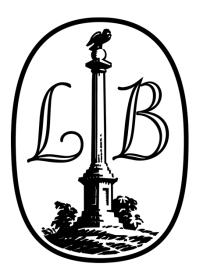
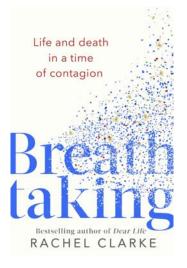
# **liftle, brown BOOK GROUP** Spring Catalogue 2021 January - June

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From the bestselling author of Dear Life, Breathtaking is an unflinching insider's account of medicine in the time of coronavirus

#### **Breathtaking**

## RACHEL CLARKE

How does it feel to confront a pandemic from the inside, one patient at a time? To bridge the gulf perilously between unwell patient a in quarantine and their distraught family outside? be uncertain whether То the protective equipment you wear fits the science or the size of the government stockpile? To strive your utmost your humanity maintain even while to barricaded behind visors and masks?

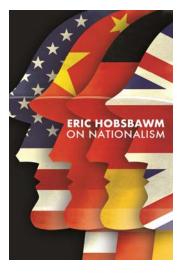
Rachel is a palliative care doctor who cared for the most gravely unwell patients on the Covid-19 wards of her hospital. Amid the tensions, fatigue and rising death toll, she witnessed the courage of patients and NHS staff alike in conditions of unprecedented adversity. For all the bleakness and fear, she found that moments that could stop you in your tracks abounded. People who rose to their best, upon facing the worst, as a microbe laid waste to the population.

Drawing on testimony from nursing, acute and intensive care colleagues – as well as, crucially, her patients – Clarke argues that this age of contagion has inspired a profound attentiveness to – and gratitude for – what matters most in life.

## ABOUT THE AUTHOR

Rachel Clarke is a current NHS doctor and former television journalist who cares passionately about standing up for her patients and the NHS. She originally read Politics, Philosophy and Economics at Oxford University before making documentaries current affairs about subjects as diverse as the Monica Lewinsky scandal, Al Qaeda and the civil war in the Democratic Republic of Congo. She retrained as a doctor in her late twenties, graduating in 2009. She now works in palliative medicine, believing that helping patients at the end of life to experience the best quality life possible is priceless. Rachel lives in Oxford with her husband and two children.





An insightful and enlightening collection of Eric Hobsbawm's writing on the subject of nationalism

#### **On Nationalism**

#### ERIC HOBSBAWM

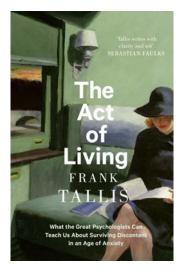
I remain in the curious position of disliking, distrusting, disapproving and fearing nationalism wherever it exists . . . but recognising its enormous force, which must be harnessed for progress if possible.

In the last two decades the uses of the term 'nationalism' has increased steeply with the rising tide of nationalist parties. In this collection of historian Eric Hobsbawm's writing on nationalism, we see some of the critical historical insights he brings to bear on this contentious subject, which is more than ever relevant as we stand on the doorstep of an age when the internet and the globalisation of capital threaten to blow away many national boundaries while, as a reaction, nationalism seems to re-emerge with renewed strength. More than any other historian of our time, Hobsbawm took great care to seriously consider these movements, and never to decry nationalism and patriotism as simply absurd. The clarity of his insight is as vital today as it was in his lifetime: On Nationalism is an essential work for anyone who wants to understand the phenomenon.

#### ABOUT THE AUTHOR

Eric Hobsbawm was a Fellow of the British Academy and the American Academy of Arts and Sciences. Before retirement he taught at Birkbeck College, University of London, and after retirement at the New School for Social Research in New York. Previous books include The Age of Extremes and The Age of Empire. He died 1st October 2012.





An highly original account of psychology, told through the lives and ideas of the discipline's great practitioners

#### The Act of Living

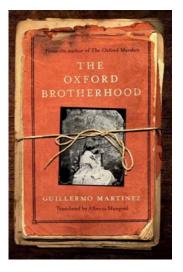
## FRANK TALLIS

Science, technology and western liberal democracy have all had a dramatic impact on our quality of life. Compared to previous generations, we have unprecedented access to information, increased personal freedom, more material comforts and more possessions. As our material circumstances become easier, life seems to get harder. Why should this be? For hundred over years, a psychotherapists have been developing and refining models of the human mind. They have endeavoured to alleviate distress and they have offered help to people who want to make better life choices. Although the clinical provenance of psychotherapy is important, the legacy of psychotherapy has much wider relevance. It can offer original perspectives on the big questions usually entrusted philosophers and to representative of faith: Who am I? Why am I here? How should I live? In this compelling and important book, the principle contributions of the outstanding figures associated with the practice of psychotherapy are explained: from Freud to Ellis, Jung to Laing, Adler to Hayes. Viewed as a single, cohesive intellectual tradition, Frank Tallis proves that psychotherapeutic thinking is an immensely valuable and under exploited resource.

#### ABOUT THE AUTHOR

Dr Frank Tallis is a writer and clinical psychologist. He has held lecturing posts in clinical psychology at the Institute of Psychiatry and neuroscience at King's College London. In 2018 he published The Incurable Romantic and other unsettling revelations, a collection of extraordinary case studies about obsessive love. Ian McEwan said of it 'Tallis leads us into the very heart of love itself. A brilliant book.'





From the author of the bestselling The Oxford Murders comes a stylish and gripping new crime story that will be loved by readers of Umberto Eco

#### The Oxford Brotherhood

## GUILLERMO MARTINEZ

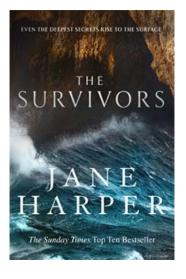
A thrilling novel from the author of *The Oxford Murders*, inspired by true, strange stories from Lewis Caroll's life.

Mathematics student G is trying to resurrect his studies, which is proving difficult as he finds himself drawn into investigating a series of mysterious crimes. When Kristen, a researcher hired by the Lewis Carroll Brotherhood, makes a startling new discovery concerning pages torn from Caroll's diary, she hesitates to reveal to her employers a hitherto unknown chapter in his life. Oxford would be rocked to its core if the truth about Lewis Carroll's relationship with Alice Liddell – the real Alice – were brought to light. After Kristen is involved in a surreal accident and members of the Brotherhood are anonymously sent salacious photographs of Alice, G joins forces with Kristen as they begin to realise that dark powers are at work. It becomes clear that a murderer is stalking anyone who shows too much interest in Carroll's life. G must stretch his mathematical mind to its limits to solve the mystery and understand the cryptic workings of the Brotherhood. Until then, nobody, not even G, is safe.

#### ABOUT THE AUTHOR

Guillermo Martínez was born in Bahía Blanca, Argentina, in 1962. He is a doctor of Mathematical Science and a writer. His novel *The Oxford Murders* was awarded the prestigious **Planeta Prize** and was made into a film starring Elijah Wood.





The brilliant new crime novel from the Sunday Times bestselling author Jane Harper

#### The Survivors

#### JANE HARPER

Kieran Elliott's life changed for ever on a single day when a reckless mistake led to devastating consequences. The guilt that haunts him still resurfaces during a visit with his young family to the small coastal town he once called home. Kieran's parents are struggling in a community which is bound, for better or worse, to the sea that is both a lifeline and a threat. Between them all is his absent brother Finn. When a body is discovered on the beach, long-held secrets threaten to emerge in the murder investigation that follows. A sunken wreck, a missing girl, and questions that have never washed away...

#### 'Queen of outback noir' Sunday Times

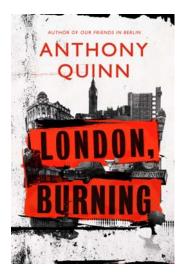
'Harper has a fine gift for making her readers comfortable in inhospitable territory – psychological as well as physical' *Daily Telegraph* 

'Powerful, intriguing and recommended . . . Harper is wonderful at evoking fear and unease' *The Times* 

## ABOUT THE AUTHOR

Jane Harper is the author of the international bestsellers The Dry, Force of Nature and The Lost Man. Her books are published in more than forty territories worldwide, and The Dry is being made into a major film starring Eric Bana. Jane has won numerous top awards including the CWA Gold Dagger Award for Best Crime Novel, the British Book Awards Crime and Thriller Book of the Year, the Australian Book Industry Awards Book of the Year and the Australian Indie Awards Book of the Year. Jane worked as a print journalist for thirteen years both in Australia and the UK and now lives in Melbourne.





A funny, dark and moving novel about London, the end of the 1970s, and the end of an era, from the masterful author of Curtain Call, Freya and Our Friends in Berlin

#### London, Burning

## ANTHONY QUINN

Vicky Tress is a young policewoman on the rise who becomes involved in a corruption imbroglio with CID. Hannah Strode is an ambitious young reporter with a speciality for skewering the rich and powerful. Callum Conlan is a struggling Irish academic and writer who falls in with the wrong people. Whilst Freddie Selves is a hugely successful theatre impresario stuck deep in a personal and political mire of his own making.

These four characters, strangers at the start, happen to meet and affect the course of each other's lives profoundly. The story plots an unpredictable path through a city choked by strikes and cowed by bomb warnings. *London*, *Burning* is a novel about the end of the 1970s, and the end of an era. It concerns a nation divided against itself, a government trembling on the verge of collapse, a city fearful of what is to come, and a people bitterly suspicious of one another. In other words, it is also a novel about now.

## ABOUT THE AUTHOR

Anthony Quinn was born in Liverpool in 1964. From 1998 to 2013 he was the film critic for the Independent. His novels include The Rescue Man, which won the 2009 Authors' Club Best First Novel Award; Half of the Human Race; The Streets, which was shortlisted for the 2013 Walter Scott Prize; Curtain Call, which was chosen for Waterstones and Mail on Sunday Book Clubs; Freya, a Radio 2 Book Club choice, and Eureka.





Essential reading for us all – a fascinating and comprehensive exploration of friendship in all its forms, from a world-leading expert

#### Friends

## **ROBIN DUNBAR**

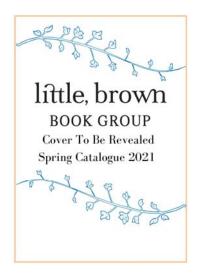
Friends matter to us, and they matter more than we think. The single most surprising fact to emerge out of the medical literature over the last decade or so has been that the number and quality of the friendships we have has a bigger influence on our happiness, health and even mortality risk than anything else except giving up smoking.

Robin Dunbar is the world-renowned psychologist and author who famously discovered Dunbar's number: how our capacity for friendship is limited to around 150 people. In Friends, he looks at friendship in the round, at the way different types of friendship and family relationships intersect, and at the complex of psychological and behavioural mechanisms that underpin friendships and make them possible - and just how complicated the business of making and keeping friends actually is. Mixing insights from scientific research with first person experiences and Friends explores and culture. integrates knowledge from disciplines ranging from psychology and anthropology to neuroscience and genetics.

## ABOUT THE AUTHOR

Robin Dunbar is an evolutionary psychologist and former director of the Institute of Cognitive and Evolutionary Anthropology in the Department of Experimental Psychology at Oxford University. His acclaimed books include How Many Friends Does One Person Need? and Grooming, Gossip and the Evolution of Language, described by Malcolm Gladwell as 'a marvellous work of popular science'.





The entertaining, moving and unpredictable new thriller from multi-award winning bestseller Chris Brookmyre

#### **The Final Frame**

## CHRIS BROOKMYRE

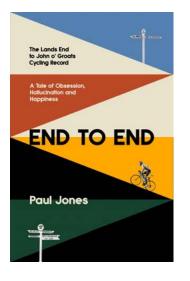
Millie Spark can kill anyone.

A special effects make-up artist, her talent is to create realistic scenes of bloody violence. Then, one day, she wakes to find her lover dead in her bed. Twenty-five years later, her sentence for murder served, Millicent is ready to give up on her broken life – until she meets troubled film student and reluctant petty thief Jerry. Together, they begin to discover that all was not what it seemed on that fateful night . . . and someone doesn't want them to find out why.

## ABOUT THE AUTHOR

Chris Brookmyre was a journalist before becoming a full-time novelist with the publication of his awardwinning debut *Quite Ugly One Morning*, which established him as one of Britain's leading crime novelists. His 2016 novel *Black Widow* won both the **McIlvanney Prize** and the **Theakston Old Peculier Crime Novel of the Year Award**. Brookmyre's novels have sold more than two million copies in the UK alone.





A captivating and account of Britain's longest place-to-place ride by bike, , and the essential healing properties of such journeys

#### End to End

#### PAUL JONES

The End to End record is the longest place-toplace cycling record in Britain. It is a daunting 842 miles and for the men and women who attempt to break the record, there can be no second place, only the binary outcome of total success or failure. Paul Jones decided to ride from Land's End to John O' Groats in an attempt to understand the relentless physical and mental challenges involved.

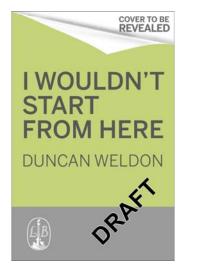
*End to End* is a captivating and beautifully written narrative. A lyrical account of the journey sits alongside meetings with amazing cyclists; people like Eileen Sheridan; who covered the distance in under three days in 1954, or current men's record holder Michael Broadwith who did it in a scarcely believable forty-three hours.

*End to End* is a portrayal of hope and ambition, of what happens when things go wrong and how hard it is to make them right. It is about courage, obsession and joy, but above all else, it is a compelling exploration of why journeys matter for all of us.

## ABOUT THE AUTHOR

Paul Jones is an occasional racing cyclist who struggles to balance the demands of writing about cycling with doing some actual cycling. He appeared in the same race as Sir Bradley Wiggins, Geraint Thomas and David Millar in the 2014 National Time Trial Championships, once scraped a 49minute '25' and has won a couple of hill climbs and time trials in the south west of England. His books include A Corinthian Endeavour, and I Like Alf: 14 Lessons from the Life of Alf Engers. Beyond that, he has an obsession with time, social change and people and tries to explore this in his writing.





I Wouldn't Start from Here does for British economic history what Prisoners of Geography did for geopolitics

#### I Wouldn't Start from Here

## DUNCAN WELDON

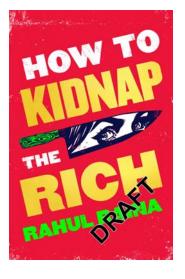
The UK is, at the same time, both one of the world's most successful economies and one of Europe's laggards. In terms of GDP per head it is a world leader but productivity levels (even before the last decade) were abysmally low compared to its advanced economy peers. The country contains some of Europe's richest areas but also some which are more akin to the poorer areas of southern Europe than the more affluent parts of Germany or France. It's really not much of an exaggeration to describe the UK, in economic terms, as 'Portugal but with Singapore in the bottom corner'.

Opening with the Brexit vote of 2016, I Wouldn't Start from Here brilliantly traces the preceding two hundred years of British economic history to explain how we reached this point. In looking at how the British economy developed over the last two centuries, Duncan Weldon explores the choices taken (and not taken) by politicians and businesspeople over the years, and reveals how those choices have shaped the outcomes and futures faced by us all.

## ABOUT THE AUTHOR

Duncan Weldon is an associate editor of *Prospect* magazine where he writes a regular monthly column and contributes frequent book reviews. He is currently writing and presenting an economic history of the Second World War due to run for five episodes on Radio 4 in late August. From 2014 until 2016 economics he was the correspondent for Newsnight. Duncan has written regularly for the FT, New Statesman, Guardian, City AM and Political Quarterly. He began his career at the Bank of England and subsequently worked in fund management, politics and journalism. He has also written and presented documentaries for Radio 4.





Ramesh has a simple formula for fame and success: find a wealthy kid, make him a star and create an elaborate scheme to extort money from his parents – what could go wrong?

#### How to Kidnap the Rich

#### RAHUL RAINA

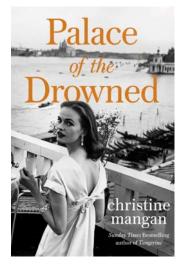
Ramesh Kumar - examinations consultant wakes up in a room he doesn't recognise. Next to him is spoilt brat Rudi, drunk and high on cocaine from another night of bingeing. Suddenly, two goons enter the room - they kidnap both boys and chop off Ramesh's pinky finger. Rudi is a star - he took a national entrance exam for further education and came top in the whole of India. Or at least everyone in the country thinks he did. He has his own television show 'Beat the Brain' where he is pitted against India's bright young hopes, vying to be clever and get rich. But behind the scenes of 'Beat the Brain', Ramesh, a chaiwallah's son from the streets of Delhi, feeds answers to Rudi through an earpiece. Because Ramesh isn't just an examinations consultant - he takes exams on behalf of the children of wealthy.

When someone discovers their secret, blackmail, kidnap and extortion are followed by national disgrace. How did things get so out of hand? Delhi has a dark side and it is closing in on Ramesh and Rudi, their fame, their cash and their cars, their hopes and dreams.

## ABOUT THE AUTHOR

Rahul Raina divides his time between Oxford and Delhi. He runs his own consultancy in England for part of the year, and works for charities for street children and teaches English in India in the down season.





An electrifying and enticing new novel from the author of the bestselling Tangerine

#### Palace of the Drowned

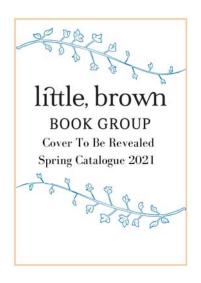
## CHRISTINE MANGAN

In Venice, Frances Croy is working to leave the previous year behind: another novel published to little success, a scathing review she can't quite manage to forget, and, most of all, the real reason behind her self-imposed exile from London: the incident at the Savoy. Desperate to rediscover the success of her first novel, she attempts to return to the page. And then Gilly appears. A young woman claiming a connection from back home, one that Frankie can't quite seem to recall. There's something about Gilly that continues to give Frankie pause, that makes her wonder just how much of what Gilly tells her is actually the truth. Those around Frankie are quick to dismiss her concerns, citing her recent fragile state and what took place that night at the Savoy. But Frankie has caught Gilly in numerous lies, has seen the lights across the way, has heard the footsteps too - and what's more, knows she isn't mad. Set in the days before and after the 1966 flood, the trajectory of the disaster that forever altered the city mirrors Frankie's own inner turmoil as she struggles to make sense of what is and is not the truth, ultimately culminating in a tragedy that leaves her questioning her own role and responsibility - as well as her sanity.

#### ABOUT THE AUTHOR

Christine Mangan has her PhD in English from University College Dublin, where her thesis focused on eighteenth century Gothic literature, and an MFA in Fiction Writing from the University of Southern Maine. Her first novel, *Tangerine*, was an international bestseller and is soon to be a major motion picture starring Scarlett Johansson.





A personal and insightful look at the extraordinary life and times of eyewear from the Ancient Greeks to Google Glass by the author of The Bus We Loved and A Walk in the Park

#### **Through The Looking Glasses**

## TRAVIS ELBOROUGH

With the broad appeal of books by the likes of Mark Kurlansky, Bill Bryson and Simon Garfield, Travis Elborough uses a single, life-changing object to tell a much bigger story.

Using personal observation, memoir, reportage, science, social history and cultural criticism, the book moves chronologically through the story of spectacles. The historical scope is wide, ranging from early theories about how the eye worked and theological and philosophical arguments about the limits of perception by Greek thinkers and Arab scholars, through to the ingeniousness of Italian glassmakers in the Medieval and Renaissance periods.

Through the Looking Glasses is about vision and the need for humanity to see clearly and where the impulse to improve on our eyesight has led us. The society of the spectacle may finally be upon us . . . but how much of it do we really see?

## ABOUT THE AUTHOR

Acclaimed by the Guardian as 'one of the country's finest pop culture historians', Travis Elborough has been a freelance writer, author, broadcaster and cultural commentator for nearly two decades. Elborough's books include Wish You Were Here: England on Sea, The Long-Player Goodbye, a hymn to vinyl records that inspired the BBC Four documentary When Albums Ruled the World, in which he also appeared, and A Walk in the Park, a loving exploration of public parks and green space. Elborough regularly appears on Radio 4 and recently wrote and presented the five-part series, The Rise and Fall of the Antique, and is a frequent contributor to the Guardian and Observer, among other newspapers and magazines.



True tales from London's streets



## JENNIFER KAVANAGH

In 1861, the journalist and social advocate Henry Mayhew published *London Labour and the London Poor*, an oral history of those living and working on the streets of Victorian London. On the surface, the streets of London in 1861 and in 2019 are entirely different places. But dig just a little and the similarities are striking and, in many cases, shocking.

little, brown BOOK GROUP Cover To Be Revealed Spring Catalogue 2021

Taking Mayhew's book as inspiration, Jennifer Kavanagh explores the changes and continuities by collecting and mapping stories from today's London. Beggars, street entertainers, thieves, the sex trade and stalls selling a variety of food, clothes and second-hand goods are all still predominant. The rise of the gig economy has brought a multitude of drivers and cyclists, delivering and moving goods, transporting meals and people, all organised through smartphones but using the same streets as Mayhew's informants. The precarity faced by this new workforce would also be familiar to the streetsellers of Mayhew's day.

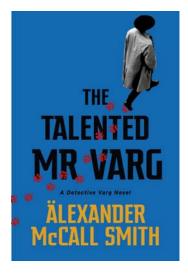
*Voices from the Edge* is an x-ray of life on the streets today: the stories in their own words of those who work and live in our capital.

ABOUT THE AUTHOR

Jennifer Kavanagh worked  $\mathbf{in}$ publishing for nearly thirty years, the last fourteen as an independent literary agent. Since leaving publishing, she has started and run a community centre in one of the poorest wards in London's East End, started a mobile library for homeless people, volunteered at an asylum seeker centre in central London, and set up a microcredit programme for women in poverty in London, as well as in Africa. She has also been a prison visitor at Pentonville and Dorchester, and for six years was a research associate for the Prison Reform Trust. In one of her previous books, Journey Home, she interviewed number of homeless people, a refugees and women in a refuge. She lives in central London, and talks to people on the streets on a daily basis. Jennifer is a Churchill Fellow and a Fellow of the Royal Society of Arts. She has published nine books of nonfiction and two novels.







The Girl with the Dragon Tattoo introduced us to 'Scandi noir'. Now, welcome to Alexander McCall Smith's world of Scandi blanc...

#### The Talented Mr Varg

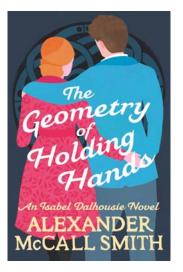
## ALEXANDER MCCALL SMITH

For Varg, referred by his psychoanalyst to group therapy at Malmö's Wholeness Centre, life now seems mostly a circle of self-examination, something which may or may not be useful when it comes to the nature of his profession and the particularly sensitive cases that have recently come to light. All in a day's work for Detective Varg, except that one of his new investigations involves fellow detective Anna; it will require every ounce of self-discipline he has in order to remain professional. The other, more curious case is centred around internationally successful novelist Personn-Cederström. According Nils to his girlfriend, Cederström is being blackmailed - but by whom and for what reason? Accompanied by his irritating but kindly colleague Blomquist, Varg begins his enquiries and soon the answers fall neatly into place. Nothing and no one is ever that simple, however, and not for the first time he learns as much about his own emotional and moral landscape as he does about the motives of others. Now Varg must make a possibly life-changing decision. Will he choose his own happiness over that of his heart's desire?

## ABOUT THE AUTHOR

Alexander McCall Smith is the author of over one hundred books on a wide array of subjects, including the award-winning The No.1 Ladies' Detective Agency series. He is also the author of the Isabel Dalhousie novels and the longest-running world's serial novel, 44 Scotland Street. His books have been translated into forty-six languages. Alexander McCall Smith is Professor Emeritus of Medical Law at the University of Edinburgh and holds honorary thirteen doctorates from universities.





The thirteenth novel in Alexander McCall Smith's much-loved Isabel Dalhousie series

## The Geometry of Holding Hands

## ALEXANDER MCCALL SMITH

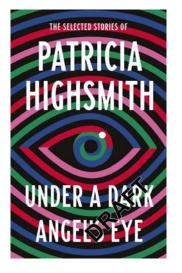
When Isabel Dalhousie and her husband Jamie book a table at an expensive Edinburgh restaurant, she finds herself battling with her conscience. Lately, there has been a lull in work for the Review of Applied Ethics, and the care of their young sons, Charlie and Magnus, is often undertaken by their housekeeper Grace. Is Isabel deserving of such a luxurious dinner? But Isabel holds herself to impossible moral standards. Not so, the parents of one of Jamie's students, who have no qualms about ensuring their son's place in the school orchestra, despite his mediocre talent. In the restaurant, Isabel witnesses a row between local businessmen; another reminder that thoughtless ambition is too often second nature to others. Compelled to intervene in the aftermath, Isabel's sense of integrity is observed by a fellow diner, Iain Melrose, who seeks out her help. He must decide which of his remaining relatives should one day inherit his estate. Isabel, he believes, would make a just executor of his will. While she deliberates, another troubling situation arises with her niece, Cat, whose relationship with the unlikeable Leo is causing her to behave recklessly, putting Isabel in a very difficult position. Faced with such weighty decisions, can Isabel balance compassion and integrity to make the right choice for all, and to protect those she holds dear to her heart?

## ABOUT THE AUTHOR

Alexander McCall Smith is the author of over one hundred books on a wide array of subjects, including the award-winning The No.1 Ladies' Detective Agency series. He is also the author of the Isabel Dalhousie novels and the world's longest-running serial novel, 44 Scotland Street. His books have been translated into forty-six languages. Alexander McCall Smith is Professor Emeritus of Medical Law at the University of Edinburgh and holds honorary doctorates from thirteen universities.







Published to celebrate the centenary of one of the twentieth century's most influential writers, this is the most comprehensive collection of Highsmith's short fiction. Includes two newly discovered stories

#### Under a Dark Angel's Eye

## PATRICIA HIGHSMITH

#### Introduced by Carmen Maria Machado.

'By opening this book, you've given Patricia Highsmith permission to follow you, catch you, take you apart. Get ready to run!'

Patricia Highsmith, celebrated author of the novels The Talented Mr Ripley and Strangers on a Train, was also a masterful and prolific short-story writer. This new collection, published on Highsmith's centenary, reveals the stunning versatility and terrifying power of her extensive body of short fiction. Peerlessly disturbing, exhilarating, potent savagely and funny, Highsmith continually upsets our expectations and presents a world frighteningly familiar to our own, where danger lurks around every turn. Includes two newly discovered stories.

## ABOUT THE AUTHOR

Patricia Highsmith (1921-1995) was born in Fort Worth, Texas, and moved to New York when she was six, where she attended the Julia Richman High School and Barnard College. In her senior year she edited the college magazine, having decided at the age of sixteen to become a writer. Her first novel, Strangers on a Train, was made into a classic film by Alfred Hitchcock in 1951. The Talented Mr Ripley, published in 1955, introduced the fascinating anti-hero Tom Ripley, and was made into an Oscar-winning film in 1999 bv Anthony Minghella. Graham Greene called Patricia Highsmith 'the poet of that apprehension', saving she 'created a world of her own - a world claustrophobic and irrational which we enter each time with a sense of personal danger'. Patricia Highsmith died in Locarno, Switzerland, in February 1995. Her last novel, Small g: A Summer Idyll, was published posthumously, the same year.





A delicious detective story set in 1930s New York, and the winner of the inaugural Virago/The Pool New Crime Writer Award

#### **One Night, New York**

### LARA THOMPSON

At the top of the Empire State Building, on a freezing December night, two women hold their breath. Frances and Agnes – lovers and conspirators – are waiting for the man who has wronged them.

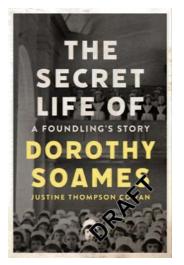
They plan to seek the ultimate revenge.

Set over the course of a single night, One Night, New York is a detective story, a romance and a coming-of-age tale. It is also a story of old New York, of bohemian Greenwich Village between the wars, of floozies and artists and addicts, of a city that sucked in creatives and immigrants alike, lighting up the world, while all around America burned amid the heat of the Great Depression. It marks the arrival of an exciting new talent on the Virago fiction list.

#### ABOUT THE AUTHOR

Lara Thompson beat hundreds of applicants to win the inaugural Virago/The Pool New Crime Writer Award competition with the manuscript of her first novel, *One Night New York*. Lara is a lecturer in film at Middlesex University and she drew on her love of film noir, the photography of Berenice Abbot and her own family history for its backdrop. Born in Cornwall, she now lives in London.





A gripping memoir and revelatory investigation into the history of the Foundling Hospital and one girl who grew up in its care – the author's own mother

## The Secret Life of Dorothy Soames

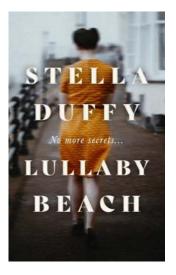
## JUSTINE COWAN

Growing up with a volatile and obsessive mother, Justine Thompson Cowan couldn't get far enough away. It was only after her mother died that she found herself pulling at the threads of a story half-told - her mother's upbringing as a foundling in the famous British institution. Haunted by this secret history, Justine travelled across the sea and deep into the past to discover the girl her mother once was. Here, with the vividness of a true storyteller, she pieces together her mother's childhood alongside the history of the Foundling Hospital: from its idealistic beginnings in the 18<sup>th</sup> century, famous patrons from Handel to Dickens, its shocking approach to childcare and role in human medical experimentation, and how it survived the Blitz only to close after the Second World War. This was the environment that shaped a young girl then known as Dorothy Soames, who was left behind by a mother forced by stigma and shame to give up her child; who withstood years of physical and emotional abuse, dreaming of escape as German bombers circled the skies, unaware all along that her own mother was fighting to get her back.

## ABOUT THE AUTHOR

For more than two decades, lawyer Justine Thompson Cowan has advocated for the voiceless. challenging some of America's most powerful interests exposing wrongdoing in governments and corporations at all levels. The cases she has been involved in have been reported in the New York Times, Vanity Fair, CNN, Politico, Slate, The Hill and almost all other major news outlets. Justine received her undergraduate degree from UC Berkeley and her law degree with honours from Duke Law School where she was on the editorial board of the Duke Law Journal.





A compelling novel about family secrets and the legacy of trauma, set against the changing fortunes of an English seaside town over the last seventy years

#### Lullaby Beach

## STELLA DUFFY

No more days, no more times, no more tides. No more secrets.

When Lucy discovers the body of her great aunt Kitty, with a puzzling note and empty pill bottles by her bed, she can't believe that the formidable woman who held her family together is gone – or understand why she has taken her own life.

Lucy is determined to decipher Kitty's final message. What she finds will overturn everything she thought she knew about her family.

Lullaby Beach takes the reader on a journey through three generations of a complicated, closeknit clan whose joys and misfortune track many of the most pressing conflicts and concerns of post-war Britain, from the promise and hypocrisies of 1950s London to the political divides and risky freedoms of the present day.

Told with the warmth, generosity and fierce passion which has won Stella Duffy so much praise over her career, *Lullaby Beach* is a brilliant story of loss and love, revenge and redemption.

## ABOUT THE AUTHOR

Stella Duffy has written thirteen novels, over fifty short stories, and ten plays. She has twice won **Stonewall Writer of the Year** and twice won the **CWA Short Story Dagger**. HBO have optioned her two Theodora novels for television. In addition to her writing work, Stella is a theatre-maker and the co-director of the national Fun Palaces campaign for greater access to culture for all. She was awarded an OBE in 2016 for her services to the Arts.

www.stelladuffy.wordpress.com





For fans of Lullaby and Apple Tree Yard, a gripping debut novel of relationships, mothers and secrets . . .

#### Surrogate

## SUSAN SPINDLER

There's Nothing Like A Mother's Love...

Ruth Furnival is a successful television executive with a seemingly perfect life: a nice house in London, a lawyer husband and two grown-up daughters. But at 54, with an empty nest and the menopause behind her, she feels restless and dissatisfied.

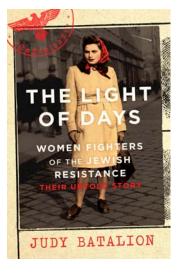
After multiple rounds of failed IVF, her eldest daughter Lauren has been told that the only chance for her and her husband to have their own child is surrogacy. So when Ruth discovers that, with the right dose of hormones, she could carry their baby, out of desperation they agree.

At first Ruth is buoyed up by her sense of purpose, but as the pregnancy progresses, longburied events from her past resurface - and Lauren can't contain her corrosive envy. Isolated and alone, Ruth starts to unravel, and what started as an act of altruism begins to seem like an atonement for which she is willing to risk everything.

## ABOUT THE AUTHOR

Susan Spindler is an award-winning journalist and documentary film maker. She worked for the BBC on flagship series such as *Horizon*, *Tomorrow's World*, and *QED* and went on to become Deputy Director of Drama, Entertainment & Children's Programmes. *Surrogate* is her first novel.





The incredible story of Jewish female resistance fighters who fought the Nazis, a tale virtually unknown

#### The Light of Days

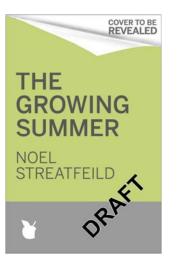
#### JUDY BATALION

Judy Batalion, the granddaughter of Holocaust survivors, discovered an extraordinary story of women who fought the Nazis. The 'ghetto girls' paid off Gestapo guards, hid revolvers in loaves of bread and jars of marmalade, helped build systems of underground bunkers. They flirted with Nazis, bought them off with wine, whiskey and home cooking, and shot and killed them. They helped the sick and taught the kids, they bombed German train lines and blew up Vilna's water supply. There has been no book in the English language that brings together the incredible and integral stories of Jewish female resistance fighters. A propulsive narrative history, The Light of Days will at last tell the true story of these incredible women. It follows a group of intimately bound resistance fighters in the harrowing year of 1943 as they prepare for insurgence and find themselves in ever graver danger. At its centre is Renieh Kukelkohn, a smuggler and messenger from a small city in Poland who scurried by foot and by train across her war-torn country at constant risk of death in service of defeating Hitler. The result is an unforgettable story about feminism, female friendship and revolt.

#### ABOUT THE AUTHOR

Judy Batalion is the author of White Walls: A Memoir About Motherhood, Daughterhood And The Mess In Between. She has written for the New York Times, Vogue, the Washington Post and many other publications. Prior to her writing career, she was an academic and is fluent in both Yiddish and Hebrew.





## The Growing Summer

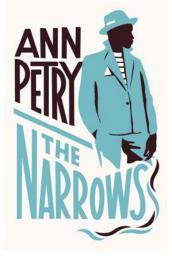
## NOEL STREATFEILD

#### ABOUT THE AUTHOR

Noel Streatfeild was born in Sussex in 1895 and was one of three sisters. After working in munitions factories and canteens for the armed forces when the First World War broke out, Noel followed her dream of being on stage and went to RADA where she became a professional actress.

She began writing children's books in 1931 and *Ballet Shoes* was published in 1936. She quickly became one of the most popular authors of her day. She was one of the first winners of the Carnegie Medal and was awarded an OBE in 1983.





#### The Narrows

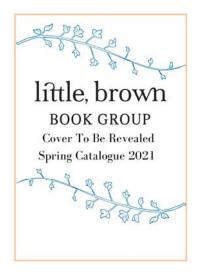
#### ANN PETRY

Link Williams is a handsome and brilliant Dartmouth graduate who tends bar due to the lack of better opportunities for an African American man in a mid-century Connecticut town. The routine of Link's life is interrupted when he intervenes to save a woman from a late-night attack. Due to the thick fog rolling in from the river, they cannot easily discern each other, so it is only when they enter a bar for a drink that Camillo sees her rescuer is black and Link learns that the woman is white. Camilo (Camilla Treadway Sheffield) is beautiful, wealthy and married: she has crossed the town's racial divide to relieve the tedium of her life. Brought together by chance, Link and Camilo draw each other into furtive encounters that violate the rigid and uncompromising social codes of their times.

# ABOUT THE AUTHOR

Ann Petry (1908-1997), novelist and short story writer was one of America's most distinguished authors. Petry began by studying pharmacology, and in 1934 received her Doctor of Pharmacy degree. She worked as a registered pharmacist in Old Saybrook and in Lyme, and during these years wrote several short stories. When she married George David Petry in 1938, the course of her life changed. They lived in New York City, and Ann went to work for the Harlem Amsterdam News. By 1941, she was covering general news stories and editing the women's pages of the People's Voice in Harlem. Her first published story appeared in 1943 in the Crisis, a magazine published monthly by the NAACP. Subsequent to that, she began work on her first novel, The Street, which was published in 1946 and for which she received the Houghton Mifflin Literary Fellowship. Petry wrote two more novels, The Country Place and The Narrows, and numerous short stories, articles and children's books.





A funny, gripping and surprising story of a mixed-race British woman who goes in search of the African father she never knew, by awardwinning author Chibundu Onuzo

## Sankofa

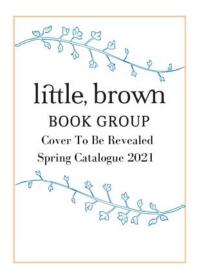
## CHIBUNDU ONUZO

Anna grew up in England with her white mother and knowing very little about her African father. In middle age, after separating from her husband and with her daughter all grown up, she finds herself alone and wondering who she really is. Her mother's death leads her to find her father's student diaries, chronicling his involvement in radical politics in 1970s London. She discovers that he eventually became the president – some would say the dictator – of Bamana in West Africa. And he is still alive. She decides to track him down and so begins a funny, painful, fascinating journey, and an exploration of race, identity and what we pass on to our children.

## ABOUT THE AUTHOR

Chibundu Onuzo was born in Lagos, Nigeria. Her first book deal was signed when she was nineteen. The Spider King's Daughter, was the winner of a Betty Trask Award, shortlisted for the Dylan Thomas Prize and the Commonwealth Book Prize and longlisted for the Desmond Elliott Prize and Etisalat Literature Prize. Her second novel, Welcome to Lagos, was shortlisted for the RSL Encore Award. In 2018 Chibundu was elected as a Fellow of the Royal Society of Literature. She contributes regularly to the Guardian, has done a talk for Tedx and her autobiographical show 1991, featuring narrative, music, song and dance, premiered in a sellout show at Southbank Centre's London Literature Festival in 2018.





## **Poison for Teacher**

## NANCY SPAIN

A nasty attack of murder has broken out at Radcliff Hall, a Sussex girls' boarding school. Enter, in the unlikely guise of schoolteachers, two unorthodox detectives: revue-star Miriam Birdseye and the Russian ballerina, Natasha Nevkorina.

## ABOUT THE AUTHOR

Nancy Spain was novelist, a broadcaster and journalist. Born in Newcastle-upon-Tyne in 1917, she was the great-niece of the legendary Mrs Beeton. As a columnist for the Daily Express and She magazine, frequent guest on Radio 4's Woman's Hour and panellist on the television programmes What's My Line? and Juke Box Jury, she was one of the most recognisable (and controversial) media personalities of her era. During the Second World War she worked as a driver, and her comic memoir of her time in the WRNS became an immediate bestseller. After the war she began publishing her acclaimed series of detective novels, and would go on to write over twenty books. Spain and her longtime partner, Joan Werner Laurie, were killed when the light aircraft carrying them to the Grand National in 1964 crashed close to the racecourse. Her friend Noel Coward wrote, "It is cruel that all that gaiety, intelligence and vitality should be snuffed out when so many bores and horrors are left living.'





From an Observer columnist and Twitter sensation, the story of a boy growing up in a family bonded by loss, love and mockery, set against the backdrop of Northern Ireland in the 1990s

#### Did Ye Hear Mammy Died?

#### SEAMAS O'REILLY

Did Ye Hear Mammy Died? is Seamas O'Reilly's memoir of growing up as one of eleven children in rural Northern Ireland in the 1990s after the death of their mother when Seamas was five. He delves into his family - his pleasingly eccentric, deeply loving reticent but father; his rambunctious siblings, intent on enforcing a byzantine age-based hierarchy; and the numerous bewildering friends, relations and neighbours who blew in and out to 'help'. He writes hilariously and tenderly of how his father, Joe, strove to give his children a happy home and a good education.

Seamas

**O'Reil** 

This unusual childhood took place in Northern Ireland at the end of the Troubles. Seamas describes living on the boundary, including the time an IRA bomb blew out their windows when he was three. We then follow Seamas through his teenage years as a nascent political radical and amateur satirist, and his arrival in Dublin as a university student. *Did Ye Hear Mammy Died?* is the story of a boy growing up; a family bonded by loss, love and mockery; and their triumphs and disasters as they reached for their goal of some kind of normality.

## ABOUT THE AUTHOR

Seamas O'Reilly is a columnist for the Observer and writes about media and politics for the Irish Times, New Statesman, Guts and VICE. He shot to a kind-of prominence with a range of online endeavours including 'Remembering Ireland', a parody of Irish nostalgia sites, which featured entirely invented moments from Irish history. In 2016, he posted a long Twitter thread about the effects Brexit would have on Northern Ireland, which led to his first political writing for the New Statesman. His most recent viral sensation was a thread about the time he inadvertently found himself on ketamine while in a room serving drinks to his boss's boss's boss and the President of Ireland, Mary McAleese. Seamas lives in Hackney with his family.





## **Material Girls**

## KATHLEEN STOCK

Material Girls is a critique of the recently influential theory that each of us has a gender identity, which is socially and morally more significant than our biological sex. Professor Stock explores the philosophical roots of this new paradigm, making a clear and humane feminist case for naming material reality in a range of important contexts, including health, sport, the gathering of statistics, and women-only protected spaces and resources. She makes an impassioned case for an alternative route seeking to promote the interests of all.

## ABOUT THE AUTHOR

Professor Stock is a Professor of Philosophy at the University of Sussex. She has written extensively on the nature of pretence, imagination and fiction for an academic readership. More recently, she has written articles on sex, gender and women's interests for Economist, Quillette and the Conversation. She is regularly called upon for comment on matters relating to sex and gender and has appeared on Good Morning **Politics** Britain. **BBC** Newsnight, Woman's Live. Hour, PM and Sky News.





The new collection of poetry and prose from the Ted Hughes Award winning author of Nobody Told Me

## Slug

## HOLLIE MCNISH

From Finnish mermaids and soppy otters to Kellogg's anti-masturbation pants and our cultural queasiness around the sound of the word 'vulva', *Slug* is a book which holds a mirror up to the world, past and present, through Hollie's driving, funny, beautiful poetry and prose. *Slug* is about the human condition: of birth and death and how we manage the tangle in between.

## ABOUT THE AUTHOR

Hollie McNish is an award-winning poet based between Cambridge and Glasgow. She won the **Ted Hughes Award** for *Nobody Told Me* and has published three other collections – *Plum, Cherry Pie* and *Papers*.





The Cure for Good Intentions

#### SOPHIE HARRISON

"When I was twenty-eight I trained as a doctor. Initially everyone was interested. Amazing! people said, when I told them. What made you do that? I couldn't find a short answer. Sometimes I said, "I had a revelation on a beach." It was partly true.'

The Cure for Good Intentions is about a life-changing decision. Sophie gave up her job as an editor at a prestigious literary magazine and put herself through medical school and hospital training before eventually becoming a GP. From peaceful office days spent writing tactful comments on manuscripts she entered a world that spoke an entirely different language. She was now inside scenes familiar from television and books – long corridors, busy wards, stern consultants, anxious patients – but what was her part in it all? Back in the community as a brandnew GP, the same question grew ever more pressing.

This is a book about how a doctor is made: it asks what a doctor does, and what a doctor is. What signifies a doctor: a caring-yet-brisk bedside manner? A mode of dress? A stethoscope? A firm way with a prescription pad? What is empathy, and what does it achieve? How do we deal with pain, our own and other people's? *The Cure* is an outsider's look at the inside of a profession that has never been so scrutinised, or so misunderstood.

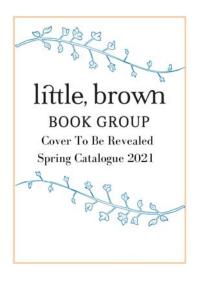
#### ABOUT THE AUTHOR

Sophie Harrison was born in 1974. After studying English Literature at university she wrote technical manuals and TV listings before becoming an editorial assistant and later an editor for *Granta Magazine*. In 2003 she began retraining as a doctor. She has written about books for The Sunday Times, New York Times, London Review of Books and the Guardian. For several years she wrote a column about medicine for the Financial Times magazine. She is married with two children and works as a GP in Cambridge.

June | Hardback | £16.99 | 9781408713006 | Medical Profession







A unique insight into the work of corporate boards and why their work is so important in society, by a hugely influential economist who has global recognition

#### The Board

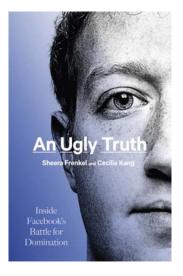
# DAMBISA MOYO

Corporate boards have never been under greater pressure. A Harvard study found that 51 per cent of 18-29 year olds do not support market capitalism; in 2018, the Founder-CEO of Blackrock warned CEOs of public companies that they 'must not only deliver financial performance but also show how it makes a positive contribution to society'. On the 2020 campaign trail, U.S. Senators Bernie Sanders and Elizabeth Warren applauded such talk but warned that they expected action. The Board is, at its core, about the need for corporate boards to change. Not least is the need for the boards and the corporations that they lead to adapt to the rapid changes in business, geopolitics, technology and societal norms. Most people, including business executives and employees, even shareholders and many legislators, understand little about what boards actually do. The Board will fill that vacuum by bringing readers into boardrooms for an insider's view of the tensions and shortcomings of boards, the conflicting priorities and trade-offs they face, and why some fail and others succeed.

# ABOUT THE AUTHOR

Dr. Dambisa Moyo is a pre-eminent thinker, influences who kev decision-makers in strategic investment and public policy. She is respected for her unique perspectives, her balance of contrarian thinking with measured judgement, and her ability to turn economic insight into investible ideas. Dambisa was named in the list of Time magazine's 100 Most Influential People in the World; has published in the Financial Times, Wall Street Journal. Barrons. Harvard Business Review and has travelled to sixty-five countries. In her spare time, she runs marathons, practises Pilates and is an amateur boxer.





The Everything Store meets Too Big to Fail in this intimate portrayal of the stumbling giant that is Facebook by two New York Times journalists

# An Ugly Truth

# SHEERA FRENKEL AND CECILIA KANG

In November 2018, the New York Times published a bombshell in-depth investigation that exposed, with disturbing insider detail, how leadership decisions at Facebook enabled, and then tried to cover up, massive privacy breaches and Russian meddling in the 2016 election. The story quickly shot to the top of the paper's most emailed list. It would earn the team of Times reporters a prestigious Loeb Award, the George Polk Award, and a spot on the Pulitzer shortlist. But it only skimmed the surface. The investigation's lead reporters, Sheera Frenkel and Cecilia Kang, spent eighteen months piecing together the story of how one of the most powerful companies in the world tried to bury a damning truth - that Facebook has become a conduit for disinformation, hate speech, and political propaganda. What are the ultimate ramifications when a few individuals are in charge of the technology used by half the world's population? Can they control the technology they've unleashed into the world? And if not, can we, as individuals and as a society, control them?

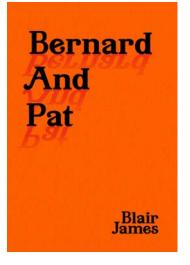
#### ABOUT THE AUTHORS

Sheera Frenkel covers cybersecurity from San Francisco. Previously, she spent over a decade in the Middle East as a foreign correspondent, reporting for BuzzFeed, NPR, *The Times* and McClatchy Newspapers.

Cecilia Kang covers technology and regulatory policy out of Washington. She joined the *New York Times* in 2015 after ten years covering technology and business at the *Washington Post*.







This extraordinarily powerful UK debut from young writer Blair James is an intense reading experience: disturbing and caustic, Bernard And Pat is a novel about childhood, memory, sexual awakening and abuses of power

#### **Bernard** And Pat

#### **BLAIR JAMES**

Catherine is five years old when her father dies. With her mother out at work, she and her brother James must spend more and more time with their childminders, Bernard and Pat. Bernard and Pat's house has a lot of rules. Catherine only knows the rules when she is shouted at for breaking them. Or when everyone laugh-laughs at her. Catherine is confused. She is humiliated. Sometimes Catherine is left alone with Bernard. And she is scared of the dark and she is small and she cries.

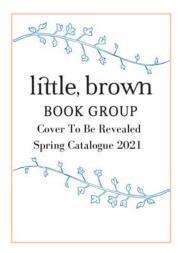
Bernard and Pat are Christians.

Catherine doesn't think they behave like good people. She wonders why nobody else can see this too. Now Catherine is grown up but she is stuck, living with the voice of herself as a child. Furious that nobody protected her; that nobody told her people could do such things. Fierce, playful and searing – Catherine's voice is unforgettable, created by a writer deeply aware of the peculiarities of memory and committed to the often painful task of putting lived experience into words.

# ABOUT THE AUTHOR

Blair James is a writer from Manchester and PhD researcher in Experimental Literature and Cognitive Science at University of Salford, with works published in LUNE, Translating Pain, BSJ: B. S. Johnson Journal, and Manchester Review of Books. Bernard And Pat is James's debut novel.

corsair 🔊 poetry



This an extraordinary anthology of poems celebrating twenty years of Malika's Poetry Kitchen – a thriving collective of writers and poets, whose words, stories and poems changed the British landscape

# Too Young, Too Loud, Too Different

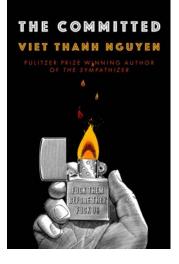
# EDITED BY MAISIE LAWRENCE AND RISHI DASTIDAR

In the early years of the new millennium, Malika Booker, Roger Robinson and Jacob Sam-La Rose were young black writers whose work was going unnoticed and unappreciated by publishers, magazines and mentors. Seeing the need for a space for writers to grow, improve, discuss and learn, Malika offered her Brixton kitchen table as a meeting place. One Friday night in 2001 poets gathered for the first time, sitting on chairs, worksurfaces, the floor . . . And so Malika's Poetry Kitchen was born. Malika's Poetry Kitchen -Kitchen as it is affectionately known – has written a new generation of voices into the landscape, launching the most exciting writers, books and initiatives in British poetry in the past twenty years. Today, Kitchen is a thriving writers' collective, with a wealth of talented poets and branches in Chicago and India. With breathtaking new poems by members and alumni including Warsan Shire, Inua Ellams, Kayo Chingonyi, Dean Atta, Roger Robinson, Malika Booker among many others - and featuring a guide by Malika Booker on how to set up your own collective.

### ABOUT THE AUTHOR

Malika's Poetry Kitchen is an influential writers' collective based in London. It was founded in 2001 by Malika Booker and Roger Robinson. Members and alumni have graced the shortlists of major poetry awards and are some of the most important poets writing today. The organisation has inspired Malika's Poetry Kitchen branches worldwide, from Chicago to Delhi.





The long-awaited sequel to Viet Thanh Nguyen's Pulitzer Prize-winning novel The Sympathizer

#### The Committed

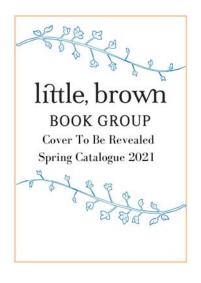
# VIET THANH NGUYEN

The long-awaited new novel from one of America's most highly regarded contemporary writers, The Committed follows the Sympathizer as he arrives in Paris as a refugee. There he and his blood brother Bon try to escape their pasts and prepare for their futures by turning their hands to capitalism in one of its purest forms: drug dealing. No longer in physical danger, but still inwardly tortured by his re-education at the hands of his former best friend, and struggling to assimilate into a dominant culture, the Sympathizer is both charmed and disturbed by Paris. As he falls in with a group of left-wing intellectuals and politicians who frequent dinner parties given by his French Vietnamese 'aunt,' he finds not just stimulation for his mind but also customers for his merchandise - but the new life he is making has dangers he has not foreseen, from the oppression of the state, to the self-torture of addiction, to the seemingly unresolvable paradox of how he can reunite his two closest friends, men whose worldviews put them in absolute opposition. Both literary thriller and brilliant novel of ideas, The Committed is a blistering portrayal of commitment and betrayal that will cement Viet Thanh Nguyen's position in the firmament of American letters.

# ABOUT THE AUTHOR

Viet Thanh Nguyen is the author of the short story collection 'The Refugees' and the novel The Sympathizer. The Sympathizer is a New York Times bestseller and won the Pulitzer Prize for Fiction. Other honours include the Dayton Literary Peace Prize, the Andrew Carnegie Medal for Excellence in Fiction from the American Library Association, the First Novel Prize from the Center for Fiction, a Gold Medal in First Fiction from the California Book Awards. Asian/Pacific and the American Literature Award from the Asian/Pacific American Librarian Association. His other books are Nothing Ever Dies: Vietnam and the Memory of War and Race and Resistance: Literature and Politics in Asian America. He is the Aerol Arnold Chair English of and Professor of American Studies and Ethnicity at the University of Southern California.





The irreverent, brilliant memoirs of the legendary filmmaker James Ivory

# Solid Ivory

# JAMES IVORY

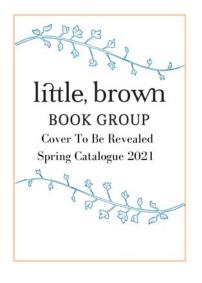
In Solid Ivory, Academy Award-winning filmmaker James Ivory, a partner in the legendary Merchant Ivory Productions and director of ARoom with a View, Howards End, Maurice, and The Remains of the Day, tells stories from the remarkable life and career of one of the most influential directors of his time into a carefully crafted mosaic of memories, portraits, and reflections. At times, they touch on his love affairs as he looks back coolly, and with unexpected frankness.

From first meeting his long-time collaborator and life partner Ismail Merchant at the Indian Consulate in New York to winning an Academy Award at eighty-nine for *Call Me By Your Name*; from seeing his first film at five in Klamath Falls, Oregon to memories of Satyajit Ray, Federico Fellini, Vanessa Redgrave, George Cukor, Kenneth Clark, Bruce Chatwin, Ruth Prawer Jhabvala, and Ismail Merchant-Ivory writes with invariable fluency, wit and perception about what made him who he is and how he made the movies for which he is known and loved. *Solid Ivory* is an utterly winning portrait of an extraordinary life told by an unmatched storyteller.

# ABOUT THE AUTHOR

James Ivory is an Academy Awardwinning director, producer, and screenwriter. His directorial work includes A Room with a View. Howards End. and The Remains of the Day, for each of which he was nominated for the Academy Award for Best Director. In 2017, he won an Academy Award for Best Adapted Screenplay for Call Me by Your Name. He has also won three **BAFTA** Awards, a Directors Guild of America Lifetime Achievement Award, and a Writers Guild of America Award, among many other honours.





Jane Feaver's fourth novel is a transporting and richly accomplished story about storytelling itself, blending fiction and memoir

# Crazy

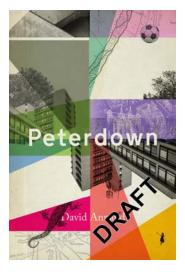
# JANE FEAVER

Crazy is an account of the origins and progress of an early, all-consuming relationship and the effect this relationship has had on the teller of the tale, Jane Feaver, who, in middle age, has become a teacher of creative writing. Assailed by physical symptoms she can't explain, she shuttles between her present predicament, where she tussles with what it means to write fiction at all, and the story in hand, an ill-fated tale of obsession compelling in its rawness and emotional candour. With humour and a poetic sturdiness that is by now characteristic of her writing, Jane returns to scenes of childhood whose after-effects can be seen to permeate the emotional landscape of what unfolds - marriage, childbirth and the vagaries of working life. Questions of love, ambition and identity are examined in a novel that is, above all, about story-making itself, about who gets to tell the tale and how, and about the ways in which those stories we absorb and accrue become the ones that make us, and (if anything can) might redeem us, too.

# ABOUT THE AUTHOR

Jane Feaver is a novelist and shortstory writer. According to Ruth (Harvill Secker. 2007), was shortlisted for the Author's Club Best First Novel Award and the **Dimplex Prize**; Love Me Tender (Harvill Secker, 2009) was shortlisted for the Edge Hill Short Story Prize. Jane is a senior lecturer Creative Writing at the in University of Exeter.





Full of warmth, comedy, character and anarchic radicalism, Peterdown is an ambitious tale about work and play, community and place, and how, ultimately, we might live in the face of history

#### Peterdown

## DAVID ANNAND

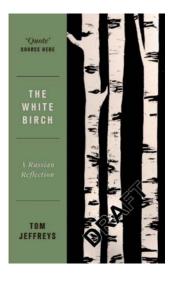
Peterdown, an industrial town with a noble past and a lacklustre present, has been chosen as the regional hub for a soon-to-be-built, ultra-highspeed railway line. The development promises to propel Peterdown headlong into a prosperous future; but in order to get there, something from the landscape of Peterdown's past will have to be demolished. On the shortlist are the Larkspur Hill housing estate, a significant modernist landmark, and the Chapel, the raucous home of the town's football team, Peterdown United. Ellie Ferguson, an architect exiled from London, is as determined to save the Larkspur as her partner, Colin, a lifelong United fan, is desperate to save the Chapel. As they each find themselves leading increasingly passionate and opposing campaigns, their essential differences become hard to ignore.

Out of this spins an epic, wide-angle novel, rich with character and incident. Affairs are embarked upon. Conspiracies are uncovered. A broad-based popular insurgency ignites. *Peterdown* brings England's beleaguered streetscape to life and finds lurking there a playful and storied counterculture: mad monks and machine breakers, avant-gardists and non-conformists.

# ABOUT THE AUTHOR

David Annand has worked as an editor at *Condé Nast Traveller* and *GQ*. He has written for the *FT*, *TLS*, *Telegraph*, *Literary Review*, the *New Statesman*, and *Time Out*. *Peterdown* is his first book.





The White Birch is a wide-ranging history of the relationship between Russian art, landscape and identity, through the lens of the white birch, Russia's unofficial national tree

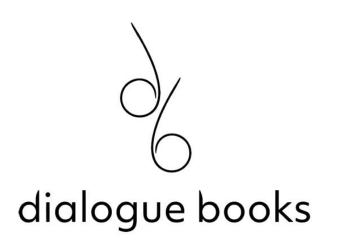
#### The White Birch

### TOM JEFFREYS

Wherever you go in the world, Russia is rarely out of the news. At the same time, the birch - a pioneer species and Russia's unofficial national emblem - is one of the most widespread and easily recognisable of trees: able to thrive in an array of different environmental conditions across the northern hemisphere. In The White Birch, art historian Tom Jeffreys grapples with the riddle of through numerous Russianness interlocking journeys, encounters, histories and artworks that all share one thing in common: the humble birch. From Catherine the Great's garden follies to nineteenth-century birch paintings; from Russian online brides to a drunken Moscow dinner with art-activists Pussy Riot; from Tolstoy's favourite chair to the Chernobyl exclusion zone; from the Trans-Siberian railway to the Mongolian borderlands. Tom Jeffreys explores, encounters and observes, all the time questioning the role played by Russia's vastly diverse landscapes in the formation and imposition of its national identity. And vice-versa: how has Russia's dramatically shifting self-image informed the way its people think of nature, land and belonging?

# ABOUT THE AUTHOR

Tom Jeffreys is an Edinburghbased art critic, who is especially interested in art that engages with environmental questions. Jeffreys is the author of Signal Failure: London to Birmingham, HS2 on Foot (2017) and is the founder and editor of The Learned Pig, an arts magazine that brings together multiple perspectives on relationships between the human and the non-human. His writing has been published in, among Apollo, art-agenda, others. ArtReview, Country Walking, Frieze, the Independent, Monocle, New Scientist, the Telegraph and the World of Interiors.







The latest novel from Niven Govinden, author of This Brutal House

#### Diary of a Film

# NIVEN GOVINDEN

An auteur, together with his lead actors, is at a prestigious European festival to premiere his latest film.

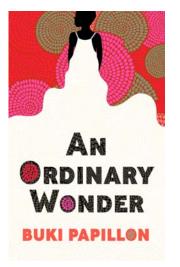
Alone one morning at a backstreet café, he strikes up a conversation with a local woman who takes him on a walk to uncover the city's secrets, historic and personal. As the walk unwinds, a story of love and tragedy emerges, and he begins to see the chance meeting as fate. He is entranced, wholly clear in his mind: her story must surely form the basis for his next film.

This is a novel about cinema, flâneurs, and queer love – it is about the sometimes troubled, sometimes ecstatic creative process, and the toll it takes on its makers. But it is also a novel about stories, and the ongoing question of who has the right to tell them.

# ABOUT THE AUTHOR

Niven Govinden is the author of five previous novels, most recently *This Brutal House*, which was longlisted for the **Jhalak** and **Polari Prizes** and shortlisted for the 2019 **Gordon Burn Prize**. His next venture is Leather Bar '79, a publishing imprint giving voice to queer writers of colour, launching in 2021.





An extraordinary literary debut from a Nigerianborn author about a boy's secret intersex identity and his desire to live as a girl

#### An Ordinary Wonder

### **BUKI PAPILLON**

'My name is Otolorin. I've been called monster. Within dark valleys of flesh I defy the given -a snake curled in upon itself, two-in-one, mythical and shunned. Yet, in that magic place between worlds, in the realm where the great mother gives milk to her offspring, I become like a goddess.'

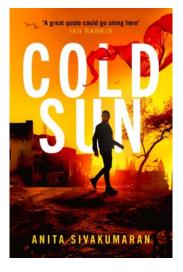
Oto's wealthy and powerful family is ashamed of their identity and treats Oto cruelly to ensure silence. The love from Oto's twin sister wavers in a world of secrets and lies that seems determined to tear them apart, and Oto must make drastic choices that will alter the whole family's lives for ever.

Richly imagined with African mythology, art and folk tales, this moving and modern book follows Oto through life at home and at boarding school in Nigeria, and their ultimate dream of emigrating to a new life in the United States. It is a novel that explores complex desires as well as challenges of family, identity, gender and culture. *An Ordinary Wonder* takes us on a beautiful journey of what it means to feel whole.

# ABOUT THE AUTHOR

Buki Papillon was born in Nigeria, the oldest of six. After studying Law at Hull University in the UK, she completed an MFA in Creative Writing at Lesley University in Cambridge, Massachusetts. She has received several fellowships and awards for her writing and is an alumnus of Key West Literary, Vermont Studio Centre and Vona Voices residencies and workshops. Her work was published in Post Road Magazine and the Del Sol Review. She has in the past been a travel advisor, events host and chef. Buki currently lives in Boston, USA, where she is resigned to finding inspiration in the long winters.





DI Patel in Cold Sun is Bollywood noir – The Killing meets The Indian Detective

### **Cold Sun**

# ANITA SIVAKUMARAN

Vijay Patel is the Leicester-born son of Gujarati immigrants. A first-class cricketer, whose England career was ended abruptly by injury, he now works as a Detective Sergeant at Scotland Yard.

Brilliant, but lacking confidence, and with a crumbling personal life, he's sent to Bangalore to assist in the investigation of the murder of several high-profile, glamorous women, one of whom is the British Foreign Minister's ex-wife.

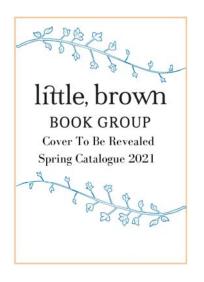
The only clues from the killer, who calls himself 'Gentleman', are the mysterious weapon that delivers the killing blow and the red saris he leaves draped on the bodies of all his victims.

Patel, a stranger in a strange land, must work with Assistant Commissioner Chandra Subramanium, a dynamic, ruthless Indian policewoman who resents the British intrusion. Despite their differences, they must work together to hunt the psychopath killer before he takes another life.

# ABOUT THE AUTHOR

Anita Sivakumaran holds an MA and a PhD in Creative Writing from the Universities of Lancaster and Leicester. Her novel *The Queen*, a historical novel based on real events, has been made into a web series in four languages, its trailers alone reaching twenty million YouTube views.





Kit Fan's hard-hitting and exhilarating debut is a requiem for a disappearing city, and a meditation on powerlessness, religion, colonialism and displacement

#### **Diamond Hill**

#### kit fan

Set in the last shanty town of Hong Kong before the fraught 1997 handover from Britain to China, *Diamond Hill* follows the return of a recovering heroin addict, Buddha, as he tries to salvage what's left from a place he hoped to forget.

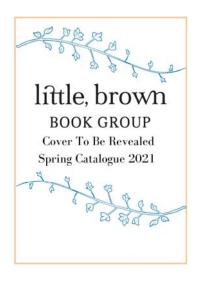
Diamond Hill was once the 'Hollywood of the Orient', but is now an eyesore in the middle of a glitzy financial hub. Buddhist nuns, drug gangs, property developers, the government and foreign powers are all vying for power, each wanting to stake their claim on the land.

Buddha finds himself crossing swords with the Iron Nun, fighting for her nunnery; a disturbed novice, Quartz, who is fleeing her past; a faded film actress called Audrey Hepburn; and Boss, a teenage gang leader with a big mouth and even bigger plans, plotting to escape what she calls 'the death of Hong Kong'.

# ABOUT THE AUTHOR

Kit Fan was born in Hong Kong and moved to the UK at the age of 21. In 2017 and 2018 he was shortlisted for the Guardian 4th Estate BAME Short Story Prize for 'Duty Free' and 'City of Culture'. He was shortlisted for the TLS Mick Imlah Poetry Prize 2017. His first book of poems Paper Scissors Stone won the inaugural HKU International Poetry Prize in 2011 and his translation of Classical Chinese poetry won one of the Times Stephen Spender Prizes in 2006. He studied at the Chinese University of Hong Kong before completing a PhD on Thom Gunn at the University of York. His second book of poems As Slow As Possible was a Poetry Book Society Recommendation for Autumn 2018. He lives and works in York.





Part inspired meditation, part revealing work of American history, How the Word Is Passed is poet and educator Clint Smith's transcendent exploration of the places where the history of slavery has been preserved if not fully reckoned with

#### How the Word Is Passed

# **CLINT SMITH**

In its simplest distillation, *How the Word is Passed* is the story of Clint Smith's visits to seven places that the work and lives of enslaved people built. Those places are Monticello in Virginia; Angola Prison in Louisiana; the Whitney Plantation in Louisiana; Blandford Cemetery in Virginia; Galveston, Texas, where the first Juneteenth was celebrated; Wall Street; and Goree Island, Senegal.

How the Word is Passed is much more than a travelogue. What Clint Smith does is show us how the history of slavery is not only relevant today but alive today. He does this by revealing how slavery is hidden in plain sight, introducing us to the men and women who have devoted their lives to understanding what so many of us do not know and, finally, by letting us walk in his shoes as he learns these truths.

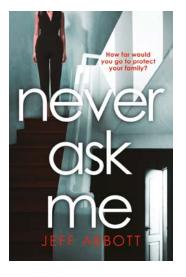
It is important to briefly describe what this book is not – it is not a polemic, or another work of politics. It is not a sad procession of black death, or a weighty historical tome. What *How the Word is Passed* is the living, breathing kind of history that is made unforgettable in the telling.

# ABOUT THE AUTHOR

Clint Smith is a poet and writer of evocative great power and precision, and as a public figure promoting this book he will be an incredible asset. He has just been named a staff writer at the Atlantic. He hosts his own podcast - Justice in America - and has appeared on Pod Save the People. His presence on Twitter is hard to rival. And as his two TED talks bring to life, it is Clint's humanity and his personality his \_ relatability - that make his work unforgettable.







From the internationally bestselling Jeff Abbott, Never Ask Me is a gripping and claustrophobic psychological thriller about the dark side of a small town and the secrets that lie at the heart of a perfect family. . .

#### Never Ask Me

#### JEFF ABBOTT

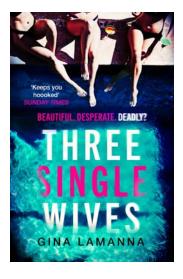
How far would you go to protect your family?

Danielle Roberts has the perfect life. An adoption worker, beloved girlfriend and doting mother, she is a cherished pillar of the community, and nobody is closer to her than the Pollitt family who live two doors down. So when Danielle's body is discovered on a park bench it sets off a chain reaction of intrigue and suspicion: who in this small town would want her dead, and why? There are questions that nobody can answer, and everyone is a suspect. The Pollitts thought they would always be there for each other, but they are all hiding secrets. And when they begin to suspect each other of the unimaginable, they discover that you can never truly know someone. Not even your own family...

#### ABOUT THE AUTHOR

Jeff Abbott is a New York Times and Sunday Times bestselling author whose books have been published in more than twenty languages. He has been nominated for numerous awards, including three times for the Edgar Award, and has won an International Thriller Writers Award, an Agatha Award and a Macavity Award. He lives in Austin with his family.





A superbly entertaining thriller about four women who unwittingly concoct a murder plan during a book club from USA Today bestselling author

#### Three Single Wives

# GINA LAMANNA

None of them came to book club with a plot to murder. . .

So when the discussion unexpectedly turns to the appropriate revenge for a philandering husband, nobody takes it seriously. It's all hypothetical anyway; what woman hasn't dreamed about killing the man she loves occasionally?

But the very next day a man is dead.

And now three women have some explaining to do.

# ABOUT THE AUTHOR

Originally from St Paul, Minnesota, Gina LaManna has also called Italy and Los Angeles home. After studying numbers and equations in college, she realised multiple choice tests were 'just not for her' and began writing books instead. She is the author of *Pretty, Guilty Women* and several other novels. She has twice hit the USA Today bestsellers list for her fiction.



Neuroscientist Gabija Toleikyte explores why we repeat our mistakes, and how we can form new patterns of behaviour to achieve meaningful change

# Why the F\*ck Can't I Change?

# DR GABIJA TOLEIKYTE

In this ground-breaking book, neuroscientist and behavioural coach Dr. Gabija Toleikyte gets straight to the heart of *why* we form certain habits and behaviours and shows *how* we can realistically stop ourselves from repeating the same mistakes.

Gabija takes us on an eye-opening journey through the extraordinary human brain, exploring how it deals with the everyday challenges that face us all. With relatable case studies and practical strategies and tools, Gabija demonstrates in this expertly researched book how you can rethink change, including:

- Why you shouldn't suddenly stop bad habits.
- How you can take control of your emotions.
- Simple ways to improve your productivity at work.
- How you can become a better communicator and decision-maker.
- The secret to strengthening your relationships

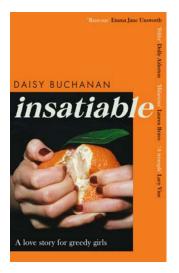
This transformative, inspiring and empowering book will help you get unstuck and guide you through every step in achieving meaningful, lasting change in every aspect of your life.

# ABOUT THE AUTHOR

Gabija Toleikyte is Dr. a neuroscientist, lecturer, and coach. She is currently a lecturer in psychology at Sheffield Hallam University. Gabija completed her PhD at University College London. Prior to that, she undertook awardwinning academic research on Parkinson's disease the at University of Helsinki.

During her PhDGabija has also qualified as business a coach and coached UCL academics and administrative staff. Combing her neuroscience knowledge with coaching experience Gabija has started her own consulting company, providing coaching and seminars for organizations and the general public on the subjects including productivity, leadership and decision-making. Gabija is also a TEDx speaker and her work has been featured in the Guardian.





Introducing the first novel from award-winning journalist and writer Daisy Buchanan. Insatiable is about being unable to tell whether you are running towards your future or simply running away from your past. It is perfect for fans of Fleabag, Queenie and Adults

#### Insatiable

## DAISY BUCHANAN

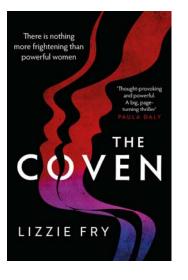
Stuck in a dead-end job, broken-hearted, broke and estranged from her best friend: Violet's life is nothing like she thought it would be. She wants more - better friends, better sex, a better job - and she wants it now. So, when Lottie - who looks like the woman Violet wants to be when she grows up - offers Violet the chance to join her exciting start-up, she bites. Only it soon becomes clear that Lottie and her husband Simon are not only inviting Violet into their company, they are also inviting her into their lives. Seduced by their townhouse, their expensive candles and their Friday-night sex parties, Violet cannot tear herself away from Lottie, Simon or their friends. But is this really the more Violet yearns for? Will it grant her the satisfaction she is so desperately seeking?

*Insatiable* is about women and desire – lust, longing and the need to be loved. It is a story about being unable to tell whether you are running towards your future or simply running away from your past. The result is at once tender and sad, funny and hopeful.

# ABOUT THE AUTHOR

Daisy Buchanan is an awardwinning journalist and author. Her non-fiction books, How To Be A Grown Up and The Sisterhood, have received critical acclaim and praise from a number of high-profile writers - her fans include Marian Keyes, Nina Stibbe and Dolly Alderton. She has written features and opinion pieces for every major national newspaper and magazine in the UK - she was Grazia's Agony Aunt, Dear Daisy, and a columnist for the beloved smart women's website The Pool. Daisy is a TEDx speaker and the host of the charttopping literary interview podcast You're Booked. She appears regularly on TV and radio speaking about everything from pop culture to feminism. This is her first novel.





Fans of Vox, The Power and A Discovery of Witches will love this breath-taking global race-against-the-clock to defeat an imposing organisation dedicated to destroying women's power and potential

#### The Coven

# LIZZIE FRY

"Let me repeat myself, so we can be very clear. Women are not the enemy. We must protect them from themselves, just as much as we must protect ourselves."

Imagine a world in which witchcraft is real. In which mothers hand down power to their daughters, power that is used harmlessly and peacefully. Then imagine that the US President is a populist demagogue who decides that all witches must be imprisoned for their own safety, as well as the safety of those around them – creating a world in which to be female is one step away from being criminal...

As witches across the world are rounded up, one young woman discovers a power she did not know she had. It's a dangerous force and it puts her top of the list in a global witch hunt. But she – and the women around her – won't give in easily. Not while all of women's power is under threat. *The Coven* is a dazzling global thriller that pays homage to the power and potential of women everywhere.

### ABOUT THE AUTHOR

Lizzie Fry is the pseudonym of an internationally acclaimed author and script editor.

As well as working with numerous film production companies, Lizzie is a member of the London Screenwriters' Festival board.



When I Was You is an addictive, highly commercial read about suspicion, obsession and motherhood. This is You by Caroline Kepnes meets Fatal Attraction

#### When I Was You

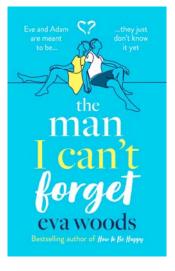
#### AMBER GARZA

Two women. One life. They can't both have it.

Kelly Medina's son left for college a year ago and now she feels totally alone. So when she discovers that a single mother also called Kelly Medina has moved to her town, it's an unexpected reminder of the life she used to live. For days, Kelly can't stop thinking about the woman who shares her name, who has a baby son she can still hold and her whole life ahead of her. She can't help looking for her: at the grocery store, at the gym, on social media. When they happen to bump into each other outside a paediatrician's office, simple curiosity gets the better of them both. Their unlikely friendship brings Kelly a renewed sense of purpose. But the relationship quickly turns to obsession, and when one Kelly disappears the other one may know why. . .

### ABOUT THE AUTHOR

Amber Garza lives with her husband and children in Folsom, California (which is even home to a second Amber Garza, although they have never met!) When I Was You is her first thriller.



eBook bestseller Eva Woods brings us an uplifting, heartfelt and funny story. What happens when a woman who remembers everything and meticulously catalogues her life, meets a man who remembers nothing, not even his name?

#### The Man I Can't Forget

# EVA WOODS

What if you could remember every last detail of your life?

Eve knows what her colleagues had for lunch last April. She remembers everyone who has stayed at the care home where she works, long after they've gone. Her life is small and meticulously managed.

And what if you couldn't even remember your name?

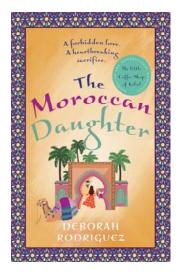
'Adam' is found wandering down the central reservation of the M25. He has no memory of how he came to be there and no clue who he is. As Eve works with Adam to help him discover who he once was, her world begins to open up – beyond the care home, beyond her memories.

But as Adam finally begins to remember his past, will there be room for Eve in his future?

# ABOUT THE AUTHOR

Eva Woods grew up in a small Irish village and now lives in London, where she dodges urban foxes and tuts at tourists on escalators. She runs the UK's first writing course for commercial novels and regularly teaches creative writing.

Eva also writes thrillers under her real name of Claire McGowan.



A sweeping tale of forbidden love and heart-breaking sacrifice, set against the vivid backdrop of Morocco. From the internationally bestselling author of The Little Coffee Shop of Kabul

# The Moroccan Daughter

# DEBORAH RODRIGUEZ

Amina comes from a wealthy and prestigious family in Morocco. She's spent the past few years living and studying in America and, against her father's knowledge, has married an American professor, Max. Now her sister is getting married in a traditional ceremony at their home in Fès and Amina is expected to return, but returning also means facing the truth . . . Charlie is Amina's closest friend in America and, along with her eccentric grandmother Bea, decides to accompany Amina to Morocco for the wedding and offer moral support to her friend. But Charlie has another reason for the journey; a man from her past she's hoping to reconnect with, a man who, since they last met, has begun hiding secrets of his own. Samira has worked as a housekeeper for Amina's family since Amina was born. Her loyalty knows no bounds. But Amina's return sparks a chain of events that unravels secrets long buried and Samira finds herself struggling to hold the family together.

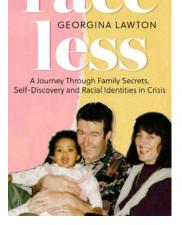
# ABOUT THE AUTHOR

Deborah Rodriguez spent five years teaching and later directing the Kabul Beauty School, the first modern beauty academy and training salon in Afghanistan. She also owned the Oasis Salon and the Cabul Coffee House, and is the founder of the profit non organisation Oasis Rescue, which aims to teach women in postconflict and disaster-stricken areas the art of hairdressing.

Deborah lives in Mazatlán, Mexico, where she owns Tippy Toes salon and spa.



A stunning family memoir by journalist Georgina Lawton, exploring race, identity and the devastating effect of longheld secrets on a happy family



#### Raceless

# GEORGINA LAWTON

'Ideas from our parents form the backbone to our identities, the bedrock to personal truths that we recite and remember like prayers from Church or poems from school. But they condition us in more powerful ways than lessons from any book or religion ever could. Now the tale had been destroyed. So what did that mean about who I thought I was?'

In Georgina Lawton's childhood home, her blackness was never acknowledged; the obvious fact of her brown skin, ignored by her white parents. Over time, secrets and a complex family story became accepted as truth and Georgina found herself complicit in the erasure of her racial identity. It was only when her beloved father died that the truth began to emerge.

*Raceless* is both the compelling personal account of a young woman seeking her own story amid devastating family secrets, and a fascinating, challenging and essential examination of modern racial identity.

### ABOUT THE AUTHOR

Georgina Lawton is a twentyseven-year-old journalist and speaker. former Guardian Α Weekend columnist she is now a freelance contributor for the paper and also writes for a number of publications other such as: Independent, Stylist, gal-dem, Travel + Leisure, VICE, Time Out London and more.

Twitter: @GeorginaLawton Instagram: @georginalawtonwriter\_



The heart breaking and ultimately hopeful story of an abandoned polar bear cub named Nora and the humans working tirelessly to save her and her species, whose uncertain future in the accelerating climate crisis is closely tied to our own

### The Loneliest Polar Bear

#### KALE WILLIAMS

Six days after giving birth, a polar bear named Aurora got up and left her den at the Columbus Zoo, meaning her tiny, squealing cub had to fend for herself. Hours later, Aurora still hadn't returned. The cub was furless and blind, and with dropping dangerously, her temperature the zookeepers entrusted with her care felt they had no choice: they would have to raise one of the most dangerous predators in the world themselves, by hand. Over the next few weeks, a group of veterinarians and zookeepers would work to save the cub, whom they called Nora. Humans rarely get as close to a polar bear as Nora's keepers got with their fuzzy charge. Sweeping and tender, The Polar Bear explores Loneliest the fraught relationship humans have with the natural world, the exploitative and sinister causes of the environmental mess we find ourselves in, and how the fate of polar bears is not theirs alone.

LONELIEST

POLAR BEAR

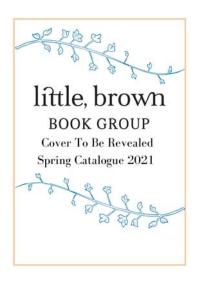
A True Story of

Survival and Peril on the Edge of a Warming World

### ABOUT THE AUTHOR

Kale Williams is a reporter at *The Oregonian*/ OregonLive, where he covers science and the environment. A native of the Bay Area, he previously reported for the *San Francisco Chronicle*. He shares a home with his wife, Rebecca; his two dogs, Goose and Beans; his cat, Torta; and his stepcat Lucas.





Scottish bestseller Alex Gray displays the best of her masterful plotting, page-turning intrigue and signature warmth in this brand new DSI William Lorimer mystery

#### **Before the Storm**

## ALEX GRAY

Inspector Daniel Kohi of the Zimbabwean police force returns home one night to find his worst nightmare has been realised. His family dead, his house destroyed, and in fear for his life, he is forced to flee the country he loves.

Far away in Glasgow, DSI William Lorimer has his hands full. Christmas is approaching, the city is bustling, and whilst the homicide rate has been relatively low, something much darker is brewing. Counter-Terrorism have got wind of a plot, here in Lorimer's native city, to carry out an unspeakable atrocity on Christmas Eve. They need someone with local knowledge to help them root it out and who better than the head of the Scottish Major Incidents Team.

But the investigation is complicated by a spate of local murders, and by the rumours that someone is passing information to criminal organisations from inside the police force. Soon Lorimer finds himself in desperate need of assistance. Then he meets an extraordinary man - a refugee from Zimbabwe whose investigative skills are a match for Lorimer's own...

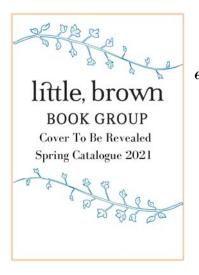
#### ABOUT THE AUTHOR

Alex Gray was born and educated in Glasgow. She has been awarded the Scottish Association of Writers' Constable and Pitlochry trophies for her crime writing and is the cofounder of the international Bloody Scotland Crime Writing Festival. Married with a son and daughter, she now writes full time.

#### www.alex-gray

Twitter @alexincrimeland.





From Keith Stuart, author of the much-loved Richard & Judy bestseller A Boy Made of Blocks, comes a stunning, emotional novel about an impossible mystery and a true love that refuses to die

### The Frequency of Us

# KEITH STUART

In Second World War Bath, young, naïve wireless engineer Will meets German refugee Elsa Klein: she is sophisticated, witty and wordly, and at last his life seems to make sense . . . until, soon after, the newly married couple's home is bombed, and Will awakes from the wreckage to find himself alone.

No one has heard of Elsa Klein. They say he was never married.

Seventy years later, Laura is a social worker battling her way out of depression and off medication. Her new case is a strange, isolated old man whose house hasn't changed since the war. A man who insists his wife vanished many, many years before. Everyone thinks he's suffering dementia. But Laura begins to suspect otherwise...

# ABOUT THE AUTHOR

Keith Stuart is an author and journalist. His heartwarming debut novel, *A Boy Made of Blocks*, was a Richard and Judy Book Club pick and a major bestseller, and was inspired by Keith's real-life relationship with his autistic son. Keith has written for publications including *Empire*, *Red* and *Esquire*, and is the former games editor of the *Guardian*. He lives with his wife and two sons in Frome, Somerset.



A wardrobe of Dior gowns. A decades-old secret. Three women bound for ever by war. From the New York Times bestselling author of The French Photographer

#### **The Paris Secret**

# NATASHA LESTER

#### England, 1939.

Talented pilot Skye Penrose joins the British war effort where she encounters her estranged sister, Liberty, and childhood soulmate Nicholas Crawford, now engaged to enigmatic Frenchwoman Margaux Jourdan.

#### Paris, 1947.

Designer Christian Dior unveils his extravagant first collection to a world weary of war and grief. He names his debut fragrance Miss Dior, in tribute to his sister, Catherine, who worked for the French Resistance.

#### Present day.

Australian fashion conservator Kat Jourdan discovers a secret wardrobe filled with priceless Dior gowns in her grandmother's vacant cottage. As she delves into the mystery, Kat begins to doubt everything she thought she knew about her beloved grandmother. An unspeakable betrayal will entwine all of their fates.

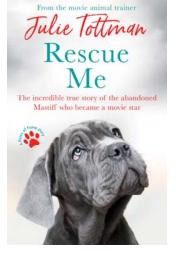
The Paris Secret is an unforgettable story about the lengths people go to protect one another, and a love that, despite everything, lasts a lifetime.

# ABOUT THE AUTHOR

Natasha Lester worked as a marketing executive for L'Oréal, managing the Maybelline brand, before returning to university to study creative writing. She completed a Master of Creative Arts and has written several novels including A Kiss From Mr Fitzgerald, Her Mother's Secret, The Paris Seamstress and The French Photographer.

In her spare time Natasha loves to teach writing, is a sought-after public speaker and can often be found playing dress-up with her three children. She lives in Perth.

www.natashalester.com.au Twitter: @Natasha\_Lester Instagram: natashalester Facebook: NatashaLesterAuthor



The second book in the Paws of Fame series, this is the moving true story of the neglected rescue dog who went on to play Fang in the Harry Potter series, thanks to the love and attention from movie animal trainer Julie Tottman

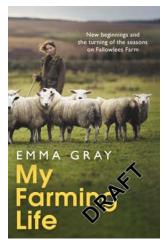
#### **Rescue** Me

### JULIE TOTTMAN

Monkey is a young Neapolitan Mastiff; larger than life, but his human doesn't like him. He shouts at him all the time. Eventually his owner gives him away, saying Monkey is too aggressive, and Monkey finds himself in a rescue centre where he's cared for - but by people who are scared of him. Julie Tottman is about to start filming Harry Potter and the Goblet of Fire, the fourth in the Harry Potter series, when crisis strikes: the dog playing Fang has dropped out. Julie needs to find a blue Neapolitan Mastiff to fill the part and fast. A big believer in rescuing dogs, she starts calling centres. As chance would have it, one in Northampton has a dog who might fit the bill but he's supposed to be aggressive: too big a risk for a film set with children. But when she sees the gangly Monkey she knows she has to take a chance on him. He needs feeding up, love, attention and something to put his energy into - and she can give him all those things. But with the film just around the corner, can Monkey become the movie star Julie is looking for? Rescue Me is the incredible true story of what a dog can do when someone believes in them.

#### ABOUT THE AUTHOR

Julie Tottman has been rescuing and training animals for the movies for over twenty-five years. Her credits include *Game of Thrones*, *Harry Potter* and *101 Dalmatians* among hundreds of others. She is a major advocate for animal welfare and feels very lucky to have her dream job.



The heart warming story of the ups and downs of life on a farm, from much-loved shepherdess Emma Gray

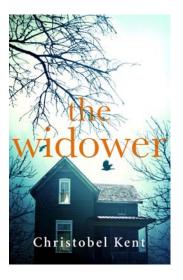
# **My Farming Life**

#### EMMA GRAY

On New Year's Day 2012, Emma Gray's long-term boyfriend broke off their relationship, leaving her heartbroken - and bewildered. But that was just the first setback the year was to offer: it was followed by the tragic death of her beloved old collie, Bill, and then a serious accident - breaking her back when her quad bike overturned. Her isolated existence - four miles from the road and the nearest neighbour - no longer looked such a good or sensible idea. Could she recover from these blows? And even if she did, could she make a proper living for herself at Fallowlees farm? Moreover - and the question on everyone's lips could the woman dubbed 'Britain's loneliest shepherdess' ever find lasting love? My Farming Life is the story of how Emma picks herself up from these emotional, physical and professional setbacks to become one of the most successful breeders and trainers of Border collies. The book covers some of the issues no farmer can afford to ignore - animal welfare, the anti-meat backlash and caring for the environment. And tells how surprising herself as well as her friends and family - Emma finds love where she least expects it.

# ABOUT THE AUTHOR

Emma Gray is a young shepherdess living on a National Trust farm in Northumberland. She also trains sheepdogs and competes in trials with her own dogs.



The new psychological suspense novel from the Sunday Times bestselling author of the Richard and Judy favourite The Loving Husband

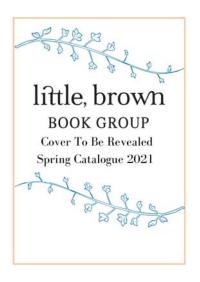
#### The Widower

# CHRISTOBEL KENT

Rose Bateman comes to an isolated house: a great echoing house alone on the Essex marshes, a house on what is almost an island at certain stages of the tide. It is a Victorian rectory, the church it once served long ago no more than a pile of rubble with rooms too big for its few inhabitants, a grand dining room, a drawing room, an overgrown verandah. It is a house where a woman has died, untended, isolated, as the fog rolled in off the water. It is a house where a woman died calling for help. Rose has come to look after her dead sister's family - a widower and children that she has never met. But as the days pass, she cannot find the sister she knew in the house she left behind, nor in the partner she chose to spend that life with. Something isn't right, but who can she trust?

# ABOUT THE AUTHOR

Christobel Kent was born in London and educated at Cambridge. She has lived variously in Essex, London and Italy. Her childhood included several years spent on a Thames sailing barge in Maldon, Essex with her father, stepmother, three siblings and four step-siblings. She now lives in both Cambridge and Florence with her husband and five children.



The inspirational story of how the most injured soldier from the Afghanistan conflict defied all odds by surviving, talking and walking again, and the incredible feats he's undertaken for charity since – proving that we can all survive adversity and thrive on it when we back ourselves

### Losing the Battle, Winning the War

### **BEN PARKINSON**

In September 2006, Lance Bombardier Ben Parkinson was travelling through Helmand Province when his armoured Land Rover hit a mine. He suffered thirty-seven injuries, including losing both legs, breaking his pelvis and spine, and suffering brain damage. For this he has become known as the most injured soldier to survive the Afghanistan/Iraq conflicts. After the explosion, doctors didn't think Ben would survive - then they didn't think he'd wake up, or talk again, or walk again. Ben confounded them all. More than that, the disabilities he survived with taught him how many other people are suffering too, many who didn't get the twenty-two years' quality of life that he had. It's led him to do a lot of charity work, including a ninety-mile kayak journey in France and cycling across New Zealand which has raised hundreds of thousands of pounds. This is the story of a young man in his prime who seemingly lost everything fighting for his country - only to prove that strength of spirit and mind can overcome even the greatest of hurdles.

# ABOUT THE AUTHOR

Ben Parkinson was awarded an MBE in 2015. He was awarded the **Overcoming Adversity Award** at the Millies in 2008. He is well-known as the most injured soldier to have survived the Afghanistan/Iraq conflict. Fifteen years on from sustaining extensive injuries after his Land Rover hit a mine in Helmand Province, he is still recovering from them, and yet has managed incredible treks around the world raising amazing amounts of money for charity.

A startling, moving and uplifting novel about two women brought together in the most extreme of circumstances. Jacqueline Bublitz is – simply – the most remarkable debut novelist and hers will be a major reading group launch for 2021

### Before you Knew my Name

# JACQUELINE BUBLITZ

Dead girls don't usually get to tell their story, but Alice Lee has always been different. When she arrived in New York on her eighteenth birthday carrying nothing but \$600 cash and a stolen camera, Alice was looking for a fresh start. Now, just one month later, she is the city's latest Jane Doe, an unidentified murder victim. Ruby Jones is also trying to start over; she travelled halfway around the world only to find herself lonelier than ever. Until she finds Alice Lee's body by the Hudson River. From this first, devastating encounter, the two women form an unbreakable bond. Stuck somewhere between life and death, Alice is sure that Ruby is the key to solving the mystery of her life - and death. And Ruby struggling to forget what she saw that morning finds herself unable to let Alice go. Not until she is given the ending she deserves. Before you Knew my Name is about what happens to a woman's story to her life – when it is cut short by a deliberate act of violence. Instead of asking whodunnit, this powerful, hopeful novel asks: Who was she? And what did she leave behind? The answers might surprise you.

JACQUELINE BUBLITZ

**Before** 

you

knew

my Name

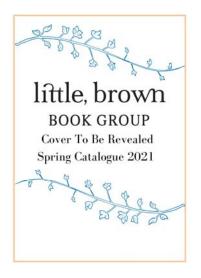
COMING SOON

#### ABOUT THE AUTHOR

Jacqueline 'Rock' Bublitz is a writer, feminist, and arachnophobe who lives between Melbourne, Australia and her hometown on the west coast of New Zealand's North Island.

She wrote her debut novel *Before* you Knew my Name after spending a summer in New York, where she hung around morgues and the dark corners of city parks (and the human psyche) far too often.

She is now working on her second novel, where she continues to explore the grand themes of love, loss, and connection.



An intensely atmospheric, heart-in-mouth psychological suspense novel which offers a 21<sup>st</sup>-century take on the classic haunted house thriller

#### Leave the Lights On

# EGAN HUGHES

The house was Joe's idea. A remote cottage where everything is controlled via an app: the sound system, the electrics, the locks. He's calling it a 'smart home'. It's old-world charm with the best of modern convenience. Deep down, Lauren was never as keen on the idea. She desperately wanted Joe to be happy, but there's something creepy about your home being controlled by forces you can't see ...

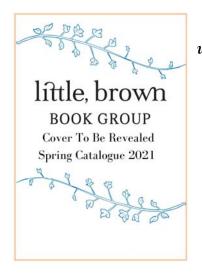
And then 'the incidents' begin. Odd noises through the sound system, the back door unlocking of its own accord, strange figures appearing on the CCTV. As Lauren becomes increasingly fearful, Joe is convinced she's relapsing. But Lauren can't be sure.

Is the house really trying to kill her? Has she just trapped herself in her own fevered imagination?

Or are there real, much darker forces at play?

# ABOUT THE AUTHOR

Egan Hughes was born in North Devon and grew up in Hampshire, UK. She is now based on the south coast of England and works in marketing as a freelance copyeditor. An early version of her previous novel *The One That Got Away* was shortlisted for the **First Novel Prize**, and the 2017 **Richard and Judy Search for a Bestseller** competition.



Hilarious, moving and enlightening reflections on what it was like to come of age as a Muslim in 1990s Britain, from the brilliant comedian Tez Ilyas

## The Secret Diary of a British Muslim Aged 13 3/4

## tez ilyas

The well-written, funny, upbeat and at times uncomfortable and illuminating memoir of Tez's teenage years, starting at age thirteen and going up to eighteen, when Tez started university just after 9/11. The book follows Tez's secondary school years, family life, messing around with friends, first experiences with girls – as well as giving an honest portrayal of what growing up with racism in working-class Blackburn was like.

#### ABOUT THE AUTHOR

Tez Ilyas is one of the most exciting rising stars on the comedy circuit; he was featured on the BBC New Talent Hot List in 2017 and was a Chortle Best Breakthrough Nominee in the same year. His 2015 debut standup hour Tez Talks had a sell-out run at the Soho Theatre and three BBC Radio 4 series based on the show followed. His 2016 show Made in Britain sold out performance the every at Edinburgh Fringe, and his third show Teztify achieved a sell-out nationwide tour.  $\mathbf{As}$ well as delivering his politically astute standup, he is one of the stars of hit sitcom Man Like Mobeen (BBC Three) and has appeared on a panel whole host of shows, including Mock the Week and The Last Leg.





Sunday Times bestselling author offers up a delightful menu of Cornish sun, heart warming friendship and a little taste of Italy in her heart-stopping new novel

## Sunrise by the Sea

#### JENNY COLGAN

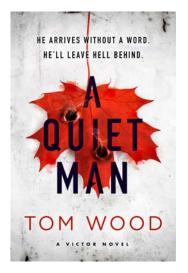
In a quaint seaside resort, a charming bakery holds the key to another world . . .

Returning to the much loved world of the Little Beach Street Bakery, Jenny Colgan will delight existing fans of the series and entrance new readers with this spellbinding new novel.

Marisa Rosso is struggling. Since the death of her beloved grandfather back home in Italy, she can't seem to find a way out of her grief. She's a registrar, and knows losing grandparents is a natural part of life, so why does she feel so lost? When she hears a hospital is recruiting in Mount Polbearne, a tiny and remote tidal island off the Cornish coast, Marisa thinks she has found the perfect retreat. Perhaps some solitude is just what she needs to combat her homesickness and rediscover her equilibrium. But Mount Polbearne is a far cry from the sleepy little place she was imagining. Between her noisy Russian pianoteaching neighbour and the hustle and bustle of a community determined to get back on its feet, Marisa finds solitude is not so easy to come by. Especially when finds herself somehow involved with a tiny local bakery desperately in need of some new zest to save it . . .

#### ABOUT THE AUTHOR

Jenny Colgan is the author of numerous *Sunday Times* bestselling novels and has won various awards for her writing, including the **Melissa Nathan Award** for Comedy Romance, the **RNA Romantic Novel** of the Year Award and the **RNA Romantic Comedy Novel** of the Year Award. Her books have sold more than five million copies worldwide and in 2015 she was inducted into the Love Stories Hall of Fame. Jenny is married with three children and lives in Scotland.



The action-packed, gripping, twisty new Victor thriller from bestseller Tom Wood is his best yet, and sees the mysterious assassin search for a missing mother and her child in a town full of secrets

#### A Quiet Man

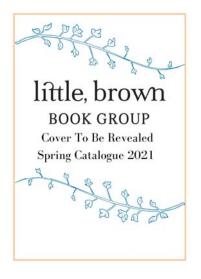
#### TOM WOOD

One day a man arrives in town. Unassuming. Quiet. Deadly. The assassin known as Victor is hiding out in a small town in Canada after a job across the border. Taking shelter in a local motel, he falls in with a mother and her son, drawn to a boy who reminds him of his own troubled childhood. The next morning both have vanished, and against his better judgement Victor stays in town to hunt down those responsible and save the innocent pair. Suddenly he finds himself in the crosshairs of multiple aggressors: this town is owned by a local gang, the Nameless, and even more frightening enemies are on their way from the US, seeking retribution. . . all looking for the quiet man newly arrived in town. But a quiet man is a dangerous man.

## ABOUT THE AUTHOR

Tom Wood is a full-time writer born in Burton-on-Trent who now lives in London. After a stint as freelance editor and film-maker, he completed his first novel, The Hunter, which was an instant bestseller and introduced readers to a genuine antihero, Victor, an assassin with a purely logical view on life and whose morals are deeply questionable. Like Victor, Tom is passionate about physical sport, being both a huge boxing fan and practising Krav Maga martial arts, which has seen him sustain a number of injuries. He has not, however, ever killed anyone.

Tom also publishes standalone psychological thrillers under the name T.W. Ellis, starting with *A Knock at the Door*.



The inspiring memoir of presenter and disability campaigner, Sophie Morgan

## Starting Over

## Sophie Morgan

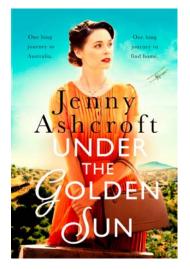
On the precipice of starting the life she had always dreamed of, Sophie Morgan was the victim of a tragic accident at eighteen, that left her paralysed.

Over the years, medical setbacks would level the fragile life she had begun to build, each time challenging her mental health and resilience. Yet each time she struggled through, determined to channel her adversity into opportunity, to see her challenges as a unique chance for creativity and fuel this into becoming an agent for change.

Part memoir, part coping strategy *Starting over* looks at adversity, change and resilience as well as the anger at the tumultuous change of fortunes. Yet although changes may be arbitrary and frightening, some things endure: the beauty of our landscape and the strength of our community. It is as much up to you what you choose to let go, as it is what fate may take from you.

#### ABOUT THE AUTHOR

Sophie Morgan is an awardwinning disability advocate and social entrepreneur who was paralysed when she was eighteen years old. Determined to channel her adversity into opportunity, she sees her challenges as a unique chance for creativity and has become the ultimate agent for change. She is now one of the few television presenters with а disability in the world. Sophie can be found presenting most live para sport events as well as hard-hitting current affairs programs such as Dispatches and Unreported World. Sophie doesn't just talk she lives, breathes and creates the change she wants to see in the world.



How far would you travel to find home? A captivating and sweeping historical love story, set against the raw beauty and epic expanse of a cattle station in rural Queensland from the much-loved Jenny Ashcroft

#### Under The Golden Sun

## JENNY ASHCROFT

Wanted: companion to escort a young, orphaned child home to Australia. All expenses as well as passage covered. Interested parties to apply without delay to 32 Williams Street, Belgravia.

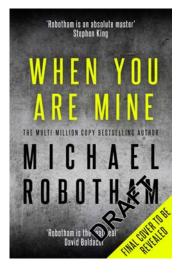
Rose Hamilton is in desperate need of a fresh start. There are so many reasons she should ignore the advertisement: the war, those treacherous seas, her family, her fiancé. . . but she cannot help herself. Within weeks, she is boarding an enormous convoy, already too attached to five-year-old Walter Lucknow. But rural Queensland, and the cattle station home of Walter's parents, is not as either of them were told to expect. Rose cannot leave this little boy she's grown to love until he is happy, and she knows the key to this is Walter's wounded fighter pilot uncle Max. But how will she ever part with Walter? And what if he isn't the only reason she wants to stay? Perfect for fans of Kirsty Manning, Dinah Jefferies, Victoria Hislop and Natasha Lester.

## ABOUT THE AUTHOR

Jenny Ashcroft lives in Brighton with her husband and three children. Before that, she spent many years living and working in Australia and Asia – a time which gave her an enduring passion for stories set in exotic places. She has a degree in History, and has always been fascinated by the past - in particular the way that extraordinary events can transform the lives of normal people.

Jenny's first three books – Beneath A Burning Sky, Island in the East and Meet Me In Bombay – were all eBook bestsellers.





A pulse-racing standalone thriller about toxic friendships, hidden agendas and deadly secrets, from international bestseller Michael Robotham, author of The Secrets She Keeps

#### When You Are Mine

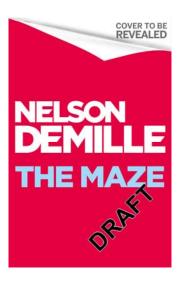
## MICHAEL ROBOTHAM

Philomena 'Phil' McCarthy is a promising young officer in the London Metropolitan police. But everything changes when she is called to the scene of a domestic assault. Unbeknownst to her, the abuser is a decorated detective and Phil's efforts to protect his girlfriend - Tempe Brown - from violence result in Phil being unjustly struck from the force. In the fallout, Phil begins to teach Tempe self-defence and they strike up a tentative friendship. Tempe is thoughtful and sweet, and within a matter of weeks the two women are inseparable - talking, socialising and confiding their deepest secrets in one another. But something isn't right. Sinister things keep happening and, when a body is discovered, Phil realises that Tempe is hiding deadly secrets of her own. Secrets she is willing to kill for . . .

#### ABOUT THE AUTHOR

Before becoming a novelist, Michael Robotham was an investigative journalist working across America, Australia and Britain.  $\mathbf{As}$ a iournalist and writer he has investigated notorious cases such as the serial killer couple Fred and Rosemary West. Michael's 2004 debut thriller, The Suspect, sold more than one million copies. It is the first of eight novels featuring clinical psychologist Joe O'Loughlin. In 2015 he won the UK's prestigious CWA Gold Dagger Award with his standalone thriller Life or Death. In 2020 his previous novel The Secrets She Keeps was adapted for television; the series starred Laura Carmichael and aired on the BBC.





A new chapter begins for legendary former anti-terrorist cop John Corey in the most thrilling and outrageously entertaining novel of the year

#### The Maze

## NELSON DEMILLE

Former anti-terrorist cop John Corey is NYU – New York Unemployed – and watching his back, ever more convinced his past will soon catch up with him. Then a new opportunity comes calling, and with it, plenty of trouble...

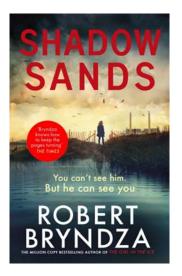
The brand new John Corey bestseller from America's Greatest Living Thriller Writer.

## ABOUT THE AUTHOR

Nelson DeMille is the number one New York Times bestselling author of twenty-one novels, including his most recent number one New York Times bestseller, The Cuban Affair. Two of his novels, Mayday and Word of Honour, were made into TV movies, and The General's Daughter was made into a major motion picture starring John Travolta and Madeleine Stowe. He has written short stories, book reviews, and articles for magazines and newspapers.

Nelson DeMille is a combatdecorated US Army veteran, a member of Mensa, Poets & Writers, and the Authors Guild. He was honoured as 2015 **Thriller Master of the Year**. He lives on Long Island with his family.





The sensational new thriller by multi-million bestselling author, Robert Bryndza. Kate Marshall faces her toughest challenge yet: hunting down a disturbing serial killer hiding in plain sight . . .

#### **Shadow Sands**

## ROBERT BRYNDZA

When Kate Marshall finds the bloated body of a young man floating in the Shadow Sands reservoir, the authorities label it a tragic accident.

But the details don't add up: why was he there, in the middle of the night? If he was such a strong swimmer, how did he drown? As Kate and her assistant Tristan Harper follow the evidence, they make a far darker discovery...

This is only the latest victim in a series of bloody murders dating back decades. A mythic serial killer is said to hide in the rolling fog, abducting his victims like a phantom. And when another woman is taken, Kate and Tristan have a matter of days to save her from meeting the same fate.

# ABOUT THE AUTHOR

Robert Bryndza is the author of the international #1 bestselling Detective Erika Foster series and the Kate Marshall series. Robert's books have sold over 4 million copies and have been translated into 29 languages. He is British and lives in Slovakia.





How to edit the unnecessary and excessive from your life to create a healthier, happier you

# Get Real

#### SARAH IVENS

#### Edit the unnecessary and excessive from your life to create a healthier, happier you. Slowing down, stripping back and saying no. We used to see these as negatives, but when your life is full of the wrong people, places and plotlines and your health is suffering - you can't sleep, your connections are breaking down, you feel unhappy or unfulfilled you need to edit out the unachievable goals and judgements that aren't working, and cherish and respect the ones that do. Why strive to be perfect when you can be happy and healthy? Get Real is a blueprint for bravery, honesty and self-acceptance; a guide to stepping away from your own restraints and others' expectations to create a world you deserve. Easy to follow, inspirational and direct, you will learn how to balance your mental and physical health, manage career with family and friends, and let go of the things that no longer serve your calmest, most contented self.

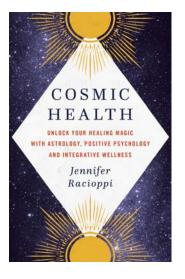
# ABOUT THE AUTHOR

Sarah Ivens is the former Editor of OK! magazine in New York. She has also written for Marie Claire, Tatler, Woman's Journal, Daily Mail, Mail on Sunday, News of the World and GQ. She is the author of Forest Therapy and the bestselling Modern Girl's Guide to Getting Hitched.









An actionable guide that incorporates astrology, integrative wellness and positive psychology tools to help readers achieve health, happiness and a sense of purpose from a renowned astrologer and integrative health practitioner

## **Cosmic Health**

## JENNIFER RACIOPPI

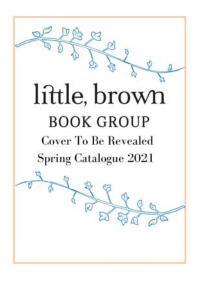
Sceptics think of astrology as nothing more than an anecdotal forecast, but for Jennifer Racciopi and for her clients, it has become a guide to living in sync with the natural rhythm of the cosmos for better health and greater success. Cosmic Health combines astrology with positive psychology and integrative health principles to help readers build a conscious approach to physical, emotional, and spiritual health. By decoding what the planets and their cycles mean, Cosmic Health guides readers to a more intuitive understanding of who they are and what they personally require to achieve conscious emotional health and physical wellbeing. Inside, you'll learn how to: Understand your cosmic influences to get a precise blueprint of your unique emotional, physical and spiritual health needs, practise specific rituals that support your astro-individuality, such as how to meditate, relax and sleep for your particular sun sign. Cosmic Health will arm you with the knowledge you need to unlock your hidden astrological influences and the tools to work with - rather than against these forces to create robust wellbeing and powerful life changes.

# ABOUT THE AUTHOR

Jennifer Racioppi is a transformational coach and professional astrologer. Several thousands of people also work with Jennifer through her online group programs and live public speaking classes. Jennifer is the resident astrology expert for Well+Good and Kate Northrup's membership site, Origin. She is also a regular contributor to Reebok and The Numinous. Prior to her career in astrology, Jennifer received а degree in Creative Writing and climbed the corporate ladder. After leaving the corporate world, she formally studied integrative wellness, positive psychology, and astrology.

jenniferracioppi.com Twitter: @jennracioppi





How the future of work impacts your present career, and what you can do to take advantage of artificial intelligence rather than have it replace you

## Augmenting Your Career

## DAVID L. SHRIER

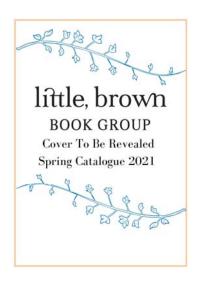
Essential reading for anyone who wants to be relevant in the workforce of tomorrow. Drawing on more than a decade of research on artificial intelligence and human systems, David L. Shrier, a globally-recognised futurist and innovation specialist, delivers fascinating insights and tips on how to win at work in the age of AI. Artificial intelligence is driving workforce disruption on a scale not seen since the Industrial Revolution. Automation was once associated with mass layoffs in heavy industry like auto and steel, but computers are getting smarter and are beginning to replace traditionally 'white collar' roles like law, consulting, banking and finance. Yet some curious findings are emerging from the world's leading research labs. The combined intellect of people and machines working in harmony is able to achieve outcomes that are better than either can accomplish alone. *Augmenting* Your Career provides a rare window into a frontier area of computer science that will change everything about how you work and what your job will look like. Read this book and fast track your evolution to the knowledge worker of the future.

## ABOUT THE AUTHOR

David Shrier is a globally recognised author and expert on technology-driven innovation. He holds a dual appointment at the Saïd Business School, University of Oxford and the Massachusetts Institute of Technology. An pioneer, educational David personally helped revolutionise how online executive training delivered by the top universities in the world. David spends considerable time translating academic theory into business practice.

He has published five books, Basic Blockchain, Trusted Data, New Solutions for Cyber Security, Trust::Data and Frontiers of Financial Technology. His book Global Fintech is forthcoming from MIT Press.





A fresh, witty, practical guide to love enriched with the latest discoveries from behavioural science

#### How to Not Die Alone

## LOGAN URY

In this funny and practical guide, a behavioural scientist turned dating coach helps you understand – and overcome – the hidden forces keeping you from finding lasting love.

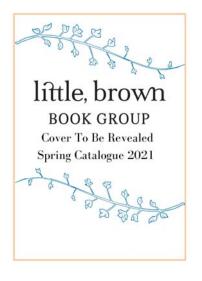
Have you ever looked around and wondered, 'Why has everyone found love except me?' You're not the only one. We've gone from the first iPod ('1,000 songs in your pocket') to Tinder - 1,000 potential dates in your pocket. Choosing a partner is harder now than ever before.

Drawing from years studying psychology and relationships, behavioural scientist turned dating coach Logan Ury reveals the hidden forces that fuel faulty decision-making and prevent us from finding love. You'll discover what's really holding you back in dating (it's not what you think), why your current dating app habits aren't helping you find a great match (and how to fix them), and why there's no such thing as 'The One' (but you'll find love anyway), and much, much more.

## ABOUT THE AUTHOR

Logan Ury is a behavioural economics researcher and dating She coach. is director of relationship science at Hinge, where she co-leads their new research lab. She formerly ran the Irrational Lab. Google's behavioural economics team. alongside Dan Ariely. She started the Talks at Google: Modern Romance series. where she interviewed world-renowned dating and relationship experts. She discussed monogamy and marriage with Dan Savage and Esther Perel and the secrets to a happy marriage with Drs. John and Julie Gottman. She's written about dating and relationships for TIME, Thrive Global, PopSugar, The Forward, P.S. I Love You. and more.





The Way of Integrity is a guide to discovering your true self and the pure peace that is your birthright

## The Way of Integrity

## MARTHA BECK

The bestselling author, Oprah magazine columnist, and beloved life coach has turned to a subject her fans have been waiting for. Just as there are toxins in your body that can be cleansed by a nutrition plan, the toxins in your life, such as family beliefs and social expectations, can be cleansed in a fourstage process Martha has successfully tested with hundreds of her clients. The Way of Integrity is a guide to discovering your true self and the pure peace that is your birthright. The book is rich with exercises and self-tests that help readers evaluate where they are out of integrity in their lives and identify symptoms that show they need a detox. Readers learn what they actually yearn for versus what they may crave as the result of what the culture sells us. Martha shows how to read internal signals that lead towards our true path and to recognise the soul teachers who help wake us to our deep purpose. Making scientific ideas accessible and using her signature humour, Beck takes us on a spiritual adventure that not only will change the direction of our lives, but will bring us to a place of genuine happiness.

#### ABOUT THE AUTHOR

Martha Beck is a bestselling author. She has made numerous appearances on television and radio, including Oprah. She has carried out research at Harvard Business School, and through her company Life Design, Inc. she helps clients develop their careers and their lives.





How to understand, support and guide your child through the tween years (eight-thirteen)

#### Between

# SARAH OCKWELL-SMITH

Between is a modern look at parenting a child from eight-thirteen years of age - also known as 'tweenagers'. The book considers all the issues faced by parents and tweens today, with a focus on the biology, neurology, psychology and sociology of adolescence as well as plenty of practical parenting advice for common everyday situations. The book covers: how a child's brain develops in this age range and how it impacts on their behaviour; how your relationship with your child changes as they grow up - your new place as a parent revisiting your own tween and teen years why it's important to remove triggers and unhelpful inherited beliefs from your own upbringing; coping with common tween behaviour: disrespect, rudeness, backchat, swearing, sulks, defiance, laziness, anger and violence; speaking to your child about sex and relationships (including LGBTQ+ issues, body autonomy and the 'me too' movement); speaking to your child about racism, sexism and homophobia/transphobia; speaking to your child about diet, body care and body positivity; screen time and social media usage and bullying.

## ABOUT THE AUTHOR

Sarah Ockwell–Smith has a BSc in Psychology and worked for several years in Pharmaceutical Research and Development. Following the birth of her first child, Sarah re– trained as a Paediatric Homeopath, Antenatal Teacher and Birth and Postnatal Doula. Sarah specialises in gentle parenting methods and is co-founder of the Gentle Parenting websit.

Sarah is the author of BabyCalm, ToddlerCalm, The Gentle Sleep Book, The Gentle Parenting Book, The Gentle Discipline Book, The Gentle Potty Training Book, The Gentle Eating Book, The Second Baby Book and The Starting School Book.





A guide to conquering burnout and increasing your energy from a leading medical doctor and nutrition expert

#### I'm So Effing Tired

#### DR AMY SHAH

Does it feel like your life is too busy, your days are feeling overworked, too short and you're overstressed, and overtired? Chances are you've asked your doctor for help, only to be told that it's because of your age, or your workload, or, that it's just 'normal'. If so, you're not alone. People of all ages are suffering from an epidemic of fatigue and burnout. But exhaustion doesn't have to be your new normal. Inspired by her personal wellness journey, integrative medical doctor Amy Shah has created a programme so that you can regain your energy. The key is tapping into the powerful energy trifecta: the complex relationship between your gut, your immune system and your Drawing on her background in hormones. nutrition, allergy, and immunology, and her work helping thousands of clients, Dr Shah explains how to transform your life by changing what you eat, when you eat and why you are stressed. With tried and tested, easy recipes and meal plans, in just two weeks, you'll feel your energy surge. In three months, you'll feel like a whole new person. It's time to regain the energy you've lost, so you can get back to the life you want to live.

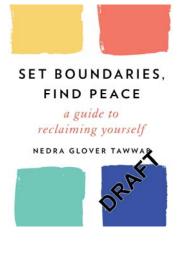
## ABOUT THE AUTHOR

Dr Amy Shah is a medical doctor and nutrition expert with training fom Cornell, Columbia and Harvard Universities. Drawing from her background in internal medicine and allergy/immunology, she has dedicated her practice to helping patients feel better and live healthier through her integrative and holistic approach to wellness.

www.amymdwellness.com.



An approachable guide to setting boundaries and preventing burnout in all areas of life from a renowned therapist and relationships expert



#### Set Boundaries, Find Peace

#### NEDRA TAWWAB

The need and popularity of self-care comes from an absence of boundaries - the inability to assert one's needs. This leads to a culture of burnout and a society that is overwhelmed and exhausted. People are craving solutions, and setting boundaries is the therapy that can help. In a relatable guide, Nedra Tawwab presents simple tools and strategies rooted in psychological practices and theories to help readers assert themselves and set limits in various areas of life. She reveals the high personal cost of not having boundaries and explains how to communicate and uphold boundaries for improved relationships, fulfilling friendships, healthier more family dynamics, better work/life balance, a stronger sense of self, and lasting mental wellness. Sprinkled throughout are the helpful lists and take-away quotes. Inviting, timely and important, Set Boundaries, Find Peace helps break negative communication and relationship patterns, and grow your self-worth and confidence.

## ABOUT THE AUTHOR

Nedra Glover Tawwab is a licensed therapist sought-after and relationship She expert. has practised relationship therapy for twelve years and is the founder and the group owner of therapy practice Kaleidoscope Counseling. Nedra earned her undergraduate and graduate degree from Wayne State University in Detroit, MI. She has additional certifications in working with families and couples, as well as in perinatal mood and anxiety disorders, plus advanced for counselling adults training experienced who've childhood emotional neglect. Nedra has been featured the New York Times, Guardian, Psychology Today, Self and VICE, and has appeared on numerous podcasts. She lives in Charlotte, NC.





Louise Redknapp shares the wisdom she's learned over her twenty-plus year career in this empowering and uplifting guide to embracing life

#### You Got This

## LOUISE REDKNAPP

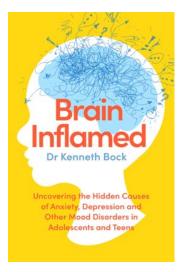
In You Got This, Louise recounts her incredible journey from limelight to motherhood and back – revealing the hard-won lessons that she's learned along the way and offering guidance on how you can live life to the fullest. Warm, funny and wise, she shares advice on how to feel comfortable in your own skin, on dealing with critics, bouncing back from heartbreak, embracing singledom, how to kickstart your career and learning to love yourself. This is Louise's ardent love letter to all the men and women out there: you got this.

## ABOUT THE AUTHOR

Louise was a founding member of the hugely successful Eternal, the top-selling girlband of the 1990s with over ten million records sold. Louise went solo in 1995 and her first album, Naked, sold over one million copies.

Louise co-hosted **BBC's** has Something for the Weekend, judged BBC One's So You Think You Can Dance and competed in Strictly Come Dancing, in which she was a finalist. Following her appearance on Strictly, she made her theatrical debut in Cabaret alongside Will Young and announced her first live show in fifteen years, which sold out in under three minutes. In 2019. Louise made her West End debut in Dolly Parton's 9-5 The Musical, at the London Savoy.





From renowned integrative family physician Dr Kenneth Bock, a ground-breaking approach to understanding and treating mental health among adolescents and teens

## **Brain Inflamed**

# DR KENNETH BOCK

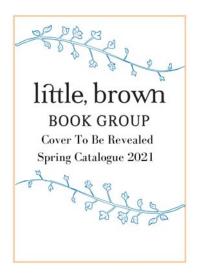
Over the past decade, the number of twelve to seventeen-year-olds suffering from mental health disorders has more than doubled. While adolescents and teens are notorious for mood swings and rebellion, parents today are navigating new terrain as their children are increasingly at risk of struggling with a mental health issue. In Brain Inflamed, acclaimed integrative doctor Dr Kenneth Bock shares a revolutionary new view of adolescent and teen mental health - one that suggests many of the mental disorders most common among this population (including depression, anxiety, and OCD) may share the same underlying mechanism: systemic inflammation. In this ground-breaking work, Dr Bock explains the essential role of the immune system and the microbiome in mental health. Brain Inflamed explains the biological underpinnings of many common mental health issues, and empowers the parents and family members of struggling teens with practical advice - and hope for a brighter future.

## ABOUT THE AUTHOR

Dr Kenneth Bock is an internationally known pioneer of integrative medicine, bestselling author, and in-demand national and international speaker. His patients come from all over the world to seek treatment at his private practice, Bock Integrative Medicine, and over the course of his thirty-five year career, he has become known for his unique ability to identify and untangle the most complex, multi-symptomatic medical cases.

Dr Bock is Board Certified in Family Medicine, a certified clinical nutrition specialist, and a fellow of the American Academy of Family Practice and the American College of Nutrition.





A better way to combat knee-jerk biases and make smarter decisions, from Julia Galef, the acclaimed expert on rational decision-making

#### The Scout Mindset

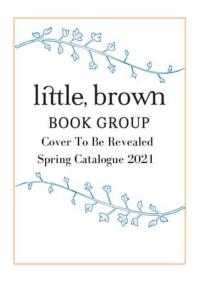
#### JULIA GALEF

When it comes to what we believe, humans see what they want to see. In other words, we have what Julia Galef calls a 'soldier' mindset. From tribalism and wishful thinking, to rationalising in our personal lives and everything in between, we are driven to defend the ideas we most want to believe - and shoot down those we don't. But if we want to get things right more often, argues Galef, we should train ourselves to have a 'scout' mindset. Unlike the soldier, a scout's goal isn't to defend one side over the other. It's to go out, survey the territory, and come back with as accurate a map as possible. Regardless of what they hope to be the case, above all, the scout wants to know what's actually true. In The Scout Mindset, Galef shows that what makes scouts better at getting things right isn't that they're smarter or more knowledgeable than everyone else. It's a handful of emotional skills, habits, and ways of looking at the world - which anyone can learn. With fascinating examples ranging from how to survive being stranded in the middle of the ocean, to how Jeff Bezos avoids overconfidence, Galef explores why our brains deceive us and what we can do to change the way we think.

## ABOUT THE AUTHOR

Julia Galef is the host of the popular Rationally Speaking podcast, where she has interviewed thinkers such as Tyler Cowen, Sean Carroll, Phil Tetlock, and Neil deGrasse Tyson. She is an advisor to OpenAI, works with the Open Philanthropy Project, and cofounded the Center for Applied Rationality. Her 2016 TED Talk 'Why You Think You're Right--Even If You're Wrong' has been viewed over four million times.





A professional explorer reveals the astonishing health and psychological benefits of living more adventurously

#### Adventure Revolution

## BELINDA KIRK

For the past 25 years, Belinda Kirk's professional life has revolved around adventure. She's seen it change people first hand: turning the timid into the confident, the addicted into the recovering, and the lost into the intentionally wandering. As a force for change, adventure can be powerful like few others.

This book is about this transformational power. From managing anxiety and overcoming fear, to finding self-worth and building interpersonal connections, to being happier, healthier, and more playful, *Adventure Revolution* draws lessons from more than two decades of experience leading groups into the wilderness around the globe. Illuminated with Belinda's personal narrative, her own research with modern hunter-gatherers, and the latest findings in brain and behaviour, *Adventure Revolution* presents a compelling case for ditching the living room in favour of a longer, happier, and more adventurous life.

# ABOUT THE AUTHOR

Belinda Kirk is an explorer, researcher, speaker, and the founding campaigner of #AdventureRevolution. For the past 25 years, Belinda has led numerous personal expeditions, youth development expeditions, biological research missions, and remote filming trips for the BBC. As an expert expedition leader and Fellow of the Royal Geographical Society, Belinda has also managed remote trips for Bear Grylls, Chris Ryan, and Ray Mears, among others.

In 2009, Belinda launched Explorers Connect, a non-profit organisation connecting people to adventures. As a speaker, Belinda's message of positivity has graced the stages of the English Speaking Union, the Royal Geographical Society, and Buckingham Palace, and she speaks at many outdoor and adventure events each year.



# there's no such thing as **naughty**

cover to be revealed

An engaging, fun and warm guide for parents of 0-5 years olds that will completely redefine how we see and raise our children. This unique book will explain why – for our under-5s – 'There is no such thing as naughty'

## There's No Such Thing As Naughty

## KATE SILVERTON

There has never been a more essential time for the definitive book on parenting our 0-5 year-olds. This practical guide, from BBC broadcaster, children's counsellor and mother of two Kate Silverton is rooted in the latest research into the science of child brain development. By understanding developmental stages, parents will come to realise that there is no such thing as 'naughty' in the traditional sense and will be equipped to react in the best way.

Kate will show the reader:

- The secret to stopping a temper tantrum in second
- How parents can 'build' their children's brain
- How to rescue the relationship between timepoor parents and compromised kids
- Tips and tricks from 'CODE REDs' to 'Stop S.N.O.T' - that will transform the way you parent

This engaging, authentic, authoritative and fun parenting guide puts children at the heart of every page and demystifies parenting for readers. *There's No Such Thing as Naughty* sets out to hold the hand of any parent who feels they may have lost their way, or any parent who is just starting out.

## ABOUT THE AUTHOR

In twenty five years as a journalist for the BBC, Kate Silverton has become a much loved fixture of British television as a news broadcaster and journalist, currently presenting the One, Six and Ten o'clock national news bulletins and on BBC Radio 4. She has reported from the front line in Iraq as well as Afghanistan and presented a range of eclectic and acclaimed prime-time BBC One programmes including the flagship current affairs Panorama.

For the past decade Kate has worked closely with leading children's mental health charities the Anna Freud National Centre for Children and Families. The Maudsley Foundation Trust and Place2Be. It is with the charity Place2Be that she is training to become a children's counsellor andwill go on to qualify as a full child and adult psychotherapist.

April | Trade Paperback | £14.99 | 9780349428529 | Advice on Parenting





How to grow in confidence and worry less about what other people think

#### Know Your Worth

#### ANNA MATHUR

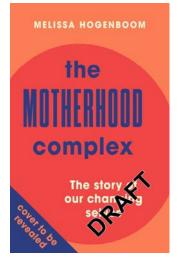
In her second book, Sunday Times bestselling author and psychotherapist Anna Mathur, will show the reader how much living for others stops them living fully as themselves. They will be warmly guided using Anna's personal and professional insight, to a place of balance that allows them to live more confidently. Our culture lauds the confident individuals, the go-getters, the outspoken. Therefore we find ourselves faking confidence to fit in, or falling over ourselves to prove we are 'enough', when underneath it we feel like imposters. This is a problem. We silence our own needs, feelings, emotions and opinions out of fear of the repercussions we may face if we voice them. Thus we deny our authentic selves, trying to be a version we believe is more acceptable to others. Our confidence is impacted when we repeatedly criticise and deny who we are. This book addresses all these facets and more, by using Anna's own experience of embarking on this journey herself, and spending ten years facilitating her therapy clients to do the same.

## ABOUT THE AUTHOR

Anna is a mum of three and an experienced psychotherapist and passionate psycho-educator, with a specialism for working with women. As well as working in a classical therapeutic setting, she shares her personal mental health story.

Twitter: @annamathur





An essential new exploration of motherhood, illuminated with the very latest discoveries and research in biology, psychology and social science

## The Motherhood Complex

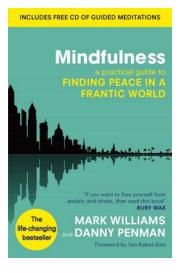
# MELISSA HOGENBOOM

Long before we even contemplate becoming parents, biology and society are already pushing us to shape our identity as prospective parents, whether we go through with it or not. Why does motherhood bring such a dramatic shift that affects so many areas of our lives, from how our brain and body changes, to our relationships and our careers? The Motherhood Complex is a scientific exploration of what it means to become a mother. Melissa Hogenboom examines the biological and psychological changes during pregnancy and motherhood, and how these changes influence a woman's sense of self. From exploring the way our brain changes during pregnancy, the to psychological impact of changing physicality, to intrusion of technology on modern the motherhood, Hogenboom reveals how external events and society at large influences mothers. Interweaving her personal experience, Hogenboom finally brings the focus on what is so often ignored: the impact that motherhood has on one's identity. Thee Motherhood Complex is a conversationstarting book that uses cutting-edge science to smash the modern myth of maternal perfection.

# ABOUT THE AUTHOR

Melissa Hogenboom is an awardwinning science journalist and editor of the global digital documentary platform BBC Reel. In over ten years at the BBC she has written online news and features, and produced and reported for television and radio. She has written numerous longform articles on a range of topics including human evolution, psychology and neuroscience. Her journalism has been recognized by multiple awards, including the Webbys, the Kavli AAAS Science awards, the Telly Awards and the British Association of Science Journalism Awards. She is also a current Learning Science Exchange (LSX) fellow.





Return to the book that started the movement with the tenth anniversary edition of this life-changing bestseller

## MINDFULNESS 10<sup>th</sup> Anniversary Edition

## MARK WILLIAMS AND DANNY PENMAN

THE LIFE-CHANGING BESTSELLER - OVER 1.5 MILLION COPIES SOLD. Authoritative, beautifully written and much- loved by its readers, Mindfulness: A practical guide to finding peace in a frantic world has become a word-ofmouth bestseller and global phenomenon. It reveals a set of simple vet powerful practices that you can incorporate into daily life to break the cycle of anxiety, stress, unhappiness and exhaustion. It promotes the kind of happiness that gets into your bones and allows you to meet the worst that life throws at you with new courage. Mindfulness is based on mindfulnessbased cognitive therapy (MBCT). Co-developed by Professor Mark Williams of Oxford University, MBCT is recommended by the UK's National Institute for Health and Care Excellence and is as effective as drugs for preventing depression. But, equally, it works for the rest of us who aren't depressed but who are struggling to keep up with the relentless demands of the modern world. By investing just a few minutes each day, this classic guide to mindfulness will put you back in control of your life once again.

## ABOUT THE AUTHOR

Professor Mark Williams is Emeritus Professor of Clinical Psychology at the University of Oxford. He co-developed MBCT and is co-author of the The international bestseller Mindful Way Through Depression and author of Cry of Pain: Understanding suicide and the suicidal mind.

Danny Penman is a qualified meditation teacher and an award winning writer and journalist. In 2014, he won the British Medical Association's Best Book (Popular Medicine) Award for Mindfulness for Health: A practical guide to relieving pain, reducing stress and restoring wellbeing (co-written with Vidyamala Burch). His books have been translated into 30 languages.



The new take on power examines what it is, how it works and how anyone can attain it. Its strong practical strand will give readers the tools to become powerful across a range of situations

## **Power For All**

# JULIE BATTILANA AND TIZIANA CASCIARO

Too often power is not only mishandled, it is misunderstood. The powerless believe the myths generated by the powerful: that their lack of power is due to their own deficiencies, that the powerful have achieved success because they work harder. Much of the literature on power tends to perpetuate these misconceptions, as books either focus on specific arenas of power, be that economic, military or political, and how an individual can influence others, examining power solely through the lens of psychology. Indeed, understanding the power of the individual is important, but it does not describe what power actually is and how it works. Using original case studies and historical and current-day examples, The Truth About Power provides a definitive answer to an essential question: what is power? Whether we are talking about economics, gender, sexuality or statehood, the laws of power are immutable, and this book will help anyone, especially those not born with wealth, privilege or a strong personality, to understand them. With this book, readers will finally be able to understand that whoever they are, they have power.

little, brown

BOOK GROUP Cover To Be Revealed Spring Catalogue 2021

#### ABOUT THE AUTHORS

Julie Battilana is the Joseph C. Wilson Professor of Business Administration in the Organizational Behavior unit at Harvard Business. She teaches the Power and Influence course at Harvard Business School.

Tiziana Casciaro is a Professor of Organizational Behavior at the University of Toronto. Her research on organisational networks, professional networking, power dynamics and change leadership is published in top academic journals. Before joining the University of Toronto, she served on the faculty of the Harvard Business School.





A landmark book on menopause by the New York Times bestselling author of The Vagina Bible and everyone's favourite gynaecologist, Dr Jen Gunter

#### The Menopause Manifesto

## DR. JENNIFER GUNTER

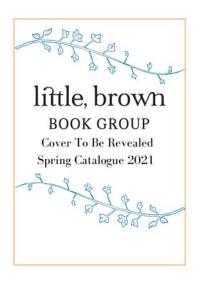
Menopause is puberty in reverse - a transition from one biological phase of ovarian function to another. It is no more a disease than being a man, and yet as women age the general societal view is largely negative and derogatory. Women's bodies are weaponised based on reproductive function. Girls are perceived as weak, women have toxic periods and are hormonal, loose or frigid - the metric for sexual perfection ever changing. And when midlife comes and the supposedly toxic periods have passed women aren't even worthy of being commodified or sexualised. Men get distinguished and women diminished. In The Menopause Manifesto, New York Times bestselling author Dr Jen Gunter, breaks down the patriarchal barriers surrounding menopause and exposes how society's focus on what happens to women's bodies has shaped and hindered treatment and understanding of menopause for years.

## ABOUT THE AUTHOR

Jen Gunter, MD, is an OB/GYN and a pain medicine physician. She writes a lot about sex, science, and social media and is The New York Times bestselling author of The Vagina Bible. She has been called Twitter's resident gynaecologist, the internet's OB/GYN, and one of the fiercest advocates for women's health. In addition her academic to publications, her writing has appeared in places like the New York Times, The Cut, USA Today, The Hill, and Self. She has taken on politicians, celebrities and the press over misinformation and fake news about women's health care.

She is board certified in OB/GYN in both Canada and the United States. She is also board certified in pain medicine. Dr. Gunter lives in the San Francisco Bay Area.





A personal and practical book about getting more sleep by ex-insomniac Kate Mikhail. It will help readers upgrade their sleep, health and wellbeing, while taking a cuttingedge, 360-degree look at sleep, and everything in our life that influences it

## Teach Yourself to Sleep

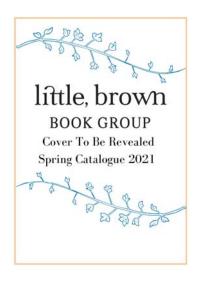
## KATE MIKHAIL

Teach Yourself to Sleep translates cutting-edge science, from the world of medicine, behavioural science and NASA, into proactive techniques that readers can use to transform the quality of their sleep and their lives. How can readers dismantle habits of thought, emotion and behaviour that are standing in their way? How is it possible that the tiniest self-talk can get dramatic physical, emotional and behavioural results? How can cultural suggestion make us succeed or fail? How can the reader rewire their mind, body and behaviour so that it works for them? Teach Yourself to Sleep will do what no other sleep book is doing. It will show readers how they can tune in to their body and mind to shift their cellular make-up, bend reality in their favour, hack their habits, alter their chemicals and their emotions, tame their imagination and re-write sleep patterns.

## ABOUT THE AUTHOR

Kate Mikhail is an experienced writer and editor, who works predominantly for the broadsheets, mainly the Independent, Guardian and Observer newspapers. She has written a large number of features on a wide range of subjects, including profile pieces, news, arts and travel. She was part of the Mumsnet Local start-up team of editors, where she was responsible for providing online content and building traffic and social media platforms. Most recently she has joined the team of international professional travel writers who recommend only their favourite places on the travel site Need To Know Club. Kate lives in North London with her husband and three children.





From mental health, testosterone deficiency, phsysiology, lifestyle and physical health, this book is the first comprehensive, holistic guide to men's health

#### Man Alive

#### DR JEFF FOSTER

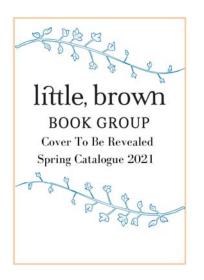
Being a man is bad for your health. In fact, compared with women, not only do men have a greater chance of getting almost every illness, but they die sooner too, and this statistic has not changed for hundreds of years. Men are one-and-ahalf times more likely to die from heart disease than women. Men's health is often stigmatised and we live in a 'man up' culture, where it is more common to ignore the knocking and niggles coming from your own body than to ask for help. Dr Foster covers problems to do with lifestyle, including obesity, poor sleep, good and bad nutrition, and exercise. He examines the evidence for specific health claims, and helps men understand why they make certain life choices. This book also provides a blueprint to help men know what changes they can make to their lives to health improve their prospects without undertaking extreme diets or unrealistic exercise Bad health for men is not inevitable. regimes. This book will help equip men with the knowledge they need to achieve and maintain overall health, and to accept 'just getting older'.

## ABOUT THE AUTHOR

Before studying medicine, Dr Jeff completed Foster an honours degree in Physiology at King's College London. He then went on to study medicine and has worked since qualifying in 2004. In addition to his core work as a General Practitioner, until 2017 Dr Foster also worked as a senior doctor in a busy Accident and Emergency department at Coventry hospital.

It was through his work in general practice, that Dr Foster developed his interest in men's health. Dr Foster has been published in the Sunday Mirror, the Guardian, Woman and Home, Take a Break, Reader's Digest, the Evening Standard, HuffPost, The Telegraph, the Daily Mail, and Netdoctor.





An informative, blisteringly funny and spot-on guide to perimenopause and menopause by an award-winning health educator

#### What Fresh Hell Is This?

# HEATHER CORINNA

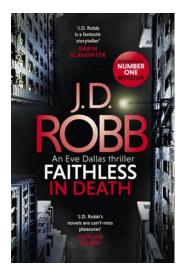
If you don't know award-winning sex educator and all-around badass Heather Corinna, let them introduce themselves and their new book: 'I'm going to do what I've done for millions of people of all ages with sex and relationships: to simplify and share solid, explicit information, to provide support and be sensitive, and to help make everyone feel less alone and get us all through the thorny, touchy stuff so we can make it to hard. the other side. I'm going to do this in a similar way I've done it for sex and relationships in my work over the last couple decades for both young people and adults alike: by talking out loud, shamelessly and frankly, about what others are afraid or ashamed to.'

Corinna has been on the cutting edge of health for more than twenty years, always talking about what people are most afraid, ashamed, or embarrassed of. *What Fresh Hell Is This?* is no different. It is an accessible and inclusive guide for anyone who is experiencing the hot fire of perimenopause and menopause.

# ABOUT THE AUTHOR

Heather Corinna is a dedicated queer feminist activist, author, educator, artist, teacher, organiser and innovator. They are the founder and direction of Scarleteen (www.scarleteen.com), the first truly comprehensive sex, sexuality and relationships education online resource for young people, since 1998. Heather is also the author of S.E.X: The All-You-Need-To-Know Sexuality Guide to Get You Through Your Teens and Twenties, now in its second edition. Their awardwinning work in sex and health education has received acclaim from Roxane Gay, Emily Nagoski, Ms. Magazine, BUST, Bitch, On Our Backs, the New York Times, and the ACLU.





The new Detective Eve Dallas thriller from the Sunday Times bestselling In Death series

## Faithless in Death: An Eve Dallas thriller (Book 52)

## J. D. ROBB

In the new Eve Dallas police thriller from the *Sunday Times* bestselling author J.D. Robb, what looks like a lovers' quarrel turned fatal has larger – and more terrifying – motives behind it.

## ABOUT THE AUTHOR

Nora Roberts published her first novel using the pseudonym J.D. Robb in 1995, introducing Eve Dallas, a New York City police lieutenant with a dark past, and billionaire Irish rogue, Roarke. Since then, the In Death series has sold over sixty-six million copies, with each new novel reaching number one on bestseller charts the world over.

Facebook: Nora Roberts and J.D. Robb





Original, stand–out commercial fiction about the mysteries surrounding a lovable but unconventional heroine, perfect for fans of Gail Honeyman, Emma Healy and Ruth Hogan

## Everything is Beautiful

## ELEANOR RAY

Sometimes, it's impossible to part with the things we love the most . . .

When Amy Ashton's world came crashing down twelve years ago, she started a collection. It began as a box filled with memories of happier times an ashtray to remind herself of the boy she loved, a china bird, an aquamarine bottle, a Tuscan red pot. The objects that some might throw away, but to Amy represent a life that could have been. Because, if there's one thing life has taught her, it's easier to love things than people. Now that box of memories has turned into a house overflowing with all her precious things. Soon there will be no room for Amy at all. But when a new family move in next door with two young boys, Amy's carefully managed life starts to unravel, leading her to question whether the future she thought she'd lost might still be there for the taking.

## ABOUT THE AUTHOR

Eleanor Ray has an MA in English Literature from Edinburgh University and works in marketing. She lives in London with her husband and two young children.

Eleanor was inspired to write Everything is Beautiful by the objects her toddler collects and treasures – twigs, empty water bottles and wilting daisies. She is currently working on her next novel.





A richly textured, evocative and fascinatingly well researched Historical fiction trilogy unearthing the real women who inspired Shakespeare's most famous queens: Lady MacBeth, Ophelia and Cordelia

#### Iron Queen

## JOANNA COURTNEY

A brand new Historical fiction series by the bestselling author of the Queens of Conquest series, unearthing the real women behind Shakespeare's most infamous queens ...

Welcome to the Iron Age, a time of which little has been written and where women ruled, druids and paganism grew in power and men were considered useful, but of limited capacity. There, we meet Cordelia, youngest of three sisters but soon to be proven the strongest . . .

## ABOUT THE AUTHOR

Joanna Courtney has a degree in English Literature from Cambridge, specialising in medieval literature. After a sidestep to a career in a textiles factory and marrying, Joanna took up writing again in between looking after four children.

Blood Queen, published in 2018, was the first in the Shakespeare's Queens trilogy, followed by *Fire Queen. Iron Queen* is the final instalment.

www.joannacourtney.com Twitter: @joannacourtney1 Facebook: joannacourtneyauthor





The new tense and emotional moral thriller from the Richard and Judy and international bestselling author of The Guilty One

#### Once Upon a Lie

## LISA BALLANTYNE

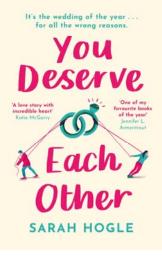
The truth can hurt. But a lie can hurt more . . .

Marie and Lorraine have been best friends since college. They've been through everything together and trust each other with their lives. So when Lorraine, a single mother, needs a much-needed night away without her children, she calls on Marie and her husband Sam to look after them. They're godparents, after all. What could go wrong? While Marie and Sam believe the children to be asleep, however, the unimaginable happens, and Marie finds baby Theo lifeless in his room. The police are called. Statements are taken. But the biggest nightmare for any parent is about to become a whole lot more complicated. Because a lie has been told. A great big whopping one. And out of Marie, Sam and Lorraine, it's clear that one of them isn't telling the truth . . . This is a whipsmart and thought-provoking moral thriller, exploring the themes of parenthood and friendship, and the murky grey areas between right and wrong.

# ABOUT THE AUTHOR

Lisa Ballantyne is the author of the Edgar Award-nominated The Guilty One which was translated into nearly thirty languages. Her second novel, Redemption Road, was a USA Today bestseller. Originally from Armadale, in Scotland, she now lives in Glasgow.





For fans of Helen Hoang's The Love Quotient and Sally Thorne's The Hating Game, You Deserve Each Other is a laugh-out-loud funny, painfully relatable and bitingly smart exploration of two (sometimes terrible) people who find real love with the last person they'd expect: each other

#### You Deserve Each Other

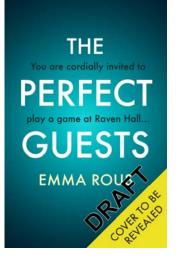
#### SARAH HOGLE

Meet Naomi and Nicholas: the Perfect Couple. Their glorious, lavish wedding is coming up in three short months . . . and they are utterly, miserably sick of each other. Unfortunately, whoever backs out first will end up bearing the brunt of the wedding bill. When Naomi finds out that Nicholas has been feigning contentment too, the two of them go head-to-head in a battle of sabotage, pranks and all-out emotional warfare to see who can annoy the other into surrendering first. Now that they have nothing to lose, they're finally being themselves. In fact, they're having so much fun getting on each other's nerves that it starts to feel like something else entirely...

#### ABOUT THE AUTHOR

Sarah Hogle wrote her first construction paper book at age five, and hasn't stopped since. Now a stay-at-home mom of two in Southern Ohio, she spends her free time planning weird pranks and hoping for a haunted castle to call her own. She believes in enchanted forests and happy endings.





From the author of The Au Pair comes an enthralling time-slip mystery about two sisters, one house and a lifetime of secrets, perfect for fans of Kate Morton

#### The Perfect Guests

#### EMMA ROUS

You are cordially invited to play a game at Raven Hall...

When Beth Soames was fourteen, she was invited into the heart of Raven Hall, a rambling, isolated manor in the East Anglian fens. There, she ran wild with her foster sister Nina Averell, playing hide and seek, climbing trees, wild swimming in the freezing lake. As far as Beth could see, Nina had everything a girl could wish for. But then Beth was invited to play a very strange game – and nothing was the same again.

Now, after years of abandonment, Raven Hall has been restored to its former glory and is playing host to a murder mystery evening of prestigious guests. But why does the tragic past of this rambling manor seem have such a hold on everyone? Is this really a game, or a murder mystery for real?

The guests are about to find out – with devastating consequences...

#### ABOUT THE AUTHOR

Emma Rous spent her childhood in England, Indonesia, Kuwait, Portugal and Fiji, and grew up wanting to write stories and look after animals. She studied veterinary medicine and zoology at the University of Cambridge and worked as a small animal vet for eighteen years before starting to write in 2016. Emma lives in Cambridgeshire with her husband and three sons, and she now writes full time.





The Todes are back, and they're taking on Hollywood...

#### Phone for the Fish Knives

#### DAISY WAUGH

When Hollywood wants to do a remake of the film that made Tode Hall famous, India and Egbert are delighted. They envisage a summer of free money and star-studded dinner parties ahead...

But the Hall is soon overrun by wardrobe trucks and catering tents, and lusty, insecure actors squabbling about nudity clauses. When the movie's producers threaten to sue over the exact colour of Tode Hall's rolling lawns, India and Egbert realise that having a film crew on their doorstep isn't such a breeze after all. With so many egos in one place things were bound to end badly, but no one would have predicted quite so literal a backstabbing...

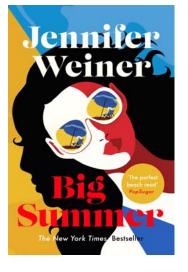
A glorious satire on aristocratic manners and mores, with a smidgeon of murder thrown in, Waugh's hilarious and entirely original twist on the country house murder mystery is 'a perfect antidote to all the real-life craziness going on' *Daily Mail*.

#### ABOUT THE AUTHOR

Daisy Waugh is an author and Tarot reader. She has written several sad, historical novels, several contemporary, comic novels, a couple of non-fiction books, and a lot of newspaper articles and columns. She lives a quiet life with her family, not far from the River Thames in Barnes, South West London.

daisywaugh.com.





A sparkling novel about the complexities of female relationships, the pitfalls of living out loud and online, and the resilience of the human heart. Big Summer is a witty, moving story about family, friendship and figuring out who matters most

#### **Big Summer**

#### JENNIFER WEINER

Six years after the fight that ended their friendship, Daphne Berg is shocked when Drue Cavanaugh walks back into her life, looking as lovely and successful as ever, with a massive favour to ask. Daphne hasn't spoken one word to Drue in all this time - she doesn't even hate-follow her exbest friend on social media - so when Drue asks if she will be her maid of honour at the society wedding of the summer, Daphne is rightfully speechless. Drue was always the one who had everything - except the ability to hold onto friends. Meanwhile, Daphne's no longer the same self-effacing sidekick she was back in high school. She's built a life that she loves, including a growing career as a plus-size Instagram influencer. Letting glamorous, seductive Drue back into her life is risky, but it comes with an invitation to spend a weekend in a waterfront Cape Cod mansion. When Drue begs and pleads and dangles the prospect of cute single guys, Daphne finds herself powerless as ever to resist her friend's siren song.

#### ABOUT THE AUTHOR

Jennifer Weiner is the number one New York Times bestselling author of over twenty books, including Good in Bed, The Littlest Bigfoot, and her memoir Hungry Heart: Adventures in Life, Love, and Writing. A graduate of Princeton University and contributor to the New York Times Opinion section, Jennifer lives with her family in Philadelphia.

JenniferWeiner.com.



A powerful new standalone novel from global bestseller Nora Roberts



#### NORA ROBERTS

A novel of a mother and daughter, of romance and ambition, and a traumatic past reawakened.

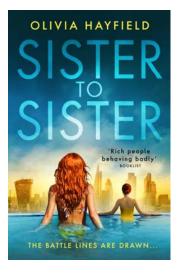
EGAC

#### ABOUT THE AUTHOR

Nora Roberts is the number one New York Times bestseller of more than two hundred novels. With over five hundred million copies of her books in print, she is indisputably one of the most celebrated and popular writers in the world. She is both a Sunday Times bestseller in the UK and a number one bestseller in Australia.



112



Loosely based on the reigns of Tudor queens Mary and Elizabeth, Sister to Sister is the sequel to Olivia Hayfield's Wife After Wife

#### Sister to Sister

OLIVIA HAYFIELD

The battle lines are drawn... Following the life, scandalous revelations about his love disgraced media mogul Harry Rose is searching for redemption. His daughters - bright, winsome Eliza and dark, difficult Maria - have taken over the helm at Rose Corp. But while Eliza's on study leave at Oxford, Maria embarks on a drive to rid the British media giant of sleaze. His legacy under threat, Harry wants Maria out and Eliza in. But hanging between Harry and Eliza is the unresolved death of Eliza's mother. Ana.

Eliza has a vision for Rose Corp. Along with her wildly gifted friends Will Bardington and Kit Marley, *enfants terribles* of the arts world, she plans a new golden age of British TV drama. But Maria is standing in her way.

Guided by Harry, Eliza navigates life as Rose Corp's new queen. But after a stellar start, things take a dark turn, and ultimately Eliza will have to make a choice: career, or love? It shouldn't be this hard.

#### ABOUT THE AUTHOR

# J. R. WARD





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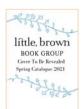
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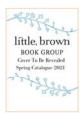
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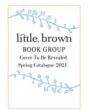
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Historical Romance

# CONSTABLE



BIRACIAL DIFFERENT WAY OF LOOKING AT RACE BRITAN REMI ADEKOYA An honest and nuanced exploration of what it means to be biracial in Britain that examines how we construct our identity

#### **Biracial Britain**

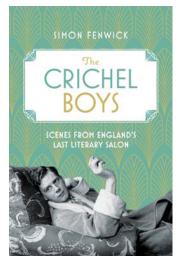
#### REMI ADEKOYA

Mixed-race people are the fastest-growing minority group in Britain. According to some projections, by the end of the century roughly one in three of us will be mixed-race, with this figure rising to 75 per cent by 2150. The mixed-race man and woman are the future faces of Britain. Yet race is often discussed in a binary fashion. Being mixed-race is not treated as a unique identity, but rather as an offshoot of other make-ups. In our current polarised atmosphere, people of dual heritage encounter significant psychological pressure to pick a side: are you with us or them? But what if some don't want to choose? Or strongly identify with two, or even more, races? Should we still be expected to make a choice? Or is it time to develop a new understanding of identity that is better suited to our times? Α transformative exploration of 21st-century British identity, Biracial Britain will provide thoughtful and nuanced answers to the many questions concerning biracial identity. Through research and real-life stories, Adekoya will seek to explain what it truly means to be a mixed-race Briton.

#### ABOUT THE AUTHOR

Remi Adekoya is a Polish-Nigerian author, columnist and academic who has written for the Guardian. Spectator, Evening Standard, Washington Post, Foreign Policy, Politico and Foreign Affairs among others. He currently teaches Political Science at the University Sheffield United of in the Kingdom, where he lives with his wife.





An elegant biography of Long Crichel, a house in a secluded village in rural Dorset which, during the second half of the twentieth century, became a hub of creativity for its denizens and their guests

#### The Crichel Boys

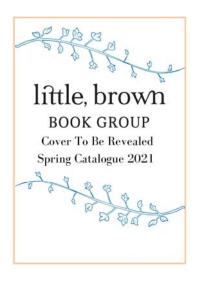
#### SIMON FENWICK

During the interwar years, the future of the country house seemed precarious. After the horror of the First World War, resulting death duties brought about massive land sales - a quarter of England exchanged hands - and about four hundred houses were either sold or pulled down. After the Second World War, at a time when large houses were at a premium, there was a new series of architectural disasters. Crichel House and Long Crichel House were two neighbouring houses in a remote part of Dorset that survived the purge. The house became a place in which to work, write and entertain friends including Benjamin Britten, Nancy Mitford, Graham Greene, Vita Sackville-West, Somerset Maugham and Paddy Leigh Fermor. Long Crichel also weathered its fair share of scandal, after it found itself at the centre of what became known as 'The Crichel Down Affair' that dominated newspaper headlines during the 1950s. The Crichel Boys gives a voice to the fascinating people who passed through the doors of the much-admired country house and explains how, during the second half of the twentieth century, it became a hub of creativity and social activity.

#### ABOUT THE AUTHOR

Simon Fenwick is an archivist, who has worked on the private papers of Patrick Leigh Fermor and Xan Fielding. He is the author of *Joan: Beauty, Revel, Muse: the Remarkable Life of Joan Leigh Fermor.* He lives in London.





Andrew Doyle on why freedom of speech matters in this balanced, articulate and timely polemic. Pithy yet exacting: these 20,000 words may even change the way you think...

#### Free Speech

#### ANDREW DOYLE

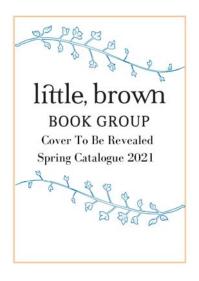
Towards the end of the twentieth century, those who advocated what became known as 'Political Correctness' rightly identified the ways in which marginalised groups were often disparaged in everyday speech. Casual expressions of homophobia, racism and sexism went from being commonplace to being rejected by the vast majority of the public over the course of just two decades.

Since then, the victories of Political Correctness have formed the basis for a new intolerant mindset, one that seeks to move beyond simply reassessing the social contract of shared discourse to actively policing speech that is deemed offensive or controversial. Rather than confront bad ideas through discussion, it has now become common to intimidate one's detractors into silence through 'cancel culture'. Free Speech is a defence of our right to express ourselves, and takes the form of a letter to those who are unpersuaded. Taking on board legitimate concerns about how speech can be harmful, Andrew Doyel argues that the alternative - an authoritarian world in which our freedoms are surrendered to those in power - has far worse consequences.

#### ABOUT THE AUTHOR

Andrew Doyle is a writer, satirist and political commentator. He regularly appears on television to discuss current affairs, is a panellist on the BBC's Moral Maze, and was recently interviewed on The Joe Experience, Rogan the most downloaded podcast in the world. He has written for a number of publications, including the Telegraph, Sun, Daily Mail, Spectator, Standpoint and Sunday Times. He is the creator of satirical character Titania McGrath, under whose name he has written two books – Woke and My First Little Book of Intersectional Activism, both published by Little, Brown. Titania McGrath has over half a million followers on Twitter. He was formerly a Visiting Research Fellow Queen's at University Belfast, and a lecturer at Oxford University, where he completed his doctorate.





Sunday Times bestselling author of 50 People Who Buggered up Britain, Quentin Letts is back, his wit sharper than ever as he reveals the real pandemic plaguing society: the passive-aggressive finger-wagging of the managerial class

#### Stop Bloody Bossing Me About

#### QUENTIN LETTS

Boris Johnson won power as one of life's freewheelers but his first year as PM saw a fever of finger-wagging. The real pandemic? Passiveaggressive ninnying by politicians, scientists and officialdom. From Sage with its graphs to BBC grandees telling us not to sing 'Rule Britannia', the National Trust with its slavery mania, to calorie counts on menus: why won't they leave us alone?

Following his best-selling *Fifty People Who Buggered Up Britain* and his 2017 Christmas favourite *Patronising Bastards*, parliamentary sketch writer Quentin Letts storms back into hard covers with a vituperative howl against the 'bossocracy'. They tell us what to do, what to say, how to think. Letts gives them a prolonged, resonant raspberry. He names the guilty men and women: Dominic Cummings, Prof Neil Ferguson, Nicola Sturgeon, the Archbishop of Canterbury, Cressida Dick, Michael Gove, bang! They all take a barrel.

Reasonable people have had enough of being bossed about. And when reasonable people stop respecting the law, society has a problem.

#### ABOUT THE AUTHOR

Quentin Letts is political sketch writer for The Times and theatre critic for the Sunday Times. A regular broadcaster on radio and television, he was formerly New York correspondent for The Times, gossip columnist for the Daily *Telegraph* and parliamentary sketch writer for the Daily Mail. He is the author of the Sunday Times bestseller 50 People Who Buggered Up Britain. His hobbies are gossip, hymn-singing and cricket. He lives in rural Herefordshire.





An elegiac account of what has recently been lost in the digital apocalypse. But also a steadfastly enthusiastic and optimistic look at what we can regain in a post-viral, more analogue and more thoughtful world

#### Value

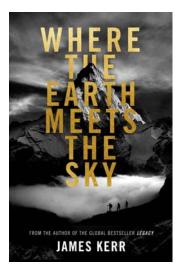
#### STEPHEN BAYLEY

Since the Industrial Revolution, when everything ran by clockwork, people have understood how important it is to live in the moment. But over time our world has grown increasingly busy, and we've lost our ability to truly savour each unique experience and the simple pleasures the world has to offer. Cultural commentator and critic Stephen Bayley seeks to explain what real value is: it's about taking the time and making the effort to appreciate things, of understanding the permanent charm of modest daily rituals performed with care and feeling. Of caring about appearances and meaning. Of being bold in matters of taste. Of fully understanding the source of lasting pleasure. Of making every encounter with an object or person meaningful. Value is an elegiac account of what's recently been lost in the digital apocalypse. But it's also an enthusiastic anticipation of what we can regain in a post-viral, more analogue and more thoughtful world.

#### ABOUT THE AUTHOR

Stephen Bayley is an author, critic, columnist, consultant, broadcaster, debater and curator. With Terence Conran he created the influential Boilerhouse Project in the Victoria & Albert Museum. This evolved influential into the Design Museum. In 1997 Tony Blair's New Labour made him Creative Director of the Millennium project. He writes for a huge range of national and international publications including: Spectator, The Times, Independent, Daily Telegraph, Suddeutsches Zeitung, El País, GQ, Conde Nast Traveller, Car, Financial Times, Vanity Fair and Octane. Stephen has appeared often at the Hay, Edinburgh, Cheltenham and Oxford literary festivals.





The epic and elemental account of a seismic event – Mount Everest avalanche, 25 April 2015

#### Where the Earth Meets the Sky

#### JAMES KERR

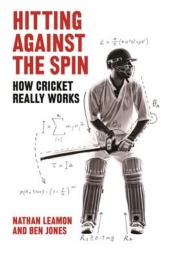
At 11.56 on 25 April 2015, an earthquake triggered an avalanche that took out Everest Base Camp; twenty-two people perished on the worst day in the mountain's history. In Nepal, 9,000 people died and 22,000 were critically injured. Three million required humanitarian assistance. Nepal's infrastructure and economy collapsed. Where the Earth Meets the Sky is the epic, elemental account of a seismic event - the days leading up to it, the moment it hits and its impact on those it envelops. An unsparing but inspiring chronicle, it shows what it takes to survive a hostile environment, to adapt and overcome. It transports us to the roof of the world, a place where more than sixty bodies lie where they fell; where the mountaineering ghosts of Irvine and Mallory still walk, and the legend of Sir Edmund Hillary lives on.

#### ABOUT THE AUTHOR

James Kerr is an award-winning creative director and brand consultant, and advises leading companies on brand, identity, advertising, internal communications and transformational culture change.

He is also the bestselling author of The Alphabet of the Human Heart and Legacy, and a former captain of the Waihi School 'Under Six Stone' rugby team.





Hitting Against the Spin is Freakonomics for cricket

#### Hitting Against the Spin

#### NATHAN LEAMON AND BEN JONES

In an era of big data, how are leaders in sport, business, politics and education supposed to use the power of this new tool productively? Hitting Against the Spin is an object lesson in how to use data and analytics to elucidate the science and structure of cricket. Easy to read and packed with illustrative diagrams, it manages to be both enjoyable and accessible to the newcomer who wants to understand the game better, and also shocking and absorbing to the expert. In the tradition of Moneyball, Soccernomics and Inverting the Pyramid, it entertains whilst challenging preconceptions about cricket and lifting the lid on a wealth of ideas and details you never knew existed. Hitting Against the Spin brings our understanding of how cricket works into the twenty-first century, showing which traditional ideas still hold in the cauldron of the IPL, and which need updating. From one of the world's foremost cricket thinkers - the man who first introduced modern data analysis to cricket, and has spent a decade working in international cricket alongside some of the best players and coaches in the world - Nathan Leamon has written the book that no one else could write.

#### ABOUT THE AUTHORS

Nathan Leamon has a decade of experience working in elite sport. He read mathematics at Cambridge and is currently England Cricket's Lead for Research and Innovation, and the Lead Analyst with the England One-Day team. His first book *The Test* was longlisted for the **William Hill Sports Book of the Year**. When not on the road he lives in Berkshire with his wife and two daughters.

Ben Jones is an analyst at CricViz, the world-leading cricket analytics provider. He read English Literature at Cambridge and now lives in Oxford. He has written for, amongst others, *Wisden Cricket Monthly*, *Hindustan Times* and *Daily Telegraph*.



A history of Latin America through cricket

#### Evita Burned Down Our Pavilion

#### TIMOTHY ABRAHAM AND JAMES COYNE

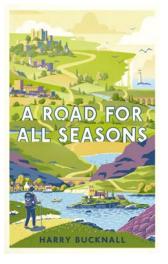
South American food, music and culture are cutting a swathe across the western world. But what if cricket - the quintessential English sport were to conquer Latin America? Cricket was the first sport played in almost every country of the Americas. In 1877, when England and Australia played the inaugural Test match at the MCG, Uruguay and Argentina were already ten years into their derby played across the River Plate. The visionary cricket historian Rowland Bowen reckoned that during the highpoint of cricket in South America between the two world wars, the continent could have provided the next Test nation. But this is as much a social history of grit, industry and nation-building in the New World. West Indian fruit workers battled yellow fever and brutal management to carve out cricket fields next to the railway lines in Costa Rica and by the hulking locks of the Panama Canal. The legendary BBC commentator Brian Johnston, working for the family coffee business in Santos, was Brazil's best wicketkeeper until he was bed-ridden by beriberi. This is a book short on match reports, and long on blood and guts.

#### ABOUT THE AUTHORS

Timothy Abraham reports on football Merseyside in and Manchester. He has written for every national newspaper including The Times, Daily Mail and Daily Telegraph and the BBC Sport website. He has also written on cricket for The Cricketer and the Press Association. He has co-edited Wisden's Cricket Round the World section since 2012.

James Coyne is the assistant editor The Cricketer magazine. He of spent five years as the assistant editor of Wisden Cricketers' Almanack before this project. He also has written for The Nightwatchman and ESPN Cricinfo, and spent three years at the Press Association. He co-wrote The Cricketer Anthology of the Ashes (Allen & Unwin).





Uplifting, joyous and charming, A Road for All Seasons is a vivid, social and cultural snapshot of 21st-century Britain

#### A Road for All Seasons

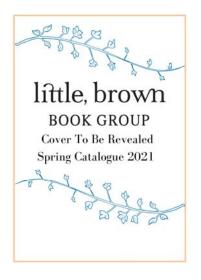
#### HARRY BUCKNALL

A tumultuous period in British politics left writer Harry Bucknall questioning whether he really knew the place he called home. Propelled by a growing desire to better understand his island nation, Harry decided to undertake a pilgrimage of sorts; he embarked on a series of four walks across Britain that would mirror the changing seasons, covering a distance of nearly 1,600 miles. From fresh and heady spring through to the gloriously crisp winter months, Harry journeyed across Britain visiting cities, towns and vast swathes of the countryside from Mull to Sunderland and Aberystwyth to Lowestoft, meeting a host of diverse and charismatic characters along the way as he strove to uncover the beating heart of the nation. Uplifting, joyous and charming, A Road for All Seasons is a vivid, social and cultural snapshot of 21st-century Britain. Focusing as much on the beauty of the fertile land as the people who inhabit it, it explores a unique culture, its folklore both past and present, as well as the wealth of the nation's history and heritage. Exquisitely written and filled with delightful people and places, this is Harry's ardent tribute to the British Isles.

#### ABOUT THE AUTHOR

After twelve years' service in the Coldstream Guards. Harry Bucknall worked in the oil and mining industry and as a consultant in the Middle East before publishing his first book, In the Dolphin's Wake, in 2011, and his second, Like a Tramp, Like a Pilgrim, in 2014. He has also produced theatre on the London Fringe, sat on the Olivier Awards Panel and reviewed theatre for Arts Council, London.





The confessions of a midlist writer – what nobody sets out to be, but the destination of most

#### Confessions of a Novelist

#### ANONYMOUS

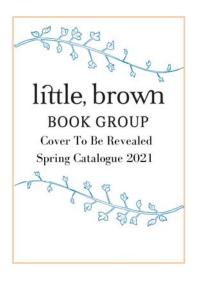
*Confessions* is the journal of a novelist who's published nine novels, a book of nonfiction and a play. It's a wry account of what it's like trying to make a living on and around Grub Street: the frustrations with publishers, agents, the film and TV industries; the pain when a contemporary with whom he's sharing a platform with at a literary festival is catapulted to the stratosphere by becoming a 'Richard and Judy Best Read'; the joyous lunches with his agents in some of the poshest restaurants in London; the glimmer of hope when he's shortlisted for **Mind Book of the Year**, and the Fiction Uncovered promotion.

The inevitable disappointment when it doesn't trigger sales, and the awful realisation that, in 2007, by dint of his returns, he's sold forty-five fewer novels than an unpublished novelist. But, as he says, hope drives all writers on, which is why he remains relatively optimistic. So he goes on writing and hoping that maybe, just maybe, something he writes will trigger that mythical word of mouth and he'll be invited to the literary top table. Chances, however, as well he knows, are slim. But he's okay about that. Truth is stranger than fiction. But he should have known that, he is a writer after all.

#### ABOUT THE AUTHOR

Anonymous is the author of nine novels, a number of short stories and one work of non-fiction. He has also penned a pay and recently turned his hand to painting.





An intimate and definitive look at Rock legend Ronnie James Dio's life

#### Rainbow in the Dark

#### RONNIE JAMES DIO

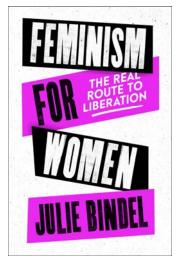
Rainbow in the Dark is a rollercoaster ride through the extraordinary highs and lows of Dio's life, and takes us from his early days as a street gang leader and Doo-wop singer in '60s Vegas through to his breakout success with Rainbow and Black Sabbath in the '70s and the stadiums of US metal in the '80s – ending in Dio's dressing room at Madison Square Garden, in June 1986, at the peak of his worldwide fame with Dio.

Tragically Dio passed away from cancer in 2010, but had already begun writing a memoir before his death. Edited by the world-renowned music biographer Mick Wall, with the involvement of Dio's wife of over 35 years and personal manager Wendy Dio, *Rainbow in the Dark* will honour and feature Dio's never-before-seen original manuscript, while drawing on the extraordinary collection of print and audio interviews with the man himself to produce a vivid, raw and faithful portrait of one of the world's greatest ever rock legends. ABOUT THE AUTHOR

Ronnie Dio (1942-2010) was the legendary frontman of three of the best-selling, rock bands in history: Rainbow, Black Sabbath and Dio.

Mick Wall worked as Ronnie's London-based publicity agent after he joined Black Sabbath in 1980. And again, in the mid-90s, when Ronnie was fronting his own band, Dio. Mick also wrote about and interviewed Ronnie extensively as a journalist, TV and radio presenter from 1980 for 30 years. He is the author of *Black Sabbath: Symptom* of the Universe.





A powerful, perceptive and personal exploration of feminism from campaigner Julie Bindel that debunks commonly believed misconceptions about feminism and explains why it is a proud social movement that benefits all women

#### Feminism for Women

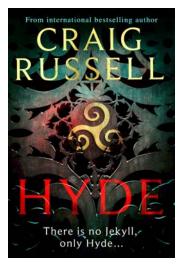
#### JULIE BINDEL

Part feminist manifesto, part call to arms, Feminism for Women is a radical, new exploration of feminism. A frontline activist in the campaign to end male violence for the last four decades, Julie Bindel is a leading voice in the feminist movement. In her fight for women's rights, she has been up against innumerable barricades, fought the enemy, hailed great successes, witnessed pivotal moments and created ground-breaking feminist theory and practice. This blistering polemic examines the way anti-feminist men, and the women who collaborate with them, have tried to push the women's liberation movement into the wilderness and how radical feminists have resisted and wrestled back the reins. In charting this history, Bindel will look clearly to the future and how younger, newer feminists can become radical again. Drawing on interviews with renowned activists, Bindel conjures a vivid image of the current state of feminism. At its heart, Feminism for Women is a complex, personal journey of how feminism has evolved over the years - and a thoughtful investigation of what it means to be a feminist in the twenty-first century.

#### ABOUT THE AUTHOR

Julie Bindel is a journalist, author and feminist activist. In 2007, Julie broke the story of the grooming gangs in towns and cities across the north of England, which led to an independent inquiry in 2013 into child sexual abuse. As well as Straight Expectations The and Pimping of Prostitution, Julie is the co-author of Exiting Prostitution, and The Map of My Life: The Story Emma Humphreys. Straight of Expectations was shortlisted for the Polari Prize. She is a regular columnist for the Guardian, and also writes for the Spectator, New Statesman, the Independent, Mail on Sunday, Sunday Times, Unherd and a number of other publications in the UK and US.





From international award-winning author Craig Russell comes another dark thriller, for readers of Neil Gaiman, Caleb Carr and Stephen King

#### Hyde

#### CRAIG RUSSELL

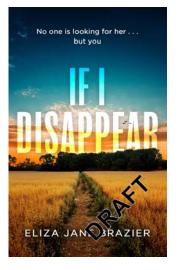
From international bestselling author Craig Russell comes a modern Gothic masterpiece. Edward Hyde has a strange gift – or a curse – he keeps secret from all but his physician. He experiences two realities, one real, the other a dreamworld state brought on by a neurological condition. When murders in Victorian Edinburgh echo the ancient Celtic threefold death ritual, Captain Edward Hyde hunts for those responsible. In the process he becomes entangled in a web of Celticist occultism and dark scheming by powerful figures. The answers are there to be found, not just in the real world but in the sinister symbolism of Edward Hyde's otherworld. He must find the killer, or lose his mind. A dark tale. One that inspires Hyde's friend . . . Robert Louis Stevenson.

#### ABOUT THE AUTHOR

Craig Russell's novels have been published in twenty-five languages and four have been made into major films in Germany, in one of which he has a cameo role as a detective. He has won the CWA Dagger in the Library and the McIlvanney Prize (for which he has been shortlisted another twice), and has previously been shortlisted for the CWA Golden Dagger, the Ellis Peters Historical Dagger and the SNCF Prix Polar in France. A former police officer, Craig Russell is the only non-German to have been awarded the Polizeistern - the Hamburg Police's Police Star.

When not writing, Craig Russell paints, cooks and reads, but not simultaneously.





She isn't the first to vanish from the ranch. And she won't be the last... A darkly compelling readable thriller set in an isolated town in Northern California, perfect for fans of Sharp Objects by Gillian Flynn

#### If I Disappear

#### ELIZA JANE BRAZIER

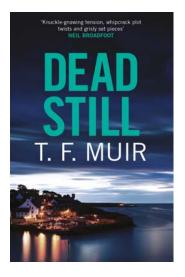
Sera is obsessed with true crime podcasts. They make her feel empowered in a world where women like her regularly disappear. So when Rachel, her favourite podcast host, goes missing from a small town in Northern California, she knows it's time to act. Sera heads to the isolated ranch where Rachel grew up, determined to discover what's happened to her. But the more Sera digs into this unfamiliar world, the more off things start to feel. Because Rachel is not the first woman to vanish from the ranch, and she won't be the last... Rachel did try to warn her.

#### ABOUT THE AUTHOR

Eliza Jane Brazier is an author, screenwriter and journalist. She has authored two Young Adult novels under the name Eliza Wass. She left her heart in London, lives in Los Angeles and is most likely to be found in the woods. She is currently developing If Ι Disappear for television.

Twitter: @lovefaithmagic





The latest tartan noir thriller from T. F. Muir featuring DCI Andy Gilchrist and set in the picturesque town of St Andrews ...

#### **Dead Still**

#### T. F. MUIR

St. Andrews, Scotland: When a man's preserved body is discovered in a whisky-ageing cask in the local Gleneden Distillery, DCI Andy Gilchrist and his partner, DS Jessie Janes, are assigned to the investigation. But when the dead man is identified as Hector Dunmore, the once heir-apparent of Gleneden Distillery, their investigation takes a dramatic turn, for Dunmore was reported missing twenty-five years earlier when his Land Rover was found abandoned on the outskirts of Mallaig, almost two hundred miles away on the Scottish west coast. Why hide a body in a twenty-five-year ageing cask? And who would want Dunmore dead? Suspicion falls on Duncan Milne, the distillery manager at the time, but when Gilchrist learns that Milne died under suspicious circumstances the year Dunmore disappeared, he suspects they are looking at a double murderer. Gilchrist's efforts to resolve the murders forces him to dig deep into the Dunmore family's past, only to come up against a frightening killer who will stop at nothing to keep the darkest of family secrets from ever coming to light.

#### ABOUT THE AUTHOR

Born in Glasgow and now a dual UK/US citizen, T. F. Muir is the author of the DCI Andy Gilchrist series – the first of which, *Eye For An Eye*, won the **Pitlochry Award** for the best crime novel by an unpublished writer, and the second, *Hand For A Hand*, continues to garner great reviews.

He is now working on his next Gilchrist novel, another story suffused with dark alleyways, cobbled streets and all things gruesome.





A debut mystery set in the Lincolnshire Wolds, featuring an amateur detective who mixes sleuthing with her other great love: animal rescue. Perfect for fans of Ann Granger, M.C. Beaton and Caroline Graham's Midsomer Murders

#### The Cat and the Corpse in the Old Barn

#### KATE HIGH

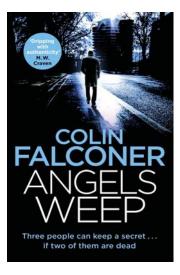
Clarice Beech has two passions in life: animal rescue and Detective Inspector Rick Beech. She is devoted to the first but she and Rick have been separated for the past six months - life without him is hard. Clarice shares her other love, for contemporary ceramics, with the charming Lady Vita Fayrepoynt. When Vita's adopted threelegged ginger cat Walter disappears from Weatherby Hall Clarice is called in to find him. Walter, snug in an old barn, is quite well. But his discovery ends with Clarice in hospital, and Rose Miller, late of the Old Vicarage in the morgue. There is nothing natural about Rose's death ... Putting their differences aside, Clarice and Rick are drawn together to try to understand the murder that has shaken the rural Lincolnshire community. As she explores Rose's past Clarice is pulled into a shady world of blackmail, scams and violence. And as the secrets of Weatherby Hall and the Fayrepoynt family threaten to spill out Clarice finds her own life at risk. A debut mystery set in the Lincolnshire Wolds, featuring an amateur detective who mixes sleuthing with her other great love: animal rescue.

#### ABOUT THE AUTHOR

Kate High is a graduate of the Faber Academy, as well as a contemporary artist, working in metals. She has exhibited internationally, with her work having been shown at the V&A, the Design Council, and also selling through outlets such as Liberty and Chelsea Crafts Fair. Kate is a voluntary branch former administrator for the RSPCA and she co-founded a charity that aims to support older animals, Lincs-Ark.

The Cat and the Corpse in the Old Barn is her debut novel and the first mystery in the Clarice Beech series, which is set in the Lincolnshire Wolds.





The third book in Colin Falconer's new series featuring detective Charlie George

#### Angels Weep

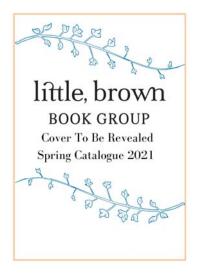
#### COLIN FALCONER

Three can keep a secret. If two of you are dead... Two women are snatched off the streets of London in one weekend. DI Charlie George and his team get to work. The lives of these young women – one of them a mother – are on the line, and the clock is ticking. When they catch a lucky break from a CCTV camera, Charlie is sure they have their man. And that's when he gets his first surprise. Because nothing about this case is simple and not everyone is quite what they seem. Charlie's job is to find the missing women and get to the truth. But some people would rather the truth stays hidden – even when the bodies start to pile up...

#### ABOUT THE AUTHOR

Colin Falconer is an internationally bestselling English-born Australian author. He has published over fifty books that have been translated into twenty-three languages, including incredible commercial successes such as Harem and Aztec. Research for his novels has led him to chasing tornadoes in Texas, diving with sharks in South Africa and running with the bulls in Spain.





No happy ever after for Nathan and Federica?

#### The Venetian Legacy

#### PHILIP GWYNNE JONES

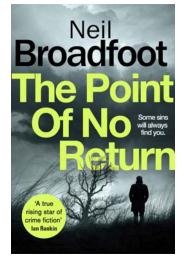
Newlyweds Nathan Sutherland and Federica Ravagnan are looking forward to weeks of sunshine and relaxation on the island of Pellestrina, in a cottage belonging to Federica's late father, Elio. The weather is idyllic, the views across the lagoon are spectacular and the seafood is the best in Venice. But when the body of an eminent Venetian lawyer is dredged up by a fishing boat, members of the close-knit island community start to take an unhealthy interest in the two honeymooners, and whispers and rumours begin to circulate about Elio's association with a recently deceased gang boss. As Federica struggles to comes to terms with her father's troubled legacy, Nathan finds himself dragged into the search for the missing proceeds of an unsolved jewellery heist, and the unwanted centre of attention of the Mala del Brenta - the Venetian Mafia. Clearly Pellestrina is going to be no honeymoon.

#### ABOUT THE AUTHOR

Philip Gwynne Jones was born in South Wales in 1966. He first came to Italy in 1994, when he spent some time working for the European Space Agency in Frascati, a job that proved to be less exciting than he had imagined.

An attempt to find a secure, wellpaid job with a proper pension had resulted in him finding himself in the IT department of a large Scottish bank during the global financial crisis. Something, clearly, had to change. Philip now works as a teacher, writer and translator, and lives in Venice with Caroline.





How far would you go to find out the truth?

#### The Point Of No Return

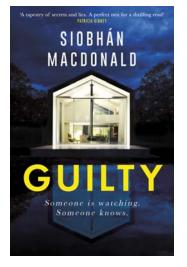
#### NEIL BROADFOOT

How far would you go to find the truth? After more than a decade of being in prison for the brutal murder of two Stirling University students, Colin Sanderson has been released after his conviction was found to be unsafe. Returning home to a small village not far from Stirling, Sanderson refuses police protection, even in the face of a death threat. But the PR firm that has scooped him up to sell his story does know of a protection expert in Stirling. They want Connor Fraser. Connor reluctantly takes the assignment, partly as a favour to DCI Malcolm Ford, who is none too keen to have Sanderson on the loose, particularly as he was involved in the original investigation that saw him imprisoned. When a body is found, mutilated in the same way as Sanderson's victims were, all eyes fall on the released man. But how can he be the killer when Connor's own security detail gives him an alibi? As Connor races to uncover the truth, he is forced to confront not only Sanderson's past but his own, and a secret that could change his life for ever.

#### ABOUT THE AUTHOR

Neil Broadfoot worked as a journalist for fifteen years at both national and local newspapers, including the Scotsman, Scotland on Sunday and the Evening News, covering some of the biggest stories of the day. Falling Fast, which was shortlisted for the Dundee International Book Prize, is the Edinburgh-set first in the McGregor and Drummond series of thrillers. His new Stirling-set series, which begins with No Man's Land and features close protection expert Connor Fraser, has been hailed as 'tense, fast moving and bloody' and 'atmospheric, twisty and explosive' with a 'complex cast of characters and a compelling hero'. No Man's Land was longlisted for the 2019 **McIlvanney Award**.





Guilty is a gripping psychological suspense sent in County Clare, Ireland, perfect for fans of Dervla McTiernan and Andrea Carter

#### Guilty

#### SIOBHAN MACDONALD

Doctor Luke Forde has the perfect life. A respected heart surgeon, he has a rewarding job, a successful wife, and a daughter, Nina. From their beautiful house overlooking Carberry Lough in County Clare, they present a portrait of family bliss. But over the course of a weekend, Luke's life spirals into chaos. A Guilty Secret. It begins with the word 'Guilty' painted on his boathouse one morning. Then he spots a chilling notice in the local newspaper. When this is followed by the delivery of a small coffin-shaped package, Luke is terrified. Someone knows the dark secret he is hiding. And someone is out to get him. Somebody Wants Revenge. Luke begins to be plagued by horrifying anonymous messages, and it transpires that it's not only Luke the sender is intending to harm. With strange things happening in the operating theatre, Alison's political ambitions straining their marriage, and Nina's behaviour sparking all sorts of trouble, Luke turns to therapist Terence Black. Is the therapist the only one who can save Luke and his family from the horrendous secrets of the past? 12

#### ABOUT THE AUTHOR

Siobhan MacDonald was born in Cork in the Republic of Ireland. Engineering She studied at University College Galway and pursued a successful career writing technology for the sector in Scotland, then in France before returning to Ireland. Siobhan's mother taught speech and drama and was a proficient storyteller herself, a talent she encouraged in all her children.

After many years writing short stories and articles, Siobhan published her first novel *Twisted River* in 2016. Siobhan followed this up with her second novel, *The Blue Pool.* Twisted River won an **Earphone AudioFile** award in 2016.

Siobhan lives in Limerick, Ireland.





A gripping and atmospheric crime thriller set in the beautiful Italian city of Bologna, perfect for fans of Donna Leon, Michael Dibdin and Philip Gwynne Jones

#### The Hunting Season

#### TOM BENJAMIN

It's truffle season and in the hills around Bologna the hunt is on for the legendary Boscuri White, worth more than its weight in gold. But when an American truffle 'supertaster' goes missing, English detective Daniel Leicester discovers not all truffles are created equal. Did the missing supertaster bite off more than he could chew? As he goes on the hunt for Ryan Lee, Daniel discovers the secrets behind 'Food City', from the immigrant kitchen staff to the full scale of a multi-million Euro business. After a key witness is found dead at the foot of one of Bologna's famous towers, the stakes could not be higher. Daniel teams up with a glamorous TV reporter, but the deeper he goes into the disappearance of the supertaster the darker things become. Murder is once again on the menu, but this time Daniel himself stands accused. And the only way he can clear his name is by finding Ryan Lee. . . Discover Bologna through the eyes of English detective Daniel Leicester as he walks the shadowy porticoes in search of the truth and, perhaps, even gets a little nearer to solving the mystery of Italy itself.

#### ABOUT THE AUTHOR

Tom Benjamin grew up in the suburbs of North London and began his working life as a journalist before becoming a spokesman for Scotland Yard. He later moved into public health, where he developed Britain's first national campaign against alcohol abuse, Know Your Limits, and led awareness programme drugs FRANK. He now lives in Bologna.

The Hunting Season is the second novel in his Daniel Leicester crime series.

Facebook, Instagram and Twitter: tombenjaminsays



Neid artistication experimentation of the series of the original series of the series

It's murder on the dancefloor. . .

#### Strictly Murder

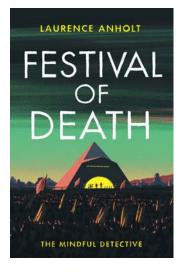
#### JULIE WASSMER

A new dance academy opens up in Whitstable and immediately proves popular with local residents. Pearl is reluctant to sign up for lessons - she knows herself to be an ace cook and a sharp private eye – but has always left the dancing to her mother Dolly as she fears she herself has two left feet. However, the school is soon attracting nearly everyone Pearl knows, including her long-term suitor and vegetable stockist, Marty Smith, as well as Pearl's best friend and neighbour, Nathan Roscoe. Both men offer their services to pair up with Pearl for classes but there's only one man Pearl could ever consider partnering - DCI Mike McGuire. . . Pearl becomes convinced that Whitstable's new dance academy could provide the perfect cover for Pearl and McGuire's clandestine relationship - together with a welcome break from the tensions of solving crime. Finally, they find themselves in each other's arms, but when murder strikes. Pearl and McGuire soon discover it takes more than two to tango. . .

#### ABOUT THE AUTHOR

Julie Wassmer is a professional television drama writer, working on various series including ITV's London's Burning, C5's Family Affairs and BBC's **EastEnders** which she worked on for twenty years. In 2010, her autobiography More Than Just Coincidence was published by HarperCollins/True.





The second book in the Mindful Detective series, starring DI Shanti Joyce

#### Festival of Death

#### LAURENCE ANHOLT

When Ethan Flynn, charismatic vocalist of supergroup Stigma, is electrocuted by his own guitar in front of 175,000 witnesses on the Pyramid stage at the Glastonbury Festival, suspicion falls on his tyrannical twin, Tyrone. Leading the murder investigation is Buddhist detective, Vincent Caine, and his partner, DI Shanti Joyce. To Shanti's consternation the pair have become known as 'the go-to team for weird stuff in the West Country' and few crimes come weirder than this. Amidst the pulsating beats of the festival, the unlikely duo struggle to untangle the wildly conflicting statements of minders, lovers, drug-fuelled roadies and dodgy divas. Against the mystical backdrop of Glastonbury Tor and the tiny Somerset village of Kilton, the terrifying trail leads Shanti and Caine from clairvoyant Tarot readings to the cryptic lyrics of a lost song, cunningly concealed by the tragic superstar. Can the unlikely mix of Shanti's downpragmatism and Caine's to-earth intuitive sleuthing skills solve this most singular of murders? Is the future of the world's greatest festival in peril?

#### ABOUT THE AUTHOR

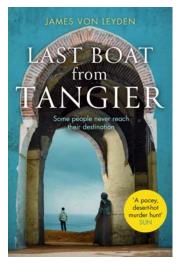
In a career spanning thirty years, Laurence Anholt has produced more than two hundred books for every age from babies to adults, including multi-award winning Young Adult novel, *The Hypnotist*.

Laurence comes from a Dutch family with roots stretching back to Persia. He studied Fine Art at Falmouth School of Art and the Royal Academy in London.

He lives and works in an upsidedown eco house on a hill overlooking the sea in Devon. His interests include meditation and walking on the Undercliff at Lyme Regis.

The Mindful Detective series is Laurence's first venture into crime fiction.





The second book in a thrilling new series set in Morocco, featuring twenty-four year-old detective Karim Belkacem

#### Last Boat from Tangier

#### JAMES VON LEYDEN

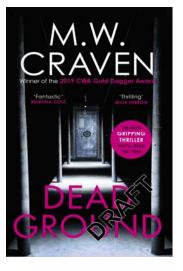
When Detective Karim Belkacem's best friend and colleague, Abdou, goes missing during an investigation into an illegal cartel, Karim is sent to Tangier to look for him. But the Tangier police have another problem on their hands. Thousands of sub-Saharan migrants have collected in the region, desperate to get to the Promised Land of Europe. Unable to trust his contacts in the police, or anyone in Tangier's underworld of traffickers and informants, Karim turns to his adopted sister Ayesha for help. The truth behind Abdou's disappearance is more disturbing than either of them could imagine.

Praise for James von Leyden: 'Clever, captivating and colourful; an absorbing thriller rich in atmosphere' Philip Gwynne Jones, author of *The Venetian Game* and *Vengeance in Venice* 

#### ABOUT THE AUTHOR

James von Leyden grew up in Durham and studied Philosophy & Modern Languages at Oxford University. He worked for thirty years as an advertising copywriter. He first visited Morocco in 1985, leading to a life-long love affair with the country. He is married with two children and divides his time between Lewes, East Sussex and Oualidia, Morocco.





The new Washington Poe thriller from the CWA Gold Dagger winner M.W. Craven

#### **Dead Ground**

#### M. W. CRAVEN

Detective Sergeant Washington Poe is in court, fighting eviction from his beloved and isolated croft, when he is summoned to a backstreet brothel in Carlisle where a man has been beaten to death with a baseball bat. Poe is confused he hunts serial killers and this appears to be a straightforward murder-by-pimp – but his attendance was requested personally, by the kind of people who prefer to remain in the shadows. As Poe and the socially awkward programmer Tilly Bradshaw delve deeper into the case, they are faced with seemingly unanswerable questions: despite being heavily vetted for a high-profile job, why does nothing in the victim's background check out? Why was a small ornament left at the murder scene - and why did someone on the investigation team steal it? And what is the connection to a flawlessly executed bank heist three years earlier, a heist where nothing was taken . . .

#### ABOUT THE AUTHOR

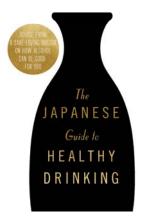
M. W. Craven was born in Carlisle grew up in Newcastle, but returning after thirty-one years to take up a probation officer position in Whitehaven, eventually working his way up to chief officer grade. Sixteen years later he took the plunge, accepted redundancy and became a full-time author. His first novel featuring Washington Poe and Tilly Bradshaw, The Puppet Show, was published by Constable to huge acclaim, and it has since won the CWA Gold Dagger Award and been shortlisted for the Amazon Publishing **Readers'** Awards: Best Crime Novel, the Goldsboro Glass Bell Award and the **Dead Good Reader Awards.** 

M. W. Craven lives in Carlisle with his wife, Joanne.





KAORI HAISHI & DR SHINICHI ASABE



Indispensable advice from a sake-loving doctor on how alcohol can be good for you

### The Japanese Guide to Healthy Drinking

KAORI HAISHI AND DR SHINICHI ASABE

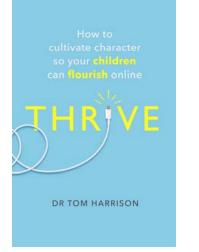
Indispensable advice from a sake-loving doctor on how alcohol can be good for you. Published originally in Japanese as The Best Way to Drink: Taught by a Sake-loving Doctor, where it has sold over 95,000 copies, this is an indispensable guide to avoiding or mitigating the damaging effects of drink. Sake journalist Kaori Haishi, with help from liver specialist Dr Shinichi Asabe, has interviewed twenty-five doctors on how to drink without harming your health. Based on a survey of 140,000 people, Haishi covers topics such as how the bitter taste of beer may help to prevent dementia, how having a regular nightcap may increase the risk of depression and how the best remedy for a hangover is apparently natto (Japanese fermented soybeans).

This is a book for anyone not looking to stop drinking altogether, but to drink more moderately, or sensibly, without suffering ill effects. Adrian Chiles, who describes himself as a 'moderating drinker', has explored this topic in his documentary for BBC Two, *Drinkers Like Me*.

### ABOUT THE AUTHOR

Kaori Haishi is a saké journalist and the director of the Japan Saké Association. She is the author of numerous books on saké and lectures on the topic for NHK TV. She appears regularly on the Saké and Health corner of BS Japan TV's Nikkei Morning Plus. Dr Shinichi Asabe is a liver specialist who has worked for a US-based pharmaceutical company and has published a number of research papers on the liver.





A must-read for any parent concerned about their children's digital lives, Thrive shows you how to build character and wisdom in your children so they can do the right thing and thrive online

### Thrive

### DR TOM HARRISON

When Dr Tom Harrison, a leading expert in the field of character education and the internet, bought his daughter her first smartphone, a major milestone had been reached: she had entered the 'cyber-world'. Harrison no longer needed to know what to think; he needed to know what to do. This is the first practical book of its kind to show parents and teachers how to develop character as the foundation for helping young people to thrive in their online interactions. It answers the question: How do we prepare our children to do the right thing when no one is watching?

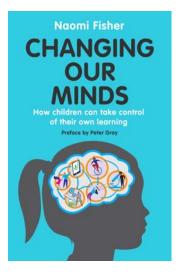
Based on his own experience as a parent, more than a decade of research and thousands of conversations with parents, teachers, children and policymakers, the *React* and *Thrive* models have been developed to engage with character, wellbeing, social and emotional learning, ethics and digital citizenship – all the ingredients for flourishing online.

### ABOUT THE AUTHOR

Dr Tom Harrison is a Reader in Character Education Pedagogy and Practice and Director of Education for the Jubilee Centre. His specialist interests are character education and virtue ethics. character, wisdom and the internet, youth social action and citizenship education. He has published extensively in these areas as well as developing resources and training programmes for schools, voluntary sector and other organisations.

Tom is also the Programme Director for the MA in Character Education, a senior HEA fellow and has recently been awarded a National Teaching Fellowship. He lives in Derbyshire with his wife and their two children.





An essential guide, informed by educational theory and personal experience, which presents accessibly the evidence and argument for self-directed learning, getting the child to lead where their curiosity and interests should be developed

### **Changing Our Minds**

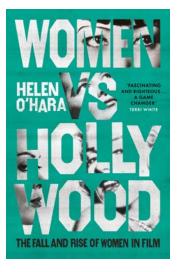
### DR. NAOMI FISHER

Our children are born full of the joy of learning. They explore from the moment they open their eves, actively seeking to understand and participate in the world. Then, when they reach the age of five, we send them to school. We teach them that learning is competitive, and that success in life is based on doing better than everyone else. We squash their natural curiosity, sociability and desire to play, in order to make them more manageable. We live in a rapidly changing world. Yet schools continue to teach as if information is scarce and what matters is how much of it children can repeat in an exam. Self-directed education allows all children to develop the skills they need without feeling like failures. This book brings together research, theory and practice on learning. It discusses learning theories, theories of motivation. and research into self-directed learning. It includes interviews with influential thinkers in the field and examples from families alongside practical advice. This essential guide will give you a clear understanding of why selfdirected education works, how it works, and what to do to put it into action yourself.12

### ABOUT THE AUTHOR

Dr Naomi Fisher is an independent clinical psychologist and EMDR consultant specialising in trauma. She also has hands-on experience of self-directed education, having raised two children with a home education/self-directed learning approach and in a democratic school environment. She has run large online support groups for home educators. including moderating and facilitating discussions on a wide range of topics related to self-directed learning. She is a freelance writer with articles published in The Psychologist, Tipping Points, The Green Parent, SEN Magazine, The Local and others. She has written a forthcoming textbook. The Psychology of Mental Health, for OUP.





A call to arms from Empire magazine's 'geek queen', Helen O'Hara, that explores women's roles – both in front of and behind the camera – since the birth of Hollywood, how those roles are reflected within wider society and what we can do to level the playing field

#### Women vs Hollywood

#### HELEN O'HARA

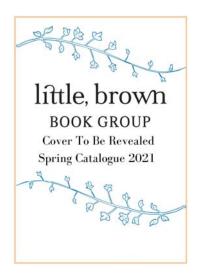
A call to arms from *Empire* magazine's 'geek queen', Helen O'Hara, that explores women's roles - both in front of and behind the camera - since the birth of Hollywood, how those roles are reflected within wider society and what we can do to level the playing field. The dawn of cinema was a free-for-all, and there were women who forged ahead in many areas of filmmaking. Early pioneers like Dorothy Arzner (who invented the boom mic, among other innovations) and Alice Guy-Blaché shaped the way films are made. But it wasn't long before these talented women were pushed aside and their contributions written out of film history. How and why did this happen? Hollywood was born just over a century ago, at a time of huge forward motion for women's rights, yet it came to embody the same old sexist standards. Women found themselves fighting a system that feeds on their talent, creativity and beauty but refuses to pay them the same respect as their male contemporaries - until now. . . The tide has finally begun to turn.

### ABOUT THE AUTHOR

Helen O'Hara has been working as a film journalist for over fifteen years. She started off on the staff of *Empire* magazine, the world's biggest film magazine, and is now an author and freelancer. During that time, she has developed as a film reviewer. interviewer and features writer. She remains *Empire*'s Editor-at-Large. In addition, O'Hara now writes for i, Telegraph, Grazia, Time Out and Stylist. Helen is also a regular speaker for organisations like the Barbican and the BFL

O'Hara has built a reputation for engaged, enthusiastic film commentary with an emphasis on mainstream Hollywood filmmaking and a feminist angle.





The expert psychologists behind the successful CBT-focused MENOS programme for overcoming the challenges of the menopause, now present their practical techniques and strategies in an accessible and interactive self-help manual

### Living Well Through The Menopause

### MYRA HUNTER AND MELANIE SMITH

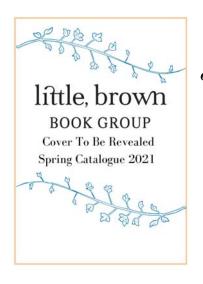
An essential self-help approach to support women coping with the menopause and with menopausal symptoms effectively, using a cognitive behavioural therapy (CBT) approach. It is based on a wealth of research, including randomised controlled trials with over 1000 women, that has demonstrated the effectiveness of this approach specifically for menopausal symptoms - hot flushes, night sweats and also stress. CBT is proven as an effective alternative for women who do not want or are unable to use hormone therapy (HT). Written in an accessible and interactive style, with case examples and quotes, this guide will empower you and, specifically: Help you to understand and cope with your physical and emotional reactions to the menopause - Clarify your key goals, thoughts and feelings using interactive questions and homework sheets - Enhance your self-care through behaviour change - Help partners and loved ones to support you through the menopause Living Well self-help guides use clinically proven techniques to treat long-standing and disabling conditions, both psychological and physical.

### ABOUT THE AUTHOR

Myra Hunter is Emeritus Professor of clinical health psychology with King's College London. She has published over two hundred journal articles and eight books and her research on menopause has established her as an international expert in the field. She was expert psychology advisor for the NICE guidance on menopause, 2015.

Dr Melanie Smith is a clinical psychologist working in the NHS and private practice. She has specialised in working with people with long-term health conditions with particular interests in menopause and chronic pain. She was lead therapist on the MENOS trials.





This book is about valuing play and making the space and time for it. It looks at physical spaces and how they can be conductive to play, from early childhood to old age in homes, neighbourhoods and cities

### Play and the City

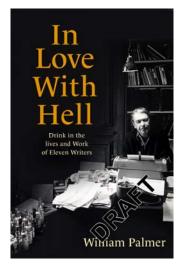
### ALEXANDRA BONHAM

Play is the fun factor in life, but it also has survival value. Through play children learn, adults innovate and friendships are maintained. In this book, Alex Bonham explores just how important play is, both in the here and now, and as a way of helping us to prepare for an uncertain future. As over-consumption is threatening the planet, rethinking play and pleasure reveals lots of old and new ideas about how to enjoy life to the full without buying more stuff than we need. This book is about valuing play and making the space and time for it. The first part of the book focuses on physical spaces. Then it tackles the temporal aspects of play: making time for play every day, every week and through the seasons. In the third section the focus is on cultures that are conducive to play. Finally it reveals the value of play in a crisis to endure hardship and find solutions. The book is structured around eight play personalities and linking these to positive wellbeing outcomes. In practice we are all a mix of these different types, as is our play personality.

### ABOUT THE AUTHOR

Alex Bonham was raised in the UK, and worked in publishing and the arts before travelling overland her mother's native New to Zealand in 2008. She now lives in Auckland with her husband, two children and a pack of dogs and campaigns for a more vibrant and sustainable, all-ages-friendly city. She has two Masters degrees, one in Law, the other in Drama and she is currently working towards a doctorate on the Playful City.





A work of non-fiction about eleven writers, including Dylan Thomas, Kingsley Amis, Patrick Hamilton, Jean Rhys and Elizabeth Bishop, and drink in their lives and work

#### In Love with Hell

### WILLIAM PALMER

Why do some writers destroy themselves by drinking alcohol? Before our health-conscious age it would be true to say that many writers drank what we now regard as excessive amounts. W. H. Auden drank most of a bottle of spirits a day, but also worked hard and steadily every day until his death. Even T. S. Eliot, for all his pontifical demeanour, was extremely fond of gin. These were not writers who are generally regarded as alcoholics.

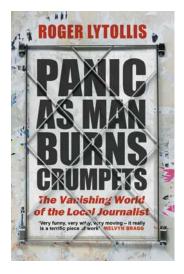
What acclaimed novelist and poet William Palmer's book is interested in is the effect that heavy drinking had on writers, how they lived with it and were sometimes destroyed by it, and how they described the whole private and social world of the drinker in their work. He looks at a range of authors including: Patrick Hamilton ('the feverish magic that alcohol can work'); Jean Rhys ('As soon as I sober up I start again'); Charles Jackson ('Delirium is a disease of the night') and Malcolm Lowry ('I love hell. I can't wait to go back there').

### ABOUT THE AUTHOR

William Palmer was born in 1945 and was educated at schools in England and Wales. During the 1960s and '70s he lived in London and the Midlands and worked at a bewildering variety of jobs. He began writing at the age of fifteen but only became a full-time writer in the mid-80s: his first novel, *The Good Republic*, was published by Secker & Warburg in 1990 and since then he has had eight books published.

His stories and poems have appeared in many journals, including London Magazine, Poetry Review, Rialto, the Spectator, the Times Literary Supplement, and have been broadcast on BBC Radio 3 and 4.





A funny, poignant and revealing memoir which gives the inside story of UK newspaper journalism over the past twenty-five years, based on the author's career in Cumbria and Edinburgh

### Panic as Man Burns Crumpets

### ROGER LYTOLLIS

You dreamed of being a journalist and the dream has come true. You love working for your local paper . . . although not everything is as you imagined.

You embarrass yourself with a range of celebrities, from John Hurt to Jordan. Your best story is 'The Man with the Pigeon Tattoo'.

A former colleague interviews President Trump. You urinate in the president of the Mothers' Union's garden.

There are serious stories, such as a mass shooting, a devastating flood, and the search for Madeleine McCann.

Meanwhile local papers are dying. Your building is crumbling, your readership is dwindling and your carefully crafted features are read by fewer people than a story about fancy dress for dogs.

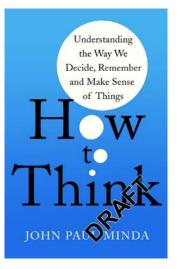
Panic as Man Burns Crumpets is the inside story of local newspapers during the past twenty-five years, told in a way that's funny, poignant and very revealing.

### ABOUT THE AUTHOR

Since 1995 Roger lytollis has been a feature writer and columnist for some of the UK's best local newspapers. He's a three-time winner at the Regional Press Awards, and a twelve-time loser at the North West Media Awards. He isn't bitter about that at all. Roger lives in Cumbria.

Twitter: @rogerlytollis





A comprehensible and accessible overview of how the brain works and how you think, learn, remember, make choices and experience the world

### How To Think

### JOHN PAUL MINDA

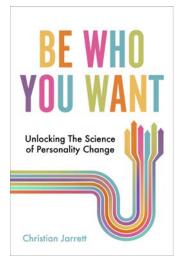
This book will get you thinking about thinking. We understand more about the brain than ever before and we also have more tools than ever before to help us think. This book will show you how your brain works, how your mind works, why we all make certain mistakes in thinking and why that's not always a bad thing. In order to understand how people behave, you need to understand how people think.

This book explains cognition and the links between the brain, the mind and behaviour in a clear and straightforward way. Through interesting case studies and research examples, Minda shows how the brain is involved in mental activity, how memory works, how language affects thought, how good (and bad) decisions are made, and why we make predictable errors in our thinking. With practical applications for everyday life, this a book that helps us become better thinkers, better learners and better problemsolvers. In the current era of big data, algorithms and AI, Minda argues that knowing about how humans think is more important than ever before.

### ABOUT THE AUTHOR

Dr John Paul Minda is a Professor of Psychology at the University of Western Ontario, Canada. He has been studying the mind and brain for over twenty years and has written extensively on the topic of how people think. He is the author of the textbook *The Psychology of Thinking*.





Personology tells the story of how our personalities are formed but shows that they are not fixed – they are malleable and voluntary. Christian Jarrett gives us the tools to shape our traits in the ways that will benefit us most

### Personology

### DR CHRISTIAN JARRETT

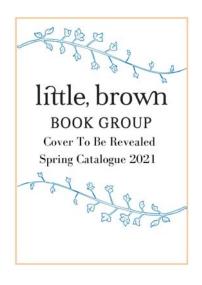
Today, more than ever, we are aware of the power of personality. Are we introverts, extroverts, neurotic, open-minded? Psychology has always taught that there are personality types, some advantageous, some often seen as less so, and the common perception is that we're stuck with what we're given. *Personology* argues that contrary to the old adage, not only can the leopard change his spots, he can swap them for stripes, and that he can do so to his own advantage.

Christian Jarrett shows us that we can shape ourselves in ways that make our lives better. The book provides evidence-based ways to change each of the main five personality traits, including how to become more emotionally stable, extrovert and open-minded. It also delves into the upsides of the so-called Dark Triad of personality traits – narcissism, Machiavellianism, and psychopathy – and how we might exploit their advantages without ourselves going over to the dark side.

### ABOUT THE AUTHOR

Dr Christian Jarrett is a senior editor at Aeon, working on Psyche, the new digital magazine. He is the author of several books including The Rough Guide to Psychology and Great Myths of the Brain, and he was editor and lead contributor for the bestselling 30-Second award-winning Psychology. His writing has also appeared in BBC Future, BBC Focus, New York Magazine, WIRED, Slate, The Guardian, Time, The Times, New Scientist. Psychology Today, Womankind and many other outlets. Christian gives regular talks to the public on psychology and neuroscience and he makes regular appearances on international radio, including BBC Radio 4's All in the Mind and NPR radio in the US.





A follow-up to the bestselling A Prayer Before Dawn about Billy's imprisonment in Klong Prem prison, the 'Bangkok Hilton', which details his life in and out of prison here in the UK, his battles against addiction and his path to redemption

### Fighting for My Life

### **BILLY MOORE**

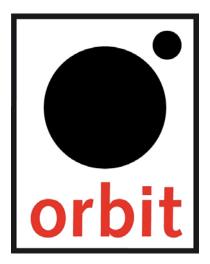
Billy Moore spent three years in Klong Prem prison in Thailand, popularly known as the 'Bangkok Hilton'. He was granted early release by the King of Thailand having excelled as a Muay Thai boxer in inter-prison tournaments. But back in the UK and a decade later – with his demons resurfacing - Billy's past caught up with him. He was caught and convicted of a burglary and was despatched to HMP Walton under then home secretary Theresa May's three-strikes rule. Billy has spent almost twenty-two years in various prisons, but since then, he has not only survived cancer, but also gone on to become a powerful advocate of boxing and anti-knife crime initiatives in the Liverpool area, training young boxers.

In this follow-up to Billy's first international bestseller, an autobiography set largely in Thailand's infamous prison system, Billy sets out to explore his experience of childhood abuse that would lead to a life of drug addiction and nearconstant incarceration. In this vividly told story, Liverpudlian Billy contrasts his first-hand experience of one of the cruellest prison systems in the world with his experience of UK prisons.

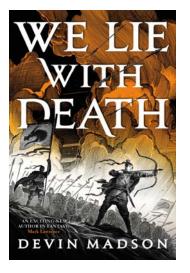
### ABOUT THE AUTHOR

Billy Moore was born in Liverpool in 1973. He had a difficult upbringing and struggled with addiction. He was arrested and charged by Thai police and sent to Klong Prem prison. Ultimately his success as a member of the boxing team at Klong Prem led to his release.

Upon release, Billy wrote about his experiences in his book, A Prayer Before Dawn which was later adapted for the screen and premiered at the Cannes Film Festival in 2017. Since then, Billy has not only survived cancer, but also gone on to become a powerful advocate of boxing and anti-knife crime initiatives in the Liverpool area. He trains young boxers and appears regularly in the national media.







We Lie With Death is the action-packed sequel to Devin Madson's bold and bloody epic fantasy We Ride the Storm

#### We Lie with Death

### DEVIN MADSON

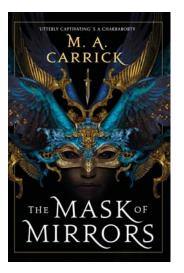
The empire has fallen and another rises in its place in the action-packed sequel to We Ride the Storm, Devin Madson's brutal and breath-taking epic fantasy. Into Kisia's conquered north, a Levanti empire is born. Loyal to the new emperor, Dishiva e'Jaroven must tread the line between building a new life and clinging to the old. But his next choice will challenge all she thinks she knows and everything she wants to believe. Now empress of nothing, Miko is more determined than ever to claim her empire, yet as her hunt for allies grows increasingly desperate, she may learn too late that power lies not in names but in people. Abandoned by the Second Swords, Rah must choose a new path. Will honour be his salvation, or lead to his destruction? Sold to the Witchdoctor, Cassandra's only chance of freedom is in his hands, but when her fate becomes inextricably linked to Empress Hana, her true nature could condemn them both. There is no calm after the storm.

### ABOUT THE AUTHOR

Devin Madson is an Aurealis Award–winning fantasy author from Australia. Anything but zen, Devin subsists on tea and chocolate and so much fried zucchini she ought to have turned into one by now.

Twitter: @DevinMadson.





The first in a commercial, character driven fantasy trilogy, in which a con artist, a vigilante, and a crime lord must unite to save their city, which is slowly being corrupted by dark magic – a debut fantasy perfect for fans of The Lies of Locke Lamora

#### The Mask of Mirrors

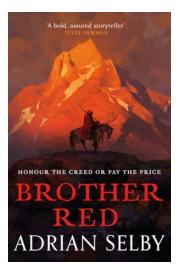
#### M. A. CARRICK

Darkly magical and beautifully imagined, The Mask of Mirrors is the unmissable start to the Rook & Rose trilogy, a rich and dazzling fantasy adventure in which a con artist, a vigilante, and a crime lord must unite to save their city. Nightmares are creeping through the city of dreams . . . Renata Virdaux is a con artist who has come to the sparkling city of Nadezra - the city of dreams - with one goal: to trick her way into a noble house and secure her fortune and her sister's future. But as she's drawn into the aristocratic world of House Traementis, she realises her masquerade is just one of many surrounding her. And as corrupted magic begins to weave its way through Nadezra, the poisonous feuds of its aristocrats and the shadowy dangers of its impoverished underbelly become tangled - with Ren at their heart.

### ABOUT THE AUTHOR

M. A. Carrick is the joint pen name of Marie Brennan (author of The Memoirs of Lady Trent) and Alyc Helms (author of The Adventures of Mr. Mystic). The two met in 2000 on an archeological dig in Wales and Ireland – including a stint in the town of Carrickmacross - and have built their friendship through two decades of anthropology, writing, and gaming. They live in the San Francisco Bay Area.





A gritty and epic standalone fantasy adventure, to appeal to fans of Mark Lawrence, Andrzej Sapkowski's The Witcher and Joe Abercrombie. From Adrian Selby, author of Snakewood and The Winter Road

#### **Brother Red**

### ADRIAN SELBY

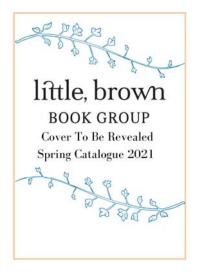
When the trade caravan Driwna Marghoster was hired to protect is attacked, she discovers a dead body hidden inside a barrel. Born of the powerful but elusive Oskoro people, the body is a rare and priceless find, the centre of a tragic tale and the key to a larger mystery... For when Driwna investigates who the body was meant for, she will find a trail of deceit and corruption which could bring down a kingdom, and an evil more powerful than she can imagine.

### ABOUT THE AUTHOR

Adrian Selby studied Creative Writing at university before embarking on a career in video game production. He is a Tolkien fanatic and an online gaming addict, and lives with his wife and family on the south coast of England. His debut novel Snakewood is an epic and inventive fantasy about a company of mercenaries and the assassin trying to destroy them.

Twitter: @adrianlselby.





Ancillary Justice meets Gideon the Ninth in this thrilling space opera from a debut author

### Winter's Orbit

### EVERINA MAXWELL

While the Iskat Empire has long dominated the system through treaties and political alliances, several planets, including Thea, have begun to chafe under Iskat's rule. When tragedy befalls Imperial Prince Taam, his Thean widower, Jainan, is rushed into an arranged marriage with the disreputable Kiem, in a bid to keep the rising hostilities between the two worlds under control.

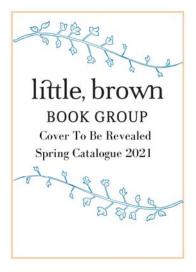
But when it comes to light that Prince Taam's death may not have been an accident, and that Jainan himself may be a suspect, the unlikely pair must overcome their misgivings and learn to trust one another as they navigate the perils of the Iskat court, try to solve a murder, and prevent an interplanetary war. . .

### ABOUT THE AUTHOR

Everina Maxwell lives and works in Yorkshire, and can be found on weekends at a bookshop or up some dales. *Winter's Orbit* is her debut novel.

Twitter: @av\_stories.





Epic worldbuilding at its finest, from a debut fantasy author, The Black Coast is the start of an unmissable series filled with war dragons, armoured knights, sea-faring raiders, dangerous magic and crowd-pleasing battle scenes

#### The Black Coast

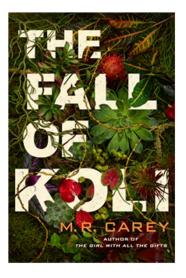
#### MIKE BROOKS

War dragons. Fearsome raiders. A daemonic warlord on the rise. When the citizens of Black Keep see ships on the horizon, terror takes them because they know who is coming: for generations, the keep has been raided by the fearsome clanspeople of Tjakorsha. Saddling their war dragons, Black Keep's warriors rush to defend their home only to discover that the clanspeople have not come to pillage at all. Driven from their own land by a daemonic despot who prophesises the end of the world, the raiders come in search of a new home . . . Meanwhile the wider continent of Narida is lurching towards war. Black Keep is about to be caught in the crossfire - if only its new mismatched society can survive. The start of an unmissable fantasy series.

### ABOUT THE AUTHOR

Mike Brooks was born in Ipswich, Suffolk lives and now in Nottingham with his wife, cats, snakes and a collection of tropical fish, where – when he's not playing guitar with his punk band, or DJing wherever anyone will tolerate him - he works for a homelessness charity. He is the author of three science fiction novels, Dark Run, Dark Sky and Dark Deeds, and various works for Black Library.





The third and final novel in the Rampart trilogy – a breathtakingly original series set in a strange and deadly world of our own making, from the author of the million-copy bestselling The Girl With All the Gifts

### The Fall of Koli

#### M. R. CAREY

The world that is lost will come back to haunt us...

Koli has come a long way since being exiled from his small village of Mythen Rood. In his search for the fabled tech of the Old Times, he knew he'd be battling strange, terrible beasts and trees that move as fast as whips. But he has already encountered so much more than he bargained for.

Now that Koli and his companions have found the source of the signal they've been following – the mysterious "Sword of Albion" – there is hope that their perilous journey will finally be worth something.

Until they unearth terrifying truths about an ancient war . . . and realise that it may have never ended.

### ABOUT THE AUTHOR

M. R. Carey has been making up stories for most of his life. His novel The Girl With All the Gifts has sold over a million copies and became a major motion picture, based on his own BAFTA Awardnominated screenplay. Under the name Mike Carey he has written for both DC and Marvel, including critically acclaimed runs on Lucifer, Hellblazer and X-Men. His creatorowned books regularly appear in the New York Times bestseller list. He also has several previous novels including the Felix Castor series (written as Mike Carey), two radio plays and a number of TV and movie screenplays to his credit.





In a political fantasy unlike any other, debut author C. L. Clark spins an epic tale of rebellion, espionage, and military might on the far outreaches of a crumbling desert empire

### The Unbroken

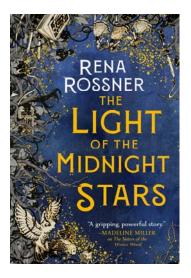
### C. L. CLARK

Touraine is a soldier. Stolen as a child and raised to kill and die for the empire, her only loyalty is to her fellow conscripts. But now, her company has been sent back to her homeland to stop a rebellion, and the ties of blood may be stronger than she thought.

Luca needs a turncoat. Someone desperate enough to tiptoe the bayonet's edge between treason and orders. Someone who can sway the rebels toward peace, while Luca focuses on what really matters: getting her uncle off her throne.

Through assassinations and massacres, in bedrooms and war rooms, Touraine and Luca will haggle over the price of a nation. But some things aren't for sale.





A magical new standalone novel with an entrancing fairy tale feel, from the author of the highly acclaimed The Sisters of the Winter Wood

### The Light of the Midnight Stars

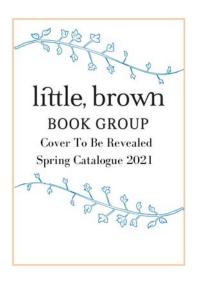
### RENA ROSSNER

Deep in the Hungarian woods, the sacred magic of King Solomon lives on in his descendants. Gathering under the midnight stars, they pray, sing and perform small miracles - and none are more gifted than the great Rabbi Isaac and his three daughters. Each one is blessed with a unique talent - whether it be coaxing plants to grow, or predicting the future by reading the path of the stars. When a fateful decision to help an outsider ends in an accusation of witchcraft, fire blazes through their village. Rabbi Isaac and his family are forced to flee, to abandon their magic and settle into a new way of life. But a dark fog is making its way across Europe and will, in the end, reach even those who thought they could run from it. Each of the sisters will have to make a choice and change the future of their family forever. Enter a magical world of secrets, family ties and fairy tales weaving through history . . . perfect for fans of The Bear and The Nightingale, Uprooted and The Night Circus.

### ABOUT THE AUTHOR

Rena Rossner lives in Israel, where she works as a literary agent. All eight of her great-grandparents immigrated to America to escape the pogroms from towns like Dubossary and Kupel. It is their story, together with her love of Jewish mythology, that inspired her to write her debut *The Sisters of the Winter Wood*.





Orbit launches a new blockbuster epic fantasy series. Set in a world inspired by pre-Colonial West African empires, the Nameless Republic trilogy is perfect for fans of Brent Weeks, Evan Winter and James Islington

#### Son of the Storm

### SUYI DAVIES OKUNGBOWA

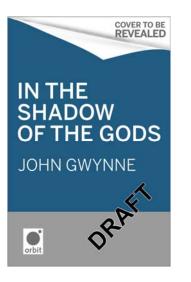
A young scholar's ambitions threaten to reshape an empire determined to retain its might in this epic tale of violent conquest, buried histories, and forbidden magic. In the thriving city of Bassa, Danso is a clever but disillusioned scholar who longs for a life beyond the rigid family and political obligations expected of the city's elite. A way out presents itself when Lilong, a skinchanging warrior, shows up wounded in his barn. She comes from the Nameless Islands - which, according to Bassa lore, don't exist - and neither should the mythical magic of ibor she wields. Now swept into a conspiracy far beyond his understanding, Danso and Lilong will set out on a journey that reveals histories violently suppressed and magic only found in lore.

### ABOUT THE AUTHOR

Suyi Davies Okungbowa is a Nigerian author of speculative fiction inspired by his West-African origins. He is the author of *David Mogo, Godhunter* and his shorter works have appeared in Lightspeed, Nightmare, Strange Horizons, and other periodicals and anthologies. He lives between Lagos, Nigeria and Tucson, Arizona where he teaches writing while completing his MFA in Creative Writing.

Twitter: @IAmSuyiDavies





The start of a brand new Norse-inspired fantasy series from acclaimed British author John Gwynne, which will thrill his existing fans as well as being the perfect starting point for new readers

### The Shadow of the Gods

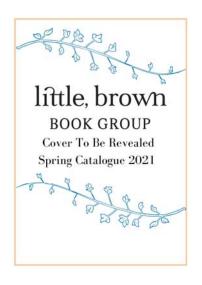
### JOHN GWYNNE

The gods are dead . . . but their power remains. After the old gods warred and drove themselves to extinction, the cataclysm of their fall shattered the land of Vigrið. Now a new world is rising from the ashes of the old. A world where power-hungry jarls carve out petty kingdoms and monsters stalk the woods and mountains. A world where the bones of the dead gods still hold great power, promising fame and fortune for those brave - or desperate - enough to seek them out. As whispers of war echo over the plains and across the fjords, fate follows in the footsteps of three people: a huntress searching for her missing son, a jarl's daughter who has rejected privilege in pursuit of battle fame, and a thrall who seeks vengeance amongst the famed mercenaries known as the Bloodsworn. All three will shape the fate of the world as it once more teeters on the edge of chaos.

### ABOUT THE AUTHOR

John Gwynne lives in East Sussex with his wife, four children and three dogs. His debut novel *Malice* won the **David Gemmell Morningstar Award** in 2012.





The Jasmine Throne begins an epic fantasy trilogy set in a world inspired by the history and epics of India, in which a captive princess and maidservant in possession of forbidden magic become unlikely allies

#### The Jasmine Throne

### TASHA SURI

One is a vengeful princess seeking to depose her brother from his throne. The other is a priestess searching for her family. Together, they will change the fate of an empire. Imprisoned by her dictator brother, Malini spends her days in isolation in the Hirana: an ancient temple that was once the source of powerful magic - but is now little more than a decaying ruin. Priva is a maidservant, one of several who make the treacherous journey to the top of the Hirana every night to attend Malini's chambers. She is happy to be an anonymous drudge, so long as it keeps anyone from guessing the dangerous secret she hides. But when Malini accidentally bears witness to Priya's true nature, their destinies become irrevocably tangled . . .

### ABOUT THE AUTHOR

Tasha Suri was born in Harrow, North-West London. The daughter of Punjabi parents, she spent many childhood holidays exploring India with her family, and still fondly remembers the time she was chased around the Taj Mahal by an irate tour guide. She studied English and Writing Warwick Creative at University, and now lives in London where she works as a librarian. To no one's surprise, she owns a cat. A love of period Bollywood films, history and mythology led her to begin writing South Asian influenced fantasy.

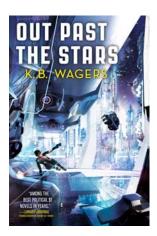


### **Down Among The Dead** K. B. WAGERS



Gunrunner empress Hail Bristol must navigate alien politics and deadly plots to prevent an interspecies war, in this second novel in the Farian War space opera triology.

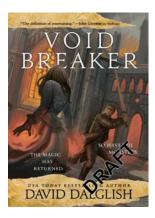
January | Paperback | £8.99 | 9780356512389 | Science Fiction



**Out Past The Stars** K. B. WAGERS

Gunrunner empress Hail Bristol must navigate alien politics and deadly plots to prevent an interspecies war, in the final novel in the Farian War space opera trilogy

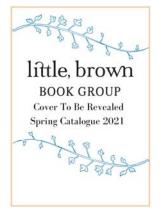
February | Paperback | £8.99 | 9780356512402 | Science Fiction



### **Voidbreaker** DAVID DALGLISH

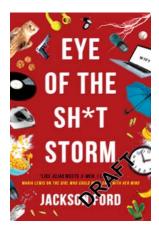
From bestselling author David Dalglish comes the final book in this epic fantasy trilogy that started with the critically acclaimed Soulkeeper.

February | Paperback | £9.99 | 9780356511610 | Fantasy



**Wild Sign** PATRICIA BRIGGS

A new page-turning adventure in the compelling Alpha and Omega series, from No. 1 New York Times bestselling urban fantasy author Patricia Briggs



**Eye of the Sh\*t Storm** JACKSON FORD



The new novel in the witty and action-packed Frost Files series which began with The Girl Who Could Move Sh\*t with her Mind

April | Paperback | £8.99 | 9780356514666 | Science Fiction



**The Queen of Izmoroz** JON SKOVRON

The second book in Jon Skovoron's fantasy trilogy about two siblings on opposite sides of a magical war – a must-read for fans of Robin McKinley and Mercedes Lackey

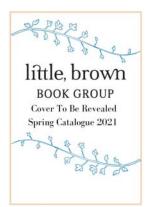
April | Paperback | £8.99 | 9780356514864 | Fantasy



**The Broken God** GARETH HANRAHAN

Set in a world of dark gods and dangerous magic, The Broken God is a gripping, darkly inventive fantasy tale, from the series that began with Gareth Hanrahan's acclaimed The Gutter Prayer

May | Paperback | £9.99 | 9780356514369 | Fantasy

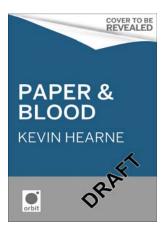


**The Dragon of Jin-Sayeng** K. S. VILLOSO

The Bitch Queen is back in this thrilling conclusion to K. S. Villoso's acclaimed epic fantasy series which began with The Wolf of Oren-Yaro

May | Paperback | £8.99 | 9780356514505 | Fantasy

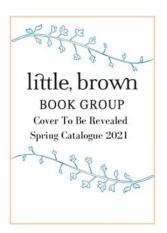




**Paper & Blood** KEVIN HEARNE

From New York Times bestselling author Kevin Hearne comes Paper & Blood, the second book in his hugely entertaining new Ink & Sigil series, set in the world of the Iron Druid Chronicles

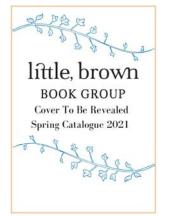
June | Paperback | £8.99 | 9780356515243 | Fantasy



### **We Cry for Blood** DEVIN MADSON

The third book in a dark epic fantasy quartet perfect for fans of Mark Lawrence, Anthony Ryan, and Brian Staveley

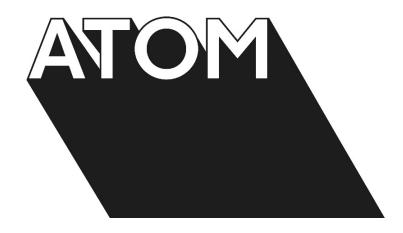
June | Paperback | £8.99 | 9780356514116 | Fantasy



The Splinter King MIKE BROOKS

The second volume in the God King Chronicles, The Splinter King is the sequel to The Black Coast, and tells an epic fantasy tale of gods and thieves, kings and assassins, of dragons and the warriors who ride them into battle...

June | Paperback | £9.99 | 9780356513928 | Fantasy







A gripping psychological YA thriller from a debut author, The Girl Who . . . tells the story of Leah, who has been hiding her rage over the tragic deaths of her mum and sister for years, and now, with the killer due for release from prison, it's finally time to see how far Leah will go to silence her anger

#### The Girl Who...

### ANDREINA CORDANI

The girl who. . . Survived. The girl who. . . Inspires. The girl who. . . has something to hide. People can't bring themselves to say what happened to her. They just describe her as 'the girl who. . . you know. . . But nobody really knows, no one sees the real Leah. Leah is the perfect survivor. She was seven years old when she saw her mother and sister killed by a troubled gang member. Her case hit the headlines and her bravery made her a national sweetheart: strong, courageous and forgiving. But Leah is hiding a secret about their deaths. And now, ten years later, all she can think of is revenge. When Leah's dad meets a new partner, stepsister Ellie moves in. Sensing Leah isn't quite the sweet girl she pretends to be, Ellie discovers that Leah has a plan, one she has been putting together ever since that fateful day. Now that the killer - and the only one who knows the truth - is being released from prison, time is running out for Ellie to discover how far Leah will go to silence her anger . . .

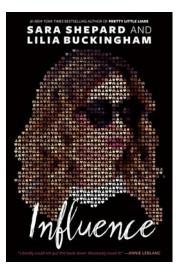
### ABOUT THE AUTHOR

When she was at school, Andreina Cordani used to get out of PE by saying she would use the time to write a book and dedicate it to her gym teacher. Sadly it took years of exercise-dodging before she was able to complete *The Girl Who...* and she hasn't been able to touch her toes since 2002.

In the following years, she pursued a career in journalism, working for women's magazines. Specialising in 'real life' stories, she interviews seemingly ordinary people about their extraordinary lives.

She lives on the Dorset coast with her family where she reads voraciously, watches YouTubers with increasing fascination and swims in the sea.





A compulsive mystery set in the fiercely competitive world of internet stars from the bestselling author of Pretty Little Liars and actress and social media star Lilia Buckingham

### Influence

### SARA SHEPARD AND LILIA BUCKINGHAM

Get ready to see the world of teen influencers they'd never want you to share . . .

From the bestselling author of *Pretty Little Liars* Sara Shepard and actress and social media star Lilia Buckingham, Delilah is internet-famous, in LA and at the start of something incredible. Everything is going to change . . . but not necessarily in the way she imagines. Jasmine is a child star turned media darling. Her selfies practically break Instagram. But if the world knew who Jasmine really was? Cancelled.

Fiona is everyone's best friend, always smiling. But on the inside? The girl's a hot mess. If they discovered her secret, it wouldn't just embarrass her: it would ruin her. Scarlet isn't just styled to perfection: she is perfection with a famous boyfriend and an online fanbase devouring her every move. But every perfect thing has a fatal flaw. To everyone clicking, DMing, following and faving, these girls are living the dream; but are they? The sun is hot in California . . . and someone's going to get burned.

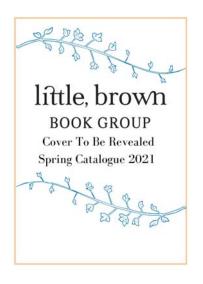
### ABOUT THE AUTHORS

Sara Shepard is the author of two New York Times bestselling series Pretty Little Liars and The Lying Game, as well as the series The Perfectionists. She graduated from New York University and has an MFA from Brooklyn College.

Lilia Buckingham is a writer, actress, dancer, and student. Though she has a strong social media presence, Lilia hates the term 'influencer' but loved writing *Influence*. She lives in Los Angeles with her mother, brother, and two dogs.

Instagram: @lilia Twitter: @BuckinghamLilia





From New York Times bestselling author Mary H.K. Choi comes a funny and emotional story about two estranged sisters and how far they'll go to save one of their lives – even if it means swapping identities

#### Yolk

### MARY H. K. CHOI

Javne and June Baek are nothing alike. June's three years older, a classic first-born, know-it-all narc with a problematic finance job and an equally soulless apartment (according to Jayne). Jayne is an emotionally stunted, self-obsessed basket case who lives in squalor, has egregious taste in men, and needs to get to class and stop wasting Mom and Dad's money (if you ask June). Once thick as thieves, these sisters who moved from Seoul to San Antonio to New York together now don't want anything do with each other. to

That is, until June gets cancer. And Jayne becomes the only one who can help her.

Flung together by circumstance, housing woes, and family secrets, will the sisters learn more about each other than they're willing to confront? And what if while helping June, Jayne has to confront the fact that maybe she's sick, too?

### ABOUT THE AUTHOR

Mary H.K. Choi is a writer for The New York Times, GO, Wired, and The Atlantic. She has written comics for Marvel and DC, as well as a collection of essays called Oh, Never Mind. Her novels Emergency **Contact** and Permanent Record were New York Times bestsellers. She is the host of Hey, Cool Job!, a podcast about jobs, and Hey, Cool Life!, a podcast about mental health and creativity. Mary grew up in Hong Kong and Texas and now lives in New York.

Twitter: @ChoitotheWorld.

**Please note:** appearances at literary festivals are often a significant part of an author's book promotional tour. We ask that festival organisers discuss with our publicity department before an invitation is offered, so that we can help make the necessary arrangements. If a festival extends a direct invitation to an author, it is on the understanding that all the arrangements including any fee or expenses will be covered.

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