing the organization to go back to its core and build itself back up to become something new-something so responsive, so innovative and resilient, it becomes virtually non-displaceable in the market? *The Regenerative Business* sets the stage for what is now only dreamt of by most of today's forward-thinking leaders and paves the path to make it possible.



Nicholas Brealey

UK Pub: September 2019

UK Editor: Iain Campbell

Page Extent: 240pp

100 BUSINESS TOOLS FOR SUCCESS

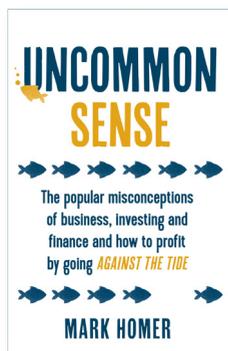
Jeremy Kourdi

100 Business Tools For Success covers all the business ideas you need to succeed, but don't have time to read.

The world is full of business ideas. But how do you know which the best ones are? And how do you find time to read them?

100 BUSINESS TOOLS FOR SUCCESS may be a little book, but it contains the very best business tools from the very best business brains on the planet. Each one is summarized over just two pages, so that you can quickly enjoy the insights that are driving the most successful people in all walks of life.

Rights Sold: Korea (Real Bookers), Marathi (Madhushree Publications), Taiwan (Good Publishing), Thailand (Expernet Publishing) and Vietnam (ZenBook)



John Murray Learning

UK Pub: January 2017

UK Editor: Jonathan Shipley

Page Extent: 192pp

UNCOMMON SENSE

Mark Homer

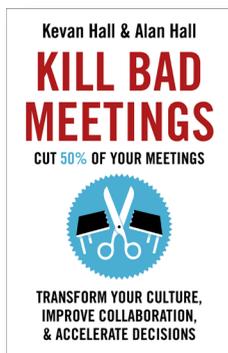
Want to invest in your business, in assets, shares or property? Making money by investing is never simple but there are rules - just not the same rules you've been told about.

This book debunks common misconceptions about growing your bank balance, maps out strategies for success, and clears a path to a profitable future.

Uncommon Sense guides you to unique, little-known and commonly misunderstood strategies that generate lasting revenue and sustained results by going against the tide.

Essential reading for investors, innovators and entrepreneurs, *Uncommon Sense* provides a balanced, insightful and inspiring toolkit for making smart decisions in investing and business.

Rights Sold: Arabic (Jarir), China (CITIC), Turkey (The Kitap)



Nicholas Brealey

UK Pub: September 2017

UK Editor: Holly Bennion

Page Extent: 224pp

KILL BAD MEETINGS

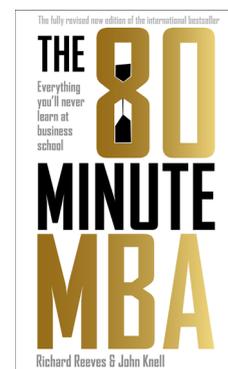
Kevan Hall and Alan Hall

Kill Bad Meetings will show you how to save yourself a day a week of unnecessary meetings and improve the face to face and virtual meetings that remain.

The two authors, one an experienced CEO and consultant to major multinationals, the other a millennial line manager working within one of the world's largest companies, find common ground, and occasional disagreements on creating new ways of meeting both face to face and through technology that are far more engaging and effective for everyone.

Full of examples and practical tools that will improve everything from your regular team meetings to management meetings, online conferences, global meetings and big events.

Rights Sold: Portugal (Platano Editora)



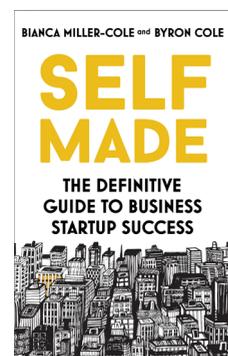
THE 80 MINUTE MBA

Richard Reeves and John Knell

Nicholas Brealey

The 80 Minute MBA is your short-cut to business brilliance. Stimulating new material brings this edition right up to date with critical business thinking. Including a new chapter on the platform economy and fresh technology and social media examples this book will energise and inspire you in equal measure.

Rights Sold: Italy (Antonio Vallardi) and Netherlands (Stichting Opwekking)



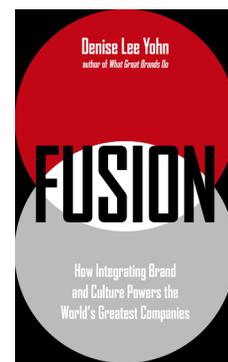
SELF MADE

Bianca Miller-Cole and Byron Cole

John Murray Learning

This book is an inspiring, wide-ranging handbook for entrepreneurs which combines practical tips and advice with energetic advice on personal branding and thriving in business.

This authoritative, focused guide covers every tier of the business development process, from start-up to exit, offering practical, implementable and global advice on the start up process.

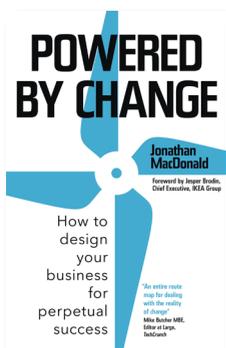


FUSION

Denise Lee Yohn

Denise Lee Yohn, a leading authority on building and positioning exceptional brands, shows readers how to blend internal culture and external brand to yield consistently phenomenal business results.

In *Fusion*, Denise Lee Yohn examines some of the world's greatest organizations and reverse-engineers their greatness - specifically how they've integrated what's on the inside (culture) with what's on the outside (brand) for remarkable results.



Nicholas Brealey

UK Pub: April 2018

UK Editor: Holly Bennion

Page Extent: 256pp

POWERED BY CHANGE: How to design your business for perpetual success

Jonathan MacDonald

The *Sunday Times* business bestseller

Powered by Change presents a radical new methodology for using change as a fuelling mechanism to generate outstanding business success: the Windmill Theory.

The Windmill Theory enables leaders and organisations to think and act in a way that capitalises on a constantly changing environment. Constructed of four blades working in perpetual harmony with one another, it creates an empowered business that turns the winds of change into business success.

Filled with examples and stories from around the world, from global corporates to start-up ventures, *Powered by Change* delivers some astonishing insights and clear, actionable steps to achieve the ultimate competitive advantage.



Nicholas Brealey

UK Pub: November 2017

UK Editor: Jonathan Shipley

Page Extent: 272pp

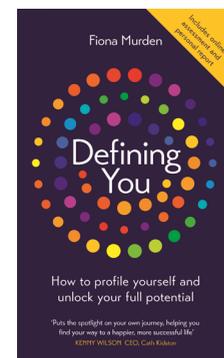
DISRUPT!: 100 Lessons in Business Innovation

James Bidwell

A cutting edge book on innovation and disruption for entrepreneurs, innovators, designers, marketers and fans of creative business and technology. Compiled by Springwise, the global innovation discovery engine, *Disrupt!* explains and highlights the best, most disruptive and most useful innovation ideas of the 21st Century, and shows which themes underpin their success and which ideas can best be used to drive creativity in your workplace, office or industry.

This attractively designed book draws on their vast archive and the expertise of their editorial team to create a practical, themed overview of contemporary innovation with simple, implementable strategies for bringing more creativity to your business or idea and more disruption to your industry.

Rights Sold: China (Publishing House of Electronics Industry), Russia (Alpina), Taiwan (Yuan-Liou)



Nicholas Brealey

UK Pub: April 2018

UK Editor: Holly Bennion

Page Extent: 272pp

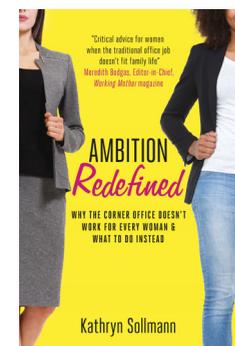
DEFINING YOU: How to profile yourself and unlock your full potential

Fiona Murden

Defining You is the shortcut to psychological profiling for professionals and business leaders, complete with tests, analysis and guidance.

Fiona Murden helps some of the most successful people in the world to understand their behaviour and improve their performance. Here she guides you through the professional profiling assessment process in private, to help you discover your strengths, understand what really drives you and learn which environments will help you to excel.

Step by step you will build your unique personal profile. Take a psychometric test, run a 360 assessment, draw up your early years timeline and enjoy some valuable self-reflection. Fiona then expertly – and sensitively – coaches you through interpreting your results and taking your next steps to fulfil your potential.



Nicholas Brealey

UK Pub: October 2018

UK Editor: Alison Hankey

Page Extent: 288pp

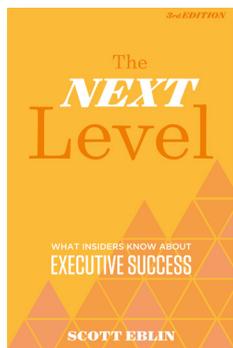
AMBITION REDEFINED: Why the Corner Office Doesn't Work for Every Woman & What to Do Instead

Kathryn Sollmann

Fed up of being told to 'Lean In'? This book will help you find or negotiate the flexible work that will serve both your ambition and your other priorities in life.

Eye-opening and practical, *Ambition Redefined* is a welcome alternative to 'women's business books'. Sollmann calls it like it is: everyday women want and need flexible work that allows them to unapologetically pursue their own brand of ambition and success.

Armed with practical insights and tools, readers will be empowered to go after opportunities beyond traditional definitions of work, career and success. They will learn why they should never leave the workforce, how to make a case for flexibility in a current full-time job, how to find flexible employers, industries and job functions.



THE NEXT LEVEL: What Insiders Know About Executive Success Scott Eblin

Truth and advice for newly-promoted executives and leaders moving up, from accomplished senior executive "insiders" on how to advance through the uncharted terrain of *The Next Level*.

In this 12th Anniversary Edition of the classic insider's guide to executive career progression, Scott Eblin draws on decades of experience as a leader and executive coach to identify why new executives fail and offers a practical program for achieving success. Beyond tactical advice, Eblin provides a framework for transformational behavior and thinking – for creating executive presence, the confidence that is critical for success. Essential for leaders who have just been promoted to or are on track for the executive level, as well as any executive who needs a refresher.

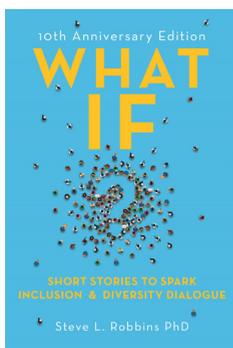
Rights Sold: Korea (Ollim)

Nicholas Brealey

UK Pub: December 2018

UK Editor: Alison Hankey

Page Extent: 228pp



WHAT IF?: Short Stories to Spark Inclusion and Diversity Dialogue - 10th Anniversary Edition Steve L Robbins

The classic book on diversity, in an updated 10th Anniversary edition.

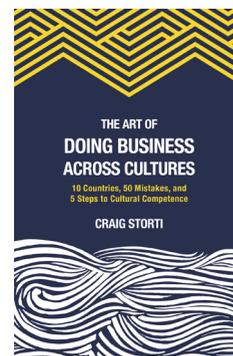
In *What If?*, Robbins provides twenty-six inspiring, lively, and sometimes deeply personal stories illustrating diversity and inclusion concepts. He offers insight and practical advice on how to reconcile unity with diversity and reframe our organizations for competitive advantages. He adds tips and suggestions for putting keylearning into action in your organization, ending each chapter with questions, an activity, and an assignment to inspire you to be more open-minded and inclusive and to discover how the ideas presented in the book might apply to your daily life at work and at home.

Nicholas Brealey

UK Pub: January 2019

UK Editor: Alison Hankey

Page Extent: 216pp

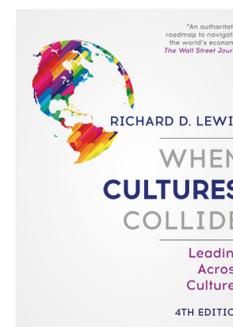


THE ART OF DOING BUSINESS ACROSS CULTURES Craig Storti

Intercultural Press

A tour of the most common cultural differences Americans/No. Europeans encounter when doing business in ten of the world's key markets

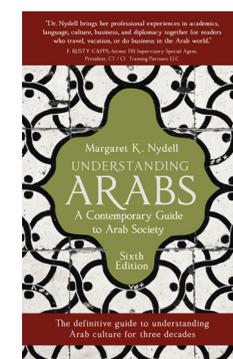
The Art of Doing Business Across Cultures presents five brief, unsuccessful conversational exchanges between Americans and their business colleagues in 10 different locations-the Arab Middle East, Brazil, China, England, France, Germany, India, Japan, Mexico, and Russia.



WHEN CULTURES COLLIDE: Leading Across Cultures – 4th edition

Richard Lewis
Nicholas Brealey

A major new edition of the classic work that revolutionised the way business is conducted across cultures and around the globe. It provides leaders and managers with practical strategies to embrace differences and successfully work across diverse business cultures.

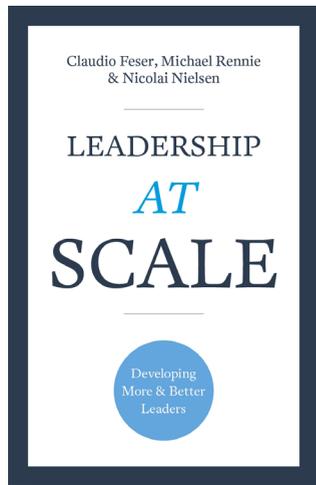


UNDERSTANDING ARABS

Margaret K. Nydell
Intercultural Press

A counterpoint to prevailing assumptions about Arab culture, the 6th edition of this seminal work contains a wealth of new material.

Covering all aspects of Arab life, from religion and society to social norms and communication styles, this all-encompassing guide reveals what the often misunderstood Arab culture is really like.



Nicholas Brealey

UK Pub: November 2018

UK Editor: Jonathan Shipley

Page Extent: 400pp

LEADERSHIP AT SCALE

Claudio Feser, Michael Rennie and Nicolai Nielsen

McKinsey, the world's number one management consultancy firm, in their first book on leadership across organisations reveal for the first time how to truly move the needle and increase the leadership effectiveness of a large-scale business or body.

Leadership effectiveness drives organizational performance, yet almost half of all organizations face some kind of leadership gap that they are not able to fill. This book, written by experts from McKinsey, the world's number one leadership factory, draws on McKinsey's deep knowledge and wide network to share the secrets on how to increase leadership effectiveness across your organization.

Using extensive research, insights from colleagues, and lessons from many highly successful leadership development programs, this book focuses on how to identify and develop the leadership behaviours that matter most, and enhance business performance.

This book is essential reading for a wide range of current and future leaders who look to McKinsey to provide the intellectual rigour and practical help to improve their knowledge of leadership and understand how they can perform better – as well as vital reading for anyone organising an organisation, department or team.

About the Authors:

Claudio Feser is a Senior Partner and one of the founders of McKinsey's Leadership Development practice.

Michael Rennie is a former Senior Partner and Global Head of McKinsey's Organization Practice.

Nicolai Chen Nielsen is an Associate Partner with McKinsey Academy.



John Murray Learning

UK Pub: September 2018

UK Editor: Jonathan Shipley

Page Extent: 368pp

SUPERFAST: Lead at Speed

Sophie Devonshire

Change your thinking, fast – *Superfast* shows how to lead innovatively, decisively and impactfully in a fast moving, opportunity-rich world.

In today's fast-paced world, leaders need to move at speed. The rate of innovation and change in organisations and the challenges of impatient investors or shareholders mean leadership decisions must be quick, smart and deliver real impact.

Superfast provides cutting edge inspiration and a host of exciting ideas about how to accelerate performance in an agile and thoughtful way, shedding new light on leading in a world which is fluid and uncertain. You'll learn the practical solutions to leadership questions which the most savvy global leaders employ, and map your own shortcut to personal and professional success.

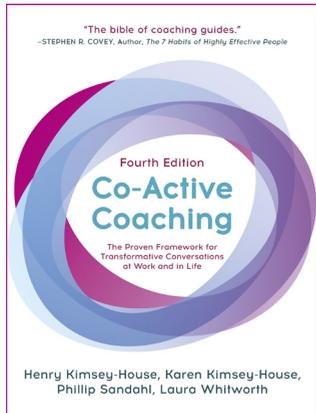
Leadership is not just about moving fast, however. *Superfast* will show you how to use your time in the smartest, most efficient way possible – slowing down when necessary to get decisions right and accelerating elsewhere to unlock growth.

Stop waiting around. *Superfast* will give you the tools to lead well and make change happen.

About the Author:

Sophie Devonshire is a business leader who has worked in and with multinational companies, successful start-ups and agencies, including Procter & Gamble, Coca-Cola, Leo Burnett and Interbrand. She has worked and lived in London, Tallinn and Dubai and is a regular speaker on brands and businesses in the press and media.

Sophie is the CEO of The Caffeine Partnership (founded by Andy Milligan and David Kean), a unique consultancy which delivers brand-led business growth.



Nicholas Brealey

UK Pub: August 2018

UK Editor: Alison Hankey

Page Extent: 228pp

Rights Sold:

Arabic (Dar Shafaq)
 China (Publishing House of Electronics Industry)
 Hungary (trivium Kiado)
 Korea (Gimm Young)
 Japan (Toyo Keizai)
 Netherlands (Synergie Publishing)
 Poland (Wolters Kluwer Polska)
 Turkey (Kapital Medya Hizmetleri)
 US (Safari Books Online)

CO-ACTIVE COACHING: 4th Edition

Henry Kimsey-House, Karen Kimsey-House, Phillip Sandahl, Laura Whitworth

Major new and updated edition of the 'coaching bible' that helped define the field of professional coaching.

Co-Active Coaching offers current and aspiring coaches, leaders and managers in organisations and anyone wanting to strengthen interpersonal relationships, a practical, yet transformative communication process called the Co-Active Model.

New to this edition:

- Every chapter has been updated for relevance and direct application to coaching in all of its forms, including in the workplace
- New material covering: current neuroscience research, Co-Active approaches to leadership development and working with groups and teams
- More examples drawn from the authors' first-hand experiences, especially in workplace settings
- More examples of the Co-Active Model applied internationally
- Updated/fine-tuned glossary (less jargon)
- Web-based 'Toolkit' with 27 exercises, questionnaires, checklists, and reproducible forms

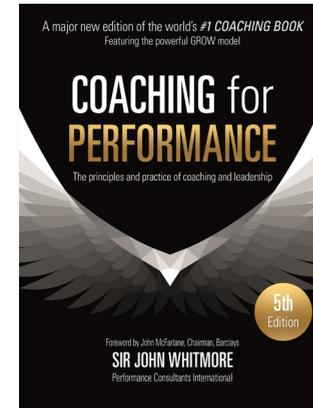
About the Authors:

Henry Kimsey-House is the cofounder and lead designer of The Coaches Training Institute (CTI).

Karen Kimsey-House is the cofounder and CEO of The Coaches Training Institute.

Phillip Sandahl is a senior faculty member of CTI and co-founder of Team Coaching International.

Laura Whitworth was the creator of the Co-Active Model with Henry and Karen Kimsey-House



Nicholas Brealey

UK Pub: September 2017

UK Editor: Holly Bennion

Page Extent: 288pp

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COACHING FOR PERFORMANCE: 25th Anniversary Edition

Sir John Whitmore

The founding text of today's billion dollar coaching industry, *Coaching for Performance* remains the world's bestselling coaching book. This major new edition is designed to stay ahead of the profession with practical visuals and new material developed by the leading international performance consultants.

An international bestseller, featuring the powerful GROW model, this book is the founding text of the coaching profession. It explains why enabling people to bring the best out of themselves is the key to driving productivity, growth, and engagement. A meaningful coaching culture has the potential to transform the relationship between organizations and employees and to put both on the path to long-term success.

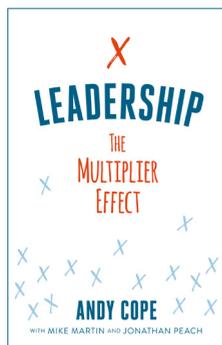
'The proven resource for all coaches and pioneers of the future of coaching.' **Magdalena N. Mook, CEO, International Coach Federation (ICF)**

'Shines a light on what it takes to create high performance.' **John McFarlane, Chairman, Barclays, Chairman, TheCityUK**

About the Author:

Sir John Whitmore is the pioneer of coaching in the workplace and Co-Founder of Performance Consultants International, the market leader in coaching globally. He was the first to take coaching into organizations in the early 1980s and creator of the GROW model, the most used coaching model in the world.

Through his books – most notably *Coaching for Performance* – workshops and speeches, he defined the principles of performance coaching and midwifed its birth from sporting excellence, transpersonal psychology, and emotional intelligence.



LEADERSHIP: The Multiplier Effect

Andy Cope, Jonathan Peach and Mike Martin

As a leader, your influence is massive. The extent to which you can bring a positive or a negative impact on your work is your multiplier effect. A leader in positive mood cascades far and wide.

Leadership: The Multiplier Effect is crammed with the latest thinking on leadership, strengths, positive psychology, purpose, employee engagement, coaching, emotional intelligence and 'life', supplemented with anecdotes, pithy quotes and asides that help bring the content to life.

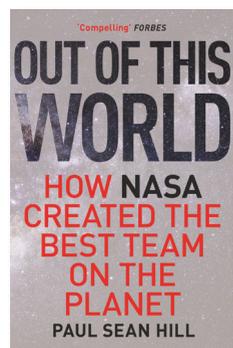
And to save you time, the book's central message is this: Your job as a leader is NOT to inspire people. Your job as a leader is to BE INSPIRED.

John Murray Learning

UK Pub: August 2018

UK Editor: Jonathan Shipley

Page Extent: 224pp



OUT OF THIS WORLD: How NASA created the best team on the planet

Paul Sean Hill

Find out how NASA creates and leads stellar teams and how you can bring Mission Control leadership to your organization.

Take the ultimate insiders look at the leadership values and culture that created the best team on this planet. Paul Sean Hill was responsible for NASA's Mission Operations support for manned space flight from 2007-2011. In this candid book he shows that the secret to Mission Control's success has never been rocket science and that the real practice of perfect decision making can be applied to any organisation or team. By demonstrating how his Mission Control team nurtured a culture which has delivered impossible wins for decades, Hill provides a guide for all leaders to boost their company's performance at all levels.

Nicholas Brealey

UK Pub: March 2019

UK Editor: Holly Bennion

Page Extent: 304pp

Rights Sold: Russia (Mann, Ivanov and Ferber)



BECOMING THE EVIDENCE-BASED MANAGER

Gary P. Latham

Over 50-years of management science distilled for everyday practice!

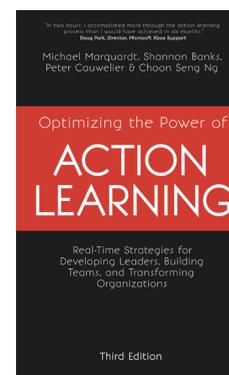
Over the past decade, the call for evidence-based management has been on the rise. Managers have become increasingly skeptical of advice that is based solely on anecdotes, otherwise known as the "art of management"; they demand, instead, proof that the management practices espoused by the authors in the field are truly effective. Becoming the Evidence-Based Manager delivers the goods, covering a wide range of critical management skills, such as hiring, inspiring, training, developing, motivating and coaching. Readers are rewarded with a thorough understanding of how to put the science of management to work for themselves and their organizations.

Nicholas Brealey

UK Pub: August 2018

UK Editor: Alison Hankey

Page Extent: 288pp



OPTIMIZING THE POWER OF ACTION LEARNING: Third Edition

Michael J. Marquardt, Shannon Banks, Peter Cauwelier, Choon Seng Ng

Major third edition of the key text in the field of Action Learning – small groups working on real problems, taking action and learning as individuals. Fully updated to help with problem definition and resolution in your organization.

For this new edition, Marquardt has teamed up with three Action Learning experts from Asia and the UK who bring a broader global approach to what has become THE seminal book in the field. Each chapter has been updated for alignment with today's practice and implementation of Action Learning in organizations, including fresh information on virtual Action Learning, guidance on implementing Action Learning and becoming a Certified Action Learning Coach, and many new case studies.

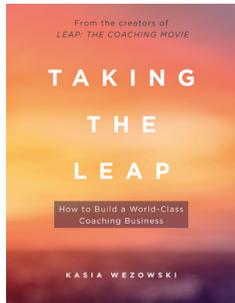
Nicholas Brealey

UK Pub: June 2018

UK Editor: Alison Hankey

Page Extent: 304pp

Rights Sold: China (China Renmin University Press)



Nicholas Brealey

UK Pub: November 2017

UK Editor: Alison Hankey

Page Extent: 256pp

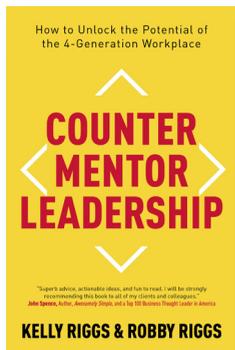
TAKING THE LEAP: How to Build a World-Class Coaching Business

KASIA WEZOWSKI

The world's leading coaches share their secrets and core strategies for building a lucrative coaching business while helping clients achieve their dreams.

Make your mark as a coach and grow your business by learning from the best, highest-level coaches in the world who are willing to share their secrets and core strategies. Relevant and practical with strategies specific to current and aspiring coaches, Taking the Leap provides advice from well-known coaches including: Jack Canfield, Marshall Goldsmith, Cherie Carter-Scott and Mark Thompson, who have each built lucrative coaching businesses while doing what they love, helping people.

The film tie-in Leap The Coaching Movie, was released on iTunes, Amazon and Netflix in October 2018. coachingmovie.com



Nicholas Brealey

UK Pub: March 2018

UK Editor: Alison Hankey

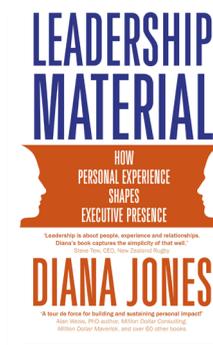
Page Extent: 368pp

COUNTER MENTOR LEADERSHIP

Kelly Riggs and Robby Riggs

Successfully navigate the tensions between Millennials and Boomers in the workplace and thrive in the tech-driven age by becoming a CounterMentor leader.

This book is the result of over twenty-five years of combined experience from Kelly and Robby Riggs-dynamic, occasionally irreverent, always insightful, father (Boomer) and son (Millennial), who work with organizations grappling daily with multi-generational conflict. Through their collaboration, Kelly and Robby share their very different perspectives on the same problems most companies are STILL dealing with, but haven't had the courage or the tools, to address. Issues such as: a shocking lack of leadership skills; the culture-killing generational divide that is demolishing many companies; and the stunning, often unrecognized impact of technology on the workplace.



Nicholas Brealey

UK Pub: May 2017

UK Editor: Alison Hankey

Page Extent: 240pp

LEADERSHIP MATERIAL

Diana Jones

Become a better leader by accessing the source of your professional influence.

Viewing them as 'touchy feely', intangible and invisible, most leaders separate their personal lives from their professional lives. Diana Jones, an executive coach for 30-years, argues that this is unwise. In fact, the 'soft side' of leadership - empathy, compassion, and authentic communication derived from personal experience - is both powerful and essential to enhancing executive presence, influencing others and achieving results.

Through compelling stories and examples taken directly from Jones's coaching sessions with experienced leaders, readers will learn how to make enduring behavioural changes that will produce better business results and create alignment among disparate groups using empathy and leadership language.



Nicholas Brealey

UK Pub: May 2017

UK Editor: Alison Hankey

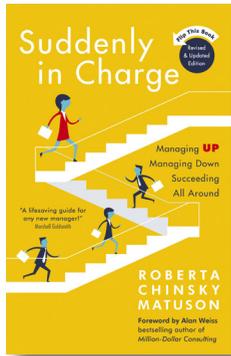
Page Extent: 240pp

LEADING WITH VISION

Bonnie Hagemann, Simon Vetter and John Maketa

A practical roadmap for leaders to connect with employees on an emotional level and captivate today's workforce by inspiring them with a shared vision.

Leading with Vision draws on quantitative data from the authors' research of over 400 companies supplemented with real-world examples from thoughtful leaders who exemplify the core principles of leading with vision in established companies, including: Olukai, Bumble Bee, Coresystems, Jimbo's, Bunge, and more. The book also includes an actionable blueprint developed by the authors that leaders and their organizations can implement on day one of their journey.



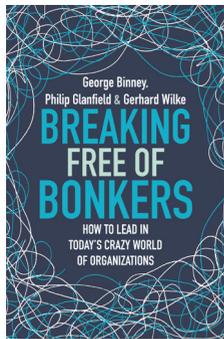
SUDDENLY IN CHARGE

Roberta Chinsky Matuson

Nicholas Brealey

As companies reorganize and reengineer, people are finding themselves tossed into management every day with little to no training or preparation. Literally two books in one, *Suddenly in Charge* provides all of the tools necessary to be successful at managing up and down the line of any organization.

Rights Sold: Arabic (Jarir Bookstore), Spain (Panorama Editorial), Taiwan (EcoTrend)



BREAKING FREE OF BONKERS

George Binney, Philip Glanfield, Gerhard Wilke

Nicholas Brealey

A radical re-think of how individuals help organizations learn and adapt, aimed at everyone who cares about the future of their organization or company.

Breaking Free of Bonkers shows you how it is possible to make progress despite the mad and messy world of today's organisations. Against the odds, it is possible to lead effectively.



THE CULTURE SOLUTION

Deirdre B. Mendez

Nicholas Brealey

The Culture Solution offers a practical system that applies straightforward principles to real-life situations in international business, travel, project and team management, conflict resolution, mediation and more. Through a powerful, practical framework (The ARC System) readers will be able to discern the cultural orientation of the people they're interacting with, no matter where they are from, and understand behavior and expectations in any environment.

STRESS RELATED ILLNESS

Tim Cantopher

sheldon PRESS

Sheldon Press

UK Pub: June 2019

UK Editor: Iain Campbell

Page Extent: 128pp

Surveys of stress-related illness suggest that more than 250,000 people in the UK are experiencing stress at a level that is making them ill. Stress can indeed lead to extensive psychological and physical suffering but one thing is clear: we do have choices. "Stress will always be with us, and we will continue to suffer - unless we choose to change" says Dr Cantopher. "The good news is that this is possible - stress-related illness is avoidable, and if you change, you will attain happiness" Topics covered include: Causes of stress; Manifestations of stress - physical illness; Psychological conditions, such as anxiety, panic disorder, OCD, phobic states and depression; Acute treatments; Longer term management; How to avoid stress and its ill effects; Lifestyle issues; We have a choice! This book offers not just facts, but a message of hope.

About the Authors:

Dr Tim Cantopher is Consultant Psychiatrist and Medical Director at the Priory Hospital, Woking. He has published extensively in academic research and is author of the best-selling *Depressive Illness: The curse of the strong*, Sheldon Press.

HOW TO STOP WORRYING**Frank Tallis**

 The logo for Sheldon Press, featuring the word 'sheldon' in a lowercase, bold, sans-serif font, with 'PRESS' in a smaller, uppercase, sans-serif font above the 'on' part of 'sheldon'.

A guide to making worry work for you, helping you to avoid stress and anxiety. The author sets out to teach how to understand fear and face the possibilities of life calmly.

About the Authors:

Frank Tallis is a writer and clinical psychologist. In 1999 he received a Writers' Award from the Arts Council of Great Britain and in 2000 he won the New London Writers' Award.

In 2005 MORTAL MISCHIEF was shortlisted for the Ellis Peters Historical Dagger Award and for the Quais du Polar Award in France, 2007. FATAL LIES was longlisted for the International Thriller Writers' Best Paperback Award, 2010. DARKNESS RISING was runner up for the 2009 Medical Journalist's Association fiction award and shortlisted for the Elle Prix de Letrice in 2010. It was also shortlisted for an Anthony and an Edgar in 2011. DEADLY COMMUNION was shortlisted for an Edgar in 2012. The Liebermann books have been translated into fourteen languages and optioned for TV adaptation.

Frank Tallis also writes horror and supernatural fiction as F.R.Tallis. THE FORBIDDEN (2012) THE SLEEP ROOM (2013) and THE VOICES (2014) are all published by Macmillan.

Sheldon Press**UK Pub:** June 2019**UK Editor:** Iain Campbell**Page Extent:** 128pp**Rights Sold:**

Italy (Fattoria del Mare)
Portugal (Bookout Ltd)

THE EMPATHY TRAP: Understanding Antisocial Personalities**Jane McGregor**

 The logo for Sheldon Press, featuring the word 'sheldon' in a lowercase, bold, sans-serif font, with 'PRESS' in a smaller, uppercase, sans-serif font above the 'on' part of 'sheldon'.

Sociopathy affects an estimated 1- 4% of the population, but not all sociopaths are cold-blooded murderers. They're best described as people without a conscience, who prey on those with high levels of empathy, but themselves lack any concern for others' feelings and show no remorse for their actions.

Drawing on real life cases, *The Empathy Trap: Understanding Antisocial Personalities* explores this taboo subject and looks at how people can protect themselves against these arch-manipulators.

Sheldon Press**UK Pub:** June 2019**UK Editor:** Iain Campbell**Page Extent:** 128pp**Rights Sold:**

Denmark (Dansk Psyk Forlag)
US (Turner Publishing)

Topics include:

- Defining sociopathy, and related conditions such as psychopathy, narcissism, and personality disorder
- How sociopaths operate and why they're often difficult to spot
- Identifying sociopathic behavior
- The sociopath's relations with other people and why they often go unpunished
- Coping with the aftermath of a destructive relationship
- Re-establishing boundaries and control of your life
- Practical advice for keeping sociopaths at bay

About the Authors:

Dr Jane McGregor is an author and lecturer at the Institute of Mental Health, University of Nottingham. Tim McGregor is a health practitioner with more than 20 years' experience in addiction and sociopathy.

COPING WITH MEMORY PROBLEMS**Sallie Baxendale**

 The logo for Sheldon Press, featuring the word 'sheldon' in a lowercase, bold, sans-serif font, with 'PRESS' in a smaller, uppercase, sans-serif font above it.

For every person who develops Alzheimer's, there are thought to be at least another eight whose memory problems are severe enough to affect the quality of their lives. This book addresses all forms of memory loss, organic and non-organic; it explores all forms of memory loss, organic and non-organic. It suggests practical ways of coping, as well as what to do if you are concerned about your tendency to forget things, or if you are caring for someone who has memory difficulties.

Topics include:

- different types of memory, such as prospective, autobiographical and procedural
- how memory goes wrong – a checklist
- why memory might go wrong – normal age-related decline, physical illness, worry, medication, hormonal changes, diet, alcohol, and disease
- the role of anxiety, depression and stress in memory problems
- dementia and how it might manifest
- neurological damage
- myths and misconceptions
- when to seek further help – tell-tale signs and symptoms

About the Authors:

Dr Sallie Baxendale is a consultant clinical neuropsychologist at the Institute of Neurology, University College. She is widely published (the Lancet, the British Journal of Medicine, Neurology) She is author of *Epilepsy: Complementary and Alternative Treatments*, Sheldon Press.

Sheldon Press**UK Pub:** June 2019**UK Editor:** Iain Campbell**Page Extent:** 128pp**TREATING ARTHRITIS: The Drug Free Way****Margaret Hills**

 The logo for Sheldon Press, featuring the word 'sheldon' in a lowercase, bold, sans-serif font, with 'PRESS' in a smaller, uppercase, sans-serif font above it.

The Treating Arthritis books draw on more than 25 years of experience at the renowned Margaret Hills clinic, and have helped hundreds of thousands of people with arthritis.

The new edition of this book looks at research which suggests that the Margaret Hills programme is effective in treating arthritis, with some patients having impressive improvements after just a few weeks. The link between exceptional stress and arthritis is also explored.

Other topics include:

pain relief and better mobility; medication and side-effects; improved quality of life; new section on troubleshooting, which considers situations such as joint pain from other health conditions, digestive health, arthritis in later life, arthritis in children and young people, and co-existing conditions such as high blood pressure, depression and weight problems.

About the Authors:

Margaret Hills SRN trained as a nurse at St Stephen's hospital and had a long career as an industrial nurse. She developed her 'acid-free' method of treating arthritis after developing osteoarthritis and rheumatoid arthritis as a young woman. Christine Horner, Margaret Hills' daughter, is a nutritional medicine practitioner and Scenar therapist. She now runs the Margaret Hills Clinic in Kenilworth.

Sheldon Press**UK Pub:** June 2019**UK Editor:** Iain Campbell**Page Extent:** 128pp**Rights Sold:**

Brazil (Pensamento Cultrix)

sheldon PRESS

Sheldon Press

UK Pub: June 2019

UK Editor: Iain Campbell

Page Extent: 128pp

OVERCOMING GAMBLING: A Guide For Problem And Compulsive Gamblers

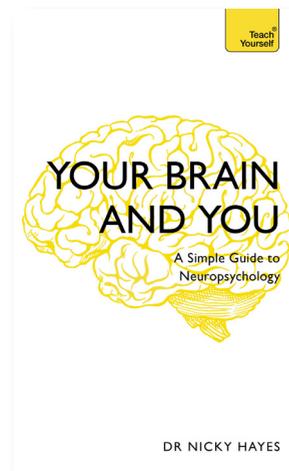
Philip Mawer

Problem gambling is on the rise. It affects a wide range of people, from teenagers and students to housewives and the retired. Problem gamblers are at greater risk not only of financial disaster, but of relationship breakdown, poor physical health, mental-health problems such as anxiety and depression, and suicide.

This book looks at how to stop gambling once and for all. Drawing on his own experience of problem gambling, Philip Mawer shares his practical system designed for the gambling mentality and shows that it is possible to break free and to move on to a new, happy life.

About the Authors:

Philip Mawer is a senior manager in overseas catering. Originally from Taunton, Somerset, he has worked in Chad, Sierra Leone, Yemen, Algeria, Afghanistan, Australia, Cyprus and the Ukraine.



Teach Yourself

UK Pub: August 2018

UK Editor: Iain Campbell

Page Extent: 256pp

Rights Sold:

Bulgaria (Homo Futurus Publishers)
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Spain (Ediciones Obelisco)

YOUR BRAIN AND YOU: A Simple Guide to Neuropsychology

Nicky Hayes

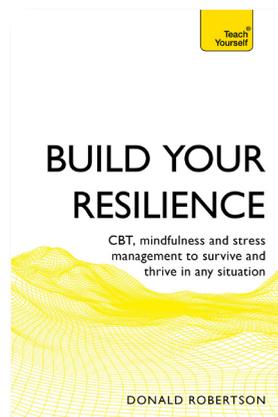
An up-to-date introduction to how your brain works.

Most general knowledge about the brain and its workings is very dated, drawing on studies from the first part of the previous century or even earlier. However, the advent of brain scanning which allows the study of the ordinary working brain, rather than just dead ones or people having brain surgery, has resulted in some amazing new developments that contribute immensely to our general social understanding of people and how they work.

Written by Dr Nicky Hayes, bestselling author of *Understand Psychology*, *Your Brain and You* is a beginner's guide to neuropsychology. It takes you through every aspect of how your brain works, from nervous systems and brain structures to neural transmission and neural correlates. You will discover how it all began, how it works, how we see, do things, hear and experience the outside world. Explore memories, relationships, emotions, decision-making, sleep, consciousness and common disorders such as dyslexia, dysgraphia & dyscalculia.

About the Author:

Dr Nicky Hayes is a Fellow of the British Psychological Society, a Chartered Psychologist and an Honorary Life Member of the Association for the Teaching of Psychology. She has written widely and is a prominent media figure, thanks to her ability to apply psychology to everyday life and her experience working with business and the public sector as well as in universities and colleges.



Teach Yourself

UK Pub: July 2019

UK Editor: Jonathan Shipley

PDF Available / 256pp

Rights Sold:
Brazil (CDG Editora)

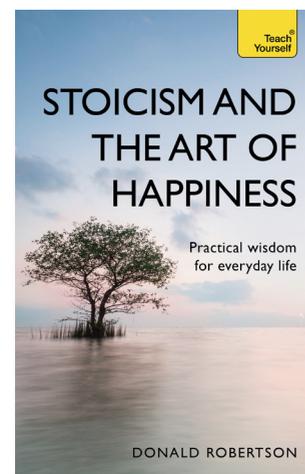
BUILD YOUR RESILIENCE: CBT, mindfulness and stress management to survive and thrive in any situation Donald Robertson

An interactive and dynamic guide to Resilience, the highly-effective CBT-based therapy which will help you to stay strong and positive whatever your situation.

Resilience: How to Thrive and Survive in Any Situation helps you to prepare for adversity by finding healthier ways of responding to stressful thoughts and feelings. You will learn a comprehensive toolkit of effective therapeutic strategies and techniques, drawing upon innovative “mindfulness and acceptance-based” approaches to cognitive-behavioural therapy (CBT), combined with elements of established psychological approaches to stress prevention and management. The book also draws upon classical Stoic philosophy to provide a wider context for resilience-building.

About the Authors:

Donald Robertson is a UKCP registered psychotherapist, specialising in cognitive-behavioural therapy (CBT), clinical hypnosis, and other evidence-based approaches. He has been in practice as a therapist for over fifteen years and mainly treats clients with anxiety-related problems at his clinic in Harley Street, London. Donald is also an experienced trainer and workshop facilitator. He is the author of dozens of articles in therapy journals and magazines and of the books *The Philosophy of Cognitive-Behavioural Therapy* (2010) and *The Practice of Cognitive-Behavioural Hypnotherapy* (in press). He is also the editor of *The Discovery of Hypnosis* (2009), the complete writings of James Braid, the founder of hypnotherapy.



Teach Yourself

UK Pub: September 2018

UK Editor: Jonathan Shipley

Page Extent: 304pp

Rights Sold:
Brazil (CDG Editora)
Romania (Grup Media Litera)
Vietnam (First News - Tri Viet Publishing Co)

STOICISM AND THE ART OF HAPPINESS Donald Robertson

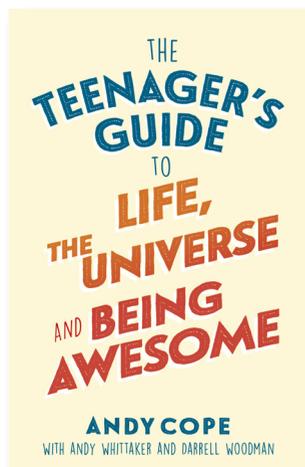
Discover how the ancient wisdom of the Stoic philosophers can provide you with a philosophy of life in the twenty first century which will make you more resilient, more positive, more successful and more happy.

In many ways a precursor to Cognitive Behavioural Therapy (CBT), Stoicism provides an armamentarium of strategies and techniques for developing psychological resilience, while celebrating all in life which is beautiful and important. By learning what stoicism is, you can revolutionise your life and learn how to seize the day, live happily and be a better person.

This simple, empowering book shows how to use this ancient wisdom to make practical, positive changes to your life. Using thought-provoking case studies, highlighting key ideas and things to remember and providing tools for self-assessment, it demonstrates that Stoicism is a proven, profound pathway to happiness.

About the Author:

Donald Robertson is a cognitive-behavioural psychotherapist, trainer and author who specialises in the treatment of anxiety and the use of CBT. He is the author of six books and many articles on philosophy, psychotherapy and psychological skills training.



John Murray Learning

UK Pub: March 2019

UK Editor: Jonathan Shipley

Page Extent: 192pp

THE TEENAGER'S GUIDE TO LIFE, THE UNIVERSE AND BEING AWESOME

Andy Cope

Get motivated, feel good and start making a difference in the world with this inspiring and motivating guide to being young and winning at life. Get excited about your future AND learn how to be happy in the here and now.

You are already the best in the world at being you. This book will help you get even better.

Mental ill-health is rife among young people. It's in the news, daily. The current, somewhat flawed system is, 'wait until kids crack up and then try to fix them'. But why wait 'til you crack up in the first place? This book shows you how to think big, prepare for your future with confidence and make a dent on the universe.

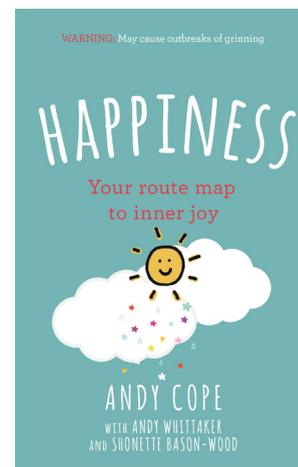
The mix of science, personal development and humour in this book is easy to read but practical and of equal use to children, parents or schools, and has been developed in line with Andy's direct experience working with young people across the country.

About the Author:

Andy describes himself as an author, happiness expert, qualified teacher and learning junkie. He has spent 10 years researching 'positive psychology' culminating in a 'PhD in Happiness' from Loughborough University.

He has developed a series of keynotes and courses centring on themes of happiness and flourishing, which he delivers in businesses and schools across the world.

Andy has written several best-selling personal development books, including *The Art of Being Brilliant*, and is also a best-selling children's author. His *Spy Dog* series has enjoyed huge global success.



John Murray Learning

UK Pub: December 2018

UK Editor: Jonathan Shipley

Page Extent: 224pp

HAPPINESS: Your route-map to inner joy - the joyful and funny self help book that will help transform your life

Andy Cope with Andy Whittaker and Shonette Bason-Wood

Re-think how to get to happiness with this funny, enlightening and deeply practical book.

Happiness, calm and enlightenment need not be elusive concepts which we hear of in theory but are never able to capture. This funny, practical book by Andy Cope, the UK's first Dr of Happiness, will show you how to transform your thinking, change gear and find a fresh new perspective that will leave you better focused on the things that matter, much healthier and a great deal happier.

Happiness is the definitive route map that shows you not only where, but also how. It teaches you to harness your thoughts, memories, ideas and attention to embrace 'now', experience more joy and live a truly flourishing life.

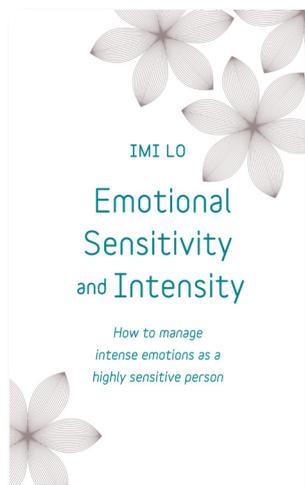
This book is a wake-up call to stop skimming the surface of life, take charge of your attitude and set your path for enlightenment.

Buckle up. You can expect peril, thrills, science and lots of laughter along the way.

About the Author:

Andy describes himself as an author, happiness expert, qualified teacher and learning junkie. He has spent 10 years researching 'positive psychology' culminating in a 'PhD in Happiness' from Loughborough University.

He has developed a series of keynotes and courses centring on themes of happiness and flourishing, which he delivers in business and schools across the world.



Teach Yourself

UK Pub: February 2018

UK Editor: Jonathan Shipley

Page Extent: 256pp

Rights Sold:

China (Beijing Huazhang Graphics and Information)
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Russia (Mann, Ivanov and Ferber)

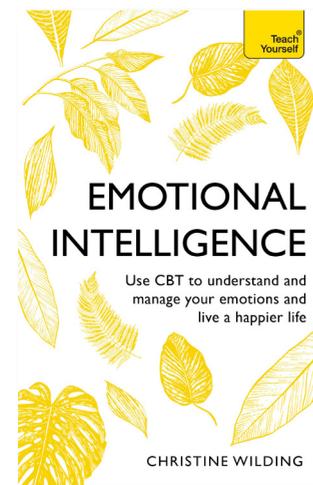
EMOTIONAL SENSITIVITY AND INTENSITY

Imi Lo

Do you feel you experience life more vividly than others?
Do people sometimes describe you as emotionally intense or oversensitive?
Do your emotions soar high and plunge so quickly that you feel you can't keep up?

This book is for you. Learn how to cope with intense feelings, and discover how to use your sensitivity, empathy and intelligence to live a meaningful and fulfilling life. *Emotional Sensitivity and Intensity* will give you in-depth information about this trait, as well as practical exercises and strategies to help with your daily struggles.

It will help you come to new ways of thinking about your past, thrive in your current life, and create exciting possibilities for the future.



Teach Yourself

UK Pub: September 2017

UK Editor: Jonathan Shipley

Page Extent: 288pp

EMOTIONAL INTELLIGENCE

Christine Wilding

Emotional Intelligence deploys accessible, practical steps for you to boost emotional awareness in any part of your life. It introduces you to the principles of EI, explaining why qualities such as assertiveness, perception and motivation really matter if you want to live a fulfilled and successful life.

This book combines detailed, practical application of Emotional Intelligence principles along with insights from the fields of mindfulness and positive psychology to create a powerful tool for change which you can use right away. It presents practical strategies to help you set and achieve new goals either at work or at home, and to engage effectively and positively with everyone around you.



John Murray Learning

UK Pub: January 2019

UK Editor: Jonathan Shipley

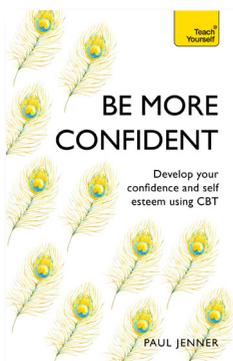
Page Extent: 320pp

THE CONFIDENCE PROJECT Dr Rob Yeung

There's no simple path to being more confident. In fact, there are hundreds of small steps on the road to improved self esteem. But each step can be transformative; begin that journey and try a myriad of proven, techniques with *The Confidence Project*, a unique plan which will transform your life.

Often the only thing separating successful people from the crowd is the self-belief they have running around inside their heads and their innate self-confidence. This book isn't about promoting unrealistic positive thinking – it will help you understand the complex psychology of your beliefs, your assumptions, opinions, values, attitudes, judgements, biases and delusions, and provide a pathway to more confidence.

This book will open your eyes, doing away with unhelpful beliefs and instilling new, more helpful beliefs about yourself and the world.



Teach Yourself

UK Pub: February 2018

UK Editor: Jonathan Shipley

Page Extent: 304pp

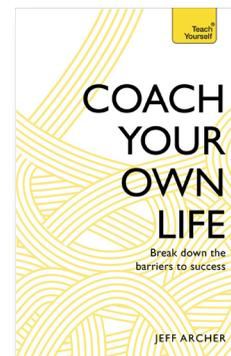
BE MORE CONFIDENT Paul Jenner

Be More Confident gives you the skills you need to gain and display confidence, talk to new people and shine in any social or professional situation. Whether you feel tongue tied, anxious or simply wish to stand out and make yourself heard, this book will help you feel confident.

It uses proven techniques, interactive tools, case studies and motivational advice to help you communicate better, and relate to others in a natural way. If you've always been a little shy, it will give you practical help on everything from body language to great conversation openers.

Covering work, home, relationships, social media and every other area of your daily routine, this practical, outcome-focused book will help you you feel better not only about yourself, but about the way in which you talk to people, make friends, and make an impression.

Rights Sold: Russia (Mann, Ivanov and Ferber)



Teach Yourself

UK Pub: September 2015

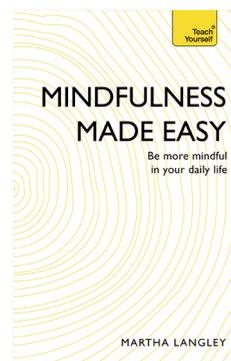
UK Editor: Jonathan Shipley

Page Extent: 272pp

COACH YOUR OWN LIFE: Break Down the Barriers to Success Jeff Archer

A practical handbook to improving your personal and professional life by addressing your motivation, confidence and outlook. This new edition is full of helpful tips, is updated with a 'Third Wave' coaching perspective and is designed to appeal to those who want to be coached to reach both business and personal goals.

Covering everything from career development to personal relationships, appearance and money management, it offers a program of change and progress for each area, while encouraging you to examine your own beliefs, confidence and motivation to ensure that change is for the better and for the long-term. It uses practical resources such as diaries and checklists along with review programs, reward structures and case studies in success. This new edition also contains plenty of tools and advice to help you overcome blockages and obstacles, develop resilience, and become more mindful.



Teach Yourself

UK Pub: December 2015

UK Editor: Jonathan Shipley

Page Extent: 256pp

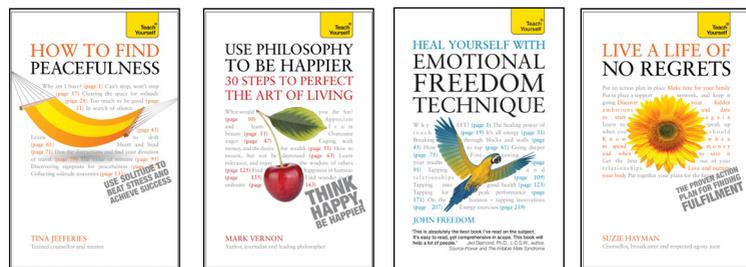
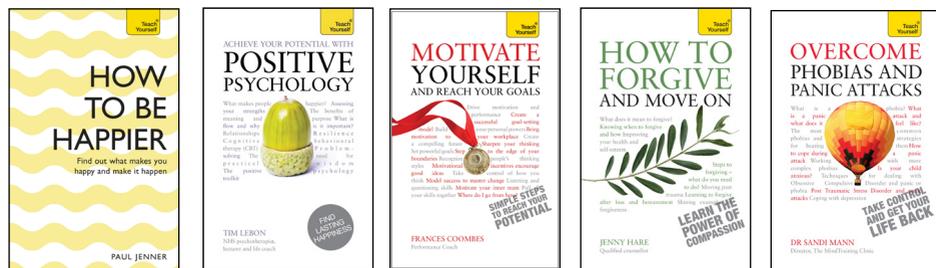
MINDFULNESS MADE EASY: Be more mindful in your daily life Martha Langley

A short, incisive guide which shows how to make mindfulness - the quality or state of being conscious and aware of ourselves and our environment - feel easy.

If you are suffering from low moods, feeling anxious, or just want to learn an amazing technique for gaining control of your mind and feelings, this book is a clear and approachable introduction to the power of mindfulness.

The most straightforward guide available, it gives practical step-by-step instructions on how to integrate mindful thinking into your daily life using a variety of different exercises, and shows how to use mindfulness to overcome almost anything, from depression and anxiety to over-eating and relationship difficulties.

Rights Sold: Romania (Grup Media Litera)



How to be Happier • UK Pub: September 2015 •

Rights Sold: Georgia (Palitra L Publishing) Poland (Wydawnictwo KOS)

Positive Psychology • UK Pub: June 2014

Motivate Yourself and Reach Your Goals • UK Pub: September 2013

How to Forgive and Move On • UK Pub: December 2013

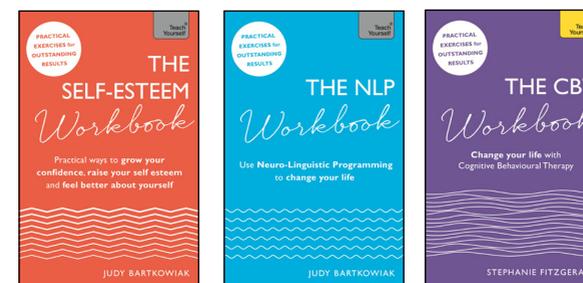
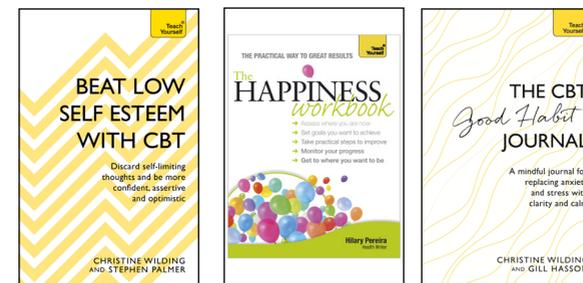
Overcome Phobias and Panic Attacks • UK Pub: December 2013

Peacefulness • UK Pub: April 2013

Use Philosophy to be Happier • UK Pub: April 2013

Heal Yourself with Emotional Freedom Technique • UK Pub: May 2013

Live a Life of No Regrets • UK Pub: December 2013



Beat Low Self-Esteem • UK Pub: February 2016

The Happiness Workbook • UK Pub: September 2015

CBT Good Habit Journal • UK Pub: December 2015

Self-Esteem Workbook • UK Pub: October 2017

NLP Workbook • UK Pub: October 2017

CBT Workbook • UK Pub: October 2017



Improve Your Memory • UK Pub: February 2016 • **Rights Sold:** Romania (Lifestyle Publishing)

Build Your Brain Power • UK Pub: June 2015 • **Rights Sold** (Brazil CDG Editora)

Beat Your IBS • UK Pub: March 2018

How to Stop Smoking • UK Pub: April 2013

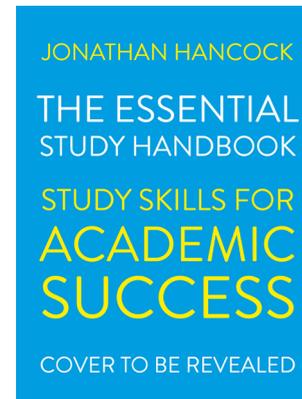
Beat Your Pain • UK Pub: August 2013

Yoga for Pregnancy and Birth • UK Pub: July 2017

Baby Massage and Yoga • UK Pub: July 2017

Andrea Grace's Gentle Sleep Solutions • UK Pub: August 2017

Beat Insomnia with NLP • UK Pub: March 2018



Teach Yourself

UK Pub: June 2019

UK Editor: Iain Campbell

MS due May 2019

THE STUDY BOOK: Essential Skills for Academic Success Jonathan Hancock

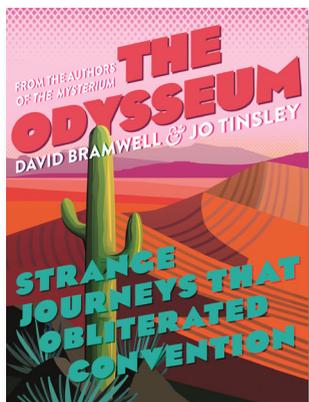
This is the book that will help you succeed in your studies. Discover how to design the best approach for you; make the most of every academic opportunity; and keep developing and utilising all the skills you need to succeed in your final exams, assignments - and beyond.

THE STUDY BOOK reinvents study skills, empowering you to understand the key academic skills you need, whatever your course, while at the same time helping you put those skills into practice within your course.

It guides you through activities and processes to help you examine your learning abilities and experiences so far, to understand your particular preferences and styles, your natural advantages as well as any specific weaknesses, and then guides you to build an effective personal approach to studying. It will help you fulfil the key success criteria to do well in your course, like completing high quality assignments, and showing off your full understanding in exams. Along the way you'll find emergency tips to inject into realistic situations like when struggling with the dynamics in a group-working situation, lost in planning a complex assignment, or getting stressed in the days before an exam.

About the Authors:

Jonathan Hancock is an experienced tutor, teacher, school leader and lecturer. He developed his own learning skills to gain a First-Class degree from Oxford University, as well as to break two Guinness World Records and achieve the title of World Memory Champion. The author of a number of books about memory, learning and study, he is currently a Director of the Learning Skills Foundation, a member of the Advisory Council of the LEARNUS thinktank, and a consultant in business, broadcasting and higher education.



Chambers

UK Pub: October 2018

UK Editor: Jonathan Shipley

Page Extent: 240pp

THE ODYSSEUM: Strange Journeys that Obliterated Convention David Bramwell and Jo Tinsley

Explore the extraordinary stories behind some of the greatest – and strangest – adventures and explorations in human history.

The Odysseum explores extraordinary journeys, pilgrimages, expeditions and meanders of the mind that helped us to figure out our place in the world.

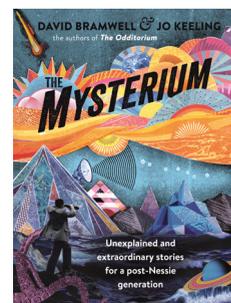
We will learn about epic trips to the bottom of the ocean, to outer space and to the deepest cave on earth ("like climbing an inverted Mount Everest") as well as micro-journeys, such as Xavier de Maistre's six-week odyssey around his bedroom and the tale of a Nazi who attempted to walk around the world without setting foot outside of his prison.

Brought to you by the bestselling authors of *The Odditorium* and *The Mysterium*, this book is a call to arms to step off the beaten path and embark on your own eccentric, remarkable odyssey.

About the Authors:

David Bramwell is the creator of the bestselling *Cheeky Guides* and author of travel memoir *The No9 Bus to Utopia*, which has since evolved into an award-winning one man show, Radio 3 documentary and TEDx talk. He is a regular contributor to *Ernest Journal*, co-hosts the *Odditorium* podcast and has written books on alcohol and hard words for Harper Collins.

Jo Keeling is the editor and publisher of *Ernest Journal*, an awardwinning digital and printed magazine. She worked on the launch team for Countryfile magazine, launched and edited *Pretty Nostalgic* magazine and co-authored *Wild Guide: Devon, Cornwall and South West*. She writes regularly for *Countryfile*, *The Simple Things*, *The Guardian*, *Independent* and greentraveller.co.uk.



Chambers

UK Pub: September 2018

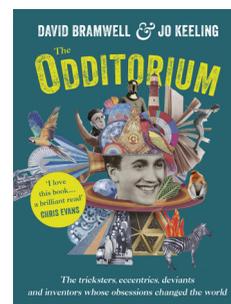
UK Editor: Jonathan Shipley

Page Extent: 240pp

THE MYSTERIUM David Bramwell and Jo Keeling

In *The Mysterium* David Bramwell and Jo Keeling present a user guide to the strange and unexplained corners of modern life. *The Mysterium* catalogues a host of bizarre, funny and intriguing stories for a post-Nessie generation still fascinated by the unknowable. Drawing on contemporary folklore, unsolved mysteries, and unsettling phenomena from the dark corners of the internet, this book celebrates the joy of asking questions and the thrill of finding answers which stop you dead in your tracks.

Featuring a group of men who scared themselves to death, Space's version of the Bermuda Triangle, a cat who can sniff out the dying and the tale of Slender Man, the monster who stepped out of Photoshop and into our nightmares, this fascinating book is a catalogue of the extraordinary, the strange, the mysterious and the downright creepy.



Chambers

UK Pub: September 2017

UK Editor: Jonathan Shipley

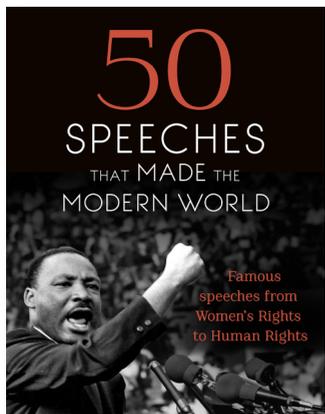
Page Extent: 256pp

THE ODDITORIUM David Bramwell and Jo Keeling

The Odditorium is a playful re-telling of history, told not through the lens of its victors, but through the fascinating stories of a wealth of individuals who, while lesser-known, are no less remarkable.

Throughout its pages you'll learn about the antics and adventures of tricksters, eccentrics, deviants and inventors. While their stories range from heroic failures to great hoaxes, one thing unites them – they all carved their own path through life. Each protagonist exemplifies the human spirit through their dogged determination, willingness to take risks, their unflinching obsession and, often, a good dollop of eccentricity.

Rights Sold: Taiwan (Domain Publishing)



Chambers

UK Pub: October 2016

UK Editor: Iain Campbell

Page Extent: 256pp

Rights Sold:

Brazil (L&PM Editores)
Estonia (Rahva Raamat)
France (Dunod)
Korea (Humanist)
Spain (Turner Publicaciones)
Taiwan (Linking Publishing)

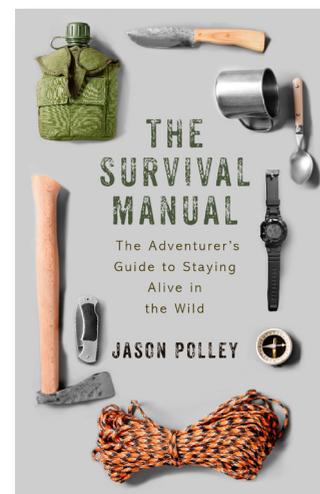
50 SPEECHES THAT MADE THE MODERN WORLD Chambers (Ed.)

A collection of 50 of the most significant speeches from around the globe that demonstrably changed the modern world and analysis into the impact they had.

50 Speeches That Made The Modern World is a celebration of the most influential and thought-provoking speeches that have shaped the world we live in. With comprehensive, chronological coverage of speeches from the 20th and 21st centuries, taken from all corners of the globe, it covers Emmeline Pankhurst's patiently reasoned condemnation of men's failure to improve ordinary women's lives in 1908 through speeches by Vladimir Lenin, Mahatma Gandhi, David Ben-Gurion, Albert Einstein, Fidel Castro, Nikita Khrushchev, Ernesto 'Che' Guevara, Martin Luther King, Malcolm X, Nelson Mandela, Benazir Bhutto, Osama Bin Laden and Aung San Suu Kyi, right up to the most compelling oratory surrounding the 2016 US Presidential elections.

Through the rallying propaganda speeches during World War II to the cautious rhetoric of the Cold War period, through challenging the status quo on issues of race, gender and politics to public addresses to the masses on the issues of AIDS and terrorism, through apologies, complaints, warmongering, scaremongering and passionate pleas, this book delivers the most important speeches of the modern era and why they still remain so significant.

Each speech has an introduction explaining its setting, importance and impact as well as marginal notes filling in any background information.



Teach Yourself

UK Pub: April 2018

UK Editor: Iain Campbell

Page Extent: 304pp

Rights Sold:

Vietnam (Huy Hoang Cultural Joint Stock Company)

THE SURVIVAL MANUAL: The Adventurer's Guide to Staying Alive in the Wild Jason Polley

A practical and to the point guide to outdoor survival from a military trained and highly experienced professional adventurer.

Every year, more than 40,000 people climb Mount Kilimanjaro and millions head for the great outdoors every weekend. If you are one of them, would you know what to do if you got stranded or hurt?

The Survival Manual gives essential, practical advice for handling situations that weren't part of the plan and can quickly escalate. It starts with ten life-saving tips then outlines the crucial components for staying alive, starting with water, food and shelter.

Covering every possible scenario, from basic survival skills to advanced insight into surviving in hostile conditions, this is the ultimate survival guide for anyone who spends any time outdoors.

About the Author:

Jason Polley is an adventurer and writer based in the Scottish Highlands. He has travelled to over fifty countries taking in the Amazon, Arctic Circle, Sahara and Himalayas. He is trained in Survival Skills, First Aid, and was taught the art of tracking by Ray Mears.

50 CLASSICS

'The synopses in this book are fair, balanced, and about as good an introduction to the broad range of modern economic writing, along with a few classics, as one is likely to find' **Professor James K. Galbraith on 50 Economics Classics**

What if you didn't have to read the 50 most important books on a subject to know the most important ideas? Tom Butler-Bowdon's **50 Classics** series is the thinking person's guide to big ideas. Each title synthesises the 50 greatest books ever written in their field, distilling hundreds of ideas from across the centuries, from the super-contemporary to the original pioneers. With an insightful commentary for every book, key quotes, biographical information on the authors and a guide to further reading, the *50 Classics* give a unique overview of the writings that shaped history – and are still shaping minds today.

About the Author:

Tom Butler Bowden is recognised as an expert on personal development literature. His **50 Classics** series has been hailed as the definitive guide to the literature of possibility, and has won numerous awards.



50 BUSINESS CLASSICS

Nicholas Brealey

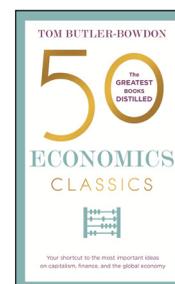
UK Pub: April 2018

UK Editor: Holly Bennion

Page Extent: 400pp

Rights Sold:

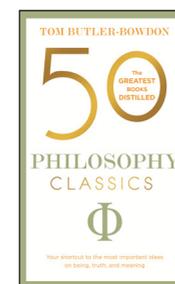
Indonesia (PT Garamedia)
Japan (Discover 21)
Russia (Eksmo)
Spain (Ediciones Obelisco)
Taiwan (China Times Publishing)



50 ECONOMICS CLASSICS

UK Pub: May 2017
Page Extent: 368pp

Rights Sold: Japan (Discover 21)
Taiwan (China Times)
Turkey (Pegasus)



50 PHILOSOPHY CLASSICS

UK Pub: May 2017
Page Extent: 336pp

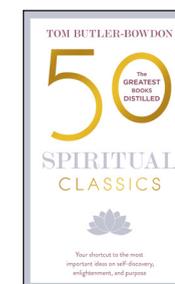
Rights Sold: Arabic (Dar Al Hywar), Brazil (Somos Educao), Japan (Discover 21), Romania (Grup Media Litera), Spain (Sirio), Taiwan (China Times), Ukraine (KM Books)



50 SELF-HELP CLASSICS

UK Pub: Oct 2017
Page Extent: 336pp

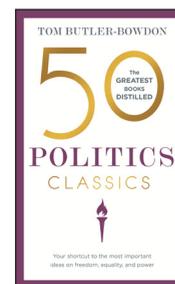
Rights Sold: China (Citic), Greece (Fytrakis), Korea (Next Wave), Russia (Astrel), Spain (Profit), Taiwan (China Times)
Turkey (Pegasus)



50 SPIRITUAL CLASSICS

UK Pub: Oct 2017
Page Extent: 336pp

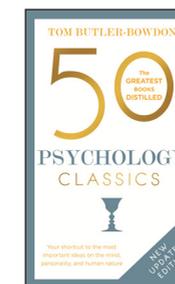
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50 POLITICS CLASSICS

UK Pub: May 2017
Page Extent: 336pp

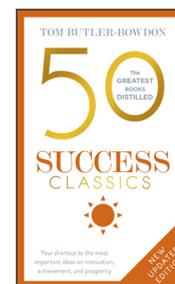
Rights Sold: Japan (Discover 21), Russia (Eksmo), Taiwan (China Times Publishing), Turkey (Pegasus), Ukraine (KM Books)



50 PSYCHOLOGY CLASSICS

UK Pub: May 2017
Page Extent: 336pp

Rights Sold: China (Citic), Korea (Next Wave), Mongolia (Suun Suvd), Romania (Grup Media Litera), Russia (Astrel), Spain (Sirio), Turkey (Pegasus), Taiwan (China Times)



50 SUCCESS CLASSICS

UK Pub: Oct 2017
Page Extent: 352pp

Rights Sold: Italy (Gribaudo Editore), Spain (Profit Editorial), Taiwan (China Times), Turkey (Pegasus)

NEW SCIENTIST

Since 1956, New Scientist has established a world-beating reputation for exploring and uncovering the latest developments and discoveries in science and technology, placing them in context and exploring what they mean for the future. Each week through a variety of different channels, including print, online, social media and more, New Scientist reaches over 5 million highly engaged readers around the world.



John Murray

UK Pub: August 2019

UK Editor: Kate Craigie

MS due March 2019

WHY DO BOYS HAVE NIPPLES?: AND OTHER WEIRD QUESTIONS THAT ONLY SCIENCE CAN ANSWER New Scientist

The Horrible Histories but for science -- packed with all the gross and weird bits.

Children make excellent scientists - they're inquisitive, keen to learn and have open minds. And they especially love to learn about all the gross stuff and all the weird facts - this book is packed full of them.

Discover how to extract iron from your breakfast cereal; how fish communicate by farting; why boys have nipples; how to turn your fried eggs green and why tigers have stripes, not spots.

Behind each surprising question and answer or wacky experiment is a scientific explanation that will teach children more about biology, chemistry and physics.

THE BRAIN



UK Pub: September 2018

Rights Sold: China (China South Booky Culture)

Featuring witty essays, enlightening infographics and fascinating 'try this at home' experiments, New Scientist take you on a journey through intelligence, memory, creativity, the unconscious and beyond. From the strange ways to distort what we think of as 'reality' to the brain hacks that can improve memory, *The Brain: A User's Guide* will help you understand your brain and show you how to use it to its full potential.

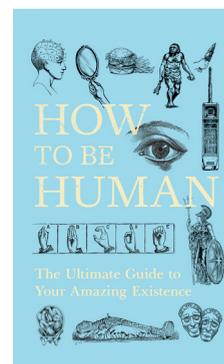
HOW TO BE HUMAN

If you thought you knew who you were, THINK AGAIN.

Did you know that half your DNA isn't human? That somebody, somewhere has exactly the same face? Or that most of your memories are fiction?

You belong to a unique, fascinating and often misunderstood species. *How to be Human* is your guide to making the most of it.

Rights Sold: China (Hachette Phoenix), Spain (Alianza)



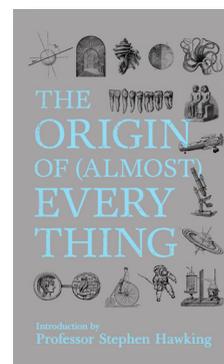
UK Pub: March 2019

THE ORIGIN OF (ALMOST) EVERYTHING

With an Introduction by Professor Stephen Hawking.

In *The Origin of (almost) Everything*, New Scientist explores the modern origin stories of everything from the Big Bang, meteorites and dark energy, to dinosaurs, civilisation, timekeeping, belly-button fluff and beyond.

Rights Sold: Brazil (Pensamento Cultrix), Bulgaria (Homo Futurus), China (Hachette Phoenix), Hungary (Gabo), Italy (Dedalo), Japan (Discover 21), Korea (Freelec), Netherlands (Veen Media), Norway (Font), Poland (Insignis Media), Portugal (Marcador Editora), Russia (Corpus Books) Spain (Alianza), Taiwan (Briefing Press), Turkey (Kultur Yayinlari)



UK Pub: March 2018

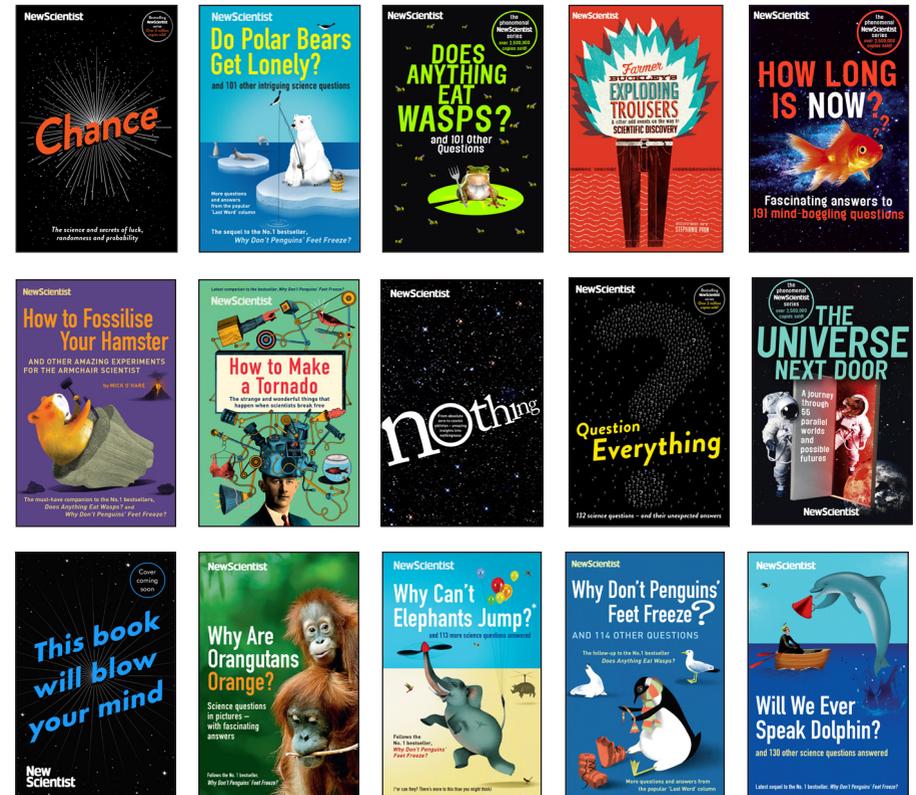
New Scientist's Instant Expert books shine light on the subjects that we all wish we knew more about: topics that challenge, engage enquiring minds and open up a deeper understanding of the world around us. *Instant Expert* books are definitive and accessible entry points for curious readers who want to know how things work and why.

A JOURNEY THROUGH THE UNIVERSE • HOW EVOLUTION EXPLAINS EVERYTHING ABOUT LIFE • HOW NUMBERS WORK • HOW YOUR BRAIN WORKS • HUMAN ORIGINS • MACHINES THAT THINK • THE END OF MONEY • THE QUANTUM WORLD • THIS IS PLANET EARTH • WHERE THE UNIVERSE CAME FROM • WHY THE UNIVERSE EXISTS • YOUR CONSCIOUS MIND



Rights Sold: Arabic (Jarir), Bulgaria (Homo Futurus), China (United Sky Beijing, China Machine Press, P&T Press), Estonia (Tanapaev), Italy (Edizioni Dedalo), Japan (Softbank Creative), Korea (Hanbit, Minumsa), Russia (AST), Spain (Alianza)

CHANCE • DO POLAR BEARS GET LONELY? • DOES ANYTHING EAT WASPS • FARMER BUCKLEY'S EXPLODING TROUSERS • HOW LONG IS NOW • HOW TO FOSSILISE YOUR HAMSTER • HOW TO MAKE A TORNADO • NOTHING • QUESTION EVERYTHING • THE UNIVERSE NEXT DOOR • THIS BOOK WILL BLOW YOUR MIND • WHY ARE ORANGUTANS ORANGE? • WHY CAN'T ELEPHANT'S JUMP? • WHY DON'T PENGUINS' FEET FREEZE? • WILL WE EVER SPEAK DOLPHIN



Rights Sold: China (China CITIC, China South Booky, Human Science and Technology Press, The Commercial Press), Estonia (AS Aripaev), France (Editions Du Seuil), Germany (Fischer), Indonesia (PT Gramedia Pustaka Utama), Korea (Boogle Books, Interpark), Japan (SB Creative Corp), Netherlands (Veen Media, Uitgeverij Lias), Poland (Insignis Media), Portugal (Casa das Letras), Romania (Grup Media Litera), Russia (BKL Publishers), Spain (Alianza), Taiwan (Commonwealth Publishing, Gusa, Walkers Cultural Enterprise, Yuan-Liou Publishing), and US (Simon & Schuster, The Experiment, Pegasus Books)

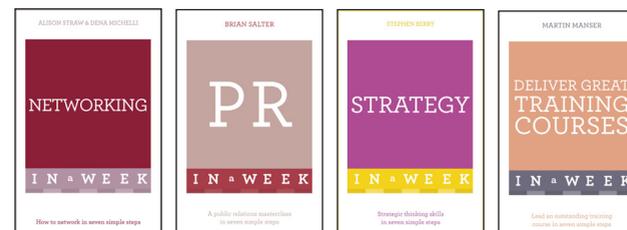
IN A WEEK

In A Week books are for managers, leaders and business executives who want to succeed at work. From negotiating and content marketing to finance and social media, the in a week series covers the business topics that really matter and that will help make a difference to careers today. Written in straightforward English, each book is structured as a seven-day course so that with just a little work each day, readers will quickly master the subject. In a fast-changing world, this series enables readers not just to get up to speed, but to get ahead.



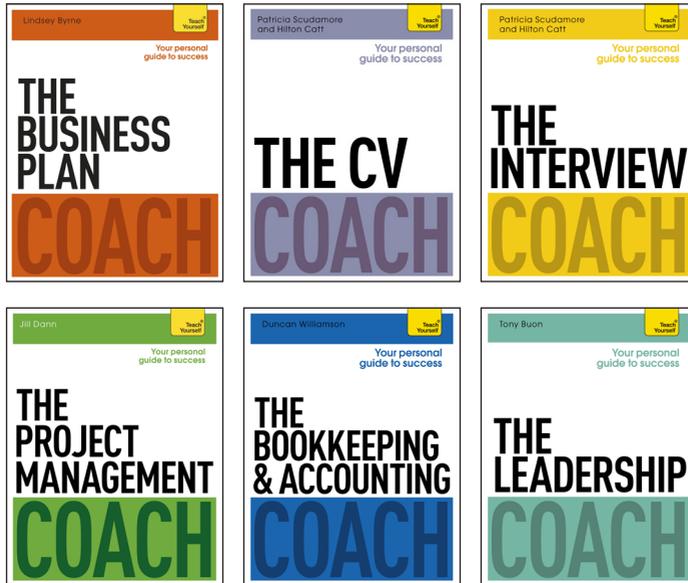
- **E-COMMERCE IN A WEEK**
- **MOBILE MARKETING IN A WEEK**
- **BRAND MANAGEMENT IN A WEEK**
- **DIFFICULT CONVERSATIONS IN A WEEK**
- **BUSINESS COMMUNICATION IN A WEEK**
- **OUTSTANDING CONFIDENCE IN A WEEK**

- **ADVANCED NEGOTIATION SKILLS IN A WEEK**
- **APPRAISALS IN A WEEK**
- **BOOKKEEPING AND ACCOUNTING IN A WEEK**
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- **CHANGE MANAGEMENT IN A WEEK**
- **COACHING IN A WEEK**
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- **LEADERSHIP IN A WEEK**
- **LEADING TEAMS IN A WEEK**
- **MANAGING STRESS AT WORK IN A WEEK**
- **MANAGING YOUR BOSS IN A WEEK**
- **MANAGING YOURSELF IN A WEEK**
- **MARKETING IN A WEEK**
- **MARKETING PLANS IN A WEEK**
- **MARKET RESEARCH IN A WEEK**
- **MBA IN A WEEK**
- **MINDFULNESS AT WORK IN A WEEK**
- **MOTIVATING PEOPLE IN A WEEK**
- **NEGOTIATION SKILLS IN A WEEK**
- **NETWORKING IN A WEEK**
- **NLP IN A WEEK**
- **PEOPLE MANAGEMENT IN A WEEK**
- **PEOPLE SKILLS IN A WEEK**
- **PLANNING YOUR CAREER IN A WEEK**
- **PR IN A WEEK**
- **PROJECT MANAGEMENT IN A WEEK**
- **PSYCHOMETRIC TESTING IN A WEEK**
- **PUBLIC SPEAKING IN A WEEK**
- **SEO AND SEARCH MARKETING IN A WEEK**
- **SMALL BUSINESS MARKETING IN A WEEK**
- **SOCIAL MEDIA MARKETING IN A WEEK**
- **SPEED READING IN A WEEK**
- **STARTING A NEW JOB IN A WEEK**
- **START YOUR OWN BUSINESS IN A WEEK**
- **STRATEGY IN A WEEK**
- **SUCCEED AT NUMERACY TESTS IN A WEEK**
- **SUCCESSFUL KEY ACCOUNT MANAGEMENT IN A WEEK**
- **SUCCESSFUL SELLING IN A WEEK**
- **TACKLING TOUGH INTERVIEW QUESTIONS IN A WEEK**
- **UNDERSTANDING AND INTERPRETING ACCOUNTS IN A WEEK**



COACH

Most business books just tell you what to do. *The Teach Yourself Business Coach* series uses interactive exercises to help you unlock your potential. Whether you are running your own business or want to get ahead in your career, these workbooks will get you to your destination fast.



THE BUSINESS PLAN COACH
UK Pub February 2014
Page Extent: 256pp

THE CV COACH
UK Pub: February 2014
Page Extent: 240pp

THE INTERVIEW COACH
UK Pub: February 2014
Page Extent: 240pp

THE PROJECT MANAGEMENT COACH UK
Pub: February 2014
Page Extent: 288pp

THE BOOKKEEPING AND ACCOUNTING COACH
UK Pub: April 2014
Page Extent: 320pp

THE LEADERSHIP COACH
UK Pub: April 2014
Page Extent: 256pp



THE MANAGEMENT COACH
UK Pub April 2014
Page Extent: 240pp

THE MARKETING PLANNING COACH
UK Pub: April 2014
Page Extent: 256pp

THE PRESENTING COACH
UK Pub: April 2014
Page Extent: 256pp

THE BUSINESS WRITING COACH
UK Pub: February 2015
Page Extent: 224pp

THE SALES COACH
UK Pub: February 2015
Page Extent: 224pp

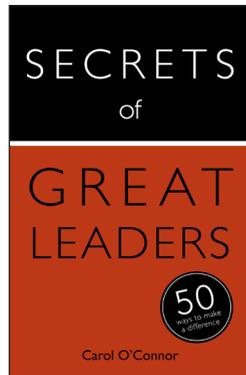
THE STARTUP COACH
UK Pub: February 2015
Page Extent: 256pp

THE FINANCE COACH
UK Pub: August 2015
Page Extent: 272pp

THE NEGOTIATION COACH
UK Pub: August 2015
Page Extent: 304pp

SECRETS OF

An aspirational self-help series that reveals insider secrets to success from top experts. A perfect combination of insight and strategy, packaged in 'dip in and dip out' style, the **Secrets Of** series goes undercover to investigate the 50 things successful people think, know and do.

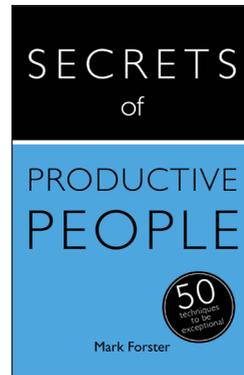


SECRETS OF GREAT LEADERS

UK Pub: November 2015
Page Extent: 272pp

SECRETS OF GREAT SALESPeOPLE

UK Pub: May 2016
Page Extent: 272pp



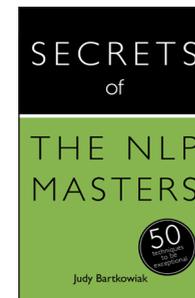
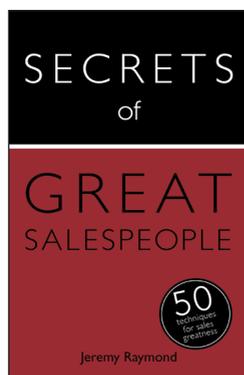
SECRETS OF PRODUCTIVE PEOPLE

UK Pub: August 2015
Page Extent: 288pp



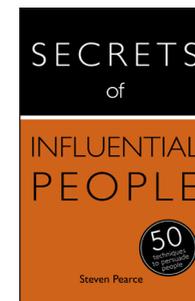
SECRETS OF CONFIDENT COMMUNICATORS

UK Pub: June 2014
Page Extent: 256pp
Rights Sold: Arabic (Jarir)



SECRETS OF THE NLP MASTERS

UK Pub: August 2014
Page Extent: 272pp



SECRETS OF HAPPY PEOPLE

UK Pub: July 2014
Page Extent: 256pp
Rights Sold:

Arabic (Jarir)
Portugal (Editora Self)
Russia (Eksmo)

SECRETS OF HAPPY RELATIONSHIPS

UK Pub: August 2014
Page Extent: 240pp



SECRETS OF INFLUENTIAL PEOPLE

UK Pub: June 2014
Page Extent: 272pp
Rights Sold:

Arabic (Jarir)
Japan (Hankyu Communications)
Russia (Eksmo)

SECRETS OF RESILIENT PEOPLE

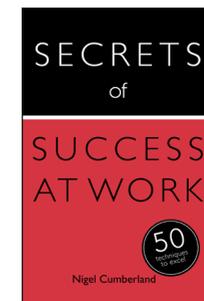
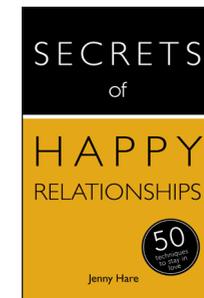
UK Pub: June 2014
Page Extent: 256pp
Rights Sold:

Arabic (Jarir)
Japan (Hankyu Communications)
Russia (Eksmo)

SECRETS OF SUCCESS AT WORK

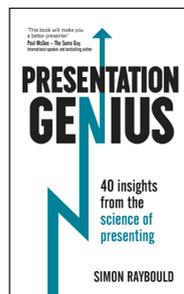
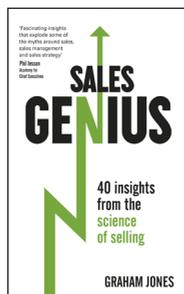
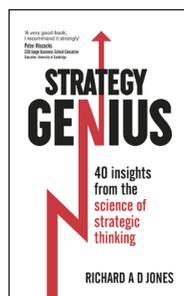
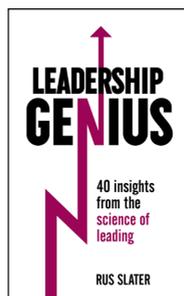
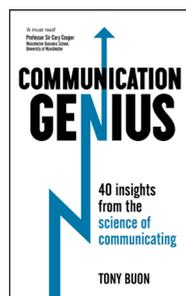
UK Pub: June 2014
Page Extent: 256pp
Rights Sold:

Arabic (Jarir)
Portugal (Editora Self)



GENIUS

The Genius series is aimed at leaders and managers who want to improve their skills and people aged 25-45 who are keen to improve their skills but may be a little cynical about many of the business and self-help books on the market. The Genius series cuts through the noise to bring proven research that readers can trust to help reach their goals at work. Each title includes practical hints and tips to use, taken from 40 cutting-edge research studies.



COMMUNICATION GENIUS

UK Pub: November 2015

Page Extent: 336pp

LEADERSHIP GENIUS

UK Pub: September 2015

Page Extent: 256pp

Rights Sold: Vietnam (Nha Nam)

STRATEGY GENIUS

UK Pub: September 2015

Page Extent: 256pp

SALES GENIUS

UK Pub: July 2015

Page Extent: 224pp

Rights Sold: Turkey (The Kitap)

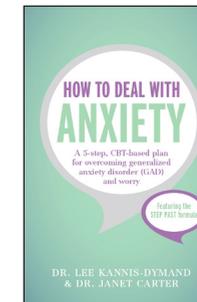
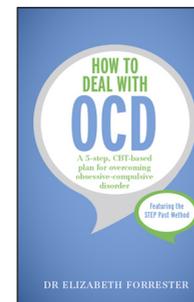
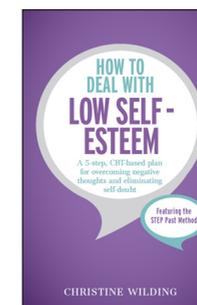
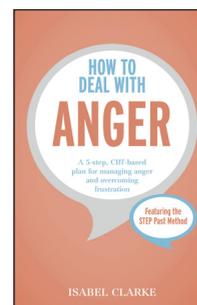
PRESENTATION GENIUS

UK Pub: July 2015

Page Extent: 272pp

HOW TO DEAL WITH

The How To Deal With series provides structured, CBT-based solutions from health professionals and top experts to help readers deal with issues thoroughly, once and for all. Short, easy to read, and reassuring, these books are the first step on a pathway to a happier future. Perfect for self-directed use, they are designed so that medical professionals can prescribe them to patients.



HOW TO DEAL WITH ANGER

UK Pub: March 2016

Page Extent: 256pp

Rights Sold:

Arabic (Jarir)

HOW TO DEAL WITH OCD

UK Pub: September 2015

Page Extent: 304pp

HOW TO DEAL WITH LOW SELF ESTEEM

UK Pub: September 2015

Page Extent: 240pp

Rights Sold:

Arabic (Jarir)

Italy (Antonio Vallardi)

Netherlands (Kosmos)

Portugal (Bertrand Editora)

HOW TO DEAL WITH ANXIETY

UK Pub: November 2015

Page Extent: 384pp

Rights Sold: Portugal (Bertrand Editora)

ULTIMATE

Ultimate books are for managers, leaders, and business executives who want to succeed at work. From marketing and sales to management and finance, each title gives comprehensive coverage of the essential business skills needed to get ahead. Written in straightforward English, each book is designed to help readers quickly master the subject, with fun quizzes embedded so that they can check how they're doing.



THE ULTIMATE FINANCE BOOK
UK Pub: January 2019
Page Extent: 432pp

THE ULTIMATE JOB HUNTING BOOK
UK Pub: January 2019
Page Extent: 448pp

THE ULTIMATE LEADERSHIP BOOK
UK Pub: August 2018
Page Extent: 464pp

THE ULTIMATE MANAGEMENT BOOK
UK Pub: January 2019
Page Extent: 464pp

THE ULTIMATE MARKETING & PR BOOK
UK Pub: January 2019
Page Extent: 480pp



THE ULTIMATE MBA BOOK
UK Pub: August 2018
Page Extent: 464pp

THE ULTIMATE NEGOTIATION BOOK
UK Pub: August 2018
Page Extent: 480pp

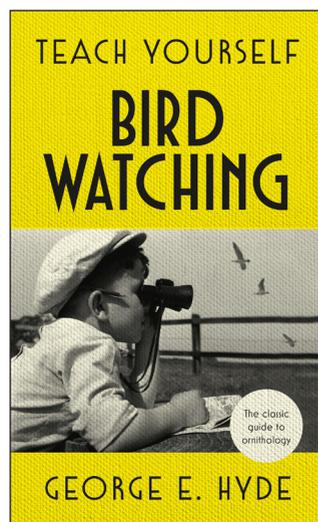
THE ULTIMATE SALES BOOK
UK Pub: January 2019
Page Extent: 432pp

THE ULTIMATE SELF CARE BOOK
UK Pub: August 2018
Page Extent: 464pp

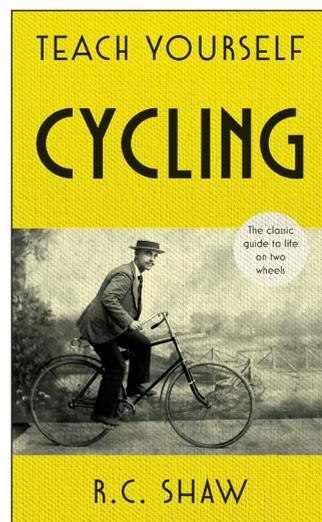
THE ULTIMATE STARTUP BOOK
UK Pub: August 2018
Page Extent: 448pp

VINTAGE TEACH YOURSELF

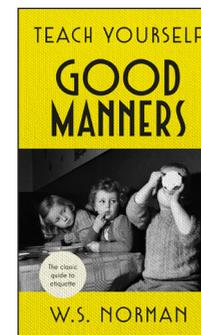
Just when you thought you'd had enough of experts – enter the nostalgic, perceptive and sometimes hilarious world of *Teach Yourself* as it used to be. Learn to fly, to ride, to use a knife and fork, to identify a bird's nest or just live well with these beautiful hardback reproductions.



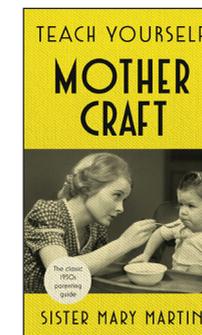
TEACH YOURSELF BIRDWATCHING
UK Pub: September 2017
Page Extent: 176pp



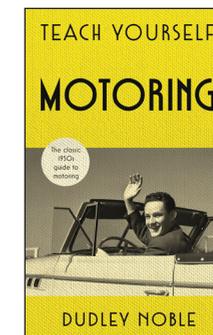
TEACH YOURSELF CYCLING
UK Pub: September 2017
Page Extent: 176pp



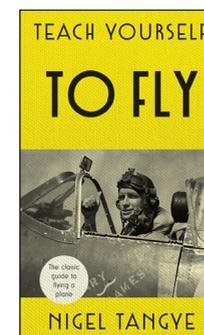
TEACH YOURSELF GOOD MANNERS
UK Pub: September 2017
Page Extent: 192pp



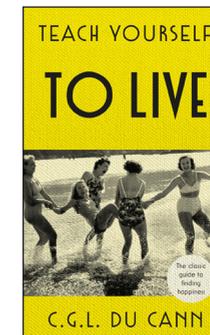
TEACH YOURSELF MOTHERCRAFT
UK Pub: February 2018
Page Extent: 256pp



TEACH YOURSELF MOTORING
UK Pub: June 2018
Page Extent: 176pp



TEACH YOURSELF TO FLY
UK Pub: September 2017
Page Extent: 176pp

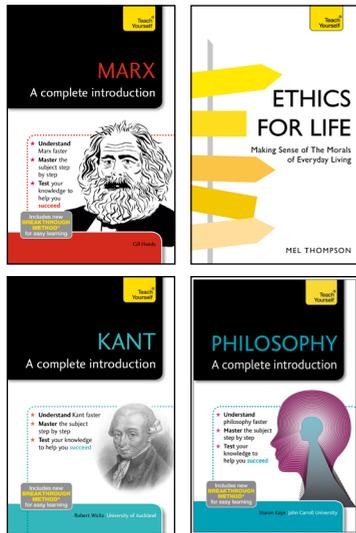


TEACH YOURSELF TO LIVE
UK Pub: September 2017
Page Extent: 192pp

COMPLETE INTRODUCTIONS

The **Complete Introduction** series is the ultimate one-stop guide for anyone wanting a comprehensive and accessible entry point into subjects as diverse as philosophy, mathematics, psychology, and practical electronics. Loved by students and perfect for general readers who simply want to learn more about the world around them, these books are your first choice for discovering something new.

PHILOSOPHY

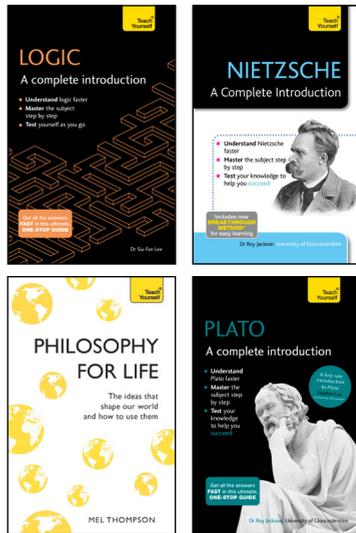


Marx • UK Pub: April 2015
Page Extent: 272pp

Ethics for Life • UK Pub: October 2018
Page Extent: 272pp
Rights Sold: Bulgaria (Homo Futurus)

Kant • UK Pub: July 2014
Page Extent: 256pp

Philosophy: A Complete Introduction • UK Pub: December 2013
Page Extent: 256pp



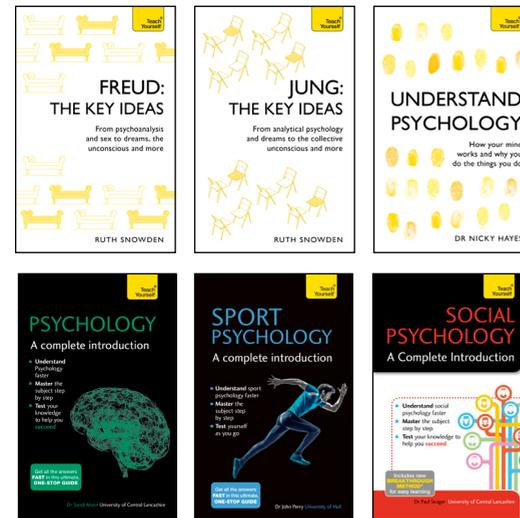
Logic • UK Pub: January 2017
Page Extent: 384pp

Philosophy for Life • UK Pub: October 2017
Page Extent: 320pp

Nietzsche • UK Pub: May 2014
Page Extent: 240pp

Plato • UK Pub: March 2016
Page Extent: 272pp

PSYCHOLOGY



Freud: The Key Ideas UK Pub: December 2017
Page Extent: 240pp
Rights Sold: Bulgaria (Homo Futurus)

Jung: The Key Ideas UK Pub: July 2015
Page Extent: 352pp
Rights Sold: Bulgaria (Homo Futurus)

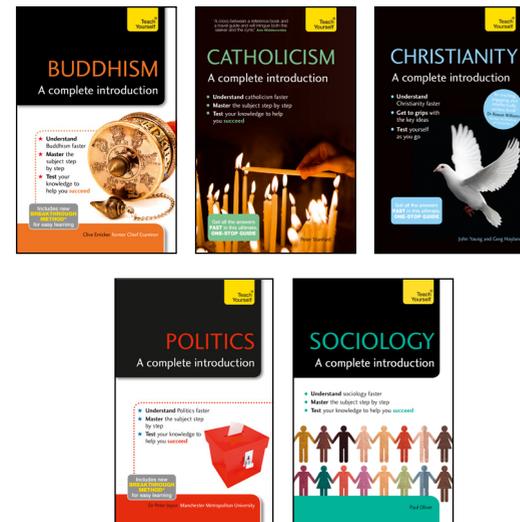
Understand Psychology UK Pub: August 2017
Page Extent: 416pp

Psychology UK Pub: June 2016
Page Extent: 336pp

Social Psychology UK Pub: November 2014
Page Extent: 304pp

Sport Psychology UK Pub: January 2016
Page Extent: 336pp

RELIGION & SOCIAL SCIENCE



Buddhism UK Pub: April 2015
Page Extent: 336pp

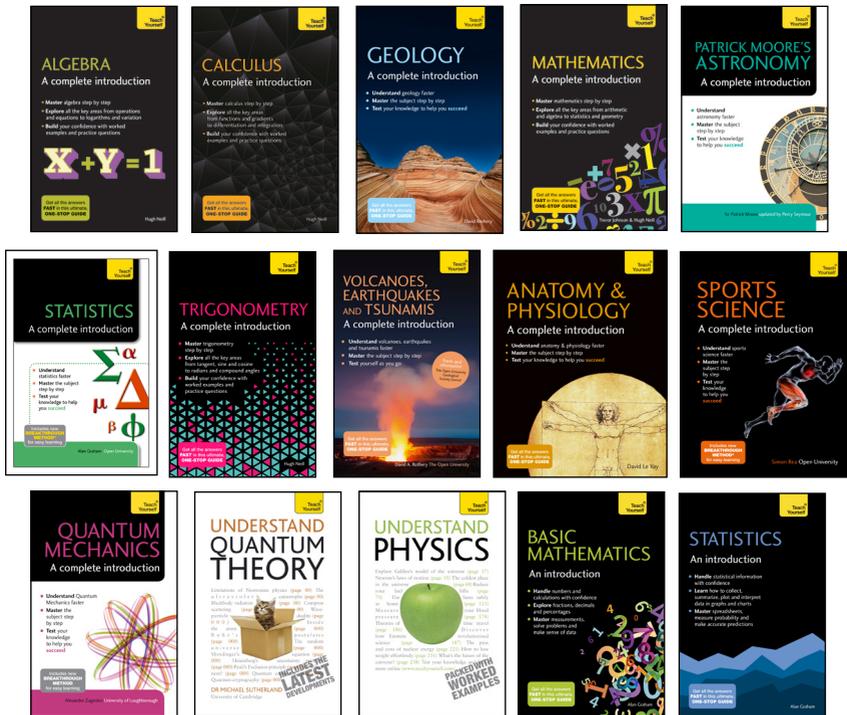
Catholicism UK Pub: October 2015
Page Extent: 288pp

Christianity UK Pub: July 2016
Page Extent: 368pp

Politics UK Pub: April 2015
Page Extent: 448pp

Sociology UK Pub: December 2015
Page Extent: 336pp

MATHS & SCIENCE



Algebra
UK Pub: April 2018
Page Extent: 400pp

Calculus
UK Pub: June 2018
Page Extent: 368pp

Geology
UK Pub: October 2015
Page Extent: 400pp

Mathematics
UK Pub: June 2018
Page Extent: 384pp

Patrick Moore's Astronomy
UK Pub: July 2015
Page Extent: 288pp

Statistics
UK Pub: May 2013
Page Extent: 288pp

Trigonometry
UK Pub: June 2018
Page Extent: 208pp

Volcanoes, Earthquakes & Tsunamis
UK Pub: December 2015
Page Extent: 448pp

Anatomy & Physiology
UK Pub: October 2015
Page Extent: 384pp

Sports Science
UK Pub: December 2015
Page Extent: 224pp

Quantum Mechanics
UK Pub: August 2015
Page Extent: 432pp

Understand Quantum Theory
UK Pub: March 2013
Page Extent: 432pp

Understand Physics
UK Pub: June 2013
Page Extent: 448pp

Basic Mathematics
UK Pub: April 2017
Page Extent: 384pp

Statistics
UK Pub: April 2017
Page Extent: 224pp

BUSINESS AND WORK SKILLS



Start a Successful Small Business
UK Pub: January 2013
Page Extent: 256pp

Run a Successful Charity
UK Pub: December 2013
Page Extent: 288pp

Basic Accounting
UK Pub: August 2015
Page Extent: 192pp

Bookkeeping for Small Businesses
UK Pub: August 2015
Page Extent: 256pp

Small Business Accounting
UK Pub: August 2015
Page Extent: 288pp

Start a Small Business
UK Pub: August 2015
Page Extent: 288pp

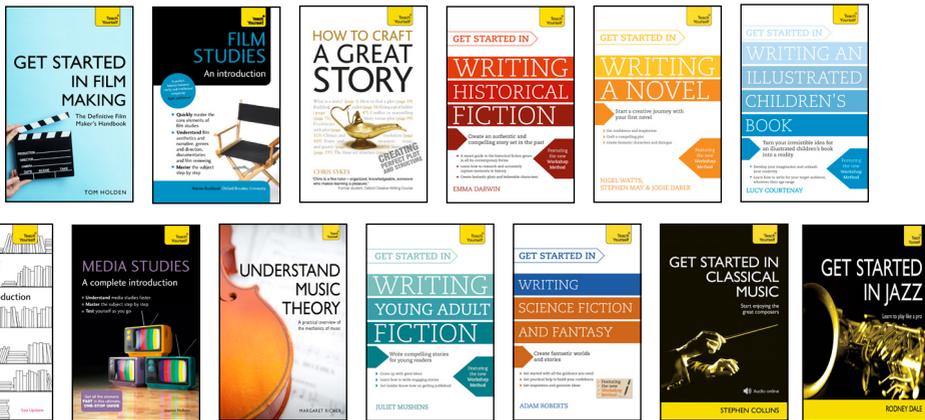
How to Run and Grow Your Own Business
UK Pub: September 2016
Page Extent: 192pp

On Editing
UK Pub: May 2018
Page Extent: 304pp

HOBBIES & LIFESTYLE

Written in a simple, engaging structure to promote quick memorable learning, the **Teach Yourself** range of books allows readers to expand their horizons with the breadth of hobbies available whether you want to set up your own beehive or get started in songwriting. Containing essential, practical information and advice on achieving success in your chosen hobby along with a host of ideas: the path to personal contentment starts here!

ARTS & MEDIA



Get Started in Film Making • UK Pub: August 2018 • Page Extent: 320pp • Rights Sold: Turkey (Hayalperest)

Literary Theory • UK Pub: May 2017
Page Extent: 304pp • Rights Sold: Russia (AST)

Film Studies • UK Pub: July 2015
Page Extent: 240pp • Rights Sold: Turkey (Hayalperest)

Media Studies • UK Pub: June 2016
Page Extent: 336pp

How to Craft a Great Story • UK Pub: February 2019 • Page Extent: 256pp

Understand Music Theory • UK Pub: August 2015 • Page Extent: 192pp

Writing Historical Fiction • UK Pub: March 2016 • Page Extent: 272pp

Writing Young Adult Fiction • UK Pub: June 2015 • Page Extent: 224pp

Writing a Novel • UK Pub: June 2015
Page Extent: 240pp

Writing Science Fiction & Fantasy • UK Pub: November 2014 • Page Extent: 224pp

Writing an Illustrated Children's Book • UK Pub: November 2016 • Page Extent: 240pp

Get Started in Classical Music • UK Pub: June 2014 • Page Extent: 240pp

Get Started in Jazz • UK Pub: June 2014 • Page Extent: 240pp

WRITING



Writing for the Web • UK Pub: March 2013

How to Craft a Great Story • UK Pub: May 2013

The Creative Writing Workbook • UK Pub: August 2013

Get Started in Creative Writing • UK Pub: March 2014

Get Started in Writing for Children • UK Pub: June 2014

Complete Creative Writing Course • UK Pub: September 2014

Writing Comedy • UK Pub: March 2015

Write a Novel in 10 Minutes a Day • UK Pub: March 2015

Masterclass: Developing Characters • UK Pub: September 2014

Complete Screenwriting Course • UK Pub: October 2014

Masterclass: Write a Bestseller • UK Pub: October 2014

Complete Writing for Children Course • UK Pub: November 2014

Masterclass: Writing Crime Fiction • UK Pub: November 2014

Masterclass Writing Plays • UK Pub: November 2014

Masterclass Writing Romantic Fiction • UK Pub: November 2014

Get Started in Food Writing • UK Pub: June 2015

HOBBIES



Get Started in Pig Keeping
 UK Pub: April 2019
 Page Extent: 256pp

Raise Happy Chickens
 UK Pub: September 2018
 Page Extent: 288pp

Get Started in Urban Beekeeping
 UK Pub: May 2016
 Page Extent: 288pp

Get Started with Your Allotment
 UK Pub: July 2010
 Page Extent: 192pp

Practical Electronics: A Complete Introduction
 UK Pub: May 2016
 Page Extent: 464pp

Play and Win Mah-Jong
 UK Pub: November 2013
 Page Extent: 256pp

Play and Win Texas Hold 'Em
 UK Pub: November 2013
 Page Extent: 288pp

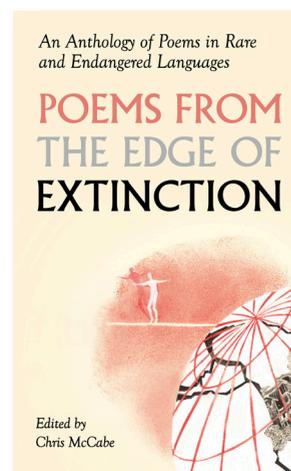
Get Started in Playing Piano
 UK Pub: June 2014
 Page Extent: 288pp

Master Basic DIY
 UK Pub: May 2015
 Page Extent: 192pp
 Rights Sold: Russia (AST)

Master Basic Plumbing and Central Heating
 UK Pub: May 2015
 Page Extent: 464pp
 Rights Sold: Russia (AST)

POEMS FROM THE EDGE OF EXTINCTION

Editor: Chris McCabe



According to Unesco, of the 7,000 languages spoken in the world, more than half are endangered, with one dying every two weeks. When languages go, their poetry goes too. This collection of 50 poems aims to help preserve some of these languages and take the reader on a global journey of discovery into the culture of endangered languages.

One endangered language is dying out every two weeks. Of the 7,000 languages spoken in the world, over half of these are endangered. By the end of the century, half of the world's current languages will be lost, which will also mean the loss of unique poetic traditions.

This book will showcase a collection of poems in rare languages from around the world and raise awareness of this huge, urgent cultural and political issue. Edited by Chris McCabe, Head of the National Poetry Library at the Southbank Centre, and founder of its Endangered Poetry Project, each poem is accompanied by an English translation and commentary providing insight into the language and its speakers, as well as the poem itself.

The collection is introduced by Dr Mandana Seyfeddinipur, Director of the SOAS World Languages Institute, and Dr Martin Orwin, who explain the global situation of endangered languages and the efforts that are being made to document them.

About the Author:
 Chris McCabe works as the Head of the National Poetry Library and launched the Endangered Poetry Project in 2017, a major project to collect poetry written in the world's dying languages.

John Murray Learning

UK Pub: September 2019

UK Editor: Emma Green

Material??

SHORT STORIES

Improve your comprehension, grow your vocabulary and ignite your imagination with this new series of graded readers.

Short Stories for Beginners has been written especially for students from beginner to intermediate level (A2 approaching B1 on the Common European Framework of Reference for languages). The eight captivating stories are designed to give you a sense of achievement and a feeling of progress when reading.

- Short stories from a variety of compelling genres, from science fiction and crime to history and thriller.
- Controlled language at your level, including the 1000 most frequent words, to help you progress confidently.
- Realistic amounts of new vocabulary so you're not overwhelmed by complex words.
- Accessible grammar so you learn naturally, in a stress-free way
- Plenty of authentic dialogues in each story.
- Regular plot summaries, comprehension questions and glossary for each text.

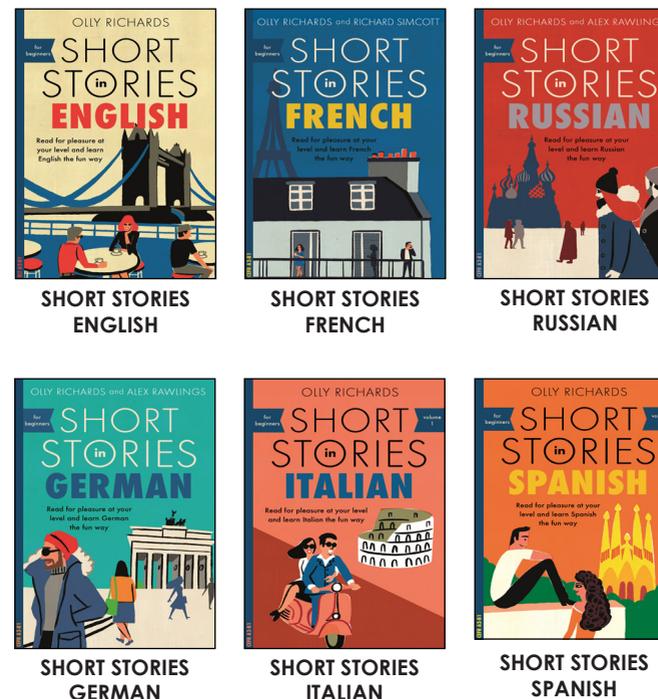
Pub Date: October 2018

Page Extent: 224pp

COMING AUTUMN 2019

Short Stories for Beginners Brazilian Portuguese

Short Stories for Beginners Danish



COMING AUTUMN 2019

Short Stories for Intermediate Learners has been written especially for students from beginner to intermediate level, designed to give a sense of achievement, and most importantly - enjoyment! Mapped to B1-approaching B2 on the Common European Framework of Reference, these eight captivating stories will both entertain you, and give you a feeling of progress when reading.

Short Stories in English for Intermediate Learners

Short Stories in Italian for Intermediate Learners

Short Stories in Spanish for Intermediate Learners

LANGUAGE HACKING

Benny Lewis is one of the best language learners in the world – and the most famous.

In 2003, Irish native Benny Lewis spoke only one language: English. After university, he moved to Spain and was soon frustrated that he could not speak Spanish after six months of trying. So he decided to abandon traditional learning approaches, and everything changed. Today Benny is known as The Irish Polyglot and speaks over 10 languages – all self-taught – seven at a fluent level, including Mandarin Chinese, Arabic, French, German, Spanish, Italian, Portuguese, and Hungarian.



RIGHTS SOLD: Brazil (Alta Editora) and US (Quercus US)

SCRIPT HACKING

Each **Script Hacking** course teaches the alphabet of a foreign script through a variety of short, puzzle-like activities that will enable you to understand the alphabet and common words in the language in a matter of hours. With its unique algorithm, mnemonics to help remember letter shapes, handy learning tips, and accompanying audio to learn the sounds of each letter, *Script Hacking* is the ideal introduction to foreign language script learning and delivers fast and effective results.

- A quick, easy and effective way to learn foreign writing systems.
- Developed with an algorithm that guarantees the most effective route to success.
- Available in: Arabic, Korean, Greek, Russian, Hebrew, Hindi, and Persian

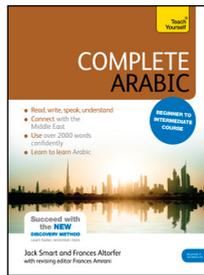


COMPLETE

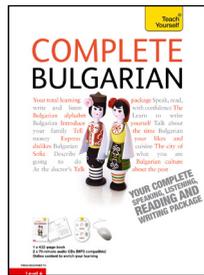
Complete courses teach the language through everyday, real-life situations that make the grammar and vocabulary easy and memorable, with complete audio support. Covering the four key skills of reading, listening, speaking and writing, *Complete* gives you all the language, practice and skills you need to communicate confidently and accurately.

Learn effortlessly with easy-to-read page design and interactive features:

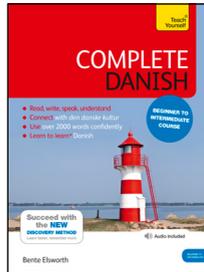
- **AUTHOR INSIGHTS** – Lots of instant help with common problems and quick tips for success.
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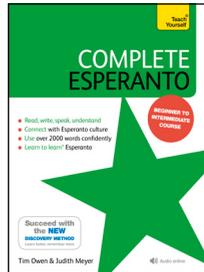
COMPLETE ARABIC



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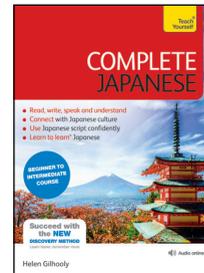
COMPLETE ESPERANTO



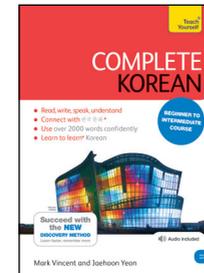
COMPLETE FINNISH



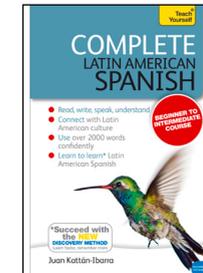
COMPLETE HINDI



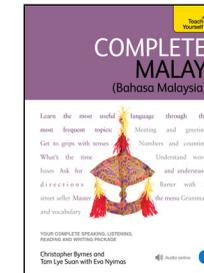
COMPLETE JAPANESE



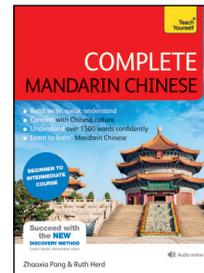
COMPLETE KOREAN



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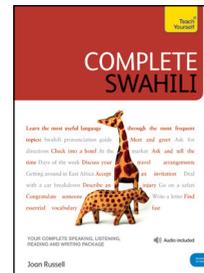
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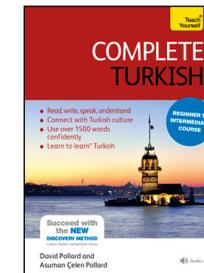
COMPLETE SWAHILI



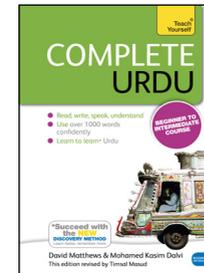
COMPLETE SWEDISH



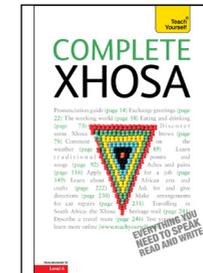
COMPLETE THAI



COMPLETE TURKISH



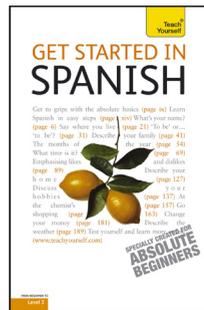
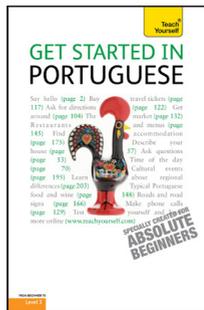
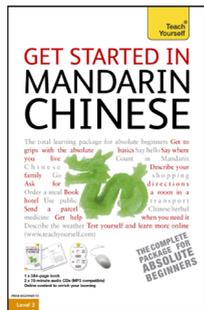
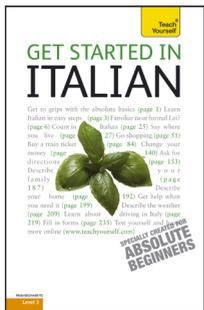
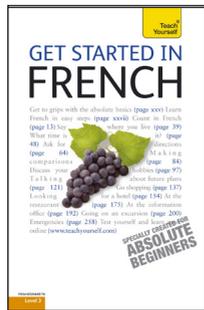
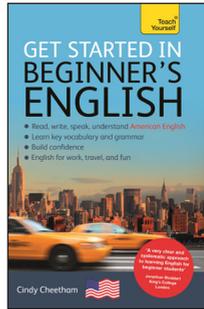
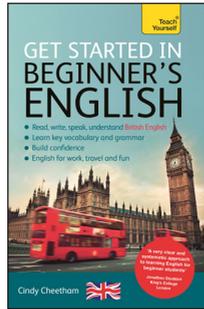
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GET STARTED IN

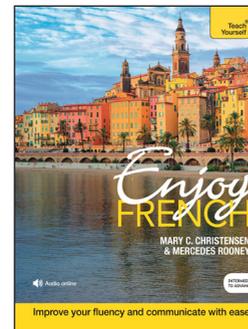
Get Started In (short course) provides beginner learners with a solid foundation to language studies for school, work or travel, and is filled with essential vocabulary and phrases. Through authentic conversations, clear language presentations, and extensive practice and review, this audio/book course will teach you everything you need to communicate naturally in everyday situations.



ENJOY

Enjoy is a great refresher course, as well as being an easy way to build upon and improve your existing knowledge. Based on authentic texts and conversations with native speakers talking about a range of relevant topics, these courses help you to develop your skills to a level where you can truly enjoy communicating in a foreign language.

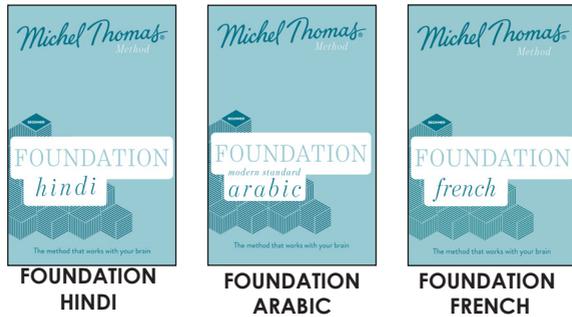
Intermediate to Advanced



MICHEL THOMAS

The **Michel Thomas** Method was perfected over fifty years by celebrated psychologist and linguist, Michel Thomas. He teaches you through your own language, so there's no stress, and no anxiety. He builds it up, step by step, and you don't move on until you've absorbed and understood the previous point. This unique method draws on the principles of instructional psychology. Knowledge is structured and organized so that you assimilate the language easily and don't forget it. There is no need to stop for homework, additional exercises or vocabulary memorization, so you progress rapidly.

Don't be tied to chunky books or your computer, Michel Thomas Method audio courses let you learn whenever you want: at home, in your car, or on the move with your MP3 player.



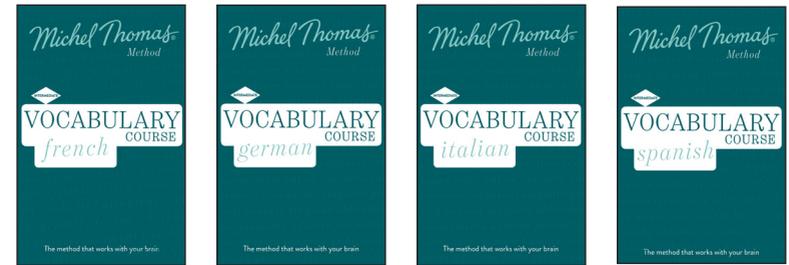
FOUNDATION HINDI **FOUNDATION ARABIC** **FOUNDATION FRENCH**



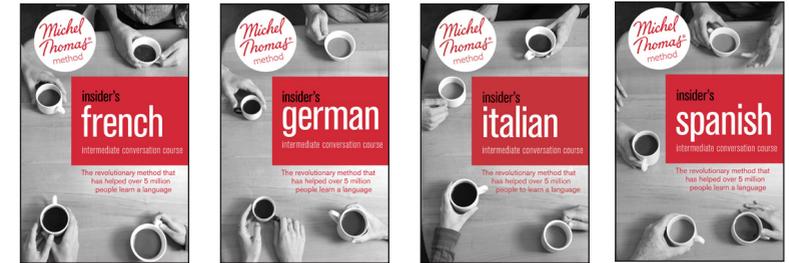
FOUNDATION GERMAN **FOUNDATION ITALIAN** **FOUNDATION SPANISH** **FOUNDATION SWEDISH**



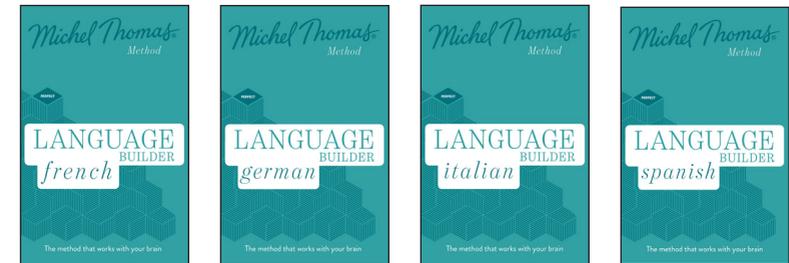
START FRENCH **START GERMAN** **START ITALIAN** **START ARABIC** **START SPANISH**



FRENCH VOCABULARY COURSE **GERMAN VOCABULARY COURSE** **ITALIAN VOCABULARY COURSE** **SPANISH VOCABULARY COURSE**



INSIDER'S FRENCH **INSIDER'S GERMAN** **INSIDER'S ITALIAN** **INSIDER'S SPANISH**

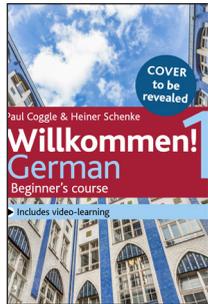


LANGUAGE BUILDER FRENCH **LANGUAGE BUILDER GERMAN** **LANGUAGE BUILDER ITALIAN** **LANGUAGE BUILDER SPANISH**



INTERMEDIATE FRENCH **INTERMEDIATE GERMAN** **INTERMEDIATE ITALIAN** **INTERMEDIATE POLISH** **INTERMEDIATE SPANISH**

ADULT LANGUAGES



Willkommen! 1
(Third Edition)



Willkommen! 2

Our bestselling **Willkommen! 1** German Beginner's course (third edition) is perfect for those studying for general interest, work, holiday or an exam.

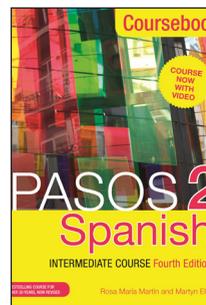
Willkommen! 2 Intermediate course is a brand new multi-format German adult learning programme for classroom and home use. Created in consultation with teachers and learners, it's the perfect follow-up to the Willkommen! Beginner's course or any other beginner German course.

This series comprises 10 units, each with a short educational video that provides an engaging and current overview of German culture and language.

With clear explanations and examples that make the grammar easy to absorb, the **Pasos** coursebooks are full of authentic reading, listening and video materials for a range of activities based on everyday Spanish in Spain and Latin America. Interactive online quizzes and exercises let you reinforce your learning at home or in the classroom.



Pasos 1



Pasos 2 (Fourth Edition)



Contatti 1



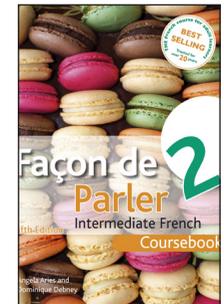
Contatti 2

Contatti is the bestselling Italian course that provides students with a thorough grounding in the language so they can quickly speak, read, write and understand contemporary Italian whether for work or pleasure. Part 1 is for those starting from scratch or with some basic knowledge while Part 2 covers all the skills and structures required to bridge the gap between intermediate and advanced level. In **Contatti**, the emphasis is on communication, with modern, authentic reading and listening materials providing the basis for a wide range of interesting activities.

With its comprehensive questions, structured pair and group work activities and regular revision sections, **Façon de Parler** is the perfect French course for adult beginners. This gently-paced, highly illustrative and communicative French course is designed to take learners to GCSE level or equivalent using thorough step-by-step exercises. The layouts have been streamlined and simplified to improve readability, while use of English is kept to a minimum in line with modern trends. In full colour, both levels are continuously updated to take into account developments in modern life.



Façon de Parler 1

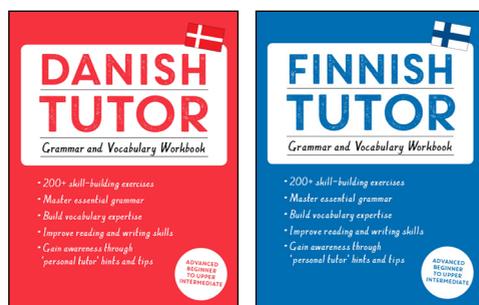


Façon de Parler 2

TUTOR

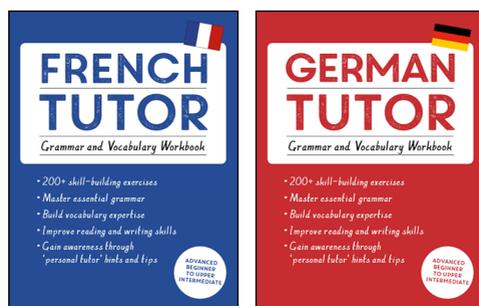
Master grammar and broaden your vocabulary with your very own language tutor! With a comprehensive syllabus, the Tutor provides everything required to excel in even the most complex aspects of grammar, offering clear, targeted explanations as well as over 200 exercises, self-assessment, and infographics to highlight important linguistic features. These workbooks incorporate vocabulary building and reading and writing skills, and can be used by themselves or alongside any other language course. Advanced Beginner to Upper Intermediate level.

Master grammar and broaden your vocabulary with your very own language tutor! This new workbook series provides everything required to excel in even the most complex aspects of grammar. Like a tutor, it offers clear, targeted explanations as well as over 200 exercises, self-assessment and infographics. These workbooks can be used by themselves or alongside any other language course.



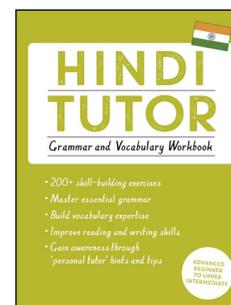
DANISH TUTOR

FINNISH TUTOR

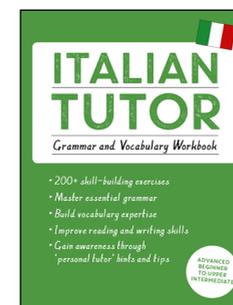


FRENCH TUTOR

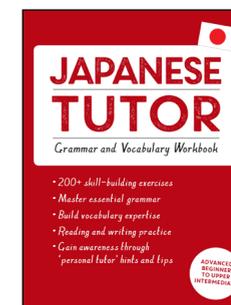
GERMAN TUTOR



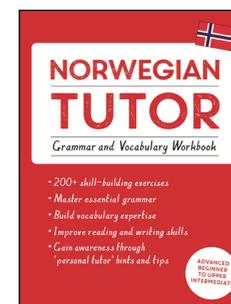
HINDI TUTOR



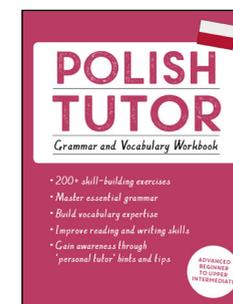
ITALIAN TUTOR



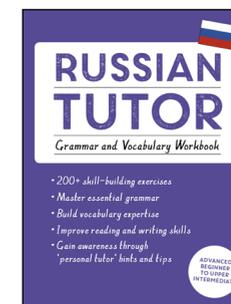
JAPANESE TUTOR



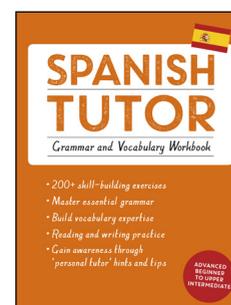
NORWEGIAN TUTOR



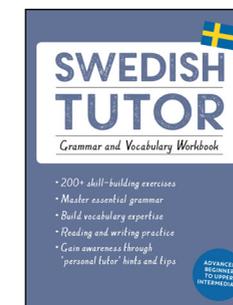
POLISH TUTOR



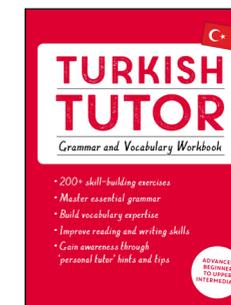
RUSSIAN TUTOR



SPANISH TUTOR



SWEDISH TUTOR



TURKISH TUTOR

LIVING LANGUAGES

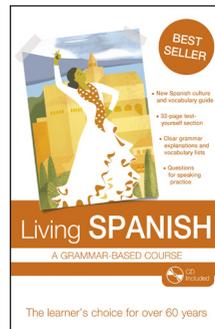
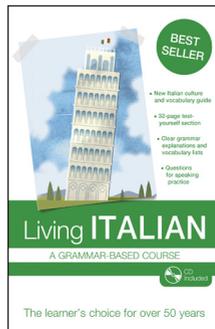
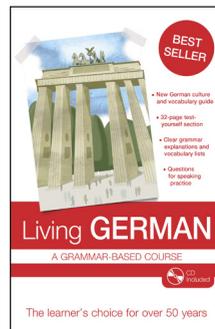
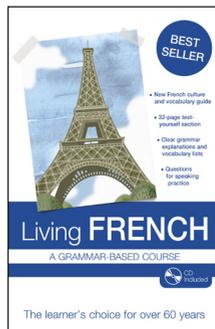
The complete course for learning to communicate with confidence and independence.

These editions edition includes an up-to-date culture and vocabulary guide, allowing you to broaden your knowledge of contemporary language and customs. The material covers a variety of everyday topics in a simple, concise manner. There are plenty of examples and explanations to illustrate how the language works and to build confidence. Each unit, designed to build systematically on what you have already learned, contains:

- Clear grammar explanations
- Vocabulary lists
- Reading material consisting of a story, dialogue or letter
- Questions for speaking practice
- Exercises

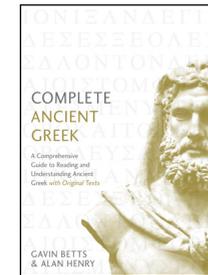
There are also revision units to help you practise what you are learning. At the back of the book, an exercise key enables you to check your answers while grammar and vocabulary sections provide a useful reference.

The accompanying CD will help you with listening and speaking. In addition to a full pronunciation section, it contains reading passages and dialogues from the course book, followed by comprehension questions in German, together with model answers.

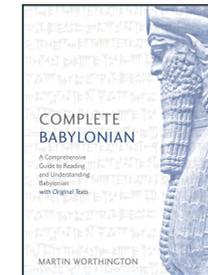


HISTORICAL LANGUAGES

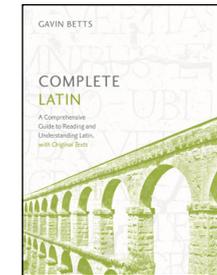
Comprehensive guides to reading and understanding ancient languages through original texts. Designed for complete beginners, and tested for years with real learners, these courses offer a bridge from the textbook to the ancient world, enabling students to learn the grammar, understand the vocabulary and even translate the writings of these ancient languages. Beginner to Intermediate level.



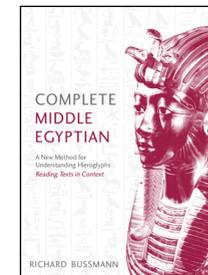
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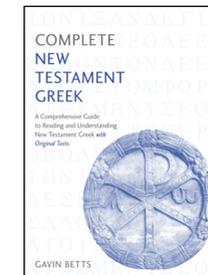
COMPLETE BABYLONIAN



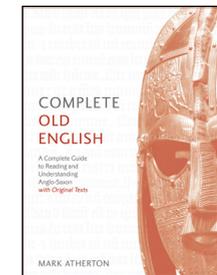
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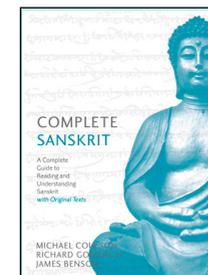
COMPLETE MIDDLE EGYPTIAN



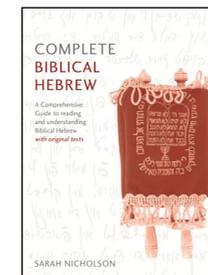
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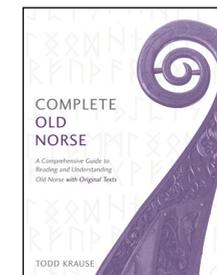
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